



Red Lake County



HERALD

Serving Oklee - Plummer - Brooks - Red Lake Falls

Vol. 112, Number 52

www.TriCoCanary.com

Wednesday, August 7, 2024

Many events planned for Market Day on Saturday, August 10th

Oklee Market Day is coming August 10th, 2024 and its going to be a day of fun for the whole family.

The Hero Hustle 5K registration opens at 8am in the Oklee Veterans Memorial Site and the race start is at 9am.

The Hero Hustle 5K promotes organ donation awareness and this year they are honoring three area men that have been affected by organ donation and proceeds from the 5k will be donated to them and a donation will also be made to The Second Chance For Life Foundation in Minneapolis.

If your looking for breakfast head on over to the Oklee Fire Hall for some breakfast made by the RLCC Mustang Youth Wrestling group, they will start serving at 8am and its a free will donation.

The Quilt Show will be held in the Oklee Community Hall from 9am-2pm, with a presentation at 10:30am by the Red, White & Blue Quilters, they will tell you about their organization and present some quilts to some local Veterans. The public is asked to come and vote for your favorite quilt and there will be a Lucky Buck Auction and the American Legion Auxiliary will be serving refreshments.

Crafters and Vendors will be set up and ready to sell by 9am, come and see all the fun items they have for sale on the south end of main street.

At 10am the car show begins, come on down to the south end of main street in Oklee and show off your cars and trucks. Registration fee is \$15 and there will be cash prizes given at 3pm.

While your waiting for more fun to begin stop by and have lunch with our food vendors, Zion Lutheran Church, Nelly's, and Lulu's Little Bites will be cooking up a storm. If you want a cup of coffee or a smoothie then

you are going to want to stop at the Nordic Brew House truck and have a tasty drink and we can't forget about Snowie by Warren, they have a variety of snow cone flavors and the best fresh squeezed lemonade.

The Pickleball tournament will begin at 11am, preregistration is required and you can contact Bobbie Olson to get registered. You can find more information on the Oklee Market Day Facebook page.

Cornhole is a fan favorite and you can get registered from 11am-noon and the bags will fly at 12:30pm. Entry fee is \$20 per team and cash prizes will be awarded for 1st, 2nd, and 3rd place winners.

The Old-Fashioned Street Games are a must, be there at 11:30 when the Melby family will kick off the games and maybe even a shoe kick. Fun and prizes for kids and adults during the street games.

Family Fun Day will start at noon with inflatables for the kids to jump in, face painting by Hannah, cartoon caricatures by Trevour and a dunking booth for all ages to try their luck at throwing.

The RLCC Mustang Volleyball team will be on hand to play some games with the kids and all funds raised will be going towards the summer JO Volleyball program.

New this year is USA Mobile Axe Throwing, this will be free to adults and looks like tons of fun to try, make sure you check out the trailer for axe throwing.

Sidewalk chalk contestants can sign up for a spot at noon and take their time drawing on the north end of main street. Look for a table down by the food vendor area to sign up, bring your own chalk supplies and voting will take place later in the evening.

Oklee Lumber Alumni Soft-

ball game and Home Run Derby will be held at 4pm, contact Dale Rystad for more information.

Have some fun playing Music Bingo at 5pm across the street from TJ's Tavern, bingo will be free to all ages and prizes will be given to the winners.

Get your dancing shoes ready from 8pm-midnight as Eagle Creek Band will take the stage.

Most of the Oklee Market Day events will be free to the public. We try and raise funds each year so we can entertain the whole family. It takes a village to put these events on and a lot of funding.

We'd like to thank everyone who purchased raffle tickets and sent in donations to help us keep Oklee Market Day alive. Donation jars are placed around town or if you'd like to make a donation you can send to Oklee Market Day, PO Box 152, Oklee, Mn 56742. We need your support to keep Market Day going, if you have any event ideas or want to become a part of our committee we'd love to have you.

Come on out to Oklee August 10th, 2024. More information on facebook at Oklee Market Day.



Oklee Post Office to be named in honor of Coya Knutson

By Eric Mickelson

On August 22nd many of you are probably aware that the post office in Oklee, MN, is being renamed in honor of Coya Knutson. Many of us in Oklee are familiar with some of Coya's story and her impact on the state of Minnesota and Oklee! Oh yes, in the coming weeks there will be more to come, but I thought we could build a little background to those who are not familiar!

Coya Knutson was the first woman to serve in the United States House of Representa-



Coya Knutson congressional photo

tives. She was born Cornelia Gjersdahl, on August 22, 1912, in Edmore, North Dakota. After high school she attended Concordia College graduating with a degree in education. Later Coya traveled to New York where she studied opera at the Julliard School of Music. Although she had a love for music she came to the realization that a music career would be difficult and settled in Oklee where she married Andy Knutson, was a school teacher, and ran a hotel with her husband.

Coya served in local government during the 1940s and in 1949 the DFL wanted her to run for Minnesota State Legislature. After two terms in the state legislature Knutson ran for representative in Congress. Her campaigning and knowledge of agriculture allowed her to be elected to Congress by the voters of Minnesota's Ninth District. She served from 1955-1958. She was not reelected in 1958. In 1996, Coya passed away leaving behind the legacy of being Minnesota's first female representative in Congress as well as pushing for legislation regarding cystic fibrosis, student loans, and Minnesota Farmers. A taste of a little Coya Knutson.....more to come!

Pictures from Freedom Fest in Goodridge



Gordie and Sandy Henrickson riding a Jeep in the Freedom Fest parade.



Abel Hruby driving a 1935 BR John Deere that belonged to his Great-Grandfather "Honest" John Hoffman in the Freedom Fest parade in Goodridge, MN, July 27th, 2024!



Principal Becky Carlson and teacher Madison Paulson throwing out candy on behalf of the Goodridge Public School in the parade.



If you have been in Oklee recently and drove by the RLCC High School, the outside of the building is starting to look good. The roads and curbs have been tarred and replaced and the new parking lot for staff has been completed. Just a little landscaping left to do.

Yard of the Week awarded to: Richard & Jami Hendrickson



Jami & Richard Hendrickson are the week 5 winners of the 2024 Oklee Community Club Yard of the Week! This week's yard is sponsored by Oklee Cenex.

Church News

OKLEE LUTHERAN PARISH
Zion and Salem
Okleelutheran.org
Sun, Aug. 11: 9:00 a.m.
Zion. 9:00 a.m. 10:30 a.m.
Salem.

CATHOLIC PARISHES
OF OKLEE, GRYGLA &
GOODRIDGE
Fr. Bryan Kujawa
Sunday: 8:00 a.m. St. Fran-
ces – Oklee; 10:15 a.m. – Gry-
gla. 12: p.m. – Goodridge.

BROOKS – RED LAKE
FALLS
CATHOLIC PARISH
Fr. Bob Schreiner
Saturday: 5:30 p.m. St.
Joseph – RLF.
Sunday: 8:00 a.m. –
Brooks. 10:00 a.m. St. Joseph
– RLF.

IMMANUEL-EBENEZER
LUTHERAN PARISH
ELCA
Pastor Eltona Dodson
Sun, Aug. 11: 9:00 a.m.
Worship at Ebenezer.10:30
a.m. Worship at Bethany. 7:30
p.m. Worship at Immanuel.

GOODRIDGE AREA
LUTHERAN PARISH
ELCA
Bethany-Ekelund-Faith
Sun, Aug. 4: Bethany: 8:30
a.m. Worship. Ekelund: 10:00
a.m. Worship. Faith: 7:00 p.m.
Worship.

Oklee Senior
Site Dining

August 5 - 9
Oklee Senior Meals (LSS
Meals) are available for Home
Delivery, Monday-Friday.
Please call Carolyn at the RLF
LSS Kitchen the day before, by
12 noon at 218-253-4454.
Mon,Aug. 12: Honey Glazed
Chicken, Rice, Country Veggie
Blend, Bread/Margarine, Fresh
Fruit, 1% Milk.
Tue, Aug. 13: Meatballs
& Gravy, Mashed Potatoes,
Buttered Corn, Dinner Roll/
Margarine, Sliced Peaches,
1% Milk.
Wed, Aug. 14: Egg Salad
on Wheat Bread, Cucumber/
Tomato Salad, Diced Pears,
Vanilla Pudding Parfait, 1%
Milk.
Thu,Aug. 15: Roast Turkey/
Gravy, Mashed Potatoes, Peas
& Carrots, Fruit Crisp, Dinner
Roll/Margarine, 1% Milk.
Fri, Aug. 9: Spaghetti &
Meatballs, California Blend
Vegetables Bread Stick, Fresh
Fruit, 1% Milk.

JOHNSON
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Come out and support
Market Day this weekend!

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LUTHERAN PARISH
Mt. Olive – Nazareth
Oak Park – St. Petri
Pastor Jeffrey Merseth is
On Leave
Rev. Carl Busse
Rev. Gene Lilienthal
Sat, Aug. 10: 9:00 a.m.
Mt. Olive.
Sun, Aug. 11: St. Petri:
8:00 a.m. Oak Park: 9:45 a.m.
Worship. Nazareth: 11 a.m.
Worship.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg,
Youth Pastor
www.newjourneyfosston.com
Sunday: 9 a.m. Sunday
School. 10 am Worship.
Tuesday: 9:30 a.m. Ladies
Bible Devotions.
Wednesday: 6:30 p.m.
Youth Group.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson,
Lay Minister
Sun, Aug. 11: 9 a.m. Lund
10:30 a.m. Sand Valley.

BETHEL ASSEMBLY
Fosston
Seth Johnson,
Interim Pastor
Sunday: 9:30 a.m. Sunday
School. 10:30 a.m. Worship.

Deadline:
Fridays at noon!

Tri-Valley Public
Transportation
T.H.E. Bus is available for
anyone. There are no age or
income guidelines. However,
children under the age of four
must be accompanied by an
adult and children under the
age of one must be secured in
an infant seat.
Curb-to-curb services is
available. Allowing for a safe
and convenient method of
transportation. All of our buses
are handicapped accessible and
lift-equipped. All of our drivers
are trained and certified.
To reserve a seat, please
call one business day prior
to the scheduled trip - 1-800-
201-3432.
For Polk, Red Lake and
Clearwater County stops:
Every Monday – Grand
Forks.
Every 2nd Tuesday –
Mahnommen.
Every 4th Tuesday – Thief
River Falls
Every 1st, 3rd, & 5th Wednes-
day – Fargo/Moorhead.
Every 2nd & 4th Friday –
Bemidji.

Sudoku Solution

9	1	2	5	4	8	6	7	3
4	3	6	1	9	7	8	2	5
8	7	5	2	3	6	4	9	1
2	9	7	6	5	3	1	4	8
3	4	8	7	1	9	5	6	2
6	5	1	8	2	4	7	3	9
1	6	9	4	8	2	3	5	7
5	2	4	3	7	1	9	8	6
7	8	3	9	6	5	2	1	4

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This project is made possible in part, under the Federal Older American's Act through a
grant with the NWRDC under an area plan approved by the Minnesota Board on Aging.
SHOP ONLINE AT: http://masonbros.com/weeklyads/ej-grocery-wine-spirits/



Alerus Financial Corporation (Nasdaq: ALRS), a com-
mercial wealth bank and national retirement services
provider, visits the Nasdaq MarketSite in Times Square in
recognition of the company's five year listing anniversary
with Nasdaq. In honor of the occasion, Alerus President
and CEO Katie Lorenson, rings the Opening Bell. Katie
is the daughter of Bob and Pam O'Neill.

ATTENTION
RED LAKE COUNTY SMALL BUSINESS AND
POTENTIAL STARTUP ENTERPRISES
The Red Lake County Economic Development Corporation
can help you start your own business or expand an existing
one. We are here to assist with a ten (10) year loan for an
amount up to \$30,000 at 2% APR. The business must be
located in Red Lake County.
For more information, please contact one of the Red Lake
County Economic Development Board Members: Allen Bertilrud
218-684-1315, Dave Ste. Marie 218-686-4019, Kelsey Gervais
218-686-5114 or email rlcedc@yahoo.com.

Red Lake County
Herald Office Hours
Bonny is in the office on
Mondays from 10 am until
4 pm. Deadlines for items
in the paper is on Fridays
by Noon. Bonny is in the
office some Fridays, but
please call to check before
coming in. If you need to get
a hold of Bonny when she is
not in the office, please call
612-840-9401 or email her
at: okleeherald@gmail.com.
Eric Mickelson is the
reporter for the RLC Herald.
If you have a story or idea
to share, call Eric @ 218-
791-9157. You can also
email Eric at okleeherald@
gmail.com.

1x3
Sounds like
multiplication?
Guess again.
It's newspaper talk for a
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Too small to be effective?
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this one!
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Oklee Centennial Cookbook
Recipe Corner - Page 33
Butter Pecan-Rum Cake
Thomas Erlandson
1 box Betty Crocker Supermoist butter pecan cake mix
1 box (4 serving size) vanilla instant pudding
3/4 cup water
1/3 cup sour cream
1/4 cup butter or margarine, softened
1/4 cup dark rum or 2 tsp imitations rum extract
4 eggs
1/2 cup Betty Crocker Rich and Creamy vanilla
frosting
2 tsp dark rum or 1/2 tsp imitation rum extract
1/4 cup chopped pecans
Heat oven to 325 degrees. Grease and flour, or spray
with baking spray with flour, 12 cup fluted tube (bundt)
pan. In large bowl, beat dry cake mix, dry pudding
mix, water, sour cream, butter, 1/4 cup rum and eggs
on low speed 30 seconds. Beat on medium speed 2
minutes. Spread in pan.
Bake 46-52 minutes or until toothpick inserted in
center comes out clean. Cool 15 minutes; remove
from pan. Cool completely, about 2 hours.
In small microwavable bowl, microwave frosting
uncovered on medium (50%) for 15 seconds. Stir in
2 tsp rum. Pour over top of cake, allowing some to
drizzle down the sides. Sprinkle pecans over frosting.
Store loosely covered. Serves 16.

Red Lake County SWCD
is taking Tree Orders
for Spring 2025
Red Lake County Soil & Water Conservation District
(SWCD) is trying something new this year. Red Lake
County SWCD is going to start taking tree orders from
landowners starting now for FY2025. Anyone interested
in purchasing trees from the Red Lake County SWCD
should contact the SWCD office at (218)253-2593. The
price list is from 2024; prices may be subject to
increase slightly...we will not know definite prices
from the nursery until November 2024.

Trees	Quantities	Size		FY 2024 Prices per Bundle (25)
BLACK CHERRY	100	2-3'		\$ 52.50
MOUNTAIN ASH	50	2-3'		\$ 52.50
COMMON CHOKECHERRY	50	2-3'		\$ 52.50
RED SPLENDOR CRAB	100	2-3'		\$ 52.50
HIGHBUSH CRANBERRY	100	2-3'		\$ 52.50
REDOSIER DOGWOOD	200	2-3'		\$ 52.50
COMMON LILAC	100	2-3'		\$ 52.50
RED MAPLE	100	2-3'		\$ 52.50
SILVER MAPLE	50	2-3'		\$ 52.50
SUGAR MAPLE	100	2-3'		\$ 52.50
RED OAK	50	2-3'		\$ 52.50
AMERICAN PLUM	100	3-4'		\$ 52.50
NORWAY POPLAR	200	3-4'		\$ 52.50
SIOUXLAND POPLAR	50	3-4'		\$ 52.50
SERVICEBERRY (JUNEBERRY)	100	2-3'		\$ 52.50
BLACK WALNUT	100	2-3'		\$ 52.50
FLAME WILLOW	200	2-3'		\$ 52.50
EASTERN RED CEDAR	300	15-18"	TR 2-2	\$ 55.00
RED PINE	100	15-18"	TR 2-2	\$ 55.00
SCOTCH PINE	100	15-18"	TR 2-2	\$ 55.00
BLACK HILL SPRUCE	150	15-18"	TR 2-2	\$ 55.00
COLORADO SPRUCE	100	15-18"	TR 2-2	\$ 55.00
POTTED				
BLACK HILL SPRUCE	50	30-36"	5 GALLON POT	\$33.00 per pot
BLACK HILL SPRUCE	50	24-30"	2 GALLON POT	\$20.00 per pot
BLACK HILL SPRUCE	50	18-24"	1 GALLON POT	\$17.50 per pot

If you are interested in placing a tree order, for 2025 springs'
tree planting season, please call the Red Lake County SWCD office
at (218) 253-2593.

KURTIS ELLEFSON
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218-689-8587
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Email: kellefsoncvso@hotmail.com

STORY TO
SHARE!
If you have a story or
photos you want to
share,
please send to:
okleeherald@gmail.com

LEGAL NOTICE
NOTICE OF HEARING
Pursuant to Minnesota Statutes,
Chapter 103D.911, notice is hereby
given that the Board of Managers of
the Red Lake Watershed District will
hold a public hearing on the proposed
2025 General Fund Budget at 9:15
a.m., August 22, 2024, at the Red
Lake Watershed District Office, 1000
Pennington Avenue South, Thief
River Falls, MN 56701. The following
is the 2025 proposed budget:

PROPOSED 2024 BUDGET
Manager's fees and salaries\$40,000.00
Board of Managers expense 24,200.00
Staff salaries 623,395.00
Payroll taxes47,690.00
Employee benefits 168,481.00
Travel and meetings 7,500.00
Audit 10,400.00
Legal..... 16,000.00
Office supplies 20,000.00
Office equipment..... 40,000.00
Appraisers and Viewers 2,000.00
Professional services..... 35,000.00
Dues and subscriptions..... 10,000.00
Insurance and bonds..... 40,000.00
Repairs and maintenance- building 15,000.00
Utilities..... 12,000.00
Advertising and publications..... 4,000.00
Telephone..... 11,000.00
Vehicle expense & maintenance 15,000.00
Engineering supplies 3,000.00
Engineering equipment..... 45,000.00
TOTAL\$1,189,666.00
LESS: ESTIMATED OVERHEAD(935,092.50)
LESS: MISCELLANEOUS REVENUE(3,000.00)
2025 GENERAL FUND BUDGET\$251,573.50
PROPOSED 2025 GENERAL FUND LEVY \$250,000.00
CAPITAL PROJECTS FUND An ad valorem tax of .0003627 times the taxable market value for 2024, collectible for 2025, will be levied on all taxable property within the Red Lake Watershed District. One-half of the levy will remain in the District for projects listed below; the other one-half of the levy will be sent to the Red River Watershed Management Board for projects within the Red River Basin. Permitting system Benchmarks Flood Control studies/projects Stream gauging Water quality studies/projects Rivers Watershed hydrologic analysis Lakes Bank stabilization

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**Winner of Honorable Mention for
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**Winner 1st place Typography
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**Winner 1st place Best Feature
Story, Minnesota Newspaper
Association, 1981.
**Winner 1st place Best Single
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Medical Association, 1992.
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48th Lake Itasca Pioneer Farmers Show August 16, 17 and 18th

Time does go fast... the Lake Itasca Region Pioneer Farmers event is set for August 16, 17 and 18, 2024. Friday, Saturday and Sunday will have many events scheduled.

Open at 7 am Daily
Friday - Breakfast 6:30 am -8:30 am (Caramel Rolls, Orange Juice & Coffee); Parade at 1 pm; Supper at 5 pm; Country Gospel Music Show; 2024 Pioneer King & Queen Coronation.

Saturday - Breakfast 6:30-8:3; Parade at 1 pm; Kid's Pedal Tractor Pull at 2 pm (approx); Country/Old

Time Music Show at 5 pm; Supper at 5 pm

Sunday - Breakfast 6:30-8:30; Worship at 9 am; Parade at 1 pm; Old Time Tractor Pull after Parade; Quilt Raffle during Parade.

The Lake Itasca Pioneer Farmers 48th annual show has two ladies featured on the show buttons. They are two sisters, Margaret Johnson and Phyllis Baumann. The ladies manage the main kitchen on the show grounds. Margaret has served as a director and Phyllis is currently a director.

A new King and Queen

will be crowned on Friday. Last year Lynette and Keith Butler from Lake Itasca were named.

Daily Events include:

Log Handling/Loading, Lumber Sawing/Planing, Tractors Threshing/Grain Handling, Shingle & Lath Making, Tools Log Sawing, Demonstrations, Grain Grinding, Arts & Crafts Blacksmithing, Railroad in Operation, Model Engines & Machines, Vehicles, Machinery, Gas/Steam/Diesel Engines, Flea Market, Broom, Bird-house, Signmaking and More!

The event is located at 16914 at the North Entrance Drive at Lake Itasca, Minnesota.

Questions can be directed to: President: Bryan Mesich, 701-730-2390; Show Information: Keith Butler, 218-616-0320; Posters Advertising: Charlene Olson, 218-694-2685; Country Shoppe:Karla Netland, 218-694-2564; Demonstrations: Jackie Hamblin, 763-234-1210; Tractor Pull:Neil Harmon, 218-358-0456; Flea Market: Evelyn Ritter .218-556-4065

Only registered and insured golf carts allowed in exhibit areas. Most Buildings are Handicapped Accessible Only Service dogs allowed in exhibit areas. No alcoholic beverages allowed anywhere



Keith and Lynette Butler were name King and Queen at the 47th annual Lake Itasca Pioneer Farmers Show.

Writers & Writing by Michael Tidemann



Tidemann started his journalism career at the Bismarck Tribune in 1978 and began college teaching career as a graduate teaching assistant at the University of South Dakota in Vermillion in 1977. He has worked at newspapers in Iowa and the Dakotas and his work has appeared in Overdrive, Writer's Journal, the San Diego Union-Tribune and Snowmobile. (Michael Tidemann writes from Estherville, Iowa. His author page is amazon.com/author/michaeltidemann.)

My Black Country redefines country music history

I caught a taste for country music when I was night shift foreman at a truck stop in southeastern South Dakota in the 70s. Between pumping diesel, breaking down and fixing tires, and washing out trucks, the twang of steel guitars and Hank Williams took me home, as John Denver once sang, to a place I'd never been before.

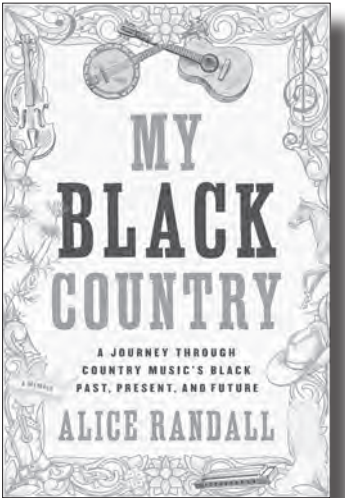
The same applied to when I was driving truck over the road a few short years later. When all the other radio stations fuzzed into nothing, the solid blare of country on the AM dial for hundreds of miles took me back to the same place – a place I'd never been or seen.

That same thing happened when I read My Black Country: A Journey Through Music's Black Past, Present, and Future by Alice Randall, Detroit native and cowriter of "XXX's and OOO's" (An American Girl) performed by Trisha Yearwood.

Randall makes a solid case for Black country being the source of all country. As she tells it: "Black women have been present in Country since the earliest days of Country's existence as a recorded and commercially marketed music form."

Drawing from her vast knowledge of country music

and her own 40-year music career, Randall shows how country music tapped into various sources, including Celtic ballads and African influences. Peppered within her exhaustive history of the influence of Black music on the overall country genre, particularly by women, are Randall's



My Black Country: A Journey Through Country Music's Black Past, Present, and Future
Alice Randall
Atria/Black Privilege Publishing
ISBN 978-1668018408
\$28.99

personal ups and downs as she swam among the sharks of Nashville's music industry.

Randall's writing style machine guns us with facts, all written in an easily digestible style that's both convincing and entertaining. She also reveals a glimpse of a traumatic experience at age 15 that still haunts her today.

Probably the most interesting part of the book is the train ride across the country in which she attached country legends to various places along the countryside.

Randall's book, Black Bottom Saints, a history of music in Motown with interludes of drink recipes, which I reviewed earlier, interestingly presages My Black Music. What I'm really anticipating, though, is the album compilation that followed the publication of Randall's latest book. My Black Country: The Songs of Alice Randall, featuring Allison Russell, Fiona Prine, Rhiannon Giddens and other female country superstars, sounds like absolute dynamite.

(Michael Tidemann writes from Estherville, Iowa. His Facebook page is Author Michael Tidemann.)



Letter to the Editor

Hello Bonny,

I really enjoyed the "Do you remember?" column that Eric Mickelson wrote on the Melby's store? In the middle section of the column, he told us some of his fondest memories of the Melby's store. The part about walking to the store from school really resonated with me. He also asked readers if they had any particular memories of those days. I have a few that I wanted to share. In the early 50s I was an elementary school guy there in Oklee. Every once in a while, I relive in my head, taking a walk from the school to the store. My interest at that time was the hope of getting some candy or maybe a chocolate bar. Since Orlo was my uncle I usually had some success. He would send me on my way with a wink and a nod and that was about it. But never empty-handed of course. I don't know if he ever said anything to my Dad. If he did, I never heard about it. Anyway, that is one little thing that I remember from my elementary

school days.

The other thing that comes to mind about the store involves my aunt Milly Melby, my father's older sister. I was living on a farm about seven miles north of Oklee in Garnes Township. On an occasional Friday or Saturday evening in town Milly would sometimes ask my mother if I could spend a little time in town with her. My mother probably would say something like - well that is OK, but he doesn't have anything along with him for the stay. Well, that was no problem for Milly. She would march me down to the store. They had some type of dry goods section at that time. She would get me the things that I needed, and we would head to her house in town for a brief stay. Everything was possible with Aunt Milly. Anyway, very good memories of the store. I really enjoyed Eric's piece.

Please pass it on to him if you would.

Dave Shetterly

Pennington & Red Lake County Public Health & Home Care

218-681-0876 TRF or 218-253-4378 RLF
www.pennredlakecopublichealth.com



Environmental Public Health

Did you know? A healthier home leads to healthier people and stronger communities. Our Environmental Public Health Team can help you keep your home clean, safe, and pest-free.

Public Health is now accepting referrals for the Environmental Public Health Assessment services. This service is provided free of charge for individuals living in Kittson, Mahanomen, Marshall, Norman, Polk, Pennington, Red Lake and Roseau Counties

To learn more, call your local public health agency.

Parenting Tips For New Parents From Child Parent Institute

Remember to take care of your needs.

This is like putting on your oxygen mask first in an airplane so that you're able to breathe and help someone else put their mask on. Taking care of your own physical and mental health needs will help you feel calm and ready to respond

to your baby's needs.

Find your rhythm with daily routines. Sometimes, it can feel like a constant guessing game to figure out whether a baby's cries mean they're hungry, tired, uncomfortable, in pain, or need physical touch and comforting. You might find it helpful to keep track of the times when your baby cries, what seems to cause it, and what helps calm him. After a while, you're likely to notice patterns that will help you anticipate and respond to your baby's needs and create daily routines for feeding, naps, diaper changes, and playtime. The predictability of these routines can be soothing for everyone, and they become opportunities for Quality Time, Talking Together (and reading and singing), and Giving Affection — the foundational Triple P positive parenting strategies that build strong relationships between parents and children.

Seek out and accept support.

Becoming a parent or care-

giver for the first time is a major life change that can create a mix of emotions, from happiness and contentment to fear, depression, anxiety, or even anger. Attending a support group or class for new parents can provide reassurance that you're not alone. If the feelings last a long time, grow stronger, or make it difficult to get through each day, consider talking with a counselor, your health care provider, a pastor, or a parent educator – someone who will listen with compassion and can provide support and other resources.

FINAL THOUGHTS: Life as a new parent is filled with many highs and lows. Every parent could use help with raising children, no matter their culture, gender, sexual orientation, income, or education level. Adjusting to parenthood takes time, but the days of nonstop crying and sleep deprivation will eventually end — and you might even miss them someday.

<https://calparents.org/>

Red Lake County Sheriff

www.facebook.com/RedLakeCounty/

On 07/26/24, Anthony Randal Villebrun (45) of Ogema was cited for misdemeanor theft by check. On 07/07/24, Mr. Villebrun issued two checks to the Brooks Cenex for a total amount of \$212.87. Mr. Villebrun's checking account was not active at the time he issued these checks. He will be summonsed to appear in Court in Red Lake Falls in August of 2024.

On the afternoon of 07/26/24, Red Lake County deputies responded to a domestic disturbance at a Red Lake Falls residence. They discovered it was a verbal dispute between two parties and no crimes were committed. They mediated the incident and assisted with a child custody exchange.

On the afternoon of 07/26/24, Jared Lee Reinisch (39) of Grand Forks was cited for misdemeanor an open alcohol container in a motor vehicle on Bottineau Ave. in Red Lake Falls.

In the early morning hours of 07/27/24, the Red Lake County Sheriff's Office received a report of an extremely intoxicated individual, raising some concern at the street dance in Red Lake Falls. A Red Lake County deputy transported the individual back to their campsite at Voyageur's View.

On the afternoon of 07/27/24, a Red Lake County deputy responded to a minor traffic collision at the intersection of 1st St. and Main Ave. in Red Lake Falls. A vehicle was stopped at a stop sign, and it was rear-ended by another vehicle. There was substantial damage to the vehicles, but nobody was injured. Kelly Ann Syverson (57) of Red Lake Falls was cited for having an expired driver's license and Kimberly Shea Brown (48) of Thief River Falls was cited for failing to drive with due care.

Shortly after midnight on 07/28/24, the Red Lake County Sheriff's Office received a request to check on the welfare of an individual who the reporter thought needed help. They claimed this indi-

vidual may be somewhere in Brooks. The Sheriff's Office later received information that person in question had returned to their residence, located in another county. A Red Lake County deputy spoke with that individual and they claimed they were fine, and no further law enforcement assistance was needed. Later that same morning, a Brooks resident reported damage to their vehicle. They claimed it was intentionally damaged by the individual whom the deputy was assisting earlier. That matter is still under investigation.

In the early morning hours of 07/28/24, two individuals reported they had just been assaulted while they were walking along a Red Lake Falls street. Red Lake County deputies responded to their location to render aid and began the investigation. Both of the victims sustained injuries, but they refused medical treatment at the scene. A number of suspects have been identified, but the matter remains under investigation at this time.

On the afternoon of 07/28/24, the Red Lake County Sheriff's Office received a report of a theft of property from a location along Hwy. #32 north of Red Lake Falls. That report is still under investigation.

On the evening of 07/28/24, the Oklee Fire Department, the Oklee Ambulance and Red Lake County deputies were dispatched to report that a garage was on fire in Oklee. The unattached garage at a residence along Main St. in Oklee was completely destroyed. Several other items of property, which were stored in garage, and a neighbor's fence were also destroyed. Fortunately, nobody was injured, and fire crews were able to stop the fire from spreading to other nearby structures. The owner claimed they were welding inside the garage and sparks from the welder must have ignited the building.

On the evening of 07/29/24, a Red Lake County deputy

arrested Sarah May Burthwick (35) of Red Lake Falls. Pennington County held an active warrant for her arrest. She posted \$250 cash bail to satisfy the warrant and she was released from custody.

On the evening of 07/30/24, a Red Lake Falls resident reported they lost their cellphone somewhere in town. If anyone finds a cellphone in the city of Red Lake Falls, they can contact the Sheriff's Office so it can be returned to the owner.

On the morning of 08/01/24, Vincent Frank Sutil (33) of Oklee was cited for speeding on CR. #49 west of Hwy. #59.

On the morning of 08/01/24, Red Lake County deputies arrested Chad Dean Stanford (45) of Plummer at his residence. He was taken to jail in Crookston and booked for felony criminal sexual conduct. It is alleged Mr. Stanford engaged in sexual acts, with a minor, over a period of approximately 2 ½ years. He made his initial court appearance in Crookston on 08/02/24, and he was ordered to pay \$25,000 cash bail to be released from custody. At the time of this release, he is still in the Crookston jail and his next court appearance has been scheduled for 08/14/24 in Red Lake Falls.

On the morning of 08/02/24, Red Lake County deputies, the Red Lake Falls Ambulance Service, the Red Lake Falls Fire Department and Minnesota State Troopers were dispatched to a report of a collision involving a semi-truck and a golf cart. This collision occurred at the intersection of Main Ave. and 7th St. in Red Lake Falls. The golf cart was driven by an adult female, and she was transported to the Sanford ER in Thief River Falls by the Red Lake Falls Ambulance to be treated for serious injuries. The driver of the semi-truck was not injured. The Minnesota State Patrol is leading the crash investigation, which is ongoing.

Mitch Bernstein, Red Lake County Sheriff: 08/02/24

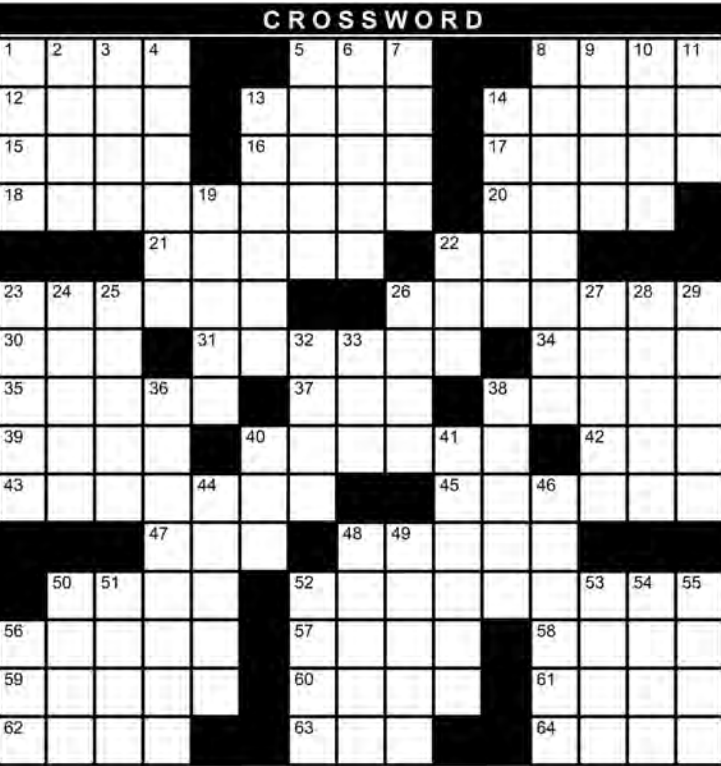
ACROSS

- Soothing concoction
- *The Magic School ride
- Mama's husband
- Dwarf buffalo
- Moneyed one
- "M*A*S*H" extra
- Soon, to Shakespeare
- Sheltered, nautically
- *Abacus user, e.g.
- *School jacket-wearer
- TV classic "Happy ____"
- What hoarders do
- Speech-preventing measure
- *Pencil end
- Deep regret
- Indian restaurant staple
- What cobblers often do
- Mother Earth, to Ancient Greeks
- Embedded design
- ____ Khan
- Contending
- *Don't forget to cross them
- Plural of flora
- Rolodex abbr.
- Sultry or carnal
- *Rydel High School movie
- Defensive one on the gridiron
- Oodles
- *Some PTA members?
- *It involves elements
- Cuban dance
- Burkina Faso neighbor
- Opera solo
- Boot-shaped European country
- Oil org.
- Review a service
- Say "No!"
- Animal's nose
- Perceives with an eye

DOWN

- Jezebel's idol
- Beheaded Boleyn
- Plunder
- Certain rays
- Plural of #1 Across
- Part of an eye, pl.
- Witnessed
- *Field of education
- ____ Walker, American Girl doll
- *Inspiration for circular charts, pl.
- Acronym, abbr.
- Zimbabwe's capital

STATEPOINT CROSSWORD
THEME: BACK TO SCHOOL



- Address to a woman
- Nail salon file
- Toothpaste type
- *Marks in English
- Hindu queen
- "Hannah and Her Sisters" director
- End of line
- Yogurt-based dip
- *Opposite side over hypotenuse, pl.
- Bald symbol
- * ____ monitor
- Bigheadedness
- *All-school get-together
- Giuseppe ____ of opera fame
- Temporary craze
- Parthenogenetic
- Recant or retract
- *English homework, pl.
- *Circle, e.g.
- Paparazzi's target
- Remote control option
- Middle Eastern sultana
- "Follow me!"
- Genealogy plant
- Agitate
- Puppy barks
- Antonym of keep

Do You Remember.... "4-H Petroleum Power Program?"

By Eric Mickelson

I came across an article about 4-H project from a 1969 newspaper. I wondered if the same article would be printed in 4-H materials today? The article I found was called "Youth Seek Action In 4-H Petroleum Power Program!"

The first paragraph stated that American moves on a sea of oil, petroleum powers us! It powers tractors, boats, lawn mowers, and snowmobiles. All these things are still true but today the focus of many educational programs on renewable energy, solar energy, or maybe harnessing the power of the wind! Now this is not an editorial article! I am simply saying the focus of world and uses of energy have certainly changed in the last 55 years!

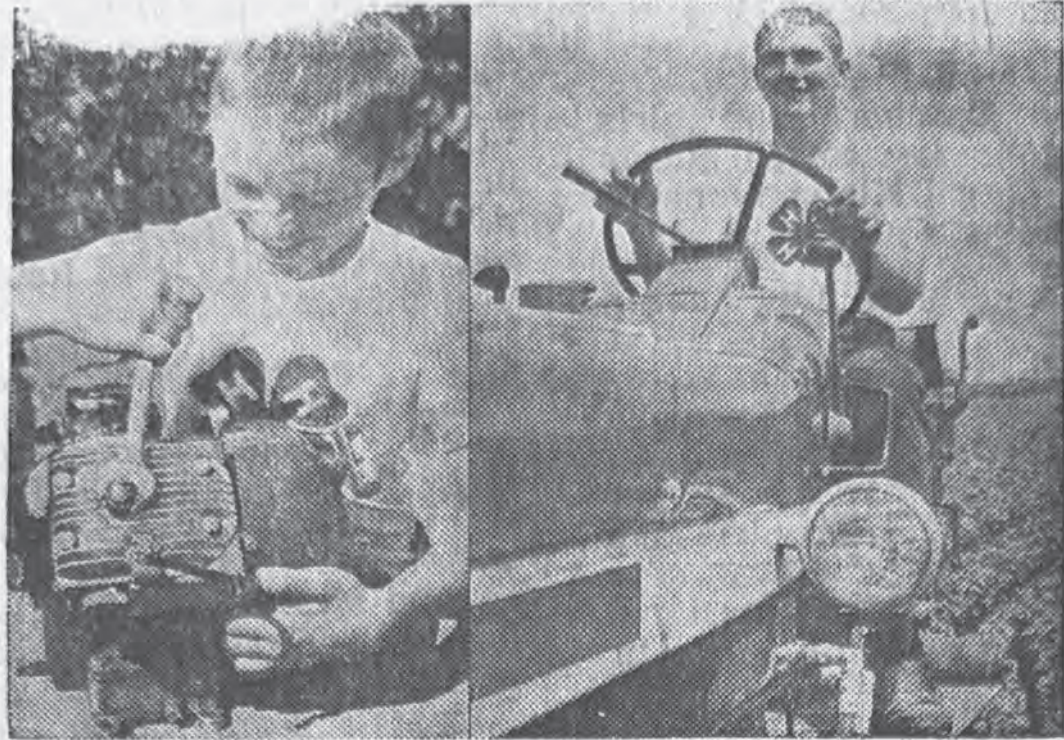
At the heart of this 1969 4-H article included some other important things. The program was designed to expand student's knowledge on the science and research as pertains to the use of fuels, lubricants, engines, and equipment. The Petroleum Power Program

wanted to provide opportunities to learn about the care and operation of engines and equipment and to skillfully operate these machines safely.

With 4-H's agricultural roots this program was actually originally called the "tractor" program. The original program catered to rural 4-Hers and their tractors but then expanded to more possibilities such as small engines which could expand the scope to urban and suburban areas. 4-H is has been a great program for youngsters across the United States. I am sure my kids did a few "tractor" projects in the fair, and I am sure you can find modern projects focusing on some of the "newer" ways we are trying to provide power for out world today. Thank you the 4-H program, extension educators, leaders, and 4-Hers for changing and adapting with our changing and adapting world!

PS- I have one more thing to add. My wife and I have recently traveled to Iowa for a family reunion. My wife

has a cousin in Clarion, Iowa. The 4-H emblem is credited to Oscar Herman Benson..... of Clarion, Iowa. Originally it was a three leaf clover with H's on them standing for "head, heart, and hands." Benson and others then began to use a four leaf clover design and the word health was added to the four H's. The stem of the clover always points to the right. You can learn more at the Heartland Museum in Clarion, Iowa. Just thought you would like to know!



Youths Seek Action In 4-H Petroleum Power Program



Tom Race driving the Tri River Pioneers raffle tractor an 8N Ford in the Freedom Fest Parade. Want a ticket? Give a member of the Tri River Pioneers a call!



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Senior Site News & Other Things

Senior Meals

LSS Meals from Red Lake Falls are available for **Home Delivery Only**, Monday-Friday. You need to order a day or two before the day you plan on having a meal. Call the LSS Kitchen in RLF and ask for Carolyn at 218-253-4454 to order your meals.

Note: Please call Red Lake Falls LSS Site to order or cancel your meals.

SAIL Classes

SAIL exercise class are held on Tuesdays and Thursdays at 10am in the Oklee Hall. It is FREE to join. Sign up at the Senior Site or call Jo Lambert at 218-796-4527 or Carol Kvasager at 218-201-0180.

Dates To Remember

Wednesday: Cards at 1:30 p.m. If you would like to come play cards, come on in and enjoy some fun game time visiting with your fellow seniors.

Donuts and Coffee

It was decided to have a afternoon of visiting with Donuts and Coffee time at the Oklee Cafe on August 8th at 2 p.m. All seniors are welcome to attend.

Potluck Meal

The August Potluck meal will be held on Tuesday, August 20th. All seniors are invited to join in. Just bring a dish to share.

Senior Site Meeting

At our July meeting we discussed the progress of the closing of the Craft Shop, what is left to do, etc. Financial report was given and items that will no longer be needed were identified.

The next meeting is scheduled to be held on August 15th at 2 p.m. at the Oklee Cafe. All Seniors are encouraged to attend.

One of our seniors, Vi Cote, has unfortunately had a fall and has broken her hip. She had surgery on Saturday at Essentia Health in Fargo and is doing fine. She will be moved to a nursing home for therapy, but we don't know where yet.

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

The weather is calming down for a week or two, as it is predicted. We are out of the heated days and into sensible warm days. We certainly do not need surprises. Bemidji was hit by a storm that destroyed parts of Diamond Point Park right next to the college. We do not need this kind of surprise. Diamond Point Park was a small oasis of greenery where one could go to unwind anytime you wished. I heard that some trees went down and the entrance to the park was torn up. This happened just Thursday or Friday this past week.

Joyce and Perry Morinville celebrated their 46 th anniversary and went to Blackduck

can't do. Clarence and Dianne went to the cities last week and went to see Clarence's sister in Champlin, and went to Maple Plain to visit Stephanie and Craig Koralewski, Went to Dan and Alicia Gagner in Farmington, and Tim and Brenda in Vergas. They brought Angela (Gagner) Stone 91, back to their home to visit for a week.

It was reported that the DeLage family held a family reunion at the Brooks Community Hall over last weekend. Joanne Bradley attended and she estimated that more or less there were forty people who attended. She also said that Duane Delage who is 92 came to enjoy family. He was accompanied by his daughter Nancy. It was interesting to hear that she, Nancy, is a dog trainer. She trains service dogs to help people who are autistic, and disabled and need a dog to help them with needs they

can't do.

Clarence and Dianne went to the cities last week and went to see Clarence's sister in Champlin, and went to Maple Plain to visit Stephanie and Craig Koralewski, Went to Dan and Alicia Gagner in Farmington, and Tim and Brenda in Vergas. They brought Angela (Gagner) Stone 91, back to their home to visit for a week.

On Wednesday Angela went to visit with Poncho and Char at their home for the day. She enjoyed her time away from home as she is very house bound these days.

We hope that you have a good week. Take care and watch out for the deer on the roads.



Abello Acoustics Band will be giving a concert at 1:00 p.m. at the Samhold Lutheran church in honor of their 125 anniversary.

Samhold Lutheran Church will celebrate 125 years August 11

The year 1899 pioneers around Gonvick got together to organize a congregation to build a house of worship. Samhold Evangelical Lutheran Church was formed. Church was held in homes of members until the church was completed.

July 12, 1903 they had their first services in the new church. The service was conducted by Pastor Thoreson. Pastor Will Anderson is now serving the congregation since last September 2023.

The church has gone through many changes. A steeple and bell was added with the basement and kitchen equipment. The outside of the church had extensive remodeling with a new look. The congregation decided to keep the original altar in the new surroundings. Other

improvements have been made with the addition of an elevator, an addition on the North Side of the church with a storage room and entrance on basement level, additional large Sunday School room on the main level. Changes to the kitchen to make it easier for the ladies working there.

The congregation built a parsonage in 1906 for the pastor and the first one to live in it was Rev. Martin Iverson. They sold that house and built a new parsonage in 1948 and Pastor EM Berg was the first to live in that house.

During the time that Pastor

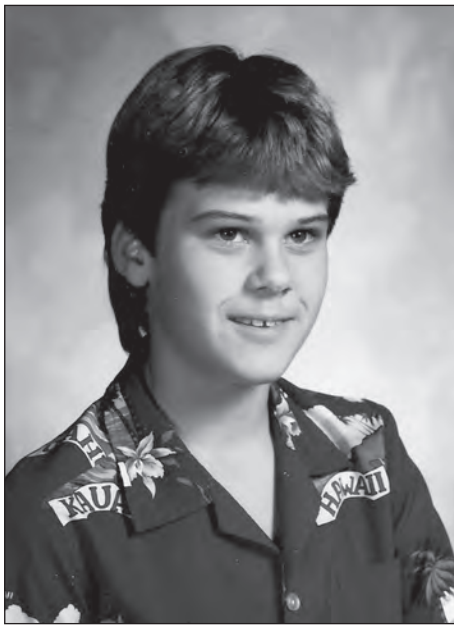
Don and Ann Walker lived in the parsonage it was hit by lighting. The interior had to be redone. A two car garage was built onto the house in 1991.

Painting and other maintenance issues have all been done to the four bedroom home in the past few years.

In 2009, the congregation changed, with Pastor Tom Jacobson, from the ELCA to NALC, the North American Lutheran Church. After Pastor Anderson came the congregation voted to change to LCMC, Lutheran Congregation in Mission for Christ.

Ministers who have served since Samhold celebrated their 100th year in Faith in 1999 were: Pastors Eric Midthun, Tom Jacobson, Jill Torgerson, Mike Giese, Peter Gunderson and Jimalee Jones and Kris Snyder, Bill Goodman, Nathan Engebretson and now Rill Anderson.

Who's Dat?



Who's Dat?

This week's photo is of Last Week's photo was of a group kids bowling at the Oklee Recreation Center. In the back is Jeff Johnson, Tammy Skallet, Paul Melby (deceased), Pam Klasen and Linda Peoples.

Everyone has a photo or two that would be great for this column. Please share them with our readers as it is one of most popular columns of the Red Lake

County Herald.

I really am short on photos and have been diving into history books and other places to find photos. I am always in need of more photos - School days, church events, sports, etc.

If you email a photo, please scan at 300 dpi (high quality) if you can. You can email to okleeherald@gmail.com.

If you mail a photo to the Oklee Herald office, please enclose a self-addressed stamped envelope so the photos can be returned. Mail them to: Red Lake County Herald, PO Box 9, Oklee MN 56742.

Or stop by the office and I will scan your photo(s) while you wait.



Wednesday, August 7, 2024