



McINTOSH Times

Hub of the Thirteen Townships

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\$1.00



Ella and Rosie Subbert and along with their cousin, Dinah Opdahl attending to the MCCL Speak LIFE booth at the Clearwater County Fair. They handed out balloons, information and smiles.

Make plans for Tractor Day in McIntosh

McIntosh will hold its annual Tractor Day on Saturday, August 28th.

The day will begin with the Antique Tractor Parade down Main Street starting at 11:00 am.

Tractor line-up begins at 9:00 am at Erickson Park on the east side of McIntosh.

After the parade there will be the Kiddie Tractor Pull in front of the Fire Department. The event is sponsored each year by the Polar Beach Snowmobile Club.



The Tractor Pull will take place on the old football field

around 1:00 pm. Pullers must be registered and pay their fees to participate.

There will also be food vendors on Main Street featuring hot dogs, hamburgers, candy, popcorn, pop, water and much more.

The Shoppes of McIntosh will be open their regular hours and will have special deals for the day.

Make plans to attend the Annual Tractor Day in McIntosh on Saturday, August 29th starting at 11:00 am.

Easing border measures for fully vaccinated travelers entering Canada

Non-essential travel to Canada has been banned since March 2020.

On Monday, August 9th Canada begin to allow entry to American citizens and permanent residents, who are currently residing in the United States, and have been fully vaccinated at least 14 days prior to entering Canada for non-essential travel.

This preliminary step allows for the Government of Canada to fully operationalize the adjusted border measures ahead of September 7, 2021, and recognizes the many close ties between Canadians and Americans.

With the advent of increased vaccination rates in Canada, declining COVID-19 cases and reduced pressure on health care capacity, the government intends to bring a number of changes into effect, provided that Canada's COVID-19 epidemiology remains favorable.

This is good news for Minnesotans who live on the Northwest Angle and have been cut

off from the rest of the state — and country — for more than a year.

Non-essential travel has been banned since March 2020 and others headed to Canada had to observe a 14-day quarantine. This will be waived once travelers from the U.S. have received a full course of the COVID-19 vaccine approved for use in Canada, a news release says. That includes the Pfizer, Moderna and Johnson and Johnson vaccines.

In addition, fully vaccinated travellers must also:

- provide COVID-19-related information electronically through ArriveCAN (app or web portal) including proof of vaccination prior to departing for Canada (subject to limited exceptions);
- meet the pre-entry testing requirements;
- be asymptomatic upon arrival; and
- have a paper or digital copy of their vaccination documentation in English or French (or certified translation, along

with the original) ready to show a government official on request.

All travellers must still present a suitable quarantine plan, and be prepared to quarantine, should they not meet all of the conditions required to be exempt from quarantine.

They will also be required to follow public health measures in place, such as monitoring for signs and symptoms of COVID-19, wearing a mask when in public and keeping a copy of their vaccination documentation and test results - as well as a list of close contacts and locations visited - for 14 days after entry to Canada.

Entry of unvaccinated children under 12 years of age, or unvaccinated dependent children (due to a mental or physical condition), who are U.S. citizens or permanent residents currently residing in the U.S. and who are accompanying a fully vaccinated parent, step-parent, guardian or tutor who has a right to enter Canada.

A blast from the past ...coming this Friday

The community is invited to share with a few hours with an icon from the past.

On Friday, August 13th beginning at 3:00 pm there is an opportunity to be served by an very special man at Little Bobby's Bar & Grill on Main Street in McIntosh.

This man has sang the Lord's Prayer at so many funerals, painted and stained



houses for hundreds of fami-

lies and has given so much to our community.

He does not want to be identified but he will be working and serving others at Little Bobby's Bar & Grill on Main Street in McIntosh on the Friday, August 13th.

Please stop by Little Bobby's Bar & Grill and say hi and tell him that has made a difference.

2nd Annual Flea Market Flip this Saturday on Main Street in McIntosh

This Saturday, the Shoppes of McIntosh will host the 2nd Annual Flea Market Flip Competition outside the shops on Main Street,

Anyone can sign up to compete and last year the teams that competed made some amazing and original designs.

Wondering what it entails, well, here is some more information.

There will be 12 teams of 2 people, your teammate is your choice, and can be a friend or



family member.

Each team has a \$150 budget and 2 hours to shop. The purchases must be from each of the Shoppes of McIntosh (The Red Poppy, The Ginger

Junker, Northern Prairie Aromatherapy, Minnesota Rust, Howard Soap Company and Neil's Quality Meats & More).

Then this week, the teams re-imagine and re-work their items into a winning design.

Saturday, the teams will display their creations, and visitors will vote for the most Creative and Fan Favorite. The team that sells their item and makes the most profit will be the winner of \$250 plus their profit.



A golfing day with friends during the 7th Annual Bryan Stordahl Memorial Golf Tribute were Bryce and Andrea Stordahl with Katie and Josh Roed last Saturday at Oak Lake Golf Course in Erskine. There was a silent auction held at The Deuce Bar & Grill in Erskine following the Tournament. If you would like to donate to the V Foundation in honor of Bryan please visit www.v.org.

East Polk County now in Drought Warning stage

Drought is defined as a period of abnormally dry and/or unusually hot weather sufficiently prolonged for the corresponding deficiency of water to cause a serious hydrologic imbalance.

When a serious hydrologic imbalance occurs, soil moisture reserves, groundwater supplies, lake levels and stream flows are negatively impacted. Water-dependent industries including agriculture, public utilities, forestry and tourism are profoundly affected.

With 79 percent of Minnesota now experiencing severe drought and 35 percent experiencing extreme drought (link is external), the state is in drought warning phase. With this designation, the DNR and others are taking additional steps.

The warning phase for drought occurs when a significant portion of the state passes thresholds for severe drought conditions at major watersheds. We have reached this threshold. The warning phase for public water suppliers using the Mississippi River is also triggered when stream flows in the Twin Cities Metropolitan Area have dropped below designated levels. The thresholds for drought watch and warning conditions are specified in the Minnesota Statewide Drought Plan.

Drought is a naturally occurring feature of Minnesota's climate. Some level of moderate and severe drought typi-

cally occurs in the state almost every year for at least a few weeks. Most severe drought in Minnesota is short-lived, but drought in Minnesota does occasionally enter the extreme intensity classification.

Under current conditions, it will take at least five to eight inches of precipitation spread over a period of about one month to significantly alleviate drought. Soils are more efficiently replenished by multiple rainfall events than by any single heavy rainfall event. Surface water and groundwater respond somewhat differently over time.

Drought conditions have elevated fire danger in roughly the northern two-thirds of the state.

The Minnesota Statewide Drought Plan identifies specific actions that need to be taken during a drought warning phase. These actions include:

- Convening the State Drought Task Force, a panel of state, federal, regional and local experts with water-related responsibilities. The Task Force was last previously convened in 2012.

- Notifying water appropriators with DNR permits that they should follow water conservation measures such as reducing landscape irrigation, using more efficient irrigation equipment, and checking for and repairing water leaks. Water appropriation permit holders can contact the local DNR area hydrologist (link is exter-



Area crops are experiencing severe stress due to lack of water as East Polk County enters extreme drought intensity.

nal) for technical assistance or with any questions.

- Notifying public water suppliers that it is time to implement their water-use reduction actions. Residents and landowners should watch for communications from their municipal or public water supplier for details on local water use reduction actions and restrictions.
- Temporarily suspending or modifying some water ap-

propriations in response to low stream flow conditions as necessary. As of July 29, 2021 the DNR has suspended water appropriations in 17 watersheds. Suspension of more surface water appropriations is expected, unless there is a dramatic change in the current precipitation pattern.

Lake and river levels are dependent on the amount of precipitation an area receives, how much of that moisture

is contributed by runoff, how much water is recharged or discharged through groundwater, and how much water evaporates.

Very few lakes and rivers are regulated by water control structures. For those situations where control structures are present, they are operated according to the authorized project purposes and associated operating plans for those structures.

Manipulation of lake levels, such as adding or removing stop logs at lake outlets, requires DNR authorization under a public water works permit. Any unauthorized lake level manipulation is illegal.

Water appropriation permits that withdraw water directly from lakes are subject to suspension when lake levels go below specified protective elevations.

Simple ways to incorp orate reclaimed wood in your home

Homes come in many sizes and styles. But whether your home is a palatial postmodern masterpiece or a cozy farmhouse, reclaimed wood can be utilized to create an awe-inspiring interior.

Reclaimed wood serves both aesthetic and practical purposes. Visually stunning, reclaimed wood also is a great way to make use of old-growth forest wood.

Why is that significant? According to the United States Forest Service, just 3 percent of old-growth forest has survived into the second decade of the 21st century.

Old-growth forest wood like that from longleaf pine trees has long been touted as excellent building material, but the pine utilized today comes from trees that are cut down when they're young. Reclaimed wood taken from old or demolished

homes built with old-growth forest wood offers access to this highly valued building material while also providing the environmental benefits that come with reusing existing materials.

Reclaimed wood can be incorporated into a home's interior rather easily, and the results are often stunning.

· **Accent wall:** Transforming a wall into an accent wall with reclaimed wood is a simple project that won't affect the existing design of a home's interior. A living room or home office can be given a whole new look with the addition of an accent wall made from reclaimed wood. Homeowners who want their bedrooms to give off the vibe of a rustic retreat can consider adding an accent wall made of reclaimed wood.

· **Furniture:** Reclaimed wood also can be put to use, or

reuse, as furniture. A home office desk made from reclaimed wood can be both stunning and sturdy, while end tables and coffee tables made from reclaimed wood can add some unique character to a living room.

· **Kitchen islands:** Homeowners who aspire to have a farmhouse kitchen can consider reclaimed wood when creating their kitchen islands. Reclaimed wood can be used to make the body of the island, complete with cabinets and drawers, that sits beneath the countertop where cooks will prepare their meals.

· **Storage beds:** Guest rooms tend to be smaller than other rooms in the house, and that means little room for furniture like dressers. Rather than cramming lots of furniture into a small room, homeowners can utilize reclaimed

How to create a sunroom

As fall inches closer to winter, it's not uncommon for people to look to the coming cold with a degree of lament. Spring, summer and fall provide ample opportunities to enjoy the great outdoors, but such chances are few and far between once the winter freeze settles in.

Though winter might compel the masses to huddle up inside, there's still a way to take in the great outdoors on cold winter days and nights.

It might not prove an exact substitute for summer nights around the firepit, but a sunroom affords homeowners a chance to marvel at snowy winter landscapes without venturing out into the cold. Sometimes referred to as "all-season rooms," sunrooms can make for a great retreat on quiet summer mornings or crisp autumn afternoons.

Sunrooms can be treated as blank canvasses, which makes decorating them more fun. But a few tricks of the trade can help homeowners turn their blank canvasses into welcoming spaces to take in all that nature has to offer throughout the year.

· **Define the purpose.** The experts at Better Homes & Gardens recommend homeowners decide how they want to use the sunroom before they begin decorating it. When the weather gets too chilly to dine outside, will the sunroom serve as an alternative dining space in the same way patios and decks do during the warm weather? Or do homeowners want to turn their sunrooms into reading rooms? Though

it's possible to make sunrooms multipurpose spaces, it may be hard to create a relaxing vibe in rooms that are too crowded with furnishings or too busy. Defining how the space will be used also makes it easier when shopping for furnishings.

· **Define when the room will be used.** In addition to defining how the room will be used, homeowners should give ample consideration to when the room will be used. A year-round sunroom will need to be heated, while a three-season sunroom likely won't require heating.

Cooling might be a concern on hot summer afternoons, but many homeowners will likely spend such days outside anyway, so cooling the room may be as simple as installing a ceiling fan and ensuring windows can be opened to let fresh air in.

Homeowners who want a year-round sunroom should install insulated glass to keep the room even warmer when the mercury dips.

· **Opt for bright colors.** Bright colors can make sunrooms feel all the more inviting and make for a perfect match with all the natural light already in the room.

The renovation experts at HGTV note that white walls and ceilings can maximize the warm illumination of the natural light that will be pouring in from the floor-to-ceiling windows.

Better Homes & Gardens adds that brightly colored cushions, pillows and area rugs with similarly hued colors and patterns can add visual inter-



est and texture to a sunroom.

· **Make use of a view.** Homeowners needn't direct too much of their focus on decor if their sunrooms come with a view.

Art on the walls and other decorative items around the room are less important if a sunroom affords a view of the ocean or a lake or dense woods



The family of
Vivian (Benson) Hanson
cordially invites you to an
"Open House"
honor of
Vivian's 100th Birthday
on Saturday, August 28th
It will be held at the
Grace Lutheran Church in Erskine
from 2:00 pm - 5:30 pm beginning
with a program at 2:00 pm in the
sanctuary with a luncheon to follow.
Come and enjoy music, fellowship
and food! No gifts necessary.



wood to create storage bed frames. The frames won't take up extra space in the room, reassuring guests that they won't be spending a weekend in cramped quarters. And the rustic look of reclaimed wood storage beds can be an instant stunner when guests arrive.

Reclaimed wood can be incorporated into a home in myriad ways.

This stunning, eco-friendly design choice can add instant appeal to any home.

Mac Senior Meals to resume dining at Community Center

McIntosh Senior meals will resume dining inside of the Community Center, to those that choose to on Tuesday, August 17th and 18th.

Seniors can have the option to pick up their meals to take home or sit in the Community Center and dine with neighbors and friends.

You can also receive meals for the remainder of the week, should you want, this is an optional service available to recipients of the meals.

If you are interested in either the home meal or dine in meal on each Tuesday and Wednesday, you can call the

LSS Senior Meal site in Erskine to add your name to the list for a meal at 687-2262 for more information.

LSS
Meals Menu
687-2262

Tues, August 17th - Liver & Onions or Salisbury Steak - Mashed Potatoes & Gravy - Green Beans - Wheat Rolls - Roman Apple Cake - Milk
Wed, August 18th - Baked Turkey - Mashed Potatoes & Gravy - Beets - Wheat Roll - Crazy Chocolate Cake - Milk

MAC TO FLUSH WATERLINES
The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer. Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.

Taco Bar at MSL
The McIntosh Senior Living QAPI committee is raising money to purchase some fun extras for the residents and staff. There will be a taco bar on Tuesday, August 31st from 11:00 am to 1:00 pm at McIntosh Senior Living. The \$7 price includes tacos, rice krispy bar and lemonade. Takeout or delivery withing the McIntosh City limits is available by calling 563-2715. Outdoor seating will be available weather permitting. Who doesn't love tacos? See you there!

Community
Birthday and
Anniversary
Calendar

Wed. Aug.11: Violet Ronne, *Shawn & Tamera Ostenaa
Thurs. Aug.12: Marly Halland, *Paul & Diane Lindseth, *Davin & Amanda Swanson
Fri. Aug. 13: Curt Bartz, *Chad & Janelle Haas
Sat. Aug. 14: Breelyn Hegre, Alex Shaver *Bruce & Diane Grundyson
Sunday Aug. 15: Nathan Vigoren
Mon. Aug. 16: Bobbi Jo Bartz, Charles Svalen, Erik Tranby, William Kl-emer, Rachel Roed, *Cody & Ashleigh Bartz
Tues. Aug. 17: Skylar Olson, *Dave & Amie Erickson

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh Supply Pastor Gordon Syverson
Aug. 15: 9:30 am Coffee hour at Calvary; 10:30 am-Church at Calvary

MCINTOSH AFLC McIntosh Trinity / Mount Carmel:
Pastor Karl Anderson
Service Times for the remainder of the summer will be: 9:30 Mt Carmel 11:00 Trinity
Social distancing practices will be encouraged.
Video Services will continue on GVTV Channel 30 at 10am Sunday, 7pm Sunday and 6pm Wednesday.
Also available on the McIntosh Free Lutheran YouTube Channel.

GOSEN LUTHERAN CHURCH Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church
Sun., Aug. 15: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service (also on Facebook: gosenchurch and gosenchurch.com)
Tues. Aug. 17: 10:00am Sunday worship service telecast on GVTV--30
Wed. Aug. 18: 6:30pm Bible Study at Sharon Ramberg's home

Gosen Church is located 4 miles south of the junctions of Highways 2& 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

CALVARY-IMMANUEL LUTHERAN PARISH
Winger/Bejou Supply Pastor Gordon Syverson
Calvary Lutheran Church, Winger, Immanuel Lutheran Church, Bejou, and Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit Calvary. Our Saviors service will be available by 8:30 am each Sunday until further notice.

Serve up a slice of sweet flavor

Pie is delicious any time of year, but especially when seasonal fruits are included in the recipe.

When the weather warms up, mouthwatering blueberries are in season, making this an ideal time to enjoy some blueberry pie. According to Peggy Brusseau, author of "The Contented Vegan" (Head of Zeus), fresh blueberries help to make a memorable pie, especially when paired with apple, which brings sweetness and a contrast in texture.

Home chefs can use Brusseau's recipe for "Blueberry Apple Pie" to create their own delicious dessert. This recipe is designed for those who adhere to a vegan diet, but bakers can substitute a traditional pie crust if desired.

Blueberry Apple Pie
Makes 1 large pie
1 quantity Vegan Shortcrust Pastry (see below)
2 medium apples
2 1/4 pounds fresh blueberries
1/4 cup granulated sugar
2 tablespoons all-purpose flour
(Alternative: Use 1 tablespoon oat bran instead of the flour)

Preheat the oven to 350 F. Line an 11 1/4 inch pie dish with half of the pastry, and prepare the top crust.

Peel, core and slice the apples. Spread the apple slices

over the bottom of the pastry base. Tip the blueberries into the pie dish, and spread evenly to cover the apples.

Mix together the sugar and flour in a small bowl, and sprinkle the mixture evenly over the berries.

Position the prepared top crust over the pie, seal together the edges of the pastry and pierce the top crust with a fork or knife.

Bake for 25 to 30 minutes until the pastry is golden and crisp.

Cool and serve.
Vegan Shortcrust Pastry
Makes top and bottom pie crust

1 cup all-purpose flour, plus extra for dusting
23/4 ounces coconut oil
1/3 cup fine cornmeal
Measure the flour into a large bowl. Add the coconut oil

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McIntosh Times
PUBLISHED WEEKLY IN THE HUB OF THE THIRTEEN TOWNSHIPS BY RICHARDS PUBLISHING CO., INC.
RICHARD D. RICHARDS, PUBLISHER
KIM HEDLUND, EDITOR
McIntosh (218) 563-3585
Cell: (218) 280-1684
Gonvick (218) 487-5225
"McIntosh Times" (USPS 336-020) is published weekly for \$30.00 per year (in county) and \$40.00 per year (out of county) by Richards Publishing Co., Inc., 1st & Main Ave., Gonvick, MN 56644. Periodicals postage paid at McIntosh, MN.
POSTMASTER: Send address changes to: McIntosh Times, PO Box 9, McIntosh, MN 56566. mcintoshtimes@gmail.com
"Serving the Win-E-Mac area"
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M3-28C

Pre-winter perennial pruning pointers

Foliage and football might be two things people instantly associate with fall, but there's more to this beloved season than brightly colored leaves and action on the gridiron.

Gardeners know that spring is an ideal time to plan and plant their favorite flowers and most flavorful fruits and vegetables. However, seasoned gardeners know that gardening is a year-round commitment. Pruning is one of the keys to keeping perennials coming back for years to come, and fall is an ideal time to take on this important task.

Pruning perennials in the fall is not a one-size-fits-all endeavor. According to the Old Farmer's Almanac, some perennials can be cut down after the first killing frost, while others can be left to benefit wildlife, including birds and insects. Understanding pruning and when to do it this fall can help gardeners lay a strong

foundation for their gardens that will benefit them next spring.

Why should some perennials be pruned?

The College of Agricultural Sciences at Pennsylvania State University notes that perennials that have become diseased or infested with insects are pruned to prevent those problems from resurfacing in the spring. In addition, according to the Old Farmer's Almanac, many herbaceous perennials have old foliage and dying stems after several hard frosts. If dead foliage or dying stems aren't pruned, disease, slugs and other pests can overwinter in the plants. Cutting these plants down to the ground after several hard frosts allows the base of the plant to remain dormant over the winter but makes the plant less hospitable to disease and insects.

Which perennials should I prune?

The first step to pruning perennials is to recognize which need to be pruned and which can be left intact for the winter. The Old Farmer's Almanac notes that bee balm and phlox are prone to powdery mildew and should be cut back once they're gone. Hostas harbor slug eggs, so they, too, should be pruned after a hard frost. Hosta leaves that have fallen on the ground should be removed as well. There's no need to cut back certain perennials if they're healthy. For example, hardy geraniums do not require pruning in the fall, and Penn State Extension notes that hardy perennials like garden mums are more likely to survive a cold winter if they're left intact. That's because the tops of such plants will collect leaves and snow for insulation and moisture over the course of winter. Gardeners who are unsure about fall pruning can speak with their local garden-

ing center for additional advice regarding which plants to cut back before winter.

When to prune perennials

Gardeners need not rush to prune perennials in the fall. Diseased or infested plants can be pruned at the first sight of disease or infestation, but gardeners can wait until several hard frosts have occurred before they prune healthy perennials. In gardening parlance, a hard frost refers to when temperatures drop below 28 F. Several hard frosts kill the uppermost growth of most perennials, making this an ideal time to prune them.

Pruning perennials in fall can be the first step toward creating an awe-inspiring spring garden.

Right: 10 years ago...2011: Melissa Christen, Wayne Strom and Judy Newton were delighted to have their book "Country School Memories of East Polk County" in hand and ready to sell in time for the Heritage Days celebration in Fosston.

(Below) 20 years ago...2001: The Win-E-Mac Majors Baseball Team is comprised of the older boys involved in the Summer Recreation Program. The team is coached by Eric Hoffmann and they are 3 and 2 for the new season. (back, l-r) Trevor Omang, Carl Hedlund, Brendan Morrison, Ben Theis and Coach Eric Hoffmann; (front) Andrew Renna, Aaron Cook, Justin Paquin, Casey Hanson and Matt Sandberg. Not present for the photo were Nate Stark and Andrew Bruggeman.

PIECES FROM THE PAST



40 years ago...1981: (above) This is the view of Main Street McIntosh, looking south, in the year 1913. It was taken from a post card dated November 3 , 1913, was sent from Nels Wold of McIntosh to his sister, Ragna Erickson, in Renner, South Dakota. These folks are brother and sister to Mrs. Joseph (Marie) Hestad of Fosston. Nels was later killed during the Second World War. (below) This is the same view as the old postcard above, shot within the past weeks (1981). Note that the old corner Hartz building which is now in the process of coming down, is visible in both photos (The building on the far left.).



30 years ago...1981: Gosen School Reunion. Front (l-r): LuElla Vesledahl Jirik, Shirley Sembrick Nelson, Joanne Lundin Zahl, Marvelyn Vesledahl Stromstad, Janice Larson Carlson, Burnell Hanson, Sonja Vesledahl Hogenson, Bonnie Johnson Larson, Hazel Johnson Rost; second row: Myrtle Wold Hanson, Alvira Pederson, Hilma Hoidahl Carlson, Clara Vesledahl Martin, Gladys Gran, Judith Wold, Hjalmar Hanson, Elmer Aasen, Donald Hanson, Inger Reis, Agnes Vesledahl, Arlene Vesledahl Zahl; third row: Mildred Mattson Kolden, Evelyn Hunter Lassier, Burnette Vesledahl Holmquist, Mae Mattson Stennes, Doris West Gillespie, Darlene Nansen Messelt, Lyle Larson, Betty Mitchell Ashling, Ralph Higgins, Rudolph Johnson, Doris Mitchell Bratager, Sherman Johnson; Fourth row: Paul Hanson, Melvin Johnson Jr., Lorraine Hogenson Scheff, Hallis Hansen Bakke, Janice Espeseth Raaen, Charlotte Bratager Bonde, Delmar Espeseth, Willard Peterson, Donald Espeseth, Alden Vesledahl, Harvey Mattson, Walter Aasen, Orlien Solie, Boyd Bratager, Kenneth Bratager, Gerald Hanson, Gilbert Hunter.

Superintendents Notes

By Randy Bruer

A new school year is just around the corner. We are working hard to open as normal which is our Opening plan for the 21-22 school year. With a new Delta Variant of Covid-19 circulating in Minnesota, our plans could change, if we are directed to do so, as the number one concern is the safety of our students and staff. Right now, it is optional but highly recommended to wear masks in school for staff and students, but there is still a federal mandate to wear masks on public transportation which includes school buses. This is a mandate we cannot avoid until it is changed. The COVID Leadership team of Admin and Teachers meet regularly to review any special circumstances if our county cases should affect our opening plans. Our intent is to open as normal. The school day will run from 8:25-3:07. Open house is slated for Wednesday, Sept. 1st. We want to welcome Melinda Anderson to Win-E-Mac, teaching high school English and FACS this year. Melissa Smeby hired under NWMH will be working alongside of Cassie Subbert and Amy Bartz, with Counseling and Social Services.

Fitness Room Renewal

If you had a membership to the School Fitness Center this past year, the fee you paid is only good until August 31, 2021. You will need to renew the membership fee by that date, or your card will be deactivated until a payment is made. If you did not purchase a membership last year and would like one this year, please come to the District Office to fill out a membership application and fee. An access card will be mailed to you. Do not access the rest of the school after hours or an alarm will activate. The school has video cameras at entrances and hallways of the school to show access. Please call 218-563-2900 for any questions.

Important:

Immunizations

Before a student can attend a Minnesota school, a child must have their immunizations up to date before the first day of school. These students include the Pre-school age 4, Kindergarten and Seventh graders. If you are in question, please call the school for information. The immunizations help every child in school to prevent illness and disease.

Important:

F & R application forms

I know you read and hear



this announcement time and time again, but I cannot stress enough how important these forms are to the school district to access funding for our school. Our school has lost over \$170,000 in compensatory funding the past 2 years and will lose \$125,000 again this year because our eligibility percent has dropped. If you are the parent of a child and think you may meet the eligibility requirements of the program, please fill them out online for paper and return them to the school or see the Superintendent.

The forms are completely confidential, and it does not mean you need to take advantage of what the form has to offer, but we still ask you to fill it out accurately. It does affect our compensatory funding for our school, free or reduced meal money for kids, 0% interest on QZAB loans, reduced phone and internet bills for our school, Title 1 funding, Federal funding, computer, technology and equipment grants, MPCA funding to replace school buses and learning materials. At the beginning of the year or anytime during this year, we ask parents or custodial parents to fill out the free and reduced request forms. This year as a benefit for all students in the

high school, the district will waive the technology fee and provide a free hot dog and chips for the family if the form is filled out by parents.

At open house the Century 21 program wants your sign-up to sponsor a hot dog and chips lunch for the family at open house on Sept. 1st from 4:00-6:00 pm. We want every family to fill out the F&R application online or in person whether you qualify or not and receive free tickets for the whole family at open house. This is completely confidential. Make plans to attend.

Patriot Pride Boosters

The Patriot Booster Club helps to support students in academics and activities. This group wants to invite parents and community members to get involved. The club will fund raise, provide volunteers for academics and activities in school, sell Patriot clothing and sponsor some events during the school year.

Updated Academic Standards Implementation Schedule

There has been a lot of debate of when MN standards are implemented. Below is the schedule sent out to all school districts. Under Minnesota Statutes, section 120B.021, arts and physical education, which were scheduled for implementation next year, will now both be required for implementation in the 2023-24 school year. It does not impact any other standards areas.

The new full implementation schedule is:

Physical Education: 2023-24

Arts: 2023-24

Science: 2024-25

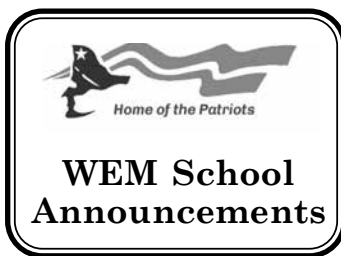
English Language Arts: 2025-26

Social Studies: TBD (likely 2026-27)

Mathematics: TBD (likely 2027-28)



A wall in the NWMAC elemental art exhibit at NCTC in Thief River Falls.



WEM School Announcements

Sports Physicals:

All Win-E-Mac incoming 7th Graders and the majority incoming Sophomores and Juniors will need an updated sports physical on file at the school in order to participate in sports this school year. If you have questions regarding your child's need of a physical you can contact the Activities Director at blangemo@win-e-mac.k12.mn.us

Altru Clinic in Erskine offers \$30 Sports Physicals for Win-E-Mac athletes from July 13th thru August 13th from 9:00 am to 4:00 pm. You can call 218-687-5317 to make an appointment or for more information.

NWMAC announces elemental: earth, air, fire, water space; an art exhibit at NCTC

The Northwest Minnesota Arts Council is pleased to announce our current exhibit, elemental: earth, air, fire, water, space is open at the NWMAC Gallery at Northland Community and Technical College in Thief River Falls until September 27th.

This exhibit features a number of pieces of chalk art from Roseau artist Zack Rowatt, as well as poetry, writing, and illustration around the theme of the elements from area writers and illustrators.

The elements provide the foundation for the physical world. Illustrator Therese Jacobson of Alvarado whose work is featured in this exhibit explained, "The elements – earth, air, fire, water, space – are where we begin. One's natural inclination is to seek inner peace through all of our encounters with the world, to satisfy our need for air, to plant our feet on the earth, to warm ourselves, to drink pure water."

Rowatt's individual pieces of chalk art are accompanied by detailed information about the natural and historical background. Viewing these pieces of art and reading the descriptions provides the audience with a natural resource education. For example, you might learn why the water isn't clear, the age of rocks or why they look the way they do, what a bog is, or about Glacial Lake Agassiz.

Rowatt revealed, "As an artist I have been working

Attention 7-12 grade football players:

There will be a parent/athlete meeting on Wednesday August 11 at 6:30pm. This meeting must be attended by anyone participating in grades 7-12 and one of their parents/guardians.

Equipment handout for 9-12 grade players will take place on Wednesday August 11 at 5:30.

Practice will begin for all 9-12 grade players on Monday August 16.

The full pre-season practice schedule will be handed out at the parent meeting.

For players in 7-8 grade, the beginning practice date is still to be determined.

School supply help for area families

There will be a Backpack/School Supply Drive and Distribution at Thriving Life Church at 22722 350th St, Erskine) on Friday, August 20th, from 6:00 p.m. – 7:30 p.m. (Doors open at 5:45pm.)



FREE Backpacks and school supplies will be available for families who could use a little help with this school expense. If this is something that could help your family, please come.

If you have questions, would like to donate supplies, or would like to receive supplies but are unable to come that night, please call: Debi Weems 218-888-6203,

Backpacks & supplies are given on a first come-first serve basis, so please try and make it to the event.

and elemental. My works are deeply rooted in nature, in exploring the essence of life."

According to Catherine Stenzel, "Survival isn't possible without the elements that constantly surround and support us. But how often do we stop to notice this with gratitude for the obvious?" Catherine spoke of her writing process, it "comes in the form of a boulder of inspiration that I chip away until I have a sculpted poem; I keep the draft I'm working on with me at all times, as I do multiple revisions. Poetry is always a work in progress. Even after I have a "final" version, when I take out the poem for submission for something like our exhibit, I revise yet again, even if only a word or two."

The NWMAC Gallery is located at Northland Community and Technical College in Thief River Falls. The summer gallery hours are Monday-Thursday from 7:30-4:30 PM, Friday from 7:20- 2:30 pm and at other times when events are held at the college. Regular hours -- Monday to Friday, 8:30-5:00 will be followed once school begins. Enter through Door

For more information about our exhibits look to our website at www.NWArtsCouncil.org, or if you are an artist interested in exhibiting a body of work with NWMAC, please contact Trey Everett at (218) 280-4917 or treyeverettcreates@gmail.com. This exhibit is made possible with funding from The McKnight Foundation.

Win-E-Mac 2021 - 2022 school supply list

It is almost time to go back to school at Win-E-Mac for the 2021 - 2022 school year.

Here is a listing, by grade for back to school supplies. This list can also be accessed on the Win-E-Mac School website at wemschools.org or you may pick up a paper copy of the list at the school office during normal business hours.

Pre-k Supplies

(Please LABEL everything)

- Extra clothes in large zip lock bag, with your child's first and last name on the bag. (pants, shirt, underwear, socks)
- Jacket for playground
- Backpack
- Large pencil box
- Small scissors
- 24 pack of crayons 8-10 pack markers (not fine tip)
- 1 glue stick
- 1 glue bottle .
- 1 folder
- 1 box of Kleenex (to share)
- 1 package of Band-Aids (to share)
- Tennis shoes for recess and/or gym time

Kindergarten

- 24 pack crayons Several pencils Pack of colored pencils Pack of water based markers
- Eraser
- Small pencil sharpener 4 or 8 oz Elmer's glue bottle Glue stick
- Kid's scissors
- Pencil box (5"by 8") fits in our cubbies.
- Folder
- Backpack
- Change of clothes(in bag with child's name)
- Tennis shoes for the gym floor (Phy-ed)
- Paint shirt (big old t shirt works best)
- To share: Clorox wipes, hand sanitizer and Kleenex
- For Ipad Use: over the ear headphones

First Grade Supply List

- crayons (24 pack) classic washable markers
- colored pencils
- 4 or 8 oz. glue 8 glues or 3 jumbo glue sticks



- small scissors 24 sharpened pencils
- 1 large eraser dry erase markers 1 white board eraser
- pencil box 2 wide ruled notebooks
- 3-3 ring binder pocket folders headphones (no wireless/bluetooth headphones)
- Kleenex backpack (no wheels)
- tennis shoes for Gym change of clothing (pants, underwear, socks, and t-shirt)
- \$5.00 for classroom celebrations
- PLEASE No Trapper Keepers
- No Novelty Items No Pencil Sharpeners
- Last names starting with A-L - Please bring disinfectant wipes. Last names starting with M-Z - Please bring quart or gallon Ziploc baggies.

2nd Grade

Class School Supply

- Crayons (24 Count)
- Colored Pencils
- Markers (10 count) 6 glue sticks 1 bottle of glue
- Better quality wood pencils-please no fancy wrappers on them
- Big erasers
- 1 inch Binder
- Plastic pencil case for 3 ring binder
- 4 notebooks
- 4 folders- 1 that is 3 hole punched (no prongs)
- 1 box of Kleenex
- Small pencil box to hold supplies
- A pair of good scissors
- 8-10 fine tip white board markers
- Sneakers for gym
- Earbuds or headphones
- 1 gallon Ziploc bag
- 1 Bottle of hand sanitizer
- Clorox wipes
- \$5.00 for class parties

3rd Grade Supply List:

- 20 Pencils
- Pencil sharpener, hand held

- Erasers
- Ruler
- 2 Dry erase markers
- Small pencil box
- Scissors
- Black sharpie marker.
- Box of Kleenex
- 2 Highlighters
- 4 folders with pockets
- 4 spiral bound wide ruled notebooks

- Composition notebook (wide ruled)
- Glue bottle or 2 Glue Sticks

- Crayons (24 count)
- Markers
- Headphones (an inexpensive set will work)
- \$5.00 to be used for class celebrations throughout the year

- Tennis shoes for physical education class
- During the school year we also are in need of gallon or sandwich size Ziploc bags, disinfectant wipes, paper plates, bowls and napkins for the class to share. If you are able to provide some of these items, it would be much appreciated.
- Things NOT to bring:

Pens Toys (including slime/putty) Electronic devices (games, cell phones, ipods, mp3 players) Beverages other than water 3 ring binders.

Fourth Grade

Supply List

- Crayons- 24 Count
- 1 Pencil Sharpener
- Markers- Small Container
- Pencil Top Erasers
- Colored Pencils- Small Container
- Pointed Scissor
- Pencils- Enough for the Year
- 1 Set of Multiplication Flash Cards
- 1 Dry Erase Marker- Any Color
- 1 Pair of Headphones/Earbuds
- 1 Highlighter- Any Color
- 1 Basic Calculator
- 4 Single Subject Note-

books- 1 per/qtr.

- 1 Water Bottle
- 4 Folders
- 2 Containers of Disinfecting Wipes
- 1 Small Pencil Box
- 1 Box of Sealing Sandwich Bags

- 1 Small Bottle of Glue
- 2 Large Boxes of Tissues
- 1 Glue Stick
- 1 Bottle of Hand Sanitizer
- 1-2 Stylus- Electronic Writing Tools

- Healthy Snacks are welcomed.

Mr. Langemo's 5th Grade Supply List

- 1 Highlighter
- 1-2 Dry Erase Markers
- Pencils (#2 lead - enough for the year)

- 1-2 Glue Sticks
- Colored Pencils
- Crayons (optional)
- Markers
- Erasers
- Pencil Sharpener
- Pencil Box/Bag
- 1 Sharpie (black)
- 4 Composition Notebooks
- 4 Spiral Bound Notebooks
- Scissors (pointed)
- 5 Folders with pockets
- Headphones (to leave at school)

- 2 Boxes of Kleenex
- 1 Container Clorox Wipes
- Tennis shoes for physical education class
- \$5.00 to be used for class celebrations throughout the year.

Mrs. Frisk's 5th Grade Supply List

- 1 highlighter
- 1-2 dry erase markers-and 1 eraser
- Ruler (inches and centimeters)
- 2 glue sticks
- 1 glue bottle
- Markers
- Colored pencils
- 24pk crayons
- Pencils-enough for the school year
- Pencil box
- 1 black sharpie
- 4 folders with pockets
- 1-3 ring binder- 1-1.5"
- 4 spiral bound notebooks

- 3 wide ruled composition notebooks
- Scissors
- Headphones or earbuds to leave at school (no Bluetooth)
- \$5.00 to be used for class celebrations throughout the year

- For Sharing 1 box of Kleenex Girls-hand sanitizer Boys- zip lock bags (gallon or quart size).

6th Grade School Supply List

- Colored Pencils
- LOTS of pencils! (#2 lead) (More needed throughout the year!)

- Pencil top erasers
- 2 glue sticks
- 1 bottle liquid glue
- Scotch Tape
- Small pointed scissor
- 4 spiral notebooks
- 3 composition notebooks
- 6 folders
- 2 Black Sharpie Markers
- Several highlighters
- 4 dry-erase markers
- Dry erase eraser OR cloth/old washcloth, etc. to wipe off whiteboards

- 1 small box or bag to hold these supplies
- Backpack or school bag (no wheels)
- Tennis Shoes for Gym
- 1 large box of Tissues (to share)
- Container of Clorox type wipes
- Handheld pencil sharpener
- Quart size ziplock bags
- \$5 for class celebrations
- Hand Sanitizer
- EARBUDS OR HEADPHONES TO USE WITH IPADS
- Optional: Non-spill water bottle.

Mr. Hanson's 6th Grade Supply List

- 2 Highlighters 1-2
- Dry Erase Markers
- Ruler (inch & centimeter combo)
- 1-2 Glue Sticks
- 1 Glue bottle
- Markers
- Colored Pencils
- Crayons

- Pencils (enough for the year)
- Handheld pencil sharpener

- Small Pencil Box
- 1 Sharpie (black)
- 6 Folders with pockets
- 4 Spiral notebooks (WIDE RULED)

- 2 Composition notebooks (WIDE RULED)
- Scissors (pointed)
- Headphones or earbuds for ipads

- Gym Shoes
- optional - non-spill water bottle
- calculator

- For Sharing: 2 Boxes of Kleenex Clorox Wipes.

Supply List for Grades 7-12

- Scientific Calculator (\$10-\$15) - Look for the sin, cos, tan buttons. This will last your child all through high school. They will need it daily.
- Pens and Pencils
- Organization system (folders or binder)

Notebook Suggestions:

- Large notebook for math class

- 5 subject notebook with pocket dividers-one for each semester (for students who need help organizing their assignments, etc.) .
- Gym Class: Shorts, t-shirt, socks, Tennis shoes for indoors, Tennis shoes for outdoors

Device Accessory suggestions:

- A case will be provided
- Mouse (wireless recommended), for those who prefer to use a mouse rather than a trackpad
- Headphones may be useful for certain classes
- The devices this year will NOT be touch screen, so do not worry about purchasing a stylus.
- 7th through 10th Read 180: Headphones (preferably with a microphone built in) to do the software recordings.
- 7th and 8th grade English: Headphones (microphone not necessary to do tests on SpellingCity .