



				
Today	Thurs	Fri	Sat	Sun
Scatt. Tstorms H 78 L 55	Scatt. Showers H 69 L 47	Mostly Sunny H 73 L 50	Mostly Sunny H 76 L 55	Partly Cloudy H 79 L 59

Wednesday, June 29, 2016

NOW ONLINE www.tricocanary.com

Vol. 42 Number 52

A look at next week... Information on the "Old Time" Skime School & Community Potluck Picnic!

Written by: Kari Sundberg,
Eagle Editor

Just by his name, it's evident that Mauer's parents are big fans of the Minnesota Twins. What they didn't know back in 2013, when Mauer was born, was that Gavin and Tera Nordby, along with their three children, would get to spend a memorable day with Joe Mauer and the rest of the Twins baseball team.

That special day came for the Nordby family on Saturday, June 17th, 2016, when they were treated like royalty at Target Field.

Mauer Nordby was born on March 27th, 2013. Since then, he has spent a lot of time in and out of hospitals because he was born with a cleft lip and palate. Cleft lip and palate occur when tissues in a baby's face and mouth don't fuse properly.

To date, Mauer has had three separate surgeries. He had his lip repaired when he was 3 months of age, along with PE Tube placements, and had his palate repaired in January, 2014, when he was 9 months, along with a replacement of tubes. He had his tubes replaced again in October of that year.

He is scheduled to have another procedure on July 21st of this year, which is a Pharyngeal Flap surgery. His parents are unsure at this point how many more surgeries Mauer will need, but when he is older, there will be one to fix the Alveolar Cleft (cleft in the gum tissue).

Mauer has struggled with hearing since he was born. His mom, Tera, says he didn't pass a hearing test until approximately 2 years old, and has still shown problems in his right ear. He has had multiple PE Tube placement/replacement surgeries and will more than likely have another one soon.

Because of the cleft palate, Mauer has also developed a significant speech articulation disorder. He has been going to speech therapy since he

was 1.5 years and has come a long way in his speech development, but, as mentioned, he is scheduled for another surgery on July 21st to create a Pharyngeal Flap; this will block the airway to his nose when he says certain sounds. "We will continue with speech and hopefully this upcoming surgery will help, but we won't know until down the road. We hope he is able to develop better communicating skills. He gets really frustrated when he can't express his wants and needs right now, so I hope it gets easier for him," Tera said. "He will start school in the fall. This will help his social and communicative skills as well. He tends to accelerate these skills when he is surrounded by peers similar to his age," she added.

Gavin and Tera have been fortunate to doctor in Thief River Falls for Mauer's audiology and hearing, but the rest of the appointments and surgeries are all at Gillette Children's Hospital in St. Paul; they travel there every 6 months for appointments. It was because of Gillette's, that the Nordbys were chosen for a once in a lifetime experience.

Having gone down for Mauer's latest appointment at the children's hospital back in April, Gavin and Tera were in the Speech Therapy waiting room. They ended up visiting with an event coordinator for Gillette, named Greta. "She noticed that Mauer had on a Joe Mauer Jersey and asked if we had put the jersey on him that day because it was Joe Mauer's birthday (April 19th)," says Tera. "We told her that we didn't have it on because of that, but because Mauer was his first name and we are big fans of the MN Twins."

Greta took down the Nordby's contact information and told them she'd like to contact them in the near future for an event they were putting on with the Minnesota Twins baseball team.

Around the beginning of May, Greta called and asked if Gavin and Tera, along with

Mauer and friends



It's MAUER AND MAUER! Yes - that's the great Joe Mauer holding Mauer Nordby at the Mauer and Friends Kids Classic on June 17th!

their kids, would be available for a Twins event on June 17th. She couldn't give them many details at that point, but said they'd be participating in the Mauer & Friends Kids Classic and promised it would be a memorable weekend for their family.

Gillette Children's Hospital has approximately 20,000 patients that are being treated. Out of these patients, twenty were selected to be a part of the Mauer & Friends Kids Classic. Out of these twenty kids, six

families were then selected as ambassadors for Gillette, and would be invited on stage to tell their Gillette story in front of hundreds of guests. The Nordbys were selected as one of the six families. "It was a great honor," Tera stated.

"This was the first inaugural Mauer & Friend's Kids Classic. He had hosted something similar to this prior, but not to this scale! Mauer's wife, Maddie, worked at Gillette Children's so she was the heart and soul of the event," she added.

The big event and the game were both on June 17th. After asking to share some details about their day, Tera provided the following. "We had to be down on Thursday morning for dress rehearsal. We were able to go over our speech for the following day and go over what we could expect. Friday morning we arrived at Target Field a little after 10am.

We entered VIP status! They made us feel like it was our day for sure! This event was all about the kids, not only the Gillette patients, but their siblings as well. They escorted the 20 families onto the field where they introduced all the players that came to participate one by one. They had games set up on the field for the kids to go to, batting the ball, playing catch, hockey, throwing a football! It was a great time for the kids to have fun.

After the field activities, we were escorted to the Champions Club where hundreds of sponsors, families, doctors, guests were in attendance for a luncheon. This is where we were introduced and brought up on stage to tell Mauer's story. The day ended with Hailey, Landon and Mauer getting gifts for being a part of the day; they each received an autographed baseball from Joe Mauer!"

After the day on the field, Gavin, Tera, and their kids, were able to attend the game that evening VIP style; they were set up in a suite for the game! It didn't even matter that the Twins got beat by the Yankees 8-2 that night, because the experience was unforgettable for the Grygla family.

Some of the stand out players the family got to meet that day included Joe Mauer and a few other notable players - current and former Twins players Torii Hunter, Tony Oliva, Trevor Plouffe, Kyle Gibson, Kurt Suzuki, Tyler Duffy, Glen Perkins, Paul Molitor, Corey Koskie, Tom Brunansky and Eddie Guardado. Hockey players, Zach Parise and Ryan

McDonagh and football player Ryan Harris.

Of the sports figures, Tera said, "They were all so down to earth and they really were great interacting with all the children! You can tell they all have a love for them!"

The Nordbys also added that through this experience, they have developed relationships with a few other families of Gillette children and hope to keep in touch with them.

Tera offered, "This was something we will never forget! They gave us a check off on our bucket list for sure. It was not only a dream for Gavin and I, but it was a dream for the kids. Landon is probably one of the biggest Twins fans out there and just to hear him say "this is the best day of my life" was worth it! Hailey had a permanent smile the entire time! We are so grateful for the friendships we developed those days we were down there and grateful for the chance to tell everyone how important Gillette is to us. We just feel so lucky that we got the opportunity of a lifetime."

Gavin added, "That day was unbelievable. The looks on my kids' faces were priceless. More than once, the kids stated that it was "the best day ever". Seeing the professional athletes visit, shake hands, pitch, play catch, and take pictures with the kids was amazing.

Even though our son, Mauer, has gone through some difficult times already in his early life, this was a once in a lifetime experience for all of us and something that he'll never forget.

They treated us like royalty. For all the things that families have to go through down at Gillette, the hospital, along with Joe and Maddie Mauer, really gave back to us and the other 19 families. It's something that Mauer and us will be able to talk about for the rest of our lives."



Gavin and Tera Nordby, along with their kids, Hailey, Landon and Mauer, were given an unforgettable day by Gillette Children's Hospital and the Minnesota Twins on June 17th at Target Field.



The Nordbys said Maddie Mauer, pictured above, was the heart and soul of the big event, having worked at Gillette Children's hospital in St. Paul.

"For all the things that families have to go through down at Gillette, the hospital, along with Joe and Maddie Mauer, really gave back to us and the other 19 families. It's something that Mauer and us will be able to talk about for the rest of our lives," Gavin commented.



Hailey, Landon and Mauer Nordby are pictured with MN Twins players Tony Oliva and Torii Hunter.



It's not too shabby of a day when you have Trevor Plouffe throwing a pitch to you! This is sure to be a memorable photo for the Nordby's photo album.

Eagle one day late

The Grygla Eagle will be delivered one day late next week due to the July 4th holiday.

Reminder

Just a reminder to city residents - please don't blow grass out into the city streets; grass cuttings plug up the storm sewers. The last cost for sweeping the streets was \$1200. Thank you for your cooperation.



A sand volleyball tournament was held last Sunday as part of a Grygla Centennial Fundraiser. Check out the team photos on the back page!

Northwood Church to hold annual picnic on Saturday, July 9th

The Northwood Church has scheduled its annual picnic for Saturday, July 9th. The picnic will carry on its yearly tradition with holding a program at

11am with a potluck lunch to follow at 12pm. The program includes special music by Lois & Lois. Everyone is welcome and invited to attend the pic-

nic. The Northwood Church is located 10 miles north of Grygla and 3 miles east at 44796 Moose River Rd NW.

Motel 89 to hold open house on Sunday, July 10th

A lot of changes have been made to Motel 89 by owners Shawn and Stacie Meyer! An open house will be held on Sunday, July 10th, from 10am-

2pm. You're invited to attend and check out all the rooms on the east side of the building, along with the main reception area. Everyone who comes

through the door can sign up for door prizes and enjoy coffee, juice and goodies!

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir, 8pm Interfaith Bible Study
Sunday:
Grace: 9am Worship
OS: 10:30am Worship

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Pastor TBA
Wednesday:
Our Savior's: 6:30pm Worship
United: 7pm Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Interim Pastor Phil Johnson
Sunday:
Ekelund: 8:30am Worship
Faith: 9:45am Worship
Bethany: 11am Worship

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Adam Hammess
Sunday:
St. Clement's: 11:45am Wor-

ship
St. Ann's: 10am Worship.

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
8am Worship

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Pastor TBA
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseth
Saturday:
Mt. Olive 9am Worship
Sunday:
St. Petri: 8am Worship
Nazareth: 9:45am Worship
Oak Park: 11am Worship

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

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NDSCHS announces Spring 2016 graduates

The North Dakota State College of Science in Wahpeton, N.D., awarded degrees, diplomas and certificates to 497 Wahpeton, Fargo, N.D., and online graduates.

Students from 19 states and

four international countries graduated in 34 areas of discipline.
Included was Briley Sparby, Grygla, A.A.S., Diesel Technology

An evening of fairy garden fun

Adults are encouraged to bring children to the park in Grygla this Wednesday, June 29th. An evening of fairy garden fun is being planned, beginning at 7pm at the picnic shelter.

All children must be accompanied by an adult; attendees will be asked to bring plants and items of their choice to create and decorate their fairy garden. This is an educational fun event for all. If you'd rather attend to simply observe, gather ideas and/or ask questions,

without designing your own fairy garden, you are welcome to do so!
If needed, and for a small cost, trays necessary to build a fairy garden will be available to you. Participants are welcome to bring their own container to be used; soil will be provided free of charge. There will also be a demonstration on a small inexpensive craft to be used in a fairy garden. Contact Joni Anderson for more information or questions at 218-689-7418.

Coach Wanted
Goodridge Grygla Athletics has the following position open: Grade 8 GBB Coach. For information and application, contact Jamie Lunsetter, Grygla AD, at 218-294-6155, email: jlunsetter@grygla.k12.mn.us, or Becky Carlson, Goodridge AD, at 218-378-4133, email: becky.carlson@goodridgeisd561.org. Open until filled.
G13-14C

The Grygla Eagle
will be **CLOSED**
on **MONDAY, JULY 4th**
in observance of **Independence Day.**

Summer League Standings

Week 1	W	L
Green	2	0
Gray	2	0
Red	2	0
Purple	0	2
Orange	0	2
Blue	0	2

Results
Green 49
Brady Olson 17
Hunter McMillin 12
Blue 41
Austin Brateng 14
Ty Jelle 12

Red 64
Blaine Kriel 33
Tyler Stinar 14
Cole Halvorson 11
Purple 51
Dayle Larson 17
Brandon Bakken 12
Michael Lawrence 11
Steven Hanson 11

Orange 37
Keith Sparby 14
Ben Groven 12
Gray 65
David Hanson 17
Alan Prestebak 12

Green 56
Brady Olson 21
Hunter McMillin 14
Purple 48
Dayle Larson 12
Devin Drangstveit 11

Blue 41
Ty Jelle 15
Gray 65
David Hanson 25
Hudson McMillin 11
Andrew Holte 10

Red 97
Blaine Kriel 41
Tyler Stinar 25
Kaleb Sjulestad 16
Orange 54
Logan Dvergsten 17
Ben Groven 10

Week 2	W	L
Gray	4	0
Red	3	1
Green	2	2
Blue	2	2
Purple	1	3
Orange	0	4

Results
Purple 55
Summer League... Continued on page 3

Community Calendar

Wed | June 29
Chargers Youth Baseball game in Greenbush at 9am (bus leaves Grygla at 8am); Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; Fairy Garden Fun Night at the Grygla Park 7pm

Thurs | June 30
Chargers Youth Baseball game in Goodridge vs. Stephen 9am; Grygla Eagle office open 3-6pm

Fri | July 1
Senior Meals at Grain Bin Café 11am

Sat | July 2

Sun | July 3
Open Sand Volleyball in Grygla 6-8pm

Mon | July 4
Senior Meals at Grain Bin Café 11am

Tues | July 5
Grygla Eagle office open 3-6pm; Summer League Basketball 6:15pm; Grande Corner Softball 6:30pm

Chargers baseball July schedule

Friday, July 1st: In Goodridge vs. Stephen 9am
Wednesday, July 6th: In Karlstad at 9am, bus leaves Goodridge at 7:15 and Grygla at 7:45.
Thursday, July 7th: All-Star game TBD
Friday, July 8th: In Grygla vs. Middle River 9am
Monday, July 11th: In Grygla vs. Newfolden 9am
Wednesday, July 13th: In Warren at 9am, bus leaves Grygla at 7:30 and Goodridge at 8am.
Friday, July 15th: In Argyle at 9am, bus leaves Goodridge at 7:15am and Grygla at 7:45.
Monday, July 18th: PeeWee Tournament at 9am, location TBD
Tuesday, July 19th: Midget Tournament at 9am, location TBD
Thursday, July 21st: Small Fry Tournament at 9am, location TBD

STATEPOINT CROSSWORD

THEME: 1930s

ACROSS
1. Designer ____ Mizrahi
6. Urge Spot to attack
9. Nanjing nanny
13. *"The Divorcee" Oscar winner Shearer
14. "Much ____ About Nothing"
15. Grease and ____
16. Weak-____, or scared
17. Read-only memory
18. Downy duck
19. *Salt March leader
21. *1936 Olympics location
23. Bond movie "Live and Let ____"
24. Musical finale
25. Like sashimi
28. Cocoyam
30. Trying experience
35. Dutch cheese
37. Burst of wind
39. *"King of the ____ Blues," Robert Johnson
40. In neutral
41. Piece of writing
43. Very dark black
44. Check-out person
46. Chalupa alternative
47. Follows ding
48. From _____, or from this point
50. Pal
52. Lilliputian
53. Candle top
55. Roman road
57. *Mr. Porsche's creation
60. *"____ is the Night" by Fitzgerald
63. Boatload
64. Put down
66. Dostoyevsky's novel, with "The ____"
68. Cupid's ammo
69. Swimmer's distance
70. Bundle of axons
71. "M*A*S*H" ____ hall
72. Exclamation of surprise
73. *Johnny ____ and His Orchestra

DOWN
1. Pen juice
2. *"Over the Rainbow" or "Stormy Weather"
3. Square footage
4. To change, as in U.S. Constitution
5. Tiger's attendant
6. Delhi draping dress
7. Bachelor's last words
8. Hamburger and fries
9. Pomegranate seed
10. Calf-length skirt
11. End of grace
12. H in British HMS
15. Actor Depardieu

YARD OF THE WEEK

Congratulations to Kevin and Sheila Tharaldson at 29708 150th St NE, rural Goodridge, for being named 'Yard of the Week'! With their unique garden paths through the woods, and hundreds of flowers in every direction, the TLC they've put into their landscaping has clearly earned them the title for the week.



CROSSWORD
1 2 3 4 5 6 7 8 9 10 11 12
13 14 15
16 17 18
19 20 21 22
23 24
25 26 27 28 29 30 31 32 33 34
35 36 37 38 39
40 41 42 43
44 45 46 47
48 49 50 51 52
53 54 55 56
57 58 59 60 61 62
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20. Trimable fence
22. a.k.a. Tokyo
24. Tsarist Russia's elite cavalryman
25. *The Third one
26. Discombobulate
27. Australian horse
29. * ____ Bowl
31. Proof of home ownership
32. Tennis-affected joint
33. Be sorry for one's wickedness
34. *Great Depression photographer
36. Insignificant
38. RPM indicator
42. AOL's " ____ Got Mail"
45. Genuflect in submission
49. Zippo
51. Ore extracting
54. Yo-Yo's instrument
56. Venomous slitherer
57. Like Old Mother Hubbard's cupboard
58. Makes mistakes
59. They're large on prima donnas
60. Blundre, e.g.
61. *De Valera's name for Ireland
62. Republican Karl
63. Tucker of "Modern Family"
65. Pleasurable interjection
67. One less than jack

Wednesday, June 29, 2016

Independence Day... A Day Of Celebration
On June 11, 1776, the Continental Congress appointed a five man committee including Thomas Jefferson, John Adams, Roger Sherman, Benjamin Franklin and Robert Livingston, to draft a formal statement justifying the break with Great Britain.
That document would become known as the Declaration of Independence and was officially adopted by Congress on July 4, 1776. Each July 4th, we celebrate this historic event and the birth of our great nation.
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The American State Bank will be closed on Monday, July 4, 2016 in observance of Independence Day.

► EXTENSION NEWS

By: James Stordahl

The Benefits of Dung Beetles in Pastures

Dung beetles play a small but remarkable role in the pasture ecosystem. They feed on manure and use it to provide housing and food for their young. This activity results in improved nutrient cycling and soil structure which results in greater forage production. Dung beetles are important enough in nutrient recycling that they well deserve the rancher's attention.

Dung beetles belong to the zoological order Coleoptera and family Scarabaeidae. Of the more than 90 species in the U.S., less than a dozen are significant in dung burial. Three behavioral groups of the beetles are relevant to manure recycling. Probably the best-known group is the “tumble bugs” or “rollers”. These are so named because of their behavior characteristic of working together in pairs to roll a ball of dung (brood ball) away from a manure pile in order to bury it.

Dung beetles can be various sizes. Adults can range in size from 1/10 inch up to a whopping 2.5 inches. The front legs usually have serrated edges, used for powerful digging. Scarabs are distinguished from other beetles by the appearance of their antennae, which are segmented and end with a plate-like oval club of three to seven expansible leaves. These lobes create a large surface area for detecting odors. Look for these specialized antennae with a magnifying glass.

Adult dung beetles are connoisseurs of manure drawn by odor like that of a fine wine. Many are species-specific—they prefer a certain type of animal manure. They will fly up to 10 miles in search of just the right dung, and can attack dung pats within seconds after they drop. Some species will even hitch a ride near the tails of animals in anticipation of a deposit. Once drawn by the odor, the adults use the liquid contents of the manure for their nourishment like a “dung slurpie.”

The female, which typically has shorter, thicker legs, digs while the male helps haul the soil from the tunnel. The female lays one egg in each ball. She then seals the brood ball, seals the tunnel, and begins the process again if she is of a species that lays several eggs. Like most species, the women seem to carry the load.

The dung beetle benefits livestock and pasture by helping eliminate other livestock pests. Manure is the breeding ground and incubator for horn flies and face flies. A single manure pat can generate 60-80 horn fly adults if protected from insect predators and competitors such as dung beetles. As dung beetles feed, they compete with the fly larvae for food and physically damage their eggs. Fly populations have been shown to decrease significantly in areas with dung beetle activity. Research has shown 95% fewer horn flies emerged from cowpats with dung beetles as compared to pats where beetles were excluded.

Dung beetles are also reported to be effective biological control agents for gastrointestinal parasites of livestock. The eggs of most gastrointestinal parasites pass out in the feces of the host. The eggs then hatch into free-living larvae and develop into the infective stage. They then migrate onto grass, where they can be ingested by grazing animals, and complete

their life cycle within the animal. If the manure/egg incubator is removed by beetles, the eggs perish and the life cycle of the parasite is broken.

On a pasture-management level, dung pat removal is beneficial for forage availability. Most ruminants will not graze closely to their own species’ manure pats. Research has shown that the forage is palatable, but avoided because of the dung pile. Consequently, cattle manure deposits can make from 5% to 10% per acre per year unavailable. By completely and quickly removing the manure, dung beetles can significantly enhance grazing efficiency.

The tunneling behavior of dung beetles increases the soil’s capacity to absorb and hold water, and their dung-handling activities enhance soil nutrient cycling. An adequate population and mix of species can remove a complete dung pile from the surface within 24 hours. As the adult dung beetles use the liquid component for nourishment and the roughage for the brood balls, the dung pat quickly disappears. If left on the surface, up to 80% of manure nitrogen is lost through volatilization; by quickly incorporating manure into the soil, dung beetles make more of this nitrogen available for plant use.

Now the bad news. Dung beetle larvae are susceptible to some insecticides used for fly and internal parasite control for cattle. Discontinuing the use of certain insecticides will help increase your population of dung beetles. Indeed, one must consider that any product designed to harm, limit or kill would have some impact on the ecosystem in general, and should be used judiciously. Backrubbers, ear tags, and the occasional use of insecticide dusts and sprays are alternatives that have little or no effect on dung beetles. Another option is to treat cattle during the coolest months of the year, as the beetles and larvae are inactive at those times. Better yet, before treating your animals for internal parasites, take a fecal sample from suspect animals to your veterinarian. An egg count can help determine parasite load and whether the symptoms you may be seeing in the form of low gains, weight loss, unthriftiness, etc., are truly being caused by parasites.

Controlled grazing systems increase dung beetle populations and varieties by concentrating the manure in smaller areas, thus reducing the time beetles must spend in search of food. Grazing cycles that match the reproductive cycle of the beetles are favorable, as cattle return to grazing cells at the same time that new adults are emerging from the soil.

Watch the length of time it takes for the manure pats to disappear in your pasture. If they remain intact for more than a few days to weeks, chances are your dung beetle population is low to non-existent. Also look for small holes on the surface of the manure pats. Many types of beetle and other insects also help to desiccate the pats. Management is the key to increasing the number and variety of dung beetles and other beneficial insects.

For more information, contact me at 800-450-2465 or stordahl@umn.edu. Adapted from: Dung Beetle Benefits in the Pasture Ecosystem, Michelle Thomas, ATTRA Publication CT155.

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Tohubohu

\\TOH-hoo-BOH-hoo\\

Noun

Chaos; disorder; confusion



Happy Birthday to Wanda Islam, who celebrated at the June Senior Birthday Party recently held at the Grain Bin Café. (Submitted)

Summer League... Continued from page 2

Steven Hanson 20
Dayle Larson 15
Gray 60
Andrew Holte 19
David Hanson 11

Blue 78
Austin Brateng 23
Brandon Stanley 18
Dylan Walker 13
Charlie Wells 13
Orange 46
Ben Groven 14
Peyton Verbout 13

Green 52
Brady Olson 21
Hunter McMillin 11
Red 59
Blaine Kriel 24
Tyler Stinar 18
Cameron Naeseth 11

Purple 71
Michael Lawrence 19
Dayle Larson 17
Steven Hanson 13
Orange 36
Ben Groven 10

Green 47
Brock Olson 14
Brady Olson 10
Gray 68
Alan Prestebak 15
David Hanson 14
Andrew Holte 14
Justin Kiesow 11

Red 57
Blaine Kriel 21
Cameron Naeseth 14
Tyler Stinar 10
Blue 65
Dylan Walker 17
Austin Brateng 13
Ty Jelle 12

Marshall County FSA Acreage reporting dates for 2016

Marshall County USDA Farm Service Agency (FSA) Executive Director Russell Miller announced that producers who file accurate and timely reports for all crops and land uses, including failed acreage can prevent the potential loss of FSA program benefits. Please pay close attention to the acreage reporting dates below for 2016.

“In order to comply with FSA program eligibility requirements, all producers are encouraged to visit the Marshall County FSA office to file an accurate crop certification report by the applicable deadline,” said Miller.

The following acreage reporting dates are applicable for Marshall County:

July 15, 2016: All spring planted crops and CRP, including corn, soybeans, spring-seeded wheat, barley, oats, sugar beets, sunflower, dry beans, etc.

November 15, 2016: Fall Seeded crops and forage including alfalfa & old hay crops for the 2017 crop year.

The following exceptions apply to the above acreage reporting dates:

• If the crop has not been planted by the above acreage reporting date, then the acreage must be reported no later than 15 calendar days after planting is completed.

• If a producer acquires additional acreage after the above acreage reporting date, then the acreage must be reported no later than 30 calendar days after purchase or acquiring the lease. Appropriate documentation must be provided to the county office.

• If a perennial forage crop is reported with the intended use of “cover only,” “green manure,” “left standing,” or “seed” then the acreage must be reported by July 15th.

According to Miller, Non-insured Crop Disaster Assistance Program (NAP) policy holders should note that the acreage reporting date for NAP covered crops is the earlier of the dates listed above or 15 calendar days before grazing or harvesting of the crop begins.

For questions regarding crop certification and crop loss reports, please contact the Marshall County FSA office at 218-745-4251.

► WHAT A JOKE

Submitted by Carlye Kiesow, Eagle Intern

If con is the opposite of pro, then is Congress the opposite of Progress?

“Michelle Obama said she wants Americans to elect a

► CARLYE’S COUNTRY CUISINE

Written by: Carlye Kiesow, Eagle Intern

Homemade Cinnamon Rolls

This summer, I tried my hand at breads and rolls. They surely do take a lot of patience to make. Waiting for them to raise and slowly kneading them, I took my time and I am sure glad I did. These cinnamon rolls are worth the wait. They are so mouth-watering and eating them when they are still warm is scrumptious. I mean, you will love them, at least you should if you enjoy good food. You can follow the recipe exactly as it says, but I find that adding or not adding certain ingredients will make for a better, more personal treat. When it says to put them in the fridge overnight, I just left them out to rise a little more. I always put my doughs on top of the oven to ensure warmth. The icing goes into every part of the cinnamon roll when you spread it on when they are still hot and it really makes it taste good. On the baking time, it will not be exactly 20 minutes, so make sure

► DO IT YOURSELF

Submitted by Carlye Kiesow, Eagle Intern

Every girl knows that feeling when you finish getting a perfect manicure and the polish is just right. There are no chips, no polish on the skin, and your non-dominant hand actually looks good. Those people at the salon can get it very wonderful. But the price isn't always so wonderful. It is very expensive to be constantly paying to get your nails done. These are some easy tips to get a salon professional look and quality with the salon price.

One easy tip to invest your money into is a base coat nail polish. Most base coat nail polishes also double for a top coat so that is kind of a two for one. A base coat has many qualities that can improve the health and look of your nails. Some base coats can prevent dry, brittle, aging, and even weak nails. Base coats can also simply be used to make sure the color coat goes on smooth and adheres properly. Not using a base can result in dry and stained nails.

Another easy tip to improve the health of your nails stay away from quick dry nail polish. Many people love that it can dry quickly and you'll be done in a jiffy. Quick dry nail polish will dry out your nails and cause them to be brittle and weak. It is best to just not use that type of nail polish.

Instead of using quick dry nail polish that can dry your nail, an alternative way to help your nails dry faster is to stick them under cold water. You can hold them under cold faucet water or dip them into a cup or bowl of ice cold water. On the other side of the temperature of water, stay away

to keep an eye on them to make sure they do not burn.

Ingredients
For the dough:
1 Tablespoon Dry Yeast
1 Cup Warm Milk
1/3 Cup White Sugar
½ Cup Melted Butter
1 teaspoon Salt
2 Eggs
4 Cups Flour
For the filling:
¼ Soft Butter
1 Cup Brown Sugar
3 Tablespoons Cinnamon
For the icing:
½ Cup Softened Butter
1 1/2 Cup Powdered Sugar
1 oz. Cream Cheese
2 Tablespoons Whipping Cream

1 teaspoon Vanilla
Pinch of Salt
Instructions
Dissolve the yeast in warm milk, then add the rest of the ingredients in descending order. Dough will be sticky. Cover bowl and let sit in a warm area until it has doubled in size. After it has doubled in size, turn it out on a flat surface, roll out the dough in a rectangle like shape until it is ¼ inch thick.

Spread the ¼ cup of butter evenly over the dough. Then sprinkle the cinnamon mixture over the dough. Roll the dough up lengthwise trying to keep all the cinnamon mixture in the roll. Cut into 12 slices and place in a 9x13 greased pan. Refrigerate overnight, take out one hour before baking to allow the dough to rise again. Bake for 20 minutes at 400 degrees. While the rolls are baking, mix all icing ingredients until fluffy. Spread icing over rolls right away taking them out of the oven. Then serve.



from hot water after just doing your nails. Hot water can cause your nail beds to expand forcing the polish expand with it. This will typically make the nail polish crack or peel off in the process.

That's all the basic and maintenance type of stuff, now for the fun.

Nail art can look super awesome and not be very hard to do. One easy way to make nails look good is sparkles. Also with glitter nail polish it can give you a lot of forgiveness. Some people do what is called a reverse french tip. This where you put the thinner color on the part of the nail closest to the cuticle. You can do this will two bold colors that work well together. I like to do it with glitter nail polish as my color I use to tip. With the glitter you don't have to get a perfectly straight line or the same amount on each nail. If you do like the more straight french tip look you can easily get a perfect straight tip by using tape. You can also use tape for making cool geometric shapes and designs by cutting the tape and placing it where you would like, and painting over it. Make sure before you put paint on your nails that the coat before is completely dry. If it is not it will take off the nail polish when you pull off the tape.

The last nail art idea is one I have done myself and thought it looked pretty knarly. It is done with newspaper and alcohol. It looks like script on stark white nails. You start by painting all of your nails white. Then when they are completely dry you dip them into a cup of pure alcohol, leave them in there for a few seconds and pull them out. Right after pulling them out

put a scrap of newspaper with words on it directly on the nail and gently rub down the paper. Try not to shift the paper because it will wreck the words on the nail. Slowly peel away the newspaper after around thirty seconds and put on a top coat. Do this same technique with every nail. I think it looks super cute and a different way of doing nail art. Those are just a couple of tips and ideas I like to use and follow.



Saving money on heating and cooling costs

Written by: Jennifer Garbow, University of Minnesota Extension

Greetings! Our first official day of summer has arrived and the weather has certainly been a roller coaster ride for several weeks; hot, humid, rainy and even cool. Temperature fluctuations can make it difficult to regulate the temperature in our homes which can lead to higher costs in heating and cooling. There are ways to manage and control heating and cooling costs; here's a list of simple ways to get you started from America Saves: www.americasaves.org

• Ask your local electric or gas utility for a free or low-cost home energy audit. The audit may reveal inexpensive ways to reduce home heating and cooling costs by hundreds of dollars a year. Keep in mind that a payback period of less than three years, or even five years, usually will save you lots of money in the long-term.

• Weatherproof your home. Caulk holes and cracks that let warm air escape in the winter and cold air escape in the summer. Your local hardware store has materials, and quite possibly useful advice, about inexpensively stopping unwanted heat or cooling loss.

• Use window coverings to block or let in sunshine. In summer, use these coverings to block sunlight, keeping your house cool. In winter, open the

coverings to let sunshine warm the house. You could easily save more than \$100 annually while being more comfortable.

It is important to keep in mind that energy saving will take time to see the financial pay-off; but if you make a plan and follow through with a couple of the suggestions than over time you will see your energy costs reduced. Finding easy ways to save money on items and services you are already using is a wise strategy to build an emergency fund, save for a family vacation, or school shopping for the fall. Good luck!

For more information please contact Jennifer Garbow, Family Resiliency, at jgarbow@umn.edu or 218-209- 7170.

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Baseball game moved to Thursday

A quick notice that the Chargers Youth Baseball game scheduled for this Friday has been moved to Thursday instead. The Chargers will play

Stephen on Thursday, June 30th in Goodridge at 9am.

Have a fun and safe holiday weekend! (See page 2 for the July schedule.)

Grygla Centennial Fundraiser Sand Volleyball Tournament

Last Sunday, June 26th, five volleyball teams played a round robin. The two teams with the best record played each other for the 1st place \$100 cash prize. Team 4 was 4-0 in round play and Team 5 was 3-1 in round play. Team 5 prevailed in three matches to beat team 4 out for the cash prize.

The Grygla Centennial Fundraiser was coordinated by Tonia Haack and Jodi Schulz, who also took the team photos below. \$180.00 was raised at this event and will be put towards the 2017 Centennial celebration. Another tourney is being planned for July 31st.



Forming Team 1 for the sand volleyball tournament last Sunday was (back row, L-R): Gretchen Smeby, Amy Holte, Tausha Severts, Jaclyn Moe and Kristine Dougherty. Front: Kyle Haack and Andrew Holte.



Team 2, L-R: Hunter McMillin, Kyle Gust, Miranda Schulz, Nicole Hilgeman, Leah Schulz and Ethan Schulz.



Five teams participated in the fundraiser tournament last Sunday. Included was this group of young ladies making up Team 3. Front, L-R: Madi Cullen, Mataya Sargent, Chloe Kuznia. Back: Trinity Walseth, Layla Jelle, Jamie Dougherty, Daria Waletzki, Vivian Coan.



Team 4, L-R: Dayle Larson, Tyler Schulz, Brock Olson, Marissa Lund, Kinzie Magner and McKenzie Bakken.



Hanging in there on a windy and cool day, and also taking home first place was Team 5 made up of, L-R: Tyler Gangl, Whitney Schulz, Kallie Schulz, Ashley Schulz and Kyle Klamar. Team 5 was awarded the \$100 cash prize.



Girls State was held June 12-18 at Bethel University in St. Paul; Boys State was held the same week at SMSU in Marshall. Boys State and Girls State are summer leadership and citizenship programs sponsored by The American Legion and the American Legion Auxiliary for high school juniors.

Local teens attend Boys and Girls State

Written by: Carlye Kiesow, Eagle Intern

Boys and Girls State is a week long program that teaches young men and women nonbiased responsible citizenship and love for country. The Boys State program was first introduced in 1935 by Hayes Kennedy. The American Legion Auxiliary Girls State program was introduced shortly after in 1937. Since then, nearly one million girls and boys have had the opportunity to learn how state and local government works first hand. They learn to run for office, vote and even create bills and laws. The candidates going have to at least completed a junior level of high school. Girls State is held at Bethel University by St. Paul and Boys State in Marshall at SMSU. There are about 400 girls and boys from across Minnesota who attend the program, they together make up their own little "Girls and Boys State".

At the university, they sleep in the dorms with other roommates. They are taught all about the ways city, country and state government works. Once they are arrive down at Bethel University and SMSU, they are split up into "Cities" and "Countries". Each city or country had about 29 people in each group. The people in those cities and countries can run for positions within the group. The individual city or country would vote for the most qualified person to represent their group. They can run for positions like Mayor and Councilmen.

The girls fill their days by listening to women speakers who motivate girls to join government. They try to empower girls and let they know it is okay to join Government, even if it is mostly men. The Boys fill their days by listening to mostly male speakers talk about aspiring to be in Government and how they worked to reach that aspiration.

Attending Girls and Boys State this year was Ashley Moe and Ryce Skime, from Grygla and Cameron Naeseth and Kristin Farris, from Goodridge.

Ashley Moe is the daughter of Jared and Kristi Moe. She is enrolled in Grygla High School. This upcoming school year she will be a senior. This summer, Ashley had the wonderful opportunity to attend the week long program all about our country's government. Ashley attended the program at Bethel University down by St. Paul. It was a fun and very educational program. She was picked to go to the program due to her good grades and extracurricular activities. She was picked by our school staff. Her Girls State experience was a very good one. She made a lot of fun and cool people, whom she'll keep in touch with. She stated that saying goodbye to them was very hard to do. Her favorite part of the week was meeting new people and making good friendships with them. She highly encourages girls, when given the opportunity, to go to this program.



Kristin Farris, far right, was selected to attend Girls State at Bethel University in St. Paul. She will be a senior at Goodridge High School and is pictured with new friends she met at the week-long leadership program.



Ryce Skime recently attended Boys State in Marshall, MN, at SMSU. He is pictured with his counselor Dale Swanson.