



 Wed Mostly Sunny H 82 L 59	 Thurs Sunny H 85 L 65	 Fri Mostly Sunny H 87 L 66	 Sat Partly Cloudy H 87 L 67	 Sun Scatt Tstorms H 86 L 63
---	--	---	--	--

Wednesday, July 10, 2024

WE'RE ONLINE www.tricocanary.com

Vol. 48 Number 21

Rockin' with the best at Grygla Fall Fest



The Grygla Fall Festival is just around the corner, taking place August 24-25. This year's theme is "Rockin' with the Best at Grygla Fall Fest" – but that can only happen if the best show up – and that's YOU! Grab your family, grab your friends and plan to fill the streets of Grygla, rockin' with the best at the end of August.

A few new events are on the schedule, including River's Edge Ranch Petting Zoo, Bingo on Main Street, a Pickleball tournament and more.

Logo & Buttons

The 2024 Grygla Fall Fest button was designed by Tiffany Anderson. Her design will be featured as the main logo for this year's event; she was also given four admission buttons as the winner of the contest. Buttons will soon be for sale at local businesses until Friday, August 23rd. They'll run \$8 in advance or \$10 at the gate.

Cash Calendar

The Fall Fest Cash Calendar sales end July 30th. Grab that before they are sold out. Cash calendars can be purchased at American State Bank, Fourtown Store and Tavern or Grygla General Store. They can also be purchased through Amy Holte, Gretchen Smeby, Jaclyn Moe, Jodi Schulz, Karla Byklum, Lindsay Oslund or Tonia Haack.

If your name is drawn, it goes back in to be eligible for more drawings. Cash Calendar proceeds will be going towards fixing up the horseshoe pits and other Fall Fest expenses.

Farmer's Market

Calling all vendors for the Farmer's Market. If you've ever considered having a booth and selling your items, now is the chance to do so. Local crafters, artists, handmade goods, vendors and independent sellers are wanted for the Farmer's Market at the Grygla Fall Fest on Saturday, August 24th, from 9:30am-3:30pm.

Please contact Chelsey Peters at 218-689-2115. Cost is \$10 per booth.

Food Stands and Beer Gardens

You'll be covered on the food and beverages end over the Fall Fest weekend. The lineup includes Spud Wagon, Mi Madre's Tacos, Top Hawg, Wok N Roll, Snowy of Warren, Lulu's Little Bites, Grygla JCC's and Grain Bin Café.

Parade

The Fall Fest parade will be taking place on Saturday, August 24th, at 11:30am. This year's Grand Marshall is Ardell Roen, celebrating her 100th birthday! Grygla Merchant Bucks will be awarded for Most Original, Best Depiction of Theme, Funniest, Best Car/Truck and Best Tractor. Pre-registration is preferred, but will be accepted up until 11:15am the day of. Please contact Destiny Tinnes at 218-251-7346. The parade is sponsored by the Grygla Celebration Committee.

Music

Back Behind the Barn Boys will be playing on Main Street on Saturday of Fall Fest. They'll be playing their hits from 2-4pm. A button is required for ages 11+. (In case of rain, the band will then head to the Grygla School small gym.) The Barn Boys show is being sponsored by American State Bank and Insurance Agency, K-Star Ag and the Grygla Celebration Committee. All ages are welcome!

From 5-7pm that same day, live music will be provided by The Kezars & Steven Daniel on Main Street. (In case of rain, it'll be at the Community Center.) A button is required. This show is sponsored by the Grygla Celebration Committee.

That Saturday night, the street dance will run from 8pm-12am with music provided by Your Alibi. Again, a button is required for admission. This event is sponsored by Machinewell, Fourtown/Grygla Sportsman's Club and the Grygla Celebration Committee.

Schedule of Events Saturday, August 24

Sidewalk Chalk Contest begins Friday and ends Saturday at 4pm. Sidewalks east, west and south of Main Street. All Ages! Sponsored by Grygla Celebration Committee

9am: 2-day Men's Softball Tournament north of The Hound. Registration is \$200/team. Min 8 teams/max 16 teams. Must pre-register. Cash prize based on # of teams. Contact Ben Sundberg 218-686-2131. Sponsored by Grygla JCC's.

9:30am: Farmer's Market north of Post Office. In case of rain, Community Center. \$10/table. Contact Chelsey Peters 218-689-2115.

10am: Kiddie Races west of the school, hosted by the Grygla Student Council, sponsored by Grygla Lion's Club.

10:30am: Co-ed Sand Volleyball Tournament north of The Hound. Pre-registration preferred or day of 10-10:15am. 4 team min/12 team max. \$5/ player ages 18+. Contact Avery Moe 218-689-2941 or Caitlyn Jacobson 218-684-4118.

11:30am: Parade on Main Street. Prizes for Most Original, Best Depiction of Theme, Funniest, Best Car & Truck, Best Tractor. Pre-registration preferred or day of until 11:15am. Contact Destiny Tinnes at 218-251-7346. Sponsored by Grygla Celebration Committee.

11:30am: Parade on Main Street. Prizes for Most Original, Best Depiction of Theme, Funniest, Best Car & Truck, Best Tractor. Pre-registration preferred or day of until 11:15am. Contact Destiny Tinnes at 218-251-7346. Sponsored by Grygla Celebration Committee.

12-4pm: River's Edge Ranch Petting Zoo north of the Community Center (Arena if it rains.) Sponsored by Holte Farms & Garden Valley Technologies.

12-4pm: River's Edge Ranch Petting Zoo north of the Community Center (Arena if it rains.) Sponsored by Holte Farms & Garden Valley Technologies.

12:30-4:30pm: Exaggerated Entertainment Caricatures Artist Chris Rommel north of Grygla General Store and free to all ages. Sponsored by Mike Jelle Trucking & Grygla Celebration Committee.

12:30pm: Bingo on Main Street – all ages welcome. Playing for prizes. All proceeds go to the Charger's Volleyball Team.

1pm: Tractor Pull on Main Street (in case of rain, Fire Hall). Ages 4-11. Registration 12:15-12:45pm. Sponsored by Grygla Seed, Farmers Union, Farmer's Union Ag and Grygla General Store.

1:30pm: Horseshoe Tournament by Tennis Courts. Registration 12:45-1:15pm. \$10/ person. Contact Erik Sundberg 218-689-3707 or Jesse Newton 218-688-1414. Sponsored by

Grygla Celebration Committee.

2pm: Youth Cornhole Tournament south of Grain Bin Café. Register from 1:30-1:45pm. \$10/team. Ages 10-16.

2-4pm: Back Behind the Barn Boys music on Main Street, in case of rain, Grygla small gym. Button required for ages 11+. Sponsored by American State Bank and Insurance Agency, K-Star Ag and Grygla Celebration Committee. All ages welcome.

4pm: Bush Car Races south of The Hound. See Facebook page for details. Contact Ryan Petersburn 320-815-1996. Sponsored by Grygla Lion's, Fourtown/Grygla Sportsman's Club and Grygla JCC's.

5-7pm: Live music by The Kezars & Steven Daniel on Main Street (in case of rain, Community Center). Button for ages 11+. Sponsored by Grygla Celebration Committee.

5:30pm: Adult Cornhole Tournament south of Grain Bin Café. Registration 4:45-5:15. 40 team max. \$20 entry fee. Ages 16+.

8pm-12am: Street Dance by Your Alibi on Main Street. Button required for admission ages 11+. Sponsored by Machinewell, Fourtown/Grygla Sportsman's Club and Grygla Celebration Committee.

Sunday, August 25th

7am-12pm: Fly-In Breakfast at Grygla Community Center, sponsored by Grygla Lion's Club.

9am: 2-day Men's Softball Tournament north of The Hound. Registration \$200/team. Min 8 team/Max 16 teams. Must pre-register. Cash prize based on # of teams. Contact Ben Sundberg 218-686-2131. Sponsored by Grygla JCC's.

10am: Joint Community Worship Service featuring Aaron & Melissa Weil on Main Street. Bring your own chair. Sponsored by Grygla Celebration Committee.

10:30am: Co-ed Sand Volleyball Tournament north of The Hound. Pre-registration preferred or day of 10-10:15am. 4 team min/12 team max. \$5/ player ages 18+. Contact Avery Moe 218-689-2941 or Caitlyn Jacobson 218-684-4118.

11am: Pickleball Tournament at the Tennis Courts. Proceeds go to the Iron Chargers Robotics program. Cash prizes based on # of teams. Contact Christina Kucera 218-251-6038.

1pm: Cornhole Tournament at Tennis Courts. Proceeds go to the Iron Chargers Robotics program. Cash prizes based on # of teams. Contact Christina Kucera 218-251-6038.

Foodstand available on Sunday at the football field. Those include Top Hawg, Spud Wagon and Snowy of Warren.

Find Grygla Fall Fest on Facebook. Check there for any schedule changes.



Katelyn Larson named Dairy Princess

Katelyn Larson introduces herself as the newest Roseau/Kittson County Dairy Princess. As she starts her new role, here are some quick facts she shared to get to know her better!

- I am the daughter of John and Dawn Larson and live on our 5th generation grain farm near Gatzke, MN, where my grandparents used to run their own dairy operation.

- I am a junior at the University of Minnesota Crookston, where I am pursuing a degree in Agricultural Education and a minor in Animal Science.

- I stay busy at school by holding officer positions in the Dairy Club, Animal Science Association, and U of M Crookston Farm Bureau Club.

- I showed dairy cattle

through Roseau County 4-H for 8 years, attending the Minnesota State Fair 5 times in the Dairy project. I have also shown at UMC's Ag Arama contest, while also helping halter break the new heifers.

- I have been a 4-H summer intern with Roseau County 4-H for the past two summers and love teaching youth about agriculture.

- I enjoy spending my downtime outdoors and with my family.

Katelyn shared that she is very excited to step into this role and be an advocate for local producers and the entire dairy industry. She'll be visiting various communities and events throughout the summer.



Currently, Katelyn doesn't have any events scheduled in Grygla, but would love to make an appearance. If you'd like to invite her to a special event, you can call her at 218-242-9243. However, she'll be playing an active role in the Roseau County Fair coming up July 21-26 where she'll be a part of the parade (23rd) and hand out ribbons at the Dairy Show (25th). She'll also have a station with the 4-H Passport to Run event on Thursday, July 25th, at the Roseau County Fair.

Northwood Church Reunion July 13

The Northwood Church Reunion is taking place on Saturday, July 13th, at 10:30am. A service will be held in the church with a potluck to follow. The first Northwood Church Reunion was held in 1997 and has been happening yearly

ever since. It's a great place to get together with folks that are connected to the church and reminisce about past members and all the memories and connections created. All are welcome to attend.



This photo is from 2017, during the Grygla Fall Fest/Centennial Celebration. Photo credit to Tanner Wellman who captured aerial views with his photography drone.

• CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Marilyn Grafstrom
Grace Live Stream will play on Garden Valley Channel 36 on Sundays 9am (9:30am last Sunday of the month).
Wednesday, July 10
11am Bible Study; 6pm Grace Choir, 8pm Grace Council
Sunday, July 14
Grace: 9am Worship
OS: 10:30am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Sunday, July 14
Ekelund: 8:30am Worship
Faith: 10am Worship
Bethany: 6:15 Potluck Picnic w/ 7pm Worship

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Bryan Kujawa
Sundays:
St. Clement's: 10:15am Worship
St. Ann's: 12pm Worship

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss

Sundays
8am Worship, 11am YouTube LIVE broadcast

UNITED LUTHERAN PARISH Gatzke
Pastor Tim Lundeen
Wednesday, July 10
Church Council 6pm
Sundays
8:30am Worship
CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Saturday, July 13
Mt. Olive Worship 9am
Sunday, July 14
St. Petri: 8am Worship
Nazareth: 9:45am Worship
Oak Park: 11am Worship



Funeral Pre-planning Monuments

Thief River Falls • 218-681-4331
Red Lake Falls • 218-253-2128
Oklee • 218-796-5177
www.johnsonfuneralservice.com
G46TFC

Community Calendar

Wed | July 10
Grygla Accel Weight Room 7-9am; Senior Meals at Grain Bin Café 11am; 9-12 grade BBB in Grygla 6pm; Grygla Library open 2-6pm; Summer Rec Tee-Ball evening game in Goodridge vs. Greenbush 6:30pm; GBB Varsity Tourney in Fergus Falls

Thurs | July 11
Grygla Accel Weight Room 7-9am; Summer Rec Baseball vs. Greenbush in Grygla; Sand VB in Goodridge 6pm

Fri | July 12
Senior Meals at Grain Bin Café 11am

Sat | July 13
Northwood Church Reunion 10:30am

Sun | July 14
BBB Varsity Tournament in Ada

Mon | July 15
Grygla Accel Weight Room 7-9am; Summer Rec Baseball at Warren; Senior Meals at Grain Bin Café 11am; BBB Varsity Tournament in EGF; GBB Varsity practice in Goodridge 6pm

Tues | July 16
Grygla Accel Weight Room 7-9am; Summer Rec Baseball PeeWee Tournment – site TBD; Summer League Basketball in Grygla

U.S.P.S. No. 002330

Grygla Eagle

Serving Eastern Marshall & Northern Beltrami Counties

Richard D. Richards - PUBLISHER
Kari Sundberg- EDITOR
Phone 294-6220

—SUBSCRIPTION RATES—

\$35 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses)
\$45 per year outside of the area

PUBLISHER'S LIABILITY FOR ERROR:
The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.

The "Grygla Eagle" is published weekly by Richards Publishing Co., Inc., Box 159, Goodrick, MN 56644. Periodical postage paid at Grygla, MN 56727.

POSTMASTER: Send address changes to: Grygla Eagle, PO Box 17, Grygla, MN 56727.

GHS community meeting

August 1st is the next community meeting at the Grygla High School. Agenda items will include the upcoming referendum. Stay tuned for more information including the time.

Jasper's Theater trip

The Grygla Senior Citizens are taking a trip to Jasper's Theater in Park Rapids on August 21st. Please let Thelma Thomas know if you plan on attending so tickets can be ordered. The group will be meeting at the parking lot by the school the morning of the 21st, leaving at 9am. Hope you can join in for a day of fun. Call Thelma at 218-452-1674.

Grygla Open

The Annual Grygla Open Golf Tournament will be held on Friday, August 2nd, at Oakcrest Golf Course in Roseau. \$50/person with teams of 4. Meal and awards to follow golfing. Raffle prizes and a 50/50 drawing included. Contact Robbie Anderson to sign up at 218-684-1740.

Did you know?! Early golf balls consisted of leather filled with boiled goose feathers!

Sudoku results on page 3.



SUDOKU

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB 1-855-576-5653

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1062165 NSCB 6082999 0063445

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Tractor and Engine show in Warren

The Marshall County Historical Society is hosting the second annual antique tractor show, held during the Marshall County Fair in Warren July 24th-July 28th. This tractor show is being held again with the help of the WAO FFA chapter.

Not only will there be antique tractors but also stationary gas engines! There will be many gas engine powered demonstrations including corn

Stepping Stone AND Bench Orders...

...will be due August 9th, 2024

Mail to: Veterans Memorial PO Box 45 Grygla, MN 56727

THANK YOU for your support!

Please call: **Lyle Nelson at 294-6433**

~~ FOR GOD AND COUNTRY ~~



Foot care clinics

North Valley Public Health will hold Foot Care and Blood Pressure Clinics on the following dates:

Newfolden Community Center: Thursday July 11th, 2024 at 9:00 a.m. Contact: North Valley Public Health at 218-745-5154

Middle River Royal Manor Apts.: Tuesday, July 16th, 2024 at 9:00 a.m. Contact: North Valley Public Health at 218-745-5154

Grygla Community Center: Thursday, July 25th, 2024 at 9:30 a.m. Contact: North Valley Public Health at 218-745-5154

Oslo Community Center: Tuesday, July 30th, 2024 at 9:00 a.m. Contact: North Valley Public Health at 218-745-5154

Please call to cancel if you feel ill.

- Please call the person listed above to sign up. We require sign-up sheets so that we can staff accordingly. If you are not able to keep your appointment, please call to cancel.
- Please arrive 15 minutes prior to your scheduled appointment time.
- The North Valley Public Health staff will soak feet and trim nails. The fee for this foot care service is \$20 per person.
- The North Valley Public Health staff will do free blood pressure checks upon request.

County Fair dates

County fair season is kickin' off! Here are the dates for all of the county fairs around our area for you to enjoy:

Polk County Fair (Fertile) is July 10-14, 2024; Pennington County Fair (TRF) is July 17-21; Roseau County Fair (Roseau) will run July 21-26; Marshall County Fair (Warren) runs July 24-28; Clearwater County Fair (Bagley) will be held July 31-August 4.

Farmers and Pesticide Applicator

There are Waste Pesticide collections scheduled for July 18th, 2024 from 10:00 am to 1:00 pm at CHS Ag Services Hazel location 17273 Center St. E Thief River Falls, MN 56701 and July 22nd 2024 from 10:00 am to 1:00 pm at CHS Ag Services 747 S. Main St. Warren, Minnesota.

Dispose of your waste weed killers/herbicides, insecticides, mice, and rat poisons, fungicides and other pesticides. Farmers, business owners, and homeowners can bring up to 300 pounds of waste pesticides, free of charge, to this event. Amounts in excess of 300 pounds may be charged a fee.

Pesticide/herbicide rinsates, crop oils, paints, fuels and other household hazardous materials will not be accepted at this collection - ONLY WASTE PESTICIDES!

For additional information or if you have quantities of waste pesticides in excess of 300 lbs., please call the Northwest Minnesota Household Hazardous Waste Facility, prior to July 22th Phone: 218-694-2090.

Berry Supper at UL

United Lutheran Church in Gatzke is holding a Berry Supper on Sunday, July 28th, at 5pm with Brianna Geer putting on a piano concert. All proceeds will go to the Trails for

Treatment program. Everyone is asked to bring a berry treat to share in the potluck.

Scripture readings and a hymn sing-a-long will also take place.



Notice to our CD customers:
Increased rate on our 18 month CD! 4.25% Interest Rate with a 4.32% Annual Percentage Yield.

Deposit A Check Anytime, Anywhere With Mobile Deposit

With Mobile Deposit, you can deposit a check using the camera on your smart phone or tablet and our Mobile Banking app. **Making a deposit is as easy as snapping a picture and saves you a trip to the bank.** Find out more about the advantages of Mobile Deposit. Stop in or give us a call.

ASB AMERICAN STATE BANK

In two locations

PO Box 78
Grygla, MN 56727-0078
(218) 294-6111 • TOLL FREE (877) 814-9937
FAX (218) 294-6239

201 Vance Ave. S.
Erskine, MN 56535
(218) 687-2865 • TOLL FREE (800) 434-7721
FAX (218) 687-2328

www.asbgrygla.com

FDIC

LENDER

A FULL SERVICE BANK

Middle River resident publishes first book



(Submitted by Howard Brockhouse, author)

Middle River, Minnesota resident Howard Brockhouse has published his first book; For Kids' Sake, Be Great! How Caregivers Create Positive Environments in Separate Homes.

The book focuses on four simple principles that Howard and his ex-wife did when raising their kids in separate homes. "The most important thing we can do as caregivers is focus on our kids' well-being and that is even more challenging if you're raising kids in separate homes," Howard said.

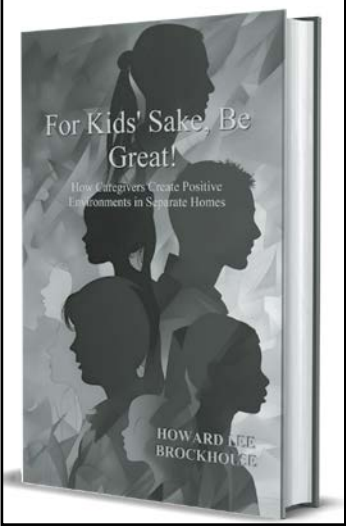
"Another critical component of caregiving in separate homes is the mental health of the caregiver," Howard said. The book provides pathways for the caregiver so they can be healthy and at their best for the benefit of themselves and their children. "There are a lot of books on co-parenting but very few focus on the mental health of the caregiver and coming out of separation or divorce, we often have a tremendous amount of hurt that needs to be addressed," Howard said.

The book came about from a parent-teacher conference many years ago where the teacher was new to the district, and she could not tell that Howard's daughter was from separate homes. "I told the teacher I needed my daughter's paperwork mailed to my house, we need copies at my house and her mom's house. The teacher said, 'What, I would've never known you're divorced by watching your daughter in class.' Howard started asking himself what he and his ex-wife were doing that resulted in a trained educator not knowing his daughter was from a

separate home.

The book is all first-hand accounts of the things that Howard and his ex-wife did that resulted in their children being healthy and happy. It also describes the things that Howard and his ex-wife did to repair and maintain their mental health coming out of the separation.

Howard is available for interviews, book signings or speaking engagements. More information is found at howard-brockhouse.com.



Two more programs coming to the library

The Grygla Library has had some fun activities on the schedule this summer as part of its summer reading program. Last week, a play was performed for a nice crowd; *Country Mouse & City Mouse* provided for a lot of audience interaction and laughs. The next program on the calendar is scheduled for the last Wednesday in July. Check it out below!

July schedule
July 3rd: Closed
July 10th: Open 2-6pm with an Alka Seltzer Rocket "take

and make" project.
July 17th: Open from 2-6pm.
July 24th: Open 2-6pm with a Wax Resist Tissue Art "take and make" project.
July 31st: Open 2-6pm with a program at 4:30pm - Northern Tropics Animals will be on site! Learn about reptiles and their amazing designs, individual personalities and incredible uniqueness.

August schedule
August 7th: Open 2-6pm with a program called MN Lumberjack, Legends & Lore,

scheduled for 2pm.
August 14th: Open 2-6pm with a Plate Maze "take and make" project.
August 21st: Open 2-6pm.
August 28th: Open 2-6pm with a Coffee Filter Butterflies "take and make" project.

The Grygla Library is open every Wednesday from 2-6pm, but will be closed on Wednesday, July 3rd. See the summer schedule below that includes all of the activities and programs Betsy has scheduled.

Wednesday, July 10, 2024

Only in Minnesota: a weekly feature in the Eagle

The world's longest elevated pedestrian loop is at the Minnesota Zoo

On July 28, 2023, the Treetop Trail at the Minnesota Zoo opened to the public. At 1.25 miles, it is believed to be the longest elevated pedestrian loop in the world.

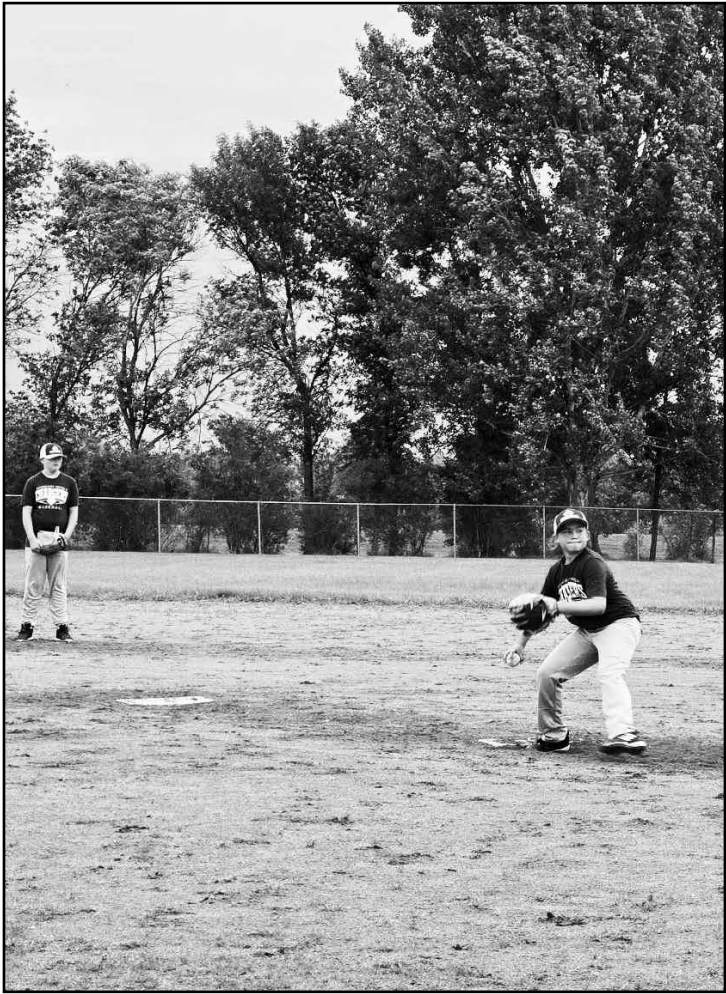
The Minnesota Zoo is one of the largest in the country, covering almost 500 acres. When it first opened, a monorail was included as part of the zoo's design to help visitors traverse its massive footprint. The monorail operated for nearly 30 years until it was decommissioned in 2013. Since that time, the empty track had been a dominant feature in the zoo's landscape. After several years of

planning, the concept of turning the old monorail track into an elevated pedestrian walkway emerged. Plans were drawn and approved, and ground broke on the \$37 million project in 2022.

The zoo's concept for the trail includes programming and events, such as information stations and yoga classes, at the wider areas along the boardwalk. Visitors to the treetop trail enjoy birds-eye views of the animal exhibits below. The trail is as high as 32 feet and passes through some of the zoo's most natural, undeveloped areas. The Treetop Trail tracks many of the same exhibits as the ground-level Northern Trail. Pedestrians have views of animals ranging from moose and bison to Amur tigers and brown bears.



Charger Summer Rec Baseball action shots



If you want to check out some youth baseball action, you're in luck! There is a Tee Ball evening game in Goodridge vs. Greenbush this Wednesday, July 10th, at 6:30pm. There's also baseball games (Small Fries, Pee Wee's and Midgets) this Thursday, July 11th, in Grygla vs. Greenbush.



Above: The 11U Blue team finished their season strong with a 1st place finish at their tournament in Goodridge the end of June. Below: For the 18U team, Makayla Erlandson tips the ball over for the Chargers.



Above: The 16U JO Volleyball team took home the championship at the tournament that was held in Grygla on June 27-28. They are coached by Caitlyn Jacobson. Below: The 14U JO Volleyball team were the champions in there division, also! They are coached by Brenna Bakken



Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Noetic /Noh-et-ik/
adjective
Of or relating to the mind.

1	7	9	5	3	6	2	4	8
6	8	3	2	4	7	5	9	1
5	2	4	1	8	9	6	7	3
4	1	2	3	6	8	7	5	9
9	6	5	7	1	4	3	8	2
7	3	8	9	2	5	4	1	6
3	4	6	8	5	1	9	2	7
2	9	1	4	7	3	8	6	5
8	5	7	6	9	2	1	3	4

Sudoku results from the puzzle on page 2.

• SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor

Apple Cider Braised Pork Shoulder

This Apple Cider Braised Pork Shoulder is an easy one-pot dinner recipe, which we all love. Tender pork cooked low and slow in a bath of fresh apple cider, onions, apples, and fresh herbs.

- Ingredients
- 4-5 lb pork shoulder, cut into large chunks (boneless or bone-in)
 - 2 tablespoons neutral oil
 - 2 cups fresh apple cider
 - 2 cups chicken stock
 - 2 tablespoons dijon mustard
 - 1 tablespoon dehydrated minced onion
 - 1 head of garlic, top sliced off opposite of the root end
 - 3 rosemary sprigs
 - 4 thyme sprigs
 - 1 red onion, cut into thick slices
 - 2 firm and slightly tart apples*, peeled and cut into wedges
 - kosher salt
 - freshly cracked black pepper

Instructions

Preheat an oven to 325 F.

Pat the pork pieces dry with a paper towel and season liberally all over with kosher salt and pepper. If you're using boneless pork, aim for 4 large pieces of pork. If you're using bone-in, opt for 2 large pieces, cutting around the bone.

Heat the oil in a large dutch oven over medium-high heat. Once the oil is hot, arrange the pork in a single layer. Sear for 4-5 minutes per side until the pork is deeply browned. Repeat on all sides. Depending on the

size of your dutch oven, you may need to do this in batches.

While the pork is searing, whisk together the cider, broth, dijon, and dehydrated minced onion together and set aside. Use kitchen twine to tie the rosemary and thyme together in a small bundle.

Once the pork is browned all over, pour in the braising liquid. Arrange the herbs and garlic head in the pot with the pork, cover and place in the oven.

Braise for 3 hours or so (start checking at 2 and a half hours for boneless), flipping the pork halfway through. Once the pork is just shy of fork tender, remove the pork from the oven and arrange the onions and apples around the pork. Cover and return to the oven for another 45 minutes to 1 hour. The pork should be very tender at this point.

Remove the pork and let it rest in its juices for 30 minutes before serving.



4th of July in Grygla, 1918



This photo is believed to have been taken on July 4th, 1918. Lisa (Newton) Swanson says the man on the horse is her grandfather, Melvin Sorenson. Of the photo, she shared, “Grandma and Grandpa Sorenson moved to Grygla from Montana; Grandpa broke horses for ranchers there. He entered the horse race and won 1st prize and got to lead the parade in Grygla! There are four little kids in white standing on the sidewalk and those are my mom’s sisters, Katherine, Myra and Inez, and her brother Ray.” The streets of Grygla sure looked different back then, huh?

Call for Art for Around the Farm Art Exhibit

Mediums include collage, pen and ink, photography, mosaic, fiber arts, oil, acrylic, sculpture, creative writing, printmaking, and more.

The Northwest Minnesota Arts Council is announcing a Call for Art on the theme “Around the Farm.” Around the Farm will feature Hallock Artist Beau Bakken and is open to entries from our region.

Farming is more than a job or a career. It is fundamental to our community’s way of life, part of our region’s cultural identity and history, and deeply rooted in where and how we live, work, and play. This art exhibit will celebrate farm life and farming and will highlight the importance of agriculture in the lives of residents of our northwest Minnesota region through art.

The exhibit will be held in January and February of 2025 at Northland Community and Technical College in Thief River Falls. The featured artist is Beau Bakken of Hallock.

Art will be around the theme of farms, farming, farm machinery, harvest, farmland, agricultural heritage, farm animals, and farm life.



You have until December 2nd to submit your work. Artwork must be original from any art medium including painting, mixed medium, drawing, mosaic, fiber arts, writing, sculpture, photography, printmaking, and more. Art will be around the theme of farms, farming, farm machinery, harvest, farmland, agricultural heritage, farm animals, and farm life.

Official Proceedings - Marshall County Board of Commissioners

July 2, 2024 – 9:00 A.M.
Marshall County Boardroom

The Pledge of Allegiance was given.

Chairperson Kiesow called the meeting to order with Commissioners Gary Kiesow, Sharon Bring, Larry Nybladh, Roland Miller, Jim Duckstad and Auditor-Treasurer Scott Peters present.

Ag Services Director Dave Clark met with the Board to discuss the leafy spurge issue in Pork Township. This has been there for many years and landowners in the past did try eradicating but have now lessened their efforts. Mr. Clark will send letters out, asking landowners to make an effort to control this as is required by statute.

The Board approved the July 2, 2024 meeting agenda. M/S/C – Bring, Miller (5,0)

The minutes from the June 18, 2024 Regular Board Meeting and the June 18, 2024 County Board of Appeal and Equalization Meeting were approved. M/S/C – Bring, Nybladh (5,0)

RESOLUTION 07-02-01
BE IT RESOLVED, that after review of the following bills, authorization for payment of the same in the following total amounts, are hereby approved, with a detailed listing kept on file at the Auditor’s office.

Auditor Warrants
Auditor Warrants 6.25.2024 \$6,127.04
Commissioner Warrants \$120,577.56
M/S/C – Duckstad, Kiesow (5,0)

The following Commissioner/Committee Reports were shared.

Commissioner Meeting/Report
Bring/Area Transportation Partnership
Miller/ State Ditch 3 Rede-termination of Benefits, MST Watershed
Duckstad/ MST Watershed, Alluma, Veteran Park PTSD Dedication
Kiesow/ NWRDC, NW Community Action
Nybladh/Jail Remodel Com-

mittee

Tyler Janke from the Minnesota Department of Natural Resources provided information on Native Prairie Bank Programs for Private Landowners. Assessor Ryan Larson and Ag Services Director Dave Clark were available during this presentation.

Ted Priester from the Red River Basin Commission provided a presentation on aspects of the Commission.

County Engineer Lon Aune addressed the Board on the following Highway and Ditch Authority Business.

1. County Ditch 45 Engineer Proposal has been received.

2. CSAH 1 Paving starting next week.

3. Bid Letting on July 8 for County Road 46 and 53 Graveling and CSAH 4 Bridge Rebid.

4. The Board recessed the Regular Meeting and opened the Ditch Authority Meeting. M/S/C – Duckstad, Miller (5,0)

The Board approved a Ditch Cleaning request for one half mile on Branch L of JD 19 in the southwest corner of Section 30 in Huntly Township. M/S/C – Miller, Nybladh (5,0)

A discussion on Beaver control was held. The Board closed the Ditch Authority Meeting and reconvened the Regular Meeting. M/S/C – Nybladh, Miller (5,0)

Environmental Services Administrator Josh Johnston discussed State of Emergency Declaration criteria. No action was taken at this time.

Auditor-Treasurer Scott Peters provided the following for his report.

1. 2025 Budget Discussion – will be meeting with all departments over next meetings.

2. 2024 Actual versus Budget Report for 50% of the year

3. MST Watershed Board Manager Consideration

4. Conference Update

5. Blighted Property, Forfeited Tax Update

6. Election Update

7. SWCD Update

The meeting was adjourned at 12:45 p.m. by Chairperson Kiesow.



PTSD Statue at the Marshall County Area Veterans Memorial Park. (Submitted)

PTSD statue dedication

June 27th marked a special event at the Marshall County Area Veterans Memorial Park, dedicating the addition of a bronze statue and memorial bench in honor of the military men and women who have had or are currently suffering the effects of Post Traumatic Stress Disorder (PTSD). The occasion took place to recognize the month of June as PTSD Awareness Month and June 27th as PTSD Awareness Day, designated by the US Senate in 2010 to raise awareness of the mental health issues that can develop after exposure to traumatic events.

PTSD may occur either immediately after trauma or later on in life and can be triggered by various situations or incidences that cause symptoms to recur. The month of June is nationally designated to emphasize the need to diagnose and treat all individuals and families affected by PTSD and especially those military veterans affected by the disorder.

Although the ceremony was moved to the American Legion Clubrooms to avoid the threat of rain, it did not dampen the turnout as more than 110 Legionnaires, visiting dignitaries and members of the general public were in attendance. Outstanding renditions of the National Anthem, Taps and patriotic musical pieces were performed by the WAO Freedom Force Boys Choir, Audrey Bienek and Ava Wesinburg. Visiting Dignitaries included State Representatives John Burkel and Deb Kiel, who both spoke of the importance of recognizing the mental health issues of PTSD and the need to work together to provide adequate treatment and understanding for those afflicted by the disorder. Russell Steer, Chair of the Marshall County Area Veterans Memorial Committee, acted as the Emcee for the ceremony. Howard Lunsetter provided the Invocation and Benediction, and in a moving tribute, members of the County American Legion Club Color Guards advanced and retired the Colors as well as Firing Squad duties at the end of the service.

Brett Brandon, CW3 (Retired) U.S. Army and Marshall County Veteran Service Officer, was the main speaker for the evening. Brett provided a history of PTSD and a statistical background of its effects on the American public and especially the military community, noting that as many as 44 million Americans are believed to have suffered a traumatic event in their lives and approximately 6-8% of those will develop PTSD. In his job as CVSO, Brett also spoke of the personal costs to friends and fellow servicemen and women he has worked with who have been affected by PTSD and how it impacts families and friends in the community. He noted the importance of supporting one another and the need for those afflicted to ask for help in dealing with mental health issues as a result of PTSD.

If you need assistance, help or support with issues related to emotional or mental health, please contact the Department of Human Services at 1-800-282-5005. The Crisis/Suicide Prevention line is available for calls, texts or online chat by dialing 988. For military veterans, the Wounded Warriors PTSD number is 1-888-997-2586.



Pictured above, WAO Freedom Force Boys Choir performs National Anthem at the statue dedication event on June 27th. Below, part of the crowd at the ceremony. (Submitted photos.)



Wednesday, July 10, 2024