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'Witch' way to the party? Halloween treats were filling up the buckets of Grace Roed and Adler Stordahl during the Win-E-Mac Halloween Party held last Friday evening at the school gymnasium.

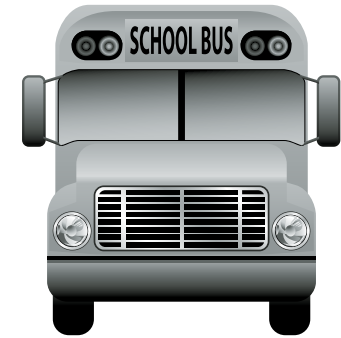
WEM shortens school day 15 minutes

Starting Monday, November 1st, 2021, the school day has been shortened by 15 minutes. Rather than dismissing students at 3:07, we will dismiss students at 2:52 instead.

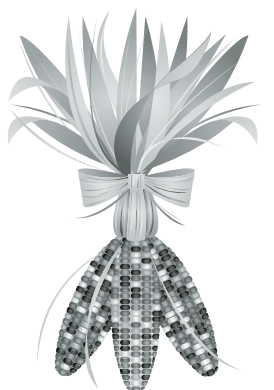
This is to accommodate the teachers who will continue to have students eating lunch in their classrooms through at least December 22nd. Further information is included in Mr. Bruer's letter to the parents below.

"I want to say Thank You to our parents for recognizing safety measures with our educational process. I know its hard work and we understand parents have a very difficult job. It's not easy, and our staff is working hard doing their best to do whatever we can to help our kids succeed. Teachers are relegated to computer screens, teaching to students in the classroom, sending homework home and reaching out to sick or quarantined students.

"Presently, we have our grades 2-12 eating lunch in their classrooms to prevent large gatherings and close encounters which spreads the COVID virus. It is unfortunate that we do not have a separate high school building and elementary building so students could eat in a shorter time period. What we are presently doing is working, so we want to extend the time of eating in classrooms and close encounters until December 22 or until our COVID numbers get much better. Quarantines and positive virus cases of students are high in our school, and this is hard on the educational sys-



tem and attendance. This is the reason we need to extend our safety measures. To do this we need to shorten the school day by 15 minutes, exactly like we did last year. Our day will end at 2:52 rather than 3:07. This will begin on Monday, November 1st Everything else will stay the same"



No School

Win-E-Mac School will have no school on Wednesday, November 24th, the day before Thanksgiving break.

Hwy. 2 road work west of Erskine nears completion

Motorists can access both eastbound and westbound lanes.

MnDOT announced today motorists on Highway 2 between Highway 32 and Erskine can now access both eastbound and westbound lanes. Motorists will experience lane closures while crews complete striping and rumble strips. The project is expected to be complete by mid-November, weather permitting.

During the project, crews installed a J-turn at Marcoux corner. It also included replacing the concrete pavement on the eastbound lanes between Highway 32 and two miles west of Erskine, as well as a portion east of Erskine near the weigh station.

Hoffman Construction was the contractor for the \$22.3 million project. The improvements provide a smoother roadway and increase safety. For more information, visit the website at www.mndot.gov/d2/projects/2021/hwy2-rci.

J-turns decrease fatalities and injuries caused by T-bone

crashes on four-lane divided highways. In some parts of the country, they are sometimes referred to as R-CUTs, Michigan Lefts, or Reduced Conflict Intersections. J-turns improve safety, with up to a 70 percent reduction in injury crashes nationwide.

Important reminders for motorists regarding work zone safety:

- Slow down when approaching every work zone, then navigate through with care and caution.
- Stay alert; work zones constantly change.
- Watch for workers and slow-moving equipment.
- Obey posted speed limits. Fine for a violation in a work zone is \$300.
- Minimize distractions behind the wheel.
- Be patient; expect delays, especially during peak travel times.

Please join the MnDOT District 2 Facebook group for updates on construction, road conditions and other transportation related topics.

Staying safe with winter approaching

The Polk County Sheriff's Office – Emergency Management Division is participating in the state-wide Winter Hazard Awareness Week campaign, which will take place November 15th – 19th, 2021. Winter Hazard Awareness Week is promoted by the Minnesota Department of Public Safety's Division of Homeland Security Emergency Management. This week allows Minnesotans an opportunity to familiarize themselves with the hazards we face each winter season. These hazards include dangers from winter weather, dangers from heating sources, and ventilation issues, just to name a few.

Each day of the week has a hazard topic. **Monday is Winter Weather Overview.** Minnesota experiences a vast variety of inclement weather conditions during the winter months. In Polk County we are especially prone to experiencing brutal cold, heavy snowfall, and extreme winds. A number of different watches, warnings, and advisories are issued during the winter season. Winter Weather

Advisories are issued when winter weather will cause travel difficulties. Winter Storm Warnings are issued for heavy snowfall, or the combination of dangerous blowing and drifting snow. A combination of blowing or falling snow, cold temperatures, and windy conditions can prompt a blizzard warning. Polk County is covered by the National Weather Service's Grand Forks Office. You can get additional weather information by visiting their website at: www.weather.gov/fgf.

Tuesday's topic addresses Outdoor Winter Safety. Whether you are out enjoying the snow, or forced to work in it, it is important to dress adequately. During brutally cold weather exposure to the elements can lead to hypothermia or frostbite. It is also important to consider the dangers of venturing onto thin ice. Remember that there should be at least four inches of fresh, clear ice before attempting to walk onto a frozen body of water.

Wednesday's topic addresses Winter Fire Safety.



During the winter season there is usually an increase of structure fires. Reasons for the

increase in structural fires includes holiday lights, holiday displays, and using alternative heating sources. To help prevent fires, keep decorations at least three feet from heating sources, and remember to check your furnace and chimney's to ensure they are operating properly.

Thursday's topic addresses Indoor Winter Safety. Some common indoor safety concerns that occur during the winter are monitoring carbon monoxide levels, managing moisture conditions to prevent mold and mildew growth, and minimizing chemical and environmental exposure.

Friday's topic covers Winter Driving. It is important to ensure that your vehicle has been serviced and is ready to take on the cold weather. A winter survival kit included in your vehicle could be the difference between life and death, in some situations. A winter survival kit should include a bag/container to store food and water, a flashlight, candles, matches, a blanket, and a distress sign to display in the window of your vehicle.

More information on the 2021 Winter Hazard Awareness Week can be found by visiting the Polk County webpage at : www.co.polk.mn.us or by visiting the Minnesota HSEM website at : <https://dps.mn.gov/divisions/hsem/>.



John Bachand and others have been diligently sorting through artifacts owned by the late Carol Anne Reese. One of the items they discovered was a First National Bank calendar from 1938 in like-new condition. John donated it to the bank, which has had it framed. Executive Vice President Philip Lee said: "The condition and the detail of the calendar is something you simply don't see these days. It is a snapshot of what the customer was most concerned about at that time. The emphasis on FDIC insurance and conservative mantra brings you back to a time when bank failures were still fresh in customers' minds. We're thankful for a robust and strong banking system that First National Bank of McIntosh can be a part of." Pictured here are Philip Lee and John Bachand. You can see the calendar hanging to the left of the door when you enter the bank.



Emma Kaupang gets some advice from her dad, Vance, as how to win at the cup game during Win-E-Mac's Halloween party.



Trying the plunger toss at the Win-E-Mac Halloween party last Friday evening was Autumn Plante.

It's up to every hunter to ensure safe-hunting trend continues

Minnesota has enjoyed two firearms deer seasons and nearly three years without a hunting-related firearms death—that's the longest stretch since the Minnesota Department of Natural Resources has been tracking these tragedies. And when the firearms deer season opens Saturday, November 6th, every hunter needs to prioritize safety to keep the trend going.

"Our goal is that every hunter make it home safely at the end of every hunt," said Col. Rodmen Smith, director of the DNR Enforcement Division. "That doesn't happen by

chance; it happens when all hunters understand what's at stake when they head out for the day."

While the number of hunting-related firearms fatalities has dropped significantly since the 1960's and 1970's, when it wasn't unusual for 10 or more hunters to die each year, safety officials say even one incident is one too many. In the past 10 years, a total of 14 people have died in firearms-related hunting incidents. Many of them happened during the firearms deer season. By following the basic rules of firearms safety, hunters can avoid most hunt-

ing-related firearms incidents:

- Treat every firearm as if it's loaded.
- Always control the muzzle.
- Be sure of the target and what's beyond it.
- Put finger on the trigger only when ready to shoot.

In addition to safe firearms handling and wearing blaze orange or blaze pink clothing, hunters also should keep safety top of mind when it comes to hunting from a tree stand. Accidents involving tree stands are the leading cause of injury among hunters.

As many as one in three hunters who hunt from an el-

evated stand will fall and sustain a serious injury. The following tips can help hunters stay safe while using elevated hunting stands:

- Check the stand before the season to ensure it remains in good working order.
- Climb into and out of the tree stand before the season begins, so that you remember what it feels like.
- Inspect the safety harness thoroughly, and use it when in the stand, as well as when climbing into and out of it.
- Maintain three points of contact with the steps or ladder at all times.

Choosing palliative care options

Modern medicine works marvels, though some conditions remain a mystery. When afflicted with a condition that has no cure, individuals suffering illnesses or other ailments may need to look for ways to feel better. This is the basis behind palliative care.

The Mayo Clinic says palliative care is specialized medical care that focuses on providing relief from pain and other symptoms of serious illnesses. Palliative care is not exclusively end-of-life care, but it can be. In fact, hospice care is a form of palliative care for terminally ill people.

The American Board of Internal Medicine Foundation offers that palliative care may include emotional, spiritual and physical support. In addition to pain management, palliative care may help relieve symptoms such as shortness of breath, anxiety, fatigue, nausea, and depression.

According to The World Health Organization, palliative care improves the quality

of life of patients, their caregivers and their extended families. However, only 14 percent of the estimated 40 million people across the globe who need palliative care currently receive it. Those with access to care can use these guidelines when selecting palliative care services.

- **Start** with your primary care physician to acquire the best care possible. He or she can put you on a path to building a palliative care team.

- **Have** a list of questions at the ready. These can include asking about the criteria for palliative services. What treatments will you have to discontinue and what can be continued? What to do if diagnosis/prognosis changes? Which professionals will be on the palliative care team?

- **Decide** where care will take place. Some palliative services, such as end-of-life hospice care, may take place in a hospice center or in a special wing of a hospital. Other palliative services occur at home.

Specify where you want to be cared for so that you can choose the right program.

- **Determine** if you can get assistance with advance directives. Some palliative care teams will work with volunteers in the legal and accounting fields to provide peace of mind. Chronic, life-threatening or serious illnesses may require individuals to document their plans while they're still of sound mind. They also can spell out desires and goals for treatment, in addition to establishing a health care proxy when the future may make decisions challenging.

- **Interview** and get to know potential palliative care providers. Assess more than an individual's credentials. Choose people who are compassionate and exhibit genuine concern for your well-being.

Palliative care is an important component of feeling well for as long as possible. It takes research and knowing what you want from care to find the best options.

Letter to the Editor

Dear Editor,
November is National Hospice and Palliative Care Month, a time to recognize and celebrate this specialized type of care—care for the whole person, including medical, emotional, personal and spiritual care, as well as grief support for the person's loved ones.

Hospice care impacts the lives of so many, from those who are facing a terminal illness and their families and caregivers to our community members who are dealing with grief and loss.

Experiencing end of life and grief are two absolutes in each of our lives—and there is support available to people during these tender times in life. Hos-

Essentia Health emphasizes importance, availability of flu shots

As health systems across our region confront increased demand for care and a subsequent stress on resources, Essentia Health reminds folks that getting a flu shot is an effective way to greatly reduce your chances of getting ill.

According to the Centers for Disease Control and Prevention (CDC), in 2019-20 flu vaccination "prevented an estimated 7.5 million influenza illnesses, 3.7 million influenza-associated medical visits, 105,000 influenza-associated hospitalizations, and 6,300 influenza-associated deaths."

Many health experts, including influenza specialists, are worried that the U.S. will experience a severe flu season this year. The warning stems from limited immunity against influenza after a record low number of cases in 2020-21 when masking and social distancing were so prevalent. Getting immunized against the flu is one way for communities to help ease the burden on health care providers.

"Vaccines, including influenza and COVID vaccines, are important tools to keep our selves and communities safe," said Roseann Hines, an Essentia Health pharmacist and our senior operations manager for medication use management. "It is important for us to do our part and obtain our influenza vaccine annually."

At Essentia, we've done our best to make it as convenient as possible for people to receive a flu shot. That includes during previously scheduled appointments; at one of our many pharmacies or clinics offering walk-in availability; or scheduling an appointment at your nearest Essentia clinic, which can be done via our MyChart patient portal or by calling (844) 663-1068.

The CDC offers numerous resources around the upcoming influenza season; access them by clicking here. As of Oct. 8, the CDC reports more than 128 million doses of flu vaccine administered in the U.S. for the current season.

Please note that, depending on the Essentia location you visit, you may be able to receive your flu shot and COVID-19 vaccine — or other needed vaccinations — simultaneously. The CDC's Advisory Committee on Immunization Practices has determined it safe to receive both a flu and COVID vaccination at the same time.

COVID-19 booster shots

Following recent guidance from the CDC and U.S. Food and Drug Administration, Essentia is ready to administer Pfizer-BioNTech and Moderna COVID-19 vaccine booster shots to the following populations:

- People aged 65 and older and residents of long-term-care facilities
- People aged 50-64 with underlying medical conditions that make them especially susceptible to severe COVID-19
- People aged 18-49 with specific medical conditions, based on an assessment of their individual benefits and risks
- People in the 18-64 age group who are at increased risk for COVID-19 exposure and transmission based on their oc-

pice care is a benefit our community members are entitled to receive, and it's about living the best quality of life possible, comfortably in wherever you call home.

2021 marks Hospice of the Red River Valley's 40th year of providing comfort and care through life's journey. We're proud to be the region's longest-serving hospice as we reflect on our roots as a community-based, nonprofit hospice. We're also humbled to say our values and work still reflect the same excitement, passion and purpose they did four decades ago.

Our co-founder, Dr. Joy Query, and a host of volunteers first brought hospice services to our region with the belief that everyone, including those who face end of life, deserves dignity and quality of life. They could see a better future for our

cupational or institutional settings

Both the Pfizer and Moderna vaccines are available under emergency use authorization (EUA) at least six months after the initial two-dose series. The Johnson & Johnson COVID vaccine, meanwhile, is available under EUA for all individuals aged 18 and older, and at least two months after an initial single dose.

The CDC also authorized the use of "mix-and-match" booster doses. A single booster dose of any of the available COVID-19 vaccines mentioned above may be administered as a booster following completion of primary vaccination with a different COVID vaccine.

The eligible groups and dosing intervals for mixed booster doses are the same as the vaccine used for primary vaccination. For example, those who received Johnson & Johnson as their primary vaccination may receive a single booster dose of Johnson & Johnson, Moderna OR Pfizer-BioNTech at least two months after their primary vaccination.

LSS Meals Menu 687-2262

Tues, November 9th - Beef Macaroni Hotdish - Peas - Tropical Fruit - Garlic Texas Toast - Roman Apple Cake - Milk

Wed, November 10th - Chicken Fried Beef Steak - Mashed Potatoes & Gravy - Peas & Carrots - Bread - Cinnamon Apples - Milk



- Wed. Nov. 3:** Ethan Ekeberg, Sharon Hegland
Thurs. Nov. 4: Greta Strom, Cameron Svalen
Fri. Nov. 5: Avery Ostenaar
Sat. Nov. 6: Judy Bartz, Carolyn Lundquist, Jessica Goodwin, Davin Swanson, Kathy Nornes
Sun. Nov. 7: Philip Carlson, Sandy (Brekke) Enger, *Wade & Tina Farrell
Tues. Nov. 9: Tyler Schow, Lynette Espeseth

communities—just as you and countless individuals have by investing in our care.

We express our deepest gratitude to the region, communities, families and individuals who have entrusted us with the sacred gift of helping families and friends create more meaningful moments together.

This includes those whom we've cared for, volunteers, donors and staff; you all make this work matter. Thank you for the incredible support and care you have given to ensure our mission continues well into the future—and beyond our founders' original hopes and dreams.

Choosing hospice gives people the peace of mind and the care they need, while also providing them with moments of joy, peace and comfort. If you're unfamiliar with the benefits of hospice care, please visit our website or call (800) 237-4629 to learn more.

With gratitude,
Tracee Capron
Executive Director
Hospice of the Red River Valley



ST. MARY'S CHURCH Fosston Fr. John Suvakeen, Pastor

Wed. Nov. 3: 11:30am Mass at St. Mary's, Fosston
Fri. Nov. 5: 5:30pm Mass at St. Mary's, Fosston (first Friday)
Sun. Nov. 7: 8:00am Confession, St. Mary's, Fosston; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Tues. Nov. 9: 5:00pm Mass, Bagley
Wed. Nov. 10: 11:30am Mass at St. Mary's, Fosston
Thur. Nov. 11: 11:30am Mass at St. Joseph's, Bagley
Fri. Nov. 12: 8:30am Mass at St. Mary's, Fosston
Sun. Nov. 14: 8:00am Confession, St. Mary's, Fosston; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

OURS SAVIOR'S LUTHERAN CHURCH (ELCA) McIntosh Supply Pastor Gordon Syverson

Sun, Nov 7:: 9:30 am-Coffee hour at Our Savior's; 10:30 am-Worship at Our Savior's
Sun, Nov. 14: 10:00 am-coffee hour at Calvary; 10:30 am-Worship at Calvary

MCINTOSH AFLC McIntosh Trinity / Mount Carmel: Pastor Karl Anderson

Sunday Services
9:30 Mt Carmel
1100 Trinity
Video Sermon - GVTel Channel 30
9:00am Sunday
Repeated 6pm Wednesday
Also available on the McIntosh Free Lutheran YouTube Channel

GOSEN LUTHERAN CHURCH Independent Gary Johnson, Pastor www.gosen-church.com Face Book: Gosen Church

Fri. Nov. 5: 10:00am Telecast of Luther League program on GVTV-30
Sun., Nov. 7: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service (also on Facebook: gosenchurch and gosenchurch.com)
Tues. Nov. 9: 10:00am Sunday worship service telecast on GVTV-30
Wed. Nov. 10: 6:30pm Bible Study at Sharon Ramberg's home
Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

CALVARY-IMMANUEL LUTHERAN PARISH Winger/Bejou Supply Pastor Gordon Syverson

Calvary Lutheran Church, Winger, Immanuel Lutheran Church, Bejou, and Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit Calvary. Our Saviors service will be available by 8:30 am each Sunday until further notice.

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- Anonymous

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"Serving the Win-E-Mac area"

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M3-28C

20 years ago...2001: The royal court was named to reign over Homecoming festivities at Win-E-Mac on Tuesday evening. (back, l-r) Crown bearer, Amy Glass, Homecoming Queen, Jamie Foss, Homecoming King, Seth Johnson, and Crown bearer, Cody Lee. (Front) Senior candidates, Zach Lien, Jill Salvhus, Travis Keeler, Melissa Hamre, Travis Kolden, Kristen Hole.

Win-E-Mac HALLOWEEN fun!



Win-E-Mac Senior Savhanna Svalen helping out with games at the Halloween party last Friday evening.



Kalli Hand was one of the many high school students helping with the Halloween party.



Jens Storday enjoying the games.



Gemma Cook makes the most adorable unicorn.



Roman Shultz with his mom, Amanda at the Win-E-Mac Halloween party.

Get kids on a healthy track

Childhood obesity is a serious medical issue affecting children around the world, but notably in North America. While the issue has been around for decades, the Centers for Disease Control and Prevention says American children and teenagers have witnessed a significant increase in weight gain since the COVID-19 pandemic began.

Younger school-aged children have been among the hardest hit during the pandemic.

A study published in September 2021 found the percentage of obese children and teens increased to 22 percent compared with 19 percent before the pandemic. The CDC looked at the BMI of study subjects between March 1, 2020 and November 30, 2020. One of the study's authors, Dr. Alyson Goodman of the CDC's National Center for Chronic Disease Prevention and Health Promotion, described the results as "substantial and alarming."

Being less physically active, overweight and eating the wrong foods can start children on a path toward problems that once were only considered conditions of adulthood, namely hypertension, diabetes

and high cholesterol, offers the Mayo Clinic. To reverse course, parents, guardians and educators can focus on helping children become more physically fit. The following are a few ways to do so.

• **Encourage participation in sports or other physical activities.** Sports practices, games, competitions, and other activities may keep children moving for an hour or more several days per week. However, the American Academy of Pediatrics states that only 25 percent of children get the recommended 60 minutes of physical activity per day. Emphasize a fun activity with a focus on movement that produces shortness of breath, body warmth and sweat. These are indicators that the heart rate is really pumping.

• **Use exercise as a reward and not a punishment.** Make exercise something kids can look forward to. Reward a job well done on a test with extra time biking with friends or a hiking trip to a scenic national park. Kids will be begin to associate exercise with fun.

• **Offer a variety of foods.** Kids who eat a variety of foods are more likely to get the nutri-

ents the body needs, according to Kids Health® by Nemours. These healthy foods should include at least five servings of fruits and vegetables a day, with an emphasis on vegetables.

• **Limit screen time.** Children may be inclined to entertain themselves by heading for the television, mobile phone or tablet first, especially after a year-plus of being stuck indoors. But parents can make a concerted effort to limit kids' screen time in favor of more physically challenging pursuits.

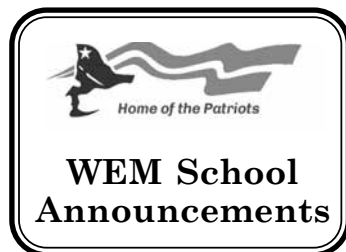
• **Teach healthy eating habits.** A Harris Poll survey

conducted on behalf of the American Psychological Association found that 61 percent of respondents age 18 and older reported a median weight gain of 15 pounds during the pandemic. Teach children that weight loss is accomplished when more calories are burned than consumed. Pay attention to portion sizes and explain how beverages like fruit juices can be sneaky sources of extra calories.

Children may need a little extra help getting fit, especially if they gained weight during the pandemic. Teaching healthy habits now can help kids enjoy healthy futures.



Best buddies Carter Bartz and Hudson Swanson enjoying some Halloween fun at Win-E-Mac School Party last Friday.



WEM School Announcements

Information for parents: If your family lives in any of the following situations:

In a shelter; In a motel or campground due to the lack of an alternative adequate accommodation; In a car, park, abandoned building, or bus or train station; Doubled up with other people due to loss of housing or economic hardship.

Your school-age children may qualify for certain rights and protections under the federal McKinney-Vento Act

Your eligible children have the right to:

Receive a free, appropriate public education; Enroll in school immediately, even if lacking documents normally required for enrollment; Enroll in the local school; or continue attending their school of origin (the school they attended when permanently housed or the school in which they were last enrolled), if that is your preference. *If the school district believes that the school you select is not in the best interest of your children, then the district must provide you and inform you of your right to appeal its decision; Receive transportation to and from school of origin, if you request this; Receive educational services comparable to those provided to other students, according to your children's needs.

If you believe your children may be eligible, contact the local liaison to find out what services and supports may be available. There also may be supports available for your pre-school age children.

Local Liaison: (218) 563-2900; State Coordinator: (651) 582-8385.

If you need further assistance with your children's educational needs, contact the National Center for Homeless Education: 1-(800) 308-2145; homeless@serve.org; <http://nche.ed.gov>

Win-E-Mac Junior High VEX IQ Robotics Team

We are excited to announce that this year the VexIQ program is back at Win-E-Mac. This is a feeder program for our varsity VEX Robotics team.

Participation on this junior high team will be offered to 6th and 7th graders.

If you are part of the team you will be expected to make all practices, work well with

all teammates, and attend the robotics tournaments that we participate in.

Failure to do these things consistently will result in dismissal from the robotics program for this season.

Why join? Robotics is engaging, hands-on problem solving that helps students express themselves in a different way than typical learning. Teamwork, problem solving, and persistence will be skills that students will sharpen through joining a robotics team.

We will try to have an even number of 6th, and 7th graders on the teams, but it all depends on who shows interest and who we feel can be relied upon to meet our team's expectations of teamwork and participation. The Robotics season will run from October through February.

WEM Robotics Expectations

- work as a team
- take criticism and use it to make improvements
- plan and prepare before building
- listen and take directions/instructions from teammates and teachers
- respect the robotics room and equipment

If you are interested please fill out the attached application form and return it to Mr. Langemo by Friday, October 29. Being a part of our robotics teams is a huge commitment; practices will be held outside of the school day, possibly before school.

If you are interested in robotics, but this commitment is too much for you, or you feel you can meet the expectations, there is always next year.

If you would like to learn more about this program you can visit <https://www.vexrobotics.com/vexiq>.

Yearbook staff is taking pre-orders for this year's book to be distributed upon completion in May of 2022. The Yearbook will feature a classic theme featuring letter art, and it will contain 80 pages! Seniors, underclass, students, events, activities and fun memories will be captured and displayed from cover to cover in full color! Cost is \$35.00 now and until December 22nd and will cost \$40.00 after December 22nd. Yearbooks can be purchased in the office or from Mrs. Winter (room 51) before or after school or during students' noon hours. Complete a form and submit your payment.

Choir
Wreath Fundraiser From now until November 5th, the band and choir will be selling wreaths. All funds will go into the bank for the choir and band trip of 2023. Any checks can be made out to Win-E-Mac.

Final month for songbird art contest



The deadline to enter Wildlife Forever's 2021 Songbird Art Contest is November 30th. The new Art of Conservation Program is open to all youth in kindergarten to 12th grade and is a great activity for students to learn about bird conservation.

To compete, young artists must create an original illustration that includes one of the following species: Veery, Wood Thrush, Black-Capped Chickadee, Yellow-rumped Warbler and the American Robin.

Along with an original illustration, students in grades 4th-12th will also need to submit a one-page creative writing essay.

The Art of Conservation programs ignite new passions and help create the next generation of stewards. Young artists from around the world have the opportunity to win prizes and recognition while learning about songbirds, their habitats and how they can help reverse their population decline.

"Teaching conservation through the arts builds important life skills and connects young people to nature," said Pat Cenemius, President & CEO of Wildlife Forever.

Winners will be honored in four grade categories: K-3, 4-6, 7-9, and 10-12.

Judging will occur in December and winners will be announced on January 5th, 2022.

Submit your entry today at www.songbirdartcontest.org!

The Art of Conservation™ is an art and writing competition created in partnership with the Jay N. Darling Legacy Center, focused on sharing the wonder and species of diversity of North American songbirds.

To enter, artists create an original illustration from the official contest bird list and a written essay about lessons learned and efforts to conserve their chosen species.

Entries are judged in four age levels: K-3rd, 4th-6th grades, 7th-9th grades, and 10th-12th grades. The Songbird Art Contest Adult Division will be announced in 2022. Learn more at www.Songbird-ArtContest.org

About Wildlife Forever: Our mission is to conserve America's wildlife heritage through conservation education, preservation of habitat and scientific management of fish and wildlife.

Wildlife Forever is a 501c3 non-profit dedicated to investing resources on the ground. Recent audits reveal that 96% of every dollar supports our award-winning conservation programs. Join Today and learn more about the Art of Conservation® programs, Clean Drain Dry Initiative™ and Prairie City USA® at www.WildlifeForever.org.