

Oklee Precipitation
By Einar Kvasager

	Rain
Aug. 2	0.06
Aug. 6	0.02
Aug. 7	0.87
Total in.	0.95

Oklee Herald

...AND CONTINUING THE PLUMMER PIONEER

OKLEE (RED LAKE COUNTY) MINN. 56742

www.TriCoCanary.com

Vol. 103, Number 51

Wednesday, August 12, 2015

Oklee Market Day!



Ready - Set - Go! The Oklee Market Day started off with Paul 5K Run/Walk on a beautiful Saturday morning, August 8th.



The Plowing Demonstration was a popular place for the family to see and experience what it was like to farm in the good old days. Mike Peterson and young mister Rystad on a Farmall tractor.



Jan & Rick Dulka trying their skills in the Back Seat Driver Contest at Oklee Market Day.



This 1965 Dodge is owned by Robert Torkelson of Oklee. There were many great cars on display during Saturday's event in Oklee.



There were a reported 19 entries in the Sidewalk Chalk Art Contest on the Main Street in Oklee.

Oklee Herald Summer Intern

Nikki Schmitz is the summer intern at the Oklee Herald. Past interns include Katie Amiot, and Rachel Roue.

Nikki is the intern through the Pohlad Family Foundation Youth Employment Program. Carl Pohad owner of the Minnesota Twins started the program for junior and senior students. The program was started eleven years ago and is designed to help support newspapers that hire high school age interns over the summer.

Nikki is the daughter of Nancy and the late Jake Schmitz. She has one brother, Cory. He just graduated from RLCC and is going to school at Northland in Thief River Falls for Welding.

Nikki is a student of Red Lake County Central High School going into eleventh grade. Activities that she participates in school are Volleyball, Basketball, and



Since June, Nikki Schmitz has been working at the Herald office.

JO Volleyball. She likes to go hunting, snowmobiling, and hanging out with friends and family. Nikki is from the Plummer area.

During the next two years

of high school, Nikki plans on taking online courses for college credit. It's a great program that the school offers to help the families save money and time.

IRS Scams reported in area

The Red Lake County Sheriff's Office has been receiving a large number of reports from citizens claiming to have received calls from the IRS telling them they are behind on their tax payments and they are directed to call another phone number to get this matter resolved. The Red Lake County Sheriff's Office wants the citizens of Red Lake County to know that this is a SCAM.

These scam calls tell citizens they could face criminal prosecution if the debt is not settled immediately. This is

false because a person cannot be criminally prosecuted for non-payment of debt.

The call is typically a pre-recorded message and they ask the citizen to respond by calling another telephone number that is given to them. If you contact that number, a person will answer and attempt to obtain credit card or bank account information from you.

If a person truly owes money to the IRS, they would not be directed to settle an account payment over the phone. Any official debt collection paper

work is personally served to a citizen by the Sheriff's Office.

These SCAM calls have been originating from various locations across the U.S. and Canada. There is nothing the Sheriff's Department can do to stop these calls, but they want you to know this is a SCAM and you should not engage in conversation with these people. If you ignore the calls or immediately hang up on the caller, they will eventually stop and move on.

Submitted by the Red Lake County Sheriff, Mitch Bernstein.

FSA Employees Reach Milestone

Red Lake Falls, MN, August 09, 2015. Two familiar faces with the Farm Service Agency office in Red Lake Falls have recently reached 30 years of USDA-FSA service.

Janet Hagl, Program Technician in charge of Production Adjustment (Farm Programs), Farm Records, Sod/ Swamp and Administrative programs began her career in 1985 when the office was located in downtown Red Lake Falls. The FSA staff estimates that in 30 years Janet has prepared over 100,000 USDA farm-program enrollment documents for producers and has worked in just about every program area. During her career Janet has had the pleasure of working with thousands of farmers and seeing the many changes over the years.

Mike Philipp also began in 1985, as a field reporter at the Pennington County office, then



Mike Philipp and Janet Hagl - both have served 30 years with the USDA-FSA service.

moving around the state for a few years before assuming the CED position in Red Lake Falls in 1989. He now continues to

provide shared management between Red Lake Falls and the East Polk County FSA in McIntosh.

7th District staffer JoAnn Zutz retires

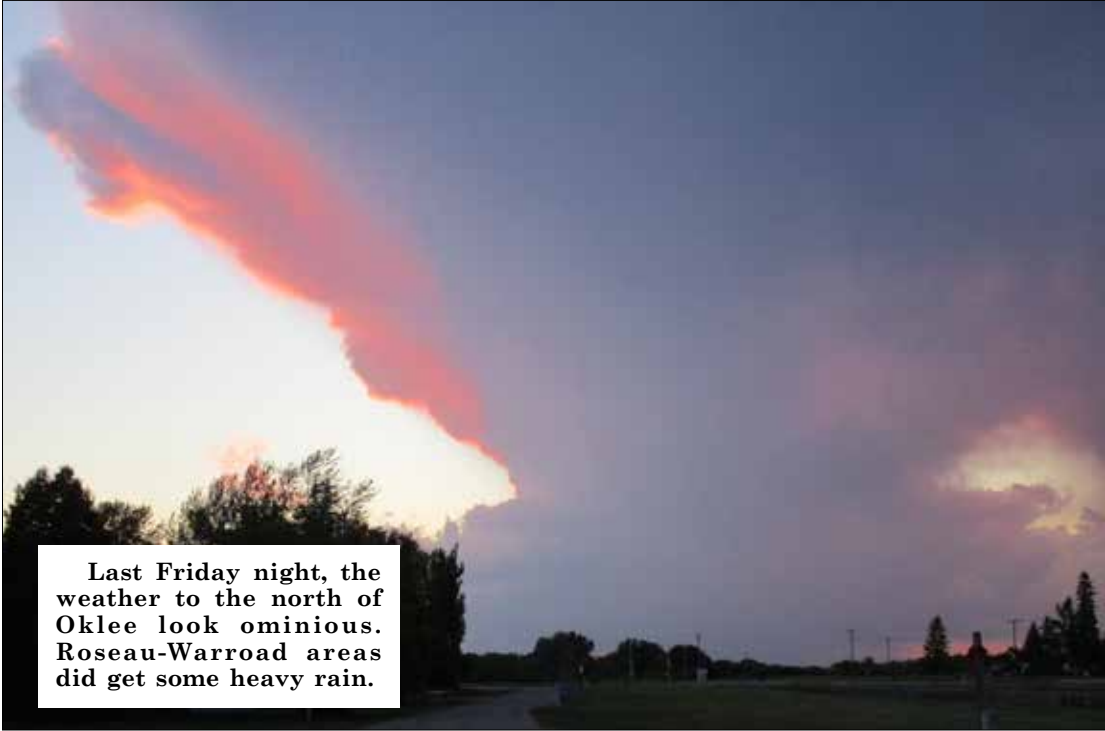


Top Row:
Maynard Pick,
Wally Sparby,
Tom Meium,
Cherie Slayton,
Meg Louwagie,
Sharon
Josephson, Bob
Ness, Allison
Myhre

Bottom Row:
Mary Bertram,
JoAnn Zutz,
Jodi Dey, Toni
Merdan

On Friday, former and current staff for the 7th District gathered near Fergus Falls to celebrate the retirement of JoAnn Zutz who worked in my Red Lake Falls office for 10 years. It was great to have everyone gathered together and we wish JoAnn well on her retirement.

Courtesy of Collin Peterson's 7th District Website: <http://collinpeterson.house.gov/rep-petersons-newsletter-872015>



Last Friday night, the weather to the north of Oklee look ominous. Roseau-Warroad areas did get some heavy rain.

Calendar of Events

Wed, Aug. 12:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Bridge.
Thu, Aug. 13:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 12:30 p.m. - Bingo.
Fri, Aug. 14:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Aug. 15:
-Support your local business - Shop Locally!
Sun, Aug. 16:
-Worship at the church of your choice.
Mon, Aug. 17:
-LSS Sr. Meals 11:30 a.m.
Tue, Aug. 18:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Cards.
-Senior Potluck 5:00 p.m. at Oklee Cafe.

Wed, Aug. 19:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Bridge.
Thu, Aug. 20:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 12:30 p.m. - Bingo.
Fri, Aug. 21:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Aug. 22:
-Support your local business - Shop Locally!
Sun, Aug. 23:
-Worship at the church of your choice.
Mon, Aug. 24:
-LSS Sr. Meals 11:30 a.m.
Tue, Aug. 25:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Cards
Wed, Aug. 26:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30

p.m. - Bridge.
Thu, Aug. 27:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 12:30 p.m. - Bingo.
Fri, Aug. 28:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, Aug. 29:
-Support your local business - Shop Locally!
Sun, Aug. 30:
-Worship at the church of your choice.
Mon, Aug. 31:
-LSS Sr. Meals 11:30 a.m.
Tue, Sept. 1:
-Senior Site Activity: 1:30 p.m. - Cards
-LSS Sr. Evening Meal 5:00 p.m.
Wed, Sept. 2:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Bridge.

Church news

OKLEE LUTHERAN PARISH
Zion and Salem
Pastor Margaret Jacobus
Thu, Aug. 13: 7:00 p.m. Salem Board Meeting
Sun, Aug. 16: 9:00 a.m. Worship at Zion. 10:30 a.m. Worship at Salem.

CLEARWATER LUTHERAN PARISH
Mt. Olive – Nazareth Oak Park – St. Petri
Pastor Jeff Merseeth
Sun, Aug. 16: Joint Installation Service, Oak Park at 4:30 p.m. Potluck supper after.

OKLEE-BROOKS CATHOLIC PARISH
St. Francis Xavier
St. Joseph's – Brooks
Sat, Aug. 15: 5 p.m. Mass at St. Joseph Brooks with 4:30 p.m. Reconciliation.
Sun, Aug. 16: 8 a.m. Mass at St. Francis Xavier Oklee with 7:30 a.m. Reconciliation. 10 a.m. Mass at St. Joseph Red Lake Falls with 11 a.m. Reconciliation.

IMMANUEL-EBENEZER LUTHERAN PARISH ELCA
Pastor Jonathan Dodson
Sun, Aug. 16: 9:00 a.m. Worship at Immanuel. 10:30 a.m. Worship at Ebenezer.

Johnson Funeral Service, Inc.

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Red Lake Falls • 218-293-2128
Oklee • 218-796-5177



Funeral Pre-planning
Monuments
www.johnsonfuneralservice.com

Oklee Senior Site Dining

August 17 - 21
Call 796-5666 to order a meal.

If you are over the age of 60 and would like to eat with other seniors at the Senior Site, please call the Café at 796-5666 to reserve your meal. A \$4.00 per meal donation is suggested.

Monday: Pancake, sausage patty, 1 egg, dessert and milk.

Tuesday: Cold ham & cheese sandwich, potato soup, dessert and milk.

Wednesday: Meatball boiled potatoes, gravy, vegetable, dessert and milk.

Thursday: Taco on fried bread with all the trimmings, dessert and milk.

Friday: Birthday meal: Spaghetti w/meat sauce, vegetables, garlic toast, dessert and milk.

GOODRIDGE AREA LUTHERAN PARISH ELCA
Bethany-Ekelund-Faith
Robert W. Dahlen, Pastor
Sun, Aug. 16: 8:30 a.m. Faith. 9:45 a.m. Bethany. 11:00 a.m. Ekelund. VBS 6:00 p.m. to 8:00 p.m. at Faith.
Mon, Aug. 17: VBS at 6:00 p.m. to 8:00 p.m. at Faith.
Tue, Aug. 18: VBS at 6:00 p.m. to 8:00 p.m. at Faith.
Wed, Aug. 19: Mid-week services 7:30 p.m. at Faith. VBS at 6:00 p.m. to 8:00 p.m. at Faith.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
Wed, Aug. 12: 6:30 p.m. Youth Group.
Thu, Aug. 13: 12:00 p.m. Rotary meeting.
Sun, Aug. 16: 10:30 a.m. Worship and Picnic at Lengby Lake.
Tue, Aug. 18: 9:30 a.m. Ladies Bible Study. 10:30 a.m. Quilting

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Sun, Aug. 16: 9:00 a.m. Lund. 10:30 a.m. Bethany.
Tue, Aug. 18: Sand Valley WELCA at 2:00 p.m.

BETHEL ASSEMBLY Fosston
Jon Marx, Lead Pastor
Seth Johnson, Assist. Pastor
Sun, Aug. 16: 10:00 a.m. Worship

OHS needs pop cans!

The Oklee Historical Society (OHS) is still raising funds by collecting aluminum cans. Please bring them to the recycling bin set up near the ice skating rink and fair buildings in Oklee. The money raised will be used for supplies needed to build displays not only on the main floor of City Hall, but to expand the museum area to the upstairs so that full room displays can be set up. New flooring is needed to begin the transformation of a museum area upstairs.

Remember, 10 percent off all money raised by the Historical Society is being set aside in the hopes of raising enough funds for an elevator to be installed in the building so that everyone will have access to the museum on the second floor.

Your continued support in the aluminum can drive is greatly appreciated. Please continue to support Oklee's effort to display historical items.

Red Lake Falls Library News

The library is open on Monday from 10:00 am until 5:00 pm, Wednesday from Noon until 8:00 pm, Friday from 10:00 am until 5:00 pm, and Saturdays from 10:00 a.m. to 3:00 p.m. On-line patrons are reminded that they can visit www.nwrlib.org/rlf.htm to browse, request and renew materials from home.

Young readers that are also animal/pet lovers have a new series to enjoy: Anna Wilson writes about the antics of mostly dogs, but other critters too in "The Poodle Problem," "Pup Idol," "Puppy Power," "The Smug Pug," "The Dotty

Dalmation," and "Monkey Business." New to RLF dvd collection for kids include "The Brave Little Toaster," "Thomas and the Magic Railroad," "The Adventures of Elmo in Grouchland," "Underwater Adventures," "A Trip to the San Diego Zoo," and "Mozart and Friends."

New adult dvds: "Bravetown," "Clouds of Sils Maria," "Girl on a Bicycle," "Grantchester," and in nonfiction, "Caring for Mom & Dad," a PBS production on facing the everyday challenges of being a working caregiver.

Memorial Service for Clark Merkel

A Memorial Service for Clark Merkel, husband of Deone Haugen Merkel will be held at 2:00 p.m. at Ebenezer Lutheran Church, rural Oklee on August 17th.

Tri-Valley Public Transportation

To reserve a seat, please call by 3:00 p.m. the day before - 1-800-951-9363. All routes will arrive approximately between 10 and 11 a.m. at the destination. All routes need at least five persons signed up.

Thur, Aug. 13: Fargo/ Moorhead – Thief River Falls, St. Hilaire.

Mon, Aug. 17: Fargo/ Moorhead – Crookston, Bejou, Mahnommen, Ada.

Tue, Aug. 18: Crookston/ Grand Forks – Crookston, Fisher, Beltrami.

Wed, Aug. 19: Fargo- Moorhead – Crookston, Fisher.

Legal Notice

STATE OF MINNESOTA
COUNTY OF RED LAKE
IN DISTRICT COURT
NINTH JUDICIAL DISTRICT
Probate Division
File No: _____

ORDER AND NOTICE OF HEARING ON PETITION FOR PROBATE OF WILL AND APPOINTMENT OF PERSONAL REPRESENTATIVE IN SUPERVISED ADMINISTRATION AND NOTICE TO CREDITORS.

IN RE: THE ESTATE OF
Marian Marquis

TO ALL INTERESTED PERSONS AND CREDITORS:

It is ordered and Notice is hereby given that on the 24th day of August, 2015 at 9:30 A.M. a hearing will be held in the above named Court at Red Lake Falls, Minnesota, for the formal probate of an instrument purporting to be the Last Will and Testament of the above named decedent, dated April 9, 2001 and for the appointment of Kaye Munt, P.O. Box 184, Oklee, MN 56742 as Personal Representative of the estate of the above named decedent in a supervised administration, and that any objections thereto must be filed with the Court. That, if proper, and no objections are filed, said personal representative will be appointed to administer the estate, to collect all assets, pay all legal debts, claims, taxes and expenses, and sell real and personal property, and do all necessary acts for the estate. Upon completion of the administration, the representative shall file a final account for the allowance and shall distribute the estate to the persons thereunto entitled as ordered by the Court, and close the estate.

Notice is further given that ALL CREDITORS having claims against said estate are required to present the same to said personal representative or to the Court Administrator within four months after the date of this notice or said claims will be barred.

DATED: July 28, 2015

Tamara L. Yon
Judge

/s/ Sherry Largis
Deputy Court Administrator

William D. Muldoon
Attorney at Law
P.O. Box 327
Red Lake Falls, MN 56750
MN ATTY LIC # 7603X 019-20C



Sadly, the home of Joyce Tougas was damaged beyond repair after a kitchen fire spread soot throughout the home. On August 4th, the house was demolished and Oklee now has one more open lot without a home.



Thanks to all those that called, wrote or visited me at Altru Hospital. It has been a long, hard struggle but I am on the mend.

I can't wait to return to Oklee to be with my relatives and friends. It won't be long, now!

Thank you again.
Carol Haugen 020C

LSS Caregivers Group meets August 13th

The Thief River Falls Caregiver Group will meet on Thursday, August 13th at 10:00 a.m. at the Heritage Senior Center located at 301 E. 4th St, TRF, MN.

The group provides education and support for caregivers and opportunities to share with other caregivers in a confidential setting. There is no charge. If you have questions or concerns, please contact Brandi Halland, Program Coordinator, Lutheran Social Services Caregiver Respite Program at 218-280-3773 or email: brandi.halland@lssmn.org.

Sponsored by Lutheran Social Service-Caregiver & Respite and AmeriCorps Programs. Funded by Land of the Dancing Sky AAA.

Oklee Senior Site needs you

The Oklee Senior Site is looking for persons interested in participating in the Senior Site. Volunteers are needed for working the desk from 10 a.m. to 1 p.m. one day a week, volunteers to deliver meals to people on the Meals on Wheels program.

Oklee Area Veterans' Memorial Update

The Minnesota flag is temporarily gone from the Oklee Veterans' Memorial site. The flag was frayed on the edges and it was brought to Oklee Quilting where Toni Johnson will make repairs on it. It will flying again soon. A new flag has been ordered and donations to the Veterans' Memorial helps with replacement of flags among other projects.

The Oklee Garden Club has been taking care of the petunias around the Memorial as well as the flowers around the community. The lawn has been maintained by Vincent Dessellier.

Donations to the Oklee Area Veterans' Memorial may be sent to Security State Bank, Oklee, MN 56742, Attn: Lori Melby. Questions may be directed to Mary Lynn Bachand at bachand@gvtel.com.

ATTENTION

RED LAKE COUNTY SMALL BUSINESS AND POTENTIAL STARTUP ENTERPRISES

The Red Lake County Economic Development Corporation can help you start your own business or expand an existing one. We are here to assist with a five (5) year loan for an amount up to \$15,000 at 2% APR. The business must be located in Red Lake County.

For more information, contact the Red Lake County Economic Development home office at 1-218-253-2897.

Or call David Ste. Marie, Red Lake Falls, 218-698-4279; Mike Spurgin, Red Lake Falls, 218-465-4648 or Leo Olson, Oklee, 218-796-5656.

043-43C (2x/mo.)

Who's Dat?

Who's Dat

This week's photo is of a fellow who lived in Oklee for a number of years.

Last week's photo is Jimmy Dulka and Nathan Lambert.



August 12-19 National Day Calendar

August 12 National Vinyl Record Day. First non-profit organization dedicated to the Preservation of cultural influence, celebrating the fondest music with family and friends, promoting the future of Vinyl. August 12th is the day Edison invented the phonograph in 1877. It's a day about enjoying the music on Vinyl with family and friends.

August 13 National Filet Mignon Day. Filet mignon is French for "cute fillet" or "dainty fillet".

August 14 National V-J Day (Victory of Japan Day) The official announcement of Japan's surrender to the Allies during World War II was made at this time in 1945.

The formal signing of the Japanese Instrument of Surrender took place on board of the battleship USS Missouri in Tokyo Bay. At that time President Truman declared September 2 to be the official V-J Day however, over the years, many citizens of the United States have celebrated August 14 as the official V-J date.

August 15 National Lemon Meringue Pie Day. Meringue was perfected in the 17th century and lemon meringue

pie, as we know it today, was perfected in the 19th century.

August 16 National Tell a Joke Day. A joke is something spoken, written, or done with humorous intention. Jokes may have many different forms, e.g., a single word or a gesture, a question-answer, or a whole short story. To achieve their end, jokes may employ irony, sarcasm, word play and other devices. Jokes may have a punch line, i.e. an ending to make it humorous. Jokes are typically for the entertainment of friends and onlookers. The desired response is generally laughter

August 17 National Thrift Shop Day
A thrift shop is a retail establishment typically run by a charitable organization to raise money to be used in accord with the organization's stated charitable purpose. Saving money is on the minds of everyone these days and shopping at thrift stores is becoming more and more popular.

August 18 National Ice Cream Pie Day
A food holiday that honors a refreshing frozen desert that comes in many delicious flavors. There are so many different kinds of pie, so go out and eat as much as you want because it Ice Cream Pie Day!

August 19 National Aviation Day
In 1939 President Franklin Roosevelt proclaimed August 19 to be National Aviation Day. The day coincides with the birthday of Orville Wright, who piloted the Wright Flyer. He and his brother Wilbur are given credit for building the world's first successful airplane with aircraft controls that enabled them to steer the plane.

(U.S. 407-240)

Oklee Herald

Corner 2nd Ave. & Main
218-796-5181
ESTABLISHED IN 1914
Published by Richards Publishing Co.
Bonny Cote,
Editor & Office Manager
okleeherald@gmail.com

\$25 subscription in
Local Trade Area
\$30 subscription
Out of Trade Area
MEMBER MNA & NNA
PUBLICATION NUMBER 407240

**Winner of National Editorial Ass'n. first prize for Best News Story, 1959.

**Winner of Honorable Mention for General Excellence, Minnesota Newspaper Ass'n., 1962.

**Winner 1st place Typography Excellence, Minnesota Newspaper Association, 1971.

**Winner 1st place Best Feature Story, Minnesota Newspaper Association, 1981.

**Winner 1st place Best Single News or Feature Story, Minnesota Medical Association, 1992.

"The Oklee Herald" is published weekly by Richards Publishing Co., Inc., Box 159, Gonvick, MN 56644-0159. Periodical postage paid at Oklee, MN 56742-0009.

POSTMASTER: Send address changes to: Oklee Herald, PO Box 9, Oklee, MN 56742-0009.

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020C

Centennial Recipe Corner

Mocha Frappuccino Donna (Jensen) Larson

3/4 cup double strength coffee (approx 2 Tbsp coffee grounds per cup of coffee) -- chilled or at room temperature
1 cup milk
1/3 cup Hershey's chocolate syrup
3 Tbsp granulated sugar
2 cups ice (partially crushed is best, unless you have a very strong blender)
whipped cream garnish (opt)

Method

Combine first 4 ingredients in blender and blend for about 15-20 seconds to dissolve sugar. Add ice and blend a little more or until ice is crushed. Pour into two 16-oz glasses. Garnish with whipped cream and drizzle with a little more chocolate syrup.

OPTIONAL:

Mocha Coconut Frappuccino
• Preheat oven to 300 degrees F.
• Spread 1/2 cup shredded coconut on baking sheet and toast coconut in the oven, stirring every couple of minutes or so for even browning.
• Remove from oven when light brown; cool.
When making Frappuccino:
• Add 1/3 cup toasted coconut to beginning ingredients in blender and make as per directions.
• Use remaining toasted coconut to garnish the beverages, along with whipped cream and chocolate drizzle.
• You could also try coconut milk with this instead of the toasted coconut.



MUSTANG STAMPEDE

Rebels competed at Fergus Falls tournament

The Red Lake County boys' basketball team headed out to a tournament in Fergus Falls on Tuesday July 21 and the results were very rewarding.

In the first game of the day, the Rebels were matched up with perennial class AA power Pelican Rapids. The RLC boys played their best game of the summer and beat the Pelican Rapids team by the score of 51-33.

In the semifinal game of the tournament, Pine River-Backus another AA team, was the opponent after Pine River-Backus had beaten a very strong Fergus Falls Hillcrest team. The Rebels defense was amazing in the first half and some good ball movement and awesome shooting put the RLC team up 27-11 at halftime. PR-B, one of the favorites in AA to make it to the state tournament from their section

next winter, made a furious comeback in the second half and cut the Rebels lead to 2 points midway through the second half. But the Rebels responded to the momentum change and went on a run of their own, building up a 10 point lead and holding on for an impressive 51-44 win over Pine River-Backus.

That win put the RLC Rebels in the championship game against one of the top teams in North Dakota, the Central Cass Squirrels from Casselton. With some excellent effort and good basketball, the Rebels were down 25-24 at halftime. In the second half the 10 player rotation of Central Cass wore out the limited roster of the Rebels who were playing with only 2 subs for the 3 games in a 6 hour period. RLC continued to play hard the entire game



Players in the Fergus Falls tournament were - Back row (l to r): Austin Waliser, Marcus Christiansen, Drake Engelstad, and Wyatt Waldal. Front row (l to r): Justin Nemec, Austin May, and Will Duden.

and were down 3 with a couple of minutes to go in the game. The Squirrels made their free throws when they had to, and won the championship 51-44 over the Rebels. The second place finish was very good in a tournament that involved 8 very good teams including: Pelican Rapids, the Rebels, Fergus Falls Hillcrest, Pine River-Backus, Hawley, Fosston, Waubun, and Central Cass.

The Rebels summer will end on Wednesday July 29th with a scrimmage in RLF at 6:30 against the alumni and Win-E-Mac. The Rebel players

improved drastically over the summer as they competed in 5 tournaments including, Grand Forks, Moorhead, Fosston, Alexandria, and Fergus Falls as well as numerous games against the alumni on Sunday and Wednesday nights. Some of the players said they had a lot of fun playing and asked for more tournaments! With the improvement and participation by some of the team members this summer, it looks like next winter could be a very fun and competitive season for the Red Lake County Rebels basketball team.

Health Points

August is National Breastfeeding Awareness Month Each year the World Alliance for Breastfeeding Action (WABA) celebrates World Breastfeeding Week (WBW) from August 1-7. WABA is pleased to announce that the slogan for 2015 is:

Breastfeeding And Work: Let's Make It Work!

The WBW 2015 theme aims to empower and support ALL women, working in both the formal and informal sectors, to adequately combine work with child-rearing, particularly breastfeeding.

Who Benefits from Maternity Protection at Work?

Everyone benefits from measures protecting maternity at the workplace!

- Mothers and babies are healthier, happier, more rested, and less stressed. Improved long and short term health.

- The entire family benefits from the protection a woman receives in job security, cash and medical benefits, and peace of mind to be with her newborn and to recuperate.

- Fathers and partners benefit from being equal partners in parenting, and sharing parental and paternity leaves.

- Babies are sick less often, so both families and nations save on health care costs, with lower morbidity and mortality rates.

- Employers benefit from having a more contented and productive workforce due to less employee absenteeism, increased loyalty and less staff turnover. "Lactation programs have been found to produce a 3 to 1 Return on Investment!"

Source: www.worldbreastfeedingweek.org/

Breast milk is better than any udder milk!

~Author Unknown

Incredible Facts About Babies, Breast Milk, and Breastfeeding:

- *Your baby can see you up close and personal. Babies are born extremely nearsighted, which means they can only see things about 8 to 15 inches

away. That also happens to be the distance between your face and your baby's face when breastfeeding.

- *Breastfeeding exposes your baby to many different tastes. Through your breast milk, your baby eventually gets a slight taste of whatever you eat. This will later make introducing solid foods easier.

Source: www.womenshealth.gov/itsonlynatural

A New Study shows - -

Prolonged breastfeeding is associated with higher intelligence in adulthood, longer schooling, and higher adult income, published March 17 and in the April issue of Lancet Global Health. "Our study provides the first evidence that prolonged breastfeeding not only increases intelligence until at least the age of 30 years but also has an impact both at an individual and societal level by improving educational attainment and earning ability," said coauthor Bernardo Lessa Horta, PhD, from the Federal University of Pelotas, Pelotas, Brazil, in a journal news release.

Parenting Tips

August is National Immunization Awareness Month- A Healthy Start Begins with On-time Vaccinations

Vaccines give parents the safe, proven power to protect their children from 14 serious diseases before they turn 2 years old.

- Vaccinating your children according to the recommended schedule is one of the best ways you can protect them from 14 harmful and potentially deadly disease like measles and whooping cough (pertussis) before their second birthday.

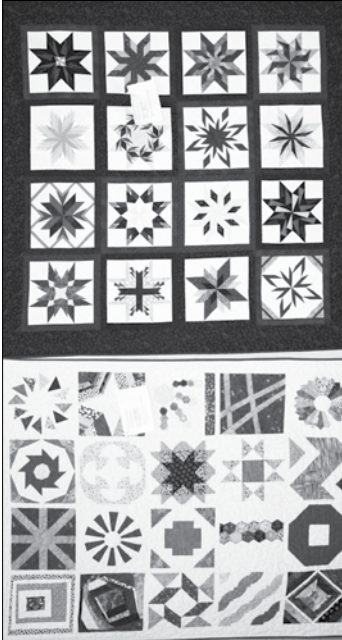
- Children who don't receive recommended vaccines are at risk of 1) getting the disease or illness, and 2) having a severe case of the disease or illness. You can't predict or know in advance if an unvaccinated child will get a vaccine-preventable disease, nor can you predict or know how severe the illness will be or become.

- Vaccines don't just protect your child. Immunization is a shared responsibility. Families, health care professionals and public health officials must work together to help protect the entire community - especially babies who are too young to be vaccinated themselves.

Source: The National Immunization Awareness Month Communication Toolkit was developed by NPHIC, in collaboration with CDC.



Dave and Sherri Olson of Oklee gave their good efforts on the Back Seat Driver's Contest.



Watch for more Oklee Market Day photos next week and in the Canary.

Statepoint Crossword Theme: World Geography

ACROSS

- *City on Seine
- Sun Tzu's "The ____ of War"
- Sign of a saint
- Rome's Colosseum, e.g.
- African migrator
- Analyze
- Religious devotion
- Pillbox or tricorn, e.g.
- Trojan War military action
- *It has largest number of independent nations
- *World's largest Non-Polar desert
- Beate bride
- Clinton or Gates
- ____ along to a song
- Movie " ____ Girl"
- Fish food unit
- *Four Corners state
- Captain ____
- Wasted on the young?
- Former Attorney General of the U.S.
- Streamlined
- Cowboy's prod
- Circular gasket
- "Happily ____ after"
- Left or right
- Ni
- Carrie Underwood, e.g.
- Clinton ____ Rodham
- Cry out loud
- As opposed to yeses
- *Largest country
- *Deepest lake
- Infamous biker
- *Dead or Black, e.g.
- Implied by actions
- Passion
- Emergency Medical Services
- Former anesthetic
- Feline noise
- French street
- High-pitched

DOWN

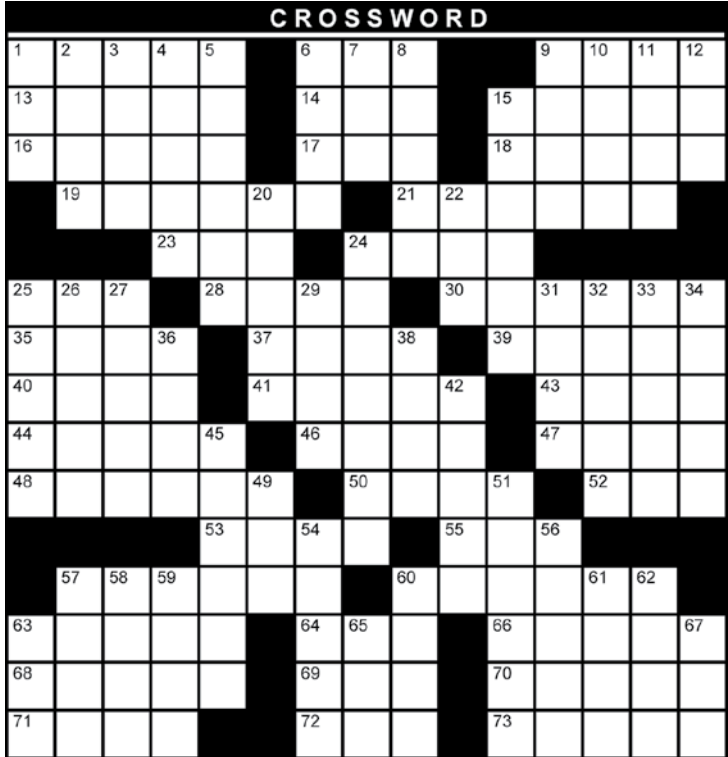
- OB-GYN test
- "Summertime" or "Porgy and Bess," e.g.
- *Australia is famous for it
- Preface
- "Haste makes waste," e.g.
- Turkish honorific
- Biochemistry abbr.
- Hutu's opponents, 1994

- *Largest continent
- One who takes drugs
- Indian music
- Reply to #37 Across
- Olsen twin
- "Too many ____ in the kitchen"
- One of The Alps
- Harass
- *Second-largest Great Lake
- Embryo cradles
- Bouncing off the walls
- *World's longest river
- Red ink in finance
- Harry Potter's professor
- Remus ____
- Short composition for solo instrument
- *Number of capitals in South Africa
- Goose cry
- Owner's acquisition
- Swedish money
- *Old Faithful, e.g.
- Floral necklace
- Hang around
- Used in some surgery procedures
- Type of edible ray
- Of low density
- Backward arrow on keyboard
- Flat-bottomed boat
- 1st, 2nd or 3rd in baseball, e.g.
- Advil target
- German song
- Rapid escape
- 2nd largest bird in the world
- Give it a go

Solution

Back To School

A	T	S	E	A	S	A	C	B	A	B	A
P	E	A	L	S	I	R	E	A	L	L	O
T	E	N	E	T	T	E	L	T	U	M	O
D	E	G	R	E	E	L	I	B	R	A	R
Y	A	K	R	O	V	E					
C	R	T	L	I	C	E	S	P	I	A	L
H	A	R	P	N	O	V	A	T	I	T	L
A	D	A	R	G	L	O	B	E	S	A	G
L	I	P	I	D	A	K	I	N	A	L	A
K	I	S	M	E	T	E	T	N	A	Y	E
W	O	O	D	U	S	A					
T	U	I	T	I	O	N	L	I	S	T	E
S	N	O	R	E	I	C	Y	E	B	O	O
A	C	T	O	R	C	A	R	R	A	N	G
R	O	A	D	E	W	E	T	Y	S	O	N



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Oklee Herald Early Files

Seventy Years Ago August 9, 1945

Pfc. Patrick E. Walker arrived here last Thursday to spend a month's furlough with his mother.

Miss Irene Falardeau and Norman Martinson were married on Saturday at the post chapel in MO.

Daniel H. Fortier, seaman first class, arrived here to spend a month's furlough with his parents. He has been serving with the Pacific Fleet in the Okinawa area.

A group of men left from Red Lake Falls to set out for Fort Snelling.

Lloyd Walhaug was promoted from first class to corporal.

T-5 Jerome Bernier wrote from Straubing, Germany, that he was transferred to France where he will serve as an interpreter.

Sixty Years Ago August 11, 1955

Three members of a Plummer family are recovering in Northwestern hospital from injuries received when an explosion demolished their home.

Bill's Army Surplus Store in Oklee reopened this week after being closed temporarily and will be operated by Mrs. Mabel Sovick.

Three youths have confessed to police the armed holdup of the LePier Oil Station at Fosston.

Foundation work on a new 24x64 office and display room was started by the Oklee Lumber Yard.

Fifty Years Ago August 5, 1965

Lynn Stenberg and Virginia Stenberg were chosen as 4-H dress revue queens at the Red Lake County Fair.

Open house will be held on Sunday at the home of Mr. and Mrs. Frank Votava in honor of the 40th wedding anniversary.

Wendy Ann Hanson celebrated her first birthday with guests.

Mrs. Johanna Handy will celebrate her 100th birthday Sunday with an open house at the Sand Valley Church.

Mr. and Mrs. Leander Berberich celebrated their 25th wedding anniversary at St. Joseph's Catholic Church in Brooks.

Forty Years Ago August 21, 1975

Summer ends for local students on August 29th.

On Sunday the Plummer Jaycees met the Plummer Babe Ruth team in a challenge match at the Plummer ballpark. The Babe Ruth team wins with a score of 30 to 1.

David Westerlund, Red Lake County Sherri's Deputy, injured in a freak gun accident earlier that summer and was back on the job September 1st.

Four youngsters have been busy building a tree house near St. Francis Xavier Church, Jean Lindquist, Mark Lindquist, Greg Sebenaler, and John Lindquist.

Thirty Years Ago August 7, 1985

Otto Bakken and Cecelia Majeres have been honored by being chosen Red Lake

County's Outstanding Senior Citizens of 1985.

The Oklee Old Tymers entertained during the Senior Citizen day at the Red Lake County Fair.

Local youth participate in wrestling camp with Craig Brandi and David Gerardy attending form the Oklee-Plummer area.

The Oklee Blood drive was well supported and reports a good turnout for the recent blood drive. 74 people volunteered to donate their blood.

Twenty Years Ago August 16, 1995

Todd and Heather Nelson are the proud parents of a baby boy born August 9th.

Cynthia Raiter of the Garnes Go Getters 4-H Club received a Grand Champion Ribbon for her Forest Resources project.

Jochen von Buschmann, former exchange student in 1986, returns to visit American Host family, Mark Vetteson.

The annual Blast to Brooks is slated to September 9th.

Ten Years Ago August 11, 2005

The 2nd annual "Hoop It Up" basketball camp was held August 1-4th at the RLCC Oklee gym.

Molly Hagen was chosen to represent Plummer at the state for choir.

Deputy Jim Rystad has submitted his resignation to the Sheriff after working for the county for 28 ½ years.

Walter J. Novak turned 94 on August 7th.

Regional Ag News

Jim Stordahl, Extension Educator

Preventing Bloat in Livestock

The growing conditions this summer have provided many livestock producers with lush pastures. In many cases, alfalfa and clover regrowth has been unusually abundant following initial grazing or hay harvest. This is a special concern when hay regrowth is grazed because of the possibility of bloat.

Pasture bloat is primarily a problem of cattle that graze pastures where legumes make up greater than 50% of the total forage. Legumes with the highest likelihood to cause bloat include white clover and alfalfa while red clover is moderately likely to cause bloat. Legumes that don't cause bloat are birdsfoot trefoil, kura clover and crownvetch.

Bloat is treatable if caught it time, but since it is often discovered too late, prevention is the key. Here are nine tips for preventing bloat.

Offer poloxalene to cattle for at least three days before they're turned out on pasture that has a potential to cause bloat. It's best to use poloxalene in a daily feed to ensure uniform intake, but availability is a problem. That's why molasses/salt-based blocks (Bloat-guard®) are the most commonly used form of the preventive product. When

using these blocks, remove all other sources of salt and mineral to ensure that the poloxalene-containing blocks are consumed.

Fill cattle with dry hay before turnout onto legume pasture.

Turn cattle out after midday when pasture is dry (no dew or excess moisture).

Turn cattle out and leave them. Don't pull them in and out daily. Otherwise, cattle will "learn" that they will be moved to the legume pasture and may wait to eat until moved. While the popular perception is that the ideal way to introduce cattle to high-legume pasture is to turn them out for an increasing amount of time each day, research doesn't support the practice.

Continue using poloxalene while grazing legumes, and locate the product near water for increased intake.

Inter-seed pure legume pastures with an appropriate grass to dilute the legume's bloat-causing effect. Add legumes that don't cause bloat or are less likely to cause bloat to pastures.

Don't clip a grass-legume pasture and then immediately turn cattle out onto it. This is

especially true with a pasture high in white clover; once the taller grass is removed, the short, highly palatable white clover, which has a high potential to cause bloat, can then be easily grazed by cattle.

Observe cattle frequently the first few days on new legume pasture.

Some cattle have increased susceptibility to pasture bloat and these animals are candidates for culling. Eliminate their genetics from the herd.

Pasture bloat is a mostly preventable problem of grazing cattle. If you follow these recommendations, the chance of having an animal bloat is greatly reduced, but there's still a possibility you could see a case.

As most seasoned cattle producers know, frothy bloat is a true emergency; having an "emergency kit" on hand could well pay dividends. Talk to your veterinarian to see if it would be wise to have a few supplies on hand, and be sure to get proper training on their use to give you the best chance of dealing with bloat in pasture cattle.

For more information, contact me at 800-450-2465 stordahl@umn.edu. Source: Penn State Extension

Red Lake County Extension Educator

Curtis W. Nyegaard - 218-253-2895

Soybean Downy Mildew

Sam Markell, NDSU Extension Plant Pathologist says he has recently received dozens of calls about this disease in the last couple of weeks. This disease is often seen in soybeans, but generally occurs at very low levels and rarely causes economic loss. However, wet weather and temperatures have been favorable for disease development and more downy mildew than normal is showing up.

Cause-Soybean downy mildew is not caused by a fungal organism, but rather an oomycete pathogen, Peronospora Manscuria. This is very important for management because the pathogen is the same group of pathogens that cause sunflower downy mildew, Phytophthora root rot of soybean and late blight of potato. Like those other pathogens, soybean downy mildew has swimming spores and needs lots of humidity/water to cause problems.

Symptoms-Downy mildew initially shows up as small, pale yellow spots on the upper leaf surface. As the lesions develop they become light gray or brown and sometimes have a yellow margin. These are easily confused with other leaf spots, especially Bacterial blight and Septoria brown spot. The key to distinguishing downy mildew is the formation of gray fungal like tufts that develop on the underside of the leaves, directly opposite the lesion on the topside of the leaf.

Disease Development-

The downy mildew pathogen survives as thick walled spores which can occur on soybean debris or on seed. Once infection begins, which likely started very early this year, spores are produced on the underside of leaves and will blow from plant to plant and from field to field. Wind driven rain will facilitate dispersal and infection. High humidity, heavy dews and temperatures from approximately 50 degrees F to 80 degrees are favorable to disease development.

Yield Loss-Downy mildew is considered a minor disease and few instances of yield loss are documented; however, yield losses of up to about 15% have been reported in rare cases. Similarly, some seed quality issues have been reported; the pathogen can cause seeds to have a slightly dull white appearance (in rare cases). Unfortunately, the level at which yield and quality loss occurs is very poorly documented.

Fungicides-Other crops where downy mildew pathogens are a problem (hops, grapes, cucumbers, lettuce, etc.), the disease can be managed with fungicides. However, the fungicides used to target oomycete pathogens are not generally available for soybeans; such as Forum, Reason, and Presidio. Growers who have experience with potatoes may recognize them for late blight management, and will know that these are relatively specialized products

and are often applied in a fungicide program of multiple applications.

The fungicides available in soybeans generally target the fungal pathogens which will not have good control on soybean downy mildew. The class of fungicides which may have good control are the strobilins (such as Approach, Headline, Quadris, etc); unfortunately have very little data for soybeans and downy mildew for soybeans is not listed on the label for all strobilins. The lack of the soybean downy mildew control listed on some fungicide labels may be a result of the rarity of the disease.

Prognosis-The development of the disease will largely depend on climate. If the humidity drops, the downy mildew pathogen will suffer and future disease spread will likely be reduced to a dull roar. If the humidity stays high and rainfall is consistent, downy mildew will likely continue to develop. Even in this situation though, history would suggest that yield loss will not occur or it will be quite limited. However, there are some fields where severity in the mid-canopy is fairly high and if the disease spreads to the upper canopy with the same severity, yield loss may occur. For more information or to answer questions, contact Sam Markell, NDSU Extension Plant Pathologist by e mailing him at samuel.markell@ndsu.edu.

Source: Sam Markell, NDSU Extension Plant Pathologist.

Plummer News

By Alice Jobe 218-465-4402

The Red Hats went the previous Friday to Lake View in Mentor for dinner. Anna DeHate, Wilma Arlt and Connie Hughes were guests, Wilma won a drawing for three small picture frames.

There was a Skreland family reunion at the Park on Saturday. Anne Traxler's sibling and extended family came. As well as Bob Traxler, Brielle and Brody, Billy Traxler, and Nancy and Al Olson.

Jean Carpenter had Corey and Barbary Carpenter visit over the weekend. Joan and Gary came Wednesday for her brother's funeral.

Linda and Neal Mattison, Chris and Carol came Friday

to Loretta Hesse's. Also Donnie and Jackie Hesse of Elk River and Brian and Kari Hamilton, Kindred and Kilie also visited. They left later for fishing on Lake of the Woods.

Eric Eskeli, Gina and daughter of Plainfield, Illinois and Lonnie and Julie Eskeli of Newport News, Virginia visited Melvin Hesse and other Eskeli family while here.

Mike and Jenny Keane attended the Sturgis Bike Rally at Sturgis, SD. It is the 75th anniversary this year.

I heard on the news that 3 million gallons of beer is consumed during the bike rally each year. That is for all week. Still a huge amount.

Senior Site News and Other Things

By Volunteer Iona Berry

We had a beautiful weekend. Weather was great for "Market Day". I visited with many people I hadn't seen for awhile.

On Sunday at the Café, I enjoyed visiting with Elaine Radniecki and her cousin from Norway. Her cousin informed me that she gets 6 weeks vacation each year since she is over 60 years old. She must take 4 weeks in the summer and 2 weeks in the winter. Sounds great doesn't it.

I also visited with Myrna Paquin (don't know her married name). She was visiting with Anne Hammer. We had lots of laughs over some of the things that occurred when they were back at school.

The summer will soon be

over, and school in session again. I have been doing some cleaning in my basement and have pint jars and some quarts to give away. If you can use them let me know. I also have other items to give away. I hope someone will be able to use them.

DATES TO REMEMBER

Aug. 18 - Pot Luck
20 - Site Council Meets
21 - Birthday Meal

WORDS OF WISDOM

When in a new gathering, be the first to introduce yourself.

Don't worry too much about a mistake Life usually gives us more than one chance to right a wrong.

JOKE TIME

Bill attended a party where he met an old acquaintance.

"Hello, Sam" he said. "How's your clothing business? I heard you lost a lot on that fall shipment of dresses."

"That's right, "Sam responded.

"And you almost went bankrupt."

"That's true too."

"But I understand you made a big profit on another shipment and wound up having a pretty good season after all."

"That's correct. Then I guess you heard all about it, Bill"

"Yeah," Bill answered, "but this is the first time I'm hearing the details

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

Nancy and Larry Pratt visited Heidi and Jess Determan Elizabeth, Emma and Mikalaya over the weekend. They got some good grand-parenting time in and some cuddling with the baby during their visit.

Jerome and Barb Novak had visitors from the north over the weekend. Nancy and Matt Ellenson, Ian, Phillip, Margaret and Daphne came to have some bonding time with Grandpa and Grandma. They arrived after Phillip ran his 5k walk run on Saturday morning. Then they went to the lake and visited with Ray and Reinette Walter and enjoyed the water sports there. They kayaked, water boarded, and swam the afternoon away in the glorious weather that we had. After supper they returned to the Novak home and played cards.

Inez and Harvey Riendeau went on Wednesday to Mentor St. Lawrence Church to Mass and the blessing of the bells that will be installed at the church at a future date. There was a lunch after the ceremony.

On Sunday in the afternoon there was a Mass at the Terrebonne St. Anthony cemetery which commemorated the annual gathering of old parishioners of the church there. There was a gathering of a small handful of people who came to remember their former parish. Visiting and greeting old friends followed the Mass.

Elaine Radniecki hosted a visit of her cousin form Norway Ingabord Austad. She is from Christiansen Norway. Another cousin from Ada Mr. And Mrs. Clayton Anderson and their son Mark also visited with Elaine and Ingabord. They left on Sunday and Ingabord will leave on Monday.

Happy Anniversary to Matt and Nancy Ellenson (Jerome and Barb Novak's daughter and son-in-law) on Monday the 10th. They are married 19 years. Happy Anniversary to you both, with many wishes for many years to come.

Happy Birthday also to Margaret Ellenson who will turn 7 years old on the 12th of August. She is anxious for this birthday because she will

get to play with her cousins at the Angle Inlet this week.

Good news from Sandra Gagner. Her surgery was successful and she is recovering very well. She can't jump over anything yet but she is much more pain free.

The weather is cooperating for combining season and some farmers are talking about a great crop this year. Some of the crops were layed down by the wind, so farmers are swathing their fields, and then

combining. It is interesting to see that being done, because taking the crop straight has been the way we have gotten used to doing harvest. But weather sometimes takes its toll and we have to revert to the old ways in some cases. It is good to see that the farmers are getting cooperative weather for harvest. Take care on the roads it is a busy time and we need to be aware of the slow trucks and equipment.

Have a good week.

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Bonny's Bits...

okleeherald@gmail.com

Whew! Market Day came and went so fast this year, I feel like I was hit with a whirlwind. The weather was great, couldn't ask for better. But as another Market Day is done, it is on with the next year's plans. I hope everyone enjoyed it.

This past week and this coming week are busier than usual for me with Market occupying my time this past week and now this coming week I was gone most of Monday and Tuesday, helping Becky get moved into her new place. And then this coming weekend, Creanna will be home for a family reunion for the Plante family.

School is going to start soon and life will step up a notch for many families as they prepare for the first day of school and the end of summer vacation. Volleyball practice started this week and I think football practice has been going for a few weeks.

I do have a facebook account, but I seldom use it, but occasionally check it out to see what is happening in my

extended family and I found this and it hit my funny bone greatly. You see, I don't really like facebook much and this is one of many reasons why.

Facebook

I am trying to make friends outside of Facebook while applying the same principles.

Therefore, every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom.

I give them pictures of my family, my dog, and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch and doing what anybody and everybody does every day.

I also listen to their conversations, give them the "thumb's up" and tell them I like them.

And it works just like Facebook! I already have four people following me: two police officers, a private investigator and a psychiatrist.