

Spring weather won't stop summer farmers markets

Minnesota Grown Directory makes it easy to find one near you.

Summer is almost here and farmers around the state are gearing up for the season. Despite persistent rains and cold weather, Minnesotans are looking ahead to warmer days and an abundance of fresh produce at the farmers markets. This year, expect some of your favorite produce items to arrive later than usual, but don't worry about abundance.

Farmers use high tunnels, hoop houses, and greenhouses to beat the long Minnesota winter, and add extra weeks to the growing season. Right now, farmers markets are open and offer spring favorites like asparagus, rhubarb, leafy greens, and spring onions, all about to enter their peak season. In addition, you will see honey, maple syrup, baked goods, meat, cheese, and eggs, all grown right here in Minnesota. Green beans, kohlrabi, and cabbage are just around the corner.

Jerry Untiedt, a farmer from central Minnesota, spoke

to the importance of local shoppers for his farm.

"People should be aware that we are counting on their support, and we are counting on a little bit more aggressive purchasing on their behalf because the selling season is reduced," Untiedt said.

Spring weather has made the season challenging for many farmers, but they still

hope to see people flocking to the markets statewide.

It's easy to find a farmers market near you by searching the 2019 Minnesota Grown printed directory, which contains 1020 farms and 188 farmers markets. Order your free 2019 Minnesota Grown directory today or call 1-800-657-3878.

Op-Ed: Reps. Fabian and Kiel respond to attach on Pro-life laws

Last Wednesday, groups supporting extreme practices like late-term abortion filed a lawsuit seeking to overturn Minnesota's pro-life laws. Many of the laws they are targeting have been in law for years, and passed with bipartisan support.

Among the laws being targeted are ones that ensure women seeking abortion are fully informed and protected. They are even targeting laws that ensures parents are notified before a minor undergoes

an abortion, and the physician-only requirement, which requires that anyone who performs an abortion must be a doctor. It also targets data reporting, which means that if overturned, Minnesotans will not have access to basic data about abortion in our state. These laws aren't unconstitutionally limiting access to abortion, they are ensuring that women are fully informed, parents are able to care for their children, and physicians are there to help should this

ESTATE / B&B INVENTORY SALE

PLUS 1.5 Acres with large pole barn and business buildings in Northwest McIntosh. **June 14 and June 15**
9:00 a.m. to 4:00 p.m. both days. Follow the balloons!



REGULAR COUNCIL MEETING
THURSDAY JUNE 13, 2019
5:30 P.M.
COMMUNITY CENTER
CALL TO ORDER:
PLEDGE OF ALLEGIANCE:
ROLL CALL:
DETERMINATION OF QUORUM:
AGENDA ADDITIONS:
APPROVAL OF MINUTES:
a. MAY 9, 2019 REGULAR COUNCIL MEETING MINUTES
b. JUNE 10, 2019 PUBLIC HEARING MINUTES
PUBLIC CONCERNS:
OLD BUSINESS:
a. 2018 AUDIT
b. MINNESOTA BASIC CODE
NEW BUSINESS:
a. CITY MURAL
b. BUILDING PERMIT – LINDSAY HAAVEN
c. CLUBHOUSE GRANT APPLICATION
APPROVAL OF MONTHLY BILLS:
COUNCIL & STAFF REPORTS:
NOTICES & CORRESPONDENCE:
ADJOURNMENT: M12C

MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer. Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.



Enerson Reunion

SAVE THE DATE!

Saturday, August 3, 2019
Noon at the Olof Enerson McIntosh Farm
Questions or more information, call Kay (520)400-1107 M12P

Community Birthday and Anniversary Calendar

Wed. June 12: Robert Hegland, Tamera Ostenaa, Janelle (Graft) Haas

Thurs. June 13: Shermen Tranby, Samantha Lee, *Dean & Anita Roy

Fri. June 14: Shane Burslie, Houman Ghajari, Carter Carlson, *Calvin & Donna Skeie

Sat. June 15: Ellen Burslie, Carey Burslie, Kaitlin Marshall, *Virgil & Mary Lerfald, *Nathan & Siri Vigoren

Sun. June 16: Mya Strom, Twila Rolf, Brooklynn Walk, *John & Cindy Lecy, *Kraig & eElaina Kundert

Mon. June 17: Kathy Johnson

Tues. June 18: Jeff Haaven, Braylon Hamre, *Mike & Brittany Sylstad



ST. MARY'S CHURCH Fosston

Fr. John Suvakeen, Pastor

Fri. June 14: 8:30 am Mass at St. Mary's, Fosston
Sun. June 16: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Wed. June 19: 1:00 pm Mass at McIntosh Nursing Home
Fri. June 21: 8:30 am Mass at St. Mary's, Fosston
Sun. June 23: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH

Winger/Bejou

Supply Pastor

Gordon Syverson

Sun. June 16 8:30am Worship at Immanuel; 9:45am Worship at Calvary
Sun. June 23: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)

McIntosh

Supply Pastor

Gordon Syverson

Sun. June 16: 11:15am Worship Service.
Sun. June 23: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH

Independent

Gary Johnson, Pastor

www.gosen-church.com

Face Book: Gosen Church

Wed June 12: 7:00pm Bible Study at Sharon Ramberg's
Fri June 14: 10:00 a.m. Telecast of Luther League program on GVTV--30

Sun. June 16: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service

Tues. June 18: 10:00 a.m. Sunday worship service telecast on GVTV--30; 1:30 p.m. Bible Study at Pioneer Memorial Care Center

Wed. June 19: 7:00pm Bible Study at Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson

Wed. June 12: 7:30pm Bible Study at Mt. Carmel

Thurs. June 13: 7:00am Men's Breakfast at Mt. Carmel

Sun. June 16: 9:30am Worship at Trinity; 11:00am Worship at Mt. Carmel

Wed. June 19: 7:30pm Bible Study at Mt. Carmel

Thurs. June 20: 7:00am Men's Breakfast at Mt. Carmel

Sun. June 23: 9:30am Worship at Trinity; 11:00am Worship at Mt. Carmel

VERNES LUTHERAN CHURCH (LCMC)

McIntosh

Pastor Jill Torgerson

Sun. June 16: 9am Worship

Sun. June 23: 9am Worship

DOVRE

FREE LUTHERAN

Pastor Don Edlunds

Wed. June 12: 7:00pm Bible Study on Romans Everyone Welcome

Sun. June 16: 10:00am Worship Service and Children's Sunday School

Wed. June 19: 7:00pm Bible Study on Romans Everyone Welcome

Sun. June 23: 10:00am Worship Service, Adult and Children's Sunday School

IMMANUEL LUTHERAN CHURCH

McIntosh

Pastor Bruce Blocker,

Sun. June 16: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School

Sun. June 23: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School

RODNES LUTHERAN CHURCH

Erskine

Pastor Joel Smeby

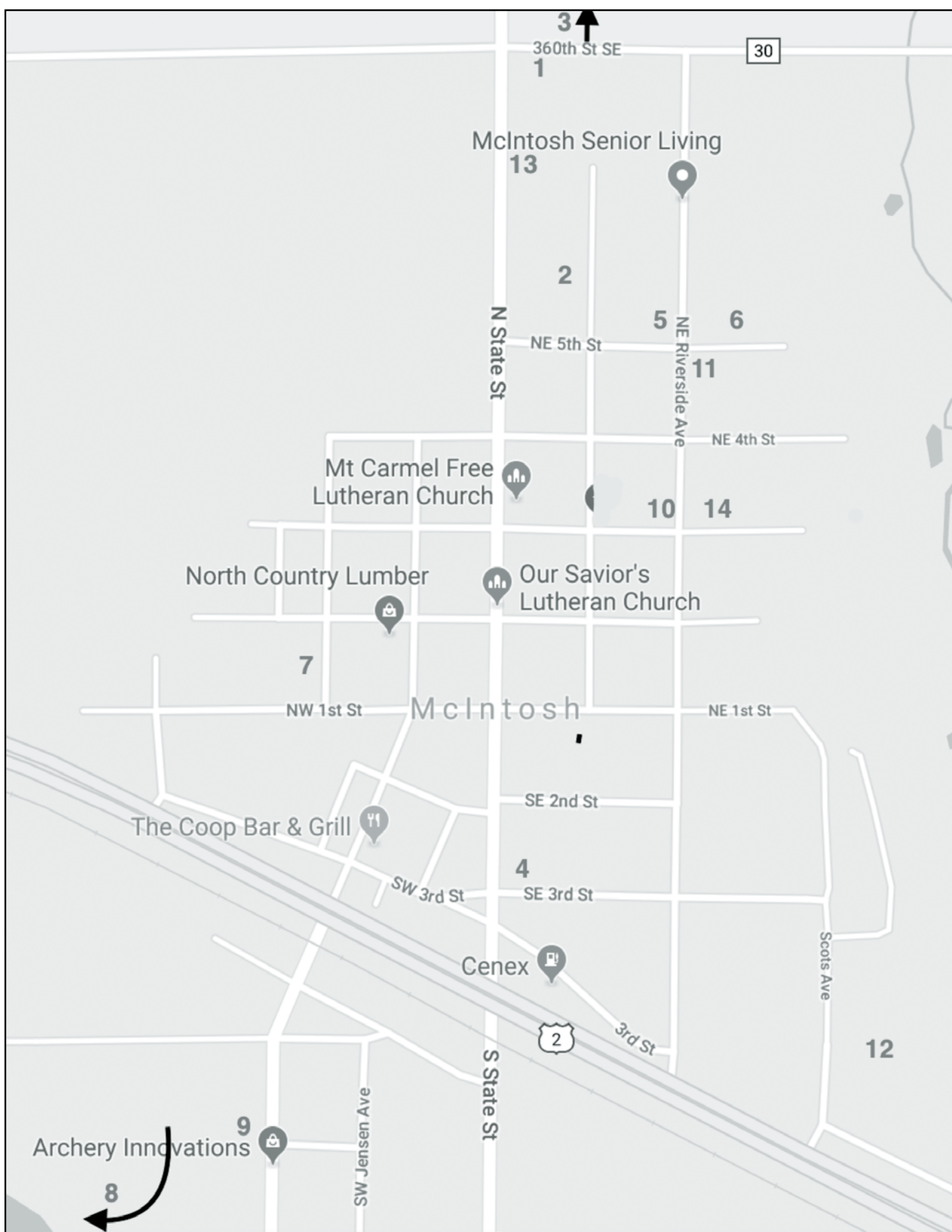
Wed. June 12: 10:00am Bible Study at Crossroads; 7:00pm Bible Study at Rodnes

Thurs. June 13: 4:00pm Confirmation Class

Sat. June 15: 8:00am Men's Prayer Group

Sun. June 16: 10:00am Worship

Holy Communion 1st Sunday of every month. Visit us on Facebook at RodnesLutheran.



McIntosh Community Rummage Sale - Friday, June 14th/Saturday June 15th

#	Name	Address	Open
1	Anita Roy	100 County Rd 30	F 4-8 S 8-12
2	Donna and Kristi Skeie	530 Cottage Ave	F 4-8 S 8-12
3	Sheree Breckel	35800 280th Ave SE	S 8-4
4	Ruth Mandt	Old Creamery Bldg	F 9-2 S 9-2
5	Teresa Syverson	250 5th St NE	S 8-1
6	Stephanie Frisk	330 5th St NE	F 4-8 S 8-4
7	Debbie Anderson	130 Jackson Ave NW	F 4-8 S 8-12
8	Lana Bauer	26779 240th Ave SE	S 8-12
9	Vicky Strom	540 Cleveland Ave SW	F 9-6 S 9-1
10	Karen Thompson		F 5:30-8 S 7:30-12
11	Tara Burthwick	425 Riverside Ave NE	F 8-3 S 8-1
12	Judi Lindseth	Scots Ave Storage Unit #9	F 4-7 S 9-4
13	Ferrels	595 State St NE	S 8-3
14	Lemer/Buchholz	305 Riverside Ave NE	F 9-5 S 9-5

BUSINESS & PROFESSIONAL GUIDE

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Richards Publishing Co.,

McINTOSH Times

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"Serving the Win-E-Mac area"

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Winger News

by Linda Pulskamp

Greetings again from Winger and the Winger community! We have had some beautiful summer weather the past few days, warm and windy. Managed to avoid the storm that came through on Tuesday evening.

Farmers are busy getting their crops in and with the weather as it's been most of them have been able to finish up. Now could use just a bit of rain, but I guess we should be careful what we ask for. We certainly are fortunate here compared to what some of the southern states are going through.

With the nicer weather comes lawn mowing and trimming, is a full time job for some, and along with that is fishing, golfing, motorcycles are out and many at a time in some instances. It's a beautiful time in Minnesota right now everything is so lush and green. Gardens are up and so are the weeds so that also keeps one busy. Speaking of lawns and gardens I want to comment on how well Wayne Benbo does at the area cemeteries that he mows, they are always so well kept and trimmed. Thanks Wayne!

Last Saturday evening Betty Myhrum went out to Union Lake where she met Dakota and Kjerstie Poissant, they then all went into Mentor to the Dairy Queen for supper.

A week ago Sunday Butch and Linda Pulskamp spent the day at the Brent and Jessie Pulskamp home in Wahpeton.

Thursday afternoon Verly's nephew Barry Malme and his wife Kay visited with Helmer and Verlys Home at the Pioneer Home at Erskine.

Truman and Darlene Johnson of Dilworth were last Friday afternoon visitors at the Pulskamp home, they were here to attend the funeral for Lynn Lucken that morning. Later that day Matt Balstad and Jamie Anderson were visitors at the Pulskamp home.

Sunday afternoon Dakota and Kjerstie Poissant visited with Grandma Betty Myhrum at her home before going back to their home in Newfolden, while there they helped Betty plant some tomato plants.

Milton Carlson's Corner

Thursday the 30th Paul and Donna Carlson came to Milton's with their zero turn lawn mower and mowed lawn for Milton.

Paul and Donna Carlson took Milton to Altru Hospital in Grand Forks on Friday the 31st, where Milton was hospitalized for three days. Later on Friday afternoon Lonnie and Judy Gieseke came to Grand Forks to visit Milton. Other visiting that day were Brent, Josh and Dominic Carlson, Chris, Sheila, Vincent, Jasmine and Carson Benesh, Taylor, Marissa, Cora and Traydon Carlson and Chad and Michelle Carlson.

On Saturday the 1st Monte, Kristen, Tory, Emma, Mia and Hadley Erickson were visitors with Milton at the hospital.

Sunday the 2nd Sheila and Jasmine Benesh went to Milton's and cleaned his house for him before he returned home from the hospital, also in Milton's absence Jasmine took good care of Milton's dog. Later on Sunday afternoon Paul and Donna Carlson picked Milton up as he was released from the hospital and returned home.

I am happy to say that Milton said all is well with him again and he is doing well.

Monday the 3rd Paul Carlson stopped in at Milton's on his way to work for a brief visit and a cup of coffee. Donna Carlson brought Milton waffles with fruit for him for breakfast. Judy Gieseke stopped in at Milton's at noon bringing home meatballs, gravy and mashed potatoes that they enjoyed eating for dinner together. Later that day Sheila and Jasmine Benesh were visitors and coffee guests of Milton's.

Paul Carlson and Lonnie Gieseke were visitors at Milton's Tuesday the 4th and while there they put in Milton's air conditioner for him.

Tuesday the 5th Judy Gieseke was at Milton's for a visit and while there she washed his clothes and made dinner for him.

It's coming fast, WINGER DAYS 2019, Saturday June 29th all the festivities get under way, with a full day of activities planned. Let's hope

for the weather to cooperate as there will be a car/tractor show, a flea market, a farmers market, a parade and the Calvary Church Auction and to close out the day the Lion's will have their annual fish fry. Let's make it bigger and better than ever. Jerry and Kathy Kaupang have put a lot of work and time into making this day possible to let's come out and show our support!

In closing and until next week remember if you want to be happy, nobody can stop you!

Winger Day is June 29th

Saturday, June 29th will be Winger Day which is a great day to come out and enjoy a fun event.

The day will start at 9:00 am with a Car and Tractor Show, Farmers Market, Flea Market and more which will run until 4:00 pm.

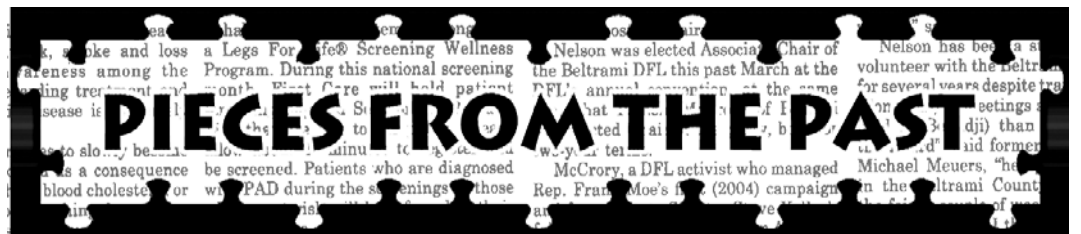
The Calvary Lutheran Church will have a fundraiser auction starting at 11:00 am. This is a fundraiser to help pay some of the costs of repairing the church after the tornado that ripped through Winger last summer. There is still time to donate items to the auction as well. You can call Dave Natwick for more information at 218-280-1277.

At 2:00 pm the parade will begin on Main Street.

Rounding out the day will be the Winger Lions Fish Fry. The Club will serve from 4:30 pm to 7:30 pm. The fish fry is all

you can eat with potato salad, baked beans, and rolls. The proceeds from the fish fry will go towards medical expenses incurred by Mike Moran. There are also raffle tickets for a chance to win several cash prizes and the tickets can be purchased from a Lion's member for \$5.

Mark your calendar and come out for a great day in Winger on Saturday, June 29th.



50 years ago...1969: Mary Rolf was named the Homemaker Queen from among the junior group at the Style Show which modeled sewing projects at McIntosh Thursday evening. On the left is attendant Sharon Anderson and on the right, attendant Patty Zahl.



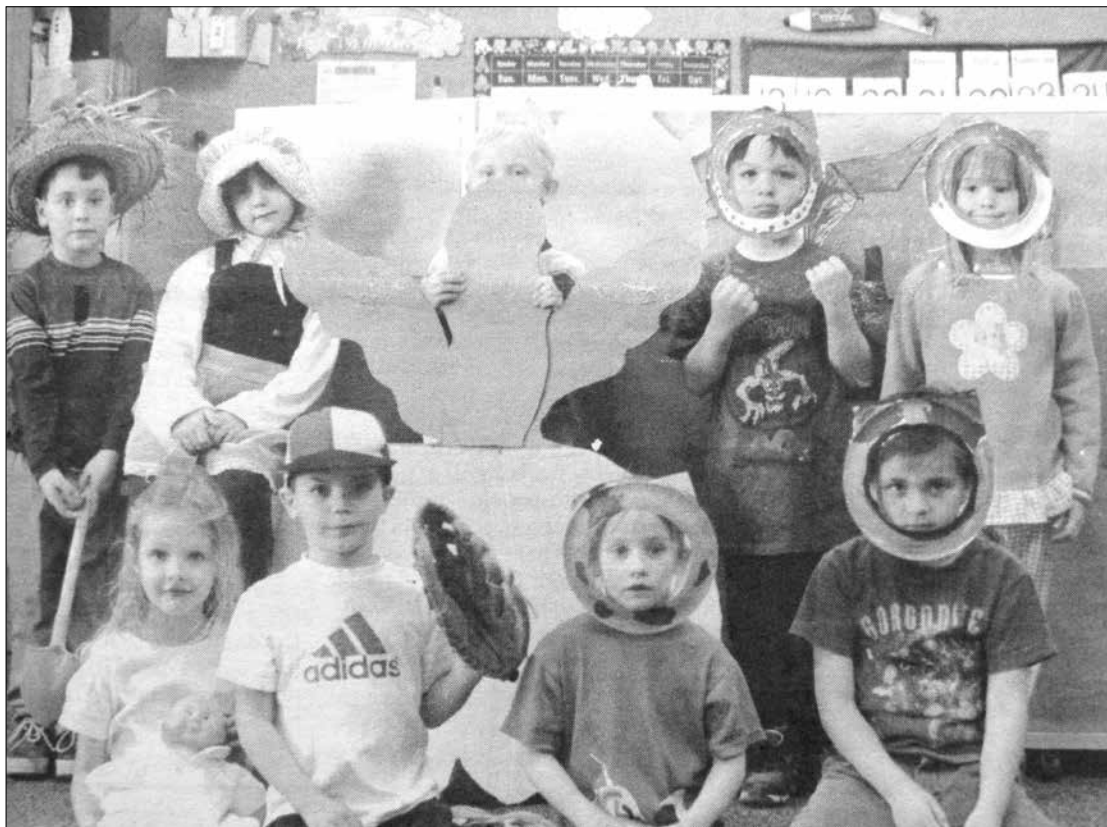
40 years ago...1979: Dangling their legs on the edge of the Winger Auditorium stage, while eating their noon lunch sandwiches and drinking milk from school milk cups, are the Home Start children who became acquainted with school this past Monday. (L-R) Robbie Roed, Jason Aakhus, Stephanie Hegg, Wendy Gustafson, Jonathan Roux and Julie Wang.



30 years ago...1989: Referees for the grocery shopping spree won by Marge Berger and given away by Winger Lioness Club were Delores Westcott, Carrie Christianson, and Diane Sonsteli. The shopping was done in Helling's Hartz, Winger.

(pictured left) 20 years ago...1999: The Win-E-Mac Kindergarten class painted masks, rehearsed and presented the play, "The Great Big Turnip" for guests and parents. The cast of Group 1 includes (Back l-r) Grandpa: Derek Gieseke, Grandma: Molly Olson, turnip: Tyler Oppegaard, cats: Chris Ruel and Tara Christianson; (Front l-r) Grandchildren: Kynndyl Ross and Zachboehrsen, and rats: Amy Henderson and James Schabacker.

(pictured below) 10 years ago...2009: Win-E-Mac Senior Varsity baseball players and coaches. There has been many years of leadership, hard work, and dedication to the great game of baseball. Pictured above: Coach Lee Tradewell, Seniors Matt Burke, Logan Cook, Joey Gieseke, Evan Massmann, Jarrid Wang, Nolan Klinkhammer, Andrew Giannonatti, Coach Jeremy Morganroth.





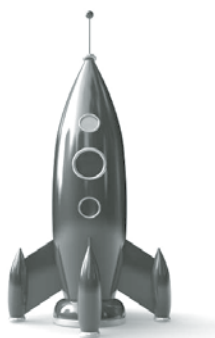
There were lots of kids at the McIntosh Library last Monday, June 5th as the Summer library program, 3, 2, 1 Blast off was kicked off. The kids had a lot of fun with art projects and stories before picking up their reading log to win a prize! Here, Edith Gieseke (l) and Adler Stordahl (r) are working on their art project. Kids can still sign up for the summer reading program at the library by visiting the library during regular hours.

Space-themed library adventures for all ages planned in Mac

3, 2, 1...BLAST OFF for a fun summer with the McIntosh Public Library!

This summer, kids, teens and adults are invited to join the Summer Library Experience at their local library to read, learn and have fun all summer long.

The program encourages kids, teens and adults to explore their imaginations and communities with activities, projects and reading challenges from June 1 - August 10. To learn more, visit the McIntosh Public Library or www.larl.org/explore.



Events for kids and teens will be held throughout the summer at the McIntosh Public Library (115 Broadway

NW). This week, a park naturalist from Itasca State Park will visit the library to help children explore the stars of the night time sky. Star Stories with Itasca State Park is scheduled Wednesday, June 12 at 11 a.m.

About Lake Agassiz Regional Library:

Lake Agassiz Regional Library is a consolidated public library system comprised of 13 branch libraries and nine LINK sites serving the residents of seven counties in northwest Minnesota. More information is available at www.larl.org.

Superintendents Notes

By Randy Bruer

End of the School Year

As graduations wrap up in the region and teachers clean-up to get ready for another year, we want to say Thank You to teachers and parents for a great year at Win-E-Mac Schools. Next year students will build another house. The school board has approved the construction of a new house built by students and taught by Mr. Johnson. We will be advertising for quotes in electrical, rough-in plumbing and a materials.

In preparation for this process we will close off bids for the house on June 12, 2019. The house is not paid for until it is completed and ready to move next summer. If you would like to give a bid on a house you would like constructed, please contact the District Office soon @ 218-563-2900.

School Safety

Schools in Polk County and the Sheriff's office have been talking again this year about how we can use SRO officers in the school. There is interest at various levels in individual districts and we need to make sure we have our questions answered before we make any decision about safety for our students. We do everything we can to make our schools safe.

Our school personal just finished up with RipL training at the end of the school year. This training gears towards mak-



ing/creating relationships with students while educating them to make safe, sound decisions. It gave our staff tools to recognize mental health conditions and working with different student behaviors. We plan to have our students go through a training in the fall. We want to make a difference.

Free Breakfast and Lunch

During the summer months Win-E-Mac School will be serving free Breakfast from 8:00-8:30 and free Lunch from 11:30-12:00 for all school aged children. Adults will be charged \$4.

If students want to participate regularly, please call the school and give the office the names of students participating. This program will be available all summer until August 24th, 2019. This is open to any

or all students.

Important Immunizations

Now is the time to prepare for student immunizations for the next school year. Do not wait until the last minute because state law does not allow a student to attend a Minnesota school, until their immunizations are up to date. According to Minnesota's School Immunization laws, a child entering Kindergarten should have dates for the following vaccines; 5 (DTaP/DTP) Diphtheria-Tetanus-Pertussis, 4 (IPV) Polio, 3 (Hep B) Hepatitis B, 2 (MMR) Measles-Mumps-Rubella, 2 Varicella (chickenpox) and 1(Tdap booster-7th grade only). Win-E-Mac School along with all schools in Minnesota is required to make sure all students meet the criteria for immunization certification in Minnesota schools. If a parent has a question about immunizations, please call the school district. In order to remain in school, your student is required to be in compliance.

Bus Drivers

If you would like to earn some extra income during the school year we need sub bus drivers. This is open for both male and females who have the interest in our group. We can train and assist you in getting the license. Please call the school at 218-563-2900 for more information.

Harms...

Continued from page 1

the aircraft, were captured and held as prisoners of war before being returned to duty. None of the surviving crewmembers reported seeing Harms leave the aircraft, though most believed he jumped before the crash. A German report listed Harms as having died in the crash.

In June 1947, American Graves Registration Command (AGRC) personnel disinterred the remains of one unknown American from a corner of the civilian cemetery in Thierbach, Germany. According to the Narrative of Investigation, the AGRC team had learned from the cemetery caretaker that a plane had crashed and local residents had found remains. Following the exhumation, the remains, which could not be identified, were buried at U.S. Military Cemetery at Neuville-en-Condroz, Belgium, as X-5882 Neuville. In 1948, the remains were disinterred for reprocessing, and were again declared unidentifiable. They were subsequently reburied.

In September 1947, an AGRC team visited Cauerwitz, Saxony-Anhalt to investigate Harms' loss. The team examined the crash site with the local Burgermeister (mayor) who told investigators that the

aircraft had come from the direction of Zeitz and some crewmembers parachuted from the aircraft. The team did not learn about any burials of American casualties in nearby towns. The AGRC compared previously collected X-file remains to Harms' medical records, but a positive match could not be made. Based on a lack of information regarding the location of Harms' remains, he was declared non-recoverable on May 10, 1950.

In 2016, based on a request from independent researcher Mr. Christopher Unitt, a DPAA historian reviewed documents of remains recovered from the area near Thierbach, including X-5882 Neuville. Historical documents indicated that Harms was likely associated with X-5882.

Based on the historical analysis, X-5882 was recommended for disinterment. On Sept. 5, 2017, a team from U.S. Army Regional Mortuary-Europe/Africa exhumed the remains from Neuville American Cemetery and accessioned the remains to the laboratory for identification.

To identify Harms' remains, scientists from DPAA and the Armed Forces Medical Exam-

iner System used mitochondrial DNA (mtDNA) analysis, anthropological and chest radiograph comparison analysis, as well as circumstantial and material evidence.

DPAA is grateful to the German government, U.S. Army Regional Mortuary Europe/Africa, the American Battle Monuments Commission and Mr. Christopher Unitt for their partnerships in this recovery.

Of the 16 million Americans who served in World War II, more than 400,000 died during the war. Currently there are 72,866 service members (approximately 26,000 are assessed as possibly-recoverable) still unaccounted for from World War II. Harms' name is recorded on the Tablets of the Missing at the Henri-Chapelle American Cemetery, an American Battle Monuments Commission site in Hombourg, Belgium, along with the others missing from WWII. Although interred as an unknown, Harms' grave was meticulously cared-for for more than 70 years by ABMC. A rosette will be placed next to his name to indicate he has been accounted for.

For information on funeral services, contact the Army Ser-

WEM announces 4th quarter honor roll

Congratulations to the following Win-E-Mac Junior and Senior High School students who have attained either an "A" or "B" average in academic subjects for the fourth quarter of the 2018 - 2019 school year. To be eligible for the "A" Honor Roll, students need to have attained a 3.76 - 4.00 GPA (grade point average), and to be eligible for the "B" Honor Roll, a student needs to have attained a 3.00 - 3.85 GPA.

Seniors:

"A": Brekken Lingberg, Aries Qualey, Makenzie Reep, Hannah Smeby, and Savannah Stennes.

"B": Claudia Anfilofieff, Tapanga Bratager, Lily Breckel, Kylie Brekke, Garret Erickson, Searra Gerber, Douglas Jackson, Angel Lewis, Emma Mills, Clarissa Neste, Madyson Plan-te, and Mason Spry.

Juniors:

"A": Alina Basargin, Rylee Haugen, Abby Lende, Elliana

Lindberg, Natasha Salsbery, and Charlie Sander.

"B": Mary Hailykate Cat-tahan, Faina Erofeeff, Lindsey Espeseth, Nathan Fortmann, Katrina Jackson, Lydia Kut-sev, Uliana Mametieff, Dustin Osland, Gabriela Qualey, Isaac Salvhus, and Adeline Spry.

Sophomores:

"A": Paige Breckel, Bryce DuChamp, Remy Goodwin, Gavin Haskett, Alex Jacobson, Reed Neubert, Dylan Roy, Bry-er Strom, Mia Thompson, and Gavin Walker.

"B": Felicity Andress, Nikon Erofeeff, Kobe Hamre, Brianna Johnson, Grace Kaupang, Aytonom Martu-shev, Kendyl Nelson, Sidney Roed, and Brock Trandem.

9th Grade:

"A": Rebecca Armeay, Keg-han Dalby, Anton Hickman, Teagan Paulson, Eva Qualey, and Alivia Winter.

"B": Tabitha Bratager, Kol-ten Cherf, Dylan Gunderson,

Kendyl Johnson, Kerianna Kutsev, Haley Sander, Maci Smeby, Savannah Svalen, and Hunter Trandem.

8th Grade:

"A": Anna Cymbaluk, Bret DuChamp, George Erofeeff, Kallie Hand, Vadim Kulikov, Zachary Luckow, and Nadelly Neubert.

"B": Fivea Boianoff, Jacob Eggl, Jonathan Moritz, Izabelle Ostenaa, Laila Roragen, and Jonas Spry.

7th Grade:

"A": Ava Howard, Alyssa Morberg, Emily Strom, Lu-ella Strom, Clare Stuhaug, Kyra Stuhaug, Sydney Svalen, Kianna Tadmán, and Hana Thompson.

"B": Kiersten Anderson, Foma Chermnoy, Mya Dahl, Wyatt Davis, Caleb Green, Dylan Hagen, Alec Has-kett, Bruce Oppegaard, Kai-lee Schoenwetter, and Annika Shimpa.



Correction: Pictured is Addy Frisk during the White Cross Ceremony held in McIntosh on Memorial Day.



Kelsey Hedlund from East Polk County Soil & Water Conservation District recently held a rain barrel class at the McIntosh Community Center. Here, she helps her Grandma, Sharon Hedlund, make a rain barrel.

vice Casualty office at (800) 892-2490.

For additional information on the Defense Department's mission to account for missing

Americans who went missing while serving our country, visit the DPAA website at www.dpaa.mil or call (703) 699-1420/1169.

OBITUARY

Services for Judy Sprung

Mundwiler Funeral Home announces the death of Judy Sprung, age 69, of Ortonville, MN, who died on June 8, 2019, at home in the care of her husband and daughter.



Funeral services will be held on Saturday, June 15, 2019, at 1:00 p.m. at Living Word Lutheran Church in Milbank. Visitation will be held on Friday, June 14, from 5:00 p.m. to 7:00 p.m. at Mundwiler Funeral Home in Milbank and will continue at the church on Saturday, one hour prior to the funeral service. Pastor Kent Groethe will officiate.

A second funeral service will be held on Sunday, June 16, 2019, at 1:00 p.m. at Trinity Lutheran Church in McIntosh, MN. Visitation will be held one hour prior to the funeral service at the church. Pastor Dave Jore will officiate, and burial will be held at Trinity Lutheran Cemetery in McIntosh.



WEM School Announcements

Road Construction: The bridge and Highway 59, near the school will close on May 20th. This will cause a detour getting to school. The orads available will be through Erskine or the County Highway 35, north of the school. This will cause some bus delays after the school day for students and parents getting home. Please e patient with the time of dropp-off for the remainder of the year.

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Sunday, June 16th

Father's Day Buffet at

Ness Cafe

Serving 10am - 2pm

BBQ Ribs, Chicken Cordon Bleu, Meatballs, Deep Fried Shrimp, Masked Potatoes & Gravy, Au Gratin Potatoes, Glazed Carrots, Green Beans, Salad Bar & Dessert

Breakfast Buffet served from 8 am-1 pm \$8.99

REGULAR MENU IS ALSO AVAILABLE!

BREAKFAST SERVED ALL DAY EVERY DAY AT NESS CAFE!

Like Us On Facebook · Check Out Our Website: thenesscafe.com

\$16.95 ADULTS \$9.95 KIDS 12 & UNDER

RESERVATIONS STRONGLY SUGGESTED

Call 687-2101

Erskine, MN

Open 7 days a week!

Monday thru Friday 7:00am-3:00pm

Saturday and Sunday 7:00am-2:00pm



There were lots of kids at the McIntosh Library last Monday, June 5th as the Summer library program, 3, 2, 1 Blast off was kicked off. The kids had a lot of fun with art projects and stories before picking up their reading log to win a prize! Here, Edith Gieseke (l) and Adler Stordahl (r) are working on their art project. Kids can still sign up for the summer reading program at the library by visiting the library during regular hours.

Space-themed library adventures for all ages planned in Mac

3, 2, 1...BLAST OFF for a fun summer with the McIntosh Public Library!

This summer, kids, teens and adults are invited to join the Summer Library Experience at their local library to read, learn and have fun all summer long.

The program encourages kids, teens and adults to explore their imaginations and communities with activities, projects and reading challenges from June 1 - August 10. To learn more, visit the McIntosh Public Library or www.larl.org/explore.



Events for kids and teens will be held throughout the summer at the McIntosh Public Library (115 Broadway

NW). This week, a park naturalist from Itasca State Park will visit the library to help children explore the stars of the night time sky. Star Stories with Itasca State Park is scheduled Wednesday, June 12 at 11 a.m.

About Lake Agassiz Regional Library:

Lake Agassiz Regional Library is a consolidated public library system comprised of 13 branch libraries and nine LINK sites serving the residents of seven counties in northwest Minnesota. More information is available at www.larl.org.

Superintendents Notes

By Randy Bruer

End of the School Year

As graduations wrap up in the region and teachers clean-up to get ready for another year, we want to say Thank You to teachers and parents for a great year at Win-E-Mac Schools. Next year students will build another house. The school board has approved the construction of a new house built by students and taught by Mr. Johnson. We will be advertising for quotes in electrical, rough-in plumbing and a materials.

In preparation for this process we will close off bids for the house on June 12, 2019. The house is not paid for until it is completed and ready to move next summer. If you would like to give a bid on a house you would like constructed, please contact the District Office soon @ 218-563-2900.

School Safety

Schools in Polk County and the Sheriff's office have been talking again this year about how we can use SRO officers in the school. There is interest at various levels in individual districts and we need to make sure we have our questions answered before we make any decision about safety for our students. We do everything we can to make our schools safe.

Our school personal just finished up with RipL training at the end of the school year. This training gears towards mak-



ing/creating relationships with students while educating them to make safe, sound decisions. It gave our staff tools to recognize mental health conditions and working with different student behaviors. We plan to have our students go through a training in the fall. We want to make a difference.

Free Breakfast and Lunch

During the summer months Win-E-Mac School will be serving free Breakfast from 8:00-8:30 and free Lunch from 11:30-12:00 for all school aged children. Adults will be charged \$4.

If students want to participate regularly, please call the school and give the office the names of students participating. This program will be available all summer until August 24th, 2019. This is open to any

or all students.

Important Immunizations

Now is the time to prepare for student immunizations for the next school year. Do not wait until the last minute because state law does not allow a student to attend a Minnesota school, until their immunizations are up to date. According to Minnesota's School Immunization laws, a child entering Kindergarten should have dates for the following vaccines; 5 (DTaP/DTP) Diphtheria-Tetanus-Pertussis, 4 (IPV) Polio, 3 (Hep B) Hepatitis B, 2 (MMR) Measles-Mumps-Rubella, 2 Varicella (chickenpox) and 1(Tdap booster-7th grade only). Win-E-Mac School along with all schools in Minnesota is required to make sure all students meet the criteria for immunization certification in Minnesota schools. If a parent has a question about immunizations, please call the school district. In order to remain in school, your student is required to be in compliance.

Bus Drivers

If you would like to earn some extra income during the school year we need sub bus drivers. This is open for both male and females who have the interest in our group. We can train and assist you in getting the license. Please call the school at 218-563-2900 for more information.

Cemetery and accessioned the remains to the laboratory for identification.

To identify Harms' remains, scientists from DPAA and the Armed Forces Medical Examiner System used mitochondrial DNA (mtDNA) analysis, anthropological and chest radiograph comparison analysis, as well as circumstantial and material evidence.

DPAA is grateful to the German government, U.S. Army Regional Mortuary Europe/Africa, the American Battle Monuments Commission and Mr. Christopher Unitt for their partnerships in this recovery.

Of the 16 million Americans who served in World War II, more than 400,000 died during the war. Currently there are 72,866 service members (approximately 26,000 are assessed as possibly-recoverable) still unaccounted for from World War II. Harms' name is recorded on the Tablets of the Missing at the Henri-Chapelle American Cemetery, an American Battle Monuments Commission site in Hombourg, Belgium, along with the others missing from WWII. Although interred as an unknown, Harms' grave was meticulously cared-for for more than 70

WEM announces 4th quarter honor roll

Congratulations to the following Win-E-Mac Junior and Senior High School students who have attained either an "A" or "B" average in academic subjects for the fourth quarter of the 2018 - 2019 school year. To be eligible for the "A" Honor Roll, students need to have attained a 3.76 - 4.00 GPA (grade point average), and to be eligible for the "B" Honor Roll, a student needs to have attained a 3.00 - 3.85 GPA.

Seniors:

"A": Brekken Lingberg, Aries Qualey, Makenzie Reep, Hannah Smeby, and Savannah Stennes.

"B": Claudia Anfilofieff, Tapanga Bratager, Lily Breckel, Kylie Brekke, Garret Erickson, Searra Gerber, Douglas Jackson, Angel Lewis, Emma Mills, Clarissa Neste, Madyson Plan-te, and Mason Spry.

Juniors:

"A": Alina Basargin, Rylee Haugen, Abby Lende, Elliana

Lindberg, Natasha Salsbery, and Charlie Sander.

"B": Mary Hailykate Cat-tahan, Faina Erofeeff, Lindsey Espeseth, Nathan Fortmann, Katrina Jackson, Lydia Kut-sev, Uliana Mametieff, Dustin Osland, Gabriela Qualey, Isaac Salvhus, and Adeline Spry.

Sophomores:

"A": Paige Breckel, Bryce DuChamp, Remy Goodwin, Gavin Haskett, Alex Jacobson, Reed Neubert, Dylan Roy, Bry-er Strom, Mia Thompson, and Gavin Walker.

"B": Felicity Andress, Nikon Erofeeff, Kobe Hamre, Brianna Johnson, Grace Kaupang, Aytonom Martu-shev, Kendyl Nelson, Sidney Roed, and Brock Trandem.

9th Grade:

"A": Rebecca Armeay, Keg-han Dalby, Anton Hickman, Teagan Paulson, Eva Qualey, and Alivia Winter.

"B": Tabitha Bratager, Kol-ten Cherf, Dylan Gunderson,

Kendyl Johnson, Kerianna Kutsev, Haley Sander, Maci Smeby, Savannah Svalen, and Hunter Trandem.

8th Grade:

"A": Anna Cymbaluk, Bret DuChamp, George Erofeeff, Kallie Hand, Vadim Kulikov, Zachary Luckow, and Nadelly Neubert.

"B": Fivea Boianoff, Jacob Eggel, Jonathan Moritz, Izabelle Ostenaa, Laila Roragen, and Jonas Spry.

7th Grade:

"A": Ava Howard, Alyssa Morberg, Emily Strom, Lu-ella Strom, Clare Stuhaug, Kyra Stuhaug, Sydney Svalen, Kianna Tadman, and Hana Thompson.

"B": Kiersten Anderson, Foma Chermnoy, Mya Dahl, Wyatt Davis, Caleb Green, Dylan Hagen, Alec Has-kett, Bruce Oppegaard, Kai-lee Schoenwetter, and Annika Shimpa.



Correction: Pictured is Addy Frisk during the White Cross Ceremony held in McIntosh on Memorial Day.

Fuel your run with good nutrition and hydration

By Jean Larson, licensed and registered dietician with *Essentia Health*.

Summer offers runners many opportunities to compete and it's a good time to look at how to fuel your run.

Arriving at the starting line with a full fuel tank is essential whether you're running a 5K, half-marathon or full marathon. During training, you need to eat a variety of whole foods and test your race day plans for breakfast and hydration to make sure your body tolerates them.

Here are some of my top nutrition tips for race week and day:

Start hydrating a week out. Don't wait until the day before a race to start guzzling water and fluids. Start optimizing your hydration a week before the race. Calculate half your body weight and be sure to consume that many ounces of water or fluids each day. You'll need more if it's hot or years by ABMC. A rosette will be placed next to his name to indicate he has been accounted for.

For information on funeral services, contact the Army Service Casualty office at (800) 892-2490.

For additional information on the Defense Department's mission to account for missing Americans who went missing while serving our country, visit the DPAA website at www.dpaa.mil or call (703) 699-1420/1169.

Did you know?

- Rainwater is better for your plants and soils.
- Your own water source in times of drought or watering restrictions.
- Reduce runoff by collecting rain.
- Prevent erosion by collecting the rain.
- Cuts down the amount of water going into the sewer.
- Green way to wash cars and pets.
- Eco-friendly way to keep compost moist.
- Control moisture levels around the foundation of your home.
- Reduces your water bill.
- Be an example for Environmental Stewardship.

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you. Again, make sure this is a breakfast you know sits well. The type of carbohydrate is up to you, but examples include oats, a bagel, toast, cereal, rice or potato. My go-to was always a big bowl of Cheerios with a banana and almond milk. Avoid high amounts of fiber and fat at this meal.

Bring water on the bus. Sip water while you await transport to the starting line. You might even pack a quick-absorbing sugar, such as a honey stick, gummy bears or a sports drink, to consume about 15 minutes before race start.

Alternate hydration during the race between sports drinks and water. Especially on a hot day, including sports drink will ensure you replace electrolytes you are losing in sweat.

After the race, make sure to grab a snack and fluids. Get both carbohydrates and protein, which will help you recover. My personal favorite is chocolate milk and a banana. Keep drinking water and have a good meal within a couple hours of finishing.



Kelsey Hedlund from East Polk County Soil & Water Conservation District recently held a rain barrel class at the McIntosh Community Center. Here, she helps her Grandma, Sharon Hedlund, make a rain barrel.