

Leader-Record

\$1.00

CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER
Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail



Seth Tramm, the Emergency Services Manager for Clearwater County, Commissioners Dean Newland, John Nelson, Daniel Stenseng, Assessor Allen Paulson, and Commissioners Neal Illies and Arlen Syverson are pictured in front of the new ambulance garage.

New pickup for Soil and Water approved by county board

By Karen Edelbach
The Clearwater County Board of Commissioners met on November 15, 2016, with Nathan Nordlund, District Manager of Soil and Water Conservation District (SWCD) and associate Nick first on the agenda for the day.

A motion to authorize the SWCD to purchase a 2017 4x4 Super Cab pickup from Midway Ford Commercial Fleet and Government Sales of Roseville, Minn. was approved by the Board. The purchase in the amount of \$28,203 plus licens-

ing, and will be funded with SWCD funds as approved by the SWCD Board on Oct. 20, 2016.

Nick talked about the AIS Plan. They have made some revisions needed by the end of the year for 2016-2017.

SWCD has access to funds in the amount of \$22,750, for a two year period, which would have to be matched by the County. Engineer Dan Sauvé, Land Commissioner Bruce Cox, and Environmental Services Director Dan Hecht have been discussing with Nathan

the possibility of partnering with the SWCD for the funds which must be used for water quality-related projects. The deadline is Dec. 2 and Nathan will bring a motion at the next meeting Nov. 29 if they want to go forward with it. One possible use of the funds would be to improve county accesses.

Public Health Agreement for 2017 which was tabled at last meeting was put back on the table and was passed by the Commissioners after a meeting with the County Attorney.

County Engineer, Dan Sauvé said Board of Water & Soil Resources (BWSR) funding was vetoed by the govern-

ment, but that they are responsible by statute.

He brought flooring quotes for the Commissioners to review for the Highway Department. A motion passed to award the quote of replacement of the Highway Department Flooring to One Source Floors of Bemidji in the amount of \$18,996.

County Auditor Allen Paulson was given authorization to pay the submitted invoices of \$282,901 from the County Revenue Fund and \$15,101 from the Nursing Service Fund.

Commissioners present at the meeting were Daniel Stenseng, Dean Newland, John Nelson, Neal Illies and Arlen Syverson.

“Minnesota Home Front in World War II”

The community is invited to the Gonvick LINK Site for a presentation from Minnesota author and historian Steve Hoffbeck. Hoffbeck will share what life looked like on the home front during World War II and the attack on Pearl Harbor.

This Legacy event will take place Thursday, December 1 at 6:00 p.m. at the Gonvick LINK Site (170 Main St.). This

series is sponsored in part by the Minnesota Arts & Cultural Heritage Fund.

The Gonvick LINK Site is a location of Lake Agassiz Regional Library, which is a consolidated LINK Site system comprised of 13 branch libraries and nine LINK sites serving the residents of seven counties in northwest Minnesota. More information is available at www.larl.org.



Steve Hoffbeck will share what life looked like on the home front during World War II and the attack on Pearl Harbor.

CWLC to Host Art & Antiques Silent Auction

Clear Waters Life Center-Gonvick will offer a special Christmas shopping opportunity to area residents on Friday, December 2. Beginning at 4:00 PM, you are invited to browse the original art and antiques that will be on display in the gym and available by silent auction. Auction items include a large variety of pottery and mosaic pieces, as well as a nice variety of antique furniture

and collectibles. Auction participants are welcome to join us for our fund raiser dinner at 5:00; reservations are suggested, but not required. Bids will close at 6:45. Highest bidders will be announced at 7:00 PM following the dinner. For more information regarding the auction, call 218-487-5290, Ext. 2, and ask for Becky or for dinner reservations, call 218-776-2789.

Santa Claus is coming December 3 to Gonvick

Santa and Mrs. Claus will be making their appearance in Gonvick on Saturday, December 3.

Children 12 and under can come to the old school gym (Clear Waters Life Center) in Gonvick for games, making Christmas ornaments, treats and to see Santa and Mrs. Claus. The event will be held from 1:30 to 2:30.

Members of the county 4-H will help to make candy cane reindeer and there will be other tables to make various Christmas ornaments.

There will be a goodie walk and donations of cookies or snacks are welcome. They can be brought to the school on Saturday morning or to the Gonvick City Clerks office on Friday.

Starting at 2:30 there will

be free coffee and cookies at Kandi's Kitchen for the adults. There will be drawings starting at 3:00 p.m. for prizes including cheese from the American Dairy Association.

The move for the drawing is to accommodate Santa's Workshop that will be held at the Gonvick Community Center. Kelly Bjerklie Melin will be having this for youngsters who wish to make something for Christmas. She owns the Hickory Backroads Boutique & Photography in Gonvick.

Ottertail Power Company has donated money for a lighting contest in the city. Call in your neighbor or your name to be entered in the judging. The Gonvick City Clerk at 487-5243, Northern State Bank at 487-5244 or Leader-Record at 487-5225.

Clearbrook Santa Claus Day set for December 3

\$1,400 in Trade Bucks will be drawn this year for those attending the Clearbrook Santa Claus Day festivities, which is set for Saturday, December 3. You will be able to register to win at five locations, North Country Hardware, Bakken's, Y92, Clearbrook/Leonard Senior Center and Clearbrook Community Center (you must be 18 years and older, one prize per person). Drawings will be held for 3-\$100 winners, 14-\$50 winners and 16-\$25 winners starting at 3:00 p.m. at the Banquet Room in the Community Center. (You must be present to win). The Trade Bucks can be redeemed at any Clearbrook business and will have a December 31, 2016 deadline to be used.

A "Free" Santa Claus Christmas lunch will be held at the

Clearbrook-Leonard Senior Center from 11:00 a.m. to 1:00 p.m. Everyone is welcome.

The Arts & Crafts Show will be held at the Clearbrook Community Center in the Westrum Gym with over 50 vendors on hand from 10:00 a.m. to 3:00 p.m.

In the Banquet Room at the Clearbrook Community Center, the Good Shepherd Youth will have a fund raiser lunch from 10:30 a.m. to 2:00 p.m.

Christmas Craft activities will be held at the Gathering Place (the small gym at the old school) for young people of all ages and will start at 11:00 a.m.

Santa will make his appearance in the small gym at 1:00 p.m. to visit with kids, take pictures and hand out treats.



Signe Bergeson, Darlene Sawyer and EvaLee Janssen at one of the decorated tables.



Rose Mireault and Cindy registering.



Kaitlynn McIntosh and Tracy Imle registering the participants.



The Bagley Liquor store donated a wine tasting as well as an after luncheon cordial.



Sylvia Larson, Ruth LaFontaine and Maxine Skunes visiting at the Tables for Tots held at the Fireside.



Happy Thanksgiving

From the staff
~ at ~

Richards Publishing

Gonvick

Community Calendar

Samhold WNALC Christmas Event
Sunday December 4, 2016, 3pm at Samhold Lutheran Church Gonvick. Concert by the WoodPicks, followed by dinner. Served by J & N Catering. Reservations deadline November 29, 2016. Call Evon Quern 487-5638 or Judy Sather 218-776-3239. \$12 per person.

Christmas Tea
Saturday, December 3rd, 6:30 – 8:30 pm.
Ladies, you are invited to join us for a cup of Christmas Tea, dessert and delightful evening of music, sharing and focusing the season on Jesus. Guest speaker will be Stacy Nordlund. Tickets need to be purchased by Nov. 28th and are available at Country Faith Church. Call 218-776-3367 or 218-776-3533

Winners of the Gonvick Lions Club Raffle
Winners of the Gonvick Lions Club Raffle were announced with the drawing that was held on Tuesday, November 15.

Drawing was held at Sportsman's Lodge on Pine Lake with Brooke Duray of Debs winning the first prize of a Thompson Centerfire Venture 204 Ruger. Second prize winner was Kyle Kappedal of Bagley for the Thompson Centerfire Impact 50 Caliber. Third Prize winner was Pete Peterson of Gonvick for the Savage Axis XP with scope 30-06. Fourth prize winner was Kent Ostrom of Grand Isle for the Savage Axis XP with scope 243.

OFF THE TRACKS GROOMING AND MORE!
Leonard, MN
WILL BE AT...
Santa Days in Clearbrook
making...
PET TAGS on the spot
— AND —
selling **ODOR ELIMINATOR CANDLES**
REMEMBER It's the season for winter clean ups...
GET YOUR APPOINTMENT MADE TODAY...
Call Lexie at **218-968-2207**
(LEAVE A MESSAGE IF NO ANSWER)
DON'T FORGET...
I now have **PREMIUM DOG FOOD & TREATS!**
DID YOU KNOW...
I do **toetail trims** for just **\$10.00?!?**
PLEASE CALL AHEAD.



Area veterans Benny Erickson and Gerald Wraa visiting after the program that was held at the Clearbrook-Gonvick School. Gerald has a new jacket from the Little Beaver Squadron that he was part of during World War II. He was on the USS Charles Ausburne which took part in several battles that are listed on the back. They took part in campaigns in North Africa and North Atlantic. They were part of the occupation of Japan.



Happy Holidays from The Clearwater Christmas Project
As the holiday season approaches, the Clearwater Christmas Project begins to prepare for the needs of our county. Last year, the Clearwater Christmas Project assisted over 200 families with Christmas dinner, over 450 children were given toys, and we were able to reach out to

our senior community through the local senior centers. That equates to almost 1,000 people in our community who had a "Merry Christmas" thanks to the generous support of our community.

Unfortunately, we know the need will be even greater this year. The Clearwater Christmas Project wants to help as many in our county as possible, but we need your help:

- Give a new, unwrapped toy to be given to a child in our county. Toys can be dropped off at North Country Hardware – Clearbrook, Y-92 Convenience – Clearbrook, Kubiak's Grocery – Bagley, Galen's Grocery – Bagley, Bakken's Market – Clearbrook, or Northern Bait & Convenience – Gonvick
- Give a monetary donation to the Clearwater Christmas Project to help us purchase groceries and toys for those in our community. Your tax-deductible donation can be mailed to The Clearwater Christmas Project, P.O. Box 133, Gonvick, MN 56644.

Do you know anyone that would appreciate a little something extra this holiday season? If so, please let them know about the Clearwater Christmas Project. Families can receive toys for their children and help with Christmas dinner. Distribution will be on Tuesday, December 6th from 12 noon – 8 p.m. at the Bagley Legion Auditorium on Main Street. Please bring proof of Clearwater County Residency.

We realize that we all receive many requests for donations, especially during the holiday season, but how nice to know that these contributions stay right here in our county and help our neighbors.

Help us give everyone in Clearwater County a very Merry Christmas!

Love Lights a Tree
As we approach the Christmas season we turn our thoughts to family and friends. The white lit tree in the Bagley City Park will again give an opportunity to honor the memory of the dear ones in our lives who have experienced cancer.

For a suggested donation of \$5.00 per name, the name of the donors and those being remembered will be listed in the Farmers Independent and the Leader Record each week until the end of December. Donations should be made to the American Cancer Society and sent to: Kim LaVine 18802 County 39 Bagley, Mn 56621 100% of donations will be sent to the American Cancer Society.

Did you know: Since the early 1990s, the cancer death rate has declined by 22 percent. The five-year cancer survival rate is now at 68 percent, up 12 percent since the first National Cancer Survivors Day in 1987. Thanks to improved detection and treatment, more people than ever before are surviving cancer and going on to lead inspirational, productive lives after cancer. There are about 14.5 million cancer survivors in the US today, a number that is expected to grow to almost 19 million by 2024, due to advances in early detection and treatment.

As more people survive cancer, we must offer our resources to help them live healthier after cancer and manage long- and late-term side effects of cancer treatment.

For more information from the American Cancer Society, to get help, or to donate or volunteer, visit cancer.org or call us anytime, day or night, at 1-800-227-2345.

Church News

ST. JOSEPH'S CATHOLIC CHURCH
Bagley 218-694-6416
Pastor:
Fr. John Melkies Suvakeen
Terri D. Parish sec.
Sunday Mass: 10:30 AM
Call for weekday Mass times.

REDEEMER EV. LUTHERAN CHURCH - LCMS
Church Location:
Corner of Hwy. 2 & Red Lake Ave. SW
Bagley, MN
Pastor Linden B. Wendzel
Sunday Divine Service: 9:30 a.m.
Sunday School / Adult Bible Study: 10:45 a.m.

ELIM LUTHERAN BRETHREN CHURCH
Clearbrook
Pastor Adam Krog
Wed., Nov. 23 - 5:30 p.m. Confirmation; 6:30 p.m. Youth Group.
Sun., Nov. 27 - 9:30 a.m. Sunday School; 10:30 a.m. Worship Service.

KINGDOM HALL OF JEHOVAH'S WITNESSES
Sand Lake Ave & 5th St. Bagley
Thursday: 7:30 p.m. Bible Study; 8:00 p.m. Theocratic School; 8:30 p.m. Service Meeting.
Sunday: 10:00 a.m. Public Bible Talk; 10:35 a.m. Bible Study.

COUNTRY FAITH CHURCH
1 mile south of Clearbrook, 2 miles west on Cty. Rd. 6
Senior Pastor Larry Dorman
Associate Pastor Jim Binder
Youth Pastor Troy Churness
Children's Minister Nikki Ubert
www.countryfaith.org
218-776-3367
Sunday: 9:00 a.m. Sunday School 10:00 a.m. Worship Service 7:00 p.m. Youth Night (check church website for dates)
Every Tuesday: 6:30 a.m. Men's Prayer
*Wednesdays: Care groups in various homes

Clearbrook-Leonard Senior Meals

Wed. Nov. 23 - Roast Beef, Mashed Potatoes, Peas, Dinner Roll, Pudding Dessert and Milk.
Thurs. Nov. 24 - CLOSED Happy Thanksgiving.
Fri. Nov. 25 - CLOSED
Mon. Nov. 28 - Cabbage Roll Casserole, Green Beans, Peaches, Bread, Pudding and Milk.
Tues. Nov. 29 - Pork Chop, Sweet Potatoes, Winter Blend Veg., Bread, Scalloped Apples and Milk.
Wed. Nov. 30 - Meatloaf/Ketchup, Whole Parslied Potatoes, Creamed Corn, Bread, Mandarin Oranges and Milk.
Meals are served daily at 11:30 at the Clearbrook site except for evening meals served at 5 p.m. They are subject to change. Please register for meals at least the day before.
Call 776-3154 to sign up.

BLACK FRIDAY
NOVEMBER 25
Clear Waters Life Center Happenings...

To honor families, all CWLC businesses and programming will be closed Thurs.-Sat., Nov. 24-27 for the Thanksgiving holiday.

FRIDAY, DEC. 2 at CWLC-Gonvick:
Art & Antique Silent Auction: The place to find a one-of-kind gift for a special person in your life is CWLC-Gonvick, Browsing & bidding opens at 4:00 PM in the gym.
Wild Game Dinner: Serving 5-7 PM. Four-course meal with Native American-inspired side dishes. Full menu available on our website. \$15 suggested donation. Reservations encouraged, but not required. Call 218-776-2789.

Recovery Support Group: Cancelled for Thanksgiving.
Youth Connection & Kingdom Extreme for grades 4-12; Tues., 3:45-5:30. FREE including snack.

Shop-at-the-Top: Gently used winter coats & jackets, sweaters, & Christmas decorations at super reasonable prices. Hours & location below.
CWLC-Clearbrook: 256 2nd Ave., SW. Shop-at-the-Top hours: Mon. - Fri., 10-4 and Sat., 10-3. **CWLC-Gonvick,** 226 Elm St., open Mon. thru Fri., 9-4 & Sat., 9-12: Create It! Art Studios and Restore It! Furniture Shop. Senior Connection, adult day services, is open M-W-F, 10-3.

For programs and services, visit us at: www.clearwaterslife.org, www.mustardseedhomes.org, or www.adultdayervicesgonvick.org and our Facebook pages.

This ad is sponsored by:



GOOD SHEPHERD LUTHERAN CHURCH
CLEARBROOK & OUR SAVIOR'S LUTHERAN CHURCH LEONARD
Pastor Robert Kirchman
Good Shepherd
Wed., Nov. 23: 6:30 p.m. Choir Practice, 7:30 p.m. Handbell Practice.
Sun., Nov. 27: 9:00 am Worship, NO Sunday School.
Mon. Nov. 28: 2:00 p.m. Bible Study.
Tues. Nov. 29: 7:00 p.m. Hymn Planning Committee
Joint
Wed., Nov. 30: 6:00 p.m. Confirmation.
Our Savior's
Thurs., Dec. 1: 8:00 a.m. Men's Prayer Breakfast.
Sun., Nov. 27: NO Sunday School, 10:30 a.m. Coffee Hour; 11:00 a.m. Worship Service.

FIRST BAPTIST CHURCH
Pastor Verlyn Strenge
Assoc. Pastor Jim Galloway
Clearbrook
Wed., Nov. 23 - 6:30 p.m. Awana.
Sat., Nov. 26 - 7:00 a.m. Men's prayer breakfast and Bible Study at the church.
Sun., Nov. 27 - 9:30 a.m. Sunday School, 10:45 a.m.

GONVICK LUTHERAN PARISH MEMBERS OF NALC
Pastor Kris Snyder
Cell: 218-358-0162
gonvickparish@gmail.com
SAMHOLD LUTHERAN CHURCH
Wed., Nov. 23 - 7:30 AM Men's Bible Study; 9:30 AM Women's Bible Study; 6:30-8:00 p.m. Confirmation, 8:00 p.m.
Sun., Nov. 27 9:30 am NO Sunday School, 10:30 AM Worship Service.

UNITED LUTHERAN CHURCH
Thurs, Nov 24 9:00 a.m. Thanksgiving Service.
Sun., Nov. 27 - 9:00 AM Worship Service, 10:00 AM Sunday School.

FAITH BIBLE CHAPEL OF CLOVER
Leonard, MN
Sunday: 10:00 a.m. Worship Service.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS - Clearbrook Branch
305 Lake Ave. E.
Sacrament Meeting: 10:00-11:00 a.m.; Sunday School: 11:20 a.m.-12:00 p.m.
Priesthood/Relief Society: 12:10-1:00 p.m.; Young Women's: 12:10-1:00 p.m.; Primary: 11:20 a.m.-1:00 p.m.

CLEARWATER LUTHERAN PARISH
Mt. Olive - Nazareth Oak Park - St. Petri
Pastor Jeff Merseeth
Wed, Nov. 23: Thanksgiving Services: 5:00 p.m. Mt. Olive. 7:00 p.m. Nazareth.
Thu, Nov. 24: Thanksgiving Services: 8:00 a.m. St. Petri. 9:30 a.m. Oak Park.
Sat, Nov. 26: 9:00 a.m. Mt. Olive.
Sun, Nov. 27: 8:00 a.m. St. Petri. 9:15 a.m. St. Petri SS; 8:30 a.m. Oak Park SS, 9:45 a.m. Oak Park; 10:00 a.m. Nazareth SS, 11:00 a.m. Nazareth.
Wed, Nov. 30: 5:00 p.m. Wednesday School/Confirmation.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Styberg, Youth Pastor
www.newjourneyfosston.com

Wed, Nov. 23: 7:00 p.m. Thanksgiving Service at Poplar Lake Lutheran Church.
Sun, Nov. 27: 9:30 a.m. Worship. 10:50 a.m. Sunday School.
Tues, Nov. 29: 9:30 a.m. Ladies Bible Study. 10:30 a.m. Quilting. 5:00 p.m. Ladies Night Out.
Wed, Nov. 30: 6:30 p.m. AWANA. 6:30 p.m. Youth Group.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Sun, Nov. 27: 9:00 a.m. Lund. 10:30 a.m. Sand Valley.

BETHEL ASSEMBLY
Fosston
Seth Johnson, Interim Pastor
Sun, Nov. 27: 9:30 a.m. Sunday School. 10:30 a.m. Worship.

The Leader Record
Published by Richards Publishing Co. Subscription rates \$25.00 per year in Clearwater County and East Polk County cities of Fosston, Gully and Trail and \$30.00 per year outside the county. Continuing by consolidation the Olberg Journal, established in 1901, The Clearbrook Leader, and the Gonvick Record.
PUBLISHER'S LIABILITY FOR ERROR: The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.
(USPS 307 630) POSTMASTER: Please send address changes, Form 3579, to The Leader-Record, PO Box 159, Gonvick, MN 56644.
(218) 487-5225
Corrine Richards, Editor
Richard Richards, Publisher
Editorial office Gonvick, MN 56644
email: richards@gvtel.com
MEMBER MNA AND NNA
Periodical Postage Paid in Gonvick, MN 56644
PRINTED WITH SPOYINK

Today In Banking

Some "Straight Talk" On Banking Today ... That Can Make Banking Better For You...

Please join us for our annual... **Christmas Tea**
Please stop in... for Christmas goodies, coffee & cider and register for Door Prizes!
FRIDAY, DEC. 2ND from 9:00 am-3:00 pm
The Northern State Bank will be CLOSED on Thursday, November 24 in observance of Thanksgiving Day.

Making Banking Better For You!

The Northern State Bank
GONVICK, MINNESOTA 56644 • PHONE 218-487-5244
www.nsbgonvick.com
MEMBER FDIC
A FULL SERVICE BANK

BEAR TRACKS

School News

NO SCHOOL Thursday & Friday, November 24 & 25 for Thanksgiving break.

Silent Auction in honor of We Are Silent campaign will be held Dec. 5-9. Students and staff will be allowed to place bids on items of their choosing and the highest bidder with the ability to purchase it on Friday will be able to take it home. Be on the look out for specialty food items, clothing, Granny Betty's Mittens, blankets, jewelry and many more surprises. Looks to be a fun week while creating awareness of the various causes our students are passionate about. All proceeds

Clearbrook-Gonvick Honor Roll Students for the first quarter

A Honor Roll
7th grade - Jayden Berger-son, John Devries, Jensen Eng-berg, Ella Engen, Emma Rude, Kaylee Westrum

8th grade - Wyatt Anderson, Emma Dorman, Kayla Ehlers, Kaylee Faldet, Danika Har-mon, Bailey Klema, Jennifer Lavin, Gabriel Lavine, Sydney Vakoch, Ashlyn Weems

9th grade - Lindsey Gray, Gage Julin, Naomi Shamp, Da-nae Stenzel, Jackielynn Taffin

10th grade - Emily Berg-man, Adriana Churness, Ethan Dorman, Ethan Erick-son, Joshua Lavin, Anthony Peldo, Brandon Quern, Riley Schulz, Jacey Tronnes, Kristin Weems

11th grade - Tyra Goodwin, Cami Johnson, Abbigail Moy

12th grade - Jeanette Bal-lard, Charlie Bergerson, Eliza-beth Bodensteiner, Alison Johnson, Rachel Mathison, Darby Riley

B Honor Roll
7th grade - Justyce Augi-nash, Aiden Churness, Dani-elle Faldet, Malaina Hartwig, Kelsey Johnson, Dana Melby, Jayna Tronnes, Mckenzie Weems, Samuel Wishard

8th grade - Olivia Anderson, Amara Churness, Rose Java, Mykenzie Larson, Kynsie May, Lauren Melby

9th Grade - Benjamyn Engebretson, Nyah Neadeau, Savanna Rankin, Tyler Spen-cer, Dacota Torgerson

10th grade - Callie Bak-er, Arabella Corey, McKinzy Helm, Rachel Lavin, Tucker Lene, Caleb Petterson, Jazmy-n Smith

11th grade - Brody Arlaud, Kendehl Ballard, Morgan Cor-nell, Myranda Engberg, Shayla Erickson, Cassandra Faldet, Madelynne Faldet, Xavier Goodwin, Brynn Hetland, Mi-kala Johnson, Ty Nelson

12th grade - Kyla Baker, Tristan Bakke, Judah Bennett, Alec Dyrdahl, Michael Gray, Bryce Johnson, Samantha Mart, Spencer Reed

With articles submitted by the staff, administration and students at the Clearbrook-Gonvick Junior and Senior High Schools

will go to iMPACT which sup-ports local and global causes.

CHRISTMAS TOY DRIVE BEGINNING continues until Dec. 20. Please bring gifts to the school and drop them off in the Christmas box next to the tree in the commons. THANK YOU for continuing to give to others in our communities. All gifts will stay in Clearwa-ter County. THANK YOU for thinking of others and teach-ing your children to give back.

Calendar change! The high school concert scheduled for December 15 has been moved to December 19. Please note this on your school calendars.

COUNSELORS CORNER: Megan Gottland is the full time school counselor.

Scholarship information, college/career recruiters visit-

ing the school, and other im-portant information and events can be found on the counseling web page

Quote of the week
"Failure will never overtake me if my determination to suc-ceed is strong enough." -Og Mandino

4th, 5th, 6th grade basketball begins November 28

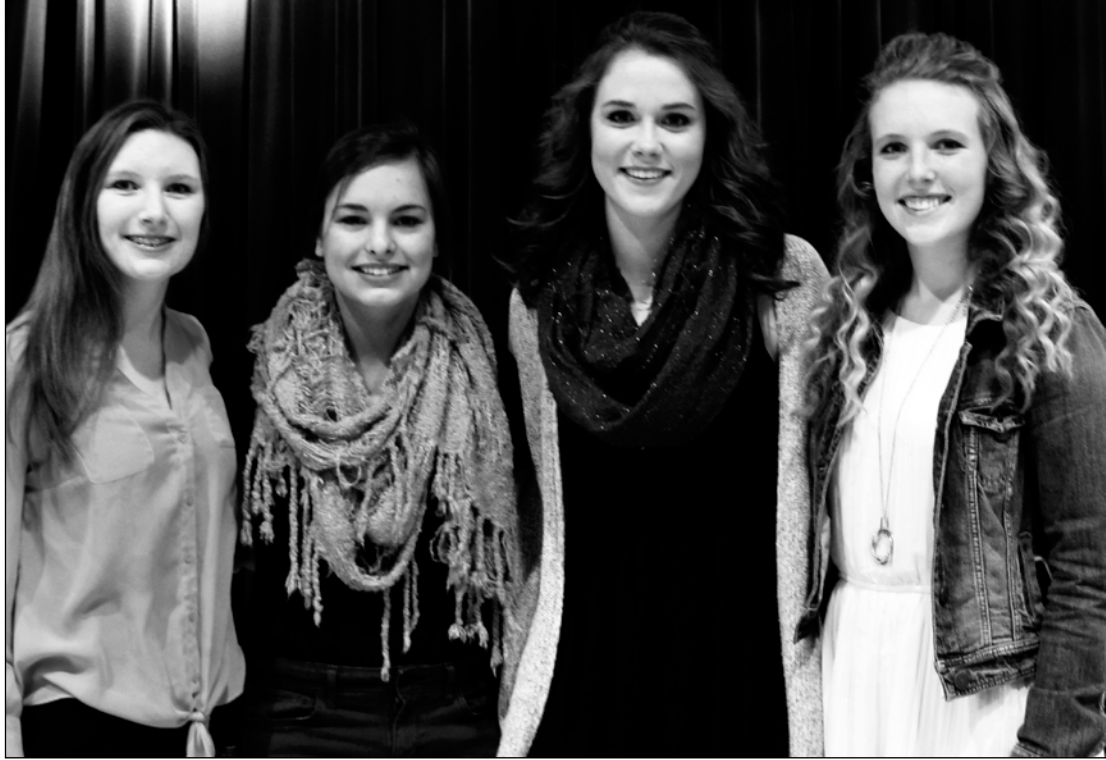
Registration and first prac-tice will be Monday, November 28. Registration is 5:15-6:00 and practice is 5:45-7:15.

Information has been sent home with the students.

It is also posted on the school web site under Com-munity Education and on Facebook (Clearbrook-Gonvick Community Education).



Receiving honors at the Clearbrook-Gonvick volleyball awards night were Liz Bodensteiner with Honorable Mention and Brynn Hetland with All-Conference.



Clearbrook-Gonvick volleyball seniors were honored at the awards banquet on Thurs-day, November 17. Seniors from left to right: Darby Riley, Jasmin Molden, Liz Boden-steiner and Alison Johnson.



Clearbrook-Gonvick Bears football team members were named to the District North 1 - All District Team. Shown Left to Right: Tristan Bakke, Ben Solberg, Judah Bennett, Nathanael Dahl, Trevor Rogstad and Ty Nelson. Tristan Bakke also was named as the Offensive Most Valuable Player and the District Most Valuable Player.

SPOTLIGHT

November Spotlight High School Students of the Month



November High School Students of the Month. Pictured left to right: Alison Johnson, Kaylee Westrum, Ben Engebretson, Kristin Weems, Kayla Ehlers. Not Pictured: Shayla Erickson.

Name: Alison Johnson, Grade 12

Parents: Dan and Priscilla Johnson

School Involvement: Bas-ketball, Volleyball, National Hon-or Society, Student Council, Band

Favorite Class/Activity: US Citizenship

Hobbies/Interests: Basket-ball, volleyball, reading and play-ing with my cats

What she likes about CG: "I like how it is such a small school so you know everyone."

Future Plans: "I would like to be a nurse anesthetist."

Comments: "Consistent and

even keel is her demeanor while adding much positivity to the school community." "A ready smile and exemplary manners she extends to all." "Pleasure to have in class. Always a smile on her face and always in a good mood no matter what else is going on around her." "Very hard worker that sets a great example to oth-ers."

Name: Shayla Erickson, Grade 11

Parents: Ethan and Jadelyn

Siblings: Favorite Class: Chemistry and Small Animals

Hobbies/Interests: Scrap-booking and sketching

What she likes about CG: The staff

Future Plans: Large animal Veterinarian

Comments: "Very pleasant to have in class." "Is quiet in class but is always in a good mood." "Well liked by her classmates." "Very kind and considerate of oth-ers." "Fun to have in class! Lis-tens, pays attention, and willing to share a relatable experience!"

Name: Kristin Weems, Grade 10

Parents: Mike Weems, Ka-trina Weems

Siblings: Ash-lyn, David, and Mikaela

School Involvement: Knowledge Bowl

Favorite Class/Activity: Math and Small Animals

Hobbies/Interests: Reading and listening to music

What she likes about CG: "I like how everybody knows every-body."

Future Plans: A doctor or a director

Comments: "Quiet stick to it attitude. Interested learner while holding academics high on her priority list." "Great mind that will someday help change the world with her smarts!" "Wonder-ful to have in class. Even though she is quiet, she adds so much to the classroom." "Very well liked by her peers." "Hardworking, always on task, and does whatever needs to be done! A quiet leader and one for other students to look up to when it comes to her focus on academics and work ethic!"

Name: Ben Engebretson, Grade 9

Parents: Nathan and Rosan-na Engebretson

Siblings: Caleb, Ethan, Daniel, Anna

School Involvement: Cross Country, Basketball, and Track & Field

Favorite Class: Physical Ed-ucation and Geography

Hobbies/Interests: Sports and Hunting

What he likes about CG: "It's a small school."

Future Plans: "I would like

to go into law school if an athletic career doesn't work out."

Comments: "Ben is polite and respectful. He works hard and asks questions when clarification is needed." "Solid example setter who takes time for each and every person he meets. His abili-ty to communicate stands out in adult like fashion and his com-mitment to character lends itself to leadership." "Great attitude to-wards school and others." "Treats others with respect and always has a smile on his face." "Pleasure to have in our school this year." "Fun personality and a hard worker. Ben doesn't hesitate to ask what needs to be done in order to improve himself as a student!"

Name: Kayla Ehlers, Grade 8

Parents: Katie and Leslie Bardwell

Siblings: Raymond Ehlers, Dawson Bardwell, and Kaitlynn (Bardwell) Goltz

School Involvement: Vol-leyball, Track & Field, FFA

Favorite Class: Science, Eng-lish, Geography

Hobbies/Interests: Art, lis-tening to music, and hanging out with my friends

What she likes about CG: "I like the classes, sports, and the teachers."

Future Plans: "I would like to be a teacher of some sort, like an Agriculture teacher or a Sci-ence teacher."

Comments: "Interested and buoyant personality which bol-sters everyone simply by the way she extends herself to others." "Kayla takes her responsibilities seriously and in adult like fash-ion, follows through on whatever her charge." "Has great manners." "Always a smile on her face." "Never afraid to ask questions." "Pleasure to have in class." "Well liked by her peers." "Kayla is fo-cused on her goals and will put whatever effort needed to accom-plish them. She's a go-getter and completes every task with enthu-siasm and a positive attitude! A great leader in CG's FFA!"

Name: Kaylee Westrum, Grade 7

Parents: Jeff and Krysten Westrum

Siblings: Logan and Oliver

School Involvement: Vol-leyball, Basketball, and Band

Favorite Class: Physical Ed-ucation/Health and English

Hobbies/Interests: Reading and Playing Sports

What she likes about CG: "Respectful" "A lot of activities to do"

Future Plans: Doctor

Comments: "Pleasure to have in class." "Wish all my stu-dents were as hardworking as she is." "Very thorough in her work." "Very hard worker." "Very well liked by her classmates and sets a great example for others in and out of the classroom."

Clearbrook-Gonvick School Menu

Wed. Nov. 23 - Turkey Subs, Sun Chips, Fresh Fruit and Vegetable Choices, Milk

Thurs. Nov. 24- NO SCHOOL. Happy Thanksgiving

Fri. Nov. 25- NO SCHOOL. Mon. Nov. 28 - Dunkers with Sauce, Green Beans, Fresh Fruit and Vegetable Choices, Milk.

Tues. Nov. 29 - Chicken Patty on WG Bun, Tri Tater, Fresh Fruit and Vegetable Choices, Milk.

Wed. Nov. 30 - Turkey Subs, Sun Chips, Fresh Fruit and Vegetable Choices, Milk.

Business & Professional Guide



THRIFTY WHITE PHARMACY
Clearbrook
Open 9:00-5:00, Mon.-Fri.
776-3111
Thrifty White Drug
Bagley, MN

Complete Prescription Service
Home, Health &
Convenience Services

Phone 694-6210
PHARMACY HOURS:
9:00-5:30 M-F • Sat. 9:00-noon
OPEN 9:00-5:30 M-F • Sat. 9:00-noon

Town & Country Car Wash

-State of the art touchless car wash
-Oversized self-serve bay: perfect for your vehicles, trailers, buses, RVs and more!
-Open 24 Hours
Gift Certificates available
Call 218-368-4279
LOCATED ON HWY. 92 IN CLEARBROOK



Solid Bottom
Septic Pumping
Satellite Toilet Rentals
218-785-2652
Bagley, MN 56621

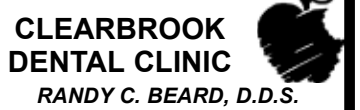
North Country Overhead Door

RESIDENTIAL & COMMERCIAL
*Sales *Installation *Service
*Loading Dock Equipment
*All Major Door Brands
AUTHORIZED DEALER
OPERATORS • REMODELING • REPAIR
MIDLAND GARAGE DOOR ~ FREE ESTIMATES ~ Wayne Dittler
218-556-2213 or 888-393-9070

We print everything but money!

Richards Publishing Co.
— 218-487-5225 —

Hours: M-W, 8-4; Thurs. by appt



CLEARBROOK DENTAL CLINIC
RANDY C. BEARD, D.D.S.
Main St., Box 314
Clearbrook, MN 56634
Telephone: 776-3558



Phone 694-6600
For Three Generations of professional service
CEASE
FAMILY FUNERAL HOMES
Bagley

This space for rent

call
218-487-5225

E. H. RASMUSSEN

Lawyer
Box Q • Bagley, MN 56621
694-6565
Fax 218-694-3502

R3-28C

WEBSITE ADVERTISING

Promote Your Business!

Spaces Available!

Call Today! 218-487-5225

Now hear this...
by Harry Hutchens,
Clearwater
County Veterans
Service Officer

THANKSGIVING 2016: There's a saying in the Navy- "Every day at sea is Thursday." The same can be said for most military duty situations, where mission is the overriding priority in the projection of strength and protection regardless of location or season. My family joins me in wishing you a very happy and insightful Thanksgiving Day. Please continue to remember all Active Duty armed forces personnel and their families stationed stateside and overseas in your thoughts and prayers as you celebrate the Thanksgiving holiday with your own family and friends. Please count them as a cherished blessing.

VA HC FLU SHOTS: The VA Health Care System administers free flu shots at the

VA Bemidji Clinic to enrolled Veterans on weekdays from 1:00 to 4:00 pm.

WALGREENS FLU SHOTS: The cold and flu season is upon us and the Department of Veterans Affairs (VA) has once again teamed up with Walgreens Pharmacies nationwide to allow all veterans who are currently enrolled in the VA healthcare system to be able walk into any of the over 8000 Walgreens nationally to receive a vaccination at no cost. Vaccinations will be available through March 31, 2017. Veterans wishing to receive the no-cost vaccination simply need to present a VA Health Care ID Card at any participating Walgreens to receive the vaccination. In addition, after the Walgreens pharmacist administers the vaccine Walgreens will transmit that information securely to VA where it becomes part of the patient's electronic medical record. VA is committed to keeping Veteran patients healthy,

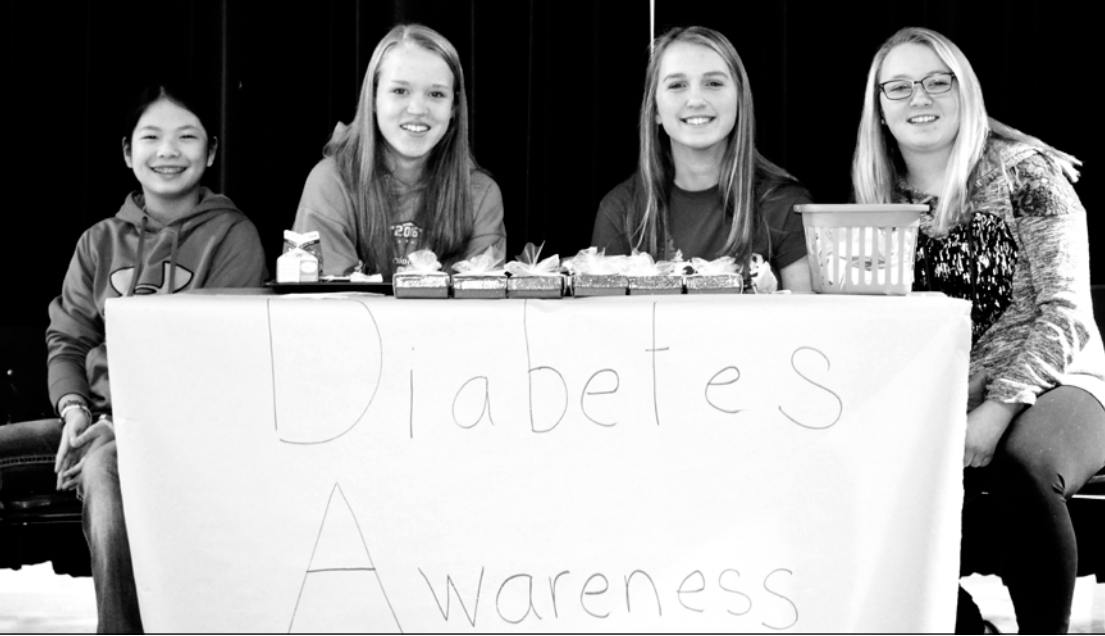
and during this flu season, vaccination is the best way to prevent the spread of flu. No matter where you live, visit your local VA clinic or Walgreens to get a free flu shot.

I welcome your own personal comments. Constructive feedback on your own behalf (not anonymous) to our Commissioners is also a valuable gauge of how this office can better serve all veterans and their beneficiaries. Office(218)694-6618;Cell/text(218)556-5340 Hutch

Notice

The History Center in Shevlin will be CLOSED Thursday and Friday, November 24 & 25th for the Thanksgiving Holiday.

The Museum will reopen on Tuesday, November 29. Regular Museum hours are Tuesday- Friday 10-4. For more information or to make an appointment for tours during the holiday please call 218-785-2000.



November 14 was Diabetes Awareness Day. The students and staff were invited to wear light blue and as an incentive, all who did were able to sign up for a drawing at the end of the day. Six little blue gift boxes are pictured here with the iMPACT students who helped them sign up for the drawing. It was the first annual event for this and the students who organized it were extremely pleased with the support shown. Left to right are Sydney Vakoeh, Jenny Lavin, Amara Churness (lead organizer), and Kiara Gordon. Kaylee Faldet was also helped to launch the first ever Diabetes Awareness Day in the history of the Clearbrook-Gonvick School.

WELCOME JOHN KOLSTOE, MD

Rheumatology & Pain Management
Sanford Bemidji 1705 Anne St. Clinic

Dr. Kolstoe has joined the Sanford team you know and trust to deliver the expert rheumatology and pain management care you need. He specializes in:

- Rheumatoid arthritis
- Lupus
- Degenerative osteoarthritis
- Fibromyalgia

Dr. Kolstoe is now accepting new patients at Sanford Bemidji.

SANFORD
Bemidji

Call (218) 333-5000 to schedule an appointment today.

R35MNA
049060-00006 11/16

Corrine's Corner

By Corrine Richards

The Northern State Bank in Gonvick and The Frist State Bank in Clearbrook will be closed on Thanksgiving Day. Also the Leader-Record in Gonvick will be closed and open again on Friday. Enjoy the day with family and friends.

Join the first expedition to explore inside the USS Arizona since that date that will live in infamy. State-of-the-art imaging technology reveals the incredible story and aftermath of the Pearl Harbor attack. It will be shown on Lakeland Public Television, Channel 9 on Wednesday, November 23 - 8 p.m.

Thursday, December 1 there will be Stories from Home. It is Minnesota home front in World War II with Minnesota author and historian Steven Hoffbeck. He will be at the Gonvick LINK Site, the Gonvick Community center startingat 6:00 p.m.

The Northern State Bank in Gonvick will be having their annual Christmas Tea on Friday, December 2nd Stop in for Christmas goodies, coffee and cider and to register for door prizes.

Starting on Monday, November 28 Y-92 in Clearbrook in Clearbrook will be celebrating their 20th anniversary. They will have sing up for gift cards and in-store giveaways.

Obituaries in the Canary are also put on our web site for you to see when the printing of the paper is done. Go on line at tricocanary.com. They are free and updated as they come into our office.

We collect used eye glasses in our office in Gonvick and at the Clearbrook-Leonard Senior Center. We do this for the Gonvick Lions Club and they are put to very good use.

Joke time...

One foggy night off the southwestern coast of Norway, a Swedish battle ship received a radio signal in Norwegian telling it to shift course 10 de-

grees to the west. The Swedish captain bristled, and replied that the sender should shift HIS course 10 degrees to the east! Moments later the reply came telling the Swedish ship to move 10 degrees to the west. "I vil NOT!" screamed the captain. He turned to the radio operator and yelled, "Yu tell dat dumb norveegian to shift 10 degrees to da east!" Again came the reply to the Swede to shift his course 10 degrees to the west. By now the captain was livid, and he signaled "NOW YU LOOK HERE, I AM A CAPTAIN ON A SWEDISH BATTLE SHIP, AND I AM TELLING YU TO SHIFT YOUR COURSE 10 DEGREES TO THE EAST IF YU KNOW VAT'S GOOD FOR YU!" Moments later came the reply: "Ja, vel I am at the Norveegian lighthouse and you vil shift 10 degrees to da vest, if yu know vat's good for yu!"

Clearwater County Fair Calendar Winners

Nov. 12 - Ada Windecker, Shevlin, \$20.

Nov. 13- Mable Dewey, Bagley, \$20.

Nov. 14 - Carol Hromidko, Bagley, \$20.

Nov. 15 - Jon Anderson, Clearbrook, \$20.

Nov. 16 - Ellyse Berg, Clearbrook \$20.

Nov. 17 -Al Rasmussen, Bagley, \$20.

Nov. 18 - Kevin Jones, Portland, OR, \$20.

Greater Minnesota Childcare Grants

Background

The Minnesota Department of Employment and Economic Development is accepting proposals for grants to local communities outside the metropolitan area to increase the supply of quality child care providers in order to support regional economic develop-

Minnesota investor-owned utilities build vital workforce

Minnesota investor-owned utilities make a significant impact on state and local economies with stable employment opportunities. Altogether, the investor-owned utilities provide 9,300 jobs in Minnesota, including more than 5,000 union jobs. In addition, they create almost 24,000 jobs indirectly through outside vendors. For over 145 years, these companies have created good-paying, reliable jobs to develop a quality workforce for Minnesota that is valued, rewarded, and respected.

To create a stable workforce for their companies and their communities, investor-owned utilities are committed to attracting, retaining, and engaging talented workers. Directed efforts to recruit quality candidates for the wide variety of jobs available in the energy industry help the companies continue to invest in a strong future. Otter Tail Power Company expects approximately 40 percent of its workforce to retire within the next ten years. With an average tenure of 32 years at retirement, their long-term employees take precious skills and expertise with them. To manage this organizational change, the company promotes internal succession planning, works with employees to increase efficiencies, and bolsters recruitment strategies at job

fairs and educational institutions. Xcel Energy proactively finds qualified internal and external candidates for its open positions. In 2015 they posted 2,303 job requisitions, with 37 percent of internal candidates filing the openings. These utilities have established relationships with technical schools to ensure they offer the right kind of training and curriculum to prepare the future workforce for careers in energy. CenterPoint Energy knows they cannot replace their highly trained workforce easily.

Company recruiters visit local technical schools, military recruiting events, post their open jobs on web career boards, such as LinkedIn, construction job boards, diversity related job boards and local workforce commissions. They also made a recruiting video for those interested in the trades to learn about what is like to work for an utility where employees share CenterPoint Energy's core values of safety, integrity, accountability, initiative and respect for fellow employees, customers and the communities served by the company.

Veteran outreach programs are strong at the investor-owned utilities as a sign of their commitment to recruiting and supporting military service members. In 2016 the state of Minnesota proclaimed

ment. The maximum award is \$150,000. Recipients must match state funds on a dollar-for-dollar basis.

Priority will be given to communities in greater Minnesota that have documented a shortage of child care providers in the area. Data and analysis of child care shortages in Minnesota is being made available by The Center for Rural Policy and Development at <http://www.ruralmn.org/>. For further questions and access to the data please contact Marnie Werner at mwerner@ruralmn.org.

Grant funds must be used to implement solutions to reduce the child care shortage in the state, including but not limited to funding for child care business start-up or expansion, training, facility modifications or improvements required for licensing, and assistance with licensing and other regulatory requirements. In awarding grants, priority must be given to communities in greater Minnesota that have documented a shortage of child care providers in the proposed project area based on the current licensed capacity in the region compared to the estimated number of children under age six with both parents working.

"Upping Your Game" No-Till, Soil Health Seminar

The Clearwater Soil and Water Conservation District (SWCD) will be hosting a Grazing Management Workshop Free to the Public on Thursday, December 8th at the American Legion Auditorium in Bagley. Registration starting at 9:30 a.m.

Workshop topics will include:

- *Grazing Management
- *Soil Health
- * Late Grazing
- *Developing Forage Chains
- * And More
- *Keynote speaker-Kent Solberg
- *Lunch free provided by the SWCD

To register please call Nathan, Lori or Nicholas at the SWCD office 1(218) 694-6845 Ext. 4

Minnesota Power a Yellow Ribbon Company, the first Duluth-based company to receive the program's declaration. The program supports service members, veterans, and their families by providing pay differential, supporting military family members, and making a commitment to hiring veterans. In 2015 Xcel Energy created and implemented military-specific marketing and communications efforts, which increased their veteran hires by 10.7 percent, more than 3 percent over their 2014 rate. CenterPoint Energy has a comprehensive policy designed to support employees in the Reserves, in the National Guard, or on active duty that includes paid time off for required annual training, "make whole" pay, veteran reemployment, and continuation of health benefits.

To create an inclusive, diverse work environment for its employees, investor-owned utilities promote a culture where all people thrive. In 2012 women in executive and management positions at Otter Tail Power Company formed Otter Tail Women Networking and Integrating Talents (OWN IT). As part of the company's talent development program, OWN IT invites other women in the company to discuss careers, leadership, and life with successful women from the industry and beyond. Likewise, Minnesota Energy Resources values diversity as an opportunity to strengthen its company's success. Its commitment to ensuring a qualified and diverse organization reflects the company's strong determination to become a high-performance, pluralistic organization that will achieve a sustained competitive advantage in a global energy marketplace. CenterPoint Energy values a passion and desire to learn and those enthusiastic about taking on fresh challenges on a daily basis. The company also has its own technical training department to build skills and promote safe work operations.

Minnesota's investor-owned utilities realize that employees are their biggest asset. As these companies continue to work hard to meet Minnesota's energy needs, they also continue to provide quality workers to maintain a stable labor force. Providing energy to more than 2.2 million residential customers and 736,500 business customers throughout Minnesota is a big job. The investor-owned utilities have the people to make it happen.



Clearbrook-Gonvick Elementary School Staff dressed up as "Mad Scientists" and Mason Dickey on the far right as Popeye for a day of fun on Oct. 31.

Regional Ag News

Ray Bisek - U of M Extension Educator- Interim
Polk and Clearwater Counties
bisek001@umn.edu - cell 218-280- 1129
McIntosh office: 218-563- 2465
Bagley office: 218-694- 6151



Local Land Rent Meetings

Determining a fair farm rental agreement is a challenge in today's economy with significantly lower commodity prices

in 2014, 2015, 2016 and probably in 2017 preceded by recent record high commodity prices and farm land values. Farm land and pasture land rental rates are dropping as wheat,

corn, soybean, alfalfa and beef prices continue in a low price cycle and as producers are trying to lower their input costs.

Landlords, Farmers, Agri-Business Professionals will learn about the factors affecting land rent at informative meetings being held across Minnesota. These free meetings are being provided by the University of Minnesota Extension. Nathan Hulinsky, U of M Extension Educator in Ag Business Management, Moor-

head will present topics including historic and projected farm-land rental rates, current farm land values, projected 2017 input costs and cash grain prices, along with rate of return to the landlord at current market values which help calculate an affordable fair rental agreement. Other factors that go into a fair rental arrangement will also be discussed.

Make plans to attend one of these informative meetings. Attendees will receive several useful worksheets and fact-sheets that will help both the landlord and tenant in determining what is a fair land or pasture rental arrangement.

Fair land rent meetings in Polk and Clearwater counties will be held Monday, December 5th, 2017. Locations and times are: McIntosh Community Center, 240 Cleveland Ave SW, McIntosh, MN at 10:00AM; D and R Café, 27 Central St SW, Bagley, MN at 2:00PM. The Bagley meeting will also include information on Pasture Rental arrangements.

For more information or questions contact Ray Bisek, Interim Extension Educator, Polk and Clearwater Counties in McIntosh at 218-563-2465, in Bagley at 218-694-6151 or by cell at 218-280-1129.

Funds for On-Farm Livestock Improvements

Earlier this fall the MN Department of Agriculture announced there is \$2 million available in grants for improvement projects on MN livestock farms. These funds are available through the Agricultural Growth, Research, and Innovation (AGRI) Program.

Successful applicants are reimbursed 10 percent of the initial \$500,000 of their investment and has a minimum investment of \$4000.. The maximum available per year for a producer is \$25,000.

The Livestock Investment Grant was first funded by the Minnesota Legislature in 2008. Since then, 572 grant recipients have invested an estimated \$193 million in improvements to their operations.



The Clearwater County Sheriff's Office received a complaint from the Minnesota Department of Transportation regarding someone leaving garbage behind at the unofficial gun range approximately 2 miles north of Bagley that is on state land. The person(s) dumped deer remains that were in plastic bags and cardboard boxes. The actual deer remains is not the issue, leaving garbage behind is. If this issue continues, the State of Minnesota will permanently shut off access to the site and ruin it for everyone. Please be mindful of this and report anyone you witness committing these acts to the Clearwater County Sheriff's Office at 218-694-6226.

A Matter of Balance participants learn how to avoid falls

By Karen Edelbach

A Matter of Balance: Managing Concerns about Falls is a program based on the fear of falling. For many people this fear grows with age, and hinders one's willingness to do things, thinking, "What if I get hurt," or "I'm afraid I could fall."

Some of the things done throughout the program were to individually survey fall-related attitudes to see if one accepts fall as a natural part of growing old. Many think falls cannot be prevented, so that fear may keep them isolated at home, and miss out on social occasions as a result. Discussing falls with doctors and family is encouraged. Recognizing that people may fall at any stage in life makes it less humiliating. Learning how to strengthen the body so as to avoid falls as much as possible is helpful. Being safety conscious, and aware of when one perhaps should stay home (i.e. extreme weather), or how to conquer fears of a fall in other circumstances.

This was done through a series of exercises and deep breathing designed to strengthen the body and limbs, resulting in increasing your balance over time, taught by Becky Agnew and Pam Goebel.

These exercises are tested so we know they can improve balance," Becky stated.

"Your thoughts about falling affect your actions. To overcome your concerns about falling you need mental as well as physical skills. Fear directs your feeling and actions. Once

it takes over, it can convince you to restrict your life...

"You might stop visiting friends, taking walks, doing things that have brought you pleasure. It can interfere with basic activities, such as cooking, cleaning, taking showers. It can take away your independence, blocks your attempts at problem-solving, and take away the power you have to control your life," the handbook states in the section on Evaluating Thoughts about Falling. Then it can lead you to be so inactive your muscles and bones become very weak, making you more likely to fall.

"Replacing your fears with constructive thoughts is important to gain confidence to go beyond fear to keep active and exercise regularly," Becky and Pam confirmed.

A safety evaluation of one's home was also recommended to identify areas where improvements could be done to make it safer. A list of considerations was included in the handbook.

Some comments from class members at the end of the program:

"I broke my femer and fell nearly two years ago. Taking this class and also going to exercise in Gonvick has motivated me to do something to get stronger again," says Jeanette Hetland from Gonvick. "I learned how important the ankles are for balance, too."

Bertina Hanson said, "I found the class to be very helpful."

"Now it's easier to move areas of the body that we could not move before. I like these

exercises because you can do in your own home," said Mary Lofthus.

Participants were encouraged to continue using the information and exercises after the program ended.

The program is sponsored by "Land of Dancing Sky, Agency

on Aging" in conjunction with the Bagley Nursing Service. Becky Agnew and Pam Goebel were lay leaders of the four week program, with a total of eight sessions. They are planning to conduct the program again in spring in the northern part of Clearwater County.



Carrie Schwegman, Physical Therapist, visited the Balance Class to demonstrate safety recommendations such as tossing out throw rugs, installing safety bars, and learning how to protect yourself if you should take a fall, which can happen at any age.



'A Matter of Balance, Managing Concerns about Falls' program participants: Seated left to right: Jeanette Hetland; Becky Agnew, Leader; Helen Fredrickson; Alice Kortan. Back Row: Mary Johnson; Karen Edelbach; Bertina Hanson; Mary Tronerud; Mary Lofthus; Pam Goebel, Leader. Not shown: Lil Sauer and Cathy Feeney.

Wednesday, November 23, 2016

"The Livestock Investment Grant Program helps encourage long-term development in Minnesota's \$7 billion livestock sector" states MDA Commissioner Dave Fredrickson. He also stated that "These grants have enabled livestock farmers to pay for new buildings or make renovations. In some cases, the recipients used the grants for modernizations

and improvements that would help expedite the farm transition process to their sons or daughters".

Applications are due by Dec. 16, 2016. Funded projects will need to be completed between Jan. 1, 2017 and June 30, 2018. Complete details of this program, including application documents, can be found on the MDA website.

“Buffer Law” Update

As you are probably aware, the Minnesota Legislature passed new regulations regarding requirements for vegetated buffers around public waters within the state, such as those on the DNR's Public Water Inventory (PWI) or public drainage ditches. An initial review of waters within the county has found that the majority are already buffered as per the new requirements, but some properties were identified that need further, on-the-ground, review to make a determination.

Clearwater Soil & Water Conservation District (SWCD), the agency responsible for verifying where buffers are needed, has sent out letters to landowners that need a field review of potential buffer areas. If you have lakes, permanent or temporary streams within or adjoining your property that do not currently have at least 50 feet of permanent vegetation surrounding them, you may want to check out the following website to see if a buffer is required, and how wide it needs to be from those areas:

<http://arcgis.dnr.state.mn.us/gis/buffersviewer/>

If you believe you may not be in compliance, or that you are in compliance, and want the SWCD to visit your site to verify that status, you can

request a site visit at no cost to you. If you have received a letter from us regarding buffers, please consider contacting us sooner than later; until November of 2017, there is no penalty for failure to have the required buffers in place.

Clearwater SWCD is a local, non-regulatory, agency that can assist you in understanding and meeting the standards of this state law. We are available to provide assistance with planning, technical review, implementation of approved alternative practices, and cost-sharing for buffer or conservation practice implementation. For more information, contact: Nick Phillips, (218) 694-6845 ext. 4 -or- nickolaus.phillips@mn.nacdn.net

We Print Everything But Money!

Complete Printing Services

Grygla 294-6220

Gonvick 487 5225

McIntosh 563-3585

Oklee 796-5181

Samhold WNAAC

Christmas Event

Sunday,
Dec. 4, 2016
3:00 pm

at Samhold Lutheran Church, Gonvick

Reservations deadline:
November 29, 2016.
Call Evon Quern, 487-5638 or
Judy Sather, 218-776-3239.
\$12 per person.

Concert by the Woodpicks,
followed by Dinner served
by J&N Catering.

Arts & Cultural
Heritage
SERIES

Minnesota Home
Front in World War II
Stories From Home

Minnesota author and historian Steven Hoffbeck will share
what life looked like on the home front in Minnesota during
the attack on Pearl Harbor and World War II.

Gonvick LINK Site
Thursday, December 1 at 6:00 p.m.
218-487-6220 | 170 Main St.

LAKE AGASSIZ
REGIONAL LIBRARY

CLEAN
WATER
LANDS
& WATERS
AMENDMENT

Programming is supported in
part or in whole with money
from the MN Arts & Cultural
Heritage Fund.

When the Family Circle is Broken at Christmas

During this holiday season, which is a time of joy for most, our thoughts turn to the families of our community who are facing Christmas without someone they loved. We know many of them, and maybe you do, too. You may remember a year when you dreaded the holidays because a death during the year had broken your family circle. We know that grief is especially hard to bear during the holidays. The thoughtful gesture of a compassionate friend can mean a lot to a bereaved individual or family. In this spirit, we encourage anyone who has experienced the loss of a loved one to attend the **SERVICE OF REMEMBRANCE ON TUESDAY, NOVEMBER 29, 2016 AT 6:30 P.M. AT THE CEASE FAMILY FUNERAL HOME IN BAGLEY.** This service is intended to be of help and comfort to you and your family as you face this holiday season.

CEASE
FAMILY FUNERAL HOMES

R35C

Don't throw away valuable resources!

A study by the Minnesota Pollution Control Agency (MPCA) shows that in Minnesota we are:

- Throwing away 3.6 million pounds of aluminum cans daily;
- Discarding over 1 billion pounds of recyclable paper per year;
- Wasting 41 million pounds of PETE beverage container plastic in a year.

Don't waste opportunity along with your recyclables!

We are literally throwing away valuable resources that fuel jobs and economic activity; we're burying opportunity in landfills and burning it in incinerators.

Approximately 37,000 jobs in Minnesota are directly and indirectly supported by the recycling industry.

In 2010, Minnesota recycling programs collected about 2.5 million tons of material worth \$690 million.

It cost Minnesota over \$200 million to throw away 1 million tons of recyclable material. This could have been recycled instead for an additional estimated value of \$217 million.

Do Your Part and Utilize Clearwater County's Recycling Bins! They are conveniently located by the Fairgrounds (south end by Highway Dept. Building) and in Clearbrook by the Highway Dept. Building.

Thank You for Helping Our Environment and Economy

Call us for answers to your recycling questions
Clearwater County Environmental Services
218-694-6183

1x-mo-tfc

Salvation Army Red Kettles will be out again

With the holidays fast approaching you will once again see the familiar Salvation Army Red Kettles in Galen's Supermarket and Kubiak's Family Foods grocery stores. There will be some countertop kettles in various businesses throughout Clearwater County as well. These are to raise funds for the Clearwater County Unit of the Salvation Army.

The Clearwater County Unit is part of the Northern Division of the Salvation Army. The money raised during this kettle campaign is used to set the budget for the year, therefore, the more money we raise, the higher our budget. The 2015 Kettle Campaign raised

over \$4,000 and we would like to reach that level again.

Part of our budget goes for emergency food, clothing, utilities and other emergency situation costs. Individuals are referred to the Salvation Army through the county Human Services, law enforcement, local churches and other organizations.

Our largest project is for school supplies for disadvantaged children. For a person to be eligible for the school supplies or emergency assistance, they must demonstrate that they are a resident of Clearwater County. Emergency assistance is in the form of vouchers to Clearwater county busi-

nesses, so the funds raised in the kettles stay in our county. During the last year the Clearwater County unit was able to assist 41 individuals from 17 households with emergency funds and we provided some supplies for children to the sheriff's office and Bagley Police Department. These numbers are up from the last year. This past August we were able to distribute 153 backpacks filled with supplies.

Please help us by making a donation in the kettles. Only the funds raised during the kettle campaign and deposited into our local account stay in Clearwater County. You may have personally received fundraising form letters from the Salvation Army stating Clearwater County on them. Please

note that if you respond and mail your donation to that address your funds are still going to the Organization, but they do not get credited to Clearwater County's budget. They will be used where needed – a part of which may be a disaster that happens in our county. If you prefer and/or would like a donation receipt, please send your donation to Clearwater County Salvation Army, c/o Deb Cage, Treasurer, PO Box 358, Bagley, MN 56621.

We are also in need of volunteers to ring the bells at the kettles at the grocery stores. If you would be willing to ring at one of the stores for an hour or more, please contact Deb Cage at 694-6568 ext. 1. It's a great way to help your community. -Submitted



Clearbrook-Gonvick High School Senior Tristan Bakke with his trophies for sub district most valuable player and offensive player of the year.



The annual Clearbrook-Gonvick Veterans Program was held on Friday, November 11th at 10:00 in the morning. It was held in the gym of the Clearbrook-Gonvick High School.



Early Intervention teacher Mary Springer with her grandson Jack.



Peggy Arlaud's with her miniature horse "Rosie".

