



McINTOSH

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McIntosh, Minnesota



Kiecker Farms, established in 1916 near McIntosh, was recognized as a Century Farm during a program July 14 at the Polk County Fair. Fair Board President Danny Grunhoyd presented the Kiecker family a commemorative sign and a State Fair certificate signed by Gov. Mark Dayton. From left, were David, Marlin and Bud Kiecker and Grunhoyd. Qualifying farms must be 50 acres or more and have been in continuous family ownership for at least 100 years. Photo credit: Fertile Journal.

Families throughout MN are being honored as 2018 Farm Family of the year by the University of MN

The Kaste Family of Polk County will be honored

Eighty-one families from throughout Minnesota are being honored as 2018 Farm Family of the Year by the University of Minnesota.

The farm families will be recognized in ceremonies beginning at 1:15 p.m., Thursday, Aug. 9, at the annual Minnesota Farmfest on the Gilfillan Estate near Redwood Falls. The event is in the Wick Buildings Farmfest Center on the estate grounds.

The families were chosen by local University of Minnesota Extension committees based on their demonstrated commitment to enhancing and supporting agriculture.

"The University of Minnesota takes pride in honoring these families.

The farm families receiving this year's honors exemplify what makes Minnesota agriculture strong," Extension Dean Bev Durgan said. "They bring innovation, science and hard work to farming. They care greatly about the land and animals and delivering quality products to consumers worldwide."

Kaste Family

Garth is the great-grandson of Norwegian immigrants who established the family's 160-acre homestead in Garfield Township in 1880. In the 1960s, Garth's parents began growing conservation seed crops on the land while also working off-farm jobs to support their growing enterprise.

During his youth, Garth participated in the daily chores of farm living during the summers but admits he didn't fully appreciate the benefits of farm life.

He had plans to move away and pursue other interests, but after meeting Colleen and realizing he enjoyed the challenges



of farming, he made a commitment in 1993 to return to the land and farm with his father, Paul.

The Kaste operation has grown to include 4,300 acres. The family also operates a native seed business that was started by Paul.

Garth, Colleen and Paul all work full-time on the farm. Garth and Colleen's son, Grant, is a student at the University of North Dakota and works on the farm in the summer.

The Kastes' daughter, Cynthia, graduated from Bemidji State University this spring and helps out when time allows. Colleen's father, Harlow Johnson, provides wise advice. The Kastes are members of Little Norway Lutheran Church in Fertile where they are very involved.

Garth has served on the Fertile-Beltrami School Board for 15 years and has served on numerous boards involving the native seed industry. Colleen is a member of the board of directors of the Fertile-Beltrami Education Foundation.

Polk County Century Farms Since 1982

2018 Garth and Colleen Kaste Family, 2017 Steve and Jennie Svendsen, 2016 Larson Brothers Farm, 2015 Landsverk Dairy, 2014 Osmonson Family Farm, 2013 Neal and Jolene Anderson, 2012 Barbara and Chuck Schulstad, 2010 Steve and Betty Ness, 2009 Lauris and Clellie Kiecker, 2008 Verdel and Faye Olson, 2007 Jon and Julie Clementson, 2006 Ralph and Geraldine Hove, 2005 David & Kathy Olson Family, 2001 Mark & Joan Lee, 2000 Marlin & Sandra

Johnson, 1997 Lynn & Susan Vennes, 1996 Rick & Lorae Roed, 1995 Bruce & Diane Grundyson, 1994 Ellsworth & Carol Danielson, 1993 Roland & Ilane Rue, 1992 Dan & Gerry LaVoi, 1991 Mark & Lynne Gullickson, 1991 Ron & Jean Peterson, 1990 Warren & Deborah Affeldt, 1990 Robert & Etta McDonald, 1989 Jerry & Jan Erickson, 1989 J. Gary & Nancy Letnes, 1988 Don & Bernice Holy, 1988 Bennett & Gloria Osmonson, 1987 John & Rachel Peterson, 1986 Roger & Gail Odegaard, 1986 Jerome & Bernice Voxland, 1984 Wilburn & Lorraine Brekken, 1984 Ken & Roxann Hove, 1983 Gerhard & Norma Ross, 1982 Cliff & Marie Hagen.



Summer League Basketball for East Polk County Coop/Win-E-Mac recently had their playoff games at Win-E-Mac School. Five teams in total participated. Above, Bryer Strom, Austin Tadman, Kylie Brekke and Grant Wilson make up a summer team.



Win-E-Mac/East Polk County Coop recently had their summer league playoffs with 5 teams. Here is the blue team: Madison Plante, Savanna Svalen, Dustin Osland and Casey Carlson.

McIntosh Playground Fundraiser Night

Tuesday, August 7th at 6:00pm

Roholt Park

Come out to Roholt Park on Tuesday, August 7th at 6:00 pm for food, firetrucks and fun as the McIntosh Fire Department hosts a fundraiser for the new playground at Roholt Park.

The McIntosh Firemen and women will be on hand with the firetrucks and

equipment. There will be a free will donation supper and lots of fun with your family, neighbors and community.

Come out and join in the good time on Tuesday, August 7th at 6:00 pm at Roholt Park.

See you there!

WEM students journey "Into the Woods" beginning on August 10th

Win-E-Mac student cast members follow Cinderella, Little Red Riding hood, Rapunzel, Jack and his beanstalk, and the Witch and journey "Into the Woods".

Students from Win-E-Mac Area Community Theatre will offer an amusingly different way to think about everyone's favorite fairy tale characters through their production of Into the Woods JR. The show, featuring 18 students who have just finished third through ninth grades, premieres on August 10th.

Win-E-Mac Area Community Theatre will present Into the Woods JR. on August 10th at 7:00 pm, August 11th at 7:00 pm, and August 12th at 2:00 pm at the Win-E-Mac Arts & Event Center. Tickets are free will donation and are available at the door.

With a book by James Lapine and music and lyrics by Stephen Sondheim, Into the Woods JR. is based on the Broadway production which won several Tony Awards, including Best Score, Best Book, and Best Actress in a Musical. The musical follows a Baker and his Wife who learn they've been cursed with childlessness by the Witch next door. The couple embarks on a quest – swindling, deceiving and steal-



ing from such already-victimized characters as Cinderella, Little Red Riding Hood, Rapunzel and Jack (fresh off the beanstalk!) – to get the special objects required to break the spell.

However, the story doesn't simply end "happily ever after" as each character must now face the consequences of his/her decision.

Into the Woods JR. is presented through special arrangement with Music Theatre International (MTI). MTI's Broadway Junior version of Into the Woods is expected to run about an hour and is designed for elementary and middle school-aged performers.



Community Calendar

Wed. August 1: McIntosh Library 12pm to 5pm; Children's Story Time at McIntosh Library 3:30pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. August 2: McIntosh Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. August 3: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. August 6: McIntosh Library 10am to 3pm; 10am to 3pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Tues. August 7: McIntosh Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm

Wed. August 8: McIntosh Library 12pm to 5pm; Children's Story Time at McIntosh Library 3:30pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. August 9: McIntosh Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Fri. August 10: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. August 13: McIntosh Library 10am to 3pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Tues. August 14: McIntosh Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm



WEM Parent Activities meeting on August 8th at 6:00 pm at the school.



Three birthdays were celebrated at a pancake breakfast at Immanuel Lutheran Church in McIntosh on Sunday July 15. (L-R) Carol Bursheim 75 years old, Lloyd Schleicher 98 years old, and Clifford Bartz 96 years old.



The Mac-Winger Class of 1963 met at Douglas Lodge for lunch in Itasca Park on Thursday, July 19. The boat trip on the lake was rained out, but the group spent a couple of hours visiting in the Visitors' Center.



These were spouses and family members who attended the 55th reunion of the McIntosh Class of '63.

Polk-Norman-Mahnomen Community Health Services celebrates World Breastfeeding Week

Polk-Norman-Mahnomen Community Health Services (CHS) is celebrating Minnesota Breastfeeding Awareness Month in August and World Breastfeeding Week, Aug. 1-7. This year's theme focuses on "Breastfeeding: Foundation of Life." The week helps raise awareness of the importance of breastfeeding for promoting healthy babies, mothers and communities and calls attention to local efforts that support breastfeeding.

According to the American Academy of Pediatrics, breastfeeding is the standard for infant feeding. It provides essential nutrients and antibodies that boost an infant's immune system, providing protection from childhood illnesses. Babies who are not breastfed are more likely to develop common childhood illnesses like ear infections and diarrhea as well as chronic conditions such as type 2 diabetes, asthma and childhood obesity.

"Breastfeeding helps children get off to a healthy start," said Tammy Conn, International Board Certified Lactation Consultant at P-N-M CHS, "It's the foundation of life."

Breastfeeding is important for mothers, too. Women who breastfeed have a reduced risk of breast cancer, ovarian cancer and osteoporosis. Increasing exclusive breastfeeding rates is one of the goals outlined in the Healthy Minnesota 2020 framework to improve health and reduce health disparities across the state.

More than 89 percent of Minnesota moms start breastfeeding, but at 6 months that drops to 35 percent, according to the latest Centers for Disease Control Breastfeeding Report Card. Less than half of Minnesota infants are exclusively breastfed at 3 months. For WIC agencies: More than 81 percent of WIC moms began breastfeeding (in 2016), but at 6 months only 35 percent continue breastfeeding. Infants who receive formula in the hospital after birth are more likely to stop breastfeeding by 3 months (49 percent) than those who receive only breastmilk (26 percent). Challenges women face to meet their breastfeeding goals include those they experience in health care settings, worksites and child care centers.

Thanks to the efforts by leadership within many organizations, that trend is changing in Minnesota. A growing number of health care, childcare, employers and health departments are working to address the barriers and make breastfeeding easier for new mothers. Locally, Polk-Norman-Mahnomen has worked with numerous entities to establish breastfeeding friendly spaces and policies through Statewide Health Improvement Partnership and WIC. They also provide education through a workplace wellness collaborative offered to all Polk, Norman and Mahnomen organizations. The collaborative provides education to worksites on implementing a lactation space and breastfeeding friendly policy at their organization. This has enhanced efforts regionally by encouraging employers to do their part in supporting breastfeeding friendly environments. Polk-Norman-Mahnomen also



Gloria and Dwayne Carver celebrated their 55th wedding anniversary at Itasca Park with the McIntosh Class of '63.

NOTICE: PRIMARY ELECTION

Notice is hereby given, that the polls shall be open from 10:00 a.m. until 8:00 p.m. at the Town Hall, on Tuesday the 14th day of August, 2018 for the state and federal primary election. Given under my hand this 26th day of July, 2018.

Raymond O. Sundrud
Clerk/Treasurer of Hill River Township M19-20C

clude those they experience in health care settings, worksites and child care centers.

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Breastfeeding...
Continued on page 4 ...

MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer.

Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes. M14-27C



Wed. August 1 :
*Jim & Eileen Votava
Thurs. August 2: Connie Syverson, Chelsea Ekberg, Travis Mahlum, Adler Stordahl, Calie Maruska, Tanya Hamre, Courtney Maruska, *Bob & Karen Olson
Fri. August 3: Chad Olson, Brooke Christianson, Dalton Agnes, *Earl & Dianne Roed
Sat. August 4: Luke Syverson, Lauren Strom, Steve Espeseth
Sun. August 5: Justin Carlson, *Neil & Carol Bursheim
Mon. August 6: Judy Hagen, Dan Dierkes
Tues. August 7: Gretchen Finseth, Nick Ostenaar, *Jared & Angela Olson, *Adam & Erin Jore

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ST. MARY'S CHURCH Fosston Fr. John Suvakeen, Pastor

Wed. August 1: 3:30pm
Mass First Care Nursing Home, Fosston
Fri. August 3: 5:30pm Mass at St. Mary's, Fosston (First Friday)
Sun. August 5: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Wed. August 8: 1:00 pm Mass at McIntosh Nursing Home
Fri. August 10: 8:30am Mass at St. Mary's, Fosston
If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH Winger/Bejou Supply Pastor Gordon Syverson

Sun. August 5: 8:30am Worship at Immanuel; 9:45am Worship at Calvary
Sun. August 12: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

**OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Supply Pastor
Gordon Syverson**
Sun. August 5: 11:15am Worship Service.
Sun. August 12: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH Independent Gary Johnson, Pastor www.gosen-church.com Face Book: Gosen Church

Wed. August 1: 7:00pm Bible Study at Don and Sharon Ramberg's
Sun. August 5: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service; 7:00 p.m. Luther League (see article elsewhere in the paper)

Tues. August 7: 10:00am Sunday worship service telecast on Garden Valley Cable TV--Channel 2; 1:30pm Bible Study at The Country Place
Wed. August 8: 7:00pm Bible Study at Don and Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson
Wed. August 1: 7:30pm Bible Study at Mt. Carmel
Thurs. August 2: 7:30am Men's Breakfast at Mt. Carmel
Sun. August 5: 9:30am Worship at Trinity 11:00am Worship at Mt. Carmel
Wed. August 8: 7:30pm Bible Study at Mt. Carmel
Thurs. August 9: 7:30am Men's Breakfast at Mt. Carmel
Sun. August 12: 9:30am Worship at Trinity 11:00am Worship at Mt. Carmel

VERNES LUTHERAN CHURCH (LCMC) McIntosh

Pastor Jill Torgerson
Sun. August 5: 9am Worship
Sun. August 12: 9am Worship

**DOVRE FREE LUTHERAN
Pastor Don Edlunds**
Wed. August 1: 7:00pm Bible Study
Sun. August 5: 10:00am Worship Service
Wed. August 8: 7:00pm Bible Study
Sun. August 12: 10:00am Worship Service

**IMMANUEL LUTHERAN CHURCH
McIntosh
Rev. Bruce Blocker,
Pastor**
Sun. August 5: 9:00am Divine Worship Service with Holy Communion; 10:00 Fellowship Hour
Sun. August 12: 9:00am Divine Worship Service; 10:00 Fellowship Hour
Holy Communion 1st Sunday of the Month



This beautiful brick building was built in 1900 by Dr. Paul O. Neraal. His offices and drug store were on the first floor and his living quarters on the second. The picture shown here was taken around 1912. At that time, Dr. C. E. Hamel was the physician/surgeon in residence, with the hospital above and the drug store below. There was a small lending library in the store and 106 years later, the people of McIntosh are still library lovers. The bakery was established in the 1930's by Walter Shoholm. In 1937 he sold the business to Ferdinand and Haakon Solberg. In 1946 Lyle Thompson became the owner. And finally in 1950, Howard Schimanski became the baker. At present, the building is being renovated by Andrea Stordahl and will become the new home of Minnesota Rust.



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a story to
share?**

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mcintoshtimes@gmail.com

Winger News
by Linda Pulskamp

Another big hello again from Winger and the Union Lake areas. We are about to say good bye to July and welcome August, and with that it means that we are moving very rapidly out of summer and soon into fall.

Our weather has been quite accommodating, have had some very hot and humid days but on the other hand we have had some days that are less windy and humid.

Last week end, especially on Friday, the air was quite hazy and had a blue haze too it as if someone was burning. The smell was very strong and almost smelled like a peat fire that can burn for days, but come to find out it was fires that were burning in Canada. For all with asthma and allergies, it was not the most pleasant for them to be outside.

Friday the 20th Paul Carlson stopped before work for a brief visit and a cup of coffee with Milton Carlson at Milton's home. Lonnie Gieseke was a visitor and coffee guest with Milton later that same day. Also stopping by Milton's as she took a cruise on her four wheeler was Judy Gieseke, who also dipped into the coffee as she visited with Milton.

Last Sunday, afternoon Butch and Linda Pulskamp visited with Marv Engesether of Plummer and Reha Sanstead at the Sanstead home in Erskine.

Last Saturday, Paul Carlson stopped in at the Milton Carlson home for a brief visit and while there he helped Milton fill his water softener with salt..

Jennifer (Aasen) Tmychuk and her daughter Bailey of Reedsport, OR have spent a few days in Winger as a house guest of her brother Jon Aasen and also spent time visiting with other family and friends.

Last Sunday Kari and Mike Keller brought fresh caramel rolls for coffee and visited with Milton Carlson at Milton's home. After the visit and caramel rolls they all went on to the Lonnie and Judy Gieseke home for a visit, a cup of coffee and also Milton observed while Lonnie did his hay crop, noting that there was no handling of the hay it was all put into wagons and hauled into the barn.

Last Sunday Betty Myhrum went on to New Folden the Sue and Chris Eischens home to help Susan observe her birthday. Others at the Eischens home were Steven Cullen and Chelsey Haugen and Kjerstie and Dakota Poissant.

Monday the 23rd, Paul Carlson stopped in at the Milton Carlson home for a brief visit on his way to work. That same morning Dick, Wanda and "Pepper" Donovan of St. Francis arrived at the Carlson home to spend a few days visiting with family and friends. For lunch that day Lonnie and Judy Gieseke brought broasted chicken to the Carlson home for all to enjoy for supper. Visiting that same evening with the Carlson families were Paul and Donna Carlson

and foreign exchange student from about 8 years ago, Marijke of Germany and her friend Leonard. It was a time of visiting and reminiscing.

Thursday evening Mike and Debbie Bjerken of Florida, Reha Sanstead of Erskine and Linda Pulskamp had a brief visit together as Mike and Debbie were here to visit Mike's Mother, Susan Bjerken in Fosston.

Tuesday the 24th Wanda Donovan served dinner at the Milton Carlson home. Wanda and Dick Donovan, Milton Carlson and Judy Gieseke enjoyed dinner together.

Visitors this past week at the Pulskamp home were Matt Balstad, Jamie Anderson, Kelly Johnson and Granddaughter Lilly Brtek and Reha Sanstead of Erskine.

Again this is the news from our little nook, need a whole lot more to keep this going!

Until next week and in closing, Food for thought, life is a story, make yours a best seller.

From Bun Manor:

Steve and Lorri Massmann were in Walker over the weekend. They were there to help celebrate the wedding of McKenzie Bixby to Dan Jackson. The ceremony took place outside and the weather was beautiful. Afterwards a reception was held followed by a dance. Erickson Smoke House from Fertile catered the meal and also the bar. Steve told Bun the food was delicious.

Friday afternoon Bun stopped over at Judy and Roy Raben's lake place on Union. Their daughter Nicki and her husband Cliff Bly along with their son Justin and his wife Lannis from Washington were up to pick up stuff. Roy and Judy sold the house and will be residing out in Washington with the Bly's. He also got to visit with Cliff's mother Arlene, his brother Russ and his wife Dawn. Arlene is looking great and is doing well.

Saturday evening Bun headed into Winger to attend the Winger Fireman's Ball. The band played in the community hall because of the threat of rain. It turned out to be a beautiful evening so that was a bummer that they didn't have a street dance. The music was way to loud so attendance was down.

Chris (Pusser) Wang from Gillette Wyoming came home to spend a few days. He will be spending a couple of days next week golfing in Detroit Lakes.

Saturday evening 15 members from the McIntosh class of 1958 met at Moran's to celebrate their 60th class reunion. Some notables were Lucy Brtek, Joyce Balstad and Dick Hagen. Dick and Karen returned home Sunday after spending a few days visiting and going to the reunion.

David and Dale Balstad returned home Saturday evening after spending a few days in Billings, Montana. They went there to visit with Clinton and Holly Balstad. They also got to help Clinton celebrate his 82nd birthday.

New Driver's License
and State ID design unveiled

New look includes vertical and horizontal ID designs; State of Minnesota branding

Minnesotans will see newly designed driver's licenses and ID cards in the coming weeks as the state transitions from the current cards that were first issued in 2004.

The Minnesota Department of Public Safety Driver and Vehicle Services division (DPS-DVS) will begin issuing the newly designed cards for applications or renewals processed on or after August 6.

Minnesotans do not need to obtain a new driver's license or ID card unless their current card is expiring or they need to change their address or name. The current design and new design will be in circulation for the next four years, and both are valid forms of identification until they expire or are canceled. The cost for Minnesotans to apply for or renew a license will remain the same.

Cardholders will see some differences in the new design:

- The new cards feature the

State of Minnesota branding and colors.

•Under 21 cards will be vertical, making it easier for businesses to identify those not able to make purchases that are prohibited to minors.

•Different color headings will identify instruction permits, commercial driver's licenses and other card types.

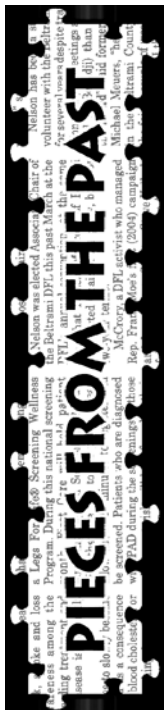
The new cards have a variety of security features making them more difficult to forge including:

•A "ghost image" in the lower right corner is a repeat image of the cardholder's portrait.

•A multi-colored and intricate background featuring the Mississippi River, a canoeist and a pine forest.

•An image of a walleye embedded into the card stock that can be observed by holding the card up to a light source.

The new design will be applied to all driver's license and ID cards issued by the State of Minnesota, including REAL ID-compliant cards and the Enhanced Driver's License and



40 years ago...1978: David Balstad with his Champion market steer at the NW Ag Fair in Fosston. David is the son of Mr. and Mrs. Floyd Balstad of Winger.



30 years ago...1988: Ordell and Garnet Aanenson show the Crazy Day spirit as they dress in style to serve their customers at Variety Village.

NOTICE OF
ELECTION

Primary election for residents of Winger Township will be held August 14th, 2018 at the Winger Community Center. Polls will be open from 7am until 8 pm.

Nate Johnson, Clerk

M19-20C

NOTICE: Sletten
Township Residents

The Sletten Township polling place at the Sletten Town Hall will be open for voting from 10am-8pm on Tuesday, August 14 for the primary election.

Terri Kaupang

M19-20C

ID cards.

REAL IDs - Available October 2018, Not Required Until 2020

Minnesotans will be able to apply for a REAL ID-compliant card in October 2018, but they will have two years to obtain one if they choose. That means Minnesotans will be able to use their standard licenses and ID cards for federal purposes, including boarding domestic flights, until October 1, 2020.

The U.S. Dept. of Homeland Security (DHS) informed DPS-DVS during a compliance check-in earlier this year that the state was making the necessary progress to comply with the federal regulations.

The Minnesota Legislature passed a law that directs DPS-DVS to make REAL ID-compliant driver's licenses and identification cards available by Oct. 1, 2018. Work to meet that deadline continues, even though the federal government won't require driver's licenses and IDs to be REAL ID-compliant until Oct. 1, 2020. DPS-DVS and Minnesota IT Services (MNIT) contracted with FAST Enterprises to develop a new driver services system that will produce REAL IDs.

REAL ID is a federal requirement that establishes minimum security standards for state-issued driver's licenses. When available in October 2018, REAL ID will be one of three options for Minnesotans when they renew their driver's license or ID card.

Information about REAL ID is available on the DPS website.

Enhanced Driver's License (EDL) and Enhanced ID Card (EID)

The Enhanced Driver's License (EDL) and Enhanced ID Card (EID) are dual-purpose optional cards that allow Minnesotans to re-enter the U.S. at land and seaports when returning from Canada, Mexico, Bermuda or the Caribbean. EDLs and EIDs were first made available to Minnesotans in February of 2014 and remain available for Minnesotans who chose that option. The new design will be applied to EDL and EID cards beginning in October.

More information about the EDL and from what countries Minnesotans can re-enter the U.S. is available on the DPS website. EDLs are an acceptable form of identification to board an aircraft or enter a federal facility now and after October 2020.

What Minnesotans Need to Know

Driver's license...

Continued on page 4...



20 years ago...1998: Several Students taking part in the McIntosh Summer Recreation Program are taking golf lessons from Win-E-Mac Golf Coach, Paul Anderson. A cool breeze was blowing to keep mosquitoes away and the morning sun was shining as the group met on the driving range. (Back) Blake Smith, (Middle, L-R) Luke Smith, Paul Anderson and Nathan Stark, (Front L-R) Robert Anderson, Kristen Hartel, Ashlee Stordahl and Bobby Strom.

We do Passport Photos at Richards Publishing.
Please call for an appointment. 218-487-5225

SAMPLE BALLOT

Official Ballot

State Primary Ballot
Polk County, Minnesota
August 14, 2018

Judge _____

Judge _____

Instructions to Voters:

To Vote, Completely fill in the oval(s) next to your choice(s) like this (●)

This is a partisan primary ballot. You are permitted to vote for candidates of one political party only.

Republican
Party

Federal Offices

U.S. Senator
For term expiring January 3, 2025
Vote for One

- Roque "Rocky" De La Fuente January 3, 2025
- Rae Hart Anderson January 3, 2025
- Jim Newberger January 3, 2025
- Merrill Anderson January 3, 2025

U.S. Senator
Special Election for term expiring
January 3, 2021
Vote for One

- Nikolay Nikolayevich Bey January 3, 2021
- Bob Anderson January 3, 2021
- Karin Housley January 3, 2021

U.S. Representative
District 7
Vote for One

- Dave Hughes
- Matt Prosch

State Offices

Governor and Lieutenant
Governor
Vote for One Team

- Mathew (Matt) Kruse and Theresa Loeffler
- Jeff Johnson and Donna Bergstrom
- Tim Pawlenty and Michelle Fischbach

Attorney General
Vote for One

- Doug Wardlow
- Robert Lessard
- Sharon Anderson

Do not vote for
candidates of
more than one
party.

Democratic-Farmer-Labor
Party

Federal Offices

U.S. Senator
For term expiring January 3, 2025
Vote for One

- Steve Carlson January 3, 2025
- Stephen A. Emery January 3, 2025
- Amy Klobuchar January 3, 2025
- David Robert Groves January 3, 2025
- Leonard J. Richards January 3, 2025

U.S. Senator
Special Election for term expiring
January 3, 2021
Vote for One

- Christopher Lovell Seymore Sr. January 3, 2021
- Gregg A. Iverson January 3, 2021
- Tina Smith January 3, 2021
- Nick Leonard January 3, 2021
- Richard W. Painter January 3, 2021
- Ali Chehem Ali January 3, 2021

U.S. Representative
District 7
Vote for One

- Collin C. Peterson

State Offices

Governor and Lieutenant
Governor
Vote for One Team

- Erin Murphy and Erin Maye-Quade
- Lori Swanson and Rick Nolan

- Tim Walz and Peggy Flanagan

- Tim Holden and James P. Mellin II

- Olé Savior and Chris Edman

Attorney General
Vote for One

- Mike Rothman
- Debra Hilstrom
- Matt Pelikan
- Tom Foley
- Keith Ellison

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Driver's license...
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•There is no need to obtain a newly designed driver's license or ID card.

•The current design and new design will be in circulation for the next four years, and both are valid forms of identification until they expire or are canceled.

•Minnesotans whose application or renewal is processed after August, 6, 2018 will receive the new look card.

•Minnesotans whose driver's licenses or identification cards expire before October 2018 should plan to renew their cards as they normally would. The renewed license will be valid for four years, barring a suspension or revocation.

•Minnesotans do not need to take any action at this time to comply with the federal REAL ID law.

•Minnesotans will be able to apply for the optional REAL ID-compliant cards beginning October 1, 2018, but they will not be needed for federal purposes until October 1, 2020. That means that Minnesotans will have two years to obtain a REAL ID-compliant card.

•If they choose to apply for a REAL ID before their standard license expires, an early renewal fee would be charged and an additional four years would be added to the expiration date. Fee information is available on the REAL ID website.

•Minnesota has a few identification options from which residents may choose. Determining which type of license or ID card works best depends on what a person needs to use the card for.

•Standard driver's license or ID card.

•Enhanced driver's license or ID card (EDL/EID).

•REAL ID-compliant driver's license or ID card (coming in October 2018).

What is REAL ID?

Passed by Congress in 2005, the REAL ID Act establishes minimum security standards

for state-issued driver's licenses and ID cards. The Act refers to federal anti-terrorism laws and regulations that control access to the following:

•Federally regulated commercial aircraft.

•Federal facilities requiring identification to enter, such as military bases or nuclear power facilities.

•The Act prohibits federal agencies like the Transportation Security Administration (TSA) from accepting cards for official purposes from states that do not meet minimum security standards.

Federal enforcement and identification requirements

•For more information on acceptable forms of identification for boarding aircraft, please see TSA's website.

•Information from the U.S. Dept. of Homeland Security.

•REAL ID Frequently Asked Questions for the Public.

How to stay up-to-date

•Find Minnesota REAL ID information and resources at the state's website.

•The DPS-DVS Facebook page will have information that can easily be shared.

•A recent DPS Blog post has information to consider when deciding which license or ID card you need.

•A recent DPS Blog post has information about if your license expires this summer.

How to get help

•For driver services questions (licenses, ID cards, driver compliance and exams) send an email to dvs.driverslicense@state.mn.us, and include your full name and date of birth with your question. You can also call 651-297-3298.

•For vehicle services questions (ownership transfers, titles, liens and vehicle registration) visit the DVS website and submit your question using the vehicle services contact forms.

You can also call 651-297-2126 or email dvs.motor.vehicles@state.mn.us and include your full name, date of birth, and license plate or VIN number with your question.

WEM School Announcements

2018-19 Parent Activities Meeting

The annual meeting will take place on Wednesday August 8th at 6:00pm. This is the only meeting that will take place this year. If your child is planning on participating in any activities throughout the year please attend the meeting.

At the meeting a variety of topics will be covered ranging from student expectations and consequences, MSHSL rules & expectations of parents.

Every three years a student-athlete needs a physical. These need to be completed before students will be allowed to practice.

If there are any questions please contact me. Aaron Cook at 687 2236 or 563 2900. E-mail: acook@win-e-mac.k12.mn.us

Cheerleading Tryouts:

Grades 7-12

August 7th: 6:30am-8:30am

August 8th 3:30pm with parent meeting to follow

August 9th: 6:30am-8:30am

August 10th: 6:30am-8:30am

Everyone welcome and encouraged to try out.

Come and see what this awesome group of students is all about!

Questions call Nicole Cook (218) 280-3484

Attention 9-12 Football Players

Practice will start on Monday August 13 at 7:00am at the Win-E-Mac School.

Equipment handout will be on Wednesday August 8 at 5:00, with the Parent meeting to follow

All student-athletes should have a physical on file every three years. If this has not been completed the student-athlete will not be allowed to participate until its completed.

If there are any questions please contact Aaron Cook.

Win-E-Mac Elementary Football

Schedule subject to change:

> August 20 meet at football shed to get gear 9 AM to 10 AM.

> August 21 practice from 3:30 PM to 5 PM

> August 22 practice from 8:30 AM to 10 AM

> August 23 practice from 8:30 AM to 10 AM

> August 24 no practice

> August 27 practice from 8:30 AM to 10 AM

> August 28 practice from 3:30 PM to 5 PM

> August 29 practice from 8:30 am to 10 AM

> August 30 home game 4 PM

> August 31 no practice

First week of school:

> September 3 no practice

> September 4 game away 4:30 PM

> September 5 practice 3:30pm to 5 PM

> September 6 game away 4:30 PM

> September 7 no practice

I will have a printout of the Practice/game schedule available on August 20.

Send your kids back to school protected from serious diseases

To celebrate the importance of immunizations for a healthy start and throughout our lives, and to make sure children are protected with all the vaccines they need, Polk County Public Health is joining with partners nationwide in recognizing August as National Immunization Awareness Month.

It's a good time to remind everyone we all need vaccines throughout our lives especially now that back-to-school season is here.

It's time for parents to gather school supplies and backpacks.

It's also the perfect time to make sure your children are up-to-date on their vaccines.

"Getting children all of the vaccines recommended by CDC's immunization schedule is one of the most important things parents can do to protect their children from serious diseases," said Nan Widseth RN, Polk County Public Health Disease Prevention and Control Coordinator.

"If you haven't done so already, now is the time to check with your child's doctor to find out what vaccines your child needs."

Vaccines protect children, preteens and teens from 16 serious and potentially life-threatening diseases. When children are not vaccinated, they are at increased risk for diseases and can also spread diseases to others in their classrooms and community, including babies who are too young to be fully vaccinated and people with weakened immune systems due to cancer or other health conditions.

Talk to your child's doctor to find out which vaccines are recommended for them before going back to school.

Parents can find more about recommended vaccines by visiting www.cdc.gov/vaccines/parents or www.co.polk.mn.us/publichealth, find us on Facebook @pcphhealth, or by calling Polk County Public Health at 218-218-3385.



Win-E-Mac/East Polk County Coop Summer League Green Team.



Win-E-Mac/East Polk County Coop Summer League Red Team.



Win-E-Mac/East Polk County Coop Summer League Gold Team.

Breastfeeding...
Continued from page 2 ...

supports breastfeeding by supplying a Rock and Rest Tent at each of the County Fairs, providing lactation specific education opportunities for staff, offering the WIC peer breastfeeding counselor program, supporting Mama's Milk Connection a monthly breastfeeding support group, promoting the Breastfeeding Friendly initiative from MDH to community partners and more.

To celebrate Minnesota Breastfeeding Awareness Month in August, Mama's Milk Connection will host a potluck meal and gathering with games, door prizes, and fellowship, August 16th at 5:30 p.m.-7:00 p.m. at the Community Family Service Center Playgroup, 1407 Erskine Street, Crookston, MN. If inclement weather, we will meet at the Polk County WIC Lobby, 816 ½ Marin Street, Crookston, MN.

A fun evening for the whole family, who promotes, protects and supports breastfeeding.

By making breastfeeding easier, mothers can reach their goals and give their babies the best possible start in life. The Minnesota Department of Health (MDH) recognizes those who take steps to provide accommodations and support for women who would like to breastfeed or continue to breastfeed after returning to work or school. Visit the MDH

Breastfeeding Friendly Recognition Program website for more details.

For more information, contact Polk (218-281-3385) or Norman-Mahnomen (218-784-5425) Public Health Departments.

