



McINTOSH

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McIntosh, Minnesota



Gerald Borseth was one of the many volunteers who donated blood during the annual McIntosh Blood Drive on January 31st.



Patriot #23, Brekken Lindberg, goes up for a shot and gets fouled in Win-E-Mac's Saturday match up with East Grand Forks. The Patriots beat the Green Wave 64-53. Photo credit: Lynette Ross.



Jaime Morvig, a Senior Vice President, recently retired from Ultima Bank in Winger, after 14 years of dedication to UBM at the Winger Branch office. Jamie spent 32 years in bank lending.



Three Win-E-Mac senior boys, Noah Bergman, Emelian Hanson and Blake Glass finished 3rd in the skills portion of the Minnesota state tournament. They will now compete in the US Open Robotics tournament in Iowa in April. Congratulations to Win-E-Mac Robotics team 5300A for earning an invitation to the 2018 Worlds VEX Robotics Tournament held in Kentucky. This tournament will be held at the end of April. Team members are Noah Bergman, Blake Glass, Emelian Hanson, and Brekken Lindberg (not pictured).

McIntosh's blood drive brings in 62 volunteers to donate

McIntosh volunteers from the former Ladies Auxiliary, hosted a blood drive with United Blood Services on January 31 at the Community Center which helped collect at total of 55 units of blood for patients in need.

A total of 62 individuals volunteered to donate blood and 53 individuals were able to donate at the United Blood Services blood drive on January 31. A total of two donors also came forward to donate Power Red Cells (2RBC) which collects two units of red blood cells while returning platelets, plasma and a saline solution back to the donor. There were three people who volunteered for the first time.

The oldest donor was Lloyd Schleicher of McIntosh who is 97 years old.

United Blood Services ex-

pressed their gratitude to Mary Goodwin, who coordinated the drive.

Others who assisted the day of the drive: Garnet Aanenson, Carole Burslie, Jane Aakus, Patti Benson, Betty Tangen, Joanne Ekeberg and Karen Rolf.

UBS strives to keep a 5-day supply of every blood type on the shelf at all times to be able to meet the needs of patients across the region.

Donations from O-negative donors, the universal blood type, are especially important this time of year due to increased accidents and trauma cases.

United Blood Services is the only blood provider to nearly 70 hospitals across the region. The blood supply is dependent on selfless donations from volunteer donors to ensure the

lifesaving needs of the region are met.

About 30 percent of UBS's blood supply goes to cancer patients across the region and one in seven people entering the hospital will need blood. Those relying on blood in the region receive that lifesaving blood from UBS.

Donors can make a convenient appointment to give blood at www.bloodhero.com or by calling (877) 827-4376. With each donation, donors receive a free total cholesterol test and earn points in United Blood Services Hero in Me rewards program.

Blood donation takes about an hour from check-in to refreshments. Donors can save about 20 minutes by completing their Fast Track Health History the day they donate on www.unitedbloodservices.org

Winger Lions will host pancake breakfast benefit for Lilly Brtek this Saturday

The Winger Lions will be sponsoring a benefit for Lilly Brtek, daughter of Angie and Dan Brtek of Winger, and granddaughter of Becky Johnson, Kelly Johnson, and Lucy Brtek all of Winger. The benefit will be held on Feb. 18th from 10 am until 1 pm at Winger Community Center.

The Winger Lions Club will be serving pancakes and sausage with strawberries and whipped cream, and a beverage. There will be a free will donation. Donations will be used to help defray medical and travel expenses.

Lilly is 4 years old and was born with a hole in her heart and as she has gotten older other medical concerns have developed which continue to be evaluated. Lilly has been diagnosed with failure to thrive as well as underdevelopment with a current developmental age of 15 months old. Genetic testing has also been performed to attempt to find out any further medical concerns and these results will be available in March.

Lilly is currently being evaluated by Dr. Rios, of pediatric cardiology. He currently works at Children's Hospital in Minneapolis and provides outreach to Altru in Grand Forks where Lilly has been evaluated.

At Lilly's last checkup, Dr. Rios stated that the hole in her heart was still present and at this point the hole should be closed since it has yet to do it on its own. Lilly subsequently went down November 16th to have an evaluation with Dr.



Vezmar who performed the procedure to close the hole in her heart. He works at the Children's Hospital in Minneapolis.

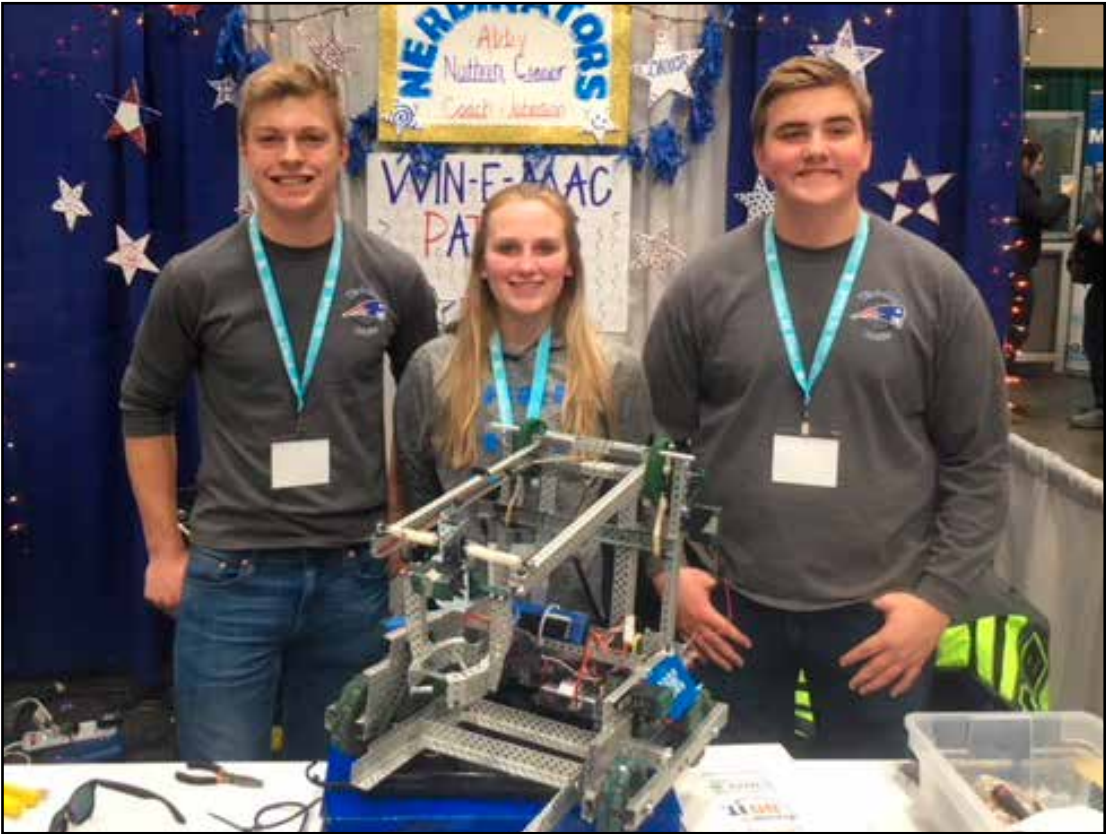
The procedure is called Atrial Septal Defect (ASD) Amplatz placement. An ASD is an abnormal opening (hole) in the wall between the 2 upper chambers of the heart. This hole causes an abnormal flow of the blood between the 2 upper chambers of the heart and results in too much blood flow to the lungs, which may lead to heart failure. The procedure was attempted on the 17th of November but, unfortunately, there were some complications. During the procedure the doctor noticed that her heart wasn't beating like it should and that there was fluid around her heart so he decided to stop the procedure.

He removed the fluid that has collected from the heart and noticed a pin size hole in the back of her heart as well. The procedure was stopped in an attempt to allow the additional hole to heal properly.

The doctor feels that this may have occurred as he was performing the primary procedure.

Unfortunately, this means that Lilly had to stay an extra day in the NICU. At this point, the doctor has said he can retry the procedure in 3 months to give the heart time to rest and heal. This procedure is now scheduled for February 21st at the Children's Hospital in Minneapolis.

There will be no school at Win-E-Mac on Monday, February 19th due to Presidents Day. Also, on Thursday, February 22, school will be dismissed at 12:45 p.m. for parent teacher conferences. Buses will run shortly after dismissal.



The Win-E-Mac sophomore team finished the qualifying rounds of the state tournament with a record of 5-2 and was ranked 19th out of 64 after the qualifying rounds. Team members are: Nathan Fortman, Abby Lende and Connor Johnson.

Foods to boost your immunity

By Teresa Farrell, Licensed and Registered Dietician at Essentia Health.

This time of year everyone seems to be worried about getting a cold, the flu or worse. The question becomes what can you do to improve your immunity. Things that can boost your immunity include better stress management, exercise, getting adequate sleep, and proper nutrition.

The good news is you don't

need a fancy exercise program-walking fits the bill. Try to get your heart rate up for at least 20 minutes three or more days a week. Getting adequate sleep is also important. Aim for at least seven hours a night. Having close relationships and a strong support system helps with stress management. In addition to these things, your diet plays a role in immunity. In fact, proper nutrition is essential for your immune sys-

tem to work well.

To improve your immune system, eat more fruits and vegetables. All fruits and vegetables are good, although some are higher in antioxidants than others which can boost your resistance to infections. Colorful fruits and vegetables are especially high in antioxidants. Think red, orange, yel-

Foods... Continued on page 2...



Community Calendar

- Wed. Feb. 14:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. Feb. 15:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. Feb. 16:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Mon. Feb. 19:** No School at Win-E-Mac; McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Feb. 20:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm
- Wed. Feb. 21:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. Feb. 22:** Early Dismissal at Win-E-Mac 12:45pm; McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. Feb. 23:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Mon. Feb. 26:** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Feb. 27:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm



WEM Basketball Buddies Night

Come out and stretch, dribble and shoot with your very own Win-E-Mac Basketball teams!

Lace up those shoes, get ready to have some fun, on Wednesday, Feb 21st from 6:00-7:00pm, children ages 3-12yr old are invited to the Win-E-Mac gym.

The event is free to kids 3 years old to 12 years old and everyone is encouraged to attend and meet players from our girls and boys basketball teams!

Contact: Shannon Svalen, ECFE Director for questions or more information. ssvalen@win-e-mac.k12.mn.us



Mary Goodwin and Garnet Aanenson have spent many years volunteering at the McIntosh Community Blood drives.



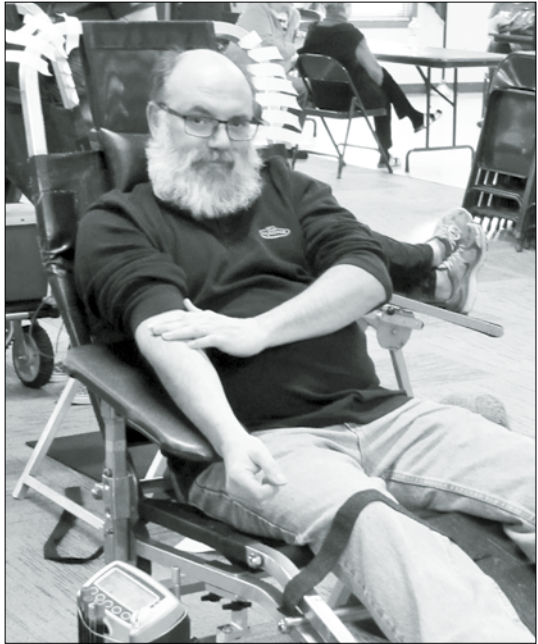
Taking care of the special donors like Curt Bartz are Patty Benson and Betty Tangen who have also spent many years volunteering to help at the blood drives in McIntosh.



Beth Hagen was a donor during the blood drive on January 31st at the McIntosh Community Center.



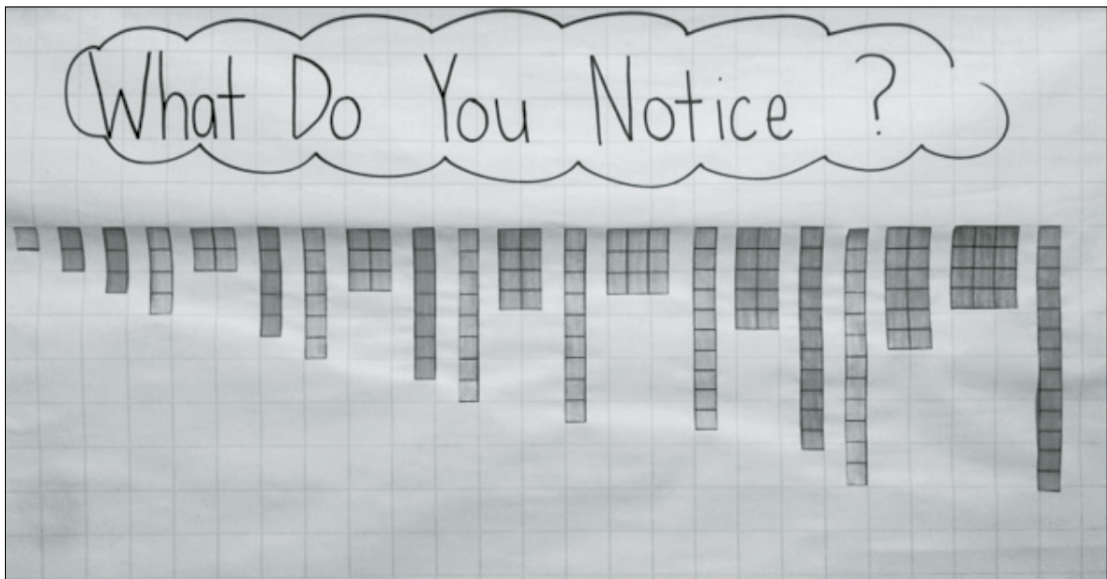
Cheri Thompson gave blood at the McIntosh Community Blood Drive on January 31st.



A regular donor, Mike Boehrsen, donated during the McIntosh Community Blood drive.



A great donor as well as a blood drive volunteer is Karen Rolf.



Skills from observation and discussion: Shapes, counting, repeated addition, area, classifying, quadrilaterals, area model of multiplication, multiplication, prime composite and square numbers.

Foods...

Continued from page 1 ...

low, purple and blue.

For foods that boost your immunity, focus on foods containing the three major antioxidant vitamins, vitamin C, vitamin E and beta-carotene.

Vitamin C is found in: berries, broccoli, Brussel sprouts, cantaloupe, cauliflower, grapefruit, honeydew, kale, kiwi, mango, nectarine, orange, papaya, snow peas, sweet potato, strawberries, tomatoes, and red, green and yellow peppers.

Vitamin E is found in: broccoli (boiled), avocado, chard, mustard and turnip greens, mangoes, nuts, papaya, pumpkin, red peppers, spinach (boiled) and sunflower seeds.

Beta carotene (and other carotenoids) is found in: apricots, asparagus, beets, broccoli, cantaloupe, carrots, corn, green peppers, kale, mangoes, turnip and collard greens, nectarines, peaches, pink grapefruit, pumpkin, squash, spinach, sweet potato, tangerines, tomatoes and watermelon.

Other antioxidant rich foods include prunes, apples, raisins, plums, red grapes, alfalfa sprouts, onions, eggplant and beans.

It's best to get your antioxidants and other nutrients from food instead of a supplement. There are many different nutrients in food and they work synergistically. Supplements don't have the same mix.

Always be looking for ways to add fruits and vegetables to your diet.

Fruits and vegetables can be fresh, canned (no added sugar or salt), or frozen. Drinking fruit or vegetable juice is an option but be aware that fruit juice is high in calories and vegetable juice may be high in sodium.



This Minestrone Soup will keep you warm on these cold winter nights!

Jamie's Minestrone Soup
*adapted from Allrecipes.com

Ingredients:
3 tablespoons olive oil
1 (15 oz) can of green beans, drained
3 cloves garlic, chopped
2 cups baby spinach
2 onions, chopped
3 small zucchinis, quartered and sliced
2 cups chopped celery
1 tablespoon chopped, fresh oregano
5 carrots, sliced
2 tablespoons chopped fresh basil
2 cups chicken broth
½ cup seashell pasta
2 cups water
2 tablespoons grated Parmesan cheese
4 cups tomato sauce
1 cup canned kidney beans, drained

Directions
1. In a large stock pot, over medium-low heat, heat olive oil and sauté garlic for 2 to 3 minutes. Add onion and sauté for 4 to 5 minutes. Add celery and carrots, sauté for 1 to 2 minutes.

2. Add chicken broth, water and tomato sauce, bring to boil, stirring frequently. Reduce heat to low and add kidney beans, green beans, spinach leaves, zucchini, oregano, basil, salt and pepper. Simmer for 30 to 40 minutes, the longer the better.

3. Fill a medium saucepan with water and bring to a boil. Add macaroni and cook until tender. Drain water and set aside.

4. Once pasta is cooked and soup is heated through place 2 tablespoons cooked pasta into individual serving bowls. Ladle soup on top of pasta and sprinkle Parmesan cheese on top. Serve.



Dark Bread

Once again the lid of the avocado green tin box was lifted and we find, penned in a lovely hand script, the recipe for Dark Bread from a Mrs. DeBoer. Included in the recipe is the cost for the dry yeast. Oh how times have changed... we seldom make our own dark bread, but here it is, give it a try.

Dark Bread

4 Tbsp. dry yeast (5¢)
1/2 C. sugar
4 C. warm water or potato water
3 tbsp. shortening
Let set 10 min.
Add:
1 tsp. salt
2 handfuls oatmeal
1½ C. graham or whole wheat flour
2/3 C molasses
"Enuf" white flour to knead
Grease pan.

Notice: Lessor Township Residents

The annual election and meeting of the Township of Lessor, County of Polk, State of Minnesota, will be held on Tuesday, March 13, 2018 at Trinity Lutheran Church in Rural McIntosh.

Voting will take place from 5:00 pm to 8:00 pm followed by the Annual Meeting which will begin at 8:00 pm.

Albert Plante,
Lessor Township Clerk
M46-47C



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Community Birthday and Anniversary Calendar

Wed. February 14:
*Mark & Tracy Juve

Thurs. February 15: Bryce Stordahl, Parker Wirth, *Mike & Jane Aakhus

Fri. February 16: David Rolf, Adella Thompson, Kimberlee Mandt

Sun. February 18: Taylor Schulz, Karen Olson

Mon. February 19: Bruce Grundyson, Remy Goodwin

Tues. February 20: Sunny Burslie, Koltien Schow, Kinlee Faldet, Katie Roed



ST. MARY'S CHURCH Fosston

Fr. John Suvakeen, Pastor

Wed. Feb. 14: 1:00pm Mass at McIntosh Nursing Home; 7:00pm Ash Wednesday Mass, St. Mary's, Fosston

Thurs. Feb. 15: 6:30pm Mass at St. Mary's, Fosston

Fri. Feb. 16: 8:30am Mass at St. Mary's, Fosston

Sun. Feb. 18: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed. Feb. 21: 5:30pm Mass at St. Mary's, Fosston; 6:30p Stations of the Cross

Fri. Feb. 23: 8:30am Children's Mass at St. Mary's, Fosston

Sun. Feb. 25: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH

Winger/Bejou Supply Pastor

Gordon Syverson

Sun. Feb. 18 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. Feb. 25: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)

McIntosh Supply Pastor

Gordon Syverson

Sun. Feb. 18: 11:15am Worship Service.

Sun. Feb. 25: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH Independent

Gary Johnson, Pastor
www.gosen-church.com

Face Book: Gosen Church

Wed. Feb 14: 7:00pm Bible Study at Don and Sharon Ramberg's

Sun. Feb. 18: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service

Tues. Feb. 20: 10:00am Sunday worship service telecast on Garden Valley Cable TV--Channel 2; 1:30pm Bible Study at The Country Place

Wed. Feb. 21: 7:00pm Bible Study at Don and Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson

Thurs. Feb. 15: 7:00am Men's Breakfast at Mt. Carmel

Sun. Feb. 18: 9:30am Worship at Mt. Carmel 11:00am

Worship at Trinity; 10:45am Mt. Carmel Sunday School for all ages at 10:45am; Trinity

Sunday School for all ages at 9:45am

Thurs. Feb. 22: 7:00am Men's Breakfast at Mt. Carmel

Sun. Feb. 25: 9:30am Worship at Mt. Carmel 11:00am

Worship at Trinity; 10:45am Mt. Carmel Sunday School for all ages at 10:45am; Trinity

Sunday School for all ages at 9:45am

VERNES LUTHERAN CHURCH (LCMC)

McIntosh

Pastor Jill Torgerson

Sun. Feb. 18: 9am Worship

Sun. Feb. 25: 9am Worship

DOVRE

FREE LUTHERAN Pastor Don Edlund

Wed. Feb. 14: 7:00pm Ash Wednesday Service

Sun. Feb. 18: 10:00am Worship Service; 10:00am School Following

Wed. Feb. 21: 7:00pm Lenten Service

Sun. Feb. 25: 10:00am Worship Service; 10:00am School following; 7:00pm Bible Study

IMMANUEL LUTHERAN CHURCH

McIntosh

Rev. Bruce Blocker, Pastor

Thurs. Feb. 15: 6:00p Ash Wednesday Lenten Service

Sun. Feb 18 : 9:00am Divine Worship Service; 10:00am Fellowship Hour

Thurs. Feb. 22: 6:00pm Lenten Service

Sun. Feb. 25: 9:00am Divine Worship Service; 10:00am Fellowship Hour

Thurs. Mar. 1: 6:00pm Lenten Service

Holy Communion 1st Sunday of the Month

BUSINESS & PROFESSIONAL GUIDE

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"Serving the Win-E-Mac area"

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Winger News by Linda Pulskamp

Hello again from Winger and the Union Lake areas! The weather continues to be brutally cold although it does climb above zero during the day.

With the wind that blew the way it did last week it blew up a lot of snirt, but with the little bit of light snow we got after that it is at least nice and white again. Hopefully soon the terrible cold will be gone and we will have more pleasant temperatures.

So the Super Bowl is behind us and the Philadelphia Eagles won their first Super Bowl ever, was very exciting for them and their fans.

Guys don't forget Valentine's Day is coming up this week! Happy Valentine's Day to all! The young people will be serving a Valentine's dinner at Calvary Church on Sunday the 11th after church services.

Decided to go into Erskine last Saturday afternoon and take in the ice races on Lake Cameron and don't you suppose they were cancelled due to the fresh snow that had fallen and the poor visibility for the drivers. Oh well they will be out there again this coming Saturday with a double feature to make up for it.

Last Saturday the 3rd, Paul Carlson visited with Milton Carlson at his home and while there he plowed out the yard for Milton and cleaned the snow off his deck as well.

Mark and Betty Syverson were visitors at the Pioneer Home at Erskine last Friday with Helmer and Verlys Homme.

Jeff Furman of Bemidji was a visitor on Thursday the 8th at the Pulskamp home.

Last Sunday the 4th Sheila and Chris Benesh brought dinner to the Milton Carlson home in honor of their daughter Jasmine's 16th birthday. Other guests for dinner besides Sheila, Chris and Jasmine were Paul and Donna Carlson, Carson, Jade and Vincent Benesh and friend Mikayla as well as

Milton.

Glad to hear that Boyd Bratager is back home and recuperating after being hospitalized at Essentia Hospital in Fargo for a few days! Those visiting Boyd while he was hospitalized were Truman and Darlene Johnson of Dilworth, Denise and Craig Enervold of West Fargo, Shirley Salvesson of Moorhead and Shirley's daughter Karen of Glyndon, Jeff and Julie Bratager and Brian Bratager of Greenleafon.

Tuesday the 6th Lonnie Gieseke was a visitor and coffee guest with Milton Carlson at the Carlson home bringing Milton fresh eggs and delivered Milton his mail and cleaned the snow off the deck.

Sheldon and Rita Trandem were visitors with Helmer and Verlys Homme at the Pioneer Home at Erskine last Saturday afternoon.

Lucy Brtek visited last Friday afternoon with Wilma Wang and Sheldon Lee at their homes at Cornerstone in Foss-ton. She states they are both doing well.

Once again these are the bits of news I have come up with for this week. Help! Need more.

In closing, just a little kindness can change someone's day.

From Bun Manor:

No exciting news again this week. The weather has been so frigid that people are staying in as much as possible.

The Calvary Sunday school had a fundraiser dinner last Sunday at the church in Winger. There was a fair turnout considering the cold weather.

Two upcoming events this week. The ladies from Calvary in Winger will have a potluck lunch at the church on Tuesday afternoon beginning at three. Everyone is welcome to attend. The fundraiser for Lilly Brtek will be held on Sunday morning at the Winger community center.

Happy Valentines day to everyone!

Fire deaths jump to highest level since 2002

Fire Marshal urges Minnesotans to keep taking fire prevention seriously.

More people died in fires last year in Minnesota than in any year since 2002, according to preliminary numbers released today by the Department of Public Safety State Fire Marshal Division (DPS-SFMD).

Sixty-three people died in fires in 2017, a 47 percent increase over the 43 fatalities in 2016. The last time more than 60 people died in fires in Minnesota was in 2002, when 64 people died. The lowest number of fire fatalities on record was 35 in 2009; the highest was 134 in 1976. Fire death numbers become final once Minnesota hospital officials report their information to the Minnesota Department of Public Health in the spring. Seven people have died in fires so far in 2018.

Last year ended on a particularly tragic note when four people — 4- and 9-year-old cousins and their grandparents — died Dec. 26 in a Hibbing house fire. The cause of that fire is still under investigation by local fire officials and the DPS-SFMD.

The leading cause of fatal fires last year in Minnesota was careless smoking (nine deaths), followed by combustibles too close a heat source (four), according to preliminary data. There were 19 deaths in which the fire's cause was undetermined.

Preventing fire deaths

State Fire Marshal Bruce West said last year's increase is concerning, because most fire deaths are preventable.

"Fire is deadly, plain and simple," West said. "If people don't take the dangers of fire seriously and work to prevent a fire in their home, they could find themselves or their loved ones victims of the next tragedy."

West said it is difficult to pinpoint a reason for the spike in fire deaths. He urges Minnesotans to make fire prevention in their homes a top priority along with creating a family escape plan and practicing it twice a year.

Fire deaths the past decade

- 2017: 63
- 2016: 43
- 2015: 57
- 2014: 44
- 2013: 44
- 2012: 50
- 2011: 56
- 2010: 39
- 2009: 35
- 2008: 52

Fire prevention tips

Minnesotans can keep themselves and their families safe by following these fire prevention and safety tips.

Smoking

- If you smoke, smoke outside and extinguish cigarettes in a sturdy ashtray filled with sand or water.
- Do not discard cigarettes in potted plants, leaves, mulch or other vegetation.
- Do not smoke while on oxygen.

Cooking

- Never leave food cooking on the stovetop unattended; stay and look while you cook.
- Keep items like oven mitts, aprons and paper towels 3 feet from heat sources in the kitchen.

Heating

- Keep space heaters three feet from anything combustible.
- Do not leave space heaters unattended. Turn them off while you're sleeping.
- Plug space heaters directly into the wall, not an extension cord or power strip.
- Have your furnace and chimney inspected annually.

Open flames

- Keep candles at least three feet from anything that can burn and never leave a candle unattended.
- Use flameless candles instead of real candles.
- Smoke and carbon monoxide (CO) alarms
- Test your smoke and CO alarms monthly; change the batteries at least once a year.
- Fire doubles in size every 60 seconds; a smoke alarm can give you the time you need to escape.
- Install smoke alarms in bedrooms, outside sleeping areas and on every level of the home.
- CO alarms should be installed within 10 feet of each sleeping room or inside each

sleeping room.

Family escape planning

Create a family escape plan and practice it twice a year with everyone in your home.

- Start by drawing a map of your home that shows two ways out of every room. Make sure those ways out are easy to open (make sure windows aren't painted shut, for example), and practice using different ones. If you have a multi-level home, consider putting an escape ladder near each window so you can get to the ground safely in an emergency.

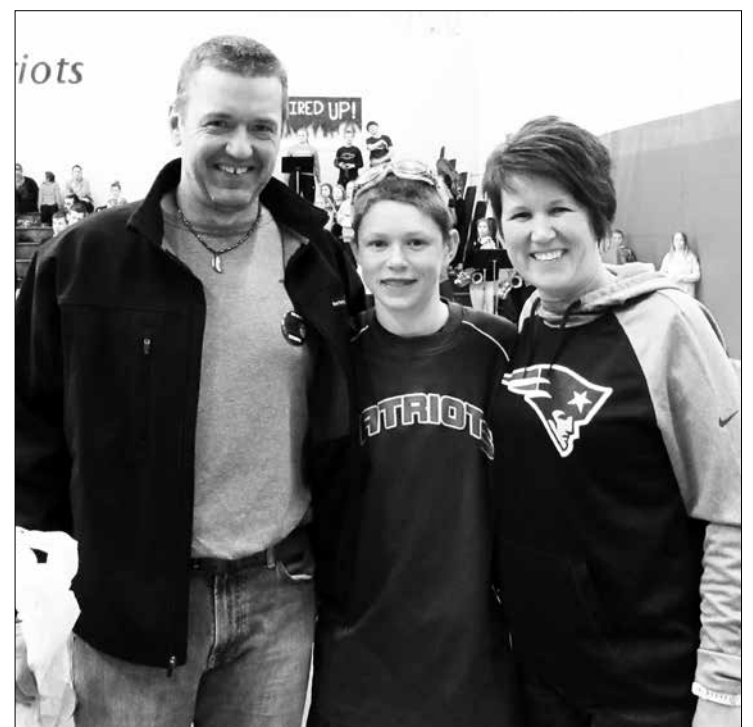
- Designate a meeting place outside, such as a tree or utility pole.

About the Minnesota Department of Public Safety

The Minnesota Department of Public Safety (DPS) comprises 11 divisions where 2,100 employees operate programs in the areas of law enforcement, crime victim assistance, traffic safety, alcohol and gambling, emergency communications, fire safety, pipeline safety, driver licensing, vehicle registration and emergency management. DPS activity is anchored by three core principles: education, enforcement and prevention.

About the State Fire Marshal Division

The mission of the State Fire Marshal Division is to protect lives and property by fostering a fire-safe environment through fire/arson investigation, code development and enforcement, regulation, data collection and public education. Data collected by the State Fire Marshal Division from fire departments statewide is analyzed and used to determine the best methods of public education and enforcement to improve fire safety in our state.



Bryce DuChamp and parents Chris and Bobbi during Win-E-Mac Parents night.



Gavin Walker with parents Gary and Angie.



Alex Jacobson with parents Steve and Dawn and Tom Martushev.

JOB OPENING:

City of Winger is seeking applicants for the appointed position of Clerk-Treasurer.

General Statement of Duties:

Performs administrative work conducting the daily business activities of the city including financial management and statutory clerk functions. Prepares budgets and implements city policies. Keeps records of all council proceedings, handles correspondence on behalf of the city, prepares agendas and executes any assignments given by the council. Has official responsibility for accounting for all receipts and disbursements in regard to city funds. Prepares a variety of financial records. Is responsible for payroll and investments.

Experience Required: Minimum of five years in financial management, accounting, or a related field preferred. Course work in computer systems and software applications. Must possess an ability to communicate effectively both orally, and in writing.

Please send resume and cover letter to: City of Winger, P.O. Box 70, Winger, MN 56592.

If you prefer to email your application/cover letter: cityofwinger@gvtel.com

Application submission deadline is February 20th, 2018.

"City of Winger is an equal opportunity employer"

M46-47C



Cheryl Wang is a regular blood donor. She gave blood during the McIntosh blood drive held on January 31 at the Community Center.

Presidents Day

Grover Cleveland was born March 18, 1837, in Caldwell, New Jersey. He went on to be elected the 22nd and 24th President of the United States.

President Cleveland was known for his honesty and common sense.

Each February, on Presidents Day, we pay tribute to all U.S. Presidents.

The First National Bank of McIntosh will be CLOSED on Monday, February 19th in observance of Presidents Day.

260 Cleveland Ave. SW
PO Box 129
McIntosh, MN 56556
www.fnbmcmintosh.com

Phone (218) 563-2865

M47C

Random Things and Stuff



Be My Valentine
By: Emily Lynne

Valentine's day is coming up fairly quick, even though it seems like we just got done celebrating Christmas and the New Year. When it comes to Valentine's Day, I have always thought that it is best to do something special for your loved one. I think as long as it is something meaningful for your loved one, it is perfect. This can be in the form of a poem, flowers, hand-made gifts, candy, etc.

One famous poem for Valentine's Day is, "Roses are red, violets are blue, sugar is sweet and so are you". How many other Roses are red.... Poems could you come up with? It is fun to Google these and see what comes up. Who knows, you may have just found the perfect thing to put in a card

WEM School Announcements

Get your pre-orders in for this year's yearbook. Cost is \$40. Yearbooks can be purchased during students' noon hours or from Mrs. Winter (room 51) before or after school. Order forms are available in the office. Complete the form and return it with your payment. Be sure to make your order so you are guaranteed a yearbook!

Prom sign-up forms are available in Mrs. Winter's room. All juniors/seniors and their guest must sign-up ahead of time for admittance and planning purposes. WEM Seniors and juniors are invited to attend the prom with a guest who is a sophomore or older in or out of school but no older than 20 years of age. Out of town and graduated guest fee is \$20. Prom will be held May 5th, 2018.

The Alumni Basketball Tournament will be held on Saturday February 17th. Registration begins at 11:30, games begin at 12:15. Any alumni, people who went to school at WEM, McIntosh-Winger, Mentor, or Erskine, as well as anyone living in the WEM school district, are invited to participate. Cost is \$10 per person.

There is an After Prom Party sign-up sheet in the office. Please take note that there is one for seniors and one for juniors to sign up you and your guest, if not a WEM Student. All STUDENTS must be signed up and pay their \$25 per person fee to attend the AFTER PROM Party. If you are interested in being hypnotized there are also waiver forms to be signed and returned also. If you have any questions, please see Kristi. You must be signed up before March 15, 2018.

Students ready to take Drivers Education Classroom should sign up in the office. Students ready for BTW let Mr. Hanson know so he can schedule you in. This will give Mr. Hanson an idea of when to schedule the next Drivers Ed Classroom and who is involved with sports.

Win-E-Mac Boy's Basketball Parent's Night



Bryer Strom, a Win-E-Mac Freshman, with his family, sister Lauren, mom Krissy, and parents Mark and Danette.



Dylan Roy with his sister Kalli, and parents Dean and Anita during Parents Night at Win-E-Mac School.



Remy Goodwin with his parents Jessica and Todd during WEM Parents night for Boy's basketball.



Freshman Cheerleader Jayden Gensburger with dad, Nathan Gensburtger, Mom, Mae Mero and Joe Blais.



Freshman Noah Ostenaar with his parent's Tamera and Shawn.



Kobe Hamre, a Win-E-Mac Freshman with his parents Tanya and Erik.

U.S. Secretary of Education approves MN Every Student Succeeds Act plan

The Minnesota Department of Education (MDE) announced today that the U.S. Department of Education has approved Minnesota's plan to implement the federal Every Student Succeeds Act (ESSA). Minnesota's plan places equity at its foundation, and outlines the values, goals and strategies—established through two years of public input, at more than 300 public meetings—that will guide the state's public school system going forward.

"I'm proud of the work our Minnesota educators, stakeholders, and our team at MDE have put into Minnesota's ESSA plan," said Minnesota Department of Education Commissioner Brenda Cassellius. "Every student in every school—from pre-K to graduation—deserves an excellent education, and this plan puts equity front and center, giving us a clear blueprint for schools across Minnesota to meet that charge."

ESSA was signed in December 2015 as the nation's new pre-K through grade 12 federal education law, replacing No Child Left Behind (NCLB), with the goal of addressing educational disparities. Minnesota's plan ensures that local school districts will be held

accountable for supporting every student in their schools. Instead of looking solely at overall student achievement, schools will be accountable for the achievement of students by race, socio-economic status, status as an English learner, and disability status. Schools will also be required to look at their expulsion and suspension data closely, and integrate strategies to address disparities and improve school attendance rates.

Under Minnesota's ESSA plan, the state's award-winning Regional Centers of Excellence will significantly expand their work with schools and districts identified as needing support to improve. The plan calls for identification and varying levels of support for between 300 and 400 schools, an increase from the 85 schools currently working with the Regional Centers under the state's NCLB waiver. For the first time, high schools with graduation rates below 67 percent for any student group will be identified and receive support from the Regional Centers of Excellence.

"Our Regional Centers of Excellence will continue working alongside teachers and school leaders, providing top-notch expertise where

it's needed and at the level required to get sustained results," said Cassellius. "We know every community, school and student is unique, and our varied levels of support directly target resources to maximize effort and provide sound solutions for teachers."

Schools or districts identified for support through the new accountability system created in Minnesota's ESSA plan will be notified in the fall of 2018. Minnesota's ESSA plan lays out a process for how schools will be identified. Schools and districts will receive support according to what they need and specific to their student population. Once identified, schools and districts will undergo a comprehensive needs assessment, then establish a school leadership team to collaborate with our Regional Centers of Excellence to develop an actionable plan of improvement. Recognizing that this work is complex and difficult, the plan includes a system of continuous improvement that involves regular evaluation and feedback loops among all partners.

"This plan was guided by an unwavering commitment to equity and meaningful accountability. It ensures we are providing the right level of sup-

port for every student, teacher and school that needs it," said Cassellius. "It reflects our ongoing commitment to parents, educators and community members as meaningful partners, because we all play an essential role in making sure every child has the opportunity to reach their full potential."

Highlights from Minnesota's plan

Equity and alignment with state laws

Minnesota's ESSA plan emphasizes meaningful inclusion of all students in the system, and holds every public school accountable for the outcomes of every student group. This commitment to equity aligns with and leverages existing laws in the state. The accountability system for schools under ESSA will complement the state's system to support districts under its World's Best Workforce law, and Minnesota's plan includes goals designed around the goals of that law. Furthermore, the state's definition of teacher effectiveness builds on the local systems for teacher evaluation and development, as well as on the state law that requires no student be served for two consecutive years by teachers on improvement plans as a result of those local systems.

Graduation rate goals

and disaggregation by student group

Minnesota has set an ambitious goal for our four-year graduation rate. By 2020, 90 percent of Minnesota students will graduate in four years, and no single student group's graduation rate will be below 85 percent. This goal reflects the state's strong commitment to equity and ensuring every Minnesota student receives a high school diploma and is bolstered by the state's plan to identify for support any public high school with a four-year graduation rate below 67 percent overall, or for any student group.

The state's plan also articulates goals around academic achievement, progress toward English language proficiency, consistent attendance, third-grade reading, and eighth-grade math.

Supporting all schools along the stages

Minnesota's new approach to identifying schools for support uses a series of stages to prioritize our support for schools. A school identified for low results in any stage will receive some level of support, with the amount of support increasing with the number of stages the school moves through. With equity at the center of our new

system, schools are identified for support based on overall performance as well as the results of any student group.

Next Steps

Important parts of the work in implementing the state's ESSA plan involve ongoing engagement with stakeholders and the community. The department is currently holding meetings around the development of a new public data reporting tool to replace the Minnesota Report Card including improved fiscal transparency, a process for recognizing schools and districts that are consistently high-performing, and the future of the school quality or student success indicator in Minnesota's accountability system.

For more information about these meetings, and to read more about Minnesota's ESSA plan, visit the ESSA State Plan page.

Story to Share?

If you have a story or photos you want to share, please send to: mcintoshtimes@gmail.com