

Church news

OKLEE LUTHERAN PARISH
Zion and Salem
Pastor Linda Molitor
Wed, Mar. 17: 7:00 p.m.
Lenten Service at Zion.
Sun, Mar. 21: 9:00 a.m.
Zion, 9:00 a.m. SS at Salem.
10:00 a.m. SS at Zion. 10:30 a.m. Salem.
Wed, Mar. 24: 7:00 p.m.
Lenten Service at Salem.
Sermons are on GVTEL Channel 35 (10 am Sunday & 2 pm Tuesday), also on Facebook or YouTube.

CATHOLIC PARISHES OF OKLEE, GRYGLA & GOODRIDGE
Fr. Adam Hamness
Sunday: 8:00 a.m. St. Francis - Oklee. 10:15 a.m. - Grygla. 12:00 p.m. - Goodridge.
Go to: <http://www.oggcatholic.org/> for service times.

BROOKS - RED LAKE FALLS CATHOLIC PARISH
Fr. Bob Schreiner
Brooks - Red Lake Falls Catholic Parish
Fr. Bob Schreiner
Saturday: St. Joseph RLF 5:30 p.m.
Sunday: Brooks Sunday 8:00 a.m. St. Joseph 10:00 a.m.

IMMANUEL-EBENEZER LUTHERAN PARISH ELCA
Pastor Jonathan Dodson
Sun, Mar. 21: 9:00 a.m. Worship at Immanuel. 10:15 a.m. Sunday School at Immanuel. 7:00 p.m. Worship at Ebenezer.

GOODRIDGE AREA LUTHERAN PARISH
Bethany-Ekelund-Faith
Pastor Kristen Ostercamp
Wed, Mar 17: 7:00 p.m. Worship at Ekelund. 7:30 p.m. Gr.8 Confirmation.
Sun, Mar. 21: 9:00 a.m. Worship at Faith. 10:30 a.m. Worship at Bethany.
Mon, Mar. 22: 9 a.m. Quilting at Faith. 7:00 p.m. Parish Council meeting.
Wed, Mar 24: 7:00 p.m. Worship at Faith.

Oklee Senior Site Dining

March 22 - 26

No congregate meals served.
If you are over the age of 60 and you want a meal delivered to your home, call Jo Lambert at 796-4527 or Oklee Cafe 796-5666 to order a meal. A \$5.00 per meal donation is suggested.
Mon: Grilled ham & cheese, chili, milk, and dessert.
Tue: Drummies, American fries w/onions, carrots, bread, milk, and dessert.
Wed: 1/2 Hot Pork w/ mashed potatoes & gravy, corn, milk, and dessert.
Thu: Tator tot hotdish, coleslaw, bread, milk, and dessert.
Fri: Fish fillet, fries, green beans, milk, and dessert.

CLEARWATER LUTHERAN PARISH
Mt. Olive - Nazareth Oak Park - St. Petri
Pastor Jeff Merseeth
Wed, Mar. 17: 5 p.m.
Wednesday School. 7:00 p.m.
Lenten Service at Oak Park.
Thu, Mar. 18: 5:00 p.m.
Lenten Service at Mt. Olive.
Sat, Mar. 20: Mt Olive: 9:00 a.m.

Sun, Mar. 21: St. Petri: 8:00 a.m. Worship. 9:15 a.m. SS; Oak Park: 8:30 a.m. SS. 9:45 a.m. Worship; Nazareth: 10:00 a.m. SS. 11:00 a.m. Worship.
Tue, Mar. 23: St. Petri: 6:30 p.m. Lenten Service.
Wed, Mar. 24: 5 p.m. Wednesday School. 7:00 p.m. Lenten Service at Nazareth.
Thu, Mar. 25: 5:00 p.m. Lenten Service at Mt. Olive.
Find services and past sermons at www.facebook.com/clearwaterlutheranparish

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
Wed, Mar. 17: 6:25 p.m. AWANA. 6:30 p.m. Youth Group.
Sun, Mar. 21: 9:30 a.m. Worship. 10:45 a.m. Sunday School.
Tue, Mar. 23: 9:30 a.m. Ladies Devotions.
Wed, Mar. 24: 6:25 p.m. AWANA. 6:30 p.m. Youth Group.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Wed, Mar. 17: 7:00 p.m. Lent at Sand Valley.
Sun, Mar. 21: 9:00 a.m. Lund. 10:30 a.m. Bethany. 1:00 p.m. Confirmation at Lund.
CDC safety guidelines for COVID-19 will be followed.

BETHEL ASSEMBLY Fosston
Seth Johnson, Interim Pastor
Sundays: 10:00 a.m.
Services will continue to be live-streamed on Facebook (<https://www.facebook.com/bethelfosston>) as an alternative to attending in person.

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ANNUAL MEETING NOTICE

The Annual Meeting of the Plummer Community Homes will be held on Monday, March 22, 2021, at 4:00 PM, at the Emardville Hall in Plummer. The purpose of the meeting is to present financial reports and elect Two Directors. Prize drawings will be held.

052C

ANNUAL MEETING NOTICE

The Annual Meeting of the Brooks Community Homes will be held on Monday, March 29, 2021, at 7:00 PM at the Community Hall in Brooks. The purpose of the meeting is to present financial reports, and elect two Directors. Prize drawings will be held and a light lunch will be served.

052-1C

ANNUAL MEETING NOTICE

The Annual Meeting of the Oklee Community Homes will be held on Tuesday, March 30, 2021, at 6:00 PM at the Senior Center in Oklee. The purpose of the meeting is to present financial reports, and elect one Director. Prize drawings will be held.

052-1C



~Happy St. Patrick's Day to you all~

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ATTENTION:

Drivers for Senior Meals on Wheels are needed.
If you are interested in delivering meals, contact the Senior Site at 796-5149.
You pick the day that works best for you and your schedule. Usually 4 - 6 stops in the City limits of Oklee.
It only takes about 20 minutes of your time for a very important service to the Seniors of our Community.

016-15C

imum Price was agreed, Motion by Genova and seconded by Olson, motion carried.

Discussion on reviewing all city ordinances in the near future

Vacant Council Seat

Genova made the point that the notice in the paper to ask for interested applicants for the vacant seat had stated to apply in writing, on this basis he felt it was illegal to consider George Burthwick as an applicant for the seat because he had not sent in a written application. Motion to close the applications for the vacant seat by Genova and seconded by Olson, motion carried.

Danny Sandoval then came forward to give his reasons for wanting to serve on the council. Sandoval stated he had lived in Oklee for 4 years and he really love the Town and would like to be more involved. He had noticed things that in his view need attention, one being the darkness of Lambert Street in places, the discussion went on for a while. Motion by Genova to accept Danny Sandoval on to the Council Board. Motion by Olson to nominate George Burthwick onto the board, the vote was tied and Mayor Lori Gulseth cast her vote for Sandoval. Motion carried to accept Sandoval onto the City of Oklee Council for the remainder of the Kelly Brekke term (until December 2022)

Historical Society Carpet
Bonny Cote came forward with two quotes for carpet, one was for a full carpets and the other was for carpet tiles, the preferred choice was for the carpet tile, ease of repair was one reason for this choice.

Motion by Olson and seconded by Genova to accept the bid of 1785.60 for the carpet tiles, motion carried.

Motion to close the Meeting at 8:13 PM by Genova and seconded by Olson, motion carried.

Mayor Lori Gulseth

Derek Cross/City Clerk
Date.

City of Oklee Employee Hire Meeting (Closed Meeting)
Monday March 8th 2021, Oklee Café
After regular Council Meeting.
Agenda
Job applications

Sudoku Solution

6	7	3	1	9	4	2	5	8
4	9	2	7	5	8	6	1	3
5	8	1	6	2	3	4	9	7
8	3	6	5	4	2	1	7	9
2	1	9	3	8	7	5	6	4
7	4	5	9	6	1	3	8	2
1	6	4	2	7	9	8	3	5
3	2	7	8	1	5	9	4	6
9	5	8	4	3	6	7	2	1

(U.S.P.S. 407-240)

Oklee Herald

Corner 2nd Ave. & Main
218-796-5181
ESTABLISHED IN 1914
Published by Richards Publishing Co.
Bonny Cote,
Editor & Office Manager
okleeherald@gmail.com

\$30 subscription in Local Trade Area
\$40 subscription Out of Trade Area
\$25 Online Subscriptions

MEMBER MNA & NNA
PUBLICATION NUMBER 407240

****Winner of National Editorial Ass'n. first prize for Best News Story, 1959.**

****Winner of Honorable Mention for General Excellence, Minnesota Newspaper Ass'n., 1962.**

****Winner 1st place Typographic Excellence, Minnesota Newspaper Association, 1971.**

****Winner 1st place Best Feature Story, Minnesota Newspaper Association, 1981.**

****Winner 1st place Best Single News or Feature Story, Minnesota Medical Association, 1992.**

"The Oklee Herald" is published weekly by Richards Publishing Co., Inc., Box 159, Convick, MN 56644-0159. Periodical postage paid at Oklee, MN 56742-0009.

POSTMASTER: Send address changes to: Oklee Herald, PO Box 9, Oklee, MN 56742-0009.

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016-15C

Oklee Centennial Cookbook Recipe Corner - From page 218

Molasses-glazed Baby Back Ribs
Joanie (O'Neill) Bakke

4-1/2 lbs pork baby back ribs
2 liters coke
1/2 tsp salt
1/2 tsp pepper
1/2 tsp garlic salt
1/2 tsp onion powder
1/4 tsp dried oregano
1/8 tsp cayenne pepper

Barbecue Sauce:
1/4 cup ketchup
1/4 cup honey
1/4 cup molasses
1 Tbsp prepared mustard
1/2 tsp salt
1/2 tsp cayenne pepper

Place ribs in large resealable plastic bags; add coke. Seal bags and turn to coat; refrigerate 8 hours or overnight, turning occasionally. Drain ribs and pat dry with paper towels. Combine salt, pepper, onion powder, oregano and cayenne; rub over ribs.

Place ribs on a rack in a roasting pan. Cover tightly with foil; bake at 350 degrees for 2 hours. Cool slightly.

Combine barbecue sauce ingredients and brush on ribs. Leave a little extra for basting.

Place ribs on gas grill over medium indirect heat (have flame on opposite side of ribs). Cook for about 10 minutes while basting with the remaining barbecue sauce.





MUSTANG STAMPED

RLCC Menus

March 22 - 26

Oklee

Monday: Breakfast: Biscuit & gravy, cereal, fruit, juice, and milk. **Lunch:** Pulled pork or BBQ chicken, baked beans, chips, fruit, and milk.

Tuesday: Breakfast: Toast, cereal, fruit, juice, and milk. **Lunch:** Taco in a bag or soft shell, refried beans, potato Olés, fruit, and milk.

Wednesday: Breakfast: Pancakes w/syrup, cereal, fruit, juice, and milk. **Lunch:** Pizza, lettuce salad, fresh vegetables, fruit, and milk.

Thursday: Breakfast: Toast, cereal, fruit, juice, and milk. **Lunch:** Chicken patty w/bun, cheesy hash browns, vegetables, fruit, and milk.

Friday: Breakfast: Cinnamon roll, cereal, fruit, juice, and milk. **Lunch:** Tomato soup, grilled cheese, fresh vegetables, fruit, and milk.

Plummer

Monday: Breakfast: Bagel w/toppings, cereal, fruit, juice, and milk. **Lunch:** Chicken Alfredo, garlic toast, salad, cookie, fruit, and milk.

Tuesday: Breakfast: Toast, cereal, fruit, juice, and milk. **Lunch:** Sausage egg biscuit, green beans, fruit, and milk.

Wednesday: Breakfast: Waffles, cereal, fruit, juice, and milk. **Lunch:** Chili, corn bread, carrots, fruit, and milk.

Thursday: Breakfast: Yogurt, cereal, fruit, juice, and milk. **Lunch:** Roast turkey, mashed potatoes, gravy, mixed veggies, dinner roll, fruit, and milk.

Friday: Breakfast: Donut, cereal, fruit, juice, and milk. **Lunch:** PB & J, fries, corn, Dixie cup, fruit, and milk.



Schedules subject to changes - please check the school web site at <https://www.rlcc2906.org/>

Softball:

Girls Varsity

Mon, Mar. 29: 1st Day of Practice TBD

Thu, Apr. 8: 3:30PM Fertile-Beltrami @ Oklee.

Fri, Apr. 9: 5:00PM Away vs. Red Lake Falls @ Lafayette High School.

Tue, Apr. 13: 4:30PM East Polk @ Oklee.

Thu, Apr. 15: 5:00PM Away vs. Badger/Greenbush/Middle River @ Greenbush Field.

Fri, Apr. 16: 4:30PM Away vs. Ada-Borup @ Ada-Borup Highschool.

Fri, Apr. 23: 4:30PM Away vs. Kelliher/Northome @ Kelliher High School.

Mon, Apr. 26: 4:30PM Away vs. Laporte Laporte High School.

Tue, Apr. 27: 1:00PM Away vs. Bagley @ Bagley

RLC Coop Rebel

Baseball: V/JV/JH

Thu, Apr. 8: 4:30PM Red Lake County vs. Roseau @ Roseau.

Mon, Apr. 12: 4:30PM RLC vs. East Grand Forks Green Wave @ L.E. Drechsel Field (Red Lake Falls).

Tue, Apr. 13: 4:30PM RLC vs. Warroad @ L.E. Drechsel Field (RL Falls).

Thu, Apr. 15: 4:30PM RLC vs. Fosston @ Fosston High School.

Fri, Apr. 16: 4:30PM RLC vs. Crookston @ L.E. Drechsel Field (RL Falls).

Tue, Apr. 20: 4:30PM RLC vs. BGMR @ L.E. Drechsel Field (RL Falls).

Thu, Apr. 22: 4:30PM RLC vs. Northern Freeze @ L.E. Drechsel Field (Red Lake Falls).

Fri, Apr. 23: 4:30PM RLC vs. Thief River Falls @ TR Falls High School.

JH ONLY: 4:30PM RLC vs. Thief River Falls

Speech Team update on competitions

On Saturday, February 27th, the Red Lake County Speech team attended the Lumberjack Invitational hosted by the Bemidji Speech Team virtually. Receiving awards at this competitive meet were Mariah Peterson, a senior at Lafayette High School, receiving a Red Ribbon in Creative Expression, with her original piece, "Teachers Take On Tik Tok". Anne Dolan receiving 3rd place in Novice Original Oratory with her original piece, "Mental Health Should be Discussed in Schools." Daniel Guillemette, a senior at Red Lake County

High School receiving a red ribbon in Poetry for his piece, "For Instance" by Shane Koyczan, and Halle Thompson received a red ribbon in Prose for her piece "Night" by Elie Wiesel.

On March 6th, the Red Lake County Rebel Speech team attended the 49th Chuck Beckman Memorial Speech Meet virtually hosted by the Walker-Hackensack-Akeley school district. Mariah Peterson received 5th place out of 29 contenders in the Category, Creative Expression with the original piece, "Teachers Take On Tik Tok." Hannah Dudycha,

an 8th grader, received a red ribbon in the Category, Drama, in which she performed "Lily" by Matt Buchanan.

The RLC team competed at the Perham Jacket meet on March 13th. Mariah Peterson earned a first-place medal in Creative Expression and a 3rd place Medal for her piece in Great Speeches, "John McCain's Concession to Obama." Daniel Guillemette received a fifth-place medal in Poetry.

The RLC speech team is coached by Head Coach Jessie Hamrum and Assisted by Bobbi Aakhus

RLCC Mustangs vs. Win-E-Mac Stats



On March 5th, 2021 the Red Lake County Central Mustangs took on Win-E Mac. The Mustangs won with a score of 67-38.

Kia Bachand- 20pts, 16 rebounds (RB), 5 steals, 5 assists, 1 block

Cari Bachand- 18 pts, 1 RB, 3 assists, 2 steals, 1 block

Jamie Flatgard- 10 pts, 1 RB, 3 steals, 1 assist

Marissa Thomas- 8 pts

Carlee Whalen- 4 pts

Shawna Majores- 3 pts

Stats and photos submitted.

Photo left:
Kia Bachand on the jump
March 5, 2021 against WEM.



Photo below:
Jamie Flatgard in the
lane 3/5/21 against WEM



Cari Bachand with a 3 pointer against Win-E-Mac on March 5th, 2021.



The Class of 2021



Name: Karena Melby
Family members: Isaac, Marcella, and older sister Sydney
Favorite movie: LaLa Land and Little Women
Favorite song/band: Harry Styles and One Direction
Favorite class: English
Favorite RLCC Sport/Activity: One Act and Three Act plays
Favorite teacher/coach: Tyrell Hamrum



Name: Janae Olson
Family members: My parents Dale & Sara
Favorite movie: Lemonade Mouth or The Parent Trap
Favorite song/band: One Direction
Favorite class: Not precalc
Favorite teacher/coach: Rhonda
Your plans for the future: Attend Minnesota State University in Moorhead and major in psychology



Name: George Duden
Family members: Parents: Brad and Vicki Duden. Siblings: Nathan & Alexis Hruby, James Hanson, Oscar Duden.
Favorite movie: Smokey and the Bandit
Favorite song/band: East Bound and Down
Favorite class: English with Mrs. Tvedt
Favorite RLCC Sport/Activity: Football & Wrestling
Favorite teacher/coach: Coach Lundeen and Coach Cervantes
Most important person in your life: My dad and Uncle Perry
Best memory from school: Dissecting dead animals with Levi in Mr. Steva's class
Your plans for the future: Go to work



Name: Andrew Gryskiewicz
Family members: Ryan Gryskiewicz, Angie Klasen, Sister Billie Jo Grykiewicz, Taylor Klasen
Favorite movie: Game Over
Favorite song/band: Cover Me Up by Morgan Wallen
Favorite class: Welding
Favorite RLCC Sport/Activity: Basketball
Favorite teacher/coach: Mr. Moll and Mr. Huie
Most important person in your life: My parents and my grandparents and my nephew and my sisters.
Best memory from school: Hanging out with friends and playing cards in gym and talking to the teachers.
Your plans for the future: Be a farmer and feed cows and work at a good paying job.

Red Lake County Rebel Stats

Team	Date Played	1st	2nd	Final
Rebels	1/28/2021	39	41	80*
Clearbrook-Gonvick		19	30	49
Rebels	1/29/2021	40	28	68*
Warren		17	35	52
Rebels	2/4/2021	37	34	71*
Sacred Heart		22	32	54
Rebels	2/5/2021	22	18	40
Mahnomen-Waubun		35	40	75*
Rebels	2/9/2021	16	32	48
Northern Freeze		30	23	53*
Rebels	2/12/2021	41	25	66*
Sacred Heart		25	28	53
Rebels	2/16/2021	28	20	48
Fertile		25	31	56*
Rebels	2/22/2021	22	18	40
WEM		26	25	51*

Mustangs vs. Clearbrook-Gonvick 2-18-21

Final stats were:
Kia Bachand- 14pts, 9 rebounds (RB), 1 steal, 5 assists, 1 block
Carlee Whalen- 14 pts, 9 RB's, 1 steal and 1 assist
Cari Bachand- 12 pts, 4 RB's, 4 steals, 2 assists, 1 block
Jamie Flatgard- 4 pts
Shawna Majores- 2pts
Katie Suchy- 2 pts

Writers & Writing by Michael Tidemann

Tidemann started his journalism career at the Bismarck Tribune in 1978 and began college teaching career as a graduate teaching assistant at the University of South Dakota in Vermillion in 1977. He has worked at newspapers in Iowa and the Dakotas and his work has appeared in Overdrive, Writer's Journal, the San Diego Union-Tribune and Snowmobile. (Michael Tidemann writes from Estherville, Iowa. His author page is amazon.com/author/michaeltidemann.)



Novel explores shared grief and PTSD

So what happens when two PTSD victims converge in a lonely cabin during a Colorado blizzard?

That's the setup for Halfway to Someday by Osage, Iowa, author Layla Dorine.

Rocker Jesse Winters, who suffers from the aftereffects of a past relationship from a man who still stalks him, meets up with Ryker, a former Army Ranger who is trying to overcome survivor guilt and his own wounds and trauma brought on by eight tours in Afghanistan.

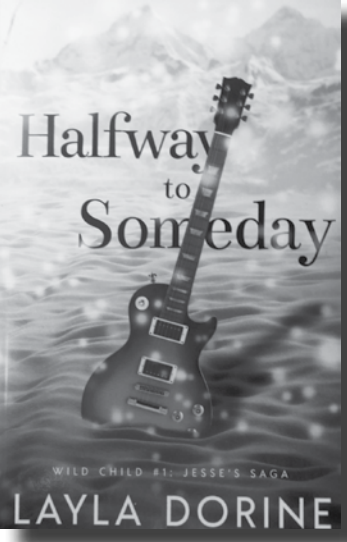
At first, Ryker finds his attempts to reach Jesse thwarted by the other man's fear and shame from physical self-abuse. However, when both men work to fight off Jesse's stalker Troy, they find common ground. Even more important, though, they heal themselves by helping each other.

Above all, Ryker's openness and honesty are exactly what Jesse needs.

"Whatever you say stays between us. I don't judge you, and I won't yell. You have my word, but it really looks to me like not sharing is tearing you up inside. So please, before

either one of us takes an accidental trip off the deep end, let's help each other."

And that's exactly what the pair do. By helping Jesse, Ryker comes to terms with his own war wounds. And by helping Ryker overcome his demons, Jesse opens up and rediscovers his own humanity.



Halfway to Someday
Layla Dorine
NineStar Press
ISBN 978-1-951880-31-6
\$6.99

Ryker also hears an objective assessment of his relationship from his uncle Desmond.

"I think you two might be good for each other. I've known Jesse for most of his life. He hasn't had an easy time of things, but then neither have you. Maybe together, you can help each other move past the pain you're struggling with."

Ryker also intercedes on Jesse's behalf to explain to his cousin Kyle, Jesse's fellow band member, the turmoil Jesse is experiencing, a key to getting Jesse back on his feet and rejoining the band. Jesse and Ryker also start to form a close personal relationship.

While Jesse starts to heal internally, he remains in danger as Ryker calls in former fellow Rangers to help protect him from Troy.

Dorine does a great job of exploring the depths of PTSD in both characters, a great service to victims of domestic violence and the aftereffects of war. The novel does contain mature content and violent situations.

(Michael Tidemann writes from Estherville, Iowa. His author page is amazon.com/author/michaeltidemann.)

Red Lake Falls Library

One of the library digital resources that can be found on the NWRL website is Braine-fuse: HelpNow. Brainfuse HelpNow is a comprehensive and valuable on-demand, anytime, anywhere eLearning tool. View how easy, intuitive and engaging Brainfuse HelpNow eLearning is for all ages and levels. HelpNow's features include:

Homework Help: Interact with live tutors in math, science, reading/writing, social studies, PSAT/SAT, ACT, AP and state standardized tests.

Skills-Building: Choose your topic to receive real-time help.

Personalized eLearning Tools: My File Sharing, My Session Replay, My Tutoring Archive, My Tests Archive, and more!

24-Hour Writing Lab: Submit essays and other forms of writing for constructive feedback.

Homework: Send Question Submit homework questions for expert guidance.

Adult Learning Center: Access a library of rich adult learning content (GED) and live, professional assistance in resume/cover letter writing, U.S. citizenship prep, MS Office Essential Skills Series, and more!

Foreign Language Lab / Spanish-Speaking Support

All this help is available anytime at no cost with a library account; just enter your 14-digit barcode and PIN to open up the Brainfuse world.

March 2021 Health Points

Dietary Guidelines for Americans 2020-2025

The U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS) released the Dietary Guidelines for Americans, 2020-2025. The guidelines provide science-based recommendations designed to foster healthy dietary patterns for Americans of all ages – from birth through older adults. Importantly, this edition expands the guidance, for the first time including recommended healthy dietary patterns for infants and toddlers.

The four overarching guidelines, encourage Americans to "Make Every Bite Count" by:

Following a healthy dietary pattern at every life stage.

Customizing and enjoying nutrient-dense food and beverage choices to reflect personal preferences, cultural traditions, and budgetary considerations.

Focusing on meeting food group needs with nutrient-dense foods and beverages from five food groups – vegetables, fruits, grains, dairy and fortified soy alternatives, and proteins – and staying within calorie limits.

Limiting foods and beverages higher in added sugars, saturated fat, and sodium, and limiting alcoholic beverages.

USDA's MyPlate translates and packages these principles of dietary guidance for Americans in a way that is handy and accessible. USDA offers the [Start Simple with MyPlate campaign](https://www.choosemyplate.gov) and a new MyPlate website to help individuals, families, and communities make healthy food choices that are easy, accessible, and affordable, in addition to helping prevent chronic disease. For more information, visit www.myplate.gov.

Vaccine Connector

Sign up for Vaccine Connector:

This tool is for all Minnesotans who have not yet been vaccinated.

Whether you are eligible for a vaccine now or later – the

Vaccine Connector will notify you when you it's your turn for a shot.

The Minnesota COVID-19 Vaccine Connector is a tool that helps Minnesotans find out when, where, and how to get a COVID-19 vaccine. After you fill out a simple form, the Vaccine Connector will:

- alert you when you are eligible to receive a vaccine;
- connect you to resources to schedule a vaccine appointment; and
- notify you if there are vaccine opportunities in your area.

To Launch the Vaccine Connector go to: <https://vaccineconnector.mn.gov/> <https://mn.gov/covid19/vaccine/connector/index.jsp>

Teens and Tobacco in Minnesota: Highlights from the 2020 Youth Tobacco Survey

02/23/2021

The 2020 Minnesota Youth Tobacco Survey (MYTS) included for the first time a four-item e-cigarette dependence scale.

Percent of students who currently use e-cigarettes and reported having experienced a sign of dependence.

60.2% answered: I vape more before going into a situation where vaping is not allowed

54.3% answered: I find myself reaching for my e-cigarette without thinking about it

30.8% answered: When I haven't been able to vape for a few hours, the craving gets intolerable

27.6% answered: I drop everything to go out and buy e-cigarettes or e-juice

70.4% answered: One or more of the above

Nicotine Dependence

Nicotine is highly addictive. Adolescents and young adults are particularly susceptible to addiction, because their brains are still developing. One sign of nicotine dependence is frequent use, defined as use on 20 or more of the past 30 days. In 2020, 33.6% of students who currently use e-cigarettes frequently used the product, an

80 percent increase from 2017 (18.7%). In contrast, the percent of students who frequently smoke cigarettes declined 47 percent from 28.8% in 2017 to 15.2% in 2020.

Studies on youth smoking cessation suggest that social and environmental factors affect youth quitting. For example, perceptions that tobacco use is unacceptable, smoking restrictions, and household bans can increase cessation. Studies also suggest that young adults who recognize the negative health effects, have access to and make use of cessation resources, have tried to quit before, and have lower addiction levels tend to be more successful at quitting for good.

In April 2020, after data were collected for the 2020 MYTS, MDH launched the state's first free youth cessation program, My Life, My Quit, a free service for teens to access help online and quit coaching by texting, chat, or phone.

Text "Start My Quit" to 36072

<https://www.health.state.mn.us/communities/tobacco/data/docs/2020mytsreport.pdf>

Parenting Tips

Some of the Top Parenting Tips

Just remember these are not going to work for every child-parent relationship. You know your child best. Remember that its ok to be vulnerable. As parents we aren't always right. We do make mistakes and sometimes say or do things out of anger or frustration. Remember to say I am sorry and admit your faults.

- Have dinner with your kids
- Talk about your emotions with them
- Make mistakes and keep trying
- Find a support network
- Take time for yourself
- Let your kids take risks
- Figure out what makes your child feel loved, and prioritize that
- Do what feels right for your child

Red Lake County Commissioners Minutes

RED LAKE COUNTY Regular Meeting held February 9, 2021

Pursuant to adjournment of its last meeting the Red Lake County Board of Commissioners duly met in regular session at the Courthouse in Red Lake Falls, MN on February 9, 2021 at 10:00 a.m. Chairman Flage called the meeting to order. Commissioner Dudydcha was absent. The Pledge of Allegiance was recited.

County Highway Engineer Hove met with the board on a couple topics. Hove informed that his department has finished review of bids received on January 26, 2021 for the Oklee Sidewalk Project. The low bid was received from RJ Zavoral & Sons of East Grand Forks, Mn. Hove mentioned there was a minor correction that lowered the original bid amount. Hove recommended to award the contract in the amount of \$1,542,968.89 to RJ Zavoral & Sons Construction. Commissioner Remick moved, seconded by Gerardy and carried unanimously to award the contract for SAP 063-653-002 and SAP 063-622-004 for the Oklee Sidewalk Project to RJ Zavoral & Sons based upon the Engineer Hove's recommendation.

Hove informed that Red Lake County has applied for and received federal HSIP funding to add street lights at four (4) intersections within the county. The project is a cooperative effort among six area counties with Kittson County being the lead agency. A map was distributed of the project locations. The cost will be funded with 90% federal HSIP funding and 10% state aid funds. Commissioner Remick moved, seconded by Weiss and carried unanimously to approve the project agreement as presented.

Tanya Hanson of the SWCD was present to provide an update on Erosion Control Projects in the county. There were many projects that have been completed and other future ones planned utilizing BWSR Clean Water Grant Funds, State Cost-Share Funds, and Multi-Purpose Drainage Management Grants. Hanson also reported on four (4) One Watershed-One Plan (1W1P) projects that are in the feasibility study or design phase.

Environmental Officer Casavan met with the board to request re-newal of the county 5-year re-cycling contract with Les's Sanitation in Thief River Falls. The current agreement will expire on February 29, 2021. Casavan informed that owner Jerry Skjerven Jr. is willing to continue with the same contractual terms at \$39,500.00 per year for a 5-year contract. Commissioner Gerardy moved, seconded by Weiss and carried unanimously to re-new the agreement with Les's Sanitation for another 5 years at the rate of \$39,500.00 annually to provide re-cycling services to Red Lake County. The Board Chairman and County Auditor are authorized to sign the agreement. A complete document is on file at the Auditor's office.

Kayla Jore of Inter County Nursing Service provided an update on COVID-19 and on the distribution of the vaccine. Case numbers have shown a slight increase over the past month. The Nursing Service is getting small doses of vaccine two to three times per month. Jore informed that all assisted living and nursing home residents and healthcare workers are vaccinated. Shots are now being given to the age-65 group. The next round will be for teachers and daycare providers.

Commissioner Remick moved and seconded by Weiss to approve the minutes of the board meeting held January 26, 2021.

Commissioner Weiss moved, seconded by Gerardy and carried unanimously to approve the following expenditures for the period:

Vendor	Amount
Counties Providing Technology	\$ 4,314.00
School District #2906	10,000.00
IUOE Local 49 Health Fund	15,900.00
Lafayette High School	10,000.00
Moore Engineering, Inc.	38,693.75
Seachange printing	5,050.28
Thibert Chevrolet	39,009.58
WSB & Associates	13,610.50
49 Vendors less than \$2,000	20,663.67
FINAL TOTAL	\$136,578.11
The motion included the following added bills: \$19,200.00 Hoffman,	

Committee reports were shared:

Commissioner Reports
Dudydcha - None.
Gerardy - County Fair Board.
Remick - County Extension

Committee and NW Mental Health meetings.

Flage - Inter County Nursing Service meeting.

Weiss: - None.

Auditor Schmitz informed that the audit for 2019 is in process and the Independent firm of Hoffman, Philipp & Martel, LLC has submitted the representation letter for County Board approval. Commissioner Weiss moved, seconded by Remick and carried unanimously to approve the 2019 Audit Representation Letter as presented. The Board Chair and Auditor signed as the county representatives.

The County Board discussed a request from MRC on the Minnesota Clean Car proposal by the MPCA to adopt the California Clean Car Mandate for vehicle emission standards. Chair Flage informed that the MRC organization is asking counties to adopt a Resolution opposing the push by the Governor and the MPCA to adopt the California emission standards. Commissioner Gerardy moved, seconded by Weiss and carried by unanimous vote to approve Resolution No. 02-01-21 "Mn Clean Car Resolution" and is listed as follows:

WHEREAS, Red Lake County is responsible for providing essential government services such as transportation infrastructure and solid waste management that promote a vibrant community;

WHEREAS, Red Lake County works tirelessly to be good stewards of our tax dollars and provide these programs in a cost-effective and efficient manner;

WHEREAS, the Minnesota Pollution Control Agency (MPCA) is in the process of adopting California's Low-Emission Vehicle (LEV) and Zero-Emission Vehicle (ZEV) mandates;

WHEREAS, the adoption of these rules is being conducted by rulemaking, which limits the scope of the discussion to a narrow set of issues, precluding a broader policy debate on the economic development, transportation, energy, and waste disposal impacts of the policy. The proposed rule and process for adopting it also fail to address many of the Minnesota-specific concerns related to our county's demographics and climate;

WHEREAS, the MPCA's own documents show that the plan to

Philipp, & Martel, PLLC; \$900.00 MNIT; \$88.36 Hardware Hank, and \$9.62 Sue Lehrer.

The following Commissioner/Committee reports were shared:

Commissioner Reports
Weiss -Tri County Corrections; NW Regional Development.

Dudydcha -Inter County Community Council.

Gerardy -None.

Remick -Soil & Water Conservation District.

Flage -Rural Transportation Communication Council (RTC) and Minnesota Rural Caucus (MRC).

The board meeting was recessed at 11:55 a.m. for lunch until 1:00 p.m. to conduct the public hearing at City Hall to accept comments for the County Floodplain Ordinance Amendment. Commissioners present were: Flage, Gerardy, Remick, and Weiss. County staff present: Environmental Officer Kurt Casavan, Attorney Mike Lacoursiere, Engineer Erik Hove, Auditor Bob Schmitz. Also present were Tanya Hanson of SWCD and two members of the public. The public hearing was opened at 1:00 p.m. by Chairman Flage. Flage explained the meeting purpose. Casavan informed that the county must incorporate the pending Flood Insurance Study and Flood Insurance Rate Map panels that go into effect on March 9, 2021 into the ordinance for Red Lake County. The board heard discussion from those present. Casavan explained that the county must officially adopt the amendments to the ordinance and publish a summary as required by law. Chair Flage closed the hearing at 2:00 p.m. and the board meeting was re-opened. Commissioner Remick moved, seconded by Weiss and carried by unanimous vote to officially adopt the Floodplain Ordinance Amendment for Red Lake County as presented by Environmental Officer Casavan.

There being no further business the regular board meeting adjourned at 2:10 p.m. to February 23, 2021 at 10:00 a.m.

Attest:
Robert Schmitz, County Auditor

Chuck Flage, Chair,
Board of Commissioner
O52C

mandate California's LEV and ZEV standards is likely to increase the cost of all light- and medium-duty vehicles sold in Minnesota by an average of \$1,139; [increasing our fleet procurement budget]

WHEREAS, the MPCA estimates the rule will displace 674 million gallons of fuel by 2034, before the phasing out of fuel-powered vehicles, but the MPCA's documents do not address the long-term consequences on our county's transportation revenues [for the impacts on our local ethanol plant/biofuels industry];

WHEREAS, batteries in electric vehicles weigh ten-times as much as batteries in vehicles with internal combustion engines and include more toxic elements, exposing our county to increased disposal costs and liabilities;

THEREFORE, BE IT RESOLVED, that Red Lake County opposes the MPCA's attempt to adopt California's mandates through rulemaking without consulting the Legislature, and

BE IT FURTHER RESOLVED, that Red Lake County encourages the Walz administration to withdraw its proposed rulemaking and bring a proposal to the Legislature where a more comprehensive policy can be considered, and

BE IT FURTHER RESOLVED, that Red Lake County stands ready to advise the Governor, his administration, and our regional Legislators on proactive methods to achieve the goals raised by Governor Walz without adversely impacting our ability to provide public services; and

BE IT FINALLY RESOLVED, that Red Lake County will advocate against this rulemaking to ensure that our concerns about increased costs, lost transportation revenues, and battery waste are contemplated and mitigated.

Auditor Schmitz informed that Environmental Officer Casavan is having a new trash rack unit fabricated as its considerably cheaper than repair of the old one. The new unit will replace the damaged rack on the JD 662 erosion control structure at the outlet to the Red Lake River. Schmitz reported that \$28,140.45 in gravel tax collections were received in 2020 from operators of county gravel pits.

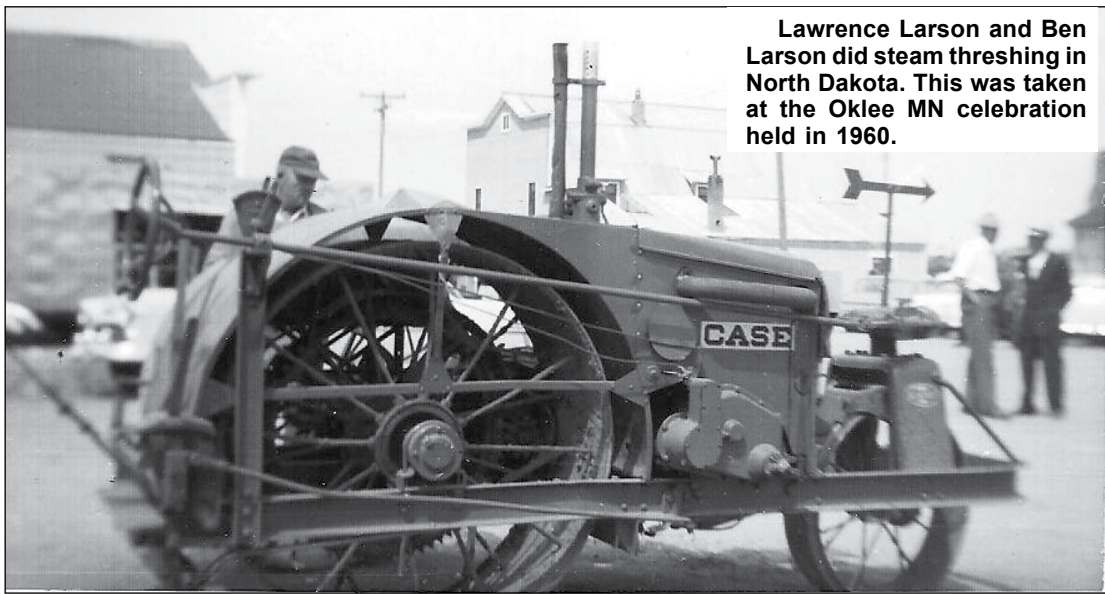
There being no further business the regular board meeting adjourned to March 9, 2021 at 10:00 a.m.

Attest:
Robert Schmitz, County Auditor

Chuck Flage, Chair,
Board of Commissioner O52C



Lawrence Larson and Ben Larson did steam threshing in North Dakota. This was taken at the Oklee MN celebration held in 1960.



Wednesday, March 17, 2021

Red Lake County

Notice of Delinquent Taxes

**NOTICE OF DELINQUENT TAXES
STATE OF MINNESOTA
COUNTY OF RED LAKE**

**TO: ALL PERSONS WITH
A LEGAL INTEREST IN THE
PARCELS OF REAL PROPERTY
DESCRIBED IN THE FOLLOWING
DELINQUENT TAX LIST**

A list of real property in Red Lake County on which delinquent property taxes and penalties are due has been filed with the District Court Administrator of Red Lake

County. This list is published to inform all persons that the listed property is subject to forfeiture because of delinquent taxes.

The property owner, taxpayer or other interested person must either pay the tax and penalty, plus costs or file a written objection with the District Court Administrator. The objection must be filed by April 20, 2021, stating the reason why the property tax or penalty is not due on the property. If no objection is filed, a court judgment will be entered against the property for the unpaid tax, penalty, interest,

and costs.

For property under court judgment, the period of redemption begins on May 10, 2021. The period of redemption means the time within which taxes must be paid to avoid losing the property through forfeiture. The period of redemption is three years, with a handful of exemptions. The redemption period is one year for most properties located in a targeted neighborhood, as defined in the Minnesota laws, and for municipal solid waste disposal facilities. The redemption period is five-weeks

for certain abandoned or vacant properties.

You may also enter into a confession of judgment as an alternative method to paying off the delinquent tax amount and avoiding forfeiture. This allows you to pay the delinquent balance in equal annual installments with a down payment due at the time you confess judgment. The length of the installment plan varies: 5 years for commercial-industrial/public utility property; 10 years for all other properties.

If you have homesteaded property,

you may be eligible for a Senior Citizen's Property Tax Deferral, which enables seniors to pay just 3% of their household income and allow remaining amounts to become a lien on the property that may be deferred for later payment (perhaps upon eventual sale of the property).

It should also be noted by property homesteaders that you are ineligible to receive the Property Tax Refund while you owe delinquent tax.

To determine how much interest and costs must be added to pay the tax in full, contact the Red Lake

County Auditor's Office, Red Lake County Courthouse, Red Lake Falls, MN 56750. You may also contact the County Auditor's Office at (218) 253-2598 or at raschmitz@co.red-lake.mn.us

DISTRICT COURT SEAL

Kathy Narlock
Court Administrator
9th Judicial District

DELINQUENT TAX LIST

The following table contains a list of real property located in Red Lake County on which taxes and penalties became delinquent on January 2, 2021. Interest calculated from January 2, 2021 and county costs must be paid along with the total tax and penalties in order for a parcel of real property to be removed from the delinquent list.

EMARDVILLE TOWNSHIP

Jason & Rebecca Malwitz
22010 180th St SE
Plummer MN 56748

Ultima Bank MN
101 Central Ave E
PO Box 127
Plummer MN 56748

Laverne Kappedal
19084 210th St SE
Plummer MN 56748

EQUALITY TOWNSHIP

Robert Howard
33651 170th St SE
Oklee MN 56742

GARNES TOWNSHIP

Virgil & Jennifer Boutain
18140 250th Ave SE
Plummer MN 56748

Ultima Bank MN
101 Central Ave E
PO Box 127
Plummer MN 56748

GERVAIS TOWNSHIP

Ariel K Paradis
155 Ash St N
Plummer MN 56748

LAKE PLEASANT

Kim & Sonja Knaack
23373 120th Ave SE
Red Lake Falls MN 56750

RED LAKE FALLS TOWNSHIP

David & Lori Mindermann
16121 Center Ave S
Red Lake Falls MN 56750

Northern State Bank
201 E 3rd St
PO Box 639
Thief River Falls MN 56701

TERREBONNE TOWNSHIP

Russell Smith Gatton
15160 State Hwy 92
Red Lake Falls MN 56750

WYLIE TOWNSHIP

DLJ Mortgage Capital Inc.
11 Madison Ave 4th Floor
New York NY 10010

CITY OF BROOKS

Leroy Mercil
PO Box 65
Brooks MN 56715

CITY OF OKLEE

Tina Turner
311 3rd Ave
Oklee MN 56742

David & Lori Svendsen
18716 330th Ave SE
PO Box 26
Oklee MN 56742

Christopher Molstad
310 S Conley
Thief River Falls MN 56701

Border State Bank
PO Box 599
Thief River Falls MN 56701

Jeffrey W Martinson
409 Governor St
PO Box 263
Oklee MN 56742

George & Antonette Burthwick
409 Toupin St
PO Box 2
Oklee, MN 56742

Ultima Bank MN
101 Central Ave E
PO Box 127
Plummer MN 56748

Jeffrey W Martinson
409 Governor St
PO Box 263
Oklee MN 56742

Kieron E & Crystal Brown
420 S Main
PO Box 98
Oklee MN 56742

Kaitlyn Hernandez
& Shawn Ringeisen
506 Main St
PO Box 95
Oklee MN 56742

Randy Lamb
509 Elm St
Oklee MN 56742

CITY OF PLUMMER

Tri State Holdings LLC
26 E Superior St #309
Duluth MN 55802

Bernard P & Jill T Dehate
17832 195th Ave SE
Plummer MN 56748

Unity Bank
210 Main Ave
PO Box 280
Red Lake Falls MN 56750

Tyrone & Jennifer Benson
100 7th Ave
Oklee MN 56742

Kelly Perce
285 Pleth Ave
Plummer MN 56748

CITY OF RED LAKE FALLS

Scott Schmidt
311 Broadway Ave NE
Red Lake Falls MN 56750

MN Housing Finance Agency
400 Sibley Suite 300
St. Paul MN 55101

Northwest MN Multicounty HRA
205 Garfield Ave
Mentor MN 56736

Stephanie Bushee
& Michael P Roerick
602 State Ave SW
Red Lake Falls MN 56750

Jeffrey Baird
907 Hamilton Ave NE
Red Lake Falls MN 56750

Sheila M Stephens
212 7th St NE
Red Lake Falls MN 56750

Jason W & Sarah Gaudry
508 6th St NE
PO Box 451
Red Lake Falls MN 56750

Daniel Maurstad
305 Main St
Red Lake Falls MN 56750

Paul Erickson
214 River St NE
Red Lake Falls MN 56750

Stephanie Bushee
& Michael P Roerick
602 State Ave SW
Red Lake Falls MN 56750

Andrew Lallier & Sheri Lallier
504 Falls Ave SW
Red Lake Falls MN 56750

Neil & Claire Ann Liedberg
(address unknown)

Eagle Manufacturing, Inc.
600 Polk Ave SW
Red Lake Falls MN 56750

Ultima Bank MN
9 W Ave
Winger MN 56592

Northwest Regional Development Commission
109 S. Minnesota St.
Warren, MN 56762

Eagle Manufacturing, Inc.
600 Polk Ave SW
Red Lake Falls MN 56750

Ultima Bank MN
9 W Ave
Winger MN 56592

Northwest Regional Development Commission
109 S. Minnesota St.
Warren, MN 56762

Eagle Manufacturing, Inc.
600 Polk Ave SW
Red Lake Falls MN 56750

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Oklee Public School

Oklee Herald Early Files

Eighty Years Ago March 13, 1941

Harold Lerohl of Oklee, senior at Concordia College, Moorhead was chosen on the all-college intramural basketball team.

Members of St. Francis Xavier Church of Oklee will sponsor a card party Sunday evening. The public is cordially invited to attend. Lunch will be served. Prizes awarded to winners.

Miss Lucille Miller, this week purchased Betty's Beauty Shop from Mrs. Bernetta Melby. The new shop will be known as Miller's Beauty Shop, and is located in the rear room of Miller's Barber Shop.

Winners were chosen in the local declamation contest which was held in the High School Wednesday of last week. In the interpretive reading, Adeline Gunstenson received first, Aribelle Berry second and Norma Lindquist third. Virgil Fore was the only entrant in the oratorical division.

The Gully Theater, which has been operated by Alex Erickson and Edwin Christianson, has been discontinued. The last picture was presented Saturday.

Seventy Years Ago March 15, 1951

An appreciation program in honor of Mr. and Mrs. John Greenwald of Plummer was held last week in the Presbyterian Church. The Gruenwald's celebrated their 51st wedding anniversary last week.

Bobcats whip alumni by a score of 58-43 last Thursday night.

A very large crowd attended the farewell party given for Lloyd Cote Saturday evening at the VFW Hall in Trail.

Melby Specials included: Cove Oysters, 4-1/2 oz. tin for .39¢; Tuna Fish 6-1/2 oz. tin for .33¢; and Radiant Roast Coffee, 1 lbs. vacuum tin for .88¢.

Sixty Years Ago March 16, 1961

Lyle Williams began his duties as agent at the Soo dept here last week succeeding George B. Garver who recently moved to Osceola, Wisconsin. Mr. Williams came her from Clearbrook where he has been agent for the past six years and prior to that he was agent at Palisade, MN for 6.5 years. Mr. Williams and his wife, Rose Marie, have four daughters, Jill, Windy, Debbie and Cindy.

Leonard Johnson of Garnes Township, winner of the 1960 Minneapolis Star & Tribune Soil Savers award for Red Lake County, was presented a plaque at the regular meeting of the Oklee Community Club at the Corner Café Tuesday night.

Auto collision sends three to hospital—Three Oklee men were hospitalized following a two-car collision a mile south of Oklee shortly after midnight Friday. A car driven by Floyd Charest struck the rear of a car driven by Mrs. Maynard Mandt when Mrs. Mandt stopped to check for a possible flat tire.

Mrs. Teddy Jaeger enter-

tained at her home March 1 in honor of her daughter Kathie's 7th birthday.

Fifty Years Ago March 17, 1971

Thirteen of 20 villages and small cities in the area lost population in the last decade, according to the final count of the Census Bureau. Oklee gained 1.3 percent for a 1970 count of 536; Brooks gained 4.6 percent increase for 163 population; Plummer gained 2 people (.07 percent increase); and Red Lake Falls gained 14.5 percent for a new population of 1520. Towns losing populations were Gonvick, Clearbrook, Bagley, Trail, Gully, McIntosh, Erskine, Fosston, Winger, Fertile, Lengby, Leonard and Mentor. Also gaining were Thief River Falls, Goodridge, and St. Hilaire.

Oklee Turkey Breeder wins quality award—Mr. and Mrs. LeVurne Berget of Oklee, who have been raising turkeys for over 20 years, were rewarded for top quality birds with a all expense paid trip to the Twin Cities and a handsome trophy.

The Oklee Herald was awarded first prize for typographical excellence in the under 2,000 circulation category at the annual convention on the Minnesota Newspaper Association.

Mrs. Bud Vanderverter was pleasantly surprised Thursday afternoon when friends gathered at her home to celebrate her birthday.

Forty Years Ago March 19, 1981

Sandra Rustan was a winner in the Minnesota Music Teachers Association State Piano Contest held at the Normandale Jr. College in Minneapolis on March 7th.

Jeff Johnson, son of Mr. and Mrs. Melvin Johnson of Oklee, will be appearing in concert with the Concordia Chapel Choir of Moorhead at the McIntosh School on Sunday.

Meet the Seniors featured: Heidi Larson, Audrey Dessellier, James Plante and Lynette Swenson.

Mr. Oscar Stenberg celebrated his birthday with the Senior Site members who sang Happy Birthday to him.

The Plummer Lioness Club has been organized and are sponsored by the Plummer Lions. They are seeking new members. You must be 18 and you do not have to be married to a Lion's member.

A group of friends gathered at the home of Mrs. Lilly Bourgeois on Friday evening to help her celebrate her birthday.

Thirty Years Ago March 20, 1991

A new classroom experience for Vinny Penna, Oklee's Brazilian exchange student is learning to use the computer. Vinny is living with his host family, Mike and Audrey Bachand.

City of Oklee had four candidates for the maintenance position, Tony Lundeen, Ron Stoneouse, Allen Paquin, and David Longtin. Ron Stoneouse was awarded the position.

George Dailey, Red Lake

County Environmental Officer, is pictured next to 210 recycling containers delivered to Oklee for city and rural homes. 1000 were ordered for the entire county.

Meet the Kindergarten featured Cole Bernier and Justin Aakhus.

Officers of the Oklee Farmers Cooperative Elevator were Jake Martell, vice president; Ray Swenson, secretary; Rene Hofstad, president; directors Greg Whalen and Steve Linder and manager Jim Tholund.

Mr. and Mrs. Alvin Jensen of Oklee are happy to announce the engagement and forthcoming marriage of their daughter, Diane Jensen, to Michael Johnson, son of Mr. and Mrs. Robert Johnson of Hendricks, MN.

Twenty Years Ago March 15, 2001

The Red Lake County Central Junior Danceline started last summer when some adults decided to combine the dancelines from both schools since we are also combined in sports. They meet once a week and led by volunteers and they perform at intermission at Oklee Play, the talent show at the fair and the parade.

Red Lake County Central School is celebrating Spring with a Fling. Queen candidates were: Sara Barstad, Suzy O'Neill, Tanya Melby, Megan Gunderson, Cindy Lambert and Cynthia Raiter. The King candidates were: Corey Olson, Andy Swenson, Andy Dessellier, Charles Magnell, Chris Nelson and Carl Dugstad. Final vote: Spring Fling King & Queen were: Carl and Cindy.

Ten Years Ago March 16, 2011

The Red Lake County Central Girls Basketball team came home with the Section 8A Runner-Up award. Team members were: Marisha Pahlen, Brooke Magnell, Lisa Bergeson, Brianna Spong, Abby Gerardy, Haylie Malwitz, Kaytlin Larson, Kayla Stenberg, Madison Berns, Lacey Willett, Michaela Casavan, Michelle Olson.

On Sunday 68 quilts were blessed and sent off to help people around the world. The quilts were made by dedicated ladies at Zion Lutheran Church in Oklee.

Haylie Malwitz from RLCC was named KTRF player of the game Tuesday, March 8th at eth Section 8A East Sub-sections finals game against Clearbrook-Gonvick.

Spring really feels like it is right around the corner this week with warmer temperatures and a forecast from the local weatherman of 40 degree days.

Trails End Bar celebrated thirty years in business on St. Patrick's Day. Al Clark and his brother Ed purchased the establishment from Bud Klinkin in 1980. After extensive remodeling they opened up the doors in 1981 in March.

March is Poetry Month

Senior Site News & Other Things

By Volunteers Jo Lambert & Bonny Cote

The Oklee Senior Site will start meeting once a month on the third Thursday at 9 a.m. The first meeting is scheduled for April 15th.

They also are working on having the craft shop open from 10 a.m. to 1 p.m. Monday-Friday (need people for Tue - Wed - Thu). If you are interested in working in the craft shop, please call in to the Site on a Monday or Friday.

We are not officially open (yet working on it), but if you are looking for a gift, you can call Bonny at the Oklee Herald office or Jo Lambert to make arrangements.

And once we are able to start gathering is small groups, what kind of activities would you like to see offered. If any seniors have suggestions, please call the Site at 796-5149 or talk to Jo Lambert or Bonny Cote.

If you want to order a Senior Meal call the Oklee Cafe at 796-5666. Remember you have to call the day before

in order to get a meal. And you have to call on Friday for Monday's meal.

Dates to Remember

March 17: St. Patrick's Day.
March 19: National Certified Nurses Day.

March 20: World Flour Day and National Quilting Day (Third Saturday in March)

Spring Begins!!!

March 23: National Ag Day.

Facts

During pregnancy woman's brain shrinks and it takes up to six months to regain its original size.

Human brain is more active during sleep than during the day.

Your skin is the largest organ making up the human body

Curly hair follicles are oval, while straight hair follicles are round.

Jokes

A boy asks his father, "Dad,

are bugs good to eat?" "That's disgusting. Don't talk about things like that over dinner," the dad replies. After dinner the father asks, "Now, son, what did you want to ask me?" "Oh, nothing," the boy says. "There was a bug in your soup, but now it's gone."

Paddy and Murphy are havin' a pint in the pub, when some scuba divers come on the TV. Paddy says, "Murphy, why is it them deep sea divers always sit on the side of the boat with them air tanks on their backs, and fall backwards out of the boat?" Murphy thinks for a minute then says, "That's easy. It's 'cos if they fell forwards, they'd still be in the boat!"

Son: "Dad, when will I be old enough so I don't have to ask mom for her permission to go out?"

Dad: "Son, even I haven't grown old enough to go out without her permission!"

Plummer News

By Alice Jobe
218-465-4402

Briar and Blake Bernstrom of Karlstad visited Tony and Sheila Gerardy over the weekend. They are their grandchildren and enjoyed riding the Ranger while here.

Adam Gallant of Grand Forks, son of Lynn and Roger Gallant will be deployed to Kuwait soon.

Alice Jobe visited Arlene Zimpel on Tuesday afternoon.

Brodie Traxler came Wednesday afternoon to Anne Traxler's. He stayed over night and helped her with some jobs.

On Tuesday night on Channel 15 (KVRB), on the 9 o'clock news, they reported that Nora Greenwald-Benshoof, who was a wrestler and was known as "Molly Holly" will be inducted

into the "World Wrestling Entertainment Hall of Fame." This will be in April. She is the daughter of Rick and Bonnie Greenwald, formerly of Plummer, now living in White Bear Lake. That was exciting news. I know Nora personally.

Alice Jobe visited her sister Phyllis and brother-in-law Joe on Sunday afternoon. Also she went to her brother Jack's north of Badger and brother Gerald's. It was an enjoyable day.

Geese have been flying over. So good to see them.

Over the weekend I saw wild turkeys along the road. Also I saw deer in the field south of Badger. Coming from my brothers Jack's, a bobwhite

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

The weather has been good. We missed the bullet last week, the storm went south of us. We do need rain but snow is not what we want for moisture right now. Let's hope that we get some rain but not buckets of it, though we are behind in sub soil moisture. The moderate temperatures are nice to get things done. Looking forward to spring, just five days from today. We still have the chance of getting a whammy from Mother Nature, and can remember big snowstorms in April. Just cross your fingers that it doesn't happen.

Ian Ellenson of Warroad, came to visit his grandparents Jerome and Barb Novak on Friday. He was on his way back to Warroad from UND where he attends school. He was beginning his spring break. He also was able to see his brother who spent his spring break at home in Warroad the past week and was heading back to Houghton, Michigan on

Saturday. His school year will be done at the end of April. It is always fun to see the kids.

Say some prayers for our nephew Steve Novak. He is as I write this having open heart surgery at Grand Forks. He had two heart attacks in the past two weeks and is getting work done on his heart now. Steve has had cancer two years ago, and has been doing very well and now his heart has given him trouble. He needs a lot of prayer.

Our second shot of vaccine went very well. No side effects at all, and we are doing well. I am looking forward to getting more drive time and shopping time in the future. I will still wear my mask though. I think maybe it prevented me from getting the flu this year as well as the covid. Maybe it was a wake up call for us to keep well in flu season too.

More places are opening up but we still need to be careful. I guess that is prudent at all times but now especially. Did we learn a lesson that our health is important?

Dianne and Clarence Gagner went to Fargo on Sunday. It was a nice day for a drive so they went to see their new

great grandbaby. Her name is Kendall Rae Grunig and I hear she is a cutie. Dianne was so enthused about her she showed me pictures of her when I saw her at the shot clinic. Congratulations to Clarence and Dianne.

Well, this week we celebrate St. Patrick's Day and St. Joseph's Day. It might be a fun thing to see the Red Hats dressed with St. Patrick's Day green and those beautiful red hats on Wednesday. We could all be looking like Christmas trees. St. Joseph's feast is also this week and the church has made this the year of St. Joseph. Note there are more St. Joseph Churches in this area than almost any dioceses. There are two in Red Lake county.

I figured out that our road designation must have been renamed. I just figured this out this past week, and I haven't found out why, nor were we notified of this so when we gave directions to people who were trying to find us were misled. Nobody notified us of this change. I wonder why.

Have a great week and keep safe, we are at the place where normalcy is almost here.

**Don't Miss Out
On the Latest
Information of Your
Kids in Their School
Activities**

**SUBSCRIBE
TODAY!**



\$30 (yr.) in trade area - Red Lake, East Polk & Pennington Counties
\$40 (yr.) out of trade area
\$20 (6 months) in trade area
\$24 (6 months) out of trade area
\$35 (yr.) for snowbirds - chg. of address

to the
Oklee Herald

Mail us a check to:
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Who's Dat?

This weeks photo is of group of children from a school in the Oklee area. Small schools were very common years ago. And for most students, it was a wonderful experience and they have great memories of their school years.

Last week's photo was of Craig Flatgard and two of his nephews, Lee and Dustin Knutson. Looks like they had a good day fishing.

Everyone has a photo or two that would be great for this column. Please share them with our readers as it is one of most popular columns of the Oklee Herald.

I am always in need of more photos - please send or bring some more of your great old photos. School days, church events, sports, etc. If you email a photo, please scan at 300

dpi (high quality) if you can. You can email to okleeherald@gmail.com.

If you mail a photo to the Oklee Herald office, please enclose a self-addressed stamped envelope so the photos can be returned. Mail them to: Oklee Herald, PO Box 9, Oklee MN 56742 Or stop by the office and I will scan your photo while you wait.



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Wednesday, March 17, 2021