$1.00

GRYGLA EAGLE

Wed	Thurs	Fri	Sat	Sun
Showers	Cloudy	Cloudy	Cloudy	Sunny
H 46 L 33	H 42 L 27	H 38 L 26	H 46 L 27	H 55 L 35

Wednesday, April 17, 2024 **WE'RE ONLINE www.tricocanary.com** **Vol. 48 Number 9**

Coming next week: Volunteer staff, including GHS students, pitch in at the Grain Bin Cafe during a time of need.

Members of the Grygla Rescue Department, along with Luke Nordvick of Nordvick Arms, LLC, recently completed a suicide alertness training at the Grygla School, led by Destiny Tinnes, MN Regional Suicide Prevention Coordinator. ***Photo by Grygla Eagle Newspaper***

Grygla community members complete "safeTALK" - a suicide alertness training

The Grygla Rescue department, along with Nordvick Arms, LLC, completed a safeTALK training last week. The safeTALK training is a 4-hour suicide alertness training. Chief Bob Thompson was looking to find this type of training for the first responders, saying, "We get paged out on several occasions to deal with a situation where someone may be having a mental health crisis. We are often the first on scene since law enforcement is sometimes several miles away. It really puts us in a tough situation not totally knowing how to deal with this, both for the victim and for our own safety. It is a lot harder dealing with these situations in a small community where most of us know each other." Thompson reached out to Destiny Tinnes about the training as she is a Minnesota Regional Suicide Prevention Coordinator for the North Central Region. Destiny encourages community members to attend suicide alertness talks. She stated, "Often, we do not think we will encounter a suicidal crisis or know anyone who is struggling or may attempt suicide. Learning the skills to help someone who is in a suicidal crisis may save a life. We all have mental health, whether it is positive, negative, or neutral. Attending workshops such as safeTALK will help you to identify signs of someone struggling, teach you how to help and keep them safe, and how to connect with the appropriate help."

She added, "We all have care and concern for our family, friends, and communities. Learning how to openly and safely talk about suicide is one step in reducing the stigma and a way to start conversations to create a safe and supportive community and help to prevent suicide."

There is another safeTALK coming up that is open to the public on June 3rd from 5-9pm at The Hound in Grygla. The training is funded by the Northwest Minnesota Foundation and will be free for any community members who wish to attend. That training will be provided by Monica McConkey, Licensed Mental Health Professional (one of the two legislatively funded Ag Mental Health Counselors).

How safeTALK works

Most people with thoughts of suicide don't want to die – instead, they are looking for a way to work through the pain in their lives. Through their words and actions, they usually invite others to help them in making a choice for life. safeTALK teaches participants to recognize these invitations, engage with the person with thoughts of suicide, and connect them with resources to help them be safer from suicide. These resources could include health care professionals, first responders, or crisis line workers – among many other who have suicide intervention training.

Goals and objectives

safeTalk helps participants become alert to suicide. Suicide-alert people are better prepared to connect persons with thoughts of suicide with life-affirming help. Over the course of their training, safeTALK participants will learn to:

- Notice and respond to situations where suicide thoughts may be present
- Recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss, and avoid suicide
- Apply the TALK steps: tell, ask, listen, keep-safe
- Know the community resources and how to connect someone with thoughts of suicide to them for further suicide-safer help.

Grygla City Council approves March Minutes

The April meeting of the City Council was held at the Grygla Civic Building on Monday, April 8th. Council members approved the March minutes, which are included below. Official minutes are taken by Grygla City Clerk and recapped by Eagle Editor. For the full version, including receipts & disbursements, visit www.grygla.govoffice2.com

The regular meeting on March 11th was called to order at 7pm at the Civic Building by Mayor Ruud with the following council members present: Dustin Nelson, Dave Dunrud, Gavin Nordby and Karla Byklum. Absent: None. Also present were Rose Aune, Rocky Hagen and Zach Thoma from Moore Engineering.

Council approved minutes, along with receipts, disbursements, checking, savings & total balances for that month. The payment of all bills was also approved. Other items included:

FLOOD PUMP

The right flood pump has been delivered now.

COMMUNITY CENTER

Nothing new to report at this time.

WATER TOWER

Everything has been submitted to Rural Development. Usually, it takes 3-6 months to hear back to see if anything else needs to be amended.

SAFE ROUTES TO SCHOOL

There was nothing new to report at this time.

STOP SIGNS

Rose looked up prices for the lighted stop sign and it would cost the city $1,600.

SAFETY & LOSS MEETING

Rose and Ruud will be attending the LMC Safety & Loss meeting in Mahnomen on March 26th.

CLERK'S CONFERENCE

Rose will be at the Clerk's Conference next week.

LEAD SERVICE LINE GRANT

Zach Thoma from Moore Engineering was present to talk about the Lead Service Line grant that they're helping the city with. They will be locating all curb stops and GPS them and check all lines to see if there's any lead in the lines and replace them if need be. The first phase is supposed to go from public to private, curb stop to meter in the house. The Department of Health is paying for all of this with no expense to the city.

MARSHALL COUNTY FAIR DONATION

$500 donation approved for the Marshall County Fair.

OPIOID MEETING

There will be another Opioid meeting on Thursday, May 16th, 10am-12pm to discuss the progress on the new Jail Coordination and Family Preventionist Position.

EMERGENCY HANDBOOK

Council approved the updated version of the Emergency Handbook of the City of Grygla.

DOGS RUNNING AROUND TOWN

Council approved to add $20 to each of the fines for animal nuisances.

SCHOOL SALAD BAR

Council approved the purchase of the portable salad bar at the school for the Grygla Community Center for $500.

Goodridge Lion's Consignment Sale and Smelt Fry

The 42nd Annual Goodridge Lion's Club Consignment Auction & Smelt Fry is happening on Saturday, April 20th. The Consignment Auction begins at 9am, located in Goodridge. Lunch will be served by the Goodridge Lion Tamers. For information on the consignment items up for grabs, see the ad in this week's Tri-County Canary section. Consignment items may be brought to the Lions Hall between 12-7pm on Friday, April 189th, or prior to the start of the sale. There will also be a vendor-craft market on site, sponsored by the Goodridge Lion Tamers.

The Smelt Fry starts at approximately 4:30pm.

There will also be live music in town that day at the Goodridge Municipal Liquor Store! Live music from 2-6pm by The Honkytonk Troubadours, along with 9pm-1am music by The Acoust Hicks.

May Day baskets

You can get a May Day basket for your child! The Grygla JCC's are taking orders for May Day baskets until April 23rd. The baskets are $10 each and will include snacks and goodies. Baskets will be prepared by the club and can be picked up at the Grygla General Store from April 29th to May 1st. To order a basket, contact Lindsay Oslund at 218-242-5671.

Permit to Carry - 2 classes offered

MN/Multi-State Permit to Carry Class will be offered by Nordvick Arms, LLC.

Two dates and locations to choose from:

- Saturday, April 13th, at 10am at the Wannaska Community Center
- Saturday, May 5th, at 9am at the Grain Bin Café in Grygla.

This class is for renewals and first-time permits. Classes are approved by the MN Bureau of Criminal Apprehension and use a variety of resources to include the NRA, USCCA Rangemaster and other organizations.

Items that will be covered include safety, use of force principles, scenario training, state laws and much more. The class is approximately 4 hours long and cost $70.

There will also be required range time. Contact Luke Nordvick at 218-689-8187 if you have any questions or to sign up with your preferred class time. You can also get details on booking a private class.

Nordvick Arms, LLC gives Permit to Carry classes that qualify for Minnesota, Arizona and Florida. Visit *nordvick-arms.com*

GG Seniors vs. parents

We won't talk about the hoops being lowered or raised, we won't talk about any unnecessary roughness or fudged scores, we'll just say the parents beat the seniors 38-37 and it was a success! Last week, the girls basketball team held a fund raiser at the Goodridge School where a lot of basketball action took place. The main event was the GG Seniors vs. parents game. It was a small crowd, but they sure delivered on the court! Bottom row, L-R: Lewis Jones, Russell Rian, Spencer Coan, Carson Rubischko, Morgan Underdahl. Back row, L-R: Deanna and Robert Coan, Jeremy Underdahl, Joe Rubischko, David Jones. (More photos on the back page.) ***Photo by Grygla Eagle Newspaper***

• CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Marilyn Grafstrom
Grace Live Stream will play on Garden Valley Channel 36 on Sundays 9am (9:30am last Sunday of the month).
Wednesday, April 17
11am Bible Study; 2:15pm Release Time; 3:30pm FFF Night; 6pm Grace Choir, 7pm Confirmation
Sunday, April 21
Grace: 9am Worship
OS: 10:30am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Wednesday, April 17
Confirmation
Saturday, April 20
Faith will serve soup & sandwiches from 9am-2pm at Lion's Hall (bake sale, fish pond, cake walk)
Sunday, April 21
Bethany: 8am Worship, 9am SS
Ekelund: 9:30am Worship, 10:30am SS
Faith: 10am SS, 11am Worship

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Bryan Kujawa
Sundays:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sundays
9:30am Worship
11am YouTube Live Broadcast

UNITED LUTHERAN PARISH
Gatzke
Pastor Tim Lundeen
Sundays
8:30am Worship

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseth
Wednesday, April 17
Wed. School 5pm; 6:30pm Vespers
Saturday, April 20
Mt. Olive Worship 9am
Sunday, April 21
St. Petri: 8am Worship
Oak Park: 9:45am Worship w/ 10am SS
Nazareth: 11am Worship

JOHNSON Funeral Service, Inc.
Funeral Pre-planning
Monuments
Thief River Falls • 218-681-4331
Red Lake Falls • 218-253-2128
Oklee •218-796-5177
www.johnsonfuneralservice.com
G46TFC

Community Calendar

Wed | April 17
Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; Grygla Go-Getters 4H Meeting 6pm; Grygla Lion's Club Meeting at The Hound 6:30pm

Thurs | April 18
NB VB practice in Goodridge 6pm; Varsity Track in Bagley; Grygla/NF Baseball vs. RLF in Karlstad (JV/V); Grygla/NF Baseball at RLF (JH); Grygla School Board Meeting

Fri | April 19
Senior Meals at Grain Bin Café 11am; Goodridge Elementary School Music Concert 2pm; Varsity Track at EGF; Grygla/NF Baseball at TRF

Sat | April 20
Grygla/Gatzke Food Shelf open 8-10:30am; Goodridge Lion's Consignment Sale & Smelt Fry

Sun | April 21
NB VB tourney in Fargo; Grygla Trap League Day at TRF Trap Club 12-3pm

Mon | April 22
Senior Meals at Grain Bin Café 11am

Tues | April 23
Grygla/NF Baseball vs. BGMR in Karlstad

Grygla School spring schedule

The Grygla School said it best: "Let the spring madness begin!" As always this is a very busy time of year. Here is a list of what's on the Grygla School Schedule for the rest of the school year.

This list will be updated and changed based on weather, transportation, availability of bus drivers and officials, and all the other craziness that comes with the spring.

If you have any questions, please contact the teacher/advisor in charge of the activity, or the school office at 218-294-6155.

Wednesday, April 17th: Media Production Class at BSU
Thursday, April 18th: Baseball vs. Red Lake Co.
Thursday, April 18th: Track Bagley V
Friday, April 19th: Baseball at TRF
Friday, April 19th: Track Indoor UND V
Sunday, April 21: Trap Competition Week 1
Tuesday, April 23rd: Baseball vs. BGMR
Wednesday, April 24th: ECFE @ 5:30
Thursday, April 25th: Baseball at Sacred Heart EGF
Thursday, April 25th: Track LOW V
Thursday, April 25th: Track Bagley JH
Friday, April 26th: Baseball vs. West Marshall
Friday, April 26th: Kindergarten to Circus
Friday, April 26th: Track TRF-Twilight V
Saturday, April 27th: Prom
Sunday, April 28th: Trap Competition Week 2
Monday, April 29th: Track WAO JH
Tuesday, April 30th: Baseball at LOW
Tuesday, April 30th: Track EGF V
Wednesday, May 1st: Envirothon for 10th grade
Wednesday, May 1st: High School Music Concert @ 7:30 pm
Thursday, May 2nd: Baseball vs. Ada-Borup-West
Thursday, May 2nd: Track EGF JH
Friday, May 3rd: Baseball at KCC
Friday, May 3rd: EGF Conference Meet V at 1pm
Friday, May 3rd: Senior Class Trip Weekend
Sunday, May 5th: Trap Competition Week 3
Tuesday, May 7th: Baseball at West Marshall
Monday, May 6th-8th, 2024: 6th Grade Class Trip
Wednesday, May 8th: Senior Lions Supper TBD
Thursday, May 9th: Baseball vs. Mahnomen-Waubun
Thursday, May 9th: Track TRF JH
Friday, May 10th: Elementary Music Concert 2:00
Friday, May 10th: Track WAO V
Sunday, May 12th: Trap Competition Week 4
Monday, May 13th: High Mileage @ Brainerd
Monday, May 13: Track Roseau V
Tuesday, May 14th: High Mileage @ Brainerd
Tuesday, May 14th: Track Roseau JH
Wednesday, May 15th: ECFE 5:30-6:30
Thursday, May 16th: Baseball at BGMR
Thursday, May 16th: Track Ada V
Friday, May 17th: Track TRF V
Saturday, May 18th: Graduation 1:00
Sunday, May 19th: Trap Competition Week 5
Monday, May 20th: Baseball at Fosston
Monday, May 20th: Track LOW JH
Tuesday, May 21st: Preschool Graduation @ 5:00
Wednesday, May 22nd: LAST DAY OF SCHOOL
Thursday, May 23rd: Track LOW Sub Section V
Monday, June 10th: Trap Shooting Championship Alexandria, MN

You can stay up-to-date by following the Grygla School Facebook page, where daily updates are shared.

• LETTER TO THE EDITOR

I work at CareerForce in Thief River Falls, and I am writing to ask parents, grandparents, guardians, and teachers of high school-aged rising adults to encourage them in considering a Caring Career.

There are many employment opportunities now providing care and support to older people and to people with disabilities in our communities, or in a variety of health care settings all around our area.

Many of these positions can be started when a person is 16 years old – and it can be a great opportunity for young people to explore if a career in health care or social services is right for them – while getting paid!

Want to find out more about Caring Career employment opportunities here in Northwest Minnesota? Call CareerForce in Thief River Falls at 218-683-8063 or email Jason Pangiarella at Jason.Pangiarella@state.mn.us.

Sincerely,
Jason Pangiarella
NW Minnesota Job Service Supervisor

Support Our Community... Shop Locally!
Our local merchants make our community a better place to live.
• They donate time and money to community projects. • They support the local fire department and ambulance. • They support various school activities. • They sponsor local sports teams.
Shop locally! Tell our local merchants you appreciate their efforts.
In two locations
ASB AMERICAN STATE BANK
www.asbgrygla.com
EQUAL HOUSING LENDER
A FULL SERVICE BANK
FDIC
PO Box 78
Grygla, MN 56727-0078
(218) 294-6111 • TOLL FREE (877) 814-9937
FAX (218) 294-6239
201 Vance Ave. S.
Erskine, MN 56535
(218) 687-2865 • TOLL FREE (800) 434-7721
FAX (218) 687-2328
G5C

• MINNESOTA DNR NEWS

As people head for the water, Minnesota DNR reminds them to prioritize their safety

With anglers, boaters, and paddlers taking advantage of the early ice-out across much of Minnesota, the Minnesota Department of Natural Resources is reminding anyone spending time around lakes, rivers, and ponds that water temperatures remain extremely low and unexpected falls can turn tragic.

Each year, about one-third of fatal boating accidents happen during the cold water period and many instances involve victims who weren't wearing a life jacket. Cold water can quickly incapacitate even strong swimmers and the most effective way to survive a fall in is to wear a life jacket that's buckled or zipped.

"Open-water enthusiasts are celebrating this year's early ice-out, and we're starting to see a lot of activity on water bodies throughout the state," said Capt. Adam Block, boating law administrator for the DNR Enforcement Division. "Safety is vital year-round, but we urge people to double down on it this time of year because the consequences of falling into cold water can become severe extremely quickly."

Following are a few tips to keep in mind as this year's open-water season commences:

• Wear a foam-filled life jacket. While inflatable life jackets are gaining in popularity, they might not fully inflate when the water is cold. Check manufacturer recommendations for specific instructions regarding water temperature.

• Ensure watercraft are registered and equipped with proper safety equipment. Before heading out on the water, check all equipment to ensure it functions properly.

• Distribute weight evenly and abide by manufacturers' weight limits.

• Always use the engine cut-off device if the watercraft is equipped with one.

• Have a means of communication. People recreating around water should tell someone where they're going and when they plan to return.

• Watch the weather.

See the DNR's cold water safety webpage (mndnr.gov/safety/boatwater/cold-water.html) for more information about staying safe around or on cold water.

Learn to camp, paddle, fish and mountain bike in Minnesota's great outdoors

Registration is now open for the summer 2024 I Can! programs in Minnesota state parks and recreation areas.

I Can! is an award-winning series of outdoor programs from the Minnesota Department of Natural Resources that helps beginners learn new outdoor skills in a state park or recreation area setting. In addition to programs focused on the basics of outdoor recreation, there are some programs, like backpacking or sea kayaking, for people who are ready to try a more advanced version of an activity they enjoy.

"At the DNR, we are passionate about empowering people to explore the beauty of nature and gain confidence in outdoor activities they might have never experienced before," said Eric Pelto, special programs coordinator for I Can!. "Our goal is to remove barriers that keep people from trying new outdoor activities by providing the equipment and knowledge to get started."

Programs are offered during the summer, beginning the first weekend in June and continuing through the end of August. Programs are low-cost thanks to funding from the Clean Water, Land and Legacy Amendment.

Programs include:

• **I Can Camp!** – These programs provide hands-on instruction on setting up camp, starting a campfire, camp cooking and fun outdoor activities. All gear is provided, including the tent, air mattresses, cooking gear and other basic camping equipment. One-night, two-night and backpack sessions are offered.

• **I Can Paddle!** – These programs teach the basics of canoeing or kayaking, including launching, paddling efficiently, and planning a safe outing. These programs are designed for first-time paddlers and equipment is provided. Two-hour canoe or kayak programs, river day trips, sea kayaking, and overnight canoe camping programs are available.

• **I Can Mountain Bike!** – This program teaches mountain bike riding techniques at Cuyuna Country State Recreation Area, Minnesota's world class mountain bike park.

• **I Can Fish!** – These hands-on programs teach the basics, from fish identification to casting. Participants will be ready to begin a lifetime of memories on Minnesota's lakes and streams.

"Whether you're a novice or simply looking to expand your horizons, our low-cost programs offer the perfect opportunity to extend your comfort zone and make lasting memories in the great outdoors," Parks and Trails Division Director Ann Pierce said. "From camping under the stars to paddling Minnesota's waters, casting lines into the unknown, to tackling thrilling mountain biking trails, we provide expert instruction and all the necessary equipment for a safe and unforgettable experience."

Schedules and registration

For more information about any of the programs — including program dates, times, locations, and minimum age requirements — visit the DNR's I Can! webpage (mndnr.gov/ican).

To register for I Can! programs, visit the DNR reservation website (mndnr.gov/reservations) or call 866-857-2757 (8 a.m.-8 p.m. daily, except holidays).

About I Can!

Since 2010, more than 100,000 people have participated in I Can! programs. The Minnesota State Parks and Trails I Can! program series is made possible with funding from the Parks and Trails Fund, created after voters approved the Clean Water, Land and Legacy Amendment in 2008. The Parks and Trails Fund receives 14.25% of the 3/8% sales tax revenue that may only be spent to support parks and trails of regional or statewide significance.

Marshall County Sheriff's Office Dispatch-Jailer Job Opening
The Marshall County Sheriff's Office is accepting employment applications for the position of Jailer-Dispatcher. This position starts out at ($25.12) for day shift and ($28.12) for night shift. After 6-months the wages go up to ($25.67) for day shift and ($28.67) for night shift and after 1 year of employment the wages go up to ($26.53) for day shift and ($29.77) for night shift.
This position works 12-hour shifts. The shifts are from 6:00 am – 6:00 pm and 6:00 pm -6:00 am. Shifts include working holidays and weekends. You will be required to work nights and days. If an employee works on a holiday, they receive 12 hours of overtime pay. There are always 2 dispatchers/jailers on at all times. The employee never works more than 3 days in a row.
The Marshall County Sheriff's Office has an excellent benefit package. If the employee takes a family stipend health insurance plan, they are given $1,580.00 towards the premium. If they elect a single health insurance stipend, they are given $870.00 a month towards the premium. If a spouse has health insurance, the employee is given $870.00 per month. That would make each paycheck $435.00 more. Each employee accrues 4 hours vacation and accrues 4 hours of sick time each paycheck. There are 26 pay periods in a year. On top of vacation hours each employee gets 92 hours of holiday hours they can use as vacation hours.
There is a sign on bonus of $2,000. The employee will get $500.00 on first pay check, $500.00 at 6 months once completed probation period, and $1,000 at 1 year anniversary.
Applications may be picked up at the Marshall County Sheriff's Office, 208 E. Colvin Ave. Ste #1, Warren, MN 56762 or print out an application off the Marshall County website at www.co.marshall.mn.us
Application will be accepted until April 19, 2024
"Marshall County is an equal opportunity employer."
G4-5C

SUDOKU
Call today and receive a FREE SHOWER PACKAGE PLUS $1600 OFF
SPECIAL OFFER
SAFE STEP WALK-IN TUB 1-855-576-5653
With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082990 0083445

	1		6					5
7				3	8	4		
		8		2	1			
						2		7
		6					1	
			9					
		7		5				4
6	4		3					2
9				1	6	3		

© StatePoint Media
Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

The answers to this week's Sudoku puzzle are shared on page 3.

U.S.P.S. No. 002330
Grygla Eagle
MEMBER NNA NATIONAL NEWSPAPER ASSOCIATION
Serving Eastern Marshall & Northern Beltrami Counties
Richard D. Richards - PUBLISHER
Kari Sundberg- EDITOR
Phone 294-6220
—SUBSCRIPTION RATES—
$35 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses)
$45 per year outside of the area
PUBLISHER'S LIABILITY FOR ERROR: The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.
The "Grygla Eagle" is published weekly by Richards Publishing Co., Inc., Box 159, Gonvick, MN 56644. Periodical postage paid at Grygla, MN 56727.
POSTMASTER: Send address changes to: Grygla Eagle, PO Box 17, Grygla, MN 56727.

Extracurricular Spring Celebration: CANCELLED

The "Charging Ahead" event that was being planned to celebrate extracurricular activities has been cancelled for this year. It was scheduled for Monday, April 22nd, at The Hound in Grygla.

Father-Daughter dance

The Princess Ball/Father-Daughter dance is coming up soon at the Grygla School. This will be held on Sunday, April 28th, from 1:30-3pm. All communities are welcome. The event will start out with a Grand March where daughters are announced and walk down the aisle with their date. This portion is open to the public. A dance and activities will follow. Small goodie bags will be given to each of the girls in attendance.

Please RSVP to Alisha Anderson at 218-280-2121.

Club picnic

On April 27th, the group will be holding their spring picnic at Grande Corner. The day will kick off at 10am with a ditch cleaning, followed by the picnic. The main dish and beverages will be provided by the club; everyone is asked to please bring a side dish.

Only in Minnesota: a weekly feature in the Eagle

These 5 celebrities hail from some of Minnesota's most charming small towns

The Land of 10,000 Lakes is not California or New York, but there is still a pretty fair number of Minnesota celebrities who hail from our fair state. While most of them, like Prince, F. Scott Fitzgerald, Joe Mauer, or Paul Molitor, are from the Twin Cities, there are many who once called some of the North Star State's smaller cities and communities their hometowns. And there's something that's extra special in rooting for a small-town kid done good. Here's a handful of celebrities who come from Minnesota's smaller communities.

Jessica Biel, Ely - Actress Jessica Biel hails from the charming town of Ely, Minnesota. Ely is an outdoor mecca. As a gateway to the Boundary Waters and Superior National Forest, Ely is considered Minnesota's headquarters for North Woods adventuring.

Bob Dylan, Hibbing - Born Robert Zimmerman in a Duluth hospital, Bob Dylan grew up in Hibbing, where he is hailed as a hometown hero. The Iron Range city of Hibbing has deep mining roots, which brings with it a boom-and-bust economy.

Judy Garland, Grand Rapids - Originally named Frances Gumm, Judy Garland went on to become one of Hollywood's best-known stars in the first half of the 20th century. Today, her childhood home is part of the Judy Garland Museum, which is one of Grand Rapids' popular attractions. The town is also known as a gateway city to the Chippewa National Forest.

Jessica Lange, Cloquet - Academy Award-winning actress Jessica Lange comes from Cloquet. (Later in life, she returned to the state for a while and lived in the Stillwater area). Cloquet sits at the confluence of two rivers and is close to both Jay Cooke State Park and the Sax-Zim Bog.

Winona Ryder, Winona - There could be stranger things than the fact that Winona Ryder was named for the city in which she was born. At the time, her family lived in rural Olmsted County, but Winona is Ms. Ryder's official birthplace. The charming city of Winona sits on the Mississippi River in Minnesota's Bluff Country. Ms. Ryder once lent her name and image to one of the city's tourism campaigns, which included a Super Bowl commercial.

Winona Ryder

L-R: Jessica Biel, Judy Garland, Bob Dylan and Jessica Lange.

Marshall County Board of Commissioners Meeting Minutes

OFFICIAL PROCEEDINGS MARSHALL COUNTY BOARD OF COMMISSIONERS

Regular Board Meeting April 2, 2024 – 9:00 A.M.

County Board Room – Warren

The Pledge of Allegiance was given. Commissioner Kiesow called the meeting to order at 9 a.m. with Commissioners Gary Kiesow, Sharon Bring, Larry Nybladh, Jim Duckstad, Rolland Miller, and Auditor/Treasurer Scott Peters present.

The Board approved a resolution presented by Environmental Services Administrator Josh Johnston supporting 2024 MPCA Sold Waste Grant proposals.

RESOLUTION 04-02-01

WHEREAS, the Minnesota Pollution Control Agency (MPCA) received substantial funding from the 2023 Legislature to solicit proposals for multiple Solid Waste related Grants in 2024; and

WHEREAS, nine (9) Counties in northwest Minnesota have formed a Coalition to cooperatively address regional SW issues of shard concern. The Coalition counties include: Beltrami, Cass, Clearwater, Hubbard, Mahnomen, Marshall, Norman, Polk and Red Lake, and benefit the tribal nations of Leech Lake, Red Lake and White Earth which are classified as Environmental Justice (EJ) communities which are not otherwise eligible to receive these grants; and

WHERAS, this Coalition applied for, and received funding from, the MPCA to complete a Construction & Demolition (C&D) Debris Landfill (LF) Study in 2023. The Study identified these SW issues, proposed a comprehensive alternative system which addressed those issues, and identified associated costs and programs to implement that alternative system; and

WHEREAS, the alternative system proposed to address these C&D and SW issues is referred to as the regional Hub & Spoke (H&S) system; and

WHEREAS, the H&S system is comprised of many smaller projects which can be coordinated in a manner to benefit the Coalition. Specifically, the H&S system is comprised of, but not limited to, the following: (1) small, C&D and mixed-waste mini transfer stations, (2) MRF improvements via advanced process equipment and robotics to capture new materials and/or add additional processing capacity for the region, (3) new technologies for capture of, and additional processing capacity for, regional SSOM; and (4) material-specific infrastructure to collect, aggregate, transport and process various C&D materials for reuse and recycling or biochar (incl. shingles, clean wood, gypsum board, concrete, porcelain); and

WHEREAS, these MPCA SW grants represent new opportunities to fund and implement one or more sub-parts of the proposed regional H&S project; and

WHEREAS, Marshall County intends to, and supports other Coalition members to also, apply for these 2024 MPCA SW Grants which would implement one or more sub-parts of the H&S system for the benefit of the Coalition.

THEREFORE BE IT RESOLVED, Marshall County supports all 2024 MPCA SW Grant proposals put forth by any one or more Coalition members which would, if funded, further advance or implement a portion of the H&S system; and

BE IT FURTHER RESOLVED, if MPCA grant funds in 2024 are allocated to Marshall County or any other Coalition member for any portion of the H&S project, Marshall County pledges to implement its portion of that H&S project. M/S/C – Bring, Duckstad (5,0)

The Board approved the following resolution presented by Social Services Director Chris Kujava, supporting Clay County in seeking Bonding for a Psychiatric Residential Treatment Facility.

RESOLUTION 04-02-02

WHEREAS, throughout Minnesota there is inadequate capacity in the continuum of care to support children with high acuity, complex and/or co-occurring conditions that include violent or sexually inappropriate behavior and/or physical health challenges; and

WHEREAS, Psychiatric Residential Treatment Facilities (PRTF) are a part of this continuum for children and youth under age 21 with complex mental health conditions and aggression; and

WHEREAS, currently there are four PRTF facilities operational in Minnesota with a total capacity of 166 beds and an additional PRTF set to open soon; and

WHEREAS, there is a need for additional PRTF beds in the State of Minnesota to meet the needs of children with serious and complex mental health needs; and

WHEREAS, the location of PRTF beds must be spread across the state to ensure equal access and proximity to a child's home community, family, and service providers; and

WHEREAS, Clay County is committed to establishing a PRTF and will partner with an eligible provider in the delivery of PRTF services; and

WHEREAS, Clay County is seeking Minnesota bond funds to aid in land acquisition and building a PTRF;

THEREFORE, BE IT RESOLVED, the Marshall County Board of Commissioners via this Resolution, supports Clay County to request Minnesota bond funds for infrastructure in the development of a Psychiatric Residential Treatment Facility in Clay County. M/S/C – Duckstad, Miller (5,0)

The Board met with Maintenance Engineer Rodger Haugtvedt regarding the County Park Grounds Maintenance Lead Position. The last approved hire for this position is not able to accept the position. The Board approved hiring Rob Nelson to this Grounds Maintenance Lead Position, beginning in April as needed at $20.00 per hour. M/S/C – Bring Nybladh (5,0)

The Board approved the April 2, 2024 meeting agenda. M/S/C – Miller, Bring (5,0)

The minutes from the March 19, 2024 Regular Board Meeting were approved with corrections. M/S/C – Bring, Miller (5,0)

RESOLUTION 04-02-03

BE IT RESOLVED, that after review of the following bills, authorization for payment of the same in the following total amounts, are hereby approved, with a detailed listing kept on file at the Auditor's office.

Auditor Warrants

Auditor Warrants 3/27/2024 $12,252.56

Commissioner Warrants $728,356.22

M/S/C – Duckstad, Bring (5,0)

Sheriff Jason Boman and Jail Administrator Mark Ellerbusch met with the Board to discuss concerns with ESST and how it affects the Sheriff's Office. The Board approved to advertise for hiring a Dispatch/Jailor position. M/S/C – Miller, Bring (5,0)

The following Commissioner/Committee Reports were shared:

Commissioner Meeting/Report

Miller: Middle Snake Tamarac Watershed, Counties Providing Technology, Employee Benefits Committee

Kiesow: Red River Basin Executive Committee, Joint Counties Natural Resource Board, Red Lake Watershed

Bring: Minnesota Rural Counties, Northwest Regional Transit Coordination Council

Duckstad: Middle Snake Tamarac Watershed, Dancing Sky Area Agency on Aging

Nybladh: Employee Benefits Committee

Public Health Director Fran Tougas provided a Bi-monthly Public Health Update to the Board.

1. This is Happy Public Health Week recognizing persons working in Public Health
2. Infrastructure/Foundational Public Health Responsibilities Update
3. Student Project – mentoring provided by Public Health focusing on Drug Use
4. New Grant – Improving Infant Health and Preventing Infant Mortality
5. Healthy Families America Reaccreditation
6. Measles – 3 cases reported in Minnesota and 40 in the United States – Vaccinations have shown to be effective prevention
7. Respiratory Viruses – Flu-Covid-RSV – cases are lessening at this time
8. New Healthy Homes Grant

Highway Engineer Lon Aune met with Board on the following Highway Business.

1. Gravel discussion is in process – getting samples currently.
2. City of Argyle Local Road Improvement (LRIP) grant – agreement will be brought for Consideration at a subsequent meeting.
3. 5 Year Road & Bridge Plan Meeting is set for April 9th at the Newfolden Community Center at 5:30.
4. The Board recessed the Regular Meeting and Opened the Ditch Authority Meeting. M/S/C – Bring, Miller (5,0)

Warrenton Township Board Chair David Nelson was Present at this time to discuss issues and possible remedies on sloughing on County Ditch 3 on 1.5 miles of this ditch. A letter from the Warrenton Township Board requesting the same was also read. Mr. Aune suggested that the Engineer Aune meet with both the Warrenton and Middle River Township Boards to further assess this and find possible remedies, including funding.

Discussion was held regarding positives and negatives on redetermination of Benefits on County Ditch Systems.

Commissioner Duckstad brought forth a drainage concern on the east side of Warren along Farm Avenue south across Highway one. The Culvert length or sizing needs to be addressed to alleviate flooding by the Highway. The City is looking at this also.

The Board closed the Ditch Authority Meeting and reconvened the Regular Meeting. M/S/C – Bring, Miller (5,0)

Auditor/Treasurer Scott Peters provided the following report.

1. Five Year Financial Report 2
2. Ditch Report through March
3. Tax Update – 2024 Statements are out
4. Investment Report
5. Elk Letter concerning herd size has been sent
6. DOR Letter on Utility Assessment Idea will be sent out. Still working with other Counties and AMC on discussion
7. Forfeited Tax – 4 properties left on list
8. Gravel Tax Report – Pits will be better identified by working with Townships. Company payments will be reviewed further.
9. The Board approved to pay for a computer for the Auditor Counter for $1292.05 from Recorder's Compliance Funds. M/S/C – Duckstad, Miller (5,0)
10. The Lost Warrant Resolution below was approved.

RESOLUTION 04-02-04

BE IT RESOLVED, Marshall County officials are directed to cancel a lost warrant #309523 dated September 21, 2021 issued to Jeff Kroll, in the amount of $104.72.

BE IT RESOLVED, Marshall County officials are directed to cancel a lost warrant #316885 dated August 16, 2022 issued to Mark Blawat, in the amount of $12.00.

BE IT RESOLVED, Marshall County officials are directed to cancel a lost warrant #314702 dated May 17, 2022 issued to Eric Mendoza, in the amount of $387.78.

The Board also approved to waive the furnishing of a bond and authorizes said office to reissue a new warrant in the above amounts using a new warrant number. M/S/C – Nybladh, Miller (5,0)

Chairperson Kiesow adjourned the meeting at 12:14 p.m.

Word of the Week

...enhancing vocabularies one Grygla Eagle at a time.

Tintinnabulation Tin- ti-nab-yuh-ley-shuhn

Noun

The ringing or sound of bells.

2	1	3	6	9	4	7	8	5
7	6	9	5	3	8	4	2	1
4	5	8	7	2	1	6	3	9
8	9	4	1	6	3	2	5	7
5	7	6	8	4	2	9	1	3
1	3	2	9	7	5	8	4	6
3	8	7	2	5	9	1	6	4
6	4	1	3	8	7	5	9	2
9	2	5	4	1	6	3	7	8

Results to this week's Sudoku puzzle shared on page 2.

• SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor

Apple Cider Braised Pork Shoulder

This Apple Cider Braised Pork Shoulder is an easy one-pot dinner recipe, which we all love. Tender pork cooked low and slow in a bath of fresh apple cider, onions, apples, and fresh herbs.

Ingredients

4-5 lb pork shoulder, cut into large chunks (boneless or bone-in)

2 tablespoons neutral oil

2 cups fresh apple cider

2 cups chicken stock

2 tablespoons dijon mustard

1 tablespoon dehydrated minced onion

1 head of garlic, top sliced off opposite of the root end

3 rosemary sprigs

4 thyme sprigs

1 red onion, cut into thick slices

2 firm and slightly tart apples*, peeled and cut into wedges

kosher salt

freshly cracked black pepper

Instructions

Preheat an oven to 325 F.

Pat the pork pieces dry with a paper towel and season liberally all over with kosher salt and pepper. If you're using boneless pork, aim for 4 large pieces of pork. If you're using bone-in, opt for 2 large pieces, cutting around the bone.

Heat the oil in a large dutch oven over medium-high heat. Once the oil is hot, arrange the pork in a single layer. Sear for 4-5 minutes per side until the pork is deeply browned. Repeat on all sides. Depending on the size of your dutch oven, you may need to do this in batches.

While the pork is searing, whisk together the cider, broth, dijon, and dehydrated minced onion together and set aside. Use kitchen twine to tie the rosemary and thyme together in a small bundle.

Once the pork is browned all over, pour in the braising liquid. Arrange the herbs and garlic head in the pot with the pork, cover and place in the oven.

Braise for 3 hours or so (start checking at 2 and a half hours for boneless), flipping the pork halfway through. Once the pork is just shy of fork tender, remove the pork from the oven and arrange the onions and apples around the pork. Cover and return to the oven for another 45 minutes to 1 hour. The pork should be very tender at this point.

Remove the pork and let it rest in its juices for 30 minutes before serving.

Art with Alyssa Aune

Twelve weeks of art in the elementary with Alyssa Aune have gone by fast! Similar to last year, grades K-5th enjoyed weekly art lessons with Mrs. Aune.

Beginning the first week of January, art was held every Tuesday until the last week of March, for a total of 12 sessions. Alyssa went into each of the classrooms to do artwork with each grade. Over the course of 12 weeks, students enjoyed using oil pastels, pastel chalks, watercolor paints, tempera paints, and scratch art. Each lesson incorporated one of the art elements or principles which were always discussed before the project began.

Many of the students recognized the words from years past! Alyssa said, "I think one of the most well-liked projects from this year was the Picasso Bulls made out of cardboard, oil pastels and chalk markers. It was a two-day project that required a lot of hand strength when the students cut them out. I loved how they turned out and each student had their own way of being unique while making them."

Upon completion of the projects, many were hung up in the hallways or classrooms for display. Or people can check out the Grygla School's Facebook page as the work has also been shared there as well! This activity was made possible in part with a grant provided by the Northwest Minnesota Arts Council."

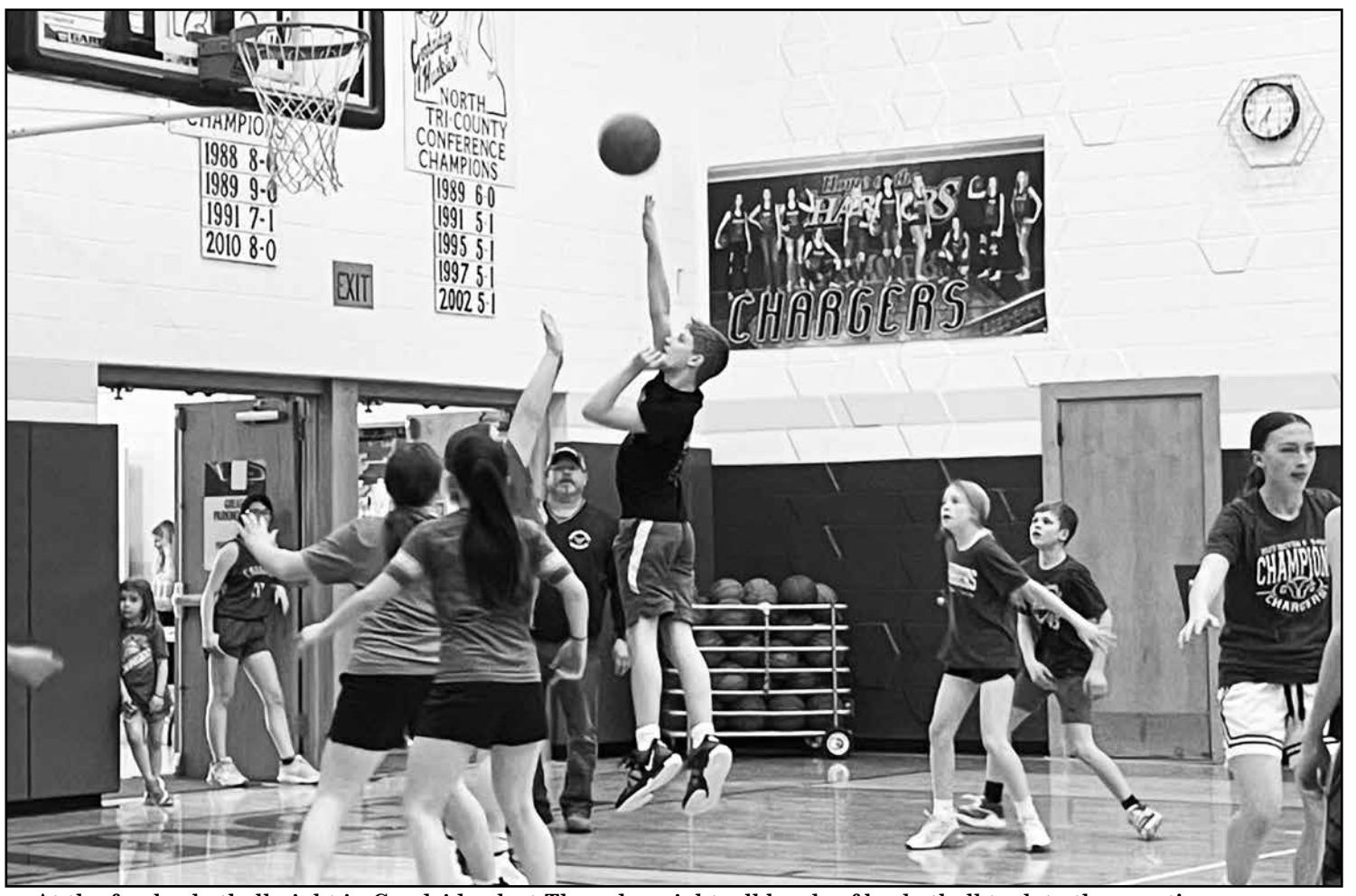
© StatePoint Media

STATEPOINT CROSSWORD
THEME: GRADUATION

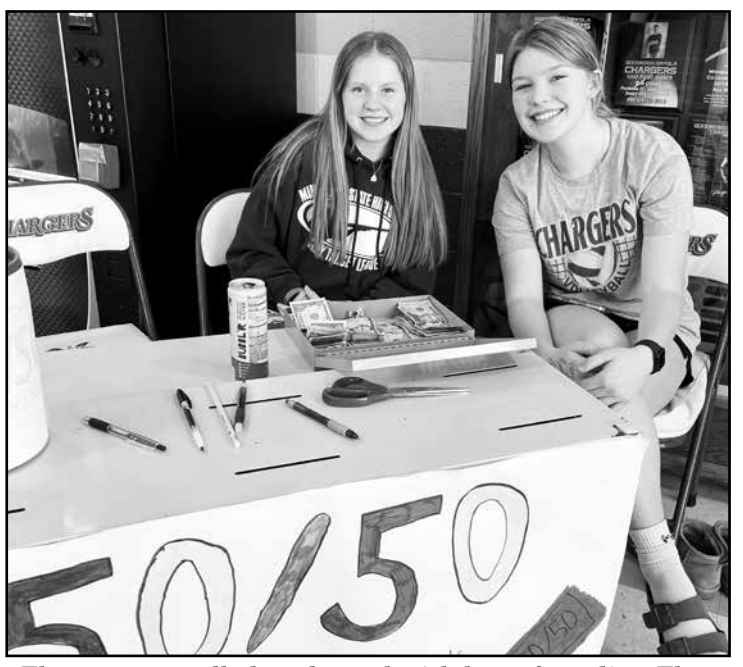
ACROSS
1. Accumulate
6. Popular pickup
9. Johnny Depp's 2001 biopic
13. Jousting pole
14. Mozart's "L'____ del Cairo"
15. Figure of speech
16. Oak nut
17. Be off base
18. Less typical
19. *Graduating class
21. *S in BS
23. *Graduating NCAA player's goal?
24. FedEx, verb
25. "I Want My ____," television channel
28. Daytime drama
30. Online business
35. Fleur-de-lis
37. Dart
39. Planktonic tunicate
40. Not naughty
41. Break of day
43. Last row
44. Verdi's opus
46. Lion's do
47. D.E.A. agent
48. Sell again
50. Penny
52. To the ____ degree
53. Prep for certain potatoes
55. Metered ride
57. *Final reward
61. *Academic ____, a.k.a. Cap and Gown
65. Gibson garnish
66. Rocks, to a bartender
68. Angry
69. Lieu
70. Not solid or liquid
71. Post-it user
72. Of two minds
73. Bldg unit
74. Opposite of friend

DOWN
1. "Oh, woe!"
2. Riot spray
3. At another time, archaic
4. Substitute for tender
5. Misters in Spain
6. Fish eggs, pl.
7. Acronym, abbr.
8. Wet land
9. Highlands hillside
10. Forsaken
11. Oil org.
12. "The Way We ____"
15. *Finals at Cambridge University
20. Building toppers
22. El ____, Spain's national hero
24. Popeye's fuel
25. *Major's partner
26. Beef ____, dim sum choice
27. Moral weaknesses
29. *Grad
31. Mountain lake
32. As a whistle?
33. 1960s abstractionism
34. *"Pomp and Circumstance," e.g.
36. Dried up
38. Adjust the pitch, with "up"
42. Previous VP
45. Marcona nut
49. Skedaddle
51. Moroccan spiced stew
54. Eurasian antelope
56. Sacha Cohen's middle name
57. Olden days "do", second person singular
58. Sean Penn's movie "____ the Wild"
59. Embarkation location
60. *Student aid
61. Catch one's breath
62. Not on time
63. One on a list
64. Bald eagle's nest
67. *Graduation garb topper

GBB fundraiser provides a lot of bball entertainment on the court



At the fun basketball night in Goodridge last Thursday night, all levels of basketball took to the court! ***Photos by Grygla Eagle Newspaper***



The girls basketball team hosted the event as a fundraiser. There was a pulled pork meal with lots of goodies. There was also a 50/50 raffle, along with a silent auction and a variety of basketball contests. Pictured above are members of the girls basketball team: Jannessa Torgerson, Nevaeh Kotrba and Makayla Erlandson. ***Photos by Grygla Eagle Newspaper***

Deanna Coan set the tone for the night with her t-shirt! Parents ended up winning by 1 point, but both teams had a blast. ***Photo by Grygla Eagle Newspaper***

Above left: Spencer Coan puts up a shot over his dad, Robert Coan. Right: Carson Rubischko tries to stop David Jones during the Seniors vs. Parents game. Below: Joe Rubischko at the free throw line! ***Photos by Grygla Eagle Newspaper***

A	M	A	S	S		R	A	M			B	L	O	W
L	A	N	C	E		O	C	A		T	R	O	P	E
A	C	O	R	N		E	R	R		R	A	R	E	R
S	E	N	I	O	R	S		S	C	I	E	N	C	E
				P	R	O		S	H	I	P			
M	T	V		S	O	A	P		D	O	T	C	O	M
I	R	I	S		F	L	I	T		S	A	L	P	A
N	I	C	E		S	U	N	U	P		R	E	A	R
O	P	E	R	A		M	A	N	E		N	A	R	C
R	E	S	E	L	L		C	E	N	T		N	T	H
				M	A	S	H		C	A	B			
D	I	P	L	O	M	A		R	E	G	A	L	I	A
O	N	I	O	N		I	C	E		I	R	A	T	E
S	T	E	A	D		G	A	S		N	O	T	E	R
T	O	R	N			A	P	T		E	N	E	M	Y

Results from the Statepoint Crossword Puzzle above.