

Leader-Record

\$1.00

CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER
Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail



The Clearbrook Fire Department had a house to show children at the Healthy Kids Extravaganza what to do in case of a fire. They will be having their annual fish fry fund raiser this Saturday. See more information on page 2 this week. Photo courtesy of the Clearbrook Fire Department.



Andrea Churness, who works with Early Childhood at the Clearbrook-Gonvick School, had set up a table for children to make a rainbow fish. This project helps strengthen hands to get them ready for writing in the classroom. Harliegh and Preston Seyller were busy at the Healthy Kids Extravaganza.



Dale Berquist with Enbridge showing if digging is to be done in the area a toll-free 811 number should be called first. An 811 representative will take information about your project and notify appropriate utility companies to mark buried



Dr. Marceen Hammer and her daughter Meosha reminding people to wash their hands after working with animals. They were at the Healthy Kids Extravaganza at the Clearbrook-Gonvick School. They showed a photo of a tapeworm that you can get when handling animals. Tapeworms are flat, segmented worms that live in the intestines of some animals. The worm that she had was larger than a penny.



Gonvick Fire Department fund raiser Saturday, April 30

The yearly Spring Fund-raiser is upon us. The Gonvick Fire Department will be hosting a pulled pork dinner on April 30, 2016 at the Gonvick Fire Department from 5:00 to 8:00 for those of you that can attend. Come meet, and talk with the Volunteer Firefighters who serve the Community and bring the famil to eat great food.

They could not maintain and run the Fire Department without the help and support of the Community.

This is their yearly Spring Fund-raiser. They are in need of funds for ongoing training and

upgrading of their equipment so they can better serve the community. They are constantly updating and repairing fire fighting gear, radios, generators, tools, pumps, medical supplies, SCBA, and maintaining their trucks on a regular basis.

They cordially invite all area Residents and Landowners. They hope that you will all participate in the event and extend your support which will enable them to serve you better in the future. It allows your Volunteer Firefighters to provide you with protection at a continual level of readiness. They hope to see lots of people there to make this a success.

Rural Hospital Grant accepted to build new ambulance garage

By Karen Edelbach
The Clearwater County Board of Commissioners met on April 12, 2016 with all commissioners present.

Seth Tram was present at the Board meeting to accept the Rural Hospital Capital Improvement Grant in the amount of \$125,000 and to have plans designed for the construction of an ambulance garage. This will allow for the continued use of the helipad at the hospital. He brought drawings for the location of the proposed garage near the old clinic, but said there are no drawings of the helipad yet to show elevation.

"It is all about what is best for the community and the patients, and it's about time," Mr. Tramm said.

Commissioner Arlen Syverson said he does not want Sanford to be the contractor and wants the Board to see any changes that are to occur regarding this project.

Commissioner John Nelson said only major changes should be brought to the attention of the Board, or there would be too much time involved. He said the problem with government is that it often takes so much time to get anything done.

Commissioner Neal Illies pointed out that they need the helipad up at the hospital to wheel out patients from the Emergency Room.

The motion was passed to accept the grant and authorize the County Auditor-Treasurer to seek bids for the construction of the ambulance garage.

Housing Authority: Commissioner John Nelson updated the other commissioners regarding his meeting with HRDC. He said they are willing to help search through the papers from the Clearwater Housing Authority with their approval.

Letter to Governor: It was agreed that all Clearwater County commissioners names will be included on a letter directed to Governor Mark Dayton addressing the Sandpiper

Pipeline delays.

Land Commissioner Bruce Cox received approval to adopt a Resolution of Land Sale in the City of Shevlin for the appraised price of \$2,000 plus fees.

Commissioner Cox said they have a potential timber sale coming in the amount of \$100,000. He said the market is pretty good.

Sheriff Darin Halverson received Board approval to sign the Software License and Service Agreement with Zuercher and Insight Mapping for the Public Safety Software Suite to replace the current software, pending review by the County Attorney. The total cost of the software and maintenance for three years will not exceed \$212,000, which will be paid from the E911 account.

Sheriff Halverson commented that there are no tax dollars which go to pay for this update, but the money comes from the 911 fees that everyone pays on their cell phone and land line accounts. The money is supposed to be used to upgrade 911 services.

County Attorney Richard Mollin received Board approval for consent to enter into the Joint Powers Agreement to look up criminal history. The access will be for the Attorney, Sheriff, and Human Services offices.

Assessor Jamie Freeman came to the Board to request advertising for a full time temporary Assessor Clerk to assist with updating of Vanguard software. However, the Board members encouraged her to seek other solutions in the immediate future in order to offset the possibility that this would turn into a permanent position.

County Engineer, Dan Sauvé and assistant Pat Halloran opened bids and read results for summer projects in the county. There were 12 contractors present to hear the results. The bids will be awarded

at the April 19 meeting of the Board.

A Resolution for the Minnesota Township Sign Program (inventory and replacement project) which provides consistent signing of township roads and improves the safety of motorists, was approved by the Commissioners. It was stated that 54% of townships want to participate in this program.

The Engineer will advertise for an Engineering Technician I or II position to replace resigning Megan Metcalf.

He was authorized to award the quote for re-roofing the Highway Dept. Office Building to DL Roofing of Bagley in the amount of \$29,690; and to purchase four Foscom Wireless Outdoor Cameras for the Highway Dept. Building and shops in the amount of \$1,040. This is for the purpose of security. He received authorization to pay the Highway Department bills in the amount of \$58,192.

A resolution was approved stating that the Clearwater Trail Blazers Snowmobile Club is submitting a funding application with Minnesota Dept. of Natural Resources Div. Of Trials and Watersheds for the snowmobile grant-in-aid program for 2016-2017. The amount the last two years was less because of the lack of snow.

The Board approved appointment of Greg Scherzer to the Clearwater County Extension Committee with the term ending 12/31/2018 and to appoint Noah Shegud to the committee to fill the remaining open term to end on 12/31/2017.

County Auditor-Treasurer Allen Paulson was given authorization to pay the submitted invoices of \$148,124 from the County Revenue Fund, and \$24,375 from Nursing Service.

Commissioners present at the meeting were Daniel Stenseng, Dean Newland, John Nelson, Neal Illies and Arlen Syverson.

DNR announces river fishing closures for Beltrami and Clearwater counties

A number of river reaches in Beltrami and Clearwater counties will be closed to fishing until the 2016 fishing opener on May 14. All closures will be in effect April 18 through May 13 and are necessary to protect

concentrations of spawning walleye, the Minnesota Department of Natural Resources said.

These are standard closures that occur annually, and include the following portions

of the Mississippi, Tamarac, Clearwater, Turtle and other rivers:

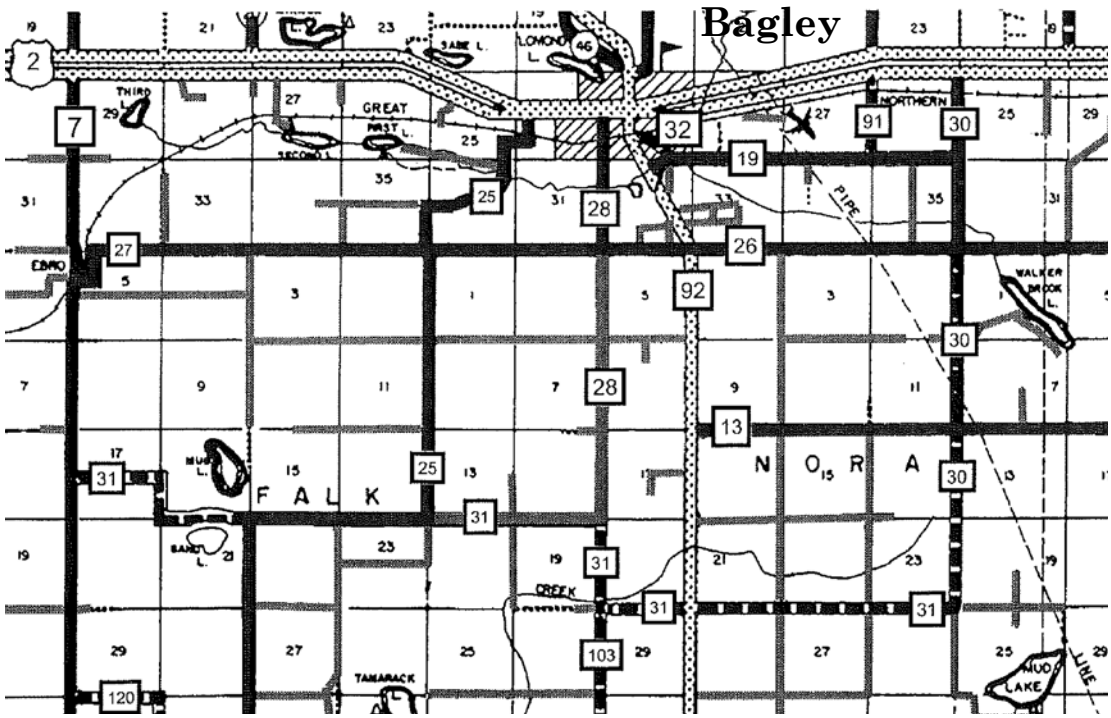
- Closed April 18 - May 13
 - Blackduck River - Beltrami County - County Road 32 north to Red Lake Reservation boundary.
 - Clearwater River - Clearwater County - below Clearwater Lake Dam for 900 feet.
 - Mississippi River - Beltrami County - below Otter Tail Power Dam to Big Wolf Lake.
 - Shotley Brook - Beltrami County - State Highway 72 to Upper Red Lake.
 - Tamarac River - Beltrami County - from Upper Red Lake upstream to Beltrami-Koochiching county line.
 - Turtle River - Beltrami County - below Three Island Dam to Turtle River Lake.

No fishing will be allowed during these periods in the specified areas. Signs will be posted at access points within the closed areas.

"The closures are necessary to protect adult walleye that have concentrated around historic spawning sites," said Gary Barnard, DNR Bemidji area fisheries supervisor. "Due to relatively early spring conditions we do not anticipate having to extend these closures beyond the fishing opener this year."

Although closed to fishing, there are no restrictions on boat travel through these areas.

For more information, contact the Bemidji Area Fisheries office at 218-308-2332.



The Clearwater County Board of Commissioners has designated CSAH 30 & CSAH 31 for reconstruction during the year 2017. There will be an informational open house to discuss design details and how it will affect property owners in Falk and Nora Township as the adjoining property owners.

People can come at any time between 4:00 PM & 5:30 PM on May 9th to talk about the upcoming project that will be held at the Clearwater County Highway Department office in Bagley. If you have any questions and cannot attend the open house, you can call the Highway Department. The office hours are Monday through Friday, 8:00 A.M. - 4:30 P.M. After hours, please leave a message on the answering machine (218) 694-6132. Ext.1303 or 1308

Community Calendar

Cemetery clean-up planned Friday, May 6
Sextons of five area cemeteries are planning a clean-up day for Friday, May 6. Bring rakes, shovels, wheelbarrow etc. to start at 5:00 p.m. until 8:00 p.m.
If you have any questions you can call the sextons of each cemetery for more information. Augustana, Brad Borene, Silver Creek, Tom Anderson, Greenwood, John Sandland Seljord and Westby, Gordon Olson

SUNSHINE WINDOWS
Of Clearbrook
LET THE SUN SHINE IN!!
WE WASH WINDOWS INSIDE & OUT
TRESA KNUTSON
218-776-2260

OFF THE TRACKS GROOMING
Leonard, MN AND MORE!
Remember to call ahead For your furry friends!!
Appointments are filling up FAST!
Will be CLOSED Thursday, April 21st and Friday, April 22nd!!!
Personalized Tags available to be made ON THE SPOT!
Dog, cat, horse or luggage. Whatever you would like to personalize, I can help you out!
Carrying HEALTHY dog food and treats!
Please call if you have any questions!
218-968-2207

Send Birthday Greetings
~ to ~
E. Palmer Rocksvold
3330 Edinborough Way, Apt. 406
Edina, MN 55435-5925
He will be 100 on April 30, 2016.
He was the Superintendent and Band Director in the 50's at Gonvick School.

2-Day Trunk Sale
25% off
A complete pair of frames & lenses
Tuesday, April 26
Fosston Eye Center & Optical
(218) 435-1010
Thursday, April 28
Bagley Eye Center & Optical
(218) 694-2442
No other discounts apply. Contact lenses, lens replacements, non-prescription sunglasses, Maui Jim and readers not included.
SANFORD HEALTH
R3-5MNA
048003-00119 3/16



Pastor Kris Snyder greets the two recent confirmands at Samhold Lutheran Church in Gonvick. Shown with him are Jonathon Hammes and Jackielynn Taffin.

Clearwater Trail Blazers Snowmobile Club will be hosting their
Landowner's Appreciation DINNER
- at -
Timbers (former S & K - please use West door) Friday, April 29th, 2016
Hwy. 2 West in Bagley, MN
Social Hour will begin at 6:00 pm
with Dinner to be served at 7:00 pm.
"Thank You, Landowners, You Make Our Trails Possible."

Clearbrook Fire Department fund-raiser Saturday, April 23
The Clearbrook Volunteer Fire Department is sponsoring a Fish Fry and Fund-raiser on Saturday, April 23, 2016 in the Banquet Room at the Clearbrook Community Center. Serving will begin at 5:00 p.m. The Fish Fry will be prepared by the culinary division of the fire department with their fine specialty cooks doing the frying! Due to

the Fire Department's never-ending determination to give city and townships the very best protection, the money from last year's Fish Fry and Fund-raiser went towards purchasing a thermal imaging camera.

The money raised at this year's Fish Fry and Fund-raiser will be put towards purchasing protective gear. Their goal is to be prepared for whatever emergency needs the community encounters and this addition to the fleet will expand their rescuing abilities. Local financial support also helps them to update and maintain equipment, and provide training for the fire-fighters without having to raise taxes.

FREE-WILL PANCAKE BREAKFAST
Sat., April 23 8-11 am
- at the - CLEARBROOK SENIOR CENTER
Coffee, milk, pancakes, sausage, regular/flavored syrups
Fundraiser for Clearbrook Nutrition

Clearbrook-Leonard Senior Meals

Wed. April 20 - Mandarin chicken salad, fresh fruit, tomato cucumber salad, muffin and milk.
Thurs. April 21- Pork chop, gravy, mashed potatoes, carrots, dinner roll, Angel food cake with fruit sauce and milk.
Fri. April 22 -Cook's Choice and milk.
Mon. April 25 - Polish sausage, kraut, mashed potatoes, green beans, bread and milk.
Tues. April 26- Fish, baked potato, creamed peas, bread, pie and milk.
Wed. April 27 - Sweet and Sour pork, rice, Oriental vegetable, fruit gelatin with whipped topping and milk.
Meals are served daily at 11:30 at the Clearbrook site except for evening meals served at 5 p.m. They are subject to change. Please register for meals at least the day before. Call 776-3154 to sign up.

First State Bank of CLEARBROOK
invites you to join them Friday, April 22th to honor
Debbie Pletschett
on her retirement.
Cake and Coffee will be served from 10:00 - 3:30

Local Meetings on Sandpiper Pipeline Scheduled in Park Rapids
SAINT PAUL, MINN— Staff from the Department of Commerce, the Public Utilities Commission and Enbridge/ North Dakota Pipeline Company will be hosting public comment meetings regarding the proposed Sandpiper Pipeline which will run through North-west Minnesota.
These public meetings will provide Minnesotans an opportunity to learn more about the proposed projects, as well as ask questions and provide input. Comment cards will also be available for people who wish to provide a written statement for public record.
"This meeting provides a great opportunity for local residents to ensure that their voices are heard," said Rep. Steve Green (R-Fosston). "I encourage anyone interested in this project to attend."
Two meetings have been scheduled in Park Rapids:
Tuesday, May 3, 2016, from 10:00 AM to 1:00 PM
American Legion, 900 East 1st Street, Park Rapids, MN 56470
Tuesday, May 3, 2016, from 6:00 to 9:00 PM
Park Rapids Century School, 501 Helten Avenue, Park Rapids, MN 56470

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Leader-Record subscribers
Please check the address label in the upper right corner of the front page. Be sure all the information is correct.
If not, call the Leader-Record offices at 218-487-5225 or 216-776-3665 as soon as possible. You need to contact with a change of address or corrections. Just giving the Post Office a change of address, DOES NOT change your paper address. Thank You.

Church News

COUNTRY FAITH CHURCH
1 mile south of Clearbrook, 2 miles west on Cty. Rd. 6
Senior Pastor Larry Dorman
Associate Pastor Jim Binder
Youth Pastor Troy Churness
Children's Minister Nikki Ubert
www.countryfaith.org
218-776-3367
Sunday: 9:00 a.m. Sunday School (Sept 7-May 17) 10:00 a.m. Worship Service 7:00 p.m. Youth Night (check church website for dates)
Every Tuesday: 6:30 a.m. Men's Prayer
*Wednesdays: Care groups in various homes

ST. JOSEPH'S CATHOLIC CHURCH
Bagley 218-694-6416
Pastor:
Fr. JohnMelkies Suvakeen
Terri D, Parish sec.
Sunday Mass: 10:30 AM
Call for weekday Mass times.

KINGDOM HALL OF JEHOVAH'S WITNESSES
Sand Lake Ave & 5th St. Bagley
Thursday: 7:30 p.m. Bible Study; 8:00 p.m. Theocratic School; 8:30 p.m. Service Meeting.
Sunday: 10:00 a.m. Public Bible Talk; 10:35 a.m. Bible Study.

ELIM LUTHERAN BRETHREN CHURCH
Clearbrook
Pastor Adam Krog
Wed, April 20 5:30 p.m. Confirmation, 6:30 p.m. Youth Group, 7:30 p.m. Bible Study & Prayer at Elim
Thurs., April 21 - 9:30 a.m. Bible Study & Prayer
Sun. April 24 - 9:30 a.m. Sunday School, 10:30 a.m., Worship Service, 11:30 a.m. Quarterly Business meeting.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS - Clearbrook Branch
305 Lake Ave. E.
Sacrament Meeting: 10:00-11:00 a.m.; Sunday School: 11:20 a.m.-12:00 p.m.
Priesthood/Relief Society: 12:10-1:00 p.m.; Young Women's: 12:10-1:00 p.m.; Primary: 11:20 a.m.-1:00 p.m.

FIRST BAPTIST CHURCH
Pastor Verlyn Strenge
Assoc. Pastor Jim Galloway
Clearbrook
Wed., April 20- Awana,
Thur. April 21 - 7:00 p.m. Bible Study and prayer meeting at the church.
Sat., April 23 - 7:00 a.m. Men's prayer breakfast and Bible Study at the church.
Sun., April 24 - 9:30 am Sunday School, 10:45 am Morning Worship. After church potluck and quarterly business meeting will be held.

The Samhold Women NALC meeting & supper
set for THURS., APRIL 21 has been
CANCELLED

Clear Waters Life Center Happenings...

April 25, 6:30-8:30 PM, a new series of classes begins at Create It! Art Studios., "Painting with Acrylic and Watercolor" with Jay Jones. \$5 per class, includes supplies. Drop-ins welcome.
Grow It! Greenhouse & Garden Center: Hours are Mon., Wed., & Fri., 9 AM to 4 PM & Sat., 9-12. Onion sets and onion plants, three varieties of each and six varieties of seed potatoes ready for planting.
Shop-at-the-Top: 50% Off Sale on all ladies and junior spring tops! Sale price: \$1.00 thru Sat., Apr. 23.
Youth Connection: Tue., Apr 26th. will be the last after-school meeting for this school year.
Saturday Challenge Night, FREE event for youth 7th-12th grade & adults. Includes food! April 30, 6:30 to 8:30
Friday Night Out, May 6, 5-7 PM. Norwegian cuisine with schottische dance demonstration and instruction at 6:45PM in the gym!
In Clearbrook Shop-at-the-Top, 256 2nd Ave., SW, is open Mon. thru Fri., 10-4 and Sat., 10-3. Our Gonvick site businesses, 226 Elm St. are open Mon. thru Fri., 9-4 & Sat., 9-12: Create It! Art Studios & Gallery and Restore It! Furniture Shop. Senior Connection is open M-W-F, 10-3
For programs and services, visit us at: www.clearwaterslife.org, www.mustardseedhomes.org, or www.adultdaysservicesgonvick.org and our Facebook pages.

Home at Heart Care
Personal Care & Homemaking
This ad is sponsored by:

GOOD SHEPHERD LUTHERAN CHURCH
CLEARBROOK & OUR SAVIOR'S LUTHERAN CHURCH LEONARD
Pastor Robert Kirchman
Good Shepherd
Wed., April 20: 6:30 pm Choir Practice; 7:30 pm Handbell Practice
Wed., April 21: 2:30 pm Birthday Party at Good Samaritan Center
Sun., April 24: 9:00 am Worship/Communion, 10:00 am Sunday School/ Coffee Hour.
Tues., April 26: 7:00 pm Hymn Planning Committee
Joint activities
Wed, April 20: 6:00 p.m. Confirmation
Our Savior's
Thurs, April 21: 2:00 p.m. WELCA, 6:00 p.m. Church Council
Sun., April 24: 9:45 am Sunday School; 10:30 am Coffee Hour; 11:00 am Sunday Worship/ Communion

REDEEMER EV. LUTHERAN CHURCH - LCMS
Church Location: Corner of Hwy. 2 & Red Lake Ave. SW
Bagley, MN
Pastor Linden B. Wendzel
Sunday Divine Service: 9:30 a.m.
Sunday School / Adult Bible Study: 10:45 a.m.

FAITH BIBLE CHAPEL OF CLOVER
Leonard, MN
Sunday: 10:00 a.m. Worship Service.

GONVICK LUTHERAN PARISH MEMBERS OF NALC
Pastor Kris Snyder
Cell: 218-358-0162
gonvickparish@gmail.com
SAMHOLD LUTHERAN CHURCH
Wed., April 20, 7:30 AM Men's Bible Study; 9:30 AM Women's Bible Study; 10:30 AM QUILTING, 6-7 PM Divine Drama/Confirmation, 7:30 PM Joint Council meeting at Samhold, followed by separate council meetings.
Thurs, April 21: Samhold WNALC meeting a 2:30 followed by lunch.
Sun., April 24, 9:30 AM Sunday School, 10:30 AM Worship Service/Holy Communion
UNITED LUTHERAN CHURCH
Sun., April 24, 9:00 AM Worship Service

CLEARWATER LUTHERAN PARISH
Mt. Olive - Nazareth Oak Park - St. Petri
Pastor Jeff Merseeth
Wed, Apr. 20: 5:00 p.m. Wednesday School/Confirmation. 7:30 p.m. Oak Park Ladies Aid.
Sat, Apr. 23: 9:00 a.m. Mt. Olive. 10:15 a.m. Sunday School.
Sun, Apr. 24: 8:00 a.m. St. Petri. 9:15 a.m. St. Petri SS; 8:30 a.m. Nazareth Sunday School; 9:45 a.m. Nazareth, Dinner following service; 9:45 a.m. Oak Park SS. 11:00 a.m. Oak Park. 3:00 p.m. Oak Park Circuit Visitor's Conference - Supper to follow.
Wed, Apr. 27: No Wednesday School - Students asked to attend Circuit Visitors on April 24th.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
Wed, Apr. 20: 6:30 p.m. AWANA and Youth Group.
Thu, Apr. 21: 12:00 p.m. Rotary meeting.
Fri, Apr. 22: 8:00 a.m. Friday School.
Sat, Apr. 23: 10:00 a.m. Teen Gift Bible Study.
Sun, Apr. 24: 9:30 a.m. Worship. 10:45 a.m. Sunday School.
Tue, Apr. 26: 9:30 a.m. Ladies Bible Study. 10:30 a.m. Quilting.
Wed, Apr. 27: 6:30 p.m. AWANA and Youth Group.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Wed. Apr. 20: 2:00 p.m. Sand Valley WELCA.
Sun, Apr. 24: 9:00 a.m. Lund. 10:30 a.m. Sand Valley.

BETHEL ASSEMBLY
Fosston
Jon Marx, Lead Pastor
Seth Johnson, Assist. Pastor
Sun, Apr. 24: 9:30 a.m. Sunday School 10:30 a.m. Worship.

The Leader Record
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5th Annual Bear Share Fair
Wednesday, April 27

WEDNESDAY, APRIL 27, 4:30-6:30
(Clearbrook-Gonvick School)
Everyone is welcome to come and see what our talented students are doing! Look for displays, demonstrations & activities in the Commons, by the classrooms, & in the gym.
SCIENCE FAIR DISPLAYS WILL BE AVAILABLE FOR VIEWING IN THE GYM. BE SURE TO CHECK OUT THE VARIOUS PROJECTS BY OUR FUTURE SCIENTISTS!
A Spaghetti Feed will be held from 5:00-6:30 for the football team. FREE WILL DONATION (suggested minimum = \$5.00)
DISPLAYS/DEMONSTRATIONS TO LOOK FOR!!
Kindergarten: Parts of a plant, 1st grade: Art, 2nd

grade: Artwork
3rd grade: Science-Buoyancy, Clay boat, notebooks, 4th grade: Books
5th grade: Idiom Art and Spring Tulip Art, 6th grade: Poetry, Civil War Quilts, Hatchet Project
Music contest presentation, Agriculture: Cattle Corral Systems, Industrial Tech displays
High School Science: Anatomy, Brain caps, Mouse trap cars
High School English: Shakespearean allusion and puns
7th grade: American Revolution Portfolios, Annual Staff: Yearbook
More displays may be added!
EVERYONE IS WELCOME TO ATTEND! THIS IS A COMMUNITY EVENT.

Clearbrook-Gonvick
School Menu

Wed. April 20 Turkey subs, baked chips, fresh fruit and vegetable choices and milk.
Thurs. April 21- Turkey gravy over mashed potatoes, dinner roll, fresh fruit and vegetable choices and milk.
Fri. April 22- Stuffed crust pizza, corn, fresh fruit and vegetable choices and milk.
Mon. April 25 - Shrimp poppers, macaroni and cheese, fresh fruit and vegetable choices and milk.
Tues. April 26 Chicken patty on bun, oven fries, fresh fruit and vegetable choices, and milk.
Wed. April 27 Chilli Cheese Fritos, dessert, fresh fruit and vegetable choices and milk.
BREAKFAST MENU-
Monday- Breakfast Pizza, Fruit, Juice and Milk.
Tuesday- Biscuit w/Gravy,

Tri Tater, Fruit, Juice and Milk
Wednesday- Breakfast Sandwich, Fruit, Juice and Milk.
Thursday- Pancakes, French toast or Waffles, Sausage, Fruit, Juice and Milk
Friday- Breakfast Roll, String Cheese, Fruit, Juice and Milk..

School News

LAST WEEK TO REGISTER: Volleyball camp registration forms are available in the display case by the office. There are camps for 3rd-11th grades (this years' grade). WE MUST HAVE MINIMUM NUMBERS FOR EACH CAMP IN ORDER TO HAVE THEM. IF YOU ARE PLANNING TO COME TO A CAMP, YOU NEED TO GET YOUR REGISTRATION IN BY FRIDAY, APRIL 22. Camps will be canceled if we do not have enough registrations.
Add this date to your calendar!! April 27 will be Bear Share & Science Fair. There will be displays by many classes, Science Fair displays and a Spaghetti Fundraiser for the football team. See below for details!
Saturday Night Challenge: Final one of the year is April 30.
Youth Connection: April

26th will be the last Youth Connection Tuesday
COUNSELORS CORNER:
Our Counselor is Kim Cousins. Her hours will be 7:45-3:45 Tuesday & Thursday & 8:00-12:00 on Wednesdays.

Clearbrook-Gonvick
Honor roll released

A HONOR ROLL
7th Grade: Amara Churness, Emma Dorman, Kayla Ehlers, Kaylee Faldet, Bailey Klema, Mykenzie Larson
8th Grade: Lindsey Gray; Gage Julin, Naomi Shamp, Danae Stenzel, Jackielynn Taffin
9th Grade: Callie Baker, Emily Bergman, Adriana Churness, Ethan Dorman, Ethan Erickson, Joshua Lavin, Rachel Lavin, Anthony Peldo, Caleb Petterson, Brandon Quern, Riley Schulz, Jacey Tronnes, Kristin Weems
Grade 10: Brody Arlaud, Morgan Cornell, Madelynn Faldet, Brynn Hetland, Cami Johnson, Mikala Johnson
11th Grade: Jeanette Ballard, Carlie Bergerson, Elizabeth Bodensteiner, Alison Johnson, Rachel Mathison
12th Grade: Hunter Churness, Alyssa Damm, Elliot Dickey, Sawyer Engberg, Katherine Knutson, Samuel Lavin, Lydia Lindenfelsersm Susana

Seniors: Scholarship opportunities will be listed in the weekly bulletin and on the school web page. http://
School News...
Continued on page 4
Piatkoff, Rachel Spray, Madison Stenzel, Janessa Tronnes, John West, Taylor Volker.
B HONOR ROLL
Grade 7: Olivia Anderson, GiAnne Cadreau, Danika Harmon, Rose Java, Gabriel Lavine, Lauren Melby, Ashlyn Weems, Wyatt Anderson
Grade 8: Brody Johnson, Savanna Rankin
Grade 9: Damen Bakke, Alexis Ballard, Arabella Corey, Reece Danielson, Meo-sha Hammer, McKinzy Helm, Tucker Lene, Kari Shamp, Jas-myn Smith
Grade 10: Kendehl Ballard, Myranda Engberg, Shayla Erickson, Cassandra Faldet, Xavier Goodwin, Abigail Moy
Grade 11: Judah Bennett, Michael Gray, Darby Riley, Dion Smith, Christopher Wistedt
Grade 12: Luke Burgess, MaKayla Burman, Molly Shamp

Meet the Clearbrook-Gonvick Seniors
Each week the Leader-Record is featuring the 2016 seniors



Name: Rachel Spray
Family members: Parents – Dave and Lori Spray, Siblings – Nick, Luke and Jessica
Best High School Memory: Playing sports
Favorite Song: “Austin” by Blake Shelton
Favorite Movie: “The Longest Ride”
Favorite Class: Yearbook
Advice to underclassmen: Get your work done in school, but also have fun it makes the time go by faster.
What are your plans for next year? Attend Bemidji State University.



Name: Matt Smith
Family members: Mom, Pops and Sis
Best High School Memory: Seeing the school in my rearview mirror.
Favorite Song: “Pack” by Eminem
Favorite Movie: “Lord of the Lost”
Favorite Class: Art
Advice to underclassmen: Eat your drugs, stay in vegetables and don’t do school.
What are your plans for next year? Federal Penitentiary



Name: Austin Carter
Family members: Angie Sundquist
Best High School Memory: Work in progress
Favorite Song: “Wrong Side of Heaven”
Favorite Movie: “Scooby Doo”
Favorite Class: Gym
Advice to underclassmen: God Speed
What are your plans for next year? Go to college.

SPOTLIGHT
April Spotlight
on Support Staff Peggy Arlaud



Peggy Arlaud, Early Childhood Paraprofessional
Peggy Arlaud started out by volunteering when her son, Brody, was in School Readiness. She was hired the next year when he started kindergarten. This is her 11th year at Clearbrook-Gonvick. Peggy lives in the area with her wonderful family including her husband, Glen, and their two terrific sons, Gunner (20) and Brody (16).
Peggy was raised north of Leonard and graduated from the Clearbrook school when they were still the Hornets!

Why did you choose to work at the school in Early Education?
It's the perfect job for a mom, having the same hours and same days off as my boys. The best part is that I get to see a glimpse of them during the day! It's also nice to know, first hand, what's going on in my child's school.

What did you do before coming to C-G?
I worked at the Clearbrook Good Samaritan Center for about 20 years, first as a CNA, then an Activity Assistant and lastly as a Social Service Designee. I loved working with the residents. So I went from working with the wise elderly to hopefully passing on some wisdom to preschoolers!

What is the best part of your job?
I love the excitement and enthusiasm of these little preschoolers, we laugh a lot during the day, they say

and do the cutest things! I also enjoy helping in the preparation of the arts and crafts for each week. I am so lucky to work with such a wonderful team of Early Childhood co-workers, they make it easy to come to work each day!

What is the biggest challenge of your job?
It would be a more pleasant environment for everybody, teachers and students, if children could be more respectful. On a lighter note, I hate to admit it, but sitting on the floor criss-cross, applesauce many times a day can be challenging, especially getting up, but it keeps us feeling young!!

If you could have any job in the world-what would it be?
Why? My favorite job is being a mom, I love being a mom! I wish I could push rewind, go back in time, and start all over again. Or, if I had unlimited funds, I would build a big, new horse barn, and raise and train a big herd of miniature horses, they are so fun to work with, especially the little babies!

What do you do when you are not at school?
I love spending time with family and friends, we enjoy 4-wheeling, snowmobiling (when we have snow), grilling, boating, relaxing at home and working with my 6 miniature horses.

What are your favorite aspects of the C-G community?
I love living in a small community. I believe that it truly does take a village to raise a child, I am lucky to

have the support of many close family and friends. I think it would be very difficult to live in a big city where you may not know who your child's friends or their families are.

And now a word or two about Peggy from the kindergartners and preschoolers...

Why do you think Peggy likes to work at school?
“She helps kids.” “She likes kids.” “She likes school.” “She like to color.” “Because she can be a teacher.” “To meet new kids.” “She likes Clearbrook.” “Because she likes to teach.”

What do you think Peggy does when she is not here at school?
“Go on a vacation.” “Does stuff with her family.” “Take care of her kids.” “Goes to work at a different school.” “She is sick.” “She takes care of her kids.” “Stays at home.” “Maybe rest.”

What do you think Peggy was like as a kid?
“She played with babies.” “She had short hair.” “She played with Barbies.” “She had long hair.” “She was nice.” “She was playful and worked a lot.” “She saw some butterflies and grasshoppers.” “Nice.”

What is the best thing about Peggy?
“I like her doing crafts.” “She helps me.” “I like her playing with me.” “She colors with me.” “She is a good teacher.” “She is nice.” “She wears hair.” “She is my teacher.”

If Peggy did not work here at school, what job do you think she would have?
Why? “She would work at a cooking factory so she can make food.” “She would work in the office and I don’t know why.” “She would do dishes to make them really clean.” “Work at the a store because she could help people more.” “A store close to the school because whenever she wanted to go somewhere she would pass the school and see us at recess.” “Maybe she would like a zoo job because she likes animals.” “I don’t think she would get another job.”

If you sent Peggy on a vacation, where would you send her? Why would you send her there?
“To Africa so she can look at the animals and they could chase her.” “To Hawaii because she could swim and a build a sand castle if she wanted to.” “To the gumball place so she can make gumballs.” “To a hotel because she can have a vacation from her work.” “Oh, I know. I would send her to the swimming pool and the airport because I really like her going there.” “The beach because it is nice there.”

If Peggy got three wishes, what do you think would be the three things she would wish for?
“1) For everybody to be nice, 2) a swing set, 3) a mermaid tail.” “1) Be a preschool teacher. 2) a vacation 3) she likes kids.” “1) a school with lots of kids 2) to be happy 3) to be excited” “1) a tiger, 2) a bird, 3) and a genie.” “1) to be the best teacher, 2) a new teaching room, 3) a new car”

What is one thing Peggy ALWAYS says?
“How are you?” “In a little bit I will play with you.” “Be quiet.” “Be good” “Time to clean up” “It’s time to start playtime.” “Hi.”

Meet the Kindergarten..
Mrs. Christen’s Class from Clearbrook-Gonvick



Name: Avery Haugen
Family: Derek, Kari, Elias and Bailey
Pets: Cocoa a chocolate lab dog. I like to play with him.
What do you want to be when you grow up?
Be a doctor for pets. It would be hard to give them surgery.
What would you do with a million dollars?
I would buy food and give away to anyone.
What do you like about school?
Reading in school.
What is your favorite food?
I like spaghetti at home.
If you were invisible for one day, what would you do?
I am not sure but I would sneak up to someone and give them a hug.



Name: Peyton Wittenberg
Family: Kari and Vern Robert
Pets: I have puppies and new black and grey and yellow kittens. Shadow is my cat.
What do you want to be when you grow up?
Be a genius like my daddy.
What would you do with a million dollars?
I would buy chicks for everyone.
What do you like about school?
Playtime and lunch time.
What is your favorite food?
Apple sauce
If you were invisible for one day, what would you do?
I would not go to school.



Name: Clayton Sauer
Family: Ron and Rebecca and one sister Abby
Pets: I have a puppy Buddy. He chews on things.
What do you want to be when you grow up?
I don’t know.
What would you do with a million dollars?
A car.
What do you like about school?
Recess and playtime.
What is your favorite food?
Pizza and dunkers.
If you were invisible for one day, what would you do?
I would scare people.

Business & Professional Guide

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School News...

Continued from page 3
www.clearbrook-gonvick.k12.mn.us Paper applications will be available just outside the Counselor's office. If you have



Jacob Kumpula testings his skills at the booth set up by Sanford Health. The booth was set up for the Early Childhood initiative at the Healthy Kids Extravaganza at the Clearbrook-Gonvick School.

questions, see the CGHS counselor.

UPCOMING ACTIVITIES:
Thur, April 21: JH Track at WHA at 4:00. Bus leaves at 1:50, dismiss at 1:40

Tue, April 26: Var Track at Crookston HS at 4:00. Bus leaves at 2:00, dismiss at 1:50

Thur, April 28: JH Track at Northome at 4:00. Bus leaves at 2:15, dismiss at 2:05

Fri April 29: Var Track at WHA at 4:30. Bus leaves at 2:15, dismiss at 2:05

ONGOING EVENTS / ANNOUNCEMENTS:

Parents: Please check your lunch accounts regularly so you can keep up to date. You can find the links to check your account and to pay on the school web site (see address above) under District--Food Services.

iMPACT meets every Tuesday at 8:00 am in Mrs. Kjolhaug's room. All 7th-12th welcome!

ENVIROTHON meets every Monday, Wednesday, and Friday during lunch in Mrs. Anderson's room.

Youth Connection: Tuesday's, 3:00-5:00 for 6th-9th graders at CWLC-Clearbrook. Ends April 26th

Listen to the school news every Tuesday at 2:05 on KKCQ 96.7

Please turn in all BoxTops, Campbells Labels for Educa-

tion UPC's, Loaves for Learning UPC's, ink cartridges for recycling.

Join us on Facebook! Clearbrook-Gonvick Schools.

Clearbrook-Gonvick Community Education is on Facebook!

Clearbrook-Gonvick Community Education

Register by calling Community Ed. at 776-3112 ext 102. You may also obtain information on Community Ed classes through: the school web site: www.clearbrook-gonvick.k12.mn.us, some local businesses, email (send your request to: jengebre@clearbrook-gonvick.k12.mn.us) or we are on Facebook!

SOCIAL SECURITY: STRATEGIZE TO MINIMIZE

Did you know that there are hundreds of options associated with your Social Security retirement benefits?

Join us on Thursday, April 21st at CG School Library for a presentation hosted by Thrivent Financial Representatives Samantha Gunlikson CLTC® and Bruce Wegley LUTCF®, CLTC®, FIC to explore how to sort through the choices. Help ensure the decisions you make are ones you can live with—for the rest of your life.

There will be opportunity for questions. Handout provided. Class is provided as a public service. The fee is for Community Education.

Thursday, April 21 6:30-7:30 PM

CG School Library\$3.00 FAMILY SIGN MAKING PARTY

Join the crew from Hickory Backroads as you paint and finish your very own signs: the adult/s will make a sign with the family name and the child/ren will make one with their first name!! Any adult may attend with the children. Maximum 40 people. Preregistration is required so contact Kelly at Hickory Backroads Boutique (218-487-5700) during business hours: Tuesday-Friday 10-5, Sat 10-4

Tuesday, May 3 6:00-8:00 PM

Gonvick Community Center \$25.00/person

Red Lake County Sheriff

Richard William Paulson (25) of Stephen, MN made his first appearance in District Court in Crookston on 04/15/16 to face several criminal charges. Mr. Paulson is charged with Controlled Substance Crime in the 3rd Degree, a felony, for possession of methamphetamine in a school zone and for having a previous controlled substance crime conviction in 2011, and Controlled Substance Crime in the 5th Degree, a felony, for possession of approximately a gram of methamphetamine. He was charged with 2 misdemeanor traffic violations for operating a motor vehicle with a revoked driver's license and for operating an uninsured vehicle. He was also charged with Possession of Drug Paraphernalia, which is a petty misdemeanor.

In the early morning hours of 04/13/16, Red Lake County Deputies conducted a traffic stop on a vehicle Mr. Paulson was operating, for an equipment violation and for erratic driving behavior. This traffic stop occurred on Hwy. #32, just north of Red Lake Falls. During the traffic investigation, Deputies found that Mr. Paulson's driver's license was revoked and he did not have insurance on his vehicle. They also found a small amount of methamphetamine inside the vehicle, along with several items of drug paraphernalia such as syringes, a scale, modified spoons and straws. Mr. Paulson was arrested and taken to the Tri-County Correctional Facility in Crookston.

Mr. Paulson entered a "not guilty" plea and is being held in jail on \$00 cash bond. His next court appearance will be in Red Lake Falls on 04/20/16.

Mitch Bernstein, Red Lake County Sheriff

To the Residents of Clover Township

The regular meeting will be held May 2, 2016 at 5:00 pm at the Clover Town Hall. Joel Wraa, Clerk R4C

CLIP AND SAVE

Notice to Eddy Township Residents:

The 2016 monthly meetings will be held at the Town Hall.

8:00PM

May 9

June 13

July 11

August 8

September 12

7:30PM

October 11

November 14

December 12

(No meeting in January)

February 13

March 14, Annual Meeting, at 4:00PM

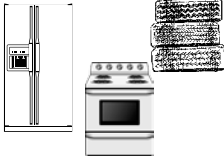
SCHEDULE ALSO POSTED AT TOWN HALL SITE.

Marilyn Shamp, Eddy Clerk R4C

Clearwater County Demolition Debris Landfill and Waste Transfer Facility

Accepting:

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For fee schedule log on to www.co.clearwater.mn.us

Thoughts from the Sheriff

Clearwater County Sheriff Darin Halverson



April is Child Abuse Prevention month, so I thought I would take the opportunity to write about this topic. This month and throughout the year, I encourage all individuals and organizations to play a role in making Clearwater County a better place for children and families. By ensuring that parents have the knowledge, skills, and resources they need to care for their children, we can help prevent child abuse and neglect by making meaningful connections with children, youth and families in our communities.

On average, the Clearwater County Sheriff's Office receives more than 100 child maltreatment reports each year. Each case is unique and requires a different level of investigation. According to the Minnesota Department of Human Services, in 2014 there were 20,167 accepted reports of maltreatment statewide involving 28,716 unique children in Minnesota counties and the Leech Lake and White Earth Reservations. Of all those reports, 14,601 (72%) received a family assessment child protective services response through the Department of Human Services. Of those, 5,214 family investigations were initiated that usually involve law enforcement. According to Prevent Child Abuse Minnesota (PCAMN), the most common allegation of maltreatment was for neglect. It was found in 64% of Family assessments and 54% of family investigations. Schools and law enforcement were responsible for making 50% of all maltreatment reports to local child protection agencies.

So what can be done to help stop child abuse and neglect? If you suspect child maltreatment, report your findings. Some general signs of child abuse include the child being nervous around certain adults, being reluctant to go home, being passive and withdrawn, being tired or have insomnia, felling fearful and anxious or show a sudden change in behavior or school performance. Other more obvious signs may include unexplained bruising or other injury.

As a parent or other care

giver, what can you do if you are struggling with parenting? Seek out help through your local human services or similar organization. Many cases of child maltreatment occur because parents don't understand how to parent. This may sound ridiculous, but many lack the skills necessary to be an effective and positive parent. The following are some tips that might help you develop those skills.

Most important, be a good role model for your children. They watch and mimic what they see. Give your child praise and hugs and tell them you love them. Set simple rules and consequences and enforce them consistently. Discipline fairly, firmly and with love. Always respect your child's thoughts and feelings. Spend as much possible time with your child as you can, even if you are busy. Know what's going on in your child's life, both at school and with friends. Encourage daily learning outside of school, especially in reading and math. Make sure your child gets enough healthy food and exercise and plenty of sleep daily. Lastly, keep your sense of humor and manage stress in healthy ways. If you feel overwhelmed, arrange for some outside help.

In 2014, there were 19 needless child deaths in Minnesota that were determined to be a result of maltreatment. That is 19 too many. We all need to work together to help stop this. Be alert to signs of child maltreatment and if you are a parent who is struggling, please seek help. Remember, you're not in this alone.

If you want more information on child abuse and neglect you can go to Prevent Child Abuse Minnesota at www.pcamn.org or to the Minnesota Department of Human Services at www.mn.gov/dhs.

If you have questions that you would like answered or any suggestions, please email me at darin.halverson@co.clearwater.mn.us or call the Sheriff's Office at 218-694-6226.

Thank you and as always, I am honored to serve as your Clearwater County Sheriff.



Corrine's Corner

By Corrine Richards

The First State Bank in Clearbrook is having cake and coffee on Friday, April 22 to honor Debbie Pletschett on her retirement. Come between 10 and 3:30.

A free-will pancake breakfast will be held on Saturday, April 23 at the Clearbrook-Leonard Senior Center. They are raising money for nutrition month.

Don't forget this is clean-up week in both Gonvick and Clearbrook. I have seen some nice piles out by the curbs already.

U.S. Postage Savings. Letters were 49 cents now they are 47 cents. Letters with additional ounces was 22 cents now they are 21 cents.

Letters to all international destinations was \$1.20 now they are \$1.15.

Postcards were 35 cents now they are 34 cents.

The local fire departments will be having their Spring Fund raiser in April.

April 23 beginning at 5:00 p.m. the Clearbrook Fire Department will be having their Fish Fry Fund raiser. It will be held in the Banquet Room at the Clearbrook Community Center.

The Gonvick Fire Department will be having their Fund raiser on Saturday, April 30 beginning at 5:00 p.m. at the Gonvick Fire Department building. They will be having their pulled pork special with the trimmings.

The City of Gonvick is seeking an individual to help

out with summer work under the "Experienced Works Program" or "Inter County Community Council". Must be age 55 or older to qualify. For more information please contact The City Clerk (218) 487-5243.

Sand Valley Lutheran Church Cemetery Association of Trail will hold its Annual Meeting on Wednesday, April 27, 2016 at 7:00 p.m.

The meeting will take place at the Sand Valley Lutheran Church basement in Trail. All are welcome to attend.

Joke time...

Ole was having eye trouble, so he went to see the optometrist. "Put this little gadget over your left eye, Ole," said the optometrist. "Now over the right eye, over the left eye. No, Ole, I said left eye. Now right . . . No Ole, your right eye!" Completely confused, Ole just looked at the optometrist. "Now, Ole," the optometrist continued, "just remember which is your left hand. OK, Ole, cover your right eye . . . No Ole, that's your left eye!" Finally in exasperation, the optometrist took a brown paper bag, cut a hole in it, put it over Ole's head, and moved the hole back and forth from the left eye to the right eye. "Now, Ole," asked the optometrist, "How is that?" "Vell, Doc, I guess it's all right," said Ole. "But I was vishing I could have some wire rims like Sven."

Gonvick American Legion #304 Bingo

Thursdays - Warm-ups 6:45 pm. Regular session 7:00 pm

Free MNSure Assistance for Clearwater County

WOULD YOU LIKE HELP FINDING ANSWERS TO YOUR INSURANCE QUESTIONS?



As a trained MNSure navigator, I can assist you in MNSure enrollment, or find the service you need specific to your insurance situation.

Call Pam Goebel at 218-694-2288 for an appointment.

Community Resource Connections services are Free and Confidential.

Office hours in Bagley are Tuesday and Thursday, 8:30-5:00.

Commissioners letter regarding pipeline issue

Counties urge movement on Enbridge permits Send letter to Gov. Dayton to expedite permit process County Board Chair urges public to prod politicians

By Tom Burford In a letter dated March 30 regarding the pipeline projects proposed by Enbridge, commissioners from 10 Minnesota counties urged Gov. Mark Dayton to see to it that Minnesota agencies "work as expediently as possible in supporting the Public Utilities Commission so they can review and permit these projects in a timely manner."

Clearwater County Board Chairman Neal Illies was among those signing the letter. The text of the letter follows: "We are County Commissioners from counties along the Enbridge Mainline system and the Sandpiper Pipeline and Line 3 Replacement Project routes in northern Minnesota. We requested a meeting with you several weeks ago in the hope of sharing our support for these projects and how important they are to our constituents -- the Minnesotans who have lived and worked alongside Enbridge's existing pipelines for 65-plus years. We understand that your schedule didn't align with our request and would like to thank your Chief of Staff for meeting with a few of us.

"First, we would like to thank you for your continued support. We appreciate that you understand how important these projects are to our economy and the safety of all Minnesotans located along the oil train routes that cross our state. Every day of further delay is another day that more oil is unnecessarily crossing our state on trains instead of in pipelines where it belongs.

"Millions of dollars in local property tax revenue and thousands of jobs are at stake. Our area businesses benefit greatly when projects like these are constructed. Sometimes these projects are the difference between businesses closing or staying open for the area. Delays by agencies can kill projects like these. Local support for these projects is strong in our counties and we want to make sure you are aware of that.

"We ask you and your agencies to work as expediently as possible in supporting the PUC so they can review and permit these projects in a timely manner. The jobs and tax and

economic benefits from Sandpiper are past due and Line 3 has already lost months in the process.

"We invite you, your staff or the Lieutenant Governor to visit with us and our constituents in our home counties anytime so we can further talk about how these projects would benefit our area and the state. Thank you for your time, Governor Dayton."

The letter was signed by commissioners from the following counties: Aitkin, Beltrami, Carlton, Clearwater, Kittson, Marshall, Pennington, Polk, Red Lake and St. Louis.

Chairman Illies' viewpoints The Farmers Independent asked Clearwater County Board Chairman Neal Illies some questions related to the pipeline projects and the joint letter.

Have you heard back from the governor?

Neal Illies: Joan Lee, a Polk County commissioner wrote the letter and several of the commissioners "signed on" to that letter in support. I have not heard if she has received a response.

Do you feel that special interest groups are using the courts and legislators to sabotage the project?

NI: The special interest groups are working very hard to stop the project and at a minimum have it rerouted to a point where it is no longer feasible for Enbridge to build the Sandpiper nor replace the current Line 3. Most of the special interest groups seem to have a "Doomsday" philosophy that any leak from the pipeline is going to do widespread tragic damage to the environment, where in reality almost all leaks are minor and are responded to right away without any damage to the environment.

Use of the courts by special interest groups appear to have made the Public Utilities Commission take a very cautious approach to permitting the two projects, and with the unneeded caution and probably in violation of statute, come long delays. I can see where these delays could easily make any company lose interest or no longer make it financially feasible for the company.

The way the Public Utilities Commission is set up within the state government, the legislators cannot interfere with the process, so I am not sure how much persuasion that the legislators would have at this stage.

Are you confident that the pipeline projects will be com-

pleted?

NI: Right now, with the current Public Utilities Commission procedure for permitting, it will be 2018 before any construction would begin. With the current oil prices and oil glut, the oil industry has started to pull back on several projects and spending.

Enbridge has stated that they are committed to the two projects, but how long can anyone expect a company to fight an expensive permitting process where the cards are stacked against them? Enbridge has shown a very impressive commitment to safety and awareness of the environment. They are dependent on their reputation as an environmentally safe transporter of crude oil. With all of this in mind, I hope they will see the two projects through to completion.

I am not confident that the pipeline projects will be completed unless more people come forward in support of the projects and can show the state bureaucracy that the long "red tape" process isn't going to be tolerated. I don't think that many people understand the impact that the pipeline has on the tax base, employment and investment in our local community.

Mock accident at fairgrounds Friday

Clearwater County Sheriff Department, Sanford Health Service, Minnesota Highway Patrol and local fire departments took part in the mock accident on Friday, April 15.

Students were given a visual reminder of what can happen in a instant when driving, especially with the prom scene at this time of the year. The event was held at the Clearwater County Fairgrounds.

State law states that it is illegal for drivers of all ages to compose, read, or send electronic messages or access the Internet on a wireless device when the vehicle is in motion or part of traffic. This includes being stopped in traffic or at a light.

Accidents in Clearwater County are a major cause of property damage, injury, and death each year

In Clearwater County, statistics from the National Highway Traffic Safety Ad-

Regional Ag News Jim Stordahl, Extension Educator

Grazing Stick to Monitor Pasture Production

Monitoring grazing resources can help producers determine when to remove livestock from a pasture to prevent overgrazing. Monitoring helps determine how much forage has been consumed.

The North Dakota State University Extension Service, with support from the Natural Resources Conservation Service, has developed a grazing monitoring stick (GMS) as a tool to help producers measure and monitor pasture and rangeland utilization. The GMS, a modified yardstick with information related to grazing management, measures forage utilization.

"Forage utilization is a measure of the percent of the plant that has been consumed and/or destroyed by grazing animals," says Miranda Meehan, NDSU Extension livestock environmental stewardship specialist. "Utilization should be monitored throughout the grazing period to ensure you achieve proper utilization, maintain plant health and prevent over-

use of key species."

As a general rule of thumb, proper utilization is achieved when 50 percent of the total plant weight (not height) of key species has been utilized, according to Fara Brummer, area Extension livestock systems specialist at NDSU's Central Grasslands Research Extension Center.

To determine utilization, producers must take measurements during the grazing period and within three days of livestock being removed to make sure target grazing goals have been met.

To obtain the most accurate measurement of utilization, take measurements from grazed and ungrazed plants of the same species on the same date so the measurements come from plants at the same stage of growth.

Here are the steps for using the GMS:

- Measure the height of key forage species. Take a minimum of 30 measurements for each key species.
- Calculate the plant height removed by dividing the grazed height of the plant by the ungrazed height. Subtract this amount from 1.
- Multiply this amount by 100 to determine the percent of height removed.

• Use a height-to-weight conversion chart (<http://tinyurl.com/NDSUGrazingStick>) to estimate the percent of weight removed.

"Monitoring utilization of range and pasturelands using the GMS provides a way to assess how much forage livestock have consumed, helping determine when livestock should be removed from a pasture," says Kevin Sedivec, NDSU Extension rangeland management specialist. "The GMS can assist North Dakota livestock producers and other land managers in monitoring forage for long-term grass production."

Visit <http://tinyurl.com/NDSUGrazingStick> for more information on using the GMS and <http://tinyurl.com/buyGrazingStick> to purchase a stick.

For more information on grazing, contact me at stordahl@umn.edu or 800-450-2465. This article was provided by NDSU Extension.

Samhold Women meeting April 21 is canceled

Samhold Women NALC of Gonvick will meet in the church basement on Thursday, April 21, 2016. Business meeting at 2:30 p.m. followed by program. A representative of Clearwater County Nursing Service will speak on their services to our community. We will also be doing "A Quick Personality Quiz."

Notice of Informational Open House

Monday, May 9, 2016 Come anytime between 4:00 PM to 5:30 PM

Clearwater County Highway Department in Bagley

Regarding the Reconstruction of Clearwater County Road CSAH 30 (221st Avenue) & CSAH 31 (300th street), between TH 92 and CSAH 13.

If you have any questions and cannot attend, please contact the Clearwater County Highway Department at 218-694-6132.

R4-5C

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National Autism Awareness Month: David Clifton shares about Autism

By: Ana Almeida

Red Lake County Central's David Clifton is a 16-year-old student with Asperger's Disorder, a variation of Autism. He's in the Speech team and presents an Informative Speech about Autism. He recently invited teachers and staff members at the high school to listen to his presentation hoping to create awareness and help people understand the disorder.

In his speech piece, he explains to the audience that Autism is a very complex developmental disability and a severe form of a broader group of disorders. "It impacts a lot of functions, mainly in the brain."

He talks about the five main types of Autism- Autistic Disorders, Asperger's Disorder, Pervasive Development Disorder, Rett's Syndrome and Childhood Disintegrative Disorders.

He also talks about some characteristics of Autism. The first one involves communication and language, being that the child may have no verbal skills and some delayed language or echo. The second characteristic is social interaction where relationships might be a struggle for the child, they may have non-verbal behaviors, or not want to share items with other people. Behavior is the third characteristic and there might be repetitive behaviors. The fourth characteristic has to do with sensory and movement disorders and the child has some unconventional motions and other body issues which mainly happen at birth. The fifth characteristic is resistance to change; the child will stop what they're doing or shut down when a routine is changed. The last characteristic he mentions is the intellectual functions which occurs at all ages and



David Clifton from RLCC gave an informative speech on autism to the high school staff.

the child might have verbal and reasoning skill difficulties.

Clifton finishes his piece by explaining particular behaviors he has when he's excited like jumping up and down or flapping his hands. When he's angry he may jump up and down, stomp his feet and s his hands. Loud noises used to affect him a lot when he was younger but he can handle them much better now.

Clifton has a fear of storms which impacted his Autism making him unable to communicate his needs. He also says that to calm himself he moves his body back and forth.

According to the Autism Society website the characteristic behaviors may be evident in infancy but become clearer during early childhood. Some symptoms are not babbling or cooing and not gesturing by 12 months, not saying a single word by 16 months, not saying two-word phrases by 24 months and any loss of any language or social skills at any age. There are several ways to diagnose the medical diagnosis made by a physician based on symptoms and diagnostic tests; and the educational determination made by a multidisciplinary team of several school professionals.

Some facts the website presents about autism are that about one percent of the world population has autism spectrum disorder and the incidence in the United States is about 1 in 68 births. More than 3.5 million Americans live with an autism spectrum disorder.

The National Autism Awareness Month is an opportunity to promote awareness, acceptance and draw attention to those diagnosed each year. Join the celebration for the 2016 National Autism Awareness Month in April!

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Photos courtesy of the Clearwater County Sheriffs Department.





Rick Koivisto inducted to Hall of Girls Basketball Fame

Long-time area coach Rick Koivisto has been selected for induction into the Minnesota Girls Basketball Hall of Fame. Rick Koivisto is a native of the Iron Range and played basketball for two years at Vermilion Community College in Ely, Minnesota. He went on to Bemidji State University where he graduated with a degree in elementary education and minor in special-education. He began his career teaching fourth grade in the Plummer Independent School District taking over the girls basketball position in 1977, and was the head coach for the next 35 years. Plummer co-oped with Oklee in 1987 and became Red Lake County Central until his retirement in 2011. While compiling a career Record of 507 -312, Rick was named Section 8 Coach of the Year twice and won seven conference championships and



Gary Brantl and Rick Koivisto at the Induction to the Hall of Fame.

were the Section 8 champions in 2008 -2009. During his tenure, 11 girls have joined the 1000 point club and the 1991- 92 team was the Academic State Champion.

Coach Koivisto is a lifetime member of the Girls Basketball Coaches Association.

The Induction ceremonies was held on April 9 in Northfield.

Region 2 Arts Council Open House

Northern Minnesota Artists Count!

Let's Prove it.

Start your Saturday right! On April 30 at 10:00 a.m., the public is invited to stop by the Region 2 Arts Council office, enjoy pastries and coffee, and hear from Sheila Smith, Chair of the Creative Minnesota Project, about an exciting new study to discover the economic impact of Artists and Creative Workers in Minnesota.

When: 10:00 a.m. Saturday, April 30, 2016

Where: 303 Railroad Street SW in Bemidji, at the Rail River Folk School

To participate in the Artists and Creative Workers Survey, go to bit.ly/MNArtistsCount or complete the online survey at the open house on April 30.

For more information, contact staff@r2arts.org/ 218 751-5447

Organizations who want to partner in the study, contact staff@artsMN.org



Rick & Janet Koivisto at the Induction to the Hall of Fame.

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Who Dat?



Pine Dale School - 1952 in Holst Township with Mrs. Graydon Postier the teacher. Back row: Velva Nelson, Rochelle Storeston, Bruce Nelson, Harley Edvenson, Eugene Erickson, Vernon Erickson, Rodney Staehnke. Middle Row: Linda Djernes, Gayle Djernes, Douglas Nelson. Seated: Leodell Bakken, Daryl Nelson, ? Storeston, Marvin Edvenson, Roger Edvenson. Photo courtesy Roger Edvenson.



Who Dat last week were Austin Carter, Taylor Volker and Hunter Churness Clearbrook-Gonvick Senior Class this year and below: Siri Vasend, Sam Bakke and Sharon Johnson taken in 2004.

Mille Lacs Lake walleye stocking research project

Minnesota Department of Natural Resources fisheries biologists today completed the first step in a research project that will provide information about the number of Mille Lacs Lake walleye hatched in the wild.

A fact sheet about the stocking project, photos and cut-lines, video clips and sound bites are now available in the DNR Media Room at [ftp://mediaroom.dnr.state.mn.us/](http://mediaroom.dnr.state.mn.us/) in folder named "news release resources," then in folder named "04-18-16 Mille Lacs Lake research project."

DNR Fisheries Chief Don Pereira is available for questions. He can be reached at 651-259-5229 or don.pereira@state.mn.us.

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Norsk Høstfest lineup set

MINOT ND - Norsk Høstfest has announced its main stage entertainment lineup for the 2016 edition of North America's largest Scandinavian festival which runs Sept. 28 - Oct. 1, 2016 at the North Dakota State Fairgrounds.

The 39th annual Norsk Høstfest kicks off Tuesday evening, Sept. 28, with the Scandinavian-American Hall of Fame Honoree Banquet. Doors to the festival open at 7:30 a.m., Wednesday with breakfast being served followed by entertainment and shopping beginning at 9 a.m. and lasting well through the evening.

Scheduled to appear in The Great Hall of the Vikings over the four days are Emmylou Harris, Daniel O'Donnell, Brenda Lee with special guest

Dale Watson, Sara Evans, Dwight Yoakam with special guest Jackson Michelson, Chicago, and Tommy James and the Shondells. Wrapping up the festival is country music's Big & Rich.

Høstfest fans buying Big & Rich concert tickets can buy tickets to a reserved seat or join the crowd in the standing room "pit" area in front of the stage.

"Country fans want to stand and sing during the concerts," David Reiten, President of Norsk Høstfest said. "Last year's pit sold out and was a great success so we decided we would do it again."

A LARGE EVENT

While entertainment is a big draw at Norsk Høstfest, there is plenty to see and do.

Guests can learn new culinary techniques at the Nordic Kitchen, shop for one-of-a-kind gifts among the hundreds of vendors, indulge in Scandinavian cuisine or enroll in Høstfest University classes and be educated in an artisan craft from an expert instructor.

Another area of interest is Author's Corner, where guests can hear some of their favorite authors. Clint Hill — former secret service agent of Jackie Kennedy — will be releasing his new book, Five Presidents.

"The festival is truly amazing to see," said Leann Mellum, Marketing Director of Norsk Høstfest. "Many people are shocked at how large the festival is and at how many international guests attend."

Not only do visitors come from Norway, Sweden, Denmark, Iceland and Finland, but

others are a part of the festival experience itself. Every year, an elite team of chefs from Norway arrive to serve at the festival's pop-up restaurants Scandi, and En To Tre. Scandi serves traditional, homemade Norwegian cuisine while En To Tre is a fine dining establishment requiring reservations.

In the Viking Village, guests will find re-enactors from Sweden, Denmark and Iceland along with Vikings from the U.S. and Canada.

"The Viking Village has been growing every year," Mellum said. "Kids and adults love to watch the real sword battles and just walk among the Vikings and learn about their culture."

In addition to the Great Hall entertainment, Norsk Høstfest offers free stage acts throughout the festival. Høstfestar-

ians will see a return of many of their favorite acts such as Bjørø Haaland, Ricky Nelson Remembered, Williams & Ree, Telemark's Solli-Tangen and enjoy new talent coming from across the Atlantic such as Norway Idol star Steffen Jakobsen and Denmark folk trio Lydom, Bugge & Høirup.

"We are very excited to welcome Solli-Tangen back to the stage for the second year," said Pam Davy, executive director of Norsk Høstfest. "It's always great to see tremendous talent at the festival, but it is even better when the star hails from our sister-city region of Telemark, Norway."

FESTIVAL

The city of Minot has more than 30 hotels to choose from or, for the person looking to create their own adventure, one can bring an RV and stay

right on festival grounds. Campsites are open September 22 through October 2. Guests arriving early can take in the RV Pre-Party on Monday, Sept. 26, for a night of food and dance.

Festival tickets go on sale 8 a.m., CDT, Tuesday, May 17. General admission is \$40 per day or guests can take in a Great Hall concert starting at \$65 reserved seating. The purchase of any concert ticket includes general admission. Tickets can be ordered online at hostfest.com, by calling (701) 852-2368, or in person at 1020 S. Broadway, Minot ND 58701.

Performing on the free stages are:

- Solli-Tangen
- Steffen Jakobsen
- Mollie B
- Henrik Bothe
- Williams & Ree
- Bjørø Haaland
- Ricky Nelson Remembered
- Lydom, Bugge & Høirup
- Ringling 5
- Queen Elsa & Olaf
- Country Gentlemen
- Ivares Pojkarna
- Western Senators
- Jenta O'Ja
- Skålmusik
- Skandi Ski Fantasy
- Naustedalens Spele-
- mannslag
- JMB Band
- Nordic Bees
- Crazy Fingers
- Glenn & Millie
- Glenn Henriksen
- Swedes in the Weeds
- Magic Tap Cloggers
- Dakota Drifters
- Adam's Voice
- Auntie Kreamsaugen
- Clint Hill
- The Christmas Wish
- Dance of the Norwegian
- Sweaters
- Norsk Høstfest Accordion
- Club
- Moments Notice
- Shelby Huston



An old fashioned Pie and Ice Cream Social was held at Good Shepherd Lutheran Church in Clearbrook on Sunday, April 17. The event started at 6:30 p.m. with music and friends and then the pie and ice cream. This was sponsored by Good Shepherd WELCA and Thrivent. Above members who helped to serve the free goodies and below a group of Sunday School children who provided special music for the event.



STORY TO SHARE!
If you have a story or photos you want to share, please send to: richards@gvtel.com

Clearwater County Fair Calendar Raffle Winners

- April 9** - Adeline Woolliscroft, Bagley, \$20
- April 10** - Kristi Thompson, Bagley, \$20
- April 11** - F D Pelawa, Bemidji, \$20
- April 12** - Frank and Annie Bergh, Clearbrook, \$20
- April 13** - Jon Maki, Bagley, \$20
- April 14** - Mary Waggoner, Bagley, \$20
- April 15** - Paul Netland, Bagley, \$20



Clearbrook-Gonvick Seniors who attended the prom last week-end. The Junior class presented An Adventure in Wonderland. Pictures of the couples attending the prom will be in next week's Leader-Record.

NELL program to discuss
Racial Disparity in Minnesota

Minnesota routinely ranks as one of the best states to live in for our quality of life, economic opportunities, and educational opportunities. But we are failing our communities of color. By multiple measures, Minnesota has some of the worst racial disparities in the nation. While the state has experienced economic growth and lower unemployment rates, people of color have lost economic ground. While we have a relatively low incarceration rate overall, we have one of the highest incarceration rates for people of color. While our education system is top notch, it too is riddled with



Pam Goebel was at the Healthy Kids Extravaganza at the Clearbrook-Gonvick School. She had CommunityResource Connections for parents. Luke with his mom Melanie TeHennepe took part in the game that was set up.



Annie from the The Statewide Health Improvement Program (SHIP) invests in local solutions for better health. More fresh, locally-grown foods will soon make their way into cafeterias in area school districts, thanks to a \$45,000 Farm to School grant awarded to the districts through the U.S. Department of Agriculture (USDA). They are promoting fresh, locally-grown foods to be used in cafeterias in area school district. Above, Peyton Wittenberg tries her hand at a game during the Healthy Kids Extravaganza at the Clearbrook-Gonvick School.



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racial disparities. This session will examine the disparities in policing and our overall criminal justice system and discuss how we got here and what we as a community can do to ensure that communities of color in Minnesota are treated equitably. Teresa Nelson is Legal Director for the ACLU of Minnesota where she leads the organization's constitutional law litigation program and engages in non-litigation legal advocacy to advance civil liberties in Minnesota. Nelson is a 1996 graduate of Hamline University School of Law. The program will be at Faith Lutheran Church, 32 Bagley Ave NW, in Bagley beginning with coffee at 9 am and the 90 minutes program begins at 9:30 am on April 20.



Happy 125th birthday, Itasca State Park

WHAT: A birthday party for Minnesota's oldest state park. WHO: Erika Rivers, director, DNR Parks and Trails Division. More than 200 fourth-graders from Bagley and Park Rapids elementary schools. WHERE: Itasca State Park, Jacob V. Brower Visitor Center, Park Rapids. WHEN: Wednesday, April 20, 12:45-1 p.m. WHY: Itasca State Park was established on April 20, 1891, so this is the official birthday of the park and the Minnesota state parks and trails system. WHAT CAMERAS WILL SEE: Students will sing "Happy Birthday" to Itasca State Park. Erika Rivers will invite students to continue celebrating at special events taking place at Minnesota state parks and trails throughout the year, including a "Total Takeover" on Saturday, June 11. Optional photo opportunity: A park naturalist will be leading a program at the Mississippi headwaters from noon to 12:30 p.m. (media are welcome to observe and photograph this program, but to avoid disrupting the educational experience, save any questions until after the program at the visitor center).

Woodcarver Showcase exhibition set for Sunday, April 24

The Bemidji Woodcarvers Club is hosting a Woodcarving Exhibition on Sunday, April 24, 2016 from 1 to 4 P.M. at the Senior Activity Center in Bemidji located 216 3rd St NW. All are invited to his event. The works featured in this exhibition will be works by local woodcarvers completed during a 5-day workshop with nationally renowned artist, Janet Cordell. Janet Cordell is from the Ozark region of Arkansas and has been recognized not only for the highly artistic nature of her carvings but also for highlighting art of wood carved dolls. Each woodcarver involved in the work shop has chosen their own project and subject matter. They will benefit from Janet's years of teaching and carving experience. The resulting works will be displayed for the public to increase exposure to the art of woodcarving and local woodcarvers. This activity is made possible by the voters of Minnesota, through a grant from the Region 2 Arts Council, thanks

to a legislative appropriation from the Arts & Cultural Heritage Fund.



Neil Dolan, Darin Halverson and Dan Gazelka representing the Clearwater County Sheriff's office and Clearbrook-Gonvick Police were at the Healthy Kids Extravaganza at the Clearbrook-Gonvick School. They handed out bracelets that said "I'm not a bully." They also had books on declaring victory over crime by making stand-up decisions.

City of Clearbrook 2015 Drinking Water Report

The City of Clearbrook is issuing the results of monitoring done on its drinking water for the period from January 1 to December 31, 2015. The purpose of this report is to advance consumers' understanding of drinking water and heighten awareness of the need to protect precious water resources. Source of Water The City of Clearbrook provides drinking water to its residents from a groundwater source: two wells that are 185 feet deep, that draw water from the Quat. Buried Artes. aquifer. The Minnesota Department of Health has made a determination as to how vulnerable our systems' source(s) of water may be to future contamination incidents. If you wish to obtain the entire source water assessment regarding your drinking water, please call 651-201-4700 or 1-800-818-9318 (and press 5) during normal business hours. Also, you can view it online at www.health.state.mn.us/divs/eh/water/swp/swa. Call 218-776-3213 if you have questions about the City of Clearbrook drinking water or would like information about opportunities for public participation in decisions that may affect the quality of the water.

Results of Monitoring No contaminants were detected at levels that violated federal drinking water standards. However, some contaminants were detected in trace amounts that were below legal limits. The table that follows shows the contaminants that were detected in trace amounts last year. (Some contaminants are sampled less frequently than once a year; as a result, not all contaminants were sampled for in 2015. If any of these contaminants were detected the last time they were sampled for, they are included in the table along with the date that the detection occurred.) Key to abbreviations: MCLG—Maximum Contaminant Level Goal: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety. MCL—Maximum Contaminant Level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology. MRDL—Maximum Residual Disinfectant Level. MRDLG—Maximum Residual Disinfectant Level Goal. AL—Action Level: The concentration of a contaminant which, if exceeded, triggers treatment or other requirement which a water system must follow. 90th Percentile Level—This is the value obtained after disregarding 10 percent of the samples taken that had the highest levels. (For example, in a situation in which 10 samples were taken, the 90th percentile level is determined by disregarding the highest result, which represents 10 percent of the samples.) Note: In situations in which only 5 samples are taken, the average of the two with the highest levels is taken to determine the 90th percentile level. pCi/l—PicoCuries per liter (a measure of radioactivity). ppm—Parts per million, which can also be expressed as milligrams per liter (mg/l). ppb—Parts per billion, which can also be expressed as micrograms per liter (ug/l). nd—No Detection. N/A—Not Applicable (does not apply).

Contaminant (units)	MCLG	MCL	Level Found		Typical Source of Contaminant
			Range (2015)	Average /Result*	
Barium (ppm) (09/22/2014)	2	2	N/A	.05	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits.
Combined Radium (pCi/l) (09/20/2011)	0	5.4	N/A	1.3	Erosion of natural deposits.
Fluoride (ppm)	4	4	.95-.98	.98	State of Minnesota requires all municipal water systems to add fluoride to the drinking water to promote strong teeth; Erosion of natural deposits; Discharge from fertilizer and aluminum factories.

*This is the value used to determine compliance with federal standards. It sometimes is the highest value detected and sometimes is an average of all the detected values. If it is an average, it may contain sampling results from the previous year.

Contaminant (units)	MRDLG	MRDL	****	*****	Typical Source of Contaminant
Chlorine (ppm)	4	4	2-.65	.59	Water additive used to control microbes.

****Highest and Lowest Monthly Average. *****Highest Quarterly Average.

Contaminant (units)	MCLG	AL	90% Level	# sites over AL	Typical Source of Contaminant
Copper (ppm) (08/26/2014)	1.3	1.3	.03	0 out of 10	Corrosion of household plumbing systems; Erosion of natural deposits.
Lead (ppb) (08/26/2014)	0	15	nd	0 out of 10	Corrosion of household plumbing systems; Erosion of natural deposits.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. City of Clearbrook is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http://www.epa.gov/safewater/lead. Monitoring may have been done for additional contaminants that do not have MCLs established for them and are not required to be monitored under the Safe Drinking Water Act. Results may be available by calling 651-201-4700 or 1-800-818-9318 during normal business hours.

Compliance with National Primary Drinking Water Regulations The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Contaminants that may be present in source water include: Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife. Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming. Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses. Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems. Radioactive contaminants, which can be naturally-occurring or be the result of oil and gas production and mining activities. In order to ensure that tap water is safe to drink, the U.S. Environmental Protection Agency (EPA) prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration regulations establish limits for contaminants in bottled water which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791. Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 1-800-426-4791.