

McINTOSH

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Times

McIntosh, Minnesota



McIntosh Fire Chief, Justin Shultz presented McIntosh City Clerk with a \$4,000 donation for the new playground fund. The City is raising funds to install new playground equipment at Roholt Park.

Raise a Glass: June is National Dairy Month

This June, when you put that milk on your cereal, that cheese on your pizza or yogurt in your morning smoothie, it's a great time to raise your bowl, slice or glass to the 7,000 dairy farmers throughout the Midwest who bring you the delicious dairy products you love in celebration of National Dairy Month!

National Dairy Month is not only the perfect time to enjoy nutrient-rich, responsibly-produced, locally-driven and enjoyable dairy products, but it is also the perfect time to visit a farm to connect with your food and see first-hand how your favorite dairy products travel from the farm to your family's table.

National Dairy Month honors not only the farmers who produce fresh, nutritious dairy products but also the cheese lovers, milk drinkers and smoothie sippers who truly bring dairy to life. It is the perfect occasion to try new recipes that include dairy, as well as find ways to enjoy the dairy products you already love. Whether it is adding fruit to cottage cheese or trying a new yogurt smoothie, National Dairy Month is a great time to try something new and have a little fun with dairy.

There are many reasons to feel good about dairy, including:

It's local. Most people live within 100 miles or less of a local dairy farm. Milk is locally produced in every state, so it doesn't have far to travel from

farm to store, making the journey in less than 48 hours. It's the perfect example of a fresh, farm-to-table product.

It's nutritious. Milk, cheese and other dairy foods

Dairy...

Continued on page 4 ...



With the recent violence and school shootings, the 7 Polk County School Administration and security officers met last week with the Polk County Sheriff's Department and the Minnesota Department of Public Safety to review options for schools and what they can do. They spoke of SRO officers, funding and needs of each school in Polk County, including Win-E-Mac.



Ava and Addy Frisk, with the help of their mom, Stephanie, made a fun art project during the Summer Library program last Monday.

McIntosh will vote by mail

All non-metropolitan townships and cities with less than 400 registered voters located outside of the Minneapolis/St. Paul seven-county metropolitan area can choose to hold elections by mail.

The City of McIntosh notified its residents that voting in the 2018 Primary and General Elections, as allowed by Minnesota Statute 204B.45, will be done by mail.

All voters in the City of McIntosh registered by July 24, 2018 will be mailed a ballot for the Primary Election set for August 14, 2018. Ballots will be mailed on or before July 16, 2018. Ballots must be returned to the Polk County Tax Payer Service Center 612 N. Broadway, Suite 213 in Crookston by mail or delivered in person until 8:00 pm on Election Day, August 14, 2018. This location can also be utilized for in person voting. And an assistive device will be available for use.

For your ballot to count, remember this important information: Read the instructions that come with your ballot carefully. Mail the ballot and forms back right away after you finish. Your ballot will not count if it is received after Election Day.

An eligible voter who is not registered to vote by July 24, 2018 may apply for and receive an absentee ballot from the Polk County Tax Payer Service



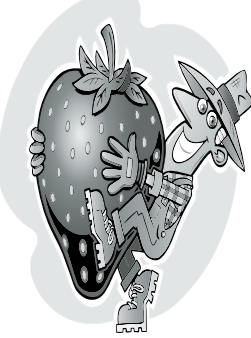
Center until 8:00 pm on August 14, 2018 and any registered voter may apply to the Polk County Tax Payer Service Center to receive an absentee ballot.

The ballots will be processed at 8:00 pm at the Polk County Government Center by the Polk County Mail Ballot Board election judges. This process is open to the public.

Should you have any questions about the new process for voting in the City of McIntosh, you can contact City Clerk, Melissa Finseth at 563-3043.

You can also register to vote at the City Clerk office, located in the McIntosh Community Center, during regular business hours or you can go online to www.mnvotes.org to register or to update your voter registration.

You can avoid a lengthy trip on Election Day by registering to vote at least 21 days before the election. This will ensure you receive your ballot by mail.



Community Calendar

Wed. June 20: McIntosh Library 12pm to 5pm; Children's Story Time at McIntosh Library 3:30pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. June 21: McIntosh Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. June 22: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. June 25: McIntosh Library 10am to 3pm; 10am to 3pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm;

Tues. June 26: McIntosh Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm

Wed. June 27: McIntosh Library 12pm to 5pm; Children's Story Time at McIntosh Library 3:30pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. June 28: McIntosh Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm;

Fri. June 29: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Sat. June 30: Winger Day and Winger Lion's Fish Fry

Mon. July 2: McIntosh Library 10am to 3pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm;

Tues. July 3: McIntosh Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm



Josie Johnson gets some guidance from Artist, DeeDee Narum on paint colors for her art project that she made at the Library event on Monday, June 11th.



Summer Fun at the McIntosh Library last Monday when local artist DeeDee Narum explored art with a fun, hands-on project for the kids. DeeDee taught the kids how to use a book, some string and paint to make a beautiful piece of art to take home. Throughout the summer, the library offers fun and exciting programs for kids.



Last weeks sunshine brought a few friends to Vicki Strom's for a garden tour.

New state law will protect seniors against financial fraud

Governor Dayton signs bipartisan Safe Seniors Financial Protection Act proposed by Minnesota Commerce Department

Minnesota seniors have a new line of defense against financial fraud, thanks to bipartisan legislation proposed by the Minnesota Commerce Department and signed into law by Governor Mark Dayton on May 19.

The Safe Seniors Financial Protection Act (HF 3833) equips financial professionals with new tools to protect their senior and vulnerable adult clients by working with the Commerce Department to prevent and stop suspected fraud.

"This new law is an opportunity for the Commerce Department to partner with financial professionals to spot and stop fraud before seniors lose their hard-earned life savings," said Commerce Commissioner Jessica Looman. "These financial professionals are a first line of defense, and this law will strengthen their ability to defend seniors against financial exploitation."

It is estimated that one out of every five persons over age 65 has been victimized by a financial swindle, with older Americans defrauded out of nearly three billion dollars each year. The threat of senior financial fraud is expected to grow as the senior population itself grows, with the aging of the Baby Boom generation.

Under the new law, state-registered broker-dealers and investment advisers are authorized to report suspected financial exploitation against a senior or vulnerable adult client to the Commerce Department or the Minnesota Adult Abuse Reporting Center. They may also disclose information to a trusted third party designated by the senior client.

Withdrawals and transfers from an account may also be temporarily delayed to prevent financial loss and give investigators time to intervene. There is immunity from administrative or civil liability as long as the financial professional acts in good faith to prevent fraud.

The new law was supported

by both senior advocacy groups and financial industry stakeholders.

"Elder abuse, including financial exploitation, is often a private tragedy with public costs," said Amanda Vickstrom, executive director of the Minnesota Elder Justice Center. "Too often, elder abuse, neglect and financial exploitation go undetected and unreported. Prevention and intervention of these crimes relies on people like financial advisers to report suspected abuse, exploitation or fraud. This law is a great step in that direction, as it will give financial professionals a path for reporting suspected exploitation and helping to protect seniors and vulnerable adults."

"We were pleased to collaborate with the Department of Commerce to give broker-dealers the tools they need help protect their senior clients," said Robyn Rowen, executive director of the Minnesota Insurance and Financial Services Council.

"The Financial Planning Association of Minnesota realizes the value both to our profession and to consumers in providing additional financial safeguards to certain segments of our community that this legislation will provide," said Jason Kley, president of the Financial Planning Association of Minnesota. "Advisers will now be equipped with additional tools to protect older adults and vulnerable adults."

The new law, which takes effect August 1, closely follows model legislation approved by the member states of the North American Securities Administrators Association (NASAA).

The Commerce Department registers broker-dealers (those in the business of buying and selling securities) and their agents, as well as investment advisers (those who make investment recommendations). In Minnesota, there are more than 2,000 broker-dealer and investment adviser firms, and more than 160,000 individual broker-dealers and investment advisers.

Senior financial protection is a top priority for the Com-

merce Department. Last fall, the department launched a "Hang Up on Fraud" campaign, a statewide education and outreach initiative with a toolkit that older Minnesotans and their families can use to identify and prevent financial fraud. The toolkit is available through the Commerce Department website (mn.gov/commerce).

Beware of Medicare card fraud scam

From the Office of Minnesota Attorney General Lori Swanson

Over 55 million people receive Medicare benefits, including about 950,000 Minnesotans. In the past, Medicare cards have included beneficiaries' Social Security Numbers ("SSN") to help identify them and process their claims. To help protect against identity theft, Medicare is issuing new cards without people's SSNs. Unfortunately, scammers are trying to take advantage of the transition to new cards to defraud Medicare beneficiaries.

Changes to the Medicare Card

A federal law requires that SSNs be removed from all Medicare cards by April 2019. The new cards will use a unique "Medicare Beneficiary Identifier" ("MBI") to identify people rather than their SSN. MBIs will have 11 characters, including a combination of numbers and uppercase letters. An example MBI provided by CMS is: 1EG4 TE5-MK73.

What to Know

CMS began sending new Medicare cards to beneficiaries in April 2018 and will continue to do so on a rolling basis until April 2019. New cards are being sent to beneficiaries in waves based, in part, on the state in which they live. According to CMS, Minnesota is in wave three, which will occur sometime after June 2018.

New Medicare cards are sent automatically to beneficiaries. There is no activation process or fee to receive a new

Fraud...

Continued on page 4 ...

Pestle & Vessel

by Alison Opdahl

Famine

The road Ruth walked into history began with a choice Elimelech and Naomi made when their boys were young. I listened to a lecture on the book of Ruth and was surprised how much context was hiding in the very first verse. "Now it came about in the days when the judges governed, that there was a famine in the land. And a certain man of Bethlehem in Judah went to sojourn in the land of Moab with his wife and his two sons." Ruth 1:1.

So this was Israel before they had kings; each of the twelve tribes governed by a judge and each had its own set of rules. This is very interesting when you consider human survival behavior and "that there was a famine in the land." Let's unravel this from the end—it will make more sense.

Elimelech's family left Israel for Moab because of Famine. It seems straightforward; they needed food, water and the means to thrive. How far was Moab? To the east, across the Jordan River and around the tip of the Dead Sea it was around sixty miles—as the crow flies, maybe only thirty. So if we apply the idea of famine as a widespread drought from weather to this account, we are wrong. People were flourishing thirty miles away, enough that a Hebrew family pulled up roots to relocate to a nation which did not serve YHWH.

So what is really going on? Remember each tribe had different judges and therefore their own rules? A picture of the fractured leadership among the tribes emerges. Because of the lack of consistency in governing; the tribe of Judah might be allied with Dan one day and at war the next—based on decisions of their respective judges. The tribes were fighting with each other over resources. The leadership was constantly changeable and because of the years of conflict, Israel was not stable enough to steward crops, livestock or even trade to their advantage. THEY were the source of the famine, not changes in weather.

Elimelech and his family were in the midst of not only physical poverty but spiritual contention as well. Tribe was quarrelling with tribe; they were not safe in their own land, among their own people. Now I understand why a few generations later, Israel lobbied for a king, although we know human kingship came with its own troubles.

So perhaps the road Elimelech walked with his wife and sons is the most significant in this account. It could not have been an easy decision to leave his land, inheritance and lineage. He would have wrestled with it and probably endured criticism over it. The road OUT of Bethlehem could not have looked like it was part of the journey to Calvary but we know differently, right?

Often, the steps we take align with the Father's agenda in ways we may never know. But it is not about knowing the

future, it is about obedience. It is not about asking Him to tell us the outcome before we decide whether or not we will embark on the journey. It is about trusting our Elohim. If He is offering us BOOTS—like little Evie did to Dinah and me—I hope we can ask Him where He wants us to walk and how... and do it with faith and the understanding that our relationship with Adonai will grow on our journey. Who knows where it might lead us?

-a.m.opdahl

Gosen

Luther League

The Gosen Luther League meets on Sunday evening, June 24th, at 7 o'clock. The Overtones men's quartet will be in concert.

The group has been singing together for over 30 years. Their harmonies and blend have been compared to The Statler Brothers and The Oak Ridge Boys. They do a variety of music of different groups including the aforementioned groups along with Gaither Vocal Band, Statesmen, and many favorite gospel songs.

The Overtones is comprised of Keith Sandland, baritone; Randy Holwell, lead; Neil Vagle, tenor; and Dale Billberg, bass.

Refreshments will be served following the program.

Join us for an inspirational evening in honor of our Lord Jesus Christ.

Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206.

For information call 268-4242 or 687-3461.

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Community Birthday and Anniversary Calendar

Wed. June 20: Tom Hegg; Lota Deitzler

Thurs. June 21: Linda Christianson, Elvind Jore, *David & Judy Hagen, *Jim & Susan Lee

Fri. June 22: Erik Hamre, *Andy & Stacy Smith, *Jerry & Bonita Shaver, *Jason & Shannon Svalen

Sat. June 23: Vicki Strom, Fernando Soto, *Kris & Gwen Rue, *Paul & Sandra Jore

Sun. June 24: Karlie Schow, Holly Schlagel, *Calvin & Annie Schow, *Steve & Candace Haaven, *Jim & Bonnie Kline

Mon. June 25: Deborah harriman, *Travis & Kelsey Mahlum

Tues. June 26: Matt Thompson

Legal Notice

NOTICE OF APPLICATION FOR LIVESTOCK FEEDLOT PERMIT

Notice is hereby given per Minnesota Statutes, Chapter 116, that Tim & Derek Rolf, have made application to the Minnesota Pollution Control Agency and the County of Polk for a permit to expand a feedlot with a capacity of 500 animal units or more.

The proposed feedlot will be located NW 1/4 section 24, Lessor Township, Polk County, Minnesota. The existing facility consists of 575 animal units of swine and dairy cattle. The existing facility consists of confinement barns, manure pits, and bedded packs in buildings. The proposed facility will increase dairy animal units only. The proposed facility will consist of 972 animal units of swine and dairy cattle. The proposed facility will consist of confinement barns with solid concrete floors and a clay lined earthen manure pit.

This publication shall constitute as notice to each resident and each owner of real property within 5,000 feet of the perimeter of the proposed feedlot as required by Minnesota State Law.

Published in McIntosh Times newspaper, dated June 20, 2018.

M13C

CHURCH DIRECTORY

ST. MARY'S CHURCH

Fosston

Fr. John Savakeen,

Pastor

Wed. June 20: 11:30am Mass at St. Mary's, Fosston; Noon - 8:00pm Adoration at St. Mary's, Fosston

Fri. June 22: 8:30am Mass at St. Mary's, Fosston

Sun. June 24: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed. June 27: 11:30am Mass at St. Mary's, Fosston; Noon - 8:00pm Adoration at St. Mary's, Fosston

Fri. June 29: 8:30am Mass at St. Mary's, Fosston

Sun. July 1: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH

Winger/Bejou

Supply Pastor

Gordon Syverson

Sun. June 24: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. July 1: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)

McIntosh

Supply Pastor

Gordon Syverson

Sun. June 24: 11:15am Worship Service.

Sun. July 1: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH

Independent

Gary Johnson, Pastor

www.gosen-church.com

Face Book: Gosen

Church

Wed. June 20: 7:00pm Bible Study at Don and Sharon Ramberg's

Sun. June 24: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service; 7:00 p.m. Luther League (see article elsewhere in the paper)

Tues. June 26: 10:00am Sunday worship service telecast on Garden Valley Cable TV--Channel 2; 1:30pm Bible Study at The Country Place

Wed. June 27: 7:00pm Bible Study at Don and Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson

Sun. June 24: 9:30am Worship at Mt. Carmel 11:00am Worship at Trinity;

Sun. July 1: 9:30am Worship at Mt. Carmel 11:00am Worship at Trinity

There will be No Wednesday Bible Study during June; There will be No Thursday Men's Breakfast during June.

VERNES LUTHERAN CHURCH (LCMC)

McIntosh

Pastor Jill Torgerson

Sun. June 24: 9am Worship

Sun. July 1: 9am Worship

DOVRE

FREE LUTHERAN

Pastor Don Edlunds

Wed. June 20: 7:00pm Bible Study

Sun. June 24: 10:00am Worship Service

Wed. June 27: 7:00pm Bible Study

Sun. July 1: 10:00am Worship Service

Wed. July 4: No Bible Study

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Winger News

by Linda Pulskamp

Greetings again from Winger and the Union Lake areas where we have had some rain showers go through that were much appreciated, once again they were scattered with some areas getting more than others but non the less what we got was welcome.

Is already the middle of June which means we are moving on to the 4th of July and after that it seems like summer slips away! Soon it will be Winger Appreciation Day along with the Lions Fish Fry, at the same time the fair in Mahnom will be going on and next will be the Polk County Fair in Fertile.

Reports were that the Car Show held in Fertile last week end was excellent and along with the car show there were many more activities going on.

Was fun to see some of the cars come back through Winger on their way home.

Oops! My apologies to Milton Carlson as I stated Emma Carlson in my last column and instead it should have been Emma Erickson. Sorry!

Last Sunday Mark and Betty Syverson were visitors with Helmer and Verlys Homme at the Pioneer Home at Erskine.

Betty Myhrum was a visitor last Sunday at the Chris and Susan Eischen's home at Newfolden, later they went to the home of Kjerstie and Dakota Poissants where Chelsey Haugen and Steven Cullen joined them for brunch. They were treated to pancakes that Kjerstie had made from scratch.

Thursday afternoon Chad Carlson and Paul Carlson were visitors and coffee guests at the Milton Carlson home.

Weekend visitors at the Pulskamp home were Kelly Johnson and his Granddaughter Lilly Brtek and Matt Balstad and Jamie Anderson.

Friday the 8th Milton Carlson picked up Vivian Hanson and the two of them went on to Fosston to the Dairy Queen where they had dinner together, after that the did a bit of

sight seeing.

Helmer and Verlys Homme attended the funeral for Mildred (Brekke) Hanson that was held at the Pioneer Home in Erskine on Friday afternoon. Her burial was at the Winger Cemetery following the funeral.

Judy and Lonnie Gieseke were Saturday morning visitors and coffee guests with Milton Carlson at the Carlson home.

Truman and Darlene Johnson were Friday overnight guests at the Boyd and Sylvia Bratager home. They attended the funeral for Clayton Qualley that was held on Friday morning and Darlene attended the baby shower for Thielen Brtek that was held at Calvary Church on Saturday afternoon.

Lucy Brtek along with several others attended the baby shower on Saturday afternoon at Calvary Church for her Grandson Thielen Brtek.

Linda Pulskamp attended the funeral for Ardie Dahl that was held at the Kingo Church in Fosston on Thursday afternoon. Linda and Ardie had worked together for several years at the Sather Clinic in Fosston.

Paul Carlson stopped in

briefly on Monday morning at the Milton Carlson home for a cup of coffee as he went on his way to work.

Greg and Michelle Gagner of Mentor stopped in at the Lucy Brtek home for a visit and while there they did some yard work and also did some weed whipping, end result was a nice looking yard.

Tuesday the 12th Judy Gieseke brought dinner and had dinner with Milton Carlson at the Carlson home. Later that day Carson Benesh stopped in for a visit..

Once again this is the bits and pieces for this week!

In closing, sometimes you will never know the value of a moment until it becomes a memory.



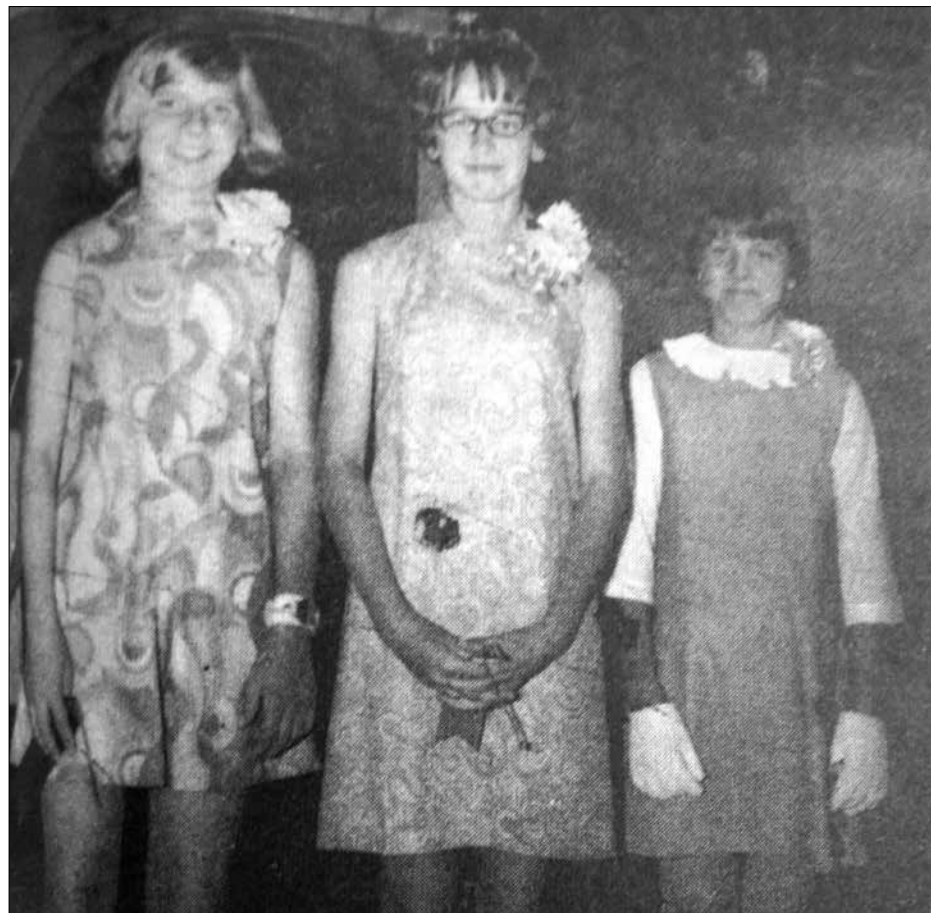
50 years ago...1968: Junior Style Queen is beaming Susan Murach of Fosston, Becky Garfand of Gully and Sharon Anderson of McIntosh were selected for her attendants. Coronation ceremonies were held in front of the grand stand at the East Polk County Fair in Fosston.



Save the Date!
Winger Day
&
Lions Fish Fry
June 30th



More info to come



40 years ago...1978: Jaycee Fathers Day Road Rally winners. (L-R) Tom Bauer, Jr. and Sr., Rich Carlson and Phyllis Langowski, Gordi Ostenaa and Steve Carlson.



30 years ago...1988: Students taking part in the National Honor Society tea held the last week of school are: back row: Kristine Voxland, Joanne Engebretsen, Carrie Gustafson, Chad Hoeft, Mark Sannes and David Kieker. Front row: Julie Walker, Sonja Borud, Caren Boucher, Kristin Tangen and Teresa Hegg.

Tracing your genealogy

The internet has put more information into our hands than generations past may have ever believed possible. One of the more unique ways the internet has opened doors is by providing a relatively easy way for men and women to trace their family histories. Once difficult to gather, information with regard to genealogy is now just a click away.

Tracing one's genealogy has become a popular pastime and one that is much more manageable thanks to the bevy of

family tree and family lineage websites. Such sites work by gathering some key information, including the names and birthdays of certain relatives. The sites then use this data to create a more complete picture of family relations. On the popular genealogy site Ancestry.com, for example, suggestions pop up with a potential relative's name or further information about a loved one, which

Genealogy...

Continued on page 4 ...

LEGAL NOTICE

Date: June 11, 2018
To: All Interested Citizens, Organizations and Government Agencies
From: Chad M. Kolstad
Drinking Water Protection Section
Environmental Health Division
Subject: Drinking Water System Project
Loan Applicant: City of Winger
Loan Project No.: 1600013-2

The City of Winger is applying for a construction loan under the Minnesota Department of Health (MDH) drinking water revolving fund program and is, therefore, subject to the state environmental review process. This notice is to advise the public that MDH staff has reviewed the proposed project and has determined that preparing an Environmental Assessment Worksheet is not required.

The loan applicant has solicited public comment on potential environmental consequences. After reviewing any comments received we conclude that construction and project implementation will lead to no significant environmental impact.

The environmental summary included with this notice provides information on the existing and proposed drinking water infrastructure and associated environmental considerations. If there are comments about this environmental review process, they must be received within 15 days. They should be submitted to:

Chad Kolstad
Minnesota Department of Health
P.O. Box 64975
St. Paul, Minnesota 55164-0975

CMK:jl

ENVIRONMENTAL SUMMARY June 11, 2018

1. **Project Name:**
Winger Water Supply and Treatment Improvements
Project# 1600013-2

Legal Description: NW1/4 of the SE1/4 Section 22, Township 147N, Range 42
City of Winger
Polk County

Project Proposer: City of Winger
PO Box 70
Winger, MN 56592

The City of Winger is located in Polk County in west central Minnesota.

II Present Water System and Need

The city of Winger's wells currently provide water that exceeds the federal maximum contaminant level (MCL) for arsenic of 10.4 ug/L. In addition, the wells are 70 and 57 years old and are showing signs of failure, including pumping sand. The water tower is over 70 years old and showing signs of its age. This project would address these issues by drilling two new wells, constructing a treatment plant to remove the arsenic, and proactively replacing the old water tower before its reliability becomes a problem.

III Environmental Impacts

The primary impacts of the project are short-term construction related disturbances such as dust, noise, and traffic difficulties during the delivery of construction materials. The short-term impacts will be mitigated by the use of standard construction practices. Barriers will be used as necessary to control traffic. Soil erosion and sedimentation control measures will be implemented.

The proposed project is expected to result in no direct impact to: threatened or endangered plant or animal species or their habitats; wetlands; flood plains; nearby farmland; historic, architectural, cultural, or archaeological features; shorelands; or air quality non-attainment areas.

IV Public Participation Program

The project has been discussed at City Council meetings, which are open to the public. In addition, the City of Winger has published the environmental review public notice in the local newspaper and allowed a 30 day response time.

Chad Kolstad for:

Todd R. Johnson, P.E.
District Engineer
Section of Drinking Water
Protection M13P

TRIPLE ~B~ RODEO
POLK COUNTY FAIR RODEO
Wednesday Thursday
July 11 July 12

7:00P.M in the Grandstand

Sanctioned by MRA
Admission: Adults \$15
Kids 12 and Under \$10



40 & over Calf Roping
Bareback Bronc Riding
Barrel Racing
Break-Away Roping
Bull Riding
Calf Roping
Saddle Bronc Riding
Steer Wrestling
Team Roping

Entries Accepted:
Monday, July 2
12-4 p.m.
Call 320-367-2047

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TDS Fertilizer
- Red River Insurance
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- Red River State Bank
- Fertile Oil Co.
- Lindfors Insurance Agency
- Minnesota Soybean
Research & Promotion
Council/Minnesota Corn
Growers Association
- American Federal
- West Central Ag Services
- AgCountry
- Farm Credit Services
- Star of the North Bean LLC

M13C

Polk County Fair: (218) 945-6708
www.polkcountyfairfertilemn.com



20 years ago...1998: Veterans of all wars who attended the Memorial Day observances in McIntosh gathered for a picture following the traditional graveside ceremony on May 25th. These men of all branches of the service have given of themselves to protect the freedoms that we know in the United States.



A fun painting project for a summer activity on Monday, June 11th at the McIntosh Library, were Dawson Gunufson and his mom, Kelsey, who made a great piece of art to take home.

Fraud...

Continued from page 2 ...

card, and beneficiaries do not need to take any action to receive their new card as long as the address they have on file with Social Security is correct. Moreover, CMS states that it will not call beneficiaries and ask them to provide personal or financial information to receive a new Medicare card.

How the Scam Works

New Medicare cards are being issued to prevent fraud, but con artists are already perpetrating new scams in an attempt to take advantage of the process. The scams vary, but typically begin with a phone call from a scammer posing as a representative of Medicare or another government agency, and attempting to get the beneficiary to reveal personal information. Under one variation, scammers ask a beneficiary to pay a processing fee to receive or activate their new Medicare card. The scammer may even threaten to cancel a beneficiary's Medicare benefits if they don't pay the fee. In another variation, the scammer claims that the beneficiary must verify his or her SSN to receive their new Medicare card. The scam artist can use this information to commit identity theft. In yet another variation, the scam artist claims a beneficiary is owed a refund for a transaction on their old card and asks the beneficiary for his or her bank account information to process the supposed refund. The scammer can use this information to drain the beneficiary's bank account.

Who to Contact

If you receive a suspicious call, hang up and report the incident to CMS by calling (800) 633-4227. People targeted by this scam are also encouraged to report the matter to the Federal Bureau of Investigation by calling (763) 569-8000 and the Federal Trade Commission by calling (877) 382 4357. For additional information, contact the Office of Minnesota Attorney General Lori Swanson as follows: Office of Minnesota Attorney General Lori Swanson 445 Minnesota Street, Suite 1400 St. Paul, MN 55101 (651) 296-3353 (Twin Cities Calling Area) (800) 657-3787 (Outside the Twin Cities) TTY: (651) 297-7206 or (800) 366-4812 www.ag.state.mn.us

Genealogy...

Continued from page 3 ...

can then populate the family tree even further.

In addition to knowing just who is in a family, tracing genealogy also can present a bigger picture of relatives' occupations and military history, and may even shed light on their travel histories. Family tree sites can be enhanced by uploading images, census data, immigration records, and even more documents that would be otherwise buried in photo albums or memory keepsakes.

Taking family genealogy a step further, many people are opting to couple their family history quests with DNA testing. Companies such as 23andMe can use a saliva sample to help pinpoint potential geographic roots. These findings can include an estimate on ethnicity, going as far as breaking down the percentage of ethnicity from certain regions of the world. Further testing may include the ability to learn about other relatives who are linked through these DNA matches.

Family genealogy websites can provide fascinating windows into our family histories. People who are unsure of their ethnicity, those who were adopted, or anyone can find a wealth of interesting information in relatively little time.



Having fun with a great art project last Monday at the McIntosh Library was Cora Earls.

Tips to making delicious ice cream at home

Ice cream is a favorite dessert across the globe. The average American consumes more than 23 pounds of ice cream per year, says the International Dairy Foods Association.

Even though a trip to the local ice cream parlor can yield many different opportunities to indulge, making ice cream at home is easier than one may believe.

Also, creating homemade ice cream can be a fun way to experiment with unique flavors and textures.

It is easy to customize concoctions based on what everyone likes best. Making ice cream also is a fun way to bring the family together with the reward of a tasty prize for all of the effort. Here are some tips for making ice cream at home.

• Buy quality ingredients.

Choose fresh, high-quality ingredients.

Real vanilla beans or extract can produce better flavor than imitations. Select in-season berries and other fruits and, if possible, use organic milk. All of these ingredients will blend together for fresh flavor.

• Freeze equipment early.

Cold equipment is necessary to produce ice cream.

Store the bowls of an ice cream maker in the freezer to keep them frozen and ready for when the mood strikes to make a batch of ice cream.

• **Avoid ice crystallization.** According to Food 52, a foodie equipment and recipe resource, ice crystals in the ice cream can ruin texture by making ice cream crunchy.

Freezing ice cream quickly at very cold temperatures is essential. That means freezing the bowl and keeping the ingredient mix cold. Spinning the ice cream and transferring it quickly to the freezer helps keep ice crystals small.

• **Keep mix-ins small.** Mix-ins, like cookie pieces or cake crumbs, can add a different dimension to ice cream. Chill the ingredients and make sure they are small (roughly the size of chocolate chips). Add them after the ice cream is entirely frozen.

• **Watch alcohol usage.** Alcohol can create a tipsy ice cream experience, but adding too much can interfere with ice cream's ability to freeze. Therefore, use alcohol sparingly.

• **Store ice cream smartly.** According to David Lebovitz, author of "The Perfect Scoop," store ice cream in a shallow container to keep it softer. Also, cover the surface of the ice cream with plastic wrap to prevent ice crystals from forming.

Homemade ice cream will last for roughly a week in the freezer. Making ice cream can

be a challenging but rewarding endeavor.

Did you know?

Certain types of dairy can have a positive effect on blood pressure. According to the Cleveland Clinic, people with high blood pressure, which occurs when the force of blood pushing against blood vessel walls is above normal range, can look to diet to help lower their blood pressure. Among the foods that can benefit people with high blood pressure is low-fat dairy. Calcium-rich foods, such as low-fat dairy products like skim milk, 1 percent milk and Greek yogurt, can help lower blood pressure. In addition, the Cleveland Clinic notes that low-fat and low-salt cheese also can help people achieve healthier blood pressure levels. In a study of more than 5,000 adults, researchers in Spain found that those who reported including the most low-fat dairy in their diets were 54 percent less likely to develop hypertension over a two-year period than those who consumed the least amount of low-fat dairy products

Dairy...

Continued from pg 1

are simple, real ways to get the energy and nutrients your family needs.

It's sustainable. One gallon of milk is now produced with 90 percent less land and 65 percent less water than it was decades ago. And with the use of innovative and safe technology, the dairy industry delivers exceptional animal care, quality nutrition and the freshest products around.

It's delicious. Savory pizzas. Creamy parfaits. Tempting cheese plates. Dairy is a part of all the things you love to eat and present at some of the most special moments in your life. Memories made over milkshakes are the best kind of memories!

For recipes and even more fun facts about dairy, visit www.DairyGood.org.

Midwest Dairy™ represents 7,000 dairy farm families and works on their behalf to build dairy demand by inspiring consumer confidence in our products and production practices. We are committed to Bringing Dairy to Life! by Giving Consumers an Excellent Dairy Experience and are funded by farmers across a 10-state region, including Minnesota, North Dakota, South Dakota, Nebraska, Iowa, Illinois, Missouri, Kansas, Arkansas and eastern Oklahoma. For more information, visit Midwest-Dairy.com. Follow us on Twitter and find us on Facebook at Midwest Dairy.

The County Line

By Warren Strandell
Polk County Commissioner, Dist. 2

The numbers that follow will get your attention... both because of their size and because they are an increase from those reported a year ago.

The amount of money spent on social services in Polk County during 2016 (that is the last year for which the information is available) totaled \$102,449,230. This was up more than 6 percent from the 2015 total of \$96,269,703.

If you brushed over those numbers, they are in the millions.

Of that \$102 million total, the federal government provided almost half at \$49,244,349 and the State of Minnesota contributed \$46,907,236.

Polk County property taxpayers contributed \$5,208,549 (or just over 5 percent) through their property taxes. The remaining \$1,089,047 came from miscellaneous sources and revenues.

For a county of 31,500 or so residents, the \$102,449,230 amounts to more than \$3,250 per person.

The federal and state contributions basically pay for programs that they have created and mandated through legislation. Polk County's role centers on the distribution of that money to those determined eligible to receive it.

Of the \$102,449,230 total spent on social services in the county, \$61,839,978 (60 percent) was spent for "Medical Assistance" (M.A.) and \$31,479,654 (31 percent) went for "Social Service" programs. The remaining \$9,129,599 (9 percent) was spent on "Support Services."

These three areas of assistance cover:

M.A. includes care in nursing homes or immediate care facilities, health and dental care, child and teen check-up programs, and programs that assist clients in staying in their homes rather than in expensive medical facilities.

Social Service programs are those that address the well-being of children (adoption, protection, life skills training, and child welfare), childcare, chemical dependency, mental health, developmental disabilities, and adult services.

Support Services provide supplemental aid for the aged, blind or disabled. They also assist families in working out of poverty and fund cash assistance programs, employment training, child support enforcement collections, and group residential housing for persons who would normally be cared for in nursing homes.

While social service spending is often questioned, there are a lot of people who have needs and we need to accept the fact that "there, but for the grace of God, go I."

About "Out of Home Placements"

When the County Board decided 21 years ago in 1997 that something had to be done about the cost of "out of home placements," it came after the cost had ballooned to \$2.4 million. And that number came with the warning that this was just the beginning.

Background: Troubled and/or abused juveniles are sent to "out of home placement" facilities because of their behavior or when their homes are determined to be unsafe and/or lacking appropriate parenting.

The cost of out of these placements can be more than \$300 a day... almost all of which is paid by local property taxes.

In addressing the problem, the County Board directed the heads of the local agencies that have a role in determining out of home placements that something had to be done. That group developed a plan to hire (at county expense) five family-based service providers (FBSPs). These were not trained social workers but just good, caring people who could to work directly with kids and their parents to address the problems.

While risky and expensive, the strategy worked. The \$2.4 million cost in 1997 was more than cut in half in just four years. And, while it regularly stayed in the \$1 million range for most of the years since then, the effects of inflation and changes in how people live caused it to increase to \$1,390,997 two years ago, to \$1,384,851 in 2016 and to \$1,449,240 last year.

The cost has gone up but it has still been a very good program. Imagine where that cost would be without the work of these family-based service providers.

Thoughts for the day:

Throw me to the wolves and I will return leading the pack.

~Donald Trump

If there were no bad people there would be no good lawyers. ~ Dickens

Disclaimer: Thoughts expressed in this column are those of the author and are not necessarily a reflection of the opinions of the other members of the Polk County Board of Commissioners

Summer Begins
June 21

Polk County Fair

STATE CHAMPIONSHIP BAJA RACING

Friday, July 13 Saturday, July 14

6:30 p.m. 1:00 p.m.

Pickups/Vans 4 Cylinders

8 Cylinders 6 Cylinders

State Championship Saturday Night

July 14 at 6:30 p.m.

C, B & A Features

HUGE TROPHIES 1st, 2nd & 3rd No Entry Fee

Admission:

Friday & Saturday Nights: \$15

Saturday Afternoon: \$10

12 and under \$10 for each event

FOR INFORMATION CONTACT

• Paul Reese (218) 945-6036

• Brian Lindberg (218) 637-6391



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