

Oklee Precipitation By Einar Kvasager

	Rain	Snow
June 22		0.03
June 23		0.11
June 24		Trace
June 25		Trace
June 26		0.05
Total in.	0.19	0.00

Oklee Herald

...AND CONTINUING THE PLUMMER PIONEER

OKLEE (RED LAKE COUNTY) MINN. 56742

www.TriCoCanary.com

Vol. 107, Number 46

Wednesday, July 3, 2019



Setesdals Lag was topic of interest at SON Snorre meeting in TRF



Jan Stranlie presented a history of the Setesdals Laget.

A couple of weeks ago there was an article in the Tri County Canary about the new laget being formed! The Agderlag (which includes Setesdals) at 7Lag will be held on July 10-13, 2019 at the Holiday Inn and Convention Center in Fargo, ND.

If you are interested in attending this laget in Fargo on July 10-13, registration and more information is available at www.7lagstevne.com. Contact information at www.fellesraad.



Priscilla Pope informed everyone of the new Agderlag in Fargo this July.

com under "Agder."

This was introduced to the members of the Snorre Lodge, located in Thief River Falls, after the presentation about the Setesdals laget by Jan Stranlie and Barb (Anderson) Baume, members of the Snorre Lodge.

The Setesdal laget program started like this:

Sons of Norway was organized as a fraternal benefit society by 18 Norwegian immigrants in Minneapolis, Minnesota, on January 16, 1895. This fraternal benefit society meant Norwegian immigrants had an opportunity to band together to help each other out in emergencies (a type of insurance), to help in the adjustment of moving to this country, to provide social activities, but also to RETAIN their Norwegian customs and heritage.

Snorre Lodge in TRF was organized in 1908, only 13 years after the original Sons of Norway was organized. They first met in homes of charter members. In 1921 they purchased 4 lots and built this building, with a stage and dance floor. After the hard times of the depression and WWII, it was sold in February, 1946 to the Eagles Corp for \$8,500.

Likewise, many groups of immigrants coming from the same areas of Norway formed similar groups called "lags," which is the Norwegian word they used. A bygdslag, in Norwegian speech, is a society whose members are of one community.

Much of the information came from the book Saga of Setesdals Laget by Bergit I. Anderson and published by Ugeblad Pub. Co. in Fergus



Helen and Orlando Chervestad (Oklee) and Ethel Wiseth (Goodridge), taken at the Norwegian Hostfest in Minot, ND in October 1987. They are wearing Telemark (Helen), Setesdals (Orlando) and Telemark (Ethel) bunads.

Falls, MN. No date of publication given.

According to Anderson's book, 31 Norwegian lags had been organized in the Midwest between 1899 and 1916.

About the Setesdals Lag

Setesdalen is the valley of the Otra River which flows from the Byglandsfjord to the sea near Kristiansand in the region of East Agder in Southern Norway. Connecting to other waterways, it forms an important traffic route to Ber-

gen and the Hardangerfjord.

A person from Setesdalen was called a Setesdoel. They came from many little villages nestled between huge mountains. Moving to the flat lands of Minnesota and ND, they tried to cluster together into communities for moral support, all speaking the same Norwegian dialect.

An important aspect of joining a lag was "our duty as good Norsemen to give the best we had of the Norse culture to our

American children." To keep the traditions alive!!

Jan Stranlie recited a children's song, "Rie Rie rankje" about a boy and a horse named Blank and he is put on the horse for a ride.

In 1909 when the Setesdals Lag was organized, the area was called Polk County, MN, but it included what is now all of Clearwater, Red Lake, Mahanomen, Norman, Pennington, N part of Clay, NW part of Becker, a bit of Beltrami, and a Southern bit of Marshall counties!!! Remember, MN obtained statehood in 1858, only 51 years before.

As settlers branched out to stake claims, an important purpose of the Lag was to gather and tell stories.

Midwife story -- Among the pioneers was an unforgettable woman, Asbjør Austad. Along with her husband, Grunde, she took homestead N of McIntosh. Asbjør found her calling as a midwife and helped bring 300 babies into this world. Her giving spirit, along with food (often lefse) for the families, was a welcome relief to these mothers-to-be. Asbjør said her reward was to see these babies grow into useful men and women. She was a mother of 10.



Bjorgulv Bjornaraa

Bjorgulv Bjornaraa is credited with being the backbone of the early Setesdals Lag. He was the inspiration and energy in getting things started, and he had the organizational skills and the personality to pull

people together in those days of slow communication and difficult transportation within this large area of NW MN and Eastern ND.

Bjornaraa was born in Norway in 1878, emigrated with his wife in 1903 to Starbuck, MN. In 1912 they took a homestead N of Gully, MN.

The Setesdals Lag held their first meeting at Grand Forks, at the ND College Auditorium on June 30, 1909. 62 attended -- 44 men and 16 women. Bjorgulv Bjornaraa from Starbuck, MN was elected chairman, a position he held for 32 years. Grunde Grundeson was elected secretary, and continued as secretary for many years.

2nd mtg -- Erskine -- set up their Constitution and By-laws
3rd mtg -- TRF -- many came on the train

4th mtg -- McIntosh -- 50 men slept in the hay mow of the livery stable. Women on floors in houses.

5th mtg -- TRF -- "A good Setesdoel ought to be a good American, a good Norseman, and a good Christian!"

6th mtg -- Fairgrounds in St. Paul -- different lags had their own stages on the grounds.

7th mtg -- (1915) Grand Forks -- \$2,286.25 had been collected since 1911 to send to poor in Norway.

In these early days, transportation to the lags was a problem. Many traveled by train, and who should be on the platform waiting the arrivals but loud, boisterous Pres. Bjornaraa, welcoming one and all.

President Bjornaraa's key to success as a 32-year leader was his insistence on informality at the Lags. Meetings were always open and interspersed with impromptu dancing and spontaneous fun. At no time was a "program committee" heard of, until they started bringing entertainers here from Norway. A loud commotion would arise at the door and President Bjornaraa would call out, "Hev Eivind komme endnu?!" Much applause would ensue as Eivind Aakhus with his violin "Sigrid," would take the stage.

Son of Norway
Continued to page 3.

Have a Safe Fun & Festive 4th of July!

The Oklee Herald Office will be closed July 4th in observance of Independence Day

Calendar of Events

Wed, July 3:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. -- Bridge.
-7:00 p.m. Bingo at Plummer Legion.

Thu, July 4:
-Fourth of July -- No Senior Meals.

Fri, July 5:
-LSS Sr. Meal 11:30 a.m.
-Noon deadline for Oklee Herald news.

Sat, July 6:
-Support your local business -- Shop Locally!

Sun, July 7:
-Worship at the church of your choice.

Mon, July 8:
-LSS Sr. Meal 11:30 a.m.

Tue, July 9:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. -- Cards
-Senior Potluck 5 p.m. at Café.

Wed, July 10:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. -- Bridge.
-7:00 p.m. Bingo at Plummer Legion.

Thu, July 11:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 12:30 p.m. -- Bingo.

Fri, July 12:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.

Sat, July 13:
-Support your local business -- Shop Locally!

Sun, July 14:
-Worship at the church of your choice.

Mon, July 15:
-LSS Sr. Meal 11:30 a.m.

Tue, July 16:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. -- Cards.

Wed, July 17:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 1:30 p.m. -- Bridge.
-7:00 p.m. Bingo at Plummer Legion.

Thu, July 18:
-LSS Sr. Meal 11:30 a.m.
-Senior Site Activity: 12:30 p.m. -- Bingo.

Fri, July 19:
-LSS Sr. Meal 11:30 a.m.
-Noon deadline for Oklee.

Pickleball Craze Hits Oklee!

By Mary Lynn Bachand
Dave Olson, long time Oklee resident, returned from Arizona this spring with a passion for the game of pickleball, and a willingness to share that passion with others by teaching the game to anyone interested in learning the rules. Pickleball is the fastest growing sport in the United States and can be played by people of all ages and skill levels. To support the interest in the game, the RLCC/Oklee School provided courts and nets for the game as well as equipment for those who didn't have paddles. After a few lessons from Dave, those who gathered at the RLCC/Oklee School on Sunday nights began to appreciate the game like he does, and most of those people quickly purchased their own pickleball paddles!

The door at the school was open on Sunday evenings for anyone who was interested in the game, and the numbers of people who showed up to play began with about 12 and has grown to 20+ active players! With that kind of enthusiasm for the game, Dave organized an advisory board and plans were set in place to approach the city about resurfacing the tennis courts in Oklee and painting lines for pickleball courts. With Dave Olson as President of the club, Tracy Hamm, Bobbie Olson and Mary Lynn Bachand have provided back up support as an advisory board for the development of the courts in Oklee. Funding was secured for resurfacing which took place on May 14th, and several donations were received to allow for the purchase of nets, paddles and balls. Those major donors include the City of Oklee, Oklee Community Club, Dave and Shari Olson, Larry Olson Transportation, Bobbie's Basement, Ron and Tracy Hamm,

David & Mary Lynn Bachand, Stenberg Farms, John & Donna Stenberg-Parkhouse, Abi Kloempken, granddaughter of Dave and Shari Olson, and Connie and Kelly Lundeen. With those funds available, shortly after the resurfacing, the newly purchased nets were in place and the pickleball players were out on the courts on any given night of the week! The court will be a dual purpose court with the City of Oklee adding basketball nets when that equipment is received.

As the popularity of the game increases in Oklee, word of mouth and text messages generate enough players with last minute notice to get 3 games going at times on the 3 courts set up at the pickleball location near the south end of town. People out for a walk have been coaxed to stop and try the game, and they soon joined the pickleball craze that

has swept the community and surrounding area!

On June 23rd, a fundraiser pickleball introduction picnic was held, and on a beautiful Sunday evening about 45 people showed up to support the Oklee Pickleball Club! Money raised from that event will be used to purchase additional equipment and for net replacement as needed. Currently, the Oklee Pickleball Club has purchased paddles and balls that are stored in a box inside the court area, and they are available to be used by anyone interested in trying their skills at the game. In addition, Dave will be providing lessons for youth from 7th grade and older on Friday evenings at 7:00 pm. Sunday evenings have been set aside as a scheduled game night at 6:30 pm, weather permitting. Everyone is invited to attend and learn to play this fun game! See you on the pickleball courts!



Oklee Pickleball Advisory Board (left to right) Mary Lynn Bachand, Bobbie Olson, Tracy Hamm and Dave Olson, President.



Action on the court.

Red Lake County Fair



Next week more photos - winner's lists, and much more about the Red Lake County Fair



Small grain summer plot tour - Oklee

On Wednesday, July 10, 2019, from 9 a.m. to 12 p.m., the Small Grain Summer Plot Tour for our area will be held at the Swenson Seed Farm Oklee, MN (Lat/Long: 47.776605, -95.858971) on their seed plot. This event provides farmers and crop consultants with the tools to make small grain production successful and profitable.

University of Minnesota Extension small grain specialists and educators will present information on a variety of subjects: Production agronomics, Variety selection, Disease identification, Fungicide use, Soil fertility, and Economics.

These programs are interactive and discussion based.

They feature tours of current research plots as well as discussions of on-farm experiences. Feel free to bring any field samples for diagnosis or discussion!

Coffee and rolls served at the plot tour. There is no cost to attend. This program is sponsored by the Minnesota Wheat Research and Promotion Council. Preregistration is not required.

Contact: Jared Goplen, University of Minnesota Extension crops educator gople007@umn.edu or 320-589-1711 x2128

Jochum Wiersma, University of Minnesota Extension small grains specialist wiers002@umn.edu or 218-281-8629

Church news

OKLEE LUTHERAN PARISH
Zion and Salem
Pastor Linda Molitor
Wed, July 3: 7:00 p.m. Salem.
Sun, July 7: 9:00 a.m. Zion.
10:30 a.m. Salem. (C)
Tue, July 9: 7:00 p.m. Salem WELCA.
Wed, July 10: 7:00 p.m. Zion. (C)

CATHOLIC PARISHES OF OKLEE, GRYGLA & GOODRIDGE
Fr. Adam Hamness
Sun, July 7: 7:30 a.m. Confessions 8:00 a.m. Mass at St. Francis Xavier, Oklee; 10:15 a.m. St. Clement Parish, Grygla; 12:00 p.m. St. Ann Parish, Goodridge.

BROOKS - RED LAKE FALLS CATHOLIC PARISH
Fr. Bob Schreiner
Sat, July 6: 5:30 p.m. RLF
Sun, July 7: 8:00 a.m. Brooks. 10:00 a.m. RLF.

IMMANUEL-EBENEZER LUTHERAN PARISH ELCA
Pastor Jonathan Dodson
Sun, June 7: 9:00 a.m. Worship at Immanuel. 10:30 a.m. Worship at Ebenezer.

GOODRIDGE AREA LUTHERAN PARISH ELCA
Bethany-Ekelund-Faith Pastor Kristen Ostercamp
Sun, July 7: 8:30 a.m. Ekelund. 9:45 a.m. Faith. 11:00 a.m. Bethany.
Tue, July 9: 9:30 a.m. Shalom Circle.
Wed, July 10: 7:00 p.m. Evening Service at Bethany.

Summer Rec Schedule

July 8 - 12

Monday July 8
1:00 - 2:00 Basketball for all ages in Oklee gym
2:00 - 3:30 PeeWees (ages 9-10) practice behind school, Cadets (ages 11-13)/Girl's Softball (ages 9-13) practice at the softball fields
3:30 - 4:30 Open Gym for all ages
6:00 - 7:00 T-Ball (ages 3-6) and Mites (ages 7-8) practice behind school

Tuesday July 9
10:00 - PeeWee tournament at Clearbrook. Bus leaves Plummer at 8:45, Brooks at 9:00, Oklee at 9:15.
1:00 - 2:00 Kickball for all ages in Oklee gym
2:00 - 3:30 Cadets and Softball practice at softball fields
3:30 - 4:30 Open Gym

Wednesday July 10
Kloster League at Clearbrook ages 9-14. Bus leaves Plummer at 7:45, Brooks at 8:00 Oklee school at 8:15, returns around 3:00 - 3:30.

Thursday July 11
10:00 - Cadet games at Clearbrook and Fosston. RLCC Red plays at Clearbrook, RLCC White plays at Fosston. A bus will leave Plummer at 8:45, Brooks at 9:00, then each bus will leave Oklee at 9:15.
10:00 - Girls softball tournament at Fertile. No bus is available, we will try and ride share to get there.
1:00 - 4:00 Various games either in the Oklee gym or outside

Friday July 12
No Activities

CLEARWATER LUTHERAN PARISH
Mt. Olive - Nazareth Oak Park - St. Petri Pastor Jeff Merseeth
Sat, July 6: 9:00 a.m. Mt. Olive.
Sun, July 7: 8:00 a.m. St. Petri. 9:45 a.m. Nazareth. 11:00 a.m. Oak Park.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
Wed, July 3: 6:30 p.m. Youth Group.
Sun, July 7: 9:30 a.m. Worship.
Tue, July 9: 9:30 a.m. Ladies Devotions. 10:00 a.m. Quilting. 6:30 p.m. Bible Study.
Wed, July 10: 6:30 p.m. Youth Group.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Sun, July 7: 9:00 a.m. Lund. 10:30 p.m. Sand Valley.
Wed, July 10: 2:00 p.m. Lund WELCA.

BETHEL ASSEMBLY Fosston
Seth Johnson, Interim Pastor
Sun, July 7: 10:00 a.m. Worship.

Sudoku Solution												
6	8	9	5	3	1	4	7	2				
1	3	7	6	4	2	5	8	9				
2	4	5	8	9	7	1	3	6				
8	1	4	7	2	3	6	9	5				
7	6	3	4	5	9	8	2	1				
5	9	2	1	6	8	3	4	7				
9	2	8	3	1	6	7	5	4				
3	5	1	2	7	4	9	6	8				
4	7	6	9	8	5	2	1	3				

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RLCC High School Summer Office Hours
The office at Red Lake County Central High School is beginning their summer hours' schedule. The office will be open 8 am to 3 pm Monday through Thursday. The office is closed Fridays.

Oklee Senior Site Dining

July 8 - 12
Call 796-5666 to order a meal.
If you are over the age of 60 and would like to eat with other seniors at the Senior Site, please call the Café at 796-5666 to reserve your meal. A \$4.00 per meal donation is suggested.
Monday: Ham & Swiss melt on bun, chicken wild rice bacon soup, and dessert.
Tuesday: Spaghetti w/meat sauce, green beans, garlic toast, and dessert.
Wednesday: Goulash hot-dish, corn, toast, and dessert.
Thursday: ½ Hot pork, mashed potatoes, gravy, peas, and dessert.
Friday: ½ Chef salad, cottage cheese, toast, and dessert.



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COUNTY PROJECT - BIDS CLOSE
Tuesday, July 23rd, 2019
RED LAKE COUNTY RED LAKE FALLS, MN 56750

NOTICE TO CONTRACTORS - Bids will be received until 10:00 AM, Tuesday, July 23rd, 2019, by Robert Schmitz, County Auditor, at the Auditor's Office in the Red Lake County Court House, 124 Langevin Ave, Red Lake Falls, MN 56750, for the construction of the projects listed below. Bids will be opened publicly by Erik Hove, County Engineer, or a designated representative, on behalf of the Red Lake County Board of Commissioners.
S.A.P. 063-040-001- Construction of Red Lake County Salt & Sand Storage Facility

The proposed work includes furnishing and installing all labor and materials to construct a 42' x 30' Salt & Sand Storage Facility at the Red Lake County Highway Department, 204 7th St SE, Red Lake Falls, MN 56750.

Plans and proposals may be procured by purchase from the Red Lake County Highway Department, 204 7th Street Southeast, Red Lake Falls, MN 56750.

Complete Plans, Bid Proposals and Specifications:
Counter Price: \$50.00 (includes tax)
Mailed: \$58.00 (includes tax)

Bids must be accompanied by a cashier's check or bidder's bond made payable to the Red Lake County Treasurer in the amount of at least 5% of the total bid.

The Red Lake County Board of Commissioners reserves the right to accept any bid or reject any or all bids, waive irregularities, and award the contract in the best interest of Red Lake County.

Robert Schmitz - Red Lake County Auditor

Oklee Historical Society needs your pop cans!

The Oklee Historical Society is raising funds by collecting aluminum cans. Please bring them to the recycling bin set up near the ice skating rink and fair buildings in Oklee. The money raised will be used for supplies needed to build displays not only on the main floor of City Hall, but to expand the museum area to the upstairs so that full room displays can be set up.

Carpeting is now needed to finish the transformation of a museum area upstairs. All the laminate flooring has been installed and it is beautiful. Thank you to all who donate

their pop cans.
10 percent off all money raised by the Historical Society is being set aside in the hopes of raising enough funds for an elevator to be installed so that everyone will have access to the museum.

Your continued support in the aluminum can drive is greatly appreciated by the Oklee Historical Society.

Red Lake County Landfills
..... **Closed**
July 4-6 due to Holiday



Photo above:
Kelly Lundeen (L) and Dave Olson grilling burgers and hot dogs.



Photo left:
Court side signs made by Bobbie's Basement.

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Independence Day
On July 4, 1776, at Independence Hall in Philadelphia, the Continental Congress adopted the Declaration of Independence. Fifty-six men signed this historic document which declared the thirteen colonies' independence from Great Britain. Join us this Fourth of July as we celebrate Independence Day.

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Oklee Centennial Cookbook Recipe Corner - From page 124

Grilled Teriyaki Beef Kabobs
Joni Bjerklie

1-1/2 lb boneless beef top sirloin steak, cut into 1-inch cubes
1 cup teriyaki baste and glaze (from 12 oz bottle)
1 medium bell pepper, cut into 1-inch pieces
18 whole fresh mushrooms
2 Tbsp vegetable oil
1/4 cup sesame seeds, toasted

Place beef in shallow glass or plastic dish or a heavy resealable plastic bag. Pour teriyaki baste and glaze over beef. Cover dish or seal bag, and refrigerate, stirring beef occasionally, at least 4 hours but no longer than 24 hours. Heat grill. Remove beef from marinade; discard marinade. Thread beef, peppers and mushrooms alternately on each of six 15-inch skewers, leaving space between each piece. Brush bell pepper and mushrooms with oil. Sprinkle kabobs with sesame seeds. Cover and grill kabobs over medium heat 15 or 20 minutes, turning frequently, until beef is no longer pink in the center.



Sons of Norway
Continued from page 1.

From the NAHA (Norwegian-American Historical Association). There have been occasional banquets. If meetings included Sundays, religious services were held. Programs have included speeches, readings, music, folk dances, films from Norway, and other entertainment.

1918 -- WWI Resolution
And so it went --- in 1918 a resolution was passed to participate in America's part in WWI, buying bonds, saving goods, and pledging loyal support with their sons and daughters.

1926 lag held in TRF--There was dancing onstage with prizes given to the best couples.
1930-- \$600 was collected to send Pres. Bjornaraa to Trondheim, Norway for the 900 yr. anniversary of entry of Christianity to Norway. That year 2,000 attended the Setesdals Laget with Gov. Floyd B. Olson as speaker. When Bjornaraa made his trip to Norway, he was called upon to speak 30 times to various communities in Norway.

1933 -- TRF -- Rev. Hallvord Lie from Trail gave the sermon in Ny Norsk, a very old language, renewed.

1934 -- TRF -- 25th anniversary! Spirits were low due to the depression. A Highlight was the "Kapp dans" on stage.

1500-2000 attended,
1940 -- Crookston -- women were not included in the count!
1942 -- Oklee -- "marked the lowest point in its lag history to that date." WWII was raging, Bjornaraa was ill, Treas. Grundeson had fallen and could not attend, and Setesdalen in Norway was overrun by Nazis. 200 present (women were not counted) A week after the lag, Bjornaraa died.

According to another source, at some point in the history, Oklee was declared the permanent site for the Lag and now OKLEE IS THE SETESDAL CAPITAL OF AMERICA. !!

The Setesdals Lags were an annual celebration held on a weekend, usually in towns of NW MN until about 2008. It was a time of music, dancing, visiting, and eating lots of good Norwegian foods. And most of all, fellowship and fun!!

By the time of Y2K (year 2000) all the old-timers were gone, and often it was their children or grandchildren who kept up the tradition. It was a lot of work to put on a celebration for hundreds of people, it cost money, and soon, with attendance dwindling, those in charge had to call it quits. Glenn Hofstad from Oklee was the president at that time, and the decision weighed heavily on him. If they would have been able to hang on, they would have celebrated their centennial anniversary in



The 80th Annual Setesdals Stevne was held in Oklee. Many area residents came to see the Gjerpen Folk Dancers from Norway. Photo from the Oklee Herald - June 1989.



Modeling authentic Scandinavian Costumes: Left to right: Tilda Langerud, Fargo, ND; Mrs. Herman Sundsahl, EGF, MN; Mrs. Halvor Hoken, Thief River Falls, MN; Mrs. Erick Johnson (Bjorgulv Bjornaraa's daughter) Trail, MN; Mrs. Signa Sundsahl, EGF, MN; Mrs. Joraand Ronne, Fosston, MN; Mrs. Kari Hilde, Grand Forks, ND. Photo from Oklee Herald, June 12, 1969.



A picture of a Setesdals Laget held on June 15 & 16, 1916 in Bemidji, MN. Photo courtesy of Bonny Cote.

July WIC
Schedule

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of July 2019.

Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. We are very interested in enrolling pregnant women in the program. We feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. We need no proof of pregnancy.

All potential clients must contact the WIC Program to schedule an appointment.

The following is the schedule of WIC Clinics for the month of July.

No Red Lake Falls Clinic this month.

Monday, July 8: Thief River Falls Redeemer Lutheran Church

Tuesday, July 9: Thief River Falls Redeemer Lutheran Church

Wednesday, July 10: Thief River Falls Redeemer Lutheran Church

Thursday, July 11: Thief River Falls Redeemer Lutheran Church

Friday, July 12: Thief River Falls Redeemer Lutheran Church

Tuesday, July 23: Oklee Inter-County Community Council Building

For further information concerning the WIC program, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.

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your address
label!

Oklee Herald subscribers: Please check the address label in the upper right corner of the front page. Be sure all the information is correct. If not, call the Oklee Herald office at 218-796-5181 or email: okleeherald@gmail.com as soon as possible. You need to contact us with a change of address or corrections. Just giving the Post Office a change of address, **DOES NOT** change your paper address. Thank You.

Wednesday, July 3, 2019

THUNDERSTORMS (no label)	1 - MARGINAL (MRGL)	2 - SLIGHT (SLGT)	3 - ENHANCED (ENH)	4 - MODERATE (MDT)	5 - HIGH (HIGH)
No severe* thunderstorms expected	Isolated severe thunderstorms possible	Scattered severe storms possible	Numerous severe storms possible	Widespread severe storms likely	Widespread severe storms expected
Lightning/flooding threats exist with all thunderstorms	Limited in duration and/or coverage and/or intensity	Short-lived and/or not widespread, isolated intense storms possible	More persistent and/or widespread, a few intense	Long-lived, widespread and intense	Long-lived, very widespread and particularly intense
					
• Winds to 40 mph • Small hail	• Winds 40-60 mph • Hail up to 1" • Low tornado risk	• One or two tornadoes • Reports of strong winds/wind damage • Hail ~1", isolated 2"	• A few tornadoes • Several reports of wind damage • Damaging hail, 1 - 2"	• Strong tornadoes • Widespread wind damage • Destructive hail, 2" +	• Tornado outbreak • Derecho

Be Prepared for Summer Storms
STORMS, HAIL AND
LIGHTNING

Thunderstorms affect relatively small areas, compared with most other storms. The typical thunderstorm is 15 miles in diameter and lasts for 30 minutes -- but whatever their size, all thunderstorms are dangerous.

Severe thunderstorms produce large hail or winds of at least 58 mph. Some wind gusts can exceed 100 mph and produce tornado-like damage. That's why many communities will sound their outdoor sirens for damaging straight-line winds.

When a severe thunderstorm threatens, stay inside a strong structure. Mobile home occupants should go to a more permanent structure.

Thunderstorm Winds

Thunderstorms can produce straight-line winds that exceed 100 miles per hour. For this reason you should treat severe thunderstorms just as you would tornadoes. Move to an appropriate shelter if you are in the path of the storm.

The strong rush of wind from a thunderstorm is called a downburst. The primary cause is rain-cooled air that accelerates downward, producing potentially damaging gusts of wind.

Strong downbursts can be mistaken for tornadoes, and they're often accompanied by a roaring sound similar to that of a tornado. Downbursts can easily overturn mobile homes, tear roofs off houses and topple trees. Campers are especially vulnerable because trees can fall into campsites and onto tents.

Minnesota's strongest thunderstorm gust was 85 mph on June 19, 2007, near Goodridge.

Hail

Hail is product of thunderstorms that causes nearly \$1 billion in damage every year. Most hail is about pea-sized. Much of it is the size of baseballs, and it can reach grapefruit-size. Large hail stones fall faster than 100 mph and have been known to kill people.

Lightning

Every thunderstorm produces lightning!

Lightning kills an average of 47 Americans each year. Hundreds more are severely injured.

Lightning Safety Tips

NO PLACE outside is safe when thunderstorms are in the area!

If you hear thunder, lightning is close enough to strike you.

When you hear thunder, immediately move to safe shelter: a substantial building with electricity or plumbing or an enclosed, metal-topped vehicle with windows up.

Stay in safe shelter at least 30 minutes after you hear the last sound of thunder.

Indoor Lightning Safety
Stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity.

Avoid plumbing, including sinks, baths and faucets.

Stay away from windows and doors, and stay off porches.

Do not lie on concrete floors, and do not lean against concrete walls.

Last Resort Outdoor Risk Reduction Tips

If you are caught outside with no safe shelter anywhere nearby the following actions may reduce your risk:

Immediately get off elevated areas such as hills, mountain ridges or peaks

Never lie flat on the ground

Never shelter under an isolated tree

Never use a cliff or rocky overhang for shelter

Immediately get out and away from ponds, lakes and other bodies of water

Stay away from objects that conduct electricity (barbed wire fences, power lines, windmills, etc.)

Myths and Facts About Lightning

Myth: If it is not raining, there is no danger from lightning.

Fact: Lightning often strikes away from rainfall. It may occur as far as ten miles away from any rainfall.

Myth: Rubber soles on shoes or rubber tires on a car will protect you from being injured by lightning.

Fact: Rubber provides no protection from lightning.

However, the steel frame of a hard-topped vehicle provides some protection if you are not touching metal.

Myth: Heat lightning occurs on very hot summer days and poses no threat.

Fact: What is referred to as heat lightning is actually lightning from a thunderstorm too far away for thunder to be heard. However, the storm may be moving in your direction.

For more information about lightning safety, please visit the National Weather Service Lightning Safety webpage.

<https://dps.mn.gov/divisions/hsem/weather-awareness-preparedness/Pages/severe-weather-lightning-hail-storms.aspx>

HEAT WAVES

Heat Waves Kill

From 2000 to 2010, 35 deaths were directly attributable to extreme heat in Minnesota. This count does not include data from 2011 when Minnesota experienced an extreme heat event that broke several records for dew point temperature.

Excessive Heat Outlooks: Are issued when the potential exists for an excessive heat event in the next 3-7 days. An Outlook provides information to those who need considerable lead time to prepare for the event, such as public utility staff, emergency managers and public health officials.

Excessive Heat Watches: Are issued when conditions are favorable for an excessive heat event in the next 24 to 72 hours. A Watch is used when the risk of a heat wave has increased but its occurrence and timing is still uncertain. A Watch provides enough lead time so that those who need to prepare can do so, such as cities officials who have excessive heat event mitigation plans.

Excessive Heat Warning/Advisories: Are issued when an excessive heat event is expected in the next 36 hours. The warning is used for conditions posing a threat to life. An advisory is for less serious conditions that cause significant discomfort or inconvenience and, if caution is not taken,

2009, and what a celebration they would have had! It was decided to divide their treasury between the two nearest Sons of Norway lodges -- Granlund in Fosston ---- Snorre in TRF. Stranlie said, "I remember well the meeting where Glenn

announced this monetary gift in honor of the Setesdals Lag. We continue to thank you!!"

Snorre Lodge member Jan Stranlie is willing to present this Setesdal Laget program to other groups. Contact the Snorre Lodge in TRF.



A few of the buttons donated to the Oklee Historical Society that are on display at the Oklee Community Center's hallway.

Red Lake Falls Library News

The Red Lake Falls branch and all branches of Northwest Regional Library will be closed on Thursday, July 4. Regular hours resume in Red Lake Falls on Friday (noon to 5:00 pm.).

New adult fiction includes "The Last Second" by Catherine Coulter, "Dark Storm" by Karen Harper, "The Summer Guests" by Mary Alice Monroe, "The Favorite Daughter" by Kairi Rouda, and "Call Your Daughter Home" by Deb Spera.

New juvenile books to interest young summer readers

include a new Geronimo Stilton title, "The Hawaiian Heist," the fourth volume in The Unicorn Rescue Society series, "The Chupacabras of the Rio Grande" by Adam Gidwitz and David Bowles, and nonfiction fun in a new Dorling Kindersley (DK) title, "Science You Can Eat" by Stefan Gates.

Last week's Summer Reading Program prize winners were Connor Duden, Kole Kleven, Lane Kleven, Wylie Lehrer and Kayelyn Renwick.

could lead to a threat to life.

Heat Index

NOAA's heat alert procedures are based mainly on Heat Index Values. The Heat Index, sometimes referred to as the apparent temperature is given in degrees Fahrenheit. The Heat Index is a measure of how hot it really feels when relative humidity is factored in with the actual air temperature.

To find the Heat Index temperature, look at the heat Index chart below. As an example, if the air temperature is 96°F and the relative humidity is 65%, the heat index--how hot it feels--is 121°F. The National Weather Service will initiate alert procedures when the Heat Index is expected to exceed 105°-110°F (depending on local climate) for at least 2 consecutive days.

Heat Disorders

Heat disorders occur when the body loses its ability to shed heat through circulation and sweating. Heat-loss efficiency may diminish with age, but sunburn is a factor at any age because it significantly reduces skin's ability to shed heat.

When heat gain exceeds heat loss, or when the body can no longer compensate for fluids and salt lost through perspiration, the core temperature of the body begins to rise, and heat-related illness may develop.

Heat disorders vary in seriousness, but they share a common cause: in a warm environment, the person has taken exposure or exercise beyond the limits of the body's age and physical condition.

Never Leave Children, Disabled Adults or Pets in Parked Vehicles!

Each year, dozens of children and untold numbers of pets left in parked vehicles die from hyperthermia. Hyperthermia is an acute condition that occurs when the body absorbs more heat than it can handle. Hyperthermia can occur even on a mild day. Studies have shown that the temperature inside a parked vehicle can rapidly rise to a dangerous level for children, pets and even adults. Leaving the windows slightly open does not significantly decrease the heating rate. The effects can be more severe on children because their bodies warm at a faster rate than adults.

Tips for Preventing Heat Related Illness

Drink more fluids (nonalcoholic), regardless of your activity level. Don't wait until you're thirsty to drink. Warning: If your doctor generally limits the amount of fluid you drink or has you on water pills, ask how much you should drink while the weather is hot.

Stay indoors and, if possible, stay in an air-conditioned place.

Electric fans may provide comfort, but when the temperature is in the high 90s, fans will not prevent heat-related illness. Taking a cool shower or bath, or moving to an air-conditioned place is a much better way to cool off.

Wear lightweight, light-colored, loose-fitting clothing.

Although anyone can suffer from heat-related illness, some people are at greater risk than others. Check regularly on:

Infants and young children

People aged 65 or older

People who have a mental illness

Those who are physically ill, especially with heart disease or high blood pressure

Visit at-risk adults at least twice a day and watch them for signs of heat exhaustion or heat stroke. Infants and young children, of course, need much more frequent attention.

If you must be out in the heat:

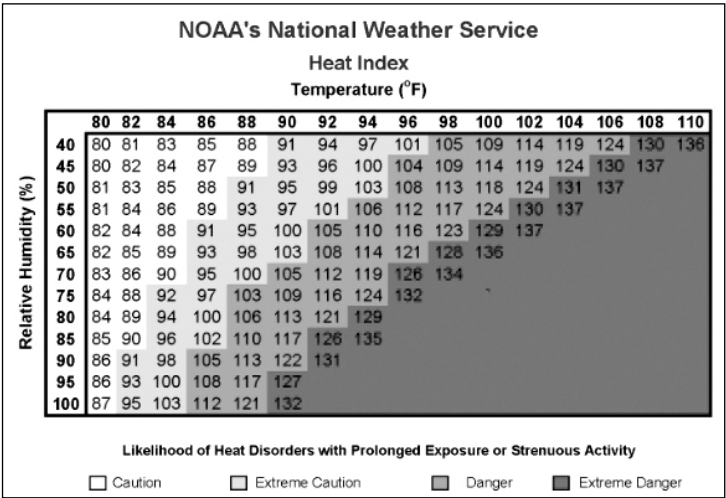
Limit your outdoor activity to morning and evening hours

Cut down on exercise. If you must exercise, drink two-to-four glasses of cool, non-alcoholic fluids each hour. A sports beverage can replace the salt and minerals you lose in sweat. Warning: If you are on a low-salt diet, talk with your doctor before drinking a sports beverage. Remember the warning in the first "tip" (above).

Try to rest often, in shady areas

Protect yourself from the sun by wearing a wide-brimmed hat (also keeps you cooler) and sunglasses and by putting on sunscreen of SPF 15 or higher (the most effective products say "broad spectrum" or "UVA/UVB protection" on their labels).

<https://dps.mn.gov/divisions/hsem/weather-awareness-preparedness/Pages/severe-weather-heat.aspx>



Oklee Herald Early Files

Eighty Years Ago June 29, 1939

The Oklee Aces baseball team were defeated by Grygla 6-3 on the local diamond last Sunday.

A late news release from the Rural Electrification Administration states that the Red Lake County Electric Cooperative Association has been granted an additional \$5,000 to be used to finance house-wiring and plumbing installations.

Miss Esther Bluemki, daughter of Mr. and Mrs. Richard Bluemke of Garnes, and George Whalen, son of Mr. and Mrs. K. Whalen of Equality, were married at St. Francis Church on June 27th.

On June 29th, Miss Rebecca Paquin, daughter of Mr. and Mrs. Edward Paquin of Lambert and Leonard Gagner of Terrebonne, were married at St. Francis Xavier Church in Oklee.

Seventy Years Ago June 30, 1949

Red Lake County famers are warned to be on the lookout for head of grain that turn yellow prematurely. Those yellow heads may be the sign that aphids are at work.

Mr. and Mrs. L.M. Berry and Mr. and Mrs. Jerome Berry visited points in Canada last week.

Mrs. Fritz Thorpe was surprised at a birthday party in her honor Friday night. Several ladies were present. Lunch as served by the self-invited guests.

Zimmer Construction Company of Madison, Wisconsin, was the apparent low bidder at \$346,715 for the second state of flood control project on the Clearwater River north of here. The work calls for channel excavation in a 12-mile reach of the Clearwater River, for a small amount of clearing and riprap protection at one bridge site.

The June meeting of the Merry Lassies 4-H club was held at the home of Leila and Eleaine Boucher on Wednesday, June 22.

Sixty Years Ago July 2, 1959

Former Congresswoman Coya Knutson of Oklee has been elected to the board of directors and is educational director of a new children's film series for TV and movies titled "Mike the Magicat," originating out of New York City. Mike, a real live cat, appeared recently on the Bob Hope Show while Mike's rabbit appeared on the Perry Como Show.

Vernes Congregation notes 75th year and is holding a two-day event marking the three-quarters of a century of progress since the congregation

was organized.

Winning entries in the contest to name the Red Lake County Nursing Home was announced by the County Welfare office. The name will be Hillcrest Nursing Home. The name was submitted by two different women, Mrs. George Wagner and Mrs. G.N. Lindbergh, who will share the \$25 cash prize.

Mr. and Mrs. Jerome Tougas are leaving this week for Warroad where they intend to make their home.

Fifty Years Ago July 3, 1969

Daniel Aakhus of Grand Forks, well known violinist, died Wednesday at the age of 87. Mr. Aakhus appeared in Oklee almost every year at programs in connection with the Setesdalslaget and was well known to many in this area.

Mr. and Mrs. Goodwin Kvasager entertained for Sunday dinner at their home in honor of the 10th birthday of their daughter Janet.

Mr. and Mrs. Pete Robidoux were honored at a dinner party at Toupins in honor of their 47th wedding anniversary.

The two school district held their annual meeting. District 1548 elected Mrs. Lyle Mandt and 1553 re-elected Merle Lundeen as their chairmen. Both schools voted to dissolve and consolidate with the Oklee Public School.

Forty Years Ago June 28, 1979

Plummer will be celebrating it's 75th anniversary on June 30 – July 4th with many activities planned. There will be a queen competition with talent show, all school reunion, fiddler's contest, skydivers arriving in town on July 4th, a threshing bee, a Norwegian concert, fireworks, parade, etc.

The Setesdals Laget to celebrate their 70th anniversary in Oklee on July 30th. Also a notice to find volunteers to house the Norwegian visitor is in the paper.

Oklee Elevator doubles in size with new elevator system being installed which is being installed by Thorstad Construction Company of Maynard, MN.

A Gustafson and Stolaas family reunion was held last Sunday, June 24th with a potluck dinner served outdoors.

Thirty Years Ago June 28, 1989

The 80th annual Setesdal Stevne was held in Oklee last weekend. Many residents came to see the Gjerpen Folk Dancers from Norway.

Russell Sorenson took 1st place in time (38.14) in the Go

For St. Joe event. He successfully defended his first place title from last year.

Over 1,000 people from around the area enjoyed the food and entertainment Sunday at the Ostby farm for Horse Farming Days.

Dale Lundeen has arrived home from Fort Garden, GA to spend some time with family and friends before he leaves for Germany.

Hustle awards were given to Nick Olson, Bryce Marquis, and Eric Kolstoe during the Oklee Summer Basketball Camp.

Olga Konickson and granddaughter Lynette Konickson recently spent two weeks in Norway visiting with relatives and friends at Gulbrandsdalen.

Twenty Years Ago June 30, 1999

Father Joe Richards, effective July 1, 1999, was no longer serving the spiritual needs of the parishioners of the Oklee St. Francis Xavier and the Brooks St. Joseph Catholic Church. And no longer will these two churches be served by the same priest. This was due to illness of one priest, the retirement of 3 priests and no ordained priests to replace them, the configuration of the area churches was changed to effectively to accommodate the churches with the available priests.

Jean Carpenter spent the weekend with Gary and Joan Carpenter of Jamestown at the lake cabin on Lake Minnie near Lake George.

Mrs. Masha McPherson of Frankfort, Ind., and an aunt, Lucinda Wisgett of La Pas, Ind., arrived on Friday for a week's holiday at the home of Walter and Willie Katsckhe.

Warren and Shirley Solheim recently returned from a two week vacation in Norway. They visited her grandfather's Ole Watne's stabbur (house where he was born) while in Norway.

Ten Years Ago July 1, 2009

The Red Lake County Fair Board honored Harriet and Keith Pearson of Red Lake Falls as Outstanding Senior Volunteer for 2009.

The Red Lake County Fair had a wonderful program that included the Woodpicks as their main entertainment. At the Opry Style Variety Show, the Everly Sisters (Lois & Lois) entertained along with Lena Pearl (sister to Minnie Pearl).

Mitchell Rystad was promoted to to Petty Officer 3rd Class. He is the son of Roy and Carolyn Rystad of Oklee.

The Oklee Community Children's Theatre presented the Wizard of Oz last weekend.



Quite a few turned out for the Pickleball Picnic on June 23rd at the newly remodeled courts in Oklee.

Who's Dat?



Who's Dat

This week's photo is of a couple from north of Oklee. They no longer live in the area.

Last week's photo was of Karen and Andy Peterson. They recently celebrated their 50th anniversary.

Everyone has a photo or two that would be great for this column. Please share them with our readers as it is one of most popular columns of the Oklee Herald.

If you email a photo, please scan at 300 dpi (high quality) if you can. You can email to okleeherald@gmail.com.

If you mail a photo to the Oklee Herald office, please enclose a self-addressed stamped envelope so the photos can be returned. Mail them to: Oklee Herald, PO Box 9, Oklee MN 56742 Or stop by the office and I will scan your photo while you wait.



Senior Site News & Other Things

By Volunteer Iona Berry

It was a pleasant day today, It was cool in the morning but the sun came out and it was warm. Last night about 1 a.m. I looked out my window and the whole sky was having a show. I watched for quite a while. It was like the sky was putting on a picture. There was no sound, only the sky putting a picture of lovely painting. I've never seen anything like it before. I finally had to go back to bed as it kept going. It was early Fourth of July picture.

We had a party for Eleanore on Thursday. The cake was beautiful and many came to share it. It is a wonder how she gets along at 99 years of age. She still volunteers at the Senior Site.

The Fair was a success. I visited all the 4-H items. In the barns I saw cows & calves, sheep and a Shetland pony. The pony looked just like the one we had when I was young on the farm. I also went to the school to look at the

exhibits there.

I hope you all noticed that we had rain last night. My gauge showed 5/10th of an inch. It was very welcome no matter how much came, we needed it.

Dates to Remember
July 4: It's the Fourth of July.

July 18: Senior Site Council meeting at 10 a.m.
July 19: Birthday Meal.
July 24: Trip to TRF for a Play.

Words of Wisdom

Never complain about the cost of a vacation when you're on vacation.

Give your best to those who love you the most.

Joke Time

Ole: Lena, I just got off da phone with Ingeborg.

Lena: Vhat did she vant, Ole?

Ole: Oh, da usual. She complained how I acted on her wedding all dose years after. She felt if I wanted to throw rice at her I should have taken it out of the 50 pound bag first.



L. Elenore Christianson celebrated her 99th birthday on Thursday, June 27th at the Oklee Senior Site.

An English travelor, asked by Australian immigration if he had a criminal record, expressed that such a qualification was still required.

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

We didn't get much rain only a little over a half inch for the weekend. But we are thankful that we did get that. The bears are out in force lately. On face book there was a report that one was crossing Highway 2 and was hit by a truck and trailer. He was hurt there was no doubt about it. He at least had a banged up foot as he was seen limping into the woods. I think the lack of rain and berries is bringing them out into the open. So many sightings of them this year points to a lack of food.

An exciting day in the Paradis family in the baptism of little Hadley Marie Kiono. She is the newest addition to the Kiono family. She was baptized on Sunday at St. Joseph's Church with her grandparents

and extended family there to love her. Dane and Chelsey Kiono, and their children, Carter, Annika, were there. Pam Paradis, Ryan and Kelsey Paradis and their children, Kingston, Isabelle, and Titan attended. The Godparents were Ryan, Kristan Kasowski and Kelley. Grandparents of Hadley Duane and Marcia Kiono, Arne Paradis was also in attendance. Drew and Trey Kiono, Cindy and Del Determan, Randy and Deb Versdahl, Marc Parenteau, and Yvonne Hoeger were also in attendance. After the Mass, the entire group were invited to Pam Paradis's home for breakfast.

On Wednesday Nancy and Matt Ellenson and their son Ian came to visit and stay overnight at Jerome and Barb

Novak's home. They came for supper and we got to visit for a while. The following morning they went to Grand Forks to get Ian orientated into the UND community. He will be attending college there this fall.

On Sunday Barb Novak went to visit with Cheryl Tupa at the Maple Lake Pavillion for the Craft Fair. Cheryl is one of the vendors and it was fun to visit with her between customers. She also visited with Brenda Kovar. Who was also a vendor at the Fair.

On Sunday Barb Novak stopped to visit with Sandra Gagner at her home near Mentor.

We hope your week is fruitful. Keep a smile on your face and pray for rain

Plummer News

By Alice Jobe 218-465-4402

Tony and Sheila Gerardy and Tony's sisters Nancy, Tammy and Barbie and her husband Mike went to South Milwaukee recently and visited their mom's sisters: Mary Lou, Jenny and Ann and Uncle Chuck. They also got to see a lot of cousins. While there they saw a statue of the Crusher, a wrestler from the 60's who was from South Milwaukee. (Guessing he may have had a Polish last name, as this was a Polish area of Milwaukee.

On Friday, June 22nd, Sarah Quick, daughter of Roy and Elizabeth Quick, got married to Travis Eckel. The wedding was held near the river west of here. There were about 160 family and friends attending. The reception was held under the tent out at the Quick farm. It was buffet style. They served cake pops on a stick. The couple will be living in Duluth. Congratulations to Sarah & Travis.

Becky Opatz, of Kinsey, Montana recently visited her mom, Karen Tvedt and other

family while here.

Cindy Thomas, of Manhattan, Kansas came this past weekend to visit and prepare for her mom's birthday celebration.

Plummer Auxiliary met on Tuesday night at the Legion to plan for the 4th. They'll be serving ice cream outside the Legion starting at 10:30 a.m. It will be vanilla and chocolate. There will be food served inside as well and other food vendors around town.

Diana and Travis Marquart, Ella and Ethan of Yuma, AZ came the previous Saturday to Alice and Les Hofstad's. Diana is their daughter. Travis planned to go to Minot to visit his parents while here on Saturday.

On Thursday, there were between 80 & 100 railroad employees having a meeting around 9 a.m. here in Plummer. It has been a very time

consuming project. A couple railroad crossings were closed off. They're moving north. It appears too tedious and noisy work.

Thursday evening, Alice Jobe and Anne Traxler attended the musical "Cabaret" at Northland College. It was very good.

Last Friday afternoon, I went fishing west of town. The fish weren't biting but it was very nice there with wild roses in bloom and dragon flies flying around. I also saw a beaver swimming across the river carrying grass.

Have a good 4th.

Deadline:
Friday's at noon!

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Wednesday, July 3, 2019