



Today
Scatt. Showers
H 45 L 39



Thurs
Cloudy
H 49 L 41



Fri
Rain
H 48 L 37



Sat
Cloudy
H 43 L 36



Sun
Mostly Cloudy
H 47 L 36

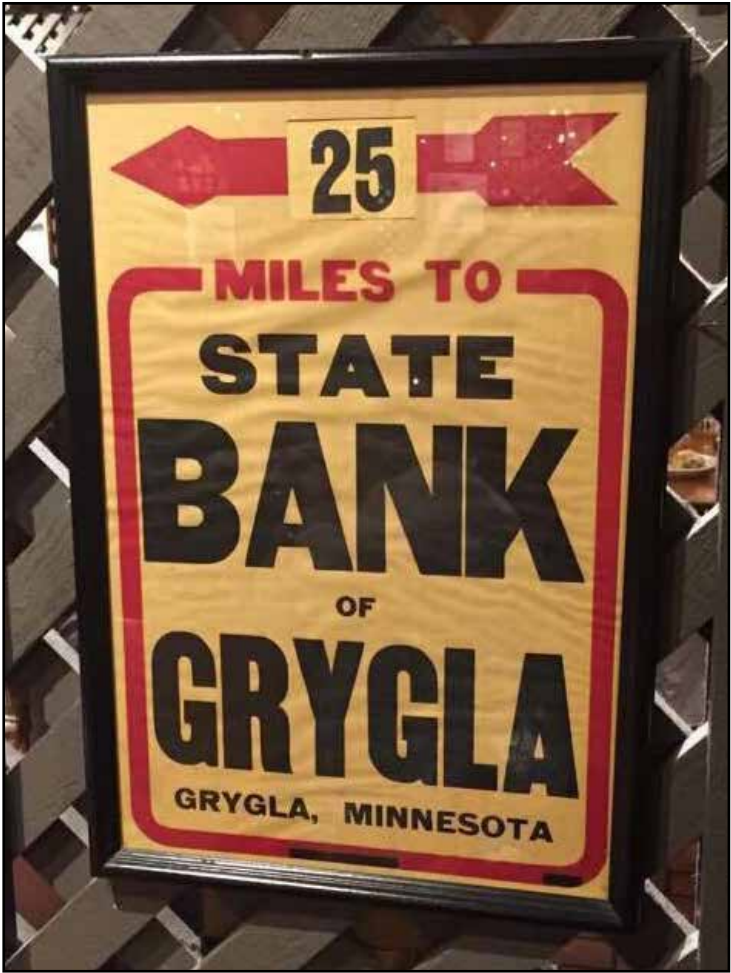


Wednesday, October 26, 2016

NOW ONLINE www.tricocanary.com

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A look at next week... An inside look at the Grygla Fire Station; the crew holds an open house for the public!



Who knows how this sign ended up in a Cracker Barrel in St. Joseph, Missouri!? Not us, but it's too neat not to share!

Curt Edwards, who graduated from Thief River Falls in 1997, and now resides in Gower, Missouri, stumbled across this sign in a Cracker Barrel restaurant – of all places.

He shared the photo on Facebook, giving a shout out to all his friends back in the TRF/Grygla area. “I don’t know how Cracker Barrel ended up with this sign, but I suspect they get their items from auctions which are then sent to various locations around the US.”

Possibly so, Curt! Wouldn’t it be neat to find out?



Coming from Minneapolis to Grygla last Tuesday was the Teddy Bear Band! The musical group entertained Goodridge and Grygla preschool-3rd grade kids in the Grygla School gym.

Open House at the fire station

The Grygla Fire Station will be holding an open house for the public this Wednesday, October 26th from 5:30-7:30pm. The firemen will be grill-

ing brats with all the fixings. They’ll also be giving tours and doing demonstrations with equipment; make sure to stop in!

City Council approves September minutes

The Grygla City Council held their October meeting on the 17th at the Grygla Civic Building; members approved September’s minutes, which are included below for your reference. Official minutes are taken by City Clerk, Rose Aune, and recapped by Eagle Editor. For a full version, visit www.grygla.govoffice2.com and select Agendas & Minutes.

Minutes of the regular meeting of the Grygla City Council – September 12th, 2016.

The regular meeting of the City Council was scheduled to be held at the Grygla Civic Building at 7:00pm. The meeting was called to order by Mayor Mosher with the following council members present: Gavin Nordby, Lindsay Oslund, and Robert Thompson. Absent: Dave Dunrud. Also present was Rose Aune.

Previous months minutes were approved, along with receipts & disbursements and payment of all bills presented. Other items included:

WATER TOWER
There is nothing new to report at this time.

GAS DETECTOR FOR ARENA

There is nothing new to report at this time.

LAGOON FENCE
Fence is here.

STREETS

Mosher contacted Tyler Johnsrud to give an estimate.

COMMUNITY CENTER

There is nothing new to report at this time.

SOUTH ADDITION
There is nothing to report at this time.

SAFE ROUTES TO SCHOOL GRANT

The street lights are scheduled to be shipped out Thursday, Sept 15th. Upgren thinks Davidson’s Construction should be able to get them by the end of the month. Karvako is going to have Davidson’s come back and add more topsoil to the boulevard and do some more reseeded.

PLAYGROUND EQUIPMENT

Oslund submitted a grant

Fire Prevention poster winners

The Grygla American Legion Ladies Auxiliary recently sponsored a poster contest in recognition of Fire Prevention Week, which was recognized nationally October 10-14. Poster winners were:

- 1st grade
 - 1. Paizley Moe
 - 2. Grayden Hagen
 - 3. Catelyn Rath
- 2nd grade
 - 1. Brett Rychlock
 - 2. Colbie Johnson/McManus
 - 3. Landon Nordby
- 3rd grade
 - 1. Harlie Hagen
 - 2. Alivia Bourman
 - 3. Lucy Mickelson
- 4th grade
 - 1. Payton Dougherty
 - 2. Gavin Aune
 - 3. Emily Johnson
- 5th grade
 - 1. Tatum Carlson
 - 2. Molly Cullen
 - 3. Callie Loken

Cash Calendar winners

The Grygla Centennial Committee announces its final winners in the Cash Calendar drawing for the months of August, September and October!

October 25th for \$50: Rodney Hagen of Grygla

October 27th for \$125: Lori Thompson of Grygla

October 29th for \$75: Rodney Mosher of Grygla

October 31st for \$200: Jean Wojciechowska of Goodridge

application to Roseau Operation Round-up. She should hear back by the end of the month.

CAMPSITE ADDITIONAL HOOKUPS

There is nothing new to report at this time.

AIRPORT ELECTRICAL HOOKUPS

There is nothing new to report at this time.

RADAR SPEED LIMIT SIGNS

Thompson needs to talk to MNDOT about moving the sign further out of town. Once approval is given they will go with the signs that Warren has.

FF ELECTRIC POLE

There is nothing new to report at this time.

REVOLVING LOANS

Jeff Hane is working on CMI loan.

UTILITY BILL POLICY
Utility Billing Policy update with the late fee changed to \$10 was approved.

REGION MEETING IN BEMIDJI

Mosher will see if he can make it.

NWRDC NOMINATION
Lindsay Oslund was nominated to be on the NWRDC.

EXTRA MEETINGS

None

SCHEDULE POLICY MEETING

Budget meeting is scheduled for September 15th, 6:00.

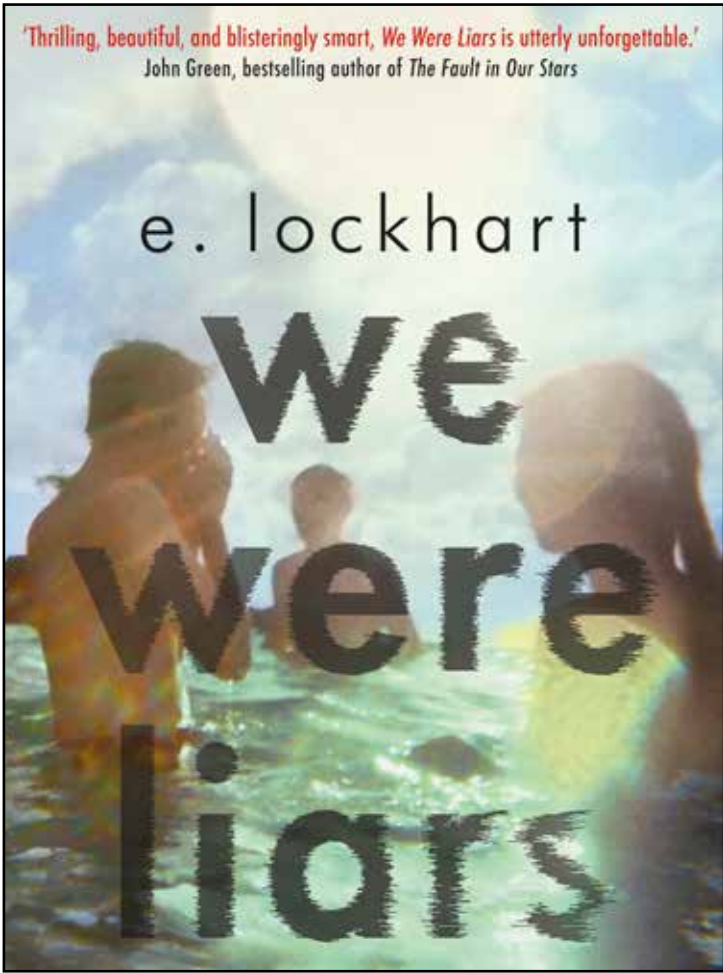
FIRE DEPT AMBULANCE

Council approved to put \$10,000 towards a new ambulance for the Fire Dept.

Minutes of the budget meeting of the Grygla City Council – September 15th, 2016.

The budget meeting of the City Council was scheduled to be held at the Grygla Civic Building at 6:00pm. The meeting was called to order by Mayor Mosher with the following council members present: Dave Dunrud, Gavin Nordby, Lindsay Oslund, and Robert Thompson. Absent: None. Also present was Rose Aune.

Council made a motion and approved the 2017 Tax Levy to be set at \$64,500. Meeting adjourned.



Teen Book Club

Attention students! A Teen Book Club is starting November 1st and will be conducted through the Grygla Library. This is open to all students age 13-18 and comes at no charge to you. The newly-formed book club is starting their first book, which is a ‘Young-Adult’ novel by E. Lockhart titled, *We Were Liars*, on Wednesday, November 2nd.

The group will take two weeks to read the novel and meet again on Wednesday, November 16th, as a group at the Grygla Community Center at 6:30pm to discuss the book

and enjoy “all-you-can-eat” pizza provided by the library. If it is a successful turnout, the group will continue with a second book that is also available in movie, which at that point the group would meet twice – book discussion/treat night and movie/pizza night.

The Grygla Library is excited to offer this and hopes students will consider joining. Call or text Kari Sundberg, Grygla Librarian, at 218-689-6901 or email grygla.eagle@gmail.com so your copy can be put on order through the library.

Halloween fun at Motel 89

Motel 89 is providing some Halloween fun this year! From 4-6pm on October 31st, kids can head over to the motel to fish for prizes in a SPOOKY POND and pop a balloon to find an EERIE SURPRISE! All kids

will receive a Halloween bag full of goodies and must be accompanied by an adult.

Motel 89 will be open for regular trick-or-treaters after 6pm.



Four years ago the Zavoral family adopted a 2-mile stretch of highway in the Thorhult area. Every year since, 3 generations of Zavorals come and spend the afternoon picking up trash. The family gathered last weekend for the annual event, which is scheduled every October to honor Bob “RJ” Zavoral, who would have turned 100 years old October 18th.

Carrie Zavoral says, “Bob taught his family to work hard and give back so to honor him, this is what we do every year during his birthday month!” Last year Bob’s wife, Lois, even helped clean the ditch at age 92!

The family cleans the ditch located at mile marker 58 and 59; one mile is in the Red Lake Reservation and the other one just outside of it. Along with the Zavorals, the Wikerts and Roen’s also have Adopt-A-Highways in the Thorhult area.

THE GRYGLA EAGLE

A Note from Principal Lunsetter’s Desk

“Life is really simple, but we insist on making it complicated.”
~ Confucius

We have a bad habit of over-complicating things. When we allow life to happen, it is usually really good. We don't get stuck trying to control our life and good things usually happen as a result. But when we try to micromanage various aspects of our life and are unwilling to bend when life throws us a curveball, we start to see things fall apart. We need to remember that when we face adversity, we will grow from it if we allow ourselves to. Each challenge that we face will make us stronger when we approach it the right way. Next time something isn't going your way, try to take a step back and see if there is a different angle to approach it from. Try to make the most of it, and see it as an opportunity to draw from that experience to become the person you are destined to be.

Word of the Week

...enhancing vocabularies

one Grygla Eagle at a time.

Stalwart

\STAWL-wert\

Adjective

- 1. firm, steadfast, or uncompromising
- 2. strong and brave; valiant

Deadline to apply for arts funding is Nov 1

\$200,000 of grant money is available from the North-west Minnesota Arts Council. Grants are awarded to non-profit arts organizations, cities, schools, individuals and other nonprofit organizations. Applications are being accepted from our seven county Minnesota service area including Kittson, Marshall, Norman, Pennington, Polk, Red Lake and Roseau counties.

Arts Legacy Grants: regular is a main category for funding artistic activity in our region. Grants are for up to \$10,000 with a minimum 10% cash match. Grants in this category are primarily given to non-profit organizations and cities. Proposed arts activity can be in the performing, visual, media, and literary arts. A few individuals have successfully competed with larger organizational projects, but only if they have a strong community focus to their proposed project. Most applicants show a 25% cash match and the match can be from earned income through ticket sales or business donations. Funding for all NWMAC Arts Legacy Grants comes from the Minnesota State Legislature through the Arts and Cultural Heritage Fund of the Clean Water, Land and Legacy Amendment.

Arts Project Grants: regular are used primarily for smaller budget arts projects and the sponsorship of performances of touring companies and artists.

These grants are a maximum of \$3,000.00 with a required cash match. This grant program has substantially less reporting requirements than Legacy grants and therefore, is an attractive option for many groups.

Applications funded through these two very important grant categories include festivals, community theatre projects, folk music entertainment, sponsorship of visual demonstrations, creative writing workshops and many other activities that improve the quality of life of people in our communities.

Arts Project Grants: Arts Equipment for Schools allows schools to purchase artistic equipment for their art room, theater, band room, etc. Equipment that is used solely for the pursuit of arts like a kiln or theater lights, or a band instrument has a better chance of being funded. There is one annual deadline for this grant on November 1. Grants of up to \$3,000.00 are awarded with a 25% cash match requirement.

To learn more about these grant programs and start an application visit www.North-westMinnesotaArtsCouncil.org, click on the Current Grants Forms under the Grants Tab. The grant application process is completely online and NWMAC's Executive Director Mara Hanel 218-745-9111 can help walk you through the process of using the grants portal to get accustomed to it.

■ SIMPLY DELICIOUS



Written and made by Kari Sundberg, Eagle Editor

We all love potato dumplings, right? If you're saying WRONG, well, then you didn't deserve a spot in this WE group that I'm speaking of, ok?

Ok.
Moving on.
My family has been making potato dumplings my entire life. So imagine the pleasure I felt when I grew up, got married, and found out my husband's family makes them, too. All is right in the world.

Sure, we can satisfy our cravings for potato dumplings by attending local feeds at churches, restaurants or Lee Sundberg's house (he makes AMAZING dumplings in case you care) OR you can buck up and start making them yourself. It's not an easy task, but I promise you it's worth the time and effort.

There's this quote that says, "Do something your future self will thank you for."

I think this is the perfect time to put that quote into action.

For the last couple of years, my husband and I have been trying to perfect our own recipe for potato dumplings. We have finally come up with one that we feel is PERFECTLY DELICIOUS. I can't say SIMPLY delicious because there is nothing SIMPLE about the recipe, but with the help of your spouse or a friend, it can be less grueling.

We have this unwritten, verbal contract between the two of us and it's in effect until the day one of us is no longer here. This contract basically states that Robert does the peeling



and shredding of the potatoes ALWAYS, and Kari does the mixing and shaping part ALWAYS. I'm not sure who has the crappy end of the stick, but it works for us, so we just accept and live by it.

If you've got a simpler way of doing potato dumplings, feel free to let me know. But I ask you this, are they as good as ours? We'll see.

R&K's Potato Dumplings
Makes 8 very, very large and delicious dumplings
9 cups grated potatoes
6 tsp. salt
6 tsp. baking powder
5 cups flour
2 beaten eggs

Husband peels and grates 9 cups of potatoes. Wife adds to the bowl the salt, baking powder, flour and beaten eggs and she mixes it together with her hands. Let sit for 30 minutes so the juices can do their thing. About 20 minutes in, get out 2 large pots. Coat the bottom and sides with butter and fill ¾ full of water. Start boiling. Wife then starts forming the dumplings, squeezing and packing as hard as possible. Coat each ball with butter so they don't stick to the sides of the pot and fall apart. (No one said this was a calorie free process.) We put 4 dumplings in each pot and cook on medium for one hour.

Husband and wife, with kids in tow, enjoy the dumplings, pig out and lay in the living room for the rest of the night.

If you're one of those who also puts syrup on your dumplings, well, my friend, we speak the same love language.



■ DO IT YOURSELF



Welcome those trick-or-treaters to your door! You can buy a pumpkin trick-or-treat pail for \$1.00 at Walmart of the dollar store. Cut down the back, cut out the bottom and wrap it around your outside light! You can also cut off the handle if you want. Cheap, fast and easy!

■ WHAT A JOKE

(A good one to tell the kids on Halloween night!)

A man was standing on the side of the road, hitchhiking in the middle of a thunderstorm on a dark and moonless night. Time passed slowly and no cars went by. It was raining so hard he could hardly see his hand in front of his face.

Suddenly he saw headlights of a car approaching over a nearby hill. The car was moving very slowly, approaching and appearing ghostlike in the rain. It slowly and silently crept toward him and stopped.

Wanting a ride really bad, the guy jumped in the car and closed the door; only then did he realize that there was nobody behind the wheel, and no sound of the engine to be heard over the rain.

Again the car crept slowly forward and the man was terrified...too scared to think of jumping out and running. The guy saw that the car was approaching a sharp curve and, still too scared to jump out, he started to pray for his life, as he was sure the ghost car would go off the road and into the river and he would surely drown!

But just before the curve, a shadowy figure appeared at the driver's window and a ghostly hand reached in and turned the steering wheel, guiding the car safely around the bend. Then, just as silently, the hand disappeared through the window and the hitchhiker was alone again. Paralyzed with fear, the guy watched the hand reappear every time they reached a curve. Finally the guy, scared to near death, had all he could take and jumped out of the car and ran to town.

Wet and in shock, he went into the near gas station and told everybody in there about his supernatural experience. A silence enveloped the room and everybody got goose bumps when they realized the guy was telling the truth about the strange car and the ghostly hand that guided it on its way.

Just then, two men walked in. They were dripping wet, and as they took off their rain gear, they looked around. Their eyes came to rest on the hitchhiker.

"Look!" said one of the men. "There's the idiot who jumped into our car when we were pushing it in the rain!"

Chargers volleyball results

GG Volleyball results 10/17 in Stephen; Chargers lost in 3 games to the Storm (14-25, 22-25, 21-25)
Ace Assists: Hannah Dietsch 20; Kills: Karlee Johnson 8, Ashlyn Henrickson 5, Brooke Anderson 5, Trystan Jelle 3, Libby Johnson 2, Hannah Dietsch 1, Kaitlyn Olson 1, Maci Bakken 1, Mercedes Coan 1; Aces: Ashlyn Henrickson 2, Trystan Jelle 1; Digs: Kaity

Olson 12; Blocks: Ashlyn Henrickson 2, Libby Johnson 1, Maci Bakken 1

Coaches Comments: "It has been a long week for the girls, but they are staying healthy and strong! The girls put up a good fight the 2nd and 3rd set. I'm very proud of them because they worked hard. This was the last game of the season and I've enjoyed coaching these girls!"

Letters to the Editor

Prioritizing Our Schools

As a retired teacher, it's been encouraging to see some very helpful happenings for our local schools. Within the past two years, the state increased school funding by \$525 million. This has helped immensely with our local schools as they deal with making ends meet.

For Grygla this funding led to a \$610 per pupil funding increase.

For Goodridge this funding led to a \$489 per pupil funding increase.

This \$525 million increase also had some other features that were most encouraging. The school funding was assigned in such a manner that it shrunk the disparity in education funding between our rural schools and metro schools. Additionally, this increase in funding came with fewer strings attached. That means that local school boards had more control over how to spend the money. This was a wonderful occurrence and greatly helped all of our

schools because each one has different needs. By limiting the strings attached to the funding we were able to localize our schools' operations all the more, which is something that Rep. Dan Fabian, Rep. Deb Kiel, and Senate candidate Mark Johnson have been calling for.

I applaud Deb Kiel and Dan Fabian. They were instrumental in ensuring that our school funding came with less government intrusion. They also worked overtime to make sure that government funds were spent on things that we truly needed. That was why we got an increase in school funding for our area while still seeing our legislature pass one of the lowest state budget increases percentage wise in the past 50 years. Thank you Dan and Deb for prioritizing our needs and working to empower us at a local level. Thank you Mark Johnson for pledging to do the same. Keep up the fine work.

Ron Lorensen
Karlstad, MN

I'd like to remind voters about some things that we should keep in mind this election season. Do you remember the state office building? It was a \$90 million dollar project for senate offices. It was included in the 2013 tax bill with minimal debate at the last minute when the full state legislature was under DFL control. It is was like a palace for politicians.

This year we get to hold all DFL Senators accountable for voting for this. (No Republican senators voted for it.) I hope that voters remember this reckless spending aimed at nothing more than the comfort of politicians. We should remember a few other things that we got from the DFL Senate when they had total control of government. Things like the largest tax increase in state history and giving the DNR millions to buy up more of our land.

Once Republicans like Dan

Fabian and Deb Kiel gained back control of the MN House of Representatives in 2014, they changed the narrative in St. Paul. They put the brakes on tax increases and runaway spending. Not only that with them in charge, needs were prioritized over wants so that we got the funding we needed for things like our nursing home and schools while still delivering one of the lowest state budget percentage increases in decades.

Dan Fabian and Deb Kiel helped change the direction of the MN House in St. Paul towards fiscal restraint and tax cuts instead of runaway spending and tax hikes. It's time that we send someone to the Minnesota Senate who will work to send the same message. Mark Johnson is that man. I hope all voters will join me in sending him to St. Paul.

Ray Hunt
Hallock, MN

We have seen some encouraging and discouraging policies effecting the agriculture community these past two years. Allow me to share some of them with you.

One of the biggest gains was the agriculture budget. Thanks to people like Deb Kiel and Dan Fabian farmers saw the agriculture budget increase by over 40% from the previous biennium. This came in large part because when Republicans gained back control of the MN House of Representatives in 2014 they restored the Agriculture Finance Committee. When the DFL took over the House in 2012, for the first time, they eliminated the agriculture finance committee, and farmers paid the price as a metro legislator took over the ag finance agenda as part of the environmental committee that she chaired. Thankfully, Republicans in the House changed that once they were in leadership again.

Two of the most concern-

ing proposals effecting farmers have been the Governor's proposed 50 foot water buffer mandate and his executive order attempting to regulate neonicotinoids. The water buffer mandate would take thousands of acres of fertile farmland away from farmers. Additionally, the mandate on neonicotinoids could add intrusive layers of bureaucracy hindering farm production.

Thankfully, the Republican MN House of Representatives stayed strong and blocked the Governor's buffer mandate. They ensured that the buffer law was not expanded to private ditches. We need to keep people like Deb Kiel and Dan Fabian in the legislature and send more allies of agriculture to stand with them. That is why I am giving my support to MN Farm Bureau endorsed Senate Candidate Mark Johnson. He will be a friend of the farmer in the MN State Senate.

James Sparby
Grygla, MN

This political stunt cost our area dearly. Dan Fabian and Deb Kiel got excellent project for our area into the bonding bill. The included such things as:

\$12.5 million for small cities road assistance

\$3 million for the Polk County North Country Food Bank

Polk County solid waste improvement project serving six counties

\$826,000 for NCTC laboratory renovations in East Grand Forks

\$5.3 million for the Sewer Interconnect between East Grand Forks, Minnesota, and Grand Forks, North Dakota

Lake Bronson dam repair
We need change in the MN Senate. There should be no more attempts for such reckless spending like South West Light Rail. That's why I'm voting for Senate Candidate Mark Johnson. He will prioritize our local needs while fighting outlandish spending projects from big city liberals like this.

Linda Ramsay
Thief River Falls, MN



Check out the new picnic shelter at the Goodridge Veteran's Memorial Park. Dan Mast & crew of Mast Home Improvement completed the work and finished adding the iron railing with granite plaques. The shelter is made possible with a \$750 grant from Operation Round-Up of Red Lake Cooperative and also from various fundraisers around the Goodridge Community. Plans for the shelter will include the placement of centennial picnic tables that were designated to stay in the park.



Below: This was Jared Haack's 4th successful youth hunt since 2013; he got this doe 5 miles west of Grygla.



Kaylor Torgerson bagged this 10-pointer east of Grygla over the youth hunt weekend that ran October 20-23!



Blake Rychlock got himself a 7-pointer the 2nd night of the youth hunt about 20 minutes into the post!



Ryder Horachek was hunting with his grandpa, Kevin Tharaldson, south of Goodridge when he shot his 9-point buck.



Thursday evening of the youth hunt, Lewis Jones shot this 6-pointer west of Gatzke.



Riley Saurdiff got herself this 8-pointer west of Grygla Saturday morning, October 22nd.



Sheldin Sundberg shot this 6-point buck out of his stand in the Fourtown area opening morning of the youth hunt.



Chase Manderud shot his first deer, a doe, near Grygla over the youth hunting weekend!

Help is closer than you think

Written by Karin Haugrud
Are you an older adult looking for information on caregiver support, financial assistance transportation, legal services, meals or health insurance counseling? Are you a family member that has questions about how to help your mom, dad or grandparent stay in their home? Are you a neighbor that wants to help someone access the services that will keep a friend near you? If you are, then call the Senior LinkAge Line® at 1-800-333-2433. The Senior LinkAge Line® will connect you to the information you need.

The Senior LinkAge Line® service is provided by six Area Agencies on Aging that cover all 87 counties of Minnesota and helps connect you to local services. The Senior LinkAge Line® is a free statewide telephone information and assistance service which makes it easy for older adults and their families to locate community services and is a service provided by the Minnesota Board on Aging and the Minnesota Area Agencies on Aging. With an emphasis on ease of access to services, Area Agencies are working to make communities better places to grow old. As the number of elderly increase and

their needs change, the Area Agencies also ensure that the community remains responsive to their needs. Recognizing the growing trends of the older Minnesota population and the complexity of needs, a more formalized, easily accessible, information system was developed and implemented. The system is called the Senior LinkAge Line®. In existence since 1995, Senior LinkAge Line® continues to enrich the lives of older Minnesotans and family members by linking them to the services they need in their community. With a single call, you can find particular services near you or get help evaluating your situation to determine what kind of service might be helpful. Don't know what to ask? Don't know what's available? We can help. Sometimes it's hard to sort through a situation. By calling the Senior LinkAge Line® you can talk to a specialist who can help you assess your situation and introduce you to the resources available in your own community. You examine the options. You make the choices. Need help so a senior can stay at home? Use the Senior LinkAge Line® to access local services through our long term

care options counseling. We can assist in getting access to the services you need to remain independent in your own home. We can help you find home care provider services, meals-on-wheels, health insurance counseling, transportation, free or low-cost legal services, help paying for your prescription drugs, and more. Don't wait to call. The Senior LinkAge Line® is answered from 8am to 4:30pm weekdays. The Senior LinkAge Line® is reminding Medicare beneficiaries that the annual Medicare open enrollment period began on Saturday, October 15, 2016, and ends Wednesday, December 7, 2016. Any new coverage selected takes effect January 1, 2017. This article is made possible with Older Americans Act dollars from the Land of the Dancing Sky Area Agency on Aging. Call the Senior LinkAge® at 800-333-2433 to speak with an information specialist, or check out our website at MinnesotaHelp.info. MinnesotaHelp.info is an online directory of services designed to help people in Minnesota find human services, information and referral, financial assistance, and other forms of help.

Beltrami County receives state breastfeeding friendly recognition

The Minnesota Department of Health (MDH) has named Beltrami County as a Breastfeeding Friendly Workplace for its contributions to the health of mothers and their babies. MDH recognizes workplaces and county health departments that have demonstrated their commitment to supporting breastfeeding mothers by creating a workplace lactation support program. Beltrami County was recognized by MDH at the Minnesota Breastfeeding Coalition Meeting on Oct. 28 in Maplewood. Breastfeeding is a foundational way to ensure that babies receive optimal nutrition during the first formative years of life. Studies show that infants who are breastfed have better health

outcomes as they grow. MDH recognized organizations that have taken a leadership role to improve breastfeeding rates and meet Healthy 2020 goals. The designation acknowledges Beltrami County's commitment to acting as a model for the community by supporting healthy families and receiving the business benefits of supporting nursing mothers. The designation is achieved by adopting a written policy and educating staff about it; ensuring adequate break time for breastfeeding employees; providing a clean, private place to pump breast milk; and demonstrating a strong commitment to supporting breastfeeding in the workplace.