



McINTOSH

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Times

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McIntosh, Minnesota



Paisley, Brylee and Alex Kildal enjoy visiting with the Easter Bunny during the Annual McIntosh Community Club Easter Egg Hunt held on Saturday, April 16th at Roholt Park.



Breelyn Hamre won a large package of candy during the McIntosh Easter Egg Hunt. The McIntosh Fire Department also donated 4 bikes which were raffled off during the event.



What a surprise for Charles Svalen and Denise Stark when the Easter Bunny stopped for a visit on Saturday, April 16th.

Flooding brings dangers across Polk County

The past weekend offered Norhtwest Minnesota a large sampling of weather, from mild temperatures, to rain, and then snow. Polk County even experienced its' first tornado of the year on Saturday evening.

Now, flooding has become a grave issue with washed out roads, and rivers cresting near or above record levels.

Crookston, Minnesota is in a Peacetime State of Emergency and Governor Walz has activated the Minnesota National Guard to help with sandbagging efforts to control the flood waters and ease the destruction, flood patrol and other emergency operations.

The first priority is your safety.

The Polk County Sheriff has urged motorists to avoid flooded roadways, as washouts and other dangers may be occurring under the water that is on the roads.

If you have experienced flooding at your home remember that although your first impulse may be to start cleaning, you need to protect yourself from potential hazards. The water may have contained sewage or other contaminants and the structure may not be safe. Before you start cleaning:

- Take photos or video. For insurance claims (and tax deductions), it's necessary to take photos or video before you start cleaning.
- Keep records of all expenses.
- Check with your insurance company for other requirements needed to make your claim.

In our small communities, the city governments are asking residents to ease the use of public water and sewer systems to help with the burden from the substantial rain that has an impact on the sanitary systems.

If you come across flooded roadways that are not marked, please contact the Polk County Sheriff's office.

You can visit the Polk County website at <https://www.co.polk.mn.us/>, for a link to information about closed roads due to flooding.

McIntosh Memorial Day Service, Monday, May 30th

Friends of McIntosh Veterans (FMV) would like to invite you to the 2022 Memorial Day Service on May 30th with the Parade starting at 10:15 and Program to follow. This year we will be in-person at the McIntosh Community Center. The day will start with a short parade (10:15am) with the Color Guard, Win-E-Mac Band and the wreath program kids.

Friends of McIntosh Veterans needs your help!

We are looking for Veterans who are willing to march in the parade and be part of the Color Guard. More information will be given later in May.

We are also looking for Choir Members! The Choir will be directed by Gerald Borud and accompanied by Cheryl Jore. If you have an old or new voice, you are welcome to join us in singing a few songs as part of the program. The Choir will practice at 10:00am in the Community Center before the Memorial Day Service.

We are looking for volunteers to set up chairs in the Community Center on Monday Morning at 9:30am before the service. We are also in need a few volunteers to help set up the crosses on school lawn.

Next, we hope that if you have a child or a visiting child that you will get them involved in the Parade and Lawn Service. Practice will be held 1 hour before the event at 9:15am on the McIntosh School Lawn. Kids will practice laying the wreathes and then walk to the First National Bank to be part of the parade.

Finally, Small United States Flags will be available at no charge to be placed at Veteran buried in the McIntosh area cemeteries. Flags and a list of Veterans buried in local cemeteries will be available starting May 23rd at the First National Bank in McIntosh. There are over 400 men and women to honor, so your help will be needed to make sure every one of them is honored with a Flag and a thank you.

More information to come, but if you are interested in volunteering in any way, please contact Darlene Dierkes at the First National Bank or call at 320-250-5711.

Together we are Better. Friends of McIntosh Veterans

WEM All-School choir concert

The Win-E-Mac School vocal music department is proud to present their annual all-school choir concert on Thursday, May 12, 2022. The concert will take place in the Win-E-Mac School Arts & Events Center, and will begin at 7:00 P.M.

This concert will feature the Elementary Choir, Jr. High Choir and Sr. High Choir. Awards will also be presented.

The concert will conclude with all three choirs singing "We Believe in Music" together!



Our music students have been working hard preparing a wide variety of musical entertainment, so we invite everyone to come out and enjoy an evening of music.

"The Very Great Grandson of Sherlock Holmes" to be Performed at Win-E-Mac



The grandson of master sleuth Sherlock Holmes is trying to make it as a private eye. Unfortunately, Sherwood Holmes is not quite up to his illustrious ancestor Sherlock, a fact pointed out to him by the descendant of Doctor Watson. Thrust into a marvelous murder mystery, young Sherwood tries desperately to rise to the occasion, but his brilliant solution is apparently no more than a humorous disaster. However, Holmes still retains a bit of the classic brilliance attached to his name and, in an exciting climax... well, you will just have to come to the show and see whether Sherwood achieves anything in the end! Performances are Saturday, April 30th (at 7 pm) and Sunday, May 1st (at 3 pm). This play, directed by Bruce McWilliam forty-one years ago, featured Joel Kangas in the Holmes role, now reprised by his son, Jadon. Other students on stage include Savannah, Sydney, & Cameron Svalen, Bridget Roggenbuck, Teagan Paulson, Rebecca Armye, Anisha Saeland, Evie Ryan, Lillian Shimp, and Ben Tollefson. A tribute video to Mr. Mac will be displayed at intermission during both performances. Admission is a free-will offering. Hope to see you there!



Troy and Dara Dyrdal were the winners of the 22 Rossi during the 131st McIntosh Fireman's Ball held April 9th.



Jenny Hubbard was the winner of the grill during the McIntosh Firemans Ball.

McIntosh Fireman's Ball raffle winners

The 131st Fireman's Ball winners of the raffle and prizes are:

Grill: Jenny Hubbard
Jered's Grocery Gift Card: Curt Pawlitschek and Gabe Weiner

Fire Extinguisher: Mary Lefald, Mike Boehrsen, Dianne Roed, Anna Mandt.

Ice Saw: Caleb Benbo
Knife: Seth Senn

Bean Bag Boards: Ethan Paradis who donated them back to the department, then auctioned them to Jason Smeby, who again donated them back to the department.

22 Rossi: Troy and Dara Drydal.

Congratulations to all the winners. If you have not received your prize, please contact a fire department member.



Bethel Cemetery Association
will hold its
Annual Meeting
on **May 4 at 5:30 pm.**
The meeting will be held at
Calvary Lutheran Church

Signs and symptoms of Lyme disease

Lyme disease is a tick-borne illness that can affect many systems of the body and cause considerable sickness. Lyme disease primarily is spread by the bites of deer ticks, black-legged ticks and Lone Star ticks.

Lyme disease can produce a wide range of symptoms, some of which may be more noticeable than others. It also can take anywhere from three to 30 days for symptoms of Lyme disease to appear after a tick bite.

So a person may not realize he or she has contracted the illness until the tick has long since unattached.

Symptoms of Lyme disease may include fever, chills, headache, fatigue, muscle and joint aches, and swollen lymph nodes.

In 70 to 80 percent of cases, individuals will develop erythema migrans, which is a skin rash, according to the Centers for Disease Control and Prevention.

The rash may appear like a bullseye shape, but not always. It also may feel warm to the touch, but is rarely itchy or painful. The rash usually is greater than 2 inches in size and can appear anywhere on the body.

The Johns Hopkins Lyme Disease Research Center says extreme fatigue and lethargy may be pronounced symptoms of Lyme disease.

Later disseminated Lyme disease symptoms can include numbness in extremities, concentration issues, mental foginess, and difficulty following conversations.

Lyme disease may cause

debilitation for the rest of an affected person's life, particularly if treatment was not received early.

Anyone who lives in areas with high concentrations of ticks should be diligent in checking themselves for the presence of ticks as well as any rashes, bites or flu-like symptoms.

The CDC notes that a tick must be attached for 36 to 48 hours or more before the Lyme bacterium can be transmitted.

Prompt removal of a tick can prevent infection. However, many humans are infected through the bites of nymphs, which are less than 2 millimeters in size, which makes them difficult to see.

When people are treated with appropriate antibiotics in the early stages of Lyme disease, they can recover rapidly and completely.

The Infectious Disease Society of America says some people experience a possible autoimmune "post-Lyme" syndrome that is not responsive to antibiotics. Studies of Lyme disease treatment and effects are ongoing.

Lyme disease is a year-round concern, but particularly during the warmer months when ticks are most active. People need to be diligent in Lyme disease prevention and tick awareness.



ST. MARY'S CHURCH
Fosston
Fr. John Suvaeken,
Pastor

Sun. May 1: 8:30am Easter Sunday Mass at St. Mary's, Fosston

Sun. May 8: 8:30am Easter Sunday Mass at St. Mary's, Fosston

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Interim Pastor Keith Zeh
Synodical Authorized
Minister Katie DeMarais

Sun. May 1: 7:00am Sunrise Easter Service; 10:30am Regular service

Sun. May 8: 9:30am Coffee Hour; 10:30am Church Service
Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:
Interim Pastors John Anderson and Phil Rokke

Sunday Services
9:30am Mt Carmel
11:00am Trinity
Sunday School
9:45am Trinity
10:45am Mt. Carmel

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Fri. April 29: 10:00am telecast of Luther League program on GVTV--30

Sun, May 1 : 9:30 a.m. Easter Brunch; 11:00 a.m. Easter Worship Service (also on Facebook and gosenchurch.com); 7:00pm Luther League (see article elsewhere in the paper)

Tues. May 3: 10:00am Sunday worship service telecast on GVTV--30

Wed. May 4: 6:30pm Bible Study at Sharon Ramberg's home

Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

VERNES LUTHERAN CHURCH (LCMC)
McIntosh
Pastor Lee Laaveg

Sun. May 1: 9:00am Worship
Sun. May 8: 9:00am Worship

IMMANUEL LUTHERAN CHURCH
McIntosh
Pastor Bruce Blocker

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School



Roholt Park in McIntosh was flooded after the rain that came down Friday night into Saturday.



The Red Lake River flowing through Crookston reached the height of the bridge on Saturday afternoon. Crookston is currently in a State of Emergency due to flooding.

BUSINESS & PROFESSIONAL GUIDE

This space for rent at \$127.40 for 6 months.

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"Serving the Win-E-Mac area"

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Companion Planting 101

By: Rose Burrell
Planning your garden is one of the most exciting times of the year. There are endless options and endless combinations of fruits, veggies and herbs. Considering how plants complement one another while growing is a holistic, efficient way to plan your garden. Companion planting has plenty of benefits for gardeners and plants alike: from saving space to warding-off insects. If you'd like to try this strategy when planting your garden this year, here are some simple tips from the University of Minnesota Extension.

Tip 1: Plant early season and later maturing plants together

If you are working with a small space or if you want to utilize your garden to its full potential, companion planting can be a great way to conserve space. This can be accomplished by growing early, short-season plants in the same bed as plants that mature later in the season.

- 1. First, plant your early season veggies (lettuce or spinach, for example).
- 2. As those crops are maturing, plant your later maturing plants (tomatoes).
- 3. When the early season plants are ready for harvest, the canopy of the later maturing ones will just be filling out.
- 4. Now, as you enjoy your first harvest, you have a whole other harvest ahead of you.

Not only is this process efficient by creating two harvests out of the one bed, it also helps build the soil and suppress weeds by keeping live roots in the soil and the soil surface consistently shaded.

Tip 2: Build your soil more by having plants with varying kinds of roots

Though any live roots in the ground will be beneficial, different plants have different kinds of roots that can benefit

the soil and other plants in different ways.

Those with taproots or tubers, like carrots, can break up compacted soils and help with aeration.

Plants with deep root systems, like melons or tomatoes, can pull nutrients and water from deeper soils.

Legumes, like peas or clover, have special root nodules that allow for the fixation of nitrogen which can reduce the need for extra fertilizing.

Tip 3: Instead of buying trellises, grow them

Some plants can physically support each other, reducing the need for stakes or trellises. The most famous example of this is the indigenous model of the 3 sisters; corn, squash, and beans. The tall corn stalk acts as a trellis for the bean vines to climb. In addition:

The beans act as a visual deterrent for squash insect pests.

Beans, as legumes, provide helpful nitrogen to the soil.

The squash can deter sweet corn loving animals, like raccoons.

The 3 sisters is one of the most popular examples of companion planting because of these balancing benefits as well as the balanced nutrition they provide.

Tip 4: Plant a variety of edible plants and flowers together

Planting a variety of plants, including flowers, can help you manage insect pests in your garden.

Some insects use visual clues like leaf shape or color to find their plant of choice. If you grow a lot of the same plant in the same bed, its easy for these pests to find them. Having a variety of plants with different heights, colors, and textures in the same bed makes this more difficult for pests to locate.

Cultivating variety creates habitat and food for different predator insects and parasit-

oids, which eat or lay eggs in other insects. So, attracting them and supporting their populations means they'll be around to take care of those pests for you.

Companion planting provides many benefits to you as a gardener and to your plants as they work hard growing food for you. These starting guidelines can help you try it out and experience them for yourself. Happy Gardening!

Credit: UMN Extension



Enjoy quiche any time of day

This delicious cheesy-good recipe comes courtesy of Tammy Stephens of Eichtens Cheese. In under an hour, you can bake a yummy quiche that is great for brunch or any other meal.

Consider making it with great, local Minnesota Grown ingredients. This recipe serves 6.

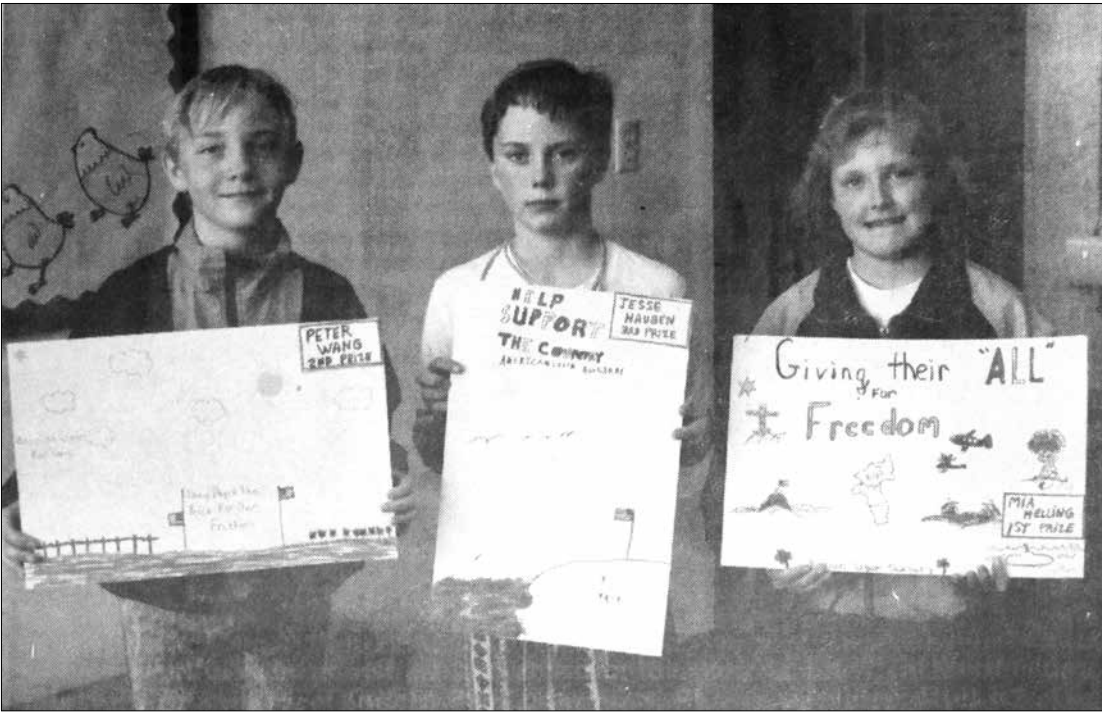
- Ingredients
- 9" Pie Crust
- 1 1/2 cups half and half
- 4 eggs
- 8 oz (2/3 cup) bacon crispy, chopped
- 10-12 oz Eichten's Tomato Basil Gouda
- 1 TBSP Shredded parsley
- 1 TSP chopped paprika

Directions Preheat oven to 400 degrees. Prepare crust and flute edges. Beat eggs slightly. Stir in half and half, bacon, cheese, parsley, and paprika. Pour into pastry crust pan. Bake for 30-40 minutes until eggs are cooked. Serve warm and enjoy!

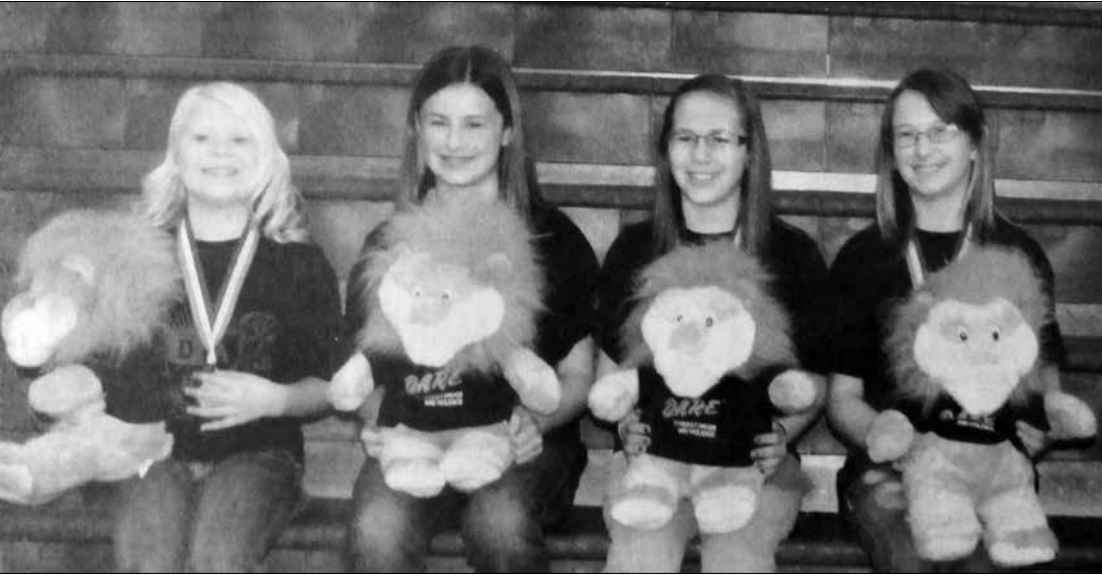
PIECES FROM THE PAST



40 years ago...1982: On Monday, the local Pre-school Enrichment students, under the direction of Verna Sather, toured the town. They visited Mac Manor, the Post Office, the Bank, the Police Station and Roholt Park. Above they are pictured in front of the McIntosh Police car with Patrolman John Peoples. The youngster, not in order, were Bobbie Benson, Nicolas Roppe, Meredith and Emily Hegg, Matthew Balstad, Holly Roed, Dara Evans, Jesse Hickman, Christine Busch, David Senn and Katie Balstad.



30 years ago...1992: Pictured are the Poppy Poster winners of Winger. First prize of \$10 went to Mia Helling (far right), 2nd prize of \$8 went to Peter Wang (far left), and 3rd prize of \$6 to Jesse Haugen (center). The members of the Winger American Legion Auxiliary wish to recognize them for taking time and effort to help spread the Poppy story and make people more aware of our veteran's sacrifices for our Country. Poppy Day in Winger will be Monday, May 18th.



10 years ago...2012: As a main project of the D.A.R.E. program, sixth grade students have to write an essay telling what they have learned during the program. The essays are then read and the top four essays were chosen. The winners read their essays at the D.A.R.E. graduation at Win-E-Mac. Those winners are Kylie Stuhaug, Lauren Strom, Gracy Spry, and Hannah Marshall.



20 years ago...2002: Boy Scouts of Troop #89 display some of the bags contributed to the Food Drive in March. Scoutmaster Scott Schimanski is the leader of the group of active scouts who give of their time and talents for community projects. (back, l-r) Zachary Haugen, Joshua Farrel, Tony Hand, Skyler Schimanski, Mike Brinkman, Chris Venem, Seth Kennedy; (middle) Zach Boehrnsen, Mike Okstad, Jesse DeFrang, Daniel Okstad, Matt Brinkman; (front) Zach Faffel, Cody Lee, Trevor Hoaas, and Tyler Oppegard.



The cast and crew from the Win-E-Mac production of "The Very Great Grandson of Sherlock Holmes" will present the play this weekend on Saturday, April 30th (at 7 pm) and Sunday, May 1st (at 3 pm). They look forward to sharing their performance with the community. Pictured are: From left (standing): Bridget Roggenbuck, Kallie Hand, Jadon Kangas, Lillian Shimpia, Caleb Green, Joy Tasmia; From left (sitting): Evie Ryan, Sydney Svalen, Savahanna Svalen, Teagan Paulson, Anisha Saeland, Cameron Svalen, and Ben Tollefson. Not Pictured is Rebecca Army.

Superintendents Notes

By Randy Bruer

Prom and Graduation

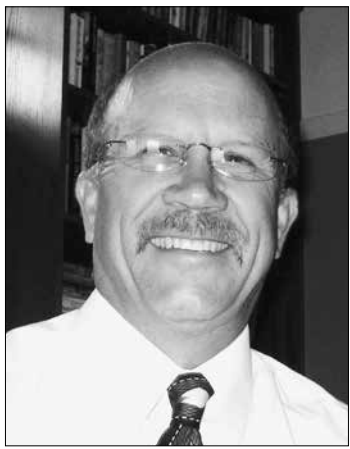
The school is entering a new stage with no COVID 19 restrictions and students will be able to have Prom on Saturday, May 7, 2022 and Graduation on May 28th. Masking will be optional. We are planning for a Grand March and Post Prom party at the school. Graduation will be as normal as possible, like in pre-Covid years.

MCA Testing

Our mission at school is to help all of our students reach their full potential, and that is our commitment to students from the district in all classroom levels. We know our scores will reflect the lack of knowledge gained due to the pandemic, but the scores will not be used against the district. MCA testing began last week and the Win-E-Mac School District students generally perform better than state averages on the Minnesota Comprehensive Assessments, "So we need to celebrate the proficiency of the majority of our students, while addressing the achievement needs of students who are struggling."

Summer Programing

The school district will again offer a Century 21 program for 1 more year along with a re-energized summer rec program, from 7:30 am till 5:30 pm, with a free breakfast and lunch for all kids. There is a fee for the summer rec activities and a quarterly fee for the extended day supervision after the programs until 5:30 pm, through the summer. The District will offer a busing service to the cities within our district. There will be an informational meeting and sign-up for all who are interested on April



20, 2022 from 5:00-6:00 pm. If you would like to find out more about the program, please call the District Office @ 218-563-2900.

Understanding CRT in Relation to our PreK-12 Education System

A current topic across the country is Critical Race Theory. There is belief around communities that we teach this in our system. It is important to note that Critical Race Theory is just that, a theory – in the academic sense. Scholars in the university develop and use theories in an effort to interpret and understand the world and systems around them. Win-E-Mac does not teach Critical Race Theory to our students. It's a theory that was developed over 40 years ago by lawyers, activists and legal scholars and may be taught in some colleges' Master's or Doctoral programs. We examine our curriculum and materials via our curriculum review cycle to ensure that students are exposed to people and their ideas and lived experiences from all backgrounds just like we have over the past 30 years. Nothing has changed. We review

curriculum important to our community and culture to give students opportunities to learn and develop to their fullest potential. If you have questions or think otherwise, please speak with our Social Studies Dept. teachers or your child's teacher. Staff members have training in Cultural Competency for an understanding of all cultures, as part of the mandatory requirements for re-licensure in the state of Minnesota. MN Rule 8710.7200.

Millions of children will miss healthy school meals when pandemic relief expires this year

When schools pivoted to virtual learning early in the pandemic, the National School Lunch Program was thrown into chaos. Millions of children rely on school meals to keep hunger at bay, so school nutrition directors scrambled to adopt new, creative ways to distribute food to families. Some of these changes were improvements on the status quo, they say. And as part of pandemic relief legislation, the federal Food and Nutrition services agency waived the requirement that schools serve meals in a group setting, increased school-year reimbursement rates to summer levels for school food programs and granted more flexibility in how food is prepared and packaged. The Win-E-Mac School will serve free meals during the summer months but when school begins for the 2022/2023 school year, students will be charged for the lunch program, unless the MN legislature approves a bill to pay for meals. Parents should keep this on your radar for the next school year.

Tips to boost mental wellness

The most successful health care regimens incorporate a number of variables to help individuals achieve optimal health. Physical health garners considerable attention when developing a health care regimen, but it's equally important that individuals prioritize mental health as well.

Mental health has garnered considerable attention in recent years, and that's not solely a byproduct of the pandemic. Prior to the onset of the pandemic, in 2019 the World Health Organization launched the WHO Special Initiative for Mental Health (2019-2023). That's an effort to ensure access to quality and affordable care for mental health conditions in 12 priority countries. The WHO initiative reflects the growing recognition of the importance of mental wellness and its role in overall health.

Protecting mental health and boosting mental wellness can have a profound impact on individuals who are struggling with stress, anxiety and depression. The National Council for Mental Well-Being recommends these strategies to boost mental wellness and protect mental health.

• **Express your feelings.** Individuals should not feel the need to keep their problems to themselves. Speak with someone you trust about your feelings and share details of any problems you may be having. Keeping feelings bottled up inside can compound issues that are already adversely affecting your mental health.

• **Establish boundaries.** Individuals should not feel compelled to engage in activities they don't enjoy or no longer want to do. It's everyone's right to say "no," and exercising that right can improve mental health for individuals who routinely find themselves saying "yes" to activities they no longer

enjoy. For example, many working professionals may feel compelled to respond to work emails long after quitting time. That can have an adverse effect on mental health by making individuals feel as though they're constantly working. Answering emails only during working hours can provide the mental break individuals need to unwind and relax.

• **Recognize the role that physical health can play in protecting mental health.**

The National Council for Mental Well-Being notes that physical self-care helps individuals manage symptoms associated with mental health challenges. Eating right, exercising regularly and getting enough sleep can help individuals overcome mental health challenges and reduce risk for conditions such as anxiety and depression.

• **Find a healthy hobby.**

A healthy hobby can quell boredom and serve as a coping mechanism when issues like stress and anxiety begin to feel a little overwhelming. A healthy hobby can serve as a distraction and provide a getaway when individuals feel as though their mental health is suffering.

• **Don't hesitate to seek help.** Individuals have no issue visiting their physicians when they experience physical symptoms of illness or injury. That same lack of hesitation should be present when mental health issues arise. Mental health professionals can provide the same valuable services for mental health that physicians do for physical health.

Strategies to protect mental health is an important component of health care regimens. Individuals can learn more at mentalhealthfirstaid.org.



Each year the kids empty their Easter Egg finds after completing the hunt. Here, Jens Stordahl looks at his eggs to see what he has gathered.



Dressed to stay warm Emma Kaupang hunts for eggs around the snowy spots, during the McIntosh East Egg Hunt.

Honoring those who fell to protect our Country

The McIntosh Friends of Veteran's have submitted stories of 3 soldiers who died in battle who were from McIntosh or McIntosh area that we honor in our service.

This week the honored are:

Galen Birkeland, Private First Class, 38th Infantry Division, Korean War, Died in North Korea July 30, 1951 - He was 24 years, 6 months, and 5 days old

Slemer Ekre, Private First Class, United States Army, World War I, Died in France on September 26, 1918 at the age of 24 years, 29 days

Dean Frisk, Private, United States Army, Infantry, World War II, Died on June 22, 1945 at the age of 26 years, 1 month, 25 days.



Slemer Ekre, Private First Class, United States Army.

Selmer K Ekre

My name is Selmer Ekre. I was born in 1894 south of McIntosh, to parents Tosten and Hage. I am the uncle of Melford Grundyson of McIntosh.

On April 25, 1918, I sailed out of New York with Company "F", 139th Infantry, headed to Europe to fight in the Great War.

Five months later, on September 26th, the largest offensive in US military history, the Meuse-Argonne offensive, began. I was one of the 1.2 million American soldiers who fought in that Allied offensive. I died in battle on the very first day, in Lorraine, France.

The offensive lasted 47 days, before the November 11th Armistice ended the war. It is the second deadliest battle in American history, with over 26,000 American soldiers killed.

My remains were never identified. There is a memorial to honor me in the Bethel Cemetery in Winger.



Galen Birkeland

My name is Galen Birkeland, the oldest son of Tjostof and Amanda.

I was attending Mac Hi when I registered for the World War II draft. I was 6 feet tall and weighed 160 pounds; I had blue eyes and red hair.

World War II ended before I had to serve, but peace is fleeting. On October 23, 1950, I was sent to Korea with the 38th Infantry, 2nd Division.

In September 1951, my parents became worried when my letters to them stopped coming. They reached out to our congressman, who contacted the war department. Finally, on September 11th, they received a telegram telling them I had been killed while patrolling on July 30, 1951.

The Army awarded me a number of citations and medals, including the Purple Heart. However, what I really want you to know is that I died fighting for your freedom. I'm buried in Our Savior's Cemetery.



Dean Frisk, Private, United States Army.

Dean Frisk

My name is Dean Frisk. I was born in 1919 on the family farm in Lessor Township. My parents were Aron and Lydia; I had nine sisters and brothers.

I enlisted in the U.S. Army on April 24, 1945. I was an active-duty Private with Company C, 109th Infantry when I died from a gunshot wound on July 22nd at our training facility, Camp Joseph T Robinson in Arkansas. I left behind a wife, Lyla, and a 4-month-old son, Gary.

I am buried in New Sweden Cemetery, across the road from Trinity Church.

We all rest peacefully in our graves now, but we ended our lives facing death and fighting for our country. Please continue to fight for what's right, and don't let our sacrifice be in vain.



The McIntosh Community Club hosted their annual Easter Egg Hunt on Saturday, April 16th at Roholt Park. The kids lined up to dash for the colorful, candy-filled eggs scattered about even throughout the snow still left on the ground.