

Oklee Herald

...AND CONTINUING THE PLUMMER PIONEER

OKLEE (RED LAKE COUNTY) MINN. 56742

Vol. 105, Number 27

www.TriCoCanary.com

Wednesday, February 22, 2017

This weekend is the 6th Annual Fireman's Blizzard Bonanza

It is time for the 6th annual Fireman's Blizzard Bonanza at the Oklee Hall, this Saturday, February 25th.

The fun begins at 5:30 when everyone begins to gather at the Oklee Community Hall where a Silent Auction will be set up with numerous items to bid on. There will be meat raffles again so get ready to bring home the bacon...etc. A delicious deep fried Walleye dinner will be served. TJ's Tavern will once again be set up in the Oklee Hall for the evening.

Entertainment will be by Tim Eggebraaten and he will be hosting a new event for the night, "The Firemen's Feud Game" which sounds like it could be lots of fun, whether you are participating or watching.



Tim Eggebraaten will emcee the Firemen's Feud.

Throughout the night the raffles will be held, but the big prizes will be drawn from the tickets sold for this event. Prizes are: 1st place: \$1000 Oklee Locker gift certificate. The 2nd place prize is a Girls Getaway & \$500 cash. And don't forget the 3rd place prize, a .223 Savage rifle.

If you haven't purchased your tickets yet for this fun night, find a fireman from Oklee and ask to purchase your chance at one of those wonderful prizes. Tickets are also on sale at the Oklee Cenex C-Store. And they will also be available at the door!

See you on Saturday February 25th, for food, fun, entertainment and prizes.



Kim and Wyatt Vettleson participated in the guest bartender fundraiser at TJ's Tavern of Oklee and they raised \$686.95 in tips for the Oklee ambulance. Receiving the check is Wanda Wright and Gin Berns from the Oklee Ambulance Service. Job well done, Kim & Wyatt.



Mustangs Parent's Night with the Jr. High Wrestlers: George Duden, son of Vicki and Brad Duden; Tristyn Ferguson, son of Nicole and Troy Ferguson; and Paul DeHate, son of Bernie and Jill DeHate.



RLCC Sr. High Wrestlers at Parent's Night: Alec Castaneda, son of Travis and Monica Castaneda; Kyle Gagner pictured with grandparents Char and Poncho Gagner; Dylan Gustafson, son of Troy Gustafson and Tammi Benedick; Bryce Bergerson, son of Kent and Patti Bergerson; and Nick Pahlen, son of Steve Pahlen and Stacey Pahlen.

Calendar of Events

Wed, Feb. 22:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. – Bridge.
-7:00 p.m. Bingo at Plummer Legion.
Thu, Feb. 23:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 12:30 p.m. – Bingo.
Fri, Feb. 24:
-LSS Sr. Meal 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Feb. 25:
-Support your local business – Shop Locally!
Sun, Feb. 26:
-Worship at the church of your choice.
Mon, Feb. 27:
-LSS Sr. Meal 11:30 a.m.
Tue, Feb. 28:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. – Cards
Wed, Mar. 1:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. – Bridge.
-7:00 p.m. Bingo at Plummer Legion.
Thu, Mar. 2:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 12:30 p.m. – Bingo.
Fri, Mar. 3:
-LSS Sr. Meal 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Mar. 4:
-Support your local business – Shop Locally!
Sun, Mar. 5:
-Worship at the church of your choice.
Mon, Mar. 6:
-LSS Sr. Meal 11:30 a.m.
Tue, Mar. 7:
-LSS Sr. Evening Meal 5:00 p.m.
-Senior Site Activity: 1:30 p.m. – Cards
Wed, March. 8:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. – Bridge.
-7:00 p.m. Bingo at Plummer Legion.



The Year in Review

September 7, 2016:

On August 22nd, Red Lake County Cooperative held their first of three Customer Appreciation Days, first in Oklee, then McIntosh and Brooks.

During Oklee Market Day, the Red Lake County Fair held another BAJA race as a fund raiser.

Debra Quinn gave a trunk show at the Market Day Quilt Show.

Market Day Chalk Art winners were Shelby and Bailey Sherman and Amy Sherman. The Junior Varsity football opened the season with a scrimmage with the Pine River-Backus Tigers.

Rain Rain Go Away or so the old rhyme goes. Every single farmer and gardener is chanting this rhyme. On Sunday night we were struck by another huge rain.

September 14, 2016:

Garnes Go Getters 4-H Club at the Share the Fun Performance at the Minnesota State Fair. Participating were: Kathryn Srnsky, Shelby Gunderson, Paige Olson, Tanisha Srnsky, Hailey Hanson, and Sidney Olson.

Huot Hustlers 4-H Club Performing at MN State Fair. Participating were: Hallie Harmoning, Kendra Rondorf, Jacob Solie, Emma Knott, Grace Harmoning, Coby Knott, Justin Solie, Nick Solie, and Haydon Shulstad).

The City of Oklee flag has been ordered. A ceremony will be held on September 30th at 10:00 a.m. for the raising of the City of Oklee flag.

The Red Lake County Rebels lost their first varsity football game September 1 to Pine River-Backus Tigers.

Rainfall from the weekend and Wednesday evening was three and a half inches, more than enough.

September 21, 2016:

On Monday, September 12th, KVLV reporter Neil Carlson came to Oklee and did a story on the City of Oklee's flag.

On August 13th at Oklee Market Day, Shirley Dessellier held a Make n' Take project that 14 young ladies took advantage of. The project was a T-Shirt bag. They cut off the sleeves and sewed up the bottom of the t-shirt.

Ten new students have enrolled at Red Lake County Central High School for the 2016-17 school year. This week the Mustang Stampede is featuring Sahara Moore, Peyton Fish, and Tessa Langer.

The Junior Varsity Rebel football team opened their season with a game vs. Mahnomen in Oklee on September 12th. Red Lake County won with a 28-6 win to start the season 1-0.

The weather is sunny today and it promises to be in the low seventies. Fall is upon us and the window for getting the fall fix ups done is very small.

There were about 75 people attending the Red Lake County Senior Citizen's picnic at Bethany Lutheran Church in Red Lake Falls. They served BBQ's, potato salad, beans and bars. Coffee and lemonade. About 25 from Plummer went.

Blast To Brooks had a great car show on Saturday. St. Joseph's Church and a pretty good turnout for lunch. Drawings were held. Parade at 2 p.m.

September 28, 2016:

Everyday, Oklee's Maintenance personnel have to drive out to the Oklee wastewater treatment ponds and perform various tasks. The task of cleaning the wastewater screen that catches things flushed through the system that cause problems for the ponds and can cost the City of Oklee major expenses if not done.

Yuma Yamazaki, daughter of Yukikko Yamazaki, has joined the tenth grade at RLCC High School as a foreign exchange student. Yuma is 16 years old and has one younger brother, Yuki Yamazaki. Yuma is from Kashiba City, Nara, Japan with a population of about 74,690 people. Yuma's host family is Jason and Bobbi, Natalie, and Allison Aakhus.

RLCC Homecoming King candidates include: Kyle Gagner, Makay Berns, Alec Castaneda, Austin Erlandson, and Nick Plante. Queen candidates include: Shelby Gunderson, Natalie Aakhus, Taylor Bushelle, Megan Berberich, and Angel Auman.

The Mustang Stampede is featuring four new students. They include Aiydin Lancto, Andrew Fish, Isaac Lancto, and Martin Lara.



Snowman - Snow Sculpture contestants

Who will be the winners of the 2nd Annual Snowman/Sculpture contest. Here are the contestants as of this printing. Find out the results soon!



The 2nd Annual Snowman/Snow Sculpture contest is coming to an end. The contest included the City of Oklee and the surrounding area.

When does it end: February 24th. Winners will be announced at the Fireman's Blizzard Bazaar and also listed in the Oklee Herald.

Prize Money: \$50 1st Place, \$30 2nd Place, \$20 3rd Place. Did you text your Snowman or Snow Sculpture photo to be judged, Text SNOWMAN to 218-230-8960.

Questions? Contact Isaac Melby or Grace Dessellier.



Church news

OKLEE LUTHERAN PARISH
Zion and Salem
Pastor Margaret Jacobus
Wed, Feb. 22: 6:30 p.m.
Confirmation Classes.
Sun, Feb. 26: 9:00 a.m.
Zion. 9:00 a.m. SS at Salem.
10:15 a.m. SS at Zion. 10:30 a.m. Salem.
Mon, Feb. 27: 9:00 a.m.
Quilting at Zion.
Wed, Mar. 1: Ash
Wednesday – 7:30 p.m. at Zion.

ST. FRANCIS XAVIER PARISH OKLEE
Fr. Adam Hamness
Sun, Feb. 26: 7:30 a.m.
Confessions 8:00 a.m. Mass.

BROOKS – RED LAKE FALLS CATHOLIC PARISH
Fr. Bob Schreiner
Sat, Feb. 25: 5:30 p.m. RLF
Sun, Feb. 26: 8:00 a.m.
Brooks. 10:00 a.m. RLF.

IMMANUEL-EBENEZER LUTHERAN PARISH ELCA
Pastor Jonathan Dodson
Sun, Feb. 26: 9:00 a.m.
Worship at Ebenezer. 9:15 a.m.
SS at Immanuel. 10:30 Worship
at Immanuel. Potluck & Bible
Study at Immanuel.

GOODRIDGE AREA LUTHERAN PARISH ELCA
Bethany-Ekelund-Faith
Pastor Kristen Ostercamp
Wed, Feb. 22: Release Time.
7:00 p.m. Faith Confirmation.
Thu, Feb. 23: 10:00 a.m.
Ekelund quilting.
Thu, Feb. 24: 10:00 a.m.
Ekelund quilting.
Sun, Feb. 26: 8:30 a.m.
Ekelund, 9:45 a.m. SS; 9:45 a.m.
Faith, 11:00 a.m. SS. 11:00 a.m.
Bethany, 9:45 a.m. SS. 6:00 p.m.
Joint Council meeting at Faith.
Mon, Feb. 27: 9:30 a.m.
Faith Quilting with potluck.

Oklee Senior Site Dining

February 27 – March 3
Call 796-5666 to order a meal.

If you are over the age of 60 and would like to eat with other seniors at the Senior Site, please call the Café at 796-5666 to reserve your meal. A \$4.00 per meal donation is suggested.
Monday: Polish sausage on bun, hash browns, vegetables, and dessert.

Tuesday: Chicken drummies, macaroni salad, vegetables, toast, and dessert.
Wednesday: ½ BLT sandwich, American fries, vegetables, and dessert.

Thursday: Grilled ham & cheese sandwich, beef vegetable soup, and dessert.

Friday: ½ Hot beef, mashed potatoes, vegetables, and dessert.



JOHNSON FUNERAL SERVICE, Inc.

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Funeral Pre-planning
Monuments
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CLEARWATER LUTHERAN PARISH
Mt. Olive – Nazareth
Oak Park – St. Petri
Pastor Jeff Merseeth
Wed, Feb. 22: 5:00 p.m.
Wednesday School/Confirmation.
Sat, Feb. 25: 9:00 a.m. Mt. Olive.
Sun, Feb. 26: 8:00 a.m. St. Petri, 9:15 a.m. SS. 9:45 a.m.
Oak Park, 8:00 a.m. SS. 11:00 a.m.
Nazareth, 10 a.m. SS.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
Wed, Feb. 22: 6:30 p.m.
AWANA. 6:30 p.m. Youth Group.

Thu, Feb. 23: 12:00 p.m. Rotary.
Fri, Feb. 24: 8:45 a.m. Friday School.
Sun, Feb. 26: 9:30 a.m. Worship. 10:50 a.m. Sunday School.
Tue, Feb. 28: 6:30 p.m. Bible Study.
Wed, Mar. 1: 6:30 p.m. AWANA. 6:30 p.m. Youth Group.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Sun, Feb. 26: 9:00 a.m.
Worship at Lund. 10:30 a.m.
Worship at Bethany.
Wed, Mar. 1: 7:00 p.m. Ash
Wednesday Service at Lund.

BETHEL ASSEMBLY Fosston
Seth Johnson, Interim Pastor
Sun, Feb. 26: 9:30 a.m.
Sunday School. 10:30 a.m.
Worship.

RLCC ECFE February Events

Thu, Feb. 23rd: RLCC ECFE Family Fun Night at the Oklee Ice Skating Rink from 6:00-7:00 pm. Meet at the skating rink and skate in boots or skates. Dress for the weather and then warm up with hot chocolate and marshmallows at the school in Oklee. Fun for the whole family!

Early Childhood Family Education (ECFE) is a program for all Minnesota families with children between the ages of birth to kindergarten entrance. The program is offered through Minnesota public schools districts. ECFE is based on the idea that the family provides a child's first and most significant learning environment and most important teachers. ECFE works to strengthen families. ECFE's goals is to enhance the ability of all parents and other family members to provide the best possible environment for their child's learning and growth.

ATTENTION

RED LAKE COUNTY SMALL BUSINESS AND POTENTIAL STARTUP ENTERPRISES

The Red Lake County Economic Development Corporation can help you start your own business or expand an existing one. We are here to assist with a five (5) year loan for an amount up to \$20,000 at 2% APR. The business must be located in Red Lake County.

For more information, contact the Red Lake County Economic Development home office at 1-218-253-2897.

Or call David Ste. Marie, Red Lake Falls, 218-698-4279; Mike Spurgin, Red Lake Falls, 218-465-4648 or Leo Olson, Oklee, 218-796-5656.

Your success in achieving your financial goals depends on how well you manage your money. That's why it's important to have the right Checking Account.

We offer a variety of Checking Accounts for personal and business needs. Each account offers special features and benefits. When you're ready to open a Checking Account, come see us.

Come and join in the fun
at the
2017 Oklee Firemen's Blizzard Bonanza
at the **Oklee Community Hall**
Sat. Feb. 25, 2017
GAMES Tim Eggebraaten entertaining
and hosting the Firemen's Feud Game.
MEAT RAFFLES
Social Hour starts at 5:30 pm. with TJ's Tavern serving your favorite beverage
DEEP FRIED WALLEYE FISH DINNER
Raffle Drawing to be held at 10:00 p.m.
DOOR PRIZES
TICKETS AVAILABLE AT OKLEE LOCAL BUSINESSES OR A OKLEE FIREMAN.



LSS Caregivers Group meets March 9th

The Thief River Falls Caregiver Group will meet on Thursday, March 9th at 10:00 a.m. at the Heritage Senior Center located at 301 E. 4th St, Thief River Falls.

These groups are open to all caregivers. There is no charge. If you have questions or concerns, please contact Jaime Hemphill at 218-850-8616.

This project is made possible in part, under the Federal Older American's Act through a contract with the Land of the Dancing Sky AAA under an Area Plan approved by the Minnesota Board on Aging.

Quilting at Zion

Quilting at the Zion Lutheran Church has begun. It starts at 9:00 a.m. on Mondays. Coffee break at 10 & pot luck lunch. This is a community project. If you like to quilt, this is for you. Everyone welcome to attend.

There is only a few more weeks left for the Zion quilting season.

Card of Thanks
The family of Maryann Lessard would like to express our sincere appreciation for the many acts of kindness, support, and love you have shown.
Mom always enjoyed the close-knit community, the many friendships she shared, and being able to call Oklee her home.
-John, Jim, Annette, Elaine & Barb

ADDRESS CHANGES
CONTACT THE
OKLEE HERALD AT
218-796-5181
OR
EMAIL:
okleeherald@gmail.com

GED Classes to Start!

A new series of GED Prep classes will begin March 2. Classes will be held in the Special Ed. Room at Red Lake County Central High School in Oklee, 6:30 to 8:30 PM, Thursdays. Use northeast doors. Please call Sherry at 218-688-1558 if you are planning to attend or need more information. The instruction is free with a one-time registration fee of \$10.00. This is a great time to start. This GED Ready Official Practice Test promotion is available through March 15 – Buy a GED test and get a GED Ready Official Practice Test for free. The voucher(s) that you receive are valid for one year, so you have plenty of time to study before they expire. Can't make it March 2? You can start at a later date; all instruction is individualized based on needs of student following assessment.



Spring Planting is Near: Join the Arbor Day Foundation

Joining the Arbor Day Foundation is an ideal way to get in the mood for spring planting. Anyone who joins the Foundation in February 2017 will receive 10 free Colorado blue spruce trees or 10 free redbud trees to plant when the weather turns warm.

The free trees are part of the nonprofit Foundation's Trees for America campaign.

"These trees will help beautify your home for many years to come," said Matt Harris, chief executive of the Arbor Day Foundation. "The trees will also add to the proud heritage of your state's existing Tree City USA communities."

The Tree City USA program has supported community forestry throughout the country for the past 40 years.

The trees will be shipped postpaid at the right time for planting, between March 1 and May 31, with enclosed planting instructions. The 6- to 12-inch trees are guaranteed to grow, or they will be replaced free of charge.

Members also receive a subscription to the Foundation's colorful bimonthly publication, Arbor Day, and The Tree Book, which contains information about planting and care.

To become a member of the Foundation and receive the free trees, send a \$10 contribution to TEN FREE COLORADO BLUE SPRUCE TREES or TEN FREE EASTERN REDBUD TREES, Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by February 28, 2017, or visit arborday.org/february.

Tri-Valley Public Transportation

T.H.E. Bus is available for anyone. There are no age or income guidelines. – however, children under the age of four must be accompanied by an adult and children under the age of one must be secured in an infant seat.

Curb-to-curb services is available, allowing those with special needs more comfortable, safe and convenient method of transportation. All of our buses are handicapped accessible and lift-equipped. All of our drivers are trained and certified.

To reserve a seat, please call one business day prior to the scheduled trip - 1-800-201-3432.

For Polk, Red Lake and Clearwater county stops:
Every Monday – Grand Forks.

Every 2nd Tuesday – Mahanomen.

Every 4th Tuesday – Thief River Falls

Every 1st, 3rd, & 5th Wednesday – Fargo/Moorhead.
Every 2nd & 4th Friday – Bemidji.

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www.ktirrigation.com
valleyicon.com
041722

Notice of Garnes Township Annual Meeting and Election of Officers and Board of Canvass Meeting

Notice is hereby given to the qualified voters of Garnes Township, County of Red Lake, State of Minnesota, that the Annual Election of Town Officers and Annual Township Meeting will be held on Tuesday, March 14, 2017. In case of inclement weather, the meeting and election may be postponed until the third Tuesday in March.

The Election Poll Hours will be open from 5:00 p.m. to 8:00 p.m., at which time the voters will elect:

- One-Supervisor for a three year term
- One-Treasurer for a two year term

The Annual Meeting will commence at 8:00p.m. to conduct all necessary business prescribed by law.

The Annual Election and Meeting will be held at the following location: Garnes Townhall

The Board of Canvass will meet on March 14, 2017, after the Annual Meeting to certify the election results.

Diane Kolstoe, Clerk of Garnes

The Garnes Township Board of Audit will be March 6, 2017, at 7:00 p.m. at the Clerk's home.
Garnes Township Board of Re-Organization will meet after the Board of Canvass on March 14, 2017.

Thank you!
The Oklee Ambulance Service would like to thank Kim Vettleson and Wyatt Vettlson for participating in the TJ's Tavern, Bartend for Tips.
Also, a big Thank you to the Friends and Family of Leo LaCoursiere for the money gave in Memory of Leo, as he was a Great Man and will be missed dearly.

Now Taking Tree Orders for Spring 2017

Red Lake County Soil & Water Conservation District (SWCD) is taking tree orders now for springs' tree planting season. Anyone interested in purchasing trees from the Red Lake County SWCD should have their order in by February 28th, 2017. Tree order forms are available at our office, on our website www.redlakecounty.org click on Programs, Projects & Services tab; and then on the District Tree Program tab or we can mail you a form. The SWCD office is located in the basement of the Wheat Grower's Building south of Red Lake Falls.

If you are interested in placing a tree order, for springs' tree planting season, please call the Red Lake County SWCD office at (218) 253-2593 ext. 4.

Red Lake Falls Library News

The library is open on Tuesday from Noon until 7:00 pm, Wednesday from Noon until 7:00 pm, Thursday from Noon to 5:00 p.m.; Friday from Noon until 5:00 pm, and Saturdays from 10:00 a.m. to 2:00 p.m. On-line patrons are reminded that they can visit www.nwrlib.org/rlf.htm at anytime, where they can create their own patron accounts to browse, request and renew materials all from their home computers.

Hot Reads for Cold Nights coffe cup winner last week was Gerald Bjorgan. The winter reading program for adults will conclude on February 28. Many thanks to all our adult patrons who visit the RLF branch, check out materials, use services & resources, make donations and support library services in our community.

Adult nonfiction titles "new" to the RLF Library as part of the floating/rotation collection are "The Four Doors: a Guide to Joy, Freedom, and a Meaningful Life" by bestselling author Richard Paul Evans; "Mawson's Will: the Greatest Polar Survival Story Ever Written" by Lennard Bickel, documenting the 1911 expedition of Australian Douglas Mawson to chart 1500



Sudoku Solution

9	3	2	6	7	4	1	8	5
5	4	8	1	9	3	2	7	6
6	7	1	8	2	5	3	4	9
3	5	7	4	1	2	6	9	8
2	6	9	7	5	8	4	3	1
1	8	4	3	6	9	5	2	7
7	9	3	5	4	1	8	6	2
4	1	6	2	8	7	9	5	3
8	2	5	9	3	6	7	1	4

miles of Antarctic coastline and claim it for the British Crown; and "The Colony: the Harrowing True Story of the Exiles of Molokai" by John Tayman, account of the history of America's only leper colony located on the Hawaiian island of Molokai, the longest and deadliest medical segregation in American history and the extraordinary people who endured it.

(U.S.P.S. 407-240)

Oklee Herald

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**Winner 1st place Best Feature Story, Minnesota Newspaper Association, 1981.

**Winner 1st place Best Single News or Feature Story, Minnesota Medical Association, 1992.

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MUSTANG STAMPED

RLCC Menus

February 27 – March 3
Oklee

Mon: Breakfast: Egg, cheese & sausage biscuit, cereal, fruit, juice, and milk. **Lunch:** Soups, meat sandwich, crackers, vegetable, fruit, and milk.

Tue: Breakfast: Cereal, fruit, juice, and milk. **Lunch:** Pulled pork or BBQ chicken, baked beans, chips, fruit, and milk.

Wed: Breakfast: Smores, cereal, fruit, juice, and milk. **Lunch:** Fish, mashed potatoes, vegetables, dinner roll, fruit, and milk.

Thu: Breakfast: Cereal, fruit, juice and milk. **Lunch:** Corn dogs, macaroni & cheese, vegetable, fruit, and milk.

Fri: Breakfast: Cinnamon roll, cereal, fruit, juice and milk. **Lunch:** Tomato soup, grilled cheese, vegetable, crackers, fruit, and milk.

Plummer

Mon: Breakfast: Muffins, cereal, fruit, juice, and milk. **Lunch:** Chicken nuggets, baked potatoes, seasoned carrots, bread, fruit, and milk.

Tue: Breakfast: Egg omelet, cereal, fruit, juice, and milk. **Lunch:** Pizza Hot Pocket, salad, cucumber cup, PB sandwich, fruit, and milk.

Wed: Breakfast: cereal, fruit, juice, and milk. **Lunch:** fruit, and milk.

Thu: Breakfast: cereal, fruit, juice and milk. **Lunch:** fruit, and milk.

Fri: Breakfast: cereal, fruit, juice and milk. **Lunch:** fruit, and milk.



RLCC Sports Schedules

RLC Rebel Varsity

Boys Basketball

Thu, Feb. 23: Against G-G in *Plummer* at 6:00 p.m.

Fri, Feb. 24: C-G in *C-G* at 6:00 p.m.

Mon, Feb. 27: Against W-E-M in *Oklee* at 6:00 p.m.

Mon, Mar. 6: Section 8A Pig Tail at *High Seed* at 7:00 p.m.

Thu, Mar. 9: Section 8A Play in at *NCTC/UMC-TBD*

Sat. Mar. 11: Section 8A ¼ Final at *REA in TRF- TBD*

Mon, Mar. 13: Section 8A Semi at *REA in TRF- TBD*

Fri, Mar. 17: Section 8A Final at *REA in TRF- TBD*

Mar. 22-25: State Tournament-various locations-TBD

Mustang Wrestling

Feb. 24-25: Team Individual, DGF- TBD

Mar. 2-4: State Tournament at *Excel Energy Center-TBD*

Lady Mustang Varsity Basketball 2016-17

Thu, Feb. 23: Against Bagley in *Oklee* at 6:00 p.m.

Tues, Feb. 28: Pig Tail at *High Seed* at 7:00 p.m.

Thu, Mar. 2: Play-In Game at *UMC/NCTC* at 6:00 p.m.

Sat. Mar. 4: Section 8A ¼ at *REA in TRF-TBD*

Tues, Mar. 7: Section 8A Semi at *REA in TRF-TBD*

Fri, Mar. 10: Section 8A Final at *REA in TRF- TBD*

Mar. 14-18: State Tournament-various locations-TBD



RLCC Mustang Taylor Bushelle #23 blocking a shot by Clearbrook-Gonvick.

Wednesday, February 22, 2017

School Board Recognition Week

February 20 to February 24, 2017

Strong Schools = Strong Communities... Thank Your School Board!

The Minnesota School Boards Association has set February 20-24 as School Board Recognition Week in Minnesota as a time to build awareness and understanding of the vital function an elected board of education plays in our society. Red Lake County Central ISD 2906 is joining all public school districts across the state to celebrate School Board Recognition Week to honor local board members for their commitment to the Red Lake County Central School District and the communities, families, and children they lead and serve.

It takes strong schools to build a strong community, and these men and women devote many hours to making sure our schools are helping every child learn at a higher level. They make the tough decisions every month and spend many hours studying education issues and regulations in order to provide the kind of accountability our community expects.

The key work of school boards is to raise student

achievement by:

- Creating a vision for what the community wants the school district to be and for making student achievement the top priority;
- Establishing standards for what students will be expected to learn and be able to do;
- Ensuring progress is measured to be sure the district's goals are achieved and students are learning at expected levels;
- Being accountable for their decisions and actions by continually tracking and reporting results;
- Creating a safe, orderly climate where students can learn and teachers can teach;
- Forming partnerships with others in the community to solve common problems; and
- Focusing attention on the need for continuous improvement by questioning, refining and revising issues related to student achievement.

School board members give the citizens a voice in education decision making. Even though we make a special effort to show our appreciation in February, their contribution is a year-round commitment.

Artist in Residence, Jim Mondloch, visited the RLCC Elementary School February 6th-10th and presented Watercolor Techniques & the Mechanics of Drawing for grades 4th-6th. Photos below of some of the students



RLCC 6th graders working on their watercolor paintings using techniques learned from the Artist in Residence.



RLCC 6th grader Paige Olson painting details on her watercolor drawing.

Reminder – School Bus Safety - Let's keep our children safe

School is in session and that means drivers have to remember they are sharing the road with those big yellow buses.

You'd think it would be easy to safely travel in the same space with such a large and heavy vehicle. They're easy to see. They have flashing lights. We know they're carrying precious cargo. Motorists should proceed with caution, right?

Problem is, drivers are more distracted. So are the kids getting on and off those buses. Everyone is rushing from point A to point B. All the more reason motorists and students need to take bus safety seriously as the school year kicks into gear.

School bus crashes in Minnesota increased 14 percent last year, up from 806 in 2014 to 690 in 2015. Not surprisingly, 70 percent of school bus crashes last year happened between 6 and 9 a.m.

and 3 to 6 p.m. during the months of September through May.

If you're the parent of school-aged children, you likely know the routine of watching their too-large backpacks disappear around the corner as they climb onto their school bus, only to see their faces reappear again in the window. Maybe, if it doesn't embarrass them too much, you blow kisses. Maybe it's just a tiny wave goodbye. No matter the routine, you've likely spent a slightly panicky moment or two worried about their safety as they get on or off the bus and ride to and from school.

Remember....

Motorists

In Minnesota, motorists must stop at least 20 feet from a school bus that is displaying red flashing lights or a stop arm when approaching from the rear and from the opposite direction on undivided roads.



January Students of the Month at RLCC were Dede Walton who was nominated by Mrs. Bobbi Aakhus and Halie Thomson who was nominated by Ms. Shelly Steva.

January Students of the Month

By: Sarah Christensen

Students of the Month for January from Red Lake County Central were Dede Walton and Halie Thompson. Walton was nominated by Mrs. Bobbie Aakhus, Thompson was nominated by Ms. Shelly Steva.

Dede Walton, a senior at RLCC, was selected by Mrs. Aakhus because she is a good

writer, sticks up for everyone, and watches out for other students. Aakhus commented, "The first time I saw her I wondered who she was and thought this girl is going places!" Walton's parents are Joe and Krista Walton; her siblings are Sammy, Kjersten, and Abby. She is involved in the one act and three act plays, Knowledge Bowl, robotics, and speech. She enjoys drawing,

writing, and reading.

Mrs. Shelly Steva nominated Halie Thompson who is a seventh grader because she is an excellent student. Steva stated that "she is quite the artist and has an excellent G.P.A." Thompson is age 12, and her parents are David Thompson and Lori Thompson. She is involved in speech, and loves to read, sleep, and watch movies in her free time.



RLCC 6th Grade Girls traveled to Sacred Heart in East Grand Forks to play in a basketball tourney this past Saturday. It was a clean sweep for the Lady Mustangs winning all 3 games: Sacred Heart 21 to 17, Grand Forks 21 to 8, and Roseau 22 to 18. The girls finished their regular season the end of January with the record being 8-1.

Pictured left to right: Marissa Thomas, Aurora Mitzner, Mireya Gibbs, Shawna Majeres, Carley Vetteson, Paige Olson, Ella Moen, Carlee Whalen, Arielle Rude, Payton Rystad, and Bryn Vetteson. The Lady Mustangs are coached by Jason Jensen and his helper was Austin Jensen.

Search for Miss Pre-Teen Red Lake County Announced

Young girls between the ages of 9 to 12 years, applications are being accepted for the title of "2017 Miss Pre-Teen Red Lake County!!! Miss Pre-Teen Red Lake County will represent her county at the Miss Pre-Teen Minnesota pageant, which will be held at the "Wellstone Center, April 29th, 2017 in the city of St. Paul, Minnesota.

The young lady chosen as "Miss Pre-Teen Red Lake County" will become an ambassador from the Red Lake County Area and will receive an official title and sash!

The young lady chosen as Miss Pre-Teen Minnesota will receive a prize package and chance to represent

Minnesota in hometown events, parades and state events. The "American Heart Association's" Go for Red for Women" is the official Charity of the Miss Pre-Teen Minnesota Pageant.

The current reigning "2016" Miss Pre-Teen Minnesota is Ava Ernst of North Oaks. As Miss Pre-Teen Minnesota. Aval speaks out on "DON'T SHOP....ADOPT" Animal Humane Society. Ava says she and her family have adopted many rescue animals over the years. Her platform encourages people to give shelter animals a second chance by choosing to adopt instead of buying from pet store. Ava believes the best things in life are rescued!

For more information go to: www.animalhumanesociety.org

Pre-Teens will compete in Personal Interview, On-stage Interview, Fun Fashion Wear and Evening Wear. (There is no talent or fitness or swimsuit competition)!!!

Young Pre-Teen ladies living in Red Lake County, interested in applying should go on line to: www.misspreteenminnesota.com or write for bio-form to: Miss Pre-Teen Minnesota International Pageant P.O. Box 240537 Apple Valley, Mn 55124-0537



Red Lake County ECFE had a Yoga Night with Joann Papke at the Brooks Community Center. Preschool families also participated in some “snow” movement activities like catching snowflakes on their tongues, blowing snow balls, and building snowmen.



ECFE families enjoyed a fun filled Yoga Night with “snow” many movement activities including making snow angels.

Regional Ag News
Eli Gindele - U of M Extension Educator
Polk and Clearwater Counties
egindele@crk.umn.edu - cell 218-280-1129
Bagley office: 218-694-6151
McIntosh office: 218-563-2465

2017 Extension Drainage Design Workshop
The annual Extension Drainage Design Workshop will be held at the Grand Forks County Office Building in Grand Forks, ND March 2 – 3. The workshop is a collaborative effort between the University of Minnesota, and North Dakota State University Extension.
The 2-day workshop starts at 8:00 a.m. and end at 5:00 p.m. on day two. The workshop will focus on planning and design of agricultural tile drainage systems to meet both profitability and environmental objectives. The course content is taught in a hands-on manner with lots of discussion time.
The workshop is intended for those interested in a more complete understanding of the planning and design principles and practices for drainage and water table management systems, including: farmers, landowners, consultants, drainage contractors, government agency staff and water resource managers. Planning topics include: legal aspects, basics of drainable soils, agronomic perspectives, doing your own tiling, land evaluation tools,

2017 RED LAKE COUNTY ROAD RESTRICTIONS STARTS Concurrent with MN/DOT Limits

The effective dates of road restrictions on all Red Lake County roads will be concurrent with the placement of restrictions on Trunk Highways in the North Central Zone of Minnesota. MNDOT’s Road Restrictions announcements are published at www.mrr.dot.state.mn.us click on Seasonal Load Limit Restrictions.

Restriction limits are based on gross axle weights and includes weight of both the vehicle and the load it carries. The erection of signs on any highway governs the effective date of the restriction. As long as signs remain in place, restrictions are in effect. No permit for overweight axle loads exceeding legal or posted axle weights will be issued.

During the period when signs are in place any county or town road is restricted to 10,000 pounds gross weight per axle. If signs are erected, the restrictions as indicated on the sign shall govern. If no signs are erected, the 10,000 pound gross weight provision shall apply.

The following roads will be allowed the legal 10 ton per axle (Gross Weight):

C.S.A.H. No. 1 From T.H. No. 32 in Red Lake Falls to C.S.A.H. No. 10.
C.S.A.H. No. 2 From C.S.A.H. No. 1 to Pennington County Line (North-South Segment)
C.S.A.H. No. 5 From T.H. No. 222 in Oklee to Pennington County Line.
C.S.A.H. No. 7 From T.H. No. 59 to T.H. 92.
C.S.A.H. No. 8 From Polk County Line to C.S.A.H. 7.
C.S.A.H. No. 9 From C.S.A.H. No. 13 to Pennington County Line.
C.S.A.H. No. 11 From C.S.A.H. No. 33 to Polk County Line.
C.S.A.H. No. 11 From T.H. No. 32 in Red Lake Falls to C.S.A.H. No. 33.
C.S.A.H. No. 12 From Polk County Line to T.H. No. 92.
C.S.A.H. No. 12 From T.H. No. 92 to C.S.A.H. No. 1.
C.S.A.H. No. 13 From T.H. No. 32 in Red Lake Falls to C.S.A.H. No. 9
C.S.A.H. No. 13 From Polk County Line to C.S.A.H. No. 9
C.S.A.H. No. 19 From C.S.A.H. No. 13 to T.H. No. 32.
C.S.A.H. No. 33 From C.S.A.H. No. 11 to T.H. No. 32.
C.S.A.H. No. 49 From C.S.A.H. No. 12 to T.H. No. 59.

The following roads will be allowed the legal 9 ton per axle (Gross Weight):

C.S.A.H. No. 6 From C.S.A.H. No. 5 to 6 miles east.
C.S.A.H. No. 10 From C.S.A.H. No. 6 to Pennington County Line
C.S.A.H. No. 22 From T.H. No. 222 in Oklee to the East County Line.
C.S.A.H. No. 51 In Brooks.
C.S.A.H. No. 52 In Plummer.
C.S.A.H. No. 53 In Oklee.
C.S.A.H. No. 54 In Red Lake Falls.

The following roads will be posted to 7 tons per axle (Gross Weight):

C.S.A.H. No. 2 From C.S.A.H. No. 1 to C.S.A.H. 2 North-South (East-West Segment)
C.S.A.H. No. 3 From C.S.A.H. No. 11 to Pennington County Line.
C.S.A.H. No.17 From Polk County Line to C.S.A.H. No. 3.
C.S.A.H. No.18 From C.S.A.H. No. 13 to Polk County Line.

The following County Aid hard surfaced roads will be posted to 5 tons per axle (Gross Weight):

C.A.R. No. 114 From T.H. No. 32 to 1.5 miles east.
C.A.R. No. 119 From C.S.A.H. No. 51 in Brooks to T.H. No. 92.

The following County Aid hard surfaced roads will be posted to 4 tons per axle (Gross Weight):

C.A.R. No. 126 From C.S.A.H. No. 52 in Plummer to 2,000 feet north.

O48-49C

Mustang Wrestling hosts the Falcons
By: Julia Bernstein
The Red Lake County Central Mustangs wrestling hosted Fertile/Beltrami Friday, February 10th in Oklee. The Falcons beat RLCC 27-36.
Hunter Hitchen (FB) pinned Paul DeHate (RLCC) at 1:09 in the 113 lb weight class. In the 126 lb weight class Justin Boit (FB) pinned Bryce Bergerson (RLCC) at 3:46. Dylan Gustafson won in a 7-2 decision over Ross Hamre in the 145 lb weight class. In the 170 lb weight class Tristyn Ferguson won by forfeit. Kyle Gagner won by forfeit in the 182 lb weight class. Nick Pahlen won by forfeit in the 220 lb weight class. In the heavy weight class Alec Castaneda won by forfeit.



RLCC Junior Bryce Bergerson wrestling against Fertile in Oklee.



Mustang Senior Dylan Gustafson won with a 7-2 decision against an opponent from Fertile.

wetlands, and conservation drainage concepts and techniques. The design topics begin with basic design considerations and progress through individual small team projects, with several hands-on problem-solving examples covering basic design and layout principles, water flow calculations, drain spacing, sizing, and grades. Participants are encouraged to bring information for their own fields, and any computers they are using for design, so they can work on their own projects during exercises.
Registration for the workshops is now available at: <https://www.regonline.com/2017DrainDesign>. The registration price is \$300, and is limited to about 50 participants. Due to seating limitations, on-site registration will not be available on the day of the event.

WORKSHOP LOCATION:
March 2-3, 2017
Grand Forks County Office Building 151 South 4th Street (6th Floor)
Grand Forks, North Dakota 58201

FOR MORE INFORMATION, PLEASE CONTACT:
Gary Sands, University of Minnesota Extension, grsands@umn.edu;
Brad Carlson, University of Minnesota Extension, bcarlson@umn.edu, 507-389-6745;
Tom Scherer, North Dakota State University Extension, thomas.scherer@ndsu.edu, 701-231-7239
Hans Kandel, 701-231-8135, hans.kandel@ndsu.edu

Other Important events:

- “Gardening and Beyond” -Gardening workshop, **Saturday Feb. 25th**
 - o 9am-3:15pm @ Evangelical Free Church 211 Arnold Ave N, Thief River Falls, MN
 - o Going Over-strawberry/raspberry production, amending garden soils, honeyberries, microgreens & baby greens
- **SWCD East Polk will be ending the tree order forms by Feb 28th**
 - o GREAT DEALS
- **Advanced Crop Advisers Workshop Feb. 28th – March 1st**
 - o Holiday Inn/ 1-29 and 13th Ave. S , Fargo
 - o UMN Extension & NDSU Extension Service
 - **East Polk Crop Improvement Meeting-UMN Extension/MCIA March 6th**
 - o 9am-12pm @ McIntosh Community Center
 - o If you missed the small grains update in Crookston in Jan., this would be a great substitute
 - **Dairy Days-UMN Extension March 7th**
 - o 10am-3pm @ McIntosh Community Center
 - o East Polk DHIA meeting at lunch
 - o Great presenters, Great program, Do not miss
 - **Anhydrous Ammonia Inspection and Compliance Workshop-MN Department of Ag. March 15th**
 - o 9am-12pm @ Cenex Harvest States (CHS) Warren, MN
 - **High Tunnel Conference –NDSU Extension March 24th-25th**
 - o NDSU Campus, Fargo
 - o More details coming...
 - o Call Esther McGinnis- NDSU Extension Horticulturist 701-231-7971
 - **Garden Party and Workshop –Beltrami Master Gardeners/UMN Extension March 25th**
 - o 8:30am-3:00pm @ Evangelical Free Church, Bemidji, MN 56601
 - o Succulents, pollinator habitat, fruit in the north, tulips, potato, garlic will all be covered

Centennial Recipe Corner
George Burns 90th Birthday Cake
Katheryn Hovet

1 cup margarine

1-1/2 cups sugar

3/4 cup sour cream

2 eggs

3 (1 oz) squares of unsweetened chocolate – melted

1/2 tsp vanilla

2-1/2 cups flour

1 tsp baking soda

1/2 tsp salt

1 cup milk

Frosting:

2 (8 oz) cream cheese – softened

1 (7 oz) jar marshmallow cream

1 cup chopped cooked prunes

1 Tbsp brandy

Beat margarine and sugar until light and fluffy. Beat in sour cream, eggs, chocolate and vanilla. Add combined dry ingredients, alternately with milk, mixing well after each addition. Pour into 2 greased and floured 9 inch layer pans. Bake at 350 degrees for 30-35 minutes or until wooden pick inserted in the center comes out clean. Cool 10 minutes, remove from pans. Cool completely. Split each layer into 2 layers. Combine cream cheese and marshmallow cream. Mixing at medium speed with electric mixer until well blended. Reserve 1 cup of cream cheese mixture. Add prunes and Brandy to remaining cream cheese mixture. Mix well. Spread 3 cake layers with prune mixture then stack. Top with reserved cream cheese mixture. Makes 10-12 servings.

Variations – omit Brandy – substitute dates or apricots for prunes.

****To cook dried fruit:** Combine 1-1/2 cups fruit and 1-1/2 cups water in sauce pan. Bring to boil, reduce heat and simmer 10-15 minutes or until fruit is softened.

Oklee Herald papers available at many locations and online

Oklee: D & R Grocery, Cenex C-Store, Oklee Herald office.

Brooks: Brooks Travel Center.

Plummer: Plummer Coop Creamery.

Red Lake Falls: Eagle Square.

Gully: Gully Tri-Coop.

And Online! Go to [www. TriCoCanary.com](http://www.TriCoCanary.com).

If you already have a subscription to the Oklee Herald, you can access the online version free!. Just call Richards at 218-487-5225 to get your Oklee Herald online.

RLC Boys Participate in Super Saturday
By: Sydnie Gunderson
The Red Lake County Rebels basketball played in the Super Saturday Tournament at Grygla on Saturday, February 11th against the Kittson County Central Bearcats. At halftime, the Rebels were close behind the Bearcats with 21 to 24. The Rebels lost with a final score of 34 to 55.
Ethan Vettleson led the team with eight points, six rebounds, and four steals. The other scorers were Matt Vettleson with seven, Justin Nemec had five, Seth Paradis had three, Brandon Wiscow had two points and four rebounds, Isiah Olson had two, John Renner had two, and Jordan Johnson had one.
Jadyn Swenson led the Bearcats with 15 points and three steals. Bryden Swenson had 14 points and nine rebounds, Andrew Christenson had nine, Spencer Billings had seven, Cole Johnson had five, Jacob Ristad had two, Austin Wallenberg had two, Nick Johnson had one, and Trevor Coffield had three steals.

Red Lake County Central vs Sacred Heart
By Sarah Christensen
The girls’ basketball team from Red Lake County Central headed to Sacred Heart February 10 to play against Sacred Heart Eagles. The Mustangs lost to the Eagles 32-71.
Leading scorer for the Mustangs was Ashley Longtin with nine points followed by Calyssa Eskeli with eight points, Sarah Christensen with five points, Taylor Bushelle with four points, Jenna Pahlen with four points, and Nikki Schmitz with two points.
Top scorer for the Eagles was Jocelyn Adolphson with 17 points. Also scoring were Abby Smidt with 12 points, Anya Edwards with 11 points, Ivy Edwards with 11 points, Jessica Remer with seven points, Sydney Lloyd with six points, Katelyn Rudolph with four points, and Lily Bergman with three points.

RLC Boys Basketball
By: Hannah Riendeau
The boys’ basketball team from Red Lake County went to Newfolden Tuesday, February 14. The final score was 31-58, a loss for the Rebels. The Rebels shot 23% and Northern Freeze 53%.
Justin Nemec was the leading score for the Rebels with 12 points. Ethan Vettleson had 10 points and six rebounds. Isiah Olson scored four, Matt Vettleson three, and Connor Lambert had two points.
The leading scorer for the Freeze was Connor Sorenson who had 15 points. Cole Anderson had 10 including three three-pointers. Eli Johnson and Kaden Monsebroten both made seven points. Wyatt Bannerman made five. Ellert Adanek and Sawyer Nelson made four. Peyton Boe, Jonah Underdahl and Zak Anderson all scored two points.

4 THE OKLEE HERALD

Wednesday, February 22, 2017

Minnesota Science Museum engineering presentation to Red Lake County Central Elementary School



RLCC student Nathan Altepeter doing an engineering experiment on reducing friction for the subway during the Minnesota Science Museum presentation.



Payton Rystad, Kehan Nelson, Lilian Hager, Dylan Wichterman, and Anne Dolan learning about the Engineering Cycle from the Minnesota Science Museum.

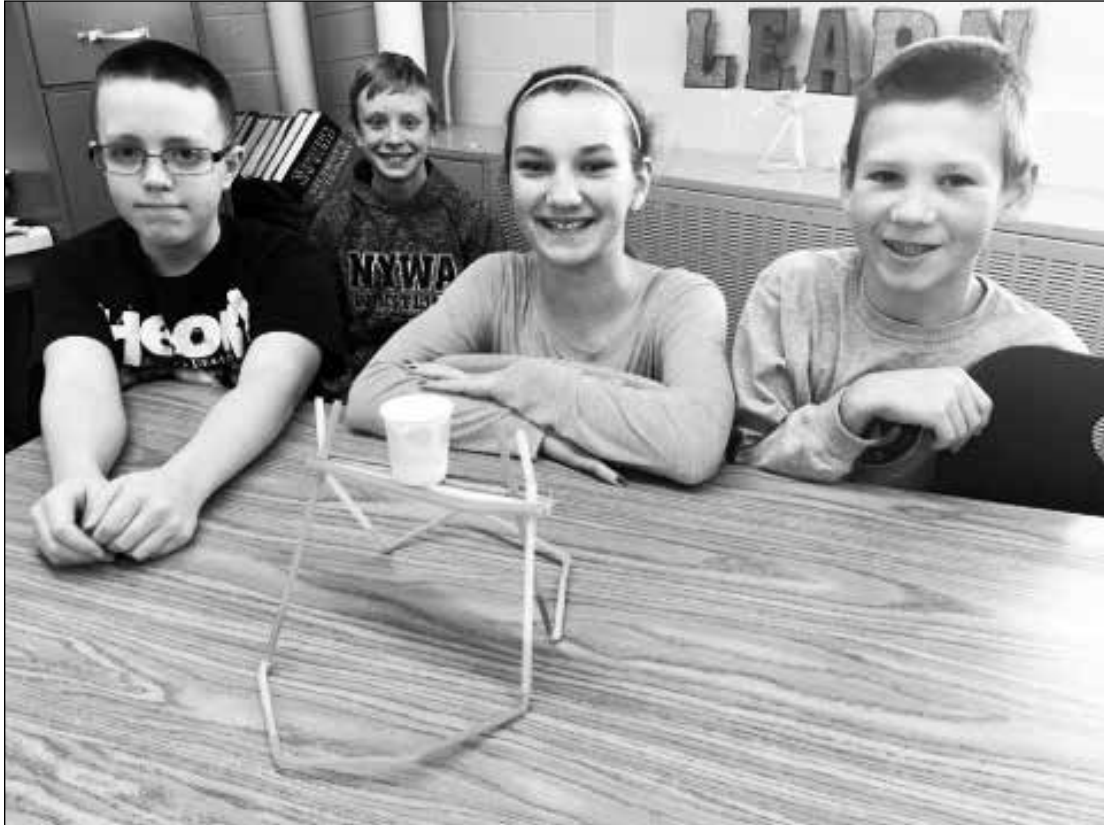


Trying to name something that hasn't been engineered were RLCC Elementary students Ethan Majeres and Shawna Majeres. Also pictured is a representative from the Minnesota Science Museum.

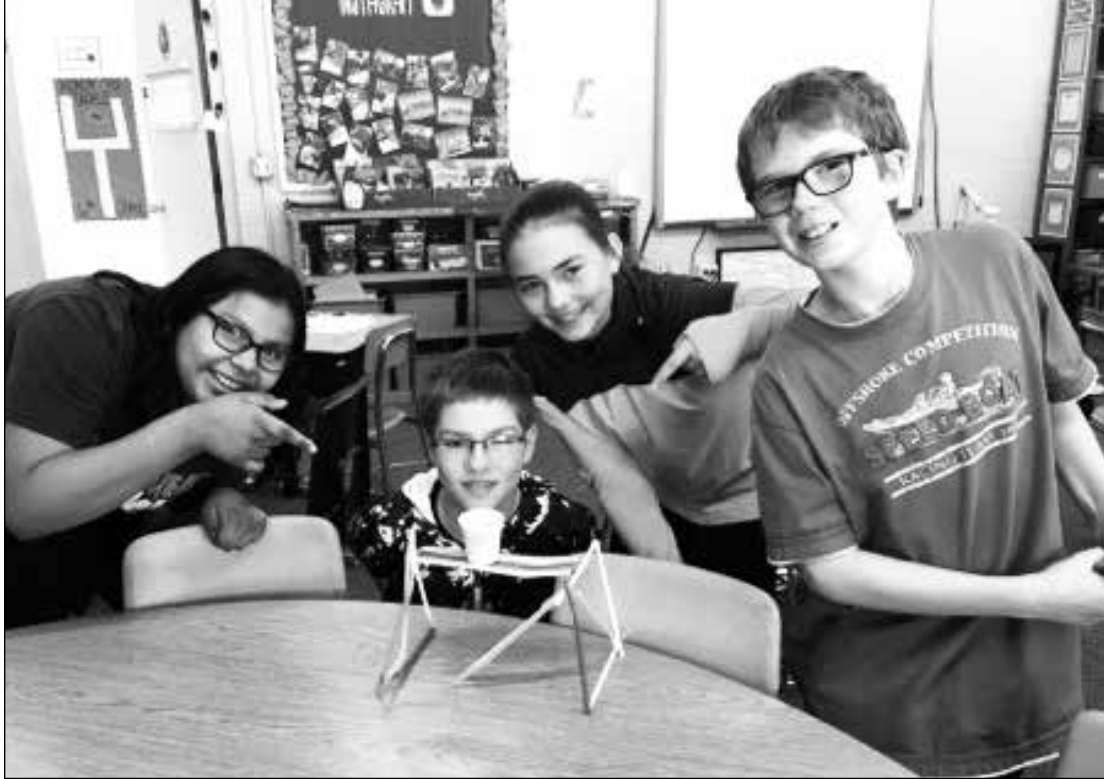


Kassidy Torgerson, Sean Galloway, Hunter Dudycha, and Gerald Melin picking the right tool for the job during a Minnesota Science Museum engineering presentation.

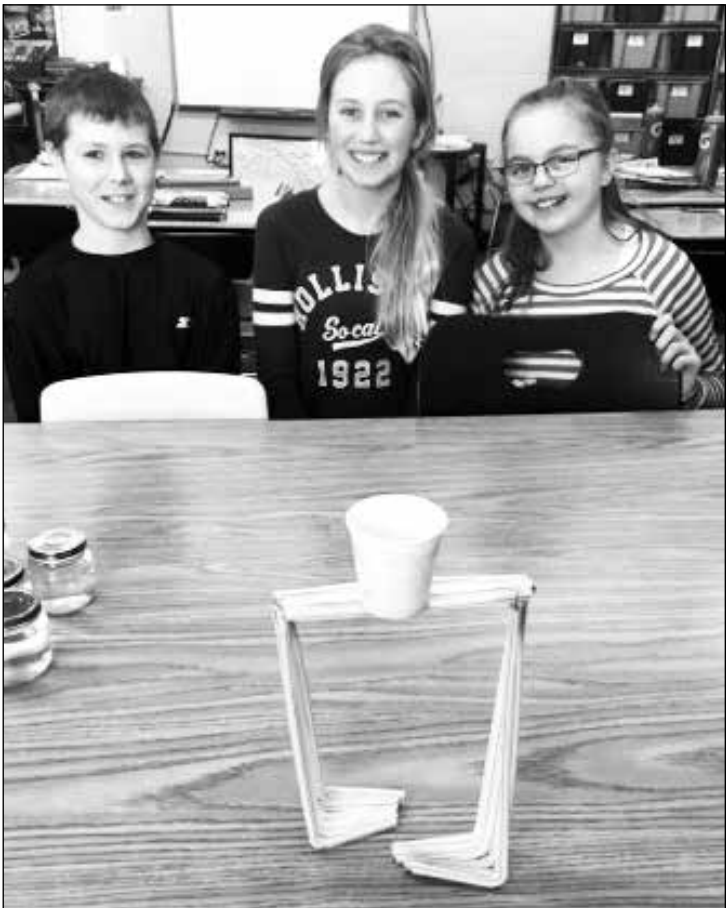
RLCC Sixth Grade Engineering Challenge



These sixth graders, Cael Nelson, Gerald Melin, Shawna Majers, and Izaiah Stordahl, used a different building technique to build their platform of straws.



MiReya Gibbs, Gunnar Sandeen, Paige Olson, and Orin Hofstad checking out how their platform supported the weight during their RLCC sixth grade engineering challenge.



RLCC 6th graders with their engineering challenge of building a 15 cm tall platform to hold 14 pennies: Brett Anderson, Marin Peterson, and Payton Rystad.

February 2017 Health Points

February is American Heart Month.
Heart disease is the leading cause of death for both men and women, but heart disease is preventable and controllable. The term "heart disease" refers to several types of heart conditions. The most common type in the United States is coronary heart disease (also called coronary artery disease), which occurs when a substance called plaque builds up in the arteries that supply blood to the heart. Coronary heart disease can cause heart attack, angina, heart failure, and arrhythmias.

Heart attack symptoms
The five major symptoms of a heart attack are:
Pain or discomfort in the jaw, neck, or back.

Feeling weak, light-headed, or faint.
Chest pain or discomfort.
Pain or discomfort in arms or shoulder.
Shortness of breath.
If you think that you or someone you know is having a heart attack, call 9-1-1 immediately.

The situation is alarming, but there is good news—heart disease is preventable and controllable. Every journey begins with one step, whether it's climbing a mountain or preventing heart disease.

One Step at a Time Plan for Prevention
Some health conditions and lifestyle factors can put people at a higher risk for developing heart disease. You can help prevent heart disease

by making healthy choices and managing any medical conditions you may have.

Eat a healthy diet. Choosing healthful meal and snack options can help you avoid heart disease and its complications. Be sure to eat plenty of fresh fruits and vegetables—adults should have at least 5 servings each day. Eating foods low in saturated fat, trans-fat, and cholesterol and high in fiber can help prevent high cholesterol. Limiting salt or sodium in your diet also can lower your blood pressure.

Maintain a healthy weight. Being overweight or obese can increase your risk for heart disease.

Exercise regularly. Physical activity can help you maintain a healthy weight and lower cholesterol and blood pressure. The Surgeon General recommends adults engage in moderate-intensity exercise for 2 hours and 30 minutes every week..

Monitor your blood pressure. High blood pressure often has no symptoms, so be sure to have it checked on a regular basis..

Don't smoke. Cigarette smoking greatly increases your risk for heart disease. If you don't smoke, don't start. If you do smoke, quit as soon as possible. Your doctor can suggest ways to help you quit.

Limit alcohol use. Avoid drinking too much alcohol, which can increase your blood pressure. Men should stick to no more than two drinks per day, and women to no more than one.

Have your cholesterol checked. Your health care provider should test your cholesterol levels at least once every 5 years.

Manage your diabetes. If you have diabetes, monitor your blood sugar levels closely, and talk with your doctor about treatment options.

Take your medicine. If you're taking medication to treat high blood pressure, high cholesterol, or diabetes, follow your doctor's instructions carefully. Always ask questions if you don't understand something.

Together, we can prevent heart disease, one step at a time.

www.cdc.gov/heartdisease/american_heart_month.htm

Oklee Herald Early Files

Seventy Years Ago February 27, 1947

Mrs. Ole Melby is spending a few days in Thief River Falls with her daughter, Mrs. J.W. Ewing.

Rev. J.K. Lerohl, pastor of Zion Lutheran Church here, was taken to a Thief River Falls hospital this week following a sudden illness. Rev. Lerohl was reported considerably improved Wednesday.

February 20th, Kenneth Miller celebrated his 11th birthday. Guests were Jack and Gene Brandt, Dean Toulouse, LeRoy Lynch, Jerome Turgeon, Robert Bachand, Larry Dufault, Donald Magnell, Arlen Birkeland and Donald Bruggeman.

Sixty Years Ago February 21, 1957

A birthday party was held at the Wood's Store in honor of Shirley Wood's 14th birthday. A group of around twenty young people attended.

Mr. and Mrs. Amedie Champagne of Brooks announced the engagement of their daughter Dorene Louise to A/2c Maurice Cote, son of Mr. and Mrs. Aristide Cote of Terrebonne.

Tom Hanson and Edwin Nelson, both of Oklee, won door prizes at a farm welding clinic sponsored here Monday by Rolandson Chevrolet-Implement Co.

Fifty Years Ago February 23, 1967

Dorothy Plante of Trail,

was the winner of 25 Oklee Bucks in a drawing Saturday in connection with Oklee's February "Go-Go Days."

Mr. and Mrs. Ernest Larson and Dale of Gary, visited at the Knute Flateland home on Sunday.

Mr. and Mrs. Don Gagner and Mr. and Mrs. Dona Rock were surprise guests on Saturday evening at the Dick Reck home in honor of Mrs. Reck's birthday.

Forty Years Ago February 24, 1977

The Oklee Bobcat Wrestling squad finished in a third place tie at the District 30 Wrestling Tournament in Mahanomen and advanced two wrestlers – John Larson and Joe Cyr.

Cindy Handrickson, Gayle Radniecki and Nancy Chaput, all seniors at Oklee High School were notified that they have been accepted to enroll as freshmen next fall at Moorhead State University.

Gene Arveson will return home Sunday evening. He took a plan out to Lindale, Washington, and he spent a week with his brother Dale.

Thirty Years Ago February 25, 1987

Adolph Peterson celebrated his 69th birthday Wednesday when many friends and relatives came to his home to help him celebrate.

Corey Wilde was overall winner of the youth division and first place winner in the color photo portion of the youth

contest in the 1987 Valley Farmer Photography contest conducted at the Winter Shows in Crookston.

All elementary teachers were given the opportunity to apply for a new position of Elementary Coordinator and Jane Kolstoe was selected for the position.

Twenty Years Ago February 26, 1997

Seniors Brett Bishop and Nate Lundeen and Junior TJ Larson won the right to continue their wrestling at the Wrestling AA State Tournament in St. Paul.

John Hagen of rural Plummer had a great time on Friday when some of his buddies got together to help celebrate John's 14th birthday.

Jeff and Brenda Hamm of Roseau are proud parents of a baby girl, born February 5th. She is named Jenna LaRae.

Ten Years Ago February 22, 2007

County board met and first order of business was to open bids for the Larson home which is slide buyout home.

The Plummer Snowmobile Club held their annual Safari last Saturday.

Rick Koivisto was honored on Tuesday for his 400th win as RLCC's coach.

RLCC Juniors Pascale Mosloff and Betsy Hagen received red ribbons for Due at the Speech meet held in Fosston.

Senior Site News and Other Things

By Volunteer Iona Berry

I am typing this report on a dreary, foggy and rainy morning.

We had a Valentine Party at the stie last Thursday and everyone had a really fun time. We had Bingo first, followed by several games. Sue provided some games for us to play. There were very humorous games and everyone had fun trying to answer them. This was followed by a delicious lunch of chocolate chip cookies and ice cream.

Last week was a sad week with two of our resident's funerals. One was on Friday for Maryann Lessard. She had been living at the Greenleaf Nursing Home in Thief River

Falls. She had been very active in things at the Senior Site when she lived here.

The other funeral was for Alvin Jensen who had been living in a nursing home in Detroit Lakes. His funeral was on Saturday. All of his children were present. He had been very active in our City previously. I enjoyed visiting with people who I see rarely at both of these funerals. Sympathy is extended to both of the families.

Dates to Remember

March 7: 5 p.m. Evening Meal at Cafe.

March 16: 10 a.m. Senior Site Council meeting.

March 17: Birthday Meal.

Words of Wisdom

Seldom should you eat alone. There's someone who would love to share this time with you.

Never leave home without a pencil.

Joke Time

He was escorting his wife to a concert and they arrived late. "What are they playing?" he whispered to his neighbor. "The Fifth Symphony", replied the man.

"Well, thank goodness," sighed the husband, "I've missed four of them anyway."

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

The fine warm temperatures have really freed up a lot of ice and snow in the area. The roads are losing their hard pack and some have even gotten really soft. The snowmobile trails have ground down to dirt now so that sport will have to wait for more of the white stuff to fall.

I heard of a guy who went to Four Town to have breakfast. He blew the belt on his machine and had to walk 18 miles to safety. He had no plone service out in the woods, no towers out there, and slept in a bombadiere overnight. When he got to a road he flagged down a car and they were late for work so wouldn't help him. He finally was able to get the phone to work, and called for help. He is lucky, but an 18 mile hike is not too much fun. Always carry an extra plug and belt when setting out for a long ride.

Barb Novak went to the funeral of MaryAnn Lessard and visited with an old neighbor since moved away. Barb Guzek and her daughter Becky Guzek caught up with the old times.

It seems that Diane Gagner

has been under the weather with the flu which has been going around a lot these days. Get well quickly Diane.

There are not a lot of people around to get news from as they

Steve Philion Recognition Night February 24 at C-G High School

Coach Steve Philion, was inducted into the MN Boys Basketball Coaches Hall of Fame last November.

Former players, students and colleagues are planning a brief recognition for Coach Philion on Friday, February 24th, at the home game where the Clearbrook-Gonvick Bears host his Red Lake County Rebels.

This will recognize Coach Philion for his Hall of Fame honor and also be a thank you from our schools and communities for the time he spent teaching and coaching for the Gonvick Bulldogs and Clearbrook-Gonvick Bears.

We hope to see many relatives, fellow coaches, former students, players, colleagues and community members at the game. The JV game will begin

all went south for the winter and we are enjoying wonderful temperatures here. The world has turned upside down.

Hope you have a great week.

Red Lake County Extension Educator

Curtis W. Nyegaard - 218-253-2895

Ready For Calving Season?

"Take Care of the Cows and They Will Take Care of You" - that's an old slogan among ranchers and farmers; it means the cows will do the work for you: calving, breeding back and bring home a big calf in the fall. That only works if you take care of them the rest of the year.

So, are your cows prepped and ready for calving? If in doubt, grab your sleeping bag and bed down with the cows for the night. Don't bring a pillow or snacks; keep your socks on your feet. If the morning brings a refreshing new day and you are anxious for breakfast, welcome to the cattle business" says Kris Ringwall NDSU Extension Beef Specialist. If, instead your bones ache and the thought of food disgusts you, get some help, not for yourself but for your cows and the calves to be born.

Healthy cows are the key to a good calving season, which has already started for some producers but looms fresh on the horizon for most cow calf operators. Sleeping with the cows may not be the total answer, but in reality, one gets a good gauge of the mood, the feel, and contentment of the cows. So, are those pregnant cows content? As winter's cold passes and calving approaches, contentment should be prevalent within the cow herd.

A good feeding program directly translates into contentment. A proper, balanced ration and correct supplements developed with a good nutritionist is important. In addition, a caution for feeding lower quality feed as winter wears on: Low quality feed can have a detrimental effect during the late pregnancy and lactation. Adding supplements and making sure the ration includes good quality hay is essential.

A nutritionist can help you balance the total ration and will smile if you are providing 5 to 7 pounds of excellent green grass hay or alfalfa in addition to the basic ration. The cows will be content and happy and they will bed down after feeding without a care. Unfortunately, the better quality hays are not always available, but that only means a trip to the feed dealer. Once the daily feed needs of a cow are met, peace arrives. With a little wind protection, cows can produce ample heat to ward off even the coldest nights.

If you have experienced the pleasure of walking among a herd of very pregnant cows, ewes, or other Livestock, you have a palatable feeling of contentment of well fed critters and a

pleasurable moment. This is the sixth sense of true animal husbandry. One knows the cows and the cows know you. The third trimester has a very large impact on the cows as they approach their due date. Most cows handle pregnancy well and with access to the proper feed, good water and a reasonable space with protection will keep a cow happy. The cow likes a little independence and has no problem marking her space and waiting and waiting for the calf. Those herds are in for a pleasant calving season, especially if the pre-calving vaccinations have been done and no further work is needed to prep the cow.

Soon, the wet struggling calf will arrive with a strong desire to nurse and consume a good amount of colostrum. Once a calf is dry with a full belly of milk, it will survive. But what about cows that are less content? Take a look and see if they are thin, hunched up, and standing in the corner, bellowing, walking or distraught? If so, you need to get to know your veterinarian. Trouble is brewing, including calving issues, poor colostrum, mothering challenges, fatigue and later on, scours, along with associated health problems. Maybe some extra feed is now really worth it.

Furthermore, nothing is more frustrating than to see a premature calf frozen to the ground with no mother in sight. Life goes on, and the site is cleaned up to the best extent possible. That cow will slip back into the herd, hidden by all the increasingly pregnant cows chewing their morning cud.

Abortion, commonly referred to as a slipped calf, is frustrating and can indicate pending problems as well. For every 100 cows, more than likely, one, maybe two, will slip a calf form unpreventable causes, including physical injuries such as walking on ice or genetic issues that prevented full term development. However, any more losses should be an immediate call to the veterinarian to monitor potential causes and provide follow up care for the herd.

The bottom line; producers can recall crisis stories because a crisis always seems to be worth repeating. But producers can avoid the vast majority of crisis issues by preparing cows properly for calving. Well fed cows and no shortcuts, as well as a good relationship with a nutritionist will usually work. Properly implemented herd health programs with a veterinarian's help, will work. Selection for the right cow with the right genetics for the local ranch is essential. Feed well, raise stock with adapted genetics and maintaining an excellent herd health program will always produce good results with healthy calves.

There are no shortcuts because cows have requirements. Management means meeting all the requirements in a cost effective manner. Are your cows content? If they are, the results will be evident when the calves are brought in off of pasture in the fall.

For more information or to ask a question; contact Kris Ringwall, NDSU Extension Beef Specialist by email at kris.ringwall@ndsu.edu. Source: Kris Ringwall, NDSU Extension Beef Specialist.

STORY TO SHARE!

If you have a story or photos you want to share, please send to: okleeherald@gmail.com



The RLCC Mustang Girls Basketball team being introduced at the Gonvick-Clearbrook game last week.

Plummer News

By Alice Jobe 218-465-4402

Dave and Patty Glennon and children of Casselton, ND, came for a weekend visit to Mike and Sandy Greenwald's.

Saturday, the 11th, the Plummer Snowmobile Club had their safari with 76 snowmobiles. They went on a 40 miles scenic ride. There was a prize of a guess on how many sleds and an egg carrying contest with 3 winners – 80% payback in cash prizes and door prizes later at the Legion. Also there was a live auction and a Taco Bar at 5:30 p.m. They had a wonderful day and good snow to go on.

Roger Gallant and Wayne Guillemette went to Lake of the Woods fishing the previous Friday and came back Saturday evening.

Jim DuChamp celebrated his 65th birthday on Monday, the 13th.

Alice Jobe went to the school on Monday to talk to the kids about "Respect for the Flag." She talked to k-6th grade for a total of 12 talks.

On Wednesday, the 15th, the Red Hats got together at the Cozy for dinner. Vi Bruggeman and Elinor Olson joined the ladies so there were nine in all. The special was roast beef dinner and broasted chicken dinner. Dessert was angel food cake, whipped cream and cherries. Alice won the quarter pot. There also were three drawings (door prizes). They went to Anna DeHate, Anne Traxler and Mary Shindler

ON Wednesday, Loretta Hesse, Peggy Hesse, Jolayne Simpson, Alice Jobe, Jean Carpenter, and Bunny DuChamp went to Oakland Park to see Jean Matt and Fern Eskeli. They had a short Auxiliary business meeting and then Jolayne Simpson, Treasurer, presented plaques to Jean Matt for 70 years of membership and service, Bunny DuChamp, 70 years and Jean Carpenter for 65 years. The ladies enjoyed visiting and Peggy Hesse had brought bars and coffee served to everyone. The ladies had a great time.

I'm happy there is still snow to ski on. I went five times in nine days. The weather has been wonderful!



Jean Carpenter (65 years), Jean Matt (70 years) and Bunny DuChamp (70 years) with the certificates they received for their many years of service to the Americal Legion Auxiliary. Photo submitted.

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