



McINTOSH

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Times

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McIntosh, Minnesota

An American legend, Johnny Appleseed is celebrated September 26th



September 26th is National Johnny Appleseed Day and we honor the man who made apple (and pear) trees grow heavy with the bounty of their fruit across most of this country. This fruity food holiday commemorates the day of Johnny Appleseed's birth and celebrates his legendary wit, wisdom, and enduring story.

He was born John Chapman on September 26, 1774, in Leominster, Massachusetts, to Nathaniel and Elizabeth Simons Chapman. Nobody knows much about his early life other than his mother died when he was two. His father packed up Johnny and his sister and moved to Springfield, Massachusetts. His father served as a Minuteman and fought at Bunker Hill.

Then in 1797, Chapman showed up in northwestern Pennsylvania, near the country's rapidly expanding Western frontier, propagating his apple seeds and working his way steadily into the frontier of West Virginia, Ohio and Indiana. Eventually, he travels as far west as Illinois and Iowa and as far north as Michigan and Wisconsin.

The apples that Chapman brought to the frontier were completely distinct from the

apples available at any modern grocery store or farmers' market, and they weren't primarily used for eating, they were used to make America's beverage-of-choice at the time, hard apple cider. Apple cider provided those on the frontier with a safe, stable source of drink, and in a time and place where water could be full of dangerous bacteria, cider could be imbibed without worry. Cider was a huge part of frontier life.

A member of the Swedenborgian Church, whose belief system explicitly forbade grafting, which they believed caused plants to suffer, Chapman planted all of his orchards from seed, meaning his apples were, for the most part, unfit for eating. In his wake, Appleseed left orchards and the teachings of Emanuel Swedenborg. Swedenborg was a Swedish spiritual leader whose books Appleseed would buy with whatever payment he might receive for his endeavors. In turn, the traveling nurseryman would give the books away as he traveled and planted.

Mostly, though, he planted his seeds and seedlings for free along with his wisdom. His broad-brimmed pasteboard hat kept the sun from his eyes wherever he went. Often shoeless, he traveled mostly on foot and sometimes by horseback or canoe. His appearance was nearly as noteworthy as his accomplishments, but so was his kindness. If Johnny Appleseed came calling, people made a place at the table.

Many stories tell how the man would travel many miles to nurse an ailing orchard when word would reach him of its poor condition. While bringing the trees back to health (his chief endeavor), the orchard man dispersed his wisdom, care, and kindness.

Supposedly, the only surviving tree planted by Johnny



Bryson Gunufson shows off his ping pong balls collected on the McIntosh football field during the ping pong ball drop as part of the Harvest Festival celebration on Saturday, September 21st. More pictures next week in the McIntosh Times.

Appleseed grows on the farm of Richard and Phyllis Algeo of Nova, Ohio. Some marketers claim that it is a Rambo; some even make the claim that the Rambo was "Johnny Appleseed's favorite variety", ignoring the fact that he had religious objections to grafting and preferred wild apples to all named varieties. It appears that most nurseries are calling the tree the "Johnny Appleseed" variety, rather than a Rambo. Unlike the mid-summer Rambo, the Johnny Appleseed variety ripens in September and is a baking-Appleseed...

Continued on page 2 ...

WEM updates cell phone policy for students

A new student cell phone policy was drafted by the Win-E-Mac School administration based on suggestions from the high school teachers and approved by the School Board. It has been presented to all the high school students by Principal Reiersen and Dean of Students Langemo. The updated cell phone policy is as follows:

Cell Phones:

- Phones may be used at passing time between classes and at lunch time.
- Phones will be put away when the teacher begins class.
- Cell phone use of any kind is not permitted in the bathrooms or the locker rooms.
- Using a cell phone to take pictures or videos of other students of staff members without permission is prohibited.
- Using social media, apps, or any other function of a cell phone/device to spread rumors, bully, make fun of, exclude, or create a disruption in school or outside of school is not permitted.
- Cell Phone Guidelines for off-campus school activities (i.e. extracurricular activities, outdoor and service trips, school field trips) will be individualized depending on the specific trip and activities.
- If a rule is broken, the stu-

dent will be asked to place the phone on the teacher's desk or in the phone caddy.

Earbuds/Headphones: All earbuds or headphones should be put away at the beginning of class along with their cell phone. Teachers will decide if earbuds or headphones are needed or allowed during work time.

Risk of Damage: Students assume the risk or damage, theft, or loss when choosing to bring a phone to school.

Offenses:

- First Offense: Staff member turns the phone into the front office for the remainder of the school day. Student meeting with the Dean of Students or Principal.
- Second Offense: Staff member turns the phone into the front office for the remainder of the school day. Parents/Guardians pick up. Student/Parent meeting with the Dean of Students or Principal.
- Third Offense: Cell phone plan is created. Phone may be held by administration during days or not allowed on site. Parents/Guardians devise a plan together with school administration.
- Fourth Offense: Phone is no longer allowed on site.

Artist Studio Crawl October 5th in Fosston and McIntosh

The Fosston Arts & Culture Commission (ACC) is hosting its first Artist Studio Crawl on Saturday October 5th. Several artists within a 10-mile radius of Fosston will open their studio space for visitors to see the spaces where they create, with a variety of art on display. In addition, local businesses will make space for artists who may not have their own maker space.

In previous years, ACC has hosted Art Walks in downtown Fosston. This year the studio

crawl will give a new perspective on where and how artists create.

Artists that are set up in businesses will be showing, demonstrating and talking about their art. Artists sharing their studio space will give folks an opportunity to see the spaces where they make their creations.

The event will be held from 10:00 am – 2:00 pm. Currently, there are over 12 artists in 8 locations in Fosston and McIntosh and points in between.

A detailed list and map will be published the week of the event of all participants. Visitors who stop at three or more locations will be able to drop off their signed brochures at the Firefly Center for several door prize drawings of Fosston bucks, provided by the City of Fosston.

Plan for a day to travel to creative studios and businesses to meet the artists and see the wide array of talent our area offers.



There were many vendors at the Harvest Festival held last Saturday in downtown McIntosh including some local crafts-ladies, Tara Burthwick and her grandma, Lois Boehrnsen, co-owners of Seems like Home, offering a variety of home sewn handgoods.



Sharon Hedlund and Judi Lindseth offer up many varieties of pie at the Community Center where Harvest Festival visitors could stop for a piece of pie and a cup of coffee and, of course, a visit.



The kids lined up at the old football field to make a dash to collect ping pong balls that were dropped from an airplane piloted by Paul Votava during the Harvest Festival Ping Pong Drop last Saturday in McIntosh.

Start a conversation about preparedness this September

Knocking on wood, throwing salt over your shoulder, avoiding black cats: There's all kinds of ways we try to ward off bad luck. But when bad luck hits anyway, being prepared not only can save you precious time when seconds count, it can also help build the resiliency of your entire community.

That's why our Homeland Security and Emergency Management (HSEM) is joining the Federal Emergency Management Agency (FEMA) in encouraging you to mark National Preparedness Month this September by starting a conversation.

Talking about bad things that could happen like a disaster or emergency isn't always easy. We may think we're protecting the people we love by avoiding these conversations, but it's important to start discussing steps to get ready and stay safe.

Starting a conversation today can help you and your family to take more actions to prepare. By taking simple steps, you can build your preparedness at your own pace:

- Set aside a time when everyone is calm and relaxed.

Appleseed...

Continued from page 1 applesauce variety similar to an Albemarle Pippin. Nurseries offer the Johnny Appleseed tree as an immature apple tree for planting, with scions from the Algeo stock grafted on them. Orchardists do not appear to be marketing the fruit of this tree. [

John Chapman died in 1845, and many of his orchards and apple varieties didn't survive much longer. During Prohibition, apple trees that produced sour, bitter apples used for cider were often chopped down by FBI agents, effectively erasing cider, along with Chapman's true history, from American life. In Fort Wayne, Indiana, in Johnny Appleseed Park, a grave marks the spot where the legendary sower of apple seeds rests.

Not all of the apples that came from Chapman's orchards were destined to be forgotten. Wandering the modern supermarket, we have Chapman to thank for varieties like the delicious, the golden delicious, and more. His penchant toward propagation by seed, Pollan argues, lent itself to creating the great—and perhaps more importantly—hardy American apple. Had Chapman and the settlers opted for grafting, the uniformity of the apple product would have lent to a staid and relatively boring harvest.

While the apple find its geographic origin in the area

• It may help to hold the discussions over a set time period, so decisions aren't rushed, and people feel more comfortable talking about the topic.

• Talk about steps you've taken to prepare and encourage others to ask questions about preparedness actions that might work for them.

"When it comes to being prepared, there's a lot to talk about," HSEM Director Kristi Rollwagen said. "But having that conversation before disaster strikes can help you stay calm and put you in a better position to handle whatever Mother Nature throws at us."

Make sure you have a plan in place for different kinds of emergencies. Know what you'll need if you have to shelter in place and if you need to evacuate. Your family may not be together when a disaster strikes so it is important to plan in advance: how you will get to a safe place; how you will contact one another; how you will get back together; and what you will do in different situations.

We recommend creating an emergency kit with everything from extra medication and batteries to food and clean water.

of modern-day Kazakhstan, it owes most of its popularity to the Romans, who became masters of apple grafting, a technique wherein a section of a stem, with buds, from a particular type of apple tree is inserted into the stock of another tree. Grafting is an integral part of cultivating apples, as well as grapes and fruit trees, because the seed of an apple is basically a botanic roulette wheel, the seed of a red delicious apple will produce an apple tree, but those apples won't be red delicious; at most, they'll only barely resemble a red delicious. Because of its intense genetic variability, fruit grown from apple seed, more often than not, turned out to be inedible. Apples grown from the seed are often called "spitters," from what you'd likely do after you took a bite of the fruit. According to Henry David Thoreau, an apple grown from seed tastes "sour enough to set a squirrel's teeth on edge and make a jay scream."

When apples made their way to colonial America, they came first in the form of graftings, budded stems from the settlers favorite European trees, which they hoped to bring with them to the New World. But the soil of America turned out to be less hospitable than the soil the colonialists had known in Europe, and their apple trees grew poorly. Early settlers lived in a world

It should include enough supplies for each family member for three days, extra medication and other necessities. FEMA has a list of items to include at Ready.gov.

The most important thing to remember: It's OK to ask for help. Reaching out to family, friends and neighbors can help you build a support network that can support you before, during and after a disaster or emergency. Share each aspect of your emergency plan with everyone in your group, including a friend or relative in another area who would not be impacted by the same emergency who can help if necessary.



The Gosen Luther League meets on Sunday evening, September 29th, at 7 o'clock. Bended Knee with Kent and Shantel Dudley along with Rod Rock will present a concert of Christian country music. Join us for an inspirational evening in honor of our Lord Jesus Christ. Refreshments will be served following the program. Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 791-0797 or 280-0821.



NATIONAL HUNTING & FISHING DAY

SEPTEMBER 28, 2024

where land was abundant but labor was scarce; grafting was a delicate technique that required finesse and time, whereas growing apples from seeds produced a crop with relatively little effort.

Johnny Appleseed Day honors the legacy and life's work of

Political, advertisement signs not permitted on public hwy rights of way

With upcoming November elections, the Minnesota Department of Transportation reminds campaigners that state law prohibits placement of political or advertising signs on highway right-of-way.

These areas include driving lanes, inside and outside shoulders, ditches, sight corners at intersections, and boulevards in urban areas. It also includes displaying flags or other signs on bridges over traffic.

Violation of Minnesota Statute 160.27 is a misdemeanor. Civil penalties may also apply if the placement of such material contributes to a motor vehicle crash, creates injury to a person, or causes damage to a motor vehicle that runs off the road.

The Minnesota Outdoor Advertising Control Act, Minnesota Statute 173.15, also

prohibits placing advertising materials on public utility poles, trees and shrubs, and painting or drawing on rocks or natural features.

MnDOT workers are required to take down political or advertising signs located on the state highway right-of-way. County, city and township employees administer the laws on their roads. You can retrieve signs by contacting your local MnDOT office.

Trinity Harvest Festival

Trinity Lutheran Church in McIntosh will celebrate fall with a Harvest Festival on Sunday, October 6th at 2:30 pm. Speaker Pastor Sam Wellmumson with fellowship and pie following. Everyone welcome. Offering to benefit AFLC of Brazil Scholarship Fund.



ST. MARY'S CHURCH
Fosston
Fr. John Suvakeen,
Pastor

Wed. Sept. 25: 11:30am Mass at St. Mary's, Fosston
Fri. Sept. 27: 11:30am Mass at St. Mary's, Fosston
Sun. Sept. 29: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Wed. Oct. 2: 11:30am Mass at St. Mary's, Fosston
Fri. Oct. 4: 11:30am Mass at St. Mary's, Fosston
Sun. Oct. 6: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Pastor Rene Mehlberg
Synodical Authorized
Minister Katie DeMarais

Sun. Sept. 29: 10:00am Coffee Hour; 10:30am Worship Services; 11:30 am-1:00 pm-Meatball Dinner
Sun, Oct. 6: 10:00am Coffee Hour; 10:30am Worship Services

Our Savior's Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:
Pastor:
Jerry Moan

Trinity: (27262 315th St. SE, McIntosh) Sunday Worship: 9:30am
Mt. Carmel: (305 State St. NE, McIntosh) Sunday Worship: 11:00am
Lutheran Parish YouTube Channel

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Sun, Sept. 29: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service (also on Facebook and gosenchurch.com); 7:00pm Luther League Concert with Bended Knee (see article elsewhere in the paper)
Tues, Oct. 1: 10:00am. Sunday worship service telecast on GTVV--30

Wed, Oct. 2: 6:30pm Bible Study at Sharon Ramberg's home
Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

VERNES LUTHERAN CHURCH (LCMC)
McIntosh
Pastor Lee Laaveg

Sun. Sept. 29: 9:00am Worship
Sun. Oct. 6: 9:00am Worship

IMMANUEL LUTHERAN CHURCH
McIntosh
Pastor Bruce Blocker,

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

CALVARY LUTHERAN CHURCH
Winger

Sundays: 10:30am Coffee Fellowship; 11:00am Worship

GRACE LUTHERAN CHURCH-NALC
Erskine
Rev. Pam Thorson

Sundays: 9:15am Sunday School; 10:30am Worship
Come early and enjoy fellowship and a good cup of coffee. It will also be available at the same time on Garden Valley Channel 30, Facebook and YouTube.

Thriving Life Church
Erskine, MN

Sunday service at 10:00 am
Call or visit us at: 22722 350th Street; 218-687-2343

Serve apple turnovers for a fall treat

Since the United States first gained its independence from Great Britain, many things have been described as representing the best of American culture. Rock-n-roll music and baseball have long been deemed "as American as apple pie," but how did apple pie come to be synonymous with America?

Few fruits have been associated more with America than the apple, due in large part to John Chapman, affectionately known as Johnny Appleseed. Chapman was born in Massachusetts during the Revolutionary War. Chapman's father fought in the war, then survived to return home to farm and teach his son the family business. The younger Chapman is said to have spent 40 years clearing land and planting apple seeds in Midwestern states. Apples thrived and became important foods for early settlers. Apples were easy to grow and store for use throughout the year, plus they were - and still are - versatile fruits that can be used in many different recipes.

Apple pie is a popular dish made from apples, but a close cousin to pie - turnovers - can be just as delicious. Turnovers

are handheld desserts made with many of the same ingredients as pie. They are small pastries made by covering one half of a piece of dough with filling, folding the other half over on top, and then sealing the edges. Apple turnovers can be a sweet treat for July 4th barbecues or other events this summer. Enjoy this recipe, courtesy of PillsburyTM.

Easy Apple Turnovers
Serves 4
1 1/2 cups thinly sliced, peeled apples (roughly 1 1/2 medium-sized apple)
1/4 cup packed brown sugar
2 tablespoons water
1 teaspoon lemon juice
1 tablespoon all-purpose flour
1 tablespoon granulated sugar
1/4 teaspoon salt
1 tablespoon butter or margarine
1/2 teaspoon vanilla
1 box Pillsbury® refrigerated pie crusts
1 egg
1. In a 2-quart saucepan, mix apples, brown sugar, 1 tablespoon of the water and lemon juice. Cook over medium heat, stirring occasionally, until bubbly. Reduce heat to low; cover and cook 6 to 8 minutes,



stirring occasionally, until apples are tender.

2. In a small bowl, mix flour, granulated sugar and salt. Gradually stir into apple mixture, cooking and stirring until mixture thickens. Remove from heat; stir in butter and vanilla. Cool 15 minutes.

3. Meanwhile, heat oven to 350 F. Let pie crust pouch stand at room temperature for 15 minutes.

4. Remove pie crust from pouch; unroll crust on ungreased cookie sheet. Spoon cooled fruit mixture evenly onto half of crust to within 1/2 inch of edge.

5. In a small bowl, beat egg and 1 tablespoon water; brush over edge of crust. Fold untopped half of crust over apple mixture; firmly press edge to seal. Flute edge; cut small slits in several places in top crust. Brush top with remaining egg mixture.

6. Bake 25 to 35 minutes or until crust is golden brown. Serve warm or cool. Drizzle with icing, if desired.

Expert tips: Tart apples, such as Granny Smith or McIntosh, make flavorful pies. Braeburn or Gala apples provide good texture and a slightly sweeter flavor.

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"Serving the Win-E-Mac area"

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POLK COUNTY BOARD MINUTES

SEPTEMBER 3, 2024
BOARD MINUTES

Pursuant to motion of adjournment, the Polk County Board of Commissioners met in regular session at 8:00 o'clock a.m., September 3, 2024. Members present: Commissioner Paul Reese, Commissioner Warren Strandell, Commissioner Gary Willhite, Commissioner Joan Lee, Commissioner Mark Holy, and Charles S. Whiting, County Administrator, Clerk of the Board. Others present: Samuel Melbye, Deputy Clerk of the Board.

AGENDA

A motion was made by Commissioner Strandell seconded by Commissioner Lee and adopted by unanimous vote of the Board to approve the September 3, 2024, agenda.

CONSENT ITEMS

A motion was made by Commissioner Holy seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve the September 3, 2024, consent items:

- 1.Approve the August 20, 2024, Board minutes.
- 2.Approve Auditor Warrants.
- 3.Approve payment to Chiller Systems Inc, Fargo, ND, in the amount of \$2,856.19 for Miscellaneous Repairs for the Facilities Department.
- 4.Approve TriMin Contract for Maintenance and Support of IFS from January 1, 2025, to December 31, 2027, and sign the Board Ratification Statement.

COUNTY BOARD MEMBER
ISSUE FORUM

- 1.Commissioner Reese brought forth that he attended the following meetings:
 - a. West Central Water District meeting.
 - b. Land of the Dancing Sky Region 1 meeting.
2. Commissioner Strandell brought forth that he attended the following meetings:
 - a. West Central Water District meeting.
 - b. Received call regarding ditch cleaning.
3. Commissioner Willhite brought forth that he attended the following meetings:
 - a. Attended multiple days of negotiations with unions.
 - b. Met with Polk County Administrator, Chuck Whiting, and Polk County Director of Environmental Services, Jon Steiner, to review budget.
- c. Crookston Independent School District School Board meeting.
- d. Virtual Finance meeting regarding Solid Waste bonds.
4. Commissioner Lee brought forth that she attended the following meetings:
 - a. Attended multiple days of negotiations with unions.
 - b. Household Hazardous Waste Advisory Committee meeting.
- c. Virtual State Community Health Services Advisory Committee Membership Development meeting.
- d. Association of Minnesota Counties (AMC) Board of Directors retreat.
- e. Union Lake Sarah Improvement District meeting.
- f. Virtual Finance meeting regarding Solid Waste bonds.
- g.Virtual AMC Finance meeting.
- h. Minnesota Pollution Control meeting regarding landfills.
5. Commissioner Holy brought forth that he attended the following meetings:
 - a. No meetings.
 - b. Received multiple calls regarding highway construction and detours.

HIGHWAY

Richard Sanders, Polk County Engineer, came before the Board with matters pertaining to his department:

1. Winter Tractor Lease – EGF Shop

The Highway Department is currently renting a tractor for mowing. They are recommending extending the lease of the tractor until April 30, 2025, and equipping it with a snow blower to help with clean-up in EGF and the roads around the area. A motion was made by Commissioner Strandell seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve leasing one tractor from Valley Plains Equipment of Crookston, MN, in the amount of \$5,000.00.

2. 2025 Snow Blower Purchase
This is a request to purchase the snow blower to equip the rental tractor for EGF. The lowest responsible quote is from John Deere of Crookston, MN, in the amount of \$14,500.00. A motion was made by Commissioner Holy seconded by Commissioner Strandell and adopted by unanimous vote of the Board to approve purchasing one Lorenz 9101 Tractor Mounted Snow Blower from John Deere of Crookston, MN, in the amount of \$14,500.00.

3. CD 41 Ditch Maintenance Request

A motion was made by Commissioner Strandell seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve the work in CD 41 in sections 1-6 of Sullivan Township and to name Richard Sanders, Engineer, over the project.

4. Add Item to Agenda

Amotion was made by Commissioner Strandell seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve adding a maintenance request for CD 51.

5. CD 51 Ditch Maintenance Request

A motion was made by Commissioner Strandell seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve the work in CD 51 in sections 31-32 of Fisher Township and sections 35-36 of Bygland Township and to name Richard Sanders, Engineer, over the project.

FACILITIES

Richard Langlois, Facilities Director, came before the Board with matters pertaining to his department:

1. Lead Custodian Position
Recently, a custodial/maintenance staff position had opened due to a resignation. Replacing the position with a Lead Custodian would be a more realistic approach for the department's needs. A motion was made by Commissioner Reese seconded by Commissioner Strandell and adopted by unanimous vote of the Board to approve moving forward with filling the vacancy in the Facilities Department with a Lead Custodian position and any subsequent vacancies resulting from this action.

PLANNING & ZONING

Jacob Snyder, Assistant Environmental Services Administrator, came before the Board with matters pertaining to his department:

1. 2024 Polk County Haulers License – Agassiz Septic & Roll-Off Service, LLC
An application was submitted for a new waste hauler, Mike Bjerke, to operate Agassiz Septic & Roll-Off waste collection business throughout Polk County and area counties. The applicant has submitted the necessary items to operate a roll-off waste collection business. The septic pumping business is not a local license but rather a State of MN license to be a septic maintainer. Action today would allow the business to operate as a local waste hauler to use Polk County facilities. A motion was made by Commissioner Lee seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve Agassiz Septic & Roll-Off Service, LLC to obtain a CY2024 Polk County Haulers License.

PROPERTY RECORDS

Sam Melbye, Director of Property Records, came before the Board with matters pertaining to his department:

1. Request to Post and Advertise for Clerk Typist Cashier III – License Center
A motion was made by Commissioner Lee seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve the filling of the position of Clerk Typist Cashier III – License Center and any subsequent vacancies occurring as a result of filling this position.

ADMINISTRATION

Chuck Whiting, Polk County Administrator, came before the Board with matters pertaining to his department:

1. Resolution (2024-66) Ratifying the Award of Sale, Prescribing the Form and Details, and Providing for the Payment of \$3,825,000 General Obligation Solid Waste Bonds, Series 2024A
Resolution (2024-66) was offered by Commissioner Lee seconded by Commissioner Willhite and adopted upon the following vote: YEAS: Commissioner Reese, Commissioner Strandell, Commissioner Willhite, Commissioner Holy, Commissioner Lee. NAYS: None. (See Resolution (2024-66) on file in the Administrator's Office)
2. 2025 Budget Status
Discussion was held with the Board regarding a 2025 Budget Status update.

AUDITOR WARRANTS

A motion was made by Commissioner Holy seconded by Commissioner Reese and adopted by unanimous vote of the Board that the following Auditor Warrants were approved:

AUDITOR WARRANTS 08/02/2024

Vendor Name	Amount
1 Payments less than 2000	15.00
Final Total:	15.00

AUDITOR WARRANTS 08/06/2024

Vendor Name	Amount
Asphalt Surface Technologies Corp	140,483.05
City of McIntosh	5,486.10
Clay County Public Health	9,766.65
Cole Papers Inc	5,669.83
Crookston Water Department	3,612.28
Davidson Construction	80,750.00
ENTERPRISE FM TRUST	5,159.30
Hardwick P.C./Brian T	2,380.26
Knife River Materials	79,872.80
Lepier Oil Company Inc	10,173.52
Liberty Business Systems Inc	6,355.18
Norman County Public Health	93,785.10
North Valley Health Center	2,089.52
Ottertail Power Co	30,370.80
Ottertail Public Health	3,624.46
Polk County Public Health	174,665.65
Trails County	77,711.26
US Bank Voyager Fleet Sys	4,264.46
9 Payments less than 2000	5,500.23
Final Total:	741,720.45

AUDITOR WARRANTS 08/12/2024

Vendor Name	Amount
1 Payments less than 2000	15.00
Final Total:	15.00

AUDITOR WARRANTS 08/13/2024

Vendor Name	Amount
BELTRAMI COUNTY SOLID WASTE	5,189.23
Boyer Ford Trucks Inc	150,504.00
Crookston Driftbusters	6,215.45
East Polk Soil & Water	8,731.94
ENTERPRISE FM TRUST	18,930.83
Gladden Construction Inc	772,150.38
GP Excavating LLC	10,240.00
Hanson & Liebl Law Office Trust Account	132,874.00
MN Northern Railroad	66,940.00
Northdale Oil Inc	34,619.45
Thomson Reuters - West	3,219.62
30 Payments less than 2000	16,716.41
Final Total:	1,226,331.31

AUDITOR WARRANTS 08/20/2024

Vendor Name	Amount
Altru Health System	2,653.00
AMP Robotics Corporation	7,105.83
AT&T Mobility	2,817.94
Crookston Water Department	4,359.60
Fosston Municipal Utilities	51,748.72
Fosston Municipal Utilities	2,015.59
Great Plains Natural Gas Co	2,491.13
Hardwick P.C./Brian T	2,278.10
Kronos SaaS Inc	3,424.60
Kustom Kollision LLC	7,826.90
Liebo, Weingarden, Dobie and Barbee PLL	48,324.12
Matthew Bender & Co, Inc	3,727.36
Norman County Public Health	51,681.44
Ottertail Power Co	38,387.22
Polk County	2,123.18
Polk County	111,379.40
Polk County Public Health	135,574.50
Premier Signs LLC	3,000.00
Verizon Wireless	2,183.22
Wild Rice Elec Co- Op Inc	3,736.88
22 Payments less than 2000	12,057.60
Final Total:	498,896.33

AUDITOR WARRANTS 08/27/2024

Vendor Name	Amount
BNSF Railway Company	8,343.14
Chiller Systems Inc	3,035.00
City Of Fosston	549,066.50
Cole Papers Inc	2,613.47
Davidson Construction	34,381.64
ENTERPRISE FM TRUST	31,399.98
Gladden Construction Inc	336,967.31
Hoffman, Philipp, & Martell, PLLC	22,450.00
Kinetic Leasing	150,350.00

Mn State Treasury	6,880.50
Norman County Public Health	14,872.00
Office of MN.IT Services	9,329.23
Polk County Highway Department	8,518.96
Polk County Public Health	38,393.00
Polk County, MN	3,526.00
SHI International Corp	9,852.00
The Mahoney Group - Mesa	283,703.53
Thygeson Construction Co	35,985.92
Trails County	57,585.52
TriTech Software Systems	2,473.80
Union Lake Sarah Improvement Dist	15,000.00
16 Payments less than 2000	6,531.45
Final Total:	1,631,258.95

MANUAL WARRANTS 08/02/2024

Vendor Name	Amount
Internal Revenue Service	205,269.71
Minnesota Revenue	35,828.81
Final Total:	241,098.52

MANUAL WARRANTS 08/05/2024

Vendor Name	Amount
1 Payments less than 2000	267.41
Final Total:	267.41

MANUAL WARRANTS 08/14/2024

Vendor Name	Amount
1 Payments less than 2000	500.00
Final Total:	500.00

MANUAL WARRANTS 08/16/2024

Vendor Name	Amount
Internal Revenue Service	200,525.83
Minnesota Revenue	34,979.21
Final Total:	235,505.04

MANUAL WARRANTS 08/19/2024

Vendor Name	Amount
Minnesota Revenue	5,029.00
Mn Dept Of Rev Tax Division	107,165.40
Mn Dept Of Revenue	3,274.00
4 Payments less than 2000	3,349.88
Final Total:	118,818.28

MANUAL WARRANTS 08/19/2024

Vendor Name	Amount
1 Payments less than 2000	1,778.00
Final Total:	1,778.00

MANUAL WARRANTS 08/23/2024

Vendor Name	Amount
U.S. Bank Corporate Payment Systems	88,186.23
Final Total:	88,186.23

MANUAL WARRANTS 08/23/2024

Vendor Name	Amount
U.S. Bank Corporate Payment Systems	248.30
Final Total:	248.30

MANUAL WARRANTS 08/30/2024

Vendor Name	Amount
Internal Revenue Service	205,312.33
Minnesota Revenue	36,285.52
Final Total:	241,597.85

With no further business, the Board adjourned to reconvene at 9:30 o'clock a.m., September 17, 2024.

Gary Willhite, Chair
ATTEST:

Charles S. Whiting, County Administrator
Clerk of the Board M28C

Anhydrous safety key goal for farmers this fall

The MDA offers safety tips for those maintaining equipment and applying and transporting NH3.

Many farmers and custom applicators will soon apply anhydrous ammonia (NH3) after harvest. Even with a rush against time and the weather, safety should never be compromised. Accidents involving NH3 have proven how dangerous and deadly the fertilizer can be when not handled properly.

The Minnesota Department of Agriculture (MDA) offers the following tips to farmers, fertilizer dealers, and custom applicators to safely field apply NH3.

- Always wear NH3-rated goggles and gloves. Never wear contact lenses.
- Be sure to have a clean and accessible emergency wa-

ter supply of at least 5 gallons available.

- Exercise caution when making connections and disconnections of transfer lines, treating them as if they always contain NH3.

- Stand upwind when connecting, disconnecting, bleed-ing lines, or transferring NH3. Also, close, bleed, disconnect, and secure valves and transfer lines when taking breaks or disconnecting lines, and be sure to handle hose end valves by the valve body.

- Position equipment away and downwind from homes, people, and livestock.

Safety is also key to those maintaining NH3 equipment, operating NH3 storage facilities, and transporting NH3.

- Never assume NH3 lines are empty.
- Always wear the required

Safely share the road during fall harvest season

Motorists traveling on Minnesota roads this fall should be aware of large farm equipment transporting crops to markets, grain elevators and processing plants, according to the Minnesota Department of Transportation.

Crash data shows there were 446 crashes involving farm equipment in Minnesota from 2021 through 2023, resulting in eight deaths and 171 injuries.

“With the fall harvest season underway, Minnesota farmers need our public roads to access their fields and transport crops,” said Brian Sorenson, state traffic engineer. “We can keep everyone safe by putting away our phones and other distractions while driving, and scanning for slow-moving farm vehicles while traveling rural roads throughout the state.”

Farm equipment is large and heavy, making it hard for operators to accelerate, slow down and stop. The equipment also makes wide turns and sometimes crosses over the center line. In addition, farm vehicles can create large blind spots, making it difficult for operators to see approaching vehicles.

Motorists should:

- Slow down and use caution when approaching farm equipment
- Watch for debris dropped by farm equipment
- Drive with headlights on at all times
- Be patient and wait for a safe place to pass

Farm equipment operators should:

- Use lights and flashers to make equipment more visible
- Use slow-moving vehicle emblems on equipment traveling less than 30 mph
- Consider using a follow vehicle when moving equipment, especially at night

Did you know?

Thousands of farmers, family members, and farm workers are injured and hundreds die in farming accidents every year in the United States. Agriculture is considered the most hazardous industry to work in. A farmer is 800 percent more likely to die while working than people in other jobs.

The leading cause of death is tractor rollovers. Learn more about the Minnesota Department of Agriculture’s (MDA’s) Rollover Protective Structures (ROPS) Rebate Program at www.mda.state.mn.us/roll-over-protective-structures-rops-rebate

Other health and safety hazards on the farm include grain bins and silos, manure pits, toxic gases, chemicals and pesticides, livestock handling, skid loaders, and others. Learn more about the Grain Storage Facility Safety Grant program at www.mda.state.mn.us/grainstoragesafetycostshare

protective safety equipment.

- Have access to safety water (NH3 storage facilities must have a minimum of one open top container holding 150 gallons of clean, accessible water or an accessible emergency shower with a plumbed eye-wash. A 5-gallon container of clean, accessible water must accompany NH3 nurse tanks).
- When towing a nurse tank down the road, drive sensibly. Do not go any faster than 30 miles per hour, display a slow-moving vehicle (SMV) emblem visible from the rear, and be sure the tank is secured to the tractor or truck with two separate, independent chains that supplement the hitch pin/cup.

If an accident or spill occurs, seek medical care if needed, immediately call 911, and then the Minnesota Duty Officer at 1-800-422-0798.

Funding available to assist with sustainable agriculture research

The Minnesota Department of Agriculture (MDA) is now accepting applications for grants to support innovative sustainability-focused research or demonstration projects on Minnesota farms.

The Agricultural Growth, Research, and Innovation (AGRI) Sustainable Agriculture Demonstration Grant funds projects that explore the energy efficiency, environmental benefit, and profitability of sustainable ag techniques, from the production through marketing processes.

Minnesota farmers or individuals from organizations including agricultural cooperatives, educational institutions, nonprofits, tribal governments, and local units of government (such as Soil and Water Conservation Districts) are eligible

to apply.

Eligible projects must test and demonstrate on-farm practices that will benefit a broad range of farmers. Past grants have explored topics such as cover crops and crop rotation; conservation tillage; pest management techniques; input reduction strategies; and alternative energies such as wind, methane, and biomass.

The MDA will award approximately \$350,000 in this round of grant funding, and applicants may request up to \$50,000 per project. No cash match is required for requests below \$25,000. However, for requests between \$25,000 and \$50,000, applicants must provide a dollar-for-dollar match.

Projects must last two to three years, and grantees are asked to share what they

learn through outreach efforts. Project updates are published annually in the MDA’s Greenbook, which provides a summary of each project along with results, management tips, locations of previous projects, and other resources.

The AGRI Sustainable Agriculture Demonstration Grant program will accept applications through 4 p.m. on Thursday, December 12, 2024. To apply and read the full request for proposals (RFP), visit the grant webpage.

Funding for this grant is made available through the MDA’s AGRI Program, which administers grants to farmers, agribusinesses, schools, and more throughout Minnesota to advance the state’s agricultural and renewable energy sectors.



The kids scattered from one end of the football field to the other as they chased the ping pong balls which were dropped from an airplane during the McIntosh Harvest Festival on Saturday, September 21st. Each ping pong ball was worth money, depending on the color, with the grand prize being \$10 for the hard to find golden ping pong ball.



A treasure hunt for books took place in the Community Center on Saturday, September 21st, as part of Harvest Festival the McIntosh Library hosts a book sale. The sale will continue through the rest of the week during library hours.

MDH study finds telehealth continues to benefit Minnesotans

A new report released by the Minnesota Department of Health (MDH) recommends continued support for the broad availability and use of telehealth as a tool to deliver health care services. The recommendation is part of MDH's final report to the Minnesota Legislature on the impact of the 2021 Minnesota Telehealth Act on private sector health insurance. The report builds on a preliminary study of telehealth expansion and payment parity issued in June of 2023.

"Minnesotans are accessing a variety of services in the digital space, including, increasingly, health care," said Minnesota Commissioner of Health Dr. Brooke Cunningham. "This study shows that telehealth offers a real choice that can be comparable to in-person care, especially for behavioral health care and chronic disease management. However, telehealth cannot replace in-person care in all situations. For telehealth to reach its full potential, further digital infrastructure investments are needed to address existing inequities. Lack of sufficient broadband in Greater Minnesota and the cost of high-speed internet, both for rural and urban communities, create barriers

to accessing health care via telehealth."

The report makes nine recommendations to support the availability and use of telehealth. These recommendations include support for reimbursing the same amount (known as payment parity) for audio-visual and audio-only (phone) telehealth services and the continued inclusion of audio-only care in the definition of telehealth. According to the study, audio-only telehealth fills an important gap in health care availability and access, particularly for people seeking behavioral health care, older Minnesotans, those with complex chronic conditions and those residing in areas with low broadband access.

The report summarizes findings from two years of research and stakeholder engagement led by MDH to address questions from the Legislature about the impact of telehealth expansion and payment parity on health care access, quality and outcomes, satisfaction, costs and equity.

Since the start of the COVID-19 pandemic, patients and health care providers have increasingly found value in the convenience and flexibility of telehealth. MDH's study

of telehealth identified wide agreement among Minnesota providers, patients, health plans and public health professionals that telehealth expands access to care, makes getting care faster and easier and reduces barriers for patients.

The final report also concluded that telehealth expanded access to health care without appearing to compromise quality of care or patient satisfaction or increasing health care spending.

"Though telehealth use by Minnesotans has come down from the highs witnessed during the peak of the pandemic, our research shows that it has stabilized at a much higher level than before 2020," study lead and MDH Health Economics Program Director of Health Services Research Pam Mink said. "In short, telehealth has cemented its place as a health care option, particularly in the treatment of mental and behavioral health. But it is just one tool in the care-delivery toolbox. In-person care must continue to be offered as an easily obtainable option for Minnesotans, and too many still find it challenging to find care that is geographically and financially accessible to them."

Most Minnesotans who used

telehealth were satisfied with their experience and both patients and providers appreciate the option of telehealth. However, preferences for telehealth versus in-person care varied, and the availability of in-person care is needed to ensure telehealth is one choice but not the only choice.

The increased access to health care offered by telehealth also has the potential to strengthen health equity, according to the study's findings. Though it cannot solve systemic issues, telehealth could help to reduce some of the inequities in health care access that exacerbate health disparities. However, the study found that the gateways to telehealth itself are not equitable. This is especially true for people with limited digital access or digital literacy. Further investments in telecommunications technology, including broadband, and actions to help people build their knowledge, skills and comfort to use telehealth effectively are needed to improve and ensure equitable access to health care via telehealth.

MDH's final report on telehealth is available on the MDH Health Economics Program website at Minnesota Study of Telehealth Publications.

Unprecedented amount of overdose prevention work across MN

The Minnesota Department of Health (MDH) has awarded more than 55 overdose prevention grants and contracts to community-based organizations, health systems, Tribal nations, counties and other organizations across the state following receipt of historic investment in drug overdose prevention through the Comprehensive Drug Overdose and Morbidity Prevention Act (COMPACT) in 2023. The agency received \$24 million for this work.

The funding has allowed MDH to support a variety of programs, communities and initiatives with the aim of meeting people where they are in their recovery journey to prevent overdoses.

"Preventing overdoses requires a multi-faceted approach that is holistic, data driven and community centered," said Minnesota Commissioner of Health Dr. Brooke Cunningham. "We have been working with partners and communities to develop and enhance programs to help pre-

vent overdoses and connect people to treatment or other services when needed."

The drug overdose epidemic continues to impact thousands of people in Minnesota each year. In 2022, there were 1,384 overdose deaths – an average of three Minnesotans dying each day from a drug overdose. Additionally, for every one drug overdose death, there were nearly 13 nonfatal drug overdoses.

Minnesota resident drug overdose deaths increased slightly from 2021 to 2022 (1,356 to 1,384 deaths), according to MDH data. Continued efforts to prevent drug use, decrease disparities in overdose rates, support harm reduction for people who use drugs and provide evidence-informed programming to encourage recovery are still needed.

"The funds provided through COMPACT are vital to Minnesota's work in preventing overdoses and addressing key factors that contribute to drug use and improve access to resources," said Dr. Catherine

Diamond, manager of MDH's Injury and Violence Prevention Section. "We value the work of our community, Tribal, and clinic partners and are grateful to have the opportunity to support their work with meaningful funding."

COMPACT enabled MDH to award grants for culturally specific overdose prevention efforts to address unmet needs in the African American and American Indian communities. Funds have also been allocated to support the overdose-prevention efforts of the 11 Tribal nations who share borders within Minnesota.

Racial disparities in overdose mortality rates in Minnesota are notable. In 2022, for example, American Indians/Alaska Natives were 10 times more likely to die of an overdose than whites, and Black/African Americans were almost four times more likely to die of an overdose than whites in Minnesota.

The services provided by these grantees will be focused on overdose prevention educa-

tion, naloxone outreach and cultural connection to community healing. This vital culturally specific work aims to support Tribal nations and nonprofit health organizations in making significant contributions to improving the health and wellbeing of their community members.

"Minnesota is strongest when everyone thrives and lives their lives to the highest potential, including the tens of thousands of Minnesotans experiencing substance use disorder," said Jeremy Drucker, director of the Office of Addiction and Recovery. "These investments by the Walz-Flanagan Administration will support overdose prevention efforts across a spectrum of services and make recovery possible for more people across Minnesota."

For more information on Minnesota's overdose prevention work, see Opioid Overdose Prevention at www.health.state.mn.us/communities/opioids/index.html

education issues and regulations in order to provide the kind of accountability local citizens expect.

The key work of boards is to raise student achievement by:

- Creating a vision for what the community wants the school district to be and for making student achievement the top priority;
- Establishing standards for what students will be expected to learn and be able to do;
- Ensuring progress is measured to be sure the district's goals are achieved and students are learning at expected levels;
- Being accountable for their decisions and actions by continually tracking and reporting results;

- Creating a safe, orderly climate where students can learn and teachers can teach;
 - Forming partnerships with others in the community to solve common problems; and
 - Focusing attention on the need for continuous improvement by questioning, refining and revising issues related to student achievement.
- The board members currently serving our district are: Chairman Jim Ferden (16 years), Vice Chairman Tyler Brekken (4 years), Clerk Sarah Strom (8 years), Treasurer Brad Sander (6 years), Director Davin Swanson (4 years), Director Jackie Huschle (2 years), and Director Megan Rock (2 years).

WEM School Announcements

Win-E-Mac is seeking individuals to visit our school and share their career experiences with our students. We would love for you to talk about the education and training that helped you reach your current position, what your job is truly like, and share valuable insights with the kids.

If you have a unique job that not many people are aware of or understand, work in a booming industry looking for passionate employees, or simply love what you do and want to inspire others, we invite you to participate!

This is a fantastic opportunity to speak to our senior class during their Senior Seminar, where nothing beats first hand experience.

If you're interested in making a positive impact on our students' futures, please consider joining us!

For more information, contact school counselor Becky Hanson at rhanson@win-e-mac.k12.mn.us.

Students in all grades will receive a free breakfast and free lunch during the 2024

- 2025 school year.

If students wish to take a la carte options, a second meal, or a non-reimbursable lunch/breakfast, those will be charged to the students lunch account.

The school has a no-charging policy, there must be sufficient funds in the students lunch accounts at the time of purchase. To view the monthly breakfast and lunch menus please visit the school website.

The Win-E-Mac School District office will be open from 7:00 am to 4:00 pm Monday through Friday during regular school days.

There will be flu shots available during conferences at Win-E-Mac School. On Thursday, October 10th from 12:30pm - 2:30pm, Ruth Ponder from Nord's Pharmacy will be at Win-E-Mac School again this year during conferences. She will be offering flu vaccines to staff, families and students. COVID vaccines will be available upon request. Please let the school know in advance so we can tell Ruth how many to bring.

LEGAL NOTICE

**ADVERTISEMENT FOR BIDS
S.P. 060-090-004
Minn. Proj. No. TA 6024 (306)**

NOTICE is hereby given that SEALED ELECTRONIC BIDS will be received until 10:00 AM on Friday, October 18th, 2024, by Sam Melbye, Polk County Director of Property Records at Crookston, MN, on behalf of the City of Fosston for the construction project listed below. Sealed electronic bids will be OPENED and READ publicly at 10:00 AM, by the Polk County Engineer at the Polk County Highway Department in Crookston, MN. Bids received after 10:00 AM will not be considered. Bids must be submitted electronically through BidVAULT.

Contract Documents may be examined at the following locations; the office of the City Administrator at Fosston City Hall located at 220 East First Street Fosston, MN 56542 and at the office of Karvako Engineering, Inc located at 210 24th Street NW, Suite 100, Bemidji, MN 56601.

TYPE OF WORK: 10' paved multi-use bituminous trail	
MAJOR ITEMS:	
Select Granular Embankment	675 Cu Yd
Excavation – Common	857 Cu Yd
Aggregate Base Class 5	338 Cu Yd
Type 9.5 Wearing Course Mixture	338 Cu Yd
4" Concrete Walk	907 Sq Ft
6" Concrete Walk	709 Sq Ft
Concrete Curb and Gutter Design B618	144 Lin Ft
Traffic Control	
Filter Berm, Type 4	1,331 Lin Ft
Silt Fence, Type MS	
Turf Establishment	
Minimum wage rates to be paid by the Contractors have been predetermined and are subject to the Work Hours Act of 1962, P.L. 87-581 and implementing regulations.	

READ CAREFULLY THE WAGE SCALES AND DIVISION A OF THE SPECIAL PROVISIONS AS THEY AFFECT THIS/THESE PROJECT/ PROJECTS

The Minnesota Department of Transportation hereby notifies all bidders: in accordance with Title VI of the Civil Rights Act of 1964 (Act), as amended and Title 49, Code of Federal Regulations, Subtitle A Part 21, Non-discrimination in Federally-assisted programs of the Department of Transportation, it will affirmatively assure that in any contract entered into pursuant to this advertisement, disadvantaged business enterprises will be afforded maximum opportunity to participate and/or to submit bids in response to this invitation, and will not be discriminated against on the grounds of race, color, disability, age, sex or national origin in consideration for an award;

in accordance with Title VI of the Civil Rights Act of 1964 as amended, and Title 23, Code of Federal Regulations, Part 230 Subpart A-Equal Employment Opportunity on Federal and Federal-Aid Construction Contracts (including supportive services), it will affirmatively assure increased participation of minority groups and disadvantaged persons and women in all phases of the highway construction industry, and that on any project constructed pursuant to this advertisement equal employment opportunity will be provided to all persons without regard to their race, color, disability, age, religion, sex or national origin;

in accordance with the Minnesota Human Rights Act, Minnesota Statute 363A.08 Unfair discriminatory Practices, it will affirmatively assure that on any project constructed pursuant to this advertisement equal employment opportunity will be offered to all persons without regard to race, color, creed, religion, national origin, sex, marital status, status with regard to public assistance, membership or activity in a local commission, disability, sexual orientation, or age;

in accordance with the Minnesota Human Rights Act, Minnesota Statute 363A.36 Certificates of Compliance for Public Contracts, and 363A.37 Rules for Certificates of Compliance, it will assure that appropriate parties to any contract entered into pursuant to this advertisement possess valid Certificates of Compliance.

If you have employed more than 40 full-time employees in any state, on any single working day during the previous 12 months, you must have a compliance certificate issued by the Minnesota Department of Human Rights to bid on any job in this advertisement. Please contact the Department of Human Rights immediately if you need assistance in obtaining a certificate.

The following notice from the Minnesota Department of Human Rights applies to all contractors:

"It is hereby agreed between the parties that Minnesota Statute, section 363A.36 and Minnesota Rules, parts 5000.3400 to 5000.3600 are incorporated into any contract between these parties based on this specification or any modification of it. A copy of Minnesota Statute 363A.36 and Minnesota Rules, parts 5000.3400 to 5000.3600 is available upon request from the contracting agency."

"It is hereby agreed between the parties that this agency will require affirmative action requirements be met by contractors in relation to Minnesota Statute 363A.36 and Minnesota Rules 5000.3600. Failure by a contractor to implement an affirmative action plan or make a good faith effort shall result in revocation of its certificate or revocation of the contract (Minnesota Statute 363A.36, Subd. 2 and 3)."

Cassie Heide, City Administrator
September 10th, 2024