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Wednesday, June 22, 2016

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Vol. 42 Number 51

A look at next week... Grygla Centennial 'Sand Volleyball' tournament fundraiser!

Summer volleyball is in full swing

Written by: Carlye Kiesow, Eagle Intern

The summer JO volleyball program has been around for a long time! Not much about it has changed, but one major change they did have was the person organizing it. Brooke Olson has undergone the strenuous job of putting together the summer program. Not only will she be organizing JOs, she will also be head coach for girls volleyball during regular season. Brooke has been coaching for 6 years and this will be the highest coaching position she has held in that time. She is very excited to see what the season holds and is hoping for no injuries. She enjoys seeing the girls practice and getting better during the summer JOs.

JOs is actually short for Junior Olympics. That is just what these girls are; little Olympians. They give up a whole month of their summer to better themselves in a sport they enjoy; practicing and participating in tournaments throughout the whole week. Brooke finds when girls play summer JOs they work better together on a team and can easily read each other on the court.

The girls in JOs range from sixth grade to eleventh grade. Girls being from Goodridge and Grygla. This year we have four teams for the summer. There is the '18s team' coached by Kember Anderson; a '16s team' coached by Mariah Coan; and a '14s A and B squad' coached by Katelyn Tharaldson.

These girls, no matter their age, will benefit from this program. Brooke believes it is very important to introduce girls to volleyball at a young age to get

them more prepared for when they can play regular season. The older girls benefit from this also. They play better together and master their fundamental skills.

This season, the whole entire JOs volleyball team was bestowed with new jerseys. The jerseys were made and designed by Salo Signs. The money to pay for the new jerseys was generously donated from area businesses, though not all the stuff to pay for JOs is donated. The girls have to fundraise to help pay for the fee to play in JOs. Brooke not only finds improvement on the girls volleyball skills but they seem to be more responsible. They have to make sure they get to practice and tournaments on time. They are held accountable, and this can help with general life skills that are good to have.

Some girls not only go to practices and tournaments,

but they work out on their own time, having motivation to be better. The extra things these girls do to get better can help Brooke teach them more advanced moves and techniques to help the team succeed.

The JOs volleyball program ends in June, but the girls will continue to play volleyball. They will continue to play at open gyms throughout the rest of the summer alternating between Goodridge and Grygla Schools. Head Coach, Brooke Olson, is ready for this season and feels the girls working in the summer will be in shape to accel during the regular season. As for the younger girls doing the summer program, they will get a feel as to how it is to compete in actual games. They build fundamentals and this will help them in years to come.

It helps build a bond for the girls who will be playing with each other for the rest of their high school career.



Brooke Olson is the new Varsity Volleyball Head Coach for the Chargers 2016 season.



The '16s Team' placed 2nd in the silver division at a tournament at Lincoln High School in TRF on June 7th. Coached by Mariah Coan, the team includes, front row, L-R: Sarah Suchoski, Mercedes Coan, Nichole Arveson, Chloe Kuznia. Back row: Madilyn Race, Julianne Nordby, Chey Irlbeck, Hailey Vad, Libby Johnson and Coach Mariah.



Coach Kember Anderson works with the '18s team' at JO practice last week.

An evening of fairy garden fun

Adults are encouraged to bring children to the park in Grygla next Wednesday, June 29th. An evening of fairy garden fun is being planned, beginning at 7pm at the picnic shelter.

All children must be accompanied by an adult; attendees will be asked to bring plants and items of their choice to

create and decorate their fairy garden. This is an educational fun event for all. If you'd rather attend to simply observe, gather ideas and/or ask questions, without designing your own fairy garden, you are welcome to do so!

If needed, and for a small cost, trays necessary to build a fairy garden will be available to

you. Participants are welcome to bring their own container to be used; soil will be provided free of charge. There will also be a demonstration on a small inexpensive craft to be used in a fairy garden. Contact Joni Anderson for more information or questions at 218-689-7418.



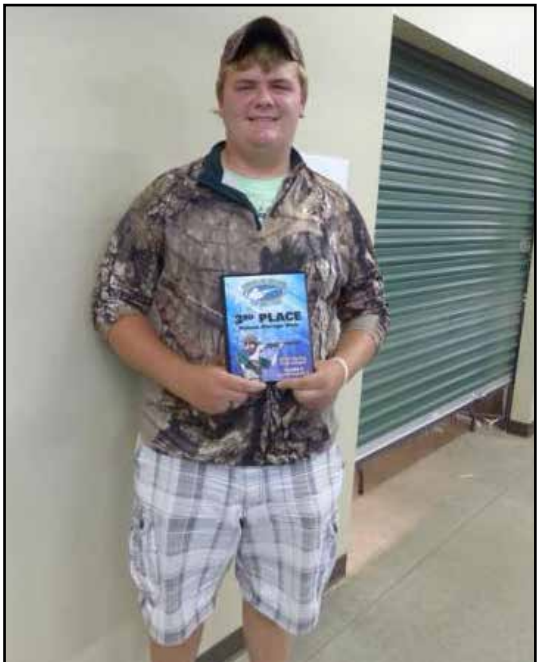
This neat photo is courtesy of the Fourtown/Grygla Sportsman's Club. L-R: Nelson, Tinnes, Kiesow, Haack and Aune.

Kiesow and Nelson place at the Trap Shooting Championships

Grygla's Trap Team had a successful competition at the Trap Shooting Championship in Alexandria, MN, last Tuesday, June 14th. The team is coached by Shannon Nelson and is made up of Jared Haack, Lucian Tinnes, Dustin Nelson, Matt Aune and Jaden Kiesow. The league started on April 3rd with 2 weeks of practice, and the competitions started on April 24th, where the participants shot 2 rounds of 25 clays each week.

At the state championship in Alexandria,

around 810 kids were participating! Jaden Kiesow was awarded 1st place 'Seasonal Average Male' in his Class 1A Conference 1 and overall high average in his conference. He also received 2nd place 'High Gun Male' at the state shooting championship with 97 out of 100! Fellow teammate, Dustin Nelson, was awarded 3rd place 'Seasonal Average Male' in the conference. Way to go! (Kiesow and Nelson are pictured below with their awards.)



Pictured above: Grygla's 2016 Trap Team, L-R: Jared Haack, Lucian Tinnes, Dustin Nelson, Matt Aune and Jaden Kiesow.

YARD OF THE WEEK



Wayne and Karla Byklum, 38629 Hamre Rd NW, rural Grygla, have been nominated and selected for 'Yard of the Week'. Always having a well-kept lawn, the Byklums also keep their rock beds neat and full of beautiful perennials; check out those healthy hostas!



CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir, 8pm Interfaith Bible Study
Sunday:
10:30am Worship at Grace; 9am Worship at OS

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Savior's - Thief Lake
Pastor TBA
Wednesday night services will be held at Our Savior's at 6:30pm & United at 7pm for the month of June.
GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith Interim Pastor Phil Johnson
Sunday:
Faith: 8:30am Worship
Bethany: 9:45am Worship
Ekelund: 11am Worship

THE CATHOLIC COMMUNITIES OF
St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Adam Hanness
Sunday:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship.

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Worship

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Pastor TBA
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseeth
Saturday:
Mt. Olive 9am Worship
Sunday:
St. Petri: 8am Worship
Nazareth: 9:45am Worship
Oak Park: 11am Worship

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

grygla.govoffice2.com
City of Grygla

Community Calendar

To place your events on the calendar, call 218-294-6220 or email grygla.eagle@gmail.com

Wed | June 22
Chargers Youth Baseball game in Goodridge vs. Argyle 9am; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm with 3pm story on the lawn/craft time with Mike Mickelson

Thurs | June 23
Grygla Eagle office closed; Grygla Fall Festival Committee meeting at Yo-Hawn's 6pm

Fri | June 24
Chargers Youth Baseball game in Goodridge vs. Warren 9am; Senior Meals at Grain Bin Café 11am

Sat | June 25
Grygla/Gatzke Food Shelf 8-10:30am

Sun | June 26
Grygla Centennial Sand Volleyball Tournament Fundraiser beginning at 12pm

Mon | June 27
Chargers Youth Baseball game in Middle River at 9am (bus leaves Grygla at 8am); Senior Meals at Grain Bin Café 11am

Tues | June 28
Grygla Eagle office open 3-6pm; Summer League Basketball 6:15pm; Grande Corner Softball 6:30pm



Wayne Paulson, former long-time Grygla area resident, welcomes great granddaughter Harper Wiese in this June four-generation picture taken with daughter Ginny, granddaughter Nya, and great granddaughter Harper, who reside in Iowa.

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Five generations are pictured above! This photo was taken in Nazareth, Texas, on June 7th. Brigitta Dobmeier celebrated her 100th birthday with a lot of family in attendance. She is pictured with her daughter, Judy Irlbeck; grandson Trevor Irlbeck; great-granddaughter Candace, along with her little guy, Max.

FOR SALE:

Ford 5000 gas with loader and 3 point, running condition, unknown hours. Sealed bids to: Farmers Union Oil, PO Box 48 Grygla, MN 56727, or for more information stop by or call the Ag Dept @ 294-6153. Bids will be taken until Friday, June 24th, 2016. G12-13C



Position Open for VB Coach

Goodridge/Grygla Athletics has the following position open: Grade 7 volleyball coach. For information and application, contact Jamie Lunsetter, Athletic Director, at 218-294-6155, email: jlunsetter@grygla.k12.mn.us. Open until filled. G12-13C

 I would like to thank everyone for the surprise birthday party. You surprised the heck out of me! I would especially like to thank Lori, David and the boys and whoever else helped put the party together. Thanks for the cards, gifts and well-wishes. I hope the next fifty is as good as the first!
Lon England G13C

Coach Wanted

Goodridge Grygla Athletics has the following position open: Grade 8 GBB Coach. For information and application, contact Jamie Lunsetter, Grygla AD, at 218-294-6155, email: jlunsetter@grygla.k12.mn.us, or Becky Carlson, Goodridge AD, at 218-378-4133, email: becky.carlson@goodridgeisd561.org. Open until filled. G13-14C

 Thank you from the Brobst family - to everyone involved with the recent benefit held in support of Mark. We are completely overwhelmed by the love, support and generosity you have shown to us in this difficult time. We deeply appreciate each and every contribution. Thank you again from the bottom of our hearts.
Mark and Colette G13C

 Thank you to our family, friends & businesses that helped to make the Amy Sorvig benefit a success. We are truly lucky to be a part of such a loving community. Your support & generosity is appreciated more than you can ever know. It was a wonderful occasion & showed us clearly how joy can be found in even the darkest of situations. With our love & heartfelt thanks:
Amy, Ryan & Ava Sorvig G13C

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Results from last week's StatePoint Crossword Puzzle.



Motel 89
Grand Opening

Sunday, July 10th
from 10am-2pm

A lot of changes have been made to Motel 89!

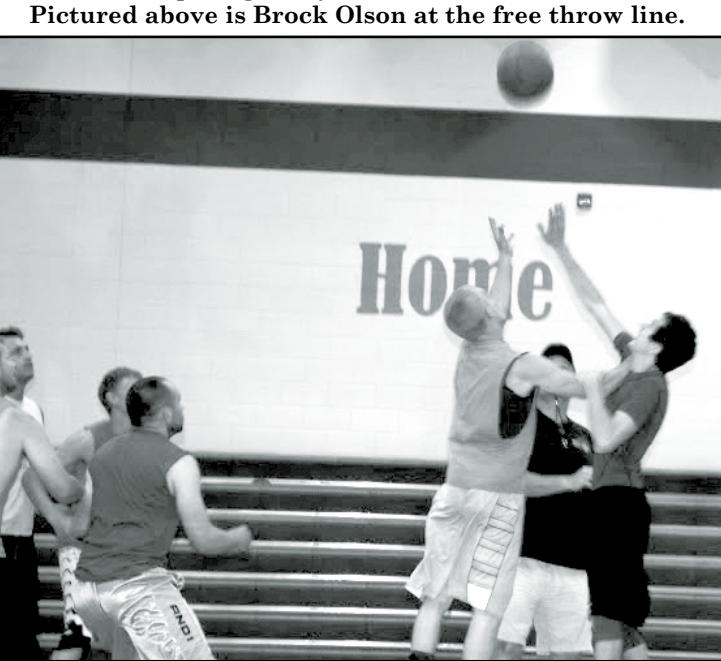
You're invited to come and check out all the rooms on the east side of the building, along with the main reception area!

Everyone who comes through can sign up for door prizes and enjoy coffee, juice and goodies and visit with owners, Shawn & Stacie Meyer.

See you at the Grand Opening of Motel 89!



Every Tuesday at the Grygla School, starting at 6:15pm, summer basketball league is held. According to intern, Carlye Kiesow, each week, teams play a total of two games; those not playing usually help ref and do book/clock. Six teams are competing this year.



Hunter McMillin and Austin Brateng go up against each other at Summer League last week. (Week 1&2 Standings printed in next week's issue.)

Thompson named to Dean's List

Megan Thompson of Grygla was named to the Spring 2016 Dean's List at The College of St. Scholastica in Duluth, MN. Dean's List members have achieved a 3.75 grade point average or above on a 4.0 scale. The College of St. Scholastica would like to commend Thompson for honorable academic achievements.

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Get ahead of your estate planning

Written by: Karin Haugrud
Believe it or not, you have an estate. In fact, nearly everyone does. Your estate is comprised of everything you own— your car, home, other real estate, checking and savings accounts, investments, life insurance, furniture, and personal possessions. No matter how large or how modest, everyone has an estate. We all have something else in common—you can't take it with you when you die. When that happens—and it is a "when" and not an "if"—you

probably want to control how those things are given to the people or organizations you care most about. To ensure your wishes are carried out, you need to provide instructions stating whom you want to receive something of yours, what you want them to receive, and when they are to receive it. You will, of course, want this to happen with the least amount paid in taxes, legal fees, and

Estate Planning...
Continued on page 3

EXTENSION NEWS

By: James Stordahl

Laundering Clothes after Pesticide Applications

The spraying season is upon us and for the next several weeks, many farmers and pesticide applicators will be exposed to various toxic pesticides. The simple act of washing the applicators clothing can have an effect on the well being of others in the household. The following information is adapted from Montana State University Extension.

The use of pesticides may pose a direct risk to the applicator, but also may pose an indirect risk to his or her family. During pesticide application, clothing can pick up pesticide residues through spills and drift. Tossing contaminated garments into the washer or laundry basket with other clothes can transfer the residue to the other garments and unwittingly to other family members.

Ordinary laundry procedures won't rid the clothes of highly toxic and concentrated pesticide residues. Because pesticide absorption through the skin--not through the respiratory system--is the major risk for agricultural workers, textile researchers continue to study pesticide removal from clothing. Fabrics studied include those typically used by farm workers--heavyweight 100% cotton and 50/50% polyester-cotton blends. Research to date shows that fiber content makes no significant difference in the amount of pesticide removed. However, shirts and pants of 100% polyester allow more penetration of pesticides, and should not be worn during pesticide application.

Applicators can first lower the risk to their families by taking some precautions:

- Spray clothing should be changed and washed daily.
- Before entering the house, discard clothing saturated with highly toxic, undiluted pesticides, and discard any contaminated leather apparel. The pesticide can't be completely removed from these items.
- Pre-rinse other garments twice in a pail of hot water.

Empty the prerinse water into the septic system, or use the water in following pesticide applications.

- If the clothing can be laundered, inform the person doing the wash about the pesticide-contaminated clothes and tell whether the pesticide was in a liquid or powder form.

Agricultural pesticides vary in toxicity so it's important to know which chemicals were used. Key words on all pesticide labels, called "Signal Words" identify the toxicity of the product. For example: Poison Danger signifies a highly toxic or highly concentrated product; Warning, moderately toxic; and Caution, slightly toxic.

Other factors which influence ease of removal are the formulation and concentration of the pesticide. Commonly used formulations are emulsifiable concentrates (EC), granulars (G), and wettable powders (WP). Water soluble formulations are easier to remove in laundering than oil based emulsifiable concentrates. Check pesticide label for formulation information.

Hazards are less pronounced in handling clothing exposed to low toxicity pesticides. The ease of pesticide removal through laundering does not depend on toxicity level; however, it depends on chemical class, solubility, and formulation of the pesticide. For example, 2,4-D amine is easily removed through laundering because it is soluble in water; 2,4-D ester is much more difficult to remove through laundering.

Clothing contaminated with highly toxic and concentrated pesticides must be handled most carefully, as these pesticides can be absorbed through the skin, and/or cause serious skin injury. In general, as the concentration of active ingredients (a.i.) in the pesticide increases, the removal of pesticide residue by laundering decreases.

Therefore, multiple washings are necessary if pesticide used is highly toxic or concentrated. In fact, discard clothing completely saturated with most concentrated, highly toxic pesticides. Use disposal directions on the side of the pesticide container label. Clothing

contaminated with moderate or low-toxicity pesticides do not warrant such drastic measures.

Launder clothing after each day's use to maximize removal of chemicals. Accumulated residues are harder to remove. And, wearing clothing that already contains a pesticide puts the wearer at additional risk. In addition, do not allow children to play in or near the contaminated clothing. Do not dry-clean pesticide-contaminated clothing.

Follow these steps to properly launder pesticide-contaminated clothing.

Keep contaminated clothing separate from other garments. Use a disposable plastic bag placed in a plastic box to hold them rather than a cloth bag or laundry basket. Wear rubber gloves when putting contaminated garments into the bag, and again when placing garments in the washer. If pesticide has left a stain, apply a prewash soil and stain remover or rub in a heavy duty liquid detergent.

Pre-rinse contaminated clothing by hosing down outdoors, soaking in a separate tub or pail, or agitating in the washing machine. If rinsing outdoors, rinse and dispose of water away from ground water sources and away from areas where children play or animals are kept.

Ideally, a separate washer should be purchased and used to wash pesticide contaminated clothing but always wash contaminated clothing separately from the family wash. Research shows that pesticide residues are transferred from contaminated clothing to other clothing when they are laundered together.

Wash only a few contaminated garments at a time. Wash garments contaminated by the same pesticides together.

Use as hot a water temperature as possible--the hotter the better. Cold water washing may save energy, but it will not remove the pesticide effectively.

Set washer water level for extra large or large load to flush fabrics thoroughly. Use regular cycle (at least 12 minutes) and normal wash speed settings. A double rinse is recommended.

Use the recommended amount of heavy duty liquid laundry detergent--don't skimp. Research shows that heavy duty liquid detergents, known for their oil removing ability, are more effective in removing emulsifiable concentrate (EC) pesticide formulations, which are oil based. Either the heavy duty liquid, or heavy duty powder detergents under soft water conditions, effectively remove non-oil based pesticide residues.

Laundry additives such as chlorine bleach or ammonia do not improve removal of pesticide residues. Never use ammonia and chlorine bleach in the same wash load. Irritating fumes will result!

Multiple washings are needed if clothing was worn when using highly toxic or concentrated pesticides. Clothing worn while using low toxicity products may be laundered effectively in one machine washing. Check the pesticide label for keywords indicating toxicity levels. Remember to discard clothing heavily soiled with full-strength or concentrated liquid pesticides.

Line dry the garments. This prevents the possibility of residues collecting in the dryer.

Remove any leftover pesticides from the washer by running an "empty load" through the complete cycle, using hot water, full or normal water level, detergent, and normal or regular machine settings and cycles.

Choose a phosphate (powdered) detergent or a heavy-duty liquid detergent. Heavy-duty liquid detergents are particularly effective in removing oily emulsifiable concentrate (EC) formulations, and are insensitive to water hardness. Phosphate-powdered detergents are particularly effective in removing particulate soils (wetable powder formulations), but are sensitive to hard water.

For more information, contact me at 800-450-2465 or stordahl@umn.edu. Source: Montana State University Extension.

Estate Planning...

Continued from page 2

court costs.

This is estate planning—making a plan in advance and naming whom you want to receive the things you own after you die.

Many Americans are not aware that the lack of proper planning often results in chaos for those left behind – especially if a family business is involved. Discussing your estate plans with your heirs may hopefully prevent disputes or confusion. Inheritance can be a loaded issue. By being clear about your intentions, you help dispel potential conflicts after you're gone. The best time to plan your estate is now. None of us really likes to think about our own mortality or the possibility of being unable to make decisions for ourselves. This is exactly why so many families are caught off-guard and unprepared when incapacity or death does strike. Don't wait. You can put something in place now and change it later... which is exactly the way estate planning should be done.

Given the choice—and you do have the choice—wouldn't you prefer these matters be handled privately by your family, not by the courts? Wouldn't you prefer to keep control of who receives what and when?

How can you start a conversation about this stressful topic? Sometimes it is best to have a series of talks, rather than covering everything at once. The best benefit is peace of mind. Knowing you have a plan in place - one that contains your instructions and will protect your family - will give you and your family peace of mind. This is one of the most thoughtful and considerate things you can do for yourself and for those you love.

This article is made possible with Older Americans Act dollars from the Land of the Dancing Sky Area Agency on Aging. Call the Senior LinkAge Line® at 800-333-2433 to speak with a specialist, or check out our website at MinnesotaHelp.info®. MinnesotaHelp.info® is an online directory of services designed to help people in Minnesota find services close to them that meet their needs.

WHAT A JOKE

Submitted by Carlye Kiesow, Eagle Intern

A farmer in the field with his cows counted 196, but when he rounded them up he had 200.

Why did the cow jump over the moon? The farmer had cold hands.

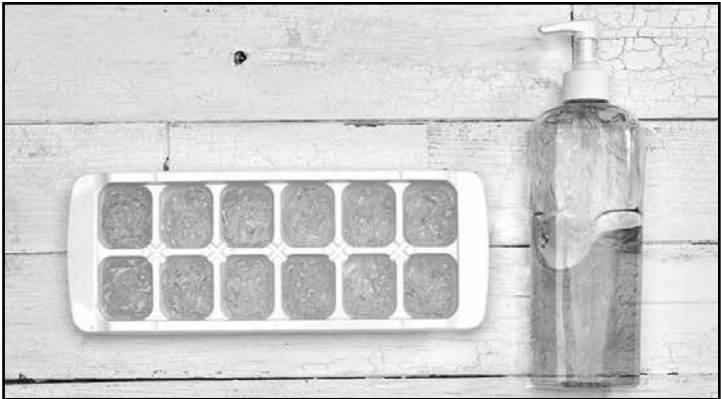
DO IT YOURSELF

Submitted by Carlye Kiesow, Eagle Intern

My next 'Do It Yourself' is going to be a couple of things to prepare for the hot summer months that are for sure to come. These are some tips for the hot weather and some easy actions you can take to fight your way through anything you are going to encounter throughout the next months.

I am sure in the next couple of months you will get a nasty sunburn whether from sitting sunbathing or spending all day fishing on the boat. The one thing you always seem to turn to? Aloe Vera. I mean, this stuff is a life saver. One way to make it even better is to cool the Aloe Vera in the freezer. I know it sounds kind of crazy. But trust me, it feels super good on the hot sunburnt skin. If you already have a bottle of Aloe Vera all you need is a silicon ice cube tray. This will make it easier for the frozen Aloe Vera cubes to come out of the tray. With a silicon tray you can bend and twist however much you want and it wouldn't bend or bust. So just pour the Aloe Vera into the tray and pop into the freezer until frozen. This method of applying Aloe Vera will not only soothe the burn, it will also cool it down.

The next tip is for the beach. When at the beach, you don't want to be continuously worry about having all your electron-



CARLYE'S COUNTRY CUISINE

Written by: Carlye Kiesow, Eagle Intern

Peanut Butter Chocolate Chip Cookies

Ingredients
1 cup peanut butter
½ cup butter, softened
½ cup white sugar
½ cup brown sugar
1 egg
3 tbsp milk
1 tsp vanilla extract
1½ cups flour
¾ tsp baking powder
¼ tsp salt
1½ cups semi-sweet chocolate chips (optional)

Instructions

With a hand mixer, cream together the peanut butter, butter, white sugar and brown sugar until blended. Beat in the egg, milk, and vanilla. Combine the flour, baking powder and salt in a separate bowl. Add flour mixture to the peanut butter mixture and mix together.

Scoop tablespoonfuls of dough and roll into balls. Place cookies 2 inches apart on ungreased cookie sheets (I used parchment paper since my cookies tend to burn on my darker pans). Press each ball

once with a fork. Bake for 8-10 minutes at 375.

As I was busy working outside last Saturday and got in the house, I had a huge "sweet tooth" so to speak. I wanted to make something easy that I know will turn out fabulous and be super easy to prepare. The first thing that came to mind was Peanut Butter Chocolate Chip Cookies. They have a super easy ingredient list and instructions for preparation are simple. These cookies come out super soft and the perfect balance between regular chocolate chip with a little something special. These cookies are up there in my list of favorite cookies.

The edges do tend to crumble when baking so when you ball up the dough preparing to put it on the pan make sure you roll it nice and tight.

These cookies always go really fast in my house and I am sure they won't take long to be devoured in yours. The instructions also have the cookies being smashed with a fork on top after putting them on the pan, personally, I skip that because I like it better without having

that on my cookie.

I don't like to dirty other bowls when making cookies or any type of baking or cooking, actually. When the recipe would like you to use a separate bowl, I don't find it necessary and just combine everything in one bowl, adding it the way written. I also don't quite like the idea of putting salt in my cookies so I always skip that ingredient. There may be some grand reason why salt is used, but I find the cookies taste amazing without the salt so I simply skip it.

One tip, don't over bake these cookies! They will still taste spectacular a tad underdone than burnt on the bottom. Bon Appetit!



Grygla's Relay for Life team, Chix from the Stix, held an entertainment night at the Veterans Gazebo last Thursday evening. The team served a free-will donation supper and raised almost \$1,000 towards the fight against cancer! Numerous acts performed, including Pastor Vicki Saude-Worthington, above, who sang "Lean on Me" for the crowd.



The Jensen sisters, Kansas and Kendra, entertained the crowd with a couple of songs.



TOGETHER WE CAN FIGHT CANCER!

A long list of local talent took to the stage last Thursday, including Mike Mickelson, pictured left.

Grygla's Relay for Life team has been hosting this annual event for a few years now; they have raised the most amount of money out of all the Relay teams in the county! Money raised benefits the American Cancer Society.



The Color Guard was invited to open the show last week. Pictured above is Wayne Hanson honoring the flag at the Veterans Gazebo.

Word of the Week

...enhancing vocabularies
one Grygla Eagle at a time.

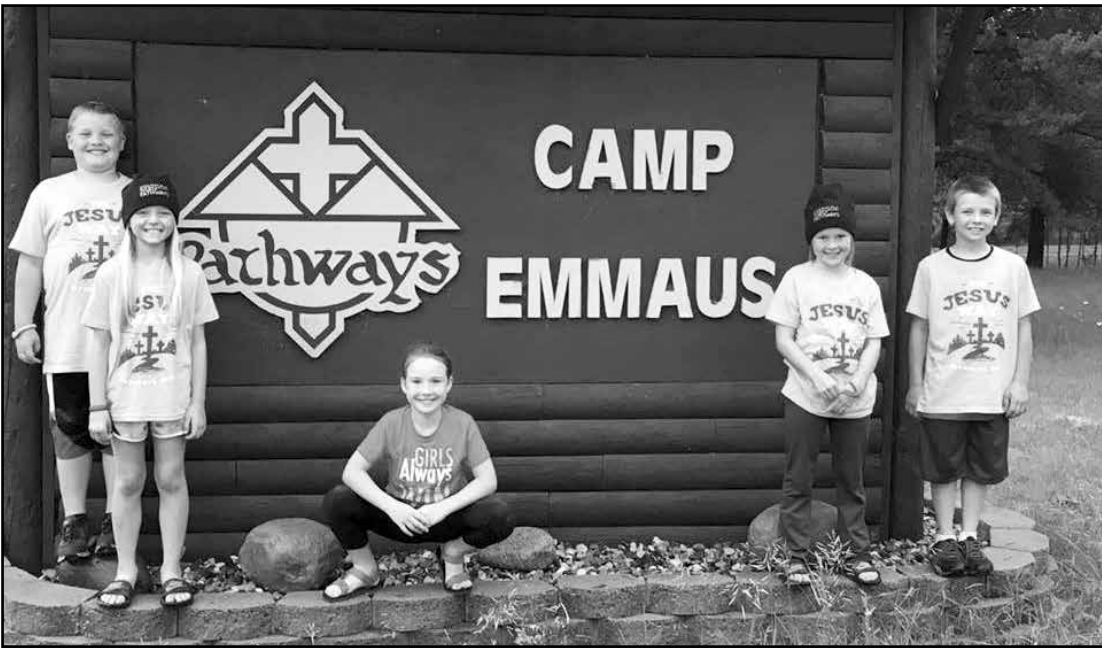
Alliaceous

\al-ee-EY-shuh s\

Adjective

1. Having the odor or taste of garlic, onion, etc.
2. Botany. Belonging to the genus Allium (formerly the family Alliaceae).

Local kids head to area summer camps!



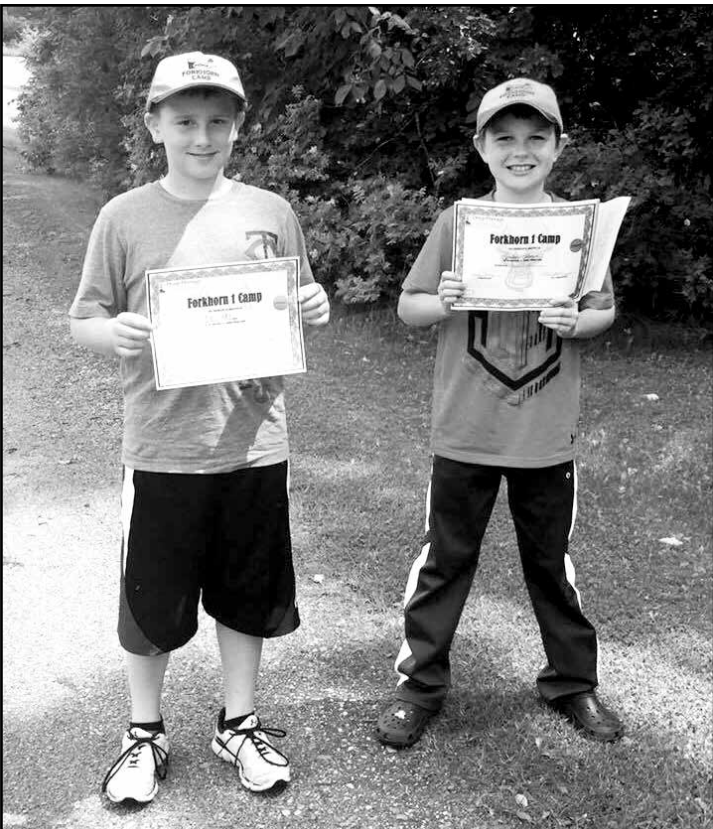
L-R: Gavin Aune, Anna Sundberg, Kinsley Oslund, Addison Severts and Brody Saurdiff attended a full week of bible camp in Menahga last week at Camp Emmaus. The youngsters are a part of the Grace and Our Savior's Lutheran Church Sunday Schools.



Janessa Torgerson, a part of the GG Chargers small fries baseball team, goes up to bat last week in a game against Karlstad in Grygla.



Sheldin Sundberg and Blake Rychlock are also attending Camp Emmaus in Menahga June 19-24th. Both boys attend Sunday School at Our Savior's Lutheran Church in rural Grygla, which is a member of Pathways Bible Camps.



Elliot Philipp and Jordon Johnson, both of Goodridge, recently attended Forkhorn Camp, which is in Deep Portage, MN. During their week at camp, the boys completed their firearms training, survival skills, and lots of hiking and navigation skills, along with things like fishing, swimming and canoeing! The North Red River Chapter of MDHA, along with the Twin Rivers Sportsman's Club, sent the boys to camp on scholarships.

Take me out to the ballgame!



Anna Mickolio and Jorja Salo, part of the PeeWee's team, watch their team on the field last Wednesday in Grygla. The Chargers Youth Baseball team plays in Goodridge this Wednesday and Friday morning beginning at 9am.

Flag Day program held at the Goodridge Veterans Memorial Park



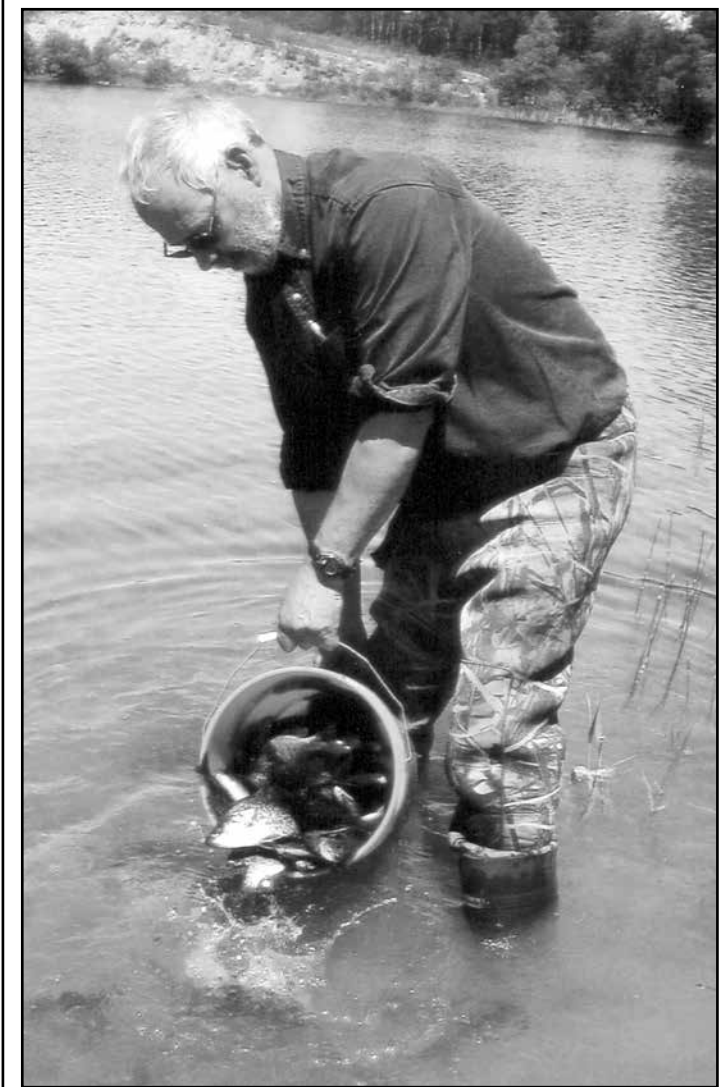
A Flag Day program was held on Tuesday, June 14th, at the Goodridge Veterans Memorial. Aldon Hyland, President of the Goodridge Veterans Memorial Park Committee, did the presiding and announcements. The Goodridge School band played a variety of songs at the event; vocal entertainment was also provided by The Jensen Sisters, Jordynn Johnsrud and Carter Johnsrud.



History of the Flag presentation was assisted by Dale Comstock, Elks Lodge 1308. Students presented the flags as Comstock spoke about each one. Pictured above is Gabe Arveson during that portion.



Walter Jones, along with back-up provided by Texas Connection, impressed the crowd with an auctioneer tune last Thursday night at the Chix Gazebo Night in Grygla. (More info on pg. 3!)



Bruce Little, Fisheries Technician with the Minnesota Department of Natural Resources in Bemidji, released pan fish into the pit near Grande Corner last week. This is an annual stocking that has been happening since 1990. The intent has always been to provide some shore fishing opportunity for kids, family fishing, or adults in an area where few fish and lakes are available. Approximately 200-300 pounds of mixed panfish were released into the pit - bluegill, pumpkinseed, crappie, with a few largemouth bass.



The advance and retiring of colors was presented by the American Legion Post 117 and the VFW Post 2793. Taps was done by Jeremy Wiskow and Mariah Coan.