

\$1.00

McINTOSH

Hub of the Thirteen Townships

Since 1888

Times

McIntosh, Minnesota



Congratulations to the Win-E-Mac girls who won the last two games of their season ending as Consolation Champions at the Bagley Bantams tournament. Back L-R: Isabella Ek, Clare Stuhaug, Brooke Tofstad, Jaden Gensburger, Coach Bill Solheim; Front L-R: Justina Semerikov, Isabel Ostenaar, Kianna Tadman, Alyssa Morberg. Not pictured was Kallie Hand and Laila Roragen

2nd Annual Bryan Stordahl Memorial Golf and Silent Auction Event

Bryan Stordahl, son of Jim and Roxanne Stordahl, battled brain cancer and lost his fight on September 21, 2013, just short of his 35th birthday.

Because of Bryan's love of golf (he learned to play at Oak Lake Golf Course) his family and friends decided this type of event was the appropriate way to raise funds. We are continuing the battle against cancer in Bryan's memory. All net proceeds will be donated to cancer research organizations.

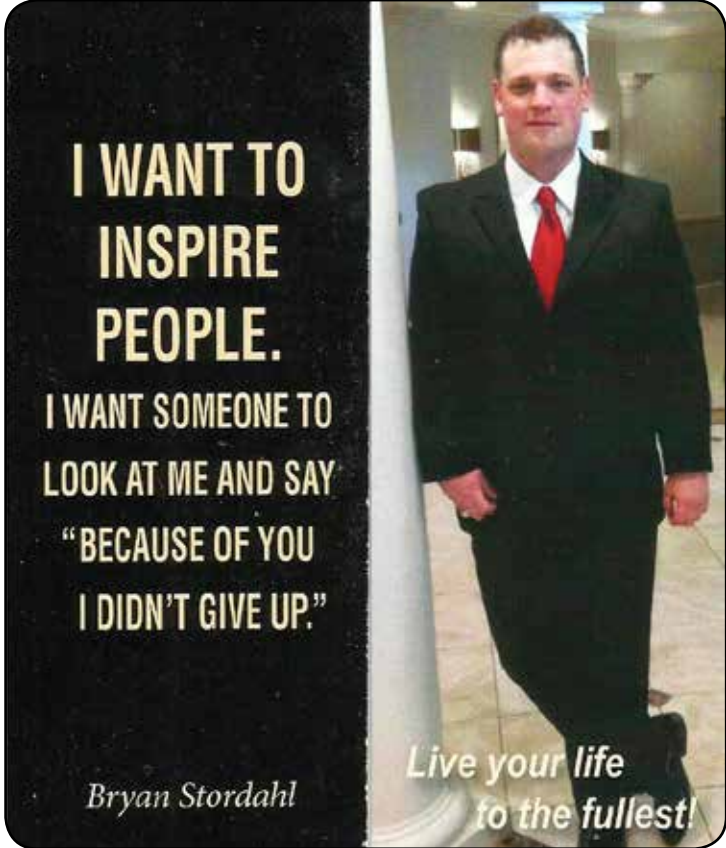
The 4-person scramble will take place on Saturday, August 1st, 2015, at the Oak Lake Golf Course in Erskine. Registration begins at 8:00 am at the golf course and teams will tee off at 9:00 am and will play 18 holes. Currently the scramble is full.

The silent auction items will be set up during the afternoon at The Club Bar and Grill in McIntosh, MN, and bidding will begin at 4:00 pm. EVERYONE IS WELCOME to attend the silent auction to bid on the numerous items. If you are interested in donating an item for the auction or a cash contribution please contact Dave Stordahl.

The final event of the day will be "The Kelly Austin Band" performing at The Club Bar and Grill for your listening and dancing pleasure, they will begin playing in the early evening.

If you have any questions concerning this event please contact Dave Stordahl @ 218-791-5127.

Pictured right: Friday morning, Hunter Westcott helped clean up after the storm damage that occurred Thursday night at Lana Bauer's southwest of McIntosh where several trees were blown down during the high winds and heavy rainfall.



An inspiration to everyone he met, Bryan Stordahl lost his battle to brain cancer in 2013. His family and friends continue his legacy with an annual golf event and silent auction to benefit cancer research.



After the high winds and heavy rain on Thursday night, there were several trees down at Lana Bauer's home southwest of McIntosh. The serious damage seemed to be in rural locations, but there were several trees and large branches down in the City of McIntosh as well. Electricity was out in several rural location and in McIntosh due to the storm. Here, Adam Qualley and Logan Bauer cut apart the large branches while cleaning up Friday morning

“Why don’t they just tear it down?”

As McIntosh Heritage and Arts Center moves toward raising the funds to reroof the old McIntosh School the question sometimes arises “Why don’t they just tear it down?” The comment is often made as though this is the only practical solution and it seems to be assumed that this would be a zero cost option. Board member Lee Narum decided to investigate this question in order to deal practically and in an informed way when this comment is made. Below is part of a letter written to the McIntosh Heritage and Arts Center Board on the findings of this possibility.

One of the options presented for the future of the old school in McIntosh is demolition. This is often the only viable solution to old buildings if they are in poor shape. Lee visited over the phone with Florian and Sons excavating of Grand Forks and found some information on building demolition. Before demo begins all the hazardous material would need to be removed, mainly asbestos and lead paint. We know asbestos mitigation will cost approximately \$20,000. We have learned that the asbestos present is in limited access spaces. This means that if we want to use the building without removing asbestos we can seal off these spaces so there is no public access and leave the asbestos in place. The cost of removing all the lead paint is unknown but is expected to be equally costly but can also be left in place and painted over if the building remains in use.

In addition to demo costs all the material would be required to be trucked to a designated landfill such as the one at Gentilly. The representative at Florian stated the on average dumping fee runs about \$8 per square foot per floor of building, the school is 36,000 square feet - or in our case about \$240,000 plus trucking on top of that. This is the expense without the addition of the demolition contractors.

Once demolition costs are added the total will run somewhere over \$400,000, very similar to the Wayne Hotel in Crookston, a smaller building, which cost over \$300,000 to demo.

Of course, McIntosh Heritage and Arts Center would not choose demolition, we had no intention of accepting the donation of the old school for the purpose of demolishing it. Our intention is to rehabilitate the school to be used as a multi-purpose building with historical preservation, research and storage facilities as well as art studios and classes, gathering and community spaces as well as a revenue generating thrift store. Once MHAC is able to occupy the space, even in limited capacity MHAC then qualifies for low interest loans and grants that assist non-profit entities. The building can be divided into usable spaces that could easily be maintained while continuing to raise revenue to rehabilitate more sections of the building. But a new roof needs to be in place first.

For those who feel that the option of “just tearing it down” is preferable. The reality is that this option probably wouldn’t happen. If the property were forfeited for taxes or in this case the road, water, and sewer assessment, those would then have to be paid by the rest of the property owners in McIntosh. The demolition of the building (should the county decide to spend that kind of money) would be paid by your county property taxes. Most likely the county would leave it to sit abandoned and continue to deteriorate indefinitely. It seems the folks making that statement “why don’t they just tear it down” are unaware that this would be the outcome because the question would be... Who wants to pay out \$400,000 and have nothing to show for it?

Luckily, this building is not beyond repair. The engineering evaluation of the building done in 2012 stated that the structure is sound and if a roof is installed in the next three to five years the building will remain sound. The challenge is time-which is not on our side-the building has withstood many years of water damage. However, if the roof is not replaced soon and the water damage continues-the building will not be able to be saved ...by anyone.

The old school's ability to maintain its structural integrity for much longer is coming to an end. MHAC attempted a temporary solution of tarps on the roof with no success. We have decided to pursue a much more practical option of a steel roof. The materials estimate for a new steel roof will cost under \$25,000 if volunteer labor is secured.

The plan and hope of McIntosh Heritage and Arts Center is to raise \$25,000 combined with volunteer labor to preserve a structure that can be remodeled and reused for the rest of this century rather than walk away and drop a potentially half a million dollar mess on the taxpayers of McIntosh and Polk County.

First Annual Heritage Garden Tour

The beauty of summer's bounty can be viewed on August 8th during the first annual Heritage Garden Tour.

The McIntosh Heritage and Arts Center and the East Polk Heritage Center are collaborating to give folks the opportunity to admire the efforts of several who have opened up their gardens for viewing.

The inspiration for the tour came from DeeDee Narum of McIntosh. “I love going to garden tours in other communities and felt we have so many beautiful gardens in our area, this would be a great way to

showcase them.” As a member of the McIntosh Heritage and Arts Center, she contacted the East Polk Heritage Center and plans got under way for the first Heritage Garden Tour. “We are hoping to make this an annual event that will grow in popularity and participation,” Narum stated.

Gardens are located in the Union Lake area, McIntosh and east of Fosston.

The tour can start anywhere, at either end of the tour

Garden Tour...

Continued on page 2

Community Calendar

- Wed. July 29:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. July 30:** MHAC Thrift Store Open 10:00am -4:00pm; McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Bingo at The Club Bar & Grill 6:30pm
- Fri. July 31:** MHAC Thrift Store Open 10:00am - 4:00pm; McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Sat. Aug. 1:** MHAC Thrift Store Open 9:00am - Noon; 2nd Annual Bryan Stordahl Golf Event
- Mon. Aug. 3:** McIntosh Library 10am to 3pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Aug. 4:** McIntosh Library 5pm to 8pm; Children's Story Time at McIntosh Library 6:30pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Wed. Aug. 5:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. Aug. 6:** MHAC Thrift Store Open 10:00am -4:00pm; McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Bingo at The Club Bar & Grill 6:30pm
- Fri. Aug. 7:** MHAC Thrift Store Open 10:00am -4:00pm; McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Sat. Aug. 8:** MHAC Thrift Store Open 9:00am - Noon; MHAC Garden Tour
- Mon. Aug. 10:** McIntosh Library 10am to 3pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Aug. 11:** McIntosh Library 5pm to 8pm; Children's Story Time at McIntosh Library 6:30pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Serenity Seekers Al-Anon 7:00pm @ Kingo Church Library, Fosston



The old McIntosh School now boasts a new sign stating that is is the “Future home of McIntosh Heritage and Arts Center” along with a beautiful flower garden to rest in. MHAC continues to raise funds for the renovation of the school. The yard has been a focus this summer with new art, tree trimming and flower gardens.



Cliff Nelson put an antique typewriter in the bank exhibit at the Polk County Museum in Crookston. "This is one of the new or refurbished displays at the museum," said Nelson, who is the buildings and grounds supervisor. The museum is open noon to four Tuesday through Sunday. Polk County Historical Society members are there to greet visitors and answer questions. There is no admission charge and everyone is welcome.

Pestle & Vessel

By Alison Opdahl

Follow

Then Jesus said to His disciples, "If anyone wishes to come after Me, let him deny himself, and take up his cross, and follow Me." Matthew 16:24

Follow. This word conveys the tone not of a demand but of a simple command. The tone says, "Child I know better than you, stay behind me."

We have all seen grade-school children lining up. They fidget, try to take cuts and tend to wander as the line begins to move. Some swing their arms, bumping into their classmates; others start picking on the ones in front of them. They have minds of their own and can be impervious to discipline.

Children of God, when He turns around are we following where He leads or are we wandering? Are we fidgeting in our Christian walk? Are we bumping into the person next to us? Are we looking across the classroom of life and pointing our fingers?

We have the tendency to think our Christian walk belongs to us. We insulate ourselves from criticism. When discipline comes along we cry out, hurt by the harsh words of our Lord. How can He chastise us when we are His? Believer, that is the whole point. Out of love He desires our relationship with Him to be purely about Him. We have heard the phrase, "pure as the driven snow." How does snow become the whitest white? It is exposed

Pestle & Vessel...

Continued on page 4...



Not only in the front yard (pictured below) but in the back yard as well, Matt Rivera has landscaped and added a lot of beauty to his yard.



This weeks beautiful yard of the week belongs to Matt Rivera. Matt has spent many hours landscaping his yard in the past few years and it shows. Congratulations Matt!

Garden Tour...

Continued from page 1...

or in between. Maps will be handed out when tickets are purchased. Hours for the tour are 10 AM - 4 PM.

This event is a fund raiser to benefit both organizations. Tickets are \$8.00 and can be purchased the day of the tour at the following local businesses: TheoRose on Main, Foss-ton; McIntosh Bakery, McIntosh; and Ness Café, Erskine.

For more information contact DeeDee Narum at 218-230-4369 or Bonnie Stewart at 218-280-9176.

NOTICE OF PUBLIC HEARING

The McIntosh City Council and McIntosh Economic Development Authority (MEDA) will hold a public hearing on Monday, August 10th 2015 at 5:30 p.m., at:

McIntosh Community Center
115 Broadway NW
McIntosh, MN 56556

The Purpose of this hearing is to meet with the representatives of Marcus & Millichap to discuss the contract for the sale of the following property:

Poplar Meadows Assisted Living Facility
325 Scots Ave. SE
City of McIntosh,
County of Polk,
State of Minnesota

If anyone wishes to see the terms and conditions of the listing, please stop at the McIntosh City Clerk's Office at:

115 Broadway NW
McIntosh, MN 56556

Following the hearing, the City Council and MEDA Board will meet to decide if the listing for sale is advisable.

Attention Dog Owners:

The City of McIntosh has received complaints regarding dogs. The City ordinance reads as follows: It is unlawful for the owner of any animal to possess more than two dogs at any one time; this limitation (two dogs) on possession shall apply to an entire household, regardless of ownership.

It is unlawful for the owner of any animal to permit such animal to run at large, any dog shall be deemed to be running at large unless it is on a leash.

It is unlawful for the owner of any animal to fail to keep his dog from barking, howling or whining.

City of McIntosh



Baby Shower

in honor of

Ava Frisk

daughter of Nate and
Stephanie Frisk

on **Tuesday Aug. 4,**
2015 at 7:00pm ... at

Mt. Carmel Church
in McIntosh, MN.

Everyone welcome



The family of Garret and Alayna Espeseth would like to sincerely thank the surrounding communities for the amazing turn out for the benefit held on July 12, 2015 at the Winter Community Center. The money raised will be used to help pay medical expenses. The Winter Lions Club organized and hosted a delicious pancake breakfast. The crowd that joined us was incredible and support was overwhelming. We feel very fortunate to live in a community that has groups such as The Lions. It is honestly hard to find words to describe our gratitude. Please continue to pray for strength and courage for our family.

M18C



Thank you to the nice person who stopped and picked up the large tree branch at the old school on Friday after the storm.

It was a nice surprise and greatly appreciated.

Laurie & Bob Bursheim

M18C

Position Open

The Win-E-Mac School District has an employment opportunity available for a full-time **paraprofessional** for the 2015-2016 school year.

Position is open until filled. Interested individuals should send a letter of application and/or resume to:

Win-E-Mac Public School
Kevin McKeever, Principal
23130 345th ST SE
Erskine, MN 56535
Phone: 218-563-2900
Fax 218-563-2902
e-mail: kmckeever@win-e-mac.k12.mn.us

M18-19C

Ad deadline:
Noon Friday

Garden Club News

The McIntosh/Erskine Garden Club will meet Monday, August 3rd at 4:00pm at Gary & Maxine Walter's home on Union Lake at 38919 Union Drive E.

If you have questions call Judi Lindseth at 563-2205 or Kathie Paterson at 687-2876.

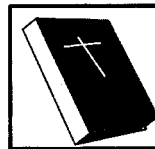
The McIntosh Times Office Hours

Wednesday 9:00 am to Noon

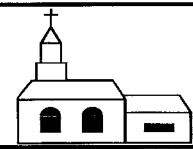
Friday 9:00 am to 11:00 am

Call or fax: (218) 563-3585

Ad deadline is Noon on Friday prior to publication



Church News



ST. MARY'S CHURCH Fosston

Fr. John Suvakeen,

Pastor

Sun. Aug. 2: 8:00am Confession; 8:30am Holy Mass at St. Mary's, Fosston; 10:30am Holy Mass at St. Joseph's, Bagley
Fri. Aug. 7: 11:30am Holy Mass at St. Mary's in Fosston
Sun. Aug. 9: 8:00am Confession; 8:30am Holy Mass at St. Mary's, Fosston; 10:30am Holy Mass at St. Joseph's, Bagley

If you have any questions about the schedule please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH

Winger/Bejou

Interim Pastor

Melody Kirkpatrick

Sun. Aug. 2: 9:00am Worship at Immanuel

Sun. Aug. 9: 9:00am Worship at Immanuel, Bejou

No worship service during the month of July at Immanuel. No worship service during the month of August at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)

McIntosh

Interim Pastor

Melody Kirkpatrick

Sun. Aug. 2: 10:30am Worship Service

Sun. Aug. 9: 10:30am Worship Service

GOSEN LUTHERAN CHURCH Independent

Gary Johnson, Pastor

www.gosen-church.com

Face Book: Gosen Church

Wed. July 29: 1:30pm Bible Study at The Country Place

Fri. July 31: Telecast of the Luther League program on Garden Valley Cable TV - Channel 2

Sat. Aug. 1: 8:00pm Prayer Meeting

Sun. Aug. 2: 9:30am Sunday School and Adult Bible Study; 10:45am Worship Service; 7:00pm Luther League (see article elsewhere in the paper)

Tues. Aug. 4: 10:00am Sunday Worship service telecast on Garden Valley Cable TV - Channel 2

Wed. Aug. 5: 1:30pm Bible Study at The Country Place; 7:00pm Luther League (see article elsewhere in the paper)

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of HWY 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

VERNES LUTHERAN CHURCH (LMC)

McIntosh

Pastor Paul Magelson

Sun. Aug. 2: 8am Worship

Sun. Aug. 9: 8am Worship



MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer.

Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.

M5,7,9,11,13,15,17,19C

B-B Cafe Menu

Wed. July 29: BBQ Ribs, Baked Potato, Corn, Roll, and Dessert

Thurs. July 30: Taco Salad, Garlic Toast, and Dessert

Fri. July 31: Hot Turkey or Dinner, Carrots, Roll, and Dessert

Community Birthday and Anniversary Calendar

Wed. July 29: Kathy Finseth

Thurs. July 30: Cody Huschle

Fri. July 31: *Jason & Nicki Carlson; *Jeremy & Danielle Finseth

Sat. Aug. 1: *Jim & Eileen Votava

Sun. Aug. 2: Tanya Hamre, Connie Syverson, Calie Maruska, Courtney Maruska, Chelsea Ekeberg, *Bob & Karen Olson

Mon. Aug. 3: Chad Olson, Dalton Agnes, Brooke Christianson, *Earl & Dianne Roed

Tues. Aug. 4: Mike Barnum, Lauren Strom, Luke Syverson, Steve Espeseth

BUSINESS & PROFESSIONAL GUIDE

This space for rent at \$127.40 for 6 months.

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THE WINGER ENTERPRISE

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Wednesday, July 29, 2015

Winger News

by Linda Pulskamp

Hello again from Winger and the Union Lake areas. With another week behind us we are about to turn the calendar to the month of August and I find myself wondering where has summer gone! Hopefully there will be many more sunny and warm days before summer is gone.

Most of us are tired of the rain and heat, maybe not so much the heat as the humidity, only thing is that we will soon be complaining about the cold and snow. Seems like we are never happy when it comes to the weather.

The gardens are beautiful and there is plenty of fresh produce right now, have been enjoying green beans, broccoli, little green onions, peas and a second planting of radishes has been even better than the first ones. Won't be long and it will be time to can and freeze and how good that will taste next winter.

Not only are the vegetable gardens beautiful but the flower gardens are just as beautiful. The crops are looking very nice also and turning color very quickly, which means harvest is right around the corner and so the seasons go.

As August is upon us so is school shopping and the first year college students anxious to move on to another phase of their lives, and parents that are apprehensive as their children move away from home for the first time. Granted it is harder on the parents than the child.

Thursday the 16th Jasmine and Carson Benesh were visitors at the Fern and Milton Carlson home.

It was with a heavy heart that Martha Henney and brother Orton Stardig and wife Joyce attended church services last Sunday at Salem Church in McIntosh as it was the last service to be held at the church. Orton and Martha are probably two of the oldest members of the church. Their Grandfather Olaf Stardig was one of the originators of that church. After dinner at the church Laura Grant entertained the family at her home. Others spending the day were Myles and Renee Henney of St. Hilaire and Dean Henney and Laura Grant.

Last Saturday Verlys and Helmer Homme attended a family get together at Battle Lake.

Paul Carlson stopped in at the Fern and Milton Carlson's last Saturday as he made his way to work. Bet there was a fresh refill of coffee for him as he left.

This past week Lucy Brtek visited with Doris Krogstad at the hospital in Fosston.

Last Sunday the 19th Mike, Kari, Oliviayah and Terry Keller entertained at their home in honor of Lonnie Gieseke's birthday. Guests were Fern and Milton Carlson, Lonnie and Judy Gieseke and Roy, Lisa and Ryan Schaumburg.

Helmer and Verlys Homme

were among the Pioneer Home residents that attended the picnic that was held at the Pioneer Home for residents and guests.

Monday afternoon on her way home from work Donna Carlson stopped in at the Fern and Milton Carlson home for a visit.

Reports have it that Wayne Benbo's garden is not only beautiful with vegetables galore and that he is sharing them with certain people. Not only that but I understand that he has some very tasty raspberries he shared also.

With Wayne's name being mentioned I can't help but comment on what a good job he and Deb do as they mow and trim at the cemeteries. The do an awesome job. Thanks you two.

Paul Carlson started his day on Tuesday by stopping in at the Fern and Milton Carlson before he went to work.

In our conversation Milton was telling that the thunderstorm that went through the area last Thursday late afternoon left the with branches down and also he had some trees go down with an inch of rain and some hail. As I came into town that afternoon from work I could see that there was heavy rain just south of town, but we didn't have any wind to speak of or hail that I saw. Goes to show how close we can be to these systems and it will miss us.

Helmer Homme went with some of the Malme family nephews and grand nephews on a fishing trip to Lake of the Woods from last Sunday until Tuesday.

IT'S ONLY A MONTH AWAY! PUT IT ON YOUR CALENDAR! McIntosh Tractor Day! Parade in the morning, tractor pull in the afternoon. This is a special day as it will be in remembrance and also a tribute to Rueben Brekke who was a long time owner and lover of all tractors.

Until next week!

From the Manor:

Monday evening Bun headed over to Mark and Shelly Broden's home in Fertile for fresh lobster roll that Mark had hauled home in his truck from Maine. Joni and Eric Ellagaard along with Larry and De Hagen also enjoyed the meal. His friend Lee is coming back to Fertile on Sunday from Maine and is going to bring back some live lobster.

Mark and Shelly came out to the lake and went for their first pontoon ride of the summer. Shelly brought a Shih Tzu puppy along for Bun that she is going to keep until it gets bigger. His name is Chewie.

Cousins Bob and Bonna Olson from Wisconsin stopped by the manor for a visit on Thursday afternoon. Bob is the oldest child of the late aunt Edith and uncle Bob. They were visiting cousins Gail and Susan Anderson and were heading up to the family lake place near Orr, MN.

Dale called Bun on Thursday evening and asked him if

he wanted to come to Winger Depot cafe for dinner to help him and his mother Joyce celebrate his belated 44th birthday. He wasn't planning on going anywhere because of the heat but when he found out Joyce was buying and Ole wasn't getting in on a freebie, he couldn't refuse.

Mark called Bun on Sunday evening with some bad news. All the lobster Lee brought were dead. No fresh lobster for the gang. Bummer!

Bun learned some new terminology the other day. A push present is when the father of a newborn gives the mother a present.

Linda and Bun would like some news of what others are doing. Will you help us?

USDA Accepting Farmland for Habitat in MN

U.S. Department of Agriculture (USDA) Minnesota Farm Service Agency (FSA) Acting Executive Director Jane Ray today announced that an additional 15,000 acres of agricultural land in Minnesota is eligible for funding for wildlife habitat restoration.

The initiative, known as State Acres for Wildlife Enhancement (SAFE), is part of the USDA Conservation Reserve Program (CRP), a federally-funded voluntary program that for 30 years has assisted agricultural producers with the cost of restoring, enhancing and protecting certain grasses, shrubs and trees to improve water quality, prevent soil erosion and reduce loss of wildlife habitat. In return, USDA provides participants with rental payments and cost-share assistance. CRP has helped farmers and ranchers prevent more than 8 billion tons of soil from eroding, reduce nitrogen and phosphorous runoff relative to cropland by 95 and 85 percent respectively, and even sequester 43 million tons of greenhouse gases annually, equal to taking 8 million cars off the road.

In total, up to 400,000 acres of additional agricultural land will be eligible for wildlife habitat restoration funding through this SAFE announcement. The additional acres are part of an earlier CRP wildlife habitat announcement made by Secretary Vilsack. Currently, more than 1 million acres, representing 98 projects, are enrolled in SAFE nationwide.

"This year marks the 30th anniversary of the Conservation Reserve Program, which has not only resulted in significant soil and water improvements, but also greater populations of waterfowl, gamebirds and other wildlife native to the rural countryside," said Ray. "Here in Minnesota, 72,000 acres in the Minnesota Back-Forty Pheasant Habitat are designed specifically to increase ring-neck pheasant habitat. Since it was first established in 2007, farmers and ranchers have enrolled 57,000 acres, resulting in enhanced habitat for ring-necked pheasants, waterfowl, greater prairie chickens and grassland bird populations. We hope to

continue this progress by offering interested farmers and ranchers the opportunity to enroll another 15,000 acres in this project."

Interested producers can offer land for enrollment in SAFE and other CRP initiatives by contacting their local FSA county office at <http://offices.usda.gov>. To learn more the 30th anniversary of CRP and to review 30 success stories throughout the year, visit www.fsa.usda.gov/CRPis30 or follow Twitter at #CRPis30. And for more information about FSA conservation programs, visit www.fsa.usda.gov/conservation.

Reasons to Celebrate

Monday, August 3rd is National Watermelon Day. This day to celebrate is always celebrated on August 3rd.

This big fruit deserves it's own big day during the summertime months! So, give pause to celebrate this sweet and tasty summertime treat.

Watermelon is a delicious summer fruit that has become a staple at family picnics and cookouts. Did you know that watermelons are 92% water? No wonder they're so refreshing!

Watermelon is fat free and cholesterol free, and loaded with vitamins, minerals and phytonutrients. It has less than 50 calories per cup. It is a good source of vitamins A and C, and minerals, such as potassium.

There are around 300 different kinds of watermelon in the U.S. and Mexico. You can find red, pink, white, and yellow varieties in various sizes and shapes.

By weight, watermelon is the most-consumed melon in the United States.

Watermelons are usually quite large, and many county fairs award prizes for the biggest ones. According to the Guinness Book of World Records, the heaviest watermelon weighed 268.8 pounds and was grown in Arkadelphia, Arkansas in 2005 by Lloyd Bright who grew the melon for the Annual Hope, Arkansas Big Watermelon Contest in September.

An average 15-20 pound seedless watermelon yields about 11 cups of cubes and 6 cups of juice.

Even the rind is edible and sometimes used as a vegetable. Rinds can be stir-fried, stewed or pickled.

Watermelon is a chin-dribbling delightful snack to satisfy any sweet tooth.

To celebrate National Watermelon Day, have some watermelon for dessert tonight! Slice it up and eat it plain, cook it on the grill, mix it into a salsa, or blend it into a cocktail.

We have included some recipes below for you to enjoy this refreshing summertime staple. Enjoy!

To learn more interesting watermelon facts, check out www.watermelon.org.

Recipe Corner

There is no other fruit that defines summer as much as watermelon! It's the perfect food to take on picnics, to slice up at a bbq or to snack on as a refreshing treat on a hot day!

Nothing beats a fresh slice of juicy and sweet watermelon on its own, but there are a ton of things you can make with watermelon, besides just eating a plain slice of it.

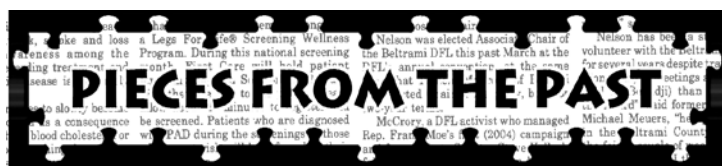
Watermelon Salsa

2 cup diced Watermelon
1 cup diced Red Onion
1 cup diced Cucumber
1 cup diced Tomatoes
1/3 cup chopped Cilantro
1/4cup minced Jalapeno
2 tbsp Lime Juice
Kosher Salt (to taste)
Fresh Ground Pepper (to taste)

Place ingredients in a bowl and mix well. Allow to set in refrigerator at least 1 hour for flavors to come together.

Mint & Melon Salad

Half of a watermelon, scooped with a melon baller
Half of a large cantaloupe, scooped with a melon baller
Half of a large honeydew melon, scooped with a mel-



30 years ago...1985: Col. Dave Gilbertson and Vernon Rolf conduct the Benefit Auction as part of McIntosh Crazy Days. A large crowd attended.



20 years ago...1995: (R-L) Kristin Hartel, Kyle Kaupang, Bobby Strom, Janelle Graff and Brittany Olson show a sampling of the variety of colors used on the decorative Kaleidoscope shirts. Children participating in the Win-E-Mac Summer Recreation Program spent Monday afternoon in the Arts and Crafts Session. Each shirt was created in different designs by using magic markers and alcohol.



10 years ago...2005: Friends Jessica Kasprzak and Carmen Syverson take a break from the ride to enjoy a bag of cotton candy at the 105th Polk County Fair.

Regional Ag News

Jim Stordahl,
Extension Educator

Spittlebugs in Gardens

Spittlebugs fall under the category of unusual insect problems. The most obvious sign of their presence is, what appears to be, a wad of spittle on a leaf.

Spittlebugs are commonly found in and around Minnesota gardens; however they usually do not cause enough damage to be considered a problem, but will often raise questions. They are primarily known because of the frothy spittle mass that the nymphs produce while feeding on their host plants.

There are approximately 54 spittlebug species described in Minnesota, but the most commonly encountered species is the meadow spittlebug, *Philaenus spumarius*. Additional species you may find in your garden are the prairie spittlebug, *Philaenarcys bilineata* and *Aphrophora* spp.

Adult spittlebugs, also referred to as froghoppers, have enlarged hind legs for jumping. They are similar in form to leafhoppers but are less slender. Adult meadow spittlebugs are 1/4 inch long and vary in color, often tan to brown, but could also be gray or mottled. Meadow spittlebug

nymphs are orange at first, but as they progress through four molts they change from yellow to pale green. Large red eyes are apparent on the side of the nymphs head.

Spittlebugs overwinter as eggs in leaf litter. Nymphs emerge in late April or early May and start feeding at the base of the plants, but continue to move up, preferring tender foliage and blossom tissues. As the nymphs feed they pump bubbles into fluid that they excrete as a foamy substance. This frothy mass protects spittlebugs from predators and from drying out. The nymphs mature in five to eight weeks. As adults, they migrate to nearby grassy areas, pastures or areas with broadleaf weeds. The females return in September and October and lay clusters of eggs amongst plant debris or in leaves and stems. There is only one generation per year.

Spittlebugs feed on a wide variety of herbaceous plants including ornamental grasses, roses, chrysanthemums, clover, strawberries, herbs, and many other garden plants. Spittlebug nymphs pierce the plant stems and suck plant juices. In most cases, espe-

cially on annuals and perennials, spittlebug feeding is not damaging to plants. If large populations are present, feeding can cause leaves to become distorted, and in the case of strawberries, the berries may be smaller.

In most cases, management of spittlebugs is unnecessary as their numbers are typically small, their presence is short-lived, and the damage they cause is minimal. Management options, if they are desired, are limited.

Remove weeds that are near your gardens. This eliminates plants that could be a food source for spittlebugs.

Physically remove the spittlebugs by hand when it is practical. Another option is to spray the spittlebugs with a strong blast of water; this can dislodge nymphs from the plants.

Insecticides are not effective against spittlebugs; the nymphs are protected inside their spittle masses from any insecticide sprays.

For more information, contact me at 800-450-2465 or at stordahl@umn.edu. This article was provided by Jeffrey Hahn and Suzanne Wold-Burkness, UM Entomology.

on baller

2 T. honey

3 T. finely chopped mint

Place scooped melon balls in a large bowl. Drizzle with honey and toss to coat the melon. Sprinkle with chopped fresh mint and toss again. Chill before serving.

Watermelon Sweet Tea

For the mint simple syrup:

1 cup water

1 cup sugar

3-4 nice leafy stems of mint

For the Tea:

1 family sized tea bag (I like Luzianne)

7 cups boiling water

A few more leafy mint stems

3 pound piece of fresh watermelon

For the mint simple syrup:

Place the water and sugar in a saucepan over medium heat. Stir until the sugar dissolves then bring to a boil. Boil 3 minutes, then remove from the heat. Drop in the mint leaves and push them down into the syrup. Leave to cool. When cool, pour into an airtight jar and refrigerate. You won't use all the syrup for this tea.

For the tea:

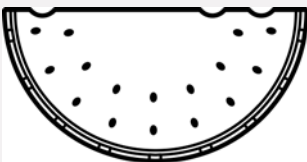
Place the tea bag and mint stems in a large pitcher. Pour over the boiling water and leave to steep for 8 - 10 minutes, until the tea is a dark amber color. Remove and discard the tea bag and the mint. Leave to cool.

Meanwhile, cut the water-

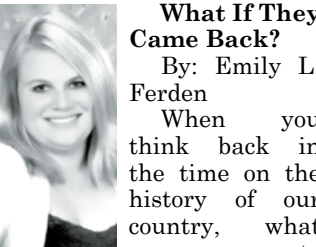
melon flesh into cubes and puree in a blender until smooth. You may need to add a little water to get things moving. Pour the puree into a strainer set over a bowl and gently push the pulp the release the juice. Don't scrape and push too hard, or your tea will come out to pulpy. You should have about 3 cups of juice. Refrigerate the juice until the tea is cooled.

In a pitcher or jug big enough to handle all the tea, mix the tea and the watermelon juice and stir well. Stir in the mint simple syrup to taste - how much you need depends on how sweet that watermelon is, but you are unlikely to use it all. Remember though that you want it a little sweeter in the pitcher, because the ice will dilute it a bit. Save any extra in the airtight jar in the fridge to sweeten other drinks.. Serve over lots of ice with a sprig of mint.

(You didn't hear it from me, but a little snort of bourbon in the glass ain't a bad thing...)



Random Things and Stuff



What If They Came Back?
By: Emily L. Ferden
When you think back in the time on the history of our country, what names come to mind? George Washington, Ben Franklin, Albert Einstein, Martin Luther King Jr., or Elvis Presley might be a few that you think of.

Think of those names and those people of history and all that they did in their own time periods. They did quite a bit didn't they? Obviously they did if they are still well-known names in history today. Now, think of these people and imagine them in our time period now. Using the examples I gave, here is what I imagine would happen if they were here today.

Let's take the first one, George Washington, and put him into today's time. What would he think about our war in the Middle East? Would George Washington have better strategies for our military defenses today? George Washington once said, "If the freedom of speech is taken away then dumb and silent we may be led, like sheep to the slaughter." I believe if he was here today, George Washington would be able to advocate our freedom of speech, as well as the other Constitutional Rights we possess very highly. I think he would also be disappointed in our country. If he heard that there were people who wanted to get rid of "In God We Trust" and people who believe we shouldn't be saying the pledge of allegiance, I believe he would begin to turn this nation upside down. He

would remind us how far this country has come, and that it does almost need a step backwards to get back to its patriotic roots.

Next we have Benjamin Franklin. In his time period, he excelled in many things being a leading author, printer, political theorist, politician, postmaster, inventor, scientist, civic activist, statesman, and diplomat. Being one of the Founding Fathers, I believe he would also have some of the same disappointments George Washington would have. I think the biggest thing for Ben Franklin would be seeing his inventions in today's forms. I believe he would be in utter shock to see everything from the different styles of eyeglasses to all of the electronic devices. I think he would be very intrigued to learn how everything worked and to try it all out himself.

Albert Einstein, wow, what would he think of all the knowledge we have at just our fingertips in this time period? When we learn that someone is very smart, we often compare them to Einstein. If I was Albert Einstein and came back to this time period, I would be highly honored to hear people using my name to that high of standard. Einstein once stated, "If you can't explain it simply, you don't understand it well enough." I think he would be highly influential in today's students to encourage them to really focus on their studies.

Next on the list is Martin Luther King Jr. Do you think he would believe we have gotten past racism? I am sure he would be happy to hear we have had an African American president, but I do not believe he would say we have totally put racism behind us. Martin Luther King Jr. once stated, "Law and order exist for the purpose of establishing justice and when they fail in

this purpose they become the dangerously structured dams that block the flow of social progress". I believe in today's culture, he would be highly disappointed in some of the more recent racial movements. He would probably also be right there in the White House talking to President Obama about ways to increase racial equality, peacefully and effectively, to today's society.

Last, but not least, on the list we have Elvis Presley. Elvis was considered the King of Rock and Roll during his time period, which in reality was not all that long ago. What would Elvis think of all of the music in today's time? Honestly, I believe Elvis would have the hardest time coming back to this time period because of the fact that there are so many Elvis impersonators. He would come back and say he was Elvis Presley, but many wouldn't believe him because there are hundreds of others who impersonate him and say the same thing every day. I think once he would be able to prove he was the real Elvis Presley, he would be right back up in the spotlight in no time. There would be too many sold out shows to count, fans going crazy trying to get up close to him, and I believe his fame would probably quadruple from what it was when he was still around. Everything of Elvis' would have to be returned to him from the museums, and I am sure there would be plenty more traffic around Graceland.

I hope you enjoyed this little bit of imagination and do some of this abstract thinking yourselves.

For some people of history, staying in history might have been the better option. But maybe we could learn a lot from these historical figures and it wouldn't be such a bad thing to bring some of their ideas back into our time.

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WEM School Announcements

Attention Win-E-Mac Football Players

Equipment will be handed out on Thursday, August 6th at the football shed for students entering grades 9-12. Juniors and Seniors will be issued equipment between 5:00 and 5:45 pm while Freshmen and Sophomores will be issued equipment between 5:45 and 6:30 pm.

The first day of practice for students in grades 9-12 will be on Monday, August 10th at 8:00 am. We will be meeting in Mr. Morgenroth's room to begin. The first day of practice for students in grades 7-8 will be on Monday, August 17th. Your equipment will be issued on that day.

Students, make sure that you have a current record of a physical on file. If you are unsure, please contact the school at 218-687-2236 or 218-563-2900.

Win-E-Mac Volleyball will be starting the fall season on August 17th for girls entering grades 7-12. Make sure to have an updated sports physical before the season starts, watch the papers for local discounts and/or incentives on sports physicals. There will be a fall sports meeting for play-

ers and parents details will be posted at a later date.

Practices times for the week of August 17th will start at 5pm, ending time for the junior high will be 7pm. Practice for the 24th of August will be at 5pm, however the rest of the week 25th- 28th will start at 7am and end around 9am. Please make arrangements with work and plan other appointments to ensure that your daughter attends all practices. The varsity will be attending a scrimmage at Concordia college on Saturday the 29th, from 1pm to 6. If you have questions please call 218-563-2866 Coach Kaster

WEM ECFE

What: Win-E-Mac Fall Early Childhood Screening! FREE vision, hearing, health, and developmental screening for 3-5yrs old! This screening is a requirement to start preschool or kindergarten in Minnesota. Meet our teachers and register for preschool!

Who: Children who are or will be 4 yrs old by Sept. 1st, 2015 can register for Win-E-Mac preschool! Information about home-based programs for 3 years olds will also be available!

Contact: Win-E-Mac Early Childhood Family Education via Facebook, email Shannon Svalen, ECFE Coordinator: ssvalen@win-e-mac.k12.mn.us or call: 218-688-2170 to register your child today

Pestle & Vessel... Continued from page 1...

to the elements, to the purging wind and the merciless light of the sun over and over until the filth and impurities are eliminated.

As believers, we must be exposed over and over to the word of God. We must welcome the truth as it drives through our soul like a scouring wind. We must stand obediently in the light of the Son, as the Holy Spirit works repentance in our hearts. The Son of God longs to take our filth upon Himself. He has already paid His life's blood for it. His sacrifice enables us to stand before God Almighty pure as the driven snow.

The Christian walk should be simple, should it not? Believe. Repent. Follow. Yet we complicate it with opinions, cloud it with justifications and taint it with issues. Because of these hindrances, we become passive in our walk. We grow increasingly reluctant to deal with the reality of sin in our own hearts. How this grieves the Father whose passion was and is to redeem us.

When a fellow believer suffers some Christians hint the believer did not have enough faith or it was not strong

enough to keep them from trials. As if faith is something we can do. The work of faith is God's doing. If it is His will that through the faith He has worked in us, He should save us from suffering, so be it. If it is His will, that through that same faith, He should test us and urge us into a closer relationship with Him—who are we to cry out?

Is the Christian walk a rosy dream? Is it filled with ease? Is it characterized by uncomplicated decisions? Son of man—in a world cursed by sin—where will you find perfection? We can search the deepest ocean and explore the highest mountaintop and we will still only find it in one place; at the foot of the cross.

Perfection endured our mocking voices and bore the whipping which shredded His flesh but never His will. With a rough hewn cross on His mutilated back, perfection labored through the streets of Jerusalem no longer struggling with the Father's will but struggling to fulfill it. Over two thousand years ago, shedding His immaculate blood, perfection died flawlessly.

The perfect, Child of God did not live an uncomplicated life full of ease and comfort. Jesus did not cling to opinions, rationalize justifications or obscure His walk with issues. He lived on this earth simply and faithfully. He followed the will of the Father, as He encountered the rebellious, the hypocrite and the faithless. Yet He did not waver, wander or point fingers. Perfection endured the indescribable sundering from His Father to give us everlasting communion with Almighty God.



Mentored Youth Hunt at Rydell NWR

This October 17-18, 2015, Rydell National Wildlife Refuge will again be hosting a special Mentored Youth Deer Hunt for kids age 12-15, in cooperation with the Minnesota DNR. We are the only NWR in Minnesota that offers this special "mentored" deer hunting opportunity. A total of 15 youth will be allowed to participate in this hunt. Participating youth will be required to hunt with a parent, guardian, or mentor.

Interested youth must apply for this hunt no later than Aug. 14th. Applications can be completed at any DNR license agent or online. For more information on this unique hunting opportunity, go to <http://www.mndnr.gov/discover> and click on "youth deer hunts", or call the Rydell NWR Headquarters at 218-687-2229 x16.



The Win-E-Mac cadets Red Team baseball close out another successful summer season. Back row: Joey Riever, Hunter Hoffart, Anton Hickman, Zac Simonson, Gavin Haskett, Mason Hoffart, Coach Hunter Plante; Front: Tommy Reiver, Jonas Spry, Chase Shear, Will Tofstad, Chris Hollingsworth, Dylan Roy, Noah Besser.



The 2015 Win-E-Mac Cadets baseball Blue Team had a great summer season. Back row: Anthony Hollingsworth, Dustin Osland, Nathan Fortman, Gavin Walker, Coach Svalen; Middle: Remy Goodwin, Bryer Strom, Andre Semerkiov, Alex Jacobson, Kobe Hamre; Front: Reed Neubert, Isaac Semerkiov, Noah Ostenaa, Braylon Hamre (Bat Boy).