



Santa is coming to town this weekend!

Santa Claus will be coming to Brooks and Oklee this weekend.

On Saturday, December 3rd, Santa will be coming to Oklee and will be at the Oklee Community Hall to hear wish-list requests. At 9 a.m. Salem WELCA will be having their Cookie Sale. Be sure to stop in and get some goodies for your upcoming festivities! Santa will arrive around 10:30. At 12:30 p.m. the Oklee Youth Group will be hosting Bingo for various gift baskets, meats and cash.

On Sunday, December 4th, Santa and Mrs. Claus will be visiting the Brooks Community Hall. The event will begin at 4:30 p.m., with a meal being served at 5:00. Door prizes will be given out at 5:30 and Santa and Mrs. Claus will arrive at 6:00. All are welcome!

Later, on December 15th, the CP Rail Holiday Train will be stopping in Plummer. More information will be available in the coming week in the Oklee Herald.



Essentia in Fosston will hold 19th Annual Tree Walk for Hospice December 3

Essentia Health- Fosston is holding its 19th annual Tree Walk for Hospice from 2-5 p.m. on Saturday, Dec. 3, in the gymnasium of the Fosston Civic Center.

The Tree Walk features a winter wonderland of decorated Christmas trees that will be sold through a silent auction. Refreshments will be served, including a hot chocolate bar, hot cider, coffee and other goodies.

"Having the ability to care for patients in the last chapter of their lives is a true blessing," said Shannon Netland, hospice manager at Essentia Health-Fosston. "The gift of money raised during the holiday season helps ensure all patients who need our care can experience comfort and dignity

during their last chapter. Hospice also provides grief support for their loved ones after they pass. Our hospice goal is for patients to have high-quality care, be comfortable and pass with dignity."

You can get involved with the Tree Walk by:

- Sponsoring a tree: Decorate a tree to be auctioned. You provide handmade or purchased ornaments in a theme of your choice and decorate the tree between 8 a.m. and noon, before the event starts. The tree you sponsor will be auctioned off, with all proceeds benefiting hospice care at Essentia Health- Fosston. This gives you, your family, business or a church group a chance to decorate a tree for a terrific cause.

Silent-auction bidding for the trees will go from 2-4:30 p.m.

- Purchase an "angel": These are available to buy in honor of a loved one. Suggested donation is \$10 per angel.

The Tree Walk also includes a remembrance program featuring a candle-lighting ceremony at 3:45 p.m.

"The amount of support in the past years for this program has been phenomenal," Netland said. "We are very thankful to continue to provide this much-needed service to our community. Thank you for the ongoing support."

To participate or learn more about this year's Tree Walk for Hospice, contact Netland or Jody Heide at (218) 435-7670.

Lung Cancer Awareness Month passes, but the risk doesn't - Are you taking care of your lungs?

November was National Lung Cancer Awareness Month. According to the Centers for Disease Control and Prevention, lung cancer is the leading cause of cancer death, accounting for 23% of all cancer deaths.

Abbie Begnaud, MD, with the University of Minnesota Medical School, M Health Fairview and Masonic Cancer Center, answers questions on the symptoms, risk factors and treatment for lung cancer.

Q: Who is at risk of developing lung cancer?

Dr. Begnaud: Anyone can get lung cancer. Long-term exposure to environmental agents like cigarette smoke, smog or radon can put people at higher risk. Substances found at some workplaces can also increase risk such as asbestos, arsenic, diesel exhaust and some forms of silica and chromium. For many of these substances, the risk of getting lung cancer is even higher for those who smoke cigarettes. Radon is a naturally occurring gas that you can't smell, see or taste. It is common, especially here in Minnesota, and can enter your home through the soil and remain trapped inside the home. The average radon level in Minnesota is more than three times higher than the average U.S. radon level. The only way to know if this is happening is to test your home with kits available commercially or through the Minnesota Department of Health. People who have an immediate family member who has lung cancer are also at a higher risk of developing lung cancer. If you have ever been a cigarette smoker and would like to know your personal risk for cancer, you can calculate it here.

Q: What are the symptoms of lung cancer?

Dr. Begnaud: Initially, there are none. Lung cancer can develop and grow in the lungs for some time before symptoms occur. By the time most people with lung cancer have any symptoms, the disease is usually advanced. People with lung cancer might experience coughing, chest discomfort, difficulty breathing or weight loss. Because there are no symptoms

of early lung cancer, people who have been cigarette smokers for years might benefit from screening for lung cancer. Lung cancer screening is a low-dose CT (or CAT) scan to look at the lung tissue. The test takes just a few minutes and requires no fasting, no prep and no IV. It's the easiest of all currently available screening tests.

Q: What are the treatment options for lung cancer?

Dr. Begnaud: Broadly, treatment includes surgery to remove the cancer, radiation treatment and systemic therapy or medications. The best chance for cure is with surgical removal, if possible. Recent advances in lung cancer treatment have revolutionized the field. Some lung cancers will have targets for treatment, mutations that contributed to the cancer and can be directly blocked to shrink or destroy the cancer. These newer targeted therapies are easier to take and more effective than traditional chemotherapy. In addition, immunotherapy — a new class of treatment with drugs approved since 2015 — allows the body's immune system to recognize and fight cancer cells. More than 20 new drugs have been approved in the last two years. We have more promising treatments for lung cancer today than we ever have.

Q: How can early screening impact lung cancer outcomes?

Dr. Begnaud: The impact of early screening is dramatic. Lung cancer that is diagnosed very early at stage 1 may have an 80 to 90% chance of cure, which is why screening is so important. Even more advanced lung cancer outcomes are improving with new treatments.

Q: What are you doing to advance lung cancer research?

Dr. Begnaud: My work focuses on improving access to lung cancer screening, which is a relatively new preventive care service. We estimate that only 8% of people who are eligible for lung cancer screening have been screened. Meanwhile, other cancer screening services like mammography see more than 70% of eligible people get screened. In addition, lung cancer is a disease that disproportionately affects some

groups in Minnesota such as African Americans and American Indians/Alaska Natives. I am studying how we can improve the disproportionate impact of lung cancer on these groups of people.

Abbie Begnaud, MD, is an associate professor in the University of Minnesota Medical School on the Twin Cities campus and a critical care physician with M Health Fairview. She is also a Masonic Cancer Center member. She studies lung cancer early diagnosis and disparities in lung cancer outcomes.

Calendar of Events

Wed, Nov. 30:
-11:30 a.m. Senior Meals delivered – Call to order.
-7:00 p.m. Bingo at Plummer Legion.
Thu, Dec. 1:
-11:30 a.m. Senior Meals delivered – Call to order.
Fri, Dec. 2:
-Noon deadline for Oklee Herald news.
Sat, Dec. 3:
-Santa Day at Oklee Hall.
-Support your local business – Shop Locally!
Sun, Dec. 4:
- Santa Day at Brooks Hall.
-Worship at the church – check inside for church times and places.
Mon, Dec. 5:
-11:30 a.m. Senior Meals delivered – Call to order.
Tue, Dec. 6:
-11:30 a.m. Senior Meals delivered – Call to order.
Wed, Dec. 7:
-11:30 a.m. Senior Meals delivered – Call to order.
-7:00 p.m. Bingo at Plummer Legion.

In the next edition of the Oklee Herald..
Featuring The Skjervén Barn



Ferguson breaks numerous RLCC football records



Pictured above: Damon Ferguson holds awards for breaking four RLC Rebel football records during the 2022 season.



Damon is pictured with coaches Aaron Moll, Seth Schmitz, Kory Baril and Brian Remick at the 2022 RLC Rebel football banquet where he was recognized for Academic All-State, Rebel MVP and multiple Rebel records.

Oklee High School Senior Damon Ferguson had a successful final season in his Rebel uniform. The Rebels finished with a record of 8-3 and earned the title of Section 8-A runner up, something the Rebels hadn't done in nearly 10 years.

Damon was an integral part of both the offense and defense for RLC, which shows with the four individual Rebel Football records he set during the 2022 season.

At the football banquet, Ferguson was recognized for most rushing yards in a single season with 1,191 yards and

most rushing touchdowns in a single season (tied) with 15 rushing touchdowns. Averaging nearly 1.4 rushing touchdowns per contest, there's no doubt Ferguson's presence will be missed next fall when the Rebels take the field.

Offense isn't the only area of the game where Ferguson excelled. He also set the RLC Rebel record for most solo tackles in a season at 53, and most combined tackles in a game at 18.

In addition to the on-field accolades, Ferguson was also

awarded Academic All-State, which recognizes athletes who maintain a high GPA throughout the duration of their high school athletic careers.

Damon is also a seasoned wrestler and will be leading the Prowler wrestling team into another season this winter.

With previous appearances in the state tournament for wrestling, it will be fun to see how Damon's athletic career at RLCC concludes.

Congratulations to the RLC Rebel football team on a great season.



Pictured to the left are recipients of Student of the Month at RLCC High School for October 2022. Junior High student Mckenzie Tofstad and Senior High student Natalie Vetteson.

Staff nominate students they find deserving of the award and each month two students are recognized in front of their peers for their hard work in the classroom and character.

For more information on Natalie and McKenzie, see page 3, the Mustang Stampede.

Church news

OKLEE LUTHERAN PARISH

Zion and Salem
Pastor Linda Molitor
Wed, Nov. 30: 7:00 p.m.
Confirmation at Zion.
Sat, Dec. 3: 9:00 a.m. Salem
cookie day sale at Santa Day.
12:30 p.m. Youth Group Bingo
at Oklee Hall.

Sun, Dec. 4: 9:00 a.m. Wor-
ship, 10:30 a.m. SS at Zion. 9:00
a.m. SS, 10:30 a.m. Worship
at Salem.

Wed, Dec. 7: 6:30 p.m.
Chimes, 7:00 p.m. Zion WELCA.
7:00 p.m. Salem WELCA. 7:00
p.m. Confirmation at Zion.

Sermons are on GVTEL
Channel 35 (10 am Sunday & 2
pm Tuesday), also on Facebook
or YouTube.

CATHOLIC PARISHES OF OKLEE, GRYGLA & GOODRIDGE

Fr. Bryan Kujawa
Sunday: 8:00 a.m. St. Fran-
cis - Oklee. 10:15 a.m. - Grygla.
12:00 p.m. - Goodridge.
Go to: <http://www.oggcatholic.org/> for service times.

BROOKS - RED LAKE FALLS CATHOLIC PARISH

Fr. Bob Schreiner
Saturday: St. Joseph RLF
5:30 p.m.
Sunday: Brooks Sunday
8:00 a.m. St. Joseph 10:00 a.m.

IMMANUEL-EBENEZER LUTHERAN PARISH ELCA

Pastor Jonathan Dodson
Sun, Dec. 4: 9:00 a.m. Wor-
ship at Immanuel. 10:30 a.m.
Worship at Ebenezer. 10:15
a.m. SS at Immanuel.

GOODRIDGE AREA LUTHERAN PARISH

Bethany-Ekelund-Faith
Pastor Kristen Ostercamp
Wed, Nov. 30: 12:20 p.m.
Release time.
Sun, Dec. 4: 8:00 a.m. at
Bethany. 9:30 a.m. at Ekelund.
11:00 a.m. at Faith.

Tri-Valley Public Transportation

T.H.E. Bus is available for
anyone. There are no age or
income guidelines. However, chil-
dren under the age of four must
be accompanied by an adult and
children under the age of one must
be secured in an infant seat.

Curb-to-curb services is
available, allowing those with
special needs more comfort-
able, safe and convenient
method of transportation. All
of our buses are handicapped
accessible and lift-equipped.
All of our drivers are trained
and certified.

To reserve a seat, please
call one business day prior
to the scheduled trip - 1-800-
201-3432.

For Polk, Red Lake and
Clearwater County stops:
Every Monday - Grand
Forks.

Every 2nd Tuesday -
Mahnomen.

Every 4th Tuesday - Thief
River Falls

Every 1st, 3rd, & 5th Wednes-
day - Fargo/Moorhead.

Every 2nd & 4th Friday -
Bemidji.

CLEARWATER LUTHERAN PARISH

Mt. Olive - Nazareth
Oak Park - St. Petri
Pastor Jeff Merseeth
Wed, Nov. 30: 5:00-7:00 p.m.
Wednesday School. 6:30 p.m.
Vespers.

Sat, Dec. 3: 9:00 a.m. Mt.
Olive.
Sun, Dec. 4: 8:00 a.m. St.
Petri. 9:45 a.m. Oak Park.
11:00 a.m. Nazareth. 1:00 p.m.
Oak Park Ladies Aid Christ-
mas Party. 5:00 p.m. Winkler
Christmas Party EGF.

Wed, Dec. 7: 5:00-7:00 p.m.
Wednesday School. 6:30 p.m.
Vespers. 7:00 p.m. LYS.

Find services and past ser-
mons at www.facebook.com/clearwaterlutheranparish

NEW JOURNEY CHURCH

Jarred LeBon, Pastor
Tyler Stynsberg,
Assoc. Pastor
www.newjourneyfosston.com
Wed, Nov. 30: 6:30 p.m.
Youth Group.

Sun, Dec. 4: 9:00 a.m. Sun-
day School. 10:00 a.m. Worship.
Tue, Dec. 6: 9:30 a.m. Ladies
Devotions.

Wed, Dec. 7: 6:30 p.m. Youth
Group.

GULLY-TRAIL PARISH

Bethany * Lund
Sand Valley
Dawn Hanson,
Lay Minister
Wed, Nov. 30: No confirma-
tion. 7:00 p.m. Advent Service
at Lund.

Sun, Dec. 4: 9:00 a.m. at
Lund. 10:30 a.m. at Sand Val-
ley. Sand Valley SS at 9 a.m.

Wed, Dec. 7: No confirma-
tion. 7 p.m. Advent Service at
Sand Valley.

CDC safety guidelines for
COVID-19 will be followed.

BETHEL ASSEMBLY

Fosston
Seth Johnson,
Head Pastor
Sundays: 9:00 a.m. Sunday
School. 10:00 a.m. Worship
Service.

Wednesday Evening: 6:30
p.m. Kids, High School & Adult
programs.

Services will continue to
be live-streamed on Facebook
(<https://www.facebook.com/bethelfosston>) as an alternative
to attending in person.

Oklee Senior Site Dining

No congregate meals served.

If you are over the age of 60
and you want a meal delivered
to your home, call 796-5666.
Please call by Friday to order
your meals from the menu
below. If the cafe runs short, it
will be Cook's Choice. A \$5.00
per meal donation is suggested.

Sun: Cook's choice, dinner
roll, milk and dessert.

Mon: Cafe is closed.

Tue: Cook's choice, dinner
roll, milk and dessert.

Wed: Cook's choice, bread,
milk and dessert.

Thu: Cook's choice, bread,
milk and dessert.

Fri: Cook's choice, milk and
dessert.

ATTENTION

RED LAKE COUNTY SMALL BUSINESS AND POTENTIAL STARTUP ENTERPRISES

The Red Lake County Economic Development Corporation can
help you start your own business or expand an existing one.
We are here to assist with a ten (10) year loan for an amount
up to \$30,000 at 2% APR. The business must be located in
Red Lake County.

For more information, contact the Red lake County Economic
Development home office at 1-218-253-2897. Allen Bertilrud 218-
684-1315, Dave Ste. Marie 218-686-4019 or Kelsey Gervais 218-
686-5114.

O43-43C (2xmo.)

KURTIS ELLEFSON
RED LAKE COUNTY
VETERAN SERVICE OFFICER
218-689-8587
1-888-LINKVET
Email: kellefsoncvso@hotmail.com

SPONSORED BY OKLEE YOUTH GROUP.

BINGO

12:30 AT THE OKLEE HALL AFTER SANTA DAY

SATURDAY 3 DECEMBER

FAMILY FUN! WIN A TURKEY, HAM, GIFT BASKET OR \$100!
HAMBURGERS, HOT DOGS AND DRINKS AVAILABLE FOR
PURCHASE. FUNDS RAISED WILL GO TOWARDS THE ELCA
YOUTH GATHERING IN NEW ORLEANS IN 2024
SPONSORED IN PART BY THRIVENT ACTION TEAM

E & J Grocery will be closing early on
December 17, 2022 at 5 p.m. for their
Store Christmas Party.
E & J will also be closed on December 25th.

E & J Grocery
WINE • SPIRITS GROCERY • OFFSALE
VETERAN OWNED & OPERATED - HOME OF THE RLCC MUSTANGS/REBELS

Thank You! Oklee Lutheran Parish & St. Francis
Xavier Catholic churches would
like to thank all of the volunteers
for helping serve the free Thanksgiving Day
meal at the Oklee Cafe.
Thank you to the Oklee Cafe for hosting and
donating along with donations received from
St. Joseph's Catholic Church in Red Lake Falls
and Northern Pride in Thief River Falls.

SANTA IS COMING
TO THE OKLEE COMMUNITY HALL
SATURDAY, DECEMBER 3RD!

9:00 a.m. Salem WELCA Cookie Sale
10:00 a.m. Sing-a-Long with Sidney Melby
10:30 a.m. Santa Claus arrives

• Treat Bags • Arts & Crafts
• Coloring Contest for kids-prizes given for
1st & 2nd place in 3 different age groups.

• Random prize drawings!
Coffee, apple cider, hot chocolate & goodies.

**Christmas
Cookie Sale**

IT'S TIME FOR THE ANNUAL
**Salem Church
Christmas Cookie
Sale Fundraiser**

Cookies, lefse, doughnuts &
other treats are available

Sat., December 3rd
9 a.m. to 11 a.m.

**Oklee
Community Hall**
during Santa Claus Day

Would you like to track Santa? Well, now you can! Explore
the North Pole and Santa's Village and get in the festive mood!
The North American Aerospace Defense Command (NORAD)
provides a family-friendly program to track Santa December
24th around the world using military sensors and technology. It
goes live each Dec. 1 with games, videos, information and more!

Red Lake County Commissioner's Minutes

RED LAKE COUNTY Regular Meeting Held October 25, 2022

Pursuant to adjournment of its
last meeting, the Red Lake County
Board of Commissions duly met in
regular session at the Courthouse in
Red Lake Falls, Mn, on October 25,
2022 at 10:00 a.m. All commission-
ers were present. Chairman Weiss
called the meeting to order. The
Pledge of Allegiance was recited.

Commissioner Gerardy moved,
seconded by Remick to approve the
agenda with adding Commissioner
Dudydcha to address the County
Board.

Interim County Engineer Mike
Flaagen was present for the 10:00
a.m. bid opening for the CSAH 19
drainage structure replacement
project. Four contractors submitted
bid proposals with the low bid of
\$687,524.20 received from Gladen
Construction Inc. Flaagen informed
that his staff will review all the bids
for accuracy and asked the board to
approve the apparent low bid, and
if any changes he will report back to
the board. Commissioner Flage
made a motion, seconded by Remick
and carried by unanimous vote to
approve the low bid in the amount
of \$687,524.20 provided by Gladen
Construction, Inc. of LaPorte, Mn
contingent upon no errors in the bid.

There was comment that Agassiz
Asphalt will be paving the bituminous
course in City of Plummer today.

Chair Weiss informed that Envi-
ronmental Officer Kurt Casavan is
requesting if the beaver bounty could
be increased to encourage more
trapping. The beaver are blocking
drainage on many legal ditch sys-
tems that results in increased ditch
maintenance costs by the county.
Commissioner Gerardy made a mo-
tion with a second made by Remick
to increase the beaver bounty from
\$50 to \$75 and charge to said ditch
system or to a county road system.
Motion carried unanimously.

Casavan had also informed that
the east side of Joint County Ditch
71 in Red Lake County needs an
added mile cleaned. Motion by Com-
missioner Gerardy and seconded by
Remick to have the additional ditch
cleaning work completed. Motion
carried unanimously.

Information was also presented
on behalf of Casavan regarding the
9-County Joint Demolition Landfill
Study by Stantic Engineering. The
total study cost is \$133,050. with a
state Capital Assistance Grant to
provide \$90,000. towards the study
cost. A balance remains of \$43,050.
to be split between the participating
9 counties. Commissioner Remick
moved to approve payment of
\$4,784.00 to Beltrami County Solid
Waste. The motion was seconded
by Commissioner Flage and carried
by unanimous vote.

Commissioner Remick reported
that Cal Eckstein, owner of Sanitary
Service informed him that the card-
board processing plant that they haul
to is closing and there will be higher
costs to haul to another facility. No
action was taken until further infor-
mation is provided.

Veterans Service Officer Kurt
Ellefson provided a detailed pre-
sentation of VA compensation and
several other benefits available to
veterans. Currently there are 227
veterans in Red Lake County whom
accessed federal benefits of approx-
imately \$4,294,000 in year 2021.
The board thanked Ellefson for the
presentation and for his services
assisting veterans in the county.
Motion by Commissioner Flage,

Oklee Area Veterans' Memorial Updates

A donation to the Oklee
Area Veterans' Memorial was
given by Kari Hamm, Oklee
in memory of her cousin, Rick
Halle, Pinewood. Rick grew
up in Oklee, graduated from
Oklee High School, and served
as a Naval Hospital Corpsman.
Contributions to the Veterans'
Memorial provide funding for
perpetual care including flag
replacement, grounds care,
and flowers, in addition to
other needs.

Donations to the Oklee Area
Veterans' Memorial may be
sent to Security State Bank,
Box 69, Oklee, MN 56742,
attn: Lori Melby. Questions
regarding the Veterans' Me-
morial should be directed to
Mary Lynn Bachand at marylynbachand@gmail.com.

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Red Lake Falls • 218-253-2128
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multiplication?

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Oklee Herald
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okleeherald@gmail.com

seconded by Remick and carried
unanimously to approve the minutes
from the regular board meeting held
October 11, 2022.

HR Lundeen reported that she
had contacted David Drone Asso-
ciates regarding assistance with
hiring a County Engineer. The firm
indicated that they cannot provide
assistance at this time. There was
a suggestion to contact Ehlers &
Associates to see if they could help.

Commissioner Remick moved,
seconded by Gerardy and carried by
unanimous vote to approve the ex-
penditures in the following amounts:

VENDORS	AMOUNT
American Engineering Testing, Inc.	14,565.00
Fore, Arlan	5,748.79
Moore	
Engineering, Inc.	44,997.10
Pomp's Tire	
Service, Inc.	2,268.05
Sir Lines-A-Lot, LLC	19,145.02
Thief River Ford	5,150.49
University of MN	
(Extension Service)	15,389.80
23 Vendors	
Less Than \$2,000	8,968.34
TOTAL	116,232.59

The motion includes the following
additional expenditures: Dacotah
Paper \$504.02; Holly Crandall
\$133.50; Fischer, Rust & Stock,
PLLC \$255.00.

The following Commissioner/
Committee reports were shared:
Dudydcha: None.

Remick: Enbridge tour at Plum-
mer site; NW EMS Board; SWCD
on some projects to be completed next
year; Union negotiations; Township
Officers meeting recently held in
Brooks; AMC District meeting in
Mahnomen discussing employee
retention and insurance costs, and
meeting of NW Mental Health.

Flage: County Economic Devel-
opment Committee and discussed
2 delinquent accounts.

Gerardy: Updated on City of
Plummer's Street project.

Weiss: Local 49'er union nego-
tiations; Township Officers meeting
in Brooks; Area Dancing Sky meet-
ing-reviewed some policies; Quin
CHS-reviewed a report on the WIC
program.

Commissioner Dudydcha ad-
dressed the County Board and
announced that he is voluntarily
resigning his County Commissioner
position effective October 29, 2022.
Commissioner Gerardy moved and
seconded by Flage to accept the
resignation of John Dudydcha with
regrets for time served, effective
as of October 29, 2022. Motion
was carried.

Kerry Peuser of MJB Architects
was present to provide additional
review of the Courthouse Exterior
Painting/Re-roofing project and the
HVAC project that is being planned
for 2023 utilizing federal American
Rescue Plan funds. Peuser provided
an update on changes and asked for
clarification on specific other items
to work into the proposed projects.
There was considerable discussion
with Peuser addressing several
questions. Commissioner Dudydcha
moved, seconded by Remick and
carried by unanimous vote to ap-
prove that MJB Architects proceed
with the plans for the Re-roofing/
Exterior Painting and HVAC projects
to the courthouse.

There being no further business
the meeting was adjourned until
November 8, 2022 at 10:00 a.m.

Attest:
Robert Schmitz, County Auditor
Ron Weiss, Chairman, O37C
Board of Commissioners

(U.S.P.S. 407-240)
Oklee Herald
Corner 2nd Ave. & Main
218-796-5181
ESTABLISHED IN 1914
Published by Richards
Publishing Co.
Courtney Eskeli,
Editor & Office Manager
okleeherald@gmail.com

\$30 subscription in
Local Trade Area
\$40 subscription
Out of Trade Area
\$25 Online Subscriptions

MEMBER MNA & NNA
PUBLICATION NUMBER 407240

**Winner of National Editorial Ass'n.
first prize for Best News Story, 1959.
**Winner of Honorable Mention for
General Excellence, Minnesota
Newspaper Ass'n., 1962.
**Winner 1st place Typography
Excellence, Minnesota Newspaper
Association, 1971.
**Winner 1st place Best Feature
Story, Minnesota Newspaper
Association, 1981.
**Winner 1st place Best Single
News or Feature Story, Minnesota
Medical Association, 1992.

"The Oklee Herald" is published
weekly by Richards Publishing
Co., Inc., Box 159, Gonvick, MN
56644-0159.
Periodical postage paid at Oklee,
MN 56742-0009.
POSTMASTER: Send address
changes to: Oklee Herald, PO
Box 9, Oklee, MN 56742-0009.

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O37C



MUSTANG STAMPED

RLCC Menus

NOTICE: Food shortages are nationwide, and our school district is also experiencing unavailable items or last-minute food replacements from our food distributors. Menus are subject to change, but we will do our best to notify you via social media/bulletin if/when there are menu changes. We appreciate your patience and understanding! We look forward to serving all of our students nutritious meals.

RLCC School District.

Oklee

Monday: Breakfast: Biscuits and gravy, cereal, fruit, juice, and milk. Lunch: Quesadilla, lettuce salad, carrots & celery, fruit, and milk.

Tuesday: Breakfast: Apple Turn Over, cereal, fruit, juice, and milk. Lunch: Ham patty, potato wedges, vegetable, fruit, and milk.

Wednesday: Breakfast: French toast, cereal, fruit, juice, and milk. Lunch: Rice hotdish, dinner roll, yogurt, string cheese, vegetables, fruit, and milk.

Thursday: Breakfast: Toast, cereal, fruit, juice, and milk. Lunch: Chicken nuggets, scalloped potatoes, vegetable, fruit, and milk.

Friday: Breakfast: Cinnamon rolls, cereal, fruit, juice, and milk. Lunch: Hotdogs and Polish, baked beans, chips, fruit, and milk.

Plummer

Monday: Breakfast: Pop tart, cereal, fruit, juice, and milk. Lunch: Macaroni hotdish, carrots, dinner roll, cake, fruit, and milk.

Tuesday: Breakfast: Donuts, cereal, cheese stick, fruit, juice, and milk. Lunch: Hotdog on a bun, chips, baked beans, carrots, fruit, and milk.

Wednesday: Breakfast: Pancakes, sausage links, cereal, fruit, juice, and milk. Lunch: Tacos, toppings, corn, fruit, and milk.

Thursday: Breakfast: Breakfast pizza, cereal, yogurt, fruit, juice, and milk. Lunch: Ham patty on a bun, French fries, green beans, fruit, and milk.

Friday: Breakfast: Banana bread, cereal, fruit, juice, and milk. Lunch: Pizza, salad, fruit, and milk.

Rebel Football holds awards banquet



NORTHWEST DISTRICT ALL-DISTRICT

Pictured are Owen Chervestad, Sophomore, Damon Ferguson, Senior, and Matt Renne, Senior. Not Pictured are Jackson Hoefer, Senior and Brock Seeger, Sophomore.



NORTHWEST DISTRICT HONORABLE MENTION

Pictured are Gerald Melin, Senior and Astin Fredrickson, Junior. Not Pictured is Brock Knott, Sophomore

RLCC announces October Students of the Month

Congratulations to Natalie Vettelson and Mckenzie Tofstad on being Red Lake County Central High School's Student of the Month. Natalie is a senior and Mckenzie is a freshman.

Natalie's parents are Amanda and Shane Vettelson. Her brothers are Logan Vettelson (Brooke), Austin, and Ethan (Kelly). Outside of school, Natalie likes to spend time with family and friends. Natalie was a captain of the volleyball team this year, is a manager for the Girls' Basketball Team, and plays Softball for the Mustangs. Natalie is active in Trap, Knowledge Bowl, and Envirothon. Natalie is Secretary for Student Senate.

One of Natalie's favorite school memories is going to the Fargo Dome with some of the past seniors. Her favorite lunch is the quesadillas! Natalie plans on attending South Dakota State University for Radiology in the fall.

Staff noticed how Natalie puts in extra effort in class and always has a good attitude whenever she tries something new.

Mckenzie Tofstad is the Junior High Student of the month. Her parents are Jeremy Tofstad and Kary Goulet. Her siblings are Matthew, Mason, Andrew, Austin, Ameila, Faith, Samuel, Sky, and Koltyn. Mckenzie loves to draw, write, and ride horses when she's not in school. Mckenzie is active in basketball and choir at school and is active in 4H club. Mckenzie loves spending time with her friends at school, and her favorite classes are choir and science. Mckenzie's favorite school meal is pizza.

Staff noticed how hard Mckenzie worked at Day of Caring and how she is always willing to pitch in whenever they need a hand.

Congratulations to Natalie and Mckenzie.



Students can be seen preparing their catapults for testing. Mr. Strutz's science class does this experiment every year and it is something the classes look forward to.



ALL-SECTION 8-A

Pictured are Damon Ferguson, Senior and Matt Renner, Senior. Not pictured are Jackson Hoefer, Senior, and Brock Seeger, Sophomore.



NORTHWEST DISTRICT WEST DIVISION SPECIAL AWARDS

Linebacker of the Year, Damon Ferguson with Defensive Back of the Year, Owen Chervestad



Receiving Rebel team awards were Damon Ferguson, Gunnar Sandeen and Matt Renner.

Students at Red Lake County Central Catapult into Science



On Wednesday, November 16th, 2022, Mr. Strutz's Freshman Science Class tested their catapults. Students built catapults and brought them to school to test their accuracy and distance. Students had to design and engineer their catapults and compete with other classmates to see whose catapult would launch marshmallows the furthest and with the most accuracy.



SCHOOL EVENTS

Dec 7 Midterm
Dec 13 Choir Concert 7:00
Dec 14
School Board in Plummer
Dec 23-Jan 2
Holiday break

Oklee Herald Early Files

Eighty Years Ago December 4, 1942

The annual Red Cross roll call was completed last week. The roll call chairman was Mrs. A.N. Ries. She was assisted by Mrs. Andy Knutson and Mrs. James Walker. There were 81 members signed and donations were given, bringing receipts in Oklee to \$84.65.

A number of local young men spent the weekend in the Bigfork country which they found that the mild weather has impeded work in the woods. From Weekly News Analysis: Drive of British Troops into Libya forces Axis to fight on two fronts; Helping Nazis: Aliens from occupied countries, largely Poles, had been recruited outside Germany and put into the factories, with Storm Trooper managers.

The entire school attended the movies at Oak Theatre Tuesday morning when the county AAA presented "The River" and "Green Acres," under the direction of Mrs. Andy Knutson.

Seventy Years Ago November 29, 1952

Benny Shetterly, who is stationed at Norfolk, VA spent Friday and Saturday with his family.

A large crowd of neighbors and relatives gathered at the Charles Pregel home Friday evening at a housewarming party.

Hunting season is finally over and things are getting back to normal again. Most of

the hunters got to use their tags.

Sixty Years Ago December 7, 1962

The Jolly Neighbor Home-maker's club entertained their husbands at a dinner party at a café on Tuesday evening.

Glenn Tasa attended the county commissioners convention in Minneapolis from Wednesday to Friday.

Elizabeth Bachand, daughter of Mr. and Mrs. Onezime Bachand of Brooks, is a member of the chorus of the College of St. Benedict, St. Joseph, MN.

The Oklee Bobcats were defeated in the first game of the season by Mentor 52-39. The Trojans made use of the home court advantage and shot 42% for the whole game.

Mr. and Mrs. Elmer Rustan and children were Wednesday evening visitors at the Ole Hofstad home to help Ione Hofstad celebrate her birthday.

Fifty Years Ago December 1, 1972

There are no copies of the Oklee Herald for 1972.

Forty Years Ago December 3, 1982

Olaf Stolaas celebrated his birthday on November 21st and many came over to have a birthday luncheon with him.

The family of Willie and Nora Delage came on Thanksgiving Day to help the celebrate their wedding anniversary.

Thirty Years Ago December 4, 1992

A black 12-foot screened satellite dish went up behind

the Red Lake County Courthouse recently for the purpose of lining to points around the globe. County department will now be able to attend meeting in the Cities without leaving the county.

This week marked the 51st anniversary of the bombing of Pearl Harbor.



Please call today to schedule an appointment for the 2023 changes. We look forward to meeting with you.

Emily Knutson Sue Knutson



We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

Senior Site News & Other Things

By Volunteers Jo Lambert & Bonny Cote
Site number: 218-796-5149

Senior Meals:

Last Thursday, the Oklee Café sent out Thanksgiving meals to Seniors that ordered a meal delivered. The meals were delicious and very much appreciated and enjoyed.

If you want to order a Senior Meal see the menu instructions on page 2 in the Senior Menu. You will notice that the cafe is going to be closed on Mondays, but is offering a meal on Sunday, so you can still get 5 meals a week if you choose.

Congregate Meals:

If we can get enough volunteers to set up for congregare meals, we could start having them at the site. If you are

interested in being a dining volunteer, please let Jo Lambert know. Thank you!

Puzzler's Corner

There are several seniors that enjoy doing puzzles. If you have a 300 large piece puzzle or other puzzles that are not too difficult, and you don't know what to do with it, consider donating to the Senior Site for a Puzzler's Corner. This will be a sharing project. All puzzles can be taken out and returned for others to enjoy.

Activity Dates To Remember

Tuesday (new day): Bingo at 2 p.m. Jo, will call regular players if it gets canceled.

Wednesday: Cards at 1:30 p.m.

**Remember if you don't feel good, stay home.

Jo

Because of the shortage of jobs in town, a boy appeared for work on a farm. The foreman decided to give him try and told him to milk a cow, equipping him with a stool and a bucket.

An hour later the boy returned dirty and sweaty, the bucket in one hand and a broken stool in the other.

"Extracting the milk was easy," he replied. "The worst part was getting the cow to sit on the stool!"

Have a great week!

Plummer News

By Alice Jobe 218-465-4402

On November 21st, Plummer Legion Auxiliary met. They had the undraping of the charter and planned for the Christmas dinner. It will be Sunday, the 11th, 4:30 p.m. social hour and eat at 5:30 p.m. A meatball supper will be served.

Anna DeHate and Steve and Marlene Haugen went to the Black Cat on Thanksgiving for dinner.

Brock Tvedt, son of Kevin and Tiffany Tvedt came home for Thanksgiving for a few days. He attends college.

Thanksgiving guests at Debbie and Jim DuChamps were Marci and Steve Kloety, Chris and Bobbie DuChamp and family, Shirley Vettleson, Wayne and Debbie Vettleson, Wyatt and Miranda Vettleson, Talia Mitzner and girls,

Debbie's sister, Shiela Horn, Jessie Horn and girls and her dad, Grant, also Jean Horn, Logan and Jackie Kalinowski and family, Logan's mom Marsha. Also, Mike and Brenda Vettleson, Kenzie Holm and daughter, Kim and Wanda Vettleson, and Ana Braemer and family, Casey Vettleson and family. Also, Kyle and Chelsea Vettleson and family, Hannah and Brett Gerardy and family. Tim Granum came later.

On Thanksgiving, guests at Willard and Tammy Walwitz were: Karen Tvedt, Brittanie and Andy Pahlen and family, Kevin and Tiffany Tvedt, Ryan and Brock. Also, Shawnda Duray came.

Alice Jobe went to Roseau to her niece Kari and Greg Pulczynski's for Thanksgiving dinner. Also, were brothers

Laren and Allan Kukowski of Badger; Phyllis and Joe Unruh of Warroad, Greg's parents A.J. Pulczynski's of Greenbush. There was lots of food with delicious leftovers to take home.

The weather has been beautiful. So far, I haven't gone skiing this winter. There's not much snow and the temps have been a bit too warm.

Thanksgiving Day, I saw two snowmobiles between Roseau and Badger.

Also, I saw an eagle land down on the edge of the highway between Thief River and Plummer. He flew up right away. But they sure are large close up. We are blessed to have these beautiful birds to enjoy in our area.

Have a good week and stay safe.

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

Thanksgiving the long holiday really accommodates married families. Either family has their turn to eat turkey with their family. Some have it on Thursday the real turkey day or they have it over the weekend. When one goes only to one family and not to the other family it can cause hard feelings. So, this holiday just is meant to include everyone. Our daughter in Warroad spent the actual Turkey Day with her husband's family which is a big family and loads of fun. Then on Saturday we held our dinner which Becky of Mankato, did the heavy lifting and actual putting together of the preparations.

So, everyone was accommodated, and the fun was eating an excellent dinner and having family and fun for the day. Ian and Phillip were home from school and Daphne and Margaret are blossoming into two beautiful girls. Matt and Nancy Ellenson, their parents are busy juggling the finances

and daily jobs to keep a balance. It was fun learning about the classes the boys are taking in college and to hear that Phillip will be going to St. Louis for a conference called Seek sponsored by the church he goes to in Houghton Michigan. It will be held for 5 days and the trip to St. Louis will be by bus. He stayed overnight and went to church before he left for Michigan. The house is so quiet this morning it is like the world stopped and left me off.

Thanksgiving Day we were just the three of us, so we took pleasure in going to the dinner in Oklee. It was a delicious dinner and the waiting on us was wonderful. So prompt and courteous it was something new and not seen so much these days. Good job all of you volunteers what a perfect job you did. Others at the dinner were Clarence and Dianne Gagner, Dick and Karen Delage, Lonny and Bonny and Becky Cote and Lonny's Mom were there also. Emily and Bob Bernier were

there, and it was good to see them, because we haven't seen them for a long time. There were a lot of other people there as well, but I didn't personally know them. We enjoyed the company on a holiday when it was kind of boring to just sit at home.

Joyce and Perry Morinville had dinner company for Thanksgiving dinner, and their children Chris and Robin Morinville and their family were there, Jenni and Finley Huotari of Moorhead (grandchildren), and Lorna Jesme, Valerie and Ross Bruggeman, and Rod Morinville. Joyce also reported that she has her Christmas cookies baked with the help of her granddaughters. She always has scads of baking done for Christmas.

Don't forget that on Sunday December 4th at 4:30 p.m. the Santa Days will start at the Brooks Community Hall, everyone is invited to attend. The meal starts at 5:00 p.m. Door Prizes start at 5:30 p.m.

and the big guy Santa comes at 6:00 p.m. Come and have some fun with your neighbors.

At Red Lake Falls, the 2nd Annual Winterfest Vendor show will be held at the Park Place Mall from 1:00 p.m. to 5:00 p.m. on December 10th. There will be candy, Lefse, Pottery, Jewelry, Tupperware, Scentys, and 31 Products representing their products. If you want to show what you sell, call Peggy Balstad at 218-902-0495. Last minute shopping is always fun.

My mother taught me Religion: You'd better pray that stain comes out of the carpet. My mother taught me Logic: Because I said so, that's why. My mother taught me Irony: Keep crying and I'll give you something to cry about. My mother taught me Wisdom: When you get my age you'll understand. My mother taught me Justice: One day you will have kids. I hope they will turn out just like you.

Red Lake Falls Library

New nonfiction includes "Create Your Dream Home on a Budget" by Daniel & Noell Jett, practical advice, inspiration and projects from the creators of @jettsetfarmhouse, and a book for tweens and their families, "You Are Your Own Best Teacher!" by Claire Nader, sparking the curiosity, imagination, and intellect of tweens. New fiction includes "The Boy and the Dog" by Seishu Hase, translated from the Japanese by Alison Watts, "Before Your

Memory Fades" by Toshikazu Kawaguchi, author of the international bestseller "Before the Coffee Gets Cold;" and new holiday titles "A Quilt for Christmas" by Melody Carlson, "Christmas at the Cupcake Cafe" by Jenny Colgan, and "The Christmas Spirit" by Debbie Macomber.

Stop by the RLF Library on Saturday, December 17 for a Christmas open house with refreshments and a make & take craft.

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Who's Dat?



Who's Dat?

This week's photo is of a young lady and her duck!

Last week's photo: Front: Holly Bronken and Ginny Stenberg. Back row: Sherry Swenson, Beth Bronken, and Carol Groven.

I am always in need of more photos - School days, church events, sports, etc. If you email a photo, please scan at 300 dpi (high quality) if you can. You can email to okleeherald@gmail.com.

If you mail a photo to the Oklee Herald office, please enclose a self-addressed stamped envelope so the photos can be returned. Mail them to: Oklee Herald, PO Box 9, Oklee MN 56742 Or stop by the office.



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