

Leader-Record



\$1.00

CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER
Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail

Blood drive to be held in Clearbrook September 16

Clearbrook and surrounding communities fight summer donation drop by hosting blood drive with Vitalant, formerly known as United Blood Services

The American Legion Auxiliary of Clearbrook is hosting a blood drive with Vitalant on Monday, September 16th at the Wes Westrum Gym to help ensure a safe blood supply in our community during the upcoming weeks when blood donations traditionally drop significantly.

Call to set up a time to Janet at 218-280-4905 or leave a message at 776-3741.

With the hopes of recruiting 55 people to donate blood with a goal of 38 units to be collected, Vitalant requests any healthy or eligible people to make their appointment for the blood drive. First time donors are always welcome too! Blood donations fall by about 40 percent during

the holiday season while the need for blood increases.

Donors can make a convenient appointment to give blood by calling Janet Olson at (218) 280-4905, online at www.bloodhero.com or by calling (877)25-VITAL. With each donation, donors receive a free total cholesterol test and earn points in Vitalant's Donor Reward program.

Vitalant strives to keep a 5-day supply of every blood type on the shelf at all times to be able to meet the needs of patients across the region. Donations from O-negative donors, the universal blood type, are especially important this time of year due to increased accidents and trauma cases.

With your help, Vitalant is the only blood provider to nearly 70 hospitals across the region. The blood supply is dependent

on selfless donations from volunteer donors to ensure the lifesaving needs of the region are met.

Vitalant relies on 250 people to donate blood each day to ensure the needs of our local hospitals are met. There is no substitute for human blood, so volunteer blood donors are vital to ensure a safe blood supply for our community.

About 30 percent of Vitalant's blood supply goes to cancer patients across the region and one in seven people entering the hospital will need blood. Those relying on blood in the region receive that lifesaving blood from Vitalant.

The blood donation process takes about an hour from check-in to refreshments. Donors can save about 20 minutes by completing their Fast Track Health History the day they donate on www.vitalant.org

Hannah Marsh: New Sixth Grade Teacher at Clearbrook-Gonvick

By Bonnie Kirchman

Hannah Marsh will be one of the new faces on the staff at Clearbrook-Gonvick School when classes start on September 3rd. Hannah has accepted a position as a 6th grade teacher for the district. This opportunity became available when Pam Bagasson moved from 6th grade to the newly created K-3 math intervention classroom.



Hannah Gunvalson Marsh.

Hannah Gunvalson Marsh grew up in the area. She graduated from Bemidji State University in 2008 with an Elementary Education (K-6) license and Pre-primary emphasis. She has also completed her master's degree in K-6 Reading and Mathematics. Hannah comes to Clearbrook-Gonvick School with nine years of experience as a kindergarten teacher at Northern Elementary and Paul Bunyan Elementary schools in Bemidji.

Hannah's decision to become a teacher began when she was still an elementary school student. Her second-grade teacher, Mrs. Lien, sparked Hannah's interest in education.

"She absolutely loved each student, had a passion for teaching, and inspired me to become a teacher!" Hannah said of Mrs. Lien.

Hannah lives in rural Gonvick with her husband Steven. They are the parents of Liv (6), Hallie (4), and Dawson (1). When Hannah is not teaching she enjoys being with her family, Ranger riding, spending time outside, playing volleyball, and traveling.

Hannah is excited about teaching 6th grade this year. She looks forward to collaborating with the Clearbrook-Gonvick staff. She appreciates how each teacher brings different strengths, tools, and ideas to the teaching team.

Hannah's goals for the coming school year include helping her students feel confident and comfortable in their classroom. As their teacher, Hannah wants her students to know how much she cares and believes in them. Hannah plans to do everything she can to ensure that productive, meaningful, and engaged learning happens in her classroom.

"If we have a positive classroom community, we can do anything!" Hannah adds.

Alvina Norley - Friends say her second name is 'Generous'

By Karen Edelbach

"I just loved being on the farm, and I loved to work," says Alvina Norley who grew up south of Bagley where she and her siblings, 11 in all, worked hard and did everything they could on the farm to help their parents, Ole and Marie Anderson.

"My dad cleared 125 acres with a bow saw and an ax. We didn't have electricity, so used kerosene lamps in those days. We helped thrash, shock the grain, herd the cattle and kept up the yard. And neighbors were so good to each other."

"Now people don't get along.

There is not enough love anymore with people killing each other. It's just like the devil took over," she says. "I try to love everybody, and I get along with most everybody. I've got a lot of friends."

"I'm glad I've lived when I've lived. It was a wonderful life."

"There are only four left out of 11 kids in my family, but I got the best memory of them all, just like mother. I had a twin brother, who died right after he was born. Mother was 96, and dad 92 when they died."

Her brother Milo, who lives near Bagley, looks out for her and calls her regularly. "He

worries about me. He's only 92." "She looks out for the rest of us nieces and nephews," says her niece, Tamara Edevold. "She is quite a character."

"My husband was Jens Norley. We met at a dance one Saturday night when I was young, and married on Nov. 21, 1942. We owned and ran the 'Friendly Cafe' in Clearbrook from 1971-1974, which later was 'Pat's Cafe'. I made everything homemade, did all my own cooking and baking. When the crews from Arctic Cat and the Chicago Bridge and Iron Workers came in, they said, 'We never had such good food.'"

Jens drove school bus, bartended, and was listed as a town cop in Clearbrook records, and another source says he was Chief of Police during the early 1970s.

Jens passed away from heart trouble on Alvina's birthday after 52 years of marriage.

"It's not everybody who gets birthday cards and sympathy cards on the same day," Alvina recalls.

Alvina attended District 9 School south of Bagley and was in high school when she developed some serious health difficulties. That ended her schooling before she could graduate, and left her without the expectation of ever having children.

"But after seven years of marriage, our son Alvin was born. He was a miracle! He was our only child."

Alvina's greatest desire in her life is to be reunited with her son again.

"I have two grandchildren, and there are several great grandchildren and great-great grandchildren too. I'd like to get to know all my grandchildren."

Alvina...

Continued on back page



Michael O'shaughnessy and Mike Cudmore at the Clearwater County Fair.

51 years to meet his son

It took 51 years for him to meet his son. He never got to see him after he was born and all he knew about him was that he had brown eyes and a heart murmur just like he did. Two high school students with a baby on the way. The mother decided to give it up for adoption. The father did not have any say at that time. They lived in International Falls and the baby boy was born in a hospital in Canada on April 7, 1968.

Michael O'shaughnessy lived in Virginia, MN with his adoptive family for three years before they moved to Delaware. Michael wanted to get a passport and in order to do that he had to open up his adoption records. He got a hold of his birth mother who still lives in International Falls and she gave him his birth fathers name that was Mike Cudmore from Shevlin, MN. Michael's mother went

to see him in Delaware after she was contacted by her son and she hugged and hugged him!! What a coincidence that they both were named the same. He made the call to Cudmore and told him what he knew and that he was his father. Mike was elated at the call. By the sound of his voice and the conversation Mikes wife Linda knew who he was talking to and she started to cry.

During the next three months since Mike received the first call from his son they have been doing Facetime so that they could get to know each other better. Mike's granddaughter Hillary Paulson, 24 and Michael's daughter Mari Kate, 22 look so much alike. A family resemblance with the same eyebrows.

They found they have many things in common. Michael is a paramedic/ firefighter in Delaware and Mike was an EMT and

a Fire Chief for the Bagley Fire Department. Michael's wife Kelly is an RN working on her doctor's degree.

Before coming to International Falls in the beginning of August, Michael was able to meet his father's side by having a fish fry with over 25 family members and friends in Shevlin.

The two Mike's attended the Clearwater County Fair on Sunday the 4th. Besides Michael at 51, Mike's other children were there Kristin Willberg, 47, Scott Cudmore, 44 and Michelle Cudmore, 41 years old. They were all very accepting of him and he of everyone.

Michael brought several pictures of his whole family in Delaware and left a note saying, "Thanks for excepting me and I'm looking forward to a life time relationship. Love your son, Michael."



The USA, State of Minnesota and Lake of the Woods County in Minnesota and the town of Baudette, hosted this year's World Ploughing Contest, August 30-31. Between 7,000 and 8,000 people attended the three-day event with 53 competitors from 28 countries vying for the ploughing title. The world contest was held on the Ed and Kay Arnesen family farmland two miles south of Baudette. The mantra for the World Ploughing Organization is "Pax Arva Colat," which is Latin for "let peace cultivate the land". See story on the Canary front page this week.

Nell trip to Lindbergh house museum in Little Falls

Northern Exposure to Life-long Learning will be hosting a bus trip to the Lindbergh House and Museum in Little Falls on Tuesday October 1st.

Charles "Lucky Lindy" Lindbergh is best known as an international hero for completing the first solo, nonstop flight between New York City and Paris. Lucky Lindy's legend began at his childhood home in Little Falls, Minnesota. We will learn about his world-changing life through museum exhibits, events, and guided tours through the house. Participants will get a close-up look at the life of Charles Lindbergh, view model planes, his-

toric flight footage, interactive exhibits, and even take a simulated test drive of the Spirit of St. Louis. We'll tour his boyhood home, a 1906 house furnished with original Lindbergh family objects — including the piano that survived a fire and many other personal items.

Bus will leave from Bagley at

8 am and return around 6pm.

Cost of the day-long trip is \$55.00 which includes all tickets, bus and lunch. Reserve your seat by September 16. Send check, payable to NELL, to NELL TRIP PO Box 585, Bagley MN 56621. Include address and email so trip details can be sent to you.

Build your own burger!

The Clearbrook-Gonvick Bears Boosters will be tailgating before the Homecoming football game on Friday, September 13. Come and support the Bears-

Boosters and build your own burger and sign-up to be a Bear Booster for the 2019-2020 sports seasons. Serving will be from 5:30 to 7:00 p.m.



Alvina Norley will be 96 years old on October 4th. "I'm glad I've lived when I've lived," she says. It was a wonderful life."

Community Calendar

City Council meeting Sept. 12

The Gonvick City Council Meeting dates have been changed to the 2nd Thursday of each month.

The next meeting will be held on Thursday, September 12th at the Gonvick Community Center at 5 p.m.

Clearbrook Legion Meeting Sept. 19

Clearbrook American Legion Post # 256 & Auxiliary will have a membership dinner for all paid up members on Tuesday, September 10th, 2019 at 5:30 pm in the Banquet Room at the Clearbrook Community Center.

Theater Event in Gully October 19

The Gully 100! Committee will be putting on a live show at the Gully Hall on October 19th. It is billed as the Double Gully Feature and is a fundraiser for next summer's 110th year anniversary.

The show starts at 7:00 p.m., but there will be brats and fixings starting at 5:30 with musicians providing entertainment prior to the show beginning at 6:00.

Everyone is welcome for a good night of fun in Gully.

Clearwater County Fair Calendar winners

The Clearwater County Calendar Raffle made some changes this year. They are doing a weekly drawing for \$100.00 each week plus additional dates closer to the 2020 fair.

First Drawing was done at the Fair on Sunday Night.

Aug. 4 - Jim Fisher of Lengby, \$500.

Aug 5 - Larry Bellefy of Bagley, \$100.

Aug. 12 - Adam Ames of Bagley, \$100.

Aug. 26 - Reid Nordlund of Clearbrook, \$100.

2020 Clearwater County Fair dates are August 5,6,7,8,9. Mark your calendar and make plans to attend.

Humane Society meeting Sept. 12

Clearwater County Humane society will have their public meeting September 12th at The American Legion in Bagley at 6pm.

Everyone is welcome. Joy Anderson, Clearwater County Humane Society, President

Elim Mission Friends meeting

Elim Mission Friends will be meeting Thursday Sept.12 at 2:30 PM at the church. Doreen Bardwell will be presenting the program. Hostesses are Marilyn Shamp, Carol Kleppe and Erma Carlson. All ladies are welcome to join us.

Music Jamboree at Cornerstone

Music Jamboree of Country & Country-Gospel Music will be held at Cornerstone Residence 30 Sunset Ave. NW in Bagley on Sunday, Sept. 15th from 1:00-4:30.

Everyone is welcome!

Clearbrook-Leonard Senior Meals

Wed., Sept. 11 - *Birthday Meal* Wild Rice Soup, Meat Sandwich, Fruit Crackers, and Milk.

Thurs., Sept. 12 - Pork Chop with Gravy, Buttered Potatoes, Green bean Bake, Fruit Crisp, Dinner Roll, and Milk.

Fri., Sept. 13 - Lasagna, Country Blend Veg., Garlic Bread, Bar and Milk.

Mon. Sept. 16 - Chicken Tetrazzini, Broccoli, Tropical Fruit, Bread and Milk.

Tue., Sept. 17 - Lemon Pepper Fish, Creamed Vegetables, Slice of Pie, Bread and Milk.

Wed., Sept. 18 - Sweet & Sour Pork, Rice, Oriental Veg., Fruit Gelatin with Topping and Milk.

Meals are served daily at 11:30 at the Clearbrook site except for evening meals served at 5 p.m. They are subject to change.

Please register for meals at least the day before. Call 776-3154 to sign up.

Now hear this... by Harry Hutchens, Clearwater County Veterans Service Officer

2019 MACV STANDDOWN: The 2019 Minnesota Assistance Council for Veterans (MACV) Bemidji StandDown is Wednesday, September 25th at the Bemidji Armory, 1430 23rd Street NW. Doors open 8:00 a.m., and the StandDown continues to 2:00 p.m. For faster registration please bring proof of veteran status, such as your DD Form 214. A Welcoming Ceremony will be held at 11:30 a.m. The free services available include a noon meal, VA benefits claims and services, public benefits, haircuts, State DMV, housing and employment assistance, Chaplaincy, Stand Down Court & Legal Aid Services and Mental Health Support Services. Homeless veteran (registered) clothing distribution is available. Be sure to locate one

of the local County Veterans Service Officers (CVSO's) to discuss VA Health Care enrollment and VA service connected disabilities, as well.

I welcome your own personal comments. Constructive feedback on your own behalf (please- not anonymous) to our Commissioners is also a valuable gauge of how this office can better serve all veterans and their beneficiaries. Office (218)694-6618, Cell/Text (218)556-5340 Hutch

Sand Valley Sunday School Begins

Sand Valley Sunday School will begin the 2019-2020 year on Sunday, September 15 at 9:00 a.m. at the Sand Valley Lutheran Church in Trail. Children from age 4 and older are invited to attend weekly classes and join in the fun! For more information, call Shirley at 268-4432 or Bonnie at 268-4212. Hope to see you then!

Corrine's Corner By Corrine Richards

Nazareth Lutheran Church rural Trail will be having their fancywork and bake sale on Sunday September 15.

Friday, September 20 the Clearwater Hospice golf scramble will be held at Twin Pines Golf course in Bagley. See ad in the Canary this week.

September 28 is Pumpkin day. The pumpkins are getting ready. I wonder how big they will be this year.

Our Savior's Lutheran Church in Leonard will be having their annual meatball supper on Saturday, October 9.

The Gully 100! Committee will be putting on a live show at the Gully Hall on October 19th. It is billed as the Double Gully Feature and is a fundraiser for next summer's 110th year anniversary. The show starts at 7:00 p.m., but there will be brats and fixings starting at 5:30 with musicians providing entertainment prior to the show beginning at 6:00.

There is going to be a Holiday Showcase on Saturday, December 21 at 6 p.m. at the Clear Waters Life Center in Gonvick. They will be having a German Cuisine that night.

It is a shame that in our small towns we have to be worried about theft from our cars and houses. But beware it is happening all over.

Joke Time How do you account for your longevity?" asked the reporter on Ole's 110th birthday.

"You might call me a health nut," Ole replied. "I was always in bed and sound asleep by 10 o'clock. And I've always walked three miles a day, rain or shine."

"But," said the reporter. "I had a uncle who followed that exact routine and died when he was 62. How come it didn't work for him?"

"All I can say," said Ole. "Is

that he didn't keep at it long enough."

We take passport pictures. Call 218-487-5225 to set up an appointment. They can be made while you wait

Quick tickets... Does your organization need raffle tickets" Call 218-487-5225 or email richards@gvtel.com your information and we will be glad to help you.

If you have a story or photo to share you can send to richards@gvtel.com. Your new family member, the big buck or fish that you got, wedding or engagement picture.

Obituaries in the Canary are also put on our website for you to see. Go online at trico-canary.com. They are free and updated as they come into our office.

We collect used eye glasses in the Leader-Record office in Gonvick and at the Clearbrook-Leonard Senior Center. We do this for the Gonvick Lions Club and they are put to very good use. We have been getting in cell phones but we do not collect those for the Lions Club. If anyone knows where they can go let me know.

Koma Til Gully Tjeu Tjeu (Come to Gully 2020)

They will be celebrating their roots! July 17, 18, 19, and 20 of 2020 Gully is planning a 110th birthday celebration with a Scandinavian theme. The four day event starts out Thursday evening with a whist tournament in the Gully Community Center. Friday night, again in the community center, the live entertainment will have a Scandinavian twist.

Alvina Norleys Frog Eye Salad

FROG EYE SALAD

• 2 tablespoons all-purpose flour

• 2 1/2 teaspoons salt

• 1 3/4 cups unsweetened pineapple juice

• 2 eggs, beaten

• 1 tablespoon lemon juice

• 1 tablespoon vegetable oil

• 1 (16 ounce) package acini di pepe pasta (Or large tapioca)

• 3 (11 ounce) cans mandarin oranges, drained

• 2 (20 ounce) cans pineapple tidbits, drained

• 1 (20 ounce) can crushed pineapple, drained

• 1 (8 ounce) container frozen whipped topping, thawed

• 1 cup miniature marshmallows, if desired

• 1 cup shredded coconut

Directions

1. In a sauce pan, combine sugar, flour, 1/2 teaspoon salt, pineapple juice and eggs. Stir and cook over medium heat until thickened. Remove from heat; add lemon juice and cool to room temperature.

2. Bring water to a boil, add oil, remaining salt and cook pasta until al dente. Rinse under cold water and drain.

3. In a large bowl, combine the pasta, egg mixture, mandarin oranges, pineapple and whipped topping. Mix well and refrigerate overnight or until chilled. Before serving add marshmallows and coconut. Toss and serve.

Ad deadline: Noon Friday

Need Passport picture taken?

Call for an appointment in Gonvick!

Richards Publishing Co 218-487-5225

Church News

ST. JOSEPH'S CATHOLIC CHURCH Bagley 218-694-6416 Pastor: Fr. John Melkies Svakeen Terri D, Parish sec. Sunday Mass: 10:30 AM Call for weekday Mass times.

FAITH BIBLE CHAPEL OF CLOVER Leonard, MN

Sunday: 10:00 a.m. Worship Service.

KINGDOM HALL OF JEHOVAH'S WITNESSES Sand Lake Ave & 5th St. Bagley Thursday: 7:30 p.m. Bible Study; 8:00 p.m. Theocratic School; 8:30 p.m. Service Meeting. Sunday: 10:00 a.m. Public Bible Talk; 10:35 a.m. Bible Study.

REDEEMER EVANGELICAL LUTHERAN CHURCH - LCMS Church Location: Corner of Hwy. 2 & Red Lake Ave. SW Bagley, MN Pastor Daniels Domke Sunday Divine Service: 9:30 a.m. Sunday School / Adult Bible Study: 10:45 a.m.

FIRST BAPTIST CHURCH Clearbrook Pastor Verlyn Strenge Assoc. Pastor Jim Galloway Thurs. Sept. 12- 7:00 p.m. Bible Study and Prayer Sat. Sept. 14 - 7:00 a.m. Men's Breakfast & Bible Study Sun. Sept. 15 - 9:30 a.m. Sunday School, 10:45 a.m. Morning Worship Service

GONVICK LUTHERAN PARISH MEMBERS OF NALC Pastor Kris Snyder SAMHOLD LUTHERAN CHURCH UNITED LUTHERAN CHURCH Wed. Sept. 11: 8:00am Men's Lectionary Bible Study, 9:30am Women's Bible Study Sun. Sept. 15: 9:30am Rally Sunday-Sunday School Begins, 10:30am Worship/Holy Communion/Baptism Notice of Congregational Meeting A congregational meeting will be called on Sunday, September 15, 2019 after the regular worship services of Samhold Lutheran Church. Schedule at United: Sun. Sept. 15: 9:00am Worship/ Fellowship Future event. Sun. Sept. 29 - Fall Dinner

Clear Waters Life Center Happenings...

GONVICK SITE: Connection Mondays: Support for caregivers and activities for older adults: FREE, except \$5 for art class.

Come for one or come for all!

9-11 AM – "Powerful Tools for Caregivers" (Six-week class)

11-12 - Pickleball

12-12:30 - Lunch

12:30-2:30 – Pottery class

Senior Connection will be open early on Monday, if adult day services are needed for caregivers to attend these events. Call 218-487-5290, Ext. 1 to make arrangements.

Senior Connection Adult Day Services: Openings for new clients. Provide respite for caregivers. Home-like atmosphere. Professional staff. Licensed facility. Transportation available. Open M-W-F, 10:00 AM to 3:00 PM. Questions? Call Marilyn at 218-487-5290, Ext. 1.

Transportation Service: Call Karen 24 hours in advance at 218-776-2223 or 218-637-0509 to schedule your ride.

CLEARBROOK SITE: Youth Connection: After-school programming for grades 5-7 on Tues., 3:30-5:00;YC in Action for grades 8-12 on Wed., 2:30-5:00.. Registration/permission forms are available online at www.clearwaterslife.org. under the Programs tab. Free of charge. Transportation available from C-G school.

Shop-at-the-Top: Hours: M-F, 10:00 to 4:00, and Sat., 10:00 to 12:00. Interested in volunteering? Stop by the CWLC-Clearbrook office for a Volunteer Application.

Restore It! Furniture Shop: Open 10:00-4:00, M-F & 10:00-12:00 on Saturday. 256 2nd Ave., SW in CWLC-Clearbrook.

Celebrate Recovery Support Group: 7:00 PM, Thursday, 2nd floor of CWLC-Clearbrook. Help for any hurt, habit, or hang-up. Confidential.

Hours: Gonvick, 226 Elm St., M-W-F, 10-3; Clearbrook, 256

2nd Ave., SW., Main office open: 8-4, Tues.-Fri.

As a nonprofit, tax-exempt 501(c)3 organization, CWLC is able to provide a variety of free or low cost services to our area thanks to generous financial donors just like you. Be a part of making a difference, join our team. All donations to CWLC are tax-deductible.

This ad is sponsored by: Home at Heart Care Personal Care & Homemaking

GRACE FREE LUTHERAN CHURCH BAGLEY Pastor Todd Klemme 9 a.m. Sunday School 10 a.m. Sunday Worship September - May Every Thursday: 10 a.m. Bible Study. Communion First Sunday of the Month.

ELIM LUTHERAN BRETHREN CHURCH Clearbrook Pastor Adam Krog Wed, Sept. 11 - 7:30pm Bible Study & Prayer Thurs, Sept. 12 - 9:30am Bible Study & Prayer, 2:30pm Mission Friends. Hostess: Marilyn Shamp, Carol Kleppe, Erma Carlson Sun, Sept. 15 - 9:30am Sunday School 10:30 Worship Service

GOOD SHEPHERD LUTHERAN CHURCH CLEARBROOK & OUR SAVIOR'S LUTHERAN CHURCH LEONARD Pastor Robert Kirchman Good Shepherd Sun., Sept. 15 -9:00am Worship/Rally Sunday School Day; . 10:00am Coffee Hour/Sunday School. Wed., Sept.18 - 5:30pm Parent Meeting 6th-9th Grade/Youth Supper, 6:00pm Youth Bible Study & Confirmation, 6:30pm Choir Practice, 7:30pm Handbell Practice.

Our Savior's Sun., Sept. 15 - 0:00am Sunday School; 10:30am Coffee Hour; 11:00am Worship.

COUNTRY FAITH CHURCH 1 mile south of Clearbrook, 2 miles west on Cty. Rd. 6 Senior Pastor Larry Dorman Associate Pastor Jim Binder Associate Pastor Nathan Nordlund Youth Pastor Brad Binder Children's Minister Nicky Ubert www.countryfaith.org 218-776-3367 cfcchurch@gvtel.com

Sunday: 9:00 a.m. Sunday School (Sept - May); 10:00 a.m. Worship Service (Jr Church during Sermon time); 10:00 a.m. Kids Worship (1st-6th Graders) most Sundays (Sept-May); 7:00 p.m. Youth Night (check the church website for dates or the Elevate Youth Facebook Page for up to date information)

Every Tuesday at 6:30 a.m. Men's Prayer * Wednesdays - Care groups in various homes

CLEARWATER LUTHERAN PARISH Mt. Olive - Nazareth Oak Park - St. Petri Pastor Jeff Merseth Wed, Sept. 11: 5:00 p.m. Wed. School.

Sat, Sept. 14: 9:00 a.m. Mt. Olive.

Sun, Sept. 15: St. Petri: 8:00 a.m. Worship, 9:15 a.m. SS; Nazareth: 8:30 a.m. SS, 9:45 a.m. Worship; Oak Park: 9:45 a.m. SS, 11:00 a.m. Worship.

Wed, Sept. 18: 5:00 p.m. Wed. School. 7:30 p.m. Oak Park Ladies Aid.

NEW JOURNEY CHURCH Josiah Hoagland, Pastor Tyler Stynberg, Youth Pastor

www.newjourneyfosston.com

Wed, Sept. 11: 6:30 p.m. Youth Group. 6:30 a.m. AWANA Training meeting.

Sun, Sept. 15: 9:30 a.m. Worship. 10:45 a.m. Sunday School.

Tue, Sept. 17: 9:30 a.m. Ladies Devotions. 10:00 a.m. Quilting. 6:30 p.m. Bible Study.

Wed, Sept. 18: 6:30 p.m. Youth Group. 6:30 a.m. AWANA.

GULLY-TRAIL PARISH Bethany * Lund Sand Valley Dawn Hanson, Lay Minister

Wed, Sept. 11: 2 p.m. Lund WELCA.

Sun, Sept. 15: 9:00 a.m. Lund. 9:00 a.m. SV SS. 10:30 p.m. Sand Valley. 3 p.m. Sand Valley Fall Auction. Light supper to follow.

Wed, Sept. 18: 2 p.m. Sand Valley WELCA.

BETHEL ASSEMBLY Fosston Seth Johnson, Interim Pastor

Sun, Sept. 15: 9:30 a.m. Sunday School. 10:30 a.m. Worship.

VERNES LUTHERAN CHURCH McIntosh

Jill Torgerson officiating Sunday; Services are at 9:00 AM (fellowship coffee following service)

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Today In Banking

Some "Straight Talk" On Banking Today ... That Can Make Banking Better For You...



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With articles submitted by the staff, administration and students at the Clearbrook-Gonvick Junior and Senior High Schools



Homecoming

Clearbrook-Gonvick Homecoming is coming up the week of September 9 to 13. Pep fest for volleyball will be Thursday the 12th 7th hour

or 2:30 p.m. Volleyball games beginning at 5:00 with JH, C, B. Varsity begins approximately 7:30

The Homecoming Parade will be held on Friday, September 13 in Gonvick at 1:30. They will just go down Main Street. Pep fest for football will follow the parade at around 2:30 on Friday back at the school.

The Clearbrook-Gonvick Bear Boosters will be having a Build a Burger at the home football game on Friday the 13th.

Clearbrook-Gonvick School Menu

Changes to the lunch menu. Each line will be offering different choices each day. This will allow all students/staff in the district to have two options at lunch. They will no longer be offering salads for lunch.

Thurs., Sept. 12 - Chili Cheese Fritos, Corn Bread or Sub Day - Ham Subs

Fri., Sept. 13 - Stuffed Crust Pepperoni Pizza, Steamed Broccoli or Soup & Sandwich - Tomato Soup with Grilled Cheese.

Mon., Sept. 16 - Corn Dog, Baked Beans, Tri Tater or Soup & Sandwich - BBQ with Potato Soup

Tues., Sept. 17 - Grilled Chicken Sandwich on Flatbread, Sided Salad or taco Tuesday - Taco Salad.

Wed., Sept. 18 - Lasagna, Garlic Toast or Wrap It Up Wednesday - Chicken Wraps

All meals come with Fresh Fruit and Vegetable Bar and Milk Choice.

School news

Welcome Back!!
HOMECOMING EVENTS,
Dress up days
Monday: America Day
Tuesday: Tik Tok VS. VSCO
Wednesday: Era Day (Choose any Era you would like)
Thursday: Country VS. City Day

Friday: Spirit Day (Hats are only allowed on this day!!!)

All grades are welcome to dress up for any of the days selected.

***Dress Code still applies. HATS ONLY allowed on FRIDAY!!!

Coronation: Monday at 2:30 in Big Gym.

Thursday: Pep Fest for Volleyball 7th hour: about 2:30

Friday: Homecoming parade in Gonvick at approximately 1:45. Pep fest at about 2:30 in the gym

TAILGATING AT THE

FOOTBALL GAME ON FRIDAY, SEPTEMBER 13. Bear Booster Tailgating (build-a-burger) before the game. Serving from 5:30 - 7:00 P.M. Build your own burger for \$7.00, cheer on the Bears, and sign up to be a Bear Booster Member for the 2019-2020 season!

BEAR WEAR: Check out new Bear wear to order or pick up some CLEARANCE ITEMS. Mon, Wed from 2:00-3:30, Thur, from 2:00 to 8:00 (during vb games), Friday at the football game from 5:30-8:00 (weather permitting)

SCHOOL COUNSELOR CURRENT HAPPENINGS:

There are lots of things going on in the school counseling world. Here are the highlights:

Instagram: counselormegang
Snapchat: CounselorMeganG

Website: <https://sites.google.com/a/clearbrook-gonvick.k12.mn.us/schoolcounselor/>

UPCOMING ACTIVITIES:

If you want to access Mr. Christianson's athletic calendar on your mobile device, here is what you do: Go to your App store, find rschooltoday, go to Minnesota—8A—Clearbrook-Gonvick and download the app. This will be the most up to date sports calendar.

HOME EVENTS ARE BOLD AWAY EVENTS ARE IN ITALICS

Tue, Sept 10: 7,8,C,B,A VB @ G/G/G- in Grygla, 7th @ 4:30, 8th at 5:30, C @ 5:00, B @ 6:00, Var. to follow. Dismiss @ 2:45, Depart @ 3:00

Thur, Sept 12: 7, 8, C, B, A VB vs RLF at CG, 7th @ 5:00, 8th at 6:00, C @ 5:00, B @ 6:00, Var. to follow

Thur, Sept 12: CC at Ada at 4:00, leave at 1:45

Fri, Sept 13: Football vs Blackduck at 7:00

ONGOING EVENTS / ANNOUNCEMENTS:

Parents: Please check your lunch accounts regularly so you can keep up to date.

PLEASE USE THE K-12 PAYMENT CENTER to check your account and make payments.

You may also contact the office for assistance with your account at 218-776-3112.

YOUTH CONNECTION!! Youth Connection every Tuesday & Wednesday: Check here for information

Listen to the school news every Tuesday at 2:05 on KKQC 96.7 or if you miss it listen online at: <http://www.rjbroadcasting.com/index.cfm?page=school-news>

Please turn in all BoxTops, Tyson A+ and Loaves for Learning UPC's



Clearbrook-Gonvick Girls Volleyball team

Front row: Lindsey Gray, Danaé Stenzel, Jackie Lynn Taffin, Naomi Shamp, Jenna Smith

Second Row: Ashlyn Churness, Falline Erickson, Sydney Vakoch, Emma Rude, Kelsey Johnson, Cadence Martin

Third Row: Kaylee Westrum, Danielle Faldet, Kelsee Anderson, Annabell Phillips, Maci Wagner, Sarah Reichert, Madison Molden

Back Row: Ella Engen, Lauren Melby, Mykenzie Larson, Dana Melby, Katie Bjerke

Not Pictured: Kjersti Snyder, Annaliese Ballard

STORY TO SHARE!

If you have a story or photos you want to share, please send to: richards@gvtel.com

CLEARBROOK-GONVICK SUMMER REC MIDGETS First Row: Izzy Krog, Lydia Bakke, Grace Gunning, Lily Walberg, Faith Gunning; Second Row: Coach Tammie Ehlers. Photo by Shots and Thoughts Photography



CLEARBROOK-GONVICK SUMMER REC BANTAMS & PONIES - Front L to R Bantams: Savanah Kumpula, Lainey Fawver, Alexa Anderson, Missing Coach Tammie Ehlers Back Ponies: Coach Kathy Huschle, Emma Fawver, Serinity Daken, Joely Hinrichs-Olson, Kaitlyn Kumpula, Missing Coach Kaylee Westrum. Photo by Shots and Thoughts Photography

No library card? No problem!

MOORHEAD, Minn. – August 27, 2019 – In this digital age where time is a valuable commodity, readers may not have time to visit their local library and sign up for a library card. However, residents of Becker, Clay, Clearwater, Mahanomen, Norman, Polk and Wilkin counties can instantly sign up for a Lake Agassiz Regional Library card and begin borrowing popular ebooks and audiobooks in under 30 seconds using only their cell phone number. To sign up for this Instant Digital Card, members of the community can visit <https://larl.overdrive.com/> or download Libby, the award-winning one-tap reading app from Rakuten OverDrive.

"We are thrilled to offer instant digital card access to our community," said Liz Lynch, Regional Director of Lake Agassiz Regional Library. "This service will enable individuals who are not current library card-holders to instantly access our extensive collection of downloadable ebooks and e-audiobooks from the comfort of their home."

Named one of PCMag's Best Free Software of 2019 and one of TIME's Best Apps of 2018, Libby seamlessly connects first-time users and experienced readers with the popular digital collections of libraries. These tailored collections offer eb-

ooks and audiobooks including bestsellers and new releases in a variety of topics. Readers of all ages can select from virtually every subject ranging from mystery, romance, children's, business and more.

Lake Agassiz Regional Library patrons can also listen to audiobooks, the fastest growing segment of the publishing industry with the convenience of listening on the go. In addition, many libraries offer top-selling magazines that are available with no wait lists or holds. Libby provides an easy way to access ebooks, audiobooks and magazines altogether on one app.

By entering their cell phone number via Lake Agassiz Regional Library's website or Libby, a secure verification service connects the user's name and phone number to a physical address. If that address is within Becker, Clay, Clearwater, Mahanomen, Norman, Polk or Wilkin counties, users can instantly begin borrowing thousands of ebooks and audiobooks for free from the library's digital collection. The new patron's cell phone number doubles as their card number allowing access to a Lake Agassiz Regional Library's OverDrive-powered digital books. Patrons interested in borrowing physical books may visit a nearby branch to sign up for a full card.

This service is compatible with all major computers and devices, including iPhone®, iPad®, Android™ and Windows®. With Libby, readers can also "send to Kindle®" devices and apps [US only]. All titles will automatically expire at the end of the lending period and there are no late fees. Readers can also download titles onto Libby for offline use.

To sign up for an Instant Digital Card and enjoy ebooks, audiobooks and more, visit <https://larl.overdrive.com/> or download Libby today.

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To the Editor

ST. PAUL — State Representative Matt Grossell, R-Clearbrook, issued the following statement following Speaker Melissa Hortman's decision to remove him from the House Public Safety Committee:

"I have worked since the night of the incident to personally apologize to those involved, make amends, and complete the legal process. Despite Speaker Hortman's efforts to remove law enforcement voices from the Public Safety Committee, I will continue to focus on efforts to make our communities safer and support the men and women in law enforcement who put their lives on the line each day to protect Minnesotans."

Leader Daudt responds to removal of Rep. Grossell

ST. PAUL — House Minority Leader Kurt Daudt, R-Crown, issued the following statement following Speaker Melissa Hortman's decision to remove Rep. Matt Grossell, R-Clearbrook, from the House Public Safety Committee:

"Speaker Hortman is removing a Minnesotan with more than 12 years of law enforcement experience who was shot in the line of duty and has suffered permanent health consequences as a result of his service keeping Minnesotans safe. This

is the latest example of House Democrats' outright hostility for law enforcement — they denigrate the work of our men and women in uniform, endorse dangerous ideas like disarming officers, and allow Democrat staff to call police "a dangerous and corrupt gang" without consequence. Democrats demand leniency for felons and criminals, but do not afford the same courtesy to someone who made a mistake and has spent his career serving the people of Minnesota. Speaker Hortman's decision — three months after the incident — is clearly politically motivated."

To the editor:

Since Rep. Matt Grossell's court appearance on his arrest from an incident on May 4, 2019, at a hotel bar and a hospital, I have seen two letters to the editors on the matter that deal with the information papers filed with the court on the two incidents.

There was a letter written in the St. Paul Pioneer Press by Dave Orrick on July 31.

In this letter it is written that "belligerent" and drunk Minnesota lawmaker, Matt Grossell, cursed at a nurse at the Regions Hospital where he was taken to be evaluated for his own health and safety after police arrived to investigate the incident at the bar.

In the follow-up reports that

were filed, a more detailed description is given about the two different incidents.

The first one was at the Best Western Plus Capital Ridge Hotel. This is a location where many lawmakers rent rooms while the legislature is in session.

According to the bartender, Grossell received three more drinks, then slumped over the table, and the hotel security was called. According to video footage, it showed Grossell shove the security guard five times, with the fifth time a two-handed shove. The guard also stated that later Grossell slapped him, but he was allowed to go to his room.

At that point the hotel called the police. The guard told the police that he wanted to press assault charges on Grossell and the hotel staff wanted Grossell evicted.

The police found Grossell kneeling on the floor of his room, unable to fully communicate and the officers were unsure if Grossell was having a medical episode, so he was taken to the Regions Hospital.

Video of the incident and talking to witnesses resulted in Grossell being charged with disorderly conduct.

Court files of the incident report at the hospital describe that Grossell became belligerent on several occasions, leading to an escalation of the situation

and his arrest for trespassing.

Grossell was being so disruptive that nearby patients were coming out of their areas to see what was going on. A doctor concluded that there was no medical reason to keep Grossell, so he was asked to leave and they would call a cab for him.

A nurse that was helping told the police that "Grossell called her a 'B...' and get your head out of your 'A...'"

One officer wrote that Grossell was being belligerent and told other officers to "Get our heads out of our 'A's.'" Staff tried to de-escalate the situation, but Grossell would not cooperate. At various times Grossell told officers that he was a lawmaker and that he was a retired cop and wanted to talk cop-to-cop.

At one point the officers had to put Grossell in a wheelchair to move him, and Grossell would jam his feet into the floor to prevent the wheelchair from moving. Officers then decided to arrest Grossell on trespassing.

While being transferred into the police car Grossell kept his knee outside so the door could not be closed. At this time Grossell said that he was hurt and said it was "police brutality."

In a letter by Joel Ward in the Aug. 28 Bemidji Pioneer, he described what happened to Rep. Grossell. After being released from jail Grossell went to police headquarters in St. Paul where he told an officer at the front desk that "he was a state representative and a former Clearwater County Sheriff (he was a deputy) and that there would be hell to pay" for arresting him.

In June an agreement was reached that allowed Grossell to enter a diversion program that is intended to allow adults to address issues without incarceration. Ryan Garry, attorney for Grossell, stated that Grossell feels terrible about it and wants to put it all behind him. Garry also stated that the charges will be dropped once the diversion program is completed.

Democratic House Speaker Melissa Hortman told Republican Grossell on Aug. 28 that she was most disturbed by his conduct after his release from jail and hospital. She went on to say that what he did was an abuse of office and took him off the Judiciary Committee and the Public Safety Committee.

Grossell has been asked many times to comment on the incident but has allowed his lawyer to make any statements or apologies to different persons in St. Paul. Is the above behavior as described in court papers the kind of behavior that we should accept from any Minnesota lawmaker?

I have worked with Grossell while I was working at the Clearwater County Sheriff's Office as the investigator and I personally feel let down that Grossell behaved like he did. I also wonder why Grossell has not made a public apology to the residents of District 2A and Clearwater County, as well as his local Republican Party.

Pat Ward
Bagley

Hang Up
09/04/19 19:47 THEFT
09/06/19 12:02 Medical
LaPraire - Total 1
09/07/19 18:03 Alarm
LaPraire N - Total 4
09/03/19 03:32 Suspicious Activity, 09:35 Runaway, 20:17 Fire, 21:46 Traffic Complaint
Leon - Total 3
09/03/19 07:05 Traffic Stop
09/04/19 15:17 Juvenile Misc
09/04/19 18:30 Traffic Complaint
Minerva - Total 2
09/03/19 08:37 Traffic Stop
09/04/19 07:25 Animal Related Nora
09/03/19 13:31 Animal Related
09/04/19 08:04 Traffic Stop
09/06/19 07:48 Traffic Stop
Out of Jurisdiction - Total 3
09/04/19 07:50 Crimes Against Family
09/05/19 01:11 Assist Other Agency, 10:48 Suspicious Activity

Poppo - Total 7
09/01/19 16:58 Alarm
09/02/19 04:42 Medical, 11:01 Traffic Complaint, 11:08 Motorist Assist
09/03/19 10:40 Traffic Complaint
09/05/19 17:46 Threats
09/07/19 08:32 Animal Related
Rice - Total 4
09/01/19 00:39 Officer Detail
09/01/19 16:51 Information Only
09/02/19 10:17 Motor Vehicle Crash
09/07/19 18:08 Animal Related
Shevlin - Total 4
09/04/19 19:58 ASSIST
09/06/19 17:01 Runaway
09/07/19 02:30 Disturbance.
04:58 Lost/Found Property
Winsor - Total 2
09/04/19 11:54 Alarm
09/07/19 21:15 Motor Vehicle Crash
Total Records: 84



September is national suicide prevention month and I want to take time this month to write about this topic to bring awareness and understanding. I have written previously about this and want to continue to shed light upon this difficult topic. This is a tough topic to talk about and many feel very uncomfortable, but I want to bring awareness to this subject and let others know there are options for help and what signs people can look for that could indicate thoughts of suicide.

Annually, over 40,000 people take their own life nationally through suicide. This leaves many family and other loved ones at a loss as to why it happened. Suicide does not discriminate between age, gender, ethnicity or social status. Almost everyone has been affected by suicide as they have been directly impacted or simply knew someone who chose to end their life. Family and friends struggle with how to cope with the aftermath as suicide is often looked upon as being highly taboo and there is shame or embarrassment associated with it. We need to get past this mentality and realize that it is an illness and needs to be treated as such. Approximately 50% of people who commit suicide have a known mental health condition.

There are other factors that can lead to suicide as well. Sometimes, a recent tragedy or loss or a serious chronic medical condition can start someone thinking about suicide. A family history of suicide or a history of trauma or abuse can also put people at a higher risk. People often feel worthless or alone and think they have no other viable option then to take their own life. More women attempt suicide then men, however, four times as many men are successful in their attempt. People under the age of 24 and those over 65 pose a higher risk as compared to other age groups. Access to firearms combined with substance abuse or intoxication put people at an extremely high risk.

Here is where people can help. If someone is thinking of suicide, there may be warning signs to look for. People will sometimes verbally express not wanting to be here anymore or talking about how their life is not worth living. You may dismiss those comments as just talk, but this is a major flag that something is going on. Some people may begin to act out in an aggressive manner or start to withdraw from friends and family. They may not want to do things that they have done in the past. Their moods may shift from happy to sad for no

apparent reason. Some people may begin to consume alcohol or experiment with drugs or increase their use if they are already using. If someone starts to say goodbye to friends and family and appear to be getting their affairs in order may be a sign that they are in the final stages of planning their suicide. If you see any of these signs, try to talk to the person and encourage them to seek medical care.

There are other steps you can take to prevent suicide. Remove guns, knives or pills that a person may have in their possession or has access to. Do not argue or debate with them about whether or not suicide is right or wrong. Let the person know that you are there to listen and support them. Encourage them to seek professional help and be honest about their thoughts and plans. Being open and honest is the only way to get the help you need. If someone does not want to get help, they won't. Medical professionals are at the mercy of the individual to tell them their thoughts and feelings.

If you are having thoughts of suicide, I encourage you to talk to someone you trust. If you are not comfortable with talking to a professional, start out with a family member, friend or co-worker. Get the process of talking started. There are other options you can take as well such as calling the Crisis Hotline at 1-800-422-0045 or text "MN" to 741741. One of these options will get you in contact with a professional who will talk to you and help you through your situation. Lastly, you can always call 911 if you or someone you are with is desperate and immediate intervention is required. Appropriate personnel will respond and provide assistance.

I hope that continuing to bring awareness to this issue will help someone who may be contemplating suicide get the help they need and to educate people on the warning signs so they know what to look for and intervene. Remember, you are not alone.

If you have questions that you would like answered or any suggestions, please email me at darin.halverson@cclearwater.mn.us or call the Sheriff's Office at 218-694-6226. You can also find us on Facebook by searching for Clearwater County Sheriff's Office.

Thank you and as always, I am honored to serve as your Clearwater County Sheriff.

Education Association contract approved

The Clearbrook-Gonvick negotiating committee has come to an overall agreement with the Education Association and the new teacher contract was presented to the board and approved. The teacher contract shows 2% increases in salaries. Health insurance contributions not included on the salary schedule were increased by \$250.

The school calendar calls for 170.5 total student days and 177 total teacher contract days. The state requires a minimum of 165 days for all schools.

Language regarding a retirement benefit program for teachers employed before 1990 was removed from the contract as no current teachers are eligible for these benefits.

Schedules for the last four years are shown below.

Salary Schedule 2017-2018								
STEP	BA	BA10	BA20	BA30	BA40/MA	MA10	MA20	MA30
1	37882	39232	40582	41932	43282	44632	45982	47332
2	38719	40069	41419	42769	44119	45469	46819	48169
3	39555	40905	42255	43605	44955	46305	47655	49005
4	40392	41742	43092	44442	45792	47142	48492	49842
5	41229	42579	43929	45279	46629	47979	49329	50679
6	42066	43416	44766	46116	47466	48816	50166	51516
7	42902	44252	45602	46952	48302	49652	51002	52352
8	43739	45089	46439	47789	49139	50489	51839	53189
9	44576	45926	47276	48626	49976	51326	52676	54026
10	47661	49011	50361	51711	53061	54411	55761	57111
11					53898	55248	56598	57948
12						56085	57435	58785
13							58272	59622
14								60459
15								61296
16								

Salary Schedule 2018-2019								
STEP	BA	BA10	BA20	BA30	BA40/MA	MA10	MA20	MA30
1	39232	40582	41932	43282	44632	45982	47332	48682
2	40069	41419	42769	44119	45469	46819	48169	49519
3	40905	42255	43605	44955	46305	47655	49005	50355
4	41742	43092	44442	45792	47142	48492	49842	51192
5	42579	43929	45279	46629	47979	49329	50679	52029
6	43416	44766	46116	47466	48816	50166	51516	52866
7	44252	45602	46952	48302	49652	51002	52352	53702
8	45089	46439	47789	49139	50489	51839	53189	54539
9	45926	47276	48626	49976	51326	52676	54026	55376
10	49011	50361	51711	53061	54411	55761	57111	58461
11					55248	56598	57948	59298
12						57435	58785	60135
13							59622	60972
14								61809
15								62646
16								

Salary Schedule 2019-2020								
STEP	BA	BA10	BA20	BA30	BA40/MA	MA10	MA20	MA30
1	40,017	41,394	42,771	44,148	45,525	46,902	48,279	49,656
2	40,870	42,247	43,624	45,001	46,378	47,755	49,132	50,509
3	41,723	43,100	44,477	45,854	47,231	48,608	49,985	51,362
4	42,577	43,954	45,331	46,708	48,085	49,462	50,839	52,216
5	43,430	44,808	46,185	47,562	48,939	50,316	51,693	53,070
6	44,284	45,661	47,038	48,415	49,792	51,169	52,546	53,923
7	45,137	46,514	47,891	49,268	50,645	52,022	53,399	54,776
8	45,991	47,368	48,745	50,122	51,499	52,876	54,253	55,630
9	46,845	48,222	49,599	50,976	52,353	53,730	55,107	56,484
10	49,991	51,368	52,745	54,122	55,499	56,876	58,253	59,630
11	-	-	-	-	56,353	57,730	59,107	60,484
12					-	58,584	59,961	61,338
13						-	60,814	62,191
14							-	63,045
15								63,899
16								

Salary Schedule 2020-2021								
STEP	BA	BA10	BA20	BA30	BA40/MA	MA10	MA20	MA30
1	40,817	42,222	43,626	45,031	46,435	47,840	49,244	50,649
2	41,688	43,092	44,497	45,901	47,306	48,710	50,115	51,520
3	42,558	43,962	45,367	46,771	48,176	49,580	50,985	52,389
4	43,428	44,833	46,237	47,642	49,047	50,451	51,856	53,260
5	44,299	45,704	47,108	48,513	49,917	51,322	52,726	54,131
6	45,170	46,575	47,979	49,384	50,788	52,193	53,597	55,002
7	46,040	47,444	48,849	50,253	51,658	53,062	54,467	55,872
8	46,911	48,315	49,720	51,124	52,529	53,933	55,338	56,742
9	47,781	49,186	50,590	51,995	53,400	54,804	56,209	57,613
10	50,991	52,396	53,800	55,205	56,609	58,014	59,418	60,823
11	-	-	-	-	57,480	58,885	60,289	61,694
12					-	59,755	61,160	62,564
13						-	62,031	63,435
14							-	64,306
15								65,177
16								



Clearwater County Sheriff's Office Weekly Activity

City of Bagley - Total 19
09/01/19 09:52 Court Order Violation, 15:00 Alarm, 18:20 Medical
09/02/19 00:13 Alarm, 12:21 Information Only, 23:54 Medical
09/03/19 20:40 Traffic Stop
09/04/19 05:33 Medical, 08:46 Drug Related, 12:54 Medical
09/05/19 02:50 Welfare Check, 22:35 Traffic Stop
09/06/19 11:14 Civil Complaint, 16:44 Disorderly
09/07/19 11:25 Welfare Check, 14:25 911 Hang Up, 20:08 Traffic Stop, 09/07/19 23:40 Medical
City of Clearbrook - Total 5
09/04/19 02:43 Medical, 07:16 Welfare Check
09/05/19 04:05 Information Only
09/07/19 03:22 Suspicious Activity, 12:14 Suspicious Activity
City of Gonvick - Total 3
09/04/19 09:07 Burglary, 10:08 Burglary, 11:06 Information Only
City of Leonard - Total 4
09/03/19 09:12 WORTHLESS CHECK, 09:53 WORTHLESS CHECK, 09/05/19 11:14 WORTHLESS CHECK, 11:18 WORTHLESS CHECK
City of Shevlin - Total 2
09/01/19 17:55 Motor Vehicle Theft
09/04/19 17:32 Runaway
Copley - Total 2
09/06/19 12:40 THEFT
09/07/19 02:48
Dudley - Total 2
09/03/19 19:22 Vehicle Lock Out
09/03/19 22:12 Suspicious Activity
Eddy - Total 2
09/02/19 16:32 Disturbance
09/06/19 08:30 Alarm
Falk - Total 4
09/01/19 04:12 Assault
09/01/19 10:56 Disturbance
09/03/19 17:50 Medical
09/07/19 22:10 Suspicious Activity
Holst - Total 2
09/05/19 01:40 Medical
09/05/19 08:32 Motorist Assist
Itasca - Total 1
09/02/19 16:16 911 Hang Up
Itasca State Park - Total 5
09/01/19 15:20 Motor Vehicle Crash, 16:05 ASSIST, 18:15 911

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2019 Clearwater County Fair



Alissa and James Preuss working at the Dairy food stand.



Alvina...
Continued from front page

She fondly reminisces about the many travels and adventures she and Jens took, often driving to Portland, Seattle and Longville, Washington areas. Some of their best friends had

moved out to Portland. She's also been to Cape Canaveral, Florida to the Kennedy Space Center, and Orlando; and Dawson Creek in Canada.

"I've driven to Elkhart, Indiana and St. Joe, Michigan over the Mackinaw Bridge where I had sisters living. And I've never

had an accident all the years I was driving!" she is proud to say.

After Jens passed away, Alvina moved back to Bagley. She did ironing for many working women in Bagley for five years. She began making quilts after she retired, and boasts creating a whopping 260 quilts, most tied

by hand. She sold about half of them, and has given many to family members, friends, and those in need over the years. Alvina also repaired aging quilts for others, and says there was one promise made which she hasn't been able to keep that she still feels bad about.

She received a request to repair a quilt that was the only treasure from the grandmother of a Bemidji lawyer. She was excited and looked forward to fulfilling the request. But before it could be repaired, the quilt was misplaced and never reached Alvina's willing hands.

Poor eyesight now hinders Alvina from driving and making quilts any longer.

"I just loved doing all that work," she says, " but my eyes just aren't good enough anymore. It's hard for me to read, but I got a reading machine so I can still read on that."

As her age has crept up on her, Alvina settled into the Parkview Apartments which has been home for the last six years. One of her favorite desserts is called Frog Eye Salad. While it the name may sound distasteful, Alvina will assure you that this is a tasty treat. Really, it is a fruit salad made with a pasta or tapioca.

"I baked bread until I was 90. After moving to Parkview, I began canning jellies of raspberry, apricot, cherry and strawberry-rhubarb." These also are given away more than eaten herself.

Alvina says she doesn't have a middle name, "So my friends started saying my second name is 'Generous'. I like to give things away and help people while I'm alive. You can't take it with you! I love people, and it helps me feel good when I can do something for somebody."

Health challenges continue to cause her problems with walking as well, but her doctor is amazed at her ability to endure her hardships.

"Whatever you are doing, keep on doing it. You are 95 going on 73!" Dr. Christiansen says.

"I have my problems, but I am thankful for my life. I visit a lot with friends, play cards, and the time goes by. The older I get, the faster it seems to go." She treasures those times when she can visit and do something.

"I sometimes wish I was back in the '70s when I could do more. I like to do things."

In September, Alvina's friend Lou is going to take her to Deer River, Minnesota for a wedding. She is greatly looking forward to that trip. She'd like to do more

traveling if she were able.

Alvina will be 96 on October 4th.

"Be yourself, be generous and helpful, believe in God and do what your heart tells you to do," is her philosophy of life. "Be honest with others, and do the best you can."

Psalm 23 is one of her favorite chapters in the Bible, and this is a quote she heard long ago:

"Do all you can with all your might,

Things done by halves are never right!"

Psalm 23

The Lord is my shepherd, I shall not want.

He makes me to lie down in green pastures,

He restores my soul.

He leads me beside the still waters,

He restores my soul.

He leads me in the paths of righteousness

For His name's sake.

Yea, though I walk through the valley of the

Shadow of death,

I will fear no evil,

For you art with me.

Your rod and your staff, they comfort me.

You prepare a table before me

In the presence of my enemies;

You anoint my head with oil,

My cup overflows.

Surely goodness and mercy shall follow me

All the days of my life,

And I shall dwell in the House of the Lord forever.



A fishing trip Alvina went on to Bemidji around 1975. Her philosophy of life is to be yourself, believe in God, and do what your heart tells you to do.



Last year Alvina celebrated Carl's 99th birthday with her remaining siblings. Pictured are Carl, Evelyn, Milo, Herman and Alvina.



Alvina Anderson and Jens Norley when they were dating prior to their marriage in 1942.



Jens Norley in his police uniform. He was a 'Town Cop' and Chief of Police in Clearbrook during the early 1970s.



Bella and Becca Dahl of The Jack Pine Pals 4H Club are happy to announce a Lending Library, which they helped build and fill with books, has been added to the Gonvick Park. The idea of the Little Library is to instill the LOVE of reading with its "Take a book, Leave a book motto."



We've been building our renewable energy portfolio since 2002. To date, we've invested more than \$6 billion in renewable energy and power transmission projects either in operation or under construction.

Our green energy investments include wind farms, solar farms, geothermal facilities and waste heat recovery plants across North America and Europe—which, collectively, produce enough zero-emission energy to power 700,000 homes.

In Minnesota, our Bemidji office is powered by a solar energy system, through a partnership with local Native American-owned businesses.

All forms of energy sources—crude oil, natural gas and renewables—are needed to meet rising global energy demand.

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