



McINTOSH

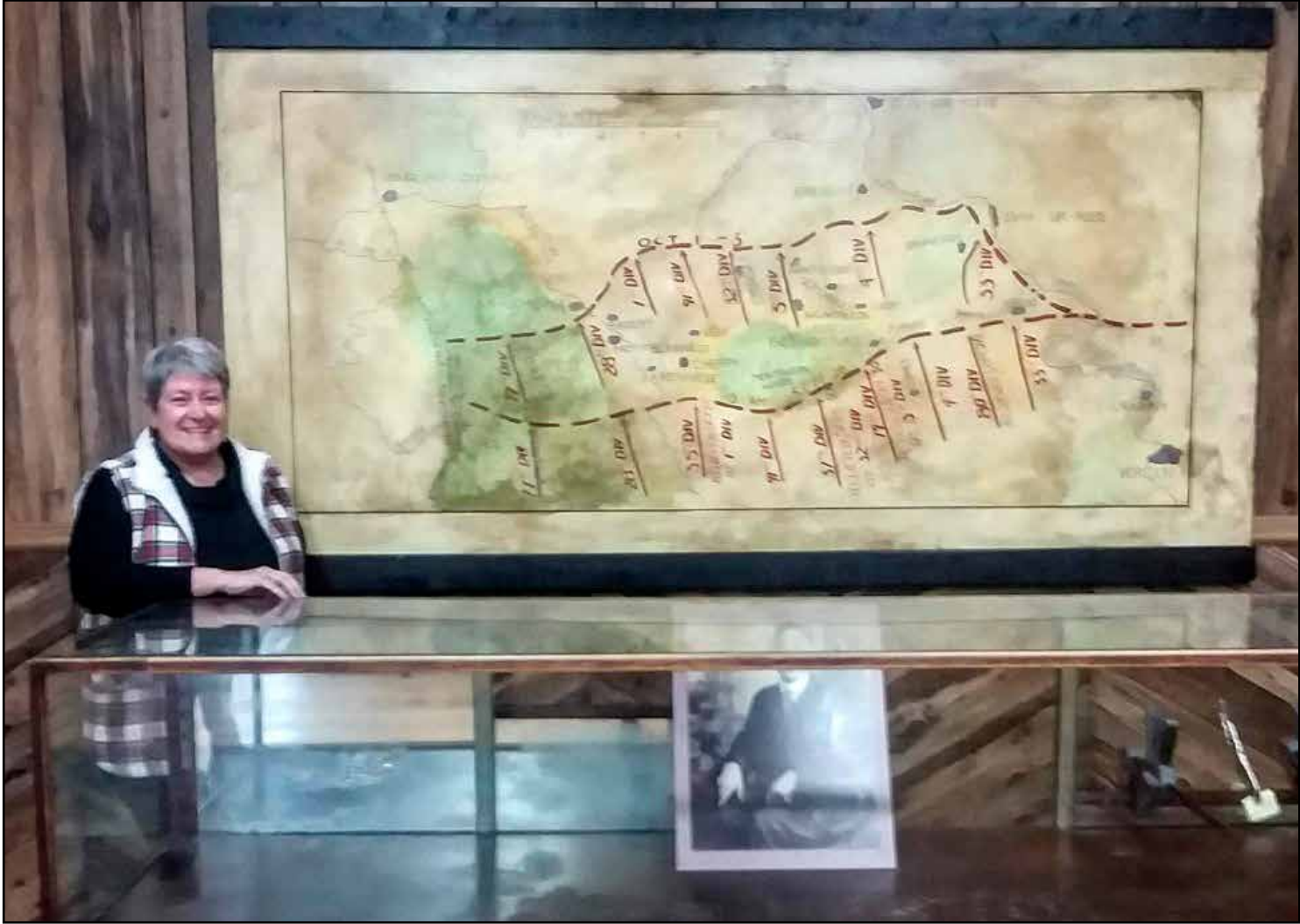
Since 1888

\$1.00

Times

Hub of the Thirteen Townships

McIntosh, Minnesota



Fosston artist, Ivy Bailie in front of the historic oil painting she completed as part of the Pvt. Nels T. Wold exhibit located in the Winger Community Center.

Local artist creates historic mural

Fosston artist, Ivy Bailie, recently completed a historic mural depicting the opening day of The Meuse Argonne Offensive on September 26, 1918. This 4' x 8' oil painting is significant to our area as it is where Winger native, Private Nels T. Wold, 138th Infantry, 35th Infantry Division, joined his fellow American infantrymen in battle against the German forces.

Private Wold found himself in the center of the battle. He went forward through the morning fog and when it began to lift found his unit in the very midst of German machinegun nests.

He acted, personally knocking out four nests, dying while attempting to destroy the fifth. He was posthumously awarded The Medal of Honor. The Meuse Argonne Offensive was the largest and costliest battle in American history. Ultimately, the allied success of this battle led to the Armistice being signed on 11th November 1918, the end of World War I.

Bailie was commissioned to paint two identical murals with funding from the Northwest Minnesota Arts Council.

The project was a collaboration between the East Polk Heritage Center, the City of Winger, and project coordinator Dean M. Henney of Winger.

A unique World Exhibition has been emplaced within the historic Winger Community Center, a WPA-era building located in downtown Winger, Minnesota.

A historic 8' wide glass display case is now situated atop a custom-built platform. The case will contain WWI mementos and photographs of Pvt. Wold. One of the paintings hangs above the display case. The other painting will be auctioned at a future date.

Historians consider The Meuse Argonne Offensive the opening chapter of The American Century. Positioning our local hero and national legend within its scope will prove a lasting and remarkable legacy, to Pvt. Wold, to the 100 Polk County men who perished in World War I, and to the sacrifice required to win the victory.

A dedication of the exhibit is planned for Spring 2023. Visitors are welcome to take in this significant tribute during hours the Winger Community Center is open.



Minnesota Department of Agriculture Commissioner Thom Petersen spoke to the members of the East Polk County Crop Improvement Association during their annual meeting on Monday, January 30th at the McIntosh Community Center.

MN Dept. of Ag. Commissioner speaks at annual meeting held in McIntosh

During the annual meeting of the East Polk County Crop Improvement Association that was held on Monday, January 30th at the McIntosh Community Center, members held their meeting and had a lunch before speaker Thom Petersen, Minnesota Department of Agriculture Commissioner spoke to the group.

Commissioner Petersen has a history in agriculture and currently owns a farm in rural Minnesota.

He spoke of agriculture's contributions to the Minnesota economy.

Statistics he brought to the group were about the 67,400 farms in Minnesota, which average 377 acres in size. Farming generates \$105.6 billion in sales for the state, divided into sectors:

- \$13.1 crop sector
- 8.91 livestock sector
- 9.2 in exports

Farming in Minnesota also supports more than 388,000 jobs.

In the United States, Minnesota ranks in the top 10 in more than 20 agricultural products, ranking number 1 in turkeys raised and sugar beets. Stating that the Avian influenza outbreak affected 110 bird sites with 4.2 million birds affected.

He proceeded in talking about the drought conditions that affected our area in 2021 and persisted into 2022.

The Agricultural Drought Relief Program provided that Livestock and specialty crop farmers in 83 of 87 were counties eligible and received nearly 3,000 applications with almost \$19 million in eligible expenses

Which is more than double the \$8.1 million provided by the Minnesota Legislature. The program provided checks to approximately 2,900 farmers.

The 2024 Governor's Budget proposal includes a Healthy Soil Grant Program This proposal builds on the new Soil Health Financial Assistance Program (SHFAP) that began as a pilot last year with a \$500,000 appropriation. It supports the state's Healthy Soil Management Plan through the voluntary implementation of soil health management practices by awarding funds to access specialized equipment and machinery.

Also included in the proposal is an AgBMP Revolving Loan Increase which seeks to increase lending capacity for the AgBMP Loan program to address its funding shortfall and support projects and practices that help our state's air and water quality.

He spoke of the Minnesota Department of Agriculture's fight against Palmer Amaranth which continues to affect many farmers in as many at 60 sites across the state.

He also spoke of FarmLink a service which helps connect retiring farmers with new farmers. This free online service was recently updated to be more user-friendly and offer additional options.

He also spoke of the Beginning Farmer Tax Credit. A tax credit to the agricultural asset owner. Earlier in the day, the group had met about those seeking recertification of their Private Pesticide Applicator License.

He neared the end of his presentation with information about dicamba and reported The MDA received more than 300 dicamba drift related complaints during the 2021 growing season, but there was a significant drop in 2022.

Get outside in Polk County to stay active and healthy this winter

Save your Sunday early afternoons in February.

Fitness Fever is back for the month of February, featuring some great outdoor activity locations across Polk County again this year. Polk County Public Health, the Polk County Wellness Coalition, and community partners and volunteers are excited to highlight this year's outdoor family activities and the variety of active living choices we have available right here in our area. Winter is an important time to get outdoors and find ways to connect with nature and upcoming February Fitness Fever activities can provide you with positive experiences, resources and tools that make it easier for you to get out, have fun, move your body, and remain active and connected to nature this winter. Outdoor family activities will be offered every Sunday in February across Polk County and are free for the entire region.

The month's events kick off on Sunday, February 5th at the Sandhills in Fertile for the Agassiz Environmental Learning Center's Winter Fest! Come out for a variety of free activities at the AELC, located nearby the Fertile Golf Course. From 1pm to 5pm, you can enjoy cross-country skiing, snowshoeing, schmoosh races, snow games, activity stations, sleigh rides, prizes and refreshments! AELC is located at 400 Sum-



mit Ave SW in Fertile; follow signs on the day. Contact Stacy Erickson or Lisa Liden at (218) 945-3136 or cityoffer-tile@gmail.com with questions. This experience is sure to result in many future trips to this wonderful regional amenity throughout every season!

Join us on Sunday, February 12th for Sledding in Crookston's Central Park! Meet us at the Pool Parking Lot or the top of Central Park in Crookston to do some sledding and enjoy the great outdoors! Bring your family and your sleds for an afternoon of outdoor activities and bonfire from 1 to 3pm.

Sunday, February 19th will be a free Ice Skating day at rinks around Polk County including the Crookston Sports Center, the outdoor Fosston Skating Rink, and East Grand

Forks. We are excited to partner with the City of Crookston to offer free skating from 1 to 3pm at the Crookston Sports Center. Ice skates in various sizes will be available for use for youth and adults. The City of Fosston Outdoor Ice Rink located at the Softball Complex on the Northeast end of town will have free ice skates available during their open skating time from 12:00pm to 8:30pm. Bring your family and skates to the East Grand Forks Civic Center for free ice skating from 3:00 – 4:30pm provided by East Grand Forks Parks and Recreation.

The final Sunday of the month on February 26th, we are excited to be partnering with the Crookston Pickleball Club to offer a day of Pickleball at the University of Minnesota Crookston Wellness Center. Pickleball Club members will provide everything you need to learn about this fun family activity that you can enjoy all year-round!

Children and adults of all ages and skill levels are welcome and encouraged to attend these free fitness events. Connecting to the outdoors and remaining active improves physical health, mental well-being, and social connectedness. Also a reminder that it is recommended to dress in layers for outdoor all activities!

There are many safe, easy, and free to low-cost healthy family activities that you can try outdoors here in Polk County. Take time this winter to experience the fun and activity winter can provide! The Polk County Wellness Coalition want to thank their many volunteers and partners who are our true champions of wellness and collaborate with us to put healthy choices within reach. We are fortunate to have such a variety of opportunities that promote the health and wellness of our communities. We look forward to seeing you as we enjoy them together during February Fitness Fever and many times after!

For more information and resources on where and how to stay active in your community, contact me Amanda Lien at 218-281-3385.



The Career and Technical Education programs at Win-E-Mac recently were able to purchase items though a grant made available via the Carl Perkins Fund. Items included: 2-Brother Scan and Cuts, two computers, a vinyl press with a multitude of attachments, a screen printer, screens, a washout booth, dryers, along with other pieces of equipment. In a collaborative process, students from Mrs. Anderson's, Mr. Johnson's, and Mr. Morgenroth's classes have designed workspaces, assembled equipment, created designs, and manufactured products during their respective time frames. We are excited with the ownership the students have taken in learning and implementing these processes in making products. In the future, we hope to build up an inventory of products that can be purchased at a school store or to be sold online through our website. Pictured with her project is Laila Roragen.

Why 'Presidents' Day' actually goes by another official name

An official list of federal holidays in the United States won't feature "Presidents' Day" among the observed holidays. Some may say that's preposterous, as they're certain that post offices and other federal entities are closed on such a day each February.

While the third Monday of February is commonly referred to as "Presidents' Day" throughout the United States, the day is legally referred to as "Washington's Birthday."

According to the U.S. Office of Personnel Management, this holiday is designated as "Washington's Birthday" in section 6103(a) of title 5 of the United States Code, which is the law that specifies holidays for federal employees. Though other institutions, such as state and local governments and private businesses may use other names, it is OPM policy to always refer to holidays by the names designated in the law.

History of Washington's Birthday
The idea to give presidents a little extra fanfare originally was established in 1885 in recognition of George Washington. After his death in



1799, Washington's birthday on February 22 became a day of remembrance, according to History.com. Its observance as an official holiday was signed into law in 1879 by President Rutherford B. Hayes. Originally, the holiday only applied to the District of Columbia, but in 1885 it was expanded to the entire country.

Abraham Lincoln, another revered American president whose birthday was February 12, also was largely celebrated during the month of February as a state holiday, particularly in his home state of Illinois. In the 1960s, when Congress proposed a measure known as the Uniform Monday Holiday Act that designated Monday as the day to celebrate various federal holidays, the proposal also included a provision to combine the celebration of Washing-

ton's and Lincoln's birthdays to provide more equal recognition of these two influential leaders. The name Presidents' Day was proposed at that time. However, when the bill moving the celebration of Washington's birthday to the third Monday in February went into effect in 1971, Congress rejected the name change, so it remained Washington's Birthday. That name stands to this day.

Why Presidents' Day?
Even though federal calendars will list February 15 this year as Washington's Birthday, it will largely be referred to as Presidents' Day.

This unofficial moniker developed in the 1970s due largely in part to retailer's use of that name to promote sales and the proximity of the holiday to both the birthdays of Washington and Lincoln. Indeed, a Washington's Birthday furniture sale doesn't have the same ring to it as a Presidents' Day sale.

No matter what the holiday is called, Presidents' Day offers citizens a chance to learn more about the history behind Washington and Lincoln - two pivotal statesmen in American history.

Sweet cookies for your sweetheart

Valentine's Day presents an opportunity to shower loved ones with special gifts, including treats. Dessert is a significant component of Valentine's Day, as chocolates and cakes are given and consumed in abundance.

French macarons are a great sweet for amateur bakers to add to their Valentine's Day repertoire.

Making macarons often is a labor of love, so offering a sweetheart a plate of these chewy, meringue-based cookies really shows you care. Vary the filling of choice depending on your beloved's favorite flavors.

Enjoy this recipe for "French Macarons," which utilizes the Swiss meringue method, courtesy of Karli Bitner and her "Cooking with Karli" blog. Weighing the ingredients produces more reliable results.

French Macarons
Make 20 macarons
100 grams powdered sugar
100 grams superfine almond flour

100 grams egg whites
100 grams granulated sugar
Food coloring, if desired
Vanilla buttercream filling
4 tablespoons butter, at room temperature
1 1/2 cups powdered sugar
1 teaspoon vanilla extract
Up to 2 tablespoons heavy cream

Food coloring, if desired
1. Measure out all ingredients.

2. Sift together the powdered sugar and almond flour. Set aside.

3. Add 1 cup of water to your sauce pan or to the liner of your Instant Pot.

4. Heat the water over medium heat until steaming.

5. While the water is heating, add the egg and 3 tablespoons of the measured out sugar to the bowl you'll be using for the double boiler.



6. Once the water is steaming, place the bowl over the steaming water and whisk until the egg whites are foamy and white. When they are foamy and white, remove the bowl from the pan or Instant Pot and set on a hot pad on the counter. Turn off the burner or Instant Pot.

7. Add the remaining sugar to the egg whites and mix using an electric hand mixture until the egg whites are white, glossy and can form stiff peaks.

8. Add the food coloring now if you'd like to color your macarons. Mix until combined.

9. Add the powdered sugar and almond flour to the bowl and mix with your mixer for 8 seconds. After the 8 seconds is up, use a silicone spatula to stir and smear the batter from the outside of the bowl towards the center. Turn the bowl as you do this to make sure all of the batter gets stirred equally.

10. Do this until your batter thins and is able to drizzle a ribbon of batter for a few seconds without it breaking.

11. Transfer the batter to a piping bag equipped with a round piping tip.

12. Pipe equal circles onto a silicone or parchment-lined

cookie sheet. Make sure that your piping bag is straight up and down. Apply equal pressure and release pulling straight back up. Repeat with the remaining batter.

13. Bang the pan gently but firmly onto the counter a few times to remove any air bubbles.

14. Preheat oven to 300 F.

15. Allow the macarons to dry out as the oven preheats, for about 20 to 30 minutes. Your macarons should be dry to the touch before going into the oven.

16. Bake for 11 to 13 minutes at 300 F. The macarons should not turn brown.

17. Allow the macarons to cool completely on the pan.

18. When the macarons are completely cool, make your filling.

19. Make your filling by combining all ingredients using either a stand mixer or your electric hand mixer. Slowly add in the heavy cream (you can substitute milk if you'd like) because you want a thick buttercream so it doesn't squirt out while eating the macaron.

20. Once the buttercream is mixed together and your desired consistency, gently pipe some frosting onto the bottom side of one cookie and then sandwich the frosting with the bottom side of a second cookie to create your macaron.

21. Repeat with remaining cookies.



Happy Birthday Melford!

You are 87 years old on Feb. 10th. Still young at heart and making us laugh! Love you lots! -From Your Family

Accounts vary on Valentine's Day origins

Valentine's Day is a bright light in the middle of the winter. Come February 14, sweethearts celebrate their love and affection for one another on this day devoted to happy couples.

The origin of Valentine's Day has generated much speculation over the years. Most early accounts do not point to heart-shaped boxes filled with chocolates. Rather, a few distinctive tales may paint the picture of early Valentine's Day, and they have nothing to do with stuffed animals or romantic dinners.

Roman festival

One of the earliest records of the term Valentine's Day is traced to the Roman festival of Lupercalia, which was a fertility festival. This annual event held on February 15 included animal sacrifices and priests called the Luperci who would take pieces of animal hide and touch it to the foreheads of women in the hopes it would make them more fertile. Fortunately for the squeamish (and the sacrificial animals), Pope Gelasius I ended Lupercalia and replaced it with St. Valentine's Day by the end of the fifth century.

Two or three St. Valentines?

Most people attribute the origins of Valentine's Day to the holiday's namesake, St. Valentine. But it seems that Valentine was the surname of a few different individuals. According to History.com, the Catholic Church recognizes at least three different saints named Valentine or Valentinus. One Valentine was a priest during the reign of Emperor Claudius II, who decided that single men made better soldiers than those with families or wives. Claudius outlawed marriage for young men. Valentine disagreed with the decree and would perform marriages in secret. Others believe it was St. Valentine of Terni, a bishop beheaded by Claudius II outside of Rome, who was the true namesake.

Yet another Valentine may have been jailed and fell in love with a jailer's daughter while in prison. He purportedly wrote to her, beginning the first Valentine card or letter tradition. Other stories say the imprisoned Valentine actually was writing to a blind woman he purportedly healed, and signed the note "from your Valentine."

NOTICE SLETTEN TOWNSHIP

Sletten Township will hold its election on March 14 from 5:00 p.m. to 8:00 p.m. at the town hall. We are voting for

- One supervisor (three year term) and
- One treasurer (two year term)

The annual meeting will be held after the election.
Terri Kaupang, Township Clerk

M47-48C

LSS
Meals Menu
687-2262

Call to reserve your meal. Indoor dining at 11:30 am; drive-up available at 11:00 am.

Mon. Feb. 13: Sausage Egg Bake - Oven Baked Potatoes - Carrots - Applesauce - Cinnamon Coffee Cake - Milk

Tues. Feb. 14: *Bingo* Meatloaf - Baked Potato - Peas - Diced Pears - Wheat Rolls - Chocolate Cake - Milk

Wed. Feb. 15: Spaghetti w/ Meat Sauce - Green Beans - Pineapple Tidbits - Breadstick - Oatmeal Raisin Cookies - Milk

Thur. Feb. 16: *Bingo* *A.S. Bank Day* Program 11:00 am; Shannon Netland: Home Health & Hospice - Turkey - Mashed Potatoes & Gravy - Broccoli Normandy - Wheat Bread - Gingerbread w/ Whipped Topping - Milk

Fri. Feb. 17: Ham - Scalloped Potatoes - Peas & Carrots - Wheat Rolls - Chocolate Pudding - Milk



Wed. Feb. 8: Renee Brekke

Thurs. Feb. 9: Erich Gensburger

Fri. Feb. 10: Melford Grundy-son, Nicole Grande, Ashleigh Bartz

Sat. Feb. 11: Julie Sultvedt, Clay Syverson, Garrett Nornes, *Mark & Brook Simonson

Sun. Feb. 12: Jan Langemo

Mon. Feb. 13: Clellie Kiecker

Tues. Feb. 14: *Craig & Rosann Burslie

Family Valentine's Day event
On Sunday, February 12th from 1:00 pm - 3:00 pm all families are invited to come to Our Savior's Lutheran Church in McIntosh for an afternoon of family fun, decorating Valentine's cookies (to eat and to donate to the nursing home and assisted living residents), decorating Valentine's Day cars (to share with residents and home-bound members), and sharing in church family fellowship.

The event is free and everyone is welcome.

This is a New Journey Lutheran Parish event.



ST. MARY'S CHURCH Fosston
Fr. John Suvakeen, Pastor

Wed. Feb. 8: Noon - 8:00pm Adoration

Sun. Feb. 12: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed. Feb. 15: Noon - 8:00pm Adoration

Sun. Feb. 12: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed. Feb. 19: Noon to 8:00 pm Adoration; 11:30am Mass

OURS SAVIOR'S LUTHERAN CHURCH (ELCA) McIntosh
Interim Pastor Keith Zeh
Synodical Authorized Minister Katie DeMarais

Sun. Feb. 12: 10:00am Coffee Hour; 10:30am Worship Services

Sun. Feb. 19: 10:00am Coffee Hour; 10:30am Worship Services

Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

MCINTOSH AFLC McIntosh Trinity / Mount Carmel:
Interim Pastors John Anderson and Phil Rokke

Sunday Services
11:00am Mt Carmel
9:30am Trinity
Sunday School
10:45am Trinity
9:45am Mt. Carmel

GOSEN LUTHERAN CHURCH Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Sun, Feb. 12: 9:30am. Sunday School and Adult Bible Study; 11:00am Worship Service (also on Facebook and gosenchurch.com)

Tues, Feb. 14: 10:00am. Sunday worship service telecast on GVTV--30

Wed, Feb. 15: 6:30pm Bible Study at Sharon Ramberg's home

Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

VERNES LUTHERAN CHURCH (LCMC) McIntosh
PastorLee Laaveg

Sun. Feb. 12: 9:00am Worship

Sun.Feb.19: 9:00am Worship

IMMANUEL LUTHERAN CHURCH McIntosh
Pastor Bruce Blocker,

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

CALVARY LUTHERAN CHURCH Winger

Sundays: 9:45am Sunday School; 10:00am Coffee Fellowship; 10:30am Worship

GRACE LUTHERAN CHURCH-NALC Erskine
Rev. Pam Thorson

Sundays: 10:30am Worship

Please contact the McIntosh Times if you move or have a change in your address so we can keep the paper coming to your home on time.

Launch Minnesota announces a new initiative for startups and small businesses

Launch Minnesota is partnering with coworking spaces and economic development agencies statewide on a new initiative to foster connections with local experts for startups and small businesses at all stages.

Launch Minnesota, a Minnesota Department of Employment and Economic Development (DEED) led initiative dedicated to growing Minnesota's startup ecosystem, is partnering with coworking spaces and economic development agencies to welcome businesses across the state to make connections and get answers.

This new opportunity will bring together startups, small businesses and community experts.

"We are proud to have representation in every region of the state," said Launch Minnesota Executive Director Neela Mollgaard.

"These events will increase access to Minnesota's many educational, non-profit, government and other innovation resources and make it easier for entrepreneurs and business owners to connect to talent across Minnesota to help their business start and scale."

On the second Wednesday of each month, spaces across the state will spotlight the range of business resources available in their communities. There will be experts in each location, including business coaches, Launch Minnesota regional leaders, support organi-

zations, and consultants from Small Business Development Centers. All sessions are free, with no registration required.

Launch Minnesota partners will participate in the inaugural sessions on Wednesday, February 8.

In addition to the in-person gatherings, these events will also be offered virtually on the Minnesota Exchange.

After the inaugural event on February 8, these gatherings will be offered on the second Wednesday of each month.

Here are spaces partnering in this effort on February 8:

Northwest - LaunchPad
Where: 102 1st St W, Bemidji, MN 56601
When: 8:00 a.m. - 9:00 a.m. or by appointment

BUSINESS & PROFESSIONAL GUIDE

This space for rent at \$127.40 for 6 months.

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Red hailstone has a bright yellow flower in late summer.

MN Dept. of Agriculture
noxious weed list updates

Prohibited Eradicate	Prohibited Control	Restricted	Specially Regulated
All parts of the plants must be destroyed.	Efforts <u>must</u> be made to stop the plant from spreading.	Landowners are encouraged to manage the plant's spread.	Plants have special management plans to minimize harm.

Noxious weeds are classified into one of four categories

Plants are placed on the Noxious Weed List because they may be harmful.

By: *Emilie Justen, Minnesota Department of Agriculture*

The Minnesota Department of Agriculture (MDA) added nine new weeds to the state's Noxious Weed List on January 1, 2023. The Noxious Weed List places weeds into four categories: Prohibited Eradicate, Prohibited Control, Restricted, and Specially Regulated. These categories define how the plants must be managed. Four weeds on the list also changed categories.

As the lead agency for noxious weed regulation, the MDA, with recommendations from the Noxious Weed Advisory Committee, updates the state's Noxious Weed List every three years. Plants are placed on the Noxious Weed List because they may be harmful to public health, the environment, public roads, crops, livestock, or other property. There are restrictions on the weed's sale, transport, growth, or spread.

The nine new species added to the list are:

- Johnsongrass (Sorghum halepense) as Prohibited Eradicate
- Pale swallow-wort (Cynanchum rossicum) as Prohibited Eradicate
- Red hailstone/ golden-creeper (Thladiantha dubia) as Prohibited Eradicate
- Amur silvergrass (Miscanthus sacchariflorus) as Restricted
- Lesser celandine (Ficaria verna) as Restricted
- Saltcedar (Tamarix ramosissima) as Restricted
- Amur corktree (Phellodendron amurense) as Specially Regulated

Only sales of named male cultivars are permitted. Sales of all other Phellodendron amurense are prohibited. All existing planted and escaped fruit producing trees must be controlled, by tree removal or other means, such that no seed is disseminated.

- Callery pear (Pyrus calleryana) as Specially Regulated
- Three-year production phase-out period, after which sale of this species will be prohibited and the species will be designated as Restricted in 2026.
- Tatarian maple (Acer tataricum) as Specially Regulated

Sellers shall affix a label that advises "Tatarian maple should only be planted in areas where the seedlings will be controlled or eradicated by mowing or other means. Tatarian maple seed is wind dispersed so trees should not be planted closer than 100 yards from natural areas."

The four species that changed category are:

- Meadow knapweed (Centaurea x moncktonii) from Prohibited Eradicate to Prohibited Control
- Poison hemlock (Conium maculatum) from Prohibited Eradicate to Prohibited Control
- Round leaf bittersweet (formerly oriental bittersweet) (Celastrus orbiculatus) from Prohibited Eradicate to Pro-

hibited Control

- Winged burning bush (Eonymus alatus) from Specially Regulated to Restricted
- Prohibited Eradicate species are considered a serious threat and are the state's highest priority noxious weeds. These species must have all above and below ground parts of the plant destroyed.
- Prohibited Control weeds are found in higher populations than those on the Eradicate species list, and they must be stopped before the weeds mature and spread through seeds, cuttings, and other plant parts.
- Restricted noxious weeds are widely found throughout

Grants to support MN
grown specialty crops

Specialty Crop Block Grant applications due by March 13th.

The Minnesota Department of Agriculture (MDA) has announced that applications are now open for the 2023 Specialty Crop Block Grant Program (SCBGP).

- The SCBGP funds projects that will increase the competitiveness of Minnesota grown specialty crops in domestic and foreign markets by:
- Leveraging efforts to market and promote specialty crops;
- Assisting producers with research and development relevant to specialty crops;
- Expanding availability and access to specialty crops; or,
- Addressing local and regional challenges confronting specialty crop producers.

The MDA encourages non-profit organizations, producer organizations, government

Application open for MDA
value-added grant program

Online applications due by March 15th.

The Minnesota Department of Agriculture (MDA) is now accepting applications for the 2023 Agricultural Growth, Research, and Innovation (AGRI) Value-Added Grant Program.

The program provides funding to help processors add value to Minnesota agricultural products by investing in production capacity, market diversification, and market access for value-added products.

Applicants must: **Be an individual (including farmers),** business, agricultural cooperative, nonprofit, educational institution, or local unit of government (including tribal governments) engaged in the processing of Minnesota agricultural products.

Currently reside in Minnesota or be authorized to conduct business in Minnesota.

The MDA anticipates awarding approximately \$1 million in this round of funding using a competitive review process.

The maximum equipment award is \$150,000, and the minimum award is \$1,000. Grantees are responsible for at least 75% of the total project cost as a cash match.

Minnesota. Landowners with Restricted weeds on their property are encouraged to manage these species but cannot be forced to do so under the Noxious Weed Law.

Specially Regulated plants are native or have the potential to cause harm in non-managed landscapes.

These weeds have specific management plans developed by the MDA, and measures must be taken to minimize their potential harm.

To view the updated Noxious Weed List and to learn more about the category definitions, go to www.mda.state.mn.us/noxiousweedlist.

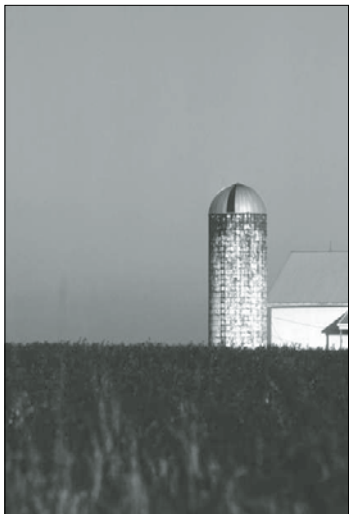
agencies, universities, tribal organizations, and other agricultural groups to apply for the grant.

For-profit entities, farms, and other businesses who want to develop sector-wide research and development projects are also eligible.

Applications for the 2023 grants will be accepted through March 13, 2023. Applicants may request between \$20,000 and \$125,000, and the MDA anticipates awarding roughly \$1.25 million in total for this round.

Recipients of the 2022 grants will be announced at a forthcoming date.

To access the grant application and more information, including a list of eligibility requirements, visit the Specialty Crop Block Grant Program webpage. Questions may be directed to Ian Kushner at Ian.Kushner@state.mn.us or 651-201-6652.



The Value-Added Grant application must be received by 4 p.m. on Wednesday, March 15, 2023, through the MDA's online application system. Decisions are expected in early May.

If a grant application submitted during the Fiscal Year 2023 AGRI Meat, Poultry, Egg, and Milk Processing Grant round was not selected, it will automatically be considered for this AGRI Value-Added Grant round.

For more information, visit the AGRI Value-Added Grant Program website.

Use the winter to prepare
for spring turkey hunting

Imagine sitting in the woods on a spring morning with wildflowers in bloom, trees budding bright green and birds overhead migrating back to Minnesota.

Then a turkey gobbles in the distance, responding to a turkey call.

Minnesota's transformation from the deep snow and sub-zero temperatures of winter to leafy green spring scenes will be here before you know it. If you're hoping to hunt wild turkeys this spring, the cold winter months are actually a great time to prepare for the upcoming season. Here are a few starter tips.

- **Practice shooting.** By practicing at a shooting range with the gun and ammo you'll be using, you can figure out how close the turkey needs to be before you shoot. The specific gun and ammo combination will dictate the distance at which enough shotgun pellets are clustered in the head and neck area of a turkey to effectively harvest the bird.
- **Scout for turkeys.** Take a walk in the woods or a drive through the countryside to see where to hunt in the spring. Turkey tracks are easier to see in the snow. If you see turkeys in a field, you can use that as a starting place to locate public land or seek permission from landowners to hunt private land.
- **Get gear ahead of time.** Consider investing in a quality pair of cold-weather boots



and something to sit on to stay warm and dry. Go for camouflage or Earth-toned clothing and avoid colors that turkeys and other hunters identify with turkeys, such as red, white and blue. When considering turkey calls, beginners would do well with box calls or push-button calls, which are simple to use.

Spring turkey hunting begins in Minnesota on Wednesday, April 12.

For more turkey hunting tips, check out the DNR learn to hunt turkey page.

Apply for turkey permits in various WMAs Turkey hunters have through Friday, Feb. 17, to apply for turkey hunting permits for the A-C spring hunting seasons in Mille Lacs and Carlos Avery wildlife management

areas and the A-B seasons in Whitewater Wildlife Management Area.

In addition to a turkey license, a permit is required for hunters 18 and older hoping to bag a tom turkey with a firearm in one of these WMAs during early seasons.

Turkey firearm permits for these WMAs are distributed via a lottery system. In a change this year, there is no permit required to hunt Whitewater WMA during the C season.

Turkey licenses will go on sale March 1 for several hunting seasons from mid-April to the end of May.

Turkey hunting season dates and details for 2023 are available on the DNR turkey hunting page.

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Win-E-Mac announces 2nd quarter honor roll

The following Win-E-Mac Junior and Senior high school students have attained either an "A" or "B" average in academic subjects for the second quarter of the 2022 - 2023 school year. Congratulations.

To be eligible for the "A" Honor Roll, you need to have attained a 3.76 - 4.00 GPA (grade point average). To be eligible for the "B" Honor Roll, you need to have attained a 3.00 - 3.75 GPA.

Seniors:
"A":
Kallie Hand
Zachary Luckow
Nadelly Neubert
Izabelle Ostenaar
Laila Roragen
"B":
Jacob Audette
Bret DuChamp
Flaco Espinoza
Kylie Geray
Alecia Hancock - Fitzgerald
Jamison Nichols
Thomas Revier
Jonas Spry
Juniors:
"A":
Justin Courneya
Ava Howard
Emily Strom
Luella Strom
Kyra Stuhau
Jaime Stuhr
Kianna Tadm
Hana Thompson
"B":
Wyatt Davis
Caleb Green
Ryan Kangas
Preston Lecy
Isabelle Morinville
Emily Olson

Clare Stuhau
Sydney Svalen
Sophomores
"A":
Emelia Boianoff
Ariana Dickinson
Kaylee Dickinson
Sava Erofeeff
Shelby Long
Colten Mandt
Evelyn Ryan
"B":
Clay Below
Josie Fortman
Brooklyn Gunderson
Braylon Hamre
Calvin Hill
Bergen Howard
Julian Janisch
Livaeh Kiecker
Kassidi Quale
Brayden Sander
Abigail Sauer
Danielle Winter
9th Grade:
"A":
Paige Breitbach
Jordyn Halstad
Josie Johnson
Lauren Kaupang
Joy Neubert
Karlie Schow
"B":
Clare Juve
Riley Kochmann
Klaudia Kutsev
Courtney Lecy
Adrian Ryan
Hudson Smeby
Cameron Svalen
Hunter Westcott
8th Grade:
"A":
Joe Courneya
Chloe Howard
Carter Fortman
Austin Johnson

Hayden Johnson
Nathaniel Spry
Jareth Walk
"B":
Dominic Carlson
David Cymbaluk
Jaxon Dean
Lucas Eggl
Rodney Erofeeff
Adrianna Fitzgerald
Carter Fortman
Caralina Janisch
Clara Kolden
Thomas Kramer
Austin Langseth
Theodore Moritz
Kalli Roy
Kolten Schow
Lillian Shimpa
Madison Thompson
David Zarkoff
7th Grade:
"A":
Charles Carlson
Adylaide Hickman
Stephen Kutsev
Ella Langemo
Kale Smeby
Owen Strom
"B":
Andrew Austin
Haylee Beckett
Abraham Cheremnov
Jayden Close
Garrett Davis
Axel Fuglseth
Lukas Gensburger
Cooper Gieseke
Malaina Jax
George Juve
Eleanor Kaiser
Rylin Rischmiller
Nickolas Schow
Krista Shimpa
Peyton Solie
Ella Subbert

Early Childhood/Preschool Screening is Tuesday, March 28th

Preschool/Early Childhood Screening is a free and simple check of your child's growth, development, and learning.

A trained professional will check the following:

- Vision and hearing
- Height and weight
- Immunizations (shots)
- Large and small muscles
- Thinking, language, and communication skills
- Social and emotional development

Preschool/Early Child-

hood Screening is open to all children, ages three years old and up, who have not been screened. Children must be screened before entering preschool and kindergarten.

Polk County Public Health (Bjella Building) in McIntosh Contact Heather Earls at Win-E-Mac to schedule an appointment for your child to be screened. hearls@win-e-mac.k12.mn.us; Win-E-Mac: 218-563-2900

Popular candies share sweet words of love

There are many ways to say, "I love you." For Valentine's Day celebrants, various sentiments may be expressed with candy - particularly candy hearts.

Candy hearts, also called Conversation Hearts® and Sweethearts® (similarly Love Hearts in the UK), are sweet, chalky confections that have been around for more than 100 years. The conversation about candy hearts began back in 1847 when Oliver Chase, a Boston pharmacist, wanted to get in on the apothecary lozenge craze that was popular at the time. Lozenges were common remedies for sore throats and bad breath, and were growing in popularity as a convenient medical treatment. Chase invented a machine that could roll out lozenge dough and press it into perfect discs, a time-saving improvement on the manual process used until then. Chase eventually abandoned making lozenges and the pharmacy business, ultimately realizing his machine could be used to make candies. He formed the New England Confectionery Company and began producing what would eventually be known as NECCO wafers.

Wanting to get in on his brother's candy empire, Daniel Chase saw an opportunity to build on the growing popularity of Valentine's cards by

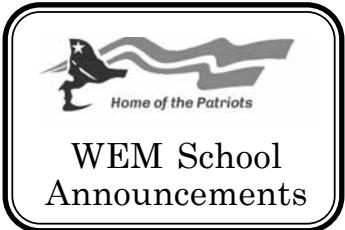
printing words on candy with vegetable dye during the cutting process. In 1866, conversation candies began as round confections and were much bigger than today's heart varieties. It wouldn't be until 1902 that conversation candy hearts became available.

Through the years, the candies became smaller and the sentiments expressed on the hearts have been updated to stay current with the times. Phrases like "LOL," "BFF" and "Text me" have replaced some less modern sentiments.

At the height of the candies' popularity, NECCO estimated that it made nearly 100,000 pounds of the hearts each day throughout the year in preparation for Valentine's Day.

In 2019, NECCO filed for bankruptcy and did not produce the iconic candy hearts while it was being purchased by an investment company called Round Hill Investments, LLC. Round Hill decided to sell NECCO to another candy company. Fortune magazine reported Spangler Candy Co., which took over rights to NECCO's iconic brands, would manufacture candy hearts in 2020. Similar conversation hearts also are available through Brach's candy company.

Candy hearts have long been a way to share sweet words of affection and a sugary treat with the ones you love.



Snowfest will be February 6th - 10th. Friday the cheerleaders will be having a pepfest at 2:10pm. There will also be a semi formal dance on Friday night after the girls' basketball game.

Dress up days for Snowfest:

- Monday: Pajama Day
- Tuesday: Minnesota Day (Sports teams, colleges, or just Minnesota Themed)
- Wednesday: Say No to Snow (Beach Day)
- Thursday: Elementary-

Dress like you are a 100- High School- Spotlight day (Red if you are in a relationship, Yellow if it is complicated, Green if you are single)

- Friday: Spirit Day

High school quarter 2 report cards are now available on ParentVue.

Prom Sign-up
Prom - Saturday, May 6th, 2023

Complete sign-up by February 25, 2023

All prom attendees must be signed-up and pay attendance fees ahead of time. Win-E-Mac seniors/juniors are invited to attend the prom. Attendees are expected to wear formal attire if possible. Sophomores and former graduates (under age 21) may attend as a guest of a WEM senior or junior. The cost to attend is \$20 each. Return forms (from Mrs. Winter #39 room) with payment directly to Mrs. Winter.

Open gym will be cancelled on Sunday February 26th due to an event held at the school.



Reminder: School will dismiss at 12:30 on Wednesday February 15th. Buses will run shortly after dismissal.

Reminder: School will be dismissed on Thursday, February 23rd at 12:45 pm due to Parent - Teacher Conferences. Buses will run shortly after dismissal.

‘Every student should have the ability to go to college’



M State student John Runningen, who has been a leader at the Fergus Falls campus for the past few years, was recently elected President of LeadMN, a statewide political advocacy group that represents Minnesota's two-year college students. He's been advocating at the State Capitol to ensure student voices are heard during the legislative process.

M State student John Runningen is influential advocate as new LeadMN President

M State student John Runningen, of Fergus Falls, was elected President of LeadMN in December and has since been busily meeting with Minnesota lawmakers to advocate for college students and ensure their voices are heard during the legislative process.

LeadMN is an influential political advocacy organization that represents 100,000 two-year college students from across Minnesota.

As President, Runningen is the boots-on-the-ground spokesperson of the organization. In his first two months, he has already: Drafted a letter to legislators in support of a \$1 billion increase in higher education funding; traveled to the State Capitol to attend Governor Walz's signing of a student debt relief bill; shared testimony with the House Elections Committee on a bill pertaining to teens and voter pre-registration; and testified in front of the Senate Higher Education Committee about the need for policymakers to listen to students during the biennial budget process.

He'll continue to advocate at the state level through February, and in March will travel to Washington, D.C. to advocate at the national level.

"My main goals are to make sure college is affordable and equitable for anyone pursuing higher education in our state," Runningen said. "Every student should have the ability to go to college."

He added that, "As President, I help uplift student voices. My job is to find the right voices, and the right stories, to make sure our voice is shared at the legislative level. I find those voices by sharing my own story and then encouraging other students to share theirs."

A first-generation college student with limited financial

resources, Runningen said there have been times he's had to choose between buying textbooks or paying his bills.

"I want to make sure other students don't have to face that same struggle," he said. "I know a lot of students have an even harder path than I did, so I'm raising these issues, with LeadMN and at M State, to create change."

Runningen is a 2019 graduate of Fergus Falls High School and is in his final year at M State, studying history and political science. He is President of the M State-Fergus Falls Student Government Association (SGA) and is an active member of the college's Hunger Free Council, which worked to establish campus food pantries and led M State to its designation in 2020 as a Hunger Free Campus.

"John is a responsible, thoughtful, and involved student leader, so I'm not surprised he was elected President of LeadMN," said Lauren Proels, advisor to the M State-Fergus Falls SGA and the campus's Assistant Director of Campus Life and Housing. "Through his leadership, the SGA is able to generate innovative strategies for recruiting new student senators, provide feedback on campus issues, and help reinvigorate student events."

Runningen's involvement with LeadMN began in 2020 and he was quickly elevated up the ranks of organizational leadership, serving as both a Platform Committee Student-At-Large and Presidents' Group Chair prior to his role as President today.

LeadMN was founded over 50 years ago by a small group of community college students. The organization's mission is to break down systemic barriers to success by empowering students to become strong and engaged leaders.

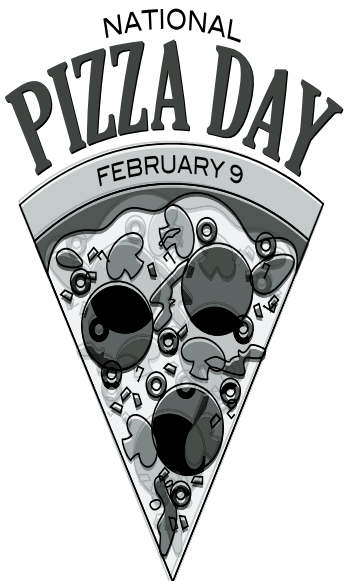
"The motto is, 'College students connecting for change,'"

Runningen said of LeadMN. "It's such an influential organization."

Runningen's term as President will end in July. His future plans include transferring to a Minnesota State four-year university to obtain a bachelor's degree in teaching. He hopes to one day become a high school social studies teacher, or perhaps an instructor at M State.

"M State has been a home for me, and I feel very happy to be here, experiencing the great faculty and staff and working with other student leaders to make sure our campus is one of the best that students can go to," he said. "It'll be great to go to a university, and obviously I can't stay here forever, but if I could, I would."

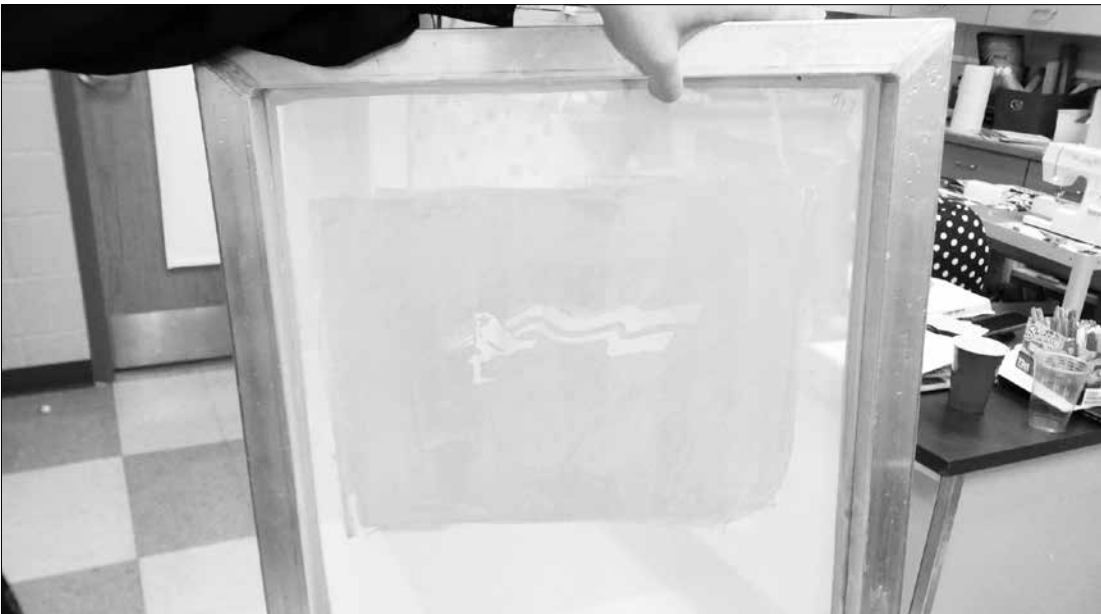
A member of the Minnesota State system of colleges and universities, M State serves more than 6,500 students in credit courses each year in over 70 career and liberal arts programs online and in-person at its campuses in Detroit Lakes, Fergus Falls, Moorhead and Wadena. The college also partners with communities to provide workforce development services and other responsive training programs.



The Career and Technical Education programs at Win-E-Mac recently were able to purchase items to teach screen printing and other technical designs. Here a student works on vinyl for heat pressing.



Some of the new equipment recently purchased with a grant from the Carl Perkins Fund to extend the education of students in the technical areas of education.



A Patriot screen, for screen printing with the new equipment that was recently added to the Technical education department at Win-E-Mac School.