



McINTOSH

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Times

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McIntosh, Minnesota



Retiring from the First National Bank in McIntosh is Paulette Kringlen and Nicole Grande. They are pictured here is with bank V.P. Philip Lee.

MN's raspberry and blueberry seasons start soon

Minnesota summer raspberry and blueberry growers report fields full of blossoms and expect to open for pick-your-own and pre-picked berries the first two weeks of July.

Raspberry and blueberry seasons start towards the end of strawberry season and usually last at least three weeks, depending on the variety and weather conditions.

As with strawberries, seasonal availability begins in southern Minnesota and travels northward. Mild temperatures in the 70s and 80s extend the seasons and allow berries to ripen at a steady pace, while excessive heat can cause berries to ripen more quickly and shorten the seasons.

Picking berries is a great outdoor activity for all ages. Debbie Yennie of First Fruits Blueberry Farm in Menahga explains that pick-your-own berry farms are “a place where families come to have a family experience. Seeing families come together is the best part of my blueberry farm.”

Minnesota blueberry and raspberry varieties are grown for their robust, juicy flavor, not long shelf life or shipping ability. Raspberries will keep in the fridge for about four days, and blueberries about a week. Both kinds of berries freeze well, too, so you can enjoy them throughout the year.

Randy Jones of Jonesey Berry Farm in Grove City grows strawberries, summer raspberries, and fall raspberries. He advises visitors to call ahead before visiting farms to verify hours and availability, and to pack water, sunscreen, and a hat before heading to the patch.

The Minnesota Grown Directory, available in print or online, is a great place to find local pick-your-own berry operations or farmers market. The 2019 Directory includes 34 summer raspberry farms, 31 blueberry farms, and other specialty berry farms like elderberries, currants, honey berries, and aronia berries. Order your free printed directory online at www.minnesotagrown.com/order-minnesota-grown-directory/ or call 1-800-657-3878.

Raspberry Balsamic Glazed Salmon
Broiled salmon with a savory-sweet raspberry glaze. An elegant meal in under 30 minutes.

- 2 Teaspoons ghee or avocado oil
- 1 small clove garlic, minced
- 3 Tablespoons balsamic vinegar
- 6 ounces raspberries
- 2 dates, chopped
- Place ghee or oil into a small saucepan.
- Heat oil over medium-low heat until shimmering.
- Add garlic.
- Cook garlic for 30 seconds while stirring continuously with a wooden spoon.
- Add vinegar, raspberries,



and dates.
Cook raspberry mixture while stirring occasionally until sauce is thickened (about 10 minutes).

Remove sauce from heat.
Press sauce through a fine mesh strainer to remove seeds.
Stir in thyme and ¼ teaspoon salt.

Set aside raspberry sauce.
Preheat broiler.
Line a baking sheet with a piece of parchment paper.

Place salmon fillets skin down onto baking sheet.

Sprinkle each fillet with pepper and remaining salt.

Brush each fillet with 2-3 tablespoons raspberry sauce.

Broil salmon until fillets are opaque and flake easily with a fork (about 8-10 minutes).

Drizzle salmon fillets with additional sauce.

Serve immediately.

Blueberry Bottom Cake

This cake is light, airy, and super refreshing with a lovely presentation, not to mention super easy to make.

- 1 (15.25 ounce) package white cake mix (such as Pillsbury(R) Classic White)
- 1 cup water
- 3 eggs
- 1/2 cup vegetable oil
- 4 cups fresh blueberries
- 1 cup white sugar
- 1 (3 ounce) package strawberry-flavored gelatin
- 3 cups miniature marshmallows
- 2 cups frozen whipped topping (such as Cool Whip)

Summer...

Continued on page 4 ...

This is Polk County Fair Week!

This week is the start of the 119th Annual Polk County Fair held in Fertile. The fair will run from Wednesday, July 10th to Sunday, July 14th.

Wednesday starts off with open class and FFA entries due from 11:00 am to 7:00 pm. The midway opens at 5:00 pm and there will be Open Class judging of agriculture and flowers.

The Polk County Fair Chocolate Contest will also take place at 7:00 pm. Entries must be in by 6:30 pm and will take place at the Free Stage. There will be sampling following the judging. There are adult and kid categories.

At 7:00 pm the Rodeo begins. There will be Karaoke from 9:00 pm to midnight for all ages.

Thursday, July 11th starts at 9:00 am with Open Class judging. The midway opens at 4:00 pm and there will also be a Kid's bike drawing at that time.



The rodeo continues on Thursday again starting at 7:00 pm.

There will also be a Talent Contest on the free stage starting at 7:00 pm. There will be pre-teen, teen and adult divisions.

Senior Citizens Day will be **Friday**, July 12th in the

Christian Fellowship Tent. There will be prizes, bingo, entertainment, and lunch for everyone 55 years old and older.

The midway opens at 1:00 pm and there will be bingo in the Grandstand starting at 2:00 pm with cash prizes.

The kids bike drawing will be at 4:00 pm right before the kid pedal pull which will begin at 4:15 pm.

Open Class judging of general livestock will start at 5:30 pm.

Baja racing begins at 6:30 pm and will feature 8 cylinders, pickups and vans.

Saturday starts with Open Class judging of dairy goats at 8:30 am. At 9:30 am there will be dairy Open Class judging.

There will be a 5K walk/run which starts at 9:00 am. Registration opens at 8:00 am near the Free Stage. Proceeds go

Fair...
Continued on page 4...



Winger Lion's member, Brandon Omang recently presented Carter Bendickson and his parents, Josh and Melissa with a donation during a benefit held for Carter recently at the Lean To Tavern in Bejou.



Recently Win-E-Mac Community Ed sponsored a beginners quilting class at McIntosh Community Center with Connie Strom as instructor. Five young girls along with their grandmas and one mom worked together to create their own quilt! They started Wednesday night with cutting and designing and started early Thursday morning with the sewing! Teamwork! Pictured is Connie Strom with granddaughter Mya Strom.



Bruce Haaven, Dan Salvhus and Harald Thompson visit with Paulette Kringlen and Nicole Grande during their retirement party held at First National Bank in McIntosh.



Community Calendar

Wed. July 10: Polk County Fair, Fertile, McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. July 11: Polk County Fair, Fertile, Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri July 12: Polk County Fair, Fertile, McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. July 15: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am;; Explore Rockets @ McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tue July 16: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Wed. July 17: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. July 18: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. July 19: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; m

Mon. July 22: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am;; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tue. July 23: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm



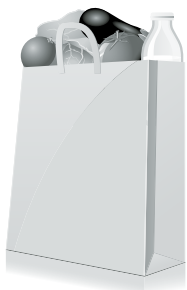
Caught on a trail camera by Herman Voxland was this doe with her triplet fawns north of McIntosh.

Grace Community Food Shelf meeting

Grace Community Food Shelf, serving the communities of Erskine, McIntosh, Winger, and Mentor will hold its quarterly Advisory Board Meeting on Thursday evening, July 18th, at 7:00 PM in the Basement Meeting Room at Grace Lutheran Church, 332 Vance Ave. in Erskine.

Advisory Board Makeup: The Grace Community Food Shelf Advisory Board is an "open board" meaning that there is not a formal selection/election process. Membership is open to anyone that wants to assist in fighting hunger in our area. The only requirement is that you attend the meetings, participate in the discussions, and help set the policies that govern the Food Shelf. You can help to make a difference!

We are currently looking for a couple more volunteers to help us staff the Food Shelf! No experience necessary with lots



of on-the-job training.

The Food Shelf is open the second and third Thursdays of each month from 10:00 AM to 2:00 PM. Once each month we also distribute the Nutrition Assistance Program for Seniors (NAPS) food boxes.

If you are interested in helping with the Grace Community Food Shelf please attend the Advisory Board meeting or contact foodshelfcoordinator@gracechurcherskine.org or stop by the Food Shelf at 332 Vance Avenue in Erskine on the days

we are open. You can also call us on our NEW phone number at 218-687-2250.

Did you know?

The American Academy of Family Physicians notes that children should get at least one hour of physical activity per day.

The AAFP notes that many kids easily achieve that marker simply by being children and engaging in the activities kids are drawn to each day, such as running, climbing and playing games like tag with other youngsters.

Unstructured physical activity or free play can benefit toddlers. As toddlers become preschoolers, physical activities can become more structured, though the CPS notes that children this age may not understand the rules of organized sports nor are they nec-

Clody Schleicher

99 Years Young

on July 15, 2019

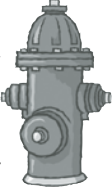
We're so happy we all get to help you celebrate this year. Happy birthday to you with love, Dad.

From your "Girls" Carole, Paulette, Angela, Randi & families.



MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer. Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.



M11-27C



MSL Burger Bar

McIntosh Senior Living will host a burger bar on Tuesday, July 23rd from 11:00 am to 1:00 pm in the front lobby.

There will be fresh, grilled burgers with all the fixings. Build your own burger and have some macaroni salad, watermelon, chips and a drink. The cost is only \$5 and to-go containers are available.

All proceeds will go to quality improvement projects benefiting MSL residents.



Wed. July 10: Natalie Smith, Kyle Jore, Bryan Paskvan, Mason Rominski

Thurs. July 11: Amelia Vigoren, Preston Lacy

Fri. July 12: Koralyn Kringlen, Joey Violette, Gavin Robert Strom, *Beth & Shawn Rominski

Sat. July 13: Emma Rominski

Sun. July 14: Bridger Huschle, *Matt & Ashley Schow, *Dan & Cheryl Jore

Mon. July 15: Clifford Bartz, Sarah Violette, Chris Smeby, Lloyd Schleicher, *Corey & Samantha Rasmussen, *Jerry & Christine Weber

Tues. July 16: Carol Bursheim, Tyler Burslie

Did you know?

Many stores employ "loss leaders" during the back-to-school shopping rush. Essentially, loss leaders are products sold at a loss to attract customers into the store. Retailers hope shoppers will be tempted by a "penny deal" or another steep discount and then stick around, ultimately purchasing full-price items. Shoppers can use loss leaders to their advantage. Those looking to save on school supplies should watch the circulars and commercials for these barely break-even deals and stock up on loss leaders, according to the savvy shoppers at The Crazy Coupon Lady. This may require shopping for supplies over the course of a few days, as stores may feature different loss leaders during the week. By doing so, at the end of the week, shoppers may end up with much of their school supplies at quite the discount.



McINTOSH Times

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"Serving the Win-E-Mac area"

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CHURCH DIRECTORY

ST. MARY'S CHURCH
Fosston
Fr. John Suvakeen, Pastor

Wed. July 10: 1:00pm Mass at McIntosh Senior Living; 3:30pm Mass at First Care Nursing Home, Fosston

Sun. July 14: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH
Winger/Bejou Supply Pastor
Gordon Syverson

Sun. July 14: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. July 21: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Supply Pastor
Gordon Syverson

Sun. July 14: 11:15am Worship Service.
Sun. July 21: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Sun. July 14: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service

Tues. July 16: 10:00 a.m. Sunday worship service telecast on GVTN--30; 1:30 p.m. Bible Study at Pioneer Memorial Care Center

Wed. July 17: 7:00pm Bible Study at Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson
Wed. July 10: 7:30pm Bible Study at Mt. Carmel

Thurs. July 11: 7:00am Men's Breakfast at Mt. Carmel

Sun. July 14: 9:30am Worship at Trinity; 11:00am Worship at Mt. Carmel

Wed. July 17: 7:30pm Bible Study at Mt. Carmel

Thurs. July 18: 7:00am Men's Breakfast at Mt. Carmel

Sun. July 14: 9:30am Worship at Mt. Carmel 11:00am Worship at Trinity

VERNES LUTHERAN CHURCH (LCMC)
McIntosh

Pastor Jill Torgerson
Sun. July 14: 9am Worship

Sun. July 21: 9am Worship

DOVRE FREE LUTHERAN
Pastor Don Edlunds

Wed. July 10: 7:00pm Bible Study on Romans Everyone Welcome

Sun. July 14: 10:00am Worship Service and Children's Sunday School

Wed. July 17: 7:00pm Bible Study on Romans Everyone Welcome

Sun. July 21: 10:00am Worship Service, Adult and Children's Sunday School

IMMANUEL LUTHERAN CHURCH
McIntosh

Pastor Bruce Blocker,

Sun. July 14: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School

Sun. July 21: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School

GRACE LUTHERAN CHURCH NALC
Erskine, Minnesota

Pr. Scott Baker, interim
Sun. July 14: 9:00am Worship

RODNES LUTHERAN CHURCH
Erskine

Pastor Joel Smeby

Wed. July 10: 10:00am Bible Study at Crossroads; 7:00pm Bible Study at Rodnes

Sat. July 13: 8:00am Men's Prayer Group

Sun. July 14: 10:00am Worship

Wed. July 17: 10:00am Bible Study at Crossroads; 7:00pm Bible Study at Rodnes

Sat. July 20: 8:00am Men's Prayer Group

Sun. July 21: 10:00am Worship

Holy Communion 1st Sunday of every month. Visit us on Facebook at RodnesLutheran.



B-B Cafe

In 1932 Art Berg and Caryl Bovee bought Arnold Enevold's cafe. Then, the cafe occupied the south half of the building and the north half was Rod Bovee's barbershop. Art, 22, had traveled the world while Caryl, 18, was just out of high school. Everyone said they were doomed to fail. The partners were determined to prove them wrong even when it meant working outside jobs to pay the rent.

1933 brought the fiftieth anniversary of the Thirteen Towns. They expected the crowds to bring in a lot of business that summer. However, when the "crowds" learned there was no beer served there, they went elsewhere. Caryl and Art discussed adding beer to the menu but they decided to

buy an ice cream maker instead.

In 1934 Art married Ragna Widseth, the cute school teacher who nearly ran him down with her Model A. Later that year, Caryl married Doris Jorgenson, also a school teacher. It soon became evident the business would not support two families. A coin was tossed and Art lost. Or won, as Art chose to look at it.

For the next twenty years Ragna and Art, an adventurous couple, tried various businesses and moved several times before returning to McIntosh.

Caryl eventually bought the building. He enlarged and remodeled the cafe and modernized the front facade in 1939. Eight years later he left the restaurant to devote full time to his insurance business.

The cafe had a few different proprietors before Art and Ragna bought it back in 1958. Later they bought the building next door, to the north, and converted it into a dining room. After Art's death in 1983, B-B Cafe had a series of proprietors before the doors closed for the last time in 2016.

Although the list of owners and proprietors is a long one and the name has changed several times, the little cafe on Cleveland Avenue has been one of the most enduring businesses in McIntosh.

Soon, the doors will open as the Stordahls intend to make it into an eating establishment again.

Source: "About Time" by Mian Ingman



Caryl Bovee looks out the front window of the B-B Cafe in 1934. The banner beneath the sign reads "Malted Milk 5c". The north half of the building housed a barber shop operated by Rod Bovee, Caryl's father. The cafe expanded into the entire structure in 1939.

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Winger News

by Linda Pulskamp

Hello and welcome to July! Summer is well on it's way, or at least we say once the 4th of July comes summer is starting to go down hill! Hopefully not but it seems that way.

In spite of the weather last weekend Winger Days were held, the attendance was down but the enthusiasm was still there. There were lots of old tractors and engines, not so many of the restored cars, and the race cars that were expected but still the respect and tribute to Lynn Lucken was obvious. Other activities during the weekend went on as usual, the Lion's Fish Fry served around 400 people.

Now we are on to the Fertile Fair starting next week, and there will be many activities going on there too. Another way to meet and visit with people that we only see once a year.

Fourth of July activities went on this week, with parades in Plummer, Trail and other festivities in the area. As the day comes to a close and it get dusk there will be fireworks to see.

Last weekend house guests at the Pulskamp home were Brent, Jessie, Sidnie, Skyline and Brylie Pulskamp of Wahpeton, Harry Johnson of Breckenridge.

Those with campers in our yard were, Matt Balstad and Jamie Anderson, Mike Tiani and Ashley Kukowski of Middle River and their friends Cora and Megan Luwalski of Winnipeg. Others visiting at the Pulskamp home were Craig and Bev Helgaas of Glenwood, Logan Bauer (who brought in his race car, Kelly Johnson,

Brenden and Kylie Casavan and Michelle Johnson, Jennifer Cyr of Fergus Falls and Kevin Zahl.

Last Tuesday Helmer and Verlys Homme made a trip to Cass Lake to visit with Helmer's niece's and their families who were vacationing there.

Last Sunday afternoon Butch and Linda Pulskamp, Grandpa Kelly Johnson along with Danny and Angie Brtek and family along with other family and friends gathered together in Erskine by the swimming beach to observe Kylie Casavan's 2nd birthday.

Chris Wang of Gillette Wyoming and Lindsay Wang of Billings, Montana have spent a few days in the Winger area visiting with family and friends.

Milton Carlson's Corner

On Wednesday the 26th Paul Carlson stopped in at Milton's after work and put in his air conditioner and disposed of Milton's garbage.

Dick and Wanda Donovan and "Pepper" of St. Francis arrived at Milton's on Thursday

the 27th to spend a few days visiting with the family and friends. That evening Paul and Donna Carlson stopped in at Milton's to visit with the family.

Friday the 28th Wanda Donovan made dinner at Milton's for Milton, Dick and Lonnie and Judy Gieseke joined them for dinner and a visit. Later that day Donna Carlson came by Milton's with her lawn mower and did the lawn, and Paul stopped in with his ER trimmer and did the trimming.

On Saturday the 29th Paul stopped in at Milton's for a visit and brought Milton into Winger to watch the parade. Later in the day Donna Carlson along with Cossette, Sage and Oliver Carlson took a ride on the gulf cart over to Milton's.

Last Sunday the 30th Wanda Donovan and Donna Carlson made dinner for the family at Milton's. Later that day Wanda and Dick Donovan and "Pepper" left for their home in St. Francis

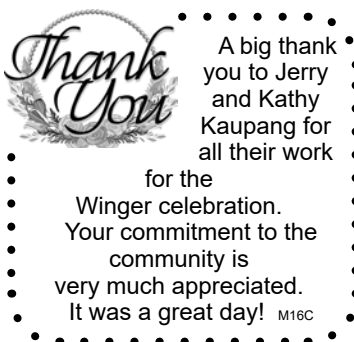
On Monday to begin the week and on his way to work Paul Carlson stopped in at Milton's for a brief visit and cup of coffee to go.

This again is what I gathered this week and hopefully there will be more next week and until then may yours be happy and full of sunshine.



Thank you to Dave Natwick for coordinating the church auction. It was a fun community event!

A big Thank You to Bob Vesledahl for all of your time and expertise in repairing our church. It looks great! M16C



A big thank you to Jerry and Kathy Kaupang for all their work for the Winger celebration. Your commitment to the community is very much appreciated. It was a great day! M16C

Minnesota Groundwater Protection rule regulations begin in 2020

Rule limits use of nitrogen fertilizer in areas with vulnerable soils.

The state's new Groundwater Protection Rule (GPR) became effective today, June 24, 2019. The GPR will reduce the risk of nitrate from fertilizer impacting groundwater in areas of the state where soils are prone to leaching and where drinking water supplies are threatened. Nitrate is one of the most common contaminants in Minnesota's groundwater; elevated nitrate levels in drinking water can pose serious health concerns for humans.

"Implementation of the Groundwater Protection Rule is a major milestone in protecting the state's groundwater and ensuring all Minnesotans have safe drinking water," said Governor Walz. "I want to commend the Minnesota Department of Agriculture for their commitment to making Minnesota a leader in addressing nitrate contamination and for their collaborative approach with farmers in doing so. The MDA went above and beyond in their duty to gather public comments and respond to feedback as they developed these important regulations."

The Minnesota Department of Agriculture (MDA)



will oversee implementation of the rule. Beginning in 2020, use of nitrogen fertilizer in the fall and on frozen soils will be restricted in areas of the state with vulnerable groundwater, such as areas with coarse textured soil, shallow bedrock, or karst geology, and in public wellhead areas – known as Drinking Water Supply Management Areas (DWSMAs) – with elevated nitrate levels.

The GPR outlines a multi-level approach involving local farmers and agronomists working to mitigate nitrate losses in DWSMAs with high nitrate in groundwater. Farmers in a DWSMA would be subject to four levels of mitigation which move from voluntary to regulatory. A local advisory team, consisting primarily of producers and agriculture professionals, will advise the MDA regarding appropriate

response activities for the area and support implementation of these activities.

The Groundwater Protection Rule is part of the state's overall Nitrogen Fertilizer Management Plan (NFMP) which was developed with broad stakeholder input over a five year period and implemented in 2015. More information on the rule and the NFMP is available at www.mda.state.mn.us/nfr.



10 years ago...2009: (L-R) Christian Landsverk, Daniel Revier, Riley Ziermeir, Wyatt Nordskog, Brandon Olson, and Josh Albright with the day's catch of smallmouth bass and walleye at Curtain Falls on Iron Lake in the BWCA.



50 years ago...1969: Mayor Roholt and Mrs. Harald Thompson, Auxiliary President, of McIntosh set the American legion's "Freedom Tree" in the village park while members of the Auxiliary and Legion Post look on.



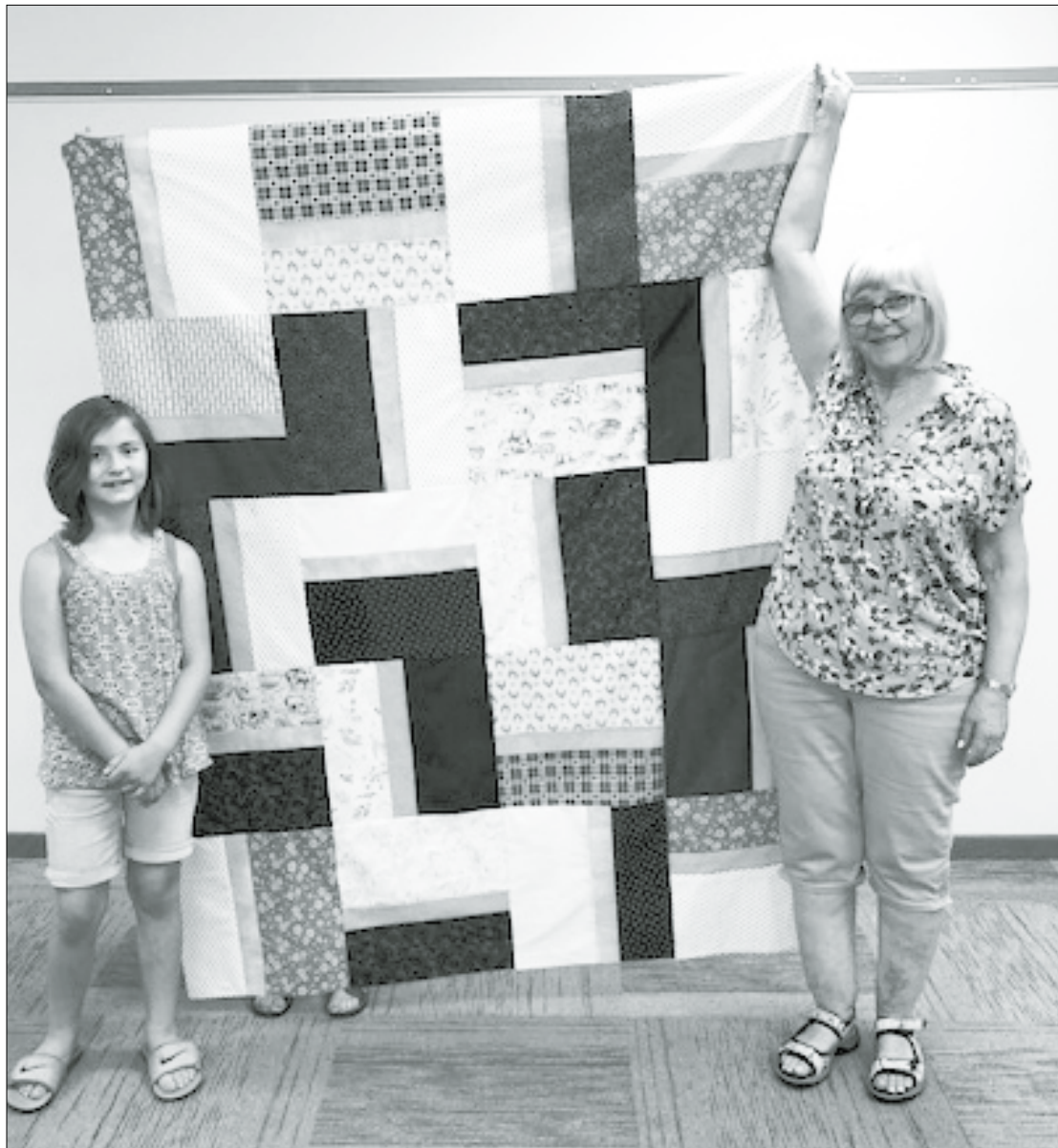
40 years ago...1979: Mrs. Sander Horn,, Ida Grundyson (waving), Mrs. Roger Buchholz, and daughter and Julie Wang (with cape) on the Tri-Town Homemaker float at the Winger Diamond Jubilee parade.



30 years ago...1989: The American Legion baseball team has begun another exciting season. Participants are: (back) Ryan Tangen, Jeff Oseth, Tom Wood, Jesse Bradley, Coach Vance Kaupang; (front) Jeramie Pearce, Mark Strom, Josh Hickman, John Nelson, Eric Roed, and Coach Calvin Skeie.



20 years ago...1999: Heidi and Courtney Sonnee stopped for a short visit with Jaci Hanson and Marlene Ross during the Community Rummage Sale in McIntosh.



Jan Langemo with her granddaughter Ella Langemo. The two made the quilt pictured during a recent Community Ed Class.



Angie Deusterman with her daughter Hildy Deusterman and their quilt created at a recent Win-E-Mac Community Ed class held at the McIntosh Community Center.



Denise Disrud with her granddaughter Violet Deusterman and their recent quilt made together.



Mary Steinbrenner with her granddaughter Alison Carlin during the Win-E-Mac Community Ed class held at the Community Center in McIntosh.

Fair...

Continued from page 1 ... towards the Polk County Fair building improvement fund.

The midway will open at noon.

Dock Dogs, a popular attraction will have registration at Noon and the events will begin at 1:00 pm with events at 2:30 pm and 4:30 pm as well. The day will feature Big Air Wave and Extreme Vertical.

Baja racing will start at 1:00 pm with 4 and 6 cylinder heats.

There will be the annual Century Farms presentation at 3:45 pm on the Hanson Free Stage.

Main event Baja racing will take place starting at 6:30 pm with State Championship Baja racing.

The final day, Sunday, July 14th will start with a church service at 10:00 am.

The Polk County Fair Community Parade will start at 2:00 pm. There will cash prizes for the best floats. The theme this year is "Red, White & Blue".

The midway will open at noon and there will be Dock Dogs registration starting at noon as well. The days events will feature, Big Air wave, Speed Retrieve, and Big Air Finals.

The Dock Dogs Events will begin at 1:00 pm, again at 2:30 pm. The Finals for Dock Dogs will be 4:00 pm and 5:30 pm.

There will be a kids bike drawing at 4:00 pm on Sunday

as well.

The Super Demo Derby will start at 6:30 pm and end the week of the fair. There will be four classes, modified, stock, pickups and compacts. Prizes range from \$1,200 to \$250. There will be trophies for 1st, 2nd and 3rd places. Rules and entry forms are available on the fair website.

After the Demo Derby there will be a fireworks show starting at 10:30 pm.

We hope to see you at the 119th Annual Polk County Fair. For more information you can visit www.polkcountyfair-fertilemn.com.

Summer..

Continued from page 1 ...

Preheat oven to 350 degrees F (175 degrees C). Grease a 9x13-inch baking pan.

2-Combine cake mix, water, eggs, and vegetable oil in a large bowl; mix until moistened. Beat with an electric mixer on medium speed until batter is smooth, about 2 minutes.

3-Spread blueberries in the bottom of the baking pan. Layer sugar, gelatin, and marshmallows on top. Pour cake mix evenly over marshmallows and smooth the top.

4-Bake in the preheated oven until a toothpick inserted in the center of the cake comes out clean, 50 to 55 minutes. Transfer baking pan to a wire rack and let cool, about 30 minutes. Serve cake with whipped topping.

Beckon twilight with a tasty summer cocktail

Perhaps nothing is more relaxing on a warm summer night than sipping a cocktail as the sun sets. Some cocktails, such as the following recipe for "Blueberry Crush" from Susan Elia MacNeal's "Infused: 100+ Recipes for Infused Liqueurs and Cocktails" (Chronicle Books), even evoke the twilight hours of summertime with their unique look.

Blueberry Crush
Serves 1
4 or 5 ice cubes
2 blackberries
2 blueberries
2 raspberries
3 ounces Blueberry Vodka
(see below)

Dash of lime juice
1 cup cracked ice
1/2 cup sparkling water or club soda (optional)

Place the ice cubes in a chilled old-fashioned glass. Place the berries in a small bowl and crush with a fork. Add to a shaker with the vodka, lime juice and cracked ice. Shake for 10 to 15 seconds, then strain over the ice cubes. For a lighter version of the drink, add the sparkling water.

Blueberry Vodka
1 750-ml. bottle of vodka
1 quart fresh blueberries
1/4 to 1 cup Sugar Syrup (optional; see below)

Decant the vodka into a clean 2-quart glass container with a tight-fitting lid. Soak the original bottle to remove the label. Let dry.

If using frozen berries, allow them to thaw. Place the fresh or thawed frozen berries in a bowl, crush with a fork and add to the vodka. Allow the vodka to infuse away from direct sunlight and intense heat for 3 months. Shake the container a few times each week.

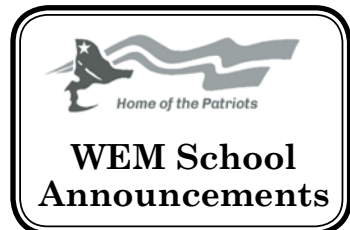
When you're satisfied with the intensity of flavor, strain the liqueur through a metal

sieve into a bowl. Discard the berries. Add the sugar syrup to taste, if desired.

Using a funnel, pour the liqueur into the original bottle (or another container). Label with the name of liqueur and the date. Age for 1 month away from light and heat.

Sugar Syrup
1 cup water
2 cups granulated sugar

Put the water in a small saucepan. Add the sugar. Bring the water to a boil while stirring. Reduce the heat and continue to stir until the sugar dissolves. Cool to room temperature. Select a clean container that will hold at least 1 1/2 cups. Using a funnel, pour the sugar syrup into the container,



Road Construction

The bridge and Highway 59, near the school closed on May 20th. This will cause a detour getting to school. The roads available will be through Erskine or the County Highway 35, north of the school.

Summer meals

The school will again offer free breakfast and lunch every day this summer except for the week of July 4th, to any student who wants a meal during the day.

We will need the manes or numbers of those attending the day before for planning purposes. Parents can eat also for a cost, but students are free.

The school district will offer a Century 21 program along with a re-energized summer rec program from 7:30 am until 5:30 pm, with a free breakfast and lunch to all kids.

There is a fee for the summer rec activities and we will offer supervision after the programs until 5:30 pm, which will extend through the summer.

The District will offer a bus service to the cities within our district.



seal and store in the refrigerator for up to 6 months.

Do you have a story to share?

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