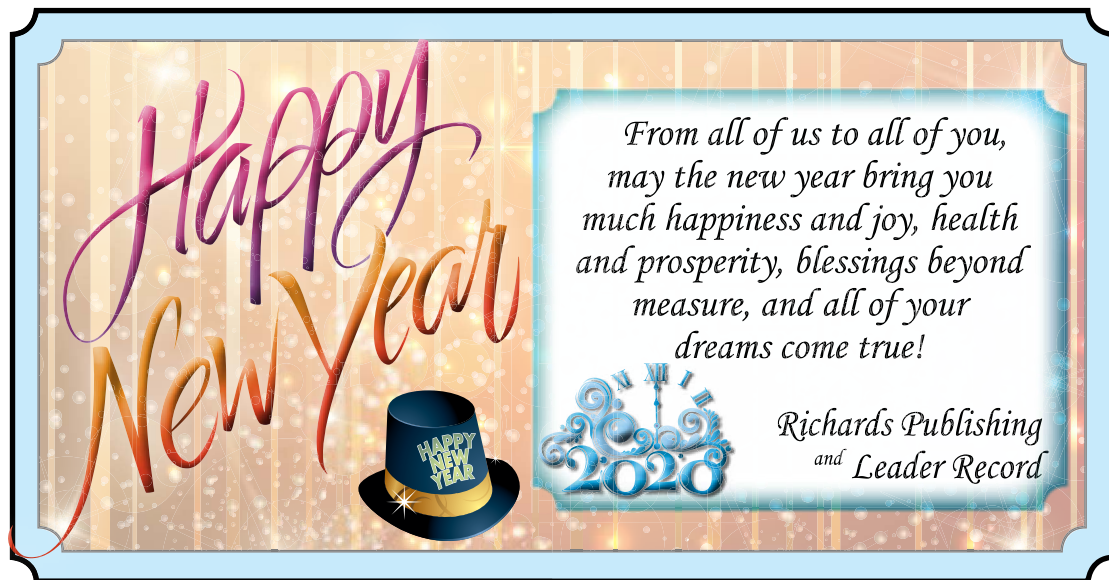


Leader-Record



\$1.00

CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER
Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail



CVSO is on track for improvements and more community involvement

By Karen Edelbach
The Clearwater County Board of Commissioners heard from the new Veterans Service Officer, Lindsey Lamwers, when they met on December 17, 2019.

"Last week I attended the Gonvick Legion's meeting and briefly introduced myself and my background," she said, and "I met with the Clearbrook Legion's Commander."

She also met with the Executive Board of the Bagley Legion where she had a chance to answer questions and discuss what they would like to see done differently in the future. She is striving to build relationships between the local clubs and the office.

"I have several plans to improve the office by using the MDVA Enhancement Grant funds of \$7,500 to do so. It must be spent by June of 2020, then we can apply for another Grant."

One plan is to purchase the operating system called VIMS, which costs \$500 to implement and \$500 per year to maintain. The difference between the cost of this and the current system, Vetraspec in minimal to gain a better system.

"With VIMS we would own the data, and I feel more comfortable that we own the data. These are our records," Ms. Lamwers stated.

"Be sure to be in contact with IT," Commissioner Neal

Illies said, which she said has already been done.

Regarding Veterans transportation to medical appointments in Fargo, Ms. Lamwers has been in contact with the DAV transportation system that runs directly through Bagley on the way to Fargo, and wants to see the County utilize this free service.

"Their DAV van has run for the past six years. It is free to the County and the Veterans going to Fargo," she said. By utilizing the DAV for Fargo trips, they will still have close to \$11,000 in the Transportation Fund for other use such as trips to St. Cloud or Minneapolis, and donations are still coming in, she stated in the update.

Commissioner Illies said, "A lot of time was spent for fundraising."

Chairman John Nelson said this topic of the Transportation Fund should be brought up again, and Ms. Lamwers will come to the next Department Head Meeting then a work session about this, as there are some concerns.

One of the past concerns is that the County has run out of money for Veterans Transportation. Since Commissioner Dean Newland was not present to hear this discussion about the Transportation Fund the Chairman said it needed to be brought up again.

Another thing the CVSO would like to use grant funds for is the purchase of new office furniture, including some chairs for the Veterans to sit in while waiting for appointments, and Clearwater County Veteran Service Officer apparel. A motion will be forthcoming for the furniture purchase at the December 31 meeting of the Board.

"The apparel is needed so that the office is always represented appropriately while doing outreach," she said as to why it is needed. "Consider this somewhat of an office uniform which goes well considering the population I work with."

The department will be automating the hard files currently in file cabinets by combining forces with the Human Services to gain access to files to solve privacy issues. She says it will make the office efficient and updated.

An objective for the department is to research and talk with local vendors such as HVAC, contractors, and others.

She wants to discuss ways the office can assist local Veterans and streamline processes.

"Overall, the office is on a good track for improvements and more community involvement in just one short week!" she was enthused to say.

Council appoints Miller McDonald as auditor

The Gonvick City Council at their December meeting sent an engagement letter to Miller McDonald of Bemidji to do their tax audit for the coming year. They have been doing it for the past few years.

They also passed Resolution 19-4 appointed election judges for Presidential Nomination Primary Election. They include Eva Lee Janssen, Stacy Halvorson and Eilene Lien. They will also have go through a training session.

Council set the tax rate at 5% for the 2020 year for a total of \$118,274.00. This can only be lowered and not raised.

Stacy Halvorson administered the Oath of Office to Shane Olson, who was appointed to fill the vacancy from Dan Johnson until the term ending on December 31, 2020.

Clearbrook-Gonvick Police Daniel Gazelka brought before the council that the Police Service Budget will have to be looked at for the 2021 year.

Gonvick pays to the City of Clearbrook \$2,221.00 for services each month.

Police Department report for the month included 16 records with Animal Relate 1; Court Order Violation 1; Disturbance 1; Domestic 1; Fire 1; Harassment 1; Information Only 2; Medical 3; Runaway 1 and Traffic stop 4.

Bills paid for General \$23,158.65, Fire \$2,925.30, Water and Sewer \$5,411.75 for a total of \$31,495.70.

Clearwater Community Variety Show

Dust off your tap shoes, exercise those vocal chords, break out the poetry, juggle some oranges, tickle the ivories and restring your guitar --- The Bagley Community Theater is hosting the second annual Clearwater Community Event which will showcase our community talent! Last year the Bagley Community Theater hosted a Christmas event benefitting the Clearwater Christmas Project and raised over one thousand dollars.

This year, the Clearwater

Community Variety Show will be Sunday, January 12th at 4 pm in the Bagley High School auditorium. Notice the word VARIETY. We hope to have great variety from the community participants. This event will benefit the Arts in the Clearbrook-Gonvick and Bagley school districts with a free will donation as the admission price. Coordinators Josh and Cindy Gunderson, Joel and Marilyn Hood, Jim and Jane Merschman and Britta Kilber

encourage people of all ages in the community to take part in this event. To sign up or have questions answered, contact Josh Gunderson (701.230.1571-jgunderson@bagley.k12.mn.us) by January 1, 2021. This year we are limiting the event to twenty selections, so the earlier you sign up, the better. More information will follow in the coming weeks. Let's make this second annual event as entertaining as last year!

History Center in Shevlin resumes Children's "Historikids" programs on January 11

On the second Saturday of each month, the history center in Shevlin will host a one-hour "HistoriKids" program. Each month beginning in January, outreach coordinator Greg Powell will lead a discussion and craft project that tells the story of the people and history of Clearwater County. Each program will be appropriate

for ages 6-11 and their parents.

The first program will be Saturday January 11 and will be an Interactive Music Program For Parents And Their Children. What kid doesn't like listening to or making music? Well here's your opportunity! From 10 - 11am Powell will give a short presentation on the ethnic music of our early pioneers and

the instruments they played. An easy craft project will wrap up the session.

A donation of \$2.00 per child is requested to help pay for materials. The program will be in the meeting room of the History Center, so come in the north gate and through the green door. For more information call Greg at 218-785-2000.

Individual Artist Grant applications are due January 15

The R2AC Individual Artist Grant Program, made available with funding from the McKnight Foundation, provides financial assistance to artists in any arts discipline or in any stage of their career as an artist. This grant offers funding for costs associated with the exhibition, performance, or

production of a creative work; purchase of materials or equipment necessary for a creative work; educational opportunities; mentorships; and proposals for career-enhancing projects or opportunities. Artists can apply for grants up to \$2,000.

Applicant must be a resident of Beltrami, Hubbard, Clear-

water, Lake of the Woods, or Mahanomen Counties.

Application Deadline: January 15, 2020

Maximum Award: \$2,000 (25% Cash Match for equipment purchases)

Grant..

Continued on page 2

2019 Year in Review....

January...Nearly 200 guests were at the CWLC for Home for the Holidays dinner and show, a two act play set in World War II. Volunteers are the heart and soul of making it happen...Rosie Rude had her 80th birthday... Vehicles and a snowmobile were stolen south of Bagley, police asking for all possible leads...New officials take Oath of Office in Clearwater County, Brenda Knable-Recorder, Mark Titera-District 1, Mark Larson-District 5, Neal Illies-District 3, Darin Halverson-Sheriff, Al Paulson-Auditor/Tres, Paul Rydeen- Soil & Water District, Al Rogalla- Attorney...Megan Godtland Counselor, was the featured Teacher for C-G Spotlight article...Baby boy, Oliver Ruckreigle welcomed by parents and grandparents in Gonvick...Successful blood drive in Gonvick with 54 individuals donating their life saving blood and time with Vitalant on Jan.16th...Local Emerging Leaders announced: Bryce and Andrea Stordahl of Bagley... Blair Bakke celebrated her first birthday with 12 grandparents, great photo shared...Spotlight at C-G School featuring Sheree Hoie, paraprofessional...Story of Dee's Leonard Café owned by Deanna & Milo Durkin... Wedding reception held for newly weds Brian & Shannon Engebretson... Postal worker, Timothy Merle of Bagley sentenced for stealing money from mailed envelopes...Senior Connection Adult Day in CWLC in Gonvick featured...

We Lost... Raymond Berg, Helmer Anderson, John Lee, Don Ramberg, Debra Klein, Peggy Nelson, Vernon Gagnon, Theodore Johnson, Otto Hagen, Harlow Berg, Agnes Skime, Gladys Barron, David Berg, Louis Dessellier Sr., Gaylen Enerson and Irene Dessellier...

February...C-G School held spelling bee contest, winners were Landon Gazelka, Ryan Bodensteiner, Abbey Engen... Casey Dahl welcomed as new student teacher at C-G School... Honor society induction held for Abigail Johnson, Denae Stenzel, Chase Voxland, Nyah Neadeau and Jazmyne Smith... Jeff Basinger retires as Clearbrook Fire Chief, Adam Krog will replace him...Gonvick Veteran, Richard Vinje shared his story of a broken ankle, trip to Fargo's VA hospital and an artificial leg and foot. He shares, I have my life back...Eric & Amber Thoreson of Clearbrook announced new baby Jaxon Norman Thoreson...Lynn Riggs retires from Nursing Service after 33 years...Clearwater Co Food shelf honors outgoing officers, Becky Colebank, Sherry & Glen Rettmann...Leonard native, Sheldon Monson and sons share their mission trip to Las Vegas as they worked "The Big Search". The goal of this trip was to locate 30 missing and exploited youth in the city...local bus drivers were recognized for all they do in the community to keep our kids safe...Andrew Kaucher, English was the Teacher featured in the spotlight for C-G School... Michael Gibeau inducted into MN Softball Hall of Fame for outstanding contributions to the sport...FFA competition announced winners with some advancing to state, Congratulations to them and their Advisor!...Craft Day at Good Shepherd Lutheran was featured with photos of quilting and crafts...Angel Care fundraiser was held by the C-G Food Service to provide student lunch accounts and weekend bags... Wedding of Terri Erickson and David Churness announced... Kelsey Gunvalson was chosen for the poster by UMD to promote the internship program with the US State Department to Osaka, Japan, congratulations to Kelsey...

We Lost... Ernest Erickson, Floyd Neuschwander, Vernon Kleppe, Roy Ringstad, Gerald Larsen, Timothy Bunny Anderson, Richard Thomas, Barbara Geer, Gordon Langness, Elizabeth Piccolo, LaVonne Peterson, Ida Steindl, Al Wasson, Hedwig Reindahl, Kelly Julin and Donald Sorenson.

March...K & K's Café in Clearbrook opens with new management, Sara Bjerke and Brooke Iverson...Soil boring completed for new school addition at C-G School...Lauren Graftaas was chosen for brochures on junior recruitment for NDSU...Clearbrook class



of 1963 got together for lunch/reunion sharing photo from K & K's café...Mrs. Faldet's 2nd grade class had a special project day making bear snots, featured story shared...Girls & Boys basketball teams held parents night at C-G School... Elaine Johnson of Bagley was selected as 2019 Lady of Clearwater County...Photos shared of the excess of snow mounds and nowhere to put it...New Interim 4-H Program Coordinator, Kayla Nyegaard shared her story and excitement to be here in Clearwater County...Kandi's Kitchen in Gonvick featured, "it's not the dollars we make, it's the people we serve"...Adorable pictures shown from the 4th annual Firemen's dance with lots of Daddy- Daughter partners... Jennifer Mathison had the February support staff spotlight... Beverly Charles celebrates her 85th birthday at the Senior Center in Clearbrook...C-G student art show was featured with lots of great art pieces...Eugene Harwood shared his experience as a Korean War Veteran with great photos and story... Dr. Frank Drucker turned 90, gathering held at Fireside bar & grill...Bloyd & Shirley Ness celebrated their 60th wedding anniversary.... Great photos shared from Donuts with Dad at C-G School...Linda Brown, k-12



Community Calendar

Love Lights a Tree

For the week of Dec 29:
In memory of Debra Navratil, Ginetta Bergeson and Mary Carey from Lavidia Wiens.

Clearbrook Community Club Lighting Contest Winners!

- 1st Place - Cedric & Vanessa Gustafson
- 2nd Place - Paul & Megan Gustafson and Brandi Sather
- 3rd Place - Eleanor Hall and Frank & Anne Bergh
- 4th Place - Dale & Regina Volstad and Danny & Mary Ulrich

Leader-Record papers available at many locations including on-line
Clearbrook: Y92 Convenience Store, Bakkens Market, Thrifty White Drug
Gully: Gully Co-op, School House Grocery
Leonard: Strands Grocery Store
Bagley: Ortons, Kubiak's, Galen's, Bagley Co-op, Thrifty White
Red Lake: Red Lake Foods
Gonvick: Northern Bait and Convenience, Leader-Record office
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And Online! Go to www.TriCoCanary.com



Paul and Megan Gustafson house.



Eleanor Hall house.



Frank and Annie Bergh house.



Regina and Dale Volstad house.



Danny and Mary Ulrich house.



Darlene Sawyer helping Adilee Larson write her letter to Santa.



Thank you, Gonvick Lions Club, for the great bag of treats! Blessings of being in a small town.
Eileen Lien



Carlie Coulter painting Gus Coulter for Santa Claus Day.
Shown to the left is Tilden Lindom with Santa Claus.

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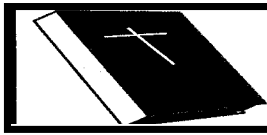
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Church News

GRACE FREE LUTHERAN CHURCH BAGLEY
Pastor Todd Klemme
9 a.m. Sunday School
10 a.m. Sunday Worship
September - May
Every Thursday: 10 a.m. Bible Study.
Communion First Sunday of the Month.

KINGDOM HALL OF JEHOVAH'S WITNESSES
Sand Lake Ave & 5th St. Bagley
Thursday: 7:30 p.m. Bible Study; 8:00 p.m. Theocratic School; 8:30 p.m. Service Meeting.
Sunday: 10:00 a.m. Public Bible Talk; 10:35 a.m. Bible Study.

ELIM LUTHERAN BRETHREN CHURCH Clearbrook
Pastor Adam Krog
Sun, Jan. 5 - 9:30 am Sunday School; 10:30 am Worship Service. Communion Service to follow..
Future Events: Jan. 19 - Annual meeting.

GOOD SHEPHERD LUTHERAN CHURCH CLEARBROOK & OUR SAVIOR'S LUTHERAN CHURCH LEONARD
Pastor Robert Kirchner
Good Shepherd
Sun., Jan. 5 - 9:00am Worship; 10:00am Coffee Hour/ Sunday School.
Tue., Jan. 6 - 7:00pm Worship Committee Meeting.
Wed., Jan. 8 - 5:30pm Youth Supper, 6:00pm Youth Bible Study & Confirmation, 6:30pm Choir Practice, 7:30pm Handbell Practice
Our Savior's
Sun., Jan. 5 - 10:30am Coffee Hour; 11:00am Worship.

FIRST BAPTIST CHURCH Clearbrook
Pastor Verlyn Strenge
Thurs. Jan. 2 - 7:00 p.m. Bible Study and Prayer.
Sat. Jan. 4 - 7:00 a.m. Men's Breakfast.
Sun. Jan. 5 - 9:30 a.m. Sunday School; 10:45 a.m. Morning Worship Service

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Clear Waters Life Center Happenings...

CLEARBROOK SITE:
Celebrate Recovery Support Group: 7:00 PM, Thursday, 2nd floor of CWLC-Clearbrook. Help with any hurt, habit, or hang-up. Great way to start the New Year!

Shop-at-the-Top: 75% off Christmas items through Jan. 11. Check out the savings on ladies' pullover, too. Hours: Mon. thru Fri., 10:00 AM to 4:00 PM, & Sat., 10-12.

Restore It! Furniture Shop: Antiques, pictures, headboards, & end tables. Handcrafted benches & picnic tables, too. Hours: Mon. thru Fri., 10:00 AM to 4:00 PM, & Sat., 10-12.

Youth Connection: Resumes Jan. 7. After-school Tues. for grades 5-7, 3:30-5:00. "YC in Action" for grades, 8-12, Wed., 2:30-5 PM. Free of charge. Registration/ permission forms are available online at www.clearwaterslife.org, "Programs". Transportation available from C-G school.

GONVICK SITE:
Senior Connection Adult Day Services: Openings for new clients. Home-like atmosphere. Professional staff. Licensed facility. Transportation available. Open Mon. & Wed., 10:00 AM to 3:00 PM. Questions? Call Marilyn at 218-487-5290, Ext. 1.

Transportation Service: Call Karen 24 hours in advance at 218-776-2223 or 218-637-0509 to schedule your ride.

Connection Mondays: 11:00-12:00 - Pickleball (free)
Looking Ahead: A new series of Friday Night Out starts Feb. 7. Check our website for dinner information. Reservations may be called in starting today! 218-776-2789.

Hours: Clearbrook, 256 2nd Ave., SW., office hours: 8-4, Tues.-Fri. Gonvick, 226 Elm St., M-W-F, 9-3.
As a nonprofit, tax-exempt 501(c)3 organization, CWLC is able to provide a variety of free or low cost services to our area thanks to generous financial donors just like you. Be a part of making a difference. Join our team. All donations to CWLC are tax-deductible.

For programs and services, visit: www.clearwaterslife.org, www.adultdayservicesgonvick.org, or www.mustardseedhomes.org and our Facebook pages.

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Church Location:
Corner of Hwy. 2 & Red Lake Ave. SW Bagley, MN
Pastor Eli Voigt
Sunday Divine Service: 9:30 a.m.
Sunday School / Adult Bible Study: 10:45 a.m.

SAMHOLD LUTHERAN CHURCH - NALC

Pastor Kris Snyder
Wed. Dec. 24: 5:00pm- Christmas Eve Candlelight Service. All Are Welcome!!
Wed. Dec. 25: No Activities!! Merry Christmas and Happy New Year!!
Sun. Dec. 29: 10:30am- Festival of 9 lessons and Carols
Sunday School will resume on January 5th, 2020.

UNITED LUTHERAN CHURCH - NALC

Pastor Kris Snyder
Wed. Dec. 25: Christmas Day 9:00 am Worship Service..
No Sunday school from December 22nd - December 29th - January 5th

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Associate Pastor Jim Binder
Associate Pastor Nathan Nordlund
Youth Pastor Brad Binder
Children's Minister Nicky Ubert
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Sunday: 9:00 a.m. Sunday School (Sept - May); 10:00 a.m. Worship Service (Jr Church during Sermon time); 10:00 a.m. Kids Worship (1st-6th Graders) most Sundays (Sept-May); 7:00 p.m. Youth Night (check the church website for dates or the Elevate Youth Facebook Page for up to date information)

Every Tuesday at 6:30 a.m. Men's Prayer
* Wednesdays - Care groups in various homes

CLEARWATER LUTHERAN PARISH Mt. Olive - Nazareth Oak Park - St. Petri

Pastor Jeff Merseeth
Wed, Jan. 1: No Wednesday School/Confirmation.
Sat, Jan. 4: 9:00 a.m. Mt. Olive.
Sun, Jan. 5: 8:00 a.m. St. Petri, 9:15 a.m. SS; 8:30 a.m. Nazareth SS, 9:45 a.m. SS; 8:30 a.m. Nazareth SS, 9:45 a.m. SS, 11 a.m. Oak Park Worship.
Wed, Jan. 8: 5:00 p.m. Wednesday School. 7:00 p.m. LYS meeting.

NEW JOURNEY CHURCH Josiah Hoagland, Pastor

Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
Fri, Jan. 3: 8:30 a.m. Friday School.

Sun, Jan. 5: 9:30 a.m. Worship. 10:45 a.m. Sunday School.
Tue, Jan. 7: 9:30 a.m. Ladies Devotions. 10:00 a.m. Quilting. 6:30 p.m. Bible Study.

Wed, Jan. 8: 6:30 p.m. Youth Group. 6:30 p.m. AWANA.

GULLY-TRAIL PARISH

Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Sun, Jan. 5: 9:00 a.m. Lund. 10:30 a.m. Sand Valley.

BETHEL ASSEMBLY

Fosston
Seth Johnson, Interim Pastor
Sun, Jan. 5: 9:30 a.m. Sunday School. 10:30 a.m. Worship.

VERNES LUTHERAN CHURCH McIntosh

Jill Torgerson officiating
Sunday: Services are at 9:00 AM (fellowship coffee following service)

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who obey Yahusha's teachings (John 8:31) are meeting each Sabbath in homes. (218) 766-8176 Homeless Shelter - Scriptural Counseling & Encouragement.

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MEMBER MNA AND NNA

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BEAR TRACKS

School news

Angel Care Fundraiser

Our annual Angel Care Fundraiser is coming up in January and February.

The Lunch Ladies of Clearbrook-Gonvick present the 3rd annual Angel Care Fund raiser. It assists with weekend backpack program, meal payment assistance programs, personal hygiene items and warm winter gear for students at Clearbrook-

With articles submitted by the staff, administration and students at the Clearbrook-Gonvick Junior and Senior High Schools

Gonvick School.

The first will be held on Tuesday, February 11 with a Potato Klub Supper and bake sale from 5 to 7 pm. Free will donation for supper.

There will be raffle drawings during basketball games on Friday, January 17, Tuesday, January 28, Thursday, January 30 and Tuesday, February 11. Drawings to be held at half time the last game. Need not be present to win.

This is a Thrivent Action Team Event.

If any groups, businesses or individuals would like to make

a donation for the raffle please contact Robin Proffit at 218-776-3112 Ext 320 or by email: robinp@clearbrook-gonvick.k12.mn.us or just drop off at the school office marked "Angel Care Fundraiser". Thanks for your support!!

STORY TO SHARE!

If you have a story or photos you want to share, please send to: richards@gvtel.com



A record setting number of K-6 students took part in the annual Christmas Treats after school event on Wednesday, December 18. Sixty nine kids enjoyed decorating cookies and cupcakes and more as well as doing some fun arts and crafts activities. This annual event is a collaboration between the Clearbrook-Gonvick Food Service staff and Community Education.

Of course, no event like this ever happens without a lot of help! From custodians, office staff, teachers, parents, grandparents and other adults, students and more, everyone works together to make something great happen for our kids!

Special thanks to Robin Proffit and her staff for again leading the way with the food prep and planning. Also, a very special thank you to Tiffany Kroulik for taking over the final coordination of registrations and recruiting of student helpers in my absence. I appreciate everything that all of you did for this event.

Judy
MERRY CHRISTMAS!



Zoe and Logan Burman.



Jackson and Casen Morthenson.



Adelynn Jallen was this close to Santa Claus.



The Clearbrook-Gonvick High School choir, under the direction of Tammy Ragan, performed Christmas Carols for one of Digi-Key Corporation's employee holiday dinners. During our visit, the choir learned about the Digi-Key company and made a mini-circuit board tree ornament. The group was also treated to pizza and pop before their performance. Digi-Key hosts several employee dinners each year. Guests are treated to Christmas music from one of many area high school choirs who are invited to perform. The company also generously donates to each school's music department.

Clearwater County Sheriff

Darin Halverson

Clearwater County Sheriff's Office Weekly Activity

City of Bagley - Total 11 12/23/19 08:40 Alarm 12/23/19 16:34 Traffic Stop 12/24/19 09:28 Traffic Complaint 12/25/19 04:47 Alarm 12/25/19 18:15 Medical 12/26/19 11:23 THEFT 12/27/19 08:13 THEFT 12/27/19 12:28 ASSIST 12/27/19 14:37 Lost/Found Property 12/27/19 23:59 Traffic Stop 12/28/19 00:07 Traffic Stop City of Clearbrook - Total 2 12/25/19 10:03 Suspicious Activity 12/26/19 14:48 Assist Other Agency City of Gonvick - Total 1 12/22/19 12:21 Threats Clover - Total 1 12/25/19 08:06 Information Only Copley - Total 6 12/22/19 00:16 Alarm 12/22/19 16:24 Animal Related 12/23/19 17:12 Assist Other Agency 12/23/19 18:00 Welfare Check 12/27/19 17:17 Welfare Check 12/28/19 06:51 Assault Dudley - Total 2	12/24/19 10:55 Domestic 12/28/19 14:52 911 Hang Up Eddy - Total 3 12/26/19 00:33 911 Hang Up 12/27/19 14:47 Traffic Complaint 12/28/19 22:38 Information Only Falk - Total 2 12/22/19 15:48 Medical 12/27/19 11:32 ASSIST Itasca - Total 1 12/28/19 23:58 Alarm LaPrairie N - Total 3 12/25/19 11:12 Information Only 12/25/19 15:40 Civil Complaint 12/28/19 11:15 Civil Complaint Leon - Total 4 12/23/19 15:35 911 Hang Up 12/24/19 07:05 Traffic Stop 12/24/19 15:26 Traffic Stop 12/26/19 18:41 Traffic Stop Moose Creek - Total 1 12/28/19 09:15 Assist Other Agency Nora - Total 1 12/24/19 20:35 Suspicious Activity Poppie - Total 7 12/22/19 09:54 Civil Complaint 12/22/19 13:49 Assist Other Agency 12/24/19 17:08 Medical 12/24/19 21:51 Transport 12/25/19 20:11 Traffic Complaint 12/27/19 12:27 Suspicious Activity 12/27/19 19:45 Animal Related Shevlin - Total 4 12/23/19 20:11 Fire 12/23/19 17:57 Court Order Violation 12/27/19 13:17 Suspicious Activity 12/27/19 18:36 Traffic Stop Total Records: 49
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Gonvick, MN

Richards Publishing Company



Wrapped Christmas presents were given to the children at the Gonvick Santa Day activities by Evon Quern and Stacy Halvorson.



Abel Bjerklie is very shy with Santa.

The family of Greg Olson would like to thank the staff at the Joe Leuken Cancer Center, Sanford Facilities, Essentia and Hospice for the wonderful care taken of Greg during his battle with cancer over the past eighteen months. The professionalism and compassionate treatment that was provided to Greg was exceptional.

Special thanks to Drs. Chalhoub, McBride and Nan Vobr - who not only warmly cared for Greg, but also listened patiently to his stories. Greg thought so much of all of you and of his entire health care team.

Thank you to family and friends who have offered many encouraging words of support during Greg's battle.

Thank you to those who were able to attend the Celebration of Greg's life, gave cards, memorials, food and all the beautiful flowers.

Special thanks to all who helped with Greg's service and service preparation, as well as Cease Funeral Home and the American Legion Club.

And lastly, a big thank you to Deb's co-workers and Board at Clearwater-Polk who made it possible for her to be with Greg over the past months of hospital and home stays.

We express our sincere appreciation to you all.

-The Family of Greg Olson

Clearwater County Demolition Debris Landfill and Waste Transfer Facility

Accepting: Demolition Debris
Waste Tires
Major Appliances
Scrap Metal
Yard Waste
Furniture
Large Wood, Metal, Plastic Waste Items

NO regular household trash

Hours:	Tuesday	10:00 am – 2:00 pm
	Thursday	2:00 pm – 7:00 pm
	Saturday	8:00 am – 12:00 pm

LOCATED 1.5 miles NE of Bagley on County Road 24 2424

For fee schedule log on to www.co.clearwater.mn.us

LEGAL NOTICES

PUBLIC NOTICE

Pine Lake near Gonvick, MN
Notice of Intent
to Operate Aeration system

An aeration system creating thin ice and open water may be operated on the Northeast portion of Pine Lake near the public access. The location is in Clearwater County, Pine Lake Township, SW¼, Section 22, (T149N R38W).

Operation of the aeration system will be contingent on oxygen testing levels within the lake. Further advertising will follow this notice for specific dates, if it becomes necessary to operate the aeration system.

If you have any questions, please contact Sportsman's Club member Larry Peterson at 218-791-5577 or the Red Lake Watershed District Office at 218-681-5800.

NOTICE

The City of Gonvick has developed a wellhead protection plan for its drinking water supply wells. Consistent with the Wellhead Protection Rule (part 4720.5350, subpart 4), a Public Hearing will be held on January 9, 2020 at 5:00 PM at City Hall, 170 Main Street in Gonvick, MN to discuss comments provided from local units of government and solicit comments from the public. A copy of the Wellhead Protection Plan is available at city hall for review.

NOTICE to the Residents of Clover Township

Notice is hereby given to the qualified voters of Clover Township that the Annual Election of town officers and annual town meeting will be held on Tuesday, March 10th, 2020 at the Clover Town Hall.

Filing for township offices will be open on Jan. 3rd, 2020 5pm.

Officers to be elected are
1 sup. for a 3 yr. term
1 clerk for a 2 yr term

Affidavits of candidacy may be filed with the clerk. There is a \$2.00 filing fee
Joel Wraa, Clerk
218-776-2457

Notice to the Residents of Johnson Township

Notice is hereby given: To Qualified Candidates to file affidavits of candidacy for:
1- Supervisor, 3 year term
1 - Clerk, 2 year term

Filing begins December 31, 2019 and ends January 14, 2020 at 5:00pm.

A \$2 filing fee is required at the time of filing. To file contact clerk Lloyd Sweno 218-268-4411
Lloyd Sweno, Clerk



Gus Coulter.



Crimsyon and Ellie Ruggero.



Ryder Kindem.

Corrine's Corner

By Corrine Richards

Happy New Year...
I think I have already broken my new year resolutions and we are not even there yet.

Make your plans now to attend the 2020 Gonvick Trail All School Reunion July 9-12. The Gonvick Lions Rodeo will also be held that same weekend.

From my mail...
Gary and Merlaine Evje sent a note with their renewal. "All of you do a great job on the paper, and we look forward to receiving it each week."

Joke Time -
Ole's daughter complimented her elderly father on his improved manners.
"After all these years, I notice you have finally started putting your hand over your mouth when you cough."
"I have to," Ole said. "How else can I catch my teeth."

Quick tickets... Does your organization need raffle tickets? Call 218-487-5225 or email richards@gvtel.com your information and we will be glad to help you.

If you have a story or photo to share you can send to richards@gvtel.com. Your new family member, the big buck or

fish that you got, wedding or engagement picture.

We collect used eye glasses in the Leader-Record office in Gonvick and at the Clearbrook-Leonard Senior Center. We do this for the Gonvick Lions Club and they are put to very good use.

Obituaries in the Canary are also put on our website for you to see. Go online at trico-canary.com. They are free and updated as they come into our office.

Merry Christmas & Happy Holidays to all!!

With the Holidays upon us, times can be happy, hectic, overwhelming or even sad. Whether you need information or just a listening ear, First Call for Help 2-1-1 is here for you. Just dial 218-326-8565 or in Clearwater County 1-800-442-8565 or 2-1-1.

Mac residents bring out the tradition of Julebukking

Between Christmas and New Year's Day, people wearing masks and costumes (Julebukkers) would go door to door, where neighbors receiving them attempt to identify who is under the disguise. In one version of Julebukking, people go from door to door singing Christmas songs. After they have sung, they are usually awarded with candy.

Another tradition requires that at least one person from the visited household join the band of Julebukkers and continue to the next household.

In certain aspects, the custom resembled the modern-day tradition of Halloween trick-or-treating.

Julebukkers will often disguise their voices and body language to further the masquerade. Offering people holiday treats and something to drink is customary. Once identities are known and the food is eaten, the Julebukkers continue to the next home.

The earliest form of Julebukking was a pre-Christian pagan ritual.

The tradition of the Yule goat (Julebukk) is commonly believed to have originated in Norway, at a time when pagans worshiped Thor, the god who traveled in his chariot drawn by two goats. During the Yule

holiday, they would disguise their appearance by dressing in a goatskin and go from house to house carrying a goat head.

Christian missionaries modified the tradition and divorced its meaning from Paganism.

The Yule Goat became one of the oldest Scandinavian and Northern European Yule and Christmas symbols and traditions. In Scandinavia, the figure of the Yule Goat remains a com-



Kendra Kline.

Learn the ways to beat bad habits

The start of a new year can be a rejuvenating time when people take inventory of their lives and make positive changes. In a quest for personal growth, many people resolve to reduce or eliminate bad habits.

Habits are one of the ways in which the brain establishes patterns for neurons to follow. Habits help people work on autopilot some of the time, which can save time and energy, according to Medium.com, an information site educating the public on a wide array of timely topics.

Good habits, like showing up to work on time, are worth maintaining. But bad habits can be problematic and potentially unhealthy.

Strategies to break bad habits might work for some but not for others. Perseverance is essential to kicking bad habits, and the following are some additional tips that can help people as they try to ditch certain behaviors once and for all.

- **Recognize the habit.** No person is perfect, and each of us has our strengths and weaknesses. Recognizing a bad habit is the first step toward breaking it.
- **Break the pattern** by offering a new one. As noted, when a habit is established, neurons form a pattern. Establishing a new, better habit, rather than just trying to quit the bad habit cold turkey, can be an effective way to help the brain adjust to a new pattern, advises neuroscientist Elliot Berkman. He says the brain finds it easier to do something new than to simply stop doing something it's accustomed to. So if you're a nail-biter, do something else with your hands, like play a musical instrument, to create a new pattern.
- **Penalize yourself within reason.** Making a habit painful in one way or another may make it easier to quit. Penalizing yourself by paying a dollar each time you say a curse word, or extending a workout for an extra 30 minutes for each one you miss are some examples of simple punishments.
- **Reward yourself for beating habits.** Rewards for kicking bad habits can be just as effective as penalizing bad behavior. Reward yourself with something unusual and meaningful after you kick a bad habit.
- **Learn your triggers** and avoid them. The self-improvement blog Pick the Brain indicates that every bad habit has a cue that can trigger it. Triggers fall into these categories: location, time, emotional state, other people, and an immediately preceding action. By learning your triggers, you can work to avoid them. If eating junk food comes on the tails of a stressful commute, try a different way home. If you smoke when you're around a particular person who eggs you on, take a break from hanging out with this person.

Breaking bad habits is challenging, but it can happen with focus and dedication

Security State Bank and Agency has a new fresh look



After months of work, the remodeling has been transforming. The lobby is larger and the teller stations are more functional. Photo by Security State Bank.



Mary Goodwin receives Julebukking guests on December 27th when some McIntosh residents got together to carry on the Scandinavian tradition throughout town.