



				
Today	Thurs	Fri	Sat	Sun
Mostly Cloudy	Scatt Tstorms	Showers	Mostly Sunny	Mostly Sunny
H 74 L 57	H 76 L 56	H 73 L 54	H 75 L 57	H 76 L 61

Wednesday, July 6, 2016

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Vol. 43 Number 1

A look at next week... 'Drift North' with Allison Kangas - Intern Carlye Kiesow reports!

PHRplus puts YOU in control of your personal health information

The newest advance in patient care



Written by: Kari Sundberg, Eagle Editor

Kyle Anderson was working in a hospital down in Phoenix, Arizona, when the thought of his new business venture first popped into his mind. "It was 2013 at that time and we'd have a lot of snow birds come into the emergency department. It was a huge labor process for us to get their medical records from their home state; some also can't remember certain medical conditions or medications. These patients would be in there for hours longer than they needed to while we'd run the necessary tests to try and put the pieces of the puzzle together," Kyle said. "There is this problem with people not being able to exchange their info and get access to it. It's so complicated and convoluted; I just took everything I was interested in and came up with an idea," he added.

In 2014, Kyle incorporated his interests – medical, technology, business – and explored all the necessary avenues needed to pursue this new business endeavor. His idea turned into a product called PHRplus, and it's set to launch later this summer!

PHRplus is an acronym for Personal Health Record. It's a software that stores a patient's medical information and can be linked to electronic devices such as Fitbits, iHealth, BMI readers and weight scales, to name a few. In the area of sharing and storing patient's health records, medical facilities don't necessarily excel in that aspect; this software will fix that, helping patients get their medical information to the necessary places. "It's one place for all of your health and medical information, and it's available for you to share with anyone on your care team," explained Kyle.

The way the smart card will work is an EMT or doctor will scan the cards barcode,

there will be a website with a PIN number, and all of the patient's medical information will be right there.

Graduating from Grygla High School in 2005, Kyle is the son of Lyle and Joni Anderson. He attended college at UND, University of Minnesota Crookston and also NDSU, where he graduated with a degree in Applied Economics, focusing on agriculture, also having took premed science classes. In 2010, he started his first business in Grygla with his brother-in-law, Andy Oslund, called Pioneer Seed. In addition to that, he was also working with his dad on their farm.

Always having an interest in the medical field, Kyle started taking premed classes in 2011, trying to improve his application for medical school. He made the decision to leave Pioneer Seed and the farm and that decision led him to Phoenix. Kyle's wife, Meagen, had gotten into PA school so that's when the family made their move to Arizona. The couple has two daughters, Mya (13) and Eva (12).

Currently based out of Phoenix, Kyle created his new company by enlisting the help of other professionals. He met Mark Conner and Michael O'Connor through his attorney, who was advising him on the new business. Conner has been in the business of Healthcare IT for 30 years; O'Connor has a background in developing large scale technology products as a Principal Group Program Manager for Microsoft. The team also welcomed Matt Anderson, a doctor who recently came on board as their Chief Medical Officer. "Dr. Anderson's responsibilities include coaching and providing recommendations that are relevant to a specific patient's conditions," says Kyle. The doctor currently works at HonorHealth in the Phoenix area, which is the healthcare system PHRplus will be partnering with. "We're looking to partner with them, along with other hospitals in the valley, and grow from there," states Kyle.

Trying to start a pilot program with large health systems, the group is also looking at partnering with Blue Cross Blue Shield, with the hopes of

getting the software incorporated into patients' insurance cards so medical records, along with insurance info, can easily be scanned and accessed all in one place.

Also some exciting news for the modernistic company, PHRplus was recently named as one of the top 50 in the Interface Health Challenge! The challenge is to find the best digital health startups, worldwide. PHRplus entered the competition and was selected as one of the top 50. Judges are currently voting to select the top 10, which each of those 10 winners would get to go to Vancouver and present at a conference. All of the winners get cash prizes, media and PR, but the top winner gets \$40,000 and really great connections to put towards their new start-ups. (Good luck to PHRplus and we'll keep you updated on that!)

As previously mentioned, the PHRplus smart card isn't out to market quite yet, but anyone can sign up for early access at www.phrplus.com. The product will be released later this summer through a Kickstarter campaign, which Kyle explains as a launching point for starter companies. At the point of release, any can buy the product online or get it from their health insurance provider. Interested persons can sign up now online for early perks, including two months free premium software.

Of his new endeavor, Kyle says, "The real benefit to most people is that you never have to worry that you or your loved one can't communicate your information to a doctor. You're reducing the risk for medical errors and also improving the care that you're receiving. It's empowering patients to be on the same page."



Kyle Anderson, CEO, PHRplus



4th of July in days gone by

Written by: Joy Nordby

A century ago, the 4th of July holiday seemed to have a deep meaning for the settlers in this area, especially to recent immigrants. Families who had come to the United States with no money in their pockets, homesteaded on free land, and helped develop towns, businesses and township governments, were proud to celebrate their independence.

Around the turn of the 20th century, 4th of July celebrations were held in every town site. Even with limited resources, early settlers found a way to decorate everything in red, white and blue. Then, the Independence Day holiday wasn't about getting a day off from work to go to a lake or attend a music concert; it was about celebrating freedom in a free country. In towns as small as Grygla, Gatzke, Fourn town and Skime, all the residents joined in celebrating the big event. Programs were given that included at least one political speech. Parades were held, races, games and dances were held, and good food and drinks were shared at a picnic style potluck. It wasn't a money-making event for anyone; it was simply a time to get together with friends and neighbors to celebrate their American Heritage. Flags were flying everywhere.

Photo: A photo from the 1992 Grygla History book shows a 4th of July parade held in 1920. The photographer, a Mr. Moses, must have taken the photo from a ladder or roof top, as it shows the entire parade on State Street (Highway 89) about two blocks long. My grandfather, Melvin Sorenson, is leading the parade on his horse. He earned the honor of leading the parade by winning a horse race held that morning in one of the first events of the celebration. My Sorenson grandparents came to Grygla from Montana in 1917 with four small children, one of whom was my mother, Myra, then 3 years old. Grandpa was known at first as "the cowboy". They traded horses for cattle and settled on a grain and livestock farm in Espelie Township.

Behind grandpa in the photo are soldiers from World War I; behind them is the Grygla marching band, followed by the Royal Neighbors of America. The parade is moving from west to east, past the Co-op Store, which was in the same place then as it is now.

Stories and photos about early pioneer days will all be included in the new Grygla History book which will be available for the 2017 centennial.

"Old Time" Skime School & Community Picnic

Come on out to the Golden Valley Town Hall, which is the former Skime School, on Saturday, July 23rd, from 11am-5pm. You don't have to be an alumni to attend; come and visit with folks from the surrounding communities and see the new renovations on site. Enjoy some live music and great food while you're there, too!

Roland and Jo Anne Anderson live next door to the former school, which closed 50 years ago in May. (Students were then sent to either Grygla or Roseau.) They have recently completed a big project; the Andersons gave the former school a facelift! With all the paint and supplies being donated by Golden Valley Township, Roland and Jo Anne did all of the painting and staining in and around the building themselves. The original student and teacher desks were still inside of the building, which held township meetings until the 1990's. Roland and Jo Anne cleaned up the inside of the school and received pictures and maps, and also a globe, from two former teachers of the school – Mrs. Pat Westman and Mrs. Vivian Eggen, both of whom will be at the picnic on Saturday, July 23rd.

Rain or shine, the picnic will go on as the Wannaska Lions have donated their big tent for use that day. There is sure to be something for everyone at the community picnic; a BBQ fundraiser (please bring your favorite potluck dish to share). There will also be live music by local entertainers, fun and games with prizes and a lot of reminiscing.

Come out for an afternoon of fun – just remember to pack your lawn chair!

*Check out the Golden Valley Town Hall Facebook page for lots of neat photos of the old school! Information about the picnic, along with more renovation photos are featured on the page!



Before & after - work done by Roland & Jo Anne.



YARD OF THE WEEK

Congratulations to Gary Anderson & Anne McCabe, 32555 370th Ave NE, rural Grygla, for being named 'Yard of the Week'! When driving by this meticulous yard, you can't help but notice all of the attractive and mature trees. Since 1981, 1800 trees have been planted around the farm, including this recently planted Variegated Norway Maple, pictured below! Gary and Anne put a lot of time and care into their yard, which makes them worthy of this honor.



CHURCH CALENDARS

Grygla Lutheran Parish
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir, 8pm Interfaith Bible Study
Sunday:
9am Worship at Grace; 10:30am Worship at OS

Gatzke-Thief Lake Lutheran Parish
United - Gatzke; Our Savior's - Thief Lake
Pastor TBA
Wednesday night services will be held at United at 7pm and Our Savior's at 7:30pm for the month of July.

Goodridge Area Lutheran Parish, Elca
Bethany, Ekelund, Faith Interim Pastor Phil Johnson
Sunday:
Ekelund: 8:30am Worship
Faith: 9:45am Worship
Bethany: 11am Worship

The Catholic Communities of St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Adam Hamness
Sunday:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship.

Bethesda Lutheran Church Skime
Pastor Steve Bliss
Sunday:
8am Worship

Community Bible Church
Christian & Missionary Alliance of Grygla
Pastor TBA
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

Clearwater Lutheran Parish
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseeth
Saturday:
Mt. Olive 9am Worship
Sunday:
St. Petri: 8am Worship
Nazareth: 9:45am Worship
Oak Park: 11am Worship

Liberty Chapel Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.



Community Calendar

To place your events on the calendar, call 218-294-6220 or email grygla.eagle@gmail.com

Wed | July 6
Chargers Youth Baseball game in Karlstad at 9am (bus leaves Grygla at 7:45am); Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm

Thurs | July 7
Chargers All-Star Game TBD; Grygla Eagle office open 3-6pm

Fri | July 8
Footcare Clinic at Grace Lutheran Church 9am; Chargers Youth Baseball game in Grygla vs. Middle River at 9am; Senior Meals at Grain Bin Café 11am

Sat | July 9
Northwood Church Picnic 11am

Sun | July 10
Motel 89 Grand Opening 10am-2pm; Open Sand Volleyball 6-8pm

Mon | July 11
Chargers Youth Baseball game in Grygla vs. Newfolden at 9am; Senior Meals at Grain Bin Café 11am; Grygla City Council Meeting at Civic Building 7pm

Tues | July 12
Grygla Eagle office open 3-6pm; Summer League Basketball 6:15pm; Grande Corner Softball 6:30pm

OPEN HOUSE
Motel 89 Grand Opening
Sunday, July 10th from 10am-2pm
A lot of changes have been made to Motel 89!
You're invited to come and check out all the rooms on the east side of the building, along with the main reception area!
Everyone who comes through can sign up for door prizes and enjoy coffee, juice and goodies and visit with owners, Shawn & Stacie Meyer.
See you at the Grand Opening of Motel 89!

Recipes, old and new, needed for the Grygla Centennial Cookbook

The Grygla area church women's groups are working together to create a custom cookbook featuring old proven recipes, along with new recipes, for the Grygla Centennial Celebration, which will be held in August 2017. These cookbooks will be professionally published and are sure to be a treasured keepsake for all. Money raised will be donated to the Grygla Centennial Committee.
Please submit 5-7 of your favorite recipes, or those of your ancestors, to be represented in this cookbook. Many recipes from all residents will ensure that this cookbook is a success.
For your convenience, you have the option of entering your recipes online or completing a 'Recipe Collection Sheet'.
The group is anticipating a great demand for this cookbook and want to be certain to order enough. To reserve your copy please email Laurie Polansky at laurie.polansky@asbgrygla.com, or send a request to her at PO Box 78, Grygla, MN 56727. You can also call 218-294-6111.
The expected cost of the cookbooks will be \$20-\$25 per book depending on the quantity ordered and how many recipes are published.
Recipes need to be collected by October 15th, 2016 so publishing deadlines can be met.
To submit recipes online, go to:
- www.typensave.com and click "login"
- Enter the user name: Grygla
- Enter the password: granola657 and click 'submit'
- Enter your name and click 'continue'
- Review 'Recipe Writing Tips'
- Click 'Add Recipes' to begin adding your recipes
To submit recipes by hardcopy, please see contact information above.

Crossword puzzle grid with words: ISAAC, NORMA, KNEED, GANDHI, DIE, CODA, RAW, ED DO, ORDEAL, EDAM, GUST, DELTA, IDLE, ESSAY, EBON, CLERK, TACO, DONG, HEREON, CHUM, WEE, WICK, VIA, BEETLE, TENDER, CARGO, LAY, IDIOT, ARROW, LAP, NERVE, MESS, OHO, GREEN

Results from last week's Statepoint crossword puzzle.

A note from Pastor Vicki

"No one who puts a hand to the plow and looks back is fit for the kingdom of God."
- Luke 9
I loved and still love the "Little House on the Prairie" series. Those stories, though set in time long ago, still have life lessons for any generation...lessons in hard work, simple play, and relationships. I remember one story in which the good doctor had lost a patient and could not face his practice one more day. He hired another doctor and took up farming. One day as Mary and Laura were passing by, they heard the struggles of their former doctor trying to plow his land. It was a mess! Furrows weren't straight, and the horse was agitated because Dr. Baker was agitated. Mary calmly took the reins of the horse and plowed a straight furrow.
What does Luke mean when he says, "No one who puts a hand to the plow and looks back is fit for the kingdom of God?" Is it about a commitment to following Jesus and then something causes us to look back and question everything about that commitment and then learning that God loves us even when we look back? Whew! Talk about complicated!
An old farmer was asked the meaning of that passage, and he explained it this way. "When I start plowing a row in my field, I pick out an object in the distance. As I keep plowing, I keep focusing on that object so I don't lose track of it. When I reach the end of the row, I know it was plowed straight."
In other words: stay focused on where you are heading until you reach that goal.
On the other hand, we're talking about Jesus, and he simply doesn't stand still. He keeps moving, this way and that, and following him can be a real challenge and keeping a straight line...well, not so much.
What to do? Focus...focus...focus. It's hard to keep looking forward when we realize what we've left behind, and that could scare us into losing sight of this Savior who keeps moving this way and that. Jesus takes us into places we would never expect, and he seems to go so fast. But when we trust him to lead the way and keep our eyes on him, we are led into a kingdom that is, well...breathtaking!
Blessings on your summer! Pastor Vicki Saude-Worthington
Grace Lutheran Church, Grygla

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Northwood Church picnic

The Northwood Church is having its annual picnic this Saturday, July 9th. The picnic will carry on its yearly tradition with holding a program at 11am with a potluck lunch to follow at 12pm. The program includes special music by Lois & Lois. Everyone is welcome and invited to attend the picnic. The Northwood Church is located 10 miles north of Grygla and 3 miles east at 44796 Moose River Rd NW.

Motel 89 to hold open house this Sunday

A lot of changes have been made to Motel 89 by owners Shawn and Stacie Meyer! An open house will be held this Sunday, July 10th, from 10am-2pm. You're invited to attend and check out all the rooms

Summer League Standings

	W	L
Gray	5	1
Red	4	2
Green (tie 1)	3	2
Purple	3	3
Blue (tie 1)	2	3
Orange	0	6
Results		
Green 60		
Brady Olson 23		
Hunter McMillin 16		
Carter Burks 13		
Orange 38		
Peyton Verbout 11		
Zach Dunrud 10		
Red 62		
Blaine Kriel 25		
Tyler Stinar 13		
Gray 41		
David Hanson 10		
Gray 78		
David Hanson 20		
Jeremy Wiskow 15		
Mike Jelen 14		
Orange 61		
Zach Dunrud 14		
Ben Groven 13		
Trystan Jelle 11		
Ashley Moe 11		
Purple 67		
Steven Hanson 19		
Brandon Bakken 18		
Dayle Larson 12		
Michael Lawrence 11		
Blue 55		
Austin Brateng 21		
Ty Jelle 12		
Green 52		
Brady Olson 25		
Hunter McMillin 10		
Blue 52		
Charlie Wells 10		
Brandon Stanley 10		
Red 61		
Tyler Stinar 14		
Blaine Kriel 11		
Purple 64		
Dayle Larson 24		
Michael Lawrence 12		
Brandon Bakken 11		
Steven Hanson 10		

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Mail to: Veterans Memorial PO Box 45 Grygla, MN 56727
Thank you for your support!
For order forms, call 294-6433 294-6441 294-6053 378-4274 459-3436
FOR GOD AND COUNTRY

RUMMAGE SALE
July 9th 9am to 2pm
United Lutheran Church
Ladies Aid will have food for sale also
Donuts for Breakfast and BBQs for Lunch
All proceeds will go to the People affected by the Fires in Canada.
If you have anything you would like to donate you can drop off in the church basement.

Footcare Clinic
There will be a Footcare Clinic by North Valley Public Health at Grace Lutheran Church in Grygla on Friday, July 8th starting at 9am.

Reminder

Just a friendly reminder to city residents - please don't blow grass out into the city streets; grass cuttings plug up the storm sewers.

Chargers youth baseball dates

Thursday, July 7th: All-Star game TBD
Friday, July 8th: In Grygla vs. Middle River 9am
Monday, July 11th: In Grygla vs. Newfolden 9am
Wednesday, July 13th: In Warren at 9am, bus leaves Grygla at 7:30 and Goodridge at 8am.
Friday, July 15th: In Argyle at 9am, bus leaves Goodridge at 7:15am and Grygla at 7:45.
Monday, July 18th: PeeWee Tournament at 9am, location TBD
Tuesday, July 19th: Midget Tournament at 9am, location TBD
Thursday, July 21st: Small Fry Tournament at 9am, location TBD

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► EXTENSION NEWS

By: James Stordahl

Early Retirement and Virginia Creepers

I should begin by saying that there is no scientific relationship between an early retirement and Virginia Creepers. It's simply that these two subjects collided on my last day at work and I thought it would make an inviting title. Here's how the story unfolds.

On my last day of work, I was contacted by a wonderful family on a farm just east of Fosston to identify a strange, climbing plant. Whenever I hear "climbing plants", I typically think of wild cucumber, which fits the description and is very common in our area. But after an invigorating hike though a wheat field and along a wooded fence line, I found the rather formidable climbing plant trying to overtake a mature oak tree. This clearly was not your average wild cucumber.

Near the ground was a huge mass of leaves, branches and tendrils several feet thick that may have supported the weight of your average Extension Educator. Since I didn't know the average weight of an EE, I chose not to test it. But this tangled mass of vegetation on the ground spiraled upward throughout the tree reaching upwards of 30 feet.

My second thought was that it looked like wild grape. We have wild grape on our wooded fence line, but not this large, plus the leaves looked different. After some quick searching on my smart phone, I found the answer...The Virginia creeper.

Although the name sounds like the title of a low budget horror movie, the name simply refers to one of its native locations. Other plant folks also know it as "woodbine". The plant is a prolific climber often reaching heights of 50 feet and more when allowed to grow in the wild. It is often used as an ornamental plant where it's able to climb smooth surfaces using small forked tendrils tipped with small strongly adhesive pads enabling it to rapidly cover walls and buildings. When used on buildings, the added plus is the deep red to burgundy fall colors.

Virginia creeper produces small and greenish flowers clusters in late spring that look a bit like grape clusters. These mature in the early fall into small hard purplish-black berries. These berries contain oxalic acid, which is moderately toxic to humans and other mammals, but provides an important winter food source for birds.

Is a weed? Well, that all

depends on one's perspective. The climbing nature of the plant can damage host trees so there is some risk. On the other hand, it's an attractive plant with colorful fall foliage that provides winter food for birds, so each growing location really needs to be assessed for the advantages and balanced with the risk to the host plant. And now the rest of the story...

Retirement plans
I am taking an early retirement. Considering calendars and birthdays, I'm technically not old enough to retire, but given my years of service, coupled with my age, I'm eligible. The driving force in this decision was an upcoming change in funding. Over the past several years, a portion of my time had been provided by a grant, which ended in June. With that change, I would drop to 60% time (I've been at 80% for many years) which would drastically change my insurance and benefits now, but even worse, would affect those ever important essentials of life into retirement. Our benefits person suggested I consider retiring now thus locking in those important insurance issues, and consider coming back on a part time basis. So that's the plan.

On June 30th, I retired from the University, but if the powers-that-be are able to put all the pieces in the puzzle, I hope to return later this summer on a part-time basis. The University requires me to take at least a month off before returning so the earliest would be August. Actually, a month off will be nice.

In the meantime, my friend and former coworker, Ray Bisek, will be filling in until a permanent Educator can be hired. Ray spent most of his career in Mahnomen County and over the next several weeks will spend time in both offices (Bagley and McIntosh) and will provide future articles.

So for now, I hope you've enjoyed these articles over the past 20 years and have found them to be useful for things other than lining the birdcage -- although, that's not a totally unworthy use as well. It's my hope that the Counties are able to hire a young person to do the heavy lifting, while I help on a part-time basis with the myriad of questions and problems brought to our offices -- as well as all of the educational events we provide throughout the year. So for now, farewell!For more information on these and other subjects, contact Ray at 800-450-2465 or bisek001@umn.edu

► CARLYE'S COUNTRY CUISINE

Written by: Carlye Kiesow, Eagle Intern

Crowd-Pleasing Taco Salad

Looking for an easier alternative to a giant taco meal that takes a long time to prepare? Well look no further. This is super easy to make and tastes amazing, if I do say so myself. You can alter the recipe so it doesn't make quite as much as the serving size describes it as. You will easily be able to whip this up for supper in no time. You can also not add or add more of certain ingredients. Like for example, I am not a big fan of olives. So I just skipped that step and went on to the next one. This is a nice salad with good flavoring and a nice crunch to it. I happen to love this and hope you do, too. This recipe does contain a lot of spices you don't necessarily have to add, but I highly sug-

gest you do to maximize flavor. This isn't the type of salad to make the day before and throw it in the fridge. The corn chips will get very soggy and unappetizing. If you need to make it the day before, wait to add the corn chips until you are ready to serve it.

- Ingredients**
1 pound Ground Beef
½ Cup Ketchup
1 teaspoon dried Oregano
1 teaspoon chili powder
½ teaspoon salt
½ teaspoon pepper
1 medium head iceberg lettuce, torn
2 medium tomatoes, diced
1 cup shredded mexican cheese blend
1 can sliced ripe olives, drained
½ cup mayonnaise
¼ cup taco sauce
1 package corn chips



On Wednesday, June 29th, the Chargers youth baseball team traveled to Greenbush. Pictured above is Tucker Verbout at the pitcher's mound. #11 Justin Thompson at 1st base.

Grygla Garden Club hosts a fairy garden workshop



Photos by Carlye Kiesow, Eagle Intern

(Left) The Grygla Garden Club hosted a fairy garden workshop last Wednesday, June 29th, where they took time to show attendees how to create little fairy houses and gardens! Pictured above is Ava Sorvig and her mom, Amy, working on making a fairy garden. (Right) A fairy garden pot can be as simple or as detailed as you'd like; here is a simple completed pot with a variety of succulents. Garden Club members provided little plants and small figurines and left the rest up to each individual.



(Left) Kinsley Oslund attended the fairy garden workshop last week. You can see at the end of her little garden path sits a gnome! (Pictured right) Garden Club members, Lisa Newton, Cheryl Sistad and Donna Lian watch Janessa Torgerson (and her grandma, Linda) design a whimsical creation!



Directions
1. In a large saucepan, cook beef over medium heat until no longer pink, drain. Stir in ketchup, oregano, chili powder, salt, and pepper. Bring to a boil. Reduce heat, cover and simmer for 10 minutes.
2. In a large bowl, combine lettuce, tomatoes, cheese, olives, and beef mixture. Combine mayo and taco sauce, pour over salad and toss to coat. Sprinkle with corn chips. Serve immediately.



► DIY

Submitted by Carlye Kiesow, Eagle Intern

Toilet Paper Roll Wall Art
Not going to lie - the title of this week's DIY sounds a little odd. But trust me, these are fun and super cute projects that are sure to keep someone busy. It is more of wall art than anything and I know how that sounds, toilet papers rolls as wall art? Totally strange. But trust me, you can make them look amazing with patience and a little bit of paint.

You can make this as big or as little as you want, it is totally personal preference. For this DIY it is a little more me giving you an idea and having you change it and make it your own.

For the toilet roll wall art, you will need toilet paper rolls, spray paint (color of your choosing), hot glue gun, a shadowbox frame, and some type of card-



The Grygla Garden Club takes care of numerous flower pots/gardens around town. They have recently been putting together chair planters, like the one pictured, that are for sale. The planters come in multiple colors with a variety of flowers planted inside. If you are interested in purchasing a chair planter, you can get into contact with Joni Anderson.

stock or heavy weight backing. The number of toilet paper rolls depends on the size and shape you want your wall art to be.

Step number 1 of this project is to spray paint all your rolls the color of your choice. You should be thinking of a general design of how you would like the art to look. You can draw up a quick sketch, follow a picture, or just make a design as you go.

After you finish painting the rolls, make sure you give them an adequate amount of time to fully dry before going onto the next step.

The next step is to cut every roll the same width so they are equal little painted rings. After you finish cutting the rolls you can spray paint the top (you just cut) to ensure they are all the same color without any brown peeking through. You don't have to repaint the tops,

but I recommend it for a more finished look.

You, next, take your piece of backing and cut it to the size of the frame, ensuring a good fit. The cut pieces of roll will kind of bend in an oval type shape; I find bending them all to the same shape makes the piece look uniform and overall just better. You can lay out your pieces on the backing or just start hot gluing them and making the design as you go.

When you are satisfied with the placement and gluing of the pieces just put the backing into the frame and hang onto the wall. You can get very creative with this project and cut the roll into certain shapes and different sizes for a cool dimensional look. Also playing with different colors will really make this piece stand out in a good way.

Fun at the Marshall County Fair

The Marshall County Fair will be held July 20-24, 2016, in Warren! A schedule of events is coming soon, but for now, let's talk about the Horse events and Baja Racing at the upcoming county fair!

Come out to the Marshall County Fairgrounds and watch or take part in the horse events happening this year. The fun starts on Friday, July 22nd at 6:30pm with a Miniature Horse Show taking place in the Horse Arena.

On Saturday, the 23rd, will be the Wild Rice Mounted Shooting Show at 10am at the Rusty Gate Arena. At 12:30pm that day, the Driving and Draft Show will begin in the Horse Arena. Later in the day, there will be the Mounted Posse

Horse Show with the theme "Fun in the Sun" at 6:30pm, also at the Horse Arena.

On Sunday, the Open Horse Show will take place in the Horse Arena at 10am. At 10:30am, the Wild Rice Mounted Shooting Show will be making another appearance at the Rusty Gate Arena.

For information on any of these events and how to get registered to participate, check out marshallcountyfair.org to get all of the details.

This year, the Baja Races are back! On Saturday, July 23rd, at 5:30pm, there will be Redneck Racing "Baja Style" in the Grandstand in Warren! Entries are currently being taken; if you pre-register by July 16th you will be entered into a draw-

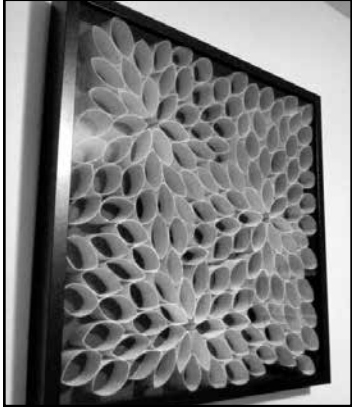
ing to win a cash prize. The champions will receive a custom jacket, and the 2nd and 3rd place winners will receive trophies. On top of that, the most redneck vehicle will receive \$100 cash!

Driver Information: The classes included are 4 Cylinder, 6 Cylinder, 8 Cylinder, and pickups/vans. There is no entry fee for car and driver, but crew members have an entrance fee of \$15. Registration begins at 3:30pm and the race starts at 5:30pm!

To pre-register, check out marshallcountyfair.org, or contact Jeff Kroll (218)686-2339, Tim Tulibaski (218)686-0521, or Scott Peters (218)686-3507.

See you at the fair! Check out the website below for more information!

WWW.
MARSHALLCOUNTYFAIR.
ORG
July 20-24, 2016
Warren, MN



Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Towser \TOU-zer\
Noun

1. A big dog
2. Informal. A big, hearty person, especially one who is energetic

Dairy producers can enroll today to protect milk production margins

The U.S. Department of Agriculture's (USDA) Farm Service Agency (FSA) in Minnesota today announced that dairy producers can enroll for 2017 coverage in the Margin Protection Program for Dairy (MPP-Dairy) starting July 1. The voluntary program, established by the 2014 Farm Bill, provides financial assistance to participating dairy producers when the margin – the difference between the price of milk and feed costs – falls below the coverage level selected by the producer.

The Margin Protection Program gives participating dairy producers the flexibility to select coverage levels best suited for their operation. Enrollment begins July 1 and ends on Sept. 30, 2016, for coverage in calendar year 2017. Participating farmers will remain in the program through 2018 and pay a minimum \$100 administrative fee each year. Producers have the option of selecting a different coverage level during open enrollment each year.

USDA has a web tool to help producers determine the level of coverage under the Margin Protection Program that will provide them with the strongest safety net under a variety of conditions. The online resource, available at www.fsa.usda.gov/mpptool, allows dairy farmers to quickly and easily combine unique operation data and other key variables to calculate their coverage needs based on price projections. Producers can also review historical data or estimate future coverage needs, based on data projections. The secure site can be accessed via computer, Smartphone or tablet 24 hours a day, seven days a week.

Grygla City Council approves

The regular meeting of the Grygla City Council was held on Monday, June 13th at 7pm. The agenda included the approval of the May 9th Board of Appeal Minutes, along with the Minutes of the regular meeting from May 16th. Official minutes are taken by Rose Aune, City Clerk, and recapped by Eagle editor. For a full version, visit www.grygla.govoffice2.com

The Board of Appeals meeting was scheduled for May 9th at the Grygla Civic Building at 6pm. The meeting was called to order by Mayor Mosher with the following council members present: Gavin Nordby and Robert Thompson. Absent: Lindsay Oslund and Dave Dunrud. Also present were Dave Clark, Gary Kiesow, Russ Steer and Rose Aune.

Loren Lusignan had mentioned to the Assessors at the Valley Township meeting that he would like to see the value of Far North Apartments lowered. Currently it's valued at \$23,200. A motion was made and approved to lower the value to \$15,000. The meeting was adjourned.

The regular meeting of the City Council was held May 16th at the Grygla Civic Building. It was called to order by Mayor Richard Mosher with the following council members present: Gavin Nordby, Robert Thompson and Dave Dunrud. Absent: Lindsay Oslund. Also present were Dyan Ebert from Quinlivan & Hughes PA and Rose Aune.

CLOSED SESSION

The session was closed pursuant to Minnesota Statute Section 13D.05, Subd. 3 (b) on May 9, 2016, to discuss the status of, and discuss strategy relating to, pending litigation. The session was then reopened.

The following agenda items were approved: previous

To complete enrollment, producers must make coverage elections during the enrollment period and pay the annual \$100 administrative fee that provides basic catastrophic protection that covers 90 percent of milk production at a \$4 margin coverage level. For additional premiums, operations can protect 25 to 90 percent of production history with margin coverage levels from \$4.50 to \$8, in 50 cent increments. Once enrolled, dairy operations are required to participate through 2018 by making coverage elections each year. Producers can mail the appropriate form to the producer's administrative county FSA office, along with applicable fees without necessitating a trip to the local FSA office. If electing higher coverage for 2017, dairy producers can either pay the premium in full at the time of enrollment or pay 100 percent of the premium by Sept. 1, 2017. Premium fees may be paid directly to FSA or producers can work with their milk handlers to remit premiums on their behalf.

Also beginning July 1, 2016, FSA will begin accepting applications for intergenerational transfers, allowing program participants who added an adult child, grandchild or spouse to the operation during calendar year 2014 or 2015, or between Jan. 1 and June 30, 2016, to increase production history by the new cows bought into the operation by the new family members. For intergenerational transfers occurring on or after July 1, 2016, notification to FSA must be made within 60 days of purchasing the additional cows.

Dairy operations enrolling in the new program must meet

month's minutes, receipts & disbursements and payment of all bills presented on the claims list.

Other items included:
TREES
Rocky planted silver maples west of Klein Addition.
WATER TOWER
Nothing new at this time.
GAS DETECTOR FOR ARENA

Thompson said it would be better for the arena to have their own and not with FD.
COMMUNITY CENTER

They're still waiting to do the flooring.

SOUTH ADDITION
There's nothing new to report at this time.

SAFE ROUTES TO SCHOOL GRANT

Karvako Engineering provided the current status of the Grygla SRTS project is as follows:

The project is not awarded at this time. We are awaiting the successful amendment to the cooperative agreement amongst all parties and required signatures. Once the cooperative agreement is amended and signed by all, then I will send the NOA to Davidson's Construction to award the project. Darren Laesch has been keeping us up to speed on the amendment activities and he indicated that it should be done in the near future and that it is the next priority. I got a message from Davidson's Construction saying that they will back their bid bond beyond the 30/60 day language on the bid bond document. So my understanding is that once we get the cooperative agreement amended and signed, then that will allow us to award the project and put things in motion once again. This is what I understand up to this point. -Matt Upgren, E.I.T., Civil Engineer, Karvako, P.A. (Formerly Karvako Engineering and RRA)

conservation compliance provisions and cannot participate in the Livestock Gross Margin Dairy Insurance Program.

For more information, visit FSA online at www.fsa.usda.gov/dairy or stop by a local FSA office to learn more about the Margin Protection Program. To find a local FSA office in your area, visit <http://offices.usda.gov>.

Since 2009, USDA has worked to strengthen and support American agriculture, an industry that supports one in 11 American jobs, provides American consumers with more than 80 percent of the food we consume, ensures that Americans spend less of their paychecks at the grocery store than most people in other countries, and supports markets for homegrown renewable energy and materials. USDA has also provided \$5.6 billion in disaster relief to farmers and ranchers; expanded risk management tools with products like Whole Farm Revenue Protection; and helped farm businesses grow with \$36 billion in farm credit. The Department has engaged its resources to support a strong next generation of farmers and ranchers by improving access to land and capital; building new markets and market opportunities; and extending new conservation opportunities. USDA has developed new markets for rural-made products, including more than 2,500 biobased products through USDA's BioPreferred program; and invested \$64 billion in infrastructure and community facilities to help improve the quality of life in rural America. For more information, visit www.usda.gov/results.

May Minutes

PLAYGROUND EQUIPMENT

There is nothing new to report at this time.

CAMPSITE ADDITIONAL HOOKUPS

There is nothing new to report at this time.

AIRPORT ELECTRICAL HOOKUPS

There is nothing new to report at this time.

RADAR SPEED LIMIT SIGNS

There is nothing new to report at this time.

FF ELECTRIC POLE

FF committee willing to pay half of the bill for the year. Nordby will bring it back to the committee.

REVOLVING LOANS

Motion made/carried to go with Option A from Brink Lawyers on the Hartz loan.

SHIP GRANT

North Valley Health said they didn't receive an application from Oslund for the Community Garden. They sent another application to be filled out. Council agreed to reapply for the grant.

MOTEL SUBORDINATION AGREEMENT

Approved to allow the subordination agreement with American State Bank, the City, and Motel 89.

LAND LEASED ACREAGE CHANGES

USDA lowered the amount of acres that can be leased to 46.57 instead of 51. Council approved to pay back Rick Neuschwander the amount he overpaid this year.

EXTRA MEETINGS

Mosher, Thompson & Nordby had Board of Equalization. Mosher, Thompson, Oslund & Nordby had RL meeting..

SCHEDULE POLICY MEETING

May 25th at 6:15pm to go over Nuisance Ordinance.



Teacher Connie Moe is pictured with her third grade class from Goodridge Elementary School. At the end of the school year the class took a field trip to Agassiz National Wildlife Refuge. Some activities the kids did on their outing included making molds of wild animal footprints, playing a bird survival game, taking a nature walk, climbing the fire tower and using scopes to look for aquatic animals and plants in the pond water.

Pictured above, front row, L-R: Jonny Murphy, Brennan Parnow, Dillon Foty, Brooklynn Kriel, Jamisen Wilson, Isabelle Brown and Chase Horachek. Back row, L-R: Morgan Coan, Ava Halvorson, Chesney Salo, Libby Erickson, Madelyn Thompson and Connie Moe.

Goodridge School Field Trip to Agassiz



3rd grade teacher, Connie Moe, is pictured with bus driver Renee Bowman and students, Brooklynn Kriel, Jamisen Wilson, Madelyn Thompson, Isabelle Brown. These kids were excited because they made it all the way climbing to the top of the fire tower! The kids climbed in groups of two that afternoon.



The second climbing group, L-R: Jonny Murphy, Brennan Parnow, Morgan Coan, Libby Erickson, Chesney Salo, Ava Halvorson and Connie Moe.



Lynda Knutsen, Visitor Services Specialist at Agassiz, talked to the Goodridge 3rd graders about a variety of topics during their field trip. Here the kids are pictured receiving instructions on how to play a bird survival game! Lynda encourages individuals and groups to take advantage of the wildlife refuge to go do some exploring! Lake Agassiz Wildlife refuge can be contacted at 218-449-4115.



Morgan Coan and Libby Erickson, above, are playing a fun bird survival game! There was a fence up with a variety of stations; each kid had a name of a bird that they received. They then had to roll a dice and head to the appropriate station, which gave them facts about different birds. Teacher, Connie Moe, says the kids had a blast that day!

Highway 1 detour east of Goodridge begins July 5

Motorists on Highway 1 should plan for additional travel time when a detour begins Tuesday, July 5 as crews replace an overflow channel bridge located 12.5 miles west of the intersection with Highway 89.

The detour takes motorists

through Grygla and adds about 22 miles to the commute. It follows Pennington County Road 28, Marshall County Road 54 and Highway 89. It is expected to last about three months, weather permitting.

MnDOT urges motorists to follow these recommendations

in work zones; stay alert; watch for signs, equipment and workers; minimize distractions, such as using cell phones, eating or drinking; avoid tailgating; follow posted speed limits and directional signs; and stay in one lane while driving through the work zone.

DNR and Roseau River Watershed District partner on flood damage reduction project

The Minnesota Department of Natural Resources and Roseau River Watershed District are partnering on a flood damage reduction project that will also enhance wildlife habitat over thousands of acres of public land on the Roseau River Wildlife Management Area in Roseau County.

“For over two decades, the Roseau River WMA and surrounding area has often been buried in water,” said Randy Prachar, Roseau River WMA

wildlife supervisor. “Excessive flooding has compromised wildlife habitat. The project will not solve all of the WMA’s flooding problems, but will go a long way toward better habitat management for the wide array of plants and wildlife native to the area.”

Construction started in June to address discharge of water from the pools that too often coincides with peak flows of a given flood on the western portion of the Roseau River.

This discharge may result in damage to infrastructure and compromises various land uses such as agriculture near the river. It also contributes to transfer of flood waters from the Roseau River to the Two Rivers watershed in the area locally known as the Juneberry area (the “Big Swamp”), northwest of Greenbush.

For more information on the state’s WMAs, visit www.dnr.state.mn.us/wmas.