



				
Today	Thurs	Fri	Sat	Sun
Scatt. Showers	Sunny	Mostly Sunny	Mostly Sunny	Partly Cloudy
H 67 L 51	H 79 L 57	H 83 L 63	H 82 L 59	H 75 L 56



A look at next week... Local athletes stay active by participating in JO Volleyball!

Two recent grads gain opportunity through Machinewell, Inc.

Written by: Carlye Kiesow, Eagle Intern
Shantel Verbout and Jordan Hagen were two very different people during high school. Shantel Verbout could usually be found on the court, whether it be playing basketball or volleyball. Jordan Hagen was more likely to be working on the school's record-setting high-mileage car. These two are very different, but their futures both happen to be quite similar. Both are working with Machinewell, Inc., in Grygla, doing a college program.
The Machinewell college program is a two year program. Students who choose to go through it have to meet the standards throughout their college years. They must keep above a 2.0 G.P.A. in order for Machinewell to pay for ¾ the cost of college. Whomever doing the program must pay for the first semester and Machinewell will pay for the other three semesters. They can choose different colleges to go through but the college must meet the requirements of Machinewell. After completing college with the degree of your choice, you must continue to work for Machinewell for an additional two years to complete the program in its entirety. If you do not complete working for them or do not meet the standards of the program you will have to pay back the money that was in the deal.
Shantel Verbout is the daughter of Jimmy and Brandi Verbout. She will be attending Northland Community and Technical College in Thief River Falls. She will be majoring with a degree in Business. She would love nothing

more than to run her own business one day. As of right now she works full-time at Machinewell, mostly filing papers and doing inventory. She enjoys being close to home whilst working. She decided to do the program through Machinewell given it would help a lot with expenses. She is the first person to do the program to work towards a Business degree. This could open a lot of new doors that could lead to other degrees that Machinewell could offer other than the typical Machinists degree that is mostly thought of.
Jordan Hagen is the son of Vince and Heather Hagen. He will be attending Central Lakes College in Staples. He will be majoring with a degree in Machine Tool Technology. This summer he has been working full-time in the Machinewell shop. He has been busy trying to learn how to run all of the machines there. He choose to do this program for the financial aspect and he loves the people he works with. He believes a good job should be in an enjoyable environment and pay enough to support himself. He believes Machinewell can offer him both of these things. He enjoys coming to work every day. He likes the fact that working as a machinist is a very interesting career field.
Editor's Note: Carlye Kiesow, who will be a junior at Grygla High School, is interning with the Grygla Eagle Newspaper for 10 weeks. She has been given the opportunity to choose and write a human interest story to be shared with our readers. Watch for her front-page stories to be featured each week over the course of her internship!



Fun at the Grygla Library

This group of youngsters are among the participants in the 'Read for the Win' program at the Grygla Library. Last Wednesday, a story time was held on the lawn outside of the library, along with a craft activity.
Pictured front row, L-R: Cooper Aune, Tyceen Ostby, Carter Ostby. Middle: Josie Saurdiff, Jack Bessler, Paizley Moe, Brody Saurdiff. Back row: Anna Sundberg, Gavin Aune, Sheldin Sundberg, Raymond Moe, Riley Saurdiff.
Kids are still welcome to join the 'Read for the Win' program, which involves reading for 20 minutes a day/5 days a week. Weekly prizes and t-shirts are given out, along with a grand prize drawing for 2 Pennington County Fair Mega Passes!



Left: Shantel Verbout can be found busily filing papers away at Machinewell. Right: Jordan Hagen mastering one of the many machines he is learning to run.

YARD OF THE WEEK

This week's 'Yard of the Week' goes to Carter and Linda Torgerson, who reside at 119 S 6th Ave in Grygla. The Torgersons have a very clean and tidy yard with pops of color here and there! Their well-kept lawn and landscaping has earned them bragging rights for the week! If you'd like to nominate someone for 'Yard of the Week', get in touch with the Grygla Eagle at 218-294-6220 or email grygla.eagle@gmail.com



Jack Bessler (left) and Cooper & Gavin Aune (right) are designing buttons during craft time at the Grygla Library last week. There will be a story walk and craft time again this Wednesday at 3pm!



A reminder that the Grygla Library is open every Wednesday from 2-6pm. Available to its patrons are books, audio books, e-books, e-audio books, CD's, DVD's, computers & wifi service. If the library doesn't have the book you want, they can sure get it in for you. Pictured above are library visitors, Olivia and Katy Yager.

Chix Gazebo Night this week

Grygla's Relay for Life team, Chix from the Stix, is hosting an entertainment night this Thursday! Starting at 6pm, the Relay team will be serving a free-will supper at the Veterans Gazebo in Grygla. Fun singing entertainment will follow that includes a variety of local talent! All proceeds will benefit the American Cancer Society. As of date, the local team has raised \$9,851.00! They will be participating in the Relay for Life 'Walk of Hope' on June 21st at the Marshall County Fairgrounds from 6-10pm.
Come out this Thursday; show your support and be sure to enjoy the entertainment at the gazebo! Don't forget to bring your lawn chair!



Roy Nordby is pictured with items that were gifted to him by Grygla's VFW Auxiliary Post 3858. The group has been sewing items for decades; Roy received a blanket, afghan and pillow that were made by member Sue Aune. Roy is an Army Veteran, formerly of Grygla, now residing at Good Samaritan Society in Clearbrook.

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir, 8pm Interfaith Bible Study
Sunday:
Grace: 9am Worship
OS: 10:30am Worship

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Savior's - Thief Lake
Pastor TBA
Wednesday:
Our Savior's: 5:30 Family Cook-out w/ 6:30pm Worship
United: 7pm Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Interim Pastor Phil Johnson
Sunday:
Faith: 8:30am Worship
Bethany: 9:45am Worship
Ekelund: 11am Worship

THE CATHOLIC COMMUNITIES OF St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Adam Hamness
Sunday:
St. Clement's: 11:45am Wor-

ship
St. Ann's: 10am Worship.

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Worship

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Pastor TBA
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseth
Saturday:
Mt. Olive 9am Worship
Sunday:
St. Petri: 8am Worship
Nazareth: 9:45am Worship
Oak Park: 11am Worship

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

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NOTICE: Steenerson Township
Steenerson Township road meeting June 23rd 7:00pm at Steenerson Town Hall.

Position Open for VB Coach
Goodridge/Grygla Athletics has the following position open: Grade 7 volleyball coach. For information and application, contact Jamie Lunsetter, Athletic Director, at 218-294-6155, email: jlunsetter@grygla.k12.mn.us.
Open until filled.

Community Calendar

Wed | June 15
Chargers Youth Baseball game in Grygla vs. Karlstad 9am; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm with a craft/story walk being held at 3pm; Grygla Eagle office open 2-6pm

Thurs | June 16
Grygla Eagle office open 3-6pm; Chix Entertainment Night at Veterans Gazebo in Grygla 6pm; Skywarn Class at Our Savior's Lutheran Church 6-8:30pm; Summer League Basketball at the school 6:15pm; Grygla School Board meeting 7pm

Fri | June 17
Chargers Youth Baseball game in Newfolden 9am (bus leaves Grygla at 7:30am); Senior Meals at Grain Bin Café 11am

Sat | June 18
Sun | June 19
Happy Father's Day; Open Sand Volleyball in Grygla 6-8pm

Mon | June 20
Chargers Youth Baseball game in Grygla vs. Hallock 9am; Senior Meals at Grain Bin Café 11am

Tues | June 21
Grygla Eagle office open 3-6pm; Grande Corner Softball 6:30pm; Fourtown/ Grygla Sportsman's Club meeting at Diamonds 7pm

STATEPOINT CROSSWORD

Theme: Summer Fun
ACROSS
1. Téa Leoni's "___ Secretary"
6. Red and blue states
9. *Summer sandal, e.g.
13. Ancient Greek marketplace
14. "___-a-dub-dub"
15. Royal topper
16. See-through curtain
17. Santa ___ winds
18. *Olden-day road trip assist
19. Brezhnev's hat fur
21. *Luminescent summer catch
23. D.C. bigwig
24. Octagonal warning
25. Rejuvenating spot
28. Windshield option
30. Fall asleep
35. Bowling ball path
37. Bluish green
39. Japanese-American
40. Individual unit
41. Cry of the Alps
43. Sign of engagement
44. Levi's fabric
46. *Halfway around links?
47. Modern support
48. Catch in a snare
50. Delivery org.
52. Renewable Energy Technology, acr.
53. Obama is in his last one
55. One of Bo Peep's flock
57. *S'more cooker
59. *Summer movie venue
61. Tear jerker
66. Pilot's estimate
68. "Around the World in Eighty Days" author
69. Homo homini ___
70. Tank
71. Cereal killer

Anyone with an interest in weather is invited to attend

The Beltrami County Sheriff's Office, Division of Emergency Management, has scheduled an additional Skywarn class in Beltrami County. The class will be held this Thursday, June 16th, 6pm, at Our Savior's Lutheran Church, 37048 Hamre Rd NW, rural Grygla.
The 2.5 hour class is free, open to the public and there are no pre-requisites to attend; no RSVP is needed.
Skywarn was developed by the National Weather Service in the early 1970's to equip the public and emergency responders with training in the detection of severe weather and how to effectively and efficiently report severe weather to the National Weather Service.
Skywarn spotters provide real-time information to the National Weather Service, which assists in forecasting and the warning decisions during severe weather.
Class attendees will be provided with the National Weather Service Field Spotter's Guide and view a multimedia presentation on severe weather. Anyone with an interest in weather or becoming a contributing Skywarn member is invited to attend. If you have any questions, please contact Beltrami County Emergency Management Director Christopher Muller.

Fall Festival Logo Contest

Reminder on the Grygla Fall Festival Logo Contest; you have until June 21st to submit your design. The contest is open to all ages and if chosen, your design will be featured as the 2016 Grygla Fall Festival logo featured on the buttons and mugs. A cash prize is also awarded. Logos can be dropped off with Kari Sundberg at the Grygla Eagle Office or mailed to PO Box 181, Grygla, MN 56727.
The next Grygla Fall Festival Committee meeting will be meeting Thursday, June 23rd at 6pm at Yo-Hawns. Grygla Fall Festival is being planned for August 26-28, 2016.

CROSSWORD
1 2 3 4 5 6 7 8 9 10 11 12
13 14 15
16 17 18
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72 73 74

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72. Ivan the Terrible, e.g.
73. Compass point between NE and E
74. City on Rhone River
DOWN
1. Jim Carrey's 1994 disguise
2. Muslim honorific
3. As opposed to talker?
4. Zones
5. *Outdoor shopping venue
6. Russian mountain range
7. *Soaked up in summer
8. Behind a stern
9. Location
10. Two quarters
11. Like family lore
12. Piece of cake
15. Saltwater game fish
20. Wholeness
22. Charge carrier
24. *Peanuts and Cracker Jack venue
25. *Slip-n-___
26. Similar to a plate
27. With regard to, archaic
29. Vegas glow
31. *Gardener's turf
32. Willow twig
33. Use an épée
34. Conflict or dispute
36. Arab chieftain
38. *It's in your sunglasses
42. A pariah avoided by others
45. Monastic nighttime liturgy
49. P in m.p.g.
51. Office chair feature
54. "Super" Christopher
56. Each and all
57. *Summer discharge
58. Cross to bear
59. Australian palm
60. They were Fantastic
61. Romantic occurrence
62. Cogito ___ sum
63. Involved in a secret
64. *Butterfly catchers
67. *Popular summer color

Summer League June schedule

Summer League basketball has begun! Games will be played Tuesday evenings; the June Schedule is below for your reference. (NG= new gym, OG=old gym)
June 14
6:15pm: NG-Green vs. Blue, OG-Purple vs. Red, Refs-Gray & Orange
7pm: NG-Orange vs. Gray, OG-Green vs. Purple, Refs-Blue & Red
7:45pm: NG-Blue vs. Gray, OG-Red vs. Orange, Refs-Green & Purple
June 21
6:15pm: NG-Purple vs. Gray, OG-Orange vs. Blue, Refs-Green & Red
7pm: NG-Red vs. Green, OG-Purple vs. Orange, Refs-Blue & Gray
7:45pm: NG-Green vs. Gray, OG-Red vs. Blue, Refs-Purple & Orange
June 28
6:15pm: NG-Red vs. Gray, OG-Green vs. Orange, Refs-Blue & Purple
7pm: NG-Blue vs. Purple, OG-Gray vs. Orange, Refs-Green & Red
7:45pm: NG-Purple vs. Red, OG-Green vs. Blue, Refs-Orange, Gray
Summer League 2016 Teams
Green: Brady Olson, Hunter McMillin, Jaden Kiesow, Brock Olson, Jordan Hagen, Jesse Wiseth, Carlye Kiesow, Carter Burks.
Purple: Randy Henrickson, Dayle Larson, Brandon Bakken, Steven Hanson, Devin Drangstveit, Michael Lawrence, Jake Tharaldson, Felix Jensen.
Red: Cole Halvorson, Blaine Kriel, Tyler Stinar, Matt Hanson, Kaleb Sjulestad, Kember Anderson, Preston Panek, Keyton Klein.
Gray: Andrew Holte, David Hanson, Alan Prestebak, Hudson McMillin, Justin Kiesow, Robert Brummitt, Michael Jensen, Dylan Wold.
Orange: Keith Sparby, Ben Groven, Peyton Verbout, Ashley Moe, Lucian Tinnes, Trystan Jelle, Zach Dunrud, Blake Jensen.
Blue: Charlie Wells, Dylan Walker, Austin Brateng, Brandon Stanley, Ty Jelle, Mariah Coan, Sadie Olson, Cory Clevan.

Minnesota Traffic Deaths: What's going on?

By: Paul Aasen, President of the MN Safety Council
Five dead last Tuesday. And we've just started to ramp up our driving for the summer. We are at 128 traffic deaths and counting this year. A rough way to calculate injuries is to multiply by 100. That means about 13,000 Minnesotans have been injured in crashes. What's going on?
We are going on. Head-on crashes, pedestrians on freeways, impaired driving, distracted driving, just plain bad driving are all in play, and we control it all. We have met the enemy and it is us.
We battle for space on the freeway like ticket brokers battling for Beyoncé tickets. No cop, no stop is a common refrain in our high schools. Speed limits are viewed as advisory applying to others but not to us.
Road conditions? That's MNDOT's job; we should be able to drive 10 over the limit all summer AND all winter.
Let's build safer roads! Yes,

for sure! Just as soon as we, the state collective we, can agree how to fund all this new work.
Let's build safer cars and have better emergency care! We have both, right now. More people would die each year if not for great trauma care and cars are as safe as they have ever been.
Let's get more cops on the roads to get those bad drivers! The one truth in law enforcement is that more cops are needed.
MN Traffic Deaths... Continued on page 3
Wednesday, June 15, 2016

June youth baseball schedule

The Chargers youth baseball program is underway; below is the June schedule for your reference.
June 15: Game vs. Karlstad in Grygla at 9am
June 17: Game at Newfolden 9am (bus leaves Grygla at 7:30am and Goodridge at 8am)
June 20: Game vs. Hallock in Grygla at 9am
June 22: Game vs. Argyle in Goodridge at 9am
June 24: Game vs. Warren in Goodridge at 9am
June 27: Game at Middle River 9am (bus leaves Goodridge at 7:30am and Grygla at 8am)
June 29: Game at Greenbush 9am (bus leaves Goodridge at 7:30am and Grygla at 8am)

Schulz named to Dean's List

Dr. Keith Stenehjem, Vice President for Academic Affairs at Mayville State University, announced the Dean's List for the Spring Semester of 2016 at Mayville State University. Leah Schulz, of Grygla, was among the students receiving this university honor.

June Sportsman's Club meeting

The Fourtown/Grygla Sportsman's Club will be holding its June Meeting on Tuesday, June 21st, at 7pm at Diamond's Bar & Grill in Grygla.

June Is Dairy Month
Did you know there are 51,000 Dairy Farms in the United States and most are family owned and operated? Each June, we salute America's Dairy Farmers.
Here in America we are so blessed to be able to choose from a great selection of safe, affordable, high-quality dairy products. We know that milk and other dairy products are necessary for healthy teeth and strong bones.
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► EXTENSION NEWS

By: James Stordahl

Seven Simple Tips to Prevent Tomato Disease

Plants need three factors for disease to develop. The host plant must be susceptible, the pathogen must be present (usually in the soil), and the environmental conditions must be right. This typically involves wet leaves over some period of time.

There are several simple cultural techniques that you can implement before considering chemical treatments. Fungicides (that innocent looking white dust) are dangerous and are often over applied, so avoid using them until you have exhausted the following cultural options. Why add pesticides to your food when it can be avoided?

Step 1. Begin with a proper crop rotation. This simple practice alone will significantly reduce disease. Do not plant tomatoes where you had potatoes, peppers -- and of course tomato -- last year. Rotation is important and is your first defense in disease prevention.

Step 2. Plant a variety of tomato that is resistant or tolerant to leaf blight, especially if blight has rained on your parade in the past. Sometimes, disease can be prevented simply by variety selection. If you start your own transplants, this information is supplied on the package. If you purchase transplants, your local garden center horticulturalist will have this information.

Step 3. Do not crowd the tomatoes, lack of air circulation favors disease development. Leaf diseases need longish periods of uninterrupted wetness for disease development, and overcrowding prevents leaf drying.

Use a trellis or cage on plants spaced a minimum of 24 inches apart to keep leaves and fruit off the ground. This aids in the plant drying and keeps the disease inoculum further away from the leaves; remember, the disease inoculum is in the soil. Also, it keeps the fruit cleaner and reduces the incidence of spoiled fruit.

Step 4. This may be the single most important step of all. If you need to irrigate, water the ground, not the leaves. Sprinkler irrigation keeps the leaves wet and splashes the disease inoculum from the soil onto the leaves. Soaker hoses, drip irrigation or careful hand watering are better alternatives.

Step 5. Consider using plastic mulch. Plastic mulch laid on the soil surface prior to trans-

planting is a common practice in commercial production and works well in gardens too. Commercially available plastic is available in 3' and 4' wide rolls in a rainbow of colors. Clear and black are the most readily available to the gardener, but red and green are often available at garden centers. Clear and red mulch will allow weed growth beneath the plastic, unlike the black and green colors. If you need to water the plants, water through the transplant hole. Often, however, the plastic reduces water evaporation so watering is not necessary. Drip irrigation is another option when mulch is used, but increases the complexity of "simple tips".

Plastic mulch's other benefit is warming the soil, which significantly increases the yield of warm season crops like tomatoes, peppers and melons. Research in northern Minnesota shows a two-fold increased fruit yield using plastic mulch as compared to bare soil. The increased yield is due to warmer soil temperatures, reduced disease pressure, reduced water evaporation, and greater consistency in water uptake by the plant.

Step 6. Pinch off the "suckers" growing at the leaf axis. Suckers produce unnecessary foliage and decreases air circulation around the plant. Commercial growers will often leave one leaf beneath the first flower and remove all other leaf from that point and down. This does not make for a pretty tomato plant, but it's effective.

Step 7. Don't apply too much fertilizer, especially nitrogen. Excess fertilization promotes succulent leaf growth which is often more prone to disease. My fertility choice is compost, from either manure or other vegetative materials. Compost is advantageous as it provides all the essential elements necessary for plant growth in a slow release form in sync with plant growth.

If you follow these recommendations, you will hopefully enjoy juicy red tomatoes with an added benefit -- fruit without pesticide residue.

If all else fails and you're tempted to use a fungicide, remember that fungicides only prevent new infections, they will not cure existing leaf disease. Fungicides should be applied according to the product label.

For more information, contact me at 800-450-2465 or stordahl@umn.edu

Midsommer Fest

(Submitted) Agassiz Swedish Heritage Society (ASHS) will hold its annual Midsommer Fest Wednesday, June 22nd, at the historic East Emmaus Lutheran Church at rural Kennedy. This 116-year old church is a landmark in Kittson County.

Descendants of the founding East Emmaus members are hosting the ASHS festival to celebrate the recent painting of the church. Their aim is to raise awareness and funds for renovation so it does not fall into further disrepair. Services have not been held for many years, however, this is the second time ASHS has celebrated Midsommer Fest on the grounds in its 30-year history.

Activities will begin at 2pm with coffee and Scandinavian cookies served by Mrs. Bonnie Peterson, who is organizing the event, together with ASHS President Lyndon Johnson of Hallock. Members are asked to bring flowers and leafy greens for decorating the maypole. There will be special music by musicians from Pembina, ND, President Johnson will lead the procession and dancing around the decorated maypole.

East Emmaus was built on

a 10-acre plot given by Great Northern Railroad over 100 years ago for a church. This land has a unique blend of mixed prairie grass and native flowers. Descendants aim to preserve the church and the land.

Concluding the festival, everyone is invited to Sion Lutheran Church in Lancaster for its famed annual Scandinavian smorgasbord beginning at 4:30pm. Ladies of the church have kept up this Midsommer tradition and have served ethnic foods to large crowds for many years.

Directions for getting to East Emmaus are: from Kennedy on State Highway 75 north, drive 8 miles east on County Road 7 and one mile north on Township 330th Avenue. From Halma: on State Highway 59 north, drive 4 miles west on County Road 7, make a jog to the right and drive 2 miles west on a gravel road, which is 180th Avenue. The church is visible from a distance.

President Johnson, together with East Emmaus folks, extend a cordial invitation to attend the festival and see the newly-painted country church.

MN Traffic Deaths... Continued from page 2

ment is you can't enforce your way to a better situation. Law enforcement simply can't be everywhere.

So what's left? Us. You. Me. Everyone who drives or rides or walks near or bicycles on a roadway. We can make Minnesota safer -- today! How?

Pay attention. Our first job as a driver is to focus on driving.

Slow down. Speeding doesn't buy you much time and it wipes out the reaction time you may need to avoid a crash. The latest data is showing links between increased speed limits and fatalities.

Share the road. This is especially true in our cities where walkers, bikers, motorcyclists, train and bus commuters are all more common than ever before.

Always -- always -- buckle up!

The Minnesota Safety Council is a not-for-profit organization dedicated to preventing injuries on the road, at work, at home, and in the community.

Happy Father's Day

Sunday, June 19th

God took the strength of a mountain,
the majesty of a tree,
the warmth of a summer sun,
the calm of a quiet sea,
the generous soul of nature,
the comforting arm of night,
the wisdom of the ages,
the power of the eagles flight,
the joy of a morning in spring,
the faith of a mustard seed,
the patience of eternity,
the depth of a family in need.
God combined these qualities,
and then there was nothing more to add.
He knew his masterpiece was complete,
and so, he called it -- DAD.

► DIY

DIY Maxi Dress

By: Carlye Kiesow, Eagle Intern

This DIY is to make a nice breezy maxi dress. If you have a t-shirt that fits super well and you just cannot seem to get rid of it, but it is a little outdated, upcycle it! This tutorial will be for a color block maxi dress. A maxi dress is a long flowy dress perfect for summer days. This DIY will require a bit of sewing; not too much skill needed though. I am sure you will be able to whip this up in a jiffy for a cool homemade outfit that can easily be dressed up or down. You will have to think of a color scheme for your dress that would suite you the best.

Materials needed for this project:

-Your t-shirt you are upcycling

-Three t-shirts; shirts should not have any screen print or embroidery on them. Shirts with the same fabric and weight will work the best to make the piece look unified.

-Scissors
-Sewing machine and thread

-Seamstress tape
To begin, make sure that you wash and dry all of the materials being used in this project

Note: you can use a bigger size as the bottom color block and decrease the sizes going upward to make the fit a little more flattering on your waist area. Also, when sewing, make sure to sew when right sides are facing each other for a seamless look.



► CARLYE'S COUNTRY CUISINE



Written by: Carlye Kiesow, Eagle Intern

Rhubarb Sorbet

Ingredients

2 cups of chopped fresh Rhubarb Stalks (4-5 stalks, do not use the poisonous leaves!)
1 1/2 cups of Water
1 2/3 cups of white Granulated Sugar
2 teaspoons of Orange Zest
2 teaspoons of chopped fresh Ginger

Instructions

-Heat the water and add the Rhubarb, Sugar, Orange Zest, Ginger, and Salt. Lower the heat and cover. Stirring oc-

asionally. Simmer until Rhubarb is tender and sugar is dissolved.

-Remove from heat and let chill for 10 minutes, put in blender until smooth. Put through a strainer. -Stir in the Corn Syrup

-Put in the Refrigerator up totally chilled.

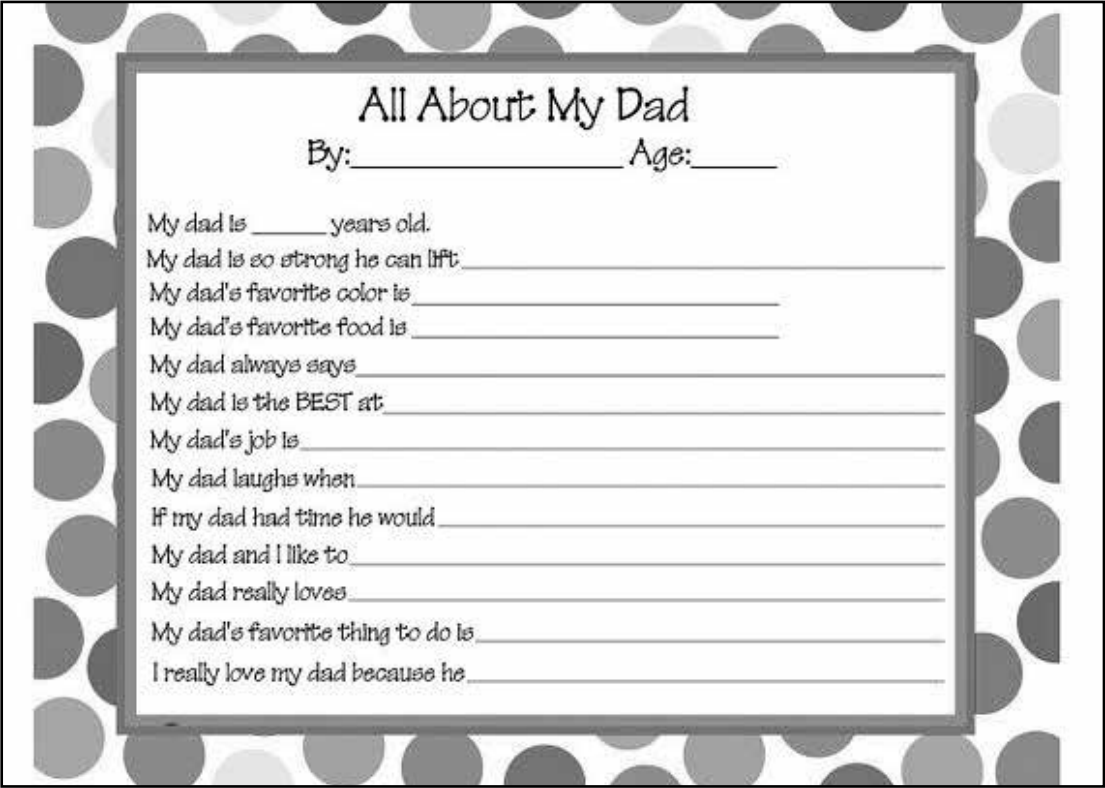
-Process it in your ice cream maker according to the manufacturer's instructions.

Note- right out of the ice cream maker it will have a soft consistency, it you like it to be firmer cover and freeze for a couple hours or until frozen. It will make about a quart and a half.

We haven't had many super hot days this year, but the days

that are warm it's nice to have a cool treat to fend off the heat. This a recipe I got off of Pinterest after being given a bag of Rhubarb and needing a good way to use it. It was a very good summer treat and super easy to make. I found when I was making it, I didn't need to add the fresh Ginger or the Orange Zest. When making it, make sure to keep stirring it whilst it was on the stove top. I have a small counter top Ninja Blender that worked well to blend up the mix. You can add all of it at once (Blender permitting). When putting it through the colander, I found that the fine mesh ones, didn't really allow the mixture to go through it in a timely matter. A Strainer with wider holes worked better and didn't change the consistency all that much. I do not have an ice cream maker and thought that step could just be skipped. So I did just that, I skipped it. I poured the mixture right from the blender into a freezer-safe container and popped it into the freezer for a couple of hours. It worked just as well and didn't have to put it in an ice cream maker. It took about five hours to be completely frozen. It may take more or less time for you. Once it was frozen, I took an ice cream scoop and plopped a couple of scoops into a bowl. It had a very good flavor; sweet and tangy, at times, with a coolness that will satisfy you. You can add real sprigs of mint leaves for garnish to add character to the dessert.

Bon Appetit



For the little ones out there! Cut this out, fill it out and give it to your dad this Sunday on Father's Day; it's sure to warm his heart.

Begin by cutting the hem off of all your shirts. You can leave the hem of the t-shirt you are leaving as the bottom color to save some time on hemming later.

Next, cut the side seams out of the three colored shirts that will make up the skirt.

Then, measure where you would like your base shirt to end down. Divide that length by three and cut your colored tees to that length, making sure to add 1/2 inch to that for 1/4 seam allowance.

Sew the colored tees together, making sure the side seams that you cut before match up.

Finally, to finish the skirt, sew up the side that was cut before; sew this to your desired size.

With the shirt you are upcycling, cut at the waist length where you would like it to meet up with the skirt. You can taper the side seams to make it fit your waist better but this is not necessary for the look.

At last, you can attach your shirt at the waist to the skirt you have just made.



Jennings Johnsrud, son of Brad & Rozlynn, and Abe Miller, son of Aaron and Jody, recently attended a 2-day Safety Camp at the Ralph Engelstad Arena in Thief River Falls. The boys learned about fire, weather, lawn mowing, poison, bike and train safety!

Grygla Centennial Sand Volleyball Tournament Fundraiser

There will be a Grygla Centennial Sand Volleyball Tournament Fundraiser coming up! The dates will be Sunday, June 26th; Sunday, July 31st; Sunday, September 25th.

(Pre-registration ends the week before each tournament.)

All tournaments will begin at 12pm with registration beginning at 11am and closing at 11:30pm on the day of the tournament.

\$50 pre-registration fee; please contact Jodi Schulz or Tonia Haack at 218-294-6101

or on the Grygla Centennial Facebook page.

\$60 registration fee the day of the tournament if you haven't pre-registered.

Minimum of 4 players per team, max of 8. Need a minimum of 5 teams to be pre-registered in order to host the tournament.

Must be 15 years of age or older.

Cash prizes will be determined based on number of teams that participate.

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Overslaugh \oh-ver-SLAW\
Verb

To pass over or disregard (a person) by giving a promotion, position, etc., to another instead.

FSA County Committee nominations begin June 15

Marshall County USDA Farm Service Agency (FSA) Executive Director Russell Miller, wants to remind farmers and landowners that the local Farm Service Agency (FSA) County Committee nomination period will open on Wednesday, June 15. The 2016 County Committee nomination forms will be accepted for LAA 2 in Marshall County.

LAA 2 is the central most one third of Marshall County. It is defined as Nelson Park

Township to Huntly Township in the North, and Comstock Strip Township to Excel Strip Township in the South, and includes all townships there between. Zachary Green currently represents LAA 2. Zach will be completing his first 3-year term as an FSA COC member in 2016. Term limits allow COC members to serve up to 3 consecutive 3-year terms.

FSA nominations.. Continued on page 4



Flag Day - Tuesday, June 14, 2016

Names: The American flag; Stars and Stripes; Red, White and Blue; Old Glory; The Star-Spangled Banner
Adopted: June 14, 1777 (original 13-star version), July 4, 1960 (current 50-star version)

Our American Flag

Our flag has valor for stripes of red,
A gruesome symbol of the blood shed
To preserve precious freedom of speech,
Right in public assembly to preach.
Pureness of purposes the white shows,
Gives the choice of religion which grows
As we worship in the church we choose,
Nothing that is right do we refuse.
The blue is for courage, loyalty
Of women left behind, royalty
Brave, to whom the war will never end,
Vets' broken bodies, spirits, they mend.
Stars for states that love, honor, our flag,
A grand symbol, not only a rag,
In service blue ones in windows hung,
Were gold, when taps for heroes was sung.
The American Flag, red, white, blue,
As it waves up high for me or you,
Represents the best of life's treasure,
Privileges so great none can measure!

(Melitta Foeste King)
Sheboygan Press (Sheboygan, Wisconsin) Jun 13, 1959



FSA nominations.. Continued from page 3

Farmers and ranchers are urged to participate in this year's County Committee elections by nominating candidates by the August 1 deadline. County Committees are a vital link between the farm community and the U.S. Department of Agriculture and provide a voice to landowners, farmers and ranchers so that their opinions and ideas can be heard.

To be eligible to serve on an FSA County Committee, a person must participate or cooperate in a program administered by FSA, be eligible to vote in a county committee election and reside in the local administrative area in which the person is a candidate.

Farmers and ranchers may nominate themselves or others, and organizations representing minorities and women may also nominate candidates. Beginning Farmers are also encouraged to participate. To become a candidate, an eligible individual must sign the nomination form, FSA-669A. The form and other information about FSA county committee elections are available online at <http://www.fsa.usda.gov/elections>. Nomination forms for the 2016 election must be postmarked or received in the local USDA Service Center by close of business on Aug. 1, 2016. Elections will take place this fall.

While FSA County Committees do not approve or deny loans, they make decisions on disaster and conservation programs, emergency programs, commodity price support loan programs and other agricultural issues. Members serve three-year terms. The Marshall County Committee consists of three regular members that are elected by eligible producers and an advisor appointed by the committee.

FSA will mail ballots to eligible voters beginning Nov. 7. The voted ballots are due back to the local county office either via mail or in person by Dec. 5. Newly elected committee members and alternates take office on Jan. 1, 2017.

NOTE: FSA news releases and media advisories are available on the Web at <http://www.fsa.usda.gov/#>



Jan Lee's piano students are pictured above, front row, L-R: Norah Philipp, Nevaeh Kotrba, Mercedes Coan, Tiana Banasau, Taylyn Banasau. Back row, L-R: Mariah Coan, Brooklynn Kriel, Connie Moe and Chantel Grindeland.



Mariah Coan (far right) is pictured with her sister, Mercedes, and her mom, Deanna. Mariah is a 2016 Goodridge High School Senior; she performed multiple pieces at her Senior Recital, including a piece with her mom and sister!

Spring Piano Performance

There was a 'Spring Piano Performance' by the students of Jan Lee on Sunday, June 5th, at 4pm. (Photos courtesy of Deanna Coan)

Performances included:
Spanish Intermezzo – Chantel Grindeland and Jennah Henrickson
The Rainbow Song – Norah Philipp
In Christ Alone – Connie Moe
Swans – Nevaeh Kotrba

Trumpets – Tianna Banasau
Day Dreams – Taylyn Banasau
Sunflower Boogie – Ballet Dance – Brooklynn Kriel
Ballade – Chantel Grindeland
Minuetto – Taylyn and Tiana Banasau
Moonglow – Mercedes Coan
Sonatine in F – Connie Moe and Jan Lee



Piano students: Chantel Grindeland and Connie Moe (above) & Mercedes Coan and Nevaeh Kotrba (below).



2016 Senior – MARIAH COAN

Senior Profile: My love for music began when I was young and it has continued all my life. I play trumpet, baritone horn and piano. I'm also learning how to play guitar after I received one as a gift for graduation. This fall I will continue my love for music at Bemidji State University where I will study to become a music teacher. Some of my hobbies include playing sports, hanging out with friends, four-wheeling and most of all – singing! I'd

like to thank everyone who has supported me over the years, and thank you, Jan, for pushing me through these two years of piano. It has been a blast.
Piano Performance Pieces included:
The Entertainer – Mariah and Mercedes Coan
Barcarolle – Mariah
Paws Five – Mariah, Mercedes and Deanna
You are my all in all – vocal by Mariah. Accompanied by Mercedes

Wednesday, June 15, 2016