



Veteran's Day Celebration held at RLCC High November 11th



Commander Chad Tabatt was the speaker at Oklee's Veteran's Day program hosted by the American Legion Post #159 & the American Legion Auxiliary Unit 159.

Monday, November 11th is an important day in America's history. Once known as Armistice Day, Veteran's Day is a day to honor and remember the veteran's for their selfless act to keep us safe and free.

The Oklee Veteran's Day was held at Oklee's RLCC High School gymnasium. Commander Rick Dulka welcomed everyone who attended the event after the Colors were presented by the Oklee American Legion Post #159's Color Guard.

The invocation was given by Chaplin Don Stenberg. A poem titled "The Chosen One," written by Brian Longmire was read by Adrienne Jones, a RLCC student.

Commander Dulka then introduced the speaker, Commander Chad Tabatt. Tabatt serves in the US Navy Reserves. He is currently the officer in charge of Bremerton Detachment Q Naval Hospital. He also works for Sanford Health in Thief River Falls as a Physical Therapist.

Tabatt's message was the importance of recognizing and treating veterans with respect and honor for they have given much to the United States by serving their country, whether in an overseas position or at home. They have fought for our freedom, some have died while serving and others made



Commander Rick Dulka welcomed and introduced the speaker at the Veteran's Day program.

it back home.

His sons encouraged him to get veteran plates for his car and he really didn't feel the need to have them but since his boys asked, he did. He was surprised when someone saw the plates on his car and they thanked him for his service. He didn't expect the feeling of gratitude and was overwhelmed by the feeling.

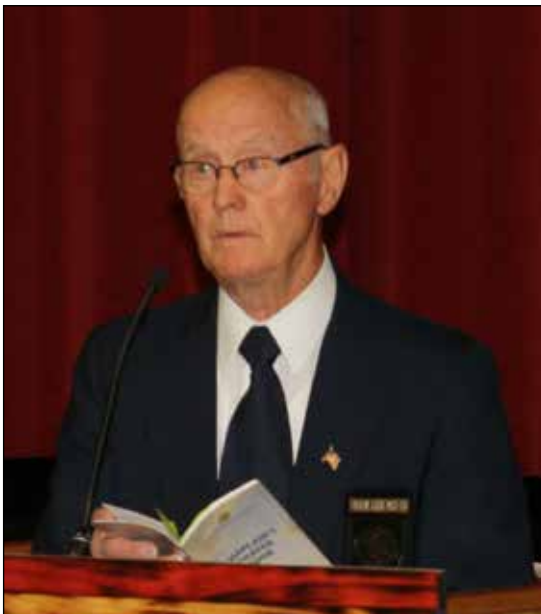
He went on to talk about the Honor Flights where they bring veterans to WWII memorials in the USA or overseas and how one veteran was thanked and he broke down. It was the first time he had ever been thanked

for his service. It is important to thank those that have served their country to protect our freedoms.

After Tabatt spoke, a poem was read by Jayden Iverson, a RLCC student. The poem was titled "Honor Our Military."

Shirley Dessellier, an Auxiliary member presented a Quilt of Valor to Wallace Nelson for his service to the country. The quilt was made by the Thief River Falls Quilting Club.

Elmer Hanson was also designated to receive a Quilt of Valor but was unable to attend the ceremony. It will be given to him at a later date.



Chaplin Don Stenberg gave the invocation at the beginning of the Veteran's Day program held in Oklee.

A moment of silence was held in remembrance of our fallen veterans. Taps was played by RLCC trumpet player, Noah Hanson.

Afterwards, the Oklee American Legion Auxiliary served coffee and rolls at the hall.



"The Chosen One" was read by Adrienne Jones, a RLCC student.



Jayden Iverson, a RLCC student read a poem titled "Honor Our Military."



Wallace Nelson of Oklee was presented a Quilt of Valor by the Thief River Falls Quilting Club and it was presented to him by Oklee American Legion Auxiliary member Shirley Dessellier. Many of Wallace's family members were with him when he received the quilt.

Calendar of Events
Wed, Nov. 20:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Bridge.
-7:00 p.m. Bingo at Plummer Legion.
Thu, Nov. 21:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 12:30 p.m. - Bingo.
Fri, Nov. 22:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Nov. 23:
-Support your local business - Shop Locally!
Sun, Nov. 24:
-Worship at the church of your choice.
Mon, Nov. 25:
-LSS Sr. Meal 11:30 a.m.
Tue, Nov. 26:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Cards.
Wed, Nov. 27:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Bridge.
-7:00 p.m. Bingo at Plummer Legion.
Thu, Nov. 28:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 12:30 p.m. - Bingo.
Fri, Nov. 29:
-LSS Sr. Meal 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Nov. 30:
-Support your local business - Shop Locally!
Sun, Dec. 1:
-Worship at the church of your choice.
Mon, Dec. 2:
-LSS Sr. Meal 11:30 a.m.
Tue, Dec. 3:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Cards
Wed, Dec. 4:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Bridge.

Water quality in the Lake of the Woods Watershed is generally good and needs protection

The majority of streams in the Minnesota portion of the Lakes of the Woods Watershed meet state standards for water quality, according to new studies released by the Minnesota Pollution Control Agency (MPCA). However, seven of the 22 stream segments studied showed low oxygen levels or excess sediment, which are conditions detrimental to fish and aquatic insects. The west branch of the Warroad River exceeded water quality standards for E. coli bacteria.

The MPCA completed two studies for the watershed. The total maximum daily load (TMDL) study identifies bodies of water that don't meet water-quality standards (known as "impaired" waters), the sources of pollution, and how much pollution reduction is needed to meet water quality standards. The watershed restoration and protection strategy (WRAPS) report recommends ways to protect waters in good condition and improve impaired waters.

Landowners and local partners such as Lake of the Woods and Roseau counties, Warroad River Watershed District, and soil and water conservation districts in the watershed have long been engaged in good land stewardship practices and water quality improvement projects. These have included shoreline stabilization, wetland preservation, grants for upgrading septic systems, and more.

The MPCA is recommending further efforts, including:

- Reducing overland and stream bank erosion
- Stabilizing ditch outlets and improving agricultural drainage management
- Improving septic system compliance
- Reducing pollutants in municipal stormwater runoff
- Improving in-stream habitat, base flows, and stream connectivity for fish passage
- Improving grazing management and limiting cattle access to streams
- Improving the quality of vegetative buffers and protecting wetlands

"The Lake of the Woods watershed is one of many areas in Minnesota where it's important to take actions that not only correct impairments that exist, but also protect areas that are not impaired but could become so," said Katrina Kessler, MPCA's assistant commissioner of water.

MPCA studied the part of the Lake of the Woods Watershed within Minnesota, at the northern tip of the state, which is more than 80% open water or wetland. Roughly 12% of the land is used for agriculture. Recreational fishing brings in many tourists year-round.

The MPCA is asking for public comments on the two reports, which are available on the MPCA web site or at the MPCA Detroit Lakes office at 714 Lake Avenue, Suite 220. Mail or email written comments to Cary Hernandez, MPCA, 714 Lake Ave., Suite 220, Detroit Lakes, MN 56501 by 4:30 p.m. on Thursday, Dec. 12, 2019. Call Cary Hernandez at 218-846-8124 for more information.

Written comments must include a statement of the respondent's interest in the report, and the action requested of the MPCA, including specific references to sections of the draft document(s) that should be changed, and the reasons for making those changes.

Ecumenical Program this Sunday, Nov 24th

The Ecumenical Program will be held on November 24th at Zion Lutheran Church. This program is held every year but rotates between Zion Lutheran and St. Francis Xavier Catholic churches.

The time is 6:00 p.m. which is open to all who wish to attend, fellowship with coffee and treats will be after the program.

This is a very special program for our community.

The program is put on by anyone who wants to join the Ecumenical Choir and Chime Choir.

The public is invited to join our two congregations for this special event that has been part of our community for many years.

Come and enjoy the music, songs and fellowship at 6:00 at Zion Lutheran Church in Oklee.



Bingo Bake Fun!

On Friday, November 15, the Oklee Community Hall was filled with about 70 people who gathered to play bingo!

The Oklee American Legion Auxiliary, Unit 159, sponsored the Bingo Bake annual fundraiser and community event which has been a popular and

anticipated activity for many years.

Friends and neighbors from around the area gathered for games of bingo with the prizes being wonderful homebaked goodies donated by American Legion Auxiliary members. The funds raised help to support

military veterans and provide support for community activities that the American Legion Auxiliary, Unit 159, is involved in. Those bingo players from the Oklee community and the area aid in the support of veterans through their participation in this fun event.



Taps was played by RLCC trumpet player, Noah Hanson.



The Marv Bronken Playground has a new sign. It gives some information on Marv Bronken and has a nice photo of him.

Church news

OKLEE LUTHERAN PARISH

Zion and Salem
Pastor Linda Molitor
Wed, Nov. 20: 6:30 p.m. 8th Grade Conf.; 7:30 p.m. 9th Grade Conf.

Sun, Nov. 24: 9:00 a.m. Zion. 9:00 a.m. SS at Salem. 10:00 a.m. SS at Zion. 10:30 a.m. Salem. 6:00 p.m. Ecumenical Service at Zion.

Wed, Nov. 27: 6:30 p.m. 8th Grade Conf.; 7:30 p.m. 9th Grade Conf.

CATHOLIC PARISHES OF OKLEE, GRYGLA & GOODRIDGE

Fr. Adam Hammess
Sun, Nov. 24: 7:30 a.m. Confessions 8:00 a.m. Mass at St. Francis Xavier, Oklee; 10:15 a.m. St. Clement Parish, Grygla; 12:00 p.m. St. Ann Parish, Goodridge. 6:00 p.m. Ecumenical Service at Zion.

BROOKS – RED LAKE FALLS

CATHOLIC PARISH
Fr. Bob Schreiner
Sat, Nov. 23: 5:30 p.m. RLF
Sun, Nov. 24: 8:00 a.m. Brooks. 10:00 a.m. RLF.

IMMANUEL–EBENEZER LUTHERAN PARISH ELCA

Pastor Jonathan Dodson
Sun, Nov. 24: 9:00 a.m. Worship at Ebenezer. 9:15 a.m. SS at Immanuel. 10:30 a.m. Worship at Immanuel.

GOODRIDGE AREA LUTHERAN PARISH ELCA

Bethany–Ekelund–Faith Pastor Kristen Ostercamp
Wed, Nov. 20: Release Time. 7:00 p.m. Women's Bible Study at Faith.

Sun, Nov. 24: 8:30 a.m. Bethany. 9:45 a.m. SS; 9:45 a.m. Ekelund, 11:00 a.m. SS; 11:00 a.m. Faith. 9:45 a.m. SS at Faith. SS sing during services.

Wed, Nov. 27: Release Time. 7:00 p.m. Confirmation at Bethany.

Oklee Senior Site Dining

Nov. 25 - 29
 Call 796-5666 to order a meal.

If you are over the age of 60 and would like to eat with other seniors at the Senior Site, please call the Café at 796-5666 to reserve your meal. A \$4.00 per meal donation is suggested.

Monday: Fish, baked potato, peas, and dessert.

Tuesday: Mushroom Swiss patty, hash browns, corn, bread, and dessert.

Wednesday: Egg salad sandwich, broccoli cheese soup, and dessert.

Thursday: Closed for Thanksgiving Day.

Friday: Closed.

Plummer Residents

PLEASE NOTE:

Due to the Thanksgiving Day Holiday, garbage will be picked up in the

afternoon on

Wednesday,

November 27th.

Thank you and have a...


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CLEARWATER LUTHERAN PARISH

Mt. Olive – Nazareth Oak Park – St. Petri Pastor Jeff Merseth
Wed, Nov. 20: Release Time. 7:00 p.m. Women's Bible Study at Faith.

Sat, Nov. 23: 9:00 a.m. Mt. Olive.

Sun, Nov. 24: 8:00 a.m. St. Petri. 9:15 a.m. SS; 8:30 a.m. Nazareth SS, 9:45 a.m. Worship; 9:45 a.m. Oak Park SS, 11 a.m. OP Worship.

Wed, Nov. 27: Thanksgiving services – 5 p.m. Mt. Olive. 7 p.m. Oak Park.

Thu, Nov. 28: Thanksgiving Day services – 8 a.m. St. Petri. 9:30 a.m. Nazareth.

NEW JOURNEY CHURCH Josiah Hoagland, Pastor

Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com

Wed, Nov. 20: 6:30 p.m. Youth Group. 6:30 a.m. AWA-NA.

Fri, Nov. 22: 8:30 a.m. Friday School.

Sun, Nov. 23: 9:30 a.m. Worship. 10:45 a.m. Sunday School.

Tue, Nov. 26: 9:30 a.m. Ladies Devotions. 10:00 a.m. Quilting. 6:30 p.m. Bible Study.

Wed, Nov. 27: 6:30 p.m. Youth Group.

GULLY-TRAIL PARISH

Bethany * Lund Sand Valley Dawn Hanson, Lay Minister

Wed, Nov. 20: 2:00 p.m. Sand Valley WELCA. No Confirmation. 7:00 p.m. Parish Board at Sand Valley.

Sun, Nov. 24: No Morning Services. 9:00 a.m. SS at Sand Valley & Bethany. 5 p.m. Joint Thanksgiving Service at Lund. Potluck to follow.

Wed, Nov. 27: No Confirmation.

BETHEL ASSEMBLY Fosston

Seth Johnson, Interim Pastor
Sun, Nov. 24: 9:30 a.m. Sunday School. 10:30 a.m. Worship.

National Bible Week November 23-30

Tri-Valley Public Transportation

T.H.E. Bus is available for anyone. There are no age or income guidelines. However, children under the age of four must be accompanied by an adult and children under the age of one must be secured in an infant seat.

Curb-to-curb services is available, allowing those with special needs more comfortable, safe and convenient method of transportation. All of our buses are handicapped accessible and lift-equipped. All of our drivers are trained and certified.

To reserve a seat, please call one business day prior to the scheduled trip - 1-800-201-3432.

The new schedule started December 2016.

For Polk, Red Lake and Clearwater county stops:
 Every Monday – Grand Forks.

Every 2nd Tuesday – Mahanomen.

Every 4th Tuesday – Thief River Falls

Every 1st, 3rd, & 5th Wednesday – Fargo/Moorhead.

Every 2nd & 4th Friday – Bemidji.



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NCUA



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 RED LAKE COUNTY
 VETERAN SERVICE OFFICER

218-689-8587
1-888-LINKVET

Email: kellefsoncvso@hotmail.com

049-48C

Red Lake Falls Library News

The RLF location, as well as all other branches of NWRL, will be closed on Thursday, November 28 and Friday, November 29 in observance of the Thanksgiving holiday. Regular hours resume on Saturday, November 30, 10 am to 2 pm.

New adult nonfiction: "The Boys in the Cave: Deep Inside the Impossible Rescue in Thailand" by Matt Gutman, ABC

News chief national correspondent; "Good Habits, Bad Habit: The Science of Making Positive Changes that Stick" by Wendy Wood Ph.D., Provost Professor of Psychology and Business at the University of Southern California; and Lonely Planet's "The Unique States of America: Can't Miss Experiences Across the USA" with foreword by Andrew Zimmern.

Inter-County Community Council

BOOK DRIVE

Donate new or gently-used children's & young adult books.

NOVEMBER 15 — DECEMBER 11

Books will be made available to area youth at the
► Plummer Holiday Train | December 13, 2019

Drop off book donations at these locations:

- Oklee Inter-County Community Council
- Oklee High School
- Plummer Elementary School
- Plummer Red River Grain Gas Station



Oklee Historical Society needs your pop cans!

The Oklee Historical Society is raising funds by collecting aluminum cans. Please bring them to the recycling bin set up near the ice skating rink and fair buildings in Oklee. The money raised will be used for supplies needed to

build displays not only on the main floor of City Hall, but to expand the museum area to the upstairs so that full room displays can be set up.

Carpeting is now needed to finish the transformation of a museum area upstairs. All the laminate flooring has been installed and it is beautiful. Thank you to all who donate their pop cans.

Your continued support in the aluminum can drive is greatly appreciated.

Oklee Centennial Cookbook Recipe Corner - From page 48

Hamburger Vegetable Soup Sammie Mostrom

1-2 lb hamburger
 1 large onion chopped
 3 garlic cloves minced
 Salt/pepper to taste

Brown well in large skillet. Drain and put in large stew pot.

Add:
 2 quarts water or part beef broth
 6 medium potatoes cut bite size
 1/2 medium head cabbage chopped (about 2 lbs)
 Simmer together until almost tender. Add 1 (16 oz) can each of: green beans, peas, corn, tomato sauce (or crushed tomatoes), 2 cans mixed vegetables.
 Season with 3 or 4 sprigs parsley or 2 Tbsp dried parsley, 1 tsp cardemon (optional) May add more water or broth as needed.



Matthew Genova of Oklee got a nice doe while hunting in Beltrami, it weighed approx. 150 pounds.

SPECIAL AGRICULTURAL HOMESTEAD

The special Agricultural Homestead Provision was created to extend homestead status (which can result in lower property taxes) to those property owners, or their sons and daughters, who actively farm the land. The 1999 Minnesota Legislature passed legislation that extended the homestead classification to certain farmland that is not immediately adjacent to an owner's place of residence. The 2000 Legislation also extended the homestead to members of homestead or non-contiguous farmland under the following conditions.

Agricultural property consisting of at least 40 acres shall be classified homestead to the same extent as other agricultural property if all the following criteria are met:

1-The owner, or the owner's spouse, or son or daughter of the owner or owner's spouse either on the person's own behalf as an individual or on behalf of a qualified entity in which they are a partner, shareholder, or member actively farms the agricultural property,

2-The owner of an agricultural property is a MN resident,

3-Neither the owner nor their spouse may claim another agricultural homestead in MN,

4-The owner does not live farther than four townships or cities or a combination of four townships or cities from the agricultural property, and

5-Be listed as a farmer/operator by the Farm Service Agency (Form 156-EZ)

6-File a Schedule F with their federal income tax return.

The following definition constitutes "actively farming" persons engaged in actively farming must participate in the day-to-day labor, administration, and management of the farm. They must assume all or a portion of the financial risks and they must participate in any profits and losses.

Additionally: The farmland must be a minimum of 40 acres in size and: The farmland must meet the definition of agricultural property contained in MN Statutes 273.124, Subd. 14(b) Land enrolled in CRP or RIM do not qualify for the homestead classification, it will continue to be classified as agricultural.

This special homestead provision is only available to qualified individual who make application by the filing deadline of December 16, 2019. To find out how to apply for the special agricultural homestead and receive the proper applications contact:

Red Lake County Assessor's Office
PO Box 458
Red Lake Falls, MN 56750
218-253-2596

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Sudoku Solution

3	2	5	1	4	7	8	9	6
6	9	1	3	8	2	7	4	5
7	4	8	9	5	6	3	2	1
2	1	3	5	7	8	9	6	4
4	8	6	2	9	1	5	3	7
9	5	7	4	6	3	1	8	2
1	7	4	8	2	9	6	5	3
8	6	2	7	3	5	4	1	9
5	3	9	6	1	4	2	7	8



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MUSTANG STAMPED

RLCC Menus

Nov. 25 - 29

Oklee

Monday: Breakfast: Sausage, egg & cheese biscuit, cereal, fruit, and milk. **Lunch:** Chicken fajita, refried beans, Spanish rice, fruit, and milk.

Tuesday: Breakfast: Cereal, toast, fruit, and milk. **Lunch:** Corn dog, macaroni & cheese, vegetables, fruit, and milk.

Wednesday: Breakfast: Bakery rolls, cereal, fruit, and milk. **Lunch:** Ham patty w/ bun, tots or fries, vegetables, fruit, and milk.

Thursday: No School – Thanksgiving.
Friday: No School.

Plummer

Monday: Breakfast: Egg patty w/biscuit, cereal, fruit, and milk. **Lunch:** Diced chicken & gravy, mashed potatoes, beets, tea roll, fruit, and milk.

Tuesday: Breakfast: Variety, cereal, fruit, and milk. **Lunch:** Corn dog, au gratin potatoes, salad, buttered biscuit, fruit, and milk.

Wednesday: Breakfast: Scrambled eggs, toast, cereal, fruit, and milk. **Lunch:** Ham patty w/bun, sliced cheese & pickles, tater tots corn, fruit, and milk.

Thursday: No School – Thanksgiving.
Friday: No School.



Mustang Wrestling Schedule

Dec. 7: Tournament
TBD Fosston @ Fosston High School

Dec. 14: Tournament
TBD Crookston @ Crookston High School

Dec. 16: Scrimmage
TBD Crookston @ Crookston High School

JV Scrimmage Dec. 20: Tournament TBD Cass Lake-Bena @ Cass Lake - Bena High School

Dec. 21: Tournament
TBD Cass Lake-Bena @ Cass Lake-Bena High School

Basketball Boys Var/JV Schedule

Nov. 23: Jamboree TBD Clearbrook-Gonvick Bears @ Clearbrook-Gonvick

Dec. 5: 6:00PM Climax Shelly @ Fisher

Dec. 6: 6:00PM BGMR @ Plummer School

Dec. 10: 6:00PM EGF Green Wave @ Plummer School

Dec. 13: 6:00PM Stephen-Argyle Central @ Red Lake Falls

Dec. 17: NCTC Tournament TBD @ NCTC - TRF

Dec. 19: NCTC Tournament TBD @ NCTC - TRF

Dec. 20: NCTC Tournament TBD @ NCTC - TRF

Basketball Girls Var/JV Schedule

Nov. 26: 6:00PM Climax Shelly @ Fisher High School

Dec. 3: 6:00PM Mahnomen/Waubun @ Plummer

Dec. 5: 6:00PM Northern Freeze @ Karlstad

Dec. 6: 6:00PM Win-E-Mac @ Oklee School

Dec. 9: 6:00PM Clearbrook-Gonvick Bears @ Oklee

Dec. 12: 6:00PM Lake of the Woods @ Oklee

Dec. 16: 6:00PM Fosston @ Oklee

Dec. 19: 6:00PM Laporte @ Laporte High School

Dec. 20: 6:00PM Stephen-Argyle Central @ Stephen-Argyle Central

Dec. 30: 6:00PM Kittson Central @ Plummer

Wednesday, November 20, 2019



American Legion Commander from Post #159 donated an American Flag to be placed in a place of prominence in the RLCC High School to Principal Randy Pederson.

Veterans Day

By: *Karena Melby*

The Veterans Day program was held at the Oklee High School on November 11th at 10:30 am.

Rick Dulka led the program and Chad Tabatt was the guest speaker. Jayden Iverson and Adrianne Jones both read a poem.

Taps was played by Noah

Hanson. The program was open to the community, as well as all students. When you see a veteran, thank them for their service to our country.

Meet the Newspaper Staff

By: *Adriel Bakken*

Karena Melby is a seventeen year old junior at Red Lake County Central High school. She has a sister named Sydney and a dog named Gus.

Her hobbies include writing and her favorite activity is volleyball. Her favorite movies are La La Land and The Breakfast Club.

Her favorite thing to write about in Newspaper is joke articles.

Riverwatch Meeting

By: *Bella Russillo*

The Riverwatch meeting was held on Wednesday, Nov. 13th. During the Riverwatch meeting, the students did a lab. They split into groups and had their own city. The goal was to improve the environment of each city. The purpose of this activity was to understand how air pollution and water pollution can affect multiple areas.

Academic Awards

By: *Daniel Guillemette*

The Red Lake County Central Mustangs volleyball team has earned the Gold Academic Award, which is an award given to the team for having a high overall GPA.

RLCC Mustang Calyssa Eskeli was also named to Academic All-State for maintaining a GPA of 3.8+ throughout four years and being on the varsity level her senior year.

RLCC Staff Interview

By: *Zachary Benson*

The staff member interviewed this week is Mr. Aaron Moll.

Mr. Moll is the industrial tech, woods, welding and construction trades teacher at RLCC High. It is his second year teaching here.

Some of the things he loves most about RLCC is getting to know the students and watch them progress. He also stated he enjoys the respect the staff shows here at RLCC.

He lives with his wife Kate Moll (computer teacher at RLCC) and two daughters Hattie and Nora.

Some of his hobbies include fishing, playing and watching sports. One of his favorite places to travel is Northern Manitoba on fishing trips. He also has a black lab named Solo.

ECFE Events

By: *Karena Melby*

RLCC ECFE Family Fun Night will be on November 21st, from 6:00-7:00 pm, at the Oklee playground. Hot chocolate and marshmallows will follow in the preschool room.

Teacher Interview

By: *Emily Kolstoe*

Kory Baril attended Bemidji State University for secondary Social Studies Education. He has taught 7th and 8th grade social studies at RLCC for 5 years.

He is also the dean of students and coaches football, basketball and track.

The thing he loves most at RLCC is the staff and students. In Baril's free time he enjoys hunting and watching sports.

November ECFE

By: *Emily Kolstoe*

Wed, November 20th: School Readiness for 4-5 year olds

Thu, November 21st: School Readiness and RLCC ECFE Family Fun Night

Tue, November 26th: School Readiness for 4-5 year olds

Wed, November 27: School Readiness for 3 ½-4 year olds



Academic All-Star Awards went to...



Derek Peterson was granted the Academic All-Star award during his 2019 football season at RLCC.

Rebel Football

By: *Kia Bachand*

The RLC Rebel Football awards night will be held on Thursday, November 14th, in the Red Lake Falls High School cafeteria. For the meal at 7:00 p.m., 11th and 12th graders are to bring a hotdish, 7th and

9th graders bring a salad, and 8th and 10th graders bring a dessert.

The Red Lake County Rebel football team received a Silver Award for team academic success. The senior who received Academic All-State was Derek Peterson.

2019-20 RLCC High School 1st Quarter Honor Roll

7th Grade: "A" Honor Roll: Dylan Dahle, Hannah Dudycha, Ciara Mitzner, Luke Peterson, and Ryan Tvedt.

"B" Honor Roll: Guy Bergeson, Owen Chervestad, Kendra Christianson, Quinn Graves, Hayz Hanson, Emma Kippely, Evelyn Klammm, Landon Klasen, Ethan Majeres, Daniel May, Kalina Needham, Kane Nelson, Ruben Osborn, Oliver Russillo and Shelby Sherman.

8th Grade: "A" Honor Roll: Sydney Fougner, Caden Lee, Ella Moen, Isabelle Morinville, Keira Morinville, Kya Morinville, and Everett Svendsen.

"B" Honor Roll: Arron Benoit, Jamie Flatgard, Lilian Hager, Jennifer Johnson, Paul Malwitz, Maverick Nelson, Bryn Vetteson and Carly Vetteson.

9th Grade: "A" Honor Roll: Damon Ferguson, Kaleb Fougner, Shawna Majeres, Aurora Mitzner, Cael Nelson, Aurimy Olson, Gunnar Sandeen and Natalie Vetteson.

"B" Honor Roll: Oscar Duden, Orin Hofstad, Carson Lambert, Natalie Lindemoen, Clowie Magnell, Gerald Melin, Jeffery Meyer, Caleb Nymann, Paige Olson, Marin Peterson, Kaleb Roussy, Payton Rystad, Molly Smith, Izaiah Stordahl, Lucille Svendsen, Marissa Thomas, and Carlee Whalen.

10th Grade: "A" Honor Roll: Cari Bachand, Zachary Cater, Peyton Fish, Madeline Inda-Valdez, Taya Morinville, Leah Peterson, Steven Sogla, and Halie Thompson.

"B" Honor Roll: Jedidiah Duden, Tyler Eskeli, Lillian Hanson, Lauren Jones, Michael Lowell, Jonathan Roue, Marissa Schiebe, Bailey Sherman, Erin Sundquist, and Leilah VanDam.

11th Grade: "A" Honor Roll: Kia Bachand, Adriel Bakken, Tristyn Ferguson, Daniel Guillemette, Emily Kolstoe, Karena Melby, Janae Olson, Katelyn Suchy, and Brock Tvedt.

"B" Honor Roll: Jillian Booth, Wakely Bryl, Bailey Culkins, George Duden, Eric Gieseke, Faith Hanson, Zachariah Howard, Jeremy Kruchowski, Brody Moen, Morgan Plante, Elijah Rathsack, and Isabella Russillo.

12th Grade: "A" Honor Roll: Zachary Benson, Madison Carlson, Calyssa Eskeli, Lillyan Guillemette, Adrianne Jones, Christopher Longtin, Jenna Pahlen, and Derek Peterson.

"B" Honor Roll: Britain Arlt, Brandie DeHate, Trent Goulet, Tyler Hanson, Jayden Iverson, Sophia Linder, Jacob Olson, Sidney Olson, Courtney Rude, Tanisha Srnsky, Abigail Walton, and Natalia Whalen.



Calyssa Eskeli was granted the Academic All-Star award during her 2019 volleyball season at RLCC.

Athlete Interview

By: *Trent Goulet*

Calyssa Eskeli is a 17 year old senior at RLCC, she's involved in volleyball, basketball, and softball. She's been playing sports for the past 6 years and hopes to have fun playing intramural in the future. Her favorite sport is volleyball and

has been a captain for 2 years in basketball and volleyball. Some of her achievements are Academic All State, All conference, and honorable mention in all 3 sports. One piece of advice a coach has given her is "You can only control your attitude and effort". Mark Bagaason.

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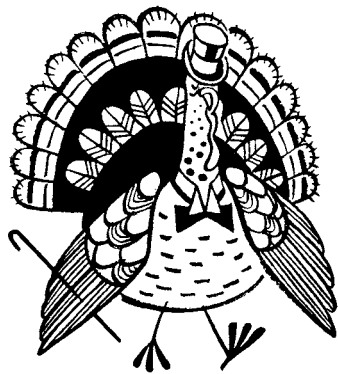
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November 2019 Health Points



10 Dangerous Food Safety Mistakes

We all want to keep our families safe and healthy. But sometimes a simple mistake in the way we handle and prepare food can lead to serious sickness. You can protect your family by avoiding these common food safety mistakes.

Mistake #1: Eating risky foods if you are more likely to get food poisoning

Why It's a Mistake: Anyone can get food poisoning. But some people are more likely to get sick and to have a more serious illness. This includes: Adults aged 65 and older, children younger than 5 years, pregnant women, people who have health problems or who take medicines that lower the body's ability to fight germs and sickness.

Solution: People who are more likely to get food poisoning should not eat the following: Undercooked or raw animal products (such as meat, chicken, turkey, eggs, or seafood); raw or lightly cooked sprouts; unpasteurized (raw) milk and juices; soft cheese unless it is labeled as made with pasteurized milk.

Mistake #2: Not washing your hands

Why It's a Mistake: Germs on your hands can get on food and make it unsafe.

Solution: Wash hands the right way—for 20 seconds with soap and running water. Wash hands before, during, and after preparing food.

Mistake #3: Washing meat, chicken, or turkey

Why It's a Mistake: Washing raw meat, chicken, turkey, or eggs can spread germs to your sink, countertops, and other surfaces in your kitchen.

Solution: Don't wash meat, chicken, turkey, or eggs. Cooking them thoroughly will kill harmful germs.

Mistake #4: Peeling fruits and vegetables without washing them first

Why It's a Mistake: Fruits and vegetables may have germs on their peeling or skin. It's easy to transfer those germs to the inside of fruits and vegetables when you cut or

peel them.

Solution: Wash all fruits and vegetables under running water even if you're going to peel them.

Mistake #5: Putting cooked meat back on a plate that held raw meat

Why It's a Mistake: Germs from the raw meat can spread to the cooked meat.

Solution: Always use separate plates for raw meat and cooked meat.

Mistake #6: Not cooking meat, chicken, turkey, seafood, or eggs thoroughly

Why It's a Mistake: Cooked food is safe only after it's been cooked to a high enough temperature to kill germs.

Solution: Use a food thermometer to make sure you cook food to a safe internal temperature.

If you won't be serving hot food right away, keep it hot (at 140°F or above) until serving.

Mistake #7: Eating raw batter or dough, including cookie dough, and other foods with uncooked eggs or uncooked flour

Why It's a Mistake: Flour and uncooked eggs may contain *Escherichia coli* (E. coli), *Salmonella*, or other harmful bacteria.

Solution: Cook or bake flour and eggs thoroughly. Don't eat foods that contain raw or undercooked eggs. Don't eat raw (uncooked) dough or batter that contains either flour or eggs. Keep raw dough away from children. Wash hands, work surfaces, and utensils after contact with flour and raw dough.

Mistake #8: Tasting or smelling food to see if it's still good

Why It's a Mistake: You can't taste, smell, or see the germs that cause food poisoning. Tasting only a tiny amount can make you very sick.

Solution: Check the storage times to see how long you can store food safely.

Mistake #9: Thawing or marinating food on the counter

Why It's a Mistake: Harmful germs can multiply very quickly at room temperature.

Solution: You can thaw it: In the refrigerator, In cold water, or In the microwave. Always marinate food in the refrigerator.

Mistake #10: Leaving food out too long before putting it in the fridge

Why It's a Mistake: Harmful germs can grow in perishable foods (including meat, chicken, turkey, seafood, eggs, cut fruit, cooked rice, and leftovers) if you leave them out of the refrigerator 2 hours or longer.

Solution: Put perishable foods in the refrigerator within 2 hours. Divide roasts and large

portions of food, such as pots of stew or chili, into smaller containers so they will chill quickly.

https://www.cdc.gov/foodsafety/ten-dangerous-mistakes.html?delivery-Name=USCDC_485

Your Clothing may be Dangerous to Your Health

From the Thirdhand Smoke Resource Center:

Thirdhand smoke researchers from Europe and the US reviewed the scientific evidence about the effects of wearing clothes contaminated with thirdhand smoke. They found that when people wear clothes full of thirdhand smoke residue, toxic chemicals can be absorbed into their bodies. These researchers suggest that sweat may speed up release of thirdhand smoke from clothing and discourage wearing contaminated clothing while exercising.

What is Thirdhand Smoke?

Thirdhand smoke is the tobacco pollution that persists in the air and on surfaces after smoking has stopped. Thirdhand smoke refers to the secondhand smoke gases and particles that stick to and become embedded in materials and objects, like carpet, walls, furniture, blankets, and toys. Thirdhand smoke is not strictly smoke, but chemicals that adhere to objects from which they can release back into the air or accumulate in house dust. Thirdhand smoke can linger indoors for a long time—months to years. People can be exposed to thirdhand smoke by touching contaminated surfaces (absorption through the skin), by eating contaminated objects or dust, and by breathing in air and re-suspended thirdhand smoke components.

https://thirdhandsmoke.org/your-clothing-may-be-dangerous-to-your-health/?utm_source=Thirdhand+Smoke+Resource+Center&utm_campaign=1b-78648d3c-THS+Monthly+Newsletter&utm_medium=email&utm_term=0_17b13f2219-1b78648d3c-307357573

Parenting Tips

Enjoy the Thanksgiving holiday, don't stress over the food, so what if your children prefer to have grilled cheese...

Something to think about and share with your children: What are You Thankful for?

Legal

"NOTICE OF EXPIRATION OF REDEMPTION"

Office of the County Auditor
County of Red Lake, State of Minnesota

To all persons interested in the lands hereinafter described:

You are hereby notified that the parcels of land hereinafter described, situated in the county of Red Lake, State of Minnesota, were bid in for the state on the 9th day of May, 2016, at the tax judgement sale of land for delinquent taxes for the year of 2015; that the legal descriptions and names of the taxpayers and fee owners and in addition those parties who have filed their addresses pursuant to the section M.S. 276.041, and the amount necessary to redeem as of the date hereof and, at the election of the County Auditor, the current filed address of any persons are as follows:

Names and Addresses for
Taxpayer & Fee Owner
Edwin Amberson
PO Box 6
Brooks, MN 56715

Legal
Description
Auditor's Lot 7 S1/2 SW1/4
11-150-42
Parcel # 14-2260-020

Amount Necessary to
Redeem as of Date
\$5782.03

Nancy Amberson
218 Champagne Ave SW
PO Box 82
Red Lake Falls, MN 56750

That the time for redemption of such lands from such sale will expire sixty (60) days after service of notice and the filing of proof thereof in my office, as provided by law. The redemption must be made in my office.

FAILURE TO REDEEM SUCH LANDS PRIOR TO THE EXPIRATION OF REDEMPTION WILL RESULT IN THE LOSS OF THE LAND AND FORFEITURE OF SAID LAND TO THE STATE OF MINNESOTA.

Inquires as to the proceedings set forth above can be made to the County Auditor for the County of Red Lake, whose address is set forth below.

Witness my hand and official seal this 4th day of November 2019.
(OFFICAL SEAL)

Robert Schimtz
Red Lake County Auditor
124 Langevin Avenue
P.O. Box 367
Red Lake Falls, MN 56750
(218) 253-2598

Q34-35C

Writers & Writing by Michael Tidemann

Tidemann started his journalism career at the Bismarck Tribune in 1978 and began college teaching career as a graduate teaching assistant at the University of South Dakota in Vermillion in 1977. He has worked at newspapers in Iowa and the Dakotas and his work has appeared in Overdrive, Writer's Journal, the San Diego Union-Tribune and Snowmobile.

Finucan biography reads like hard-edged fiction

Writing a coming-of-age novel can be tricky. In the wrong hands, an adult writing of some past event in his or her adolescence can often be self-centered or maudlin or even preachy.

That is certainly not the case, however, with Wild Counselor by Jim Finucan of Merrill, Wis. Finucan's poignant memoir shows how 11-year-old Jamie Finucan acts as the lone tether of reality to his father, a former attorney, who has plunged into mental illness and homelessness. Finucan's memoir also shows how young Jamie matures from boy to a young man as he and his brothers try to cope with the loss of their father as they scramble to reform their own identity.

Despite his homelessness, Jamie's father Pat still takes on a father's role, the one thing he never abandoned. A good example was when Jamie told his father about a bully.

"This was one of the times I had presented him a problem and he rushed to my assistance, in whatever way he could, even if there was nothing that he could do. He would do that countless times through my

life until he died. My dad was champion of my life."

Homelessness did not keep Pat from wanting to help others. As he said to Jamie, "One of the worst things about having nothing is that you can offer no real help to those around you, and that's what we're called to do."

Jamie's story goes beyond



Wild Counselor
Jim Finucan
Lighthouse Point Press
ISBN 9780979299834

his father, though. It also tells how he develops the courage to face bullies and the strange but welcome feelings he has for Trish, who returns his interest in her. Unfortunately, Trish is the daughter of a man who shot through a window, narrowly missing Jamie's father. All were circumstances that made Jamie, now Jim, the man he is today.

"That summer I learned there is a reckoning. I am not the same person leaving the summer as I was going into it. I could touch a loss of naivety someplace inside. I had aged, and felt it for the first time. I played out the remaining days of that summer knowing I was leaving the boy behind."

This is a wonderful memoir that brings home what homelessness means to people in America. It demands a sequel.

A portion of the proceeds from the sale of the book will go toward building a homeless shelter in Merrill, Wis.

Michael Tidemann writes from Estherville, Iowa. His author page is amazon.com/author/michaeltidemann.

Red Lake County Commissioners Minutes

RED LAKE COUNTY Regular Meeting Held October 22, 2019

Pursuant to adjournment of its regular meeting the Red Lake County Board of Commissioners duly met in regular session at the courthouse in Red Lake Falls, MN on October 22, 2019 at 10:00 a.m. Chairman Weiss called the meeting to order. Commissioner Flage was absent. The Pledge of Allegiance was recited.

Commissioner Simpson moved, seconded by Commissioner Dudycha and carried unanimously to approve the agenda with the addition of the Red Lake Falls Ambulance.

County Treasurer Nick Knott met with the board to provide a quarterly interest earnings report and to update on the county's investment portfolio.

Environmental Officer Kurt Casavan met with the board regarding the ongoing status of the two county demolition landfill sites at Red Lake Falls and Oklee and discussed a recent ITV meeting with Jon Buck, Heidi Kroenig and Lisa Moisie of MPCA, and Jon Steiner of Polk County. Casavan mentioned that some equipment would be needed to transfer demolition to Polk County if the MPCA does not re-issue permits for the two county demo landfills. Equipment needed would be: (4) 54-yard roll-off containers; a used Trackhoe with finger attachment; concrete pads for demo material, and a used truck. There was discussion regarding lengthening the frame of the 1999 Sterling truck from the Highway Department that the county kept for use by the Environment Department. The truck would be used to transport the roll-off containers. Casavan estimated costs at: \$40,000 for Roll-off containers; \$50,000 for Trackhoe; \$10,000 for used Highway Department truck, and up to \$50,000 for concrete pads. Casavan mentioned that State Grant funds for recycling might be available that require a 25-50% local county match. MPCA mentioned starting transporting demo in late spring 2020. Casavan informed the MPCA that he would meet with the County Board and discuss. Board members were uncertain how to proceed and advised Casavan to get more information and update them as new information is received.

Peggy Nord of County Social

Services was in attendance to present the 2020/2021 MFIF Biennial Service Agreement and request its approval. The agreement explains how Red Lake County Social Services will be allocating the funding received by Department of Human Services to administer the MFIF/DWP Family Cash Programs and the Emergency Assistance/Employment Services programs. Commissioner Remick moved, seconded by Dudycha and carried unanimously to approve the agreement as presented and authorize Chair Weiss to sign the document.

Wayne Violette representing the Red Lake Falls Ambulance met with the County Board to follow-up on discussion from an earlier meeting on the topic of increased funding for ambulance services. Auditor Schmitz informed that the state will not allow a special assessment for 2020 as proposed levies must be certified by September 30th on an annual basis. Another funding option for year 2020 is to increase the amount of ambulance funding by withdrawing from county reserves. There was additional discussion. Schmitz mentioned that he would contact Polk County to inquire on the funding mechanism used to help fund their county ambulance operations. Commissioner Simpson moved, seconded by Dudycha and carried by unanimous vote to increase funding to Red Lake Falls Ambulance by an additional \$15,000 for a total of \$44,000 and increase Oklee Ambulance by \$5,000 for an total of \$17,500 for year 2020 using county reserves.

Commissioner Dudycha moved, seconded by Remick and carried unanimously to approve the following expenditures for the period:

<u>Vendor</u>	<u>Amount</u>
ReadiTech IT Solutions	\$2,887.00
Vatthauer Farm Supply	2,006.92
38 Vendors less than \$2,000.	9,722.53
TOTAL	\$14,616.45

The motion also includes the following added expenditures: \$4,858.90 to ReadiTech; \$40.93 expenses and \$140.00 per diem to Allen Remick.

Commissioner Simpson moved, seconded by Dudycha and carried unanimously to approve the minutes of the regular board meeting held on October 22, 2019 as presented.

The following Commissioner/Committee reports were shared:
Commissioner Meeting/Report
Simpson: Reported on an Economic Development Board meeting attended. Two business loans were approved.

Dudycha: Tri County Corrections Board: reviewed the budget, inmate population numbers and various program operations.

Remick: N W Radio Board meeting in Thief River Falls and a SWCD meeting discussing projects using the 1W1P funding.

Weiss: Quin CHS meeting: discussed the financial report and WIC Program. Area Agency on Aging: reviewed the 2020 proposed funding sources, Aging Advisory Bylaws, 2020 area plan, Title 3 Requests for Proposals and the Continuity of Operations Plan.

There being no further business, the meeting was adjourned until November 12, 2019 at 10:00 a.m.

Attest:
Robert Schmitz, County Auditor

Ron Weiss, Chair,
Board of Commissioners
Q35C

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Letter to The Editor

A Place for

our loved ones

By Carol (Thode) Boucher

There comes a time in our lives where, extra help is needed. As we age, our children are wondering what to do with their parents or family. One option that many are choosing are Assisted Living centers, which now have appeared in many communities in our areas. But, how does one choose a great caring facility to meet the needs of our loved ones? Assisted Living centers allow elderly to maintain Independence and still have assistance when needed.

When looking at centers, families should visit a few different centers to choose what fits best for their loved one. The following is a checklist to help make some of those decisions to help choose the right fit for your loved one and family.

Ranking each center from 1-9 helps you keep a tally on which needs and comforts are offered in choosing the right place for your loved one's needs. 1 being poor and 9 being great on the score—higher the score the better.

MEALS & FOOD: Do they have good food, is it prepared properly and enjoyable at meal times, or are they lacking in taste, quality, poorly prepared, or poor options to choose from? Many centers offer two meal options, so there should be something nutritious and healthy for residents to enjoy. Does the center offer to bring meals to the resident's rooms or only served in dining area? Some elderly with handicaps may prefer to dine in their rooms. Always check the kitchen area out and visit with the cooks. Look over menus, observe meals being served and visit with residents. Always great

to get their opinions.

DIGNITY & RESPECT: Being treated with kindness and respect, maintaining personal dignity and modesty, having concerns taken seriously by personnel.

STAFF & STAFF COMPETENCE: Receiving care by competent personnel; having sufficient staffing, getting help when needed. Check to see how much training staff receives on doing care, delivering medications, cleanliness of center, living quarters, and bathrooms.

Visit centers in the morning, midday and evening—are residents receiving quality care?

Pay attention to interactions between staff and management, is their working relationship good or lacking with a lot of turnover? Is there enough staff to meet the needs of residents 24 hours a day or is medication being used to quiet residents, to eliminate need for assistance? How often are residents checked on throughout the day and evening?

SAFETY & SECURITY: Being safe from unnecessary harm, either intentional or unintentional.

AUTONOMY/CHOICE: Making decision to the extent desired about daily routines, personnel risks, personal space, living arrangements, health and end of life care.

RELATIONSHIPS: Staying connected with family and friends; have good relationship with personnel, feeling cared for. Watch residents in center, do they seem happy, sad, lonely, feel included, develop friendships, look out for each other or do they seem fearful, uncomfortable?

EMOTIONAL & SPIRITUAL WELL-BEING: One's emotional and spiritual needs are met; not being anxious

or depressed. Clergy visit the center.

ACTIVITIES/INCLUSION: Having enjoyable and enough things to do; remaining involved in the community to the extent desired.

Check on what is offered and time of day—morning, midday and evening. Are puzzles, games, crafts, music, physical activities, outing, etc. available?

PHYSICAL ENVIRONMENT: Living in a supportive and comfortable environment; having adequate space, having private space to the extent desired.

When a choice has been made for the best fit for your loved one, meeting all their needs, keep in mind that after a contract is signed, make sure to keep several signed copies of the contract for your reference.

Once your family member is moved into their room does not mean your work is done. You still need to pop in for a visit at different times and different days so you can see exactly what is being done there. If you're not satisfied with what you witness and your loved one is unhappy, even after a sufficient amount of time to adjust to their new surroundings, then maybe think about relocating to another center.

Make sure you listen carefully to your loved one and other residents. Pay attention to interactions between staff and all residents, watch for unnecessary bruising, falls or injuries, deteriorating health condition, weight loss, fearfulness, and cleanliness. These are signs of abuse and you need to protect your loved one.

Every resident needs to be treated and cared for like they were their loved one!

It's Time Americans Stepped Up And Learned About The First Amendment

Posted on October 23, 2019
by Freedom Forum Institute

Freedom
of Speech

By Judy Patrick
Executive VP for Editorial
Development
New York Press Association
The First Amendment isn't getting the appreciation and respect it deserves. Increasingly battered and misunderstood, it needs all the support it can get as divisive politics and advancing technologies drag us in new directions.
Many Americans don't even know the basics.

Of the five freedoms guaranteed by the First Amendment, 71 percent of Americans can name at least one, according to the 2019 State of The First Amendment poll by the non-profit Freedom Forum Institute.

That's certainly an improvement over 2018, when a pitiful 60 percent of those polled could name at least one of the five freedoms. But consider this: Of the 1,007 Americans polled for the 2019 survey, just six people correctly named all five freedoms.

In case the pollsters call you next year: The First Amendment guarantees freedom of speech, the press, religion and the right to petition and the right to assembly.

Better yet: We all need to work harder at being citizens who understand our rights, our responsibilities, how govern-

ment works and what we value. These powerful First Amendment freedoms, for example, give us all the courage to be independent thinkers and to live our lives how we want to. They allow us to challenge authority in ways unheard of in so many other parts of the world. It enables the press to act independently, hold government accountable and tilt at the occasional windmill.
Gene Policinski, president of the Freedom Forum Institute, said these freedoms help define who we are as Americans. For him, the First Amendment is the "blue collar amendment" — because it's such a workhorse, going to work every day in a real down-to-earth way.

Yet confusion is increasing. More people in this year's survey incorrectly thought the First Amendment includes the right to vote (up to 14 percent from 2 percent in 2018) and the right to bear arms (up to 16 percent from 9 percent in 2018).

There is some good news. The poll did not find substantial erosion in trust in journalism with 72 percent of those polled agreeing that it's important for our democracy that the news media act as a government watchdog, down from 73 percent in 2018. Policinski, however, worries that result may be skewed, reflecting people's loyalty to their individual "information bubbles."

The emergence of powerful social media platforms has also muddled the waters; 65 percent of those polled agreed that social media companies such as Facebook and Twitter

violate users' First Amendment rights when they ban people. They don't. The First Amendment's protections apply to the government, not private companies.
But the First Amendment presents us with all sorts of emotional and intellectual challenges. It's easy to support free speech when we agree with what's being said. It's far more challenging when we disagree or abhor what is being said, printed, painted, built or sung.
Indeed, the First Amendment has challenged us as a society as we have debated topics such as school prayer, flag burning, printing classified information, curfews, the teaching of evolution, protests at military funerals, blue laws, Christmas displays in public parks and mandatory measles vaccinations.
The rhetoric around such issues can be alienating. An increasing number of us, for example, think the First Amendment goes too far in the rights it guarantees (29 percent in 2019, up from 23 percent in 2018 and 2017).
Maybe we just need another Norman Rockwell for an idealistic re-boot.
In the 1940s, as the U.S. headed into what would become World War II, Rockwell's series of freedom paintings helped Americans understand the freedoms at stake. His four iconic works captured parts of the First Amendment (freedom of speech and religion) and added the freedoms to be free of want and fear.
Despite President Franklin

Roosevelt's oratory, the "four freedoms" he outlined in 1941 speech failed to resonate with the public in a meaningful way. For help, the White House reached out to the nation's artists and musicians.
"[Rockwell] wanted to interpret them in a way the average American could understand," said Stephanie Plunkett, chief curator of the Norman Rockwell Museum in Stockbridge, Mass.
But it was a challenge. "The Four Freedoms are so darned high blown. Somehow I just couldn't get my mind around it," Rockwell is quoted as saying.
But by using scenarios from real life in small-town America, did just that. Rockwell's "Freedom of Speech," featuring a man standing up and speaking up in a crowded meeting room, was based on an actual town meeting in Arlington, Vt. The man was a farmer unhappy with a school project that would increase his taxes. "He gave his opinion, nodded his head and sat down," Plunkett said.
Rockwell's idealistic "Four Freedoms" have remained popular, both providing a sense of what led America to World War II and as underscoring ideals that remain important throughout in the world, Plunkett said.
A special touring exhibit, "Rockwell, Roosevelt & The Four Freedoms: Enduring Ideals," has been on display in Normandy, France, since May as part of the 75th commemoration of the D-Day invasion. The exhibit returns to the



Freedom of Speech, Norman Rockwell, Oil on canvas, Saturday Evening Post, February 20, 1943 (© 1943 SEPS: Licensed by Curtis Publishing, Indianapolis, IN; Norman Rockwell Museum Collection)

U.S. from France this fall, making stops in Houston and Denver before returning home next fall. Here are the details: Le Memorial de Caen, Caen, France, through Oct. 27; Museum of Fine Arts in Houston, Texas Dec. 15, 2019 through March 22, 2020; Denver Art Museum, Denver, May 3, 2020 through Aug. 23, 2020; Norman Rockwell Museum in Stockbridge, Mass., Sept. 12, 2020 through Jan. 17, 2021.

Halloween Fun in Oklee!



Oklee Herald Early Files

Eighty Years Ago November 30, 1939

Oscar Linder and Miss Inga Johnson, both well-known young folk of Garnes, were married at the Lutheran Parsonage in Oklee on November 25th by Rev. J.K. Lerohl. The newlyweds will make their home on the Olaf Tande farm north of town.

Olaf Rystad, son of Mr. and Mrs. Ole Rystad, and Miss Hazel Christianson, daughter of Mr. and Mrs. Henry Christianson of Town of Equality were married at the Lutheran Parsonage at Oklee on November 25th. The young couple will leave here shortly to make their home on a farm near Edinburg, ND.

Temperance Play here December 7th. The Temperance play, "Death Takes the Steering Wheel," will be presented at the Oklee Auditorium with a local cast of 22 characters. This drama is a reproduction of an actual court trail of a drinking driver.

Fred L. Fredrickson of Thief River Falls and Miss Myrtle Hanson, daughter of Mr. and Mrs. S. Hanson of Plummer were married at the Lutheran Parsonage in Oklee on November 23rd by Rev. Lerohl. They will make their home at Thief River Falls.

Seventy Years Ago December 1, 1949

Voters in the village of Gully will determine whether or not a municipal liquor store shall be established there when they go to the polls in their annual election Tuesday. The issue has been under consideration for some time.

Success or failure in the current effort to have Lost River included in a flood control program now seems to lay squarely in the laps of the farmers and land owners affected. At a public hearing scheduled in Oklee on Dec. 19, engineers will ask for statements from interested parties with special attention to be given to five questions: Flood frequency, duration & height; loss of life, property, crops; existing public works & ditches; nature of corrective measures proposed; and extent of benefits which may be expected to result from the proposed corrective measures.

Vearl Nelson returned to MSTC at Moorhead after spending the Thanksgiving vacation at his home in Oklee.

Sixty Years Ago November 19, 1959

A heart attack Tuesday evening claimed the life of Carl Kankel, sheriff of Red Lake County and widely known throughout this area. He was 55.

David Johnson, son of Mr. and Mrs. Oscar Johnson of Gully, was brought to the Fosston Hospital after being hurt while helping with a deer drive. It was reported that the boy was carrying a small caliber rifle which became caught in the

brush and discharged, sending a bullet through is right side only penetrating tissue on the extreme edge of his body.

Workmen this week are continuing with the construction of an addition to Zion Lutheran Church in Oklee. The addition at the southeast corner of the building provides space for two restrooms with a wide stairway leading to it from the basement.

A new residence is under construction here by Alvin Jensen on a lot near his mink farm. The house is being built on the same foundation as was the Ray Jensen house which was moved to Ray's mink farm near Brooks.

It's "Ladies Night" at the November meeting of the Oklee Community club to be held in the school auditorium. The meeting will be in the nature of a "Kick-off" for the 1960 golden jubilee marking Oklee's 50th birthday anniversary.

Fifty Years Ago November 20, 1969

Ambrose Miller last year got all the deer, but this year his son Robert took the title away from his father by bagging two prized bucks. His new nick name is now "Buck."

Detroit Mobile Homes of Red Lake Falls has begun work on expansion of the plant that will add 22,000 square feet of floor space to the present operation.

A petition from the Great Northern Railway Company to the Minnesota Public Service Commission for authority to discontinue agency service at its station at Middle river was granted recently.

Michael Lefebvre arrived here Sunday by plane from Korea where he has been in the service to spend a 25 day furlough with his sister, Mrs. Gene Mattison and family and other relatives.

An eight pound five ounce baby girl was born Nov. 12th to Mr. and Mrs. Orvis Mossestad. She was named Debra Lynn.

Forty Years Ago November 15, 1979

About 35 people attended the public meeting Tuesday night to hear information of the possibility of a sewer system for Oklee. The reason for the possible sewer system is that presently some Oklee residents have septic systems that are not operational and have been hooked directly into the city's store drainage system. This is illegal and EPA will fine the city if this is not changed.

Curtis J. Swanson of rural Thief River Falls and Einar Kvasager of rural Oklee have been appointed to the Farmers Home Administration in Pennington and Red Lake Counties respectively.

Penny Kruse, Homecoming Queen from Oklee and Jodi Pahlen, Homecoming Queen from Plummer were among the Sunflower Bowl Queen Candidates given royal treatment at the U of M in Crookston.

Thirty Years Ago November 15, 1989

A new sound system has been installed in Oklee High School. This system was donated by the Oklee Community Club. Mike Swenson was handed the mic and will definitely be using the new system when he directs the community and school plays.

On November 10th a 2 car accident was reported on highway 59 in Plummer. The accident was caused by a person crossing the highway from East Side Service to the Main Street in Plummer and the car driving on the Highway hit the person crossing. Minor cuts and bruises were received by one driver and was taken to NW Medical Center in TRF.

Mr. and Mrs. Robert Gagner of Brooks will be celebrating their 65th anniversary next week at St. Joe's in Brooks.

Three men walked away from a helicopter crash Thursday, November 9th near Oklee. The chopper went down almost a mile from Oklee. Red Lake County Sheriff Allen Morken said the craft had been flying approximately 75 feet above the ground due to low visibility when the engine quit. They spotted a pickup owned by John Lerohl near the crash site and drove to Oklee for help. Two of the three men were taken to Northwest Medical Center.

Twenty Years Ago November 18, 1999

Gayle and Greg Hilgeman were awarded as "Fans of the Year" for the fall 1999 season.

Coach Gary Brantl was given a very special award in recognition of his 30 years as Football Coach for first the Plummer Cardinals and then when combined with Oklee, the Red Lake County Central Mustangs.

By now most people have heard of the so-called Y2K computer bug. When the year 2000 rolls in, some computers and household appliances that contain computer chips may recognize the double zeros in the date as 1900. If this happens, selected computers and appliances may malfunction, or in a few cases, cease to operate...

Mary Homme celebrated her 91st birthday with her family at the Good Samaritan Center in Clearbrook. Helping her celebrate were Charles Pletschett, Nick Pletschett, Evon Quern, Lucille Godtland, Arne Godtland, Delores Lund, Dean Godtland, Ann Peterson and Ray Lund.

Ten Years Ago November 18, 2009

The first shipment of 300 new Oklee Centennial Cookbooks has arrived and anyone that pre-purchased a book can pick it up at the Oklee Herald Office. Other Centennial news this week was that new banners have arrived and will be installed on the street poles in time for the Centennial.

After a five year hiatus, the Depot Café in Winger is now open. The café has been remodeled.

The Red Hat ladies enjoyed dinner on Tuesday at TJ's Tavern in Oklee. They had a good menu of seafood, Mexican and other choices.

Shawn and Becky Carlson joyfully announce the birth of their son, Sayer Dwight Carlson. He was born October 21st and weighed 7 lbs, 20 oz.

Senior Site News & Other Things

By Volunteer Iona Berry

This weekend was one to remember as it was quite warm on Saturday and Sunday was cooler, but still nice for November.

Tomorrow (Monday) is a very exciting day as Leona Brekke will be celebrating her 101 year birthday. She will be honored with a birthday party. She is an amazing person as she has kept busy at the Assisted Living Home doing very lovely hand work sewing and knitting to keep busy. I think she has decided to stop doing those things.

The American Legion Auxiliary had a "Bingo Bake" sale on Friday night. There was a

large crowd that came to play Bingo. The winners were given a homemade treat. I was lucky and received very good chocolate brownies.

If you have not signed up for a free meal, there is still time, they pick up the sign up sheets on November 21st. It is sponsored by the churches in Red Lake County.

Dates to Remember

Nov. 21: Site Council meets at 10 a.m.

Nov. 28: Thanksgiving Day (no meals at the site).

Nov. 29: No meals at the Site.

Dec. 1: Santa Claus Day

in Oklee.

Words Of Wisdom

Home is where your favorite memories are.

Doing a good job is the best job security.

Joke Time

A man walked into a crowded New York City restaurant and caught the eye of a harried waiter. "You know," he said, "its been 10 years since I came in here."

"Don't blame me," the waiter snapped, "I'm working as fast as I can."

Plummer News

By Alice Jobe 218-465-4402

John Anderson of Twin Valley and his son Matt came for deer hunting.

Cathy and Kevin Samuelson of Sarles, ND, came Saturday and visited at the Bunny DuChamps. They had supper at Jim & Debbie DuChamp's.

Sunday the 10th, the Plummer Auxiliary had an open house for a 100 Year Celebration of the American Legion Auxiliary. 9th District President Pat Hanson spoke. Here secretary, Jean Pederson also spoke. President Pat gave the members a button to wear with the motorcycle & flag as a emblem. Also a motorcycle pin. She said the spokes represented every member is needed to keep the wheels rolling. A very nice lunch of pulled BBQ pork, macaroni ham salad, chips, and birthday cake & coffee were served. Lorna Jesme, Arlene Jesme, Loretta Hesse, and Micki Duden came from Thief River Falls. There were also many silent auction items there for a fund raiser. It was an enjoyable afternoon.

Also, Kayden Iverson, daughter of Kelly Baune, gave a talk about her trip to Girls State in the cities this year. They got to see how legislature works, spent some time at the

capitol. Also, they got to build a city. She ran for County Auditor. She enjoyed it very much and still keeps in touch with a few of the girls.

This past weekend hunters saw a cow moose and her young ones. They've been seen out east near the Eskeli's. It's exciting to hear that some are starting to show up again.

My great nephew Noah, got his first deer over the weekend by Roseau. He is twelve years old. My sister and her husband didn't even see a deer where they hunted south of Warroad.

On Saturday morning (deer opener), Bernie, Blake, Brandie and Paul DeHate came for breakfast at Anna DeHates for biscuits and gravy. Kat and Michael also came for St. Michael's ND Saturday for a visit to Bernie's and Jill's.

Sunday evening the Vikings beat the Cowboys 28-24. I didn't see it but it sounded exciting.

The Veteran's Day program was held at the RLCC Elementary School in Plummer at 10:30 The service began with the presentation of the Flag. Commander Roy Holmes recognized the military and their service. The choir sang "America the Beautiful" and

one more. Commander Holmes then gave his address about the Vietnam War and the current activity in Iraq and Afghanistan. Commander Holmes then recognized two veterans and Legion members. Bill Peterson and Melvin Hesse, who, together have been members for over 100 years of service.

Their families were present to witness this wonderful occasion. They were given a gift of appreciation for their years of service.

Commander Holmes presented Principal Andy Fougner with a flag for Oklee and Plummer schools and a \$100 check for the 6th grade class trip.

The colors were retired and the ceremony was over.

On Saturday, the 9th, Kevin Bray and Cheryl Krinsky were married in Moorhead at the Court Yard by the Marriot Inn. The reception was also held there. Kevin is the son of Nancy and Tom Bray. Some of those attending were Roger and Lynn Gallant, Tony and Sheila Gerardy, and Wavell Sorenson. Also, Gary and Sue Brantl, Dan and Mel Brustad, and Sandy and Mike Greenwald.

Have a good week and stay warm.

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

Today is a bright sunny day and it is 36 degrees outside as I write this news. It has brought me up to life again just as the first nice day in spring. The warmth of the sun just gives one a lighter view of the world I think. Thank the good Lord for that and all His other blessings bestowed on us.

The Brooks girls have been on the road literally. They just came back from Branson a trip of 2125 miles there and back. They joined with 46 people to enjoy the Branson Christmas tour that was held by Bergan Travel. Their smiles and energy perked up everyone around them. They took in so many things but the highlights of their trip were the Cirque show where Janice Martin played violin while hanging by a trapeze and doing acrobatics on a rope. She was spectacular according to a couple of the trippers. Joyce Morinville, Nancy Seeger, Cindy Determan, and Deb Versdahl all enjoyed this trip. Joyce Morinville said she was given a scarf by the man

who portrayed Elvis in his act, and others that were portrayed were Jerry Lee Lewis, Johnny Cash, and Carl Perkins and others. It was a great show. They had a tour of Branson Christmas lights, and saw the Hughes Brothers Show. The Hughes Brothers have among them 47 children and one on the way. What a Grandparents Day party they must have. Their children work in their venue to make for great service for the customers. Some of them play violins, and they start learning at 3 years old. Another show they saw was the Pierce Arrow Show that plays music of the 50's, 60's, 70's, & 80's. This is a dinner and show. Then they went to see the Dolly Parton Stampede which held a lot of attention. Shows were not all that they saw though. They went to the Precious Moments museum, this place showed the many ways that Precious Moments

are produced. It also has a cave that replicates Jesus's tomb and there is a chapel there that has hand painted murals on the ceiling. It is totally impressive. It is in Carthage, Missouri.

On their way back they were able to tour the Russel Stover chocolate candy store. There they had free samples. A chocoholic's dream. In South Dakota they toured the Terry Redlin Studio where many paintings are depicted that Terry Redlin painted. Many of his painting are of places right around the town that he lived in so if you go there you can drive around and recognize the original place he painted. The girls got back late on Saturday evening and were pumped up for their next trip. So glad you all had a happy trip and so good to see you again.

Not much other news these days so I will sign off and let you get the late yard work done. Have a great week.

Who's Dat?



Who's Dat?

This week's photo is of a group of hunters with their deer.

Last week's photo was of an Oklee High School Cheerleader team. Pictured are Judy (Brandt) Fournier (Class of 1957), Wanda (Melby) Dishman (Class of 1957), Janet (Anderson) Holdsworth (Class of 1955), Ann Shoholm, and Darlene (Bernier) Thibert.

I am always in need of more photos - please send or bring some more of your great old photos. School days, church events, sports, etc.

Everyone has a photo or two that would be great for this column. Please share them with our readers as it is one of most popular columns of the Oklee Herald.

If you email a photo, please scan at 300 dpi (high quality) if you can. You can email to okleeherald@gmail.com.

If you mail a photo to the Oklee Herald office, please enclose a self-addressed stamped envelope so the photos can be returned. Mail them to: Oklee Herald, PO Box 9, Oklee MN 56742 Or stop by the office and I will scan your photo while you wait.

