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McIntosh, Minnesota

Celebrate the holiday season with your community

With the hustle and bustle of the holiday season upon us, here is a list of many of the holiday events that are happening in our community.

The McIntosh Community Club is holding a clothing drive for those in need during the holiday season. Win-E-Mac students who are in need of winter clothing will be served by this drive that will run from now until November 25th. There is a dropbox placed inside of First National Bank in McIntosh. Items that are most needed are children's sizes 6 to 12. Any donation is helpful, new or slightly used.

A Very Merry McIntosh and Christmas Parade is on Saturday, December 3rd in downtown McIntosh. The Shoppes of McIntosh start the holiday season with a magical evening celebrating the wonder of Christmas. Enjoy a holiday lights parade, shopping, music, bonfires, hot cocoa, s'mores, food, lights and much more. Grab your family and friend and head downtown McIntosh for a fun evening that kicks off with the 2nd Annual Holiday parade. Any adult licensed driver can enter a road legal fish house, ATV, side by side, bike, truck or car decorated in holiday fashion. The parade participants will meet at

4:30 pm south of the First National Bank, with the parade starting at 5:00 pm down the Main Street of McIntosh and continuing to McIntosh Senior Living and Poplar Meadows Senior Living.

Breakfast with Santa at the Winger Community Center on Saturday, December 10th is hosted by the Winger Lions and will serve a pancake breakfast from 9:00 am to 10:00 am with Santa arriving at 10:00 am. There will be gift bags for each child that attends the breakfasts and visits with Santa. The Moms of Winger group will also help out and do some activities during the event. There will be a picture ornament with Santa, a coloring contest and postcards to Santa, along with many other activities, Christmas movies and snacks.

The Win-E-Mac Junior High Band and Choir concert will be on Friday, December 12th at 7:00 pm in the Arts & Events Center at the School. The concert will feature the Junior High School Band and Choir performing several selections, including holiday music.

Community Wide Open Houses in downtown McIntosh will take place on Friday, December 16th including: First

National Bank, KingTown Insurance, and Neil's Quality Meats and More. Stop in to these businesses for special offers, snacks and a chance to visit with neighbors and community members.

The Win-E-Mac Elementary Holiday Programs will be presented on Friday, December 16th. The programs will take place in the Win-E-Mac School Arts & Events Center. The K - 3 program will

Holiday...

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Win-E-Mac Giving Tree

Win-E-Mac School will once again be having their annual Giving Tree. We will be sharing the "ornaments" virtually this year. We will anonymously post "ornaments" for children in the Win-E-Mac School District that may have a need this holiday season for clothes, toys, or other items. Their wish list will be linked to their Star number. If you are interested in taking a Star or donating, please follow the link posted on the school website (wemschools.org). There you will find prompts that allow you to choose a child by age and it will display their wish list. All gifts will need to be delivered, unwrapped, to the school no later than December 15th so they can be distributed to the families.

If you need some assistance or you know of a child or family that may be in need this holiday season, please contact Cassie Subbert, Emily Ston-

er or Alyssa Hickman at the school, 563-2900 or 687-2236. The Giving Tree also accepts monetary donations. The donations go toward food gift certificates for families to use over the holidays.

If you are interested or have questions about donating, please contact one of the people stated above.

Thanksgiving SERVICE

McIntosh Community Thanksgiving Service hosted at Our Savior's Church on Wednesday November 23rd at 7:00 pm

There will be a light meal served beforehand starting at 5:30 pm in the fellowship hall at Our Savior's with free will offering.



Pictured with some of his family members, Dan Jore was honored and presented with a Quilt of Valor during the Veteran's Day program held at the Win-E-Mac School on Monday, November 14th.



Ron Nelson was honored with a Quilt of Valor during the Win-E-Mac Veteran's Day program. He is pictured with some of his family members who were in attendance.



Travis Kolden was the guest speaker for the Veteran's Day program held at Win-E-Mac School.



Our community Veteran's were honored during a program at Win-E-Mac School on Monday, November 14th for Veteran's Day. Here, member's salute during Taps.

Lung Cancer Awareness Month highlights importance of screening options

More people in the United States die from lung cancer than any other type of cancer, according to the Centers for Disease Control and Prevention (CDC). It's the third most common cancer in the U.S.

Essentia Health has a convenient, painless screening option for patients who are especially at risk. Eligible patients are between 50-80 years old; currently smoke or have smoked one pack a day for 20 years or two packs a day for 10 years. The screening tool is a low-dose computed tomography (LDCT) scan. This is a computerized scan that uses special X-ray equipment to take detailed pictures of a patient's lungs. It features a low dose of radiation and is quick and painless. You don't have to take any medicine and no needles are used. Sometimes LDCT scans show abnormal areas — called nodules — in your lungs. Most nodules aren't cancer, but if your screening finds a lung nodule, your doctor may recommend more tests.

"Lung cancer screening is the most effective cancer-screening tool available, with the number of patients needing to screen to save a life being far less than breast cancer- or colon cancer-screening tests," said Dr. Eric Swanson, an Essentia pulmonologist.

More than 90% of people diagnosed with lung cancer do not survive the disease, in part because it's often found at an advanced stage. Fortunately, Essentia recently deployed an innovative technology that, in some cases, can help diagnose lung cancer at an earlier stage — Auris Health's Monarch™ Platform.

This tool features a controller-like interface that physicians use to navigate the flexible robotic endoscope to the periphery of the lung with improved reach, vision and control. Combining traditional endoscopic views into the lung with computer-assisted navigation based on 3-D models of the patient's own lung anatomy, the Monarch Platform provides physicians with continuous bronchoscope vision throughout the entire procedure.

Why is this important for patients? Those who have small, peripheral nodules can be diagnosed earlier — and via a minimally invasive procedure — allowing for more successful outcomes in the treatment of their lung cancer. They don't have to wait until their cancer is Stage 3 or Stage 4 to begin treating it.

"The Monarch robotic bronchoscopy platform has been a real game-changer in the work-up of lung nodules allowing us to reach many more nodules we previously wouldn't have ever attempted due to technical limitations of old technology or risks of alternative biopsy methods," said Dr. Eric Swanson. "This improved reach throughout the lung leads to earlier diagnosis of lung cancer via a safer and less invasive biopsy method."

More people die every year from lung cancer than from prostate, breast and colon cancers combined, according to the American Cancer Society.

Reduce risk of lung cancer by quitting smoking

You can reduce the risk of lung cancer by quitting smoking. At Essentia, we can help patients ditch smoking with the help of our smoking-cessation experts.

Smoking harms your health and raises your risk for many conditions, including certain types of cancer and breathing problems. Your body starts to benefit minutes after you quit.

- 20 minutes after quitting: Your blood pressure improves and the temperature of your hands and feet goes back to normal.

- Eight hours after quitting: The carbon monoxide level in your blood drops to normal.

- Two weeks to three months after quitting: Blood circulation improves and your lung function increases up to 30%.

- One year after quitting:

Your risk for heart disease may be half that of a smoker.

- Five to 15 years after quitting: Your stroke risk is close to that of a nonsmoker.

- 10 years after quitting: The risk for cancer of the mouth, throat, esophagus, bladder, kidney and pancreas goes down.

You can count on the team at Essentia to help make quitting tobacco as easy as possible. Quitting for good takes time, patience and practice. Many people try more than once. Give yourself every advantage by relying on Essentia for:

- Individual, face-to-face counseling with a local Certified Tobacco Treatment Specialist (CTTS).

- Medication that can help you quit.

- Nicotine-replacement therapy, which gives you low doses of nicotine in the form of gum, inhalers, lozenges, nasal spray or a skin patch.

- Personalized quit plan with ongoing follow-up and support.

- Inpatient and outpatient care.

- Carbon monoxide screening.

Your dedicated tobacco edu-

cation and cessation coach has the experience and training to help you start on a path to quitting. Your tobacco-cessation team may also include respiratory therapists and registered nurses.

Private insurance providers and Medicaid/Medicare cover many tobacco-cessation services. Talk to a tobacco-cessation counselor at (844) 403-7010 for more information.



During the 2022 Minnesota Rifle Hunting Season, Philip Lee got this big buck just north of McIntosh. Congratulations!



The Fosston Tri-Coop held a Customer Appreciation lunch last Wednesday in Gully. Theme was "Planting Seeds of Gratitude & Thankfulness". Highlights from the luncheon included door prize drawings, meal by Paul Curfman, desserts by Sweet Treats by Sheila and Seed & Agronomy reps to answer questions about 2022 yields and 2023 spring planting. Winner of the Traditions 50 Caliber Muzzle Loader Gun kit was Dick Kroening of Fosston. Presented by Brent Johnson, General Manager of the Fosston Tri-Coop.

HOMETOWN BANKING
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We Wish You A Happy Thanksgiving

The first Thanksgiving in America was observed by the pilgrims in the autumn of 1621.

After surviving a bitter winter and having a successful harvest, Governor William Bradford

decreed that a three-day feast be held to give thanks to God.

As you and your family enjoy this special holiday, we wish you a Happy Thanksgiving.

First National Bank of McIntosh will be closed on Thursday, November 24th in observance of Thanksgiving Day.

260 Cleveland Ave. SW
PO Box 129
McIntosh, MN 56556
www.fnbmcmintosh.com

Phone
(218) 563-2865

M36C

Holiday....

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begin at 12:45 pm, and the 4th grade through 6th grade program will begin at 2:00 pm. The K - 3 program is under the direction of Amanda Shultz will feature many holiday songs for you to enjoy. The 6th grade band will be performing holiday music in the auditorium commons before the 4th grade to 6th grade program. The 4th grade to 6th grade program will begin with all students performing the play "Starbucks: The Musical" which will feature many acting, singing, and speaking parts. The kids

are very excited to be able to put on a Holiday play again. A great program to all members of the community this holiday season.

Santa Claus Day will take place at the McIntosh Community Center on Saturday, December 17th. The day will feature activities, treats and a special visit from Santa Claus.

The Win-E-Mac Senior High School Band and Choir concert will be presenting their annual Fall/Winter concert on Monday, December 19th at 7:00 pm. The concert will take place in the Win-E-Mac School Arts & Events Center and will feature the band and choir performing a wide variety of music for your listening enjoyment. As traditional, the concert will conclude with the singing of "Peace, Peace" by candlelight. Come and enjoy an evening of musical entertainment.

LOOK WHO'S TURNING 70!



Everyone is welcome to stop in and have cake and coffee in celebration of **DAN'S 70TH BIRTHDAY**
Wednesday, Nov. 30th from 10am-5pm at Dan's Standard

LSS Meals Menu 687-2262

Call to reserve your meal. Indoor dining at 11:30 am; drive-up available at 11:00 am.

Mon. Nov. 28: Chicken Fried Beef Steak - Mashed Potatoes & Gravy - Green Beans - Biscuits - Fruit - Milk

Tues. Nov. 29: *Bingo* Baked Ham - Cooked Cabbage - Peas & Carrots - Wheat Rolls - Chocolate Crazy Cake - Milk

Wed. Nov. 30: Bratwurst - Mashed Potatoes - Saurkraut - Bread - Raisin Bread Pudding - Milk

Thur. Dec. 1: *Bingo* Spaghetti with Meat Sauce - Broccoli Mix - Fruit - Garlic Bread - Sugar Cookies - Milk

Fri. Dec. 2: Sweet - n - Sour Chicken - Rice - Lettuce Salad - Mixed Vegetables - Rice Krispie Bars - Milk

Mac Library

closed for Thanksgiving

All Lake Agassiz Regional Library (LARL) branches, including McIntosh, and LINK sites will close at or before 5 p.m. on Wednesday, November 23 and will remain closed on Thursday, November 24 in observance of the Thanksgiving holiday.

Lake Agassiz Regional Library is a consolidated public library system comprised of 13 branch libraries and nine LINK sites serving the residents of seven counties in northwest Minnesota. More information is available at www.larl.org.



ST. MARY'S CHURCH
Fosston
Fr. John Suvakeen,
Pastor

Wed. Nov. 23: 11:30am Mass at St. Mary's, Fosston
Thurs. Nov. 24: Thanksgiving Mass - 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Sun. Nov. 27: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Wed. Nov. 30: 11:30am Mass at St. Mary's, Fosston
Fri. Dec. 2: 8:30am First Friday Mass at St. Mary's, Fosston
Sun. Dec. 4: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Wed. Dec. 7: 11:30am Mass at St. Mary's, Fosston

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Interim Pastor Keith Zeh
Synodical Authorized Minister Katie DeMarais

Wed. Nov. 23: 5:30pm Light supper and fellowship; 7:00pm Community Thanksgiving service
Sun. Nov. 27: 10:00am Coffee Hour; 10:30am Worship Services
Sun. Dec. 4: 10:00am Coffee Hour; 10:30am Worship Services
Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:
Interim Pastors John Anderson and Phil Rokke

Sunday Services
11:00am Mt Carmel
9:30am Trinity
Sunday School
10:45am Trinity
9:45am Mt. Carmel

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Fri. Nov. 25: 10:00 am Telecast of the Luther League program on GVTV-30
Sun, Nov. 27: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service (also on Facebook: gosenchurch and gosenchurch.com)
Tues. Nov. 29: 10:00am Sunday worship service telecast on GVTV-30
Wed. Nov. 30: 6:30pm Bible Study at Sharon Ramberg's home
Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

VERNES LUTHERAN CHURCH (LCMC)
McIntosh
PastorLee Laaveg

Sun. Nov. 27: 9:00am Worship
Sun. Dec. 4: 9:00am Worship

IMMANUEL LUTHERAN CHURCH
McIntosh
Pastor Bruce Blocker,

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

CALVARY LUTHERAN CHURCH
Winger

Sundays: 9:45am Sunday School; 10:00am Coffee Fellowship; 10:30am Worship

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McINTOSH Times

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"Serving the Win-E-Mac area"

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M3-28C

USDA provides funds to help people in socially vulnerable rural communities in MN

U.S. Department of Agriculture (USDA) Rural Development Under Secretary Xochitl Torres Small today announced that USDA is awarding \$4 million in cooperative agreements to 17 organizations under the Rural Placemaking Innovation Challenge (RPIC). Placemaking is a collaborative planning and technical assistance process that helps leaders from rural communities create quality places where people will want to live, work, visit and learn. The assistance will help the organizations support people who have been unserved or un-

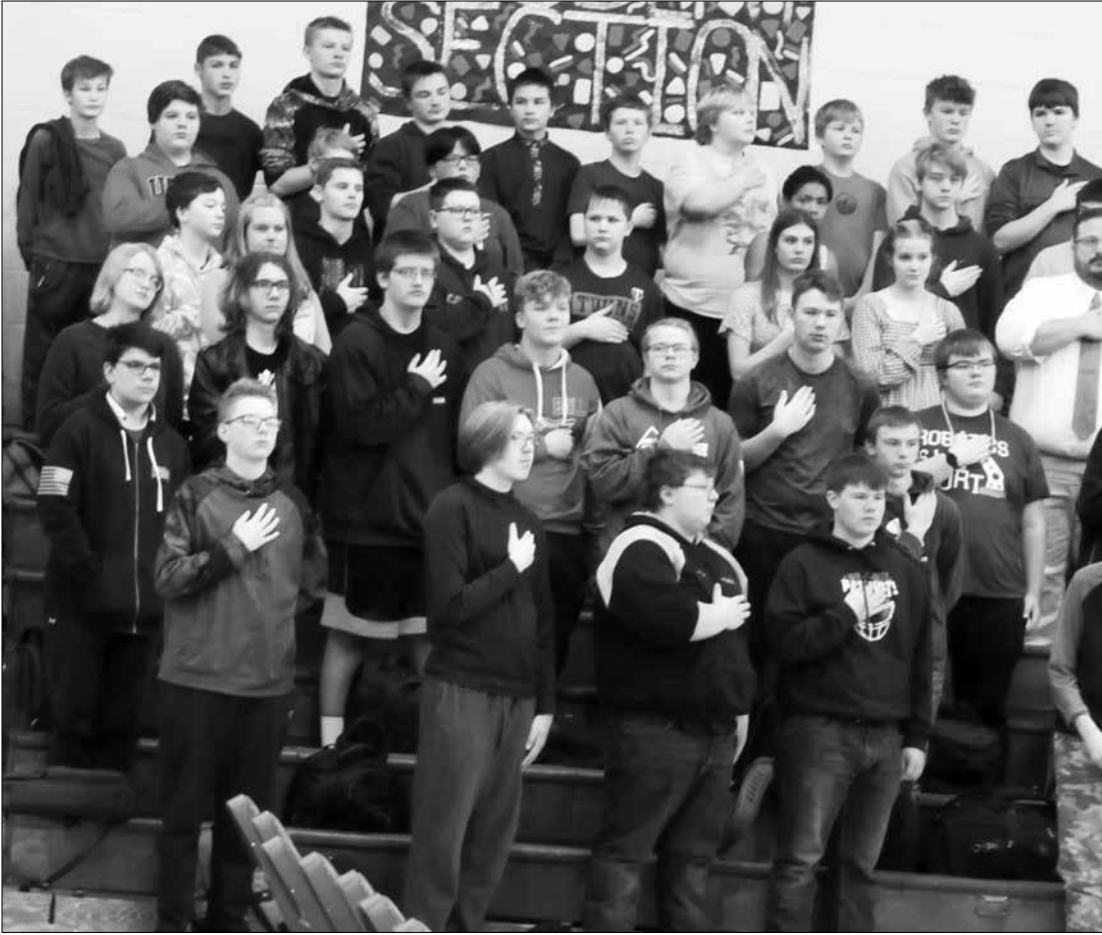
derserved and live in socially vulnerable communities, tribal communities, and rural areas. This network is a whole-of-government effort led by USDA Rural Development to transform the way federal agencies partner with rural places to create economic opportunity in rural America. The organizations will provide technical assistance for projects to spur economic growth and attract jobs and work directly with people in rural communities to develop plans that will ensure people have access to high-speed in-

ternet in their homes, are able to live in affordable housing, have access to safe and reliable transportation to go to school, and work, and more. This assistance will support the communities for up to two years. This Rural Development investment will be used to develop a plan to address quality of life issues in Bemidji, Minnesota's Ridgeway Neighborhood. The expected result of this project is neighborhood revitalization through community engagement and multi-sectoral and multi-jurisdictional partnerships. Headwaters

Regional Development Commission will serve the community by providing opportunities and resources to create a web of support services that will increase individual and community resilience and empower neighborhood residents. Here is a list of in-kind partnership support: United Way of Bemidji Area is contributing

\$11,700, Rotary Neighborhood \$5,000, Beltrami County Public Health \$19,344, and Minnesota Department of Transportation \$2,843. Rural Development provides loans and grants to help expand economic opportunities, create jobs and improve the quality of life for millions of Americans in rural areas. This

assistance supports infrastructure improvements; business development; housing; community facilities such as schools, public safety and health care; and high-speed internet access in rural, tribal and high-poverty areas. For more information about the program, visit www.rd.usda.gov/mn.



The students at Win-E-Mac School were able to honor our community Veteran's during the program held at the school.



Bruce Benbo carries the American Flag as the Veteran's enter the gymnasium for the Veteran's Day program held at Win-E-Mac School on Monday, November 14th.



Lee Hoaas spoke during the Veteran's Day program at Win-E-Mac School held on Monday, November 14th for students and community members.



The Win-E-Mac High School band performed during the 2022 Veteran's Day program at the Win-E-Mac School.

The following Win-E-Mac Junior and Senior High School students have attained either an "A" or "B" average in academic subjects for the first quarter of the 2022 - 2023 school year. Congratulations! To be eligible for the "A" honor roll, you need to have attained a 3.76 - 4.00 GPA (grade point average), and to be eligible for the "B" honor roll, you need to have attained a 3.00 - 3.75 GPA.

- Seniors
- "A":
Xzayyvir Espinoza
Kallie Hand
Zachary Luckow
Nadelly Neubert
Thomas Revier
Laila Rorangen
"B":
Jacob Audette
Anna Cymbaluk
Bret DuChamp
George Erofeeff
Jayden Gersburger
Kylie Geray
Alecia Hancock-Fitzgerald
Vadim Kulikov
Jonathan Moritz
Jamison Nichols
Izabelle Ostena
Jonas Spry
- Juniors
- "A":
Justin Courneya
Wyatt Davis
Ava Howard
Ryan Kangas
Emily Strom
Luella Strom
Kyra Stuhau
Jaime Stuhr
Kianna Tadman
Hana Thompson
"B":
Kiersten Anderson
Caleb Green
Alec Haskett
Preston Lecy
Alyssa Morberg
Isabelle Morinville
Jordan Paradis
Annika Shimp
Clare Stuhau
Sydney Svalen
- Sophomores
- "A":
Emelia Boianoff
Ariana Dickinson
Kaylee Dickinson
Sava Erofeeff
Josie Fortman
Braylon Hamre
Livaeh Kiecker
Colten Mandt
Evelyn Mandt
Abigail Sauer
Danielle Winter
"B":
Clay Below
Calvin Hill
Maya Holm
Bergen Howard
Julian Janisch
Ericka Kramer
Callista Lewis
Shelby Long
Samuel Lundy
Kassidi Qualey

- Brayden Sander
- 9th Grade
- "A":
Paige Breitbach
Josie Johnson
Lauren Kaupang
Riley Kochmann
Joy Neubert
Karlie Schow
Cameron Svalen
"B":
Daniel Boianoff
Jordyn Halstad
Claire Juve
Klaudia Kutsev
Courtney Lecy
Adrian Ryan
William Shimp
Hudson Smeby
Hunter Westcott
- 8th Grade
- "A":
Joe Courneya
David Cymbaluk
Carter Fortman
Chloe Howard
Austin Johnson
Hayden Johnson
Clara Kolden
Austin Langseth
Nathaniel Spry
Jareth Walk
David Zarkoff
"B":
Ashton Anderson
Cora Earls
Emma Enoksen

- Rodney Erofeeff
- Adrianna Fitzgerald
- Maci Haskett
- Caralina Janisch
- Yakov Kutsev
- Wyatt Manley
- Theodore Moritz
- Kalli Roy
- Kolten Schow
- Lillian Shimp
- Angel Solheim
- 7th Grade
- "A":
Charles Carlson
Axel Fuglseteh
Adylaide Hickman
Malaina Jax
Ella Langemo
Owen Strom
"B":
Samantha Arme
Andrew Austin
Haylee Beckett
Abraham Cheremnov
Jayden Close
Garett Davis
Lukas Gensburger
Ensely Haskett
Elsi Kiecker
Stephan Kutsev
Khloe Luckow
Nickolas Schow
Krista Shimp
Kale Smeby
Peyton Solie
Ella Subbert

Simple ways to involve kids in holiday decorating

Millions of people across the globe feel that the holiday season is a magical time of year. Though those people come from all walks of life, it's likely that no group is as taken by the unique spirit of the holiday season as much as children.

Whether they're looking forward to Santa's arrival or preparing for a school holiday pageant, kids have much to be excited about come December. Parents can channel that enthusiasm by involving kids when decorating around the house this holiday season.

· **Make homemade ornaments.** The options are limitless when making holiday ornaments with children. From simple ornaments made from pine cones picked up outside to more complex projects designed for children nearing adolescence, parents can look to the internet to find design ideas and directions for hundreds of ornaments.

· **Let kids lead the way when decorating the tree.** Families that celebrate Christmas can let kids lead the way when decorating their Christmas tree. Kids are likely to spend the weeks leading up to Santa's arrival gazing in awe at the tree, and knowing they decided where to place the various ornaments on it might

make the season even more special for youngsters.

· **Take kids along when choosing lawn ornaments.** It's not safe to involve children when installing lighting displays, but kids will get a kick out of choosing inflatable lawn decorations and other items to place around the yard. Take kids along when buying new items and then seek their input when placing Frosty, Santa and his reindeer friends around the yard.

· **Include kids in culinary decor.** Many celebrants cannot imagine a holiday season without gingerbread houses and cookies. These traditions provide another great opportunity to involve children in holiday decorating. Set aside some time to make homemade gingerbread houses, which can be used as decorations before they're ultimately eaten. Cookies may not have the shelf life of a typical gingerbread house, but kids can pitch in and decorate cookies prior to a holiday party or family meal.

The spirit of the holiday season can be seen on the faces of children each December. Inviting kids to pitch in when decorating for the holidays can make the season even more special for its youngest celebrants.

Energy Careers Academy aims to increase workforce participation from underrepresented communities

M State, Xcel Energy and MN State Energy Center of Excellence partner on new electric, gas utility educational programs for urban students.

Minnesota State Community and Technical College, Xcel Energy and the Minnesota State Energy Center of Excellence are working together to engage students with more diverse backgrounds in energy-related fields of study.

The Energy Careers Academy, launched earlier this fall, arose in response to a need from energy companies to attract new people to the industry and address a pending labor shortage. A 2020 report to the state Legislature showed that only about 10% of the industry's labor force is classified as ethnically diverse, and recommended the creation of new, inclusive training programs as one way to increase engagement and representation.

The Energy Careers Academy now offers one such training program in electrical linework, and plans are developing to offer a new gas utility construction and service program.

The programs are designed to be accessible to an urban student population, removing a potential geographical barrier:

Energy-related educational programs are often offered at technical schools in rural communities; enrollment in the academy is targeted to students who live within the seven-county Twin Cities metro area.

Students at the academy receive hands-on instruction at Xcel Energy's metro-area training facilities.

"We're proud to be a partner in this effort to bring more opportunity to historically underserved student populations, and to bring them into a career field that offers stable, high-paying jobs to workers," said M State President Carrie Brimhall. "The goals of the Energy Careers Academy align with our mission at M State – to specialize in affordable and exceptional education, service, and workforce training. We welcome all students and engage them in shaping their futures and their communities."

M State provides the course curriculum, accreditation, and instructors for the academy programs, as well as student support and career prep services. Xcel Energy provides the



training facilities, equipment and other soft skills training in addition to exposure to current Xcel Energy employees and leaders who hire for the positions the students are working toward. The Minnesota State Energy Center of Excellence is a key coordinator, providing general oversight and input to ensure the academy operates smoothly.

This is the first time the three entities have worked together on an academy of this sort. The hope is to expand the academy's offerings in the future to include longer-running, higher-credit diploma programs.

"Being able to launch this program is the culmination of seven years of planning and implementation of phases of the programs," said Bruce Peterson, Project Manager with the Minnesota State Energy Center of Excellence. "Bringing these educational opportunities closer to where our targeted populations live is a huge key to our long-term goals. It is incredibly gratifying to observe the students as they develop their skills and prepare to enter these technical fields."

Peterson said the Center of Excellence had initial conversations about the creation of an Energy Careers Academy with Xcel Energy in the summer of 2021. As the only college within the greater Minnesota

State system to offer programs in both electrical linework and gas utility, M State

was asked to join in as a collaborator.

The implementation of the Legacy professional development program for students is another key element of the Energy Careers Academy. Through the Legacy program, students participate in core skills training and develop professional skills for the workplace.

"The Energy Careers Academy will help train and support the next generation of clean energy workers and leaders at Xcel Energy and across Minnesota," said Chris Clark, President, Xcel Energy Minnesota. "Developing and retaining a diverse workforce is important to us, and we're pleased that this program will remove barriers and provide access for more individuals interested in electrical linework and gas utility work."

The electrical lineworker program began in late August and has about a dozen students enrolled. The gas utility program is currently being developed and is expected to roll out in 2023.

M State serves more than 7,000 students in credit courses each year in more than 70 career and liberal arts programs online and at its campuses in Detroit Lakes, Fergus Falls, Moorhead and Wadena. By partnering with communities, the college also provides workforce development services and other responsive training programs.



Win-E-Mac Head Volleyball Coach, Tanya Hamre recognizes her players during the 2022 Girls Volleyball banquet held at Win-E-Mac School.

Win-E-Mac
HS Presents:

Murder:
at the
Renaissance
Faire

or... Shakespeare Kills Me

Where: WEM Arts & Event Center
When: Saturday, Dec. 10th at 7pm
Matinee: Sunday, Dec. 11th at 3pm

Due to circumstances outside of our control, we have made the difficult decision to postpone the All-School Play to December 10th and 11th.



The Win-E-Mac Patriot volleyball team celebrated their season with a banquet recently at Win-E-Mac school. Members of the team include: Ava Howard, Neveah Simpson, Bret DuChamp, Kianna Tadman, Izabelle Ostena, Nadelly Neubert, Kiersten Anderson, Kyra Stuhau, Emily Strom, Ella Strom, Destiny Molstad, Clare Stuhau, Jaime, Stuhr, Sydney Svalen, Isabelle Morinville, Dani Winter, Shelby Mandt, Livaeh Kiecker, Paige Breitbach, Josie Fortman, Lauren Kaupang, Hana Thonpson, Abby Sauer, Alyssa Morberg, Evie Ryan, Ericka Kramer, Shelby Long, Courtney Lecy, Alexa Morberg, Josie Johnson, Presley Haugen, Joy Neubert, and Brooklyn Gunderson. Photo Credit" Tamera Ostena