

Leader-Record

\$1.00

CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER
Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail



Tammie Ehlers getting the mail sorted for her daily trip on the route out of the Clearbrook Post Office.

Tammie Ehlers going for her second million

Tammie (Philips) Ehlers is now a million miler. She has logged in over a million miles driving the rural mail routes out of Leonard



Tammie Ehlers with her Million Mile plaque that she received from the United States Postal Service.

and Clearbrook. She recently received a plaque for her milestone from the United States Postal Service. She is working on her next million as she now has over 15,000 miles under her belt.

1982 was the year she started as a substitute for five years before going full-time. She had been an Officer In Charge (OIC) in Gonvick and Lengby. She got the substitute job as her husband Fred had been asked to take over for the regular driver when needed. He wanted to be a farmer and she thought why not and she took the position.

The most difficult time for driving the route is in the winter after a rain. She has always had a 4-wheel drive vehicle for her job. She has used eleven different cars on her million miles. She had two Ford Rangers that both have most of the miles adding up to 700,000 on the odometers. She now drives a Ford Explorer.

If there is something for everyone on her route she would have to make 279 stops over the 138.9 miles that she covers each day.

Despite working everyday Tammie still has time for all her hobbies. She works on the farm, sews, goes 4-wheeling, enjoys her horse and makes candy. The things that she enjoys the most is having to see her grandchildren, Kale, Aiden and Zoey. Fred and Tammie have two children Karla who lives south of Bagley and Paul who lives south of Clearbrook with their families, so they are close to them. She makes time to spend with her grandpa Dale Miller.

April 22, 2018 is the date when she plans to retire from driving the mail route.

She already has decided that she will have to do something whether it is be a PARA at the school or doing more with her candy business that she now sells at various functions. One of her trade mark candies is her toffee.

If you see her on the road in her Ford Explorer make way as she will be driving the route until 2018.

Republican Precinct caucus will be held on Tuesday, March 1

The times for the Republican Precinct Caucus will be on Tuesday, March 1, 2016 at two locations in the county.

The North Clearwater County caucus site is in the Gonvick Community Center with registration starting at 6:30 p.m. and the caucus to start at 7:00 p.m. Those served will be Clearbrook City, Gonvick City, Leonard City and the townships of Clover, Dudley, Eddy, Greenwood, Hangaard, Holst, Leon, Pine Lake, Sinclair, Winsor and the Red Lake

Reservation.

The South Clearwater County caucus site is at the Clearwater County Courthouse with registration at 6:30 p.m. and the caucus to start at 7:00 p.m. Those served will be Bagley City, Shevlin City and the townships of Bear Creek, Copley, Falk, Itasca, La Prairie, Long Lost Lake, Minerva, Moose Creek, Nora, Popple, Rice, Shevlin and South Clearwater 143-36.

This is the night that your opinions and actions will count.

Elect or become a delegate to the Clearwater County Republican Convention on March 19th. The Minnesota Republican President Preference ballot results are used to proportionally bind delegates at the Republican National convention. If you have any questions you can contact Matthew Huschle, Chairman of Clearwater County GOP at 694-2341 at home or cell 218-779-2439. The website is www.ClearwaterGOP.com or facebook at "Clearwater-County GOP".



The Clearbrook-Gonvick senior basketball players were honored between games at a Friday night game. This is an annual event which acknowledges the time and effort put forth by those who have committed to the basketball program and lead their younger teammates. From left to right: Luke Burgess, Hunter Churness, Madison Stenzel, Eric Baanrud, Rachel Spray, Sam Lavin and Elliot Dickey.

SWCD discusses future of AIS with County Board

By Karen Edelbach
The Clearwater County Board of Commissioners discussed the future of the aquatic invasive species (AIS) prevention program with Nathan Nordlund, the District Manager of Clearwater Soil and Water Conservation District (SWCD) at their meeting on Feb. 16, 2016.

Nathan explained the surveys were done at six lakes in the county (Lomond, Long Lost, Long, Pine, Clearwater, and LaSalle), which included a vegetation survey of AIS, and inspections of watercraft.

"There were none (AIS) found on these surveys," he said.

Commissioner Arlen Syverson noticed that Lake Itasca is missing from the survey.

Since the county allocated funds for the park to do their own inspections and monitoring, the information is not included. Nathan is going to request data from Itasca Park for Lake Itasca.

Commissioner Neal Illies wanted to know what the economic value of the surveys was. Nathan said at this time he considers it a valuable gauge of AIS activity; the DNR considers one inspection per hour to be a valuable rate. He said they are catching most of the traffic in and out of the lakes through inspection in the morning and evening.

Commissioner Dan Stenseng asked what they are seeing regarding public cooperation.

"We are getting good cooperation. Much is to do with how the inspectors handle the

people, by using respect," Nathan said.

Nathan wanted to know if the Commissioners see this program as valuable to continue. They have lots of money; \$73,558, left over in the program, with additional \$100,104 expected to be allotted to the county in 2016. They may be able to carry over the balance again as last year.

He said there are additional lakes in the county where inspections and vegetation surveys could be done, such as Lake Minerva, Lake Mary and Elk Lake. He thought they could list another 10 lakes where the AIS and vegetation surveys could be expanded. He also said the signs face the water, and aren't seen until the boats are put in the water so they could improve the signage.

He also said it would be possible to use some of the funds to remodel launching and docks where needed, and cleaning areas. Erosion problems exist at some of the lake accesses.

"Clean in and clean out access provides value," he said.

Another area they could expand is to add a decontamination unit, which costs \$20,000.

"I think at this time we need to continue with what we are doing. We don't want to lose our focus (from AIS prevention) on something else," Commissioner Dean Newland said. We can add other things if we need to."

Commissioner Stenseng thought it would be a good area to start with providing school education materials. The commissioners thought it is useful

to continue with the same level of inspections.

Nathan will talk with Tim Terrell at the Mississippi Headwaters Board to assure they do not double up on what each department is doing.

A motion to enter into agreement for AIS prevention and inspection of water-related equipment with the DNR during 2016 was passed by the Commissioners.

Nathan introduced Nick Phillips, a new employee at SWCD before the discussion. Nick received a BS degree from Bemidji and resides there.

Sheriff Darin Halverson received authorization to promote Candace Coulter to Jail Program Director/Training Officer to fill the vacancy left by the resignation of Mary Muselman, at a pay of \$18.25 per hour; and promote Brenda Caskey from part-time to full-time temporary CCO to replace Ms. Coulter.

County Auditor-Treasurer Allen Paulson said the County started this year with \$387,000 more in Revenue than last year.

He received approval to give a step increase to CVSO officer Harry Hutchens III, to a salary of \$23.12 per hour to effective Jan. 1, 2016.

Paulson received authorization to pay the submitted invoices of \$23,174 from the County Revenue Fund, and \$19,719 from Nursing Service.

Commissioners present at the meeting were Daniel Stenseng, Dean Newland, John Nelson, Neal Illies and Arlen Syverson.

Fargo startup PRX Performance appears on Shark Tank



Erik Hopperstad, Eric Jorgenson, and Brian Brasch. Photo courtesy of Marisa Jackels and PRX Performance

Fargo locals Brian Brasch and Erik Hopperstad, co-founders of the fitness equipment manufacturer PRX Performance, appeared on ABC's show Shark Tank on February 21. They were scheduled to appear on Sunday, February 26 but it was changed.

Out of 69,200 applicants who applied either in person or via video submission, 120 companies were picked to appear in front of the "sharks". PRX Performance was one of them. They are one of the first (if only) North Dakota based companies ever to appear on the show.

PRX Performance is a Fargo-based company that sells compact cross fitness equipment, primarily foldable squat racks of their own design. After a workout, the equipment folds within inches of the wall to keep space open. The company totes phrases like "lift big in small spaces," and "garage gym."

They cater to the rapidly growing world of CrossFit, one that Brasch and his teammates have been a part of for years. In the three years of business, they've started selling in Scheel's, Play It Again Sports, and shipping to places as far as New Zealand and Australia.

They have even sold equipment to the only 5-star hotel in Moscow, Russia, Brasch said.

Because of his background in CrossFit, long-time Shark Tank investor Daymond John was the main "shark" that Brasch and Hopperstad zeroed in on when preparing their pitch.

Brasch and his team have been waiting 8 months to make the Shark Tank announcement.

"The hardest part is, we filmed last June and couldn't say anything about it," he said. "It's hard going through it, and having the silent aspect to it."

The idea to apply came in December 2014 after Hopperstad, an avid Shark Tank watcher, realized the show was doing open casting in Miami, FL a day before they would be there for a conference. After posing the idea to Brasch, he asked, "What do you think?"

"I've moved our flights already," Brasch responded.

In Miami, they waited for two hours among thousands of applicants to pitch PRX Performance in a single minute. "One minute to make an impression," Brasch said.

PRX...
Continued on back page

Community Calendar

WIC schedule
WIC will be held the first Friday and 3rd Wednesday of each month at the Clearwater Country Nursing Service and the 4th Thursday at the Clearbrook/Gonvick School. Call 1-888-881-7802 to make an appointment

Correction:
This correction is regarding Commissioner Newland's comment in the article about the ATV Club that was published last week concerning the February 9 meeting.

Commissioner Dean Newland says: "I am not saying I think I know what my constituents think about ATV trails. My meaning is that I was cautioning the group that there would possibly be more against the idea than people realize."

Gonvick American Legion #304 Bingo
Thursdays - Warm-ups 6:45 pm. Regular session 7:00 pm

CLEARBROOK ELEVATOR ASSOCIATION

— ANNUAL —

— MEETING —

will be held at the:

Banquet Room at the

Clearbrook Community Center

.....

THERE WILL BE AN

ELECTION OF 1 DIRECTOR

FOR THE CO-OP. BOARD

.....

NOON: LUNCH

1:00:

BUSINESS MEETING

→ DOOR PRIZES

Friday,

March

4TH, 2016



Clearbrook-Leonard Senior Meals

Wed. Feb. 24 - BBQ beef, oven brown potatoes, cauliflower broccoli salad, bun, cookie and milk.

Thurs. Feb. 25 - Roast turkey, masked potatoes and

gravy, carrots, cranberry sauce garnish, bread, pumpkin dessert and milk.

Fri. Feb. 26 - Chicken chow mein, rice/noodles, Oriental vegetabales, Mandarin orange gelatin, brownie and milk.

Mon. Feb. 29 - Creamy vegetable soup, turkey sandwich, fruit cup, crackers, cookie and milk.

Church News

COUNTRY FAITH CHURCH
1 mile south of Clearbrook, 2 miles west on Cty. Rd. 6
Senior Pastor Larry Dorman
Associate Pastor Jim Binder
Youth Pastor Troy Churness
Children's Minister Nikki Ubert
www.countryfaith.org
218-776-3367

Sunday: 9:00 a.m. Sunday School (Sept 7-May 17) 10:00 a.m. Worship Service
7:00 p.m. Youth Night (check church website for dates)
Every Tuesday: 6:30 a.m. Men's Prayer
*Wednesdays: Care groups in various homes

FAITH BIBLE CHAPEL OF CLOVER
Leonard, MN
Sunday: 10:00 a.m. Worship Service.

REDEEMER EV. LUTHERAN CHURCH - LCMS
Church Location: Corner of Hwy. 2 & Red Lake Ave. SW Bagley, MN
Pastor Linden B. Wendzel
Sunday Divine Service: 9:30 a.m.
Sunday School / Adult Bible Study: 10:45 a.m.

KINGDOM HALL OF JEHOVAH'S WITNESSES
Sand Lake Ave & 5th St. Bagley
Thursday: 7:30 p.m. Bible Study; 8:00 p.m. Theocratic School; 8:30 p.m. Service Meeting.
Sunday: 10:00 a.m. Public Bible Talk; 10:35 a.m. Bible Study.

GOOD SHEPHERD LUTHERAN CHURCH CLEARBROOK & OUR SAVIOR'S LUTHERAN CHURCH LEONARD
Pastor Robert Kirchman
Good Shepherd
Wed., Feb. 24: 5:00 p.m. Lenten Supper, 6:34 p.m. Lenten Service, 5:30 pm Choir Practice; 7:30 pm Handbell Practice
Sunday, Feb. 28: 9:00 am Worship, 10:00 am Sunday School/ Coffee Hour;
Joint
Thurs., Feb. 3: 8:00 a.m. Men's Prayer Breakfast
Our Savior's
Sun., Feb. 28: 9:45 am Sunday School; 10:00 a.m. Coffee Hour, 11:00 am Worship
Wed. Feb. 24: 5:15 pm Lenten Service; 6:00 pm Soup & Sandwich

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS - Clearbrook Branch
305 Lake Ave. E.
Sacrament Meeting: 10:00-11:00 a.m.; **Sunday School:** 11:20 a.m.-12:00 p.m.
Priesthood/Relief Society: 12:10-1:00 p.m.; **Young Women's:** 12:10-1:00 p.m.; **Primary:** 11:20 a.m.-1:00 p.m.

Leader-Record subscribers
Please check the address label in the upper right corner of the front page. Be sure all the information is correct. If not, call the Leader-Record offices at 218-487-5225. You need to contact with a change of address or corrections. Just giving the Post Office a change of address, **DOES NOT** change your paper address. Thank You.

ELIM LUTHERAN BRETHREN CHURCH
Clearbrook
Pastor Adam Krog
Wed, Feb. 24: 5:30 p.m. Confirmation, 6:00 p.m. Soup and sandwich Supper, 7:00 p.m. Lenten Service
Sun. Feb. 28 - 9:30 a.m. Sunday School for all ages, 10:30 a.m. Worship Service, (Mission Sunday)

GONVICK LUTHERAN PARISH MEMBERS OF NALC
Pastor Kris Snyder
Cell: 218-358-0162
gonvickparish@gmail.com

SAMHOLD LUTHERAN CHURCH
Wednesday, Feb. 24, 7:30 AM Men's Bible Study; 9:30 AM Women's Bible Study; 10:30 AM QUILTING;
Sunday, Feb. 28, 9:30 AM Sunday School; 10:30 AM Worship Service

UNITED LUTHERAN CHURCH
Wednesday, Feb. 24, United WNALC meeting at United. Fay Bejeke will be hostess. 5:00-6:00 PM Soup and Sandwich; 7:00 PM Worship Service
Sunday, Feb. 28, 9:00 AM Worship Service; 10:00 AM Sunday School

ST. JOSEPH'S CATHOLIC CHURCH
Bagley 218-694-6416
Pastor:
Fr. JohnMelkies Suvakeen
Terri D, Parish sec.
Sunday Mass: 10:30 AM
Call for weekday Mass times.

FIRST BAPTIST CHURCH
Pastor Verlyn Strenge
Assoc. Pastor Jim Galloway
Clearbrook
Wed., Feb. 24 - 6:30 p.m. Awa-na
Thurs., Feb. 25 - 7:00 p.m. Bible Study and Prayer meeting
Sat., Feb. 27 - 7:00 a.m. Men's prayer breakfast and Bible Study at the church.
Sun., Feb. 28 - 9:30 a.m. - Sunday School, 10:45 a.m. Morning Worship.

CLEARWATER LUTHERAN PARISH
Mt. Olive - Nazareth Oak Park - St. Petri
Pastor Jeff Merseth
Wed, Feb. 24: 5:00 p.m. Wednesday School. Nazareth: 6:00 p.m. Soup/Sandwich supper. 7:00 p.m. Lent Service. 7:30 p.m. Bible Study.
Thu, Feb. 25: 7:00 p.m. St. Petri Lent Service. 7:30 p.m. Bible Study. 7:00 p.m. Oak Park Ladies Aid.
Sat, Feb. 27: 9:00 a.m. Mt. Olive. 10:15 a.m. SS/Confirmation.
Sun, Feb. 28: 8:00 a.m. St. Petri. 9:15 a.m. St. Petri SS. 8:30 a.m. Nazareth SS. 9:45 a.m. Nazareth. Nazareth dinner following service. 9:45 a.m. Oak Park SS. 11:00 a.m. Oak Park.
Tue, Mar. 1: 5:00 p.m. Mt. Olive Lent Service. 5:30 Bible Study.
Wed, Mar. 2: 5:00 p.m. Wednesday School. Oak Park: 6:00 p.m. Soup/Sandwich supper. 7:00 p.m. Lent Service. 7:30 p.m. Bible Study.
Thu, Mar. 3: 7:00 p.m. St. Petri Lent Service. 7:30 p.m. Bible Study.



The Clearbrook Community Club has generously donated to the Good Samaritan residents bingo fund again this year. The residents really look forward to playing Bingo with Volunteers on Monday afternoons at Good Sam. Being able to give a prize to the winners makes it so much more fun. They're able to go to the Good Sam general store and purchase something with the money, or save it for something. Just having a jingle in the pocket is a good feeling. They appreciate having the support of the Clearbrook Community Club. Pictured here are Kathy Vance of the Community Club, Sandy Sather Activity Director, Eleanor Sundquist and Kitty Johnson.

Who Should Be The
Republican Presidential Nominee?

“BE A VOICE, NOT AN ECHO”

Attend Your Republican

Precinct Caucus

Tuesday, March 1st, 2016

6:30 PM Registration | 7:00 PM Caucus

*The Minnesota Republican Presidential Preference
Ballot Results are used to Proportionally Bind
Delegates at the Republican National Convention!*

NORTH CLEARWATER COUNTY CAUCUS SITE

Gonvick Community Center | 170 Main St, Gonvick

CLEARBROOK CITY, CLOVER TWP, DUDLEY TWP, EDDY TWP,
GONVICK CITY, GREENWOOD TWP, HANGAARD TWP, HOLST TWP,
RED LAKE RESERVATION, LEON TWP, LEONARD CITY, PINE LAKE
TWP, SINCLAIR TWP, WINSOR TWP

SOUTH CLEARWATER COUNTY CAUCUS SITE

Clearwater County Courthouse | 213 Main Ave N, Bagley

BAGLEY CITY, BEAR CREEK TWP, COPLEY TWP, FALK TWP,
ITASCA TWP, LA PRAIRIE TWP, LONG LOST LAKE TWP, MINERVA
TWP, MOOSE CREEK TWP, NORA TWP, POPPLE TWP, RICE TWP,
SOUTH CLEARWATER 143-36, SHEVLIN CITY, SHEVLIN TWP

WHY CAUCUS?

This is the night that our election process begins! This is the night that your opinions and actions will count the most! Who will be the best Republican Candidate for President? Elect or become a Delegate to the Clearwater County Republican Convention on March 19th. How should the MN GOP platform be amended? By attending your local caucus, you are showing that you support Republican candidates and you take your civic duty to participate seriously. By attending your local caucus, YOU make OUR Republican Party much stronger and OUR *One Nation Under GOD* a better place to live and raise our families!

For Liberty and Justice For All, <i>Matthew Huschle</i> Chairman, Clearwater County GOP 218-779-2439 Cell 694-2341 Home	Email: Chair@ClearwaterGOP.com Website: www.ClearwaterGOP.com Facebook: "ClearwaterCounty GOP"
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Prepared and paid for by the Clearwater County Republican Party.
Not authorized by any candidate or candidate's committee.

Notice of Annual Meeting

The Annual Meeting of the FARMERS MUTUAL FIRE INSURANCE COMPANY OF CLEARWATER COUNTY will be held on Saturday, February 27 at 10:30 am at the Gonvick American Legion in Gonvick, MN for the purpose of electing directors and taking care of any other business that may rightly come before the meeting. There will be door prizes and lunch will be provided following the meeting. All policyholders are invited.

Benjamin Berg, Sec.

SUPPORT THE CLEARWATER COUNTY HISTORICAL SOCIETY

PLAN TO ATTEND SUNDAY DINNER FUNDRAISER

JOIN US for a delicious...
PORK DINNER
with all the trimmings!
- Free Will Offering -

SILENT AUCTION of Donated Items

BAGLEY AMERICAN LEGION

SUNDAY, FEBRUARY 28
11:00 am - 1:00 pm

CLEARWATER COUNTY DFL PRECINCT CAUCUSES

TUESDAY, MARCH 1, 2016

Clearbrook-Gonvick School Commons Area
16770 Clearwater Lake Road
Clearbrook, Minnesota

Registration begins at 6:30 p.m.
Caucuses convene at 7:00 p.m.

***Democratic presidential candidate preference ballot**
***Elect delegates to County Unit and Senate District Conventions**
***Adopt resolutions for consideration in the State DFL Platform**

Participants must agree with DFL principles and must be 18 by Nov. 8, 2016 to run/vote for a delegate or alternate position or vote on the preference ballot.

For more information, please call Clearwater County DFL Secretary Becky Colebank, 218-968-2268, or email her at clearwatercountydfl@gmail.com

The Leader Record

Published by Richards Publishing Co. Subscription rates \$25.00 per year in Clearwater County and East Polk County cities of Fosston, Gully and Trail and \$30.00 per year outside the county. Continuing by consolidation the Olberg Journal, established in 1901, The Clearbrook Leader, and the Gonvick Record.

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(USPS 307 630) POSTMASTER: Please send address changes, Form 3579 to The Leader-Record, PO Box 159, Gonvick, MN 56644.

(218) 487-5225

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Periodical Postage Paid in Gonvick, MN 56644

PRINTED WITH SOYINK

BEAR TRACKS

Clearbrook-Gonvick School Menu

Wed. Feb. 24 - Tater Tot or Wild Rice hotdish, dinner roll, fresh fruit and vegetable choices and milk

Thurs. Feb. 25 - Chicken Tacos, fresh fruit and vegetable choices and milk.

Fri. Feb. 26- Shrimp Pop-pers, cheesy potatoes, fresh fruit and vegetable choices and milk.

Mon. Feb. 29 - Cook's Choice and milk.

Tues. March 1
Breakfast- Biscuits and Gra-vy, Hash Brown, Fruit, Juice and Milk or Cereal

Lunch- Hot Dog on bun, Baked Beans, Potato Smiles, Salad Bar and Milk

Wed. March 2
Breakfast-Breakfast Sand-wich, Fruit, Juice and Milk or Cereal

Lunch-Chicken Alfredo, Broccoli, Bread Stick, Salad Bar and Milk

Clearbrook-Gonvick basketball coach byMike Rettinger

Words from Coach Rettinger.

Thank you, seniors, for all of your hard work, dedication, sacrifice, and leadership to our program Good luck in all of your future endeavors. No matter what new colors you wear, you will always be a Bear!

#3 Luck Burgess

Luke's favorite food is steak and mashed potatoes.

His favorite school subject is gym.

Luke's plan for next year is to go to the U of M in the Cit-ies.

Luke's most memorable basketball moment at C-G. "Last year against L.O.W. I al-most scored for the other team and we still won."

Luke's advice to the under-classmen: "Work hard in the off season."

#5 Sam Lavin

Sam's favorite food is chick-en alfredo.

His favorite subject is math.

Next year, Sam plans to go to college at ICC.

Sam's most memorable bas-ketball moments at C-G. "I like the bus rides and scored 1000 career points!"

His advice to the under-classmen: "Enjoy playing while you can 'cause it will be done before you know it."

#21 Eric Baanrud

Tacos are Eric's favorite food.

His favorite class in school is gym.

Eric is still undecided about his plans for next year, per-haps the military or college.

What Eric remembers most about his playing basketball at C-G is "blocking people off the backboard."

Eric advises the underclass-men to "work 100% all the way through."

#25 Eliot Dickey

Elliot's favorite food is crab. The class he enjoys the mot in school is Citizenship.

Next year, Elliot plans to go to college at Crookston and major in crops and weeds sci-ences.

"Seeing others succeed is what has been memorable to Elliot regarding his basketball days at C-G.

Elliot's words of wisdom to the underclassmen are to "Work hard and be the best you can be."

#33 Hunter Churness

Hunter loves to eat walleye.

U.S. Citizenship is his fa-vorite class. Hunter plans to attend BSU and play football

With articles submitted by the staff, administration and students at the Clearbrook-Gonvick Junior and Senior High Schools

next year.

What Hunter remembers most about his basketball ca-reer at C-G is the bus rides.

Hunter's advice to the un-derclassmen is "Work hard, but have fun."

School News

Thank you to each person who helped or encouraged the One Act Play in some way, whether small, medium, or large - finding paper clips, un-locking doors, driving the bus, painting the set, paying roy-alty, sending fan mail to actors, loaning time or space, laughing at our jokes, and on and on.

Sincerely,

Mark Carter, Director

Boys Varsity basketball be-gins playoffs by hosting Lake of the Woods on Tuesday, Feb-ruary 23 at 7:00 pm. Admission is \$7.00 for adults and \$5.00 for students. No local passes are accepted. Prices are set by the Region 8 Committee. GOOD LUCK BEARS!!!!

It's I Love to Read Month and time to clean your book-shelves!

The Clearbrook-Gonvick FFA is collecting new and gen-tly used books for the 2nd An-nual FFA Book Drive. Bring your donations to school and drop them off in the box in the commons. All books collected will be redistributed to youth in our community. See flyer below.

Classroom Drivers Educa-tion will begin Wed, March 9.

Dates are: March 9, 10, 14, 15, 16, 17, 21, 22, 29, 30

Meet in room 414. Time is 3:20, except on Wednesdays it is 2:35.

Do not need to register.

Need to be 15 by around Aug-ust 1st. Date is flexible, talk to Judy if you have questions. Cost is \$70 for classroom. Can be paid anytime during the class.

School board meeting for February is 2/23 because of Presidents' Day holiday.

COUNSELORS CORNER:

Our Counselor is Kim Cous-ins. Her hours will be 7:45-3:45 Tuesday & Thursday & 8:00-12:00 on Wednesdays.

Seniors: Scholarship op-portunities will be listed in the weekly bulletin and on the school web page.

Paper applications will be available just outside the Counselor's office. If you have questions, see the CGHS coun-selor.

MN Telecom Alliance Foun-dation--Five \$2,000 awards

Eligibility: Pursue post-se-condary education at a universi-ty, college or technical college. Be a MN resident. Applicant's family must subscribe to at least one service from Garden Valley Telephone Company.

Application: Paper applica-tion in counselor's office.

Deadline: February 27, 2016.

National Farmers Union--Multiple \$1,000 awards

Eligibility: Farmers Union members and their children. High school seniors, college students and non-traditional students attending a two- or four-year college, university of trade school in any area of study.

Application: Paper applica-tion in counselor's office.

Deadline: April 15, 2016.

MN Association of Town-ships--Six \$1,000 awards

Eligibility: Juniors attend-ing a MN public, private, pa-renchial high school or a home school study program. Stu-dents who plan to attend a col-lege, university of trade school after graduation.

Application: Paper applica-tion in counselor's office.

Deadline: May 1, 2016.

Mary Jo Klinger--Two \$1,000 awards

Eligibility: Member of grad-uating class from ISD #2311. Passed basic skills test. Pursue post-secondary education with-in six months of the award. Participation in extra-curric-ular, volunteer or community activities or non-school work positions.

Application: Paper appli-cation in counselor's office or

School news...

Continued on page 4

Toddler Open Gym

-An Opportunity for Fam-ilies With Young Children

Young children love to have "room to run" and the Toddler Open Gym program is pro-viding just that for our area youngsters. Sunday afternoons through March 13, parents can bring their birth to 5 year olds for some play time in the small gym at the Clearbrook-Gonvick School. There will be a variety of equipment to use: mats for climbing and crawl-ing, tunnels to crawl through, scooters to ride on, many dif-ferent size balls to play with, trikes and cars to ride, toddler size basketball hoop to shoot at, balancing saucers, blocks, music, bean bags, parachutes, trampoline, bowling, balance beam, and much more. Bring your 5 and under children to enjoy some play time with you and their friends! This activi-ty is FREE but we will accept FREE WILL DONATIONS to keep the program going.

Clearbrook-Gonvick Community Ed

Register by calling Commu-nity Ed. at 776-3112 ext 102. You may also obtain informa-tion on Community Ed classes through: the school web site: www.clearbrook-gonvick.k12.mn.us, some local businesses, email (send your request to: jengebre@clearbrook-gonvick.k12.mn.us) or we are on Face-book!

RAPE PREVENTION & SELF-DEFENSE

Steve Holm & Police Chief Dan Gazelka

This class is for females (ages: teenagers and up). We encourage mothers and daugh-ters to take this class together. The class will include lecture and self-defense training. In-structors will walk through case studies of real rape cases and will discuss prevention techniques. Please wear com-fortable clothing. This class is being taught as a public ser-vice. The fee is for Community Education.

Tuesday, March 15 6:30-8:30 PM

CG School Library
\$30.00 each / Max \$5.00/family

Quilting 101

The Clearwater Quilters Guild will be offering a quilt class. Date: March 5, 2016

Time: 9:00 – 4:00

Location: Gonvick Commu-nity Center. Class fee \$5.00 - plus cost of kit. Snacks will be provided; lunch is on your own.

The project will be for a crib/ lap size quilt in a fun chevron pattern.

A kit will be available for an approx. cost of \$25.00 - \$30.00, it will contain all the fabric needed to construct the quilt top and the binding.

Sewing machines will be provided if needed, along with cutting mats, rotary cutters, irons, rulers, etc.

Bring a friend and come spend the day with experienced quilters and learn the basics of quilting and you might just find your new life long hobby!

To register for the class con-tact: Judi @ 218-776-3457 or Linda @ 218-776-2433 Or Jane @ 218-487-5318, please leave a message if no answer. Dead-line for registration is Feb. 19, 2016.

SPOTLIGHT

Clearbrook-Gonvick Teacher Feature



Kathy Kjolhaug, on the left and Denise Disrud on the right, Reading Specialists.

Teacher Feature:

Denise Disrud & Kathy Kjolhaug, Reading Specialists

"The more things that you read, the more things you will know. The more things that you learn, the more places you'll go." - Dr. Seuss

Kathleen Kjolhaug has been employed at Clearbrook-Gonvick School for approx-imately 25 years.

She was born and raised in Springfield, MN where she attended St. Raphael's first through eighth grade before graduating from Springfield High School. After graduation, she attended the College of St. Benedict graduating with a B.A. in Elementary Education and Social Work.

Kathy lives in Weme with her husband, Pete. They have six children: Luke (Bethannie), Maria (Steve), Heidi (Kris), Christopher, Rebekah, and Es-ther and three granddaughters Hadley, Sydney, and Lakynn.

Why did you choose to be a teacher? I chose to be a teacher because of the teach-ers who had influenced my life. While growing up, my family lived one block from school and I was always help-ing teachers. As each school year began, I would volunteer to help prepare the rooms for the teachers. Watching them enter each grade in the grade book was always so intrigu-ing. I remember working my first year as a teacher at the mission school, and when I placed my order for supplies, I ordered one red pen just like the teachers used when I grew up. I still remember that pen and using it to put X's in the gradebook my first year of teaching. I think that was the only thing I ordered because I didn't know schools had a budget for supplies. I thought it was generous to have them buy me one pen. Years later, it made more sense as to why the principal kept asking, "This is all you want? Don't you need more supplies than that?" I thought she was being nice, and so I turned down what she was offering because I thought it would cost her money.

What did you do before coming to Clearbrook-Gonvick? Upon completion of my student teaching in St. Cloud, I joined Peace Corps and served on the border of Bra-zil and Paraguay while work-ing as a rural teacher trainer. That was interesting because where I lived, they spoke three languages: Guarani, Portu-guese, and Spanish. I worked as a school social worker at Mahnomen for one year prior to marrying Pete, and then worked at St. Mary's Mission in Red Lake for three years before we started our family. I stayed home for five years be-fore coming back as a Kinder-garten teacher.

What is the best part of your job at Clearbrook-Gonvick? The best part of my job would be the connections

with families, students, and staff. Parents desire so much for their children, and the chil-dren are so proud to please their parents that when you see that go hand in hand, it's like a work of art. The canvass is life, and to live it in a way where everyone's strengths can be utilized is key. It's also fun to build community by helping students feel connected to one another and to a bigger world. We, as teachers, have the op-portunity to do this many times throughout the day. There is simply nothing more fulfill-ing. To influence one life at a time, one moment at a time is an honor.

What is the biggest chal-lenge of your job? The big-gest challenge is to step back and remember that in the midst of so many demands upon students, parents, and teachers, what hasn't changed are the developmental stages of children. They still need the basics which include creating a safe environment in which to learn, letting them truly know we care, the breaking down of information so they may suc-ceed at learning, and to cre-ate a desire to learn as well as a desire to want to return the next day. If we teach to the standards for the sake of stan-dards only but forget the indi-vidual is a human being, we will have failed.

If you could have any job in the world - what would it be? Why? Being a photog-rapher for National Geographic would be fun. I love to capture people, especially their faces. I enjoy traveling, and I deeply respect other cultures. To cap-ture what unifies us as human beings within a photograph builds community and reaches hearts. In a world where divi-sion is glorified by the media, it would be refreshing to be a part of portraying human-ity with respect through the eye of the lens. I'd begin my pho-tography shoot in Rome, Italy, move on to Chennai, India, and then to the Holy Land in Israel. Being a philanthropist would be incredibly fun too. I'd go to dumps all over the world and pluck people out, set them down with dignity into a home and a job of value so they could be contributing members of so-ciety and feel loved. Another dream would be to volunteer as a full time missionary where my gifts would be most needed. Perhaps that is what I am liv-ing...and so there you go...we are right back at the beginning and perhaps I am right where I am supposed to be in life. It's always so fun to dream.

What do you do when you are not at school teaching? I enjoy spending time with my family, writing, reading at the lake, making soup, watch-ing HGTV where homes have makeovers within the hour. Of particular enjoyment is House

Kjolhaug...

Continued on page 4

Business & Professional Guide



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School news...

Continued on page 4

online at the Northwest Minnesota Foundation website.

Deadline: April 10, 2016.

Olga Peterson--One \$1,500 award

Eligibility: Member of graduating class from ISD #2311. Passed basic skills test. Pursue post-secondary education within six months of the award. Participation in extra-curricular volunteer or community activities or non-school work positions.

Application: Paper application in counselor's office or online at the Northwest Minnesota Foundation website.

Deadline: April 10, 2016.

Richard Anderson Memorial--Two \$750 awards

Eligibility: Graduating senior from the Clearbrook-Gonvick School. Pursue post-secondary education within six months of the award. Participation in extra-curricular, volunteer or community activities or non-school work positions.

Application: Paper application in counselor's office or online at the Northwest Minnesota Foundation website.

Deadline: April 10, 2016.

John & Faye Hedin--One \$3,000 award

Eligibility: Student must have attended, graduated or earned a high school equivalent diploma from Clearbrook-Gonvick School. Pursue post-secondary education within six months of the award.

Student does not need extra-curricular and volunteer activities or work experience. Possible renewal of scholarship for up to four years but previous

ous recipients must submit an application yearly.

Application: Paper application in counselor's office or online at the Northwest Minnesota Foundation website.

Deadline: April 10, 2016.

Thorbeck Foundation Scholarship--Variable awards & amounts

Eligibility: Full-time Clearbrook-Gonvick senior. Student plans to attend a four-year college or university.

Application: Write a one page, single-spaced, typed business letter indicating your education plans after high school. You may include information about your activities at Clearbrook-Gonvick High School, your academic achievements, and your work and life experiences outside school.

Deadline: May 1, 2016.

The following web address lists scholarships that Minnesota students are eligible to receive: www.studentscholarships.org/newsletter.php

UPCOMING ACTIVITIES:

Tue, Feb 23: V BBB host play-in game vs LOW @ 7:00

Fri, Feb 26: V/JV GBB vs Kelliher/Northome@ 6:00. Parents Night

ONGOING EVENTS / ANNOUNCEMENTS:

Parents: Please check your lunch accounts regularly so you can keep up to date. You can find the links to check your account and to pay on the school web site (see address above) under District--Food Services.

iMPACT meets every Tuesday at 8:00 am in Mrs. Kjolhaug's room. All 7th-12th welcome!

Youth Connection: Tuesday's, 3:00-5:00 for 6th-9th

graders at CWLC in Clearbrook

Sunday afternoon open gym: 2:00-4:00, 4th grade and up, 3rd grade and below must be with adult. \$2.00/time or buy a season pass. Jan 10th-March 13th.

Toddler Open Gym: 2:30-4:00 for 0-5 year olds and their families. Jan 17-March 13th. No charge but donations accepted.

Listen to the school news every Tuesday at 2:05 on KKCC 96.7 or if you miss it listen online at: <http://www.rjbbroadcasting.com/index.cfm?page=school-news>

Please turn in all BoxTops, Campbells Labels for Education UPC's, Ink Leaves for Learning UPC's, ink cartridges for recycling.

Join us on Facebook! Clearbrook-Gonvick Schools.

Clearbrook-Gonvick Community Education is on Facebook!



Luke Burgess #3 in between three of the Lake of the Woods Bears.

Clearbrook-Gonvick Basketball Action

Boys against Lake of the Woods Bears and Win-E-Mac Patriots and Girls played against Lake of the Woods Bears.

Photos by Taylor Volker - Clearbrook-Gonvick Senior



Mike Lindgren keeps stats for the Clearbrook-Gonvick Bears.

Kjolhaug...

Continued from page 3

Hunters International and combing the internet for AIR B&B rentals around the world.

What are your favorite aspects of the Clearbrook-Gonvick community? I have two favorite aspects of our community. People come to small towns and only see face value. They count the stores, the restaurants etc. and wonder how we survive up here. But, when you live here and see the global connections and how closely we are tied to them, you feel more blessed than ever. We are a friend away from Russia, a friend away from Africa, a friend away from Costa Rica, Haiti, Korea, Germany, Guatemala etc. However, the best part is that you know who to turn to for prayer. It's been the biggest blessing to know that people are willing to pray, and that I can turn to a faith based community who will do just that. For this, I am so very grateful.

And now a word (or two) about Mrs. Kjolhaug from the students...

Why do you think Mrs. Kjolhaug decided to become a teacher? "She likes helping students become better readers." "Because she likes to teach reading." "She likes being a teacher." "Because she wanted to teach some reading and make people get better." "Because she thought it was fun." "Because she likes kids." "To help students read." "She wanted to help kids learn." "She wanted kids to be good readers so they don't mess up."

What is the best thing about Mrs. Kjolhaug? "She really likes helping people." "That she teaches people." "That we can have stations."

"Um, she sometimes lets us play games." "That she knows what to do." "She is funny." "She lets us play games." "She's funny." "I get to read with her."

What do you think Mrs. Kjolhaug was like when she was in elementary school?

"She was willing to help people." "Good student." "Creative." "That she reads with us." "Really good at reading." "Happy." "She could have fun." "Kind." "I bet she loved school at her little age."

What job do you think Mrs. Kjolhaug would have if she was not a teacher?

"She would be a book publisher." "A nurse." "A mom." "Gym teacher, because she wears sweatpants a lot." "A principal." "Writer." "Librarian." "Artist." "A cop, I think she would like arresting people."

If you wrote a book about Mrs. Kjolhaug, what would the title be? "Mrs. Kjolhaug and the books." "Mrs. K's Life Story." "The day Mrs. K went sledding." "Mrs. Kjolhaug is Nice."

If you could send Mrs. Kjolhaug on a vacation anywhere in the world, where would you send her? Why would you send her there? "Hawaii. It is warm and she deserves it for all she has done." "China." "Mexico." "Canada because she wants to." "The cities, fun to go there." "China because it is a good place and she can talk Chinese or Spanish there."

What is one thing Mrs. Kjolhaug ALWAYS says? "That we have to read." "Come over here and read!" "Chunk it." "If you practice, you become better." "You need to write your letters better." "Get your work done." "Don't stare at me." "Welcome back." "Pardon"



Madison Stenzel works the ball up the court.



On the left Tamara Skinaway tosses the ball to Rachel Spray and on the right Brynn Hetland shoots from the circle.



Hunter Churness on the left and Sam Lavin on the right both looking to pass for the Bears.



Disrud...

Continued from page 3

only have one item on my bucket list and that would be to skydive. It has been something I have wanted to do for years, and hopefully, before I lose my nerve, I can experience it.

And now a word (or two) about Mrs. Disrud from the students...

Why do you think Mrs. Disrud decided to become a teacher? "Because she loves kids" "She loves to teach us" "To help children learn about language like adjectives and verbs" "Because she likes teaching. She likes getting to know us." "She wanted to help kids who had trouble reading." "Because she is smart"

What is the best thing about Mrs. Disrud? "She's nice" "On Fridays she lets us play games" "She sometimes gives us barely any work" "She is fun, funny, and has a good sense of humor" "She's nice." "She's funny sometimes. I like her stories she tells." "She hands out candy." "She teaches us very well."

What do you think Mrs. Disrud was like when she was in elementary school? "Funny and smart" "Very nice and had lots of A+" "A nice student" "Smart." "She was probably a smart girl who had a lot of friends." "Happy." "She was crazy."

What do you think Mrs. Disrud does when she is not teaching? "Probably grading

4 THE LEADER-RECORD

papers" "Eats candy behind her desk" "Go and have fun with her grandchildren" "Probably thinking of what she is going to do next. Have a bunch of fun. Thinking of more fun ideas." "Sometime thinking of games for us to play." "Is with her grandchildren." "Goes to her daughter's house."

If you wrote a book about Mrs. Disrud, what would the title be? "The Story of Denise Disrud" "Life of Mrs. Disrud" "The Hawaii Trip" "The Teaching Life of Mrs. Disrud" "Smart Teachers" "Fun Mrs. Disrud" "Happy." "Cool Mrs. Disrud."

If you could send Mrs. Disrud on a vacation anywhere in the world, where would you send her? Why would you send her there? "Hawaii because she deserves it and she should get to relax" "Hawaii so she could swim with the dolphins with me" "Hawaii because she always says she wants to go there" "Florida because it is a good vacation place. She needs a good vacation; she works hard." "Costa Rica because she does a lot of work and she earns it." "Hawaii, because." "Cuba or Russia."

What is one thing Mrs. Disrud ALWAYS says? "Why are you always late?" "Put part of the question in the answer" "Capital letters!" "Start with part of the question." "Don't complain."



Sam Lavin shooting a free throw on the left and Rachel Spray passes to Madison Stenzel, all three Bear seniors.



Legal Notice

Notice of Annual Meeting and Election of Officers

Notice is hereby given to the qualified voter(s) of Pine Lake Township, County of Clearwater, State of Minnesota, that the Annual Election of Town Officers and Annual Town Meeting will be held on Tuesday, March 8, 2016. In case of inclement weather, the meeting and election may be postponed until the Third Tuesday in March.

The Election Poll hours will be open from 3:30 pm to 8:00 pm at which time the voters will elect:

Supervisor for 3 years
Clerk for 2 years

The Annual Meeting will commence at 2:00 pm to conduct all necessary business prescribed by law.

The Annual Election and Meeting will be held at the following location:

American Legion Club,
North Door
Richard Aos, Town Clerk,
Town of Pine Lake
Date: 2-19-2016

NOTICE TO LEON TOWNSHIP

ANNUAL MEETING & ELECTION OF OFFICERS

Notice is hereby given to the qualified voters of Leon Township, County of Clearwater, State of Minnesota, that the Annual Election of Town Officers and Annual Town Meeting will be held on Tuesday, March 8, 2016. In case of inclement weather, the meeting and election may be postponed until the third Tuesday in March.

The Election Poll Hours will be open from 5:00 pm to 8:00 pm at which time the voters will elect one Supervisor for a 3-year term and one Clerk for a 2-year term.

The Board of Canvass will meet immediately following the close of the polls at 8:00 pm to Canvass the results.

The Annual Meeting will commence by 8:15 pm to conduct all necessary business prescribed by law.

The Annual Meeting and Election will be held at the Leon Township Hall.

Lori Larson, Leon Township Clerk

R48-49C

Sinclair Township Annual Meeting Notice

The Sinclair Township Annual Meeting will be held on Tuesday, March 8, 2016 at 3:00 pm at the Sinclair Town Hall. If inclement weather, meeting will be held on Tuesday, March 15th at 3:00 pm.

Brooke Pond, Clerk

R48-49C

Notice of Gully Township Election of Officers & Annual Meeting

Notice is hereby given to qualified voters of Gully Township, Polk County, State of Minnesota, that the election of township officers and Annual Meeting will be held Tuesday, March 8, 2016.

Election polls will be held from 5:00-8:00 pm at which time voters will elect at the Gully Town Hall:

1 Supervisor (3 year term)
1 Supervisor (1 year term)
1 Clerk (2 year term)

Annual meeting will follow at 8:15 pm.

In case of inclement weather, meeting and election will be postponed until the 3rd Tuesday, March 15, 2016 at the Gully Town Hall with the same times.

Carole J. Tharaldson,
Gully Township Clerk

R48-49C

NOTICE OF ANNUAL MEETING AND ELECTION OF OFFICERS

Notice is hereby given to the qualified voter(s) of Eden Township, County of Polk, State of Minnesota, that the Annual Election of Town Officers and Annual Town Meeting will be held on Tuesday, March 8, 2016. In case of inclement weather, the meeting and election may be postponed until the third Tuesday in March, 15, 2016 and if inclement weather also postpones the election and meeting on the fourth Tuesday they shall be held on March 22, 2016.

The Election Poll hours will be open from 5:00 pm to 8:00 pm at which time the voters will elect:

1 Township supervisor for a 3 year term.
1 Township supervisor for a 1 year term.
1 Clerk-Treasurer for a two year term.

The Annual Meeting will commence at 8:00 pm to conduct all necessary business provided by law.

The Annual Meeting will be held at the Gully Tri-Coop Lumberyard Meeting Room located across from the Gully Tri-Coop Elevator.

For further information contact Dennis Erickson, Eden Township Clerk-Treasurer, @ 218 268-4590.

R47-48C

Now hear this...

by Harry Hutchens,
Clearwater
County Veterans
Service Officer

GIVE A VETERAN A LIFT 2016: This Saturday! This vitally important event will again be held in the comfy seats of the Bagley High School at 7:00 on Saturday, February 20th. The Caring Friends present a night of the best local live music in support of the Clearwater County Veterans Transportation Program. This is right after the Sweetheart Dinner at the Bagley Senior Center. Please come out to enjoy the talented, heart-for-service musicians that have become so popular over the years, returning to bless attendees with great music combined with patriotic messages. A free will donation at the door is 100% mileage support for transportation of our local veterans to VA Health Care appointments via the Clearwater County Veterans Transportation Program. QUILTS OF VALOR: The "Quilters of East Polk County" chapter of "The Quilts of Valor" will be presenting quilts at this year's "Give a Veteran a Lift" program to local veterans as a grateful acknowledgment of these particular veterans' service to our country.

R48-1C

NOTICE OF ANNUAL MEETING AND ELECTION OF OFFICERS

Notice is hereby given to the qualified voter(s) of Johnson Township, County of Polk, State of Minnesota, that the Annual Election of Town Officers and Annual Town Meeting will be held on Tuesday, March 8, 2016. In case of inclement weather, the meeting and election may be postponed until the third Tuesday in March, 15, 2016 and if inclement weather also postpones the election and meeting on the fourth Tuesday they shall be held on March 22, 2016.

The Election Poll hours will be open from 5:00 pm to 8:00 pm at which time the voters will elect:

1 Township Supervisor for a 3 year term.
1 Clerk-Treasurer for a two year term.

The Annual Meeting will commence at 4:30 pm to conduct all necessary business provided by law.

The Annual Meeting will be held at the Johnson Town Hall.

For further information contact Lloyd Sweno, Johnson Township Clerk, 218-268-4411.

R48-49C

Regional Ag News

Jim Stordahl, Extension Educator

Crop Production Woes

As farmers prepare for the upcoming cropping season, many are struggling with a variety of concerns. First and foremost are crop prices, the current prices of most commodity remain below the cost of production. This is not a new problem, but coupled with other production concerns, it becomes a bit more complicated.

Perhaps the two most common cultural concerns are related to the production of the darling crop of the past decade or two, soybeans. Soybeans have become the crop of choice for many farmers for a variety of reasons, but foremost has been the reliability of production, and thus profits. If you track crop yields over a period of years, you'll see that soybean tends to provide a reliable yield with few quality discounts as compared to other crops. Both wheat and corn seem more vulnerable to weather incidents that can dramatically affect the crop yield or quality. Just ask any farmer about wheat quality discounts and get ready for an animated conversation with language colorful enough to make a sailor blush.

The next concern on farmer's minds is the alarming rate of increasing pests attacking the darling crop. Soybean cyst nematode is the sneaky one that slowly reduces yield without overly obvious symptoms. Not all soybean fields are infected with SCN, but every soybean producing county in our part of the State has now confirmed the presence of this new pest. If you don't have it yet, there's a chance it will become a problem.

The soybean cyst nematode is a microscopic worm that feeds on and within the roots of soybeans, dry beans and a handful of weeds. High levels of this parasitic worm can have a devastating effect on yield. SCN is difficult to detect because symptoms often mimic other common crop problems. Plants appear stunted and yellow so the problem is easily confused with wet soil conditions, iron chlorosis (IDC), or herbicide damage -- the three most common soybean yield thieves. As of today, aside from a longer crop rotation, an easy fix to this problem is not evident. If crop prices remain low, the only two options to growing a profit are increasing yields or reducing costs. Increasing yields is certainly an option that works well on paper, but Mother Nature has the final say on crop yield, so from a practical standpoint, that leaves reducing costs.

Most crop production costs are rather inflexible while others may have some wiggle room, but how does one decide what to cut and what to include?

The next obstacle is herbicide resistant weeds. The vast majority of US farmers now have some level of glyphosate resistant weeds. Although this trend has been worse in the South, the problem has moved north so that it's now become a prominent problem in our area, and getting worse.

But there is help. If you would like some practical suggestions on how to deal with these problems and increase

your profitability, join us for our annual East Polk County Crop Day on Monday, February 29th. The meeting will be held at the McIntosh Community Center beginning at 10 am. A noon meal will be provided compliments of Farmers Tri Coop, First National Bank of McIntosh, CHS -- Erskine and the Minnesota Wheat Growers.

Speakers for this event will include Dr Phil Glogoza, UM Agronomist who will address the pest issues in soybean and offer the latest research-based information on how to deal with SCN and resistant weeds. He will also touch on practical ways to edge your soybean yield upward.

Dwight Aakre is an NDSU Extension Farm Management Specialist and will present: "What can we do with tight operating margins? Don't make the situation worse by putting yield at risk."

Also, Minnesota Wheat Growers will provide an update on the results of region wide, large scale research project measuring the effect of nitrogen rates, plant growth regulators and seeding rates -- all of which will affect wheat profitability.

But wait, there's more! We will also have program updates from the new staff at the SWCD office, as well as NRCS programs. Both of these organizations have programs that may have a fit on your farm to solve soil concerns or programs that may provide profit alternatives -- such as CRP, which has very impressive rates now. Perhaps in these economic times, some of those acres may be better off in CRP?

Lastly, the East Polk County Crop Improvement Association will have their annual meeting.

Join us for an informative day, complete with a delicious noon meal, to learn how to improve your farm profitability in 2016.

Net Wrap or Twine?

What's better on large round

bales - net wrap or twine? Of course, the question is largely a matter of personal preference, but it has been objectively researched by Dr Kevin Schinners, Agricultural Engineer at the University of Wisconsin. Some of the suggested advantages of net wrap include faster baling, lower baling losses, better bale integrity during handling and transport, better water shedding ability and lower outdoor storage losses. The net wrap material and equipment do add to the costs of baling, but Schinners' research results justify the added costs in many situations.

Faster Baling

Only 1½ to 2½ turns of the bale are required to wrap a bale with net wrap, compared to 20 to 30 turns with twine. According to the their research, a baler set up to net wrap can bale 32% more bales per hour than one using twine. This speeds up the baling process, allowing more to get done when the weather is good. It also saves fuel and labor. This significantly greater productivity is the main advantage of net wrap balers, particularly for farmers with large acreages and custom operators who can pass on the higher costs to their customers.

Reduced Baling Losses

Because you are spinning the bale in the chamber significantly fewer times while wrapping with net wrap rather than with twine, there is significantly less leaf loss dropping out of the baler. In the WI research, wrapping losses were 1.0% of dry matter with net wrap and 2.9% with twine.

Reduced Outdoor Storage Losses

Outdoor hay storage results in a great deal of spoilage. Storing hay inside is recommended, but not always possible. Tarps can work, but can be challenging to maintain. The reality is that there are often

Stordahl...

Continued on back page

Thoughts from the Sheriff

Clearwater County Sheriff Darin Halverson



In this month's article, I want to take a look at the D.A.R.E. program and how it is operated in Clearwater County. At the end of the month, I will begin teaching D.A.R.E. to our fifth grade students in both Bagley and Clearbrook/Gonvick Schools. This will mark my 20th year of teaching this program to our youth. I have gotten to know many students over the years and it always makes me smile when I come across one who remembers me as being their "D.A.R.E. Officer". Let's take a look at what the D.A.R.E. program is all about.

First, D.A.R.E. stands for Drug Abuse Resistance Education. It was started in 1983 in Los Angeles California as a cooperative effort between the Los Angeles Police Department and the Los Angeles School District. The reason for this effort was because of the rampant drug use going on in their communities and they wanted to try to curb the epidemic. The thought was to start educating the youth about the dangers of drug use and how not to get involved in it.

The D.A.R.E. curriculum is taught by trained law enforcement officers. Each officer must go through a rigorous 80-hour training course to be certified to teach the program. All officers are taught to deliver the lessons exactly as they are written. They are not to interject their personal views or opinions in the delivery or alter the lessons in any way. With that said, officers often give real life examples that they have witnessed or been a part of personally to make a lesson more relevant.

In its infancy, there were ten officers teaching the D.A.R.E. program. Today, more than 50,000 law enforcement officers are teaching the program to more than 36 million students in 43 different countries.

The early D.A.R.E. lessons focused on teaching students the dangers of using alcohol, tobacco and marijuana and how to say no to the temptations to start using them. Alcohol, tobacco and marijuana were focused on because they are thought of as gateway drugs. Studies over the years have shown that most people will not experiment with harder drugs before they experiment with a gateway drug. The premise is that if you can prevent underage kids from experimenting with a gateway drug, you can prevent them from drug abuse as adults.

There were sixteen lessons in the early years of the D.A.R.E. program. The program has been transformed and now consists of ten developmentally-specific lessons. Today's lessons, called "keepin'

it real", are designed to engage the students in real life scenarios and teach them how to make healthy, wise decisions. Other topics covered are bullying and peer pressure. We do role playing so the students have the opportunity to practice what it might feel like in a real life situation if they are being bullied or facing peer pressure. The effects of alcohol, tobacco and marijuana are talked about, but not as in depth as previous years.

Decision making is the primary focus now. The decision making skills the student learn are beneficial in every aspect of their life. We talk about consequences to choices they make and how those choices can impact their life now and when they get older. A decision making model is introduced as a way to help the students think their way through a problem.

Creating healthy, confident young adults is our goal in D.A.R.E. We want to teach students the skills necessary to succeed in life at a young age, which in turn will result in a more productive society in the future.

I have heard some negativity over the years about D.A.R.E. I've heard that it doesn't work or it isn't effective. Studies have proven that it works and as I see it, even if the life of only one student in a classroom is changed it was worth it. I've heard that D.A.R.E. teaches kids to not listen to their parents. This is far from the truth. The students are taught how to make healthy, wise decisions and to think about the consequences of their actions before making a decision. If a child thinks it is a good choice not to listen to their parents then they have not made a good decision. Teaching the youth of our communities the skills to become positive young adults is very rewarding. In my opinion, doing nothing to educate our youth would be the biggest failure.

As I begin to teach our fifth graders in the county this year, encourage them, ask them questions and most importantly, support them. We cannot do this alone. Parents, guardians and extended family all play an important role. Working together in this endeavor will undoubtedly see the best result. I believe we all want what's best for our children.

If you have questions that you would like answered or any suggestions, please email me at darin.halverson@co.clearwater.mn.us or call the Sheriff's Office at 218-694-6226.

Thank you and as always, I am honored to serve as your Clearwater County Sheriff.

••SEEKING BIDS••

Good Shepherd - Our Savior's Lutheran Parish is seeking a labor bid for the removal, disposal and installation of siding, windows, soffits and fascia for our parsonage located at 417 3rd Ave., Clearbrook, MN.

Bids will be accepted through March 9th, 2016. The parish reserves the right to reject any or all bids. Interested bidders should contact board members:

Brad Borene, 218-776-3344 or 218-689-9123
Gary Bjerke, 218-243-3089

R48-49C

Legal Notice

PUBLIC NOTICE NOTICE OF MORTGAGE FORECLOSURE SALE

THE RIGHT TO LIQUIDATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION. NOTICE IS HEREBY GIVEN: That default has occurred in the conditions of the following described mortgage:

DATE OF MORTGAGE: January 26, 2007

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$102,000.00

MORTGAGOR(S): Scott McPhee and Amy L McPhee, husband and wife

MORTGAGEE: Mortgage Electronic Registration Systems, Inc., as nominee for Countrywide Home Loans, Inc.

TRANSACTION AGENT: Mortgage Electronic Registration Systems Inc.

MIN#: 1000157-0007650650-6

SERVICER: Specialized Loan Servicing

LLC LENDER: Countrywide Home Loans Inc.

DATE AND PLACE OF FILING: Clearwater County Minnesota, Recorder, on March 30, 2007, as Document No. A150545.

ASSIGNED TO: The Bank of New York Mellon FKA The Bank of New York, as Trustee for the certificateholders of the CWABS, Inc., ASSET-BACKED CERTIFICATES, SERIES 2007-3 Dated: June 30, 2011, and recorded July 11, 2011 by Document No. A158310.

LEGAL DESCRIPTION OF PROPERTY: Lots Nine (9), Ten (10), Eleven (11), and Twelve (12), Block Seven (7), Shevlin, Clearwater County, Minnesota

PROPERTY ADDRESS: 229 Broadway Ave a/k/a 2nd and Broadway, Shevlin, MN 56676

PROPERTY I.D: 27.300.0340

COUNTY IN WHICH PROPERTY IS LOCATED: Clearwater

THE AMOUNT CLAIMED TO BE DUE ON THE MORTGAGE ON THE DATE OF THE NOTICE: Ninety-Two Thousand One Hundred Sixty-Three and 69/100 (\$92,163.69)

THAT no action or proceeding has been instituted at law to recover the debt secured by said mortgage, or any part thereof; that there has been compliance with all pre-foreclosure notice and acceleration requirements of said mortgage, and/or applicable

statutes;

PURSUANT, to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:

DATE AND TIME OF SALE: 10:00 AM on April 13, 2016

PLACE OF SALE: Clearwater County Sheriff's Office, Courthouse, First Floor, 213 Main Ave. North, Dept. 102, Bagley MN 56621

to pay the debt then secured by said mortgage and taxes, if any actually paid by the mortgagee, on the premises and the costs and disbursements allowed by law. The time allowed by law for redemption by said mortgagor(s), their personal representatives or assigns is 6.00 months from the date of sale. If Mortgage is not reinstated under Minn. Stat. Section 580.30 or the property is not redeemed under Minn. Stat. Section 580.23, the Mortgagor must vacate the property on or before 11:59 p.m. on October 13, 2016, or the next business day if October 13, 2016 falls on a Saturday, Sunday or legal holiday.

"THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IFAJUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED."

Dated: February 24, 2016

The Bank of New York Mellon FKA The Bank of New York, as Trustee for the certificate holders of the CWABS, Inc., ASSET-BACKED CERTIFICATES, SERIES 2007-3

Randall S. Miller and Associates, PLLC Attorneys for Assignee of Mortgage/Mortgagee

Canadian Pacific Plaza,

120 South Sixth Street,

Suite 2050

Minneapolis, MN 55402

Phone: 952-232-0052

Our File No. 14MN00204-2

THIS IS A COMMUNICATION FROM A DEBT COLLECTOR.

A-4563161 02/24/2016, 03/02/2016, 03/09/2016, 03/16/2016, 03/23/2016, 03/30/2016

R48-1C



Emma Dorman, Naomi Shamp, Gabe Lavine, and Obediah Hammer took their turn selling cupcakes as members of iMPACT.



Virgil Tronnes and Jeannie Naastad are caught on camera working hard to make sure the week went well for the students at Clearbrook-Gonvick School.



TOURIST DAY was one of the days of snow week. Pictured here are several students helping raise the winter spirits for the week.



Denae Stenzel sporting her decorating skills as she helped prepare the sales of cupcakes. The students raised money to support Blocks for Haiti. One of the group iMPACT members, Adriana Churness will be going to Haiti to help participate with the building of the project.



Savannah Rankin and Mason Dickey helped out at the stand Friday evening helping to raise the funds for Bricks for Haiti.



Sydney Vakoch, Bailey Klema, and Kaylee Faldet are pictured manning the cupcake booth.



iMPACT students at Clearbrook-Gonvick school preparing cupcakes for their big sale. Proceeds will be going for Blocks for Haiti in support of building a home this spring by volunteers from the area.



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Morgan Cornell swung into action as an active participant in IMPACT. She not only helped decorate the cupcakes but she helped promote the Senior High by dressing up to support the BEARS during their games played that afternoon.



Seniors Madison Stenzel and Rachel Spray are pictured here following Senior night at the ballgames. The students were honored as Seniors by their teammates.

The weather wasn't going to keep this cowboy away from church in a recent snowstorm. Cowboys are tough!

Snowstorm didn't keep this cowboy away from church

Two weeks ago in almost blizzard conditions this rider decided to come to church in spite of the weather, and showed up to the Cowboy Church near Leonard on horseback.

Friends at the church, Walt Eyster and Margie Baughman who submitted the picture, said they couldn't tell at first what was coming down the road in the storm to the Lazy J Ranch where church is held. He allowed them to take his picture for the newspaper, provided they did not use his name.

Another person who attends there, Diane Moen, said the Cowboy Church has from 30-50 attendees, and it is a nice place to go.

"No politics are ever discussed in their messages, just what is right from the Bible," she said.

Clearwater County Fair Calendar Raffle Winners

- Feb. 13 - Page Bellefy, Bagley, \$20
- Feb. 14 - Perry Loiland, Bagley, \$20
- Feb. 15 - Nancy Sunderlund, Andover, \$20
- Feb. 16 - Sara Holm, Shevlin, \$20
- Feb. 17 - Misten Kaiser, Bagley, \$20
- Feb. 18 - Delores Fredenburg, Solway, \$20
- Feb. 19 - Wayne Hinrichs, Shevlin, \$20

Ad deadline: Noon Friday

Clear Waters Life Center Happenings...

WINTER BAG SALE starts today, Wed., Feb. 24 and runs through Saturday, Feb. 27. Bags provided: Large bag - \$5.00; small bag - \$3.00.

Shop-at-the-Top is open M-F, 10-4 & Sat., 10-3 at our Clearbrook location at 256 2nd Ave., SW.

Our Gonvick site has amazing rental space available for everything from an afternoon children's birthday party in the gym to permanent business space. We can meet your need whether it be a graduation or wedding reception, a baby or bridal shower, or space to start a food-based business. We invite you to stop in and see the comfortable spaces that we have available and let your imagination run free. Rent by the hour, day, or month, depending on your personal or business needs.

For other programs and services that we offer our area, visit us at: www.clearwater-sliffe.org, www.adulday-servicesgonvick.org or www.mustardseedhomes.org and our Facebook pages.

Our Gonvick site businesses at 226 Elm St. are open Mon., Wed., & Fri., 9-4 & Sat., 9-12: Create It! Community Art Studios & Gallery, Restore It! Furniture Shop, and Senior Connection (adult day services).

CWLC is a 501(c)3 non-profit organization providing a variety of free and low-cost programming and services to northern Clearwater County and surrounding area.

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\$25⁰⁰ (year) in Clearwater County

\$30⁰⁰ (year) out of Clearwater County

\$15⁰⁰ (6 months) in Clearwater County

\$17⁰⁰ (6 months) out of Clearwater County

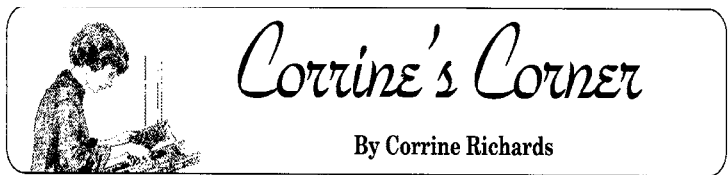
\$28⁰⁰ Snowbirds

Name _____

Address _____

City _____ State _____

Zip _____



By Corrine Richards

The Farmers Mutual Fire Insurance Company of Clearwater County will be having their annual meeting on Saturday, February 27 at the Gonvick American Legion starting at 10:30 a.m.

The Clearwater County Historical Society will be having a fundraiser pork dinner on Sunday, February 28 at the Bagley American Legion starting at 11:00 a.m. Silent auction and free will.

The Clearbrook Elevator Association will be having their annual meeting on Friday, March 4 in the banquet room at the Clearbrook Community Center. Noon lunch with the meeting at 1:00 p.m.

Make your voice heard as the DFL and GOP caucuses will be held on Tuesday, March 1. The DFL one at the Clearbrook-Gonvick School Commons area and the GOP at the Gonvick Community Center. Registration at both places starts at 6:30 p.m.

Shark Tank was a success for PRX out of Fargo. Eric is the son of Steve and Pam Hopperstad from Red Lake Falls. Steve graduated from Gonvick High School. See story starting on the front page.

The Bagley High School is collecting donations for the

Clearwater County Veterans Transportation Fund. A total of \$337.39 has been collected as of 2/19/16. First period classroom donations will continue until March 4th. The top 3 classes are as follows: Mr. Malterud- \$9.29 per student; Ms. Boring- \$3.50 per student; Mrs. Reynolds- \$3.48 per student.

Joke time...

Ole and Lars were working for the city public works department in Wisconsin. Ole would dig a hole and Lars would follow behind and fill the hole in. They worked up one side of the street, then down the other, then moved on to the next street, working furiously all day without rest, one digging a hole, the other filling it in again.

An onlooker was amazed at their hard work, but couldn't understand what they were doing. So he asked Ole, 'I'm impressed by the effort you two are putting in to your work, but I don't get it -- why do you dig a hole, only to have your partner follow behind and fill it up again?'

Ole, the hole digger, wiped his brow and sighed, 'Vell, I suppose it probably looks odd because ve're normally a three-person team. But today Sven, who plants da trees called in sick.

From my email .. RETARDED GRANDPARENTS

After Christmas vacation, a teacher asked her young pupils how they spent their holiday away from school.

One child wrote the following:

We always used to spend the holidays with Grandma and Grandpa. They used to live in a big brick house but Grandpa got retarded and they moved to Stayyoung Bay in Florida where everyone lives in nice little houses, and so they don't have to mow the grass anymore!

They ride around on their bicycles and scooters and wear name tags because they don't know who they are anymore. They go to a building called a wreck center, but they must have got it fixed because it is all okay now. They do exercises there, but they don't do them very well.

The Original Conservationists

Conservation Program Restores Wildlife; Helps Farmers Care for Land, Air, Water

By Val Dolcini, Farm Service Agency Administrator

The modern environmental conservation movement is one that has brought awareness and conservation practices to many urban audiences. To some, it probably seems like a recent shift in American thinking.

But American farmers and ranchers throughout rural and tribal lands were the original conservationists, wasting nothing and preserving as much as possible. And in recent decades, they've produced some amazing results that everyone should know about as a result of the USDA Conservation Reserve Program, or CRP.

This relatively young program, in farming terms, just entered its 30th year. CRP is a voluntary program where farmers remove environmentally-sensitive land from production for 10 to 15 years. Farmers re-establish key plant species, like approved grasses or trees, to improve water quality, prevent soil erosion, and create wildlife habitat. In return, farmers receive modest annual payments.

Since 1985, producers enrolled in CRP all across the nation have been responsible for restoring 2.7 million acres of wetlands and protecting 170,000 stream miles—enough to go around the world seven times. This protected water is responsible for reducing nitrogen and phosphorus runoff by 95 and 85 percent relative to cropland, respectively.

The program has enabled farmers and ranchers to reduce soil erosion by more than 9 billion tons, and even sequester 1.4 billion metric tons of greenhouse gasses—equal to taking 9 million cars off the road every year.

These restoration efforts also have an amazing and nearly immediate benefit to wildlife population, such as ducks, pheasants, sage grouse, and the lesser prairie chicken

There is a swimming pool too, but they all jump up and down in it with hats on.

At their gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out, and go cruising in their golf carts!

Nobody there cooks, they just eat out. And, they eat the same thing every night - early birds.

Some of the people can't get out past the man in the doll house. The ones who do get out, bring food back to the wrecked center for pot luck.

My Grandma says that Grandpa worked all his life to earn his retardment and says I should work hard so I can be retarded someday too.

When I earn my retardment, I want to be the man in the doll house. Then I will let people out, so they can visit their grandchildren.

-- even grazing for elk and moose, improved habitat for pollinating honeybees, and clearer streams for trout. In one area of the northern Great Plains, known as the Prairie Pothole Region, the U.S. Fish and Wildlife Service estimates that duck populations have increased by 1.5 to 2 million ducks per year. Many outdoors organizations also support CRP for its contribution to recreational activities such as hunting and fishing.

The success of CRP and a statutory limit on the number of acres that can be enrolled in the program will mean this year's enrollment period will be one of the most competitive in recent history. The application deadline is February 26. The most competitive applications will be those that combine multiple conservation benefits, such as water quality and wildlife habitat.

There are a lot of great conservation activities across the country, but when I think about the largest positive impacts to the rural environment, it's only natural that the American farmer and rancher are at the top of the list.

Stordahl...

Continued frm page 5

lots of bales stored outside uncovered. "Water shedding ability" for outdoor bale storage is frequently cited as a perceived advantage of net wrap.

In the Wisconsin trials measuring moisture levels in the "outside rind" of the bales, net wrapped alfalfa bales did shed rainfall better than twined wrapped bales and were lower moisture. Finer stemmed grasses seemed to form a better thatch. However, some of the advantage of improved water shedding ability is lost if bales are not stored on a well-drained surface (crushed rock, pallets, etc). Otherwise, rainwater will run off the bales and accumulate at the bottom.

In this study, in the outside hay rind, nutrient composition was significantly higher and dry matter losses were lower for net wrap compared to twine, but the core was generally unaffected. Average total dry matter losses for bales stored outside on the ground were 11.3% for plastic twine wrapped bales and 7.3% for net wrap. However, both of these options have significantly higher losses than inside storage and net wrapping bales for uncovered storage outside does not substitute for inside storage.

Other Advantages

If you are selling hay, net wrapped bales have greater aesthetical appeal and marketability, particularly cover-edge net wrap. Net wrapped bales have better bale integrity during handling and transport. This is particularly the case with round bales of chopped straw.

Additional Costs & Other Disadvantages

Balers can be easily equipped to net wrap bales. The wrapping mechanism can increase the initial cost of the baler by 15 to 25%. For example, it could add \$5,000 to the cost of a new \$30,000 round baler. The net wrap material also costs more. Depending on the number of wraps and other assumptions, the cost may be approximately doubled from about 50 cents to about \$1 per bale, or about \$1.25 to \$1.75 more per ton of dry hay.

In addition to the cost, some producers have found that net wrapped bales are more inclined to freeze hard to the ground. Although removing frozen twine from an iced-over bale during the dead of winter is nobody's favorite job, this can be even more challenging with net wrap. A net wrap system costs more than twine, but in many situations, including large volume operators, hay producers marketing large round bales, and farmers using some outdoor storage, those costs can be recovered by faster baling and reduced dry matter losses.

Win-E-Mac graduate receives Top Women in Finance award

Women leaders' career paths frequently take many directions, which has been the case with Kristen Kimmell, who started her working career in our local bakery and has continued making dough, just in another form.

Kristen is a 1989 graduate of Win-E-Mac high school and the daughter of Robert and Betty Tangen of McIntosh.

When Kristen graduated from the University of Jamestown with a B.A. in accounting and business administration, she decided that she needed to remain adaptable, and willing to learn. "That is what I emphasize to other people. The more adaptable you are, the happier you will be," said Kristen in a recent article.

She began her formal career in accounting and moved through numerous finance positions and across multiple business lines. She is now Chief of Staff for the seventh-largest full-service securities firm in the U.S., where she has been for the last 19 years. She feels fortunate that she did not have to leave the company to gain different career experiences and encourages all women, "not to focus too much on progressing to the next logical step on the corporate ladder. Rather, be willing to take new opportunities, they can help you develop and hone the leadership skills which will help you gain future advancement."

Kristen relied on many mentors to provide guidance and enable her to overcome challenges in her life and career. "These mentors have impacted me significantly," says Kristen. Sometimes she even gained knowledge, that others may not of even know, simply by watching and learning. She now finds it one of her most important responsibilities, being a mentor for others.

IN 2015, Kristen Kimmell was awarded a Top Women in Finance from Finance & Commerce magazine. This im-

pressive award honors those women who are making great strides in their career and communities. An expert panel of judges representing business and academia selected the 2015 honorees.

"Remaining adaptable, building relationships, learning from everyone, and welcoming change. These are essential components to overcoming obstacles. When you encounter unexpected challenges, be confident that you can manage them, and recognize that, far from impeding you, they can actually help you succeed.

Kristen is married, living in the Twin Cities area. She and her husband, Robert, have 2 girls.

Kristen on her Mom, Mary

When asked, Is there a role model who has had a profound impact on your career and/or life? What did he/she do to motivate you? She answered, "The person who has been a role model and had a profound impact on my career is my mother.

"As a child, I was able to see my mother's career develop and flourish and witness the passion she had for what she was



Win-E-Mac graduate Kristen Kimmell recently was honored as a Top Women in Finance.



Albert and Shirley Graftaas of Gonvick celebrated their 50th wedding anniversary with friends Wayne and Jane Jensen.

Happy 50th
to our snowstorm
brother on March 1st

Love, Your family R48C

Happy 60th
Birthday
to our sister

on
Feb. 27th

Love, Your family R48C

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Eric Hopperstad, Kevin O'Leary and Brian Brasch after the showing last week after they landed a deal on "Shark Tank". Eric is from Red Lake Falls and Brian is from Fargo, North Dakota.

PRX lands a deal

PRX Performance, a Fargo-based cross fitness equipment manufacturer, landed a deal with Kevin O'Leary on Shark Tank in an episode that debuted on ABC. O'Leary, also known as "Mr. Wonderful," invested \$80,000 for 20 percent equity in addition to 20 percent of all distributions. He was the only shark to make an offer.

"There were 69,200 companies that applied to be on the show, 120 made it on the show, 60 of them got a deal, and 29 closed on a deal," Brasch said at a live viewing of the episode Sunday night. "We are part of the 29 that closed."

Brasch and Erik Hopperstad, co-founders of the company, appeared in front of the sharks in June of 2015 when the episode was filmed in Los Angeles. They haven't been able to speak about the deal for eight months.

"It's nice to finally be able to talk about it," said Brasch, hugging and high-fiving friends and family who have been waiting in anticipation. Meanwhile, PRX Performance marketing director Rachel Rice watched the website hits climb from 653, 1,005, to as high as 3,000 during the viewing.

Brasch said the money will go towards inventory and research and development for two new products that will be launched this month. He and Hopperstad have been in the process of building a strategy plan with O'Leary, during visits with him in Toronto.

"He really is Mr. Wonder-

ful," Brasch said. "Not just as an investor and a mentor, but he just has a good heart."

PRX...

Continued from front page

Apparently, they did. But after that, all details are under a strict non-disclosure agreement, Brasch said. He did share that behind-the-scenes, there's no funny business. They were strictly forbidden from talking to the sharks until pitch time.

"You always wonder about a reality show, if there's any side things to it," he said. "But it's the real deal."

Other than that, what happened in the tank, stays in the tank. At least until this Sunday.

"Not for the weak of heart"

Regardless if they landed a deal or not, the appearance on Shark Tank is expected to skyrocket PRX Performance sales, Brasch said.

In 2015 a reported 6.9 million viewers watched the show. In 2013, Shark Tank produced TJ Hale stated that the marketing value of appearing on the show was around \$4-5 million – and it has only grown since then.

"To take a small business from Fargo, North Dakota and give it six minutes on national television... it's invaluable for a startup to have that kind of exposure," Brasch said.