



McINTOSH

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Times

McIntosh, Minnesota

Hub of the Thirteen Townships



Community Cleanup



Clean up week in McIntosh will be April 22nd - May 1st

The City of McIntosh Council would like to promote a clean and healthy community by designating the first full week of May as City of McIntosh Clean-up Week.

Property owners within city limits may bring items to the lift station site on 1st St SE (area south of the baseball field).

Please throw items in the proper bins. This service is free of charge, but donations would be greatly appreciated to help defray costs.

Be prepared to show proof you own property or reside within the city limits of McIntosh. Having a McIntosh mailing address does not necessarily mean you live within city limits. This service is provided solely to McIntosh City taxpayers. If you are unsure, please call the city clerk's office at 218.563.3043.

Pick-up service is available for those unable to bring in their own items.

Items must be piled near the street no later than 8a.m. on May 1st. If further help is needed with removing items from property, please call the city office and help will be scheduled.

If interested in volunteering to pick up items and/or use of your truck and/or trailer, please call the City Office.

Acceptable Items:

- Small Amounts of Demolition Material (Wood, Metal, Shingles, Windows, Sheet Rock)
- Dry Paint Cans
- Mattresses, Box Springs, Couches, Chairs
- Other Miscellaneous Household Items

Non-acceptable Items:

- Tires
- Small Appliances
- TVs
- Computers or Monitors
- Railroad Ties
- Fluorescent Bulbs
- Cement
- Hazardous Materials

*Please note that we are not accepting yard waste: branches, leaves, grass clippings, etc. These items can be taken to the green dump on the south end of town. If you need assistance, please contact the City Office.

Don't let this happen to you!

It's that time of year when folks are doing extra cleaning around the house and trying new products to make those jobs easier. We strive to make sure the sewer system stays clear and doesn't back up into buildings. You can help us (and your neighbors) by not flushing:

- **Grease or oil down drains.** Grease such as cooking oils, tallow, bacon grease, etc. will harden in the lines, and on the float switches, causing the pumps not to work;

- **Non-biodegradable items down drains.** Items such as cigarette butts, dental floss, Q-tips, disposable diapers, sanitary napkins, tampons or condoms can clog the pump and pipes;
- **Flushable manufactured wipes.** Even if product states it is flushable it does not disintegrate like toilet paper, so it clogs and tangles in the rotors of the pumps and lines;
- **Rigid or gritty materials down drains** such as cat litter, coffee grounds, chicken bones, eggshells, fish scales, etc. Limit the materials you put through a garbage disposal to edible food products only;
- **Flammable or volatile liquids down drains** such as gas, waste oil and thinners. It is illegal to dispose of these items in the sewer system;
- **Household chemicals down drains**, such as paint, pesticides, herbicides, strong cleaning products, or other toxic chemicals.

Manufacturers list many things as flushable, but the only thing that belongs in a toilet is toilet paper and human waste.

On behalf of your neighbors and friends, thank you for helping to keep clogged sewer lines at a minimum!

Water Line Flushing

Water lines will be flushed every Thursday throughout the summer.

If you notice water is rusty and discolored discontinue use during this time and let water run until clean in lines.

On behalf of your neighbors and friends, thank you for helping to keep clogged sewer lines at a minimum!

Water lines will be flushed every Thursday throughout the summer.

If you notice water is rusty and discolored discontinue use during this time and let water run until clean in lines.

MnDOT announces 2023 state construction projects for NW Minnesota

More than 200 construction projects that will help maintain Minnesota's roads, bridges and transportation infrastructure; improve safety and mobility; and support jobs will be worked on across the state this year, the Minnesota Department of Transportation announced today.

Planned construction projects include 171 road and bridge projects, plus 52 projects that will improve airports, water ports, railroad crossings and transit infrastructure.

"After a long winter with record-setting snowfalls, MnDOT joins many Minnesotans in welcoming the arrival of spring," said Commissioner Nancy Daubenberger. "Warmer weather also means drivers can expect to see more orange cones and work zones around the state, as well as more people working on and around highway projects. MnDOT has a robust construction program planned this year, and we need motorists' help to keep everyone safe: obey speed limits and slow down in work zones, put away cell phones and other distractions, be patient, and

plan ahead for detours."

More information about safe driving around construction work zones can be found here.

The 2023 state construction program remains largely unchanged by the federal Infrastructure Investment and Jobs Act. Although Congress passed that federal appropriation bill in March 2022, authority for MnDOT to spend the additional dollars was only approved by the Minnesota Legislature in February 2023.

The agency expects the size of construction programs in 2024 and future years to be larger with the additional federal funds provided by the IIJA.

For an overview of the 2023 state construction program, including interactive maps and full project lists, visit mndot.gov/construction. Individual project pages include information about construction schedules, detours and traffic impacts, maps, benefits and project costs.

Minnesotans also can stay informed about projects and other transportation topics by visiting mndot.gov, signing

up to receive email updates for specific topics or projects, and following MnDOT on social media.

Significant projects in northwest Minnesota this year include:

- Resurfacing Highway 59 south of Thief River Falls, including culvert replacements, shoulder widening and a roundabout at the intersection of Hwy 59 with Pennington County Road 3 to provide a smoother ride, improve drainage and a safer intersection.
- Resurfacing Highway 32 between Greenbush and Middle River, including culvert replacements to provide a smoother ride and improved drainage.
- Resurfacing Highway 2 between Bemidji and Wilton to provide a smoother ride and longer lasting road surface.

Safety in work zones
Motorists should always be prepared to encounter changing road conditions when approaching work zones. Common traffic changes include lane closures, lane shifts, uneven road surfaces, heavy equipment and slow or stopped

traffic. To keep everyone safe, drivers must:

- Obey posted speed limits. The fine for speeding in a work zone is \$300.
- Drive undistracted. Avoid using cell phones, mobile devices, adjusting the radio – even eating – while in work zones.
- Move over. Give workers room to safely complete their work.
- Know before you go. Get

real-time information about traffic and road conditions at www.511mn.org or get the free 511mn smartphone app at Google Play or the App Store.

- Be patient. Expect delays, especially during peak travel times.
- Do the zipper merge.
- Avoid making unnecessary lane changes.
- Never enter a road blocked with barriers or cones.

WEM Summer Rec registration

This year's Summer Recreation registration night will be Wednesday, April 19th from 6:00 pm - 6:30 pm in the school commons area. The purpose of the evening is to register students ages 7 years - 15 years for their respective teams, pay registration fees, get practice and game schedules, and buy a t-shirt, if needed.

If for some reason you are unable to attend, please bring your registration form along with the registration fee, per child, to the Win-E-Mac school main office.

If you have any questions about any of the programs that are offered, please contact Jer-

emy Morganroth or Mr. McKeever at the school by calling 687-2236 or 563-2900.

Information and registration forms will be handed out to students or will be made available at the main office of the Win-E-Mac school.

Information will also be available for the 21st Century / Beyond the Bell Summer Program as well this evening.

The directors of the programs will be in the media center to answer questions and to register kids for the summer programming.

Students must be accompanied by a parent to the event.



Harald Thompson recently celebrated his 95th birthday at Poplar Meadows. Among those in attendance were several other nonagenarians. Pictured here are: Gordy Oseth, Dolly Lee, Ellen Burslie, Harald, and Wally Nelson.



Enjoying Memory Night, a mom and son celebration held at Win-E-Mac school last weekend were Nicole Cook with her sons, Brody, Kolby, and Sawyer along with Grandma, Eileen Cook and Aunt, Paige Smeby. It was a fun and enjoyable evening for moms and sons alike.



There were a lot of boys with their moms or special females in their lives who attended the Patriot Pride Boosters Memory Night Boy/Mom Style evening at the Win-E-Mac school last weekend.

Enjoy the flavors of the season with fresh, local asparagus and eggs

Asparagus (*Asparagus officinalis*) is one of the earliest harvested vegetables each spring. Asparagus spears are crisp, tender and flavorful.

The asparagus harvest season lasts about 6-8 weeks, from early May to late June in Minnesota.

1 prepared uncooked 9" pie crust

1 ½ cups shredded mild cheese – mozzarella, Swiss, or gouda work well

3-4 slices cooked bacon, crumbled (optional)

1 medium yellow onion, diced

1 ½ tablespoons olive oil

16 asparagus spears (roughly one pound)

¾ cup whole milk

6 eggs

¼ teaspoon thyme

¼ teaspoon basil

¼ teaspoon garlic powder

¼ teaspoon salt

Directions:

Heat oven to 425° F. Line a 9" pie pan with the pie crust. Prick the pie crust all over with a fork to create small holes for steam to escape during baking. Bake until light golden brown, 15-20 minutes. Remove from oven and set aside.

Toss asparagus in 1 tablespoon of the olive oil and sprinkle with a pinch of salt and pepper. Spread out in a single layer on a baking sheet and roast in 425-degree oven until the tips begin to brown, 12-15 minutes.

Heat remaining ½ tablespoon of the olive oil in a

sauté pan over medium heat. Add onion and sprinkle with a pinch of salt. Sauté until onion softens and begins to become translucent, 3-5 minutes.

Toss cheese, sautéed onions, and crumbled bacon (if using) together in a bowl. Spread the mixture in an even layer in your pre-baked pie crust.

Arrange asparagus spears in a wheel pattern on top of the cheese, onion, bacon mixture.

In medium bowl, beat together milk, eggs, thyme, basil, garlic powder, and ½ teaspoon

salt. Pour into pie crust, filling evenly.

Bake the quiche for 15 minutes at 425° F. Reduce heat to 350° F and bake 30-45 minutes more, until center is set but soft and a knife inserted 1 inch from edge comes out clean.

Let rest at least 15 minutes before serving. Quiche can be made ahead and refrigerated up to two days.

Gosen Luther League

The Gosen Luther League meets on Sunday evening, April 23rd, at 7 o'clock. The Rusty Chords Trio will be in concert.

The Trio includes Marilyn Lee, a talented recording Gospel artist from Reynolds, ND; Cecil Malme, a talented professional Gospel singer and recording artist from Shelly, MN; and Noah Chelliah, a cardiologist from Grand Forks, ND. They sing mainly traditional old Gospel hymns and newer traditional type Gospel songs in a Southern Gospel style full of reverence but with joy. They aim to praise the Lord Jesus Christ with their music ministry.

Join us for an inspirational evening in honor of our risen Saviour.

Refreshments will be served following the program. Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.



**In memory of
Lynn (Bucky) Nornes
3-12-48 to 4-15-06**

**A special smile,
a special face,
in our hearts
a special place.
Memories are
a gift to treasure,
Ours of you will
last forever.**

The family of Lynn

M4-5C

Important Information Regarding Assessment and Classification of Property

This may affect your 2024 property tax payments.

The Board of Appeal and Equalization for township of Sletten will meet on Tuesday, April 25th, 3:30 p.m., at the Town Hall. The purpose of this meeting is to determine whether property in the jurisdiction has been properly valued and classified by the assessor.

If you believe the value or classification of your property is incorrect, please contact your assessor's office to discuss your concerns. If you disagree with the valuation or classification after discussing it with your assessor, you may appear before the local board of appeal and equalization. The board will review your assessments and may make corrections as needed. Generally, you must appeal to the local board before appealing to the county board of appeal and equalization.

Given under my hand this 27th of February, 2023

Terri Kaupang, Clerk of the Township of Sletten

M4-5C

HILL RIVER ASSESSMENT NOTICE

Notice is hereby given, that the Board of Appeal and Equalization of the township of Hill River in Polk County, Minnesota, will meet at 9:30 a.m. in said township, at the Town Hall, on Monday the 24th day of April for the year 2023. The purpose of this meeting is to determine whether taxable property in the jurisdiction has been properly valued and classified by the assessor, and to determine whether corrections need to be made.

If you believe the value or classification of your property is incorrect, please contact your assessor's office to discuss your concerns. If you are still not satisfied with the valuation or classification after discussing it with your assessor, you may appear before the local board of appeal and equalization. The board shall review the valuation, classification, or both if necessary, and shall correct it as needed. Generally, an appearance before your local board of appeal and equalization is required by law before an appeal can be taken to the county board of appeal and equalization.

Given under my hand this 1st day of April, 2023.

Raymond O. Sundrud

Clerk/Treasurer of Hill River Township

M4-5C



Val Florimond and his wife, Julie Veillette, from Montreal, came through McIntosh on Friday, April 14th on their bicycles. They were traveling with their two daughters, ages 12 and 10, on the last leg of a two-day bicycle trip across 19 countries. They had left Winnipeg a week earlier, braving temperatures in the 20s and 30s. They average about 30 miles a day, and have enjoyed many interesting experiences along the way. You can read more about their adventure at <https://bicicloulousse.wordpress.com/>. They were overnight guests at the home of Dan and Darlene Dierkes, who are hosts for the WarmShowers program. The network connects long-distance bicyclists with a free place to stay and eat, as well as (of course) a warm shower. Anyone interested in becoming a host can research and apply at www.warmshowers.org.

Legalization of Recreational Cannabis

As the Sheriff of Polk County, I was elected to enforce our laws and keep our community safe. With the Minnesota Legislature considering the legalization of recreational marijuana (cannabis). These bills have been moving through the legislature at a rapid pace, and I am concerned that state lawmakers may not address some key public safety issues that would arise if cannabis became legalized this session.

This is especially important considering that in states with legalized cannabis, the number of traffic deaths involving drivers who test positive for cannabis has increased substantially. Adding more impaired drivers to the road without a roadside testing method will likely lead to more deaths and serious injuries on our roadways.

Currently, law enforcement lacks an instant, on-site test for cannabis intoxication, like a breathalyzer. We also lack a standard to determine if a driver is unfit to be behind the wheel, such as the .08 BAC standard used for alcohol intoxication. While the current bills contain provisions for developing a test, it won't be ready until long after commercial cannabis becomes available on the market. During the interim, how are law enforcement officers expected to keep our roads safe from intoxicated drivers?

I feel it is important that



McIntosh - Winger High School Class of 1973 50 year reunion

The reunion will be held on Saturday, June 10th at the Winger Community Center. Supper will be at 6:00 pm with live entertainments from 7:00 pm to 10:00 pm.

Classes from 1971 - 1975 are invited to join in celebrating this milestone with us.

Please join us for a meal, live entertainment, and the opportunity to reminisce with friends.

For more information, please contact Tom Vesledahl at tomvesledahl@gmail.com or call/text: 701-261-4276.

We hope to see you there!

Story to Share?

If you have a story or photos you want to share, please send to: mcintoshtimes@gmail.com

Letter to the Editor

our law enforcement agencies receive adequate funding to address the harms of legalized cannabis. Proponents cite increased tax revenue as a benefit of legalization. Legalization also brings substantial new costs. A 2019 study in Colorado found that for every dollar of tax revenue received from recreational cannabis sales, \$4.50 was spent on addressing the adverse impacts of cannabis. Minnesotans must be ready to make that investment and have a plan to fund projects like developing a roadside test, roadway safety initiatives, drug expert training, dependency relief programs, and other public health and safety costs if cannabis is legalized.

According to a research study done by the Center for Disease Control (CDC), the frequent use of marijuana can cause disorientation, unpleasant thoughts, anxiety, paranoia, depression and in some cases suicide. Temporary psychosis and schizophrenia are also more likely to be developed by those who use marijuana. The National Institute on Drug Abuse stated marijuana is considered a "gateway" drug linked to other substance use

disorders including nicotine addiction.

Before making this decision, it's important that our lawmakers address Minnesotans' concerns about the real harms of cannabis and develop a plan to help law enforcement keep our state safe. I oppose the intent to legalize cannabis. It would be counterintuitive to legalize the use of cannabis and as a result, expand a public health crisis. I urge the state to proceed with caution.

Sheriff Jim Tadman
Polk County, MN



**ST. MARY'S CHURCH
Fosston
Fr. John Suvakeen,
Pastor**

Wed. April 19: 11:30am Mass at St. Mary's, Fosston

Fri, April 21: 8:30am Mass at St. Mary's, Fosston

Sun, April 23: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed, April 26: 11:30am Mass at St. Mary's, Fosston

Fri, April 28: 8:30am Mass at St. Mary's, Fosston

Sun, April 30: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Sun, May 7: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Mass at St. Joseph's, Bagley

**OURS SAVIOR'S
LUTHERAN CHURCH
(ELCA)
McIntosh
Pastor Rene Mehlberg
Synodical Authorized
Minister Katie DeMarais**

Sun. April 23: 10:00am Coffee Hour; 10:30am Worship Services

Sun. April 30: 10:00am Coffee Hour; 10:30am Worship Services

Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

**MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:
Interim Pastors John Anderson and Phil Rokke**

Sunday Services

11:00am Mt Carmel

9:30am Trinity

Sunday School

10:45am Trinity

9:45am Mt. Carmel

**GOSEN LUTHERAN
CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church**

Sun, April 23: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service (also on Facebook and gosenchurch.com); 7:00pm Luther League with The Rusty Chords Trio

Tues, April 25: 10:00am. Sunday worship service telecast on GVTV--30

Wed, April 26: 6:30pm Bible Study at Sharon Ramberg's home

Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

**VERNES LUTHERAN
CHURCH (LCMC)
McIntosh
PastorLee Laaveg**

Sun. April 23: 9:00am Worship
Sun, April 30: 9:00am Worship

**IMMANUEL LUTHERAN
CHURCH
McIntosh
Pastor Bruce Blocker,**

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

**CALVARY LUTHERAN
CHURCH
Winger**

Sundays: 9:45am Sunday School; 10:00am Coffee Fellowship; 10:30am Worship

**GRACE LUTHERAN
CHURCH- NALC
Erskine
Rev. Pam Thorson
Sundays: 10:30am Worship**

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McINTOSH Times

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"Serving the Win-E-Mac area"

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Talking pollinator gardens

Minnesotans are eager to get back to their gardens and are busy picking out this year's plants and seeds.

As you make your garden selections this spring, consider plants that will help support the state's declining pollinator populations.

Dan Shaw, an adjunct assistant professor in the College of Design, answers questions about how you can create your own residential pollinator garden to support these critical species and their vital role in maintaining healthy ecosystems.

Q: What are pollinator gardens and why are they important?

Shaw: Minnesota is home to around 500 native bee species, as well as other pollinators including butterflies, moths, beetles and hummingbirds. Unfortunately, the populations of many species are in decline. Pollinator gardens are plantings designed to support a wide range of species by providing sources of pollen and nectar, as well as nesting sites. A diversity of flowers, grasses and native shrubs are used in pollinator gardens to provide flower resources throughout spring, summer and fall.

Q: What plants would you recommend for beginners?

Shaw: It is best to start with plants that are easy to care for but also provide rich sources of nectar and pollen. Some good options include common yarrow, whorled milkweed, purple prairie clover, giant hyssop, rough blazingstar, wild bergamot, narrow-leaved coneflower, showy goldenrod, smooth aster and golden alexanders. Lower-growing native grasses that provide structural support for flowers and enhance nesting habitat for bees include little bluestem grass and sideoats grama. Pollinator beneficial shrubs include black chokeberry, redbud, dogwood and ninebark. It is helpful to find native plant nurseries in your area as their staff can help answer your plant selection questions. Starting with small projects is beneficial for new gardeners as plantings can be expanded over time.

Q: I want to avoid a messy-looking yard, do you have any design suggestions?

Shaw: A messy appearance usually results from having a random arrangement of plants with different plant heights. As a result, we recommend grouping 5-7 plants of the same species together and placing small plants in front and tall plants in the back of plantings. Groupings of plants also make pollination more efficient for bees and butterflies. The human eye is drawn to lines in the landscape, so the use of garden edging can also create a sense of order. Walkways, fences and walls along plantings also add to the aesthetics of plantings. We typically recommend native plants for pollinator gardens as these species have evolved along with our native insects but traditional garden perennials that form attractive clumps such as hostas, coral bells, sedums and salvia can also be incorporated into plantings.

Q: Can I build a pollinator garden if I don't own a home or have a yard?

Shaw: Yes, planters can also support pollinator populations. Research has shown that even small gardens provide many benefits, particularly when the plants are well cared for, resulting in rich sources of pollen and nectar. If many neighborhood residents are establishing a habitat, a larger matrix of plantings can be created, supporting a wide range of bee species. Smaller, drought-tolerant species can work well in planters including prairie smoke, wild columbine, hoary vervain, lance-leaf coreopsis, prairie spiderwort and prairie dropseed grass.

Q: What programs are available to help Minnesotans create pollinator gardens?

Shaw: Lawns to Legumes is a program funded by Minnesota's Environment and Natural Resources Trust Fund that provides \$350 grants for residential pollinator gardens along with habitat guides, planting templates and coaching. The program has assisted over 3,000 residents in Minnesota since 2019. Anyone interested in the program can visit the Lawns to Legumes application page. The current application period is open through July 15. It can also be helpful to check with County Soil and Water Conservation Districts or Environmental Services Departments to see if they can direct you to other funding sources.

Dan Shaw is an adjunct assistant professor in the College of Design, a senior ecologist for the Minnesota Board of Water and Soil Resources and a program coordinator for the Lawns to Legumes project.

Rural Finance Authority declares emergency due to winter weather

The declaration allows eligible farmers to apply for zero-interest loans.

The Rural Finance Authority (RFA) Board has declared an emergency for all 87 counties in the State of Minnesota in response to this winter's excessive snow and winds. This makes zero-interest Disaster Recovery Loans available for Minnesota farmers whose operations have sustained physical property damage or loss of livestock since January 2023.

"The RFA Board's declaration is an important step in helping Minnesota farmers affected by the extreme weather we've experienced this winter," said Minnesota Agriculture Commissioner Thom Petersen. "I encourage those who have endured damages to explore these zero-interest loans, especially if you were not insured or were underinsured."

The Disaster Recovery Loan Program offers affordable financing to clean up, repair, or replace farm structures and replace livestock that may have been destroyed due to high winds and the weight of snow, sleet, and ice this year. The funds are available to farmers for expenses not covered by insurance.

Eligible farmers will work with their local lender to secure the loans from the RFA.

More information, including full eligibility requirements, can be found on the Disaster Recovery Loan Program webpage.

Polk County Prescription Drug Take Back events

Saturday, April 22, 2023, is DEA National Prescription Drug Take Back Day.

The East Grand Forks Police Department and the Pine to Prairie Drug Task Force will participate in National Prescription Drug Take Back Day on Saturday, April 22nd, from 10:00 a.m. to 2:00 p.m. Take Back Day offers free and anonymous disposal of unneeded medications.

Participating agencies will collect tablets, capsules, patches, and other solid forms of prescription drugs.

For more than a decade, this event has helped Americans easily rid their homes of unneeded medications—those that are old, unwanted, or expired—that too often become a gateway to addiction, pose a risk for accidental poisonings, and prevents environmental health problems caused by improper medication disposal.

"Drug Take Back Events offer members of the community an opportunity to dispose of their controlled substances to reduce the likelihood of them falling into the wrong hands. Whether by theft or simply mishandling controlled substances, the risk of new addictions or overdoses is reduced as well as decreased chances of property crime victimization."

"The DEA heads up the event and funds the destruction of the controlled substances to reduce the financial burden on local agencies who continue to provide take-back boxes 365 days a year." - Pine to Prairie Drug Task Force Commander.

Polk County has many business hours.

- Crookston Police Department
- East Grand Forks Police Department
- Fosston City Clerk's Office
- Polk County Sheriff's Office (Lobby)

Together we Can prevent and stop opioid misuse and opioid use disorder.

New grant opportunity to support emerging farmers

Technical assistance grant applications due June 26th.

A new grant opportunity for organizations that support emerging farmers is now open for applications through the Minnesota Department of Agriculture's (MDA) Rural Finance Authority (RFA).

The Emerging Farmer Technical Assistance Grant is available to those who provide technical assistance services to emerging farmers in Minnesota. Grant funds can also be used by these organizations to pay up to 65% of emerging farmers' premium expenses for up to two years under the USDA Micro Farm Crop Insurance program.

"Access to culturally appropriate technical assistance is a top need for Minnesota's emerging farmers," says Patrice Bailey, assistant commissioner at the MDA. "This grant is an important tool to support farmers and producers across the state in overcoming disparities and barriers to opening new pathways to agriculture."

Technical assistance consists of helping farmers with financials, business planning, record keeping, regulations, land access, marketing, applying for state and federal programs, and/or other farm business needs.

Emerging farmers include farmers who are American Indian or Alaskan Natives, Black or African American, Hispanic or Latino, Asian, Pacific Islander, members of a community of color, women, veterans, persons with disabilities, LG-BTQIA+, or any other emerging farmers as determined by the commissioner of agriculture.

Applications for the grant are due by June 26, 2023, at 8 a.m. The RFA will award \$540,000 in one-time grants through a competitive review process, with a maximum award amount of \$100,000 and a minimum award amount of \$10,000. Decisions are expected in July 2023.

For more information and to access the application materials, visit the Emerging Farmer Technical Assistance Grant webpage.

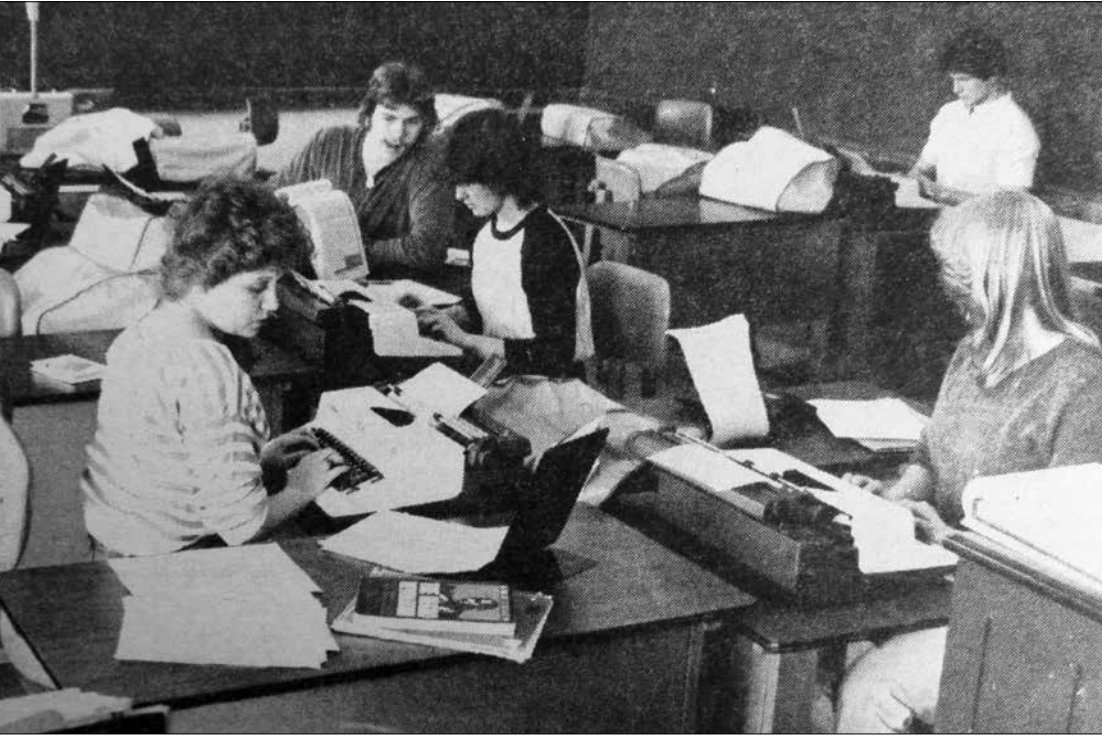
Pieces from the Past

40 years ago...1983: For the past couple months, senior English students have been busily preparing one of the major assignments of their academic career - their senior research paper. Many hours have been spent in the library or, as above, in the typing room. Working here are Jennifer Aasen, Perry Hulst, Jeanne Vesledahl, JoAnne White and Craig Carver.

30 years ago...1993: (l-r) The coffee pot was full and plates of cookies looked inviting as parent-teacher conferences began at the Win-E-Mac Schools. Mary Ann Olson and Pat Tranby, First Grade teachers and Nancy Andree, Librarian at Win-E-Mac Schools were welcoming faces as parents arrived to meet with teachers during the early evening hours.

20 years ago...2003: Several ladies from the Calvary Lutheran Church in Winger have been making quilts for 34 - 40 years. They meet Tuesdays, starting in January, and make quilts for Lutheran World Relief. This year they have made 48 mission quilts and two graduation quilts. Carol Stordahl makes the tops and bottoms, and the ladies come to the church to tie them. She watches for sales on fabric, and they are always looking for used sheets and large fabric pieces for the bottoms. Those who come regularly to help are: Lorraine Anderson, Edna Helgaas, Palma Higdem, Carol Stordahl, Joanne Zahl, Marilyn Natwick, June Versdahl and not pictured Wilma Wang and Pam Wang.

(Pictured right) 10 years ago...2003: Junior High Knowledge Bowl Team. Front Row: (l-r) Hunter Chaput, Christopher Kuznetsov, Branna Carroll, Nick Olson; Second Row: Mike Revier, Andrey Erofeeff, Madison McKeever, Indiana Nornes, Mikayla Vesledahl, Noah Klinkhammer; Third Row: Kinlee Faldet, Jordan Olson, Bailee Burcham, Josh Young, Olivia Simonson, Kallie Olson, and Alaina Juve.



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American Pickers to film in MN this summer

The American Pickers are excited to return to Minnesota. They plan to film episodes of The History Channel hittel-
evision series throughout your area in June 2023.

American Pickers is a documentary series that explores the fascinating world of antique "picking" on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques.

They are always excited to find historically significant or rare items, in addition to unforgettable Characters and their collections.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics.

Along the way, they want to meet characters with amazing stories and fun items. They hope to give historically significant objects a new lease on life while learning a thing or two about America's past along the way.

The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear



fascinating tales about them. We at American Pickers continue to take the pandemic very seriously and will be following all guidelines and protocols for safe filming outlined by the state and CDC. Nevertheless, we are excited to continue reaching the many collectors in the area to discuss their years of picking and are eager to hear their memorable stories.

The American Pickers TV Show is looking for leads and would love to explore your hid-

den treasure. If you or someone you know has a unique item, story to tell, and is ready to sell...we would love to hear from you! Please note, the Pickers DO NOT pick stores, flea markets, malls, auction businesses, museums, or anything open to the public. If interested, please send us your name, phone number, location, and description of the collection with photos to: americanpickers@cinetflix.com or call (646) 493-2184. Facebook: @GotAPick.

Fun and educational ways to celebrate Earth Day

Earth Day is an annual holiday that has been celebrated since 1970. Despite somewhat humble beginnings, much of the globe now celebrates Earth Day, which this year takes place on Saturday, April 22.

Earth Day has long drawn attention to issues affecting the planet and its climate. The effects of those issues have grown increasingly noticeable in recent years, which makes this Earth Day and all subsequent celebrations an ideal opportunity to celebrate the planet while learning about the many challenges it faces in the years to come. The following are some unique, fun and educational ways to celebrate the planet this April.

Leave the car at home. Winter weather is a distant memory by late April in many places, making Earth Day an ideal time to travel by foot or by bicycle instead of by car. That's not only fun, but also a great opportunity to learn about carbon emissions. The United States Environmental Protection Agency reports that a typical passenger vehicle emits about 4.6 metric tons of carbon dioxide each year. Vehicles also emit a substantial amount of methane and nitrous oxide. This is why gas-powered vehicles are so often linked to climate change, much of which is



driven by greenhouse gas emissions. A car-free Earth Day can be fun and serve as a catalyst for conversation about the effects of gas-powered vehicles on the health of the planet.

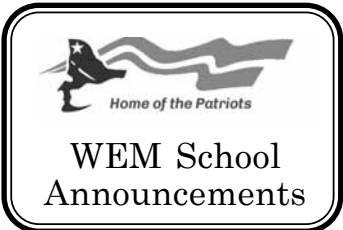
Volunteer with a local environmental organization. Environmental organizations are committed to the ideals behind Earth Day all year long. However, each Earth Day many of these organizations sponsor eco-conscious efforts to help the planet and raise awareness about issues like climate change. Volunteering with a local beach or park cleanup or signing up to walk and raise money for a local environmental charity makes for a fun and educational way to spend your Earth Day.

Get your hands dirty and plant. The National Forest Foundation notes that planting trees can have a profound and positive impact on the planet. According to the

NFF, planting more trees helps forests to sequester carbon, which can have a significant effect on climate change. The NFF estimates that 100 mature trees can remove 50 metric tons of carbon dioxide equivalent and 430 pounds of pollution from the atmosphere. Even if you can't work with a local forestry organization to plant more trees in a nearby forest, planting native trees on your own property can help combat climate change.

Involve children in your efforts to combat climate change. Today's adults likely won't be the ones forced to confront the more challenging consequences of climate change. Unfortunately, that cost is likely to be passed on to future generations. That makes this Earth Day a great time to involve kids more directly in efforts to combat climate change. Explain the significance of avoiding the car, volunteering or planting trees in terms that kids can understand, emphasizing that the future of the planet could very well be in their hands.

Earth Day takes on greater significance each year as the effects of climate change become more noticeable. This year the holiday can be celebrated in various ways that are both enjoyable and educational.



All Win-E-Mac Seniors and their families are invited to attend the annual Senior Academic and Scholarship Night, which is scheduled for Wednesday, May 9th. The evening which will include a desert bar will begin promptly at 6:30 pm and will be held in the Events Center. Scholarships as well as Valedictorian, Salutatorian, and Senior Arts and Athletic awards will be presented. Students who have been on the Honor Roll at least one quarter will also be recognized. While there is no charge for the dessert bar, we do need to have an accurate number of people who will be attending. Each senior is asked to sign up in their English class and indicate how many people will be attending with them. We need to have all seniors and family members who are attending signed up by Friday, May 5th. We are looking forward to recognizing the Seniors for their Academic, Athletic, and Fine Arts successes as well as awarding numerous scholarships.

A baby sitting clinic will

be offered for all students grades 6th through 8th. This class will include general child care information and child safety that is necessary for quality child care. Students will be American Red Cross certified baby sitters upon completion of this course. The class will be limited to the first 20 students to sign up. The cost of the class is \$10 and will be held on Wednesday, May 31st from 9:00 am to 12:30 pm at the Win-E-Mac Media Center.

Fitness Center is open, locker rooms closed. The Fitness Room locker rooms will be closed for all outside patrons until June 2023. The school will need to use these rooms for instructional purposes. The bathrooms located on the opposite side of the Fitness Room entrance will remain open.

Preschool/Early Childhood Screening is a free and simple check of your child's growth, development, and learning.

A trained professional will check the following:

- Vision and hearing
- Height and weight
- Immunizations (shots)
- Large and small muscles
- Thinking, language, and communication skills
- Social and emotional development

Preschool/Early Childhood Screening is open to all children, ages three years old and up, who have not been

screened. Children must be screened before entering preschool and kindergarten.

Polk County Public Health (Bjella Building) in McIntosh

Contact Heather Earls at Win-E-Mac to schedule an appointment for your child to be screened. hearsl@win-e-mac.k12.mn.us; Win-E-Mac: 218-563-2900.

All prom attendees must be signed-up and pay attendance fees ahead of time. Win-E-Mac seniors/juniors are invited to attend the prom. Attendees are expected to wear formal attire if possible. Sophomores and former graduates (under age 21) may attend as a guest of a WEM senior or junior. The cost to attend is \$20 each. Return forms (from Mrs. Winter's room) with payment directly to Mrs. Winter.

The Missoula Children's Theatre will be at WEM to work with our elementary actors and put on two performances (one for the school and one for the public) on Friday, April 28th.

Unlike other programs which use orchestra CDs, MCT features a live, local pianist. If you play the piano, this is a great opportunity to be paid for your talents!

The accompanist is needed for rehearsals after school on Wednesday and Thursday, April 26th and 27th, plus the two performances on Friday, April 28th (1:30 and 6:30).



Moms and boys were able to play some ball during the Patriot Pride Boosters Memory Night Boy/Mom Style event held at Win-E-Mac School last Saturday evening. Supper, crafts and games were all a part of the fun.



Henry Swanson making a craft with the help of his Grandma, Karen Plante.



Glow in the dark dodgeball was one of the fun events at the Patriot Pride Boosters event held on Saturday for boys and their moms or special gal in their lives.



Friends
of
McIntosh
Veterans

McIntosh, Minnesota

REQUEST FOR VETERAN TO BE ADDED TO MEMORIAL DAY HONOR ROLL

Request Submitted By: _____

Please complete all information you have available and drop off at the First National Bank in McIntosh or email to darlene1978@gmail.com or drjaanenson@gmail.com

Full Name: _____

Birth Date: _____ Residence at Birth: _____

Death Date: _____ Burial Location: _____

Residence at time of Military Draft or Enlistment: _____

Military Branch: _____ Military Rank: _____ MOS: _____

Dates of Service: _____ to _____

Bases/Locations Served: _____

_____ Honorably Discharged? Yes _____ No _____

Graduate of McIntosh, Mac-Winger or Win-E-Mac High School? Yes _____ No _____ Year: _____
(If they didn't graduate, if they had graduated, would it have been one of these schools?)

If not a lifelong resident, how many years did they live in McIntosh? _____

What cemetery are they buried in? _____

Other Notes: _____

The Friends of McIntosh Veterans is asking the community to submit names of any loved one who should be added to the Honor Roll for Memorial Day. Currently, the names of those being added this year are: Kalmer Stordahl, LeRoy Brua and Duane Brua. If someone has passed during the last year or was missing from the prior years' Honor Rolls, please complete the form above and submit it to either darlene1978@gmail.com or drjaanenson@gmail.com. Please include a photo of the veteran if possible, preferably one of them in uniform. There will be both an in-person and virtual program again this year; more information will follow in the coming weeks.