



Today
Partly Cloudy
H 7 L -7

Thurs
Partly Cloudy
H 3 L -7

Fri
Sunny
H 13 L -5

Sat
Snow
H 20 L 9

Sun
Partly Cloudy
H 9 L -4



A look at next week... The Chargers girls basketball team holds Parent's Night



Goodridge Snofest came to an end last week with the senior candidates being crowned. Pictured is Queen Alexis Kiesow and King Logan Carlson. See page 2 for a photo of the entire Snofest Court. (Photo by Thoele Photography)



"This Town" was the theme for this year's Snofest at the Goodridge High School. Pictured above is the 2017 Snofest Court. Candidates are pictured L-R: Hannah Wilebski and Jordan Coan (7th grade), Jordynn Johnsrud and Casey Solberg (9th grade), Libby Johnson and Kaleb Sjulestad (10th grade), King Logan Carlson and Queen Alexis Kiesow (12th grade), Brandon Stanley and Kendra Jensen (11th grade, back row), Vivian Coan and Jacob Brummitt (8th grade, far right)

Robotic dairy grows with latest technology



The following story on Mike & Linda Hanson's robotic dairy farm ran as a video clip on Agweek TV on January 28th, 2017. To view the clip, which has some great video of the robotic facility in action, visit <http://www.agweek.com/news/4206904-agweektv-going-robotic>. It is also shared on the Grygla Eagle Facebook page.

Reported by AgweekTV
A Goodridge, MN, family dairy farm has gone robotic. What's unique about that is it's a fairly small operation to be using the technology. It even has a robotic feed dispenser. As Johnathon Knutson reports, Mike and Linda Hanson opened the robotic dairy last fall with the hope of keep-

ing their sons in the operation. Mike Hanson says, "It's like the field of dreams; if you build it, they will come. The boys will hopefully come here and follow my footsteps and my dad's footsteps."

This is a story of some fancy technology. It's also the story of a MN farm family that's made a huge commitment to a business and a way of life it believes in. "We want to grow and expand and I'm glad we've got to this point here and my boys can move into this operation," Mike says. His son, Matthew, adds, "My parents made me work as a young kid, learning to work with the dairy cattle and over the years building my own herd, buying my own cattle, breeding my own cows and making those genetic advances in my own cows really gave me that opportunity to want to come back and keep building that herd."

His mom, Linda, offered, "In our old facility, it certainly had a lot of hands on. Literally, our

hands were on the cows, milking them twice a day, as well as all the other things."

Now, there's far more time to actually wander the barn, look at the cows and observe what they're doing.

Linda added, "They are so much more comfortable in the environment here with their freedom to roam in the barn as they please, their free stalls that they have here. In the summer months, we'll have such a better climate control situation for heat and bugs. There's no doubt that the cows are in much better comfort and care in this facility vs. our previous facility."

Technology is supposed to help businesses and people be more productive and efficient. It's doing that for this MN farm family.

The Hanson's have two other sons that are also involved with the operation. They also raise wheat and soybeans, along with alfalfa and corn silage for the cows.



It's the Scooby-Doo crew! As part of their Snofest activities, GHS held a "TV Show" dress-up day during the week. This is too cute not to share! Check out the characters, L-R: Dylan Manderud, Keanna Arndt, Jordan Skibicki, Blake Nerhus, Ben Groven and Kendra Jensen.



The Goodridge High School Student Council held a baked potato feed and silent auction last Sunday, January 29th. All money raised is going to the Make-A-Wish Foundation for the State Student Council Service Project.

Attending the charity event was the Thief River Falls Norskies Hockey team. They are pictured with Marzia Deodato, a Goodridge High School exchange student from Italy. Marzia says, "As an Italian exchange student, I had never been interested in hockey because it isn't popular in my country. When I came here and went to my first hockey game, I fell in love with it. I would like to thank the Norskies for giving me the opportunity of getting closer to this sport!"

With kids at the event last Sunday, the Norskies made Valentine's Day cards to be sent to children at the Roger Maris Cancer Center.

Iron Chargers head to state competition

The Grygla Iron Chargers are heading to the MN State VEX Robotics Tournament this weekend in St. Cloud, MN. The team is hoping to earn another shot at attending the World Championships again, which will be held in Louisville, Kentucky, on April 19-25, 2017. Regardless, the Iron Chargers have already qualified for the

"US Open" which is held in Iowa the beginning of April.

Good luck to Teams 4149G & 4149C!

You can follow the group at their state competition by logging on to <https://goo.gl/RKiMV6>. Details and updates will also be posted on the Iron Chargers Facebook page.

24th Annual Grygla Cup

Are you gearing up to watch some intense hockey this weekend in Grygla? The Brian W. Olson Memorial Arena will be the place to be this Saturday, February 4th. The round robin tourney will feature four teams: Grygla Ice Devils, Grygla Flames, Ross Rangers and Williams Wolfpack.

Saturday's schedule runs

as follows: 9am Flames vs. Ice Devils; 11am Ross vs. Williams; 1pm Flames vs. Ross; 3pm Ice Devils vs. Williams; 5pm Flames vs. Williams; 7pm Ice Devils vs. Ross

Concessions will be available on a free will donation to go towards the arena, provided by the Grain Bin Café.

GBB Parent's Night

The Chargers girls basketball team will be holding Parent's Night this Thursday, February 2nd, in Goodridge. The basketball team will host Sacred Heart. 7th begins at 4pm, 8th at 5pm, JV at 6pm, Varsity

to follow.

Seniors and their parents will be introduced before the Varsity game starts. They are asked to be at the school by 6:30pm.

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir, 6:30pm Confirmation, 8pm Interfaith Bible Study
Sunday:
Grace: 9am Worship, No SS
OS: 10:30am Worship w/ 9:30am SS.

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Pastor TBA
Sunday:
United: 9am Worship w/ 10am SS
OS: 11am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Interim Pastor Phil Johnson
Sunday:
Ekelund: 8:30am Worship, 9:45am SS
Faith: 9:45am Worship, 11am SS
Bethany: 11am Worship w/ Annual meeting to follow, 9:45am SS
Monday:
Faith quilting at 9:30am w/ potluck

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Adam Hamness

Sunday:
St. Clement's: 10:15am Worship
St. Ann's: 12pm Worship

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Worship
10:30am Bethesda Ladies

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseth
Wednesday:
Wednesday School/Confirmation 5-7pm
Saturday:
Mt. Olive: 9am Worship
Sunday:
St. Petri: 8am Worship, 9:15am SS
Oak Park: 9:45am Worship, w/ 8:30am SS
Nazareth: 11am Worship w/ 10am SS

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

LYO Valentine's Day SUPPER
~ at ~
Grace Lutheran Church in GRYGLA
Sunday, February 12, 2017 at 6:00 pm
Menu: Smothered chicken breast served on bed of herb dressing, creamy mashed potatoes, glazed baby carrots, garden-fresh salad, dinner roll, assorted desserts.
Cost: \$12.00 per person
Limited number of tickets may be purchased from LYO students through Feb. 1 or by contacting Maureen Monson (689-4781) or Nikki Leach (686-5586)

February WIC Schedule

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of February 2017.
Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. WIC is very interested in enrolling pregnant women in the program. They feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. No proof of pregnancy is needed.
All potential clients must contact the WIC Program to schedule an appointment.
The following is the schedule of WIC Clinics for the month of February.
Monday, February 6: Newfolden, Evangelical Free Church
Tuesday, February 7: Hallock, Kittson County Courthouse
Wednesday, February 8:

Warroad, Community Center
Thursday, February 9: Red Lake Falls, Community Center
Monday-Friday, February 13-17: Thief River Falls, Redeemer Lutheran Church
Monday, February 20: Warren, Evangelical Covenant Church
Tuesday, February 21: Karlstad, First Lutheran Church
Wednesday-Thursday, February 22-23: Roseau, Life-Care Medical Center Basement Auxiliary Room
Thursday, February 23: Grygla, Grace Lutheran Church
For further information concerning the WIC program, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.
North Valley Home Health will offer immunizations, dental varnishing & blood lead testing at the Newfolden and Warren clinics from 9-11am.

Northwest Regional Library and the Clean Water Land & Legacy Amendment present...
What's it Worth?
With Mark Moran
Have an antique at home, and wonder what it's worth? Bring it to the library for a FREE appraisal!
Advance reservations required for an appraisal. Please contact your library to secure your spot. Spectators welcome.
Categories of objects may include:
Fine Art, Furniture, Ceramics, Glassware, Vintage Photographs, Advertising, Folk Art, Assorted Toys, Metalware, Clocks, Costume Jewelry, Musical Instruments, Books, Sporting Memorabilia, All weapons, Traps, Nazi memorabilia, Coins and paper money, Fine jewelry.
Categories of objects may NOT include:
Do you have something large or fragile at home that you can't transport to the library? For a fee, Mark will come to you! For house calls contact: Mark Moran, Telephone: 715-281-5060, Email: moranm1953@gmail.com, Website: www.markfmoran.com
About Mark: You may recognize Mark Moran from his appearance on the popular PBS series, Antiques Roadshow. He has been an active appraiser of antiques for more than 20 years, and has authored and co-authored more than 25 books on antiques and collectibles.
Godel Memorial Lib., February 6 @ 5pm, Red Lake Falls Pub. Lib., February 7 @ 11am, Thief River Falls Pub. Lib., February 7 @ 5pm, Grygla Public Library, February 8 @ 2pm, Warroad Public Library, February 9 @ 11am, Roseau Public Library, February 9 @ 5pm, Greenbush Public Library, February 10 @ 11am, Hallock Public Library, February 10 @ 5pm



Congratulations to the Goodridge Spelling Bee winners, L-R: Jackie Zaviska, 3rd place; Trinity Walseth, 2nd place; and Shantel Horachek, 1st place. Shantel will advance to Regionals at Northland Community & Technical College in Thief River Falls on February 8th.

St. Scholastica news

Megan Thompson of Grygla, MN, was named to the Fall 2016 Dean's List at The College of St. Scholastica in Duluth, MN.
Dean's List members have achieved a 3.75 grade point average or above on a 4.0 scale. The College of St. Scholastica would like to commend Thompson for honorable academic achievements.

For Sale on bids:
One Jet Model HVBS-712 Horizontal Vertical Metal Cutting Band Saw, 110 volts, on wheels. For information contact Jamie Lunsetter at the Grygla School. Phone: 218-294-6155, email: jlunsetter@grygla.k12.mn.us. Bids accepted until 3 PM, February 8th. The district reserves the right to accept/reject any/all bids.

BIG FOOTBALL PARTY
Pre-Game 4:00 pm
Complimentary Appetizers
Beer Bucket Specials
Yo-Hawn's inc. Bar & Grill Grygla, MN
SUNDAY, FEBRUARY 5TH
OPEN AT 12:00 NOON
PRIZES THROUGHOUT THE EVENING
LARGE SCREEN TV

Super Saturday to be held in Grygla

Super Saturday was originally scheduled to be held at Northland Community & Technical College in TRF. They are unable to host the basketball event so it has been moved to the Grygla School this year. The event will be held on February 11th in Grygla with games times as follows:
1pm NCW vs. Keliher-Northome
2:45pm Red Lake County vs. KCC
4:30pm Roseau vs. Sacred Heart
6:15pm Northern Freeze vs. Cass Lake-Bena
8pm Goodridge-Grygla vs. WAO

February Elementary Intramural Schedule

Grygla Elementary kids in grades 4-6 have been playing intramural basketball every Friday afternoon. Family and friends are welcome to come and watch. The February schedule is below for your reference.
February 3: 1:30pm Blue Devils vs. All Stars; 2pm Dingle Dwarfs vs. Air Ballers; 2:30pm Air Ballers vs. All Stars; 3pm Dingle Dwarfs vs. Blue Devils
February 10: 1:30pm Air Ballers vs. Blue Devils; 2pm Dingle Dwarfs vs. All Stars; 2:30pm Blue Devils vs. All Stars; 3pm Dingle Dwarfs vs. Air Ballers
February 17: 1:30pm Dingle Dwarfs vs. Blue Devils; 2pm Air Ballers vs. All Stars; 2:30pm Blue Devils vs. Air Ballers; 3pm Dingle Dwarfs vs. All Stars
February 24: 1:30pm Blue Devils vs. All Stars; 2pm Dingle Dwarfs vs. Air Ballers; 2:30pm Dingle Dwarfs vs. Blue Devils; 3pm Air Ballers vs. All Stars

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Please help us celebrate....
The 80th Birthday for Thelma Thomas and
The 60th Wedding Anniversary for Leland & Thelma Thomas
Saturday, February 4th from 2-5pm at Yo-Hawn's Bar & Grill in Grygla
(No Gifts Please. Your presence is all that is requested.)
grygla.govoffice2.com
City of Grygla
218-294-6292

Community Calendar

Wed | Feb 1
Grygla Eagle office open 9am-6pm; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; Grygla Centennial Committee meeting at the Community Center 7pm
Thurs | Feb 2
Groundhog Day; GBB vs. Sacred Heart in Goodridge (Parent's Night)
Fri | Feb 3
Robotics team leaves for State Competition in St. Cloud; Senior Meals at Grain Bin Café 11am; Grygla Elementary Intramurals 1:30-3:30pm
Sat | Feb 4
Grygla Cup at the Brian W. Olson Memorial Arena 9am-8pm
Sun | Feb 5
Mon | Feb 6
Senior Meals at Grain Bin Café 11am; GBB vs. LOW in Grygla
Tues | Feb 7
Grygla Eagle office open 2:30-3:30pm; GBB at RLCC; BBB vs. Sacred Heart in Goodridge

School Lunch Menus

Grygla School
Wednesday, February 1: Chicken Fajita on a Tortilla Shell, Broccoli, Mandarin Oranges, Pineapple
Thursday, February 2: Submarine Sandwich, Baked Beans, Fresh Fruit
Friday, February 3: Lasagna, Tossed Salad, Carrots, Applesauce, Peaches, Garlic Bread
Monday, February 6: Italian Spaghetti, Lettuce Salad, Peaches, Pears, Garlic Toast
Tuesday, February 7: Chicken Patty on a Bun, French Fries, California Blend Veggies, Pineapple, Applesauce

Goodridge School
Wednesday, February 1: Hot Ham and Cheese on a Bun, Baked Beans, Corn, Pineapple Tidbits
Thursday, February 2: Meat and Cheese Sandwiches, Steamed Rice w/ Raisins, Carrots, Broccoli & Celery w/ Dip, Apples, Rice Krispie Bars
Friday, February 3: Polish Sausage on a Bun, French Fries, Tossed Salad, Strawberries
Monday, February 6: Tacos w/ Lettuce & Cheese, Green Beans, Applesauce
Tuesday, February 7: Hamburger Patty on a Bun w/ Topplings, Smile Fries, Tossed Salad, Mandarin Oranges

Grygla Knowledge Bowl

The Grygla School is in their fourth week of Knowledge Bowl. Co-advisors of the club are Drew Kiono and Jesse Westbrook. Westbrook provides an update, saying, "We had one decent week where we finished middle of the pack and one week that did not go as well. We have a lot of kids out so we are giving everyone a chance to go and get experience before we start to get ready for sub-regionals later in February." Good luck to the team!
Knowledge Bowl students include:
Ryce Skime, Alison Satre, Kaitlyn Olson, Ashley Moe, Trystan Jelle, Carlye Kieso, Brooke Limesand, Hailey Vad, Alaina Monson, Lucian Tinnies, Abby Kieso, Jaden Kieso, Cheyenne Irlbeck, Sarah Suchoski, Jake Ahlbeck, Layla Jelle, Bailey Watne.

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The Night Depository allows you to drop off deposits or loan payments at night, on holidays, or weekends.
We still have 2017 calendars available if you haven't picked one up yet!
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Word of the Week

...enhancing vocabularies
one Grygla Eagle at a time.

Insouciant

\in-SOO-see-uh nt\
adjective

1. free from concern, worry, or anxiety; carefree; nonchalant

WHAT A JOKE

A guy finally got tickets to the Super Bowl, but his seats were in the nosebleed section -- but he didn't care, he had always dreamed of going to the Super Bowl. So he wants to find a seat closer to where he can see better. He finds this seat toward the front and he asks the guy next to it whether anyone is sitting there. The guy replies, "No, because my wife just died." "Well," says the first man, "why didn't you just bring a friend or relative?" The guy replied, "Oh, they're all at the funeral."

May your friends never find out that you're only watching the Super Bowl for the commercials.

A friend of mine has two tickets for the 2017 Super Bowl. They are box seats plus airfares and hotel accommodations. He didn't realize when he bought them that this is the same day as his wedding - so he can't go.

If you're interested and want to go instead of him, it's at St. Peter's Church in New York City at 5 PM. Her name is Donna. She will be the one in the white dress.

Girl: Do you have a date for Valentine's Day?

Boy: Yes. February 14th.

What did one oar say to the other? "Are you up for a little row-mance?"

What do you say to your single friends on Valentine's Day? Happy Independence Day!

A woman was taking a nap on Valentine's Day afternoon. After she awoke, she told her husband, "I just dreamed that you gave me a gorgeous and expensive diamond necklace for Valentine's Day! What do you think it means?"

"You'll know tonight," he said.

That evening, her husband came home with a small package for her. Thrilled, she opened it and found a book titled "The Meaning of Dreams."

What did the boy sheep say to the girl sheep?

"I love ewe!"

What did the girl sheep say back to the boy sheep?

"You're not so baaaa-d yourself"

Roses are red, violets are blue, but I wouldn't know that because you never bring me flowers, you jerk.

SIMPLY DELICIOUS

Written and made by Kari Sundberg, Eagle Editor

Stuffed Peppers. What a time to be alive! My husband and I were recently in the Dominican Republic and I had an amazing supper of stuffed peppers one night while there. I love peppers. And I love the "stuff" they are "stuffed" with, but I had never made them at home. Sure, we've filled them with cream cheese, wrapped them with bacon, and grilled them. (CAN YOU EVEN HANDLE THAT?! UGH. SO GOOD.) Anyway, but we've never tried our hand at making a meal out of rice/meat stuffed peppers; we had to leave the country to figure it out how amazing they are, I guess.

After we got home, I took to Pinterest to try and find the closest recipe I could to the ones we ate down in Punta Cana. I didn't perfect it, but I came pretty darn close. I wish I could deliver the white sands, turquoise waters and warm rays to your houses, but you'll just have to settle for this delicious recipe, instead.

The following recipe serves 4 with a prep time of 20 minutes and a cook time of 50 minutes.

- Ingredients
4 large green or red bell peppers
1 lb ground beef
1 tbsp chopped onion
1 cup of cooked rice

- ½ tsp salt
1/8 tsp garlic salt
1 can (15 oz) tomato sauce
1-1.5 cup shredded mozzarella cheese
Directions
Preheat oven to 350 degrees. Cut off the top of the pepper so you are able to stuff it. Remove the seeds and membranes inside. Cook in boiling water for 5-7 minutes. Drain. While peppers are boiling, brown your ground beef until cooked through. Add in onion and cook until softened. Drain and return to skillet. Mix in ¼ cup of cheese. Add the cooked rice, salt, garlic salt and 1 cup of tomato sauce to the beef. Spoon the beef mixture into the peppers. Stand upright in a small baking dish. Pour remaining sauce over the tops of the peppers. Cover with foil and bake for 45 minutes. Uncover and sprinkle with remaining cheese. Bake 5 more minutes, uncovered.



Boiler Operator Training offered at NTC

Boiler operators or students studying to become boiler operators who need to take Minnesota state certification exams can prepare at a boiler operator training course beginning March 6 at Northwest Technical College.

The five-session, 18-hour course is presented by Optivation, a custom college and training outreach venture operated jointly by Northwest Tech and Bemidji State University, will prepare boiler operators or students studying to become boiler operators to take the Minnesota High Pressure Boiler Exam (levels A & B) or the Minnesota Low Pressure Boiler Exam (level C) for special engineers, second-class engineers, first-class engineers or chief engineers. No previous boiler experience is required to take this course.

Course content for low-pressure boilers will cover low pressure valves, steam traps,

pumps, flame safeguards, burners, safety valves, boiler room safety and hot water boilers.

For high-pressure boilers, the course will cover condensers, steam engines, mathematical formulas related to boilers, boiler room safety and hot water boilers.

The course will be held on Monday and Thursday afternoons from 3-7 p.m. beginning March 6 and ending March 20 in Room 319 on the Northwest Technical College campus in Bemidji. The course carries a \$310 registration fee, which includes \$225 for the course and \$85 for a required textbook, "Safe Boiler Operator Fundamentals: Special Engineer's Guide for the State of Minnesota." Successful students will earn 1.8 continuing education units.

Interested participants can register online at optivation.org.



At last Friday's girls basketball game in Goodridge, Jenah Henrikson, far right, was part of the dance team that performed for the crowd! She is the daughter of Paul & Kristy Henrikson, rural Goodridge. (Coan Photography)

A Note from Principal Lunsetter's Desk

"Never believe that a few caring people cannot change the world. For, indeed that is all who have ever been."

~ Margaret Mead

This quote reminded me of another one; "To the world you might be one person, but to one person you might be the world." I think sometimes we feel helpless because some things are so messed up with our lives, our government and our world, and we think that our actions don't make a difference. But in the end, our actions are the only ones that truly matter. When we focus on doing the best we can for our kids, we treat our neighbors with respect and build positive relationships with all of the people around us, then we are doing everything we can for the world we know. Those behaviors do spread and do make a difference in countless others lives, and affect the world that many of us don't know, in a positive way. Continue to "be the world" for those that you love, and you will see the rest of the world around you continue to grow and change in so many positive ways.

DO IT YOURSELF

For Valentine's Day this year, why not sit down with your children and craft some really cool gifts and decorations that they can share with their family, friends and classmates. Most of the projects only need a few supplies that you most likely have lying around the house, so what are you waiting for!

Love Bug Fruit Cups

These cute fruit cups are easy to make and turn out so cute. It takes about 20 minutes to make a dozen. The supplies needed are:

- Fruit Cups (Dole Pineapple in Strawberry Gel)
Sparkle Pipe Cleaners
1.3" Pom Poms for ends of Pipe Cleaners
1/2" Pom Poms for nose
Assorted colors and size of Googley Eyes
Pink Foam Sheet for heart shaped feet
Hot glue sticks & Gun
Valentine Paper Roll
Owls

The materials needed are: toilet paper rolls, Valentine's Day themed scrapbook paper, red cardstock paper, orange cardstock paper, googly eyes, pencil, scissors, glue, paint brush, circle puncher, heart stickers and ribbon.

First, cut scrapbook paper to fit the paper roll. Glue the paper onto the paper roll; Mod Podge as glue works great!

To make the ears, push down slowly on one end of the roll. Repeat on other side. Use googly eyes and glue onto red paper cut into circles. Cut a beak using orange paper. For the wings, cut out heart shaped wings and glue to the sides of the owl.

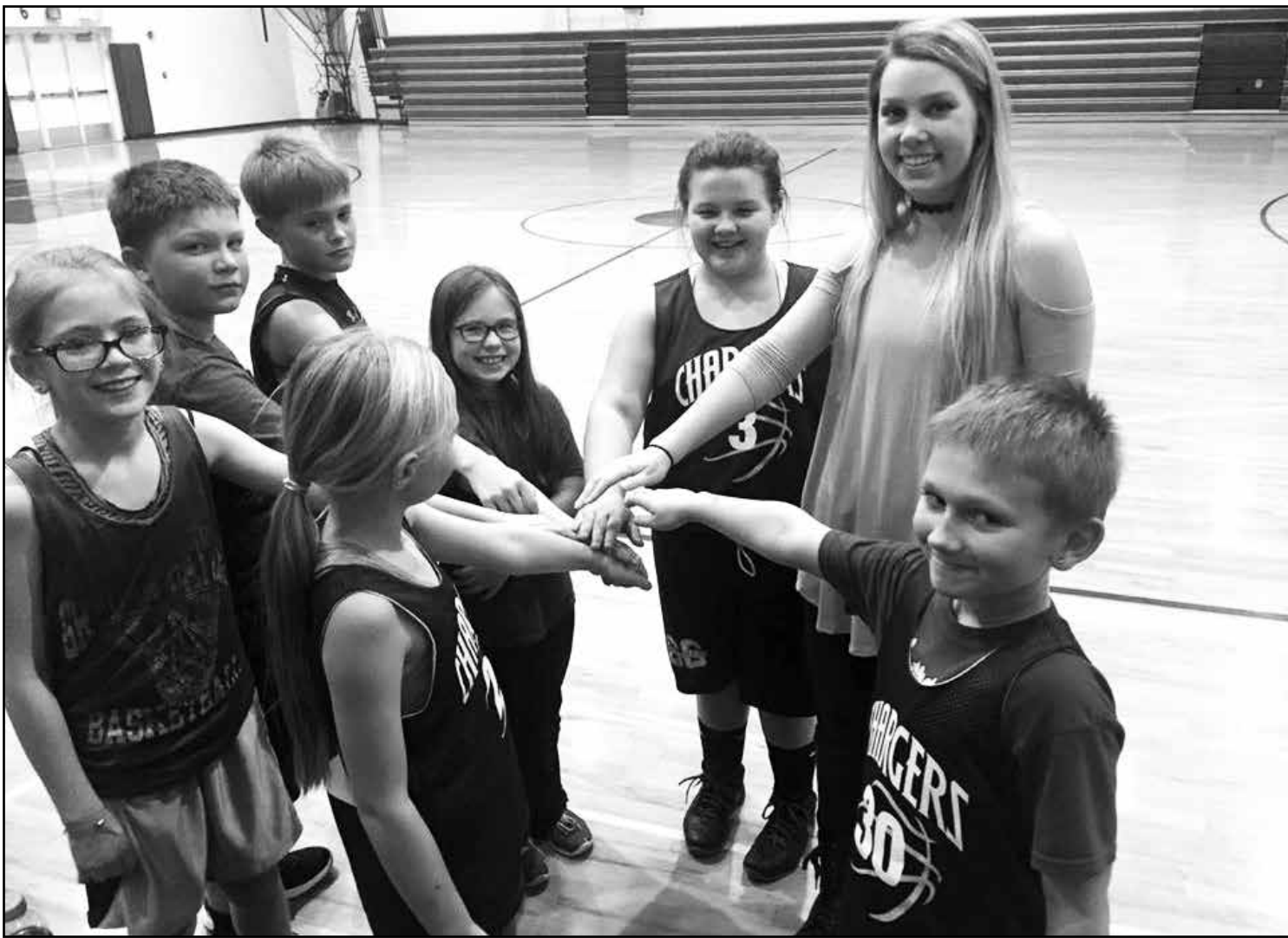
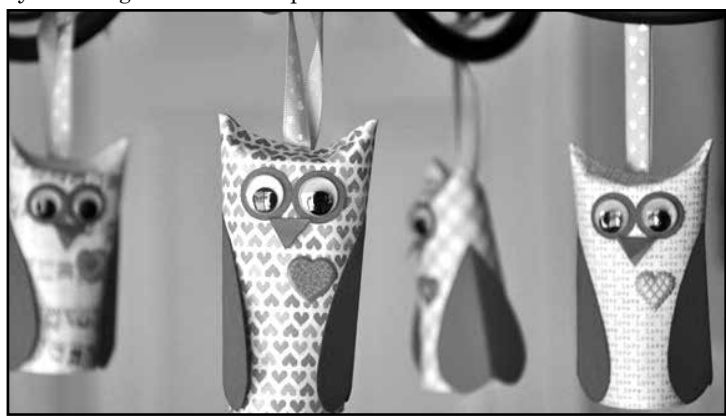
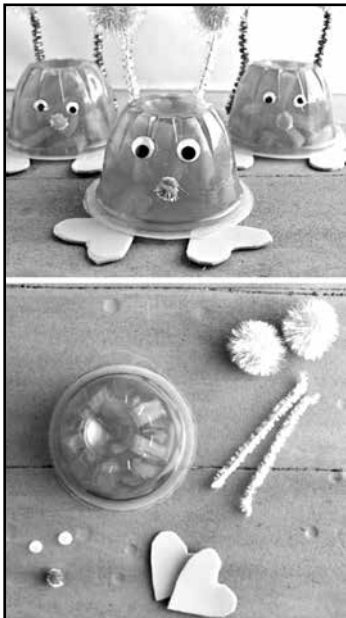
You can attach ribbon to the top so you can hang your pretty Valentine owls up!

Place one heart sticker on each owl to give them some extra love.

Cupcake Toppers

Fruit Loops and Pipe Cleaners. That's it!

String fruit loops on a pipe cleaner and shape it into a heart before placing atop your cupcake! Step 1. Find the half way point of your pipe cleaner and bend in half, with both ends pointing upward. Step 2. Next, create the heart shape by holding the center point



Despite their team name, the Air-Ballers, this Grygla Elementary team puts a lot of shots in when they play Intramural Basketball every Friday! The 4-6 grade students are coached by Ashley Moe, pictured.

Legislature passes health care relief bill

The Minnesota House overwhelmingly approved the conference committee report for Senate File 1 last Thursday on a vote of 108-19. The bill provides a 25 percent premium reduction to Minnesotans who do not qualify for MNSure tax credits on the individual market, and includes key GOP-led reforms to preserve care for those receiving life-saving treatments and increase competition and consumer choice moving forward. The bill passed the Senate earlier Thursday afternoon with bipartisan support, and is expected to be signed by the governor.

"We are keeping our promise to Minnesotans struggling to afford out-of-control health insurance costs, providing substantial premium relief for 2017, as well as implementing meaningful reforms to improve transparency, competition and care," said Rep. Deb Kiel (R-Crookston). "I am pleased we were able to get this done in the first month of session for folks in our area who need premium relief and continued access to their health care providers."

"Serving on the conference committee that helped craft the final version of this bill, I fought hard to keep a provision I spearheaded that can help improve in-network accessibility to local clinics, pharmacies and hospitals in rural Minnesota," said Rep. Dan Fabian (R-

Roseau). "MNSure and Obamacare have caused headaches and financial hardships for too many folks in our state, and this is the first-step to begin addressing Minnesota's health care crisis."

GOP-led reforms in the final bill include:

- Allowing for-profit HMOs to operate in Minnesota (like most states) which will increase options for consumers
- Modifying stop loss coverage to make it easier for more small businesses to offer affordable insurance to their employees.
- Providing greater transparency for proposed insurance premium changes by requiring earlier disclosure of proposed rates.
- Allowing Agricultural Cooperatives to offer group health insurance to their members so farmers and their families can get better access to care and more affordable coverage.
- Ensuring Minnesota employees can benefit from the recently passed federal 21st Century Cures Act which allows employers to make pre-tax contributions toward employee health insurance costs.
- Network adequacy reform that will assist in ensuring more options for residents in rural Minnesota.
- Prohibiting surprise billing to protect consumers from previously undisclosed costs.

Youth basketball fun



GG attended a Snowflake Tournament last Saturday in Red Lake Falls. Pictured above is the 6th grade boys team, coached by Randy Henrikson and Darrin Arveson.

Pictured below is Lewis Jones, a Grygla 5th grader, in the game against Fertile-Beltrami last weekend in Red Lake Falls. The game was reffed by Marshall Mickelson, who is pictured.



7th Annual Back Breaker's Vintage Snowmobile Show and Ride



The 7th Annual Back Breaker's Vintage Snowmobile Show and Ride was yet another success this year. Held last Saturday, January 28th, many vintage sleds and enthusiasts showed up for the display outside of Yo-Hawn's. Check out some of those sleds!



The trophy for the Most Unique/Custom went to Jamie Dougherty with her 1973 Polaris Colt.



Most Original/Unrestored went to Mark Stenseth for his 1971 Rupp Wide Track.



L-R: Gary Miller, Jamie Dougherty and Mark Stenseth.



Best Restored sled went to Gary Miller for his 1963 Polaris Sno Traveler.



Kyle Haack, Bryan Dougherty and Nick Harris have been in charge of the Back-Breaker's Vintage Snowmobile show for 7 years now, but are passing the hat to Dayle Larson and Drew Monson now. They are pictured sharing their wealth of knowledge (and a few laughs!) with the new coordinators of the event.

Charger basketball stats

January 23rd BBB
at WEM
GG 66, Win E Mac 75
Scoring: Blaine Kriel 32, Ben Groven 18, Jaden Kiesow 7, Dylan Walker 6, Dylan Manderud 3

Rebounds: Walker 10, Kriel 7, Kiesow 5, Groven 5, Manderud 5, Wiseth 1, Hogan Lundeen 1

Coach Comments: We had a few kids that played sick. We played hard, but we ran out of gas towards the end. We had our chances to win, but we came up short. The Patriots shot the ball very well, especially the 1st half. They have a very good team. We need to cut down on turn-overs. It was a good game to watch.

January 24th GBB
at Roseau
GG 29, Roseau 84
Scoring: Ashley Moe 2, Hannah Dietsch 6, Ashlyn Hendrickson 12, Karlee Johnson 2, Brooke Anderson 2, Maci Bakken 1, Libby Johnson 2, Brooke Limesand 2

Coaches Comments: Tonight we saw why Roseau was a favorite to go to state in AA. They run the floor well and play suffocating defense. We did a good job breaking the press in the full court, but when we got the ball across half court and the court got smaller, they started to steal our passes. Ashlyn Hendrickson played a good game with 12 points and 7 rebounds.

January 24th BBB
vs. LOW in Grygla
Chargers with the win, no score provided at time of print

Scoring: Blaine Kriel 19, Dylan Walker 19, Dylan Manderud 13, Jessie Wiseth 7, Ben Groven 6, Jaden Kiesow 4, Blake Nerhus 2, Dylan Wold 2, Lucian Tinnis 2, Peyton Verbout 2, Brandon Stanley 1

Rebounds: Walker 7, Stanley 5, Hogan Lundeen 3, Wiseth 3, Manderud 3, Kiesow 2, Groven 2, Wold 1, Robert Brummitt 1, Tinnis 1, Kaleb Sjulestad 1

Coaches Comments: We played with a little chip on our shoulders. We came out and took it to them. Everyone played and contributed to our victory. It was a satisfying win!

January 26th GBB
vs. WAO in Goodridge
GG 47, WAO 21
Scoring: Ashley Moe 6 points, Hannah Dietsch 7 points 5 rebounds, Ashlyn Hendrickson 11 points 5 rebounds, Karlee Johnson 2 points, Brooke Anderson 3 points, Alison Satre 11 points, Mercedes Coan 4 points, Cheyenne Irlbeck 3 points.

Coaches Comments: The girls did well this game. They did their job and trusted the rest of the team to do theirs. We played good defense and shot well. Our turnovers were down again. Alison had a good game, especially from the free throw line where she went

7-10. Proud of the girls.
January 27th GBB
vs. RLF in Gooridge
GG 27, RLF 55

Scoring: Ashley Moe 1, Hannah Dietsch 8, Ashlyn Hendrickson 4, Brooke Anderson 4, Alison Satre 5, Libby Johnson 2, Brooke Limesand 3

Coaches Comments: Our goal was to handle the pressure from RLF. We did a good job of it for the first 16 minutes. We got tired and RLF was able to get us to turn the ball over and get some layups right before half. From there we couldn't catch up. This was good game for us to learn from for the last month of the season.



Ashley Moe #3



Michael Jelen, in last week's game against LOW in Grygla. Chargers defeated LOW!



Pictured left: Brooke Limesand at the freethrow line in the game against Red Lake Falls in Goodridge last Friday. (Coan Photography)

The GBB team hosts Sacred Heart in Goodridge this Thursday; this is also Parent's Night.

Friday evening, the boys basketball team hosts KCC in Grygla.

Good luck in the remaining season, Chargers!