

Oklee Precipitation
By Einar Kvasager

	Rain	Snow
Jan. 25	Trace	Trace
Jan. 26		0.50
Jan. 27		Trace
Jan. 28	Trace	Trace
Total in.	0.00	0.50

Vol. 104, Number 23

Oklee Herald

...AND CONTINUING THE PLUMMER PIONEER

OKLEE (RED LAKE COUNTY) MINN. 56742

www.TriCoCanary.com

Wednesday, February 3, 2016

Calendar of Events

Wed, Feb. 3:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. – Bridge.
-7:00 p.m. Bingo at Plummer Legion.
Thu, Feb. 4:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 12:30 p.m. – Bingo.
Fri, Feb. 5:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Feb. 6:
-Support your local business – Shop Locally!
Sun, Feb. 7:
-Worship at the church of your choice.
Mon, Feb. 8:
-LSS Sr. Meals 11:30 a.m.
Tue, Feb. 9:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. – Cards
Wed, Feb. 10:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. – Bridge.
-7:00 p.m. Bingo at Plummer Legion.
Thu, Feb. 11:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 12:30 p.m. – Bingo.
Fri, Feb. 12:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Feb. 13:
-Support your local business – Shop Locally!
Sun, Feb. 14:
-Worship at the church of your choice.
Mon, Feb. 15:
-LSS Sr. Meals 11:30 a.m.
Tue, Feb. 16:
-Senior Site Activity: 1:30 p.m. – Cards.
-LSS Sr. Meals 5:00 p.m.
Wed, Feb. 17:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. – Bridge.
-7:00 p.m. Bingo at Plummer Legion.
Thu, Feb. 18:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 12:30 p.m. – Bingo.
Fri, Feb. 19:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Feb. 20:
-Support your local business – Shop Locally!
Sun, Feb. 21:
-Worship at the church of your choice.

County Attorney filed an appeal for higher wages

On January 26, the Red Lake County Board of Commissioners met. All commissioners were present. Angie Lundeen, from HR, asked to be added to the agenda, which was approved.

Matt Anderson from Red Lake County SWCD was at the meeting instead of Tanya Hanson, to get the 2015 County Feedlot report signed showing approval.

Kristi Nelson from Social Services needed a motion to accept a Community Support Services Program (CSP) grant which was awarded in the amount of \$64,397. It was approved by a vote. Nelson also needed a resolution to enter into an agreement for access to Minnesota Court Data Services for governmental agencies for Social Services. The resolution was approved by a vote.

The minutes from the last meeting were approved by a motion from John Lerohl and seconded by Chuck Flage.

County Treasurer, Nick Knott came before the board with an update on the investments the county has and also needed the new chairman to sign the signature card.

Expenditures were with a roll call vote and all in favor of paying the bills.

Committee Reports were given beginning with Ron Weiss who reported on the Quinn Board. Items discussed were a SHIP update, election of officers, employee handbook, wage increases and setting of the budget.

Commissioner Chuck Flage reported that SWCD has received another grant and the same officers are in place. Also that the SWCD legal bank & paper are Unity Bank and the Oklee Herald. The offices are also expanding in size, as Representative Peterson will no longer have an office in the Wheat Growers building in RLF's.

Commissioner Dave Sorensen reported on the Tri County Corrections Center (TCCC) meeting he attended. Paid per diem for housing inmates from other counties is down, and there were 11 new admits from Red Lake County for the month of December. There is also a new food provider for TCCC.

Commissioner Lerohl reported on the NWRDC meeting he attended. Cost allocation plan was approved along with other reorganization items needed at the beginning of the year.

Lerohl also had meetings with the Housing Rehabilitation

Authority and reported that the Foxtail apartments will be sold to the College in TRF instead of the firm from Alexandria. The HRA is looking for an apartment project for the rehab funds.

ICCC also held a meeting that Lerohl attended and Catherine Johnson, the director, is now the head of a state program. Their audit is complete and it was good.

Commissioner Chuck Simpson had a meeting with the Red Lake County Economic Development Association and there were 18 loans with more monies available for other loans, a resignation of a board member, and an appointment of Shirley Brasier to replace another member. One more new member is needed for the board from Flage's area.

One more board member is needed for Inter County Nursing and Sorensen will have a name at the next meeting.

Attorney Michael T. Rengel, representing the commissioners, was present with comparative information and a resolution to consider regarding the County Attorney's 2016 wages.

At the December 22nd meeting, the commissioners approved the elected officials salaries, budget, levy and COLA increases for other employees. At the end of the December 22nd meeting, County Attorney Mike Lacoursiere, asked if the board was acting on his request for an increase on his wages and Sorensen said the board would act on it in early 2016 and make the increase retroactive, as they did not have a full board on the December 22nd meeting and wanted to wait until all members were present.

Lacoursiere filed a notice of appeal on January 5th which was served on the commissioners via the Clerks office by the Red Lake County Sheriff's Dept.

The Commissioners asked Attorney Rengel for legal advice and he presented information on the counties wages for attorney's based on size and proximity, years of experience, etc. After discussion by the commissioners, Ron Wiess made a motion to increase Lacoursiere's wages to \$80,500 from \$76,710 that was set for 2016, and would also keep his budget the same with this increase. The motion was seconded by Lerohl, roll call vote taken, 3 in favor, one nay from Sorensen. The decision to accept or not accept the offer is in the County Attorney hands.

5th Annual Fireman's Blizzard Bonanza

Can you believe it, it is already time for the 5th annual Fireman's Blizzard Bonanza at the Oklee Hall on February 20th.

The fun begins at 5:30 when everyone begins to gather at the Oklee Community Hall were a Silent Auction will be set up with numerous items to bid on. There will be meat raffles again so get ready to bring home the bacon...etc. At 6:00 p.m. the delicious pulled pork meal will be served. TJ's Tavern will once again be set up in the Oklee Hall for the evening.

Entertainment will be by Tim Eggebraaten and he will be hosting a new event for the night, "The Newlywed Game" which sounds like it could be lots of fun, whether you are participating or watching.

Quilt N' Craft Day

Quilt N' Craft Day will be held on February 20th at Oklee Quilting in their new Craft room. We will be incorporating a Project Linus sewing day. 9am-3pm. You may still bring your own projects to work on, or work on Project Linus. OR...if you don't sew, there is always tying of the quilts!

If you have a quilt you have already made and would like to donate to Project Linus please bring in to Oklee Quilting. Fabric and batting donations are welcome also.

With chapters in all 50 states, Project Linus continues to grow. Blankets are collected locally and distributed to children in hospitals, shelters, social service agencies,

Throughout the night the raffles will be held, but the big prizes will be drawn from the tickets sold for this event. Prizes are: 1st place: A Zipple Bay fishing trip for 2 people for 2 days. The 2nd place prize is a Girls Getaway. And don't forget the 3rd place prize, a Savage Axis 22-25 Bolt Heavy Barrel rifle.

If you haven't purchased your tickets yet for this fun night, find a fireman from Oklee and ask to purchase your chance at one of those wonderful prizes. Tickets are also on sale at the Oklee Cenex C-Store.

Mark your calendar: February 20th – food – fun – entertainment – prizes. What more could you ask for?

or anywhere that a child might be in need of a hug. Our volunteers, known as "blanketeers," provide new, handmade, washable blankets to be given as gifts to seriously ill and traumatized children, ages 0-18.

It is Project Linus' policy to accept blankets of all sizes, depending on local chapter needs. All blanket styles are welcome, including quilts, tied comforters, fleece blankets, crocheted or knitted afghans, and receiving blankets in child-friendly colors. Always remember that blankets must be homemade, washable, free of pins, and come from smoke-free environments due to allergy reasons.

Rebels Basketball Parents Night



Rebels Parents Night junior basketball players: Dylan Olsen, Talon Porter, Brandon Lee, Makay Berns, and their parents: Chris and Beth Olsen, Kristi Nelson, Jack and Tracy Lee, and Gin Berns.



RLC sophomores and parents at the Rebels Parents Night: Ethan Vettleson, son of Paula Peterson (not pictured), Shane and Amanda Vettleson; Jordan Johnson, son of Eric and Kandee Johnson; Johnathan Renner, son of Jeff and Nyssa Renner; and Matt Vettleson, son of Chris and Alan Vettleson. *More photos on page 4.*

The Year in Review...

July 1, 2015: On June 20th, many people from the three communities came together at the Oklee

Community Hall to honor three of Oklee's Best. Mike Dessellier, Deeann Eskeli, and Doug Rhoades who recently retired from the Oklee Ambulance Service. Combined the 3 of them have over 78 years with the Oklee Ambulance... Milo Sandeen Turns 80 and Co-Workers helped him celebrate Milo had a special day last week when his co-workers at CHS decided to help him celebrate his 80th birthday.

July 8, 2015: One of the events at the Red Lake County Fair on Sunday was The Mary Hall Nostalgic Novelty Show. Mary travels the mid-west singing in nightclubs during the 1970's...On Saturday the Flemming Fold Family played at the fair in Oklee. They are a versatile family music group from Southern Minnesota... The Red Lake County 4-H Leader's Council presented a \$100 scholarship to Brittney Bray. Children who won in the Mini-Tractor Pull and 4-H grand and reserve ribbon winners were pictured in the paper.

July 15, 2015: The weather was perfect for a 4th of July celebration in Plummer... Joyce Tougas and daughter Diane Bladow were cooking when smoke set off alarms. They went to cancel the alarms, and when they turned around, a fire had started in the frying pan. No one was hurt, but the house was a total loss... Red Lake County Fair's 5k run/walk winners were Chris Longtin, Don Hagen, Tyrell Hamrum, Mindy Juhl, Aurimy Olson, and Becky Opatz... The Grand Marshalls of the Plummer 4th of July parade were Bunny DuChamp and Clayton Larson.

July 22, 2015: The Delage family had run the business for many years, had a good clientele and were ready for retirement, so it was a win/win for both parties when Carol Connell recently purchased the Cozy Bar & Grill in Brooks... Myron

Jesme and Orville Knott visited with the Red Lake County Board of Commissioners and reported on the work the Red Lake Watershed District have been working on, which was highlighted in the 2014 Annual report.

July 29, 2015: July 18 was Gully Day and had three competitive events with North of Gully vs South of Gully. The first event was the Knowledge Bowl possibly having the ten smartest humans ever assembled on the Gully stage. The north basically pummeled the south.

August 5, 2015: Sheriff Mitch Bernstein asked for permission to hire a full time deputy since it would not change the budget for this year. Red Lake County Sheriff's Department has lost 3 deputies to TRF Police Department. Bernstein also requested an On-Call policy because no one is being compensated at this time and it is necessary with the limited personnel... Contestants in the Junior Miss Summerfest Pageant held in Red Lake Falls were, from left, Emma Knott, Jasmyn Rud, winner Josie Johnson, runner-up Brynn Olson, Marin Peterson, and Ava Budish.

August 12, 2015: Ready - Set - Go! The Oklee Market Day started off with Paul 5K Run/ Walk on a beautiful Saturday morning, August 8th...The Plowing Demonstration was a popular place for the family to see and experience what it was like to farm in the good old days...The Red Lake County Sheriff's Office has been receiving a large number of reports from citizens claiming to have received calls from the IRS telling them they are behind on their tax payments and they are directed to call another phone number to get this matter resolved. The RLC Sheriff's Office wants everyone to know that this is a SCAM... Oklee Herald Intern was Nikki Schmitz.

August 19, 2015: On August 26th, the new Brooks Travel Plaza will be holding a Grand

Opening. The Brooks Travel Plaza opened on December 1st at the junction of State Highway 59 & 92. The Brooks Travel Plaza was built where Third Base stood for many years, serving the community... On August 5th, volunteers for Senior Citizen programs in NW Minnesota gathered for the annual RSVP Banquet with 200 plus volunteers gathered at University of Minnesota Crookston for the 2015 Volunteer Appreciation Banquet. The theme of the program was based on the movie 'Wizard of Oz.'

August 26, 2015: "Red Lake County Worst County in the USA to live in?" hit the news nationwide and caused quite a stir in Red Lake County...On the evening of August 18th, the phone rang in homes and informed the residents of Red Lake County that the rail road crossings in Brooks would be closed for a couple of hours. That meant that the sirens, heard in Oklee around 7 p.m. must have been an accident in Brooks and involved a train, luckily no one was hurt.

September 2, 2015: County Engineer Korky Kleven also reported to the Commissioners that Highway 59 north of Brooks is closed for a bridge repair... Over 400 meals were served at the Grand Opening celebration at Brooks Travel Plaza...All of the Red Lake County Cenex stations, Oklee, Brooks, Red Lake Falls, and McIntosh held customer appreciation days. The crew from the Oklee Cenex served a meal of BBQ, potato salad, beans, chips, beverage and ice cream to approx. 200 persons.

September 9, 2015: On Wednesday, September 2nd, Oklee Lutheran Parish held a campfire service at the Oklee North Park with the purpose of Blessing the children's backpacks before school started...It was a pretty exciting time for Red Lake County since the Washington Post ran a story written by Christopher Ingraham using data from a USDA study on

Year in Review
Continued to page 2...



Oklee Herald papers available at many locations and online

Oklee: D & R Grocery, Cenex C-Store, Oklee Herald office.

Brooks: Brooks Travel Center.

Plummer: Plummer Coop Creamery.

Red Lake Falls: Eagle Square.

Gully: Gully Tri-Coop.

And Online! Go to www.TriCoCanary.com

Tri-Valley Public Transportation

To reserve a seat, please call by 3:00 p.m. the day before - 1-800-951-9363. All routes will arrive approximately between 10 and 11 a.m. at the destination. All routes need at least five persons signed up.

Thu, Jan. 28: Bemidji – Thief River, Red Lake Falls, Plummer, Oklee/Brooks, Trail/ Gully, Fosston.

Wed, Feb. 3: Thief River Falls/Seven Clans Casino – Crookston., Fertile, Winger, Erskine, Brooks.

Church news

OKLEE LUTHERAN PARISH

Zion and Salem
Pastor Margaret Jacobus

Wed, Feb. 3: 4:00 p.m.
First Communion. 6:30 p.m.
Confirmation.

Sun, Feb. 7: 9:00 a.m.
Zion. 9:00 a.m. SS at Salem.
10:15 a.m. SS at Zion. 10:30 a.m. Salem.

Mon, Feb. 8: 9:00 a.m.
Quilting at Zion. 7:00 p.m. Zion
Board meeting.

Tue, Feb. 9: 7:00 p.m.
Salem Board meeting.

Wed, Feb. 10: 7:30 p.m. Ash
Wednesday Service at Salem.

ST. FRANCIS XAVIER PARISH

OKLEE
Fr. Adam Hamness
Sun, Feb. 7: 7:30 a.m. Mass.
Confessions 8:00 a.m. Mass.

BROOKS - RED LAKE FALLS

CATHOLIC PARISH
Fr. Bill DeCrans
Sat, Feb. 6: 5:30 p.m. Mass
at St. Joseph - RLF
Sun, Feb. 7: 8:00 a.m. Mass
at St. Joseph - Brooks. 10:00 a.m. Mass at St. Joseph - RLF.

IMMANUEL-EBENEZER LUTHERAN PARISH

ELCA
Pastor Jonathan Dodson
Sun, Feb. 7: 9:00 a.m.
Worship at Immanuel. 10:15 a.m. SS Immanuel. 10:30 a.m.
Worship at Ebenezer.
Wed, Feb. 10: 7:00 p.m. Ash
Wednesday Service at Ebenezer.

GOODRIDGE AREA LUTHERAN PARISH

ELCA
Bethany-Ekelund-Faith
Interim Pastor Phil Johnson
Wed, Feb. 3: Release Time.
Sun, Feb. 7: 8:30 a.m. Bethany;
9:45 a.m. SS. 9:45 a.m. Faith;
11:00 a.m. SS. 11:00 a.m. Ekelund;
9:45 a.m. SS. Ekelund Annual Meeting.
Mon, Feb. 8: 9:30 a.m. Faith
Quilting.
Tue, Feb. 9: 6:30 p.m. Shalom
Circle.
Wed, Feb. 10: Release Time.
6:30 p.m. Supper at Ekelund.
7:00 p.m. Lent Service Ekelund.

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Centennial Recipe Corner

Scallops In Mushrooms

Eileen Erlandson

1/4 cup (1/2) stick butter
1/2 lb fresh mushrooms, thinly sliced
2 garlic cloves, minced
1 (10-1/2 oz) can condensed chicken broth
1 medium head broccoli, cut into small florets
1/2 small red bell pepper, diced
1-1/2 lb bay scallops
3 Tbsp cornstarch
2 tsp soy sauce

In a large skillet, melt butter over high heat. Add mushrooms and garlic and sauté 2 to 3 minutes. Reserve 1/4 cup chicken broth, add broccoli, bell pepper and remaining chicken broth to skillet, mix well. Reduce heat to medium and cook 4 to 5 minutes or until broccoli is tender crisp. Add scallops and cook 1 to 2 minutes or until scallops are firm and white. In a small bowl, combine cornstarch, soy sauce and reserved chicken broth until smooth. Stir into skillet and cook 1 minute or until thickened. Serve immediately 6 to 8 servings.

CLEARWATER LUTHERAN PARISH

Mt. Olive - Nazareth
Oak Park - St. Petri
Pastor Jeff Merseeth
Wed, Feb. 3: 5:00 p.m. Wednesday School/
Confirmation.

Sat, Feb. 6: 9:00 a.m.
Mt. Olive. 10:15 a.m. SS/
Confirmation.

Sun, Feb. 7: 8:00 a.m.
St. Petri. 9:15 a.m. St. Petri
SS. 8:30 a.m. Nazareth SS.
9:00 a.m. Brunch. 9:45 a.m.
Nazareth. 9:45 a.m. Oak Park
SS. 11:00 a.m. Oak Park.

Tue, Feb. 9: 5:00 p.m. Mt.
Olive Lent Service. 5:30 Bible
Study.

Wed, Feb. 10: 5:00 p.m. Wednesday School/
Confirmation. Nazareth: 6:00 p.m.
Soup/Sandwich supper. 7:00 p.m.
Lent Service. 7:30 p.m. Bible Study.

Thu, Feb. 11: 7:00 p.m. St.
Petri Lent Service. 7:30 p.m. Bible
Study.

NEW JOURNEY CHURCH

Josiah Hoagland,
Pastor
Tyler Stynberg,
Youth Pastor
www.newjourneyfosston.com

Wed, Feb. 3: 6:30 p.m. AWANA.
6:30 p.m. Youth Group.

Thu, Feb. 4: 12:00 p.m. Rotary
meeting.

Fri, Feb. 5: 8:00 a.m. Friday
School.

Sun, Feb. 7: 9:30 a.m. Worship.
10:45 a.m. Sunday School.

Tue, Feb. 8: 9:30 a.m. Ladies
Bible Study. 10:30 a.m. Quilting.

Wed, Feb. 10: ?????

GULLY-TRAIL PARISH

Bethany * Lund
Sand Valley
Dawn Hanson,
Lay Minister
Sun, Feb. 7: 9:00 a.m. Lund.
10:30 a.m. Sand Valley.

Wed, Feb. 10: 7:00 p.m. Ash
Wednesday Service at Lund.

BETHEL ASSEMBLY

Fosston
Jon Marx, Lead Pastor
Seth Johnson,
Assist. Pastor
Sun, Feb. 7: 9:30 a.m. Sunday
School 10:30 a.m. Worship.

Skating Rink in Oklee now open

The Skating Rink in Oklee is open Monday through Friday 3:30-8:00 p.m., Saturday around 9:00 a.m. to 8:00 p.m., and Sunday noon to 8:00 pm. Closed during home events at the school.

Valentines Supper & Game Night

Saturday, February 13th



Smear

Blackjack

Board Games

Spaghetti Supper served from 5:30-7:00

Games starting at 7:00

Cost: \$10

TJ's Tavern will have a bar set up to purchase drinks

Fundraiser sponsored by Oklee Market Day

O45-46C

Wic Schedule

The WIC Supplemental Nutrition Education Program (WIC) is being held the month of February 2016.

Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. We are very interested in enrolling pregnant women in the program. Therefore, it is important to apply for WIC early in your pregnancy. We need no proof of pregnancy.

All potential clients must contact the WIC Program to schedule an appointment.

The following is the schedule
Thu, Feb. 4: Red Lake Falls-Community Center

Feb. 8 to Feb. 12: TRF Redeemer Lutheran Church
Thu, Feb. 18: Grygla - Grace Lutheran Church (note location change)

For further information concerning the WIC program, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.

Oklee Senior Site Dining

February 8 - 12

Call 796-5666 to order a meal.

If you are over the age of 60 and would like to eat with other seniors at the Senior Site, please call the Café at 796-5666 to reserve your meal. A \$4.00 per meal donation is suggested.

Monday: Hamburger patty, hash browns, vegetable, dessert, and milk.

Tuesday: BBQ ribs, American fries, vegetables, dessert and milk.

Wednesday: Fish, hash browns, vegetables, toast, dessert and milk.

Thursday: Pork, mashed potatoes, gravy, vegetables, dessert and milk.

Friday: Shrimp, ½ baked potato, vegetables, toast, dessert and milk.

Annual 4-H Fruit Fundraiser

The Red Lake County 4-H Families are holding their annual fruit sales (apples, oranges, pears, grapefruit, and pineapple). The fruit can be purchased as a half box, full box, mixed box, or a gift box. Also, included in this fundraiser are the smokey snack sticks, beef sticks, and string cheese.

The 4-H Youth Development Program helps kids see their potential through: Learning by doing; practicing leadership projects on gardening, animals, photography, and much more; positive out-of-school time, science and arts enrichment, service to communities...and LOTS OF FUN!

Support your local 4-H Program by contacting a 4-H Family or the Red Lake County Extension Office at 218-253-2897 or 1-800-770-1244. All orders for the fruit fundraiser must be placed by Monday, February 29th.

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Statepoint Crossword Theme: Valentine's Day

ACROSS

- Often follows "taken"
- Common inquiries
- Tibetan monk
- Shakira's soccer-playing partner Gerard
- Down Under bird
- Female fox
- Greyish brown
- *Romantic destination
- Unable to move
- *Valentine and the like
- *a.k.a ____ Awareness Day to some
- Found on grass some mornings
- *Lover of Aeneas
- *Special celebratory drink
- Preakness, e.g.
- Release of gas
- Baker's baker
- "In the ____" by Village People
- Sound of battle
- "Nana" novelist
- West African storyteller
- ____-do-well
- *Keep nuptials a secret
- Alternative to truth
- German mister
- Nine voices, pl.
- Seaside bird
- Chester White's home
- Lack of clarity
- Workout unit
- *Woo
- *Popular Valentine shapes
- Defendant's excuse
- Cook's leaf
- Torn down
- Imitate
- Grave acronym
- Treeless plain
- *Chaucer or Poe
- Sierra Nevada, e.g.
- An end zone is 10 of these

DOWN

- Address abbreviation
- Objectivity preventer
- Greenish blue
- *Expert archer?
- More keen
- Come clean, with "up"

- Unit of electric current
- To some degree
- End of "traveling"
- Figure skating jump
- Mother in Provence
- "Hardworking" insects
- Relating to wine
- Nasality in speech
- *Words of commitment
- Stray from the accepted
- *Rose amount
- Convex molding
- Cantaloupe, e.g.
- *Form of greeting
- Hyperbolic tangent in math

- Songs sung by three or more voices
- Deflect
- *"Love means never having to say you're ____"
- Back of neck
- Bygone era
- To the point
- Like Thai cuisine, e.g.
- Cul de ____
- Just about
- Monochromatic equid
- ____-____-la
- Freeway exit
- Hodgepodge
- Play charades
- Slightly
- Hoopla
- Russian autocrat
- *Seal with a kiss and do this
- Be ill or unwell
- ____ and don'ts"

Solution: Super Bowl

OP	AL	S		H	I	P		C	L	A	P	
R	E	S	E	T	E	M	U		Y	O	U	R
C	L	I	V	E		A	P	R	E	E	R	I
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CROSSWORD

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69						70				71			
72						73				74			

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sandwiches before you start making your car.

Thursday, February 25: "Family Fun Night" in Oklee at 6:00-7:00 p.m. for 0-5 years olds. Come and enjoy soup and sandwiches and then create a jar of love by filling it with either chili or muffin dry mix to take home. Try out other fun activities in the classroom with hearts and valentines.

Thursday, February 18: "Nascar Night" in Plummer at 6:00-7:00 p.m. for ages 0-5. Bring a large box, if you have one, or ECFE will provide some too. Come decorate and create your Nascar with a cardboard box, lots of markers, yarn, paper plates, etc., and then test drive it in the hallway. Also enjoy some soup and

Red Lake Falls Library News

Northwest Regional Library has recently undergone software changes to both the branch circulation and online web catalog. Most of the changes have gone smoothly, but if anyone has experienced difficulty accessing accounts or receiving notices, please contact the branch with details of the issue. The Overdrive, or digital books, database has also recently launched its upgraded website, so some changes may be noticed there as well. Thank you to all our NWRL patrons who have been cooperative and understanding while these upgrades have been made over the past 3

months, and particularly for remembering to bring library cards (or numbers) along when checking out materials.

Winners of coffee mugs this week during the ongoing "Hot Reads for Cold Nights" program are Shirley Hanson and Terry Weiss.

New adult fiction includes several books-made-movies titles: "The Revenant" by Michael Punke, and Star Wars' "The Force Awakens" by Alan Dean Foster. Other new fiction: "The Eterna Files" by Leanna Renee Hieber, "The Little Parish Bookshop" by Nina George, and "Your Brother's Blood" by David Towsey.

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MUSTANG STAMPED

RLCC Menus

February 8 - 12

Oklee

Mon: Breakfast: Biscuit with egg, cheese & sausage, cereal, fruit, juice & milk. **Lunch:** Pulled pork, baked beans, fruit, and milk.

Tue: Breakfast: French toast sticks, cereal, fruit, juice & milk. **Lunch:** Chicken strips, rice pilaf, vegetables, fruit, and milk.

Wed: Breakfast: Toast, cereal, fruit, juice & milk. **Lunch:** Fish patty, mashed potatoes w/butter, vegetables, fruit, and milk.

Thu: Breakfast: Egg wraps, cereal, fruit, juice & milk. **Lunch:** Chicken fajita, refried beans, Spanish rice, vegetables, fruit, and milk. **Fri: No School.**

Plummer

Mon: Breakfast: Danish, cereal, fruit, juice & milk. **Lunch:** Chili, crackers, sliced cheese, salad, carrot dippers, PB bread, fruit, and milk.

Tue: Breakfast: Scrambled pizza, cereal, fruit, juice & milk. **Lunch:** Cheeseburger hotdish, corn, bread, fruit, pudding, and milk.

Wed: Breakfast: Scrambled eggs, cereal, fruit, juice & milk. **Lunch:** Cheese-garlic French bread, salad, broccoli & cauliflower, apple, honey grahams, and milk.

Thu: Breakfast: Cinnamon rolls, cereal, fruit, juice & milk. **Lunch:** Diced chicken & gravy, mashed potatoes, peas & carrots, dinner roll, fruit, and milk.

Fri: No School.

Sports Schedules

RLC Rebels

Boy Basketball

Fri, Feb. 5: Warren-Alverado-Oslo at Warren 5:00 p.m.

Thu, Feb. 11: Clearbrook-Gonvick at Clearbrook 2:30 & 4:30 p.m.

Sat, Feb. 13: Super Saturday at Northand CC TBD.

Tue, Feb. 16: Northern Freeze at Plummer 5:00 p.m.

Thu, Feb. 18: Mahnomen at Red Lake Falls, 6:00 p.m.

Tue, Feb. 23: Section 8A Pig Take High Seed TBD.

Thu, Feb. 25: Section 8A Play in Game TBD TBD.

RLCC Mustang

Wrestling

Mon, Feb. 8: Fosston-Bagley at Fosston 6:30 p.m.

Girls Basketball

Thu, Jan. 28: Cass Lake at Cass Lake 6:00 p.m.

Tue, Feb. 2: Fertile-Beltrami at Plummer 6:00 p.m.

Thu, Feb. 4: Red Lake Falls at Plummer 6:00 p.m.

Sat, Feb. 6: Lake of the Woods at Oklee 1:00 p.m.

Mon, Feb. 8: KCCC at Plummer 6:00 p.m.

Thu, Feb. 11: Clearbrook-Gonvick at Clearbrook 1:00 pm. & 4:30 p.m.

Fri, Feb. 12: Sacred Heart at Plummer 6:00 p.m.

Fri, Feb. 19: Grygla-Goodridge at Oklee 6:00 p.m.

First Knowledge

Bowl Meet

By Ana Almeida

The Red Lake County Central's Senior High Knowledge Bowl group attended a meet in Thief River Falls on January 13. The competition involves one written round and four oral rounds.

RLCC had three teams participating. Among the Blue team were 10th graders Katie Olson, Sydney Melby, Nick Pahlen and Seth Paradis and 11th grader and Nick Piersol. The Red team participants were 11th graders Kelsie Sirjord, Angel Auman, Megan Berberich, Deidra Walton, Tera Qualley and Nikki Schmitz.



RLCC choir teacher Mrs. Patty Mickelson and students who competed at the Vocal Solo Contest: (back) Dede Walton, Brandi Jensen, Nick Piersol, Phillip Sorenson, Nick Pahlen, Austin Jensen, Kjersten Walton, and Tera Qualley, (front) Billie Jo Gryskiewicz, Jayden Fore, Natalie Aakhus, Kara Longtin, Sydney Melby, Nick Plante, Holly Vettleson, and Lacey Pendleton.

Vocal Solo Contest Results

By: Katie Pendleton

Sixteen choir students from Red Lake County Central participated in the Vocal Solo Contest. The contest was held Wednesday, January 20 in East Grand Forks.

The students who participated and received a superior rating (35-40 and received medals and certificates) were Kara Longtin, Sydney Melby, Dede

Walton, Kjersten Walton, Holly Vettleson, Natalie Aakhus, and Tera Qualley. Students who also participated and received an excellent rating (28-34 and received certificates) were Lacey Pendleton, Austin Jensen, Phillip Sorenson, Jayden Fore, Billie Jo Gryskiewicz, Nick Pahlen, Nick Plante, Nick Piersol, and Brandi Jensen.

Songs that were sung by students were Lacey

Pendleton (God Help the Outcasts), Austin Jensen (Bare Necessities), Phillip Sorenson (Homeward Bound), Jayden Fore (Reflection - Mulan), Sydney Melby (Music of the Night), Nick Pahlen (Into the Night), Billie Jo Gryskiewicz (In My Own Little Corner), Kara Longtin (Part of Your World), Dede Walton (Empty Chairs and Empty Tables), Natalie Aakhus (All Through

the Night), Nick Plante (Sixteen Going on Seventeen), Nick Piersol (Quella fiamma), Tera Qualley (My Favorite Things), Kjersten Walton ("L'Ora Dell 'addio"), Holly Vettleson (Take These Wings), and Brandi Jensen ('Cross the Wide Missouri).

Choir teacher Mrs. Patty Mickelson commented, "This is the biggest group ever and a lot of thanks to Peggy Miller for accompanying all of the different pieces. Balance

between piano and vocalist is one of the areas in which they are judged. This area always receives high marks. A majority of students saw increased scores from last year. I was extremely proud of how the students did, despite nerves. They did a great job performing and representing this school. They were also considerate members and looked very nice in their dress clothes. Nice effort all around."

One Act Play Cast Presented "Alice" in contest

By: Asia Davis

Red Lake County Central High Schools One Act Play cast has been rehearsing for the competition which was held in Bagley on Saturday, January 30th. The winner then advances to the competition on February 6th in Crookston.

The cast performed a dramatization of Lewis Carroll's "Alice and Wonderland" and "Through the Looking Glass" written by Jerome McDonough. Michael Swenson, the director for the play, says "this version is fun to watch."

Many of the actors and actresses play more than one role in the play. Kjersten Walton plays the role of Carrol/Jane and Cook, Miranda Magnell (Alice), Sydney Melby (Tree, Queen of Hearts, Walrus, and Cook), Kara Longtin (Caterpillar, Dodo, Cheshire Cat, and Croquet Ball), Heather Longtin (Tiger Lily Rose, Baby, and Eaglet), Erin Jones (Mouse and Dormouse, Gardener, and Tree), Jayden Fore (Mad Hatter, Battling Squire, Jury, and Wicket), Jade Person (Queen Mother, Duchess, Tree, and Jury), Natalie Aakhus (March Hare, Fury, Tree, Wickett), Tom Nelson (Tweedle Dum, White Rabbit, and Jabberwock), David Clifton (Violet/Daisy, and Carpenter), and Nick Piersol (Pigeon, Knave of Hearts, and Tweedle Dee.)



The cast of "Alice" play by Jerome McDonough, from left to right, (Back) David Clifton, Sydney Melby, Jayden Fore, Natalie Aakhus, Tom Nelson, (Middle) Nick Piersol, Kjersten Walton, Miranda Magnell, Jade Person, (Front) Heather Longtin, Erin Jones and Kara Longtin. RLCC's play was directed by Mr. Michael Swenson. (submitted photo)



Miranda Magnell, Jade Fore, Kara Longtin, and David Clifton in the dress rehearsal for RLCC's One Act Play.

Eleventh graders Shelby Gunderson and Ana Almeida and 12th graders Michelle Sundquist and Austin Waliser were on the Black team.

Out of 42 teams, the Bemidji Red team placed first followed by Warroad Black in second and Bemidji Blue in third. RLCC's Blue team placed 34, Red team 36 and Black team in 40.

Second Knowledge

Bowl meet

By Ana Almeida

Red Lake County Central Senior High students went to Thief River Falls for the second Knowledge Bowl meet

on Wednesday, January 20. The RLCC team is coached by Mr. Paskvan.

Out of the 42 teams, the team Bemidji blue got first place followed by East Grand Forks in second and Greenbush/ Middle River in third. RLCC participated with two teams, red which placed 34, and black who placed 36.

The students in the RLCC red team included senior Michelle Sundquist and juniors Ashley Longtin, Taylor Bushelle, Ana Almeida and Lynsey Morris. The students in the RLCC black team were all juniors: Kelsie Sirjord, Angel Auman, Shelby Gunderson, Megan Berberich and Nikki Schmitz.

RLCC Mustangs plays W-E-M Patriots

By: Seth Paradis

Red Lake County Central girls played Win-E-Mac in basketball on January 26, 2015 in Oklee. The score after the first half was 57-16, Patriots leading. The final score was 80-29, Patriots with the win.

Scoring for the Mustangs were Ashley Longtin with eight followed by Kat DeHate six, Brandi Jensen five, Taylor Bushelle four, Julia Bernstein four, and Michelle Sundquist with two.

The leader for scoring for the Patriots was Madison McKeever with a whopping 31 points followed by Alayna



RLCC senior Kjersten Walton practicing for the One Act Play "Alice".

Espeseth 20, Kelsey Knutson 11, Mariah McKeever 10, Indiana Nornes five, Tanya Bring two, and Tyra Wilson one.

Rebels beat the Rams

By Ethan Vettleson

Red Lake County Rebels played the Roseau Rams on January 26. The first half was 36 to 26 and the Rebels were up. The final score was the Rebels winning 65 to 43. The Rebels had a total of 43 rebounds and the Rams had a total of 40.

Drake Engelstad led the Rebels with 17 points. Also scoring were Will Duden 14, Austin May 12, Austin Waliser 11, Talon Porter seven, Devin Lambert two, and Marcus Christensen two. Engelstad also had 12 rebounds and May nine.

Jacob LePard had eight points for the Rams followed by Nels Braaten seven, Eric Hoffer seven, Nat Corbit six, Spencer Sabourin six, Noah Pavek five, Scott Nelson two, and Zach Fevold two. Beechestore Stroot had seven rebounds for the Rams.



Freshman Rebels basketball players Brandon Wiskow with parents Darrell and Janet Wiskow, Justin Nemec with parents Toni and Matt Nemec, Conner Lambert with parents Scott and Shannon Lambert, Ben Cardinal with parents Bridget and Chris Cardinal, Dawson Rystad with parents Cindy and Justin Rystad, Austin Jensen with parent Jason Jensen, Preston Altendorf with parents Wade Wallace, Heather Altendorf and Stewart Altendorf, Hunter Pierson with parent Patty Olson, and Adrien Verbout with parents Rozella Eggerud and Michael Verbout at Parents Night.



Senior Rebels Basketball players Drake Engelstad with parents Reed and Nicole Engelstad, Austin Waliser with parents Shane and Amanda Vettleson (and not pictured Jason and Amy Waliser), Wyatt Waldal with parents John and Lori Waldal, Austin May with parents Michelle and Clinton May, Ethan Johnson with parents Eric and Kandee Johnson, Devin Lambert with parents Shannon and Scott Lambert, Marcus Christensen with parents AnnaMae and Anders Christensen and Will Duden with parents Laurie and Perry Duden.



February 8-12 is Bus Driver Appreciation Week. RLCC's Bus drivers Matt Kehn, Gary Chaput, Steve Foldoe, Jim Chaput, Marlan Sorenson, Sue Dudycha, Jarrod Larson, Margie Buer, Kelley Baune, and Dean Hesse recently completed bus driver safety training.

School Bus Driver Appreciation Week

By: Nicholas Plante
Red Lake Country Central schools are celebrating School Bus Driver Appreciation Week. It is the week of February 8-12, 2016. During this week we will be recognizing these RLCC bus drivers: Margie Buer, Gary Chaput, Susan Dudycha, Jarrod Larson, Matt

Kehn, Kelley Baune, Steven Foldoe and Marlan Sorenson. The substitute drivers are Dean Hesse, Barry Rewertz, Jim Chaput and Paul Cyr.
The drivers drive students to school daily and during sports events. Their routes start early in the morning and they return mid-afternoon

to take students back home. While they are driving, they always need to be safe and keep the students safe. The drivers sometimes have to drive through stormy weather conditions, snowy roads, rain, and mud. When there is really bad weather, the bus drivers sometimes have had to return

to the school to bring the kids home if school dismisses early.
Next time you see one of these bus drivers, please show your appreciation and thanks. Students are encouraged to be good on the bus and thank their driver for all they do for your safety.

RLC defeats Clearbrook-Gonvick

By: Nicole Rienteau
January 28 the Red Lake County Rebels played in Oklee against Clearbrook-Gonvick Bears. At half time the score was 48-33, with the Rebels leading. The second half the scoring was close with the Rebels edging out the Bears 41-40. At the end of the game the score was 89-73 with the Rebels winning.

The Rebels and the Bears both made 39% of their shots. The Rebels made 79% of their free throws and the Bears 44%. The Rebels out-rebounded the Bears by 35-20.

The Rebels player Drake Engelstad made 31 total points including 16 of 18 free throws and 10 total rebounds, Will Duden had four steals and 27 total points, Austin Waliser had 15 rebounds and scored 14points, Austin May had eight points, Devin Lambert four, Talon Porter two, Marcus Christensen two, and Justin Nemec one.

The Bears' Tristan Brakke had 20points, Hunter Churness 17, Luke Burgess 11, Sam Lavin 10, Eric Baanrud nine, Trevor Rogstad five and Elliot Dickey one.

Knowledge Bowl's third week in Bemidji

By Ana Almeida
The third week of the Senior High Knowledge Bowl was held in Bemidji on Thursday, January 28. The Red Lake County Central participated with three teams coached by Mr. Bryan Paskvan.

Out of the 27 teams, Fosston Maroon placed first followed by Bemidji Blue and LOW Gold. The RLCC Black team placed 22 and included the juniors Angel Auman, Lynsey Morris and Ana Almeida. The RLCC Red team included the juniors Tera Qualley, Deidra Walton and Shelby Gunderson and placed 24. The RLCC Blue team placed 25 and included junior Mackay Berns and sophomores Jade Person, Kara Longtin and Nick Pahlen.

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February Health Points

Make Blood Pressure Control *Your* Goal

This American HeartMonth, the Centers for Disease Control and Prevention (CDC) and Million Hearts®—a national effort to prevent 1 million heart attacks and strokes in the United States by 2017—are encouraging Americans to know their blood pressure, and if it's high, to make control their goal.

Uncontrolled high blood pressure is a leading cause of heart disease and stroke.

In fact, more than 67 million Americans have high blood pressure. People with high blood pressure are 4 times more likely to die from a stroke and 3 times more likely to die from heart disease, compared to those with normal blood pressure.

High blood pressure often shows no signs or symptoms, which is why having your blood pressure checked regularly is important. It's easy to get your blood pressure checked. You can get screened at your doctor's office, local public health, drugstores or even check it yourself at home, using a home blood pressure monitor.

If you know you have high blood pressure, take these steps to help get it under control:
Ask your doctor what your blood pressure should be. Set a goal to lower your pressure with your doctor and talk about how you can reach your goal. Work with your health care team to make sure you meet that goal. Track

your blood pressure over time. Million Hearts has a free wallet card and other tools to help.

Take your blood pressure medicine as directed. Set a timer on your phone to remember to take your medicine at the same time each day. If you are having trouble taking your medicines on time or paying for your medicines, ask your doctor for help.

Quit smoking—and if you don't smoke, don't start. You can find tips and resources at CDC's Smoking and Tobacco website: www.cdc.gov/tobacco/quit_smoking/index.htm

Reduce sodium intake. Most Americans consume too much sodium, which can raise blood pressure. Read about ways to reduce your sodium and visit the Million Hearts® Healthy Eating & Lifestyle Resource Center for heart-healthy, lower-sodium recipes, meal plans, and helpful articles.

www.cdc.gov/Features/

HeartMonth/index.html
www.millionhearts.hhs.gov/

CDC Issues Zika Travel Alert

Pregnant women in any trimester should consider postponing travel to 22 countries where mosquitos are spreading the Zika virus. Most are located in South and Central America and the Caribbean, but just included are Cape Verde off the coast of Africa and Samoa, in Polynesia, the CDC has announced. The The most common symptoms of Zika virus disease are fever, rash, joint pain, and conjunctivitis (red eyes). The illness is usually mild with symptoms lasting from several days to a week, but viral infection in pregnant women has been associated with microcephaly in infants.

The CDC also advises women who are thinking about becoming pregnant to consult with their physician before traveling to these

areas. There is no vaccine to prevent or medicine to treat Zika. Travelers can protect themselves from this disease by taking steps to prevent mosquito bites. Because the Aedes species mosquitoes that spread Zika virus are found throughout the world, it is likely that outbreaks will spread to new countries.

www.cdc.gov/zika/index.html

Parenting Tips

Button Battery Safety

Inside small devices may be powerful coin-sized batteries. When a child swallows or inserts a button battery in the nose or ears, it can get stuck in the throat or in the nose or ear canal. Saliva triggers an electrical current causing severe burns and tissue damage **within 2 hours**. This results in serious injury that may require surgery, or even the death of a child.

Small children often have easy access to coin-sized batteries and devices that have them, and many parents do not know there is a risk.

Keeping these batteries locked away and secured in devices is key, but if a coin-sized button battery is swallowed, you should follow these steps:

Go to the nearest hospital emergency department

immediately. Tell doctors and nurses that it might be a coin-sized button battery.

If possible, provide the medical team with the identification number found on the battery's pack.

Do not let the child eat or drink until an X-ray can determine if a battery is present.

Do not induce vomiting.
- See more at: www.thebatterycontrolled.co.nz/home

Thinking of Sharpening Skills?

Doyou or someone you know, need a GED, basic computer skills, or to sharpen basic skills in reading or math? This is the answer. Adult Education is available by appointment on Thursday evenings in Oklee, and classes are FREE. After an assessment, you will receive individualized instruction to meet your needs. There is a one time, \$10.00 registration fee. For more information, call Sherry at 218-776-2789 or 218-688-1558.

“If you do not take an interest in the affairs of your government, then you are doomed to live under the rule of fools.”
– Plato

Oklee Herald Early Files

Seventy Years Ago January 31, 1946

Walter Toulouse of Plummer and Miss Agnes Williams of Red Lake Falls were married at the church at Red Lake Falls on January 24th.

Notice of new prices effective February 9, 1946: Haircut...65 cents; Shave...35 cents; Children...50 cents at Miller Barber Shop – Bagley; Melvin Barber Shop – Bagley; Nelson Barber Shop – Clearbrook; Patnaude Barber Shop – Gonvick; and Miller Barber Shop – Oklee.

Sixty Years Ago February 2, 1956

Prisoners arrested at Plummer may be lodged "right at home" henceforth with the completion this week of a municipal jail.

A new 5-plov standard-tread Diesel tractor – the John Deere Model "80" was announced this week by Rolandson Chev Implement Co.

The Farmer's Union meeting was held at the Highland Hall Thursday night. After the meeting a program was held, songs were sung by Audrey Gunderson and Eileen Johnson.

Preliminary work on the installation of the new heating plant in St. Francis Xavier's church in Oklee was undertaken January 22nd by the Nadeau Heating and Plumbing establishment, also of Oklee.

Fifty Years Ago February 3, 1966

A person 65 or older will be eligible for Medicare even though he had never worked under Social Security says Clifford Kittleson, district manager of Social Security.

Wanda Melby, daughter of Mr. and Mrs. Orlo Melby of Oklee, enlisted in the Women's Army Corp on January 19 in the Thief River Falls Army Recruiting office.

The Reverend Robert Villwock was installed as

the minister of the Brooks-Plummer Presbyterian Church on Tuesday.

Minnesota game wardens arrested 891 persons during 1965 for violations of the state game and fishing laws.

Forty Years Ago January 29, 1976

A baby shower was held for Mrs. Gerry Haugen and Jared at Ekelund dining hall on Sunday and was well attended.

Mr. and Mrs. Dennis McGeary are the proud parents a baby girl born Thursday morning.

Sgt. 1st Class Allen Hanson arrived here Thursday by plane from Korea where he has spent the past 13 months. He is here at the home of this sister, the George Rewertz family.

An Open House will be held at Violette's Locker on February 7th. They recently moved their business to Oklee as the building in Brooks was too small.

Otto Bakken, Oklee's weatherman, has been presented with a service award given by the U.S. Department of Commerce, National Weather Service in recognition of his 35 years of service.

Thirty Years Ago January 29, 1986

Mary Johnson, who is a senior at Moorhead State University has achieved recognition for being on the Dean's List. Mary is the daughter of Otto and Ethel Johnson.

The local chapter of the Northwest CowBells Association served a noon meal at the Cow/Calf Days recently held in Oklee.

Oklee One-Act play, Cinderella, placed 2nd in District 30 competition in Fertile on January 21st. Cast included Sue Olson, Peter Bronken, Joanie O'Neill, Deone Haugen, Lori Mercil, Lisa Chaput, Trini Lambert, Brenda Johnson and Sheryl Whyte.

Twenty Years Ago January 31, 1996

Aaron Chervestad and Maria Austad have been nominated for the Academics, Art and Athletics Award.

Pam Paradis and Aurel Parenteau received plaques in recognition of the involvement with the City of Brooks on January 20th at Third Base Supper Club.

The Red Lake County Central Mustang Boys basketball team has a very successful week, winning two games, one against WEM and the other against Clearbrook/Gonvick.

A farewell potluck supper was held in the Oklee Community Hall to say goodbye to Pastor Rolf Wangberg and his wife Pat, who has served the Oklee Lutheran Parish for the past 15 months.

Ten Years Ago February 2, 2006

The cast of RLCC One Act Play are Katie Lundeen, Becky Cote, Megan Demarais, Celine Fabrequette, Molly Hagan, Brianna Determan, Corey Olson, Kayla Gamm and Angela Paquin.

Our communities were saddened in hear of the passing of Jerome Berberich and Ron Peterson.

Mrs. Judy Olson returned home on Wednesday from a holiday with her daughter Scott and Shannon Knutso of Minot, ND.

It's good to have Carol Haugen home after her lengthy stay in the hospital. To celebrate she made us a special dessert for our January 31st Senior Site evening meal.

Tracy Carriere and Ronald Hamm announce their engagement. Tracy is the daughter of Bob & Sue Carriere of Oklee. Ronald is the son of Ted Hamm of Gonvick and JoAnn Hamm of Oklee. They plan to be married on March 4, 2006.

Huot Hustlers meeting

The Huot Hustlers 4H Club met on Sunday, January 24th at the Sunview Community Center in Red Lake Falls. There were 6 members, 2 adults and the club leader present. The secretary and treasurer's report were given and approved. The club discussed the new Facebook group and collaborated on the Share the Fun skit. The club received

information on the Project Bowl Invitation at UMC-Crookston, Sandhill Lake 4H camp registration, NW Youth Leadership application, Buena Vista Skiing Scout and 4H days and Cross Country Skiing at the Agassiz Environmental Learning Center. Upcoming events for the club include the Annual Fruit and Chocolate fundraiser, Ice Fishing at



Pictured (left to right): Justin Solie, Tyler Burthwick, Pam Columbus, Nick Solie, Emma Knott, Matt Weiss and Jacob Solie



Pictured (left to right): Tyler Burthwick, Pam Columbus, Nick Solie and Jacob Solie.

Cow Calf Days

Northwest Minnesota is home to about 80,000 beef cows and about double that number when those cows have a calf at their side. It's estimated that for each cow, nearly \$400 of the total revenue remains in the local economy adding over \$30 million dollars to our rural communities. Indeed, beef production contributes significantly to the local economic in this part of Minnesota.

The beef industry in Minnesota is diverse and is positioned to expand in future years. The beef industry within our state includes numerous cow/calf producers that use grass and water resources to produce high quality cows and calves.

Producing beef however, is not an easy task. Producers are faced with many challenges that impact their production efficiency, profits and sustainability in the industry. The University of Minnesota Beef Team's goal is to assist beef producers when facing challenges and to promote the Minnesota beef industry within the state and beyond. To do this, the Beef Team conducts various extension education events throughout the year. One of the most impactful is the Minnesota Beef Cow/Calf Days.

Again this year, the University of Minnesota Beef Team is proud to host the annual Cow/Calf Days Seminar Tour and Trade Show at 10

locations across the state in the next weeks. This event has been held for over 40 years and continues to be the leading information, technology and research outlet for cow/calf producers in the state of Minnesota.

The 2016 event will feature information on cow/calf confinement systems, trace mineral nutrition, and calf health protocols. Information on the Minnesota Grazing Lands Conservation Association and how to capture greater value from calves will highlight the event. The corresponding tradeshow will feature vendors with new information, technology and products with a wide-array of practical uses for the operators in the cow-calf sector.

The program is directed at cow/calf producers, allied industry representatives and is open to the public. A meal will

Upper Red Lake (Feb 13), Share the Fun performances (April 8), Make it and Take It (May 3) and the Red Lake County Fair in Oklee (June 24-26). After the meeting, everyone went sledding at J.A. Hughes Elementary and enjoyed hot chocolate and treats. Next club meeting will be on February 28, 2016 at the Sunview Community Center in Red Lake Falls.

Regional Ag News

Jim Stordahl, Extension Educator

Fairy Rings

Over the years, there have been many theories as to the cause of the mysterious lawn disorders known as fairy rings. The two previously leading theories include small pixie-like humanoids fitting about casting spells on your lawn, probably after you had done something bad to a neighbor. The other leading theory was alien spacecraft landings left unusual rings in your lawn, probably from the flux capacitor. I can say with some level of certainty, both of these theories are not true. At least I'm pretty sure...

Actually, in all truth, fairy rings are not nearly that exotic or exciting. In reality, they are caused by a number of fungi that produce peculiar patterns in home lawns. Fairy rings typically appear and consist of a dark green ring or arc with an inner ring of dead brown grass. The size of the ring can range from a few inches to more than 50 feet in diameter (hence the spacecraft theory). Following irrigation or rain, mushrooms often suddenly appear within the rings.

Fairy ring fungi live on dead organic matter in the soil and thatch layer. Fairy rings expand radially outward until the food supply is used up, the soil becomes too wet, or better-adapted organisms surpass the ability of the fungi to survive. The ring and surrounding area can be broken into three zones, although all three zones may not be visible on the surface.

As the fairy ring fungus expands and enters new soil or thatch, an outer zone of stimulation forms. In this area, excessive nutrients

are released as the fungus decomposes organic debris. Grass growth is stimulated, resulting in a ring of luxuriant green grass. Inside the zone of stimulation, a zone of dead or dying (brown) grass may be present. In this area, a high concentration of thread-like structures (mycelia) composing the body of the fungus can often be seen upon close examination of the thatch and soil. The mycelia prevent water movement into the area, weakening or killing the grass.

A third zone may be present in some rings. This is another zone of stimulation, inside the zone of dead, brown grass. As the fungus leaves this area or dies, additional nutrients are released allowing for luxuriant green grass.

To prevent fairy rings, properly water, fertilize, and dethatch lawns. Fairy rings are most common on sandy soils that are low in water and fertility. Thick thatch layers also contribute to this problem. Eradication of fairy ring fungi is difficult and often impractical. Most homeowners prefer to mask the problem, rather than eradicate it.

You have a few options. Replace the Infested Soil. The sod and underlying soil, in a band about one foot beyond the ring, could be excavated to a depth of one foot, depending on the extent of the ring. Discard the infested soil, being careful not to spill any on the healthy lawn. Add clean, sterilized soil in the hole and reseed. Granted, this option seems pretty extreme, unless it involves a very small area.

Perhaps a more practical solution is to try masking the symptoms. This can be done in

different ways.

Removal of Mushrooms. If mushrooms are the only evidence of fairy rings, remove them by picking or raking and destroy. Give your neighbor kid a golf club and tell them to practice their golf swing on the mushrooms.

Fertilizing may be the easiest option. The dark green rings will be more obvious in nutrient deficient soils. Conduct a soil test and apply recommended levels of fertilizer. Do not over fertilize, as this will cause additional problems. If everything looks a darker green, you simply won't notice the nutrient rich area of the fairy ring.

Special Watering. Reduce the water repelling nature of the ring by watering the area with a root-watering wand. Punch holes at least every foot in the yellowing or dying area and pump large amounts of water into the ground to a depth of 10-24 inches. Repeat frequently. Application of a surfactant (wetting agent) to the area may also increase soil permeability and help to lessen symptoms.

Soil Aeration may help to some degree. Reduce symptom severity by increasing water penetration and accelerating thatch decomposition.

Of course, if you don't believe the fungi theory, you can always sprinkle your lawn with FairyGuard (at midnight on the eve of a full moon) and continue to wear the tinfoil helmets. Just in case...

For more information, contact me at 800-450-2465 or stordahl@umn.edu Source: Cynthia Ash provided the more credible portions of this article.

ATTENTION

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For more information, contact the Red Lake County Economic Development home office at 1-218-253-2897.

Or call David Ste. Marie, Red Lake Falls, 218-698-4279; Mike Spurgin, Red Lake Falls, 218-465-4648 or Leo Olson, Oklee, 218-796-5656.

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Herbicide Resistant Weeds

“Resistance Of Weeds To Herbicides Is Not A Unique Phenomenon”.

In fact resistance to pesticides is a world wide problem that is not confined to any single pest category. The first report of insects resistant to insecticides was in 1908, of plant pathogens resistant to fungicides in 1940, and of weeds resistant to herbicides (triazines) in 1968. By 1991, 120 weed bio types that were resistant to triazine herbicides and 15 other herbicide families were documented throughout the world. Results of a 1992 North Central Weed Science Society survey of the north central U S and Canada reflect a worldwide trend of increasing appearance of herbicide resistance. Twelve states or provinces reported bio types of 19 weed species resistant to triazine herbicides such as ATRAZINE and BUCTRIL. Five states or provinces reported bio types of four weed species resistant to lipid bio synthesis inhibitors such as ACCENT and HARMONY, four states or provinces reported bio types of two weed species resistant to dinitroaniline herbicides such as TREFLAN and PROWL, and Manitoba reported resistance of a wild mustard bio type to growth regulator herbicides such as Banvel and 2,4-D. Indeed, pests have proven to be ecologically and biochemically adaptable to agrochemicals.

Why Worry About Herbicide Resistance?

In corn, soybean, and small grains there are many herbicide options. Why then should a crop producer be concerned whether a weed bio type is resistant to a specific herbicide? ‘

There Are Several Reasons Many herbicides options could quickly be lost for several crops if a weed bio type is resistant to more than one herbicide (i. e. cross resistance). Obviously, a loss of herbicide options could have important economic and environmental consequences

to agriculture. Also, in an era of high re-registration costs for older herbicides and even higher development costs for new herbicides, the possibility for replacement of the herbicide lost due to resistance diminishes. Finally, in most cases, it will not be easy nor inexpensive to assess resistant weed bio types. Due to cross resistance, many resistance problems may have to be solved by trial and error, which could be quite expensive to the crop producer.

The herbicide resistance issue does have solutions and perhaps the best place to start is to consider herbicides as a resource that needs to be preserved. Strategies for resistance prevention follow from there.

Definitions

“Site of Action” refers to the biochemical site within the plant with which the herbicide directly interacts. Some herbicide site of action interactions are well understood, while others are unknown. Many of the well-known sites of action are enzymes or proteins essential to plant growth and development. Also, some herbicides are believed to act at multiple sites.

“Metabolism” refers to the biochemical processes within the plant that generally modify herbicides to less toxic compounds. Differential rates of metabolism between crops and weeds is a primary method of crop selectivity to herbicides. One metabolic process may affect several different families of herbicides.

“Herbicide Families” are a convenient way of organizing herbicides that share a common chemical structure and have similar herbicidal activity. Two or more herbicide families may affect the same site of action and therefore express similar herbicidal activity and injury symptoms.

“A Bio Type” is a group of plants within a species that has biological traits that are common to the population as a whole. For example,

the PURSUIT resistant corn hybrid PIONEER 3377 IR is a bio type of PIONEER 3377 and atrazine resistant common lambsquarter is a bio type of common lambsquarter. Therefore, in most instances, specific bio types are not easily recognizable by casual observation.

“Selection Intensity” in regard to herbicide resistance is the degree to which weed control measures in a cropping system give a competitive advantage to a weed or crop bio type resistant to a particular herbicide.

“Herbicide Susceptibility” means a particular weed or crop bio type is killed by the recommended use rate of the herbicide.

“Herbicide Resistance” refers to the inherited ability of a weed or crop bio type to survive a herbicide application to which the original populations was susceptible. Currently the three known resistance mechanisms that plants employ are: an alteration of the herbicide site of action, metabolism of the herbicide, and removal of the herbicide from the target site (sequestration).

“Herbicide Cross Resistance” refers to a weed or crop bio type that has developed a mechanism or mechanisms of resistance to one herbicide that allows it to be resistant to other herbicides. Cross resistance can occur with herbicides within the same or in different herbicide families and with the same or different sites of action. For example, after the extensive use of herbicide “A” in a field, selection of a weed bio type resistant to herbicide “A” is found to be resistant to herbicide “B”, although herbicide “B” was never used in that field.

For more information or to have questions about herbicide resistance answered; you can contact Jeff Gunsolus, U M Extension Weed Scientist by e mail at gunso001@umn.edu. More columns on **“Herbicide Resistant Weeds”** will follow in the next few weeks!

Source: Jeff Gunsolus, U M Extension Weed Scientist.

Senior Site News and Other Things

By Volunteer Iona Berry

Another beautiful warm week. I looked at the long range forecast for February and it sounds like it will be quite nice. It surely makes the winter go quickly.

We have a change in the plans for a Valentine Party. We had scheduled it for February 11 but, due to conflicts, it will take place on the 18th.

At our evening meal this past Tuesday, we will be having a drawing for a King and Queen. It is always fun to see who the lucky winner will be. Also on Tuesday of this

week, I'm sure everyone will be anxious to see if the Woodchuck will see his shadow.

There a number of things that will take place in February, so watch the paper to know the date and time.

Words Of Wisdom

Never give a vacuum cleaner or bathroom scales as an anniversary present.

Choose the harder right over the easier wrong.

Dates To Remember

Feb. 18 - Site Council Meets

Feb. 18: Valentine Party
Feb. 19- Birthday Meal

Joke Time

For once in his life, the real estate agent decided to be honest with a prospective house-buyer. "This property has its good and bad points. There is a chemical plant one block to the north and a slaughter house one block south."

"Well, what are the good points?" asked the client.

"You can always tell which way the wind is blowing."

Plummer News

By Alice Jobe 218-465-4402

Bunny DuChamp celebrated her 94th birthday on Saturday. Jim and Debbie DuChamp and Bunny went to Chris and Bobbie DuChamp's at Erskine to celebrate Bryce's and Bunny's birthday. They had cupcakes Brett had made. Also Steve Kloety and Shirley Vetteson were there. They also have January birthdays.

Jim and Debbie DuChamp, Mark and Anita Vetteson, Dan and Carissa Larson, and Tim and Jeanne Halle recently went to Aruba, an island in the Caribbean, close to South America. Aruba's motto is "One Friendly Island." They enjoyed the sights of the beautiful island that has sandy beaches, warm sunshine, blue green water and a breeze blowing. A Dutch colony, where the people speak English, Spanish, Dutch and a native Arubean language. Jim, Mark, Tim, Dan

and Carissa went fishing and Jim reeled in a mahi mahi fish (a white fish that tastes good).

Roger and Lynn Gallant and Anna DeHate left Thursday, January 28th for Mesa, Arizona to visit Marge and Don Ranstrom, who are spending the winter there. Marge is Roger and Anna's sister. They'll be there a week.

Alice Jobe and Ann Traxler attended the concert at Lincoln High School Thursday evening. The John Jorgenson Blue Grass Band performed. Two of the musicians were from the "Desert Rose Band" and the other two from Ricky Skaggs and Emmy Lou Harris' bands. They put on a great blue grass concert.

Temperatures Wednesday was 40 degrees. The snow sure melted and then it rained. I did go skiing Tuesday. There was

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

It is a gloomy day today but we are not in the path of the storm that is brewing in the Rockies and headed for the southern Minnesota area along with Iowa where the caucuses are to be held tomorrow. According to weathermen it will be a major dumper down there. We have been fortunate in that the weather has been fairly mild this winter. Let's hope that March isn't as nasty as it usually is. February is usually very cold, we will see.

Last weekend Sylvia and Gregg Majeres brought their new baby to St. Joseph's church last week Sunday to be baptized. Little Nicholas smiled as the water was poured over his head surprising Father Bill De Crans. Congratulations to the entire Majeres family.

Our sympathy to the LaCrosse family in the passing of Gladys LaCrosse. Gladys was a very generous and caring person to all her contacts. She was an active member of the community and her church. She worked willingly with the ladies guild at church and was a beautiful singer always in the choir. She spent many days and hours with

her grandson who had birth defects, with rehabilitation time, and educational time. She was a tireless worker. She will be missed by all of us. Our condolences to the family.

Cindy and Del Determan spent the weekend on Red Lake at the fishing village for ice fishermen. Del and his three brothers and sister fished together and they played games on the ice as well. Larry Determan, of Bloomington, Tony Determan of Orono, Greg Determan of Chippewa Falls, WI, and Therese Gregg of Marshall visited and fished the weekend away. Of course so did Cindy. They snowmobiled on the ice, and played ice golf. Del flew his drone too. On Saturday it was so beautiful they spent more time outdoors than fishing. The sunset on Saturday evening was spectacular. The hoarfrost on Sunday was God's painting the scenery. They had a wonderful weekend, with each other, got a few fish, and enjoyed the outdoors.

Over the weekend this past weekend Heidi, Jess and girls went to Bismarck, ND to help James Mathew Wanner

celebrate his 4th Birthday. The kids all wished James Happy Birthday and even sang Happy Birthday to him. Everyone had a wonderful time and ate lots of birthday cake. Happy Birthday to James from all of us back home.

Happy Birthday to Joanne Bradley who celebrated her birthday on Sunday. Now I am not real good with math, but the years have been good to Joanne so you will have to guess her age. I won't go down that rabbit hole and get in trouble.

On Thursday Barb Novak and Mary Schindler went to Thief River Falls to shop. The day was nice and after so many cold and nasty days at home cabin fever struck hard.

The people of the week this week are the young people who greeted the parishioners on Sunday before Mass started. The chorus of "Good Morning" coming from the youngsters, was really refreshing. Hats off to you guys for adding a new dimension to an otherwise mundane task. I heard that they rather enjoyed the task too.

Advancing Farm to Institution in MN

Regional Farm to Institution Networking events planned to strengthen relationships between growers and buyers, large and small

Thief River Falls, Minnesota — Getting Minnesota apples, tomatoes, and other locally grown foods on the menus of schools and other institutions such as hospitals, long term care facilities and childcare centers requires cross-sector partnerships, community support and relationship building. The Northwest is one of four regional Farm to Institution Networking events taking place across the state between February and April. The aim is to attract buyers and growers from across the Northwest region to community host Thief River Falls, thanks to support from a number of organizations behind the Thief River Fall's Growing Forward project.

The workshops are designed to meet the needs of the region

and strengthen connections to advance partnerships between local farmers and community institutions. Farm to Institution builds strong communities, healthy people and resilient local farms, creating a "win-win" for all parties. This year's gatherings build on an earlier rounds of farmer-buyer networking events facilitated by Renewing the Countryside and the University of Minnesota Extension's Farm to Cafeteria workshops. Over the years, successful farmer-buyer relationships developed at these events have led to successful, ongoing Farm to Institution projects, and made accessible current information about local food purchasing regulations and

good agricultural practices.

These events are coordinated by Renewing the Countryside in partnership with the Sustainable Farming Association of Minnesota, the Regional Sustainable Development Partnerships, Minnesota Institute for Sustainable Agriculture, Quin County Community Health Services - SHIP the Minnesota Department of Health, many local partners, and are funded, in part, by the Minnesota Department of Agriculture.

For more information and to register, visit: <http://www.renewingthecountryside.org/farm-to-institution>

Contact Grace at 612-520-1675 or grace@rtcinfo.org for more information on the Northwest event.

Who's Dat?



Who's Dat

This week's photo is a group of kids from the Oklee area and most of them graduated from Oklee.

Last week's photo was of Sandie (Nelson) Schmitz and Dennis Nelson, Flower Girl and Ring Bearer for Sidney and Eileen Nelson's wedding that took place 50 years ago this past New Years Eve. Both Sandie and Dennis grew up in the Oklee area, went to school in Oklee and graduated from high school in 1979.

Extension offers Food Manager Certification Courses in Bemidji

University of Minnesota Extension is offering two courses to help food service establishments meet the educational requirement for Certified Food Managers.

The initial certification course, using the **ServSafe** curriculum, will be offered on Wednesday, March 9, 2016 at the Beltrami Electric Cooperative Meeting Room. The class will run from 9 a.m. to 4:30 p.m. with the exam following at 4:30 p.m. Participants must attend all day to be eligible to take the certification exam. This course includes information about safe food preparation, handling, sanitation and prevention of foodborne illnesses. Registration is required by February 24.

Certification renewal for food managers will be held on Tuesday, March 8, 2016 from 1 to 5 p.m. It will be held at the Beltrami Electric Cooperative Meeting Room. Certified Food Managers need four hours of continuing education credits within three years of

becoming certified. University of Minnesota Extension educators and University specialists developed the four-hour **Serve It Up Safely™** renewal course that meets these criteria. Registration is due by February 23.

Pre-registration is required. For a registration brochure or for more information call 507-337-2819

Advanced Cottage Food Producer Food Safety Workshop to be held in Bemidji

Do you make and sell baked goods, home-canned pickles, salsa, jam and jellies? Are your annual sales \$5001-\$18,000 per year? If yes, attend the *Advanced Cottage Food Producer Food Safety Workshop* on Thursday, March 10, 2016 from 9 AM – Noon at the Beltrami Electric Co-op, Bemidji, MN.

This advanced course focuses on food safety practices for all process covered under the 2015 cottage food law including drying, baking, confections, jams and jellies, acid and acidified fruit and vegetables and fermentation. You will learn how to produce, package, label, store and transport a safe

or contact Connie Schwartau at schwa047@umn.edu.

The Food Manager Certification Course and Serve It Up Safely™ renewal course are also available on-line. To get more information about all of these classes go to www.extension.umn.edu/foodsafety or contact Connie Schwartau at schwa047@umn.edu or 507-337-2819.

food product. This workshop meets the training requirement to register as a cottage food producer in Minnesota.

Registration materials available at <http://www.extension.umn.edu/foodsafety/cottagefoods> Registration deadline is March 3, 2016. For more information contact, Connie at (507) 337-2819 or schwa047@umn.edu

ADDRESS CHANGES

CONTACT THE
OKLEE HERALD AT
218-796-5181



RLCC One Act Play rehearsing for the competition in Bagley. One scene included Jayden Fore, Miranda Magnell, Tom Nelson, Sydney Melby, Erin Jones (laying down), Heather Longtin, Nick Piersol, Kara Longtin, and Jade Person.

Wednesday, February 3, 2016