



Today
Mostly Sunny
H 73 L 52

Thurs
Cloudy
H 69 L 49

Fri
Mostly Sunny
H 76 L 54

Sat
Scatt Showers
H 73 L 55

Sun
Scatt Tstorms
H 78 L 57

Wednesday, September 7, 2016

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Vol. 43 Number 10

A look at next week... Enjoy many pictures from the Grygla Fall Festival! See this weekend's event schedule on page 4.



While the cupcakes are a' bakin' the bows are a' flyin'

Written by Kari Sundberg, Eagle Editor
Kacey (Miller) Stromlund, an alumni of Goodridge High School, who now lives in Thief River Falls, is getting things done. Honestly. Between working at Digi-Key, winning grand champion archery awards and baking massive amounts of beautiful cupcakes – she is GETTING THINGS DONE.

Let's dive right in.
At 29 years old, and only shooting bow for a little over 3 years, Kacey Stromlund already has numerous awards hanging on her wall, one of which includes being named the Minnesota State Archery Association Grand Champion! "My goal for the past 2 years was to win the MSAA Grand Champion Award," Kacey beams. She accomplished that goal the weekend of August 6th, 2016. To win the MSAA Grand Champion Award, Kacey had to attend archery shoots at Duluth, Bemidji, Red Wood Falls and Marshall throughout the whole year, where she competed against other women. Each location was a different style of shooting. Kacey says, "Redwood Falls was in April and that was an indoor shoot at 20 yards. Marshall was next in June; a 900 round outside at 40, 50 and 60 yards over a 2-day period! July's location was in Bemidji and was a field round over a 2-day period. The last shoot, which was August in Duluth, was a 3d shoot, which was the last one that determined I was the grand champ!" (Minnesota awards the grand champion who has the highest accumulated points.) Kacey will be further recognized next April as there will be a banquet in Bemidji at the 2017 Indoor State Tournament that will recognize the 2016 Grand

Champions – men and women divisions both!
"I've met so many friends all over the state and country. It's like an archery family," she says proudly.
Kacey first got interested in bow hunting a few years ago. She says the rifle season is so short and shooting competitively never crossed her mind. She decided to join the TRF Archery Club and ended up meeting some great friends who got her interested in shooting at a competitive level during the off hunting season. Kacey says she enjoyed it so much and practiced A LOT, even putting a couple of arrows in her basement wall by accident! "The drive of wanting to get better and have perfect scores turned it into wanting to compete," she stated.
The desire to compete has even led her to a couple of national competitions in Las Vegas and Des Moines, but mainly she competes against adult women, sometimes men, within the state of Minnesota. Her archery skills have landed her numerous medals and plaques that make for a nice display on a wall in her home.
In addition to perfecting her archery competitively, Kacey also enjoys bow hunting, saying, "Every animal I take with a bow is a trophy to me, but my 290 pound chocolate bear is my most prized." That chocolate bear rug also hangs on the award wall mentioned above. Kacey is currently on the hunt for another bear this season, and looks forward to taking her bow out with her when deer season rolls around, as well.
Between her exciting archery hobby, and her full-time job at Digi-Key, Kacey still finds time to manage an in-home cake

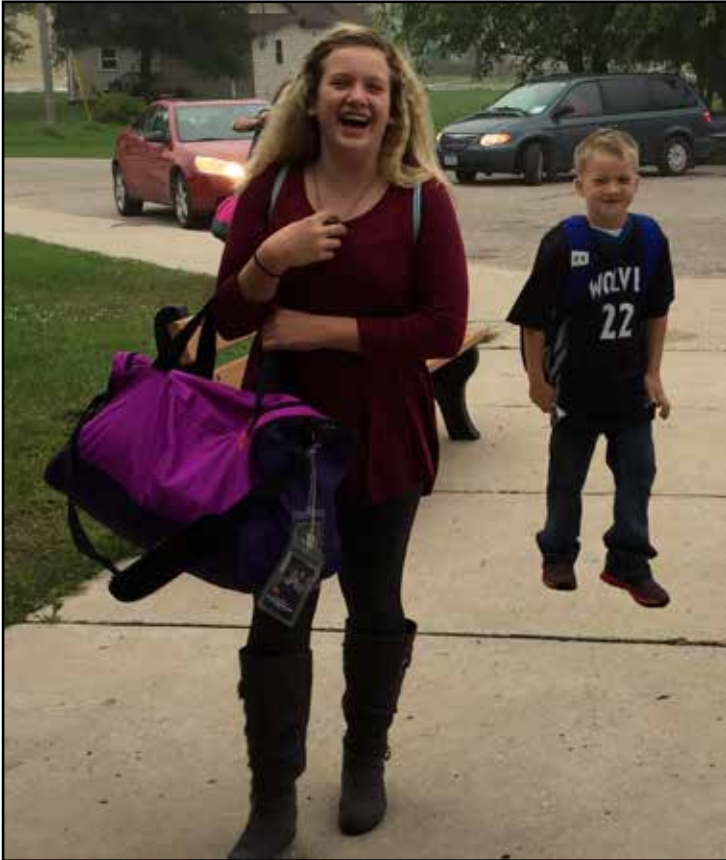
business. Perhaps you've heard of Kacey's Cakes!? If not, where have you been hiding!? They are all the rage with locals as Kacey's Cakes not only taste delicious, they truly look one-of-a-kind.
Her almost full-time wedding cake and cupcake business is booming. Kacey has always loved to bake cakes for birthdays since she was old enough to work an oven. "It really all began when a friend of mine got married, and for some reason, I volunteered to make the cake! It turned out pretty good for my first one and then, by word of mouth, Kacey's cakes started growing!" When asked where she draws her inspiration and ideas from, Kacey offers that she's always loved art and painting, which a lot of that passion comes out in her cakes. Making cakes for mainly weddings and birthdays, a lot of people have suggested she open her own shop. Kacey laughs, "Right now, I have no plans to do that. I like to make my own hours, go hunting, help my dad in the field and work from home with my cake business. I like to have time off to enjoy doing my other hobbies, too!
Wait, she has MORE hobbies!? Where does she find the time? Like mentioned, Kacey Stromlund is getting things done – no doubt about it!
Customers looking to place an order for a custom cake, can check out Kacey's Cakes on Facebook, where many pictures await for you to be amazed at. You can also call Kacey at 218-689-6725 to place an order.
Lastly, we just had to ask her, "Highest number of cupcakes you've ever made?" To which Kacey replied, "700.....700 cupcakes and 2 cakes...it was stressful!"



Bow hunting, competing in archery shoots and baking cupcakes top the list of Kacey Stromlund's hobbies! She was recently named the MSAA Grand Champion!



Back to school!



SCHOOL IS BACK IN SESSION
Who looks more excited to be walking back into school? Hailey or her brother, Landon? (Hailey and Landon are the children of Gavin and Tera Nordby, Grygla.)

Grygla Centennial Sand Volleyball Tournament

There will be a Sand Volleyball Tournament coming up on Sunday, September 25th, beginning at 12pm. Pre-register by 12pm Sunday, September 18th, with Jodi Schulz or Tonia Haack at 218-294-6101. The pre-registration fee is \$50 or \$60 for those who register the day of the tournament.
The event will begin at 12pm with registration beginning at 11am. Minimum of 4 players per team, max of 8. There is a minimum of 5 teams needed in order to hold this fundraising event. Players must be 15 years of age or older. Cash prizes will be determined based on number of teams that participate!
Pre-register with Jodi or Tonia today and support the 2017 Grygla Centennial!

'Walk and Bike to School' day



Next Thursday, September 15th, is 'Walk and Bike to School' day in Grygla!
Encourage your kids to walk or bike to school and try out the new sidewalks; walking and biking to school can be safe and fun! Out of town bus routes will be dropping off students in the Yo-Hawn's parking lot that morning and volunteers will be there to walk with students to school. Please call the school office if you do not want your child to participate. All participants will get a prize and healthy treat when they arrive at school!

Cash Calendar winners

The Grygla Centennial Committee is holding a Cash Calendar drawing for the months of August, September and October of 2016; all 400 calendars have already been sold.
The winners will be posted on the Facebook Centennial Page weekly, as to who won for those days, and will also be announced in the Grygla Eagle. All winners will be sent a check by the Grygla Centennial Committee.
The winners for this week are:
September 5th \$125 – Jamie Aune, Grygla
September 8th \$50 – Lynn Anderson, Grygla

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir, 8pm Interfaith Bible Study
Sunday:
Grace: 9am Worship w/ 10:15am SS
OS: 10:30am Worship w/ 9:30am SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Savior's - Thief Lake
Pastor TBA
Sunday:
UL: 9am Worship
OS: 11am Worship
OS Rally Sunday

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith Interim Pastor Phil Johnson
Wednesday:
Faith WELCA mtg 6:30pm; 9th grade confirmation mtg at Faith 7pm
Sunday:
Rally Sunday Parish Worship Services at 10:30am Ekelund. First day of Sunday School w/ lunch and carnival to follow

THE CATHOLIC COMMUNITIES OF St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Adam Hamness
Sunday:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship.

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
8am Worship

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseeth
Wednesday:
Wednesday School/Confirmation 5-7pm
Saturday:
Mt. Olive: 9am Worship w/ 10:15am SS
Sunday:
St. Petri: 8am Worship w/ 9:15am SS
Oak Park: 9:45am Worship (Dinner to follow) w/ 8:30am SS
Nazareth: 11am Worship w/ 9:45am SS

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

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A Bridal Shower will be held for Heather Klamar (Bride-to-be of Drew Monson)
Sun., September 11th at 2:00 pm
Grace Lutheran Church
All friends and family are invited!
Bring your favorite recipe to share with Heather

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Results from last week's StatePoint crossword puzzle.



Klamar/Monson Engagement Announced

Darwin Klamar, Gatzke, and Joan Klamar, Thief River Falls, are pleased to announce the engagement of their daughter, Heather Marie Klamar, to Drew Bradley Monson, son of Brad & Kristy Monson, Grygla. Heather is a 2011 graduate of Grygla High School and a 2016 graduate of NCTC, East Grand Forks with a registered nursing degree. She is employed by Sanford Health,

Thief River Falls. Drew is a 2012 graduate of Grygla High School and a 2016 graduate of UND with a Bachelor of Science degree in Industrial Technology. He is employed by Arctic Cat, Thief River Falls. The couple will be married October 1st at Grace Lutheran Church in Grygla and will reside in Thief River Falls.

School Lunch Menus

Grygla School
Wednesday, September 7: Cheese Pizza, Oranges, Tossed Salad, Green Beans
Thursday, September 8: Hamburger on a Bun, Broccoli, French Fries, Applesauce
Friday, September 9: Italian Spaghetti, Green Beans, Pears, Garlic Toast
Monday, September 12: Italian Hoagie, Baked Beans, Carrots, Pears, Applesauce
Tuesday, September 13: Chicken in Gravy, Potatoes, Bread, Corn, Fresh Fruit
Wednesday, September 14: Chicken Fajita on a Tortilla Shell, Lettuce, Cheese, Broccoli, Mandarin Oranges, Peaches

Goodridge School
Wednesday, September 7: Pepperoni Pizza, Tossed Salad, Carrots and Celery Sticks, Pears
Thursday, September 8: Corn Dogs, Baked Beans, Pineapple Tidbits
Friday, September 9: Chicken Patty on a Bun w/ Lettuce and Mayo, California Blend Veggies, Mixed Fruit
Monday, September 12: Taco's with Lettuce and Cheese, Green Beans, Applesauce
Tuesday, September 13: Chicken Nuggets w/ Assorted Sauces, Broccoli w/ Cheese, Peaches and Pears

HOUSING SPECIALIST

Applications are now being accepted for a Housing Specialist. The successful applicant will possess a solid knowledge of housing construction through education and/or experience. Must be willing to train towards an energy auditor certification, be willing to work closely with contractors on housing and commercial rehab projects, and possess the ability to use technology. Position will be responsible for performing energy audits, prepare bid specifications, and assist in awarding contracts. Must possess a valid driver's license and be willing to travel throughout our four county service area. This is a full time position with a competitive benefit package and a friendly work environment.

Interested candidates please send resume and cover letter to:

Northwest Community Action, Inc
ATTN: Randy Nordin
PO Box 67
Badger, MN 56714
Fax: 218-528-3259
Email: ranordin@nwcaa.org

G23-24C

FAMILY SERVICES/COUNSELOR

Northwest Community Action, Inc. is seeking a highly motivated candidate to fill our Family Services/Counselor position. The successful candidate will provide community based services in our service area. This will include case management duties such as; assisting individuals and families in assessing their needs, utilizing available resources, and setting goals of improving self-sufficiency. Must possess excellent written and verbal communication, along with customer service skills. This is a full time position with competitive benefits and a compassionate/flexible work environment. The position will be open until filled.

Interested candidates please send resume and cover letter to:

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G23-24C

THIEF RIVER FALLS RADIO
KTRF AM 1230 KKAQ AM 1460 KKDQ FM 99.3
CHARGERS FOOTBALL/VOLLEYBALL
FALL 2016 on TRF RADIO SPORTS
~ LISTEN LIVE ~
Monday, September 12th
Volleyball ... RLCC at GG on KKDQ

WIC Schedule

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of September 2016. Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. We are very interested in enrolling pregnant women in the program. We feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. We need no proof of pregnancy. All potential clients must contact the WIC Program to schedule an appointment. The following is the schedule of WIC Clinics for the month of September.
Wednesday, September 7:

Warroad, Community Center
Thursday, September 8: Red Lake Falls, Community Center
Monday-Friday, September 12-16: Thief River Falls, Redeemer Lutheran Church
Monday, September 19: Warren, Evangelical Covenant Church
Tuesday, September 20: Karlstad, First Lutheran Church
Wednesday-Thursday, September 21-22: Roseau, LifeCare Medical Center Basement Auxiliary Room
For further information, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.



Grygla School Board members Jimmy Verbout and Jeremy Rychlock cook out for families at the "Meet the Teacher" night just prior to school starting!

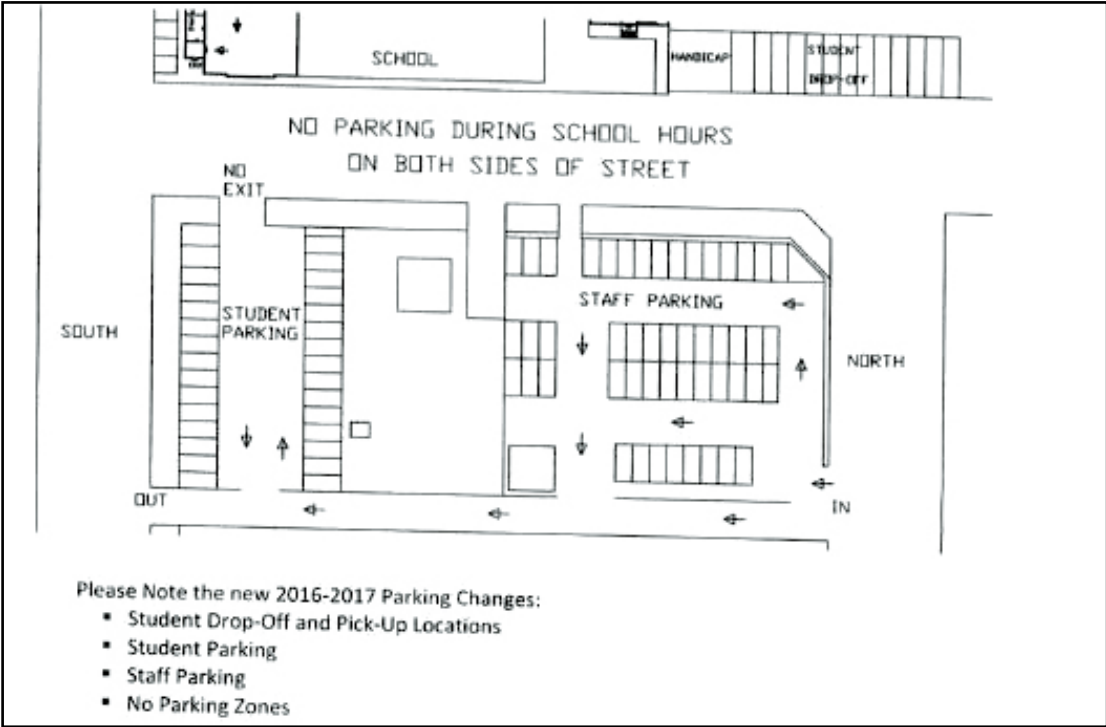


Labor Day In The United States

The first Labor Day Parade occurred in New York City in 1882. In 1894, President Grover Cleveland designated the first Monday in September as Labor Day to honor the hard-working men and women of America.

The United States is still a land of freedom and opportunity. In our country, a person can start out poor, work hard and become successful.

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A notice from the Goodridge School....please take notice of the new parking lot changes at the Goodridge School. A lot of hard work has went into creating a safe drop-off and pick-up zone for the students and you are asked to follow this new map beginning the first day of school. Any questions can be direction to Goodridge School.

Join in the Fun - Band Ducks at Agassiz National Wildlife Refuge

Mark your calendars for an evening of duck banding this Saturday, September 10th, 5:30pm at Agassiz National Wildlife Refuge. All ages are welcome to join in the fun and 'ruffle some feathers'. Meet at the Refuge headquarters at 5:30pm. No pre-registration is required and the event is free to the public.

Banding ducks is a "hands on" experience, and can be a little messy so you'll want to dress sensibly. Old clothing or rain gear is recommended if you plan on handling the ducks. Those of you who would rather watch, bring your cameras to capture the experience.

First football games is a win for the Chargers

The first Charger's football game of the season resulted in a 46-8 win over Cass Lake-Bena! The game was held away on the Panther's field last Thursday, September 1st. Head Coach John Wilebski provided the Eagle with the following stats from the game:

Jaeden Kiesow 8 carries for 164 yards and 3 TD's; Blaine Kriel 8 carries for 45 yards; Dylan Manderud 2 carries 16

This annual event brings many 'repeat' banders and Refuge staff look forward to seeing you each year. Newcomers will have an opportunity to learn about the life history of several duck species, baiting, capture, and handling techniques, as well as sexing and aging techniques. We band predominantly mallards, with a few wood ducks, blue-winged teal, and northern pintails mixed in. Agassiz bands an average of 1,500 ducks per year.

More than one million birds are banded in North America every year. Banding provides valuable information on migration routes and breeding and

wintering areas of different bird species, as well as helping support hunting regulations development and detecting changes in bird populations. Secondly, the strong waterfowl contingent in northwestern Minnesota also recognizes harvested ducks sporting "jewelry" in the form of metal leg bands as special trophies.

Refuge Headquarters is located 11 miles east of Holt, Minnesota on Marshall County Road 7 (290th St. NE). If you need more information, please call the 218-449-4115, ext. 202 or dial 0 for operator assistance. Office hours are Mon-Fri 7:30am-4pm.

Upcoming games on the football schedule include September 6th JH/JV Jamboree in Newfolden and a home game on the field in Goodridge this Friday night, the 9th, against Win-E-Mac!

YARD OF THE WEEK



It's the FIRST time a place of business has been nominated for YOW, and it's the LAST "yard" to be featured for the season! Congratulations to Machinwell, Inc., Grygla, for being named the last 'Yard of the Week'. The business recently had some landscaping work done by Joe Riehl to improve its curb appeal. With the addition of new sidewalks, as part of the 'Safe Routes to School' grant, this rock garden gives the front entrance of Machinwell a definite warm welcome.

Thanks for all the nominations received this summer. It's been fun to visit your beautiful yards!



The Chargers host Win-E-Mac this Friday night at home in Goodridge! The game starts at 7pm with the team going in 1-0!



#34 Peyton Verbout with the touchdown against Cass Lake - Bena last Thursday evening!

Chargers VB is 1-1

Monday, August 29th, first volleyball game in Warren.

Ace Assists: Hannah Dietsch 24, Trystan Jelle 6

Kills: Karlee Johnson 9, Ashlyn Henrickson 8, Alaina Monson 7

Aces: Hannah Dietsch 2, Trystan Jelle 2, Ashlyn Henrickson 1

Digs: Kaity Olson 25

Blocks: Alaina Monson 1

Chargers lost in four games to WAO (23-25, 26-28, 25-20, 17-25)

Coaches Comments: We had a great couple of weeks of practice to prepare for the first match of the season. We fought a hard battle, we were back and forth in the first couple of sets, but Warren just beat us to it the first 2 games. The 3rd set was our best and we battled all the way to 25 and came out on top to get us to the 4th set. The 4th set we stayed positive, but just didn't have enough to beat them. Warren was a tall, tough team that fought a good fight! We will see them again on the 17th of September at a tournament in Warren!

Thursday, Sept 1st at

RLF

Chargers won in 4 games against RLF (23-25, 25-10, 25-10, 25-12)

Ace Assists: Hannah Dietsch 40, Trystan Jelle 7, Mercedes Coan 1

Kills: Ashlyn Henrickson 21, Brooke Anderson 14, Trystan Jelle 6, Alaina Monson 5, Maci Bakken 5

Aces: Maci Bakken 5, Ashlyn Henrickson 4, Brooke Anderson 2, Hannah Dietsch 1

Digs: Kaitlyn Olson 21, Hannah Dietsch 8

Coaches Comments: I'm so proud of the girls on how well they played tonight. They played with a lot of intensity and had so much fun helping me get my first win as a Varsity coach!

Upcoming games for the Charger's Volleyball team: Tuesday, September 6th at Warroad; C tournament in Hallock this Saturday, September 10th, at 10am, along with a Varsity tournament in Ada that same day beginning at 9am. Monday, September 12th, the team takes on RLCC at home in Goodridge.



Fall Fest Sand Volleyball Tournament

A Sand Volleyball tournament was organized and hosted by Jodi Schulz and Tonia Haack at this year's Fall Fest in Grygla. Taking home first place was MAXIMUM WILLPOWER! Back row, L-R: Brad Peterson, Jake Peterson, Blake Peterson. Front row, L-R: Kristi Wawrzyniak, Sarah Nelson and Laura Peterson. This team deserves a little recognition as they donated their winnings to the 2017 Grygla Centennial!

Coordinator, Jodi Schulz, says, "It was a quick tournament with only 4 teams, but we had perfect weather, and lots of fun and laughter. We hope the numbers increase next year, but look forward to another sand volleyball tournament on September 25th!" (See front page for details!)



Taking home 2nd place was L-R: Leah Schulz, Ashley Schulz, Whitney Schulz, Kinzie Magner, Nora Heilman and Ethan Schulz.



Placing 3rd in the Sand VB tourney was a team out of Roseau - Jimmy Whitlow's team!



Coming in 4th place was back row, L-R: Gretchen Smeby, Kristine Dougherty, Tonia Haack, Jaclyn Moe. Front row, L-R: Kate Moll, Amy Holte and Jenny Jacobson.



Grygla Fall Festival Horseshoe Tournament winners Left - Right: The annual Horseshoe tournament was held over Fall Fest weekend, Sunday, August 28th. Taking 1st place was Lynn Anderson and Steve Saurdiff. Taking home the 3rd place trophy was Roy Sundsdahl and Zack Foster.