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McIntosh, Minnesota

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The Breckel kids (Mae, Ruby, Paige and Joe) were a part of the group who gathered at the Dierkes home on the 4th of July.

### Slow Down, It Could Save Your Life : Minnesota’s summer off to deadliest start in 10 years

Preliminary figures show 46 people lost their lives in crashes during the 25 days following Memorial Day.

This summer is off to one of the deadliest starts on our roads in more than 10 years. Those crashes are all about speed, lack of seat belt use, impairment and distraction.

“You might be a good driver, but that won’t stop the driver in the next car over from weaving into your lane or cutting you off,” Minnesota State Patrol Lt. Gordon Shank said. “Following traffic laws won’t just save you from a citation — it could save your life.”

Our Office of Traffic Safety launched an extra enforcement and awareness campaign July 1 aimed at helping drivers make safe choices on the road.

Grilling, boating, camping, fireworks. Minnesotans are preparing for all kinds of fun and travel with the Fourth of July holiday. The clear roads of summer make it tempting to drive fast in hopes of getting to the destination sooner, but it’s a dangerous decision. To remind motorists to drive safely, law enforcement partners are participating in a statewide extra speed enforcement and awareness campaign from July 1-31.

Officers, deputies and troopers will be looking for speeders endangering their own lives and the lives of others. The Minnesota Department of Public Safety Office of Traffic Safety (OTS) coordinates the campaign with funding provided by the National Highway Traffic Safety Administration (NHTSA). The campaign includes



extra patrols and advertising in support of the Toward Zero Deaths traffic safety program.

“The 100 days between Memorial Day and Labor Day have a deadly reputation on

Minnesota roads,” said OTS Director Mike Hanson. “During the first 25 days of the current 100 days, preliminary figures show 46 people have lost their lives in crashes. That’s the highest in that timespan in the last 10 years. As Minnesotans hit the road for Fourth of July, they can help change this deadly trajectory with smart choices such as slowing down.”

Speeding Leads to Crashes

While getting a ticket may be a primary concern when speeding, drivers should worry about far more dangerous consequences:

In 2022, 129 motorists died

in speed-related crashes (preliminary).

During the 100 deadliest days in the past five years (2018-2022), preliminary numbers show that 231 people lost their lives in speed-related crashes.

Speed contributed to an average of 85 deaths per year from 2013-2017, but an average of 122 deaths per year from 2018-2022.

Through June 25, preliminary numbers show speed-related deaths are lower so far this year than the past two years, but even one death is one too many.



Some of the many who gathered together on the 4th of July were: Connie Strom, Jan Langemo, Lana Hartel and Elaine Roed.

### July 4th celebration in rural McIntosh

An annual tradition, to remember why we, as Americans, celebrate this holiday, there were between 50 - 60 people gathered at the home of Dan & Darlene Dierkes in rural McIntosh on July 4th for the annual reading of the Declaration of Independence by Ben Ramse.

Gary Hartel was also honored with his veterans quilt from the East Polk County Quilters for Veterans, presented by Jan Langemo. He and his family members were present for the program and visited with many members of the McIntosh community following the program.

Part of the brief program included listening to the spoken song "Ragged Old Flag" by Johnny Cash, followed by the Pledge of Allegiance.

The program concluded with the group singing "God Bless America".

Following the program were refreshments including many tasty treats baked by the neighbors and friends of



Ben Ramse, who read the Declaration of Independence.

the Dierkes, along with some great conversation with many friends, family and neighbors all around the McIntosh area.

Dave Ramse even brought Krumkake he had made that morning, so there was Christmas in July!

### Memorial Cruise In for Neil



There will be a Memorial Cruise In to honor Neil Bursheim on Thursday, July 13th from 5:00 pm to 7:00 pm downtown in front of Neil's Quality Meats & More. The 2nd Annual Cruise In will be a time to share memories, enjoy music, shopping, food and fun.

Come and spend an evening enjoying one of Neil's favorite hobbies.



Carol Burslie and Ron Roed visit after the program on the 4th of July.



A large group of community members gathered at the Dierkes home for the 4th of July program that they host each year.



Jan Langemo honors and presents Gary Hartel with a quilt from The Quilters for East Polk County Veterans during the program on the 4th of July at the Dierkes home in rural McIntosh.

## PERPETUAL "STUFF" SALE

in progress at  
**34305 Oak Lake Circle S.E., Erskine, MN.**  
 as we continue to downsize for our next life phase. Items are available for purchase during most days. If the cargo trailer is open, stop and see what we have. During the month of July, all proceeds from our sale will be donated to the North Country Food Bank. Questions? Call 218-791-0147.

M16-19C

## A summer dessert that is just peachy

Cobbler is a type of dessert that gained popularity in the United States during the 19th century. It is made by putting fruit in a deep baking dish and then topping it with a drop biscuit batter and sometimes a crumb topping. Any number of fruits work well in cobblers, including apples, pears and various berries. However, peach cobbler is the quintessential summertime treat.

Cobbler gets its name from the fact that early American settlers didn't have strict recipes with exact measurements for ingredients, so they took what they had and "cobbled" them together.

Today's cobbler bakers enjoy the benefits of having more direction when putting together their desserts. This recipe for "Southern Peach Cobbler" comes courtesy of Paula Deen.

**Southern Peach Cobbler**  
 Serves 15  
 1 1/2 cups self-rising flour  
 1 stick butter  
 1/2 cup water  
 2 cups sugar, divided  
 4 cups peaches, peeled and sliced  
 1 cup milk  
 Ground cinnamon (optional)

Preheat oven to 350 F.  
 Combine the peaches, 1 cup sugar, and water in a saucepan and mix well. Bring to a boil and simmer for 10 minutes. Remove from the heat.

Put the butter in a 3-quart baking dish and place in oven to melt.

Mix remaining 1 cup sugar, flour, and milk slowly to prevent clumping. Pour mixture over melted butter. Do not stir.

Spoon fruit on top, gently pouring in syrup. Sprinkle top with ground cinnamon, if using. Batter will rise to top during baking. Bake for 30 to 45 minutes.

To serve, scoop onto a plate and serve with your choice of whipped cream or vanilla ice cream.

## PCHS update on Mystery Object

Several people have commented on the 12 foot long metal object in front of the Centennial Building at the Polk County Historical Society Museum in Crookston. John Reitmeier: Crankshaft for a big three cylinder engine; John Bruender: Probably from a wind generator; Tim Ryan: 90% sure it's a stream engine crank shaft; John Gilles: A crankshaft for a locomotive; Captain Crunch (that's his screen name): Cam shaft crank "two spots for pistons or stamps for ore to be crushed". Historical Society President Jerry Wentzel said two locomotive crank shafts were dug up when the Crookston pugh was built. A railroad station was previously located in the same area.



Gary Hartel with his quilt and some of his family members on the 4th of July.

## Steve Turner featured at Music on the Porch in Fosston

Steve Turner of Nashville is the featured musician at Music on the Porch, Thursday, July 13th. Turner was born and raised on the White Earth Reservation where he is an enrolled member of the White Earth Band of Ojibwe. In high school, when Dolly Parton was looking for a choir to perform "He's Alive" at WE Fest, he was picked from a group of choirs to be part of this amazing event.

A captivating singer-songwriter, Turner's lyrics are reflective of his White Earth roots, his family, his beliefs and his love of country music. He is in the process of releasing new music from his album, "Troubadour Dream". The song he wrote with his father, "Forever More" is his most-streamed song on Spotify.

Music on the Porch is sponsored by the Fosston Com-



munity Library & Arts Association. Concerts are held Thursdays through July at the Heritage Center grounds on Highway 2 in Fosston. Music starts at 7:00 PM. There is limited seating under the picnic shelter, or bring a lawn chair or blanket and enjoy a great evening of music!



Curtis Bartz and Joel Strom on the 4th of July at the Dierkes farm in rural McIntosh.



Clellie Kiecker, Sandy Salvhus, Vicki Strom and Jan Langemo enjoy a visit after the reading of the Declaration of Independence on July 4th at the Dierkes residence.

## New MN law makes getting a driver's license easier

If you're a licensed driver moving to Minnesota, there is good news: it will be easier than ever to get your Minnesota license. On August 1, 2023, Minnesota will drop a requirement that licensed out-of-state drivers take a written knowledge test. The change is in line with other states and will increase the efficiency at licensing agent offices across the state, lessening the ever-increasing demand for knowledge testing.



**ST. MARY'S CHURCH**  
**Fosston**  
**Fr. John Suvakeen,**  
**Pastor**

Wed. July 12: 5:30pm Mass at Lengby Lake - Joint Parish Potluck

Fri. July 14: 8:30am Mass at St. Mary's, Fosston

Sun. July 16: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed. July 19: 11:30am Mass at St. Mary's, Fosston

Fri. July 21: 8:30am Mass at St. Mary's, Fosston

Sun. July 23: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed. July 26: 11:30am Mass at St. Mary's, Fosston

Fri. July 28: 8:30am Mass at St. Mary's, Fosston

Sun. July 30: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

**OURS SAVIOR'S LUTHERAN CHURCH (ELCA)**  
**McIntosh**

**Pastor Rene Mehlberg**  
**Synodical Authorized**  
**Minister Katie DeMarais**

Sun. July 16: 10:00am Coffee Hour; 10:30am Worship Services

Sun. July 23: 10:00am Coffee Hour; 10:30am Worship Services

Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

**MCINTOSH AFLC**  
**McIntosh Trinity / Mount Carmel:**  
**Interim Pastors John Anderson and Phil Rokke**

**Sunday Services**  
 9:30am Mt Carmel  
 11:00 am Trinity

**GOSEN LUTHERAN CHURCH**  
**Independent**  
**Gary Johnson, Pastor**  
**www.gosen-church.com**  
**Face Book: Gosen Church**

Sun. July 16: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service (also on Facebook and gosenchurch.com)

Tues. July 18: 10:00am. Sunday worship service telecast on GVTN--30

Wed. July 19: 6:30pm Bible Study at Sharon Ramberg's home

*Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.*

**VERNES LUTHERAN CHURCH (LCMC)**  
**McIntosh**  
**Pastor Lee Laaveg**

Sun. July 16: 9:00am Worship  
 Sun. July 23: 9:00am Worship

**IMMANUEL LUTHERAN CHURCH**  
**McIntosh**  
**Pastor Bruce Blocker,**

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

**CALVARY LUTHERAN CHURCH**  
**Winger**

Sundays: 10:30am Coffee Fellowship; 11:00am Worship

**GRACE LUTHERAN CHURCH-NALC**  
**Erskine**  
**Rev. Pam Thorson**

Sundays: 9:00am Worship  
 Come early and enjoy fellowship and a good cup of coffee. It will also be available at the same time on Garden Valley Channel 30, Facebook and YouTube.

**LSS**  
**Meals Menu**  
**687-2262**

**Call to reserve your meal.**  
**Indoor dining at 11:30 am;**  
**drive-up available at 11:00 am.**

**Mon. July 17:** Pork Loin - Sweet Potatoes - Broccoli - Wheat Rolls - Zucchini Bars - Milk

**Tues. July 18:** Spaghetti with Meat Sauce - Lettuce Salad - Pears - Garlic Toast - Swedish Coconut Cookies - Milk

**Wed. July 19:** BBQ Chicken - Rice Pilaf - Carrots - Pineapple - Rhubarb Dessert - Milk

**Thur. July 20:** \*Bingo\*  
**\*\*AS Bank Day\*\*** Program 10:45am - Carlin Funeral Home: Funeral Pre-Planning - Meatballs - Mashed Potatoes with Brown Gravy - Baby Carrots - Wheat Rolls - Chocolate Chip Bars - Milk \* Please call before noon on Wednesday 6/19 to reserve a meal.\*

**Fri. July 21:** Chicken Gravy over Egg Noodles - Rolls - Cucumbers - Fruit Salad - Lemon Cake - Milk



**Wed. July 12:** Koralyn Kringlen, Joey Violette, Gavin Robert Strom, Garrett Rock, \*Beth & Shawn Romin-ski

**Thurs. July 13:** Emma Rominski, Everett Sveen, Carson Thode

**Fri. July 14:** Bridger Huschle, \*Matt & Ashley Schow, \*Dan & Cheryl Jore

**Sat. July 15:** Clifford Bartz, Sarah Violette, Chris Smeby, \*Corey & Samantha Rasmussen, \*Jerry & Christine Weber

**Sun. July 16:** Carol Bursheim, Tyler Burslie

**Mon. July 17:** Marvie Johnson, Nick Olson, Amy Carlson, \*Nathan & Stephanie Frisk

**Tues. July 18:** Larry Finseth, \*Bret & Julie Schulz

**McINTOSH Times**

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U of M uproots decades of buckthorn management practices

According to new research from the University of Minnesota, buckthorn managers have long overestimated the plant, and in doing so, have given the invasive tree a significant advantage in spreading widely and pushing native species out of woodlands and forests throughout eastern North America.

In their recently published article in the journal Biological Invasions, the research team explains how the oft-discussed timeline of buckthorn growing from seed didn't match what they or any of their collaborators across Minnesota saw in nature. This research was funded by the Minnesota Invasive Terrestrial Plants and Pests Center (MITPPC), supported by the Minnesota Environment and Natural Resources Trust Fund as recommended by the Legislative-Citizen Commission on Minnesota Resources (LCCMR).

Traditionally, buckthorn management strategies have focused on repeated cutting and herbicide application over five or more years, mostly targeting larger stems as a practical way to approach the often daunting task of controlling the invasive tree. Smaller buckthorn are ignored in part due to a long-held belief that buckthorn seeds in the soil continually replenish the amount of small buckthorn for up to six years. It turns out that this incorrect belief is all based on a game of "telephone."

Although some older scientific publications observed that buckthorn seeds died off quickly, contemporary communications from both public and private entities emphasized that buckthorn seeds lasted in the soil for years, a misperception that has likely stymied restoration efforts. The academic paper trail was scant, but the researchers followed it back to a 1997 newspaper article discussing a different invasive species. That article had been cited by a municipal report, which was referenced by a U.S. Forest Service document, which was echoed time and again – not once supported by data from the species it claimed to represent.

Fortunately, the U of M researchers already had a series of experiments in progress that could answer these questions: How long do buckthorn seeds remain viable in the soil? How long do the seeds threaten forest restoration efforts?

"Buckthorn forms these extremely dense carpets of seedlings — think of a massive Chia Pet on the forest floor — but that only happens in the first year after the mature trees have been cut down. So we were confused why we kept seeing this discussed as something that can happen over a six-year window," said lead author Michael Schuster, a researcher in the Department of Forest Resources.

**The researchers found:**

- Buckthorn seeds only live



in the soil for one or two years, not six as commonly thought.

- Of the more than 13,000 buckthorn seeds monitored between 2017 and 2022, 97% of new buckthorn sprouted within the first year. Nearly all additional buckthorn sprouts arose in the second year.

- These observations were corroborated by concurrent surveys of seven active buckthorn management areas in Minnesota where the team observed essentially all new

buckthorn showing up within the first two years after fruiting trees had been removed.

These findings suggest that a shorter period of more intense management that targets a broader range of buckthorn sizes may be sufficient to control existing buckthorn invasions. By also targeting small stems, management can be more effective since smaller plants are more vulnerable. This is also likely to lower overall management effort, although managers will need to be vigilant of stems that avoid treatment or seeds that are dispersed by birds, and improve forest health broadly.

"This should be good news for folks looking to remove buckthorn: you can cut down all the fruit-bearing trees and be confident that what remains after a year or two really is the extent of the problem. If we are more aggressive in those early interventions, we will likely have better outcomes compared to more selective approaches," said Schuster.

The team will continue to investigate how establishing native plants to compete with buckthorn could reduce abundance and size of buckthorn established by seed.

How to make a staycation feel more like a getaway

Come vacation season, individuals and families are fixated on finding something fun to do while they are off from school or work.

Immediate thoughts of vacationing probably call to mind hopping a plane to some far-away destination, but vacationing also can take place right at home.

The popularity of the staycation reached new heights when people were grounded close to home during the peak of the COVID-19 pandemic. However, the stay-at-home vacation isn't showing any signs of disappearing just yet - especially with inflation and financial instability sparking concern among consumers. Many people are continuing to keep their passports stashed away for another year and looking for adventures closer to home.

Just because people are not traveling great distances doesn't mean they can't experience the perks of a full-fledged vacation. The following are some ways to make a staycation feel like a true getaway.

**Order in or dine out**

Part of what makes vacationing so fun is getting a break from kitchen duty for a few days. Even if you're staycating, you can still let someone else be responsible for your meals. Purchase bulk items that hotel breakfast bars typically stock and set them up buffet-style at home. As family members awake, they can help

themselves to the offerings. Set aside a reasonable budget for take-out or restaurant dining. Pick one night of the staycation when you splurge on a more elaborate meal at a restaurant you always wanted to try.

**Go sightseeing**

It's easy to overlook nearby sights and attractions when you live in a particular area. But part of vacationing is taking in the local points of interest. Find sights that make your town or city unique and then enjoy a day or two as a tourist.

**Try a new activity**

Book an activity you've never tried before, such as an afternoon at a driving range or a skydiving simulation center. Excursions often are part of vacations, so simulate those experiences while on staycation.

**Relax at the beach**

Beachside trips are quite popular for vacations, and they can be the same for those on a staycation. Find out if a beach club offers day passes or perhaps you can utilize a guest pass from a club member and while away the hours enjoying the sand and surf.

Staycations can take a page from traditional vacations, offering the same enjoyment only closer to home.

Ad deadline:  
Noon Friday



40 years ago...1983: The five generations of the Centennial Pageant Play, "A Touch of Recollection" are seen here: Sena Carlson (Lyla Lucken), John Carlson (Dean Lindberg), Susan Carlson (Jan Langemo), David Wright (Tim Finseth), and Ann Wright (Jay Sandahl). The play was performed in McIntosh at the end of June.



30 years ago...1993: The Recreation Program is underway in McIntosh with summer activities for area youth. (Center back) Connie Strom is the Program Director with Supervisors: (back, L) Eric Hamre, (back, R) Paul Balstad, (Front, L-R) Carrie Hegg and Stephanie Hoefft. There will be ball games, tournaments, art sessions, swimming lessons and other activities.



20 years ago...2003: Members of the McIntosh Economic Development Authority (MEDA) were present for the ground breaking before the heavy equipment of Lenex Sand and Gravel arrived to prepare the site for footings for the 28 unit complex (L-R) Gary Schommer, Calvin Skeie, Mayor Virgil Lerfald, Barbara Oseth and Rod Nichols (not present for the picture: Robbie Jones and Barbara Ingman). The committee has put in many hours and weeks of planning to finally arrive at the site ground breaking of the large senior housing complex on the east side of McIntosh.



10 years ago...2013: Inside Mt. Carmel are some of the charter members of Mt. Carmel shown here: Robert Hulst, Project Coordinator; Evonne Hartel, Melford Grundyson and Ann Hutchison.

# Community members gather on the 4th of July



Randy and Byron Kaupang and Jim Wertish.



Dianne Roed, Elaine Roed, Miriam Ramse and Wilma Voxland.



Karen Olson and Linda Schmiedeberg.



Holly Breckel John Bachand Dan Dierkes and Dean Benson.



Earl Roed and granddaughter Paige Breckel.



Janet Landsverk and Judy Bartz.



Ginny and Gary Frisk.



Laura Driscoll and Robert Barnes.



Patsy and George Osland.



Bob Olson and Dave Ramse.



The group that gathered at the Dierkes home on the 4th of July listen to Ben Ramse read the Declaration of Independence.