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McIntosh, Minnesota



BIO stands for Beautiful Inside & Out, and BIO Girls is a preventive mental wellness program; with the mission of improving the self-esteem of adolescent girls.



Meet the Win-E-Mac BIO Girls 2024 Volunteers: Back row L-R: Heidi Detterman, Ashlee Lee, Amanda Shultz, Tiffany Oertwich, Erin Jore, Kristen Morgenroth, Nicki Carlson. Front row L-R: Mya Strom, Emma Detterman, Nicole Cook, Ashley Qualley, Frannie Langemo, Amanda Schow, Shannon Svalen. Our volunteer mentors engage the participants in small-group activities and one-to-one discussions. They also provide support and encouragement during the physical activity portion of the session. A BIO Girls site is 100% volunteer lead. Thank you to the volunteers that spend their time giving back to our community.

Beautiful inside & out, BIO Girls builds self-esteem in area youth

BIO Girls Win-E-Mac is currently wrapping up the 2nd year in our community. Our site had a full roster of 40 girls participating in the 12 week program. Through a hands-on service project, BIO Girls participants experienced the power of helping others, gained a bigger perspective on gratitude, and learned that giving back has no age requirement. For this years service project, the Win-E-Mac BIO Girls made Birthday Boxes for Grace Food Shelf and Loaves and Fishes Food Shelf. The Birthday Boxes held a cake pan, a cake mix, frosting, candles, a can of 7up, and a recipe for cake only requiring the 7up. The girls also filled these boxes with homemade birthday cards and positive messages- everyone should be able to celebrate their birthday!

One of the pillars of BIO Girls is non-competitive physical activity. The girls have been working hard towards completing a 5k. A goal was set, to work towards completing that goal, and feel the sense of accomplishment and success upon completing that goal. The 2024 BIO Girls group invite the community to cheer on our BIO Girls at our 5K Finale Event on Saturday, May 11th at 9:45 am. Bring your motivational signs and big energy! All are invited to a picnic afterwards sponsored by American State Bank of Erskine, AG Country, and Voxland's Pumpkin Patch.

BIO Girls is a self-esteem-building program serving girls grades 2 - 6. A BIO Girls site meets for 12 sessions, 90 minutes each, a session combines life-skills lessons, Christian non-denominational devotions, small-group mentoring, and non-competitive physical activity. BIO Girls is focused on both prevention and intervention to help participants before problems arise as well as during the crux of problem behaviors.

BIO Girls is evidence-based and research proven. In 2022, 7 of 10 BIO Girls youth program participants experienced increased overall self-esteem and 50% experienced decreased anxiety by the end of the program. Self-esteem and mental health go hand-in-hand. In fact, high self-esteem offers protection against many mental health problems. In contrast, research shows that having low self-esteem is strongly associated with an increased risk of developing depression, anxiety, eating disorders, substance use, risky sexual behaviors, and suicidal ideation.



Win-E-Mac School presented Anne of Green Gables the last weekend in April. Sydney Svalen starred in the play as Anne. See more pictures of the play throughout the pages of this weeks McIntosh Times.



The Win-E-Mac Prom was held last Saturday, May 4th in the Art's center at the school. This years theme was Tangled in Memories, with 30 couples in attendance. Pictured are the Win-E-Mac Seniors who attended this year's prom. More pictures next week.

How families can share caregiving responsibilities

Family caregivers are unsung heroes. Such individuals typically provide vital services to their loved ones who cannot fully care for themselves, and they often do so without compensation.

Data from the U.S. Bureau of Labor Statistics indicates the prevalence of family caregivers across the country.

According to the BLS, 14 percent of the population, which equates to roughly 37 million people, provide unpaid eldercare across the nation. Unpaid caregivers also provide vital services in Canada, where the Canadian Institute for Health Information reports such individuals provide an average of 17 hours of unpaid care each week (26 hours for those who care for seniors with dementia).

Caregiving for a family member can take a toll that affects caregivers' physical and mental health. According to the Centers for Disease Control and Prevention, caregivers are

at increased risk for developing multiple chronic diseases since many neglect their own health needs while caring for others. In addition, roughly 15 percent of caregivers who participated in a CDC survey reported experiencing 14 or more mentally unhealthy days in the past month.

The physical and mental toll of caregiving underscores how important it can be for families to find ways to share caregiving duties.

Though each situation is unique, the National Institute on Aging offers the following advice to families as they seek to share the responsibility of caring for a loved one in need.

- **Identify the care required.** The NIA recommends families discuss caregiving needs as early as possible and ideally before an emergency situation arises. If possible, the person in need can participate in this conversation and help to calmly discuss which services are wanted and needed.

If a loved one is diagnosed with a condition in its early stages, such as dementia, families can then work together to identify the level of care required in the immediate future and potentially down the road should the condition worsen.

- **Choose a primary caregiver.** The primary caregiver will be the individual who accepts the bulk of the daily responsibilities of caregiving. Identifying this person early, ideally before a primary caregiver is even needed, can limit confusion should the day come when the individual needs daily care.
- **Determine each caregiver's contribution.** The caregiving team can discuss each person's skills and how they can be used to take care of the individual in need. This can be particularly useful when assigning specific tasks. For example, a caregiver who works in the medical field may be most qualified to speak to medical staff about their loved

one's condition, while another who works in the financial sector may be tasked with managing a loved one's bank accounts and ensuring bills are paid on time.

- **Recognize everyone has limits.** A caregiving team is just that: a team. As noted, caregiving can take both a physical and emotional toll, so it's important that everyone, and particularly the individual chosen as the primary caregiver, receive routine breaks to ensure everyone can take care of themselves. It's important that a caregiving team maintain a degree of flexibility to account for the physical and mental challenges caregivers may encounter as they tend to a loved one in need.

Sharing the responsibility of caregiving can ensure caregivers and their loved ones in need are not overwhelmed by the challenges they might confront each day. More information about caregiving can be found at nia.nih.gov.

Great gifts for moms from all walks of life

Mother's Day is an opportunity to show moms how much they're loved and appreciated. Though many moms may insist they don't want anything beyond spending the day with their children, gifts are a big part of Mother's Day.

No two moms are the same, and though standards like flowers and greeting cards will always have a place on Mother's Day, the following are some gift ideas that can put smiles on the faces of moms from all walks of life.



Bookworm
There's no end to the gift options for mothers who love to curl up with a good book. Of course, some new books may delight Mom, but gifts that can improve the reading experience also merit consideration. For example, an ergonomic backrest reading pillow can make bedtime reading sessions more comfortable and ensure Mom's neck and back get ample support as she reads the latest page-turner. A nightstand book holder also can be ideal for moms who can't seem to keep track of their bookmarks.

Fitness enthusiast
Some moms simply love to get in a good workout. Shoppers whose mothers or wives love to break a sweat might want to look into home gym equipment, as many fitness enthusiasts transformed part of their homes into exercise areas during the pandemic. If that sounds like the mom on your shopping list, then a suspension training system won't take up much room but can provide an intense, full-body workout. A new yoga mat, some wireless Bluetooth headphones or a compression stretching mat are some additional gifts that might make exercise-loving moms smile this Mother's Day.

Traveler
Moms whose children still live under the same roof may not have much opportunity to travel, but empty nesters and grandmothers might. For such moms, a foldable, hang-

ing travel bag can make it easy and convenient for mom to carry all of her toiletries and access them without taking up what's often minimal hotel room counter space. For moms who want to document their excursions, a leather travel journal encourages them to note their experiences and gives them something they can revisit for years to come. Of course, some new luggage can make the perfect gift for newly retired moms who can't wait to start visiting places on their travel bucket lists.

Businesswoman
Millions of moms manage to juggle the obligations of family life with a challenging career. Mother's Day can be a great time to recognize that balancing act. A self-heating coffee mug can ensure Mom's morning cup of joe doesn't go cold as she traverses her way through a hectic morning routine. Another great gift is a charging mouse pad that can charge all of Mom's devices even while she's working. If you want to help Mom remain calm as she navigates her way through a day filled with personal and professional obligations, an essential oils diffuser can create a sense of relaxation on the most hectic of days.

No two moms are the same. Fortunately, great gifts can be found for moms from all walks of life this Mother's Day.

LEGAL NOTICE

NOTICE OF OFFICES TO BE FILLED AT THE 2024 STATE GENERAL ELECTION FOR WHICH CANDIDATES FILE WITH THE COUNTY AUDITOR-TREASURER POLK COUNTY, MINNESOTA

Notice is hereby given that the following county and soil and water district offices will be voted on at the State General Election to be held in Polk County on Tuesday, November 5, 2024. Candidates must file between 8:00 A.M., May 21, 2024 and ends at 5:00 P.M., June 4, 2024 with the Polk County Auditor-Treasurer. Candidates may file in person or by mail. Candidates who will be absent from the state during the filing period may arrange to file prior to departure. The place of filing for state offices is with the Office of the Secretary of State or with the county auditor of the county in which the candidate resides. **Note: Filing documents may be executed on May 27, 2024 although filing offices will be closed for the Memorial Day holiday. (Minnesota Statutes 204B.06/.11 and Minnesota Statutes 204.B33)**

Candidates for the following offices file with the Polk County Auditor-Treasurer, Polk County Government Center, Taxpayer Service Center, 612 N Broadway, Suite 207, Crookston MN 56716. Phone: 218-281-2554.

COUNTY & DISTRICT OFFICES

One County Commissioner for District One
One County Commissioner for District Three
One County Commissioner for District Five
One East Polk Soil & Water Supervisor for District Three
One East Polk Soil & Water Supervisor for District Four
One East Polk Soil & Water Supervisor for District Five
One West Polk Soil & Water Supervisor for District Two
One West Polk Soil & Water Supervisor for District Four
One West Polk Soil & Water Supervisor for District Five

FEDERAL OFFICES

Presidential Electors (Ten)
United States Senator (One)
United States Representative (One Office per district) District 7

The place of filing for federal offices is the Office of the Secretary of State, Veterans Services Building, 20 West 12th Street, St. Paul, MN 55155. The place of filing for state offices is with the Office of the Secretary of State or with the county auditor of the county in which the candidate resides.

STATE LEGISLATIVE OFFICES

State Representative (One Office per district) District 01B

JUDICIAL OFFICES

Candidates for judicial office may file either with the Office of the Minnesota Secretary of State or with the County Auditor in the county where the candidate resides. A Candidate filing for one of the Minnesota Court of Appeals seats that has been designated for one of the congressional districts must be a resident of that congressional district.

Supreme Court.
Chief Justice (One Seat)
Seat Incumbent: (Natalie E Hudson)
Associate Justice (Two Seats)
Seat 5 Incumbent: (Anne K. McKeig)
Seat 6 Incumbent: (Karl Procaccini)

Court of Appeals (Seven Seats)
Appellate offices are elected statewide. Where designated, candidates must reside in the congressional district listed for at least one year.
Seat 2 Incumbent: (Jonathan P. Schmidt)
Seat 3 (2nd Congressional District) Incumbent: (Sarah Wheelock)
Seat 4 Incumbent: (Tracy M. Smith)
Seat 6 (1st Congressional District) Incumbent: (Renee L. Worke)
Seat 8 Incumbent: (Keala C. Ede)
Seat 12 Incumbent: (Diane B. Bratvold)
Seat 14 (8th Congressional District) Incumbent: (Elise L. Larson)

District Courts.
Ninth Judicial District: (6 Seats)
Seat 3 Incumbent: (David F. Hermerding)
Seat 7 Incumbent: (John G. Melbye)
Seat 9 Incumbent: (Heidi M. Chandler)
Seat 10 Incumbent: (Christopher J. Strandlie)
Seat 13 Incumbent: (Erik J. Askegaard)
Seat 24 Incumbent: (Annie P. Claesson-Huseby)

Witness my hand and seal this 23rd day of April 2024, Crookston Minnesota

(seal) /s/ Samuel W Melbye
Samuel W Melbye
Polk County Auditor-Treasurer M8C

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Bridal Shower

Please join us for a Bridal Shower in honor of **Kaysa Mandt**
Bride-to-be of Justin Pfliger, **May 11, 2024 at 2:00 p.m.** at Mt. Carmel Free Lutheran Church in McIntosh.
Everyone is welcome.

Friends of McIntosh Veteran's

The Friends of McIntosh Veterans will be organizing both the traditional in-person Memorial Day service as well as the virtual program online and on Garden Valley TV. We are looking for names of veterans who have passed away so we can add them to our honor roll.

Sadly, we have lost many veterans this year; those we have already added to this year's program are: Harris Bartz (d. 2022), Roger Buchholz, Dwayne Carver, Melford Enevold, David Faldet, Arnold Gunderson, Maynard Johnson (d. 2013), Gordy Oseth, Norris Syverson, and Herman Voxland.

If you have a loved one who should also be added to the honor roll, please let us know and provide a photo of them if possible.

Grace Community Food Shelf

Open for May on Thursday, May 9th 2:00 pm - 6:00 pm and Thursday, May 16th 10:00 am - 2:00 pm.
ADDITIONAL DAY
Saturday May 18th 9:00 am - 12:00 noon
Contact: email: foodshelf-coordinator@gracechurchers-kine.org Call: 218-687-2250, leave a message.

NOTICE LESSOR TOWNSHIP

Lessor Township will hold their monthly board meetings on the **2nd Monday** of every month at 7:00 p.m. at the Trinity Free Lutheran Church in McIntosh. Alternate date, the 3rd Monday. Lessor Township Clerk, Matt Voxland

Community Birthday and Anniversary Calendar

Fri. May 10: Kayla Jore, Clara Roed, *Nick & Amber Olson

Sat. May 11: Joseph Breckel

Sun, May 12: Gina Gensburger, Elainia Kundert

Mon. May 13: Jerry Shaver, Cameo Herem

Tues. May 14: Sharon Krossen, *Bruce & Debbie Haaven

McINTOSH Times

PUBLISHED WEEKLY IN THE HUB OF THE THIRTEEN TOWNSHIPS BY RICHARDS PUBLISHING CO., INC.

RICHARD D. RICHARDS, PUBLISHER
KIM HEDLUND, EDITOR

McIntosh (218) 563-3585
Cell: (218) 280-1684
Gonvick (218) 487-5225

"McIntosh Times" (USPS 336-020) is published weekly for \$35.00 per year (in county) and \$45.00 per year (out of county) by Richards Publishing Co., Inc., 1st & Main Ave., Gonvick, MN 56644. Periodicals postage paid at McIntosh, MN.
POSTMASTER: Send address changes to: McIntosh Times, PO Box 9, McIntosh, MN 56556. mcintoshtimes@gmail.com

"Serving the Win-E-Mac area"

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CHURCH DIRECTORY

ST. MARY'S CHURCH Fosston
Fr. John Suvakeen, Pastor

Wed. May 8: 11:30am Mass at St. Mary's, Fosston
Sun. May 12: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley; 3:00pm Divine merch Sunday, St. Mary's, Fosston
Wed. May 15: 11:30am Mass at St. Mary's, Fosston
Fri. May 17: 11:30am Mass at St. Mary's, Fosston
Sat. May 18: 5:00pm Mass at St. Joseph's, Bagley
Sun. May 19: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley; 3:00pm Divine merch Sunday, St. Mary's, Fosston

OURS SAVIOR'S LUTHERAN CHURCH (ELCA) McIntosh
Pastor Rene Mehlberg
Synodical Authorized Minister Katie DeMarais

Sun. May 12: 10:00am Coffee Hour; 10:30am Worship Services
Sun. May 19: 10:00am Coffee Hour; 10:30am Worship Services
Our Savior's Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

MCINTOSH AFLC McIntosh Trinity / Mount Carmel:
Interim Pastor: Nathan Dalager

Trinity: (27262 315th St. SE, McIntosh) Sunday Worship: 11:00am; Sunday School: 9:45am
Mt. Carmel: (305 State St. NE, McIntosh) Sunday Worship: 9:30am; Sunday School: 10:45am
Lutheran Parish YouTube Channel

GOSEN LUTHERAN CHURCH Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Fri. May 10: 10:00am Telecast of the Luther League concert with the Phil Jore Family
Sun, May 12: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service (also on Facebook and gosenchurch.com); 7:00 p.m. Luther League Concert with Phil and C'Dale Jore and Family from Williston, ND (see article elsewhere in the paper)
Tues, May 14: 10:00am. Sunday worship service telecast on GVTV--30
Wed, May 15: 6:30pm Bible Study at Sharon Ramberg's home
Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

VERNES LUTHERAN CHURCH (LCMC) McIntosh
Pastor Lee Laaveg

Sun. May 12: 9:00am Worship
Sun. May 19: 9:00am Worship

IMMANUEL LUTHERAN CHURCH McIntosh
Pastor Bruce Blocker,

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

CALVARY LUTHERAN CHURCH Winger

Sundays: 10:30am Coffee Fellowship; 11:00am Worship

GRACE LUTHERAN CHURCH- NALC Erskine
Rev. Pam Thorson

Sundays: 9:15am Sunday School; 10:30am Worship
Come early and enjoy fellowship and a good cup of coffee. It will also be available at the same time on Garden Valley Channel 30, Facebook and YouTube.

BUSINESS & PROFESSIONAL GUIDE

This space for rent at \$127.40 for 6 months.

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APRIL 16, 2024
BOARD MINUTES

Pursuant to motion of adjournment, the Polk County Board of Commissioners met in regular session at 9:30 o'clock a.m., April 16, 2024. Members present: Commissioner Paul Reese, Commissioner Warren Strandell, Commissioner Gary Willhite, Commissioner Joan Lee, Commissioner Mark Holy, and Charles S. Whiting, County Administrator, Clerk of the Board. Others present: Samuel Melbye, Deputy Clerk of the Board.

AGENDA

A motion was made by Commissioner Lee seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve the April 16, 2024, agenda.

CONSENT ITEMS

A motion was made by Commissioner Holy seconded by Commissioner Strandell and adopted by unanimous vote of the Board to approve the April 16, 2024, consent items:

1. Approve the April 2, 2024, Board minutes.
2. Approve Commissioner Warrants: General Revenue Fund, \$55,599.36; Public Works Fund, \$88,155.01; Public Safety Fund, \$25,817.30; Public Health Fund, \$35,473.56; Environmental Services Fund, \$8,252.01; Resource Recovery Fund, \$167,597.54; Landfill Fund, \$53,871.55; Per Diems, \$2,100.00; Meal Reimbursements (without overnight lodging), \$0.00, and Sign Audit List.
3. Approve payment to US Bank, St. Louis, MO, in the amount of \$56,221.26 for procurement card purchases.
4. Approve for payment Lost Warrant No. 577026 dated January 30, 2024, issued to Roome Township Treasurer in the amount of \$31,050.77.

COUNTY BOARD MEMBER
ISSUE FORUM

1. Commissioner Reese brought forth that he attended the following meetings:
 - a. West Central Regional Water District meeting.
 - b. Tri-Valley Opportunity Council meeting.
2. Commissioner Strandell brought forth that he attended the following meetings:
 - a. West Central Regional Water District meeting.
 - b. Tri-County Corrections meeting.
 - c. MnDOT District 2 Area Transportation Partnership meeting.
 - d. Conversation with resident regarding valuation issue in EGF.
3. Commissioner Willhite brought forth that he attended the following meetings:
 - a. Tri-County Corrections meeting.
 - b. Tri-Valley Opportunity Council meeting.
 - c. Met with Polk County Finance Director, Ron Denison, on financial and budget reporting.
 - d. Contacted area city mayors inquiring about meeting with County Commissioners in the near future.
 - e. Offered congratulations to the Fertile-Beltrami Boys Basketball team for getting 2nd place at the Minnesota State Basketball Tournament.
4. Commissioner Lee brought forth that she attended the following meetings:
 - a. Met with White Earth tribe and Becker County representatives.
 - b. Sand Hill Watershed – One Watershed One Plan meeting.
 - c. Attended Association of Minnesota Counties legislative update.
5. Commissioner Holy brought forth that he attended the following meetings:
 - a. Received phone call from Higdem Township resident regarding site having issues with water. County staff has been contacted and has been in touch with the resident regarding issue.
 - b. Received phone calls from multiple residents regarding reconstruction of Highway 220 North - the timing of the project and the effects on agriculture hauling and effects on other county roads. Commissioner Holy is requesting a public meeting to address the issues.
 - c. Received phone calls from multiple residents regarding the construction of the roundabout on US Highway 75 and CSAH 21. Commissioner Holy has requested a public meeting in the past and is requesting, again, that a public meeting be held.

SHERIFF

James Tadman, Polk County Sheriff, came before the Board with matters pertaining to his department:

1.Monthly Sheriff Reports

The March 2024 Monthly Sheriff Reports were discussed and presented to the Board. (Reports on file in the Administrator's Office)

2.Approve Resolution (2024-24) Accepting Financial Donations on Behalf of the Polk County Sheriff's Office

RESOLUTION (2024-24)

Accepting Financial Donations On Behalf of the Polk County Sheriff's Office

The following resolution (2024-24) was offered by Commissioner Strandell:

WHEREAS, Doris Lien made a \$100.00 donation to the Polk County Sheriff's Offices to support the K-9 program; and

WHEREAS, Polk County Sheriff's Office wishes to have the County Board formally accept the donation on behalf of Polk County Sheriff's Office for the K-9 program.

NOW THEREFORE BE IT RESOLVED, By the County Board of Polk County, Minnesota as follows:

1. The donation from Doris Lien, which is listed above, is hereby accepted by the Polk County Board of Commissioners on behalf of the Polk County Sheriff's Office and used for the K-9 program.

Commissioner Lee seconded the foregoing resolution, and it was declared adopted upon the following vote. YEAS: Commissioner Lee, Commissioner Holy, Commissioner Willhite, Commissioner Strandell, Commissioner Reese. NAYS: None

SOCIAL SERVICES

Karen Warmack, Social Services Director, came before the Board with matters pertaining to her department:

1.Eligibility Worker Replacement Request

A motion was made by Commissioner Holy seconded by Commissioner Strandell and adopted by unanimous vote of the Board to approve filling the Eligibility Worker position, and to fill any internal subsequent position vacancies occurring because of this action.

2.Social Services Supervisor Replacement Request for Child Protection Services

A motion was made by Commissioner Lee seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve filling the Social Services Supervisor for Child Protection Services position, and to fill any internal subsequent vacancies occurring because of this action.

3.Social Worker Replacement Request

A motion was made by Commissioner Strandell seconded by Commissioner Willhite and adopted by unanimous vote of the Board to approve filling the Social Worker position, and to fill any internal subsequent vacancies occurring because of this action.

4.Two Social Worker-CPS Replacement Requests

A motion was made by Commissioner Lee seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve filling two Social Worker-CPS positions, and to fill any internal subsequent vacancies occurring because of this action.

5.Out of State Travel Request for Victoria Ramirez

A motion was made by Commissioner Reese seconded by Commissioner Willhite and adopted by unanimous vote of the Board to approve the out of state travel request for Victoria Ramirez to attend the National Family Resource Center Conference on May 7-10, 2024, in Washington, D.C.

6.Tri-Valley Opportunity Council Housing Services Contract

A motion was made by Commissioner Holy seconded by Commissioner Lee and adopted by unanimous vote of the Board to approve the contract with Tri-Valley Opportunity Council to provide housing services and housing stabilization services to Polk County residents from April 16, 2024, to December 31, 2024.

7.Tri-Valley Opportunity Council Transportation Contract Approval Amendment for 2024

A motion was made by Commissioner Strandell seconded by Commissioner Holy and adopted by 4-1 vote of the Board with Commissioner Reese voting against to approve the 2024 transportation contract rate change of \$12.10 for unassisted transportation and \$14.30 for assisted transportation with Tri-Valley Opportunity Council effective January 1, 2024.

HIGHWAY

Darin Carlstrom, Assistant Public Works Director/Assistant Engineer, came before the Board with matters pertaining to his department:

1.Columbia Twp Bridge Over BNSF Railway – Reject All Bids – SAP 060-599-281

Electronic bids opened on March 22, 2024, and the lowest responsible bidder was Redstone Construction LLC in the amount of \$2,314,746.50, which was well overestimated. BNSF and MNDOT recommended rebidding the contract with a longer timeframe. A motion was made by Commissioner Lee seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve rejecting all bids and to rebid the contract.

2.County Ditch Maintenance Request – CD 1, Br. 3

A request has come in to clean and remove trees in Section 12 of Lowell Township. The Highway Department is recommending surveying and cleaning in Sections 11 and 12. A motion was made by Commissioner Strandell seconded by Commissioner Willhite and adopted by unanimous vote of the Board to approve work in CD 1, Br. 3 in Sections 11 and 12 of Lowell Township and to name Richard Sanders, Engineer, over the project.

3.Drainage Easement for Angus Acres, Inc.

Polk County purchased 3.98 acres from Angus Acres, Inc. for the placement of a snow fence as part of SAP 060-070-020 (Roundabout). Currently, there is an operating drain tile within 3.98 acres. Leaving the drain tile in place will benefit the parcel. A motion was made by Commissioner Strandell seconded by Commissioner Lee and adopted by unanimous vote of the Board to approve the drainage easement to Angus Acres, Inc. and allow the Chair of the Board and the Administrator to sign the Easement.

4.SAP 060-609-022

Polk County has an agreement to purchase 115 feet of 14ft x 14ft PCC box culverts from MNDOT. The contractor plans on starting the project during the last week of April. The Highway Department needs approval to pay Old Castle (Hancock) for the box culverts and to transport them to the project location. A motion was made by Commissioner Strandell seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve the payment to Old Castle in the amount of \$159,620.00 for the purchase and transportation of 115 feet of 14 x 14 PCC box culverts.

4-H EXTENSION

Margo Bowerman, 4-H Extension Educator, came before the Board and was joined by Katie Becker (virtually),

4-H Extension Educator, to present matters pertaining to the Polk County 4-H Program:

1.Follow-up from CEC Meeting Regarding Presenting the Polk County 4-H Impact Report

Discussion was held with the Board following up on a CEC meeting, at which Joan Lee and Gary Willhite were in attendance, regarding presentation of the Polk County 4-H Impact Report.

AUDIT

Colleen Hoffman, Auditor, came before the Board with matters pertaining to the Polk County Audit:

1.Audit Report

Discussion was held with the Board regarding the Polk County Audit Report.

POLK COUNTY FAIR
ASSOCIATION

Michael Moore, Danny Grunhoyd, Brian Grunhoyd, Aaron Iverson, and Tim Olson, came before the Board with matters pertaining to the Polk County Fair Association:

1.Fairgrounds Community Building Proposal

Discussion was held with the Board regarding a proposal for a community building on the Polk County Fairgrounds.

ENVIRONMENTAL SERVICES

Jon Steiner, Environmental Services Administrator, came before the Board with matters pertaining to his department:

2.MSW Landfill Phase 14 –

Vendor Name	Amount
Acrison Inc	4,057.88
Altru Health System	2,562.50
Anders Valley Publishing, LLC	4,373.02
Angus Acres Inc.	27,338.62
Aramark Uniform Services	2,167.36
Balco Uniform Co Inc	2,502.00
Baldwin Supply Company	14,772.02
Beltrami Industrial Services	56,832.72
Brandner Printing & Office Supplies	4,009.03
Brost Chevrolet Inc	3,899.12
Central States Wire Products Inc	2,999.28
Church & Dwight Co Inc	12,678.81
Code 4 Services Inc	5,222.09
Crookston Fuel Company	8,478.32
Destination Transport	2,190.00
Dowco Valve Company Inc	2,815.18
Eveaire Systems Inc	12,300.50
Grove Mechanical Inc	3,906.96
Johnson Controls	4,410.00
Kittson County Highway Dept	29,337.50
Kurita America Inc	10,343.27
LSQ Funding Group LC	3,517.98
Mn Resource Recovery Assoc	4,800.00
mysidewalk	10,630.00
Northdale Oil Inc	3,307.61
Northern Propane	3,835.95
OK Tire Stores	3,408.50
Penguin Management Inc	5,640.00
Road Machinery and Supplies Co.	9,536.02
Ruffridge Johnson Equipment	2,311.28
Seaberg Solar Salt	2,040.64
SHI International Corp	18,098.80
Sprout Social, Inc.	7,489.00
Stantec Consulting Services Inc	20,457.00
StormWind LLC	4,450.00
SunSource	15,924.58
UpNorth Engineering LLC	20,010.00
Valley Petroleum Equipment Inc	2,031.14
Valstone Corporation Inc	4,960.00
Widseth Smith Nolting & Assoc	2,965.00
Ziegler Inc	2,021.68
192 Payments less than 2000	70,134.97
Final Total:	434,766.33

With no further business the Board adjourned to reconvene at 8:00 o'clock a.m., April 23, 2024.

Gary Willhite, Chair
ATTEST:
Charles S. Whiting, County Administrator
Clerk of the Board

M8C

First-generation
homebuyer loan program is now open

Minnesota Housing's First-Generation Homebuyer Loan Program launched Monday, May 6th. The program has funding to serve approximately 1,500 eligible borrowers on a first-come, first-served basis. The program will be available until funds are exhausted.

The program offers loans up to \$35,000 for downpayment and closing cost assistance. Borrowers are required to use a Start Up first mortgage loan to access the First-Generation Homebuyer Loan. Start Up program eligibility requirements apply, including income limits, credit score requirements, and homebuyer education.

The loan is a deferred, interest-free and forgivable loan. Half of the loan is forgiven after 10 years and the rest after 20 years. To be eligible for forgiveness, the borrow must reside in the home through the forgiveness date and meet all the terms of the note. The First-Generation Homebuyer Loan balance becomes due immediately and in full when the property converts to non-owner-occupancy, or if the borrower sells or refinances the home.

Who is a first generation homebuyer?

Borrowers may qualify as a first-generation homebuyer if one borrower and their parents or legal guardians:

- Have never owned a home (in any country) OR
- Owned a home but lost it due to foreclosure.

Is Minnesota Housing's program the same as the First-Generation Homebuyers Community Down Payment Assistance Fund?

Release of Retainage

Polk MSW Landfill Phase 14 was constructed in summer 2022. Due to issues with the Leachate Tank and Control Panel, the project was unable to be closed after construction was completed. The project was finally completed in February 2024. R.J. Zavoral (prime contractor) has submitted Pay Request #6 (final invoice) to include adjusted pricing for actual quantities documented used, pump and panel withheld, and 5% retainage. The final invoice, including release of 5% retainage, is \$125,022.37. A motion was made by Commissioner Strandell seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve Pay Request #6 for Polk County Landfill Phase 14 & Cover Project to R.J. Zavoral of East Grand Forks, MN, in the amount of \$125,022.37, contingent upon furnishing all required lien waivers.

3.Solid Waste Updates
Discussion was held with the Board regarding general updates on Programs, Facilities, and Initiatives within the Solid Waste department.

COMMISSIONER WARRANTS

A motion was made by Commissioner Holy seconded by Commissioner Strandell and adopted by unanimous vote of the Board that the following Commissioner Warrants were approved:

COMMISSIONER WARRANTS
DATED 04/19/2024
APPROVED 04/16/2024



Anyone needing to do Behind the Wheel this summer should get signed up ASAP. Space is filling up fast. If you wait till August/September to sign up you might not get to drive before winter.

All Win-E-Mac Seniors and their families are invited to attend our annual Senior Academic and Scholarship Night, which is scheduled for Wednesday, May 8th.

The evening which will include a dessert bar will begin promptly at 6:30 P.M. and will be held in the Events Center. Scholarships as well as Valedictorian, Salutatorian, and Senior Arts and Athletic awards will be presented. Students who have been on the Honor Roll at least one quarter will also be recognized.

While there is no charge for the dessert bar, we do need to have an accurate number of people who will be attending. Each senior is asked to sign up in their English class and indicate how many people will be attending with them. We need to have all seniors and family members who are attending signed up by Friday, May 3rd. We are looking forward



Not finding the boy he was looking for, Matthew Cuthbert (Cameron Svalen) finds Anne Shirley (Sydney Svalen) at the train station.



Mrs. Blewett (Emma Determan) offers to take Anne in instead of Matthew and Marilla (sitting, Evie Ryan).



Anne does not take the criticism from Rachel Lynde (Lillian Shimpa), the Cuthburts neighbor, well as she and Marilla (Evie Ryan) visit.

NOTICE

Notice is hereby given that a hearing has been set for May 24, 2024 at 9:03 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider the application of William Wahouske, 818 Lowell ST, Crookston, MN 56716 for a Conditional Use Permit to hook a septic system to a new accessory structure on a parcel of land described as: All that part of Lot Four (4), Block One (1), Dohman Addition located in Government Lots Four (4) and Seven (7), Section Seven (7), Township One Hundred Forty-eight (148), North of Range Forty-three (43), West of the Fifth Principal Meridian, lying westerly of the northwesterly projection of the southwesterly line of Lot Two (2), Elmhurst Second Subdivision, located in Government Lots Four (4) and Seven (7), Section Seven (7), Township One Hundred Forty-eight (148), North of Range Forty-three (43), West of the Fifth Principal Meridian, parcel #74.00947.01. All property owners within ¼ mile of the proposed Conditional Use Permit are invited to appear at said hearing.

Dated: May 2, 2024
Jacob J. Snyder
Planning & Zoning Administrator

NOTICE

Notice is hereby given that a hearing has been set for May 24, 2024 at 9:20 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider the application of Kevin & Patricia Lien, 27849 327th Ave SW, Fisher, MN 56723 for a Conditional Use Permit to hook a septic system to a new accessory structure on a parcel of land located on a backlot adjacent to: 16032 N. Trinity Point Rd SE, Mentor, MN 56736 and described as: Lot Two (2), Block One (1), in Super Addition, parcel #74.00870.00. All property owners within ¼ mile of the proposed Conditional Use Permit are invited to appear at said hearing.

Dated: May 2, 2024
Jacob J. Snyder
Planning & Zoning Administrator

NOTICE

Notice is hereby given that a hearing has been set for May 24, 2024 at 9:35 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider the application of Jerry Skjervén, 17589 195th Ave SE, Plummer, MN 56748 for a Conditional Use Permit to hook a septic system to an existing accessory structure on a parcel of land located on a backlot adjacent to: 13088 Elmer Hanson Dr SE, Mentor, MN 56736 and described as: Lot Two (2), Beaver Bay Second Addition, according to the plat thereof on file and of record in the office of the County Recorder in and for Polk County, Minnesota, Township 148, Range 43 West in the County of Polk and State of Minnesota, parcel #74.01191.00. All property owners within ¼ mile of the proposed Conditional Use Permit are invited to appear at said hearing.

Dated: May 2, 2024
Jacob J. Snyder
Planning & Zoning Administrator

NOTICE

Notice is hereby given that a hearing has been set for May 24, 2024 at 9:50 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider the application of Travis Pederson, 10601 390th ST SE, Fertile, MN 56540 for a Conditional Use Permit to construct an accessory structure over 800 sq ft and hook a septic system to the new accessory structure on a parcel of land described as: A parcel of land in the Northwest Quarter of the Northeast Quarter (NW¼ NE¼), and Government Lot 2 of Section 34, Township 148 North, Range 44 West of the Fifth Principal Meridian, situated in Polk County, Minnesota, described as follows: Commencing at the northwest corner of said Northwest Quarter of the Northeast Quarter, thence South 89 degrees 26 minutes 55 seconds East, assumed bearing, along the north line of said Northwest Quarter of the Northeast Quarter, a distance of 539.47 feet; thence South 10 degrees 54 minutes 13 seconds West 961.38 feet; thence North 78 degrees 04 minutes 27 seconds West 56.28 feet; thence South 06 degrees 10 minutes 31 seconds West 409.18 feet; thence North 76 degrees 11 minutes 57 seconds West 142.02 feet to the point of beginning; thence South 76 degrees 11 minutes 57 seconds East 142.02 feet; thence North 06 degrees 10 minutes 31 seconds East 409.18 feet; thence South 78 degrees 04 minutes 27 seconds East 56.28 feet; thence North 10 degrees 54 minutes 13 seconds East 15.04 feet; thence South 77 degrees 22 minutes 49 seconds East 700.00 feet; thence South 3 degrees 29 minutes 30 seconds West 740.45 feet, more or less to the shoreline of Kittleson Lake; thence northwesterly along said shoreline, a distance of 870 feet, more or less, to the intersection of a line bearing South 03 degrees 19 minutes 57 seconds East from the point of beginning; thence North 03 degrees 19 minutes 57 seconds West 383 feet, more or less to the point of beginning. Together with a 66.00 foot easement for ingress and egress over, under and across the Northwest Quarter of the Northeast Quarter (NW¼NE¼) of Section 34,

Township 148 North, Range 44 West of the Fifth Principal Meridian, said easement being 20.00 feet right and 46.00 feet left of the following described line: Commencing at the northwest corner of said Northwest Quarter of the Northeast Quarter; thence South 89 degrees 26 minutes 55 seconds East, assumed bearing, along the north line of said Northwest Quarter of the Northeast Quarter, a distance of 539.47 feet to the point of beginning of the line to be described; thence South 10 degrees 54 minutes 13 seconds West 961.38 feet and said line there terminating. The sidelines of said easement shall be prolonged or shortened to terminate on the north line of said Northwest Quarter of the Northeast Quarter from the point of beginning and on a line bearing South 78 degrees 04 minutes 27 seconds East from the point of termination, parcel #30.00219.04. All property owners within ¼ mile of the proposed Conditional Use Permit are invited to appear at said hearing.

Dated: May 2, 2024
Jacob J. Snyder
Planning & Zoning Administrator

NOTICE

Notice is hereby given that a hearing has been set for May 24, 2024 at 10:05 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider the application of Rory Jon & Cheryl Lynn Knutson, 911 Champlain Cir S, Anaheim, CA 92807 for a Conditional Use Permit to construct an accessory structure over 800 sq ft on a parcel of land located at: 12281 Maple Lake Dr SE, Mentor, MN 56736 and described as: Lot 9 and the West 40 feet of Lot 10, Olson's Subdivision, Section 13, Township 148 North of Range 44 West of the Fifth Principal Meridian, according to the Official Plat thereof on file and of record in the Office of the County Recorder in and for the County of Polk and State of Minnesota AND That part of Government Lots 2 and 3, Section 13, Township 148 North of Range 44 West of the Fifth Principal Meridian, described as follows: Beginning at the Northwest corner of Lot 9, thence Northerly on a projection of the common boundary between Lots 8 and 9 a distance of 30 feet; thence South 72°57' East a distance of 125.25 feet; thence South 33° 45' West a distance of 66 feet; thence at right angles Northerly along the North boundary of Lot 9 and the North boundary of the Westerly 40 feet of Lot 10 a distance of 120 feet to the point of beginning, parcel #30.00419.00. All property owners within ¼ mile of the proposed Conditional Use Permit are invited to appear at said hearing.

Dated: May 2, 2024
Jacob J. Snyder
Planning & Zoning Administrator

NOTICE

Notice is hereby given that a hearing has been set for May 24, 2024 at 10:20 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider the application of Daniel Larson, P.O. Box 88, Bagley, MN 56621 for a Conditional Use Permit to construct a billboard on a commercially zoned and leased 4.5 acre portion of land that is approximately described as: The Northeast Quarter of the Northeast Quarter (NE¼NE¼) and that part of the South half of the Northeast Quarter lying North of the Railroad right-of-way, all in Section 26, Township 149, Rang 43 West, containing 80.9 acres more or less, parcel 32.00137.00. All property owners within ¼ mile of the proposed Conditional Use Permit are invited to appear at said hearing.

Dated: May 2, 2024
Jacob J. Snyder
Planning & Zoning Administrator

NOTICE

Notice is hereby given that a hearing has been set for May 24, 2024 at 10:35 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider

the application of Matthew Larson, 45684 141st Ave, Clearbrook, MN 56634 for a Conditional Use Permit to operate a farm related seed retailing business in the Shoreland District on a 20 acre portion of a parcel of land currently owned by Christopher Hove and described as: The West Half Southeast Quarter Southwest Quarter of Section 17, Township 148 North, Range 39 West, parcel #57.00131.00. All property owners within ¼ mile of the proposed Conditional Use Permit are invited to appear at said hearing.

Dated: May 2, 2024
Jacob J. Snyder
Planning & Zoning Administrator

NOTICE

Notice is hereby given that a hearing has been set for May 24, 2024 at 10:55 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider the application of Jenessa Kiecker, 35225 295th Ave SE, McIntosh, MN 56556 for a Conditional Use Permit to operate a home-based dog kennel and boarding business on a parcel of land described as: The Northwest Quarter of the Northwest Quarter (NW¼NW¼) of Section Eleven (11), Township One Hundred Forty-eight (148) North of Ramge Forty-one (41) West of the Fifth Principal Meridian, together with a non-exclusive easement for all types of access, including but not limited to a vehicular pedestrian and private, public and franchised utilities to and from said NW¼NW¼, Sec. 11-148-41 over, under and across that part of the NE¼NW¼ of Sec 11-148-41 described as follows: Beginning at the Southeast corner of the NW¼ of Sec 11-148-41; then in a Northerly direction along the East line of said NW¼ a Distance of 1,980 feet to the point of beginning of the tract herein described then in a Westerly direction and parallel with the North boundary line of said NE¼NW¼ a distance of 250 feet; then deflecting 24 degrees right a distance of 500 feet; then deflecting 24 degrees left and parallel to the North boundary line of said NE¼NW¼ a distance of 613 feet, more or less, to a point on the East boundary line of the NW¼NW¼ Sec. 11-148-41; then in a Northerly direction along the East boundary line of said NW¼NW¼ a distance of 125 feet; then in an Easterly direction and parallel with the North boundary line of said NE¼NW¼ a distance of 613 feet, more or less, to a point on a line parallel to the East boundary of said NW¼NW¼ and running through the point of beginning of the previous East-West leg; then deflecting 24 degrees right a distance of 500 feet; then deflecting 24 degrees left and parallel to the North boundary line of said NE¼NW¼ a distance of 250 feet, more or less, to a point on the East boundary line of said NE¼NW¼; then in a Southerly direction along the East boundary line of said NE¼NW¼ a distance of 125 feet, more or less, to the point of beginning of the tract herein described, parcel #44.00053.01. All property owners within ¼ mile of the proposed Conditional Use Permit are invited to appear at said hearing.

Dated: May 2, 2024
Jacob J. Snyder
Planning & Zoning Administrator

NOTICE

Notice is hereby given that a hearing has been set for May 24, 2024, at 11:15 a.m. in the meeting room at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, Minnesota, to consider the application of Kurt Larson, 35237 Shalom Dr, Mentor, MN 56736 for a surface water orientated Conditional Use Permit for the placement of 6 docks for 11 watercraft spots to be used for the Shalom Estates PUD common access lot described as: Lots 10, Block 3, Shalom Estates, Polk County, MN, parcel #74.01078.00. All property owners within ¼ mile of the proposed Conditional Use Permit are invited to appear at said hearing.

Dated: May 2, 2024
Jacob J. Snyder
Planning & Zoning Administrator



Gilbert (Rylin Rischmiller) rescues Anne (Sydney Svalen).



The Win-E-Mac production of Anne of Green Gables included cast members: Evie Ryan, Lillian Shimpa, Sydney Svalen, Cameron Svalen, Ana Kolden, Emma Determan, Alexis Narlock, Rylin Rischmiller, Callie Herriman, Krista Shimpa, and Mya Strom. (Not pictured are: Hana Thompson (Stage Manager), Ella Langemo (Stage Crew), Ady Hickman (Stage Crew), and C.J. Brown (Sound Crew).



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M8C

NOTICE
1ST HALF 2024
PROPERTY TAXES DUE

Samuel W. Melbye, Polk County Director of Property Records, reminds Polk County property owners that the first half of the 2024 Real Estate Taxes are due by Wednesday, May 15th. Personal Property taxes must also be paid in full by May 15th.

Make your payments at the Polk County Government Center in the Taxpayer Service Center from 8:00 a.m. to 4:30 p.m. weekdays. Payments can also be placed in the Taxpayer Service Center drop box located outside the main East doors at the Polk County Government Center, paid online at www.co.polk.mn.us, or mail them along with your tax statement stub postmarked no later than May 15th.

Please make checks payable to Polk County Administrator. Thank you.



Nurses
National
Week **MAY 6-12**

Planning a
Garage Sale?



Advertise it
in the Canary

Call for advertising rates.
Richards Publishing Co.
218-487-5225



Miss Stacy (Krista Shimpa) with her students Gilbert (Rylin Rischmiller), Diana (Alexis Narlock) and Anne (Sydney Svalen).



Matthew Cuthbert (Cameron Svalen) finds a way to ask Miss Harris (Mya Strom) about buying a dress for Anne. (Krista Shimpa as Miss Stacy is in the frame as well.)

