



McINTOSH

Since 1888

\$1.00

Times

Hub of the Thirteen Townships

McIntosh, Minnesota



Courtney Lecy showed chickens, pigs, rabbits, and goats recently at the Polk County Fair. Here she is with her first place ribbon for her pigs. This was her first year showing for 4-H and she did a remarkable job.

The Enerson Century Farm

The Enerson farm, north of McIntosh, this year has been recognized by the Minnesota State Fair and Minnesota Farm Bureau as a Century Farm, a farm that has stayed in the same family for more than 100 years.

In 1882 Olof Enerson, at the age of 32, sailed from Sweden to America. He made the six week voyage alone. His wife, Elin (Ellen) and their six children followed later in May of 1883. The children making the trans-Atlantic trip were Olivia, John, Swen, Axel, Mathilda (Tillie), and Minnie.

Upon arriving in America, Olof went to Grafton, North Dakota where his family later joined him. In 1883, the Thirteen Towns area was open for settlement and Olof (having done some exploring and some research) knew which homestead he wanted. Together with other pioneers, Olof Enerson and his family went to Crookston, and from there it was a six day trek to what is now Hill River Township. When they first arrived the country was a wilderness. There were trails, but no roads or bridges.

Olof received the Homestead he requested. The family set off with all their worldly possessions, a cow, a team of oxen, a plow, and \$18 in silver coins. He had to borrow money to pay for filing expenses. The wagon box, that had gotten them there served as their first shelter. Later in 1887, a two story larger log cabin was built where more children were born and raised. Nils Edward (Ed), Martin, Victor, Tina, and Christina. Ed was the first while child born in Hill River Township. Olof was ambitious and had a willingness to work and soon was in possession of several sections of rich farmland. He also went into the threshing business, and was a thresher for more than 50



Olof Enerson

years. In 1903, Olof's first wife Elin died. A few years later, in 1906, he made a trip to Sweden and brought back his second wife, Caroline. Together they had one son, Einar Olof traveled back to Sweden in 1921, and then again in 1924 with his youngest son, Einar. That return voyage to America was the seventh, and final, trans-Atlantic crossing for Olof. In 1925 construction was finished on a nice, new two-story house that is still on the property today. Einar married and had one daughter Olaf lived with his son Einar and his family in Hill River Township on his Homestead until he died at the age of 88 on August 6, 1938.

Olof fathered 12 children and had 29 grandchildren. The last two surviving grandchildren will be attending the reunion held on August 3, 2019 at the original Homestead. Gladyce Josephson of Fosston is the daughter of Edward (and Helen) and Marilyn Blankinship of Tucson, Arizona is the daughter of Einar (and Karela). Gladyce and Marilyn both have wonderful memories of being on the farm with their grandfather. If they could, they would tell him in Swedish, "tack sa mycket!", thank you very much! On August 3rd, many of Olof's relatives are reuniting for a family reunion on the Enerson Homestead Century Farm.

130 year celebration of Asphult Church & Cemetery this Sunday

The Asphult Cemetery Association will hold a 130 year Celebration with a service on the cemetery grounds on Sunday, July 28, 2019 at 2:00 p.m. Pastor Gordon Syverson will officiate with music by Philip Lee. A lawn chair or blanket is suggested to sit on during the service and celebration.

Donations will be taken and the money will be used to repair the pillars at the front of the cemetery, a Veterans memorial and upkeep expenses for the cemetery.

The cemetery is in rural McIntosh and used to also be the site of Asphult Lutheran Church.

The settlers that formed the congregation of Asphult were comparatively young men with families. Time moved the woodlands of Hill River Township gradually to cropland that produced food for the settlers and their families. As the men and women who courageously settled this land began to realize their dreams, they also began to feel the need for a spiritual home.

The Asphult congregation was organized on January 4, 1889 by Rev. James Moody. The services were held at the Nystrom Church until 1911 when the church building was erected. The Swedish Evangelical Lutheran Congregation became Asphult by a unanimous vote.

Thus, the Asphult Lutheran Church came into being.

Shortly after the congregation was organized, land for a cemetery and the future church building site was secured. Two and a half acres of land was

bought from Nels Jeppson for the price of \$25. That sum was donated by Nels Jeppson to the church building fund. They chose, indeed, a beautiful location for the final resting place of the departed and for the site of the future church.

The church saw many pastors in the early years, and had time spent with the position of pastor vacant. The congregation usually shared a pastor with other congregations as most of the churches could not extend a pastor enough pay on their own.

By free will subscription \$703 was secured for the building of Asphult Church and at a special meeting in July 1911

the envisioned church work began. The church closed in the late 1960's and the building was moved to Thief River Falls in 1970 where it still stands in the Pioneer Village. The Asphult congregation joined together with Salem Lutheran Church in McIntosh.

Salem Lutheran Church was recently closed and taken down. (The bell tower and bell from Salem Church can be seen in Hill River Township at Norris Syverson's home.)

Asphult Cemetery still operates and is governed by an association of family members from the area and those with family buried in Asphult Cemetery.



The monument which stands at Asphult Cemetery depicting the church, which also used to stand on the same hill.

18th Annual National Night Out will be August 6th

The 18th Annual National Night Out/ Night to Unite event will be held in Fosston, MN on August 6th, 2019 at 6:30 PM at the Stafford / Berge Park on Larson Ave.

This will be a potluck with the Polk County Sheriff's Office furnishing hot dogs, buns, and lemonade. Further information on events will be coming soon.

National Night Out is designed to (1) Heighten crime and drug prevention awareness (2) Generate support for, and participation in, local anticrime efforts; (3) Strengthen neighborhood spirit and law enforcement-community partnership; and (4) Send a message to criminals letting them know that our communities are



organized and fighting back.

On August 6th, residents in neighborhoods throughout the nation are asked to lock their doors, turn on outside lights, and spend the evening outside with neighbors and Law Enforcement.

This is a night for America to stand together to promote awareness, safety, and community unity.



Community Calendar

Wed. July 24: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. July 25: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri July 26: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. July 29: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tue July 30: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Wed. July 31: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. August 1: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. August 2: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. August 5: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am;; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tue. August 6: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm



The Winger Legion Boys baseball team played at Wade Stadium in Duluth, MN on Saturday, July 13th. Back row: Erik Hamre, coach, Bryer Strom, Remy Goodwin, Gavin Walker, Nathan Fortman, Kobe Hamre, Alex Jacobson, Jonas Spry, Lee Tradewell, head coach. Front row: Anton Hickman, Emelian Hanson, Blake Glass, Dustin Osland, Noah Ostenaa and Mason Spry.



Come and see these cute little pigs that belong to the Erikson sisters. They recently were at the Polk County Fair with their pigs and will be showing their skills with their livestock.

Youth vendor day this Saturday at Mentor Farmers Market

Mentor Farmers Market has another great weekend planned. Something for everyone to enjoy.

Mentor Farmers Market meets Saturday mornings from 8 am till noon. Fresh produce is arriving out of our local gardens each week and our variety of crafts and gifts are amazing. July 27th is youth vendor day.

This is a day for future entrepreneurs to try their marketing skills. Some of our past youth are now official vendors. They are the future of Farmer's Markets.

Come and visit with them and see their unique contributions. Center circle will be "4 girls show pigs" come and see real pigs in the park. This is a group of 4 sisters who raise and show pigs, they will be showing off their skills with these livestock.

The Erickson family sell whole and half hogs and have feeder pigs for sale in a couple weeks. This is a great opportunity to get up close and personal and talk to the family regarding their experiences and how you might purchase their

pork

Music performances by Pembina Crossing, a vocal and guitar duet will entertain while your shopping the large variety of delicious foods and shopping for gifts for someone special. Meet you in the Park! A great place to spend Saturday mornings.

Please join as we celebrate 130 years with a service on the Cemetery grounds

Sunday, July 28, 2019 at 2:00 pm
Asphalt Cemetery grounds in Rural McIntosh/Fosston

Bring a lawn chair or a blanket to sit on

From McIntosh, go 3.5 miles north on County Rd 8 to County Rd 25 (350th St SE), turn right (east) and go 5.5 miles. Cemetery is on left side.

From Fosston, go north on County Rd 6 about 8 miles, turn on County Rd 35 (west) and go about 2 miles. Cemetery is on the right.

If you have questions contact Wayne at (218)280-0730 or Larry at (218)431-1454.

Medicaid 101 class offered

Looking for Unbiased Information on Medicare?

Medicare 101 Class will Provide the Foundation.

When: Wednesday, August 7th, 2019

Where: Embassy Community Center, 603 3rd St NE, Fosston, MN 56542

Time: 4:00 pm-6:00 pm

There is no fee for this informational Medicare class and useful reference materials. Registration is not required.

Senior LinkAge Line® will provide a complete overview of Medicare, including what is covered under Parts A & B, enrollment guidelines, Minnesota

options, Advantage plans (Part C), and Medicare prescription drug coverage (Part D).

Additional information is provided for eligibility, how and when to enroll, drug plan costs, choosing a drug plan, prescription assistance programs, and fighting Medicare fraud.

Senior LinkAge Line® is the State Health Insurance Assistance (SHIP) for Minnesota as designated by the Centers for Medicare Services.

For more information, please contact the Senior LinkAge Line® at (800) 333-2433.

McIntosh council minutes for July 2019

Regular council meeting

Tuesday July 16, 2019

5:30 p.m.

Community Center

Call to order:

Mayor Strom called the meeting to order at 5:30.

Pledge of Allegiance:

Roll call:

Members present: Toby Strom, Kevin Subbert, Nathan Frisk, Bernard Marshall and Jordan Gunufson. Melissa Finseth – clerk/treasurer.

Guest: Crystelle Philipp of Hoffman, Philipp & Knutson, pllc.

Determination of quorum:

Quorum was met.

Agenda additions:

D. Northern propane pre-buy

E. Job description

F. August meeting

G. Changing park rules

Motion by Bernard Marshall and seconded by Jordan Gunufson to approve agenda additions. Passed unopposed.

Approval of minutes:

Tabled.

Public concerns:

None.

Old business:

a. 2018 audit: Crystelle Philipp, McIntosh city auditor, presented the 2018 financial audit to the council. According to the audit, the city cash flowed well in 2018. Spending was down, overall. Melissa Finseth scheduled time, for Crystelle, to physically come on-site on a quarterly basis to ensure the city's finances were well maintained. The city incurred no extra charges, from the accounting firm, for the on-site visits.

New business:

a. Resolution – donation to city:

Motion by Bernard Marshall and seconded by Nathan Frisk to approve the resolution to accept a \$2,000.00 donation by the Beito Foundation for McIntosh beautification. Passed unopposed.

b. Resolution – Clubhouse grant:

Motion by Nathan Frisk and seconded by Jordan Gunufson to approve the resolution to allow the city of McIntosh to ac-

cept a grant on the Clubhouse's behalf for an improvement project. Passed unopposed.

c. Gov pay net:

Motion by Kevin Subbert and seconded by Bernard Marshall to approve the use of a free program, for governments, which allows residents the option to pay city bills using debit or credit cards. There is no service fee to the city, for use of the program, which has kept McIntosh from utilizing credit card passed unopposed.

d. Northern Propane pre-buy:

Motion by Kevin Subbert and seconded by Jordan Gunufson to approve the pre-buy of propane for the 2019-2020 winter season. The pre-buy rate is \$1.15 per gallon. The city will purchase 1,800 gallons, again, this year. Passed unopposed.

e. Job description – city maintenance:

Motion by Jordan Gunufson and seconded by Kevin Subbert to approve the job description for the city maintenance position. Larry Hedlund is retiring December 1, 2019. Passed unopposed.

f. August council meeting:

The regular city council meeting was moved to August 15, 2019.

g. Changing park rules:

Mayor Strom requested that we add, to the park rules, the city's right to ask a park guest to leave for any reason. The city will work with the city attorney to ensure we are within the proper legal boundaries to do so.

Approval of monthly bills:

Motion by Kevin Subbert and seconded by Jordan Gunufson to approve all city bills of \$136,042.48. Passed unopposed.

Council & staff reports:

Jordan Gunufson has received complaints regarding the rough roads in town. The city will contact Taggart for a quote to fill in potholes.

Kevin Subbert noted that the dumpground road needs more gravel. He also inquired about expanding the campground sites; which is something the city will discuss further in the fall.

Bernard Marshall notified

the council that the electrical issues, at Roholt park, have been fixed. The electric only sites needed to be updated to accommodate the larger campers.

Nathan Frisk inquired about fogging for mosquitos verses aerial spraying. The city aerial sprays to eliminate the majority of mosquitos, but it should be up to individual property owners to spray their own yards if they'd like further protection.

Mayor Strom discussed getting a quote for new concrete in front of the fire hall.

He would like to see what it would cost to be able to enclose the picnic shelter and extend the shelter out to the west.

He will be discussing with the maintenance department selling or fixing the city dump truck and also purchasing a box scraper, for the city tractor, to level out gravel roads and alleys.

The city clerk discussed golf carts being driven around town by children well under the age of 16. State and city laws state that you must be 16 years and older and have your driver license, on your person, while operating a golf cart or ATV.

Notices & correspondence:

Adjournment:

Motion Bernard Marshall and seconded by Kevin Subbert to adjourn at 7:30. Passed unopposed.

Public Hearing

July 16, 2019 at 7:00

McIntosh Community Center

115 Broadway NW

Call to order:

Mayor Strom called the meeting to order at 7:30.

Roll call:

Members present: mayor Toby Strom, Jordan Gunufson, Kevin Subbert, Nathan Frisk and Bernard Marshall.

Purpose of meeting:

• Discuss 2019 Minnesota Basic Code:

No one from the public attended the meeting.

Adjournment:

Meeting adjourned at 7:45.

Council...

Continued on page 4...

Thank You

Thank you to all who celebrated with us at our 50th Wedding Anniversary party with your presence, cards and gifts. It was a memorable celebration and we thank our seven daughters and their families for planning and making it so special. The money gifts will be donated to the local Minnesota Citizens Concerned for Life.

Tom & Eileen Hegg



Gosen Luther League

The Gosen Luther League meets on Sunday evening, July 28th, at 7 o'clock. Kent Dudley along with Bended Knee will present a concert of Gospel music along with testimony of God's redeeming power, healing grace, and enduring love. Join us for an inspirational evening in honor of our Lord Jesus Christ. Refreshments will be served following the program. Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

Legal Notice

AN ORDINANCE ENACTING A CODE OF ORDINANCES FOR THE CITY OF MCINTOSH, MINNESOTA, AMENDING, RESTATING, REVISING, UPDATING, CODIFYING, AND COMPILING CERTAIN ORDINANCES OF THE CITY DEALING WITH THE SUBJECTS EMBRACED IN THE CODE OF ORDINANCES, AND PROVIDING PENALTIES FOR THE VIOLATION OF THE CODE OF ORDINANCES.

WHEREAS Minnesota Statutes §§ 415.02 and 415.021 authorize the city to cause its ordinances to be codified and printed in a book, now therefore:

The City Council of McIntosh, Minnesota ordains:

Section 1. The general ordinances of the city as amended, restated, revised, updated, codified, and compiled in book form, including penalties for the violations of various provisions thereof, are adopted and shall constitute the Code of Ordinances of the City of McIntosh. This Code of Ordinances also adopts, by reference, certain statutes and administrative rules of the State of Minnesota as named in the Code of Ordinances.

Section 2. The Code of Ordinances as adopted in Section 1 shall consist of the following titles:

I. General Provisions
10. General Provisions
III: Administration
30. General Provisions
31. Departments, Boards and Commissions
32. Emergency Management
V. Public Works
50. Garbage and Rubbish
51. Sewer Regulations
52. Water Regulations
53. Storm Water Drainage

Utility

54. Rates and Charges
VII. Traffic Code
70. Traffic Regulations
71. Parking Regulations
72. Snowmobiles
73. Recreational Vehicles
74. Bicycles, Roller Blade, Roller Skates, Roller Skis and Skateboards

IX: General Regulations
90. Abandoned Property
91. Animals *Repealed in 2015
92. Health and Safety;

Nuisances

93. Streets and Sidewalks
XI. Business Regulations
110. General Licencing
Provisions – Liquor and Tobacco
111. Commercial Amusements
112. Liquor Regulations
113. Peddlers and Solicitors
114. Tattoo and Body Piercing

Services

115. Tobacco Regulations
116. Regulating Lawful Gambling
117. Garage and Rummage Sales

118. Regulation of Public Dances and Special Events
119. Sexually Oriented Businesses

XIII. General Offenses
130. General Offenses
XV. Land Usage
150. General Provisions
151. Zoning
152. Subdivision Control
153. Anti-Blight Regulations

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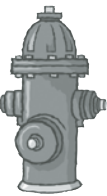
By the fifth month of gestation infant girls carry their complete supply of ova, awaiting the time they will be able to conceive children themselves. Aborting these babies not only terminates their lives but erases entire generations.

If women claim the right to choose abortion as their prerogative, what about the rights of unborn women? And the rights of the generations that would follow? President Ronald Reagan said, "I've noticed everyone who is for abortion has already been born."

a.m.opdahl

MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer. Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.



Community Birthday and Anniversary Calendar

Wed. July 24: *Jim & Elizabeth Klemmer
Thurs. July 25: Easton Vettleson, Angela Olson

Fri. July 26: Parker Graff, Wayne Brekke, Kiam Schow, Kimberly Carlson

Sat. July 27: Makenzie Roed, *Jered & Theresa Agnes

Sun. July 28: Diane Boucher, Madisen Pries, Tiffany (Haaeven) Wirth

Mon. July 29: Kathy Finseth, Ceil Finseth, Mae Breckel

Tues. July 30: Grafton Langemo, Cody Huschle

McINTOSH Times

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ST. MARY'S CHURCH

Fosston

Fr. John Suvaheen, Pastor

Sun. July 28: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Sun. August 4: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions please call 435-6484.

CALVARY-IMMANUEL

LUTHERAN PARISH

Winger/Bejou

Supply Pastor

Gordon Syverson

Sun. July 28: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. August 4: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S

LUTHERAN CHURCH

(ELCA)

McIntosh

Supply Pastor

Gordon Syverson

Sun. July 28: 11:15am Worship Service.

Sun. August 4: 11:15am Worship Service.

GOSEN LUTHERAN

CHURCH

Independent

Gary Johnson, Pastor

www.gosen-church.com

Face Book: Gosen Church

Sun. July 28: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service; 7:00 p.m. Luther League (see article elsewhere in the paper)

Tues. July 30: 10:00 a.m. Sunday worship service telecast on GVTN--30; 1:30 p.m. Bible Study at Pioneer Memorial Care Center

Wed. July 31: 7:00pm Bible Study at Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson

Wed. July 24: 7:30pm Bible Study at Mt. Carmel

Thurs. July 25: 7:00am Men's Breakfast at Mt. Carmel

Sun. July 28: 9:30am Worship at Trinity; 11:00am Worship at Mt. Carmel

Wed. July 31: 7:30pm Bible Study at Mt. Carmel

Thurs. August 1: 7:00am Men's Breakfast at Mt. Carmel

Sun. August 4: 9:30am Worship at Mt. Carmel 11:00am Worship at Trinity

VERNES LUTHERAN

CHURCH (LCMC)

McIntosh

Pastor Jill Torgerson

Sun. July 28: 9am Worship

Sun. August 4: 9am Worship

DOVRE

FREE LUTHERAN

Pastor Don Edlunds

Wed. July 24: 7:30pm Bible Study on Romans Everyone Welcome

Sun. July 28: 10:00am Worship Service and Children's Sunday School

Wed. July 31: 7:00pm Bible Study on Romans Everyone Welcome

Sun. August 4: 10:00am Worship Service, Adult and Children's Sunday School

IMMANUEL LUTHERAN

CHURCH

McIntosh

Pastor Bruce Blocker

Sun. July 28: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School

Sun. August 4: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School

GRACE LUTHERAN

CHURCH NALC

Erskine, Minnesota

Pr. Scott Baker, interim

Sun. July 28: 9:00am Worship

RODNES LUTHERAN

CHURCH

Erskine

Winger News

by Linda Pulskamp

Greetings again this week from Winger and the surrounding area!

It has been a spell of hot and humid weather with a few rain showers mixed in but at least we haven't had any severe weather as they have had in other areas. I guess we are not the only ones with hot weather, it is very hot from Arizona and clear across the southern United States and up the east coast too. Would be nice if we could bottle some of this heat for the cold days next winter but not so.

The crops are looking so nice, I think you can hear the corn grow, and looking across some of the fields one can see that they are starting to turn color. Gardens too, are looking great, some of the vegetables are ready to eat and they are so good.

The Fertile Fair is once again history and even in the heat there was a tremendous turn out. Was fun to see all the exhibits and walk through the barns and see all the animals, the midway was again an exceptional one and of course there was a great choice of food with all the vendors set up. The grandstand activities brought in big crowds and the parade was very good too.

Milton Carlson's Corner

On Wednesday the 10th Paul Carlson was a visitor and coffee guest of Milton's and while there he filled the water softener for Milton. Later in

the day Chad Carlson was a visitor and coffee guest of Milton's.

Judy Gieseke picked up Milton on Friday the 12th and they went on over to the fair in Fertile, which was a treat for Milton, while there Donna Carlson made dinner for them in her facilities she had there. Milton got to see many people and friends that he hadn't seen in a long time, one he mentioned specifically was Paul Gredvig. After they left the fair they went to the donut shop and picked up some donuts and a pie and the two of them enjoyed pie and coffee when they got home.

Sunday the 14th Milton met Kari Keller at Calvary Church in Winger where they attended services together and after church they went to Milton's and enjoyed the fresh rolls that Kari had brought.

Lonnie Gieseke was a Monday the 15th visitor and coffee guest of Milton's, and later Donna Carlson came over to Milton's on her zero turn mower and mowed lawn for him.

Brent, Jessie and Sidnie along with Skyline and Brylie Pulskamp of Wahpeton were weekend house guests at the Pulskamp home. Brent and Jessie attended Brent's class reunion on Saturday afternoon. Other visitors during the weekend were Kelly Johnson and Granddaughter Kylie Casavan, Matt Balstad, Jamie and Bentley Anderson, Kevin

Zahl and Jenny Cyr and Bette Martin of New Brighton. Bette attended her 50th class reunion Saturday afternoon in McIntosh. Skyline and Brylie returned to their home in Wahpeton on Sunday after spending a few days with Grandma.

Saturday afternoon Helmer and Verlys Homme took in the Fair in Fertile.

Betty Myhrum took in the Fertile Fair on Saturday evening where she met Dakota and Kjerstie Poissant and they had supper together at the 4-H Food Stand, she also took in 2 shows that was held at the free stage.

Mark your calendars and remember to take in the antique tractor parade that will be held in McIntosh on August 24, the parade starts at 11 and there will be a tractor pull that afternoon at 1:00 o'clock, there will be food vendors and activities for the kids also.

So be it for this week, in closing, food for thought you are not to old and it is not to late!



“Winger Lion’s Club 2019 Fish Fry raffle winners:
 \$500 Philip Lee - McIntosh
 \$250 Russell Sultvedt - Lengby
 \$100 Tom Perkerwicz - Erskine
 \$100 Megan Reed - Cloquet
 \$50 Tyler Schow - McIntosh”



60 years ago...1959: One strong shove with two breaking bars wielded by Publisher Railala and Ernest Johnson moved the partially dismantled four-ton newspaper press about two inches Friday afternoon through the front window of the new Times building.



40 years ago...1979: Eileen Helgaas and Gail Anderson, runner-up in the Diamond Jubilee Queen Competition are shown standing beside Queen Nancy Vesledahl. Nancy was also voted Miss Congeniality by the candidates.



The Erickson girls recently took home some ribbons from the Polk County Fair, Grand Champion Market Gilt, Grand Champion Market Barrow, Grand Champion Breeding Gilt and Overall Market Swine with their pigs. Pictured (l-r) Hadlee (age 8), Mya (age 11), Tori (age 13), and Emma (age 15). Emma and Tori will be taking their swine projects to the Minnesota State Fair in August. The girls will also have their pigs at the Mentor Farmers Market this Saturday.

MDA reminds produce growers of safety inspections

The Minnesota Department of Agriculture (MDA) is reminding Minnesota produce growers of new on-farm inspections that are required under the Produce Safety Rule which is part of the federal Food Safety Modernization Act (FSMA).

The MDA's Produce Safety Program began inspecting large produce farms as of June 2019.

Inspections on small and very small farms, as defined by the rule, will begin in spring of 2020 and spring of 2021 respectively.

Minnesota produce growers are encouraged to fill out a questionnaire that will aid the MDA in determining how the rule applies to their farm.

The questionnaire is available online.

This questionnaire is optional, but farmers who opt out will be contacted by the MDA via email, phone, or in person to identify their farm status and inspection requirements under the rule.

"Inspections will be scheduled in advance with produce farmers and our intention is to focus first on education before

we would regulate," said Valerie Gamble, Manager of the MDA Produce Safety Program.

"Together with the University of Minnesota Extension Produce Safety staff and our farm community stakeholders, we are committed to providing food safety resources, information, and technical assistance to help farmers be complaint with the Produce Safety Rule and to help ensure safe produce for Minnesotans."

As a reminder, fruit and vegetable farmers that grow, pack, harvest and/or hold produce and that do not qualify for an exemption or exclusion from the Produce Safety Rule are required to have one person attend a standardized food safety training.

Monitor the MDA website and the U of M Extension website for upcoming class announcements starting in the fall of 2019.

To learn more about MDA Produce Safety inspections, view the What to Expect-FSMA Produce Safety Rule Inspection Process or contact the MDA's Produce Safety Program at 651-539-3648.



Story to Share?

If you have a story or photos you want to share, please send to: mcintoshtimes@gmail.com

FOOTBALL CHEERLEADING ADVISOR

Date of Availability:
2019-2020 School Year
 Date Closing:
Open until filled

Win-E-Mac School District #2609 is looking for a motivated individual for **Football Cheerleading Advisor**. For specific information contact Brady Langemo at blangemo@win-e-mac.k12.mn.us

Pictured left: Courtney Leccey with her 4-H friends as she readies to show her goats during the recent Polk County Fair held in Fertile.



Courtney Lecy with brother Trevor and sister Shelby at the Polk County Fair. Courtney showed many of her animals while Trevor and Shelby were there to help and support her. She won many ribbons for her first year of showing, reserved champion on a rooster, first on one goat, second on the other goat, and first on her pig.



Pictured with her Grand Champion Angora rabbit, is Courtney Lecy who recently attended her first Polk County Fair as a 4-H exhibitor and did a great job with her animals.

Council...

Continued from page 2.....

Council Meeting July 16, 2019 McIntosh Community Center, 115 Broadway NW

Call to order:
Mayor Strom called the meeting to order at 7:45.

Roll call:
All council members were in attendance.

Purpose of meeting:
• discuss 2019 Minnesota Basic Code

Motion by Kevin Subbert and seconded by Jordan Gunufson to adopt the ordinance enacting a code of ordinances for the city of McIntosh and the tobacco sale and use ordinance. Passed un-

opposed.

Motion by Bernard Marshall and seconded by Nathan Frisk to resolve to adopt the provision of Minnesota basic code of ordinances \$10.98 and a schedule of offenses and voluntary administrative penalties. The amount of administrative penalty is set at \$75.00 per offense. Ayes: Bernard Marshall, Nathan Frisk, Jordan Gunufson and Kevin Subbert. Nays: none

Adjournment:
Motion by Kevin Subbert and seconded by Jordan Gunufson to adjourn at 7:47. Passed unopposed.

Simple ways to incorporate more fruits and veggies into your diet

Parents imploring their children to eat their fruits and vegetables is a nightly occurrence at many dinner tables. Reluctant youngsters may have a seemingly innate resistance to vegetables, but parents should stay the course, as the importance of making fruit and vegetables a routine part of one's daily diet is hard to overstate.

Children might be seen as the most resistant to fruits and vegetables, but reports indicate they're not alone.

A 2017 report from the Centers for Disease Control and Prevention found that just 12 percent of adults in the United States are meeting the standards for fruit consumption as established by the Dietary Guidelines for Americans, which are determined by the Office of Disease Prevention and Health Promotion. Even fewer people (9 percent) are meeting the standard for vegetables.

The picture is somewhat better in Canada, where the Canadian Community Health Survey, 2017, found that 28.6 percent of Canadians age 12 and older report consuming fruits and vegetables more than five times per day.

However, that figure steadily declined since 2015. That's unfortunate, as fruits and vegetables have been linked to a host of health benefits.

Why eat fruit and vegetables?

The U.S. Department of Agriculture notes that fruits do not contain cholesterol and are naturally low in fat, sodium

Mentored youth deer hunt at Rydell NWR – apply now

On October 26-27, Rydell National Wildlife Refuge (NWR) will again be hosting a special Mentored Youth Deer Hunt for kids age 12-15, in cooperation with the Minnesota DNR and the Friends of Rydell and Glacial Ridge Refuges Association. Rydell is the only NWR in Minnesota that offers this special "mentored" deer hunting opportunity. A total of 15 youth will be allowed to participate in this hunt. Participating youth will be required to hunt with a parent, guardian, or mentor.

They will be allowed to harvest up to three deer on the Refuge. Only one of which can be antlered. One requirement for youth hunt participants is that they attend a mandatory orientation session. This will be held at Rydell NWR on Sunday, October 20st, from 10:00am - 1:00pm.



Sawyer Bernd during last year's Youth hunt at Rydell NWR.

Last fall our youth hunters has great success, with seven bagging a deer, including a handful of beautiful bucks.

Interested youth must apply for this hunt no later than Aug. 16th. Applications can be completed at any DNR license agent or online at www.mndnr.gov/buyalicense.

WEM 2019-2020 parent activities meeting

The annual meeting will take place on Friday, August 9th at 5:30pm.

If your child is planning on participating in any activities throughout the year please attend the meeting. This is the only meeting that will take place this year.

Many topics will be covered at this meeting, ranging from student expectations and consequences, MSHSL rules, to



the expectations of parents. Every three years a stu-

mndnr.gov/buyalicense.

For more information on this unique hunting opportunity, go to www.mndnr.gov/discover and click on "youth deer hunts", or contact Gregg Knutsen, Refuge Manager, at 218-687-2229 x16 / gregg_knutsen@fws.gov

Additionally, Rydell NWR has hosted a three-day Accessible Deer Hunt, for people with disabilities each year, since the mid-1990s. This year, the hunt will be held October 10-12. The hunt is primarily coordinated by the Options Interstate Resource Center of Independent Living (Options) in East Grand Forks, MN. If you are interested or know someone who might be interested in participating in this Accessible Deer Hunt, contact Randy Sorenson (Options' Executive Director) at 800-726-3692, for information on how to apply.

dent-athlete needs a physical. These need to be completed before students will be allowed to practice. On August 7 & 12 from 9:00-4:00 Altru Clinic in Erskine will offer a discount on sports physicals and Win-E-Mac will earn money back as well.

If there are any questions please contact Brady Lange-mo blangemo@win-e-mac.k12.mn.us (218) 563-2900.

pasta water
1 teaspoon sugar
1/2 cup halved, pitted kalamata olives (optional)
Grated Parmesan cheese; fresh basil (optional)
Heat broiler. Cook pasta according to package directions. Drain, set aside.

Meanwhile, in bowl combine 1 tablespoon of the oil and about one-third of the minced garlic; brush on cut sides of muffins. Place muffins on baking sheet. Broil, 3 to 4 inches from broiler, for 2 to 3 minutes, until golden. Sprinkle 1 tablespoon of the chopped basil; set aside.

In large saucepan heat remaining oil over medium-high. Add remaining garlic, basil, and the tomatoes. Cook 2 minutes; add broth and sugar. Cook 3 to 4 minutes, until tomatoes soften. Season with salt and pepper. Stir in pasta and olives; heat through. Sprinkle cheese and basil.

Serve toasted muffins with pasta. Top with Parmesan and basil. Makes 4 servings.

Nutrition Facts: (Linguine in Fresh Tomato Sauce with Garlic-Basil Toast) Servings Per Recipe 4, iron (mg) 4, calcium (mg) 50, cal. (kcal) 450, vit. C (mg) 14, carb. (g) 72, vit. A (IU) 1069, pro. (g) 12, fiber (g) 3, Polyunsaturated fat (g) 2, Folate (µg) 189, Potassium (mg) 291, sodium (mg) 403, sugar (g) 7, Riboflavin (mg) 0, chol. (mg) 1, Fat, total (g) 12, Thiamin (mg) 1, Pyridoxine (Vit. B6) (mg) 0, Monounsaturated fat (g) 8, sat. fat (g) 2, Niacin (mg) 6.

Win-E-Mac 2019 – 2020 school year: School supply list

Kindergarten:
24 pack of crayons
Several pencils
Pack of colored pencils
Pack of water based markers

Pack of white board markers

Eraser
Small pencil sharpener
4 oz. or 8 oz. Elmer's glue bottle

Glue stick
Kid's scissors
Pencil box (5" x 8" will fit into our cubbies)

Folder
Backpack
Change of clothes (in a bag with child's name)
Tennis shoes for the gym floor (Phy-ed)
Paint shirt (a big, old t-shirt works best)

To share: Clorox wipes, hand sanitizer and Kleenex
For Ipad use: headphones or earbuds (please make sure they fit)

First Grade:
24 pack of crayons
Classical washable markers
Colored pencils
4 oz. or 8 oz. Elmer's glue bottle
8 glue sticks or 3 jumbo glue sticks
Small scissors
24 sharpened pencils
1 large eraser
Dry erase markers
White board eraser
Pencil box
4 wide rules notebooks

2 pocket folders
Headphones
Kleenex
Backpack (no wheels)
Tennis shoes for gym
Change of clothes (pants, underwear, socks, and t-shirt)
\$5 for classroom celebrations

Please: No trapper keepers, novelty items or pencil sharpeners

Last names starting with A-L: Please bring disinfectant wipes

Last names starting with L-Z: Please bring quart or gallon Ziploc baggies

Second Grade:
24 count crayons
Colored pencils
Markers (10 count)
1 pack of glue sticks
1 bottle of glue
Better quality wood pencils (please, no fancy wrappers on them)

Big eraser and pencil top erasers
1 inch binder
4 notebooks
4 folders (1 that is 3 hole punch, with no prongs)
1 box of Kleenex
Small pencil box to hold supplies

3-ring binder plastic pencil case
Good scissors
8-10 fine tip white board markers
Tennis shoes for gym
Earbuds or headphones
Optional, but nice to have:

whiteboard eraser and Clorox wipes

Third Grade:
20 pencils
Hand held pencil sharpener
Erasers
Ruler
2 dry erase markers
Small pencil box
Scissors
Black sharpie marker
Box of Kleenex
2 highlighters
4 folders with pockets
4 spiral bound wide-ruled notebooks

Composition notebook (wide-ruled)

Glue bottle or 2 glue sticks
24 count crayons
Markers
Headphones (an inexpensive set will work)
\$5 to be used for class celebrations throughout the year

Tennis shoes for physical education class

During the school year we also are in need of gallon or sandwich size Ziploc bags, disinfectant wipes, paper plates, bowls and napkins for the class to share. If you are able to provide some of these items, it would be much appreciated.

Things not to bring: pens, toys (including slime/putty), electronic devices (games, cell phones, ipads, mp3 players), beverages other than water, 3-ring binders.

Fourth Grade:
24 count crayons
Markers – small container

Colored pencils – small container

Pencils – enough for the year

Dry erase marker – any color

Highlighter – any color

1 ream of wide-ruled notebook paper

4 single subject notebooks – one per quarter

4 folders

Small pencil box

Small bottle of glue

Glue stick

Pencil sharpener

Pencil top erasers

Pointed scissors

1 set of multiplication flash cards

1 pair of headphones/earbuds

1 basic calculator

1 water bottle

1-2 containers of disinfecting wipes

1 box of sealing sandwich bags

2 large boxed of tissues

1 small bottle of hand sanitizer

Healthy snacks are welcome
Items not to bring include: pens, electronic games, large binders, unhealthy snacks, mechanical pencils, toys, cell phones, iPads, mp3 players, beverages other than water, backpacks with wheels.

Fifth Grade – Langemo:
1 highlighter
1 – 2 dry erase markers
Pencils (#2 lead – enough for the

year

2 – 3 glue sticks

1 bottle of glue

Colored pencils

Markers

Crayons (24 count)

Erasers

Pencil sharpener

Pencil box (small)

1 Sharpie (black)

3 Composition notebooks

3 spiral bound notebooks

Pointed scissors

6 folders with pockets

Headphones

2 boxes of Kleenex

Tennis shoes for physical education class

\$5 to be used for classroom celebrations throughout the year

Fifth Grade – Hanson:
1 highlighter

1 -2 dry erase markers

Ruler (inch & centimeter combo)

1 -2 glue sticks
1 glue bottle
Markers
Colored pencils
Crayons (24 count)
Pencils – enough for the year

Small pencil box
1 Sharpie (black)
3 folders with pockets
3 spiral bound notebooks (wide ruled)
2 Composition notebooks (wide ruled)
1-inch 3-ring binder (no bigger, no Trappers)
Scissors – pointed
Calculator (basic) *optional

Headphones (earbuds are fine)

2 boxes of Kleenex

\$5 to be used for class celebrations throughout the year

Tennis shoes for physical education class

Sixth grade:
Colored pencils

Lots of pencils (#2 lead, with more needed throughout the school year)

Pencil top erasers

2 glue sticks

1 bottle liquid glue

Scotch tape

Small pointed scissors

4 spiral notebooks

3 Composition notebooks

6 folders

2 black Sharpie markers

Several highlighters

3 dry-erase markers

Dry erase eraser (or cloth/old washcloth to wipe off whiteboards)

1 small box or bag to hold these supplies

Backpack or school bag (no wheels)

Tennis shoes for gym

1 large box of tissues (to share)
Container of Clorox type wipes
Earbuds or headphones to use with iPads
Optional: non-sanit water bottle, bottle of hand sanitizer

