



McINTOSH

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Times

Hub of the Thirteen Townships

McIntosh, Minnesota



The Win-E-Mac Veterans Day program held on Monday, November 11th for students and community members were honored to hear from 103 year old Dr. Blanchard Krogstad, Lieutenant Army Corps, World War II Veteran. He spoke of our blessings and freedoms in the United States. Along with him, his son, Bruce Krogstad, Lieutenant Colonel Retired Chaplain USAF also spoke. They are pictured here with Gary Sonstelie, a member of the Fengstad - Solie American Legion and a cousin to the Krogstads.

5th Annual Spears, Beers and Decoy's show this weekend in Bejou



Jordan and Kelsi Gunufson, owners of IceSaw.com will be your hosts for the 5th Annual Spears, Beers, and Decoys Show this weekend in Bejou, Minnesota.

Have you ever heard of darkhouse spearing? It is a fun winter activity that can be enjoyed by anyone looking to combat winters cabin fever. Are you looking for a new and fun winter hobby? Do you appreciate the art and creativity of classic, made by hand sporting goods that stand the test of time and become family heirlooms?

Then you need to make plans to attend the 5th Annual Spears, Beers and Decoy show held this Saturday, November 23rd at the Lean To Tavern and Peachy's Pub on Main Street in Bejou, Minnesota, with over 30 vendors spread between the two venues.

The popular show, now brought to you by Icesaw.com, has been renewed and updated, and will have new branding with a new collection of branded apparel available.

The vendor show will start at 9:00 am and continue until 3:00 pm. There will be a live auction starting at 3:30 pm.

This year brings new and returning vendor artisans to the biggest show yet, spread across 2 venues, The Lean To Tavern and Peachy's Pub with vendors on the street between the two locations.

New vendors this year will be The Shak fish houses, Drive Trailers and new carver Paul Sparks.

Other vendors at this year's show will include: Icesaw, LLC, Northern Spiked, Jordee BBQ Supply, Nephew Teasers, Tradewell Decoys, Tempt-Lure, Rick Wirth, Belle River Spear Co., Hjelle Arc Custom Spears, Whittier Decoy's, PTP Chapter, Wes Lofstrom, Smart Teaser, Minnesota Darkhouse

and Angling Association, Bemidji Sports Center, Grumpy's Balls, John Peeters, Dennis Bertram, Finn's Spins, JW Allrich Custom Designs, Virgil Prestby, Panfish Pirate, Brad Lange, Randy Lofstrom, Karen Thomas, Stoney's Custom Designs, John Baar, Allen Erickson, Wabana Creek Decoy's, Uffda Carving, Gus Nelson, Hitch Harness, and Bruce Blades.

There will also be a concession stand at the Lean To Tavern, along with regular menu items at Peachy's Pub.

Minnesota Darkhouse & Angling Association will also be at the show selling apparel.

The Pine to Prairie Chapter will have a raffle for an Alumalite fish house valued at \$6,000. The Minnesota Darkhouse Pine to Prairie Chapter will be on hand to renew memberships or to sign up new members.

Belle River Spears, a major sponsor of the show, will offer a drawing for a 5 -tine stainless seven spear for show attendees under the age of 17 years old, who are interested in the sport of spear fishing.

The event is presented by Icesaw.com and owner Jordan Gunufson, along with his wife, Kelsi, who has a passion for the sport of darkhouse spearing and brings that passion to this fun-filled day.

There will be raffles, door prizes, and a lot of fun activities taking place throughout the show.

Darkhouse spearfishing is an ancient form of ice fishing.

In North America, spearing fish through the ice was first practiced by Native Americans. Subsistence fishermen learned

A community call for support with a big transition for The Clubhouse Childcare Center in McIntosh

A Call for Community Support – Monday November 25th 6:30 pm - 7:30 pm Win-E-Mac Media Center

As a dedicated childcare center that has served families in our community for 7 years, we are excited to announce our goal of transitioning from a privately-run center into a non-profit organization. This transformation will not only enhance the quality of care and education we provide, but it will also allow us to better meet the needs of the families we serve. However, to make this dream a reality, we need your help.

Aaron and Nicole Cook (we formed, started, and opened The Clubhouse Childcare Center in 2018 after seeing the high need for quality childcare. Through the last 7 years, we have transitioned and lead The Clubhouse through 3 different additions to grow and best serve the age groups needed in our communities. We feel that we have seen The Clubhouse grow as far as we can on our own; looking to the future we feel The Clubhouse could best operate as a Non-Profit Organization.

Why Change?

The Clubhouse has always been committed to fostering a nurturing, safe, and educational environment for children. Over the years, we've seen firsthand the challenges parents face in securing affordable and high-quality childcare. Rising costs, limited resources, and increasing demand for ser-



VICES have put immense pressure on our ability to maintain the level of care that our families deserve. By transitioning to a non-profit organization, we have access to more resources, grants, and opportunities to better support all children and their families. The Clubhouse Facility itself, and staff.

We Need You!

To successfully transition to a non-profit model, we need the support of our community; and that first step is forming a Non-Profit Organization and Board. We invite you to an informational meeting on Monday, November 25th at 6pm in the Win-E-Mac Media Center where you will hear the need, the process, and the goals of the Non-Profit board.

We believe that together, as a community, we can sustain a childcare center that is not just a place of care, but a cornerstone of support for local families. The transition to a non-profit model will give us the ability to ensure that quality childcare remains within reach for everyone.

We thank you for your ongoing support, and we look forward to working alongside you to make this exciting transition a reality. Together, we can build a stronger future for the children, families, and community we all care so deeply about. We would love to talk about this opportunity with anyone interested; please feel welcome to call owners Aaron Cook (218) 230-4076 or Nicole Cook (218) 280-3484.

Plan now for the Mac Christmas Parade

To close the night out for A Very Merry McIntosh on Saturday, December 7th, there will be a holiday parade down Main Street at 7:00 pm.

We encourage local residents and business's to plan for their parade entry and make plans to participate.

More information coming soon!



The Win-E-Mac Junior High Players are excited to perform "Good Cop Bad Cop" by Ian McWethy and Jason Pizzarello on Saturday, November 23rd and Sunday, November 24th. Show times are 7pm on Saturday and 3pm on Sunday. Admission will be free will donation. A catastrophic street sign switcheroo has two rookie detectives (played by Krista Shimpa and Callie Herriman) grilling a motley crew of suspects and witnesses. Everyone from the high school mascot (Mya Strom) to a guy who may be Super Mario (Lukas Gensburger) is pumped for information...and while these suspicious characters are combative, ridiculous, and downright incompetent, none of them seems guilty. With the clock ticking and their jobs on the line, can this good cop and bad cop collar a suspect before it's too late? Other student actors and crew members include Elizabeth and Emma Determan, Ana Kolden, Haylee Beckett, and Adylade Hickman. This is sure to deliver some laughs! Please come and enjoy the show!

Please contact the McIntosh Times if you move or have a change in your address so we can keep the paper coming to your home on time.

The holidays can be difficult to navigate with the loss of a loved one. A holiday grief support group will meet from 3-4:30 p.m. on Tuesday, December 3 in the education room at Essentia Health-Fosston. All are welcome.



2024 FSA County Committee elections now open

The U.S. Department of Agriculture (USDA) mailed ballots last week for the Farm Service Agency (FSA) county committee elections to all eligible agricultural producers and private landowners across the country.

Elections are occurring in certain Local Administrative Areas (LAA) for these committee members who make important decisions about how federal farm programs are administered locally. Producers and landowners must return ballots to their local FSA county office or have their ballots postmarked by Dec. 2, 2024, for those ballots to be counted.

Producers must participate or cooperate in a USDA program and reside in the LAA that is up for election this year to be eligible to vote in the county committee election. A cooperating producer is someone who has provided information about their farming or ranching operation to FSA, even if they have not applied

or received program benefits. Additionally, producers who are not of legal voting age, but supervise and conduct farming operations for an entire farm, are eligible to vote in these elections.

For purposes of FSA county committee elections, every member of an American Indian tribe is considered an agricultural landowner if the land on which the tribal member's voting eligibility is based is tribally owned or held in trust by the U.S. for the tribe, even if the individual does not

personally produce a commodity on that land. Tribal agricultural landowners 18 years and older can contact their local FSA county office to register to vote.

Nationwide, more than 7,700 dedicated members of the agricultural community serve on FSA county committees.

Each committee has from three to 11 elected members who serve three year terms,

and at least one seat representing a LAA up for election each year. Committee members are vital to how FSA carries out disaster recovery, conservation, commodity and price support programs, as well as making decisions on county office employment and other agricultural issues. They help ensure inclusive representation on committees and equitable administration of FSA farm programs in their jurisdiction.

Ballots must be postmarked or delivered in person to the local FSA office by close of business Dec. 2, 2024, to be counted. Newly elected committee members will take office Jan. 1, 2025. Producers can identify LAAs up for election through a geographic information system locator tool available at fsa.usda.gov/elections and may confirm their LAA by contacting their local FSA office.

Eligible voters who do not receive a ballot in the mail can request one from their local FSA county office.

Free crib program to promote safe sleep for infants

During Minnesota's Infant Safe Sleep Week (Nov. 17-23) the Minnesota Department of Health (MDH) wants parents to know there is now an opportunity to receive a free crib after a short training about the importance of babies sleeping alone, on their back and in a crib.

As part of the Healthy Beginnings, Healthy Families Act, MDH funds \$5.75 million through 20 grantees working on safe sleep. One grantee is Cradle of Hope, which offers free cribs and education to help prevent sudden unexpected infant deaths, which almost always happen in unsafe sleeping environments where the child suffocated, according to Minnesota data. Each year, Minnesota averages 50 sudden unexpected infant deaths, and nearly all those tragic deaths involved unsafe sleep environments.

To prevent such tragedies, the American Academy of Pediatrics (AAP) has put forth a set of safe sleep recommendations designed to protect children up to 1 year old. These recommendations are known as the ABCs of safe sleep.

ALONE: Infants should always sleep or nap alone - not sharing beds or cribs with others.

BACK: Always put a baby on their back to sleep or nap.

CRIB: Babies should always sleep or nap in their own safety-approved crib, play yard, bassinet or portable crib without blankets or pillows. To keep warm during Minnesota winters, parents are urged to dress babies in pajamas or other clothing appropriate for the temperature.

Established in 2023, Healthy Beginnings, Healthy Families Act creates opportunities for the state to address infant mortality. Activities include establishing the Minnesota Partnership to Prevent Infant Mortality and funding statewide grants to Tribal Nations, nonprofits and community health boards to improve infant health outcomes. Grantee Cradle of Hope partners with 176 organizations across Minnesota, including seven of the 11 Tribes, and can distribute over 200 portable cribs each month.

"Cradle of Hope helps moms and babies in crisis throughout Minnesota through our statewide portable crib distribution program," said Darlene Kopesky, executive director at Cradle of Hope. "We provide infant safe sleep classes where families learn safe sleep techniques to lower the risk of sudden infant death and prevent accidental suffocation and strangulation in bed. Saving a baby's life could be as easy as learning the ABCs of safe sleep." Those needing a safe place for their baby to

sleep who are pregnant (third trimester) or have a baby under 12 months old can contact Cradle of Hope for more information at 651-478-1418.

In addition, Governor Tim Walz proclaimed Nov. 17-23 Infant Safe Sleep Week in Minnesota, and MDH will partner with the Minnesota Department of Transportation to illuminate the I-35W Bridge in pink, white and blue on the night of Nov. 20. Hennepin County partners are illuminating the Lowry Avenue Bridge in pink, white and blue on Nov. 21.

"This week is a special time to let parents know safe sleep support is out there because we know it can be hard to have all the things in place so babies can sleep on their backs, alone and in a crib," said MDH Assistant Commissioner Maria Sarabia. "The tragedies of these unexpected deaths also highlight the need to provide all Minnesotans the financial and housing opportunities necessary to provide safe sleeping spaces for babies."

Research shows that bed-sharing raises the risk of a baby's injury or death. Risks of sleep-related death increase five to 10 times when sleeping on the same surface with someone else when an infant is under 4 months of age. Additionally, the risk of sleep-related infant death is up to 67 times higher when an infant is sleeping with someone on a couch, soft armchair or cushion, the AAP said.

Several MDH grantees from Black and American Indian communities are working with families to help them provide safe spaces and overcome the challenges that can put babies in harm's way, such as lack of stable housing or financial security. Due to Minnesota's persistent racial inequalities, between 2017 and 2021, the unexpected infant death disparity was two times greater for Black infants and seven times greater for American Indian infants than for white infants.

Tribal partners are using MDH grant funds to focus on safe sleep. Leech Lake Tribe enlists a spiritual leader to promote safe sleep and American Indian culture by making traditional cradle boards. The Division of Indian Work is also involving elders in making cradle boards. Fond-du-Lac Band of Lake Superior Chippewa provides cribs and safe sleep education. Additionally, Mewinza Ondaadiziike Wiganing integrates safe sleep education and breastfeeding strategies into a new parent support group.

The message of safe sleep is getting out to Minnesota parents and caregivers. In 2022, 62% of mothers reported not using soft bedding, compared

to 48% in 2016, according to data collected through monthly surveys with new mothers through the Minnesota Pregnancy Risk Assessment Monitoring System (MN PRAMS).

During safe sleep week, MDH is also promoting the #ClearTheCrib challenge on social media. Minnesotans can participate by attempting to clear a crib of all pillows and toys in under 10 seconds and sharing their video. This challenge is a fun activity that raises awareness about safe infant sleep and can be done with friends, during baby showers, at parenting classes, as a relay race or as practice at home.

WEM School will host a Giving Tree for families in need this holiday

Win-E-Mac School will once again be having their annual Giving Tree. We will be sharing the "stars" virtually again this year.

We will anonymously post "stars" for the Win-E-Mac School District that may have a need this holiday season for clothes, winter clothing, toys, or other items.

Their wish list will be linked to their Star number. If you are interested in taking a Star or donating items, please follow the link posted on the school website (wemschools.org) or school Facebook page (Win-E-Mac ISD 2609).

There you will find prompts that allow you to choose a child by age and it will display their wish list. Not all items on the wish lists need to be purchased, but we suggest getting clothing items and at least 1 toy or fun item.

Donations of items are also accepted, we use those items to fill the wish lists for children on the Giving Tree.

All gifts will need to be dropped off at Win-E-Mac

New CRNA techniques allow for longer-lasting pain relief

Precision and speed are part of the job for RiverView's Certified Registered Nurse Anesthetist (CRNA) Team. Whether performing a nerve block or preparing for emergency surgery, they need a crisp, detailed image of what's happening inside their patients—ideally as it happens (real-time). That is why ultrasound (US) for anesthesia has become an important part of their practice.

Ultrasound visualizes nerves in real-time, helping RiverView's CRNAs identify the best place to inject drugs to control pain. Compared to traditionally relying on physical landmarks, this technique reduces the risk of nerve damage or puncturing veins.

RiverView's CRNA Team of Jeremy Eversvik, Brent Kaiser, Casey Wangen, and Chad Boen recently completed training for point-of-care ultrasound (POCUS) on techniques and advice for improving blocks they already perform and learned techniques and tips for new blocks they will be offering patients. POCUS is the real-time bedside utilization of ultrasound to help diagnose and treat patients. Research shows that POCUS boosts efficiency, improves patient outcomes, and enriches quality of care.

Ultrasound-guided nerve block is among the most common uses of POCUS in anesthesiology. Using US for needle placement allows CRNAs to visualize nerve regions in real-time, identifying where to place the needle and continuously viewing where the needle is located in relation to nearby nerves and vascular structures.

POCUS enhances clinical decision-making in perioperative situations by assisting in assessing cardiac function, pulmonary function, aspiration risk, hemodynamics, vascular access, and nerve visualization for regional procedures.

According to Eversvik, di-



Casey Wangen (standing, wearing cap) trains on point-of-care ultrasound techniques

rector of RiverView's Anesthesia Department, the team has been utilizing POCUS regularly for regional nerve blocks for many years. Compared to patients who receive general anesthesia during surgery, patients who undergo ultrasound-guided regional anesthesia recover quicker with fewer complications.

Now, with the new techniques the team has mastered, patients will benefit from longer-lasting pain relief.

"With our new training, we have changed what medications we are using for interscalene (region of the neck) nerve block, which is the block we routinely use for post-op pain control following shoulder surgery," he shared. "This change

has already shown to benefit patients by extending the control of post-operative pain up to three days whereas former block medications tended to last about 12 hours.

"We are also now able to place or help in the placement of subclavicular (area below the collarbone, or clavicle) lines/access with the training that we have. We will be able to use ultrasound to access difficult subclavicular veins, which can help in the placement of pacemakers and implantable cardioverter defibrillators."

Through the latest technology and continuous training, RiverView's CRNA Team enhances patient care at RiverView Health one patient at a time.

Holiday spending projections

Industry forecasters have made a few predictions for the 2024 holiday spending season, and these are some key take-aways.

The presidential election likely will have a major impact on consumer shopping. Forecasters suggested if a consumer's chosen candidate wins, they'll feel more comfortable about higher spending. If not, spending may be curbed.

As retailers learn more about consumers preferences for personalized offers, shoppers may find finely tuned dis-

counts and offers showing up in their emails or text messages.

Forty-three percent of consumers are carrying more debt now than in 2023 because they are reliant on their consumer credit cards more than ever. Expect to see more "buy now, pay later" deals by retailers to lure in customers.

Salesforce research says consumers will continue to utilize the convenience of online shopping on Black Friday, blurring the lines between that popular retail holiday and Cyber Monday.

PUBLIC HEARING NOTICE

Notice is hereby given that a hearing has been set for December 6, 2024, at 9:30 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider the PRELIMINARY/FINAL PLAT for Stepan Kutsev, 21687 380th St SE, Eskine, MN, 56540 for the replating of the original Northern Lights Addition, which will include the following parcels of land described as: That Stepan K. Kutsev and Raisa Kutsev, a married, is the owners of the following described property situated in Polk County, Minnesota, to-wit: LEGAL DESCRIPTION (DOCUMENT NO. 601634)

That part of Government Lots One (1) and Two (2), Section Twenty-eight (28), Township One Hundred Forty-eight (148) North, Range Forty-two (42) West of the Fifth Principal Meridian, Polk County, Minnesota, described as follows: Commencing at the northeast corner of said Section 28, thence West, assumed bearing, along the North line of said Section 28, 1314.99 feet to the point of beginning of the tract to be described; thence South 11 degrees 02 minutes 30 seconds East 177.71 feet; thence south 12 degrees 15 minutes 30 seconds west 350.51 feet; thence north 77 degrees 14 minutes 22 seconds West 146.52 feet; thence north 14 degrees 07 minutes 38 seconds East 134.56 feet; thence North 32 degrees 01 minutes 01 seconds West 65.00 feet; thence North 85 degrees 50 minutes 02 seconds West 196.38 feet; thence North 16 degrees 18 minutes 25 seconds West 296.65 feet to said North line; thence East, along said north line 464.06 feet to the point of beginning, containing 3.69 acres, more or less.

AND: Stepan K. Kutsev and Raisa Kutsev, a married couple, are the owner of the following described property, to-wit: LEGAL DESCRIPTION (DOCUMENT NO. 658748)

Lot Two (2), Block Two (2) Northern Lights Addition, Township One Hundred Forty-eight (148) North, Range Forty-two (42) West of the Fifth Principal Meridian. Together With LEGAL DESCRIPTION (DOCUMENT NO. 658747) Lot One (1), Block Two (2) Northern Lights Addition, Township One Hundred Forty-eight (148) North, Range Forty-two (42) West of the Fifth Principal Meridian.

AND: Kiril K. Kutsev, Feodosia A. Kutsev, Stepan K. Kutsev and Raisa Kutsev, as joint tenants, are the owners of the following described property, to-wit: LEGAL DESCRIPTION (DOCUMENT NO. 569697) Lot One (3), Block Two (4)

Northern Lights Addition, Township One Hundred Forty-eight (148) North, Range Forty-two (42) West of the Fifth Principal Meridian.

AND: Vladimir Kutsev, a single person, is the owner of the following described property, to-wit: LEGAL DESCRIPTION (DOCUMENT NO. 658750) Lot One (1), Block Three (3) Northern Lights Addition, Township One Hundred Forty-eight (148) North, Range Forty-two (42) West of the Fifth Principal Meridian, less the following tract: Beginning at an iron monument at the Southwest corner of said Lot 1; thence North 00 degrees 14 minutes 32 seconds West, assumed bearing, along the West line of said Lot 1 a distance of 409.62 feet to the Northwest corner of said Lot 1; thence South 88 degrees 55 minutes 06 seconds East along the North line of said Lot 1 a distance of 196.72 feet; thence South 00 degrees 14 minutes 32 seconds West, parallel with the West line of said Lot 1 a distance of 408.26 feet to the South line of said Lot 1; thence North 89 degrees 18 minutes 46 seconds West along said South line 196.69 feet to the point of beginning, containing 1.85 acres, more or less.

AND: Church of St. Nikola, a religious corporation under the laws of Minnesota, are the owners of the following described property, to-wit: LEGAL DESCRIPTION (DOCUMENT NO. 658749) Lot Two (2), Block Four (4) Northern Lights Addition, Township One Hundred Forty-eight (148) North, Range Forty-two (42) West of the Fifth Principal Meridian.

Together With LEGAL DESCRIPTION (DOCUMENT NO. 596671) Lot One (1), Block Four (4) Northern Lights Addition, according to the Official Plat thereof on file and of record in the Office of the County Recorder in and for the County of Polk and State of Minnesota.

AND: Makar A. Egoroff and Fotina K. Egoroff, as joint tenants, is the owner of the following described property, to-wit: LEGAL DESCRIPTION (DOCUMENT NO. 606086) Lot Four (4), Block One (1), Northern Lights Addition, according to the Official Plat thereof on file and of record in the Office of the County Recorder in and for the County of Polk and State of Minnesota. All property owners within 500 feet of the proposed plat are invited to the meeting.

Dated: November 14, 2024
Jacob J. Snyder
Planning & Zoning Administrator
M36C

Win-E-Mac announces first quarter honor roll

The following Win-E-Mac Senior High School and Junior High School students have attained either an "A" or "B" average in academic subjects for the first quarter of the 2024 – 2025 school year. Congratulations! To be eligible for the "A" Honor Roll, you need to have attained a 3.76 – 4.00 GPA (grade point average) and to be eligibel for the "B" Honor Roll, you need to have attained a 3.00 – 3.75 GPA.

Seniors
"A":
Arianna Dickinson
Josie Fortman
Mason Halstad
Braylon Hamre
Calvin Hill
Ericka Kramer
Shelby Long
Colten Mandt
Shelby Mandt
Destiny Molstad
Kassidi Qualey
Evelyn Ryan
Brayden Sander
Abigail Sauer
Pamela Solis
Danielle Winter
"B":
Clay Below
Emelia Boianoff
Kaylee Dickinson
Hank Earls
Sava Erofeeff
Presley Haugen
Bergen Howard
Julian Janisch
Jace Jax
Livaeh Kiecker
Samuel Lundy
Juniors
"A":
Paige Breitbach
Jordyn Halstad
Josie Johnson
Lauren Kaupang
Klaudia Kutsev
Joy Neubert
Karlie Schow

"B":
Cambell Brown
Riley Kochmann
Courtney Lecy
Marissa Mayer
Adrian Ryan
William Shimpa
Hudson Smeby
Cameron Svalen
Hunter Westcott
Sophomores
"A":
Rian Bergh
Joe Courneya
Cora Earls
Carter Fortman
Chloe Howard
Caralina Janisch
Austin Johnson
Hayden Johnson
Clara Kolden
Austin Langseth
Lillian Shimpa
Nathaniel Spry
Jareth Walk
"B":
Ashton Anderson
David Cymbaluk
Emma Enoksen
Adrianna Fitzgerald
Macie Haskett
Theodore Moritz
Kalli Roy
Kolten Schow
Alex Soterias
Rodney Stephen
David Zarkoff
9th Grade
"A":
Andrew Austin
Charles Carlson
Abraham Cheremnov
Jayden Close
Axel Fuglseth
Lukas Gensburger
Adylaide Hickman
Malaina Jax
Elsii Kiecker
Stephen Kutsev
Ella Langemo
Nickolas Schow
Krista Shimpa
Kale Smeby

Owen Strom
Ella Subbert
"B":
Samantha Arme
Haylee Beckett
Addison Clow
Garrett Davis
Ensley Haskett
Callie Herriman
George Juve
Khloe Luckow
Adara Peterson
Alexis Peterson
Bella Senn
Peyton Solie
8th Grade:
"A":
Bennett Bailey
Carson Boyd
Grady Breitbach
Emma Determan
Aria Doyle
Dakota Hedlund
Ana Kolden
Megan McGlynn
Alexander Molina
Corbin Moran
Shelby Shimpa
Mya Strom
"B":
Stephanida Anufriev
Stella Davis
Carson Fortman
Ethan Geray
Jessa Jerome
Kinsley Kroshus
Vasily Kutsev
Vivea Kutsev
Niles Lucken
Larissa Martushev
Madelyn McKinney
Liam Schow
Kirsten Spry
7th Grade
"A":
LaShelle Johns
Jorgen Johnson
"B":
Bailey Audette
Annabelle Lewis
Lynn Burd
Elizabeth Determan
Kaydence Determan



A catastrophic street sign switcheroo has two rookie detectives (played by Krista Shimpa and Callie Herriman) grilling a motley crew of suspects and witnesses. Everyone from the high school mascot (Mya Strom) to a guy who may be Super Mario (Lukas Gensburger) is pumped for information...and while these suspicious characters are combative, ridiculous, and downright incompetent, none of them seems guilty. See the play at Win-E-Mac School this weekend.

Tavin Hewitt
Jaelyn Hillstad
Iris Howard
Karl Jax
Logan Johnson
Efrosia Kutsev
Sydney Overgaard
Clara Roed
Maxwell Rue
Ava Sharp
Gage Westall
Sofia Zarkoff

Northern Lights in Minnesota: Where to see and how to capture

By Brian Fanelli
As the name suggests, the northern lights become brighter and bolder the further north you go. Which means that Minnesota, the home of both a Dark Sky Park (Voyageurs National Park) and a Dark Sky Sanctuary (Boundary Waters Canoe Area Wilderness), is one of the best states in the lower 48 to view and photograph them. There's a perfectly scientific explanation for the aurora borealis phenomenon, but when you see it in person, weaving, flickering and pulsing across the night sky with its impossible river of greens, purples and reds, it just feels like magic.

Like the universe is reaching out to you personally and waving hello. Unlike other states that might have one or two ideal spots to view the northern lights, Minnesota's 10,000 lakes offer borealis chasers a practically unlimited supply of unique spots to view and frame them. Undisturbed by the light pollution of Minnesota's urban areas, natural darkness reigns as you venture into the northernmost reaches of the state. : Capturing an incredible photo of the northern lights is possible with most types of modern cameras. Just make sure your camera allows for manual shutter speed control, because capturing a truly stunning shot requires an exposure of 10 to 30 seconds. Other than manual shutter speed, you'll also need a sturdy tripod to keep your camera steady during those long, night sky exposures. Or you could simply use your smartphone. According to longtime dark skies photographer Bob King, "If you use the night photography mode on a newer phone, you can take lovely pictures of the northern lights. The one key is to have some way to mount the phone so it's still during the exposure. It might be as simple as just rigging something up with Velcro. As long as you can see and compose the picture, then you're good." Of course, you won't catch the northern lights every time you go out shooting. It really depends on whether the skies are clear and the celestial forecast is leaning in your favor. Either way, you'll find plenty of other, more common night sky photo ops in the North Star State. Rural Minnesota's deep, dark skies are rich with celestial displays such as meteor showers, shooting stars, and the Milky Way. The best thing to do is to manage your expectations and maintain some perspective. After all, the northern lights aren't controlled by a switch any more than the wild animals at a safari are. But, for many northern lights photographers, that's part of the fun.

Do you have a story to share?

If you have a story, a story idea or any photos you want to share, please send to: mcintoshtimes@gmail.com



On Friday, November 1st, Mr. Langemo took a group of juniors and seniors to MSUM for an event called Be-A-Teacher. Students got to sit in on a class at MSUM with education majors, they got a tour of the MSUM campus, ate lunch on campus, and had a question & answer sessions with education students and professors. Pictured: Paige Breitbach, Livaeh Kiecker, Joy Neubert, Shelby Mandt, Lauren Kaupang, Cameron Svalen, and Josie Johnson.



The Win-E-Mac First Graders led the Pledge of Allegiance and National Anthem for the Veterans Day program held at Win-E-Mac School on Monday, November 11th. The program was for students and community members.