

Leader-Record



CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER
Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail

\$1.00



Construction is going on the Clearbrook-Gonvick School addition building. Forms are poured and they are working on getting everything else poured. According to Superintendent Jeff Burgess, "We are looking at 2 changes at this point. One is the temporary fencing. The cost was \$11,000 for the fencing. I've inquired about the cost for this on other projects, to make certain our cost is comparable. The other is the pump portion for the localized sprinkler. We are looking at a new location for this, as the room we had planned to use might not have enough room."

ABE Resumes In-person Classes

In-person classes will resume in Bagley, Clearbrook, and Oklee this week. COVID-19 protocols, such as hand-sanitizer and social distancing or masks, whichever the individual prefers, will be in place

to protect students and staff. You are asked to bring your own pencil/pen, highlighter, and notebook which you will carry with you. Please call ahead to reserve your spot since some sites will

need to limit the number of students present at any one time to maintain social distancing. If you just drop-in, you may not be allowed to stay. Call Sherry at 218-776-2789 or 218-487-6008 or e-mail at shjelle@nwservice.

org to schedule.

In-person classes will be reinforced with online or packet homework for those without strong Internet and/or a laptop/desktop computer. In order to facilitate this, your first two to three class sessions will be used to do assessments to determine your learning needs and familiarize you with distance learning platforms, so you can be successful at home. If you have a laptop, Ipad or smartphone, please bring it along to class, so you can practice logging-in and become familiar with the platform that you will be using.

Class location and times:

Bagley Mondays
12:30 – 2:30 PM
Thursdays
9:30 AM – 12:30 PM
Clearbrook Tuesdays
6:00 – 8:00 PM
Wednesdays
12:30 - 3:00 PM
Oklee Thursdays
6:30 – 8:30 PM

ABE offers GED & Accuplacer prep, digital literacy skills (computer), citizenship, job skills, and more. Individualized study. Instruction is at no charge. All that is needed is a commitment from you of time and effort.



In-person GED classes will resume in Bagley, Clearbrook, and Oklee this week.



A cake with 'God Bless You' sentiments for Terri Erickson-Churness (left) and Terri Christianson (right) make the celebration complete.

Retirement held for District Cooks

Terri Christianson of Bagley, head cook for the whole Bagley School district for 15 years, and Terri Erickson-Churness of Clearbrook, cook for 25 years, gathered with friends who arranged to celebrate their retirement at the Bagley Park on Friday, May 29, 2020. The Bagley School District had honored them with beautiful engraved mantel clocks.

"It is wonderful to be retiring, but we'll miss everybody, especially the kids," Terri and Terri agree. They want to thank the District for the clocks.

Guests in attendance were Avis Johnson, Sue Willett, Vickie Johnson, Nichole Hinrichs, Willa Olson (who retired after 25 years in 2019), Cheri Michel, and Mary Jo Goldie were all cooks at the School District.

Beware of COVID-19 scams

As a public service, PrimeWest Health is warning area residents of new scams related to COVID-19. PrimeWest Health is a health plan owned by 24 rural Minnesota counties including Clearwater County.

Scammers are targeting people in many ways, including telemarketing calls, social media, and even door-to-door visits. One common scam is the offer of a test kit in exchange for personal information such as health insurance information. The scammer then uses these details to bill false medical claims. Other common scams offer miracle cures or treatments.

PrimeWest Health is sharing the following tips to help you avoid becoming the victim of a scam:

- Do not share personal, medical, or financial information over the phone or through email.

- Beware of any unexpected calls or visitors offering COVID-19 tests or supplies. If scammers get your personal information, they may use it in other fraud schemes.

- Ignore social media offers or advertisements for COVID-19 testing or treatment.

- Have a doctor or other health care provider assess

your condition and approve any requests for COVID-19 testing.

It can sometimes be tough to know what is true and what isn't. Call your health care provider or local public health office immediately if you have questions about offers or services relating to COVID-19.

About PrimeWest Health
PrimeWest Health is jointly owned by 24 rural counties and provides health coverage to individuals who are enrolled in Medicaid, MinnesotaCare, and Medicare Advantage. The owner counties include Beltrami, Big Stone, Chippewa, Clearwater, Cottonwood, Douglas, Grant, Hubbard, Jackson, Kandiyohi, Lac qui Parle, Lincoln, Lyon, McLeod, Meeker, Nobles, Pipestone, Pope, Redwood, Renville, Stevens, Swift, Traverse, and Yellow Medicine.

PrimeWest Health is governed by a Joint Powers Board of county commissioners from each of our 24 owner counties. No county dollars are used to support PrimeWest Health, and profits are reinvested locally to providers and organizations to improve access to and quality of health care.

For more information about PrimeWest Health, visit www.primewest.org.



The Gonvick Lions Club has installed another ramp to be used for people who have a hard time getting up steps. The club received a note from Jean A. Johnson saying, "Dear Heros! Thank you very much for the ramp you made me. I appreciate it very much. I apologize for my shaky writing. You are one great bunch of wonderful people. Stay safe and healthy. P.S. I will make it outside a lot more safely."

Gonvick vacates alley in block three

The Gonvick City Council at their special meeting for the purpose of discussing whether or not to pursue with vacating an alley in block three of Sodderlund's Addition. It was brought to the council by Scott Fawver, who is selling lots to a party to build new house on. The alley was originally plat- ted but never developed and was formerly known as the old football field. There are at the present time two houses that

had been built on the west side of the property. The alley was not affected by those buildings. The council gave the go ahead for the vacation.

The council heard from Dustin Franfulik and Steve Emery from Widseth Smith and Nolting on the preliminary Engineering proposal on the water improvement project.

The city is currently ranked 24 out of 368 in the PPL Rankings. The city will be looking at the services that WSN would be providing for the project. That would be to authorize preparation of the PER which includes obtaining RD funding, City Financials, Project Scope, and Alternatives. No action was

Gonvick Council.....

Continued on page 2

G is for Gonvick.....

Continued on page 2

G IS FOR GONVICK

The History Center in Shevlin is currently closed due to the Covid19 pandemic. While you can't visit the museum, the staff will provide stories from our county's past- "The ABC's of Clearwater County" in the meantime.

G IS FOR GONVICK, situated in the north central part of Pine Lake Township, has a history tracing back to the community of Wildwood. Wildwood was established in 1900, when P.A. Monsrud built a sawmill and Nels Fredenburg and John Halvorson built a store on the banks of the Lost River. Nels was then appointed postmaster of the settlement known as Wildwood. Very soon the small village began to grow, with two stores, a bank, a restaurant, post office, hotel, black smith, lumber yard, church and barber shop.

By 1907 there were enough people living in the area to justify building a creamery and so the Pine Lake Co-op creamery was es-tablished.

When the Soo Line railroad made its way through the area in 1910, the center of settlement shifted southward "up on

the hill" to where the present town site is laid. Many stores were moved, the Fredenburg store among them. The new village was named after the Martin Gonvick family, early Norwegian settlers there.

While the post office was

officially established in 1900, the major part of the town building naturally took place after the railroad site had been determined. Construction went forward at a rapid rate; within two years business places were strung along two streets. Early

establishments consisted of a hotel, blacksmith shop, pool hall, livery stable, general stores, hardware stores, lumberyard, and millinery shop. There was also the Gonvick Banner newspaper, the Farmers Elevator and a doctor: Dr.



BIRDSEYE VIEW OF GONVICK, MINN.

Community Calendar

Notice to American Legion members

The American Legion will hold their regular monthly meeting on June 9th at 7:00 P.M. at the Legion Cabin. LeRoy Sundquist, Cmdr.

Samhold Church Women NALC

The Samhold Lutheran Church Women's NALC has rescheduled their June 18th meeting to Thursday July 16 2020. Please watch the Leader Record for more information.

Clearbrook-Leonard Senior Meals

Wed., June 10 - Chicken and Noodles, Candied Carrots, Fruit, Dinner Roll, Sherbert and Milk.

Thurs., June 11 - Beef Tips, Mashed Potatoes, gravy, Buttered Beets, Bar, Dinner Roll and Milk.

Fri., June 12 - Meatloaf, Baked Potato, Sour Cream, Stewed Tomato, Fruit Salad, Bar, Bread and Milk.

Mon. June 15 - Veg. Soup, Meat Sandwich, Fruit, Crackers, Cookie and Milk

Tues., June 16 - Meatballs, Mashed Potato, California Blend Veg., Fruited Jello and Milk.

Wed., June 17 - Pub Fish, Scalloped Potatoes, Green Beans, Corn, Muffin, Brownie and Milk. *Please register for meals at least the day before. Call 776-3154 to sign up.*

Meals are served daily at 11:30 at the Clearbrook site except for evening meals served at 5 p.m. They are subject to change.

Notice to Eddy Township Residents:

The 2020 monthly meetings will be held at the Town Hall
8:00 P.M.
June 8
July 13
August 10
September 14
7:30 P.M.
October 13, Tuesday
November 9
December 14
(No meeting in January)
February 8
March 9, 2021 Annual Meeting, at 4:00 P.M.
Marilyn Shamp, Eddy Clerk

Clearwater County Demolition Debris Landfill and Waste Transfer Facility

Accepting: Demolition Debris
Waste Tires
Major Appliances
Scrap Metal
Yard Waste
Furniture
Large Wood, Metal, Plastic Waste Items

NO regular household trash

Hours:	Tuesday	10:00 am – 2:00 pm
	Thursday	2:00 pm – 7:00 pm
	Saturday	8:00 am – 12:00 pm

LOCATED 1.5 miles NE of Bagley on County Road 24

For fee schedule log on to www.co.clearwater.mn.us

Today In Banking

Some “Straight Talk” On Banking Today ... That Can Make Banking Better For You...

Due to Covid 19 Social Distancing practices our lobby is closed but our Drive up is **OPEN!**

Do You Have An Emergency Fund?

The idea of an emergency fund is to establish a special savings account in case of a job loss, expensive car repairs or other unforeseen expenses. Ideally, people should have enough money saved to cover six months of living expenses.

So, if you need \$3,000 each month, then a good goal is to have \$18,000 in your emergency fund. It's important to keep your money in a Savings Account, Money Market Account, or short-term CD so you have easy access to it and it's FDIC Insured.

Making Banking Better For You!

GO NVICK, MINNESOTA 56644 • PHONE 218-487-5244
www.nsbgonvick.com
MEMBER FDIC

Inter County Nursing Health Points

Find Your Happy Place

TIPS TO REDUCE COVID-19 STRESS

1. **Focus on what you can control** – including your thoughts, behaviors.
2. **Remember that you are resilient**, and so is human-kind. We will get through this.
3. **Do what you can to reduce your risk**; take comfort that you are caring for yourself and others.
4. Use technology to **connect with others** frequently.
5. **Look for the good stuff**; the helpers, time with family, and opportunities to pull together. Write down three things you are grateful for each day.
6. **Limit exposure** to news or social media updates.
7. **Use reputable sources** of news, avoid speculation and rumors.
8. **Model peaceful behavior** for those around you. Remember everyone experiences stress in different ways.
9. **Don't let fear influence** your decisions, such as hoard-

ing supplies.

10. **Be gentle** with yourself and others.
11. **Create a regular routine**, especially for children and work from home.
12. **Maintaining a healthy diet and exercise** routines to help your immune system and mental health.
13. **Spend time in nature** while adhering to social distancing guidelines.
14. **Reflect on your reactions**. Many who have experienced trauma may be triggered by feelings of powerlessness. Understanding what you are feeling can help you consider how you want to respond to the triggers.
15. **Practice meditation**, yoga, or other mind-body techniques. Find apps or online videos to help.
16. **Reach out if you need to talk**. There are local and national hotlines and warmlines that can help!

DISASTER DISTRESS HELPLINE 1-800-985-5990 “Talk-WithUs” TEXT 66746
<https://www.health.state.mn.us/communities/ep/behavioral/anxiety.pdf>

EDDY TOWNSHIP SEEKS GRAVEL QUOTES

Notice to Contractors

Gravel quotes will be received until June 8, 2020 by mail, to the township Clerk, Marilyn Shamp, 13697 440th St., Clearbrook , MN 56634 on behalf of Eddy Township Board for the project listed below:

Gravel to be applied to township roads

Quotes sought for crushed, class 5 gravel from current weed inspected pit. Include location of pit. Quote must include cost of gravel, and also the hauling and spreading, of approximately 3,000 yards. Gravel will need to be of acceptable quality. The Eddy Town Board of Supervisors reserves the right to reject any or all quotes.

Marilyn Shamp, Clerk.

G is for Gonvick.....

Continued on page 2

In 1917 the village became incorporated. School was first held in 1912 with Stella Hamery as teacher. The high school addition was built in 1927. The only church is the Samhold Lutheran, it's history dates back to 1899. Also in 1917, electricity was made available to local homes.

STORY TO SHARE!

If you have a story or photos you want to share, please send to: richards@gvtel.com



The Fish String.

Coronavirus Disease in Minnesota
<https://mn.gov/covid19/>
Link to the MDH webpage:
If You Are Sick
<https://mn.gov/covid19/for-minnesotans/if-sick/>

COVID-19 Hotlines Health Questions
651-201-3920 or 1-800-657-3903 8 a.m. to 6 p.m. Seven days a week

School and Child Care Questions:
651-297-1304 or 1-800-657-3504 . Weekdays: 8 a.m. to 6 p.m.
Weekend: 8 a.m. to 4 p.m.

Discrimination Helpline
1-833-454-0148 Bias and discrimination reports to the Minnesota Department of Human Rights.

Housing Questions
For single-family residences 651-296-8215
For multi-family residences 651-297-4455Monday - Friday 8 a.m. - 5 p.m.

Parenting Tips Cloud in a Jar
mother. -Unknown

Ad deadline:
Noon Friday

Gonvick Council....
Continued from front page
taken at that meeting.

The council approved the purchase of a M18 High Torque Impact Wrench Kit with a free grease gun from Burggraf's Ace Hardware in Fosston for use on city equipment upkeep.

The ClearbrookGonvick Police Department

Dan Gazelka gave the police report with 18 incidents. They were 911 Hang Up 1; Animal Related 2; Assault 1; Assist 1; Check Forgery 1, Crimes Against Family 1; Disturbance; 1; Fraud 1; Information Only 1; Medical 2; Property Damage 1; Suspicious Activity 1, Traffic Stop 3 and Welfare Check 1.

Science Activity
Needed items:
A large jar
Shaving cream (not the gel version)
Gel Food coloring or wash-able watercolors
Dropper
In small cup, mix food coloring with some water
Fill the large jar with water about 3/4 full.
Place the jar and the cup of colored water on the table. Place a dropper in cup of colored water.
Right before doing the experiment, spray shaving cream in the jar until it is just a small bit above the top of the jar.The shaving cream represents the clouds and the water represents the air. The colored water represents rain. As the colored water saturates the “cloud”, it gets heavy and eventually is so heavy that it can no longer hold the water. It “rains” down into the jar – through the “air”; just like real rain falls through the air.
Life doesn't come with a manual. It comes with a **mother. -Unknown**

Church News

GOOD SHEPHERD LUTHERAN CHURCH CLEARBROOK & OUR SAVIOR'S LUTHERAN CHURCH LEONARD
Pastor Robert Kirchman
Good Shepherd Our Savior's

Church Service will not be held in the church, but will be available on line on Facebook - Good Shepherd Lutheran Church ELCA Clearbrook, MN and on Online service Log into GsLcClearbrook.com. And go to the blog - you can join the email list to get updates on everything.

COUNTRY FAITH CHURCH
1 mile south of Clearbrook, 2 miles west on Cty. Rd. 6
Senior Pastor Larry Dorman
Associate Pastor Nathan Nordlund
Youth Pastor Brad Binder
Children's Minister Nicky Uberty
www.countryfaith.org
218-776-3367
office@countryfaith.org
Currently Meeting Online Only: Find us on Facebook & YouTube
Sunday – 10am Worship Service
Tuesday - 6:30am Men's Prayer Zoom call
Wednesday - 9am Women's Coffee Time Zoom Call
Friday - 9am Women's Book Study Zoom Call
Contact the church to get the most up to date information.

FIRST BAPTIST CHURCH Clearbrook
Pastor Verlyn Strenge
Thurs. June 4th, 7 p.m. Bible Study and Prayer
Sat. June 6th, 7 a.m. Men's Breakfast & Bible Study
Sun. June 7th, 9:30 a.m. Sunday School, 10:45 a.m. Morning Worship Service

Clear Waters Life Center Happenings...

Social distancing protocols in place for your well-being!
Celebrate Recovery Support Group: Resuming face-to-face group meetings this week. Thurs., 7:00 PM, CWLC-Clearbrook, 256 2nd Ave., SW, Second Floor.
Grow It! Greenhouse & Garden Center: 50% off Wave Petunias & Pansies - this week!
Mon., 9:00 AM – 8:00 PM
T-W.Th. 9:00 - 6:00 PM;
Fri. 9:00 AM - 8:00 PM;
Saturday, 9:00 - 2:00 PM
Phone orders with curbside pickup is available. Call 218-487-5290, Ext. 3.
Shop-at-the-Top & Restore It! Furniture Shop: Hours: 10:00 AM -4:00 PM, M-F, & 10:00-12:00, Saturday. Accepting donations Wednesdays, 7:00 AM-7:00 PM.
Adult Education is resuming in person instruction with online options. Tues., 6:00-8:00 PM and Wed., 12:30-3:00 PM. Contact Sherry at 218-776-2789 or shielle@nwservice.org.
Transportation Service for Clearwater County residents, 60 & over, who do NOT have MA: Call Karen 24 hours in advance at 218-776-2223 or 218-637-0509 to schedule your ride.
Office Hours: Clearbrook, 256 2nd Ave., SW., office hours: 8:00 AM to 4:00 PM, Tuesday-Friday
As a nonprofit, tax-exempt 501(c)3 organization, CWLC is able to provide a variety of free or low cost services to our area thanks to generous financial donors just like you. Be a part of making a difference, join our team. All donations to CWLC re tax-deductible
www.clearwaterslife.org, www.adulthoodservicesgonvick.org, or www.mustardseedhomes.org and "like" us on Facebook pages.

This ad is sponsored by:



A special thanks to all my friends & relatives who sent me beautiful cards on my 90th birthday. My cake had 90 candles on it and resembled a small bonfire. When I finally had blown out all the candles, the smoke alarm joined the party. It was a fun and memorable day. Friendship is truly a gift.

Lillian Payne
AKA “Tootsie”

SAMHOLD LUTHERAN CHURCH - NALC
Church Service will not be held in the church.
Schedule is subject to change as new information is released about the coronavirus.

UNITED LUTHERAN CHURCH
Pastor Kris Snyder
8 miles North of Gonvick on County Rd 7
Church Service will resume on May 31, 2020 at 9:00am
Weekly services thereafter pending MDH recommendations
Social distancing and infection control practices honored

BETHEL ASSEMBLY Fosston
Seth Johnson, Interim Pastor
We are moving online! Sunday morning and Wednesday evening services will be available via live video on Facebook only, until further notice. We will also have a radio program at 8:00am each Sunday morning on 96.7 FM.

ELIM LUTHERAN BRETHREN CHURCH Clearbrook
Pastor Adam Krog
All Public worship services at Elim Lutheran Brethren Church will be cancelled until further notice.
Pastor Adam Krog will continue to prepare and preach the Word during this season. It will be available on the internet at Soundcloud.com and search Adam Krog. Also you can listen on our weekly radio broadcast at 8:30am on Sunday mornings on 96.7FM.
If you have any questions or concerns please feel free to contact Pastor Adam at 218-776-3750 or 218-556-5760.
Let us all join together in prayer for each other and for our nation. May the God of all grace and peace be with you all.

CLEARWATER LUTHERAN PARISH Mt. Olive – Nazareth Oak Park – St. Petri
Pastor Jeff Merseeth
All churches in the Clearwater Parish (Mt. Olive, Nazareth, St. Petri and Oak Park) are closed the rest of March.

NEW JOURNEY CHURCH Josiah Hoagland, Pastor Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
A lot has changed in a week! With face to face gatherings now being limited to 10 people it drastically changes the way we will operate as a church family moving forward.
We will be doing church remotely for the foreseeable future. I have created a blog where I will post sermons via YouTube, along with prayer requests, announcements, articles, etc. Here is a link to our blog, where for now, you will find a welcome post and a link to an article. <https://newjourneyfosstonblog.blogspot.com/>

GULLEY-TRAIL PARISH Bethany * Lund Sand Valley Dawn Hanson, Lay Minister
No Services or Confirmation classes until further notice.

The Leader Record

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PUBLISHER'S LIABILITY FOR ERROR: The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.

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(218) 487-5225

Corinne Richards, Editor
Richard Richards, Publisher
Editorial office Gonvick, MN 56644
email: richards@gvtel.com
MEMBER MNA & NNA

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FROM THE PAST - 2002



Pictures from the top left to right:
Sing along at the Gonvick School.
Rod Skoe and Sara Hoag-burg.
Julie Gustafson.
Homecoming junior royalty Rebecca Kjolhaug and Tyler Johnson.
Mt. Olive Ladies Guild with Kathy Bakke, Brianna Manecki, Ruby Christanson and Sylvia Flateland.
Leonard all school reunion.
Victor Thompson getting his coffee fix.

Hazel Chesley playing at the 55th annual Clearwater Polk meeting.
Myranda and Sawyer Engberg as Raggedy Ann and Andy.

Clearwater County Sheriff Darin Halverson Clearwater County Sheriff's Office Weekly Activity

Bear Creek - Total 1
05/24/20 13:03 Traffic Stop
City of Bagley - Total 18
05/24/20 11:07 Medical
05/24/20 17:54 911 Hang Up
05/24/20 18:22 Medical
05/25/20 05:18 Welfare Check
05/25/20 07:46 ASSIST
05/25/20 09:16 Medical
05/25/20 10:52 Traffic Stop
05/26/20 13:44 Civil Complaint
05/27/20 10:46 Lost/Found
Property
05/27/20 21:10 ASSIST
05/28/20 04:02 Medical
05/28/20 14:07 ASSIST
05/28/20 14:14 Medical
05/28/20 19:06 Medical
05/29/20 09:17 Fire
05/30/20 10:35 Medical
05/30/20 11:16 Traffic Stop
05/30/20 22:14 Animal Related
City of Clearbrook - Total 5
05/25/20 15:03 Traffic Stop
05/25/20 15:57 Traffic Stop
05/25/20 19:30 ASSIST
05/26/20 21:28 ATV Complaint
05/28/20 12:00 Traffic Stop
City of Gonvick - Total 1
05/26/20 21:52 Vehicle Lock Out
City of Leonard - Total 1
05/24/20 04:14 Officer Detail
City of Shevlin - Total 3
05/24/20 04:44 Officer Detail
05/26/20 15:58 Runaway
05/29/20 21:31 Traffic Complaint
Copley - Total 9
05/26/20 07:33 Civil Complaint
05/26/20 13:21 Traffic Complaint
05/27/20 09:49 Traffic Stop
05/28/20 13:26 Crimes Against
Family
05/29/20 13:48 Juvenile Misc
05/29/20 20:55 Medical
05/29/20 21:54 Traffic Stop
05/30/20 15:12 Suspicious Activity
05/30/20 20:44 Motorist Assist
Dudley - Total 3
05/24/20 07:37 Traffic Stop
05/27/20 14:10 Traffic Stop
05/28/20 12:53 Traffic Stop
Eddy - Total 3
05/25/20 16:32 Animal Related
05/29/20 19:53
05/30/20 16:25 Alarm
Falk - Total 4
05/25/20 08:26 Animal Related
05/25/20 12:31 Disorderly
05/27/20 11:34 Motor Vehicle
Crash
05/27/20 16:51 THEFT
Greenwood - Total 2
05/24/20 00:40 Suspicious Activity
05/27/20 23:25 Suspicious Activity
Holst - Total 2
05/27/20 03:55 Traffic Stop
05/28/20 13:11 Traffic Stop
Itasca - Total 1
05/24/20 09:31 911 Hang Up
Itasca State Park - Total 2
05/27/20 14:40 Vehicle Lock Out
05/27/20 18:44 Motor Vehicle
Crash
LaPraire - Total 3
05/25/20 01:38 Suspicious Activity
05/26/20 10:08 Officer Detail
05/27/20 07:36 Traffic Stop
LaPraire N - Total 8
05/26/20 00:11 Runaway
05/27/20 22:46 Threats
05/28/20 05:25 Assault
05/28/20 14:04 Juvenile Misc
05/29/20 07:56 Suspicious Activity
05/29/20 12:27 Information Only
05/30/20 00:27 Disturbance
05/30/20 06:39 Disturbance
Leon - Total 4
05/24/20 10:29 Traffic Stop
05/28/20 06:21 Motorist Assist
05/28/20 06:39 Traffic Stop
05/28/20 22:41 911 Hang Up
Minerva - Total 2
05/28/20 19:10 911 Hang Up
05/28/20 22:54 Medical
Nora - Total 4
05/24/20 10:36 Medical
05/24/20 14:28 Traffic Complaint
05/27/20 06:24 Traffic Stop
05/29/20 22:34 Suspicious Activity
Out of Jurisdiction - Total 2
05/24/20 12:29 911 Hang Up
05/30/20 16:11 Assist Other
Agency
Pine Lake - Total 2
05/26/20 08:49 Medical
05/27/20 02:44 Suspicious Activity
Popple - Total 3
05/28/20 05:28 911 Hang Up
05/28/20 07:37 Medical
05/30/20 21:35 Fire
Rice - Total 3
05/27/20 21:45 Suspicious Activity
05/29/20 08:25 Traffic Stop
05/30/20 11:08 911 Hang Up
Shevlin - Total 6
05/25/20 11:14 Traffic Complaint
05/26/20 07:59
05/26/20 10:56 Animal Related
05/28/20 23:09 Traffic Complaint
05/29/20 10:51 Motorist Assist
05/30/20 09:00 Animal Related
Sinclair - Total 2
05/27/20 08:53 ASSIST
05/28/20 10:14 Animal Related
Winsor - Total 2
05/25/20 12:24 Traffic Stop
05/28/20 05:58 Traffic Stop
Total Records: 96

Pine Lake December 12 & 13, 2020

This morning the new Cor PowerSports website went live, we will be updating information as it is finalized over the next few months but for now we have a few things on there for you to start looking at:

Schedule:
It is with great excitement for us to announce today that the **Gerald Dyrda Memorial at Pine Lake** will continue to the season opener, the date for the upcoming event is December 12 & 13!

You will also notice that Big Powderhorn Resort in Bessemer, MI and Giants Ridge in Biwabik, MN are rounding out the season on the ski hills. Those have been long term events we have been running under the Cor PowerSports series for the past few seasons and both those events will still be the format that we have

done with the MESC of Hillclimb & Hillcross on Saturday then Sunday will be cross country.

We are working on the remaining events and will have 8-9 weekends for the season; our goal is to have those dates announced next month.

Rulebook & Classes:
This has been a big question mark for many as we worked through the transition as both series ran a number of similar classes but some with different rule packages. We have worked with a group of fellow racers and crew to come up with the offering of classes for next season.

Here are a couple of the changes:
Pro Factory Women's / Sport Women's - we have created a lower cheaper entry level class for the women's division.

Pro Factory Vet 40 / Masters - We have created the Pro Factory



Second Lieutenant Kaylee Eskeli, a Plummer native, and a recent graduate from the US Air Force Academy, delivered the address for the Memorial Day Program at Plummer.

Greenbush Race Park cancels third race of the season

by Keith Cumming
Well the Corona virus has claimed the third race of the season at the Greenbush Race Park, cancelling the race for June 6th. The next race is scheduled for June 13th featuring the NLRA Late Models, joining the Late Models that night will be the Mods, Midwest

Mods, Pure Stocks and Outlaw Mini Mods. Pit gates open at 4:30, grandstands at 5:30, cutoff for the draw is at 6pm and the green flag drops at 7pm sharp. Check us out on the web at <http://www.greenbushracepark.com>, or give us a like on Facebook at Official Greenbush Race Park.

Free mental health and wellness webinar series for farmers and ranchers

The Northwest Minnesota Foundation (NMF) is offering a free webinar series on their website to address mental health and wellness for farmers and ranchers. The agricultural sector of northwestern Minnesota, and all over the country, has been significantly and negatively impacted over this last year. Difficult weather and tariffs, and now COVID-19, have challenged many of farmers, ranchers and their families.

NMF has worked with regional mental health specialists to present three webinars for farmers, ranchers and the people who work with them. The series is titled "Seeds of Promise: Growing Resiliency in Times of Stress" and includes topics such as coping in times of stress, addressing self-care and resiliency, and helping farm couples thrive during difficult times. A link to access these webinars can be found on NMF's website homepage at www.nwmf.org and click "Support for Farmers and Ranchers".

Presenters include:
• Monica Kramer McConkey, MA, LPC: Monica grew up on a farm in northwestern Minnesota and has intimate understanding of the dynamics leading to farm stress and its impact on farm families. She currently works as one of two Rural Mental Health Specialists in Minnesota providing support to farmers and their families through a contract with the MN Ag Centers of Excellence and Farm Business Management.

Monica also travels throughout the country speaking on the impact of Emotional Stress on the Farm through her consulting business Eyes on the Horizon Consulting, LLC.

• Dr. Brenda Mack, DSW, MSW, LICSW: Brenda is a behavioral health and wellness consultant, trainer, presenter, researcher, and Assistant Professor in the Social Work Department at Bemidji State University (BSU). Before joining the faculty at BSU, Brenda worked for twenty years as a program manager, outpatient and in-home therapist and mobile behavioral health crisis responder for a community mental health center. She has a Bachelor and Master of Arts degrees in Social Work from the University of North Dakota and a Doctorate in Social Work from the University of St. Thomas in St. Paul, MN. She is a Licensed Independent Clinical Social Worker through the Minnesota Board of Social Work.

• Shauna Reitmeier, MSW, LGSW: Shauna serves as the Chief Executive Officer at Northwestern Mental Health Center (NWMHC). In addition to her leadership and management responsibilities at NWMHC, she is a Licensed Graduate Social Worker and sees clients at the Crookston clinic location. Shauna holds a Master of Social Work degree from the University of Michigan, Ann Arbor, and a bachelor's degree in social work from the University of North Dakota, Grand Forks.

Whether you are a farmer or rancher yourself, work at an ag lending institution, a school, church or you are a friend or neighbor, these sessions will provide information on how to best mitigate the challenges that farmers and ranchers are experiencing. These webinars can be watched or listened to at home, in the truck or the tractor - anywhere there is an internet connection. This webinar series has been funded by a grant from The Funder's Network and the NMF work with the Philanthropic Preparedness Response and Emergency Partnership learning cohort.

NMF also provides a list of resources available to farmers and ranchers on their "COVID-19 Updates and Resources" page, which can also be found by visiting www.nwmf.org and clicking the "Support for Farmers and Ranchers" link on the homepage.

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Corrine's Corner

By Corrine Richards

From my mail...
Someone sent this into the Leader-Record which had been in the paper several years ago. But it still fits for today!
Keep skid chains on your tongue. Always say less than you think. Cultivate a low,

persuasive voice. How you say it often counts more than what you say.
Make promises sparingly and keep them faithfully, no matter the cost.
Never let an opportunity pass to say a kind and en-

couraging word to or about somebody. Praise good work, regardless of who did it.
Be interested in others: their pursuits, their work, their homes and their families. Make merry with those who rejoice; with those who weep, mourn. Let everyone you meet, however humble, feel that you regard him as a person of importance.
Be cheerful. Don't burden or depress those around you by dwelling on your aches and pains and small disappoint-

ments. Remember, everyone is carrying some kind of burden.
Keep an open mind. Discuss but don't argue. It is a mark of a superior mind to be able to disagree without being disagreeable.
Let your virtues, if you have any, speak for themselves. Refuse to talk about the vices of others. Discourage gossip, it is a waste of valuable time and can be destructive and hurtful.
Take into consideration the feeling of others. Wit and humor at the expense of another is never worth the pain that may be inflicted.
Pay no attention to ill-natured remarks about you. Remember the person who carried the message may not be the most accurate reporter in the world. Simply live so that nobody will believe him. Disordered nerves and bad digestion are a common cause of backbiting.
Don't be anxious about the credit due you. Do your best and be patient. Forget about yourself and let others "remember". Success is much sweeter that way.
Joke Time -
Foggy
One foggy night off the southwestern coast of Norway, a Swedish battle ship received a radio signal in Norwegian telling it to shift course 10 de-

grees to the west. The Swedish captain bristled, and replied that the sender should shift HIS course 10 degrees to the east! Moments later the reply came telling the Swedish ship to move 10 degrees to the west. "I vil NOT!" screamed the captain. He turned to the radio operator and yelled, "Yu tell dat dumb norveegian to shift 10 degrees to da east!" Again came the reply to the Swede to shift his course 10 degrees to the west. By now the captain was livid, and he signaled "NOW YU LOOK HERE, I AM A CAPTAIN ON A SWEDISH BATTLE SHIP. AND I AM TELLING YU TO SHIFT YOUR COURSE 10 DEGREES TO THE EAST IF YU KNOW VAT'S GOOD FOR YU!" Moments later came the reply: "Ja, vel I am at the Norveegian lighthouse and you vil shift 10 degrees to da vest, if yu know vat's good for yu!"
From my email...
A puzzle.
What has 4 letters
Sometimes has 9 letyers
and Never has 5 letters.

Quick tickets... Does your organization need raffle tickets" Call 218-487-5225 or email richards@gvtel.com your information and we will be glad to help you.
Obituaries in the Canary are also put on our website for you to see. Go online at trico-canary.com. They are free and updated as they come into our office.

To the Editor

**Dear Clearbrook
Gonvick Community**
Thank you so much for all your cards & words of condolences at the passing of my mother and Kjersti and Ambjør's grandmother.
My mother loved how welcoming and caring the community was to her. She was brought into card playing, bible study and to your lives. We are grateful for your love and hospitality.
Although our hearts hurt and we miss her deeply the words of Revelations 21:4 He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore for the former things have passed away.
Thank you and God bless you,
Pastor Kris, Kjersti, & Ambjør Snyder



"Wolden Family Four Generations" - "The youngest of the four generations is Dawson Douglas Wolden, born on October 18, 2019 at Altru Hospital in Grand Forks, ND. Dawson's parents are Justin and Rachel Wolden of Grand Forks, ND. Grandparents are Wayne and Lori Wolden of Wadena. Great Grandparents are Marvin and Marylou Wolden of Rural Gonvick."



The Ultima Bank locations of Winger and Fosston held a Fill up the Truck food drive to benefit local area food shelves on May 21st. The Winger location's truck was filling up as staff from Ultima Bank gathered donations. Pictured, left to right: Jenny Hanson, Amanda Swanson, Ron Lemer, Shelby Chatterton, Rochelle Bauer, and Marlys Balstad.



Helping Terri Erickson-Churness of Clearbrook and Terri Christianson of Bagley, celebrate their retirement were: Avis Johnson, Sue Willett, Vickie Johnson, Nichole Hinrichs, Willa Olson (who retired after 25 years in 2019), Cheri Michel, and Mary Jo Goldie. They were all cooks at the School District.

We'll get through this together.

To all the unsung heroes who provide for our health, our safety, our wellbeing, our food, our supply chain—thank you from all of us at Enbridge.

To those of you staying home, practicing social distancing and flattening the COVID-19 curve, we also say thank you.

We're working closely with our nonprofit community partners, our closest Indigenous and Tribal neighbors, and local governments to help where resources are needed most—including food banks, social service agencies, mental health organizations, first responders and health care providers.

The energy we deliver, safely and reliably, heats homes, fuels lives and keeps vital services operating. While we continue this essential work, we have also taken steps with our people and in our workplaces to do our part to help prevent the spread of the virus.

Stay healthy. Stay safe. We'll get through this together.

