

Leader-Record



\$1.00

CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER
Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail



Andy Burford was able to finish the steps for a new apartment in Gonvick before the cold weather set it.

Post office being transformed into apartments

Andy Burford has been busy this fall changing the old Gonvick Post office building into apartments. He has the first one rented out and is working on getting two more units in the structure.

When Gonvick was first homesteaded in 1896, the mail was brought by train as far as Fosston. From there it was brought by horse as far as the Winsor Post Office, which was established on November 28, 1896.

Post office buildings in Gonvick were located in several places.

On June 26, 1900 a post office was opened at the Wild-

wood store with Nels Fredensberg as postmaster. They would have a "Star Route" that would leave Gonvick in the morning with a team of horses. They would go from Gonvick to Winsor to Gully and then to Olga, south of Gully. They would meet the carrier from Fosston and exchange incoming and outgoing mail.

The Gonvick Banner Printing office, where Burfords building is located burned to the ground and a block building was put up and that became the Gonvick Post Office in 1935. In August of 1981 the post office was moved to the present lo-

cation on the west side of the building that houses Richards Publishing Company. Mark Judd was the Postmaster in charge of the move from one building to another.

Since 1981 the old post office building had housed a gift shop and an office for a trucking company.

The gift shop was owned by Sara Madsen and called "The Forget Me Not Shop". Her assistants were Becky Mikkelsen and Sheryll Petterson.

Dave Wentworth Trucking Company was the last tenant that was in the old post office building.

National Honor Society Winter Outerwear Drive

The Clearbrook-Gonvick High School National Honor Society members are conducting a winter outerwear drive

Where to donate

Clearbrook-Gonvick School, Clearbrook City Office, Good Shepherd Lutheran Church, First Baptist Church, Country Faith Church, Samhold Lutheran Church, Clearwater Therapeutic Massage, Clearwater County Nursing Services, First State Bank in Clearbrook, Northern State Bank in Gonvick, United States Postal Service in Clearbrook, Thrifty White Pharmacy in Clearbrook, Charps, Y92, Hometown Mar-

ket, B&M Supply, Richard's Publishing, Leonard Cafe, and the Leonard Store.

When does this take place?

They will be taking donations through December 22.

What is the

Winter Outerwear Drive?

The National Honor Society members will be collecting gently used coats, snow pants, boots, gloves, scarves, and hats which can be put into the totes or boxes at any of the above locations. All sizes will be ac-

cepted.

Why are we doing this Drive?

The items are given to students in need and local residents.

There is a high need for youth-sized snowgear. The extra items will be donated to local shelters. You can contact the adviser of the NHS chapter, Sarah Goudge at (218) 776-3112 EXT. 417 or the school Principal Jeff Burgess at (218) 776-3112 EXT. 103, if you are in need of winter gear.

Larsons Lost River Livestock joins Association

Larsons Lost River Livestock, Clearbrook, Minnesota, is a new member of the American Angus Association®, reports Allen Moczygemba, CEO of the national breed organization headquartered in Saint Joseph, Mo.

The American Angus Association, with more than 25,000 active adult and junior members, is the largest beef breed association in the world. Its computerized records include detailed information on over 18 million registered Angus.

The Association records an-

cestral information and keeps production records and genomic data on individual animals to develop industry-leading selection tools for its members. The programs and services of the Association and its entities — Angus Genetics Inc., Angus Productions Inc., Certified Angus Beef LLC and the Angus Foundation — help members to advance the beef cattle business by selecting the best animals for their herds and marketing quality genetics for the beef cattle industry and quality beef for consumers.

Santa Claus Day in the area

Gonvick Community Club Santa Claus Day!

The annual Santa Claus Day will be held on Saturday, December 9 in Gonvick. It will be held in the Clear Waters Life Center gym in Gonvick. There will be crafts, prizes

and games for the kids starting at 1:30 p.m. Prizes will be given away for three groups from 0-3, 4-7 or 8-12.

There will also be a cake and candy walk that many have helped to supply goodies for in the past.

One way you can help is by joining the Community Club with the annual dues of \$35. These funds go towards the gifts, games, prizes and treats that the kids look forward to every year.



Gully Santa Claus Day is December 9

The annual Santa Claus Day will be held on Saturday, December 9 in Gully. The event will be held starting at 2:00 p.m. at the Community Center.

There will be toys, crafts and games for the kids.

Santa will be stopping by for a visit.

Everyone is welcome.

Trail Santa Claus Day is December 9

The annual Santa Claus Day will be held on Saturday, December 9 in Trail. The event will be held starting at 1:00 p.m. at the old Trail School building.

Everyone is welcome.



ECI program receives grant

The Clearbrook-Gonvick School received a \$2,500 donation to buy equipment for the Early Childhood programs. Equipment purchased include iPads and Tricycles. The iPads will enhance learning for our youngest students and the Tricycles will encourage physical activity and promote large motor skills. We look forward to making use of this new equipment on a daily basis. Students and staff in the Early Childhood programs would like to say a big "Thank You" to Mr. Jon Isackson for the generous contribution!



Hemp Production: Legalities and Production Tips

Want to learn about Hemp production in northwestern Minnesota?

Come learn what we have learned after a couple growing seasons of the new cash crop, Hemp. We will cover agronomics: crop protectants, seeding, fertilizing, harvesting and grain handling. A local producer will go over the Do's and Don't's of hemp production. Certainly there is a learning curve to any new crop. Hopefully, our information will help alleviate some of the uncertainty.

Margaret Wiatrowski, Industrial Hemp Program Coordinator with the Minnesota Department of Agriculture will be presenting information on permitting and the 2015 Minnesota Industrial Hemp Development Act, which allows producers to pilot hemp production in Minnesota. Here is an opportunity to learn more about the crop and marketing, as well as other pertinent information.

Hemp...

Continued on page 2

They were at it again at the Clearbrook-Leonard Senior Center. They served a free Santa Claus Day lunch. Helping with the work shown at the right from left to right are Jim Chesley, Margaret Stevens, Lowell Stevens, Jim Shelquist, Duane Johnson and Lloyd Engen.



Community Calendar

History Center open December 9

The History Center in Shevlin will be open Saturday December 9th from 10 am until 2 pm. Stop at the History Center before going to visit Santa when he makes his stop in Shevlin that day.

The current exhibit is "Creative Clearwater" which showcases the talents of county artists and crafters; past and present. There is no admission fee to visit the museum.

For more information and to check current gallery hours call 218-785-2000.

Christmas Story at United Lutheran

United Lutheran Church invites you to attend a retelling of the Christmas Story at United Lutheran Church, Berner on Sunday, December 17th at 5:30pm.

We will be sharing Christmas memories throughout the retelling and there will be a potluck supper with finger foods and Christmas treats following the program.

All are welcome to attend!

POTATO KLUB
Dee's Leonard Cafe
will be having
POTATO KLUB
Every Thursday
(218) 968-2399

Clearwater County Food Shelf
Holiday Schedule
Dec. 6 Wed. 10 am - 2 pm
Dec. 13 Wed. 10 am - 2 pm
Dec. 18 Mon. 10am - 2 pm
Food Shelf is closed until
Wed. Jan. 3, 2018

Eligible for Medicare?
We're here to help!
Open Enrollement
Oct. 15 - Dec. 7, 2017
INSURE FORWARD
At Invest Forward
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Bagley, MN
Julie Sundquist 218-694-6900 Angela Crandall

Your Care Is Important to Us!
Due to Good Samaritan in Clearbrook closing, our therapy patients can be assured that they are welcome to come to our BAGLEY location.
We are actively servicing the Clearbrook area while we transition to a new location. Patients, in the meantime, can temporarily utilize the Bagley location along with our in-home service.
Choice Therapy
Physical • Occupational • Speech
118 Central St. W
Bagley, MN 56621
218-694-3030

Today In Banking
Some "Straight Talk" On Banking Today ... That Can Make Banking Better For You...
Please join us for our annual...
Christmas Tea
Please stop in... for Christmas goodies, coffee & cider and register for Door Prizes!
FRIDAY, DEC. 8TH
from 9:00 am-3:00 pm
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Clearwater County Fair Calendar winners
Nov. 25 - Al Rasmussen, Bagley, \$20.
Nov. 26 - Buddy Mershman, Shevlin, \$20.
Nov. 27 - Arlys Mathis, Gonvick, \$20.
Nov. 28 - Dava Maruska, Bagley, \$20.
Nov. 29 - Bruce Bjerke, Leonard, \$20.
Nov. 30 - Hal Weller, Hurst, TX, \$20.
Dec. 1 - Brian Johnson, San Francisco, CA, \$20.

"Swingtime Canteen" to Take Stage in Bagley
"Swingtime Canteen," a musical review featuring songs of the World War II era, will be on stage in Bagley at the high school auditorium on December 8 and 9 at 7:00 p.m. and December 10 at 2:00 p.m. The production by the Bagley Community Theater, directed by Marilyn Hood, features a group of female performers who are touring and performing for the troops overseas. They sing favorites such as "Sentimental Journey," "How High the Moon," "Don't Fence Me In" and an Andrew Sisters Medley featuring ten of their top hits. The performers' friendships and rivalries add to the humor of the show.

Also part of the production is a six piece, on-stage swing band directed by Josh Gunderson. Tickets for reserved seating are currently on sale at the Bagley Senior Center and Mark's Hardware in Bagley. Tickets will also be available at the door 30 minutes before show times.

NOTICE
Gonvick American Legion Post #304 & Auxiliary will be
CHRISTMAS DECORATING
the LEGION CABIN
Thurs., Dec. 7 at 1 pm.
Christmas Party
Tues., Dec. 12 at 6:00 pm
Please bring "finger foods"
Meetings to follow.

Bagley Public Library Announces Holiday Book Giveaway
Children who reside in Clearwater County are invited to visit the Bagley Public Library, located at 79 Spencer Ave., to pick out a free book. This program, courtesy of the Bagley Library Board, will be available throughout the month of December, and is sponsored by the Dorothy Tjolsen Legacy Fund. The program is limited to one book per child.
Families are encouraged to bring their children to the library's weekly Storytime. Held on Fridays at 10:30 a.m., this is a wonderful early literary experience for infants and up.
The Bagley Public Library is a location of Lake Agassiz Regional Library, which is a consolidated public library system comprised of 13 branch libraries and nine LINK sites serving the residents of seven counties in northwest Minnesota. More information is available at www.larl.org.

Love Lights a Tree
Love Lights a Tree honors the memory of:
In memory of my husband Vernon Kortan from Alice Kortan.
In memory of the following: Lloyd Berg, Kenny Olson, Erwin and Stella Olson, Palmer and Hilda Olson from Eileen Berg.
In memory of my husband Don Schultz, my parents Gustav and Inga Berentzen, grand daughter Lynn Johnson, and sister Luella Grimsley from Margaret Schultz.
In memory of Steve Gulbranson from Kevin and Julie Erickson.
For a suggested donation of \$5.00 per name, the name of the donors and those being remembered will be listed in the Farmers Independent and the Leader Record each week until the end of December. Donations should be made to the American Cancer Society and sent to:
Kim LaVine
18802 County 39
Bagley, Mn 56621
100% of donations will be sent to the American Cancer Society.

Church News

KINGDOM HALL OF JEHOVAH'S WITNESSES
Sand Lake Ave & 5th St. Bagley
Thursday: 7:30 p.m. Bible Study; 8:00 p.m. Theocratic School; 8:30 p.m. Service Meeting.
Sunday: 10:00 a.m. Public Bible Talk; 10:35 a.m. Bible Study.

FAITH BIBLE CHAPEL OF CLOVER
Leonard, MN
Sunday: 10:00 a.m. Worship Service.

ELIM LUTHERAN BRETHREN CHURCH
Clearbrook
Pastor Adam Krog
Wed., Dec., 6 - 5:30 p.m. Confirmation; 6:30 p.m. Youth Group, 7:30 p.m. Bible Study.
Thurs., Dec. 7 - 9:30 a.m. Bible Study, 6:30 p.m. Bible Study at Leann Bakke's home..
Sun., Dec. 10 - 9:30 a.m. Sunday School, 10:00 a.m. Coffee and Goodies, 10:30 a.m. Worship Service; 2:00 p.m. "An ornament for Christ" Ladies event.

ST. JOSEPH'S CATHOLIC CHURCH
Bagley 218-694-6416
Pastor:
Fr. John Melkies Suvakeen
Terri D, Parish sec.
Sunday Mass: 10:30 AM
Call for weekday Mass times.

GOOD SHEPHERD LUTHERAN CHURCH
CLEARBROOK & OUR SAVIOR'S LUTHERAN CHURCH LEONARD
Pastor Robert Kirchman
Good Shepherd
Sunday, Dec 10: 9:00am Worship Service/Communion; 10:00 a.m. Sunday School/Coffee Hour, 4:30 Sunday School Christmas Program, potluck to follow.
Mon. Dec. 11 - 7:00 p.m. Church Council.
Wed. Dec. 13 - 6:30pm Choir Practice; 7:30pm Handbell Practice.
Joint
Wed. Dec. 13 - 6:00 p.m. supper/confirmation/ 6th-7th Grade Bible Study.
Our Savior's
Sun., Dec 10: 9:30 a.m. Sunday School; 10:30am Coffee Hour; 11:00am Worship Service/Communion, 2:00 p.m. Christmas Tea.

GONVICK LUTHERAN PARISH
MEMBERS OF NALC
Pastor Kris Snyder
SAMHOLD LUTHERAN CHURCH
Wed., Dec. 6: 8:00 AM Men's Bible Study; 9:30 AM Women's Bible Study; 6:30-7:30 PM Confirmation (Note time change).
Sun. Dec. 10 9:30 Sunday School; 10:30 AM Worship Service.
UNITED LUTHERAN CHURCH
Sun., Dec. 10: 9:00 AM Worship Service.

STORY TO SHARE!
If you have a story or photos you want to share, please send to: richards@gvtel.com

Clear Waters Life Center Happenings...

Gift certificates from each of our businesses are available if you are shopping for a hard-to-shop-for person on your gift list.
CLEARBROOK SITE:
Shop-at-the-Top: 50% off sale on Christmas clothing & decorations, ladies' pullover sweaters & other selected items. Sale thru Sat., Dec. 9.
Celebrate Recovery Support Group: 7:00 PM, Thursday, 2nd floor of CWLC-Clearbrook. Help for any hurt, habit, or hang-up. Confidential.
Youth Connection, Tuesdays: After-school, 3:30-5, 5th-9th grade.
Anger Management Class: Jan. 8-Feb.12, 2018, Mondays, 6:30-8:30 PM. Registration open & required. Forms on-line at www.clearwaterslife.org or at our sites
GONVICK SITE:
Restore It! Furniture Shop:
M-W-F, 10-4; Sat., 9-12. Great prices; great selection.
Senior Connection Adult Day Services: Openings available. Open 10:00 AM to 3:00 PM, M-W-F, except Nov. 24. Call 218-487-5290, Ext., 1 for enrollment & transportation assistance.
CWLC-Gonvick, 226 Elm St, open: M-W-F, 10-4 & Sat., 9-12. CWLC-Clearbrook, 256 2nd Ave., SW. Open 10-4, M-F, & 10-12 on Saturday.
For programs and services, visit: www.clearwaterslife.org, www.mustardseedhomes.org, or www.aduldaysservicesgonvick.org and our Facebook pages.
CWLC is a 501(c)3 nonprofit organization providing a variety of free and low-cost programming and services to northern Clearwater County and surrounding area.

This ad is sponsored by:
Home at Heart Care
Personal Care & Homemaking

COUNTRY FAITH CHURCH
1 mile south of Clearbrook, 2 miles west on Cty. Rd. 6
Senior Pastor Larry Dorman
Associate Pastor Jim Binder
Youth Pastor Brad Binder
Children's Minister Nicky Ubert
www.countryfaith.org
218-776-3367
cfcchurch@gvtel.com
Sunday: 9:00 a.m. Sunday School (Sept.-May)10:00 a.m. Worship Service, 10:00 a.m. Kids Worship (most Sundays) Jr. Church follows, 7:00 p.m. Youth Night (most Sundays).
Every Tuesday: 6:30 a.m. Men's Prayer

REDEEMER EV. LUTHERAN CHURCH - LCMS
Church Location:
Corner of Hwy. 2 & Red Lake Ave. SW Bagley, MN
Pastor Gerold Goetz
Sunday Divine Service: 9:30 a.m.
Sunday School / Adult Bible Study: 10:45 a.m.
THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS - Clearbrook Branch
305 Lake Ave. E.
Sacrament Meeting: 10:00-11:00 a.m.; Sunday School: 11:20 a.m.-12:00 p.m.
Priesthood/Relief Society: 12:10-1:00 p.m.; Young Women's: 12:10-1:00 p.m.; Primary: 11:20 a.m.-1:00 p.m.

FIRST BAPTIST CHURCH
Clearbrook
Pastor Verlyn Strenge
Assoc. Pastor Jim Galloway
Wed. Nov. 29 - 6:30 p.m. AWA-NA
Thurs. Dec. 7 - 7:00 p.m. bible Study
Sat. Dec. 9 - 7 a.m. Men's Breakfast & Bible Study.
Sun. Dec. 10 - 9:30 a.m. Sunday School, 10:45 a.m. Morning Worship Service.
GRACE FREE LUTHERAN CHURCH
BAGLEY
Pastor Wayne Hjermstad
9 a.m. Sunday School
10 a.m. Sunday Worship
September - May
Every Thursday: 10 a.m. Bible Study.
Communion First Sunday of the Month.

CLEARWATER LUTHERAN PARISH
Mt. Olive - Nazareth Oak Park - St. Petri
Pastor Jeff Merseeth
Wed, Dec. 6: 5:00 p.m. Wednesday School/Confirmation. 7:00 p.m. LYS meeting.
Sat, Dec. 9: 9:00 a.m. Mt. Olive. Sun, Dec. 10: 8:00 a.m. St. Petri, 9:15 a.m. SS at St. Petri; 8:30 a.m. SS at Nazareth, 9:45 a.m. Nazareth; 9:30 a.m. Oak Park SS, 11:00 a.m. Oak Park. 12:15 p.m. Ladies Aid Christmas Party. 5:00 p.m. Bible Study at Nazareth.
Wed, Dec. 13: 5:00 p.m. Wednesday School/Confirmation. 6:00 p.m. LYS Caroling.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg, Youth Pastor
www.newjournefosston.com
Wed. Dec. 6: 6:00 p.m. Alpha. 6:30 p.m. Awana.
Thu, Dec. 7: 12:00 p.m. Rotary.
Fri, Dec. 8: 6:00 p.m. Holy Yoga.
Sat, Dec. 9: 9:00 a.m. Holy Yoga. 7:00 p.m. Youth Christmas Party.
Sun, Dec. 10: 9:30 a.m. Children's Christmas Program.
Tue, Dec. 12: 9:30 a.m. Ladies Bible study. 10:00 a.m. Quilting. 6:30p.m. Bible Study.
Wed. Dec. 13: 6:00 p.m. Alpha. 6:30 p.m. Awana.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Wed, Dec. 6: 6:00 p.m. Advent Service at Bethany
Fri, Dec. 8: 10:30 a.m. Service at Mac Manor.
Sat, Dec. 9: 5:00 p.m. Bethany Christmas Program.
Sun, Dec. 10: 9:00 a.m. Lund. 10:30 a.m. Sand Valley.
Wed, Dec. 13: 2:00 p.m. Lund WELCA. 6:30 p.m. Advent Service at Lund.

BETHEL ASSEMBLY
Fosston
Seth Johnson, Interim Pastor
Sun, Dec. 10: 9:30 a.m. Sunday School. 10:30 a.m. Worship.

DISCIPLES OF MESSIAH-YAHUSHA
who obey Yahusha's teachings (John 8:31) are meeting each Sabbath in homes. (218) 766-8176
Homeless Shelter - Scriptural Counseling & Encouragement.

The Leader Record
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BEAR TRACKS

With articles submitted by the staff, administration and students at the Clearbrook-Gonvick Junior and Senior High Schools



Announcing the players at the start of the game on Thursday night. The Bears won the game 60 to 22 against Grygla-Goodridge-Gatzke Chargers. Three shown are Mikala Johnson, Kaylee Faldet and Jackie Lynn Taffin.

Clearbrook-Gonvick School Menu

- Wed. Dec. 6- Chicken Alfredo, WG Breadstick (9-12), Broccoli, Fresh Fruit and Vegetable Choices and Milk.
- Thurs. Dec. 7 - Tomato Soup, Toasted Cheese Sandwich, Fresh Fruit and Vegetable Choices and Milk.
- Fri. Dec. 8 - Hot Dog on WG Bun, Potato Smiles, Fresh Fruit and Vegetable Choices and Milk.
- Mon. Dec. 11 - Shrimp Poppers, Tri Tater, Cheese Stick (9-12), Fresh Fruit and Vegetable Choices and Milk.
- Tues. Dec. 12 - Loaded Beef Nachos, WG Garlic Breadstick (9-12), Fresh Fruit and Vegetable Choices and Milk.
- Wed. Dec. 13 - Turkey Subs w/fixings, Sun Chips, Fresh Fruit and Vegetable Choices and Milk.



Madelynn Faldet drives the ball down the court against the Goodridge-Grygla-Gatzke Chargers.



In the center Cassie Faldet, senior for Clearbrook-Gonvick Bears drives the ball down the court over the Chargers.



Coach Bob Westrum and Ross Faldet give the girls tips for the game.



Junior Varsity player MyKenzie Larson drives the ball against the Chargers.



Danae Stenzel scored 6 points in the Bears victory over the Charger.

School News

FFA results: WAY TO GO!!!! Congratulations to Naomi Shamp! She earned 2nd place individual at the University of Minnesota Crookston General Livestock Judging competition today! First of any CG FFA members to win this award! Congratulations also to our FFA Creed speakers!!! Bailey Klema earned 6th place Kayla Ehlers earned 5th place So proud of them for trying something new!!

The ACT will be offered to the Juniors during the school

day on February 27, 2018 at no cost. There is a sign-up sheet in the office and letters have been sent in the mail with the following information: The ACT test score will provide you with information about progress toward college readiness and it is widely used by colleges in making decisions about admission. It is a required test for most four year colleges. Students who take the ACT will be able to share their ACT scores with up to four colleges or universities for free. Here are some benefits to taking the ACT test in the school:

School News... Continued on page 4

Bears over Chargers

The Clearbrook-Gonvick Bears won over Goodridge-Grygal-Gatzke Chargers 60 to 22 on their home court. Scoring for the Bears were Jackie Lynn Taffin 20, Brynn Heltand 12, Tamara Skinaway 10, Danae Stenzel 6, Cassie fAldet 5, Morgan Cornell 3, Jennifer Taffin 2 and Madelyn Faddlet 2. They did not play the last quarter of the game.



Brynn Hetland scored 12 points against the Chargers on Thursday night in Clearbrook.

Department of Education Division of School Finance 1500 Highway 36 West Roseville, MN 55113-4266		DISTRICT REVENUES AND EXPENDITURES BUDGET FOR FY 2017 AND FY 2018					ED-00110-40	
GENERAL INFORMATION: Minnesota Statutes, section 123B.10, requires that every school board shall publish the subject data of this report.								
District Name:		Clearbrook-Gonvick ISD					District Number: 2311	
FUND	FY 2017 BEGINNING FUND BALANCES	FY 2017 ACTUAL REVENUES AND TRANSFERS IN	FY 2017 ACTUAL EXPENDITURES AND TRANSFERS OUT	JUNE 30, 2017 ACTUAL FUND BALANCES	FY 2018 BUDGET REVENUES AND TRANSFERS IN	FY 2018 BUDGET EXPENDITURES AND TRANSFERS OUT	JUNE 30, 2018 PROJECTED FUND BALANCES	
General Fund/Restricted	\$ 110,048	\$ 200,921	\$ 145,806	\$ 165,163	\$ 151,665	\$ 147,150	\$ 169,678	
General Fund/Other	\$ 554,574	\$ 5,210,466	\$ 4,994,053	\$ 770,987	\$ 5,172,335	\$ 5,108,455	\$ 834,867	
Food Service Fund	\$ 32,858	\$ 316,348	\$ 320,943	\$ 28,263	\$ 340,000	\$ 335,000	\$ 33,263	
Community Service Fund	\$ (2,476)	\$ 191,071	\$ 151,556	\$ 37,040	\$ 190,000	\$ 180,000	\$ 47,040	
Building Construction Fund	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	
Debt Service Fund	\$ 171,316	\$ 4,593,811	\$ 4,591,032	\$ 174,094	\$ 776,000	\$ 776,000	\$ 174,094	
Trust Fund	\$ 21,292	\$ 17,811	\$ 12,100	\$ 27,003	\$ 7,010	\$ -	\$ 34,013	
Internal Service Fund	\$ -			\$ -			\$ -	
* OPEB Revocable Trust Fund	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	
OPEB Irrevocable Trust Fund	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	
OPEB Debt Service Fund	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	
TOTAL - ALL FUNDS	\$ 887,612	\$ 10,530,428	\$ 10,215,490	\$ 1,202,550	\$ 6,637,010	\$ 6,546,605	\$ 1,292,955	
LONG-TERM DEBT	\$ -		CURRENT STATUTORY OPERATING DEBT PER MINNESOTA STATUTES, SECTION 123B.81					
Outstanding July 1, 2016	\$ 4,380,000		AMOUNT OF GENERAL FUND DEFICIT,			\$0		
Plus: New Issues	\$ 3,665,000		IF ANY, IN EXCESS OF 2.5% OF EXPENDITURES 06/30/2017					
Less: Redeemed Issues	\$ 4,380,000		COST PER STUDENT - AVERAGE DAILY MEMBERSHIP (ADM) 06/30/2017					
Outstanding June 30, 2017	\$ 3,665,000							
SHORT-TERM DEBT			TOTAL OPERATING EXPENDITURES			\$ 5,504,717.35		
Certificates of Indebtedness	\$ -		FY 2017 TOTAL ADM SERVED + TUITIONED OUT ADM + ADJUSTED EXTENDED ADM			423.91		
Other Short-Term Indebtedness	\$ -		FY 2017 OPERATING COST PER ADM			\$ 12,985.58		
The complete budget may be inspected upon request to the superintendent.								
Comments: Bond was callable, and refinanced during the 2016-2017 School Year								
R37C								

The complete budget may be inspected upon request to the superintendent.
Comments: Bond was callable, and refinanced during the 2016-2017 School Year

R37C

* Other Post-Employment Benefits (OPEB)

Business & Professional Guide

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Hours: M-W, 8-4; Thurs. by appt
CLEARBROOK DENTAL CLINIC
RANDY C. BEARD, D.D.S.
Main St., Box 314
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Early ice is not safe, wear life jackets on cold water

With daytime temperatures still climbing above freezing even in the northern parts of the state, the Minnesota Department of Natural Resources is reminding outdoor enthusiasts to stay clear of early ice and use extreme caution when recreating on dangerously cold water.

Although some locations in the northern and western regions of the state were reporting ice formation at the end of November, the recent fluctuations in weather have led to degraded ice conditions and warnings from public safety officials to stay off the ice until at least 4 inches of new, clear ice is present.

“No fish is worth the risk of going through thin ice,” said DNR conservation officer Lt. Adam Block. “At this point, it is going to take several consecutive days of below-freezing temperatures before enough solid ice has formed to support foot traffic, and even longer before ATVs and snowmobiles should be on the ice.”

A recent tragedy occurred in northern Minnesota when two anglers lost their lives after breaking through thin ice on their ATV. Several emergency ice rescues have also taken place over the last few weeks.

School News...

- Continued from page 3
- Students feel less stress testing in a familiar environment on a regular school day
 - The ACT is accepted by all four-year colleges and universities in the United States
 - Tested on what they've learned in their high school core courses
 - Eliminate potential concerns about finding transportation to a test center on the weekend
 - Receive personalized information to explore future college and career decisions based on their strengths, weaknesses, and interests
 - Use their scores for financial aid and scholarship applications
 - May choose to provide information to help identify opportunities for college admissions and scholarships

Have we got everybody? If you recently had a baby, adopted a child or moved to the Clearbrook-Gonvick District: NOTIFY us at 218-776-3112 ext. 223. Help plan for your child's future ~ receive mailings, early childhood screening information and other district

Up coming activities

Music programs coming up soon!! The K-3 music program will be held on Tuesday, December 12 and the High School program will be on Tuesday, December 19. Both programs will begin at 6:30 and be held in the high school gym.

Thur, Dec 7: A BBB tournament at Northland at TBD

Thur, Dec 7: JH BBB vs Cass Lake at 4:30 at HS gym. 7th at 4:30, 8th at 5:30.

Thur, Dec 7: A,B, GBB at Mahnomen at 6:00. B at 6:00, Var at 7:30. Leave at 4:15.

Fri, Dec 8: JH GBB at Nevis at 5:00. 7th at 5:00, 8th at 6:00. Release at 2:45, leave at 3:00

Fri, Dec 8: A,B, GBB vs Nevis at 6:00. B at 6:00, Var at 7:30. Release at 2:45, leave at 3:00

Add the following: Tue, Feb 20: A,B BBB at Nevis at 6:00. Var @ 6:00, JV at 7:30. Leave 3:45.

Last winter, two people died after breaking through the ice.

Block stressed that once ice formation picks up again, it will be important to stay vigilant about safety on the ice, since conditions can be unpredictable and vary greatly even on the same body of water.

“In addition to checking conditions locally and being prepared with an ice safety kit, anyone recreating on hard water should be wearing a life jacket,” Block said. “A life jacket is the one piece of equipment that exponentially increases your odds of not drowning from cold water shock, hypothermia or exhaustion should you fall through the ice.”

General ice safety guidelines No ice can ever be considered “safe ice,” but following these guidelines can help minimize the risk:

- Carry ice picks, rope, an ice chisel and tape measure.
- Check ice thickness at regular intervals – conditions can change quickly.
- Bring a cell phone or personal locator beacon.
- Don't go out alone; let someone know the plan and expected return time.
- Always wear a life jacket on the ice (except when in a vehicle).
- Before heading out, inquire about conditions and known hazards with local experts.

The minimum ice thickness guidelines for new, clear ice are:

- 4 inches for ice fishing or other activities on foot.
- 5-7 inches for a snowmobile or all-terrain vehicle.
- 8-12 inches for a car or small pickup.
- 12-15 inches for a medium truck.
- Double these minimums for white or snow-covered ice.

Open water danger The lack of ice cover means many bodies of water in the state still have open water accessible to boaters. However, late season anglers, boaters and paddlers are cautioned that a life jacket is an absolute must on cold water.

“A fall into extremely cold water can incapacitate you within seconds,” said Lisa Dugan, DNR recreation safety outreach coordinator. “Air temperatures have been relatively mild, but don't let that deceive you. Water temperatures are dangerously cold across the entire state, which means it's more important than ever to wear that life jacket.”

State statistics show that one-third of boating fatalities typically occurred during the “cold water season,” and that in the vast majority of cases the cause of death is drowning due to not wearing a life jacket.

So far in 2017, three boaters have died on cold water, and 12 total boating fatalities have been reported.

“The last three years boaters have enjoyed extended seasons with mild fall temperatures and early ice out in the spring,” Dugan said. “With increased days on the water came higher fatality numbers and a dangerous trend, which should not be ignored. Ten of the 12 deaths involved male boaters who sadly drowned while not wearing a life jacket. This is a continuing and troubling trend that will only plateau or reverse if boaters in that high-risk demographic choose to put safety first by putting on their life jacket.”



Corrine's Corner

By Corrine Richards

Our Saviors Lutheran Church ladies in Leonard are inviting you the their annual CHRISTMAS TEA with a Scandinavian Flair on Sunday, December 10, 2017 at 2:00 p.m.

Special music, carol singing, sharing Christmas memories, games and Lunch.

Bring a mug filled with Christmas goodies for exchange. PLAN TO ATTEND AND BRING A FRIEND.

The Gonvick American Legion will be having their monthly walleye fish fry on Saturday, December 9 starting at 5:30 p.m.

The Legion and Auxiliary will also be decorating the Legion cabin on Thursday, December 7, just in time for the fish fry. Their annual Christmas Party will be held on Tuesday, December 12. Don't forget to bring some finger foods.

The Sand Valley Church of Trail has set their annual Christmas Bake Sale on Saturday, December 16 starting at 9:00 a.m. Always some goodies for you to select.

You want Lutefish and meatballs. The Clearbrook American Legion and Auxiliary is serving it again on Saturday, December 16 starting at 4:00 p.m. Until it is gone.

The local banks are planning their Christmas Teas. The Northern State Bank of Gonvick will have their tea on Friday,

Clearbrook-Leonard Senior Center

November 21, 2017 Clearbrook-Leonard Sr. Center Minutes

Lloyd Engen called the meeting to order. Carol Niewinski read the secretaries report. There was one correction: Bernice Magnusen and Margaret Stevens were nominated to serve on the Sr. Center Board not the nutrition board. Gladys has gone to stay with her daughter in Minneapolis.

The Halloween party went well. Pictures were taken. It was determined that Jim Chesley cannot serve on two boards at the same time. Another board member is still needed. Dec. 2nd is Santa Claus day in Clearbrook and there will be a free dinner at the Sr. Center. The December general meeting will be the 19th with a pot luck of finger foods after the meeting. Entertainment is needed.

Dec. 21st is the Christmas noon meal of roast beef. Gift exchange will be a white elephant item of under \$5.00. New Years Eve will be celebrated on Friday, the 29th, at the noon meal. The BS Valley Boys will be contacted to see if they can furnish entertainment. Lloyd read information from LLS on the SNAPS program regarding planning thrifty meals for small families. Good Samaritan Center brought many photo albums and scrapbooks to the center. Among the albums was a packet of bubble bath mix. (Mixture of beans and lentils!)

Meeting adjourned. Coffee and doughnuts were served by Harriet Shellum, Sylvia Larson and Marlene Westrum.

Carol Niewinski, secretary

Bodies found

The bodies of two anglers missing on Upper Red Lake since Saturday were found last Monday afternoon after their ATV plunged through the ice in northwestern Minnesota.

According to the Beltrami County sheriff's office, the bodies of the two missing people were recovered at about 3 p.m. Authorities have not officially identified the bodies, but they have been searching for Melissa Seidenstricker, 29, of Princeton, Minn., and Zeth Knyphausen, 28, of Stacy, Minn.

The pair had rented a sleeper cabin at Rogers' resort on Upper Red Lake. Chris Freudenberg, who owns the resort, said the anglers' trailer was found near Mort's Dock, another resort on Upper Red Lake.

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December 8 from 9:00 am to 3:00 in the afternoon. The First State Bank of Clearbrook will be having their tea on Friday, December 15.

The annual Santa Claus Day will be held on Saturday, December 9 in Gonvick, Gully and Trail. We invite everyone to be a part of the process to make this a spectacular event for the children in our communities.

The Good Samaritan Society dropped off photo albums and framed pictures at the Sr. Center. The community is welcome to come in to look at the pictures and take what they would like.

Ottertail Power Company will sponsor the holiday lighting contest again in Gonvick. They will donate \$200 again for the winners. Judging will be done the week of Christmas. Be sure to have your Christmas lights on during that week.

Obituaries in the Canary are also put on our website for you to see. Go online at trico-canary.com. They are free and updated as they come into our office.

We collect used eye glasses in our office in Gonvick and at the Clearbrook-Leonard Senior Center. We do this for the Gonvick Lions Club and they are put to very good use.

Joke time...

Ole stepped out of the way of a big limousine and was hit by a Ford that was just behind it. “Gol darn it,” Ole said, when he picked himself up, “who'd a thunk the darned thing had a colt following it.”

The Holiday Season is a Good Time to Talk about Aging with Loved Ones

ST. PAUL, MN (11/30/2017) – Minnesota's senior population is doubling as baby boomers reach retirement age. Soon there will be more senior citizens than schoolkids in our state. Minnesota must face the reality of a dramatically older society. The rapid growth in our senior population will personally affect nearly everyone in Minnesota: current and soon-to-be seniors, family members of aging loved ones, professional caregivers and policymakers.

When families gather for the holidays, it can be a time that changes in older relatives are noticed and concerns about their health and well-being are raised. Face Aging MN shares some signs that may indicate a caring conversation is needed:

- Trouble with balance when walking, getting up from a chair or using stairs
- Weight loss or gain
- Decrease in attention to personal hygiene
- Recent injuries such as cuts, bruises or burns
- Forgetfulness and losing things
- Neglect of housekeeping
- Piles of unopened mail, newspapers or bills
- Late notices for utilities or other bills
- Car dents or scratches
- Old and expired food
- Overuse or underuse of medications

If people witness these warning signs and need help knowing what to do, they are urged to call the Senior Link-Age Line at 1-800-333-2433. Representatives offer assistance in evaluating the situation and share information about local resources that could help.

Patti Cullen, President and CEO of Care Providers of Minnesota, encourages families to look for signs that could indicate that aging family members need more support and be ready to start the conversation before help is urgently needed.

“Even if your aging loved one appears to be in good health, it's still important to start the discussion. A simple conversation can go a long way to helping your loved one age well,” said Cullen.

It's more important than ever to be proactive in having a conversation about aging. At least 60,000 Minnesotans are turning 65 every year from now through 2030. The Face Aging MN campaign aims to raise awareness about the unprecedented growth in Minnesota's senior population, how it affects all of us and what we need to do to ensure all Minnesota seniors get the care and services they need.

“We all need to face aging, as individuals, as family members, as communities and as a state,” said Gayle Kvenvold, President and CEO of LeadingAge Minnesota. “Never before have seniors been such a large and growing part of our population. This is a conversation that is important to every Minnesotan.”

Letter to the Editor

In regards to the Veteran's Day program this year at the Clearbrook-Gonvick School, I want to sincerely thank those involved.

I was very touched by the students and their diligence and the competence of the teaching staff. It made me proud to be part of this community. The patriotism and love for America that was shown. In a time when the nation is on an immoral and destructive path of civil unrest, anti American rhetoric and moral decay. American needs to stand together as all did on Veteran's Day.

Please realize teachers and students America is in your hands, and it's your generation that can make a difference Two million plus men and women have died for the cause of American the Free, the home of the brace of whom Jesus did it first. Our national Heritage and Judea Christian principles must be protected at all costs. Again teachers and students I say Thank You and keep up the good work.

Vietnam Veteran
Jerry L. Wraa
Note: If things don't soon change in America, we may well be telling our children and grandchildren what America was like when we had freedom.
Ronald Reagan

Who Dat?



These two ladies always like Christmas teas.

Card of Thanks

The Larry Sather family would like to express our heartfelt gratitude for all the prayers and support from everyone after his passing. Throughout the years he had made many friendships and memories in his little hometown of Gonvick.

Special thanks go out to the United Luthern Church, Pastor Kris, Tammy Ragan and Carole Sundquist and Cease Funeral Home for helping with the arrangements for dads service. To the members of the Gonvick Fire Department thank you for your assistance as dad needed. And finally to our family and friends your thoughts and prayers, visits, calls, food and cards will not be forgotten. We are truly blessed with such wonderful people in our lives.

Thank you,
Joyce, Robin, Chad and families

R37C

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Legal Notices

Board of Commissioners'

October 10, 2017

The October meetings for the Clearwater County Board of Commissioners commenced on October 10, 2017 at 9:00 a.m. with Chairman Newland presiding and Commissioners Illies, Stenseng and Nelson present. The Board recited the Pledge of Allegiance.

Agenda – Motion by Commissioner Nelson, seconded by Commissioner Illies and carried, to approve the Agenda.

Minutes – Motion by Commissioner Stenseng, seconded by Commissioner Illies and carried, to approve the Minutes for the month of September as presented.

Nursing Service – Marissa Hetland presented the following motion: Motion by Commissioner Stenseng, seconded by Commissioner Illies and carried, CCNS may purchase 4 replacement PCs at the cost of \$7061.96.

Sheriff – Darin Halverson presented the following motion: Motion by Commissioner Illies, seconded by Commissioner Stenseng and carried, the Clearwater County Board of Commissioners hereby authorize the Clearwater County Sheriff to accept and sign the Emergency Management Performance Grant for 2017 in the amount of \$15,853.00.

Environmental Services – Dan Hecht presented the following motion: Motion by Commissioner Stenseng, seconded by Commissioner Newland and carried, to approve the "Supplement to Agreement for Services", dated 9/27/2017 from Terracon Consultants, Inc., in the amount of \$6,490.50, for services Terracon rendered which were beyond the scope of the agreement previously approved in March, 2017. This entire project cost is related to the 10-year permit renewal application process for the demolition landfill.

Dan also discussed a buffer ordinance draft and a Solid Waste Management plan draft for the 10-year time period 2018-2028. The Buffer Ordinance will be brought to the October 31st meeting for approval.

Soil & Water Conservation District – Nathan Nordlund introduced Chester Powell to the Board. He was recently hired as a technician for the Soil & Water Conservation District.

Tim Terrell from Mississippi Headwaters Board discussed digital advertising of Aquatic Invasive Species information.

Engineer – Dan Sauvé presented the bills, financial statement and the following motions: Motion by Commissioner Illies, seconded by Commissioner Nelson and carried, to approve payment of the Clearwater County Highway Department bills as presented.

Motion by Commissioner Stenseng, seconded by Commissioner Nelson and carried, to accept the Engineer's Certificate of Performance for CP 17-500: Rubberized Crackseal to accept said completed project for and in behalf of Clearwater County, and to authorize final payment to Asphalt Surface Technologies Corp.

Motion by Commissioner Newland, seconded by Commissioner Illies and carried, to approve the Resolution to Request for Speed Zoning on CSAH 35 in the Community of Rice Lake, on file.

Dan stated that he would be attending a Line 3 Replacement meeting at the Sanford Center on October 17, 2017.

Auditor-Treasurer – Al Paulson presented the bills and the following motions: Motion by Commissioner Newland, seconded by Commissioner Stenseng and carried, to authorize the County Auditor to pay the submitted invoices of \$178,529.62 for the County Revenue Fund and \$12,387.65 for the Nursing Service Fund.

Motion by Commissioner Nelson, seconded by Commissioner Illies and carried, the Clearwater County Board of Commissioners approved the schedule of hours worked on file for monthly cost of Health Insurance to all eligible Clearwater County Employees and the cost of Family for retirees and COBRA members, effective January 1, 2018. These calculations should not be construed to establish a precedent nor will it establish a past practice for the future.

Motion by Commissioner Stenseng, seconded by Commissioner Nelson and carried, the Clearwater County Board of Commissioners approved the schedule of hours worked on file for monthly cost of Health Insurance to all eligible Clearwater County Employees and the cost of Single for retirees and COBRA members, effective January 1, 2018. These calculations should not be construed to establish a precedent nor will it establish a past practice for the future.

Al informed the Board that it is open enrollment this coming year for health insurance.

Al discussed the State Auditor's request to review Clearwater County's 2015 and 2016 audits. 2016 has not been

finished yet so it will just be 2015 that will be reviewed at this time.

Open – Commissioner Illies discussed the possibility of Clearwater County discontinuing their membership with MRC.

Recess – The meeting recessed at 10:57 a.m. until 1:00 p.m. on October 17, 2017.

October 17, 2017

Reconvene – The meeting reconvened at 1:00 p.m. on October 17, 2017 with Chairman Newland presiding and Commissioners Nelson, Stenseng and Illies present.

Agenda – Motion by Commissioner Stenseng, seconded by Commissioner Nelson and carried, to approve the Agenda with changes.

Sanford Health – Rob Belanger, Administrator, Stephanie McKnight Nursing Manager and Kris Naig, Rehab Manager were present to discuss a Rural Hospital Planning & Transition grant that they would like to apply for some improvements needed in the hospital. They would need a 50% match. This will be discussed further at the October 31st Board meeting.

Attorney – David Hanson was present with Auditor-Treasurer Al Paulson to discuss the State Auditor's request to review Clearwater County's 2015 and 2016 Audits.

Veterans Service Officer – Harry Hutchens III presented the Board with a quarterly report of his office activities.

Auditor-Treasurer – Al Paulson presented the bills, month end financials and the following motion: Motion by Commissioner Newland, seconded by Commissioner Stenseng and carried, to authorize the County Auditor to pay the submitted invoices of \$29,000.76 for the County Revenue Fund and \$7,656.99 for the Nursing Service Fund.

Recess – The meeting recessed at 1:44 p.m. until 9:00 a.m. on October 31, 2017.

October 31, 2017

Reconvene – The meeting reconvened at 9:00 a.m. on October 31, 2017 with Chairman Newland presiding and all Commissioners present.

Agenda – Motion by Commissioner Illies, seconded by Commissioner Syverson and carried, to approve the Agenda with additions.

Sanford Health – Rob Balanger, Administrator, Stephanie McKnight, Nursing Manager and Kris Naig, Rehab Manager were present to discuss a grant they would like to apply for to remodel the old business wing of the hospital to make it into a rehab department. The following motion was made: Motion by Commissioner Illies, seconded by Commissioner Stenseng and carried, to authorize up to \$30,000.00 matching funds out of the medical facilities fund based on the Rural Hospital & Planning Grant.

Ayes: Nelson, Stenseng, Newland & Illies Nays: Syverson

By general consent the Board Chair was authorized to sign a letter regarding this motion.

Environmental Services – Dan Hecht presented the following motions: Motion by Commissioner Newland, seconded by Commissioner Stenseng and carried, to appoint the Commissioner from District 3 to the Polk County Solid Waste Advisory Board as an alternate member, effective immediately. This is to be an ongoing appointment.

Motion by Commissioner Stenseng, seconded by Commissioner Illies and carried, to authorize the Environmental Services Office to proceed with public notice, as part of the process for adoption of an ordinance in accordance with Minn. Stat. chapter 394, of the draft Clearwater County Buffer Ordinance.

Motion by Commissioner Nelson, seconded by Commissioner Syverson and carried, to authorize the Environmental Services Officer to replace the utility trailer used for solid waste collection site maintenance, based on best price and availability from quotes from local vendors, at a cost not to exceed \$3,500.00 before tax and license.

Motion by Commissioner Stenseng, seconded by Commissioner Syverson and carried, to authorize repair to safe and roadworthy condition, at a cost of up to \$2,000.00 from the motorpool account, of Unit 204, a 2004 Chevrolet Silverado used in the Solid Waste Department, following an auto accident, and to retain this vehicle at salvage value and to reschedule this vehicle to liability only coverage under the County's auto insurance policy.

Dan informed the Board that there was a claim sent into the insurance company.

Land Department – Bruce Cox presented the following motion: Motion by Commissioner Syverson, seconded by Commissioner Stenseng and carried, to authorize the purchase of a Lexmark XC4140 printer from Marco for \$2,290 for the Land Department.

Bruce informed the Board that there

is a Timber Sale scheduled for November 2, 2017.

Soil & Water Conservation District – Nathan Nordlund along with Kevin Ruud from Wild Rice Watershed District presented the following motion: Motion by Commissioner Newland, seconded by Commissioner Stenseng and carried, to approve the Resolution to support a Wild Rice Watershed One Watershed, One Plan project, on file.

Nathan also presented the following motion: Motion by Commissioner Illies, seconded by Commissioner Nelson and carried, to approve the FY 2018 & 2019 State of Minnesota Natural Resources Block Grant Agreement with the Board of Water and Soil Resources.

Auditor-Treasurer – Al Paulson presented the following motions: Motion by Commissioner Stenseng, seconded by Commissioner Nelson and carried, to adopt the Clearwater County Federal Award Procurement Policy on file.

Motion by Commissioner Illies, seconded by Commissioner Newland and carried, to authorize the repurchase of parcel # 01.032.0200 (The East ½ of the Northwest Quarter of the Southwest Quarter of Section 32, Township 14S, Range 36) by Donald Fradenburgh for the amount of \$1,630.44.

By general consent the Board waived the 3-day notice requirement for the following motion: Motion by Commissioner Nelson, seconded by Commissioner Stenseng and carried, the Clearwater County Board of Commissioners approves the step increase of Jamie Freeman to Step 10 of Range 22 effective September 2, 2017.

Motion by Commissioner Newland, seconded by Commissioner Syverson and carried, to approve the appointment of Shawn Stowbridge to the position of Custodial 1 effective November 6, 2017. Starting salary at Range 11, Step 2.

By general consent the Board waived the 3-day notice requirement for the following motion: Motion by Commissioner Illies, seconded by Commissioner Nelson and carried, to sign the revised October 26, 2017 letter of engagement with the Office of the Minnesota State Auditor for the year ending December 31, 2015.

By general consent the Board waived the 3-day notice requirement for the following motion: Motion by Commissioner Nelson, seconded by Commissioner Syverson and carried, the Clearwater County Board of Commissioners approved cancellation of the following checks: #4626 - \$26.88 and #131587 - \$14.60.

Four Legged Lake/ Judicial Ditch 5 – Engineer Dan Sauvé discussed Judicial Ditch 5 and how lowering one of the culverts would affect the water level of Four Legged Lake.

Several landowners were present for this discussion. The following motion was made: Motion by Commissioner Nelson, seconded by Commissioner Illies and carried, to rescind the motion passed on June 20, 2017 approving the Resolution regarding Red Lake Watershed District Judicial Ditch 5 Operation. The Board delegates authority to the Chair with consultation of the County Attorney to pursue any legal remedy necessary to enforce this motion.

By general consent the Board would like Dan Sauvé to convey to Red Lake Watershed District to continue to work with the group to come to an agreement on the lake level.

Adjourn – Motion by Commissioner Nelson, seconded by Commissioner Stenseng and carried, to adjourn the meeting at 11:45 a.m.

Dated: November 14, 2017

Dean Newland, Board Chairman

Emily McDougall, Board Coordinator

Legal Notice

STATE OF MINNESOTA
COUNTY OF CLEARWATER

DISTRICT COURT
NINTH JUDICIAL DISTRICT
Court File No. 15-PR-17-426

In Re: Estate of
Olaf Arlen Birkeland,
Decedent.

NOTICE OF AND ORDER FOR HEARING ON PETITION FOR FORMAL ADJUDICATION OF TESTACY, DETERMINATION OF HEIRS, FORMAL APPOINTMENT OF PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS

It is Ordered and Notice is given that on December 20 2017 at 10:00 o'clock a.m., a hearing will be held in this Court at 213 Main Ave. N. #303, Bagley Minnesota, on a petition for the adjudication of intestacy and determination of decedent's heirs, and for the appointment of Dean Birkeland, whose address is 18739 County Highway 33 Fergus Falls, MN 56537, as personal representative of the decedent's estate in an unsupervised administration.

Any objections to the petition must be raised at the hearing or filed with the Court prior to the hearing. If the petition is proper and no objections are filed or raised, the personal representative will be appointed with the full power to administer the decedent's estate, including the power to collect all assets; to pay all legal debts, claims, taxes, and expenses; to sell real and personal property; and to do all necessary acts for the decedent's estate.

Notice is further given that, subject to Minn. Stat. § 524.3-801, all creditors having claims against the decedent's estate are required to present the claims to the personal representative or to the Court within four (4) months after the date of this notice or the claims will be barred.

BY THE COURT

Dated: 11/6/17

Robert D. Tiffany

Judge of District Court

Dated: 11/6/17

Camille Bessler/Tracy Stodgell

Court Administrator/Deputy

KREKELBERG LAW FIRM

Chad D. Miller, MN# 0386902

10 North Broadway, P.O. Box 353

Pelican Rapids, MN 56572

Telephone: 218-863-6651

Facsimile: 218-863-6656



Legal Notice

NOTICE OF PUBLIC HEARING

For
ADOPTION OF CLEARWATER
COUNTY BUFFER ORDINANCE

NOTICE is hereby given pursuant to the provisions of Minnesota Statute 375.51 that it is the intention of the Board of County Commissioners of Clearwater County, Minnesota to hold a public hearing to enact an ordinance, the subject matter and general purpose of which is to establish requirements for landowners to maintain a continuous vegetative buffer adjacent to public waters and public drainages, pursuant to the Buffer and Soil Loss Statutes (Laws of Minnesota 2016, Chapter 85: S.F. 2503), also known as the "Buffer Law", in Clearwater County, Minnesota. This ordinance shall be entitled "Clearwater County Buffer Ordinance". Said ordinance is available in complete form for review in the Office of the County Auditor and in the Office of Environmental Services, Courthouse, Bagley, Minnesota.

NOTICE is further given that this matter will be considered by the Board of County Commissioners at a public hearing to be held in the Commissioner's Room, Second floor, Courthouse, Bagley, Minnesota on December 12th, 2017, 5:00 P.M. or as soon thereafter as possible. Written comments will also be accepted by the Office of Environmental Services until that time.

R37C

PUBLIC NOTICE

The Clearwater County Board of Commissioners' regular Board Meeting on December 12, 2017 will be held at 5:00 p.m. with the Truth-in-Taxation meeting at 6:00 p.m. in the Clearwater County Board Room.

R37C

Now hear this...
by Harry Hutchens,
Clearwater
County Veterans
Service Officer

PEARL HARBOR DAY: This Thursday is December 7th. 76 years ago, then-President Franklin D. Roosevelt declared December 7, 1941, "a date which will live in infamy." On Sunday morning, December 7th 1941, a few minutes before 8 AM local time on a beautiful Hawaiian island, the first wave of Japanese airplanes left 6 aircraft carriers and struck Pearl Harbor. In two waves of terror lasting two long hours, they killed or wounded over 3,500 Americans and sank or badly damaged 18 ships - including all 8 battleships of the Pacific Fleet - and over 350 destroyed or damaged aircraft. At least 1,177 lives were lost when the Battleship U.S.S. Arizona exploded and subsequently sank. However, they did not sink any of our Pacific aircraft carriers and they left most of the fuel that was needed to win the war in the Pacific. In one stroke, the Japanese navy scored a brilliant success—and assured their ultimate defeat. The Japanese attack brought the United States into World War II on December 8th, a war the United States was determined to fight to the finish. http://pearlharbor.org/history-of-pearl-harbor.asp

VETERAN ID CARD: CVSO NOTE: Veterans who already have a VA Health Care ID Card (VHIC), or a DOD Retiree Card have no need to apply for this VIC. It's target group are veterans NOT enrolled in VA Health Care, or who are NOT DOD Retirees.

WASHINGTON — November 29, 2017. Today the U.S. Department of Veterans Affairs (VA) announced that the application process for the national Veterans Identification Card (VIC) is now available for Veterans — yet another action honoring their service.

This has been mandated through legislation since 2015 to honor Veterans, and today's rollout of the ID card fulfills that overdue promise. Only those Veterans with honorable service will be able to apply for the ID card, which will provide proof of military service, and may be accepted by retailers in lieu of the standard DD-214 form to obtain promotional discounts and other services where offered to Veterans. "The new Veterans Identification Card provides a safer and more convenient and efficient way for most Veterans to show proof of service," said VA Secretary Dr. David J. Shulkin. "With the card, Veterans with honorable service to our nation will no longer need to carry around their paper DD-214s to obtain Veteran discounts and other services." The VIC provides a portable and secure alternative for those who served the minimum obligated time in service, including the reserve components, and who have a discharge of honorable or gen-

eral (under honorable conditions) can request a VIC. To request a VIC, Veterans must visit vets.gov, click on "Apply for Printed Veteran ID Card" on the bottom left of the page and sign in or create an account. Veterans who apply for a card should receive it within 60 days and can check delivery status of their cards at vets.gov. A digital version of the VIC will be available online by mid-December.

BEMIDJI CBOC: The VA Community Based Outpatient Clinic (CBOC) new 10,000

square-foot space, located at 1217 Anne St., Bemidji, MN, is expected to be ready for occupancy by February of 2018.

I welcome your own personal comments. Constructive feedback on your own behalf (not anonymous) to our Commissioners is also a valuable gauge of how this office can better serve all veterans and their beneficiaries. Office(218)694-6618/Cell(218)556-5340 Hutch

Thanks,
Hutch
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News and Views

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Stress and Health in the Farming/Ranching World

Sean Brotherson, Ph.D., Family Science Specialist, NDSU Extension Service

Farming/ranching has long been one of the more stressful and dangerous occupations, but

also has its share of rewards and satisfactions. The National Institute for Occupational Safety and Health has examined multiple occupations and found those working in agriculture often deal with stress-related conditions. These may include sleep difficulties, heart and artery disease, high blood pressure, ulcers, and depression or anxiety. What are some reasons for the stresses you may feel in farming/ranching?

• Safety Concerns

• Farming/ranching can be dangerous. According to the National Safety Council, agriculture is one of the two most hazardous occupations.

• In 2014, 24.9 accidental deaths occurred per 100,000 agricultural workers, compared with a national average of 3.3 deaths per 100,000 workers for all industries.

• Lack of Health Insurance

• Each year, one of every eight farm families experiences an accident requiring medical attention.

• Farmers and ranchers are the most underinsured group of workers around, especially for health and disability insurance.

• Changes in Agriculture

• Farming/ranching has changed rapidly from being largely a physical occupation to one that requires more and more mental input.

• Farmers/ranchers often have intense management responsibilities with money, employees, partnerships and business decisions.

• Farmers/ranchers face continual pressures with technological advances in machinery, as well as production and management advances in livestock and crops.

• Common Farming and Family Stresses

• Common farming stresses include machinery breakdowns, the death of a valuable animal, uncontrollable weather, variable crop yields and fluctuating commodity prices.

• Common family stresses include economic difficulties, turmoil in the world, loss of a family member or divorce.

What is Stress?

In the engineering field, stress means the capacity to withstand strain. When applied to people, stress is more complex. Everyone takes in energy (strength) from the sun, air and food. When people remain relaxed and balanced as they go about their daily tasks, this energy flows in and out of their bodies in a healthy, harmonious way. But when they feel anxiety and their muscles tie up in knots, their breathing tightens, and their stomachs, shoulders or necks become tense? This is the experience of stress — energy in a blocked or chaotic state.

When you put your body in passing gear to work as fast as possible to bale that hay before the storm comes, you experience stress. You feel the effects of powerful hormones being released into the body. Your blood pressure rises, your heart rate quickens, and your breathing and blood flow accelerate.

If you adjust to the stressful event, you move on into the relaxation response in which blood pressure goes down to a normal, healthy rate. While occasional operation in passing gear in an emergency situation does little, if any, harm, keeping yourself under heavy strain



for lengthy periods of time or experiencing too many stressful events at one time is dangerous. Just like a boiler that bursts under too much pressure, your body breaks down and your health suffers.

You always have two choices: the stress response or the reaction response. If, at the first warning signs of stress, you take a moment to relax and breathe deeply, you will find that you have more energy, can concentrate better and actually can get more done in less time.

Understanding Stress Symptoms

Many people learn to screen out unpleasant circumstances and related stresses. Much of the time, people do not know they are feeling stress or do not give much attention to what is going on in their bodies and in their relationships with others.

For example, they deny their problems. One farmer insisted, "Everything is fine, just fine." The truth is, his net income had dropped 20 percent that year and 15 percent the year before. He was denying reality.

Sometimes we blame others.

One farmer who was feeling totally helpless because of an upcoming loan payment blew up at his wife for suggesting they take a vacation: "There you go again talking about ways to waste money." At other times, people try to escape reality through eating binges, spending sprees, or using alcohol and other drugs.

Such avoidance efforts are attempts to screen out any unpleasant, uncomfortable stress alarms. But early warning signs are like a flashing red light on the dashboard of your car when the engine is overheating. If you ignore it long enough, the engine will malfunction. Rising blood pressure, rapidly beating heart, clenched teeth, aching neck and shoulders, sweating hands and feet, churning stomach, dropping sexual interest — these are all red lights flashing on your body's dashboard and warning you that trouble could lie ahead.

If you ignore your body's physical signals of stress and strain too long, you invite real problems: hypertension, declining health, accident proneness, depression or other mental health issues, or heart disease.

A Stress Symptom Checklist

Recognizing early warning signals of stress in your body, your actions, your emotional life and your relationships with others is important.

Physical Symptoms

• Head aching
• Back or neck muscles tense, aching
• Stomach upset or distressed

• Breathing short or labored
• Low energy
• Body fatigue, tiredness
Behavioral Symptoms
• Difficulties with sleep
• Inability to relax, concentrate

• Getting angry easily
• Trouble making decisions
• Increased use of alcohol or other drugs

• Difficulty being flexible
Emotional Symptoms
• Irritable about little things
• Sense of frustration, anger
• Impatient, restless
• Feeling discouraged, hopeless

• Withdrawal, isolation
• Anxiety, panic feelings
Relationship Symptoms
• Communication difficulties
• Conflict with family members

• Lack of satisfaction
• Verbal or physical outbursts
• Strained interactions
• Avoiding others

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"Save Your Receipts Promotion" Another Success for Summer Rec.

Six area businesses (Y92, Drive In, DaRoo's, Bakken's Market, Kandi's Kitchen, NB & C) participated in a promotion this past summer to raise money for Summer Recreation. Customers saved their receipts from these stores during the months of June & July. Receipts were turned in and the businesses then made a donation to Summer Recreation. Pictured are business owners or representatives with Summer Recreation participants. Our appreciation goes to the customers who saved receipts and the businesses for their participation in this promotion. The following groups or busi-

nesses also made donations to the Summer Recreation program: Leon, Holst Greenwood and Sinclair Townships, Clearbrook American Legion, Clearbrook Community Club, Garden Valley, Otter Tail, Gonvick Lions, Gonvick Diamond Jubilee, Gonvick American Legion, Clearwater Trail Blazers, Gully

Tri-Coop, TEAM Foundation. Our Summer Recreation program could not function without the support of these businesses and groups. These donations along with fundraisers supported by participants and their parents, participant fees as well as some individual

donations of time and money are what kept around 175 youngsters busy throughout the summer! If any other businesses, groups or individuals would like to contribute in the future, please contact Judy Engebretson at 218-776-3112 Ext 102.

We are Online!
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DaRoo's: Isabelle & Elijah Krog with Keisha Jones & Lindsey Gray representing owners Cathy & Jeremy Bergerson.



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Y92: front, Easton Derby, Carson Derby, back Hayden Engen, Grant Engen with Lonny English (manager).