

2020 Year In Review...

September 30:
Everything has changed due to the Covid-19 pandemic and of course, since we can't gather in large groups, many new ways to celebrate achievements have been created. Instead of gathering this year for the RSVP Recognition lunch held a Drive By Pie & Coffee in Brooks and Red Lake Falls for the Red Lake County RSVP volunteers.

Now fall is here, there seems to be some spikes in infections now that school/colleges are now open and what are we going to do for Halloween. Many traditional gatherings are going to be reworked to lower the risk of Covid-19 infections, and the one coming up in October that many celebrate is Halloween.

In early August, Red Lake County was eligible to receive \$531,102.00 of Federal Coronavirus Aid, Relief and Economic Security (CARES) Act funds, as assigned through the State of Minnesota. Applications were accepted and grants awarded.

The boys' varsity team finished 8th place overall. Individual places were Brock Tvedt 23rd place and Azazel Chapman 41st place; also competing were Brody Moen, Damon Ferguson, Mathew Rener, Everett Svendsen, and Maverick Nelson.

The Girls Varsity team finished 6th overall. Individual places were Marissa Schiebe 17th place, Keira Morinville 18th place, Elizabeth Lytle 33rd place, also competing were Ella Moen and Emma Knott.

The weather has been changeable these past few days. Some of the days have been really golden and others not so golden. The day of the big Brooks sale of tractors was a wonderful day. It was warm, and mostly sunny. It is Fall so we expect the downhill slide of the mercury. It is time to bring in the things that need to be stored for winter.

October 7:
This year's senior king candidates are Wakely Bryl, Isaiah Aquino, Brock Tvedt, Brody Moen, and Jeremy Kruchowski. The senior queen candidates are Karena Melby, Janae Olson, Emily Kolstoe, Adriel Bakken, and Kia Bachand.

Red Lake County Central High School has been preparing all summer to go to school with COVID-19. Custodians and staff have painted the multi-purpose room, the hallways, and many classrooms. There are now stickers on the hallways' floors indicating which side you walk on and how far away you have to stand from each other. Every classroom has a very cool streaming device called the "Meeting OWL Pro." The "Meeting OWL Pro" is in every classroom used for distance learning for distance learners to be present in the school from home.

The Boys Varsity Team finished 9th place overall. The Girls Varsity team finished 8th overall.

It is cooling off a bit every day with a couple of frosts in between, killing the flowers and putting an end to the growing season. Now to get the lawns raked and the leaves picked up we should be able to be ready for winter.

October 14:
Channel 35 has started the year ready to broadcast sporting and school events. COVID

doesn't do anything to reduce productivity or stop production/hinder any day-today activities. They have been inspired to post more "C" and "Junior Varsity" games.

John Lerohl, Oklee, recently installed 4 granite blocks at the Oklee Area Veterans' Memorial. Three of the blocks placed were donated by the John Lerohl family in recognition of the military service of John Lerohl, his father Edgar Lerohl, and his father in law, Albert Wells.

This week, the Minnesota Department of Health and Minnesota Department of Education announced that parents would be allowed to attend high school volleyball games. Each player is allowed two guests per game. Each game allows parents to watch their student's game and must leave between games allowing the next group of parents to watch their student. Even though the players are happy that they can have their parents come and watch, they will miss having their classmates and community members at the games.

The Red Lake County Central Rebels have had a confusing start to their season. It started with the MSHSL postponing the season until Spring, which in Minnesota is hard to do. The MSHSL then returned the start of football on October 9th. The Red Lake County Central team was supposed to play the Cass Lake/Bena Panthers, but unfortunately, the Panthers had to cancel that game due to being in Distance Learning until October 14.

The wind on Sunday was wild and wooly. It raged all day yesterday. In the evening it rained a little bit and then the wind abated, and we had a peaceful night. This is one of the things (the wind) that I hate about weather. From what I have seen it gets worse and worse every year.

October 21:
Along with everything else in our lives this year, Covid-19 is making Halloween different, but maybe much better! The Oklee Community Club is hosting a site for Trunk or Treaters this year. On October 31st, from 4:30 p.m. to 6 p.m. on Oklee's Main Street, there will be spots available. Prizes will be awarded for 1st, 2nd, and 3rd place to the best decorated Trunk

The girls participating in Cross Country are: Emma Hendrickson, Elizabeth Lytle, Daphne Harmoning, and Marissa Scheibe. Boys participating in Cross Country are: Back Row: Caden Lee, Peyton O'Neil, and Everett Svendsen. Front row: Azazel Chapman, Maverick Nelson, Brock Tvedt, and Brody Moen.

October brings surprises from year to year. Sometimes we have those golden October days, others we have a cold October. It looks like this one is the cold year. It has been cold and not too conducive to much outdoor activity. Sometimes when the wind blows it is just wicked outside. I would hate to have to be working outside this year, you never know when you get up, what it is like to work all day. This week it looks like the temperatures will be in the thirties all week.

Continued Next week...



Upstairs above the Oklee Cafe is the Oklee Historical Society museum. There are six distinct area for permanent displays and areas for changeable displays.

March 15 Last Day to Complete Enrollment for 2021 Agriculture Risk Coverage

Agricultural producers who have not yet enrolled in the Agriculture Risk Coverage (ARC) or Price Loss Coverage (PLC) programs for 2021 must do so by March 15. Producers who have not yet signed a 2021 enrollment contract or who want to make an election change should contact their local USDA Farm Service Agency (FSA) office to make an appointment. Program enrollment for 2021 is required in order to participate in the programs, but elections for the 2021 crop year are optional and otherwise remain the same as elections made for 2020.

"FSA offices have multiple programs competing for the time and attention of our staff. Because of the importance and complexities of the ARC and PLC programs, and to ensure we meet your program delivery expectations, please do not wait to start the enrollment process," said FSA Acting Administrator Steve Peterson. "I cannot emphasize enough the need to begin the program election and enrollment process now. This process can be completed when applying for other FSA programs as well."

ARC and PLC provide income support to farmers from substantial drops in crop prices or revenues and are vital economic safety nets for most American farms.

Although 1,033,310 contracts have been completed to date, this represents less than 59% of the more than 1.7 million contracts anticipated by the Agency. By enrolling soon,

producers can beat the rush as the deadline nears.

Producers who do not complete enrollment by close of business local time on Monday, March 15 will not be enrolled in ARC or PLC for the 2021 crop year and will be ineligible to receive a payment should one trigger for an eligible crop.

ARC and PLC contracts can be emailed, faxed or physically signed and mailed back to FSA. Producers with level 2 authentication access can electronically sign contracts. Service Center staff can also work with producers to sign and securely transmit contracts electronically through two commercially available tools: Box and OneSpan. You can learn more about these solutions at farmers.gov/mydocs. Producers may also make arrangements to drop off signed contracts at the FSA county office. Please call ahead for local mailing or drop off information and options for submitting signed contracts electronically.

Producers are eligible to

enroll farms with base acres for the following commodities: barley, canola, large and small chickpeas, corn, crambe, flaxseed, grain sorghum, lentils, mustard seed, oats, peanuts, dry peas, rapeseed, long grain rice, medium- and short-grain rice, safflower seed, seed cotton, sesame, soybeans, sunflower seed and wheat.

Yield Data and Web-Based Decision Tools Available

FSA recently updated the annual and benchmark yields for ARC/PLC program years 2019, 2020 and 2021. This data is useful to producers in choosing to participate in either ARC or PLC.

For added assistance with ARC and PLC decisions, USDA partnered with the University of Illinois and Texas A&M University to offer web-based decision tools to assist producers in making informed, educated decisions using crop data specific to their respective farming operations. Tools include:

For more information on ARC and PLC including web-

based decision tools, visit farmers.gov/arc-plc.

All USDA Service Centers are open for business, including those that restrict in-person visits or require appointments. All Service Center visitors wishing to conduct business with NRCS, Farm Service Agency, or any other Service Center agency should call ahead and schedule an appointment. Service Centers that are open for appointments will pre-screen visitors based on health concerns or recent travel, and visitors must adhere to social distancing guidelines. Visitors are also required to wear a face covering during their appointment. Our program delivery staff will continue to work with our producers by phone, email, and using online tools. More information can be found at farmers.gov/coronavirus.

Visit farmers.gov/service-center-locator to find location and contact information for the nearest FSA county office.

We hope to be open this summer!!

Pennington ranked #1 County for positive cases

Daily Inter-County Nursing Service

Covid-19 updates:

As of February 19th, Pennington County is the number one ranked county in Minnesota for total positive Covid-19 cases per 100,000 people. We are seeing a recently large increase in community-wide spread for Covid-19 positive cases. Although Minnesota's restrictions are slowly letting up, we need to remember not to let our guard down and continue with the recommendations set by the CDC and MDH.

-Stay home if you are sick
-When able stay home, but if you must go out, always wear a mask properly (covering your nose, mouth, and chin)
-Practice good hand hygiene
-Practice social distancing by maintaining a 6-foot distance at all times
-When a Covid-19 vaccine becomes available for you, be sure to receive it as soon as you can

February 20th-22nd:

There are 27 new cases to report in Pennington County, the individuals age range is between a child under 10 to their 80's. There are 8 new cases to report in Red Lake County, the individual age range from their teens to their 60's.

February 19th:

There are 27 new cases to report in Pennington County, the individuals age range is between a child under 10 to their 80's. There is 1 new case to report in Red Lake County, the individual is in their 50's.

February 18th:

There are 13 new cases to report in Pennington County, the individuals age range is between their 20's and 80's. There are 4 new cases to report in Red Lake County, the individuals are between a child 10 and under to their 20's and 40's.

February 17th:

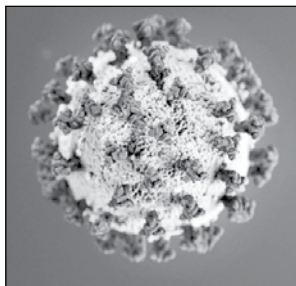
We are experiencing significant community spread in Pennington County. Please stay home when sick and pay strict attention to isolation and quarantine recommendations. Wear a mask in public, limit gatherings, stay home as much as possible and wash hands. These recommendations have not changed and will need to continue to be followed to slow the spread in our community. When case investigators call, please answer the phone so that contact tracing and investigation can take place.

There are 25 new cases to report in Pennington County, the individuals are between a child 10 and under and their 80's. There is 1 new case to report in Red Lake County, the individual is in their 20's.

February 16th:

There is 1 new case to report in Pennington County, the individual is in their 50's. There

is 1 new case to report in Red Lake County, the individual is in their 60's.



Statistics (02-22-21)

- 479,591 Positive Tests
- 7,178,713 Complete Tests
- 3,422,813 People tested
- 466,311 Patients Who No Longer Need Isolation
- 6,433 Total Deaths
- 25,478 Total Hospitalized
- As of this printing - Total Confirmed Cases in surrounding Counties:
 - Pennington County: 1255
 - 1176 recovered cases
 - 63 active case
 - 5 current hospitalization
 - 16 death
 - Red Lake County: 353
 - 340 recovered cases
 - 9 active case
 - 1 current hospitalization
 - 4 death
 - Marshall County: 764
 - Clearwater County: 713
 - Beltrami County: 3,340
 - Polk County 3,385
 - (as of 2-18-2021)
 - 82 active cases
 - 1 current hospitalizations
 - 62 deaths

Calendar of Events

Wed, Feb. 24:

-11:30 a.m. Senior Meals delivered - Call to order.
-7:00 p.m. Bingo at Plummer Legion.

Thu, Feb. 25:

-11:30 a.m. Senior Meals delivered - Call to order.
-Noon deadline for Oklee Herald news

Fri, Feb. 26:

-11:30 a.m. Senior Meals delivered - Call to order.

Sat, Feb. 27:

-Support your local business - Shop Locally!

Sun, Feb. 28:

-Worship at the church - check inside for church times and places.

Mon, Mar. 1:

-11:30 a.m. Senior Meals delivered - Call to order.

Tue, Mar. 2:

-11:30 a.m. Senior Meals delivered - Call to order.

Wed, Mar. 3:

-11:30 a.m. Senior Meals delivered - Call to order.
-7:00 p.m. Bingo at Plummer Legion.

Church news

OKLEE LUTHERAN PARISH
Zion and Salem
Pastor Linda Molitor
Wed, Feb. 24: 7:00 p.m.
Lenten Service at Salem.
Sun, Feb. 28: 9:00 a.m.
Zion, 9:00 a.m. SS at Salem.
10:00 a.m. SS at Zion. 10:30
a.m. Salem.
Wed, Mar. 3: 7:00 p.m.
Lenten Service at Zion.
Sermons are on GVTEL
Channel 35 (10 am Sunday & 2
pm Tuesday), also on Facebook
or YouTube.

**CATHOLIC PARISHES
OF OKLEE, GRYGLA &
GOODRIDGE**
Fr. Adam Hamness
Sunday: 8:00 a.m. St. Fran-
cis - Oklee. 10:15 a.m. - Grygla.
12:00 p.m. - Goodridge.
Go to: <http://www.oggcatholic.org/>
for service times.

**BROOKS - RED LAKE
FALLS**
CATHOLIC PARISH
Fr. Bob Schreiner
Brooks - Red Lake Falls
Catholic Parish
Fr. Bob Schreiner
Saturday: St. Joseph RLF
5:30 p.m.
Sunday: Brooks Sunday
8:00 a.m. St. Joseph 10:00 a.m.

**IMMANUEL-EBENEZER
LUTHERAN PARISH
ELCA**
Pastor Jonathan Dodson
Sun, Feb. 28: 9:00 a.m.
Worship at Ebenezer. 10:30
a.m. Worship at Immanuel.

**GOODRIDGE AREA
LUTHERAN PARISH**
Bethany-Ekelund-Faith
Pastor Kristen Ostercamp
Wed, Feb. 24: 7:00 p.m.
Worship at Ekelund. 7:30 p.m.
Gr.8 Confirmation.
Sun, Feb. 28: 9:00 a.m.
Worship at Faith. 10:30 a.m.
Worship at Bethany.
Mon, Mar. 1: 9 a.m. Quilt-
ing at Faith.

Oklee Senior Site Dining

March 1 - 5

No congregate meals served.
If you are over the age of 60
and you want a meal delivered
to your home, Oklee Cafe 796-
5666 to order a meal. A \$5.00
per meal donation is suggested.
Mon: Fried ham sandwich,
split pea soup, milk, and
dessert.
Tue: Fried brat, American
fries, corn bread, milk, and
dessert.
Wed: ½ grilled meatloaf
sandwich w/cheese & onions,
coleslaw, green beans, milk,
and dessert.
Thu: Meatballs, mashed
potatoes, gravy, carrots, milk,
and dessert.
Fri: Cheeseburger w/bun,
chili, milk, and dessert.

Thank you!

I wish
to thank
everyone
who sent cards
and lots of prayers
while I'm
fighting cancer.
Many thanks.
Sam Johnson O49C

**CLEARWATER
LUTHERAN PARISH**
Mt. Olive - Nazareth
Oak Park - St. Petri
Pastor Jeff Merseeth
Wed, Feb. 24: 5 p.m.
Wednesday School. 7:00 p.m.
Lenten Service at Nazareth.
Thu, Feb. 25: 5:00 p.m.
Lenten Service at Mt. Olive.
Sat, Feb. 27: Mt Olive:
9:00 a.m.

Sun, Feb. 28: St. Petri: 8:00
a.m. Worship. 9:15 a.m. SS;
Oak Park: 8:30 a.m. SS. 9:45
a.m. Worship; Nazareth: 10:00
a.m. SS. 11:00 a.m. Worship.
Tue, Mar. 2: St. Petri: 6:30
p.m. Lenten Service.
Wed, Mar. 3: 5 p.m.
Wednesday School. 7:00 p.m.
Lenten Service at Oak Park.
Thu, Mar. 4: 5:00 p.m.
Lenten Service at Mt. Olive.
Find services and past ser-
mons at www.facebook.com/clearwaterlutheranparish

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg,
Youth Pastor
www.newjourneyfosston.com
Wed, Feb. 24: 6:25 p.m.
AWANA. 6:30 p.m. Youth
Group.
Sun, Feb. 28: 9:30 a.m.
Worship. 10:45 a.m. Sunday
School.
Tue, Mar. 2: 9:30 a.m.
Ladies Devotions.
Wed, Mar. 3: 6:25 p.m.
AWANA. 6:30 p.m. Youth
Group.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson,
Lay Minister
Sun, Feb. 28: 9:00 a.m.
Lund, 10:30 a.m. Sand Valley.
- Youth Ski Trip
(rescheduled); meet at
12noon (note time change)
CDC safety guidelines for
COVID-19 will be followed.

BETHEL ASSEMBLY
Fosston
Seth Johnson,
Interim Pastor
Sundays: 10:00 a.m.
Services will continue to
be live-streamed on Facebook
(<https://www.facebook.com/bethelfosston>) as an alternative
to attending in person.

Sudoku Solution

9	8	1	7	6	3	4	2	5
2	6	5	9	1	4	8	7	3
3	4	7	8	2	5	9	1	6
7	5	8	2	4	6	1	3	9
4	3	2	5	9	1	7	6	8
6	1	9	3	7	8	2	5	4
8	2	6	4	5	7	3	9	1
5	7	4	1	3	9	6	8	2
1	9	3	6	8	2	5	4	7

Crossword Solution

I	S	M	S	T	A	U	A	P	E
S	H	A	H	T	A	L	C	O	G
M	I	L	E	R	I	L	L	N	O
V	I	R	G	I	N	I	A	N	O
P	A	S	T	S	W	I	Z		
D	R	E	A	M	T	M	A	R	A
H	E	X	M	E	C	C	A	S	G
O	S	T	I	A	A	U	G	S	A
W	O	R	N	A	D	R	I	A	N
S	W	A	D	D	L	E	S	I	N
T	I	R	E	K	A	P	P	A	
B	E	A	U	D	I	V	I	S	I
P	E	N	N	I	E	W	E	R	A
T	R	I	A	D	L	I	R	E	D
A	N	D		E	S	T		S	T

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Now Taking Tree Orders for Spring 2021

Red Lake County Soil & Water Conservation District (SWCD) is taking tree orders for springs' tree planting season. Anyone interested in purchasing trees from the Red Lake County SWCD should have their order in by February 26, 2021.

Due to a lack in tree availability this year please contact the SWCD office as soon as possible with your tree order. Here is a list of trees the SWCD currently has available for purchase.

25 - Paper Birch	100 - Red Maple
100 - Chokecherry	25 - Red Pine
100 - Common Lilac	50 - Scotch Pine
100 - Norway Poplar	25 - Colorado Blue Spruce
25 - Redosier Dogwood	225 - Black Hill Spruce

If there is another variety you are interested in please contact our office and we will check the availability. Here is a list of trees that are not available.

Silverberry	Highbush Cranberry
Flame Willow	Sugar Maple

If you are interested in placing a tree order, for springs' tree planting season, please call the Red Lake County SWCD office at (218) 253-2593. O48-49C

Notice of Garnes Township Annual Meeting and Election of Officers and Board of Canvass Meeting

Notice is hereby given to the qualified voters of Garnes Township, County of Red Lake, State of Minnesota, that the Annual Election of Town Officers and Annual Township Meeting will be held on Tuesday, March 9, 2021. In case of inclement weather, the meeting and election may be postponed until the third Tuesday in March.

The Election Poll Hours will be open from 5:00p.m to 8:00p.m., at which time the voters will elect:

One-Supervisor for a three year term

One-Treasurer for a two year term

The Annual Meeting will commence at 8:00p.m. to conduct all necessary business prescribed by law.

The Annual Election and Meeting will be held at the following location:

Garnes Townhall

The Board of Canvass will meet on March 9, 2021, after the Annual Meeting to certify the election results.

Diane Kolstoe

Clerk of Garnes

Garnes Township Board of Re-Organization will meet after the Board of Canvass on March 9, 2021.

Garnes Township will be following the recommended guidelines for masking and social distancing for the Covid-19 pandemic for the Election and Annual Meeting and all other meetings.

O49-50C

Oklee Area Veterans' Memorial Update

A recent donation was made to the Oklee Area Veterans' Memorial in memory of Val Koralewski, Brooks. Barb and Cliff Melby, Oklee, purchased a granite block in recognition of their friend Val's military service in the U.S. Air Force during the Korean Conflict. The volunteer committee of the Veterans' Memorial is honored to add the block to the more than 300 blocks that line the walkways at the Memorial Park.

Donations to the Oklee Area Veterans' Memorial may be sent to Security State Bank, Box 69, Oklee, MN 56742, attn: Lori Melby. Questions should be directed to Mary Lynn Bachand at marylbachand@gmail.com.

Did you know...

The lifespan of a dollar bill is about 13 months, on the average, while a 10-dollar bill last four years.

The pronghorn antelope can outrun a man when it is only four days old.

The Great Wall of China is more than 1,500 miles long.

NOTICE Of Annual Meeting and Election of Officers

Notice is hereby given to the qualified voters of Lambert Township, County of Red Lake, State of Minnesota, that the Annual Election of Town Officers and Annual Township Meeting will be held on Tuesday, March 9th, 2021. In case of inclement weather, the meeting and election may be postponed until the third Tuesday in March.

The election polls will be open from 5:00 p.m. until 8:00 p.m., at which time the voters will elect:

One Treasurer for a 2 year term

One Supervisor for a 3 year term

One Supervisor for a 1 year term

The Annual Meeting will commence at 8:15 p.m., following the closing of the polls, to conduct all necessary business prescribed by law.

The Annual Meeting will be held at the following location:

LAMBERT TOWN HALL

The Board of Canvass will meet, following the close of the Annual Meeting to certify the election results.

Carol Chaput, Clerk
Township of Lambert O49-50C

Notice of Annual Meeting and Election of Officers of Poplar River Township

Notice is hereby given to the qualified voters of Poplar River Township, County of Red Lake, that the Annual Election of Town Officers and Annual Township Meeting will be held on Tuesday, March 9, 2021 at the Poplar River Township Hall in the City of Brooks.

In case of inclement weather, the meeting and election may be postponed until the third Tuesday in March.

The Annual Meeting will commence at 4:00 P.M. to conduct all necessary business prescribed by law. The Election Poll hours will be open from 5:00 pm to 8:00 pm, at which time the voters will elect:

one Supervisor for the term of 3 years and
one Treasurer for the term of two years.

The Board of Canvass will meet immediately following the election to certify the official election results.

Pam Gieseke
Clerk
Poplar River Township
O49-50C

Official City of Oklee Minutes

City of Oklee Regular Council Meeting January 11th 2021 Oklee Café 6.00PM

Roll Call: Mayor Lori Gulseth, Burthwick, Cyr, Genova and Olson, also present Sheriff Bernstein and Gale Schmitz, Tougas and Cross. Also present Kelly Brekke, Brady Groves and Toni Burthwick.

Meeting called to order at 6.00 PM

December Minutes
Outgoing Mayor Burthwick brought the meeting to order, called for a motion on the previous meeting minutes. Motion by Olson and seconded by Cyr to accept the minutes, motion carried.

Oath of Office was taken by incoming Mayor Lori Gulseth and Council Board members Matthew Genova and Paul Cyr.

December Financials
Motion to accept by Olson and seconded by Cyr, motion carried.

December Bills
Motion to accept by Cyr and seconded by Genova, motion carried.

Sheriffs report
Sheriff Bernstein reported that

Notice of Chester Township Annual Meeting

Notice is hereby given to the qualified voters of Chester Township, County of Polk, State of Minnesota, that the Annual Town Meeting will be held on Tuesday, March 9, 2021.

In case of inclement weather, the meeting may be postponed until the third Tuesday, March 16, 2021.

The Annual Meeting will commence at 4:00 p.m. to conduct all necessary business prescribed by law.

The Annual Meeting will be held at the following location: Chester Town Hall

Pam O'Neill
Clerk of Chester Township
O49-50C

more Covid-19 relief money is coming in for only business relief, total for grant \$250,000. Pipeline is here, lots of different people in town, increased activity around town also. Vandalism at Plummer pipeline, nothing too serious. Complaints about some dogs, quite a few calls with approx. 400 due to one person since last year.

Commissions/Rates
Raise in skid steer rates from \$65.00 per hour with driver to \$75.00 per hour with driver. Matthew Genova added to the EDA board as the City representative, Motion to raise rate of skid steer and to add Genova to the EDA board by Cyr and seconded by Olson, motion carried.

Quotes for water tower control system

IPS of Fosston was chosen for the Water tower control system replacement, total cost of the upgrade is going to be \$42,093.00.

Other quotes considered and rejected on Cost in one case, and the fact the lower quote did not replace the system but just monitored the system as it is now and provided us with the ability to control the system yet it would still be the old system. We now wait on the Grant of 10,000.00 to be approved then we can move forward with the renewal of the system, we cannot start the process until the grant is approved.

Quote on LED lights for Fire Hall. It was decided to table this for now.

Trailer Lots
Cross brought to the attention of the Council that Solie really had been in touch, asking if the City would consider buying back the lots if the trailer was removed at the price we sold them for which was \$3000.00, the answer was no, maybe pay \$1000.00 for the lots once the trailer is removed to gain control of the property.

Vacant Council Seat
Two people have expressed an interest in filling the vacant seat, George Burthwick and Danny Sandoval, Danny did send a letter expressing his interest but his work commitments made him unable to attend tonight. It was decided that Danny Sandoval should attend the next meeting, when a decision will be made on who to appoint.

Nuisance properties
Matthew Genova made a statement that he intends to go after any nuisance properties that he feels need clearing up, there are one or two that need addressing. A heated exchange then took place between Toni Burthwick and Genova.

Motion to close the Meeting at 7.45 PM by Cyr and seconded by Genova, motion carried.

Mayor Lori Gulseth

Derek Cross/City Clerk

O49C

**Deadline:
Friday's at
noon!**

(U.S.P.S. 407-240)
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**Winner of National Editorial Ass'n. first prize for Best News Story, 1959.

**Winner of Honorable Mention for General Excellence, Minnesota Newspaper Ass'n., 1962.

**Winner 1st place Typography Excellence, Minnesota Newspaper Association, 1971.

**Winner 1st place Best Feature Story, Minnesota Newspaper Association, 1981.

**Winner 1st place Best Single News or Feature Story, Minnesota Medical Association, 1992.

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Preventing Identity Theft

- When you use your credit or debit card in a restaurant or store, don't let it out of your sight.
- Don't leave your checkbook or any financial documents in your glove compartment. Today's criminals are stealing items like these out of unlocked cars.
- Install a locked mail box to prevent mail theft.
- When in public, guard your password and other personal information.

Security STATE BANK
FDIC Phone 218-796-5157 PO Box 69 Oklee, MN 56742 O49C

Oklee Centennial Cookbook Recipe Corner - From page 160

Beef Stroganoff Over Noodles Dorene Dessellier

- 1 cup minced onion
- 2 cloves garlic
- 1/2 cup butter
- 2 lbs hamburger
- 1 (6 oz) can mushrooms, undrained
- 2 cans cream of chicken soup
- 4 Tbsp flour
- 2/3 tsp salt
- 1/3 tsp pepper
- 2 cups sour cream
- 1/3 cup minced parsley
- noodles

Cook onion and garlic slightly in butter over medium heat. Add meat and brown. Add flour, salt, pepper and undrained mushrooms. Cook 5 minutes. Add soups and simmer, uncovered for 10 minutes. Stir in sour cream and heat thoroughly but do not boil. Cook noodles according to directions and serve stroganoff over the cooked noodles.





MUSTANG STAMPEDE

RLCC Menus

March 1 – 5

Oklee

Monday: Breakfast: Egg, sausage & cheese biscuit cereal, fruit, juice, and milk. **Lunch:** Hamburger patty w/ bun, mixture of fries, baked beans, fruit, and milk.

Tuesday: Breakfast: Bagel w/cream cheese, cereal, fruit, juice, and milk. **Lunch:** Chicken strips, fried rice, vegetable, w/g crackers, fruit, and milk.

Wednesday: Breakfast: Apple turnover, cereal, fruit, juice, and milk. **Lunch:** Hot subs, chips, fresh vegetables, fruit, and milk.

Thursday: Breakfast: Coffee cake, cereal, fruit, juice, and milk. **Lunch:** Hamburger hotdish, bread sticks, string cheese, vegetable, fruit, and milk.

Friday: Breakfast: Cinnamon roll, cereal, fruit, juice, and milk. **Lunch:** Cheesy bread, lettuce salad, fresh vegetables, fruit, and milk.

Plummer

Monday: Breakfast: Breakfast pizza, fruit, juice, and milk. **Lunch:** Sub sandwich (lettuce & tomato), chips, ice cream cup, fruit, and milk.

Tuesday: Breakfast: Egg wrap, cereal, fruit, juice, and milk. **Lunch:** Chicken noodle soup, PB sandwich, carrots, fruit, and milk.

Wednesday: Breakfast: Toast, cereal, fruit, juice, and milk. **Lunch:** Hamburger w/ bun (cheese & pickles), baked beans, potato salad, fruit, and milk.

Thursday: Breakfast: French toast sticks, cereal, fruit, juice, and milk. **Lunch:** Chicken fajitas, rice, cucumber cup, fruit, and milk.

Friday: Breakfast: Cinnamon roll, cereal, fruit, juice, and milk. **Lunch:** Egg salad sandwich, chips, pudding, fruit, and milk.

Red Lake County Central High School Students of the Month



Ms. Jessie Hamrum, Ruben Osborn, Morgan Plante, Mrs. Bobbi Aakhus

December's student of the month at Red Lake County Central was Morgan Plante who was nominated by Mrs. Aakhus and Ruben Osborn who was nominated by Ms. Hamrum.

Morgan Plante is in 12th grade, who has 7 siblings names Jacob and Jordan Rendeau, Tyler, Brandon, Allison Nick, and Issabella Plante, and her mothers name is Renee Plante.

Morgan is currently a DSP. She said, "her hobbies are baking, and doing crafts and that her favorite class is computer". Morgan also stated, "her plans after high school is to go to college and get a degree".

Mrs. Aakhus had a lot of good things to say about Morgan like how she is a hard worker in school. Mrs. Aakhus stated, "Every year Morgan becomes a better writer and works hard and becoming a very detailed writer. Morgan is a great student who takes pride in her job outside of school too. Morgan is active in Riverwatch. I look for students who are helpful and respectful to students and staff. Students that are hardworking in and out of school, and work hard at becoming a better student every day".

Ruben Osborn is in 8th grade, he has 5 siblings named Henry, Jordyn, and Brendan,

Shayne and Alison Melvie. Ruben said, "I like to build model cars, play my guitar, and hang with friends". Ruben also said, "I like band, science, and geography".

Ms. Hamrum said, "I nominated Ruben for student of the month because he is kind, works hard in class, and is involved in a variety of activities (Band, Media Club, 3-Act Play, and football). He balances activities and school really well. He is nice to other kids and makes sure to include others". She also told us, "When I nominate students I look for kids who are nice to others and put in a lot of effort in their class".

Red Lake County Central Mustangs on a Solid Streak!



Shawna Majeres makes a free throw during the game against RLF in Oklee.

By Marissa Thomas and Andrew Gryskiewicz

The Red Lake County Central Mustangs hosted Red Lake Falls on Tuesday, February 9th. The Varsity team lost with the score of 51 to the Eagles with 75. Leading the Mustangs team with field goals include Kia Bachand with twenty-seven points, eight rebounds and four steals, Shawna Majeres with eight points, and five rebounds, Cari Bachand with six points, five rebounds, six assists and three blocks.

On Friday, February 12th, the Red Lake County Central Mustangs traveled to Goodridge to play the Goodridge-Grygla Chargers. The varsity team lost with the score of 46 to the Chargers with 62. Leading the Mustangs team with field goals include Kia Bachand with twenty points, Marissa Thomas with eleven points, Jamie Flatgard with six rebounds.

The Red Lake County Central Mustangs are Coached by Head Coach Mitch Bernstein and Assistant Coach Kory Baril

MEET THE KINDERGARTEN OF RED LAKE COUNTY CENTRAL



Name: Tate Nelson
Parents: Chris & Stephanie Nelson.
Siblings: Brother Caelum and sister Kesleigh.
What does your MOM do for a living: Work.
What does your DAD do for a living: Builds houses so he can earn money.
What do you want to be when you grow up? A carpenter so I can work with my dad.
Favorite movie: Spider-man.
Favorite food: Bologna sandwich - double meat.
Favorite school activity: Math.
Favorite color: Red.
Favorite toy: Spiderman.



Name: Bree Dyrdal
Parents: Brent & Sarah
Siblings: Brylee (Sister)
What does your MOM do for a living: She buys Tupperware.
What does your DAD do for a living: He tickles Brylee and me.
What do you want to be when you grow up? A babysitter and a teacher.
Favorite movie: Minions.
Favorite food: Donuts.
Favorite school activity: Gym.
Favorite color: Pink.
Favorite toy: A big dolly bed.



Name: Payton Steinkopf
Parents: Nathan and Cindy Steinkopf.
Siblings: Brother Brandon.

What does your MOM do for a living: She does something. She does dishes every single day.

What does your DAD do for a living: He goes to the farm with Grandpa Bernie. He builds tractors. Brandon and I get to go with.

What do you want to be when you grow up? A teacher.

Favorite movie: Scooby Doo.

Favorite food: Carrots cup up.

Favorite school activity: Talking to Mrs. Converse and playing tag in gym.

Favorite color: Blue.
Favorite toy: Scooby Doo toy.



Schedules subject to changes - please check the school web site at <https://www.rlcc2906.org/>

Basketball:

Girls Varsity

Thu, Feb 25: 6:00PM
Goodridge-Grygla @ Oklee.

Mon, Mar. 8: 6:00PM
Northern Freeze @ Oklee School

Basketball:

Boys Varsity

Fri, Feb 26: 6:00PM
Northern Freeze @ New Folden.

Boys Basketball

By Gerald Melin, Molly Smith, and Aurimy Olson

On February 12th, the Red Lake County Rebels boy's basketball team hosted the Sacred Heart Eagles at Red Lake Falls in the Robert Maztke Gym at Lafayette High School. The varsity team came out on top with a score of 66-53. The Rebels had Gerald Melin with 11 points and 12 rebounds, Eric Gieseke with 10 points and 9 assists and Isaiah Olson with 20 points and 8 rebounds.

The Red Lake County Rebels boys basketball team played in Fertile on February 16, 2021, and suffered a hard loss after leading most of the game with a score of 48-56. Highlights of the game include Isiah Olson scoring his 1,000th point of his varsity career and a total of 16 points for the game along with 11 rebounds. Eric Gieseke scored 12 points with 3 assists. Gerald Melin had 8 points, 7 rebounds, and 4 assists.

The Rebels next game is against the Clearbrook Gornick Bears for the second time this season on February 19, 2021.



Aurora Miztner tries a half-court shot at the end of the RLF Eagles.



Carlee Whalen gets the ball from the Goodridge Grygla Chargers.

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RLCC Sports Highlights

RLCC Girls Mustang vs RLF game February 9 in Oklee. The girls lost 57 to 75.

Stats

Kia Bachand- 28 points
Shawna Majors- 9 points
Cari Bachand- 8 points
Marissa Thomas- 4points
Katie Suchy-4 points
Paige Olson- 1 point

All photos and information in this section is submitted



Photo below: Marissa Thomas with a jump shot.



Kia Bachand moving the ball.



The Mustang girls vs GGG game February 12 in Go-dridge. The girls lost 46-62.

Stats

Kia Bachand- 20 points, 5 rebounds, 1 steal, 1 assist
Marissa Thomas- 11 points, 5 rebounds
Cari Bachand- 5 points, 1 rebound, 2 steals,3 assists, 1 block
Jamie Flatgard- 4 pts, 5 rebounds
Carlee Whalen- 3 pts, 3 rebounds, 1 steal
Katie Suchy- 2pts
Shawna Majores- 1 pt, 2 rebounds, 1 steal

Photo below: Katie Suchy- at the freethrow line.

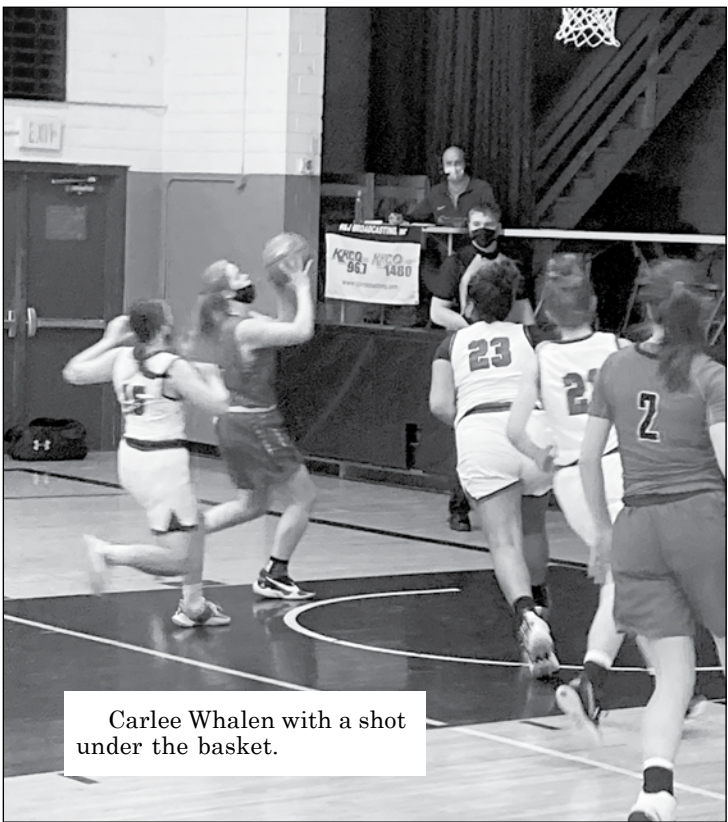


Maddie Valdez- passing the ball.

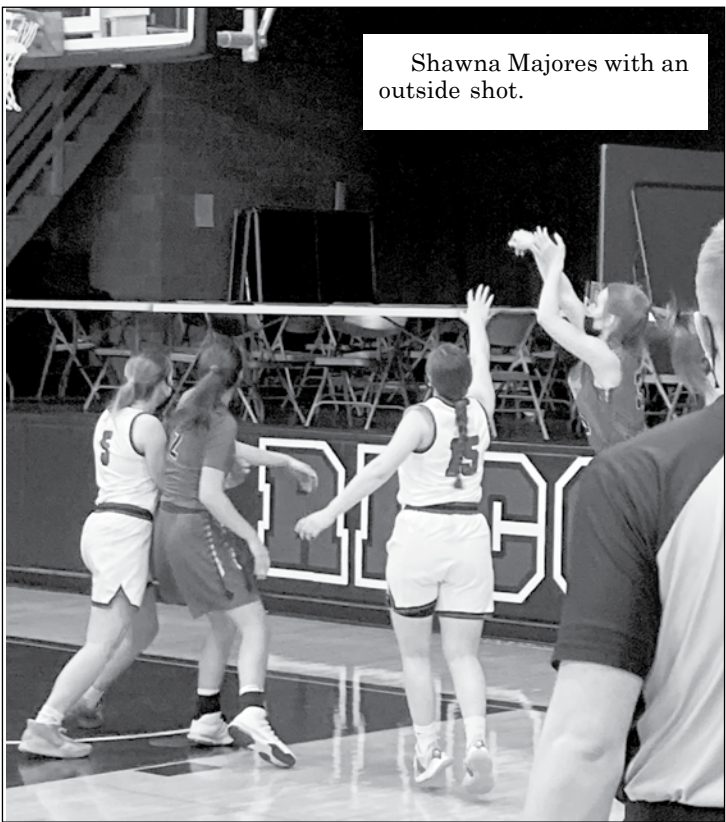
Below are pictures from the Mustang vs Mahnomen-Wauben game February 16 in Oklee. Final score 66-69- they played awesome even though it was a loss.

Stats

Kia Bachand- 32 points, 11 rebounds, 4 steas, 1 assist, 2 blocks
Cari Bachand- 10 points, 3 rebounds, 2 steals, 5 assists
Carlee Whalen- 9 pts, 2 rebounds, 1 steal, 2 assists
Marissa Thomas- 7 points , 3 rebounds, 1 steal, 1 assist
Shawna Majores- 6 pts, 6 rebounds, 1 steal, 2 assists
Katie Suchy- 2pts , 2 Re-bounds, 1 assist



Carlee Whalen with a shot under the basket.



Shawna Majores with an outside shot.

Red Lake Falls Library

Last week's winner of a Book Blizzard ceramic coffee mug was Wanda Juhl.

Grand prize drawings for 4 red Book Blizzard sweatshirts and two tote bags will take place at the end of February, which concludes the adult winter reading program.

New in adult nonfiction are "Birds in Minnesota" by Robert B. Janssen; "In the nearly half-century since the first publication of the landmark Birds in Minnesota, the state and its bird populations have

undergone dramatic changes. This newly revised, expanded edition reflects those changes as well as the most recent advances in birding, making it the indispensable resource for birdwatchers in Minnesota, both passionate amateur and professional. Featuring full-color photographs and more than one thousand distribution maps, the updated "Birds in Minnesota" describes where and during which season the 443 species of birds in the state can be found." And

"Move the Needle: Yarns from an Unlikely Entrepreneur" by Shelley Brander; "people always ask Shelley Brander what possessed her to leave the successful advertising firm she founded with her husband to open a local yarn store. And then they wonder how that one storefront grew into an e-commerce business, and from there into a global movement to Knit the World Together. In Move the Needle, Shelley shares stories from her life to show that you can pursue your life's passions-both personal and professional-no matter how quirky or impossible they may seem to everyone around you."

Statepoint Crossword Theme: March Madness

CROSSWORD														
1	2	3	4			5	6	7			8	9	10	
11					12					13	14			
15					16					17				
	18			19						20				
			21						22					
23	24	25						26				27	28	29
30				31		32	33				34			
35			36			37				38				
39					40				41			42		
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			47				48	49						
	50	51				52						53	54	
55						56					57			58
59						60					61			
62						63					64			

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ACROSS

- Theories
- T in Greek
- Tarzan's mom, e.g.
- Mohammad Reza Pahla-vi, e.g.
- Ingredient in talcum powder
- Spectator
- 5,280 feet
- Tiny river
- Note taker
- *Last NCAA basketball winner
- Any day now
- Antiquarian's concern, pl.
- Diana Ross and Michael Jackson movie, with The
- Saw a nightmare
- Caribbean rattles
- Witch's spell
- Flocked-to destinations
- Goo or slime
- Plural of ostium
- Leo mo.
- Eurasian goat-like an-telope
- Showing signs of use
- "Yo, ____!"
- *Nothing but it

- Wrap a baby
- *____-elimination
- Outrage
- Fraternity K
- One of the Bridges
- * ____ 1 schools only
- ____less but pennywise
- Decanter
- In a frenzy
- Threesome
- Turkish monetary unit, plural
- Dumpy establishment
- Common conjunction
- New York time
- Male deer
- Down
- Singular of #1 Across
- Rikers Island weapon
- Burkina Faso neighbor
- Himalayan mountaineer
- Tarnish
- " ____ fair in love and war"
- *School with most NCAA basketball titles
- Choir member
- Hammer part
- Blunder
- Sad, to mademoiselle
- Radio studio sign
- *Mid-major school that's

- become major powerhouse
- Kind of ray
- Is no longer
- Arabian sailing vessels
- Restart from seed
- Uncredited actor
- The Wise Men
- Acting as a prompter
- Snow impression
- Eric Heiden's "shoe"
- *Oklahoma State's super freshman ____ Cunningham
- Mixed breed puppy
- *2021 NCAA Tourna-ment location
- What Edward Scissor-hands does
- Stout relative
- Dream big
- Ancient Celtic priest
- Water nymphs
- Fuzzy fruit, pl.
- Deflect
- Sanders' campaign slo-gan "Feel the ____"
- *"National Velvet" author Bagnold
- Expunge
- Fail to mention
- Scotia predecessor
- School-related org.
- Liquor store pony



Kia Bachand jump shot

Red Lake County Commissioners Minutes

RED LAKE COUNTY Regular Meeting Held January 26, 2021

Pursuant to adjournment of its last meeting the Red Lake County Board of Commissioners duly met in regular session at the Courthouse in Red Lake Falls, MN on January 26, 2021 at 10:00 a.m. Chairman Flage called the meeting to order. All Commissioners were present. The Pledge of Allegiance was recited.

HR Director Angie Lundeen was present to request that County Social Service Director Kristi Nelson be approved for her annual salary step increase. Commissioner Weiss moved, seconded by Gerardy and unanimously carried to approve a salary increase for Kristi Nelson from Step 8 (\$48.36) to Step 9 (\$49.75) with an effective date of January 14, 2021.

County Engineer Erik Hove was present to conduct the bid opening on the City of Oklee Sidewalk Project, (SAP 063-0653-002 & SAP 063-622-004). Bids were received as follows: \$1,566,801.49 Agassiz Asphalt, LLC; \$1,548,377.72 Knife River Materials; \$1,807,044.00 Northern Paving Inc; \$1,543,634.89 RJ Zavoral & Sons, Inc. Apparent low bid is RJ Zavoral.

Hove also opened bids for the Oklee Gravel Crushing Project (CP 63-21-01). Bids were received as follows: \$215,050.00 Central Specialties; \$215,050.00 Mark Sand & Gravel; \$244,200.00 RJ Zavoral & Sons; \$211,200.00 Davidson Construction; \$246,400.00 Northern Aggregate, Inc. Apparent low bid is Davidson Construction. Hove commented that he will return later in the meeting with his recommendations once his department can review and compile the bid information on both projects.

Calvin Benson from the Moorhead office for Congresswoman Michelle Fischbach, was present to provide an update on her newly assumed position, and of the assistance she can provide to the county. Benson commented that all fourteen (14) office staff are from the 7th Congressional District with varying agriculture backgrounds. Other office locations are Willmar and Washington, DC. County Board members mentioned several concerns such as: transportation funding, pipeline construction, County Program Aid, Payment-in-Lieu tax, healthcare costs and area workforce needs.

District Court Administrator Kathy Narlock met with the board to request a new front security wall and counter with handicap access area, including combination door locks for the office and Judges Chambers. Narlock mentioned that all the Court Districts throughout the state want to make a more secure work environment for Judges and staff. The estimate for the project is \$14,220.00 with \$720.00 for the combination locks. Narlock informed that the state would provide up to 50% of the project cost if the County Board approved to move forward. Board members felt that the combination locks were not necessary since the doors already had keyed locks. Commissioner Remick moved and seconded by Weiss to pay for up to \$7,110.00 (one half of the estimated cost of \$14,220.00) for the wall and counter only; locks excluded. Voting aye: Commissioners Weiss, Gerardy, Remick and Flage. Voting against: Commissioner Dudycha. The motion carried.

Commissioner Dudycha moved and seconded by Remick to approve the minutes of the board meeting held January 5, 2021.

Environmental Officer Casavan met with the board for approval of the annual legal ditch assessments. The assessments are identical to the previous year as Casavan recommended no changes. Commissioner Remick moved, seconded by Weiss and carried by unanimous vote to approve the payable 2021 legal ditch assessments and to authorize the County Auditor to levy such assessments for ditch maintenance purposes against the benefitted property owners in the following amounts: See chart below.

Casavan informed that the Public Hearing for the County Floodplain Ordinance is at 1:00 p.m. on February 9, 2021 at Red Lake Falls City Hall.

Casavan provided an update from last meeting regarding the damaged trash rack in River Township on the CD 62 outlet to the Red Lake River. Casavan received one quote to build a new rack at an approximate cost of \$3,500.00 with cost to repair the current rack about the same. Casavan plans to contact other firms for more estimates.

Commissioner Weiss moved, seconded by Dudycha and carried

unanimously to approve the following expenditures for the period:

Vendor	Amount
Association of MN Counties	\$ 8,365.00
Avenue Holdings, LLC	
	6,042.91
Clerk-City of Red Lake Falls	21,300.70
Counties Providing Technology	4,314.00
Headwaters RDC	2,500.00
Midstates Equipment	
	45,430.40
MN Counties Computer Co-op	14,735.00
MN Counties Intergovernmental Trust	126,102.00
NW MN Household	
Hazard Waste	5,205.00
33 Vendors less than \$2,000	13,097.68
FINAL TOTAL	\$247,092.69

The motion included the following added bills: \$107.10 Prowest & Associates, and \$200.00 per diem to Allen Remick.

Engineer Hove returned to the meeting with the results from the earlier bid opening for the two county projects. Hove recommended awarding the low bid for the Oklee Gravel Crush Project to Davidson Construction. Commissioner Remick moved, seconded by Dudycha and carried unanimously to award the low bid in amount of \$211,200.00 for the Oklee Gravel Crush Project (CP 63-21-01) to Davidson Construction of Newfolden, MN.

Hove informed that there was an irregularity with the low bid submitted by RJ Zavoral for the Oklee Street Project. Hove recommended to wait until the next meeting to award the project as he wants to thoroughly review and discuss with the contractor first.

Hove had six (6) additional agenda topics to present to the County Board.

Approval to Advertise for CSAH 26 Gravel Road Stabilization Project (SAP 063-626-005):

Hove requested approval to advertise for a gravel surface stabilization project on CSAH 26 from CSAH 2 to CSAH 5 and a half-mile segment of CSAH 27 near the County line. The total project length is 16 miles and involves the addition of new gravel mixed with a stabilization chemical. The project will be paid for with State Aid funding and the proposed bid letting date will be March 9th pending State Aid approvals. Commissioner Remick moved, seconded by Gerardy and carried unanimously to approve advertising for project bids.

Approval to advertise for Township Bridge Project (SAP 063-599-030):

Hove requested approval to advertise for a culvert replacement project on township road T-123 (200th St SE), Garnes Township. The project will replace a metal culvert in poor condition with a new concrete box culvert. The project will be paid for with Town Bridge funding and funds from Garnes Township. The proposed bid opening will be March 23rd pending State Aid approvals. Commissioner Remick moved, seconded by Dudycha and carried unanimously to approve advertising for project bids.

Consideration of TH222 Jurisdictional Transfer Agreement:

Hove informed that MnDOT is proposing to transfer Trunk Highway 222 to Red Lake County. The road runs from Trunk Highway 92 to CSAH 53 in Oklee. The total roadway length is approximately 1.5 miles with the new segment to become an extension of CSAH 5. In exchange for taking on the new mileage, Red Lake County would receive a one-time lump sum payment of \$2,095,113 from MnDOT. The lump sum payment allows \$1,920,000 as eligible to be spent anywhere on the County's transportation system and \$175,113 is restricted only to State Aid approved projects. Hove explained that Red Lake County currently has this segment of road in our 5-year construction program for reconstruction in year 2024 utilizing existing State Aid funding already saved up. Per Hove, the agreement would allow \$1,920,000 to be spent on the County Aid Roads which currently have very limited funding. Commissioner Gerardy moved, seconded by Dudycha and carried by unanimous vote to approve **Resolution No. 01-01-21 "Jurisdictional Transfer of MN 222"** and thereby accept the agreement with the Minnesota Department of Transportation. The Board Chair signed the agreement.

Approval to purchase new pup trailer:

Hove received 3 quotes to replace one of the pup trailers for hauling gravel. The existing pup trailer is from 1983 and is need of

repair. Hove recommends approval of the low quote from Towmaster Truck Equipment for \$41,551.00 utilizing the MN State Bid contract #1671105. Commissioner Weiss moved, seconded by Dudycha and carried unanimously to approve the purchase as presented, and authorize Hove to locally advertise the old pup trailer for sale.

Approval of Cooperative Construction Agreements with Polk County:

Hove informed that as part of our 2021 construction program he has been working with Polk County to combine similar projects to help secure better bid prices. One such project is a Full Depth Reclamation on CSAH 17 and another project a Hot In-Place Recycle and Overlay project on CSAH 6. Hove recommends approval of the agreements so Polk County can advertise the projects, with each County being responsible for their own respective project costs. Commissioner Dudycha moved, seconded by Weiss and carried by unanimous vote to approve the agreements as presented.

Approval of Sponsoring Agency Resolution for LRIP Grant in Plummer:

Plummer is applying for a LRIP grant to pave Red Lake Avenue and Poplar Street. The grant application requires a sponsoring resolution from the County in support of their project. If the project receives grant funding, the County will serve as the fiscal agent and see the project through to its completion with compliance of all applicable laws, rules, and regulations. Hove recommends the county sponsor the project. Hove informed if the project is chosen for the grant it will have no impact to our current or future budget. Commissioner Gerardy moved, seconded by Dudycha and carried unanimously to approve **Resolution No. 01-02-21 "LRIP Grant Support"**. The Board Chair and Auditor signed the document on behalf of the county.

The following Commissioner/Committee reports were shared:

Commissioner Reports
Weiss -Tri County Corrections; NW Regional Development.

Dudycha -Inter County Community Council.

Gerardy -Economic Development meeting.

Remick -NW Emergency Services; NW Mental Health.

Flage -Economic Development; Inter County Nursing Service meeting.

Commissioner Gerardy moved, seconded by Remick and carried unanimously to appoint Steve Koralewski as District 3 representative for a 3-year term to the Red Lake County Economic Development Board, and appoint Dave Ste. Marie as District 5 representative on the County Weed Advisory Committee. Both appointments are effective January 26, 2021.

The board discussed whether to begin the 1-day per week (.2 FTE) county portion to pair with the state's (.8 FTE) 4H Program Coordinator position. Currently the University of Minnesota Extension Service has hired an Interim 4-H Program Coordinator whom will serve in that capacity until a permanent hire is determined in April. Commissioner Remick moved, seconded by Gerardy and carried unanimously that the county not fund the .2 FTE at this time, but will review the option again once University Extension fills the permanent .8 FTE position in the county.

Auditor Schmitz and Sheriff Bernstein distributed the application and guidelines that were developed for the Small Business/Non-Profit Relief Grant Program. The state approved relief funding last December that is available to each county to provide to businesses and non-profits whose operations were severely affected by Governor Waltz's shutdown due to the COVID pandemic. A County Committee will review all applications submitted and determine amount of grant for each eligible business. Commissioner Dudycha moved, seconded by Weiss and carried unanimously to approve the application and program guidelines, and to begin accepting applications. All applications must be received by 4:00 p.m. on February 19, 2021. The grant application and program guidelines will be advertised in the area newspapers and on the county web site.

There being no further business the regular board meeting adjourned to February 9, 2021 at 10:00 a.m.

Attest:
Robert Schmitz, County Auditor

Chuck Flage, Chair,
Board of Commissioner
O49C

January 2021 Health Points

February is American Heart Month, a time when all people can focus on their cardiovascular health. The Division for Heart Disease and Stroke Prevention is shining a light on hypertension (high blood pressure), a leading risk factor for heart disease and stroke.

5 Surprising Facts

About High Blood Pressure

High blood pressure affects nearly half of the adult population in the United States,¹ yet many people who have the condition don't know they have it. Uncontrolled high blood pressure raises the risk for heart disease and stroke, which are leading causes of death in the United States. Fortunately, high blood pressure is treatable and preventable.

1. High blood pressure may be linked to dementia. Recent studies show that high blood pressure is linked to a higher risk for dementia, a loss of cognitive function.

2. Timing seems to matter. Evidence suggests that having uncontrolled high blood pressure during midlife (ages 44 to 66) creates a higher risk for dementia later in life.³ It's never too early to start thinking about your blood pressure.

3. Young people can have high blood pressure, too.

Nearly 1 in 4 adults aged 20 to 44 have high blood pressure.⁴ High blood pressure is a leading cause of stroke, a condition that is on the rise among younger people. Experts think the increased risk for stroke in this age group is a result of the rising rates of obesity, high blood pressure, and type 2 diabetes.

4. High blood pressure usually doesn't have any symptoms. Since many people feel fine, they don't think they need to get their blood pressure checked.

5. Many people who have high blood pressure don't know it.

Women and African Americans face unique risks when it comes to high blood pressure. Women with high blood pressure who become pregnant are more likely to have complications during pregnancy. African American men and women have higher rates of high blood pressure than any other racial or ethnic group.⁴ Experts think this is tied to higher rates of obesity and diabetes.

By living a healthy lifestyle, you can help keep your blood pressure in a healthy range and lower your risk for heart disease and stroke.

https://www.cdc.gov/blood-pressure/5_surprising_facts.htm

The Correct Way

to Measure Blood Pressure

Before the reading
No food or drink for 30 minutes

Empty your bladder
During the reading
No talking
Arm resting at chest height
Cuff against bare skin
Sit with feet flat on floor
Back is supported
www.cdc.gov/bloodpressure



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Red Lake Falls: Eagle Square.

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5 Things To Know

About Relaxation

Techniques for Stress

When you're under stress, your body reacts by releasing hormones that produce the "fight-or-flight" response. Your heart rate and breathing rate go up and blood vessels narrow (restricting the flow of blood). Occasional stress is a normal coping mechanism. But over the long-term, stress may contribute to or worsen a range of health problems including digestive disorders, headaches, sleep disorders, and other symptoms.

In contrast to the stress response, the relaxation response slows the heart rate, lowers blood pressure and decreases oxygen consumption and levels of stress hormones. In theory, voluntarily creating the relaxation response through regular use of relaxation techniques could counteract the negative effects of stress.

Relaxation techniques are generally safe, but there is limited evidence of usefulness for specific health conditions.

Relaxation techniques include a number of practices such as progressive relaxation, guided imagery, biofeedback, self-hypnosis, and deep breathing exercises. The goal is similar in all: to consciously produce the body's natural breathing, lower blood pressure, and a feeling of calm and well-being.

Relaxation techniques often combine breathing and focused attention to calm the mind and the body. These techniques may be most effective when practiced regularly and combined with good nutrition, regular exercise, and a strong social support system.

Most relaxation techniques can be self-taught and self-administered.

Do not use relaxation tech-

niques as a replacement for conventional care or to postpone seeing a doctor about a medical problem. Talk to your health care providers if you are considering using a relaxation technique for a particular health condition.

<https://www.nccih.nih.gov/health/tips/things-to-know-about-relaxation-techniques-for-stress>

Parenting Tips

You Make My Heart Pop
Here is a treat you can make together with your children. Some people like to use hullless popcorn.

14 cups popcorn- popped according to directions
• 16 ounce bag of mini marshmallows

• 6 Tablespoons of butter
• 1 cup white chocolate chips or

• 1/2 cup valentine's themed sprinkles/jimmies/candies (etc.)

1. In a large pot, melt butter over medium heat. Add marshmallows and stir until melted. Add in white chocolates. Remove from heat and stir until smooth. Add popcorn and gently stir until evenly coated.

2. Pour out onto a cookie sheet lined with parchment paper. Sprinkle on half of the sprinkles.

3. Using buttered hands, form popcorn into one balls for mini bites or two inch ball for regular size. Add additional sprinkles as necessary to each ball to make pretty.

4. Let set until cooled.

You Make My Heart Pop by Jenny Rauli of Bloom Designs for I Heart Naptime



COUNTY PROJECT – BIDS CLOSE

Tuesday, March 9th, 2021

RED LAKE COUNTY

RED LAKE FALLS, MN 56750

NOTICE TO CONTRACTORS – Bids will be received until 10:00 AM, Tuesday, March 9th, 2021, by Robert Schmitz, County Auditor, at the Auditor's Office in the Red Lake County Court House, 124 Langevin Ave, Red Lake Falls, MN 56750, for the construction of the project listed below. Bids will be opened publicly by Erik Hove, County Engineer, or a designated representative, on behalf of the Red Lake County Board of Commissioners.

S.A.P. 063-626-005

C.P. 63-21-02

Stabilized Aggregate Base & Pipe Culverts

The Major quantities of work include AGGREGATE BASE CLASS 1 MOD.- TON 50,780; CALCIUM CHLORIDE SOLUTION – GALLON 66,340; 81" SPAN CS PIPE-ARCH CULVERT – LF 40; 24" CS PIPE CULVERT – LF 122; TRAFFIC CONTROL – LS 1.0

Plans and proposals may be procured by purchase from the Red Lake County Highway Department, 204 7th Street Southeast, Red Lake Falls, MN 56750.

Complete Plans, Bid Proposals and Specifications:

Counter Price: \$50.00 (includes tax)

Mailed: \$58.00 (includes tax)

Bids must be accompanied by a cashier's check or bidder's bond made payable to the Red Lake County Treasurer in the amount of at least 5% of the total bid.

The Red Lake County Board of Commissioners reserves the right to accept any bid or reject any or all bids, waive irregularities, and award the contract in the best interest of Red Lake County.

Robert Schmitz – Red Lake County Auditor O47-49C

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S.A.P. 063-599-030 – Culvert Replacement for Garnes Township

The Major quantities of work include 12' x 6' PC CONCRETE BOX CULVERT CL. II – LF 42; 12' x 6' PC CONCRETE BOX CULVERT END SECTION CL. II – EACH 2; RANDOM RIPRAP CL. II – CY 170; AGGREGATE BASE, CL.5(CV) – CY 190; MOBILIZATION – LS 1; TRAFFIC CONTROL – LS 1

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Robert Schmitz – Red Lake County Auditor O47-49C

Oklee Herald Early Files

Eighty Years Ago

February 20, 1941

The Oklee High School Orioles lost to Gonvick 28-16, at the local auditorium last Friday.

Mr. and Mrs. Alfred C Anderson of Mayfield are the proud parents of a ten pound baby girl born February 13th.

Harold Lerohl of Oklee was a member of the Bombers basketball team which one the intramural championship at Concordia College, Moorhead.

The Navy and War Department employees, from the office boy to the secretary, need identification badges carrying their picture before they enter the departments. This new ruling is now in effect.

The 158-foot anti-submarine net tender Locust is launched Great Lakes fashion (sidewise) at Cleveland, Ohio. It is the first of 12 such craft under construction by the American Shipbuilding company. AS in building American submarines, special attention is given to the constructional strength of net tenders against depth charge attack.

Norman Ellertson entertained a number of friends at a party in celebration of his tenth birthday at his home Sunday.

Seventy Years Ago

February 22, 1951

Mr. and Mrs. E. B. Lanager, pioneer Plummer couple, observed their 61st anniversary at the home Friday. Many neighbors came to congratulate them. Mr. Lanager owned the Pioneer Hardware store for 42 years, retiring four years ago.

Mr. and Mrs. Tom Melby and family returned this week from a trip to Mexico and California.

George A. Beito, president of Security State Bank of Oklee this week announced receipt from the Federal Deposit Insurance Corporation, Washington, D.C. of a new certificate of membership giving effect to the recent increase in insurance coverage of \$10,000.

Friday, Feb. 16th, a strong Clearbrook five downed the Bobcats by a score of 72-42.

Roy, son of Mr. and Mrs. E. Jenson, and Wesley, son of Mr. and Mrs. William Johnson of McIntosh were inducted into the army Monday, Feb. 19. Roy and Wesley are cousins.

Sixty Years Ago

February 20, 1961

Vernon Voeltz and Howard Flateland bagged a coyote northwest of Gully Monday morning, the second coyote to be shot in this area recently. Selmer Brekke of Oklee shot one last week. Numerous fox have been shot, however notably by Harold Cyr, who has nearly 20 to his credit this year.

Selected for the Farmer and Homemaker award from Red Lake County, in connection with the Red River Valley Winter Shows were Mr. and Mrs. Osmund Hofstad of Equality Township. The Hofstads moved into their present farm 17 years ago and have raised nine children along with developing their dairy farm.

With the installation of two stained glass windows at Zion Lutheran Church, all windows

of the church auditorium are of stained glass. Most of the windows have been given as memorials to deceased members of the congregation.

The Oklee Bobcats wound up their conference play for the season by getting beat by the scrappy Bulldogs of Gonvick with a score of 54-41.

Fifty Years Ago

February 25, 1971

Tom Toulouse of Oklee operates what is probably the only horse powered dray line service in the United States. And has photos and stories have been published in many newspapers and other publications.

Gary Rahier, son of Mr. and Mrs. LeRoy Rahier was recently inducted into the armed forces. Others from the area that were inducted at the same time were Harold Linder, Jerry Lessard, Keith Lessard and Robert Berberich.

A large crowd turned out at Plummer Sunday afternoon for a snowmobile racing event planned especially for youngsters from 8 – 14 years of age. Corners of the track were neatly banked with snow providing a tract that was both fast and safe.

Jesse DuChamps were honored on the silver wedding anniversary on Sunday afternoon at the Wallace DuChamp home.

Mr. and Mrs. Jerry Gerardy are the parents of a baby boy born last Tuesday evening, February 16th. He was named David.

Forty Years Ago

February 26, 1981

Darrin Tougas, Joel Stolaas, and John Cyr won firsts in the sub regionals at Warren. They will advance to regions along with Don Tougas, Jim Bergeron, Wayne Paquin and Ricky Kulka.

State Auditor Arne Carlson's report on Municipal Liquor store operations for 1979 showed Oklee ranking fifth in Net Income as a percent of sales for municipal stores in cities under 2,500 in population.

Annette (Lessard) Dunning is Bemidji Community Hospital's Special Employee of the Month award winner for February 1981.

On Friday, February 20th, the Bobcats traveled to Gary, with Oklee doing good in the first half and Gary coming in strong in the second half, Oklee losing to Gary with a score of 43-30.

Mr. and Mrs. Roman Radnicki of Staples were recent weekend guests of the Roy Jorgenson's. They visited friends and relatives in the area.

The Oak Park Church members and their families were busy Friday taking pictures for the church directory. Plans are to have it ready for their 75th anniversary celebration to be held in June.

Thirty Years Ago

February 27, 1991

Jona Bernier was honored at the basketball game played in Oklee on Friday, February 15th for his 114th wrestling win during his varsity career. He advanced to the Minnesota State Wrestling competition after placing 2nd in the Regional

tournament in Bagley.

The Oklee High School Knowledge Bowl team placed second at a 15 team competition held in TRF on Thursday.

Meet the Kindergarten featured Thor Vettleson and Joshua Schmit.

Pam Asselin received a check for \$100 from Maynard Peters. She won in on a cash match ticket she received from Ardell Opdahl and scratch at Peters Grocery in Oklee.

Adolph Peterson celebrated his 83rd birthday when many friends and family stopped by to help him celebrate.

Lloyd Opdahl retires from the Oklee Elevator after almost 19 years.

Twenty Years Ago

February 22, 2001

Director of Northwest Regional Library attended the Commissioners meeting to discuss funding requirements for the library and bookmobile services. The bookmobile was operating in the red and in order to continue that service it would require more funding. The commissioners stated they had no plans of increasing the library budget. No action was taken at this session.

Power Sports Plus will celebrate their fifth year in business in April.

Mrs. Theresa Champagne, her daughter Kathleen Halsas of TRF and Janelle Champagne returned from a week holiday at Casper, Wyoming to visit her son Ron Champagne.

The Plummer Senior Citizens met at the Plummer Hall for their February Valentine Day dinner party. This was followed by a number of Bingo games.

Northland College of TRF announced that Cindy Lambert and Jessica Spong, both seniors of Oklee High School, have signed letters of intent to play volleyball for Northland Community and Technical College.

Ten Years Ago

February 23, 2011

A fire call came into the Oklee Volunteer Fire Department on Friday, February 11th in the evening. The call was at the Ray Korinta farm, southeast of Oklee. When the fire dept. got there, the house was already engulfed in flames. Thankfully, no one was home.

The new age home – "light weight concrete domes" – where portable and permanent meet was the headline on an article about David Holmes of Fosston focusing his business in NW Minnesota and developing a modular version is this building concept.

Tim Christiansen, Cory Schmitz, James Hanson, Anna Pahlen, Ashly Narvaiz, RaeAnna Jarvie, April Kimbro, John Haugen, Vince Hesse, Brittany Kelley, Brian Roue, Brady Grove, Kaytlin Trontvedt, Kayla Jaeger, Brittany Bray, Mikayla Paradis, Cameron Lundeen, Chris Jaeger, Coggy Gagner, Madison Thompson, and Austin Burman from RL-CC's 8th grade finished fleece blankets they made for Project Linus that are given to children in need in hospitals, shelters and hospices.

Senior Site News & Other Things

By Volunteers Jo Lambert & Bonny Cote

The weather is getting warmer and it almost feels like a heat wave after the below zero temperatures we have experienced for the last week or so.

If you want to order a Senior Meal call the Oklee Cafe at 796-5666. Remember you have to call the day before in order to get a meal. And you have to call on Friday for Monday's meal.

We are not officially open but if you are looking for a gift, you can call Bonny at the Oklee Herald office or Jo Lambert to make arrangements.

People 65 and older are now able to get the Covid-19 vaccination when its available. Watch the news in your area. Different areas are setting up their vaccination policies. If you are a patient of Essentia or Sanford they will be contacting you if you are a patient. Follow their instruction. Otherwise, you can contact Inter-County Nursing in RLF or TRF for information on their vaccination policies.

Remember if you go out to stores, church, or any place else to please wear your mask and social distance. The numbers in Red Lake County are not very high, but in Pennington County they have been pretty high this past week.

And once you have received both vaccinations, you will still be told to wear your masks because it takes 6 weeks for the vaccine to be in full force. And you may still catch Covid - you just won't get as sick and you could spread it from what I hear.

Dates to Remember

Feb. 24: National Tortilla Chip Day

Feb. 28: National Public Sleeping Day

March 1: National Minnesota Day

March 3: National Anthem Day

Facts

Fingernails grow nearly 4 times faster than toenails!

Like fingerprints, everyone's tongue print is different!

It is impossible to sneeze with your eyes open

The average person laughs 10 times a day!

Jokes

A boy asks his father, "Dad, are bugs good to eat?" "That's disgusting. Don't talk about things like that over dinner," the dad replies. After dinner the father asks, "Now, son, what did you want to ask me?" "Oh, nothing," the boy says. "There was a bug in your soup, but now it's gone."

Paddy and Murphy are havin' a pint in the pub, when some scuba divers come on the TV. Paddy says, "Murphy, why is it them deep sea divers always sit on the side of the boat with them air tanks on their backs, and fall backwards out of the boat?" Murphy thinks for a minute then says, "That's easy. It's 'cos if they fell forwards, they'd still be in the boat!"

Plummer News

By Alice Jobe

218-465-4402

Brodie and Brielle Traxler spent the weekend with their dad Bob, and also spent time with their grandma Anne.

Anna DeHate visited Arlene Zimpel.

There was a good turnout for Bingo at the Legion. The temperature was about four degrees below by then, but still nice. Wanda Hanson treated everyone to sugar cookies that were decorated. She had recently celebrated her birthday.

Anna DeHate attended the wrestling match at Lincoln High School, Tuesday evening for her grandson, Paul DeHate.

The pipeline workers continued working during the cold temperatures. Red River Ag C-Store has been very busy with pipeliners coming in for food.

On TV February 16th, they reported how a boy who had gotten into a garbage can was

picked up by a sanitation worker and thrown into the truck. The driver had his camera on and saw the boy, The boy later said he thought he was a goner. He may have put the cover on.

In Georgia, a 5 years old girl sang the National Anthem at a basketball game. Her dad is the coach for the girls basketball team. She didn't know he had taped it. She did a good job!

In Seattle, a 90 year old woman walked three miles to get her shot for Corona virus. It had been snowing a few inches before. She had an appointment and decided to walk instead of drive. She had been going for walks before. She used walking sticks. On the way back it was icy, but she made it home. For her second shot, she said she drove.

On Saturday afternoon, Feb. 14th, there were 30,000 fans at the Daytona 500 races. Many

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

The temps are up this morning at 30 when I last looked. It is quite a difference from the way below zero temps we encountered last week. We are fortunate that our electric grid stayed up and running unlike those who had so much cold and lack of electricity in Texas last week. From what I have gleaned from conversations around the internet and friends, the newer homes are the ones that were severely damaged by frozen water pipes and cold. They are made more cheaply and are not insulated like the older homes. Quite a few older homes came out unscathed from the obnoxious weather they had to encounter.

Progress on the epidemic that we are in has been slow but lately it has had some good aspects to report. Some of my friends and neighbors have gotten their first shot for Covid. My second shot is scheduled for the first week in March. The

first shot was not bad, I had a sore arm for a day or two but not debilitating for sure. No other symptoms that I could tell of any other side effects. Hopefully this will bring down the scare of this disease, and open up our society a bit better. I am getting itchy to see my kids and grandkids again. When we were told to stay at home I thought that it would last only a short two weeks or so but that was a dream. I also thought that I would never be able to do that but now it doesn't bother me much. I guess being a hermit is not all that bad. Just jumping in the car and going someplace is not on the grid anymore. It used to be my go to place whenever I got bored. Jump in the car and go to the store, or to the coffee shop, or just shopping, is not on the agenda anymore. Now I think about where I will go, and why, and what else do I need to do while I am gone to where ever. At my age, I no

longer just jump into the car anymore. I aged out of that one. Lets hope that we eventually get back to near normal soon.

I caught some nice things being done for others this past couple of weeks. As I got out of the car at church the other day, Roger Gallant was shoveling the walks. He was doing a fine job and I just have to thank him for going out of his way to make it easier for people to walk safely into church. I also saw a younger man helping an older lady on icy sidewalks taking her arm to steady her while on the ice until she was safely in the door of the store, I don't know who they were but he then went on his way in the other direction. It is nice to see people who care about other people and helping them maneuver touchy situations.

I hope you each have a great week, and that you stay safe for the short time we have to, and be happy.

Who's Dat?



Who's Dat?

This weeks photo is of a grandma getting a dance with a grandson.

Last week's photo was of kids at Vi's Daycare. Pictured were Andrew Swenson, Scott Bergeson, Becky Cote and Creanna Cote. In front is Andrew Vettleson.

Everyone has a photo or two that would be great for this column. Please share them with our readers as it is one of most popular columns of the Oklee Herald.



Wednesday, February 24, 2021

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