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McIntosh, Minnesota

Win-E-Mac Students celebrate spring with Prom 2021



34 Students attended the 2021 Win-E-Mac Prom on Saturday, May 1st. The event was held at the Win-E-Mac School with the theme, "All that Glitters is Gold". There was the traditional Grand March and after a Prom dinner was served to the attendees. The prom party then took place after the dinner until midnight.

Gov. Walz announces timeline to end state COVID-19 restrictions

Capacity restrictions to end on May 28, masking requirement to end by July 1.

Governor Tim Walz announced a three-step timeline to end nearly all state COVID-19 restrictions by May 28th, and end the statewide masking requirement once 70% of Minnesotans age 16 years and older get their vaccine, or by July 1st. The announcement comes as more than 2.6 million Minnesotans have gotten their shot and the state is on track to vaccinate 70 percent of Minnesotans by the end of June.

The most at-risk Minnesotans, seniors, long-term care residents, assisted living residents, educators, and front-line workers, have gotten their vaccines. Nearly 90 percent of Minnesotans over the age of 65 have gotten at least one dose.

Since mid-April, COVID-19 cases have declined. Hospitals are seeing fewer admissions and vaccination progress has relentlessly pushed forward. Vaccines held COVID-19 variants at bay and avoided having them overwhelm our state.

The three-step process will end nearly all state COVID-19

restrictions by May 28th, and end the statewide masking requirement by July 1st at the latest.

Step one takes place at noon on May 7th. It includes initial steps to relax some restrictions, primarily in outdoor settings.

- Removes limits for outdoor dining, events, and other get-togethers, and ends the mask requirement outdoors except at large venues with over 500 people.
- Eliminates the state-established mandatory closing time for bars, restaurants, and food and beverage service at other places of public accommodation.

The second step begins on May 28th. Remaining capacity and distancing limits will come to an end, including for indoor events and gatherings. The requirements that will remain include:

- Face coverings indoors and for outdoor events that exceed 500 people.
- There will be no new safety requirements for businesses, though they must maintain their plans to keep their em-

ployees and customers safe, as they have from the beginning of the pandemic.

The third step takes place once 70 percent of Minnesotans age 16 years and older – 3,087,404 Minnesotans – get at least one dose of the vaccine, but no later than July 1st.

- The remaining face covering requirement and the requirement for preparedness plans will end. Work on vaccines will continue, and local jurisdictions and entities may set their own mask policies.

Because the youngest Minnesotans are not yet eligible for the vaccine, the Safe Learning Plan for schools will continue until the end of the school year to protect students, teachers, and staff in schools.

Additional protections will remain, including the eviction moratorium, a ban on price gouging, and eligibility exemptions for people who receive state services. The State will continue its emergency efforts to get Minnesotans tested and vaccinated and will continue to monitor the virus and the growth of variants in the months to come.



Already wanting to know that "princess feel" of Prom night is May Breckel who walked the stage with Grace Kaupang after the Grand March during prom night at Win-E-Mac School.



Win-E-Mac Spring Concerts

The Win-E-Mac Music Department is pleased to announce that the JH Band, JH Choir, and SH Choir will be presenting spring concerts this year! Because of COVID-19 restrictions, admittance to these concerts will be by invitation, only. Each musician will be able to invite 4 guests to attend in person. However, we are planning on live-streaming the concerts on the school Garden Valley Television channel 30.

CONCERT DATES:
JH BAND: MONDAY, MAY 17 (7:30 pm)
SH CHOIR: WEDNESDAY, MAY 19 (7:30 pm)
JH CHOIR: FRIDAY, MAY 21 (7:30 pm)
*All concerts will take place in the high school gymnasium.



The Win-E-Mac Seniors who attended the 2021 Prom on Saturday, May 1st included: (front) Brianna Johnson, Catalina Lewis, Mia Thompson, Will Tofstad, Kendyl Nelson, Paige Breckel, Grace Kaupang, Felicity Address; (back) Bryce DuChamp, Gavin Walker, Noah Ostenaar, Reed Neubert, Brock Trandem, Kobe Hamre, Alex Jacobson, Remy Goodwin, Kolton Crocker, Gavin Haskett, Dylan Roy and Elijah Pinske.

Plants that can keep bugs away from outdoor living spaces

Outdoor living spaces have become increasingly popular among homeowners in recent years, and that popularity grew even more over the last year.

As social distancing guidelines issued in response to the COVID-19 pandemic encouraged people to stay home as much as possible, a desire for accessible, enjoyable outdoor spaces grew.

A 2020 study of Google trends data from the home decor retailer Living Spaces found that searches for items such as patio daybeds and small-space outdoor furniture grew by more than 200 percent between the early part of 2020 and the middle of the year.

If outdoor living spaces are in demand, so, too, are ways to make those spaces as comfortable as possible. There's much homeowners can do to make the most of their outdoor spaces, but they might feel helpless against some unwanted, often relentless guests: insects. Insects can turn relaxing days on the patio into wars of attrition with hungry bugs like mosquitoes. Thankfully, there are ways to fight back against insects while simultaneously adding a little aesthetic appeal to the backyard. The Farmer's



Almanac notes that planting these insect-repelling plants around the patio or backyard can help homeowners successfully repel unwanted insects, including mosquitoes.

· **Lavender:** Lavender is a fragrant plant that adds a pop of purple and has been known to repel mosquitoes, fleas, flies, and moths.

· **Basil:** Basil can provide the best of both worlds, as it's been found to repel flies and moths and also makes for a tasty addition to pasta sauces and other dishes.

· **Thyme:** Also a valuable ingredient to keep in the kitchen, thyme can help keep hungry mosquitoes at bay.

· **Mint:** The Farmer's Almanac warns that it's easy to overplant mint, so homeowners should only plant with care and make a concerted effort to prevent overgrowth. Also great

in the kitchen, mint has long been considered an effective mosquito repellent.

· **Alliums:** Like lavender, alliums can add a burst of purple to your patio. And though they aren't believed to repel mosquitoes, alliums have been found to be helpful against cabbage worms, aphids, carrot flies, and slugs.

· **Chrysanthemums:** If ants are drawing homeowners' ire, chrysanthemums may do the trick. These eye-catching flowers also are believed to repel fleas and roaches, among other insects.

· **Marigolds:** The scent of this awe-inspiring plant is known to repel mosquitoes and other pests. Marigolds also attract insects like ladybugs that are known to consume aphids, which are minute bugs that reproduce rapidly and feed by sucking sap from plants.

Tips for protecting your skin from summer sun damage

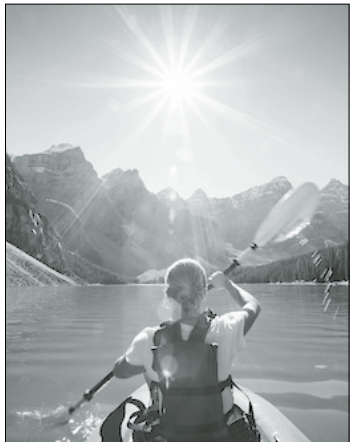
Summer is just around the corner, and most of us are looking forward to spending time outdoors with friends and family. May is Skin Cancer Awareness Month, so it is the perfect time to refresh your skin cancer knowledge before you head out into the sun. This is vital information to make sure skin protection is part of your summer plans.

Skin cancer is the most diagnosed cancer in the U.S. An estimated 106,110 Americans will be diagnosed with melanoma—the deadliest form of skin cancer—in 2021.

In Minnesota alone, an estimated 1850 will be diagnosed this year. Most cases are caused by exposure to the sun's ultraviolet (UV) rays, which means many cases are preventable.

Anyone can get skin cancer, regardless of skin color, age or gender.

It might surprise you that



men are more likely to be diagnosed than women. Make sure you follow the Prevent Cancer Foundation's top tips for protecting your skin this summer and beyond.

Top tips to stay skin healthy
Wear a broad spectrum SPF 30 (minimum) sunscreen and lip balm daily. Even on cloudy days, the sun's

UV rays can reach the ground. They can even pass through a window in your car or home, so it is important to make sunscreen use a daily habit, regardless of the weather or your plans for the day. If you can, avoid the sun when the UV rays are strongest—between 10 a.m. and 4 p.m.—or stay in the shade.

Reapply your sunscreen every 2 hours, or more often if you are swimming or sweating. A higher SPF does not mean you can reapply less often or safely stay in the sun longer.

Wear sunscreen on any skin exposed to the sun. Don't miss any areas of exposed skin, including your lips, scalp, palms of the hands and bottoms of the feet. Be sure to apply generously (most people need a palmful to cover their exposed skin). If you have tattoos, protect those areas as well.



To celebrate with Arlene, please mail a birthday message to her
Arlene Bly
325 Scots Ave
McIntosh, MN 56556
(no gifts, please)

*The Bly Boys
would like to invite you
to wish this young lady
a Happy 90th Birthday!*



Asking for
VOLUNTEERS!
to install our new playground!
Saturday, June 12th
7:00AM

Please sign-in at the white picnic shelter next to the Historic Mentor School. Please bring a cordless impact drill if you have one but it's not necessary.

MENTOR CITY PARK
Mentor, MN

Lunch & Supper will be provided as well as snacks & beverages throughout the day!

Follow us on Facebook!
Mentor City
Park & Playground

Ad deadline:
Noon Friday

LSS
Meals Menu
687-2262

Tues, May 18th - Baked Turkey, Mashed Potatoes & Gravy, Squash, Wheat Rolls, Frosted Cake, Milk

Wed, May 19th - Chicken Ala King over Buttermilk Biscuits, Carrots, Pears, Bread Pudding, Milk



Wed. May 12:
Gina Gensburger, Elainia Kundert

Thurs. May 13:
Jerry Shaver, Cameo Herem

Fri. May 14: Sharon Krossen, *Bruce & Debbie Haaven

Sat. May 15: Grace Klemer, Paul Lindseth, Arlene Bly, *Justin & Amanda Shultz

Sun May 16: William Shimp, Jon Lecy

Mon. May 17: Jane Aakhus, Carl Hedlund

Tues. May 18: Nathan Gensburger, *Chris & Kristi Gret-tum



ST. MARY'S CHURCH
Fosston
Fr. John Suvakeen,
Pastor

Sun. May 16: 8:00am Confession, St. Mary's, Fosston; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Sun. May 23: 8:00am Confession, St. Mary's, Fosston; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Supply Pastor
Gordon Syverson

Service can be viewed on Sunday mornings on Garden Valley channel 30 and 9:00 and 11:15 am or on our YouTube channel "One in Spirit" on Sunday mornings starting at 7:30 am. Lenten Services are now available to watch on Garden Valley channel 30 at 4:00 and 9:00 pm every Wednesday through Easter. In-house worship services every other week with Calvary in Winger starting March 7th. Our Savior's will host the 1st and 3rd Sunday's and Calvary will host the 2nd and 4th Sunday's at 10:30 am. All Covid guidelines will be followed.

MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:
Pastor Karl Anderson

Mt Carmel and Trinity Free Lutheran Churches in McIntosh have resumed holding Sunday Services.

9:30 Trinity
11:00 Mt Carmel
Social distancing practices will be encouraged.

Video Services will continue on GVTV Channel 30 at 10am Sunday, 7pm Sunday and 6pm Wednesday.

They will also be posted on the McIntosh AFLC Parish YouTube channel

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Sun., May 16 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service (also on Facebook: gosenchurch and gosenchurch.com)

Tues. May 18: 10:00am Sunday worship service telecast on GVTV--30

Wed. May 19: 6:30pm Bible Study at Sharon Ramberg's home

Gosen Church is located 4 miles south of the junctions of Highways 2& 59 or 4 miles north of County; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

CALVARY-IMMANUEL LUTHERAN PARISH
Winger/Bejou
Supply Pastor
Gordon Syverson

Calvary Lutheran Church, Winger, Immanuel Lutheran Church, Bejou, and Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit Calvary. Our Saviors service will be available by 8:30 am each Sunday until further notice.



Win-E Mac Prom Juniors who attended the 2021 Prom, "All that Glitters is Gold". (Front) Savahanna Svalen, Alivia Winter, Haley Sander; (back) Kolten Cherf, Chase Shear, Anton Hickman, Ethan Shimp, and Jadon Kangas.

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PUBLISHED WEEKLY IN THE HUB OF THE THIRTEEN TOWNSHIPS BY RICHARDS PUBLISHING CO., INC.

RICHARD D. RICHARDS, PUBLISHER
KIM HEDLUND, EDITOR

McIntosh • (218) 563-3585
Cell: (218) 280-1684

"McIntosh Times" (USPS 336-020) is published weekly for \$30.00 per year (in county) and \$40.00 per year (out of county) by Richards Publishing Co., Inc., 1st & Main Ave., Gonvick, MN 56644. Periodicals postage paid at McIntosh, MN.

POSTMASTER: Send address changes to:
McIntosh Times, PO Box 9, McIntosh, MN 56556.
mcintoshtimes@gmail.com

"Serving the Win-E-Mac area"

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Superintendents Notes

By Randy Bruer

School House
Construction Bidding

The Construction Class is looking to build a house next year if possible. We are advertising now if anyone is looking for a house, but costs are higher due to material pricing. We built an Ice House this year, which will be sold in the open market. If you are interested in a house for the 2021/2022 school year, we will be asking for bids in the form of a percentage; expressed up to the hundreds place as 9.99%. This bid percentage is the percent of total cost of the house minus subcontracted costs, sales tax and inspection fees. This percentage goes to the carpentry class for replacement of supplies and equipment. If the estimated cost of the house is \$70,000, this is an estimate price minus subcontracting and inspections based on fluctuations of materials, options, and build specifications, etc. Our intention is to work with the owner to install the options they choose in the house. If you would like to bid on the house,



please call the District Office for details.

June 15th Bids examined by the school Board

Voluntary Preschool

Many districts offer a preschool program in their school. About 6,000 children were enrolled in preschool this school year in Minnesota, according to state data. Pre-K will remain the same or if the program is not approved, there will be a quarterly payment for the program. We will know more information once the Legislature

approves it for next year. Win-E-Mac will offer a free Pre-K program for all students who are 4 by Sept. 1st of the current year, if the program is funded. If you take the program two years, parents will need to pay the second year because the program has stipulations. If your child would like to attend, please call the District Office for more information or to register your child.

Win-E-Mac

Awards Banquet

The Win-E-Mac Academic, Athletic, and Fine Arts Awards Program will take place LIVE on Wednesday, May 12 at 7:00 p.m. Due to the limited number of participants we will televise the program live on our GVTV local Channel 30. If you are not a GVTV subscriber you can still view it for free by going to this link: <https://www.gvtel.com/video/livestream/> We still want to celebrate the accomplishments of the Class of 2021 and make this a special evening for our seniors. While we cannot be together for this special event, we want to take the

time to honor our senior scholarship recipients, celebrate our academic achievements, and present special awards in fine arts and athletics.

Graduation

We are planning to have Graduation with limited attendance on May 29th, 2021 following the MDH guidelines. We believe a live experience will send our Seniors off with a Great Celebration of achievement. Our staff have done an exceptional job to give our students the best education, given the circumstance of the Pandemic. Hats off to all our students and staff.

Biden administration expanded summer food program for 34 million school-children

The Biden administration is expanding a program to feed as many as 34 million school children during the summer months, using funds from the coronavirus relief package approved in March. The Agriculture Department is announced that it will continue through the summer with free school meals program and may continue into the next school year. If that happens, we need our parents to fill out the Free and Reduced application for next

year so we can keep our state funding. We are losing around \$120,000 annually of funding which affects your child's programming. This application is

very important to our school for many reasons. The application is available on-line or in paper form. Please call the district office if you have a question.



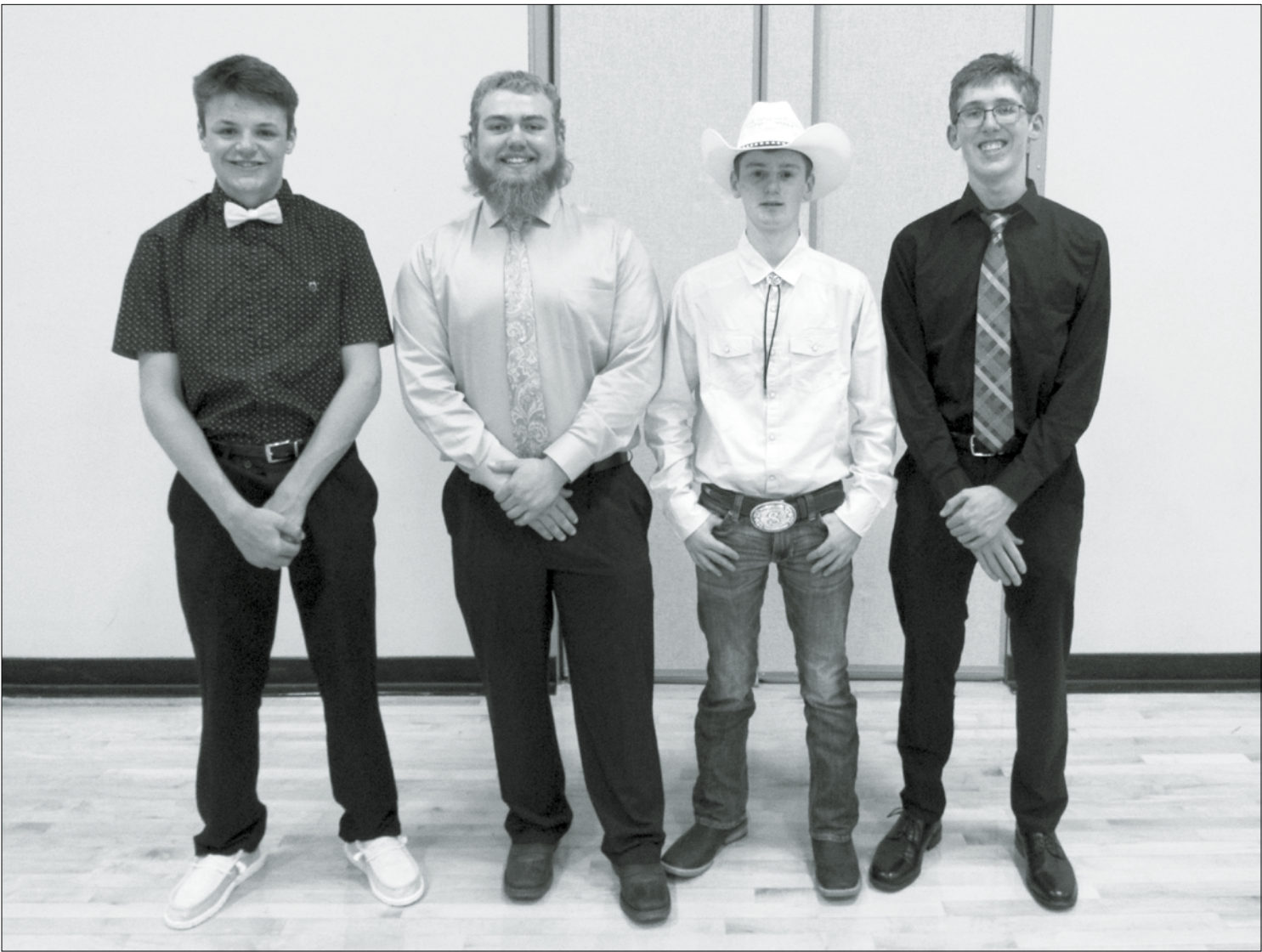
Haven Beckett and Kobe Hamre.



Taybryn Knutson and Kolton Crocker with Brekken Mandt and Reed Neubert.



Savahanna Svalen and Anton Hickman.



Just 4 cool guys who wanted to go to prom. Chase Shear, Gavin Haskett, Ethan Shimpa, and Dylan Roy.

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Mia Thompson and Elijah Pinske.



Catalina Lewis and Brock Trandem.



Grace Kaupang and Jadon Kangas.



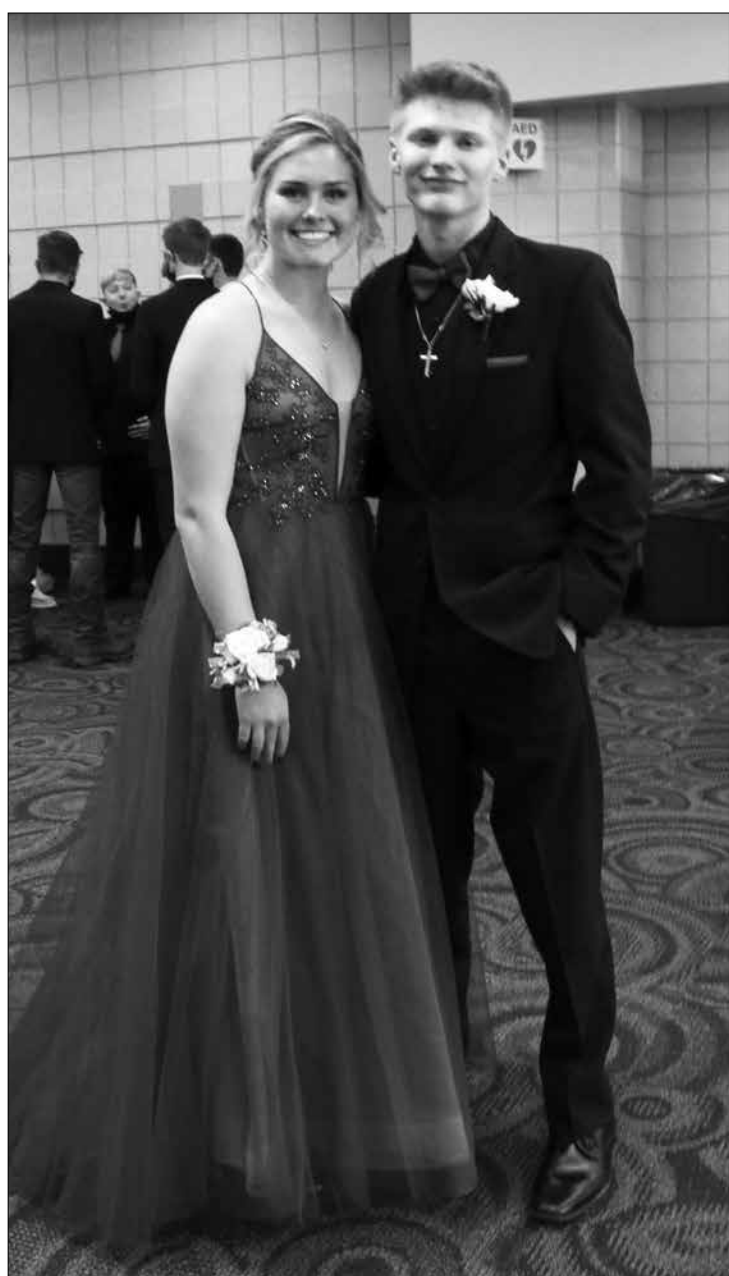
Felicity Andress and Alex Jacobson.



Shelby Dunbar & Remy Goodwin.



Tessa Motteberg and Noah Ostenaar.



Haley Sander and Kolten Cherf.



Alivia Winter and Bryce DuChamp.



Paige Breckel and Gavin Walker.