

Oklee Herald

...AND CONTINUING THE PLUMMER PIONEER

OKLEE (RED LAKE COUNTY) MINN. 56742

Vol. 103, Number 36

Wednesday, April 29, 2015

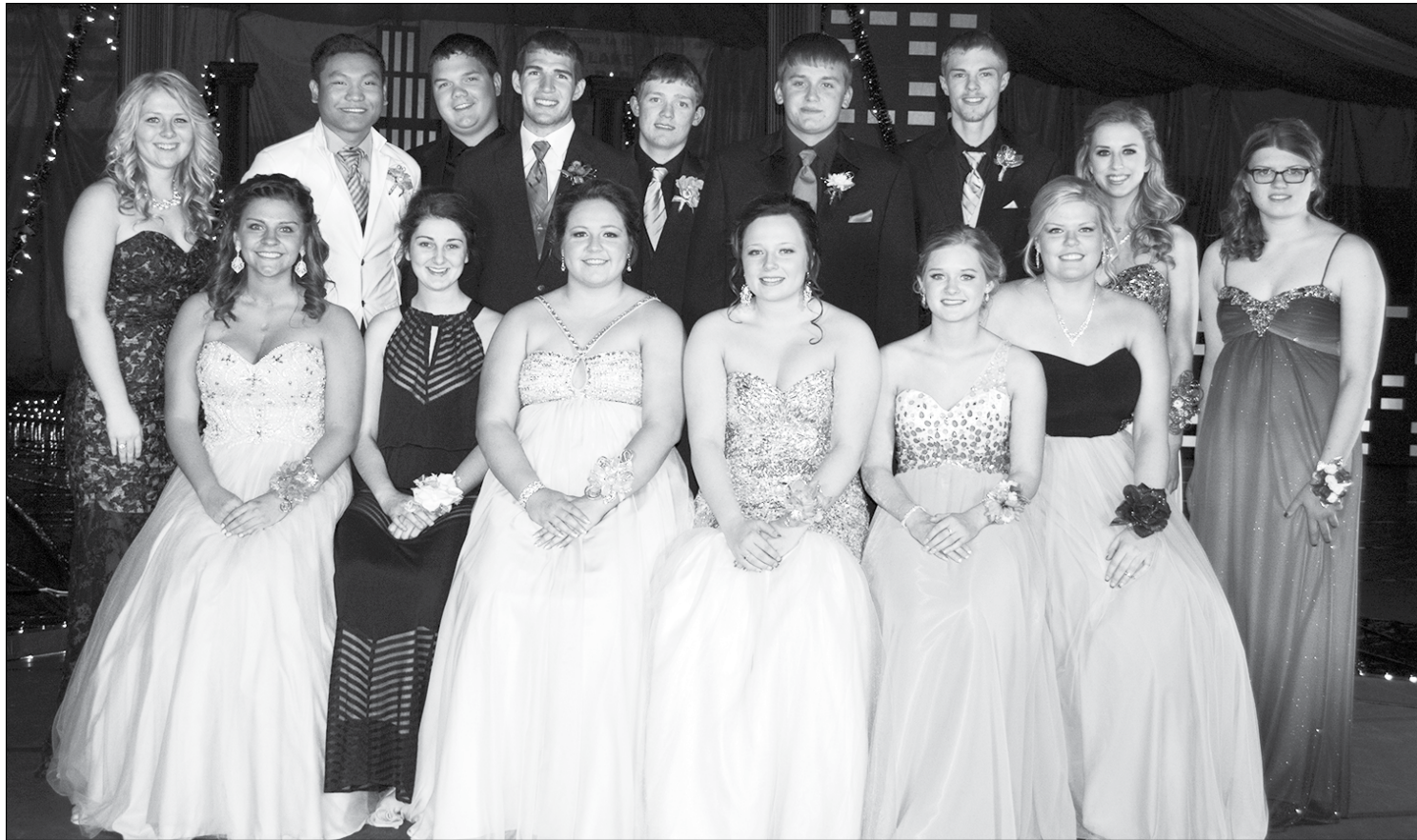
Oklee American Legion Auxiliary visited by District 9 President

The American Legion Auxiliary District 9 President Margee Keller and her Secretary Sharon Lancot met with the Frank Lund Unit #159 at the Oklee Cafe Nov. 15. Pres. Margee presented the members with her special District 9 pins and informed us of all the upcoming events happening in our District. She was very interested in what services we provide to our area veterans and others throughout the year. Our Unit was pleased to meet both Margee and Sharon and appreciated their driving over from Crookston.

Pictured are: front row - Iona Berry, Bergit Swensen, Elaine Radniecki, Bonnie Jensen. Back row - Shirley Dessellier, Janell Walstad, Sec. Sharon Lancot, Shirley Cyr, Pres. Margee Keller, LaVonne Brown, Katherine Juneau, Barb Melby.



Red Lake County Central High School Prom



RLCC Seniors that attended Prom 2015 include: (Back row) Mikayla Paradis, Ric Ven Auman, Brady Grove, Cody Gagner, Cory Schmitz, Timothy Christensen, Jordan Finseth, Brittany Kelley, Anna Pahlen. (Front row) Mickala Morinville, Sierra Swenson, Brittany Bray, Kayla Jaeger, Kaitlyn Trontvedt, and Madison Thompson.



RLCC Juniors at "Big City Dreams" Prom: (fourth row) Brandi Jensen, Shelby Haugen, Marcus Christiansen, Alan Nemec, Wyatt Waldal, Austin Waliser, Devin Lambert, Tristan Larson, Katie Pendleton, Heaven Heard, (third row) Sami Smith, Kayla Olson, Michelle Sundquist, Brianna Hernandez, Shawnee Styles, Nicole Riendeau, Miranda Magnell, Morgan Bushelle, (second row) Kyler Fluharty, Josef Paradis, Levi Linder, Chase Agnes, Tyler Sandahl, Brendan Krueger, Seth Johnson, Cade Bachand, (first row) Taylor Klasen, Katheryne DeHate, Kjersten Walton, Holly Vettleson, and Asia Davis.

Calendar of Events

Wed, Apr. 29:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Bridge.
Thu, Apr. 30:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 12:30 p.m. - Bingo.
Fri, May 1:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, May 2:
-Support your local business - Shop Locally!
Sun, May 3:
-Worship at the church of your choice.
Mon, May 4:
-LSS Sr. Meals 11:30 a.m.
Tue, May 5:
-LSS Evening Sr. Meals

5:00 p.m.
-Senior Site Activity: 1:30 p.m. - Cards.
Wed, May 6:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 1:30 p.m. - Bridge.
Thu, May 7:
-LSS Sr. Meals 11:30 a.m.
-Senior Site Activity: 12:30 p.m. - Bingo.
Fri, May 8:
-LSS Sr. Meals 11:30 a.m.
-Noon deadline for Oklee Herald news.
Sat, May 9:
-Support your local business - Shop Locally!
Sun, May 10:
-Worship at the church of your choice.
Mon, May 11:
-LSS Sr. Meals 11:30 a.m.

Oklee Community Rummage Sale Day

By: Megan Berberich
Oklee will be holding a Community Rummage Sale Day on Saturday, May 9th. It's time to reorganize your storage areas, clean out your garage, and check your closets and drawers!

If you want your rummage sale included on the Community Sale Map, contact Sandra Tougas at 796-5084 by May 1st. The Oklee Hall will also have three free spaces, so call to reserve your spot.

Last Chance to Sign up for Day of Caring

By: Asia Davis
The application deadline for Day of Caring requests is Wednesday, April 29. This

year's Day of Caring is set for Wednesday, May 6. Staff and students from Red Lake County Central High School will be going out to various locations to do a variety of spring time cleanup projects in the communities of Oklee, Plummer, Trail, and Brooks. Call the high school at 796-5136 to ask for assistance on your project. You may also email bpaskvan@rlcc.k12.mn.us, coordinator of RLCC's Day of Caring.

Senior Citizen award

The Red Lake County Outstanding Senior Citizen award will be given Friday, June 26th. Anyone interested in nominating someone should contact Lowell Hamrum at 218-698-4449.

Schmitz benefit results in outpouring of love and support

*By Amanda Cardinal
Red Lake Falls Gazette*

This past Saturday a benefit for Chad Schmitz, who was diagnosed in April of 2012 with ALS, commonly known as Lou Gehrig's Disease, was held at the America Legion Club in Red Lake Falls. Linda Schultz and Nancy Hofstad organized the event, which was a huge success thanks to the generosity of many people who helped with the planning and execution of the day.

Numerous people also came forward to work at the benefit. Among the volunteers giving of their time and talents were sports teams, church groups, community groups and friends and family of Chad and his wife, Jenny.

People who attended the benefit could gather inside the Legion or outside. Picnic tables were brought in and Trevor Page donated the use of his large tents, which were set up in the alley between the Legion and the old Memories Cafe building.

A free-will offering Texas BBQ meal was served and attendees could choose to eat inside and be waited on, or sit outside and go through a buffet line. Woodmaster also donated the use of a tent, as well as the use of their grills and pellets for cooking. Approximately 1,200+ meals were served throughout the day.

Besides a wonderful meal, there were several events and activities offered during the benefit. Jason Kenfield was the event MC, keeping up on announcements as well as playing music throughout the day.

A silent auction was held in the vacant building across the alley, which included 64 raffles and 119 bid sheets. All items for the silent auction were donated.

There were various games at the event, including card and paddle board games. Lacy Knott sold Henna tattoos and the RLF Volunteer Fire Department held a number of different raffles. The Red Lake Falls Sportsman's Club raffled off a gun, as well.

T-shirts, made in honor of Chad, were sold beforehand and during the benefit. A total of 550 shirts were sold, and all profits will be donated back to Chad's family.

Later in the evening a live auction was held with 60 items, all of which were donated for the benefit, up for bids. McMullen Auctions handled the auctioneering and all items went for top dollar.

Prior to the event 2,000 raffle tickets were sold for a chance to win one of 16 different prizes, all of which were donated. The prizes, donors and winners are as follows:

2002 EZ-Go customized golf cart, donated by Thibert Chevrolet & Buick, Inc.

Winner: DyAnne Miller

D400 pellet grill, donated by Woodmaster

Winner: Mark Finstad
Remington 700 VTR .22 desert camo, donated by Chad

Schmitz
Winner: Jim and Julie Hanson

Tikka T3 Lite 22-250 Stainless Steel, donated by Chad Schmitz

Winner: Tim Finseth

Tikka T3 7MM Lite Stainless Steel, donated by Jon Large, Scott Olson and Joe Miller

Winner: Jeff Bakke

Browning A-Bolt .270 WSM, donated by the Jason Knott family

Winner: Todd Brule

Arnesen one-day launch trip, donated by the Marcotte family

Winner: Selena Reed

\$500 cash, donated by the Red Lake Falls Pathfinders

Winner: Scott Casavan

\$500 cash, donated by the Red Lake Falls Blue Line Club

Winner: Sheree Breckel

Kayak, donated by Paul's Family of Hope



Chad Schmitz, with his wife Jenny, gave the thumbs up before heading home for the evening after the April 18 benefit held in his honor at Red Lake Falls' American Legion Club.

Winner: Pat Thibert

20 Gauge TriStar Over Under, donated by Andy Moran

Winner: Aaron Baird

\$250 cash, donated by Knights of Columbus

Winner: Kathy Swenson

\$250 cash, donated by Knights of Columbus

Winner: Jason Remick

\$250 cash, donated by Red Lake Falls Lions

Winner: Hanson Custom

Picnic table, donated by the Bendickson family

Winner: Bailey Jenkins

Log swing, donated by the Bendickson family

Winner: Kathy Johanneck

Numerous people came together to make this event a success. There are too many to thank, individually, but it would not have happened without the help of everyone who participated.

Whether you were part of the planning process, donated items for raffles or auctions, donated time, talent or ideas, helped with set up or clean up, helped prepare or serve food, sold raffle tickets, bought raffle tickets, made a donation or simply just attended, you are sincerely appreciated. The love and support for this wonderful man and his family will never be forgotten.



Chad Schmitz's close-knit family came together for a benefit in his honor April 18 at the American Legion Club in Red Lake Falls. Pictured with Chad are, from left: Dale Schmitz, brother; his mother Phyllis Schmitz; sisters Tanya Gjerstad and Debbie Borgwardt; his father Hank Schmitz and Nancy Baird, sister.

Church news

OKLEE LUTHERAN PARISH
Zion and Salem
Pastor Margaret Jacobus
Wed, Apr. 29: Confirmation Banquet.
Sun, May 3: 9:00 a.m. Worship at Zion. 10:30 a.m. Worship at Salem.

CLEARWATER LUTHERAN PARISH
Mt. Olive – Nazareth
Oak Park – St. Petri
Pastor Joseph Abrahamson
Wed, Apr. 29: 5:00 p.m. Wednesday School.
Sat, May 2: 8:30 a.m. Mt. Olive. 10:30 a.m. St. Petri.
Sun, May 3: 5:30 p.m. Oak Park. 7:00 p.m. Nazareth.
Wed, May 6: 5:00 p.m. Wednesday School. 7:00 p.m. Clearwater Youth Group.

OKLEE-BROOKS CATHOLIC PARISH
St. Francis Xavier
St. Joseph's – Brooks
St. Joseph's – RLF
Fr. Bill DeCrans
Sat, May 2: 5 p.m. Mass at St. Joseph Brooks with 4:30 p.m. Reconciliation.
Sun, May 3: 8 a.m. Mass at St. Francis Xavier Oklee with 7:30 a.m. Reconciliation. 10 a.m. Mass at St. Joseph Red Lake Falls with 11 a.m. Reconciliation.

IMMANUEL-EBENEZER LUTHERAN PARISH
ELCA
Pastor Jonathan Dodson
Wed, Apr. 29: 6:30 p.m. Confirmation at Immanuel.
Sun, May 3: 9:00 a.m. Worship at Immanuel. 10:15 a.m. SS at Immanuel. 10:30 a.m. Worship at Ebenezer.

GOODRIDGE AREA LUTHERAN PARISH
ELCA
Bethany-Ekelund-Faith
Robert W. Dahlen, Pastor
Sun, May. 3: 8:30 a.m. Faith. 9:45 a.m. Ekelund. 11:00 a.m. Bethany.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
Wed, Apr. 29: 6:30 p.m. AWANA Award night. 6:30 p.m. Youth Group.
Thu, Apr. 30: 12:00 p.m. Rotary meeting.
Fri, May 1: 8:30 a.m. Friday School.
Sun, May 3: 9:30 a.m. Worship. 10:50 a.m. Sunday School.
Tue, May 5: 9:30 a.m. Ladies Bible Study. 10:30 a.m. Quilting.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Sun, May 3: 9:00 a.m. Lund. 10:30 a.m. Sand Valley.

BETHEL ASSEMBLY
Fosston
Jon Marx, Lead Pastor
Seth Johnson, Assist. Pastor
Sun, May 3: 9:30 a.m. Sunday School. 10:30 a.m. Worship

Oklee Senior Site Dining

May 4 - 8
If you are over the age of 60 and would like to eat with other seniors at the Senior Site, please call the Café at 796-5666 to reserve your meal. A \$4.00 per meal donation is suggested.
Monday: Small chef salad, cottage cheese, toast, dessert and milk.
Tuesday: Evening meal: ½ Hot beef, mashed potatoes, gravy, vegetables, dessert and milk.
Wednesday: Meatballs, boiled potatoes, mushroom gravy, vegetables, dessert and milk.
Thursday: Polish sausage, fried potatoes, vegetables, dessert and milk.
Friday: ½ Patty melt, hash browns, vegetables, dessert and milk.

New Hours for Red Lake County Landfills

Oklee Landfill Site

Saturdays:
2nd & 4th of the month
8:00 a.m. to 12 noon
Wednesdays:
2:00 p.m. to 6:00 pm.

Red Lake Falls Landfill Site

Saturdays:
1st & 3rd Saturdays
8:00 a.m. - 11:00 p.m.
Monday to Thursday:
7:30 a.m. to 5:30 p.m.
Friday: 8:00 a.m. to 12 noon.

218-253-2951 - RLF Landfill
218-253-4121 - RLC Environmental office

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Brooks Community Center

Come to Brooks and learn the answer(s) to the following question:

"What is **Senior Linkage, Land of the Dancing Sky, RSVP, and RLC Committee on Aging** all about?"

Carol Buy of the Land of the Dancing Sky and Tammy Frolich of RSVP (Retired Senior Volunteer Program) will be present to explain just what is available for our seniors through these agencies.

All are welcome to attend!!

This informational event is hosted by the Red Lake County Committee on Aging

---Refreshments available---

May 5, 2015
2 p.m.

50th Wedding Anniversary Open House



– for –
Leroy & Joyce Christensen

Saturday, May 2, 2015
from 2 p.m.–5 p.m.

Community Hall
in Red Lake Falls, MN



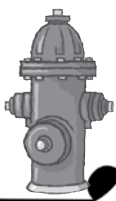
No gifts please!

Red Lake County Ditch Inventory

The Red Lake County Soil and Water Conservation District will be conducting a Drainage Ditch Inventory, along County and Judicial Drainage Ditch Systems, for Red Lake County. Dave Bennett from the Red Lake County SWCD will be out in the field collecting this information for the Drainage Ditch Inventory. The Red Lake County SWCD office wanted to inform the public about the inventory that will be going on throughout 2015. The Drainage Ditch Inventory will identify areas where side water inlet structures or buffer strips could be place along County and Judicial Drainage Ditch Systems. If you have any question please give our office a call at (218) 253-2593 ext. 4.

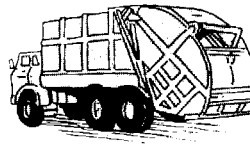
NOTICE: City of Oklee Residents

City of Oklee will be flushing the fire hydrants on April 29 & 30.



Notice

Garbage will be picked up in the alleys starting on May 4th.



English Language

The combination "ough" can be pronounced in nine different ways. The following sentence contains them all: "A rough-coated, dough-faced, thoughtful plough man strode through the streets of Scarborough; after falling into a slough, he coughed and hiccoughed."

Red Lake County Commissioners Minutes

RED LAKE COUNTY Regular Meeting Held February 24, 2015

Pursuant to adjournment of its regular meeting the Red Lake County Board of Commissioners duly met in regular session at the courthouse in Red Lake Falls, MN on February 24, 2015 at 10:00 a.m. Chair Weiss called the meeting to order. All members were present. The Pledge of Allegiance was recited.

Commissioner Lerohl moved, seconded by Sorensen and unanimously carried to approve the minutes from the regular board meeting held February 10, 2015.

Chairman Weiss mentioned that Roger Piche, rural Red Lake Falls, is interested in the open position on the County Economic Development Board-District III. Commissioner Flage moved, seconded by Lerohl and duly adopted to appoint Roger Piche as a District III representative to the County EDC for a 3-year term.

Commissioner Simpson moved, seconded by Lerohl and unanimously carried to approve the expenditures for the period as follows:

Vendor Name	Amount
Streicher's	\$3,293.79
28 Payments less than 2,000	\$9,696.68
Final Total	\$12,990.47

The motion includes the following added bills: \$296.11 to AT&T; \$250.00 to First Lab; \$230.00 to Mike Lacoursiere; \$2,100.00 to MRCC, and \$192.13 to Jeff Spiering.

Environmental Officer Kurt Casavan was present to provide an update on the Red Lake County Ditch #2 meeting held the previous day with Polk County. Discussion was held on increasing the reimbursement percentage that Polk must pay to Red Lake County for annual ditch maintenance costs incurred on the ditch system. The special joint board consists of 3 commissioners from each of the counties of Polk and Red Lake. Casavan also commented on the original legislation, House File #1678 (adopted May 11, 1995), allowing Red Lake County to charge an outlet fee for drainage originating in Polk County and such fee to be assessed against the property in Polk County for using County Ditch #2. Casavan informed that he is gathering cost data on the ditch to submit to Polk for review before scheduling another meeting.

Auditor Schmitz presented a billing submitted by Polk County for maintenance costs incurred in 2014 on joint ditch systems. Commissioner Sorensen moved, seconded by Lerohl and carried unanimously to approve payment of \$3,768.96 to Polk County.

The following Commissioner/Committee reports were shared: Commissioner Meeting/Report Simpson County Ditch #2 meeting with Polk County Commissioners, and a County Fair Board meeting discussing activities/fund raising events.

Flage	None
Sorensen	InterCounty Nursing

Service reviewing financials, budget, Health Partners funds, cell policy, and Director Evaluations completed by employees.

Lerohl County Ditch #2 meeting with Polk County Commissioners, AMC Futures meeting in St Paul; County Fair Board; County Extension meeting and Lerohl was elected Chair and Kari Wavra elected Vice-Chair.

Weiss County Ditch #2 meeting with Polk County Commissioners.

Schmitz informed that the Plummer Snowmobile Club in the conjunction with the USXC Race Association is requesting to close a portion of both the Riverland and the Riverland East Trails near Plummer on Sunday, March 1, 2015, as part of the 2-day Seven Clans 300 Challenge Cup race. Commissioner Simpson moved, seconded by Flage and unanimously carried to approve the request as presented.

Auditor Schmitz informed that the Public Employees Retirement Association requires employers to certify the eligibility of employees who are enrolled in the Police & Fire Plan based on positions that are not on a full-time basis. Commissioner Sorensen moved, seconded by Lerohl and carried by unanimous vote to approve **Resolution No. 02-05-15 "PERA"** as follows:

Whereas; the policy of the State of Minnesota as declared in Minnesota Statutes 353.63 is to give special consideration to employees who perform hazardous work and devote their time and skills to protecting the property and personal safety of others; and

Whereas; Minnesota Statutes Section 353.64 permits governmental subdivisions to request coverage in the Public Employees Police and Fire plan for eligible employees of police or sheriff departments whose position duties meet the requirements stated therein and listed below.

Be It Resolved; that the Board of Commissioner of Red Lake County hereby declares that the position of Part-time Deputy Sheriff, currently held by David R. Lovly meets all of the following Police and Fire Plan membership requirements:

Said position requires a license by the Minnesota peace officer standards and training board

under sections 626.84 to 626.863 and this employee is so licensed;

Said position's primary (over 50%) duty is to enforce the general criminal laws of the state;

Said position charges this employee with the prevention and detection of crime;

Said position gives this employee the full power of arrest, and

Said position is assigned to a designated police or sheriff's department.

Be It Further Resolved; that this governing body hereby by requests that the named employee be accepted as a member of the Public Employees Police

ECFE News

Oklee ECFE

April Events

Thursday, April 30 is **Music and Movement Night** for infants, toddlers, and young threes. It will be held from 6:00-7:00 pm in the Oklee ECFE room. A musical adventure awaits you. Music is good for development, relaxation, and is down-right fun!

Plummer ECFE

Tue, April 28: "Meet the Music Teacher-Mrs. Bernstein" 6:30-7:30pm. This class is for 4-5 year olds who will be entering Kindergarten in the fall of 2015. Come and have lots of fun singing and dancing with your friends in the music room!

ECFE Upcoming May Events in Oklee

By: Asia Davis

Mark your calendars and join Oklee ECFE for fun adventures to celebrate the end of the school year. All families with children up to kindergarten are invited to join in on the fun. Meet at 6:00-7:30 pm in Room 140W in the RLCC Oklee School. Upcoming events being planned for May include the following:

Thursday, May 7, join us for a **Surprise Event!** What a wonderful adventure awaits your family as ECFE has a surprise night planned for you. You'll not know what to expect, but a fun time will be had.

Thursday, May 14, come to **Camping and Fishing Night** for the grand finale event of the 2015 school year. Much fun is in store for camping and fishing night. Enjoy spending time in tents, "fishing," trying out a kayak, other outdoor adventures, and a snack. It will be an evening you hope won't end, so join the adventure and bring a friend.

The main purpose of ECFE is to strengthen our most valuable resource-the family! Come, join us for some fun family time with your young children. Hope to see you at these spring events.

and Fire Plan effective the date of this employee's initial Police and Fire Plan salary deduction by the governmental subdivision.

HR Director Lundeen informed that a notice for the vacant Senior Engineering Technician position at the County Highway Department has been posted at all the county buildings.

There being no further business the meeting was adjourned until March 10, 2015 at 10:00 a.m.

Attest:

Robert Schmitz, County Auditor

Ron Weiss, Chair,
Board of Commissioners

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MUSTANG STAMPED

RLCC Menus

May 4 - 8

Oklee

Mon: Breakfast: Biscuit w/ egg, cheese & sausage, cereal, fruit, juice and milk. **Lunch:** Chicken quesadilla, lettuce salad, cottage cheese, carrots & celery sticks, fruit, and milk.

Tue: Breakfast: Cereal, toast, fruit, juice and milk. **Lunch:** Hamburger patty, curly fries, vegetables, fruit, and milk.

Wed: Breakfast: Bagels w/ cream cheese, fruit, juice and milk. **Lunch:** Hotdog/Polish, baked beans, chips, fruit, and milk.

Thu: Breakfast: Cereal, toast, fruit, juice and milk. **Lunch:** Chicken nuggets, potato or rice, vegetables, fruit, and milk.

Fri: Breakfast: Cinnamon roll, cereal, fruit, juice and milk. **Lunch:** Subs, chips, fresh vegetables, juice bars, apples in a bag, and milk.

Plummer

Mon: Breakfast: Pancakes, sausage, cereal, fruit, juice and milk. **Lunch:** Chicken nuggets, baked potatoes, green beans, buttered bread, fruit, and milk.

Tue: Breakfast: Muffins, cereal, fruit, juice and milk. **Lunch:** Burger variety-cook's choice, Sun Chips, baked beans, fruit, and milk.

Wed: Breakfast: French toast sticks, cereal, fruit, juice and milk. **Lunch:** Hamburger gravy, mashed potatoes, corn, dinner roll, fruit, and milk.

Thu: Breakfast: Breakfast pizza, cereal, fruit, juice and milk. **Lunch:** Toastie dogs, Goldfish Puffs, salad, fruit, and milk.

Fri: Breakfast: Variety of cereal, fruit, juice and milk. **Lunch:** Pizza (all students); K-3: salad, croutons, fruit, garlic breadstick; 3-6: Salad bar; and milk.

Spring Sport Schedules

RLCC Mustang

Softball

Thu, Apr. 30: 4:30 p.m. Norman County at Ada.

Mon, May 4: 4:00 p.m. Cass Lake Bena at Oklee.

Tue, May 5: 4:30 p.m. Fertile-Beltrami at Fertile.

Thu, May 7: 4:30 p.m. Bagley at Oklee.

Fri, May 8: 4:30 p.m. East Polk North Stars at Erskine.

Mon, May 11: 5:00 p.m. Sacred Heart at Sacred Heart.

RLC Rebel Baseball

Thu, Apr. 30: 4:30 p.m. Roseau – Away.

Fri, May 1: 6:00 p.m. Crookston at Crookston.

Sat, May 2: 11:00 a.m. Grand Forks Central at Crookston.

Sat, May 2: 9:00 a.m. JV Tournament at TRF.

Mon, May 4: 4:00 p.m. Win-E-Mac – Away.

Tue, May 5: 4:30 p.m. Thief River Falls (JH) – Home.

Tue, May 5: 4:30 p.m. Warroad – Home.

Thu, May 7: 4:30 p.m. Norman County – Home.

Fri, May 8: 4:30 p.m. Norman County East – Away.

RLCC Rebels

Track & Field

Varsity Track

Thu, Apr. 30: 4:00 p.m. Mahnomen Invitational at Mahnomen.

Thu, May 5: 4:00 p.m. Ada Meet at Ada.

Thu, May 7: 4:30 p.m. PTP Conference at Mahnomen.

Fri, May 8: 4:00 p.m. WM Lion's Invitational at Warren.

Junior High Track

Thu, Apr. 30: 4:00 p.m. Jr. High at Crookston.

Mon, May 4: 4:30 p.m. Ada/NCW Invite at Ada.

Mon, May 11: 4:00 p.m. Jr. High at Mahnomen.

RLC Golf

Thu, Apr. 30: 4:30 p.m. V Boys at Ada. 4:30 p.m. JH Boys at Fertile.

Mon, May 4: 4:30 p.m. JH Boys at Bagley.

Tue, May 5: 4:30 p.m. V Boys at Mahnomen. 4:30 p.m. JH Girls at Ada.

Wed, May 6: 9:00 a.m. V Girls at Mahnomen/Ada.

Thu, May 7: 9:00 a.m. V Boys at Fosston/Bagley. 4:30 p.m. JH Boys at Mahnomen.

Thu, May 12: 4:30 p.m. V Boys at Win-E-Mac. 4:30 p.m. JH Girls at Fertile.

Mustangs Beat

Indus 15-2

By: Megan Berberich

The Red Lake County Central Mustangs softball team beat Indus 15-2 on Friday, April 17th at the triangular in Oklee. In the first inning the Mustangs led 2-0, and both scored one run in the second inning. In the third inning RLCC scored six more runs leading 9-1. Indus scored one run in the fourth inning while the Mustangs scored six. Neither teams scored in the fifth inning ending the game with the Mustangs winning 15-2.

Highlights for the Mustangs were Angel Auman with two hits and 3 RBIs; Megan Berberich two hits, two doubles, and four RBIs; Michelle Sundquist three hits, a triple, and three RBIs; and Brittney Bray had three hits, two doubles, and two RBIs. Bray pitched all five innings for the Mustangs and had five strikeouts and two runs allowed.

Indus's highlights were Noyes with one RBI; Wolden two at bats and one hit; Dahl two at bats, one hit, and one RBI; and Gerthofer had two at bats and one hit also. Gaetzke pitched four innings for Indus and had nine walks, four strikeouts, and 15 runs allowed.

Mustangs lose

to Gators

By: Austin May

The Red Lake County Central Mustangs played the



Angel Auman scoring a run for the Mustangs at their softball game against the Red Lake Warriors.



RLCC's Michelle Sundquist getting a hit off of the Red Lake pitcher.

Badger-Greenbush-Middle River Gators in softball Thursday, April 16 in Oklee. The Gators won with a final score 24-1. Gators had eight hits and the Mustangs had three. For the Mustangs Megan Berberich went 1-3, Brandi Jensen 1-2, and Brittney Bray 1-2. Starting pitcher for the

Mustangs was Brandi Jensen who pitched three innings and gave up two hits, six walks, and 15 runs. Jensen struck out four batters. Brittney Bray pitched two innings and gave up six hits, three walks, and nine runs, and struck out three batters.

Batting for the Gators was

Nadja Melby who went 2-2 with an RBI, two runs, a single and a double; Emily Anderson went 2-3 with three RBIs, three runs, a double, and a home run. Pitching for the Gators was Aunica Novacck who pitched five innings and gave up three hits, and one run. Novacck struck out six batters.

Rebels lose to

Warriors

By: Austin May

The Red Lake County Rebels played the Warroad Warriors Thursday, April 9 in Warroad. The final score of the game was 10-0. RLC had only one hit and Warroad had 12. Starting pitcher for the Rebels was Tristan Knott who pitched four innings allowing four runs and three walks. Knott struck out seven of the 22 batters he faced. Alex Erickson pitched 2/3 of an inning and gave up six runs, and three walks. Erickson went 1-1 with a double.

For the Warriors, Beau Wilmer had three runs, Logan Wallace went 2-3 with three RBIs and a double, Mitch Roberts went 2-3 with two doubles, and Seth Ditsch went 2-3 also. Mason McPherson pitched the Warriors.

RLC Rebels Track

& Field at Beaver

Relays Meet

By: Austin Waliser

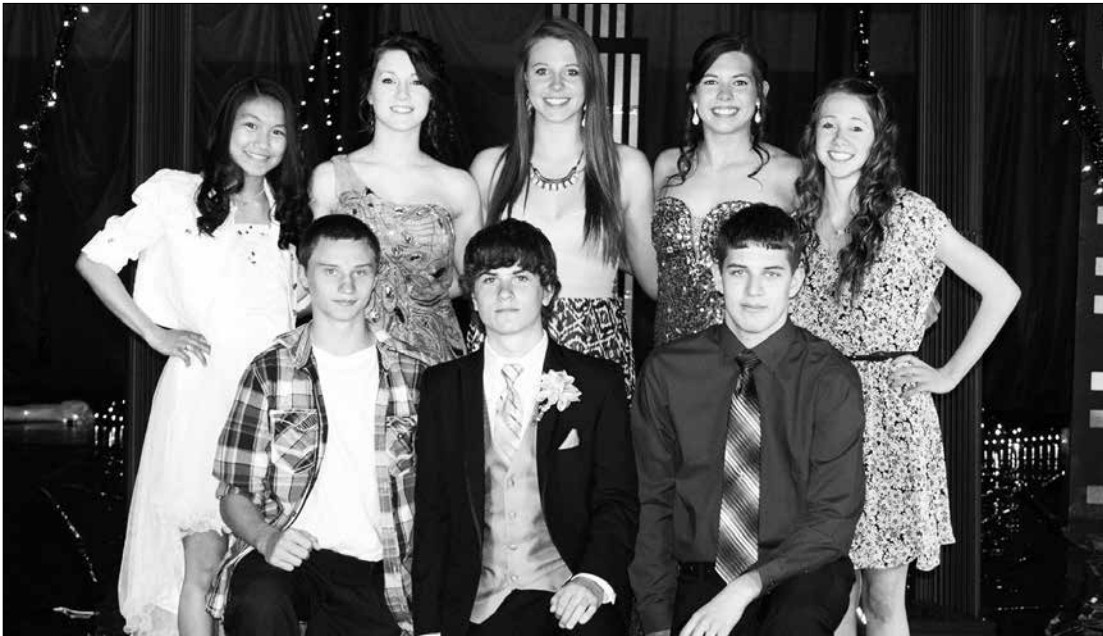
The Red Lake County Rebels Track and Field team traveled to Bemidji April 16 to compete in the Beaver Relays Meet. The girls' team finished in fifth place. In the 100 Hurdles Ashley Longtin placed fourth with a time of 18.11 and Megan LaCrosse placed seventh with 18.78. Zoe Russillo came in sixth with a time of 13.97 in the 100 Meter. In the 4x100 Meter Relay, Longtin, Madison Derosier, Jozi Halvorson, and Russillo placed fourth with a time of 57.41. Josie Huot, Julia Bernstein, Makenzie Williams, and LaCrosse ran 4:44.87 in the 4x400 Meter Relay giving them fourth place. LaCrosse was third place in the 1600 meter with a time of 6:08.50.

In the 400 Meter, Williams won first with a time of 1:06.22. Josie Huot was second with 1:08.92, and Shayla Lallier was seventh with 1:28.56. In the

300 Hurdles, Bernstein came in sixth place with a time of 57.39. Longtin was seventh with 58.10, and Derosier was eighth with 57.83. Huot placed sixth in the 800 Meter with a time of 2:49.10. Russillo placed sixth with a time of 29.60 in the 200 Meter. LaCrosse was sixth place in Long Jump with a distance of 13'6 ¾". Longtin came in fourth place in High Jump with 4'8". Madison Thompson had a throw of 29'4" in Shot Put getting eighth and a toss of 80'10" in Discus getting fifth.

The boys' team finished third place at the meet. In the 110 Hurdles, Devin Lambert won first with a time of 17.53 and Dylan Gustafson was fourth place with 19.50. Cody Gagner won first place in the 1600 Meter with a time of 4:41.00 and won first in the 800 Meter with :04.73. Also in the 800 Meter, Chris Longtin placed eighth with a time of 2:36.81. In the 300 Hurdles, Jordan Johnson got sixth place with a time of 51.43 and Lambert was eighth with 52.25. Gustafson came in third place in the 200 Meter with a time of 25.13. Tyler Jensen got sixth place in the 3200 Meter with a time of 14:36.72.

In the 4x200 Meter Relay, Lambert, Johnson, Austin Waliser, and Gustafson won first place with a time of 1:42.08. Connor Lambert, Johnson, Justin Nemec, and Gagner were fifth in the 4x400 Meter Relay with a time of 4:09.14. In the 4x800 Meter Relay, David Dufault, Chase Magner, Justin Nemec, and Chris Longtin got fifth place with 10:27.49. Gagner placed sixth in Long Jump with a jump of 18'0". In Discus, Wyatt Schirrick got second place with a toss of 122'0" and Marcus Christensen was sixth place with 102'3". Schirrick also got third place in Shot Put with a throw of 41'0".



Sophomores at RLCC's 2015 Prom included (back) Mary Auman, Taylor Bushelle, Kelsie Sirjord, Ashley Longtin, Nicole Schmitz, (front) Dylan Gustafson, Nick Plante, and Kyle Gagner.

State Knowledge Bowl

Champions 2015
The top forty-eight teams, out of 944 teams across the state, competed at the Minnesota Service Cooperatives' State Knowledge Bowl Meet held at Cragun's near Brainerd on April 9th and 10th.

The State Champions are: "A" Division—Glencoe Silver Lake and "AA" Division—Alexandria. Other teams placing for "A" Division include 1st Runner-up—St. John's Prep, 2nd Runner-up—Tri City United, 3rd Runner-up—Plainview Elgin-Millview, 4th Runner-up—Mountain Lake, and 5th Runner-up—St. John's Prep. Other teams placing for "AA" Division were 1st Runner-up—Chaska, 2nd Runner-up—Buffalo, 3rd Runner-up—Sartell, 4th Runner-up—Bemidji, and 5th Runner-up—Big Lake.

Winners of the Heritage Spirit Awards for qualities and conduct become to a champion competitor are Bemidji and Hermantown.

At the state meet, four person teams compete against one another in one sixty question written round and five oral rounds of interdisciplinary questions for a total of 285 questions. Success at the competition requires the ability to work as a team, as well as to recall information quickly in a variety of areas of study. Knowledge Bowl is sponsored by eleven Service Cooperatives around the state. Contact: Susan Ward, State Knowledge Bowl Coordinator, 800-739-3273.

Valley Plains Track

& Field Meet

By: Asia Davis

On Thursday April 23, Red Lake County Rebels Track and Field competed at Valley Plains. The girls' team finished in tenth place, and the boys in seventh place.

In the 100 Hurdles, Ashley Longtin placed fourth in 18.08 and Zoe Russillo also placed fourth in 14.17. For 4x100 Meter Relay, Ashley Longtin, Madison Derosier, Jozi Halvorson, and Zoe Russillo finished in fifth place in 57.99. For the 4x400 Meter Relay, Josie Huot, Julia Bernstein, Makenzie Williams, and Megan LaCrosse took fourth place in 4:38.84.

In the 400 Meter, Makenzie Williams finished in fifth place with 1:06.82. Ashley Longtin took sixth place in the high jump with 4'6". Finishing with fifth place in the Shot Put was Madison Thompson with 29'4 ½".

Devin Lambert took fourth place in the 110 Hurdles in 17.49. Cody Gagner took first place in the 1600 Meter with 4:36.24, and also placed first in the 800 Meter with 2:01.33. Finishing in sixth place in the 300 Hurdles was Devin Lambert with 46.15.

For the 4x200 Meter Relay, Devin Lambert, Jordan Johnson, Austin Waliser, and Dylan Gustafson finished in fourth place with 1:41.77. Wyatt Schirrick placed first in Discus with 125'5", and placed third in the Shot Put with 40'5 ½".

Mustangs Lose

to Raiders

By: Megan Berberich

The Red Lake County Central Mustangs softball team lost 1-12 to the Lake Park-Audubon Raiders on Thursday, April 23rd in Oklee. The Raiders scored four runs in the first inning and added five runs in the second inning. Neither team scored in the fourth inning. Both teams had one run in the fifth inning ending the game with the Raiders winning 12-1. The Mustangs scored their only run on an error.

Brittney Bray pitched two innings and had two strikeouts, one walk, and nine runs allowed. Brandi Jensen pitched the other three innings with two walks, four strikeouts, and three runs allowed.

Highlights for the Raiders were Hovelson with two RBIs; Reveve a two base hit; Raaen two hits and one RBI; and Nelson with two hits including a two base hit, and two RBIs. Miosek pitched all five innings for Lake Park-Audubon and allowed three hits and one run, five walks, and had seven strikeouts.

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RLCC seniors Mickala Morinville and Brittney Bray, and sophomores Ashley Longtin and Taylor Bushelle with their Student Senate advisor Mr. Randy Huie at the Student Senate State Convention 2015.

RLCC Students Attend the MN Assoc. Student Council Convention

By: Taylor Bushelle
Red Lake County Central Student Senate sent four students to the Minnesota Association Student Council Convention held at Becker High School on April 11-13. Those who attended from RLCC were Mickala Morinville, Brittney Bray, Taylor Bushelle, and Ashley Longtin, and their Student Council advisor Mr. Randy Huie.

The students were able to meet candidates that were running for the 2015-16 MASC board. Morinville, Bushelle, and Longtin were the three voting representatives from RLCC and were later able to vote for next year's MASC board. There were round table discussions where students could pick topics to discuss with students from other schools. Saturday included activities for the students before they were taken back to the hotel by busses provided by the Becker High School.

Sara Niles spoke to the students about "Unmasking Leadership" which was the theme of this year's convention. First she gave the students a personality quiz to show them what they were and how everyone was different. She spoke to the students about personality and the how to work with people who have different personalities.

Houston Craft was the other speaker at the convention who spoke to the students about "love". He spoke of the Greeks and the three different types of love the Greeks had. The love he talked about the most was "agape" which is a selfless kind of love was.

The students returned home Monday, April 13 with new ideas on topics such as spirit, pep activities, and other things which they were able to get advice on to bring back to their school. All the students discussed issues they have had and listened to issues other Student Council members have faced. Throughout this convention, the students had learned many new things to bring back to their own school and Student Council group.

RLC Baseball defeats Northern Freeze

By: Taylor Bushelle
Red Lake County Rebels baseball team played the Northern Freeze in Karlstad on Thursday, April 23. RLC won 8-5 in nine innings. The Rebels started with a 2-1 lead in the first inning with the Freeze scoring a run in the second inning. The Rebels scored two more runs in the third, and then the Freeze scored another two in the fourth. Both teams gained a run in the sixth. The Rebels ended strong with three runs in the ninth inning winning the game.

For RLC, Alex Erickson got on base two out of four times with one RBI, Bailey Schmitz got on base two of five times up to bat, and Taylor Kenfield got on base three out of four times. For the Northern Freeze, Justin Yutrenka had two RBIs and Eddie Lefrooth had a double and one RBI.

The winning pitcher was Rebel pitcher Chase Schmitz, pitching five innings, facing 21 batters giving up one run, walking two and striking out six. Also pitching for the Rebels was Brandon Klipping, pitching four innings, facing 22 batters, giving up four runs, walking five and striking out 5.

Rebels Baseball Team Plays in Double Header

By: Ashley Longtin
The Red Lake County Rebels baseball team played the Roseau Rams and Crookston Pirates at Red Lake Falls on Tuesday, April 14. In their first game, RLC lost to the Rams 6-12. The Rams got a big lead in the first inning 0-5. The

Rebels scored three runs in the second inning, but Roseau also scored two runs that inning as well. In the fourth inning RLC added two runs and the Rams three. RLC scored one more run in the fifth and Roseau scored two in the seventh. RLC had six errors and Roseau had two.

Alex Erickson, for the Rebels hit a double bringing in three RBIs and Brandon Klipping was two of three batting with one RBI. For the Rams, Aaron Krahn, Levi Butler and Sam Jerome all were two for three batting and Canner Millner and Tanner Landman were two for five. Millner had one RBI and Krahn had three as well as a double.

Pitching for the Rebels was Bailey Schmitz who pitched five innings, Drake Engelstad and Devin McGlynn each pitched one. Schmitz had two strikeouts and McGlynn had one strikeout. Engelstad and Schmitz gave up five runs each and McGlynn gave up two. Engelstad was the losing pitcher and Logan Monsrud was the winning pitcher from Roseau.

The Rebels also played Crookston and lost 8-2. In the first inning the Rebels scored one run, in the second inning Crookston came back and scored two runs. In the fourth inning Crookston scored five runs and the Rebels didn't score again until the sixth inning with one run. Crookston had one more run in the seventh inning to end the game. RLC had ten errors and the Pirates had two.

Crookston's Aaron Hollcraft had a double with three RBIs. Alex Erickson had a double and Taylor Kenfield had an RBI.

Josh Casavan pitched four innings for the Rebels and Brandon Klipping pitched three. Casavan had four strikeouts and gave up seven runs. Klipping had three strikeouts and gave up one run. Casavan was the losing pitcher for the Rebels, and Hollcraft was the winning pitcher for the Pirates and had nine strikeouts.



The decorated banquet room for RLCC's "Big City Dreams" prom theme was set up in the multipurpose room.



Mr. Randy Huie (middle) was presented the Northwest Division Student Council Advisor of the Year Award from Beth Kucera (left) and Ken Schreiber (far right), Northwest Division advisors from Grygla and Bemidji.

RLC Rebels Track and Field at Mahnomen/Wauban Meet

By: Austin Waliser
The Red Lake County Rebels Track and Field team traveled to Mahnomen April 17. The girls' team finished the meet in third place and boys' team came in fifth place.

In the 100 Hurdles, Megan LaCrosse placed first with a time of 18.32, Ashley Longtin placed second with 18.56, and Jozi Halvorson was third with 19.94. Zoe Russillo was fourth in the 100 Meter with a time of 13.99. In the 4x100 Meter Relay, Longtin, Madison Derosier, Halvorson, and Russillo placed third with 57.23. Josie Huot, Julia Bernstein, Makenzie Williams, and LaCrosse placed second in the 4x400 Meter Relay with a time of 4:47.12. LaCrosse placed second in the 1600 Meter with 6:03.00. Williams was third in the 400 Meter with a time of 1:04.49.

In the 300 Hurdles, Bernstein placed third with a time of 58.29, Longtin was fourth with 1:00.40, and Derosier was fifth with 1:01.05. Huot placed fifth in the 800 meter with a time of 2:47.03. Russillo came in third place in the 200 Meter with a time of 29.13. LaCrosse came in fifth in Long Jump with a jump of 13'8 3/4". Longtin placed second in High Jump with a jump of 4'8". Madison Thompson placed third in Shot Put with a throw of 29'0" and came in second place with a toss of 85'3".

In the 110 Hurdles, Devin Lambert came in fifth place with a time of 19.29. Austin Waliser was sixth in the 100 Meter with 12.77. Cody Gagner won first in the 1600 Meter with 4:45.77 and also came in first in the 800 Meter with 2:09.48. David Dufault placed sixth in the 400 Meter with a time of 1:02.48. Lambert came in fourth in the 300 Hurdles with 48.55. Dylan Gustafson ran 25.65 in the 200 Meter placing sixth. Chase Magner was sixth in the 3200 Meter with a time of 14:10.67. In the 4x400 Meter Relay, Connor Lambert, Jordan Johnson, Justin Nemec, and Nick Plante were fourth with 4:14.29. Dufault, Tyler Jensen, Nemec, and Chris Longtin placed fifth with a time of 10:38.40. In Discus, Wyatt Schirrick won with a toss of 123'10" and Marcus Christensen tossed 101'9" placing fourth place. Schirrick also won Shot Put with a throw of 40'11".

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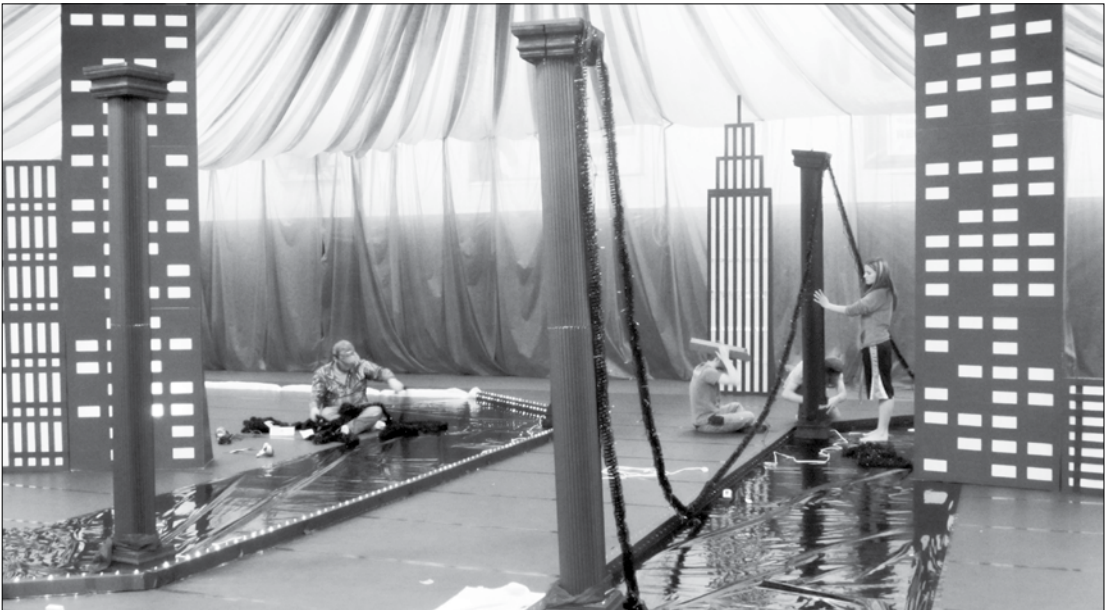
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The RLCC junior class setting up the gym in Oklee for prom on Saturday, April 18th.

SP 063-602-010

Red Lake County, MN

Bituminous Overlay and Shouldering

BIDS CLOSE 11:00 AM, Tuesday May 26, 2015

NOTICE TO CONTRACTORS:

Sealed bids will be received until 11:00 AM Tuesday, May 26, 2015

By the Red Lake County Auditor at the Red Lake Falls Courthouse

On behalf of the Red Lake County Board of Commissioners for the following:

SP 063-602-010

DESCRIPTION OF WORK: Bituminous Overlay and Aggregate Shouldering, CSAH #2.

Project includes 17,000 tons of Bituminous Paving and 6,500 Tons of Aggregate Shouldering on CSAH #2, 9.2 miles in length, NE of Red Lake Falls, MN

Minimum wage rates to be paid by the Contractors have been predetermined and are subject to the Work Hours Act of 1962, P.L. 87-581 and implementing regulations.

READ CAREFULLY THE WAGE SCALES AND DIVISION A OF THE SPECIAL PROVISIONS AS THEY AFFECT THIS/THESE PROJECT/PROJECTS

The Minnesota Department of Transportation hereby notifies all bidders:

in accordance with Title VI of the Civil Rights Act of 1964 (Act), as amended and Title 49, Code of Federal Regulations, Subtitle A Part 21, Non-discrimination in Federally-assisted programs of the Department of Transportation, it will affirmatively assure that in any contract entered into pursuant to this advertisement, disadvantaged business enterprises will be afforded maximum opportunity to participate and/or to submit bids in response to this invitation, and will not be discriminated against on the grounds of race, color, disability, age, religion, sex or national origin in consideration for an award;

in accordance with Title VI of the Civil Rights Act of 1964 as amended, and Title 23, Code of Federal Regulations, Part 230 Subpart A-Employment Opportunity on Federal and Federal-Aid Construction Contracts (including supportive services), it will affirmatively assure increased participation of minority groups and disadvantaged persons and women in all phases of the highway construction industry, and that on any project constructed pursuant to this advertisement equal employment opportunity will be provided to all persons without regard to their race, color, disability, age, religion, sex or national origin;

in accordance with the Minnesota Human Rights Act, Minnesota Statute 363A.08 Unfair discriminatory Practices, it will affirmatively assure that on any project constructed pursuant to this advertisement equal employment opportunity will be offered to all persons without regard to race, color, creed, religion, national origin, sex, marital status, status with regard to public assistance, membership or activity in a local commission, disability, sexual orientation, or age;

in accordance with the Minnesota Human Rights Act, Minnesota Statute 363A.36 Certificates of Compliance for Public Contracts, and 363A.37 Rules for Certificates of Compliance, it will assure that appropriate parties to any contract entered into pursuant to this advertisement possess valid Certificates of Compliance.

If you are not a current holder of a compliance certificate issued by the Minnesota Department of Human Rights and intend to bid on any job in this advertisement you must contact the Department of Human Rights immediately for assistance in obtaining a certificate.

The following notice from the Minnesota Department of Human Rights applies to all contractors:

"It is hereby agreed between the parties that Minnesota Statute, section 363A.36 and Minnesota Rules, parts 5000.3400 to 5000.3600 are incorporated into any contract between these parties based on this specification or any modification of it. A copy of Minnesota Statute 363A.36 and Minnesota Rules, parts 5000.3400 to 5000.3600 is available upon request from the contracting agency."

"It is hereby agreed between the parties that this agency will require affirmative action requirements be met by contractors in relation to Minnesota Statute 363A.36 and Minnesota Rules 5000.3600. Failure by a contractor to implement an affirmative action plan or make a good faith effort shall result in revocation of its certificate or revocation of the contract (Minnesota Statute 363A.36, Subd. 2 and 3)."

A minimum goal of 1.2 % Good Faith Effort to be subcontracted to Disadvantaged Business Enterprises.

Proposal, Plans, and Specifications may be obtained and examined at the Office of the County Highway Engineer, 204 7th Street SE Red Lake Falls, MN 56750. (218) 253-2697

All bids must be accompanied by a certified check or Bidder's Bond made payable to the Red Lake County Treasurer for not less than five percent (5%) of the proposal amount.

ALL BIDS MUST BE DELIVERED TO THE RED LAKE COUNTY AUDITOR AT THE COURTHOUSE, P.O. Box 367 Red Lake Falls, MN 56750 by 11:00 AM on Tuesday, May 26, 2015.

The right is reserved to accept or reject any or all bids and to waive any defects.

Robert Schmitz, County Auditor

05-7C

4 THE OKLEE HERALD

Wednesday, April 29, 2015

Six Things Farmers Should Know About Seed Treatments

Many farmers may be questioning whether their soybeans need a fungicide treatment this planting season. But, that depends on many factors-from weather and planting date to drainage and seed costs. If conditions or field history do not dictate the use of a fungicide treatment, then it not be the best option for you.

The soybean checkoff funds seed treatment research is working hard to provide U S soybean farmers with practical production knowledge and help protect their yields against seedling diseases.

Applying seed treatments is a rapidly growing trend. In fact, the soybean industry estimates that 60 to 70 percent of the 2014 soybean seed planted had a seed treatment. That's compared to with 30 percent in 2008 and 8 percent in 1996 says Gary Munkvold, plant pathology and microbiology professor at Iowa State University.

But in spite of the rise in seed treatment use, it might not be the best option for your operation. Here are six things to consider:

1. Farmers with poorly drained or no-tilled fields, continuous-soybean or soybean-corn rotations and a history of replanting are the most likely to see the added benefit of using a seed treatment.

2. When spring conditions are cool and wet and when planting occurs in early May or before; seed treatment fungicides are an effective tool.

3. The use of a seed treatment is most impactful in fields with a history of post planting problems, such as minor soil crusting, temporary flooding, soil compaction or poorly drained soils. Treatments are also useful when farmers use low seeding rates and when farmers plant seed with a moderate germination rate or when the germination rate is unknown.

4. Using a fungicide treatment on soybean seeds will increase the probability of achieving a satisfactory stand and will enhance the early season vigor of established seedlings.

5. With the increase in cost of seed, many farmers don't want to over plant. As a result, some farmers are decreasing their seeding rate and using the money they save on seed treatments instead.

6. Fungicide seed treatments showed an average yield of 2.5 bushel per acre over an eight year period, according to Kansas State University Research and Extension.

Always remember to separate treated seed and harvested soybeans to protect the integrity of the U S soybean supply. This will avoid putting the U S soybean industry's relationship with customers beyond the elevator in jeopardy. For more information, go to the web at www.unitedsoybean.org.

Source: United Soybean Board.

Centennial
Recipe
Corner
French Bread
Rose Mandt

1 pkg active yeast
1 Tbsp sugar
1 Tbsp soft margarine or butter
1-1/2 cups warm water
1-1/2 tsp salt
4 cups flour

Melt butter. Sprinkle yeast in 1/2 cup warm water, stir until dissolved. In large bowl, dissolve sugar, salt and remaining cup of water. Add shortening and yeast mixture. Mix well. Add flour. Mix at 10 minute intervals. Work the dough with a spoon or hand 5 times. Turn dough onto floured board and divide in half. Shape into 2 balls and let rest for 10 minutes. Roll each ball into a 12 x 9 rectangle, then roll firmly as for a jelly roll, starting with long sides. Seal edges. Place long rolls on a baking sheet. Score the top diagonally 6 times. Cover with a towel and let stand 1-1/2 hours. Bake at 350 degrees 30 to 35 minutes.



Oklee Area Veterans' Memorial Update

Recently a donation was received for the Oklee Area Veterans' Memorial from Barb and Cliff Melby. Melby's recognized Elmer Hanson's 60 years of service to the American Legion and the Community of Oklee with a contribution in his name to the Veterans' Memorial. They also made a donation in memory of Sidney Bergeron who was a long time resident of Oklee. Mr. Bergeron served in the United States Naval Reserve for one year and in addition proudly served for four years in the U.S. Army during WW II in the Panama Canal.

The American flag has been missing from the Memorial site for several days after high winds recently broke the rope. The flag will be repaired and flown as soon as repairs are made. New blocks which were ordered last fall will be installed in the walkway as weather permits.

Donations for the Oklee Area Veterans' Memorial may be sent to Security State Bank, Box 69, Oklee, MN 56742, attn: Lori. Questions regarding the Memorial should be sent to Mary Lynn Bachand at bachand@gvtel.com.

Wellness Works
In the Workplace

The workplace environment has significant potential to influence health as a majority of working adults spend at least half of their waking hours in the workplace. Eight local businesses have teamed up to learn more about ways to help their employees reduce tobacco use, increase physical activity & healthy eating, and support breastfeeding. The ultimate goal of the QUIN Worksite Wellness collaborative is to help worksites create a sustainable worksite wellness program.

The collaborative consists of Marvin Windows and Doors, Roseau Electric Cooperative, Polaris Industries, LifeCare Medical Center, Border State Bank, Central Boiler, North Valley Health Center and Kittson Memorial. The collaborative group has met in person three times since it began last fall. These meetings provide a great networking opportunity for this diverse group of worksites. Resources, tools, templates and experts in the content areas of Tobacco, Nutrition, Physical Activity, and Breastfeeding are available to the collaborative group at no charge.

This fall, the worksites completed an Organizational Assessment that summarized the current state of wellness



Two large tents were set up outside the American Legion Club in Red Lake Falls to accommodate the large crowd who showed up in support of Chad Schmitz at the April 18 benefit.

Regional Ag News
Jim Stordahl, Extension Educator

Potential Cold Weather Crop Damage

With air temperatures dropping into the high teens last week, there is concern about damage to early seeded wheat, barley, oats (or any crop for that matter), especially after a few mornings with frozen soil conditions after planting.

According to Dr. Jochum Wiersma, UM Small Grains Specialist, the fastest way to detect damage is to dig up some seed, or seedlings, and place them on a moist paper towel at room temperature and cover with plastic wrap to maintain a moist environment. Within 24 hours, you should see elongation of the coleoptile of the seedlings. With seed that had yet to germinate, you may have to wait another day before you see a radicle and coleoptile appear. If the seed and the germ are damaged by frost they will turn to mush within 24 hours at room temperature. If the crop had already emerged, you can simply cut the above ground leaf material and place the seedling on the moist paper towel and wait for new growth to elongate. Just be sure the paper towel remains moist throughout the duration of the experiment.

There are more reports

of alfalfa winter injury in the Southern two-thirds of Minnesota. The condition of alfalfa in our part of the State remains to be seen, but it's only prudent that producers continue to monitor the early spring growth. Following is more detailed information from the UM Forage Team.

Winter injury may not be immediately apparent. It may be indicated by slow or uneven spring growth, or could go undetected until after the first cut.

The most direct assessment of spring plant health is root color and turgidity. Dig a few plants from representative areas of the field, and split the taproot down the center. Healthy roots should be off-white in color and turgid (firm and hydrated). Damaged or winterkilled roots will be dark, dehydrated, and "ropey".

One easy assessment of overall stand health, and production potential, is achieved through stem counts per square foot: (Bear in mind, this is "stems", not plants.)

- 55 stems per square foot = Density is not limiting to production
- 40-55 stems per square foot = Some reduction

has occurred, but adequate production is still likely

- Fewer than 40 stems per square foot = May want to consider termination or supplementary options

If winter injury is a concern, it is also important to watch for slow or uneven regrowth, and monitor regrowth closely following the first cut. Reduced stem count or plant vigor may occur as a result of mild winter injury. Depending on plant health and severity of the damage, production may decrease throughout the year -- or recover. Recognize that every stand and every field is different and could require specific assessment and management planning.

Last week, I offered several suggestions to "thicken" existing stands, or crop alternatives if the field is severely damaged. If you would like greater detail, Google: "Forage Options Following Alfalfa Winterkill"; or UWEX Forage Team to see a host of articles related to forages. As always, the other option is to contact me at 800-450-2465 or stordahl@umn.edu. Sources: Jochum Wiersma and UM and UWEX Forage Teams.

Who's Dat?



Who's Dat
This week's photo is of two youngsters from the area.
Last week's photo was of Richard "Henny" Hendrickson. He grew up south of town and is a teacher in a nearby town.



TRF Growing Forward

What is TRF Growing Forward? It is a new food network that was formed in the Thief River Falls area in February of 2015. A basic definition of a food network is a diverse group of people working on multiple food-related issues in a defined geography. There are many positive outcomes of a food network, such as supporting specific projects in the community including community gardens, school gardens, farmers markets, etc.; supporting local policies/ordinances around local food and food access; collaboration and networking to share ideas and gain momentum around food as well as various other purposes.

TRF Growing forward was started by TRF Area Food Shelf Director, Amy Beckius-Johnson along with support from Frances Tougas, PHN who works with the Statewide Health Improvement Program (SHIP). SHIP is a Minnesota Department of Health funded grant that works to make sustainable changes around healthy eating, active living and tobacco-related efforts. The overall goal of TRF Growing Forward is to bring people together from many aspects of the food system to have conversations around and

support efforts around local foods in the TRF area. Hopefully this can be expanded to include other communities, once the group becomes established.

TRF Growing Forward met for the first time in February and again on March 25th to start talking about things already happening in the TRF area around local foods/healthy eating and identify areas where support could be beneficial. Priorities identified included: supporting the TRF Farmers Market; supporting and growing the Challenger Elementary school garden; supporting the Food Shelf/Community garden and increase opportunity for green space available for community gardens; and more education about healthy eating/local foods in the community.

TRF Growing Forward plans to proceed and assist with some of these identified needs with the hope of improving the availability and accessibility of healthy food in the TRF area. If you are interested in being a part of TRF Growing Forward, please contact Amy Beckius-Johnson at amybeckius@gmail.com or Frances Tougas at frances.tougas@northvalleyhealth.org or 218-745-5154.

Statepoint Crossword
Theme: Prom Night

ACROSS

1. Esau's father
6. Dashboard acronym
9. Union foe
13. Molten rock
14. *I love ____
15. *She looked "Pretty in Pink"
16. Uproar
17. Island of Misfit Toys visitor
18. Got up
19. Ingalls and Dern
21. *Special Prom togs
23. Site of 2016 Olympics
24. Not yet final
25. Down Under bird
28. Therefore
30. Entertained
35. Orange peel
37. Mummy's home
39. Curaçao neighbor
40. Ancient Peruvian
41. Like a feeble old woman
43. Religious painting
44. Raccoon's South American cousin
46. Children's writer Blyton
47. Gator's cousin
48. Mountain trees of Colorado
50. Colossal
52. Obtain, but just barely
53. Bud holder
55. Pool shark's weapon
57. *Prom date gift
61. *Spaghetti on a prom dress?
64. Egg-shaped object
65. Definite article
67. Judge Judy's event
69. Root about
70. *Love is in it?
71. Agenda entries
72. Square footage
73. The night before
74. A tiny amount

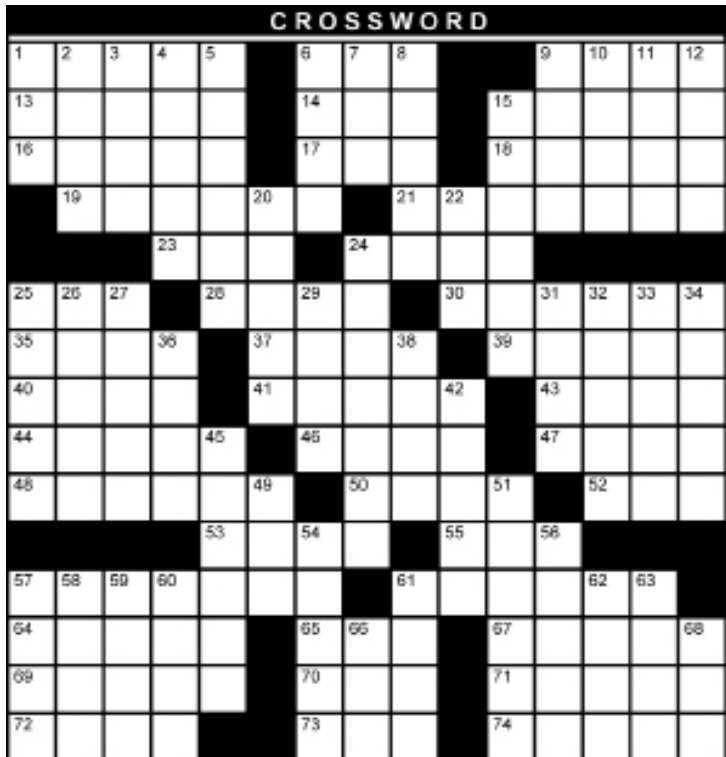
DOWN

1. International Monetary Fund
2. "Better Call ____" TV show
3. Taj Mahal city
4. "Love" in France
5. *Scary movie classic
6. Whiskey grain, pl.
7. Campaign pro
8. Civilian clothes

9. Sight for these eyes
10. *He'll step on your toes during slow dances?
11. "The Sun ____ Rises"
12. After hellos
15. Maximum, pl.
20. Blood line
22. Winner of "Miracle on Ice" game
24. *Prom king or queen hopeful
25. "Fear of Flying" author
26. King of ancient Crete
27. To open, as in beer bottle
29. 2014 movie "____ Girl"
31. Kind of acid
32. "Sugar" in Paris
33. Nook offering
34. *Main Prom event
36. *Escort
38. Found on radar
42. Court order
45. Overrun
49. Actors' group
51. *Prom Night" scream queen
54. Caterpillar hairs
56. Home to mankind
57. Closing section of musical composition
58. "____ and out"
59. Hamlet to a thespian, e.g.
60. The Destroyer in Hinduism
61. Dried-up
62. Embarkation location
63. Ditto
66. Cause of AIDS
68. Psychedelic drug

Solution
Mother's Day

S	C	A	L	A		O	R	B		H	A	L	O
T	U	L	I	P		A	I	R		R	E	C	U
U	R	B	A	N		S	P	A		E	L	A	T
D	E	A	R	E	S	T		G	O	L	D	I	E
			S	I	T		U	G	L				
C	A	M		C	O	I	N		D	O	T	C	O
A	B	E	D		I	T	C	H		N	O	R	I
R	A	C	E		C	E	L	E	B		G	E	L
O	C	C	A	M		M	E	R	E		A	P	E
L	I	A	N	A	S		A	R	T	S		E	R
			D	A	R	N		E	N	D			
	M	A	R	M	E	E		F	L	O	W	E	R
K	O	R	E	A		A	V	E		R	E	T	I
I	N	C	A	N		C	I	A		E	L	U	D
D	O	O	R			H	A	T		S	L	I	E



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Oklee Herald Early Files

Seventy Years Ago May 3, 1945

Soldiers of the 439th anti-aircraft automatic weapons battalion who are guarding fighter fields in support of the 6th Army group, say they have a comparatively dull time since the Luftwaffe vanished from the Allied controlled skies on the western front.

Members of the 439th from this area include Cpl. Arthur C. Torgerson, Pfc. Arlie M. Brekke and Pfc. Orvin Rystad of Oklee, Pvt. Lester J. Riel and Pvt. Lawrence O. Lambert of Brooks.

Average income per capita more than doubled throughout the United States during the five year period from 1938 to 1943, rising from \$511 to an all-time high of \$1,031 last year.

Sixty Years Ago May 5, 1955

Minnesota motorists now must pay two dollars every four years for the privilege of driving a motor vehicle. This applies immediately to all original or renewal applications, but not learners permits or duplicate licenses.

Oren Syrtveit returned home to spend a 13 day furlough with his folks.

A fire at John Westlake's farm southeast of Plummer kept the Plummer Fire Department hopping a good part of the night Tuesday. The fire was fanned by heavy winds which have prevailed over the area all week. The fire started in the brooder house.

Fifty Years Ago May 6, 1965

Over the past 22 years the number of licensed hunters in the U.S. increased by nearly 80 percent – almost twice the 43

percent growth in population in the same period.

The village of Oklee continues to battle with problems related to the deep frost of last winter and slow thaw of spring, complicated by excess water from rain and melting snow.

Oklee stores have announced that they will be open on Friday nights beginning this week. Drawing are being held for free "Oklee Bucks," which are legal tender in local stores.

Forty Years Ago May 1, 1975

A son was born to Mr. and Mrs. Jeff Sundrud (Donna Fossum) on April 12th. He was named Jonathan Dean. Grandparents are Mr. George Fossum of Trail, Mrs. Hazel Fossum of Thief River and Mr. and Mrs. Omar Sundrud of Grand Forks.

At a special meeting Friday night, the electors of Deer Park Township voted to establish a township militia. No officers were elected at this meeting.

Thirty Years Ago May 1, 1985

Debbie Lambert, 18 year old daughter of Richard and Mary Ann Lambert, earned the title of Miss Oklee 1985 at last Saturday's pageant.

Mr. and Mrs. Sam Walton announced the birth of their new son, Joshua Thad who was born on April 21st.

Jack and Mary Lou Rindahl are the proud owners of the Arcady Inn Café in Oklee.

A bill introduced by State Senator LeRoy Stumpf that would extend summer vacation for all Minnesota schools until after Labor Day was approved

by the State Senate by a vote of 36-26.

Twenty Years Ago May 10, 1995

Dylan Brekke, son of Dale and Shelly Brekke was baptized in the Lutheran Faith by Rev. C. J. Johnson at Ebenezer on Sunday.

Amy Haugen and Sean Kelly announce their engagement. Parents are Marlyn and Doloris Haugen of Oklee and Ilana Kelly of Fargo.

A new Executive Vice President, Harold Becker, was welcomed and honored with an open house.

Ten Years Ago May 5, 2005

A public information meeting will be held on May 10th to discuss building a new Tri-County Corrections Center/ Polk County Courthouse.

Kevin Longtin, Jeffery Sorenson and Trishia Braaten plan on attending a 10 day history trip to Washington D.C. and a spaghetti dinner was held in Plummer to raise funds.

A giant landslide imperils homes on Red Lake River. Homes affected are Kent Schmitz and Vern Wavra's.

Le Rouge Chapeaux of Terrebonne hosed a dinner in Brooks on National Red Hat Society day Monday. Who knew last year when Joyce Rock was asking ladies, "Would you like to join the Red Hat Society?" that not only would she form a club, but would have 88 other women join her for dinner at Third Base in Brooks this year.

Sergio & Shari (Rustan) Palacios announce the birth of their fourth child, Isabel Grace. Grandmother is Gloria Rustan of rural Oklee.

Senior Site News and Other Things

By Volunteer Iona Berry

Dates To Remember
April 30: 10:00 a.m. Site Council meets
May 3: Evening Meal
May 10: Mother's Day

Words Of Wisdom

To be happy when alone is an exquisite happiness.

The minority is always more influential than you think.

Joke Time

A juggler, driving to his next performance, is stopped by the police.

"What are those machetes doing in your car?" asks the cop. "I juggle them in my act."

"Oh yeah?" says the doubtful cop. "Let's see you do it."

The juggler gets out and starts tossing and catching the

knives. Another man driving by slows down to watch.

"Wow," says the passer by. "I'm glad I quit drinking. Look at the test they're giving now!"



Bonny Cote was the only birthday person at the meal in April.

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

Happy Birthday to Jeanette Ste. Marie who celebrated her birthday on Sunday. Her children were home to help her celebrate. And thank you to Jill who helped us at church playing the piano for the choir. It is so nice to be able to sing with an accompanist.

Happy Birthday also to Joyce Morinville who celebrated her birthday on Saturday. The six "sisters" helped her celebrate her birthday on Saturday. They went to Thief River Falls and had lunch and then a pedicure. Painted toes and all. Cindy Determan, Linda Hemly, Carly Kvasager, Diane Anderson, Nancy Seeger, and Joyce Morinville make up the

sisters.

Myrtle Hamrum went to the Red Hats in Thief River Falls on Thursday.

Elaine Radniecke went to the Red Hats gathering in Thief River Falls on Thursday .

Cindy Determan attended the dance recital in Plummer on Sunday. Her grandchildren were in the show, and everyone was impressed with the 30 some children who were in the pre school troupe. Girls up to 6th grade were enrolled in the dance classes and Cindy would like to give a big hats off the Krista Bernstein who teaches the classes to the children. It sounds like little Emma Determan keeps the discipline in line with the girls in her class. Congratulations to the children for doing such a good job entertaining the folks.

Joyce Morinville also went to see her little grandchild Keira Morinville in the dance recital on Sunday.

Pam Paradis went to see her grandchild Isabella in the dance recital on Sunday at Plummer. She mentioned that there was a nice crowd of people

who were there.

Diane & Clarence Gagner hosted company the other day, Dick & Judy Reger of Thief River Falls. They went to Cozy Bar and Grill for dinner and then coffee & dessert at home after.

Saturday afternoon Clarence & Diane were surprised with a visit from Judy Dziengle of Kennedy Mn. Judy was looking for some of her ancestors old homesteads. She was looking for the Poirer farmsteads. They had a nice visit and tried to help her find the farmsteads.

Congratulations to Gen & Orville Knott on their 50th Anniversary in Red Lake Falls. We hope you have many more years to come enjoying life together.

The persons of the week are the man and woman who "paid it forward" on Sunday evening at the Whispering Winds Café in Mahanomen. They were buying people their supper at the café, and we were the recipients of their generosity on Sunday. It was a wonderful treat. Thank you.

Plummer News

By Alice Jobe 218-465-4402

RLCC Elementary put on a Spring concert Friday evening, called TV Tunes. The 5th and 6th grade band played various TV kid's show tunes. There were solos, duets and a trumpet trio. It was a fun program. The kids sang TV theme songs, and did an amazing job. There were about 85 kids. And they sang their hearts out. It was directed by Krista Bernstein.

Debbie DuChamp celebrated her birthday on Sunday. Cake and coffee was served after church services at Immanuel.

Al and Lorraine Fisher, Helen and Chuck Fisher went out to Dickenson, North Dakota for a funeral and visited for a few days. They went on Sunday and returned on Wednesday.

RLCC Junior Senior Prom was held at Oklee School last Saturday night. Grand March was at 7 p.m. Guess there were many beautiful and interesting dresses.

Thursday, the Red Hats went to the Dawg House in Thief River Falls. There were 10 ladies in all. Most ordered off the menu and also a couple had the salad bar. There was

a good choice of pies available. Fern Eskeli won the quarter pot. It was a beautiful day to be out.

Just received word that former Plummer resident "Butch" Keith Kruse of Grand Rapids passed away this week.

The previous week, they were fighting fires up in Beltrami forest. My sister Phyllis had called on Monday this week and said how close it was to them. They were told to evacuate their home. So, had packed a car or two with belongings and sometime later, the fire had reached the swamp, I think south of them and it stopped. So it turned out they didn't leave after all. I'm sure it was an awful scary feeling knowing your home could burn. They are surrounded by trees on all sides – woods actually. In all, it burned 3,000 to 4,000 acres of pine timber, an awful loss.

Warm weather is coming. The snow a few days ago was something. We actually got 4/10 of moisture. But it's taking a long time to get green grass.

Hope you have good week.

Bonny's Bits...

okleeherald@gmail.com

May Day on May 1 is an ancient Northern Hemisphere spring festival and usually a public holiday; it is also a traditional spring holiday in many cultures. Dances, singing, and cake are usually part of the celebrations.

The earliest May Day celebrations appeared in pre-Christian times, with the Floralia, festival of Flora, the Roman goddess of flowers, held April 27 during the Roman Republic era, and with the Walpurgis Night celebrations of the Germanic countries. It is also associated with the Gaelic Beltane, most commonly held on April 30. The day was a traditional summer holiday in many pre-Christian European pagan cultures.

While February 1 was the first day of Spring, May 1 was the first day of summer; hence, the summer solstice on June 25 (now June 21) was Midsummer. As Europe became Christianised, the pagan holidays lost their religious character and May Day changed into a popular secular celebration.

A significant celebration of May Day occurs in Germany where it is one of several days on which St. Walburga, credited

with bringing Christianity to Germany, is celebrated. The secular versions of May Day, observed in Europe and America, may be best known for their traditions of dancing around the maypole and crowning the Queen of May. Fading in popularity since the late 20th century is the giving of "May baskets," small baskets of sweets or flowers, usually left anonymously on neighbors' doorsteps.

And according to the weatherman's report on the news last night, it sounds like we will have a very week including May Day on Friday.

People are getting a few things done now that the weather is nice. Enjoy and have a great week!

1X2
Sounds like multiplication!

Guess again. It's newspaper talk for a one column by 2 inch ad. Too small to be effective? You're reading this one!!!

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Rep. Deb Kiel Legislative Update



ST. PAUL—Last Thursday, the Minnesota House of Representatives declared an urgency, suspending the rules to debate and pass legislation that provides emergency funding to the Department of Agriculture and Board of Animal Health in order to respond to the avian influenza outbreak that has devastated Minnesota turkey flocks.

On Tuesday, the Senate DFL majority added a provision to that legislation, significantly unrelated to avian influenza or emergency response, refusing to pass a clean bill to help Minnesota's turkey farmers.

"Minnesota is the country's leading turkey producer, and the Avian Flu outbreak is devastating our agricultural community," said Rep. Deb

Kiel (R-Crookston). "Getting this legislation signed into law will procure the much needed funding for state agencies to continue their work of studying, preventing and containing this virus. State leaders need to come together on this issue quickly because it's not about politics, it's about our farmers and the health of their flocks, the workers in the processing plants who could lose their jobs if this gets worse, and the consumers who purchase Minnesota turkey every day."

To date, 14 counties in Minnesota have been affected by avian influenza including Ottertail, Roseau, Kandiyohi, Stearns, Cottonwood, Lac Qui Parle, Le Sueur, Lyon, Meeker, Nobles, Pope, Redwood, Swift and Watonwan.

Arbor Day Foundation Works with USDA on Building Blocks for Climate Smart Agriculture & Forestry

Nebraska City, Neb. (April 23, 2015) — Today, with partners including the Arbor Day Foundation, the U.S. Department of Agriculture announced a comprehensive and detailed approach to support land owners in their response to climate change. The approach spans a range of technologies and practices to reduce greenhouse gas emissions, increase carbon storage, and generate clean renewable energy.

President Obama has made clear that no challenge poses a greater threat to future generations than climate change. The effects of climate change can no longer be denied or ignored – last year was the planet's warmest year recorded, and 14 of the 15 hottest years on record have happened this century. All over the country, Americans, including farmers and ranchers, are already facing devastating impacts – from severe floods to extreme heat and drought to increased challenges due to wildfires, disease and pests. That's why the Administration has taken historic action to cut the carbon pollution that drives climate change and protect American communities from the impacts. And throughout this week, the Administration has announced new steps to address the threat of climate change and protect the people and places climate change puts at risk.

In connection with today's announcement, the Arbor Day Foundation is announcing early actions and commitments in support of USDA's approach:

The Arbor Day Foundation plans to work with 20 different utility partners in 18 states and the District of Columbia in 2015 to place 40,000 trees into the hands of tree planters through the Energy-Saving Trees program.

The 2015 Arbor Day Foundation Energy-Saving Trees utility partners are

Atlantic City Electric, Baltimore Gas and Electric, Black Hills Energy, Black Hills Power, CenterPoint Energy, Colorado Spring Utilities, ComEd, Cheyenne Fuel Light and Power, Delmarva Power, Greenlight Energy, Idaho Power, Nebraska City Utilities, Omaha Public Power District, Oncor, PG&E, Pepco, Peco, Sacramento Municipal Utility District, and Unifit.

As of 2014, nearly 80,000 trees have been distributed nationwide through the Energy-Saving Trees program, engaging nearly 50,000 homeowners, and yielding a projected cumulative environmental impact of 171,397 MWh saved, 156,367 metric tons of carbon sequestered, 2,206,991 Therms saved, and \$1.8 million leveraged by participating electric utility partners.

With spring planting underway across most of the nation, the Arbor Day Foundation celebrates our 2015 partner utilities engaged in strategic tree-based energy conservation through the Energy-Saving Trees program. Innovative utility companies across the country are working with the Arbor Day Foundation to help reduce energy use through strategic tree planting. These conservation minded utility companies are providing a tree or reduced-cost trees to their customers who plant trees to save energy.

Energy-Saving Trees is an innovative, strategic tree planting initiative that engages partners in the urban forestry community to support the planting of trees in locations specifically chosen to reduce carbon emissions from energy plants by reducing energy consumption in homes and businesses. The U.S. Department of Agriculture estimates that properly placed trees can reduce energy costs by up to 20 percent. The program

spurs long-term electric utility investment in large-scale tree planting nationwide.

Energy-Saving Trees was launched four years ago to help conserve energy, reduce peak demand and lower utility bills through strategic tree planting.

Energy-Saving Trees helps people through our utility partners to strategically plant trees. Central to the program is an interactive online tool that was created by the Foundation and the Davey Institute, a division of the Davey Tree Expert Co., and uses peer-reviewed scientific research from the U.S. Forest Service's i-Tree Software to calculate estimated energy savings benefits over time. Other benefits of planting trees include clean air, clean water, and wildlife habitat. People use the online tool to personally plot their yard as seen from satellite imagery in order to select the right tree -- provided by their utility provider -- and the right place for planting that will yield the greatest energy and cost savings. The Energy-Saving Trees program works

Serving Locally Grown Produce

When asked if facilities such as schools, restaurants, hospitals and nursing homes can purchase locally grown food and serve it to their students, customers or clients? The answer is definitely, YES! There is often a misconception that there are too many regulations for facilities to purchase locally grown produce but this is just not the case.

Local produce growers are an approved source of food for these facilities if the food is grown on the farm or garden that is occupied or cultivated by the grower and has not been prepared or stored in a private home. Growers that are interested in selling to food facilities are responsible for ensuring that all produce they sell has been properly handled, is safe and wholesome. Growers who sell produce from a farm or garden that they either own or rent are exempt from needing a license. A license is only required if someone sells food that is processed. "Limited processing" of produce is allowed and still exempt from licensing. This includes: sorting or trimming (such as tops of carrots) as part of the harvesting process, or washing.

It is best practice for food facilities who purchase local foods or accept donations of

with members and partners to help people save energy through planting trees.

"We are very excited to partner with the USDA and conservation and customer focused utilities to work together in helping residents save energy," said Dan Lambe, Arbor Day Foundation president. "Our utility partners are the key to accomplishing our residential energy savings goals through the use of strategically planted trees."

The newly planted trees mature to help provide summer shade, thereby reducing cooling costs, and help provide winter wind breaks and protection, thereby reducing heating costs. The trees also provide natural beauty and habitat for local birds and wildlife.

About the Arbor Day Foundation: The Arbor Day Foundation is a million member nonprofit conservation and education organization with the mission to inspire people to plant, nurture and celebrate trees. More information is available at arborday.org.

local foods to obtain a receipt that includes: date; grower's information-name, address, phone number, email; harvest location and date; description and amount of product; and purchase price.

Farm-to-Institution is becoming increasingly popular across the state of MN and the US. It is an effective way to increase the nutritional value of the food served in the facility as well as support the local economy! The Statewide Health Improvement Program (SHIP) is a Minnesota Department of Health funded grant that strives to make sustainable changes in healthy eating, active living and tobacco control efforts. Farm-to-Institution is one of many strategies that SHIP is using to increase healthy food options in our communities.

Please contact Laura Dahl at 218-874-7845 or Frances Tougas at 218-745-5154 to find out more about local Quin Community Health Services SHIP efforts. For more information about serving locally grown produce in food facilities, please reference: <http://www.extension.umn.edu/food/farm-to-school/toolkit/sourcing-food/docs/produce-fact-sheet.pdf>