



McINTOSH

Since 1888

Times

\$1.00

Hub of the Thirteen Townships

McIntosh, Minnesota



Wiggles, the cat, (Bridget Roggenbuck) gets legal council from her lawyer, Janice (Sidney Roed), during the Win-E-Mac High School play, "The Purrfect Crime" performed this past weekend at the Arts & Event Center at the school.



Private detective, Vince Varley (Zach Simonson) with Cecilia (Paige Breckel) during the Win-E-Mac High School play performance held over the weekend. The play was funny and entertaining with a talented cast under the seasoned direction of Bruce McWilliam.

Shop small businesses to improve the holiday experience

It's the time of year when newspapers thicken with sales circulars and holiday advertisements. Consumers looking to beat the hustle and bustle and steer clear of the crowds this year may want to pay attention to local businesses in lieu of trekking to nearby shopping malls.

Every time consumers visit local coffee shops to grab a latte, pick up a dress at a nearby boutique or patronize a farmer's market down the street, they are supporting a small business. The Friday and Saturday after Thanksgiving are some of the busiest shopping days of the season, and they also can be some of the friendliest to small businesses.

Plaid Friday was conceptualized in Oakland. It may have been born in the Golden State, but the movement soon spread across the country. Plaid Friday is an alternative to big box stores' Black Friday bonanzas. It is designed to promote both local and independently-owned businesses during the holiday season. The name Plaid Friday was used to help people visualize the various threads of small businesses coming together to create a strong community fabric that was diverse and creative.

Shoppers can continue their small business patronage with Small Business Saturday. This, too, is a counterpart to Shop...

Continued on page 2 ...

alized in Oakland. It may have been born in the Golden State, but the movement soon spread across the country. Plaid Friday is an alternative to big box stores' Black Friday bonanzas. It is designed to promote both local and independently-owned businesses during the holiday season. The name Plaid Friday was used to help people visualize the various threads of small businesses coming together to create a strong community fabric that was diverse and creative.

Shoppers can continue their small business patronage with Small Business Saturday. This, too, is a counterpart to Shop...

Continued on page 2 ...

Polk County Sheriff's Office and Crookston Police offer Law Enforcement Citizens' Academy

The Polk County Sheriff's Office and the Crookston Police Department, in cooperation with Polk County TRIAD, will be conducting a Law Enforcement Citizens' Academy beginning January 15th, 2020. All classes will be held on Wednesday evenings from 6:00 PM to 9:00 PM for eight sessions ending on March 4th.

What is the Citizens' Academy?

The Law Enforcement Citizens' Academy (LECA) is an excellent opportunity for citizens to learn and become familiar with the daily operations of the Polk County Sheriff's Office (PCSO) and Crookston Police Department (CPD). Participants will gain a better understanding of the procedures, responsibilities, demands, personnel, equipment, policies and laws that guide and govern the department's activities and decisions on a daily basis. Participants will become more informed of the actual role of law enforcement in the criminal justice system.

While attending the Academy you will be involved in actual training sessions and will leave with a broader understanding of the law enforcement function in today's world. It's our hope that participants will develop an understanding of law enforcement and will be able to formulate responsible conclusions concerning law enforcement activities. The Academy is sponsored by Polk County TRIAD. There is no fee to participate, the PCSO and CPD provide this service free of charge.

Who may attend the academy?

Applicants must meet the following criteria: 1. Live, work or attend school in the City of Crookston or be a resident of Polk County; 2. Be at least 18 years old; 3. Have no felony convictions, and 4. Have no serious misdemeanor or gross misdemeanor convictions within three years of application. Applicants will be subject to a background and criminal history check. The CPD and PCSO reserve the right to waive or modify any criteria and may deny an applicant for any



reason. Applications may be obtained at both the CPD and PCSO offices or online at the agency websites.

How are the classes conducted?

Participants in the academy require a commitment of meeting on Wednesday evenings from 6:00 pm to 9:00 pm for eight weeks. Class location will primarily be at the PCSO but will vary depending on the topic(s) of instruction. Students will receive approximately 24 hours of instruction from licensed law enforcement officers and other experts related to criminal justice. The last session will include a graduation ceremony for those who successfully complete the Academy.

What subjects will be included?

Topics of the Academy will include information of the PCSO and CPD, the department's structure and staffing, and overview of the criminal justice system, requirements to be a licensed officer, Uniform Patrol including vehicles, equipment, traffic stops, and radar. Also included are the topics of use-of-force, Taser, firearms, less lethal munitions, investigations, drug task force, School Resource Officer, Mounted Posse, Crookston Police Reserve Program, SWAT, Crisis Negotiation Team, Critical Incident Stress Management (CISM), Polk County TRIAD and tours of the PCSO, CPD, Dispatch Center, Jail and the Justice Center.

What is the purpose of the Academy?

The CPD and PCSO believe by educating the public, the residents will have the knowl-

edge and understanding necessary to make informed opinions and decisions on law enforcement matters. The agencies also believe the Academy will help to establish and maintain open communication with the public that's necessary for the betterment of our communities. It is our hope that Academy graduates will take this newly acquired knowledge out into their communities, educate others when the opportunity arises, and they will make informed decisions which affect the future of both departments by having a heightened awareness of law enforcement. Additionally, graduates become another set of eyes and ears to observe and report crimes and other suspicious activities throughout our area.

The information letter, application, and consent form can be found on the Polk County Sheriff's Office webpage: <https://www.co.polk.mn.us/221/Sheriffs-Office>

Community Thanksgiving

There will be a Community Thanksgiving Service at Our Saviors Lutheran Church in McIntosh on Wednesday November 27 at 7pm. This year there will be a Soup and Sandwich Supper before the service instead of Coffee.

Fellowship afterwards. Supper will be served from 5:30-6:30. This will make it easier for families with small children to attend since they won't have to prepare supper at home. The Thanksgiving Offering this year will go to the Win-E-Mac Backpack program that provides weekend meals for many students. Non-Perishable food donations will also be received for area foodshelves. Singers are welcome to join the Community Choir for rehearsal at 6:30 prior to the service. Sponsored by the McIntosh Area Churches.

Wednesday November 27 at 5:30 pm: Soup and Sandwich Supper; 6:30 pm Community Choir Rehearsal; 7:00 pm Community Thanksgiving Service.



Community Calendar

Wed. Nov. 27: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Nov. 28: Happy Thanksgiving

Fri Nov. 29: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Dec. 2: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tue Dec. 3: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm

Wed. Dec. 4: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Dec. 5: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. Dec. 6: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Dec. 9: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tue Dec. 10: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm



Just a reminder....

There will be no school at Win-E-Mac on Thursday and Friday, November 28th and 29th due to Thanksgiving break. School will resume on Monday, December 2nd.



McIntosh Senior Living has achieved the 2019 Gold Award from the Minnesota Antibiotic Stewardship Honor Roll. Members of the Antibiotic Stewardship team here at MSL include: Dr. Wesley Ofstedal, Medical Director, Carissa Affeldt RN, Infection Preventionist, Tricia Hove RN, Director of Nursing, and Jenni Konrad, Consultant Pharmacist (left to right in the picture).



Directed by Bruce McWilliam, the Win-E-Mac High School play "The Purrfect Crime" included the cast, (l-r) Ella Strom, Bruce McWilliam (director), Conner Johnson, Teagan Paulson, Jayden Gensburger, Zach Simonson, Paige Breckel, Sidney Roed, Bridget Roggenbuck, Jadon Kangas, Grace Kaupang, Erich Gensburger and Brock Trandem.



The East Polk County Quilts of Valor Chapter met on Saturday, November 23rd at the McIntosh Community Center to cut fabric for kits. The chapter's sew day will be January 11, 2020. If bad weather we will postpone until January 18th. Eleven ladies met. Back row from left to right is Louise Baumgarten, Ilene Reiersen, Jan Langemo, Carolyn Schmitz, and Diane Moen. Front row Betty Tangen, Val Brekke, Denise Disrud, Vicky Gustafson, Clellie Kiecker and Lois Boehrnsen. Connie Strom (not pictured) cut out 2 kits at home. In total, 13 kits were cut.

Connect with faith this season

Reading scripture can be an integral part of participating in one's religion and bringing a faithful community together. Scripture is an essential component of weekly faith services, but the Bible can be embraced any day of the week.

Many may be surprised to discover that President Franklin Delano Roosevelt first declared the week of Thanksgiving as National Bible Week in 1941. National Bible Week encourages people to read the Bible or listen to its verses. The event is sponsored by the National Bible Association and the US Catholic Council of Bishops. National Bible Week 2019 marks the 78th commemoration of the event.

The timing of National Bible Week was perhaps intentional. The end of November marks the beginning of the season of thanks, faith and family. It's a time of year full of community- and family-centric holidays.

Incorporating faith into the mix can make the celebrations even more complete.

Even though National Bible Week may have a decidedly Christian slant, people of all religions can choose to rekindle or fully embrace their respective faiths and make them a priority this time of year. The following are just a few ways to be more faithful in honor of this event.

- **Pair youth with older adults** and encourage them to read religious passages together.

- **Attend a religious service** one or more times during National Bible Week and throughout the holiday season.

- **Choose a favorite piece of scripture** and share with others why it is so meaningful to you.

- **Get a head start on the Christmas season** by rediscovering Biblical passages that refer to the birth of Jesus

Christ.

- **Visit services with a member** of a different religion and learn about their texts and traditions.

- **Share God's word** in social media or exemplify it by being more patient, loving and supportive of people in your community.



Shop...
Continued from page 1 ...

Black Friday and Cyber Monday. The first event was created by American Express in conjunction with the nonprofit National Trust for Historic Preservation. Since its inception, many small business groups, merchants and politicians have touted the event and the Shop Small® mantra. The idea is that when small businesses thrive, communities and individuals thrive along with them.

The Small Business Administration says that, since 1995, small businesses have generated 66 percent of all new jobs in the United States. There are a number of big reasons to shop small. One can start around the holidays and then continue all year long.

- **Shopping small businesses helps give back to the community directly.**

According to Civic Economics, a strategic planning business, on average 48 percent of each purchase made at independent businesses is recirculated locally through tax money and other support.

- **Small business owners often strive to provide personalized, hands-on customer service.** Repeat business is key to their survival, so they want to ensure shoppers are happy.

- Small businesses, since they are not beholden to corporate oversight in terms of what they sell, have greater flexibility. That allows them to offer a diverse product selection.

- **Small business owners often live nearby, and they're the people you see in town, schools and elsewhere in the local community.** Many consumers are comforted to know they're supporting their neighbors, especially during the holiday season.

Supporting local businesses is easy. And shoppers who like what they see can share the good news with others on social media.

Fosston library hosts discussion on Dec. 10

The community is invited to join library staff for a book discussion of "No Place I'd Rather Be" by Cathy Lamb on Tuesday, December 10 from 7-8 p.m. at the Fosston Library, 403 N. Foss Ave.

In this book, a woman who left her Montana hometown returns and discovers an old cookbook and makes an experiment of making each dish.

The result, like much of her life to date, involves a parade of near-disasters and chaotic appearances by her doctor mother, her blunt grandmother, her short-tempered sister, and her hilarious daughters. The project is messy, real--and an unintended hit.

This discussion is offered free of charge and is open to all.



Are we convinced human equality is true? Are all human rights inclusive? If not, why? Some argue "abortion is justified because pregnant women have a right to control what happens inside their own bodies. But this bodily autonomy should respect the bodies of other human beings," shouldn't it?

Why not adoption instead of abortion? According to LifeNews.com up to 36 couples wait for every one baby placed for adoption. We kill our unwanted children 12 to 23 times more frequently than we save them. Why not adoption instead of abortion? -a.m.opdahl

*Based on information on the MCCL website.

Meeting for LSS Meals program

An open invitation to all McIntosh and area residents to a presentation of the Lutheran Social Service Meals program (formerly Senior Meals), given by Carole Demars, Regional Assistant Director and Kira Hallof, Erskine Site Coordinator on Monday, December 9th at 11:00 am in the McIntosh Community Center. All are invited to dine with us at a cost of \$4 per person 60 years old and older and \$8 for those under 60 years old.

Serving Swiss steak, mashed potatoes, coleslaw, vegetable, bread, dessert and milk.

Please call 218-687-2262 by December 8th to reserve your meal, which will be delivered to the Community Center.

All are welcome to join us for the presentation, even if you are not planning to eat.



MSL Fundraiser

McIntosh Senior Living will hold a fundraiser on Tuesday, December 3rd from 9:00 am to 3:00 pm in their front lobby.

There will be sheets for sale from Sheets Galore in any size including Twin, Twin XL, Full, Queen, King and California King. Sheet sets will be on hand and available for cash, check and credit card.



Donate to the Mitten Tree

The Mitten Tree located inside of Neil's Quality Meats & More is for new or gently used mittens, hats, and scarves which will be donated to Head Start and given to local families in need. Please donate by December 6th.

The Mitten Tree is sponsored by Neil's Quality Meats and More and Minnesota Rust.

Tuba Christmas Concert

Join in the holiday spirit with over 100 tuba players at Central Presbyterian Church, 500 Cedar Street, St Paul, MN. 4PM December 8, 2019 FREE Concert, Everyone Welcome
Submitted by
Marlin Kiecker



Community Birthday and Anniversary Calendar

Wed. Nov. 27: Shelley Quinlan, Simon Lundquist, Susannah Roed, *Robert & Janet Landsverk

Thurs. Nov. 28: Charlotte Cataha, Jacob Roue

Sat. Nov. 30: Dan Salvhus, Harriet Rolf, Adeline Frisk

Sun. Dec. 1: Lindsie Biggerstaff, Linda Jorgenson

Mon. Dec. 2: Judy Bemish, Jessica Panek

Tues. Dec. 3: Carole Burslie, Wesley Brekke, Oralee Bailey



ST. MARY'S CHURCH Fosston Fr. John Suvakeen, Pastor

Sun. Dec. 1: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Sun. Dec. 8: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH Winger/Bejou Supply Pastor Gordon Syverson

Sun. Dec. 1: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. Dec. 8: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA) McIntosh Supply Pastor Gordon Syverson

Sun. Dec. 1: 11:15am Worship Service.
Sun. Dec. 8: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH

Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Fri. Nov. 29: 10:00 a.m. Telecast of the Luther League program on GVTV--30

Sun. Dec. 1: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service

Tues. Dec.3: 10:00 a.m. Sunday worship service telecast on GVTV--30; 1:30 p.m. Bible Study at Pioneer Memorial Care Center

Wed. Dec. 4: 7:00pm Bible Study at Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson

Wed. Nov. 27: 7:30pm Bible Study at Mt. Carmel

Sun. Dec. 1: 9:30 Mt. Carmel Worship; 9:45 Trinity Sunday School for all ages; 10:45 Mt Carmel Sunday School for all ages; 11:00 Trinity Worship

Wed. Dec. 4: 7:30pm Bible Study at Mt. Carmel

Thurs. Dec. 5: 7:00am Men's Breakfast at Mt. Carmel

VERNES LUTHERAN CHURCH (LCMC)

McIntosh

Pastor Jill Torgerson

Sun. Dec. 1: 9am Worship; fellowship coffee following worship

Sun. Dec. 8: 9am Worship; fellowship coffee following worship

DOVRE

FREE LUTHERAN

Pastor Don Edlunds

Wed. Nov. 27: 7:00pm Bible Study on Ezra and Nehemiah Everyone Welcome

Sun. Dec. 1: 10:00am Worship Service and Children's Sunday School

Wed. Dec. 4: 7:00pm Bible Study on Ezra and Nehemiah. Everyone Welcome

Sun. Dec. 8: 10:00am Worship Service, Adult and Children's Sunday School

IMMANUEL LUTHERAN CHURCH

McIntosh

Pastor Bruce Blocker,

Sun. Dec. 1: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School
Sun. Dec. 8: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School

GRACE LUTHERAN CHURCH NALC

Erskine, Minnesota

Pr. Scott Baker, interim

Sun. Dec. 1: 10:30am Adult Bible Study; 9:15am Sunday School; 10:30am Worship
Sun. Dec. 8: 10:30am Adult Bible Study; 9:15am Sunday School; 10:30am Worship

RODNES LUTHERAN CHURCH

Erskine

Pastor Joel Smeby

Wed. Nov. 27: 10:00am Bible Study at Crossroads; 7:00pm Bible Study at Rodnes

Sat. Nov. 30: 8:00am Men's Prayer Group

Sun. Dec. 1: 10:00am Worship

If you see these two around, help us congratulate Richard & Marion Parent in celebrating 50 years of marriage.

Happy Anniversary Mom & Dad.
We wouldn't be who we are today without your love and influence. You are great role models to many.

Love Always,
Dan, Rick, Dawn,
Mike & Leslie

M35-36C

"Hometown Banking With Your Neighbors & Friends"

The first Thanksgiving was celebrated in 1621, at Plymouth Colony in Massachusetts. After a successful corn harvest. Governor William Bradford proclaimed a day of thanksgiving and prayer. The colonists gave thanks to God for the year's blessings and celebrated with a three day feast.

The First Thanksgiving

This Thanksgiving as you think about the things you're thankful for, we want you to know we're thankful for you.

First National Bank will be CLOSED Thursday, November 28th in Observance of Thanksgiving Day

first national bank of McIntosh

260 Cleveland Ave. SW
PO Box 129
McIntosh, MN 56556
www.fnbmcmintosh.com

Phone (218) 563-2865

M36C

BUSINESS & PROFESSIONAL GUIDE

This space for rent at \$127.40 for 6 months.

CALL 218-563-3585

Carlin FAMILY FUNERAL SERVICE

"Caring service for three generations"

(218) 435-1144

Funeral Home ~ Cremation Service ~ Granite Memorials

ANDERSON FAMILY FUNERAL HOME & CREMATION SERVICE

719 N. Main 644 Main St.
Mahnomen, MN Winger, MN

*Paige Ennen *Kelly Wolfjer
*Tim & Denise Anderson
*Licensed Funeral Director

218-935-9000
Toll free: 866-935-9009

Is There A Wedding In Your Future?

We have the latest designs for wedding accessories - or, if you choose, we can assist with a design of your own.

LET US HELP MAKE YOUR WEDDING DAY MEMORABLE.

487-5225 **Gonvick, MN**

Richards Publishing Co.

What to do with Thanksgiving leftovers

Holiday hosts toil for hours to create lavish meals everyone will enjoy.

It's not uncommon for Thanksgiving tables to be covered with more food than guests can conceivably (and comfortably) consume.

Leftovers are the norm, but without a plan for what to do with leftovers, food can spoil or end up in the trash.

Here are some delicious and waste-conscious ways to put Thanksgiving or other holiday meal leftovers to use.

Wrap it up promptly

Even though you may want to sit around and chat with guests when the meal is finished, leaving food out at room temperature for too long can create a breeding ground for microbes that may lead to food spoilage and sickness. With a few helping hands, all foods can be packaged away in no time, ensuring that drumsticks or stuffing can safely be served another day.

Collect containers

Be sure to have reusable food storage containers, zip-top bags, foil, and plastic wrap at the ready. Before all of the food is put away, encourage guests to make their own doggie bags.

Plan with other meals in mind

Shop for and prepare holiday fare with a nod toward what can be used in subsequent meals. Turkey is a ver-



satile ingredient that can be made into everything from breakfast burritos to casseroles. Turn potatoes and sausage stuffing into latke patties that can be whipped up for breakfast or lunch. Sweet potatoes, squash and pumpkin can be mashed and reworked into batters for quick breads, pancakes and even doughnuts. Spoon leftover cranberry sauce over hot oatmeal in the morning or use it as a substitute for grape jelly in PB&J sandwiches. Try grinding up stale biscuits to make a breading for turkey slices and turn them into fried cutlets.

Take care of the needy

Find out which organizations accept food donations.

Even if you cannot donate previously prepared foods, if you have surplus packaged, boxed or canned items, you can bring them to food pantries and soup kitchens to help others.

Organize a post-holiday pot luck

Turn leftovers into an opportunity to fraternize with friends or relatives who couldn't make it to Thanksgiving dinner.

Pool your leftover resources and enjoy the fruits of everyone's labor. A pot luck can be a great place to gather after shopping Plaid Friday sales in the community.

Thanksgiving leftovers can provide a few extra delicious meals when hosts plan ahead.

Quitting vaping may be a life-saving resolution

Electronic cigarettes and other vaping devices were once described as potentially "safer" and "healthier" methods of smoking, even by leading health organizations. Many former tobacco smokers even turned to e-cigarettes as a method to quitting traditional cigarettes. However, recent research into vaping and a rash of mysterious lung illnesses and deaths recently linked to vaping has led many to question if vaping is safe. Those who suspect it's not may be wise to quit.

The illness toll rises

The Centers for Disease Control and Prevention says that, as of September 2019, there were 530 cases of vaping-related lung illnesses. Eight people also died in six states, with the first confirmed death occurring in April. The first known vaping-related illness in Canada was documented on September 18, 2019, when a youth from Ontario was put into intensive care for respiratory illness.

While federal and state investigators are largely focusing their investigations on vape cartridges that likely contained tetrahydrocannabinol (THC), the psychoactive component linked to marijuana, as a potential source of these illnesses, all electronic cigarette devices are now under scrutiny.

A school epidemic

Vaping has quickly become an epidemic in schools. More than 3.6 million American mid-



dle and high school students currently use e-cigarettes, according to the latest National Youth Tobacco Study. Teen nicotine vaping rates in 2019 were double those of 2017, the National Institute on Drug Abuse says.

Despite the installation of vaping detectors, and some schools going so far as to remove doors from bathroom stalls, opportunities to vape still abound. Older students may leave campus to vape in their cars during lunch breaks. Laws restricting sales of e-cigarettes to youth in certain states have already been implemented. Lawmakers also plan to ban most flavored e-cigarettes and nicotine pods in

an attempt to curtail their use among teenagers.

Mystery ingredients

Many adults look to e-cigarettes to reduce their dependence on tobacco products. However, Johns Hopkins Medical Center warns e-cigarettes are just as addictive. Also, many e-cigarette users get even more nicotine through extra-strength cartridges or by increasing the voltage to get a greater hit of the addictive substance. The Food and Drug Administration has not approved vaping as a smoking cessation method.

People never can be certain about the ingredients in vaping liquids. And as the popularity of e-cigarettes grows, newer, cheaper, and poorly regulated products are being imported from all over the world to meet the demand.

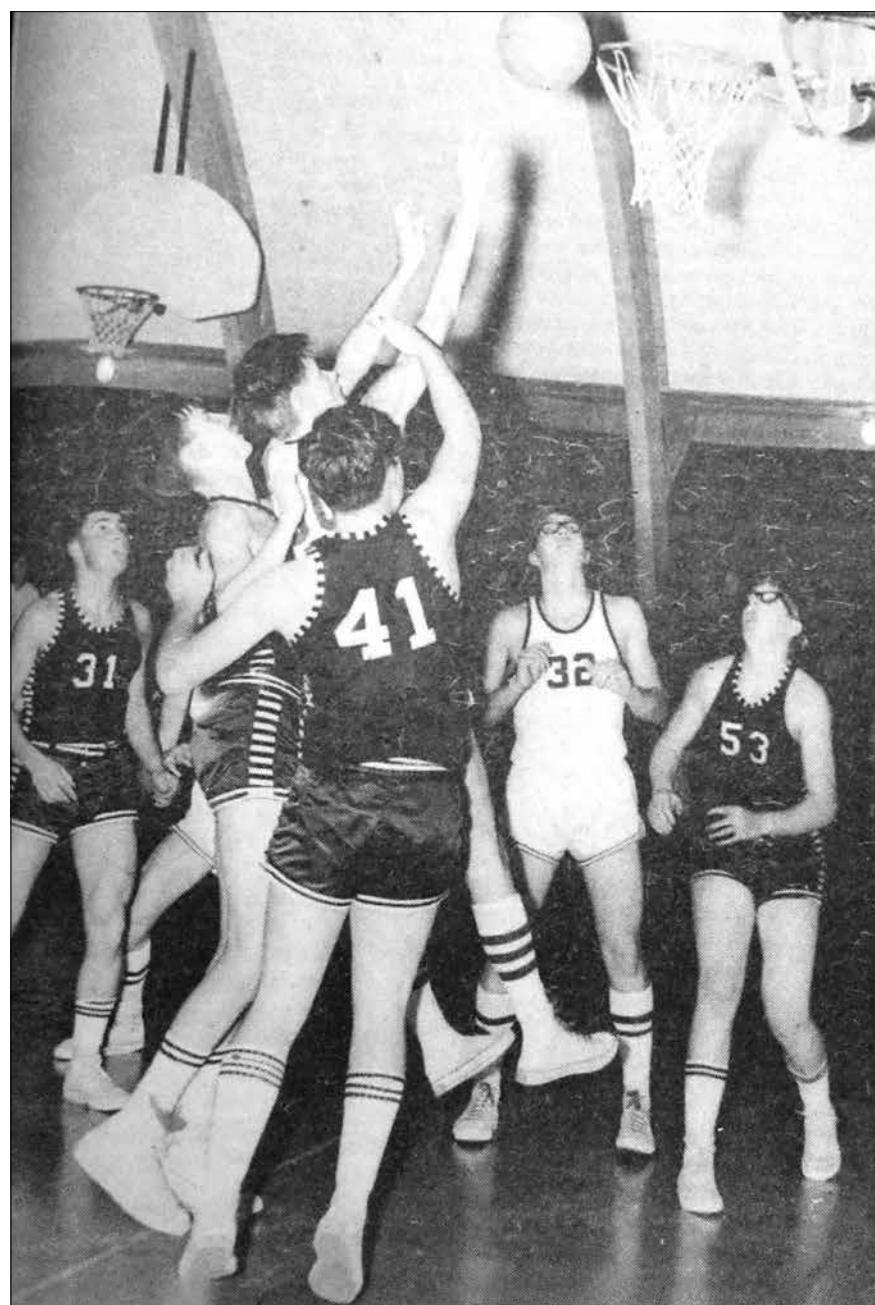
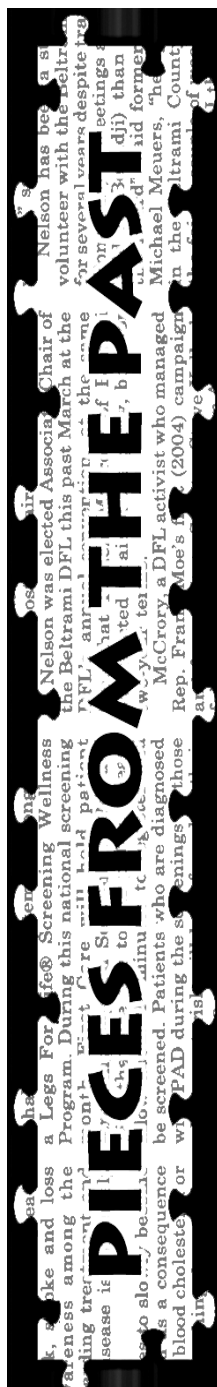
According to the CDC, exposure to such products may cause a range of symptoms, including cough, chest pain, shortness of breath, fatigue, vomiting, diarrhea, and fever. There also have been cases of "popcorn lung," which derived its name from a former chemical flavoring (diacetyl) used in microwave popcorn linked to scarring of the tiny air sacs in the lungs, resulting in suffocation. Popcorn lung also has been linked to vaping use.

More evidence continues to point to vaping as an unsafe practice. Quitting the habit now can have profound, potentially life-saving effects.



10 years ago...2009: The staff of the all woman radio station WGAL featured in this fall's high school play are Played by Keera Basargin, Kaycee Mandt, Kim Boisse, Anya Eyman and Maggie Spry.

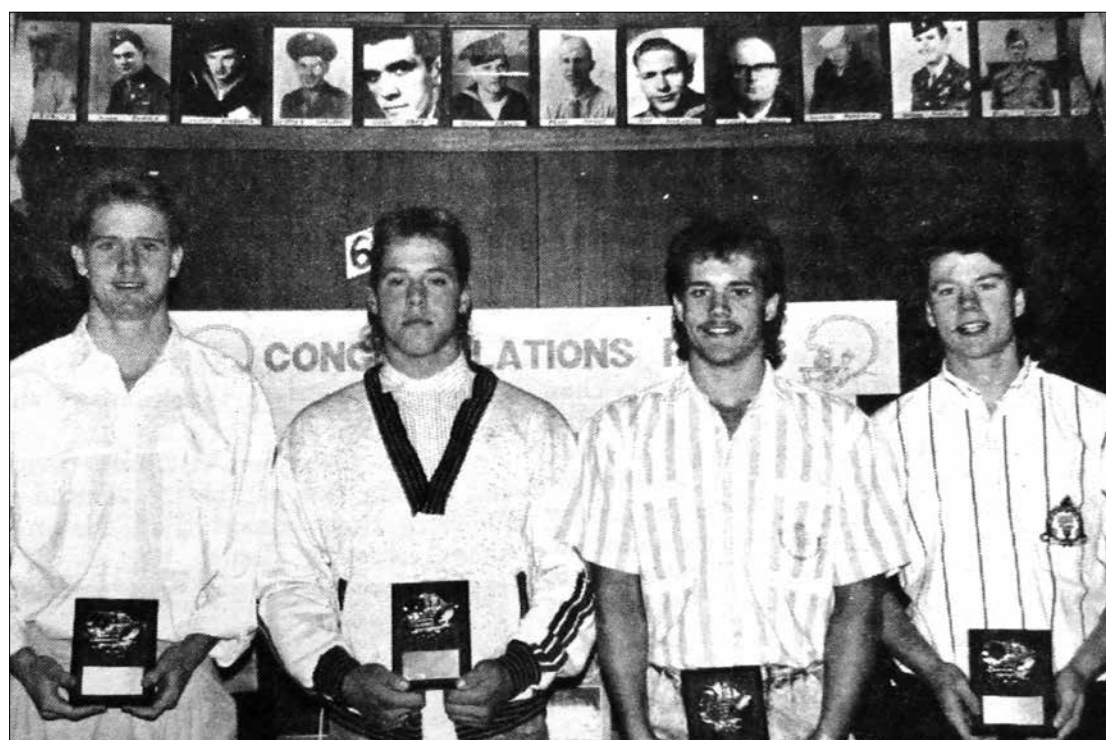
Pictured Right: 20 years ago...1999: Earning the coveted Double Star rating at the recent Sub Section 30 Solo Contest were Win-E-Mac students in vocal and instrumental selections. David Jensen, Holly Jones, Roxie Berg, Veseldahl, Rachel Nornes, Christine Lee, Casey Bartz, Gwen Grundyson, Heather Hoffmann, Adam Lundquist, Kevin Branstner and Jon Ingman.



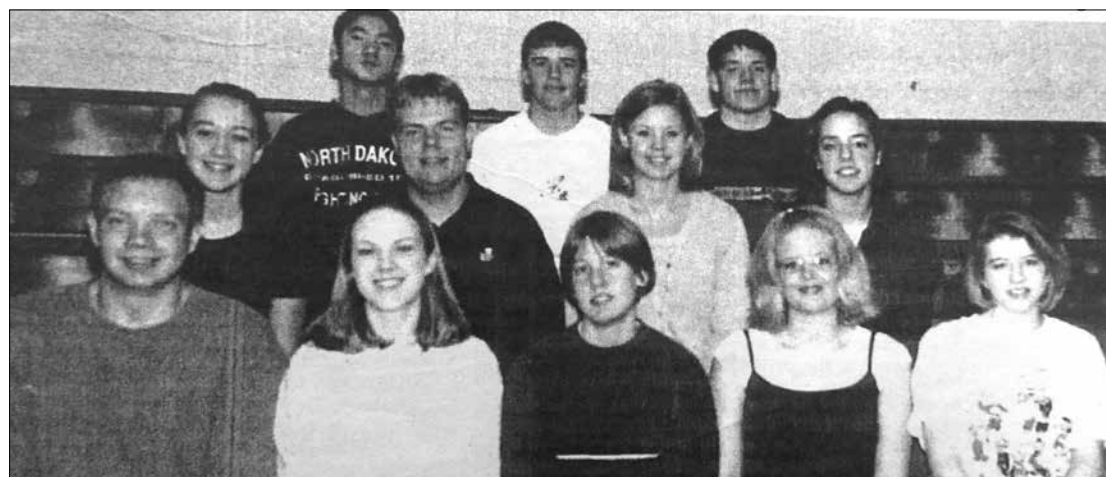
50 years ago...1969: Tim Berg and Gary Watne try to block this shot by Terry Haaven, 31 is Rich Pletschett, 32 is Philip Jore and 12 is Scot Schminski.



40 years ago...1979: Michelle Munter, Joyce Ihrke and Linda Corkowniak were recipients of the Citizenship Award presented to them on 4-H Awards Night in McIntosh.



30 years ago...1989: Win-E-Mac Patriots named as "North Tri-Conference" players for 1989 were presented with their plaques of recognition at the Appreciation Dinner on Sunday. (L-R) Senior, Jeff Oseth, and Juniors, John Nelson, Curt Olson and Mike Carlson. (Not present for photo, Junior, Jason Smeby.)



Win-E-Mac concert dates announced

Junior High Band & Choir Fall/Winter concert

The Win-E-Mac Music Department is pleased to announce the Jr. High Band & Choir in concert on Monday, December 16, 2019. The concert will begin at 7:00 and will take place in the Win-E-Mac School Arts & Events Center! The concert will feature the Jr. High Band & Choir performing several selections, including some holiday music! Please come out and enjoy an evening of music!

Elementary Program

Win-E-Mac students in grades Kindergarten through Sixth Grade will be presenting their annual holiday program on Monday, December 9, 2019.

Win-E-Mac announces 1st quarter Honor Roll

The following Win-E-Mac Junior High School and Senior High School students have attained either an "A" or "B" average in academic subjects for the first quarter of the 2019 – 2020 school year. To be eligible for the "A" honor roll, students needed to have attained a 3.76 – 4.00 Grade Point Average (GPA) and to be eligible for the "B" honor roll, students needed to have attained a 3.00 – 3.75 Grade Point Average (GPA). Congratulations to all the following students.

Seniors:

"A":

Alinia Basargin
Uliana Boianoff
Mary Hailykate Catahan
Nathan Fortmann
Rylee Haugen
Lilliana Jaeger
Lydia Kutsev
Abby Lende
Elliana Lindberg
Gabriela Qualey
Carlie Sander

"B":

Eleina Erofeeff
Lindsey Espeseth
Candalerio Flores
Isabella Hernandez
Katrina Jackson
Connor Johnson
Faina Kutsev
Dustin Osland
Sani Pasenen
Natasha Salsbery
Zach Simonson
Kalisfenia Snegirev
Adeline Spry

Juniors:

"A":

Paige Breckel
Remy Goodwin
Alex Jacobson
Dylan Roy
Mia Thompson
Brock Trandem

The program will take place in the Win-E-Mac School Arts & Events Center and will begin at 6:30 P.M.

The program will begin with the 6th Grade Band, followed by students in Grades Kindergarten – Fourth Grade, under the direction of Christina Prince, performing many holiday songs for your enjoyment. This will be followed by all students in Grades 5-6 performing the musical "Lights! Camera! Christmas!" which will feature many acting and speaking solos. What a great way to kick off the holiday season! Hope to see you there!

Senior High Band & Choir Fall/Winter Concert

The Win-E-Mac Music De-

partment is pleased to announce the Sr. High Band and Choir will be presenting their annual Fall/Winter concert on Thursday, December 12, 2019, beginning at 7:00 P.M. The concert will take place in the Win-E-Mac School Arts & Events Center. This concert will feature the Sr. High Band and Sr. High Choir performing a wide variety of music for your listening enjoyment! There will also be a chance for the audience to sing along with the SH Choir on a couple Holiday songs! As traditional, the concert will conclude with the singing of "Peace, Peace" by candlelight. Come and enjoy an evening of musical entertainment!

"B":

Felicity Address
Bryce DuChamp
Nikon Erofeeff
Gavin Haskett
Taybryn Knutson
Aytonom Martushev
Delvin Morel
Kendyl Nelson
Reed Neubert
Noah Ostenaar
Sidney Roed
Bryer Strom
Gavin Walker

Sophomores:

"A":

Rebecca Armye
Anton Hickman
Teagan Paulson
Eva Qualey
Alivia Winter

"B":

Kolten Cherf
Monania Erofeeff
Jadon Kangas
Keriana Kutsev
Haley Sander
Maci Smeby
Savahanna Svalen
Hunter Trandem

9th Grade:

"A":

Fivea Boianoff
Anna Cymbuluk
Bret DuChamp
George Erofeeff
Kallie Hand
Logan Kalinoski
Vadim Kulikov
Nadelly Neubert

"B":

Jayden Gensburger
Andray Lisov
Zachary Luckow
Kaleb Morberg
Jonathan Moritz
Jamison Nichols
Izabelle Ostenaar
Laila Roragen
Caden Shaver
Jonas Spry

8th Grade:

"A":

Ava Howard
Emily Strom
Luella Strom
Clare Stuhau
Kyra Stuhau
Sydney Svalen
Kianna Tadman
Hana Thompson

"B":

Kiersten Anderson
Joseph Breckel
Foma Cheremnov
Wyatt Davis
Caleb Green
Alec Haskett
Kailee Kramer
Alyssa Morberg
Emily Olson
Annika Shimpa
Brooke Tofstad

7th Grade:

"A":

Clay Below
Emelia Boianoff
Ruby Breckel
Braylon Hamre
Liveah Kiecker
Shelby Mandt
Abigail Sauere
Danielle Winter

"B":

Benjamin Cymbuluk
Hank Earls
Sava Erofeeff
Josie Fortman
Brooklyn Gunderson
Presley Haugen
Calvin Hill
Bergen Howard
Julian Janisch
Ericka Kramer
Claudia Kutsev
Krisia Kuznetsov
Ustina Mametieff
Colten Mandt
Kassidi Qualey
Evelyn Ryan
Brayden Sander



Wiggles reunited with her family during this past weekend's WEM play.



Wouldn't you know it? The butler did it. Digby (Brock Trandem) and Janice (Sidney Roed).



Oh Brother! Little Bob (Jadon Kangas) has troubles with his sisters, Cecilia (Paige Breckel) and Annie (Grace Kaupang).



Wiggles (Bridget Roggenbuck) takes a rest while Madame Zamboni (Jayden Gensburger) and Bubba (Teagan Paulson) convince Janice (Sidney Roed) they are really cat psychics.



The story ends with Wiggles (Bridget Roggenbuck) back at home. Pictured with Mama (Erich Gensburger), Cecilia (Paige Breckel), Little Bob (Jadon Kangas), Madame Zamboni (Jayden Gensburger), Bubba (Teagan Paulson) and Annie (Grace Kaupang).



Butler Digby (Brock Trandem) with Madame Zamboni, Bubba and Janice talking about what Wiggles the cat likes, during the Win-E-Mac play held this past weekend.



Hanging out at the bus station in the play "The Purrfect Crime" were Ella Strom and Conner Johnson.



The family, with Digby the butler, and Janice the lawyer, trying to decide if they should pay the ransom for Wiggles the cat during the Win-E-Mac High School Play, "The Purrfect Crime" held at the Arts & Event Center over the weekend.



WEM School Announcements

WEM Minnesota Honor Society will hold their Annual Community Food Drive – November 18th-December 6th. All Non-perishable food items – check expiration dates. All non-perishable food items and monetary donations are gratefully accepted. Please bring your item to your first hour class room for high school and for elementary to your classroom. There will be prizes given out for the most collected.

Are you in need of some new Patriot gear? The Patriot Pride Booster has new inventory of clothing as well as new flip sequin pillows and drawstring bags! Pick up an order form in the office or check out the Patriot Pride Booster Facebook page to see examples. There are no paper orders for clothing, but all orders can be done online at www.usptrf.com Click on WEM Apparel in the upper left hand corner. You will find a bunch of new items. You may also add personalization to your clothing! All clothing transactions will take place on the universal screen print website. Sequin bags and pillows are on a separate order form found in the office. All orders due by Dec. 6 to ensure delivery before the holidays. Any questions, please email patriotprideboosters@gmail.com

Do you have a story to share?

If you have a story, a story idea or any photos you want to share, please send to: mcintoshtimes@gmail.com