



				
Today	Thurs	Fri	Sat	Sun
Cloudy	Partly Cloudy	Partly Cloudy	Mostly Sunny	Mostly Sunny
H 64 L 41	H 54 L 33	H 53 L 34	H 54 L 36	H 56 L 38

Wednesday, April 20, 2016

NOW ONLINE www.tricocanary.com

Vol. 42 Number 42

A look at next week... Grygla Iron Chargers attend the 2016 VEX Robotics World Championship in Louisville, KY.



A pizza cooks in the oven Wednesday, April 6th, at Pompeii Pizzeria in Elk River, where Alec Henrickson is the Head Chef. Henrickson is originally from Goodridge, MN. (Photo: Jason Wachter, St. Cloud Times)

Goodridge native cooks up prize-winning pizza

Article written by Jessie Wade (Re-printed with permission from John Bodette, Executive Editor, St. Cloud Times)

April 12th, 2016

Prize-winning pizza has flavors of Naples baked in

ELK RIVER — You don't need to go as far as Italy to get authentic Neapolitan pizza. From the moment you step out of your car and walk up to the door of Pompeii Pizzeria, you will be able to smell the savory, artisan pizzas coming fresh out of the 750-degree hearth oven.

The restaurant, located in downtown Elk River at 315 Jackson Ave. NW, opened in 2010 and has been providing customers with high quality and unique offerings of Neapolitan pizza.

"I was here before the booths were," General Manager and Head Chef Alec Henrickson said. "I got to witness most of the construction and all of that stuff."

Henrickson's work is getting recognition: In March, he was a first-place winner at the 2016 Pizza Expo in Las Vegas, Nevada, with his Francesca's Glaze pizza. Francesca's Glaze has a Neapolitan crust with cracked red pepper, fresh mozzarella cheese, salami, whole plum tomatoes, red onions and a balsamic glaze. He won in the nontraditional category in the northwest region division of the contest and was one of eight finalists for best nontraditional pizza in the world.

In 2014, Henrickson was honored for his Uva pizza at the International Pizza Expo. The Uva is a crème fraiche white sauce pizza with a jalapeno base, Italian seasoning, feta and fresh mozzarella cheeses, and prosciutto. It is topped with cold grapes after coming out of the oven. (Uva means grapes in Italian.)

Pompeii Pizzeria owner Frank Galli was the force behind the Diamond City Bread bakery, which is below Pompeii Pizzeria, until he sold it in 2003.

"I studied cheese-making at the Vermont Institute of Artisan Cheese in 2009," Galli said. "I was interested in cheese and Neapolitan pizza at the same time (and) I bought the oven at Pompeii from a restaurant in Minneapolis on Craigslist."

The name "Pompeii Pizzeria" comes from the village of Pompeii near Naples, Italy, that was destroyed by the Mount Vesuvius volcano in A.D. 79.

"My wife Jody encouraged the business from the start and traveled to Italy in May 2010 with me," Galli said. "We ate pizza in Naples at least twice a day for two weeks. We made a dozen pizzas twice a week at the ovens in our garage from November 2009 until August 2010."

Pompeii Pizzeria has used Antico Molino Caputo "00" Italian flour exclusively for their pizzas since their opening day. The flour is imported from Naples, Italy.

Along with its typical menu throughout the years, Henrickson creates a seasonal menu every month with more creative options for customers, including three pizzas, three salads and an appetizer.

"We have people that come in just for the seasonal pizzas," Henrickson said. "The weirder it is, the more people are interested in it and will like it. We've done a peanut butter and pickled pizza."

Henrickson creates most of the pizzas and menu options, and he has employees taste-test the creations for feedback before putting them on the menu. "There have been a few flops that never made it to the menu," Henrickson said. "Like ginger — I've had a problem with trying to get fresh ginger on a pizza, because it's so strong."

On weekdays, it is mainly business-related customers who dine in the pizzeria, with weekends including more families, and the restaurant's largest clientele being groups of women coming in to get salads, pizza and wine. On Thursday through Sunday there is usually standing room only, and "we have a line out the door," Henrickson said.

"We do a huge salad business, and our pear and Gorgonzola is our most popular one,"

Henrickson said. "We probably make 50 of them a day. A lot of the people that come in here are usually looking for a healthy option, so they'll get a salad," he said.

The white-sauce pizzas are by far the most popular. "Something that stands out for us is that we have a very unique white sauce — it's a cultured cream," Hendrickson said. "All of the white sauce pizzas are people's favorite," he continued, "Like the Bufalina, Taste of Italy, and Pistachio Rosemary."

The cheese for the pizzas is a fresh, stretched mozzarella, made at the restaurant every day.

"You get a 20-pound block of curd and you have to dice it up," Henrickson said, explaining the process, "and then temperate it, bringing it from cold to warm — so we have to pour hot boiling water on it. Depending on how many batches you have to do, it takes anywhere between an hour and an hour and a half. Once it's ready to pull, you can have a batch pulled within 10-15 minutes," he said.

Henrickson would love for the restaurant to expand someday — when the time is right.

"I would love to go to St. Cloud, I think it would do awesome downtown and by the college. Along with other places," he continued, "like The Mall of America. It's just getting to that point and we're not ready yet, but it has been talked about many times."



Grygla City Council approves March Minutes

The regular meeting of the Grygla City Council was held on Monday, April 11th, at 7pm. The agenda included the approval of the March 14th meeting minutes, which are included below for your reference. Official minutes are taken by Rose Aune, City Clerk, and recapped by Eagle editor. For a full version, visit www.grygla.govoffice2.com

The March Council meeting was held on the 11th with the following council members present: Mayor Richard Mosher, Gavin Nordby, Lindsay Oslund. Absent: Robert Thompson and Dave Dunrud. Also present: Rose Aune, Matt Upgren, Gary Kiesow and Lon Englund.

The following agenda items were approved: previous month's minutes, receipts & disbursements and payment of all bills presented on the claims list.

Other items included: **Lions Signs**

Lon Englund asked the council for permission to hang Lions signs under the 'Welcome to Grygla' signs; council approved.

Water Tower Inspection

Nothing new to report at this time.

Lift Station Repairs
Parts arrived, but due to rain in the forecast it will be fixed March 22nd.

Gas Detector for Arena
Thompson is looking for a test; needed by next fall.

Community Center
The flooring will be getting done soon.

Grygla Seed/New Lots
Nothing new to report at this time.

Safe Routes to School Grant

Matt Upgren from Karvakkko Engineering went over the new costs on the project. The only bid that came in was Davidson's Construction from Newfolden for \$331,438. The engineers estimated the project at \$221,000. With the new bid, the city is looking at about a \$3,000 increase on its portion. That will bring the city's total to \$10,261. Council approved to accept the increase on the project.

Playground Equipment
Oslund sent in a couple of grants; one with clean water for paved trails.

Campsite

Additional

Hookups

Nothing new to report at this time.

Airport Electrical Hookups

Nothing new to report at this time.

Radar Speed Limit Signs
Nothing new to report at this time.

Fall Fest Electric Pole
Nothing new to report at this time.

Ship Grant
Nothing new to report at this time.

Revolving Loans

Council is working on businesses with delinquent revolving loans.

Bus Garage Air Compressor

A new air compressor is needed at the bus garage. The cost of that is split with the school & city, \$1127.55 for each.

Fire Hall Floor

Council approved the redo of the floors in the fire hall for \$18,000.

Clerks Conference

Rose Aune will be at Clerks Conference March 15-18.

GHS Student Council gets recognized

17 Grygla Student Council members recently attended a summit in Bemidji, MN. Alison Satre was elected to the Division Board as a Representative and Hailey Vad was elected as Treasurer. Mrs. Beth Kucera was also named Division Advisor of the year. In a division full of big schools like Thief River Falls, East Grand Forks, Bemidji, Fosston, etc., Grygla has one of the most active and successful student councils! Grygla School Principal Jamie Lunsetter says, "Obviously, that's partly the kids, but a big part of it is Mrs. K's high expectations! I'm glad she was recognized for that at the summit!"

Eagle Intern Wanted

If you are interested in a fun, flexible and energetic part-time summer job, go and see Kari at the Grygla Eagle Newspaper. Experience a balance between being in an office setting and being out & about talking to people and snapping pictures. You're guaranteed to take away many new skills by the end of your 10-week internship!

You must be a high school student between the ages of 16-19 (recent high school grads are eligible) and be an enthusiastic, flexible person with 'OK' communication skills. 'OK' is good enough for us! Why? Because you don't have to be a great communicator — that's the point of the internship program — to help you learn and benefit from such skills over your 2 months with the newspaper.

The summer position will be 10 weeks long at up to 20 hours per week. Start & end dates are flexible according to your schedule.

A few of the job duties will include: office hours, conducting interviews for news stories, along with writing one human interest story a week (to be featured on the front page)! You would also be attending various community events to be featured in the Grygla Eagle and can explore your creativity by finding fun, fresh and interesting tidbits to include in the paper.

To learn more about the part-time summer intern job, or to apply, please email Kari at grygla.eagle@gmail.com or call 218-294-6220.

Coming soon: CHAIRity fundraiser



The Grygla Garden Club will soon be holding a CHAIRity fundraiser. Club members are currently working on designing these unique chair planters that will be for sale in the upcoming weeks! More information to come next week, along with a write-up on the club's spring luncheon event that was held last Saturday in Grygla. The guest speaker at the event was Diane Lee, who did a presentation on fairy gardens. Photos of her creative fairy gardens, along with tips and tricks for those who love to garden, will be featured in the issue, as well as Garden Club updates and current projects that group is working on.



The Grygla Trap Shooting team shoots Sunday and/or Tuesday at the TRF Gun Club. Pictured on the far left, is Jared Haack, a member of the newly formed team. Haack is a 7th grader at Grygla High School.



CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir, 8pm Interfaith Bible Study
Sunday:
10:30am Worship at Grace w/ no SS, 9am Worship at OS w/ no SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Pastor Craig Bowyer
Sunday:
United: 11am Worship, 10am SS
Our Savior's: 9am Worship w/ 10:15am SS

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Interim Pastor Phil Johnson
Sunday:
Ekelund: 8:30am Worship w/ 9:45am SS
Faith: 9:45am Worship w/ 11am SS
Bethany: 11am Worship w/ 9:45 SS

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Adam Hamness
Sunday:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship.

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Worship

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Pastor TBA
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseth
Wednesday:
5-7pm Wed. School/Confirmation
Saturday:
Mt. Olive 9am Worship w/ 10:15am SS
Sunday:
St. Petri: 8am Worship w 9:15am SS
Nazareth: 9:45am Worship w/ 8:30am SS
Oak Park: 11am Worship w/ 9:45am SS

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

ROGATION DAYS

To ASK FOR GOD'S BLESSING DURING THE PLANTING SEASON

7:00 PM Monday, April 25th

7:00 PM Tuesday, April 26th

7:00 PM Wednesday, April 27th

You are invited to a Rogation Service during which we ask our Heavenly Father to send his blessing upon our crops, fields, and livestock, that we might have a bountiful harvest. Furthermore, we pray to avert any natural disasters or storms that may harm livelihoods. Following the service, there will be a blessing of seeds and livestock. This prayer service is open to people of all faiths.

Participants are invited to bring seed to be blessed (either a token amount or a whole truck load). Participants may also bring livestock for a blessing. Following the Rogation Service, refreshments will be served.



St. Francis Xavier Catholic Church
Oklee

St. Clement Catholic Church
Grygla

St. Ann Catholic Church
Goodridge

G3-4C

Minnesota Deer Hunter's Association (MDHA) TRF Chapter

FOOD PLOT SEED available at Farmer's Union Ag Products building in Grygla

Round-up ready corn and beans

MDHA Members get 1st bag of soybeans free; \$10/bag thereafter

– PROOF OF MEMBERSHIP CARD REQUIRED –

Round-up ready corn \$45/bag; available up to April 25th.



G3-4C

BENEFIT

for
CARTER TORGERSON
(Carter has stage 4 breast cancer which has spread to his bones)

Grygla Community Center

BBQs with all the fixings!

Grygla Fire & Rescue
will be serving from noon to 4:00

FREE WILL OFFERING

Sunday, May 1



***Silent Auction**
***Raffle Drawing 4pm**

Raffle includes 6 guns, fishing trip, cash, movie passes.

****At least 3 more guns and an ice auger to be raffled at the Benefit.**

G3-5C

Youth trapping class

There will be a youth trapping class at the Pennington County Sportsman's Club on May 7th, 3 miles north of TRF. Dana Klos, out of TRF, will be the instructor of the 8am-2pm class. Please preregister by calling 218-689-7376. There is no cost. MN DNR requires anyone born after 1989 to attend a certified trapping class.

Below: Stacie Meyer took this picture over the weekend! These three cubs and their mama were spotted just a few miles from her house in rural Grygla. Spring is in the air!



Stephanie Goetz to appear at Lion's Senior Night–public invited to attend

The Grygla Lion's Club will be holding their annual Senior Night on Wednesday, April 27th. This year, they are doing something a little bit different. Along with the Grygla Senior class, the Lions have also invited the Goodridge Seniors, and their families, to attend the event. A meal will be served to the senior classes and their families, which will be held at the Grygla Community Center at 6pm. The dinner will be catered by the Grain Bin Café.

At 7pm, everyone, including the public, is invited to the Grygla School. The Lions have invited Stephanie Goetz, a former KVLV News Anchor, who

left and started her own communication company, to present as the featured speaker. Again, the Grygla Lion's Club have opened up the speaking event to the whole community, set to begin at 7pm in the Grygla School gym.

When it comes to Goetz, there's more to this news anchor than meets the eye. Stephanie has endured immense personal tragedy through the loss of her two older brothers before she turned 18. She knows how to persevere and dig deep and that determination is what Stephanie is thrilled to bring to crowds of people or individuals wanting to learn how to be re-

silient, build strength and take rewarding risks. She inspires crowds to take that next step, while being humble and grateful. She also teaches "How to Communicate Like a News Anchor" - effective, efficient communications skills to get people to listen and understand your message while building your "personal presence" in any room.

This go-getter has touched lives by speaking on stages big and small. You are invited to attend this exciting event on Wednesday, April 27th, 7pm, at the Grygla School.

Community Calendar

Wed | April 20
Senior Meals at Grain Bin Café 11am; Blood Drive at Grygla Community Center 11:30am-5:30pm; Grygla Library 2-6pm; Community Ed Excel/Word Computer Class at GHS 6-8pm

Thurs | April 21
Grygla Eagle office open 9am-3pm; Goodridge High School Play 7pm; Grygla School Board Meeting 7pm

Fri | April 22
Earth Day; Senior Meals at Grain Bin Café 11am; Varsity Track Meet in Mahnomen; Goodridge High School Play 7pm

Sat | April 23

Sun | April 24

Mon | April 25
Senior Meals at Grain Bin Café 11am

Tues | April 26
Grygla High School Band and Choir Concert 7pm

JOHNSON FUNERAL SERVICE, Inc.

Thief River Falls • 218-681-4331
Red Lake Falls • 218-253-2128
Oklee • 218-796-5177



Funeral Pre-planning Monuments
www.johnsonfuneralservice.com

U.S.P.S. No. 002330

Grygla Eagle

NATIONAL NEWSPAPER ASSOCIATION

Serving Eastern Marshall & Northern Beltrami Counties

PUBLISHER - RICHARD D. RICHARDS
Karl Sundberg- EDITOR

Phone 294-6220

—SUBSCRIPTION RATES—

\$25 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses)

\$30 per year outside of the area

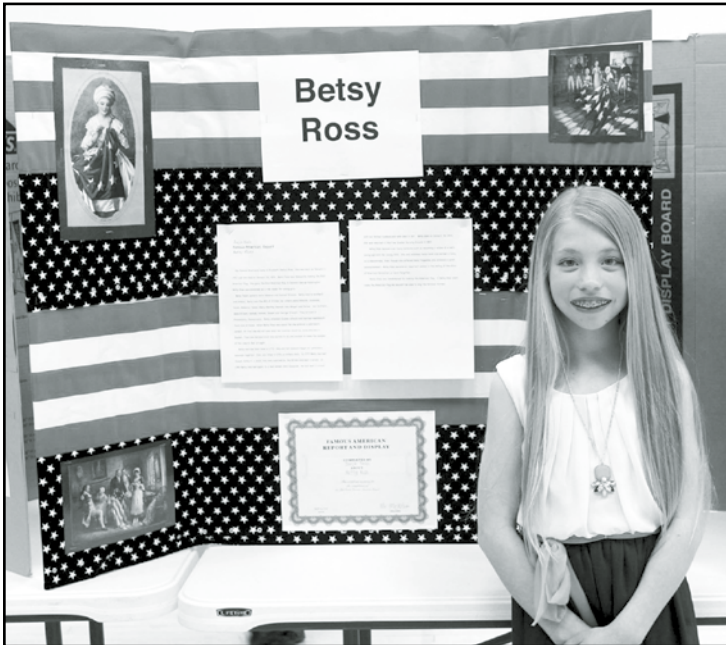
PUBLISHER'S LIABILITY FOREERROR:
The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.

The "Grygla Eagle" is published weekly by Richards Publishing Co., Inc., Box 159, Gonvick, MN 56644. Periodical postage paid at Grygla, MN 56727.

POSTMASTER: Send address changes to: Grygla Eagle, PO Box 17, Grygla, MN 56727.



Chesney and Jorja Salo are the daughters of Jason and Courtney Salo, Goodridge. Last Thursday, science fair projects were on display for the crowd at the Goodridge Elementary Spring program. Chesney's project showed how to make a volcano erupt, while Jorja displayed a report she did on Betsy Ross.



We're Here To Serve Your Agricultural Needs

We're a strong, healthy, locally-owned Independent Bank. Our roots are in Agriculture. You can count on our expertise in Agricultural Banking to help you make the most of your operation.

We want to help you meet your goals and achieve your dreams. Come see us when you need financing for operating expenses, equipment, real estate and livestock.



On A First Name Basis

In two locations

FDIC

PO Box 78
Grygla, MN 56727-0078

(218) 294-6111 • TOLL FREE (877) 814-9937
FAX (218) 294-6239

ASB
AMERICAN STATE BANK

www.asbgrygla.com

201 Vance Ave. S.
Erskine, MN 56535

(218) 687-2865 • TOLL FREE (800) 434-7721
FAX (218) 687-2328



A FULL SERVICE BANK

Minnie Township Notice

Minnie Township is taking bids for cemetery mowing of a two acre cemetery. Cemetery is located three miles north of Four Town Store. Cemetery is to be mowed every two weeks. Bid to include price per mowing. Weed whacking when necessary. Send bid to Ray Hendrickson, Minnie Township Clerk, 66298 Swedes Jackpine Road NW, Grygla, MN 56727.
218-294-6312 G3-7C

Position Open

1.0 FTE grades 7-12 social studies, possible additional duties. Letter of application, resume, credentials, letters of reference to Jamie Lunsetter, K-12 Principal, Grygla Public Schools, PO Box 18, Grygla, MN, 56727. Phone: 218-294-6155, email: jlunsetter@grygla.k12.mn.us. Open until filled. G2-5C

Position Available

Northwest Regional Library has an opening for a Branch Librarian at the Grygla LINK site.

Part-time, working every Wednesday from 2-6 pm.

The Grygla Librarian is responsible for the day-to-day operation of the library including registering patrons, assisting with circulation, reshelving library materials, program planning and implementation, including outreach.

Applicants should have a high school diploma. Starting wage: \$17.41/hour.

Applications accepted through **May 4, 2016.**

Applications available online at www.nwrlib.org

Please return applications to:

Kristi Hanson, Director
Northwest Regional Library System
210 Labree Ave. N.
PO Box 593
Thief River Falls, MN 56701

or email to: hansonk@nwrlib.org G4C

Monson Electric Services, Inc.

Grygla, MN

LICENSED - BONDED - INSURED

Residential - Commercial and Farm Wiring - Underground Trenching

Brad Monson • 294-6349

G4C-6BW

EXTENSION NEWS

Written by: James Stordahl

Grazing Stick to Monitor Pasture Production

Monitoring grazing resources can help producers determine when to remove livestock from a pasture to prevent overgrazing. Monitoring helps determine how much forage has been consumed.

The North Dakota State University Extension Service, with support from the Natural Resources Conservation Service, has developed a grazing monitoring stick (GMS) as a tool to help producers measure and monitor pasture and rangeland utilization. The GMS, a modified yardstick with information related to grazing management, measures forage utilization.

"Forage utilization is a measure of the percent of the plant that has been consumed and/or destroyed by grazing animals," says Miranda Meehan, NDSU Extension livestock environmental stewardship specialist. "Utilization should be monitored throughout the grazing period to ensure you achieve proper utilization, maintain plant health and prevent overuse of key species."

As a general rule of thumb, proper utilization is achieved when 50 percent of the total plant weight (not height) of key species has been utilized, according to Fara Brummer, area Extension livestock systems specialist at NDSU's Central Grasslands Research Extension Center.

To determine utilization, producers must take measurements during the grazing period and within three days of livestock being removed to make sure target grazing goals have been met.

To obtain the most accurate measurement of utilization, take measurements from grazed and ungrazed plants of the same species on the same date so the measurements come from plants at the same stage of growth.

Here are the steps for using the GMS:

Measure the height of key forage species. Take a minimum of 30 measurements for each key species.

Calculate the plant height removed by dividing the grazed height of the plant by the ungrazed height. Subtract this amount from 1.

Multiply this amount by 100 to determine the percent of height removed.

Use a height-to-weight conversion chart (<http://tinyurl.com/NDSUGrazingStick>) to estimate the percent of weight removed.

"Monitoring utilization of range and pasturelands using the GMS provides a way to assess how much forage livestock have consumed, helping determine when livestock should be removed from a pasture," says Kevin Sedivec, NDSU Extension rangeland management specialist. "The GMS can assist North Dakota livestock producers and other land managers in monitoring forage for long-term grass production."

Visit <http://tinyurl.com/NDSUGrazingStick> for more information on using the GMS and <http://tinyurl.com/buyGrazingStick> to purchase a stick.

For more information on grazing, contact me at stordahl@umn.edu or 800-450-2465. This article was provided by NDSU Extension

Fabian bill requires MN driver's license for autocycles



Representative Dan Fabian, R-Roseau, (second from left) showing fellow legislators at the Minnesota Capitol a Polaris Slingshot before the House voted on Thursday to pass House File 3014.

Photo Courtesy of the Minnesota House of Representatives.

On Thursday, April 14, 2016, the Minnesota House passed bipartisan legislation authored by Representative Dan Fabian (R-Roseau) on a vote of 129-1. The bill creates a new vehicle category of autocycles, which have three wheels, like the Polaris Slingshot, requiring a Minnesota driver's license to operate them instead of a motorcycle license. Autocycles will continue to be categorized with motorcycles for insurance and registration purposes.

Currently, if a person purchases an autocycle, but does not previously have a motorcycle license, their three-wheeled vehicle cannot be accommodated on any Department of Motor Vehicles motorcycle test course.

"This common sense change to state law means that if folks purchase an autocycle, their regular driver's license will be sufficient to operate their vehicle in Minnesota," said Rep. Fabian. "I am pleased the legislation garnered such strong bipartisan support, and I am hopeful Governor Dayton will sign this bill into law this year."

The legislation is awaiting final action in the Minnesota State Senate.

Local employers are urged to participate in a free workplace wellness collaborative

Quin County Community Health Services is seeking employers within the five county area of Kittson, Marshall, Pennington, Red Lake and Roseau to participate in a workplace wellness collaborative, which is a no-cost initiative designed to create "cultures of health" that support healthy lifestyles at work.

The initiative is funded through the Statewide Health Improvement Program (SHIP).

Employers will learn about proven practices that can help organizations support a culture of wellness in the workplace by making the healthy choice the easy choice. These strategies will both encourage and engage their workers in healthy life choices, which will have a positive effect on their health.

The collaborative, which is open to employers with any number of employees and requires little or no financial resources from participating em-

ployers, can lead to increased worker productivity, improved morale and lower healthcare costs. Employers have to provide staff time for planning and implementation.

Quin County Community Health Services, with support from SHIP, will provide 13 months of free consultation and the necessary tools and technical assistance for participating employers. Employers will learn about strategies to support breastfeeding mothers and help employees eat healthier, get more physical activity and decrease commercial tobacco use.

To register or learn more about the collaborative, employers should contact Dawn Baumgartner at (218) 874-7845 or email dawnbaumgartnerquinc@wiktel.com. Registration deadline is April 30th, 2016. <http://www.health.state.mn.us/divs/oshii/ship/about.html>



(Submitted) The Marshall County Republican Party is pleased to announce the endorsement of Mark Johnson in his campaign to represent Minnesota's Senate District 1 which includes Kittson, Marshall, Pennington, Polk, Roseau, and Red Lake Counties. Johnson is an attorney, a small business owner, an active member of his church and a family man. He is running for State Senate on a platform that includes fighting for the rights of property owners, reducing burdensome regulations harming our businesses, creating legislation focused on providing adequate

care for our aging population, promoting conservative values, and defending the constitutional rights of Minnesotans.

Mark expressed his deep appreciation for the nomination and stated he is humbled and honored to represent northwest Minnesota in St. Paul. "Our district is one of the best this country has to offer. I could not imagine a better place to live and raise my family. But northwest Minnesota faces several challenges that could drastically change our way of life. I want to go to St. Paul to fight for this great community that I cherish."

District 1 Republicans also endorsed incumbent District 1A Representative Dan Fabian and District 1B Representative Deb Kiel.

Grygla/Gatzke Food Shelf news

During the Minnesota Food Share March campaign, the Grygla/Gatzke Food Shelf collected 828 pounds of food and \$4,737.00 in monetary donations.

The food donations will cover approximately 3 weeks worth of food as 16,314 pounds were distributed last year. The money donated will allow the food shelf to purchase food for over 19 weeks; \$12,698 was spent on food last year.

The food collection was supplemented by generous donations from Walmart and Natural Way Mills.

Cheryl Sistad, Grygla/Gatzke Foodshelf Chairman, says, "We are so grateful for the generous donations. We continue to see a need for a food shelf in this area and the ongoing support makes our work so much easier."

Churches, businesses, organizations and individuals all came together to make the March campaign successful.

17th Annual 'Night on the Town'

You're invited to the 17th Annual Night on the Town at the Goodridge School on April 21-22. Starting at 6:30pm, the Senior High Art students will display their artwork in the school lobby. The art show is free and open to the public. Following that, the Goodridge School Drama Club will present A ZOMBIE WEDDING at 7:00pm in the gymnasium.

Admission for the play is \$5/ adults, \$4/students, and pre-school & under is free.

Wednesday, April 20, 2016

A Note from Principal Lunsetter's Desk

"There's beauty in the struggle. When you face adversity, you have an opportunity to persevere. You slow down. You get a chance to see things from a different perspective. You can go one way or the other. There is beauty in the fact you have this choice."

-Jaylon Smith

It's tough to see it when we're in the middle of it...when we're in the middle of struggle, it's difficult to see how it could be beautiful in any way. But when we move past it, or work through it, we are able to look back and see that we are better defined by the difficult times in our life than we are the good ones. Struggle builds character, courage and fight. Those are all characteristics of successful people. Embrace struggle, because life is not supposed to be easy and without struggle, we wouldn't know what resilience, perseverance and courage are, and that is all the qualities that we recognize in the people we admire.

Word of the Week

...enhancing vocabularies one Grygla Eagle at a time.

Somaticize

\suh-MAT-uh-sahyz, SOH-muh-tuh\

Verb

Psychiatry. To convert anxiety into physical symptoms.

For example, experiencing a difficult conversation as a stomachache.

Lost boys found safe

(April 17th, 2016) On Saturday, April 16th, 2016 at 7:30pm, the Beltrami County Sheriff's Office was notified by Tiffany Sue Smith that her 8 year old son and his 7 year old cousin had been missing for about an hour and a half and the family and several neighbors had already been searching for the boys with no luck so far. It was reported the boys had left the family home located in the 1500 block of Smith Rd NW riding a Honda 200 4-wheeler and were last seen behind the parent's house at around 4:30pm going south toward Lindgren Lake.

Beltrami County Sheriff's Office, Leech Lake Tribal Police, DNR Enforcement, Minnesota State Patrol, Red Lake Fire Department, Red Lake Tribal Police Department, Bemidji Aviation, ISD 31 Transportation Emergency Bus 99 Bemidji Police Department and friends and relatives spent many hours searching throughout the night. A Co-dered missing person's alert was issued by the sheriff's office and local media notified.

A renewed search effort search began Sunday morn-

ing at 8:30am with the listed agencies joined by Minnesota Bureau of Criminal Apprehension, FBI, Kelliher First Responders, Kelliher Fire Department, North Country First Responders, Red Lake DNR, Lakeport First Responders, Bemidji Ambulance, Paul Bunyan Amateur Radio Club, Beltrami County Highway Department, Beltrami County GIS Department, Beltrami County Sheriffs Division of Communications, Beltrami County Sheriffs Emergency Management, Beltrami County Posse, Bemidji Police Department Police Reserves Unit, US Border Patrol and over 340 citizen volunteers joining the search.

Searchers looking in an area north east of "the point last seen" found the 4-wheeler caught up in some barbed wire in an old fence line in the woods near the end of Higgins Road NE. The boys were located at approximately 10:30am in the 4600 block of Higgins Rd NE a distance of approximately 7 miles from where they went missing- in a hunter's cabin where they sought refuge from the cold during the night.

Track Meets

April 22nd in Mahnomen; April 28th in Warroad; May 5th in Mahnomen; May 10th in Warren; May 13th in Baudette; May 19th in Warroad; May 23 at UMC in Crookston - 4pm

A group track picture will be taken next week at a joint practice in Goodridge on April 26th.

2016 GG Track & Field Schedule

As for Track and Field practices, most will be split practices held at each school. Parents/ participants will be notified when join practices are held.

Upcoming Junior High Track Meets

May 5th in Warroad; May 12th in TRF; May 16th in Mahnomen; May 24th in Warroad - 4pm

Upcoming Senior High

Extension recognizes leaders

Program celebrates individual strengths and community engagement



(Marshall County, Minn.) Chad and Tina Swanson, Argyle, received special recognition at the Emerging Leadership Program Recognition Banquet on April 2nd in Crookston. They, along with individuals from 16 other counties in northwestern and west central Minnesota were honored for completing the leadership program and for their commitment to leadership in their community.

The banquet was emceed by Agassiz Ambassadors Phill and Anastasia Mickelson (Frazee). Special guests that evening were UMC Chancellor Fred Wood, University of Minnesota Dean and Director Beverly Durgan, and NW Minnesota Foundation Board Trustee Cathy Forgit who each offered their comments about leadership and congratulated program participants. Recognized at this year's event was long time program partner, the Red River Valley Development Association, for their ongoing support to the Emerging Leadership Program since its inception in 1985.

The banquet program featured leadership stories by class participants, Luke Flink (Perham), Jake Thompson (Barnesville), and Tina Swanson (Argyle). There was also the announcement of new Agassiz Ambassadors for 2016, Bryan and Stephanie Ramsrud (Bagley), who were selected for this honor from among other current participants in the program based on nominations from program participants and interviews with program alumni. Bryan and Stephanie will put their leadership skills to work in public relations, recognition, and community leadership, and will work with Extension educators to develop and deliver the educational program in 2017.

The recognition banquet was the finale of the leadership program for the Class of 2016 after taking part in four training sessions since November 2014. Program seminars focused on several of the University of Minnesota Extension's educational program

components to strengthen civic leadership in the region. According to Lisa Hinz, Extension educator with the program, participants reported several highlights from the program. She says, "They find value in learning more about their individual strengths, getting to know leaders from other counties, and visiting the State Capitol in St. Paul." The trip to the Capitol included visits with legislators, observing committee meetings, and speakers who help them better understand how the legislative process works.

The Emerging Leadership Program, a program of the University of Minnesota Extension, was created to build skills in individuals while creating and sustaining a network of community leaders in the northwest and west central regions of Minnesota to focus on rural issues. This year marks the 32nd anniversary of the program and the banquet was an opportunity for program alumni and sponsors to congratulate recent graduates. It was held at the University of Minnesota Crookston, carrying on the tradition of recognizing rural leaders started by the Red River Valley Winter Shows in 1961.

The Emerging Leadership Program is led by Extension Educators Lisa Hinz, Brian Fredrickson and Jody Horntvedt, in partnership with more than 1,000 alumni throughout the region. Soon those alumni will be coming together to select new participants for the program. To nominate someone in your county or to apply for the program, contact Brian at the Moorhead Regional Extension Office at 218-236-2120. For more information about the program contact Jody, hornt001@umn.edu, and be sure to look for the Emerging Leadership Program at this website, <http://z.umn.edu/rrv-lead/>

Source: Jody Horntvedt, Extension educator in Leadership and Civic Engagement, U of M Extension Regional Center, Roseau, 888-241-4546, hornt001@umn.edu



The Grygla Lion's held their annual smelt fry in Grygla over the weekend, serving 400-500 smelt consuming customers Saturday evening! The event is one of the biggest on the annual Lion's calendar. Above: Lee Sundberg, Scott Grove and Gary Kiesow man the fryers!



L-R: Lori Thompson greeted attendees with a smile and a spoonful of smelt! Riley Saurdiff, Grygla 6th grader, helped the Lions out by walking around with (what seemed like) unlimited amounts of smelt! To the far right is Jimmy Smith who enjoys the annual smelt fry!



Somebody's freezer will be full! Sierra Mickelson, and her dad, Darrel, sure got lucky on the meat raffles last Saturday night! That is one big assortment of meat! The community center in Grygla was filled to the max around supper time, but just a few hours later it was completely empty and scrubbed clean by the Iron Chargers Robotics team. The Chargers track team deserves some recognition as they also helped the Lions by assisting in the set-up for the big event.



ATV Safety Training was held at the Grygla School on Saturday, April 16th. The training was put on by the Fourtown/Grygla Sportsman's Club. Pictured is Nolan Anderson with Jon Tinnes, Marshall County Chief Deputy Sheriff, and Ben Kucera, Deputy Sheriff.



There was a Junior Grand Am Basketball Tournament in Grand Forks recently with a few teams participating from Grygla/Goodridge. Pictured are the Chargers 6th graders who entered the tournament April 9-10.



Alex McDonald and Elroy Johnsrud coached the 9th grade team that entered the Grand Am Basketball tournament in Grand Forks.



Varsity basketball members put a team together for the 2016 Junior Grand Am tourney. Back row, L-R: Hogan Lundeen, Tyler Stinar, Dylan Walker, Ben Groven, Brandon Stanley. Middle: Blaine Kriel, Cameron Naeseth, Dylan Manderud. Front: Michael Jelen



David Jones took a Chargers 4th grade team to the annual basketball tournament that's held in Grand Forks. (Photos courtesy of Deanna Coan Photography)