



				
Today	Thurs	Fri	Sat	Sun
Cloudy	Cloudy	Mostly Cloudy	Snow Showers	Cloudy
H 19 L 6	H 8 L -9	H 18 L 13	H 30 L 17	H 21 L 8

A look at next week... Goodridge and Grygla host Elementary Basketball Tournaments over the weekend.

“We are one of the teams to beat!”

Grygla robotics team hasn’t lost a single competition yet

Written by Kari Sundberg, Eagle Editor
Isaac Kvasager, Grygla Robotics Club Advisor, says, “I think it’s fair to say we are one of the teams to beat. There are several teams from the metro area that we have been scouting, but have not yet played against. They will be very competitive at the state competition. We have a lot going for us. The older team, 4149C, hasn’t lost a single competition yet and have won the excellence award at each competition we have attended. We also have the highest programming and robot skills scores in the state.”
Up next for the Iron Chargers is the State Championship in St. Cloud on January 29-30. If all goes well and as planned, the team will be heading to the Worlds Competition again in April! Let’s hope for the best!

Rewinding a bit, the Grygla Robotics team is sitting where they are because of a couple recent and successful competitions. On January 9th, the team competed in the Northwest Minnesota VEX Robotics Tournament at Northland Community & Technical College in Thief River Falls. Kvasager said it was a very good competition and the teams played against the most competitive robots so far this year. 40 teams were present for the event and competed in a challenge called “Nothing but Net”, which consisted of shooting 4” foam balls into high and low goals. The task changes every year, but the stage is always the same – a 12x12 arena where robots designed, engineered and manufactured by students compete against each other.

That day, team 4149C was named Tournament Champions, Programming Skills Champions, Robot Skills Champions and also received the Excellence Award. The younger team, 4149G, was named tournament finalists and also received the Design Award. Out of the 40 teams there that day, the C team was ranked #1 and the G team was ranked #2! This was the team’s last regular tournament of the year.

Last Saturday, the 16th, Grygla School hosted the first ever Grygla Robotics Skills Event, which can safely be called another SUCCESS! Seven towns and fourteen robots were in the gym that day and team 4149C shattered their own personal best record, which they were already #1 in the state! They scored 248 points in “driver skills”, which places them 56th in the world as of right now. (You read that right – 56th IN THE WORLD!) They scored 223 points in “programming skills”, which moves them back up to 31st in the world for programming. (They were 25th early in the season, but had since been surpassed by teams from other states and fell to 70th.)

For a sense of scale, there are over 10,000 VEX high school teams in the world.

The younger team, 4149G, is currently 7th in the state in programming with a score of 91 and 4th in the state in driver skills with a score of 95. Very good for any team, let alone a first year team!

Team 4149C, the older team, is made up of: Makayla Vad, Trystan Jelle, Dustin Nelson and Kelly Dougherty. Team 4149G, the younger team, is made up of: Lucian Tinnes, Hudson McMillin, Chris Latrell, Julianne Nordby, Jake Ahlbeck and Elise Monson.

Youth robotics competitions have exploded in recent years. There are now more high school robotics teams in Minnesota than hockey teams at 157, which is largely due to industry intervention.

The robotics team was initially introduced a few years ago when Andrew Dahlen, an Electronics Technology Instructor at NCTC, held meetings to encourage North West MN students to

participate in VEX Robotics events. He was the one that secured initial start up funding and equipped each school with the necessary tools to move forward and begin their journey. Dahlen has led the Northland Robotics team to the World Championships and also works with youth at annual summer RoboStorm camps to create awareness around robotics and STEM related careers and fields of study.

“We have a lot of manufacturing companies in our local area that are just desperate for technical talent,” said Dahlen. “It’s amazing how much of the Minnesota economy is made up of manufacturing companies. They’re interviewing the teams, they’re talking to them, they’re looking at their engineering notebooks that describe their design process, their ideas, their innovation, their meeting notes, the whole works,” added Dahlen.

As for the Grygla School, science teacher Isaac Kvasager was on board from the beginning with leading Grygla’s team as the advisor. As a very involved and hands on advisor, he was asked to explain his role with the team. He replied, “I don’t do much in terms of building/programming for the team. As the coach I worry more about “scouting” and learning about what is possible with the game each year. It is the students’ job to design, build and program the robots. The older team has been almost 100% independent this year. They have 3 years of experience so they know what needs to be done. They will ask me for advice when it comes to certain designs or strategies, but in the end it is up to them to do it. The younger team is all new students this year. I have had to spend more time with them showing them the fundamentals of how all of the different VEX components work together to make a functioning robot, but again, it is still up to them to actually design and build their robot.”

He adds, “I liken it to a basketball coach. A basketball coach doesn’t just throw a ball on the court and say ‘play basketball!’ You have to teach kids how to play basketball properly, design plays for them and teach them how to be a “smart” basketball player. But in the end, they have to play the game. Same thing with robotics. I have to show them how everything works and how the game is played, but then it’s on them.”

When it comes to the robotics competitions, not only are students competing to win, they are applying what they have learned about science, technology, engineering and math to build their semiautonomous machines. An equally important set of skills is learned through the competition, including communication, project management and composure.

Teams also receive support from Northland Community and Technical College by attending scrimmages and receiving robotics kits as part of the college’s work with 360, a manufacturing-based center of excellence.

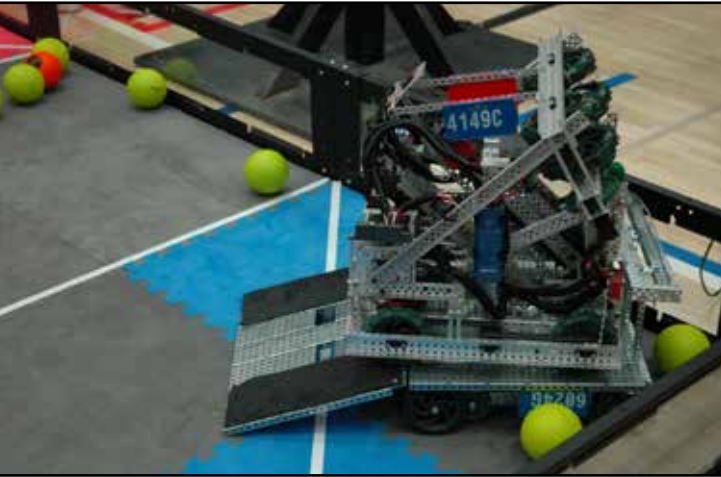
“It is amazing to see how teams who have access to the same materials create innovative robots to compete in VEX Robotics,” says Andrew Dahlen. “This is similar to the challenges faced in business and industry. I hope that the VEX Robotics Program continues to grow and encourage our youth to pursue exciting careers in manufacturing.”

As for Grygla’s own little engine that could, they head to the State Competition next week in St. Cloud. They are great at keeping their fans updated via Facebook. All competitions are open to the public, but if you aren’t able to attend, you can stay up to date by “liking” their Facebook page, titled Iron Chargers 4149G & 4149C.”

Stay tuned, readers, for potential information about the Worlds Competition, as this is surely one of the teams to beat!



Team 4149C: Makayla Vad, Trystan Jelle, Dustin Nelson and Kelly Dougherty.



Team 4149G: Lucian Tinnes, Chris Latrell, Julianne Nordby, Jake Ahlbeck, Elise Monson. Not pictured: Hudson McMillin.



The Grygla Robotic Skills Event, held at GHS last weekend, was open to the public. 7 towns & 14 robots were in the gym that day. Clearly, the event inspired at least one young mind - pictured right is Blake Rychlock, a Grygla fourth grade student. Blake went to watch the robotics event and went right to work creating his own robot when he got home!



The Goodridge Elementary School teamed up with School Mall to raise money for their AR (Accelerated Reader) store at school. With the help of parents, family, friends and community members, the students raised \$675 for the AR store and over \$750 for individual classrooms.

DNR to fly elk surveys in northwest Minnesota

Weather permitting, the Minnesota Department of Natural Resources will begin conducting aerial elk surveys this week using both an airplane and helicopter in the Kittson County and Grygla elk ranges in northwestern Minnesota. The flights are conducted annually during winter.

“We are beginning to see suitable snow cover in the elk ranges,” said Doug Franke, Thief River Falls area wildlife supervisor and elk survey coordinator. “Our goal is to conduct these surveys over the next couple of weeks.”

DNR pilots will use airplanes as well as helicopters

that fly low-level surveys during daylight hours at an altitude of approximately 200 feet.

DNR is also asking for help from those who have seen elk in their area since mid-January. People are encouraged to contact their local DNR office with sighting information:

Thief Lake Wildlife Management Area, 218-222-3747

Thief River Falls area wildlife office, 218-681-0946

Questions about survey flights should be directed to the northwest regional wildlife office in Bemidji, 218-308-2680.

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir, 6:30pm Confirmation, 7:30 Interfaith Bible Study
Sunday:
Grace: 9am Worship, 10:15am SS.
Our Savior's: 10:30am Worship w/ potluck & Annual Meeting to follow, 9:15am SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Pastor Craig Bowyer
Sunday:
United: 11am Worship, 10:15am SS
Our Savior's: 9am Worship, 10am SS.

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Robert W. Dahlen
Sunday:
Ekelund: 8:30am Worship, 9:45am SS
Faith: 9:45am Worship, 11am SS
Bethany: 11am Worship, 9:45am SS

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Adam Hammess
Sunday:

St. Clement's: 11:45am Worship
St. Ann's: 10am Worship.
BETHESDA LUTHERAN CHURCH Skime
Pastor Steve Bliss
Sunday:
8am Worship, No SS
COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Pastor TBA
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseeth
Saturday:
Mt. Olive 9am Worship, 10:15am SS
Sunday:
St. Petri: 8am Worship, 9:15am SS
Nazareth: 9:45am Worship, 8:30am SS
Oak Park: 11am Worship, 9:45am SS

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

Elks Hoop Shoot Winners

The Goodridge School Elks Hoop Shoot Winners:
Boys 8-9: Carson Rubischko, Nicholas Hagen. Girls 8-9: Tiana Banasau and Lily Beavis. Boys 10-11: Elliot Philipp and Thor Henrickson. Girls 10-11: Alliya Smith and Shantel Grindeland. Boys 12-13: Mason Laidly, Moses Jensen, Riley Manderud. Girls 12-13: Trinity Walseth, Madison Paulson, Vivian Coan.
Winners advanced and shot at Lincoln High School

at 12:30pm last Sunday. Results from that day were: Carson Rubischko placed 1st in the Knights of Columbus for 9 year old boys; he didn't place in Elks. Elliot Philipp and Thor Henrickson tied for 3rd in the Knights of Columbus shoot; neither placed in the Elks. Mason Laidly placed 1st in 12 year old boys Knights of Columbus and 2nd in 12-13 year old boys Elks Shoot. Vivian Coan placed 2nd in 12 year old girls in the Knights of Columbus.



L-R: Mason Laidley, Goodridge, placed 1st in 12 year old boys Knight of Columbus Hoop Shoot Contest at Lincoln High School last Sunday. Also pictured is Dennis Kainz from Knights of Columbus, Trista Spears, TRF, who placed 1st in 12 year old girls, and Vivian Coan, Goodridge, who placed 2nd in 12 year old girls.



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Community Calendar

Wed | Jan 20
Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; ECFE Winter Fun Night 6pm

Thurs | Jan 21
Grygla Eagle office open 9am-3pm; BBB/GBB Double Header in Goodridge vs. Clearbrook/Gonvick; Grygla School Board Meeting 7pm

Fri | Jan 22
Senior Meals at Grain Bin Café 11am; Elementary Basketball 1:30-3:30pm

Sat | Jan 23
Elem. Bball Tourney in Goodridge (Girls) and Grygla (Boys) starting at 9am; Grygla/Gatzke Food Shelf 8-10:30am

Sun | Jan 24

Mon | Jan 25
Senior Meals at Grain Bin Café 11am; GBB at Roseau; BBB Parent's Night vs. WEM in Goodridge

Tues | Jan 26
GBB at WAO; BBB at LOW



Brain Teaser

How many triangles are pictured above? (Answer below!)


Have you "liked" the Grygla Eagle Newspaper on Facebook yet?

Lions meeting Wednesday

The Grygla Lion's Club will hold their January meeting this Wednesday, the 20th, at the Grygla Community Center. Potato Dumplings and other fixings will be served and the Goodridge, Wannaska and Warroad Lions have been invited to attend. The meal will begin at 6pm with the meeting at 7pm.

Grygla ECFE

Parents and children- Join Jean, Susie, Anne and Mike for monthly Early Childhood Family Education Activities! This Wednesday, January 20th, there will be a Winter Fun Night starting at 6pm. February 10th will be a Valentine's Night.

Left: Vivian Coan sinks one from the free throw line! She placed 2nd in 12 year old girls in the Knights of Columbus free throw contest that was held at Lincoln High School. She is the daughter of Roger and Roxann Coan, Goodridge.

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Grygla Intramural Elementary Basketball Schedule

The Grygla Elementary started Intramural Basketball games January 8th. Intramural Basketball games are for Grygla 4th-6th graders and are held every Friday from 1:30-3:30pm. Below is the January schedule for your reference.

January 22: (1:30) Lakers vs. Eagles, (2:00) Champions vs. Warriors, (2:30) Lakers vs. Warriors, (3:00) Champions vs. Eagles

January 29: (1:30) Eagles vs. Warriors, (2:00) Lakers vs. Champions, (2:30) Champions vs. Warriors, (3:00) Lakers vs. Eagles

The Grygla Cup is coming up

The 23rd annual Grygla Cup is scheduled for the weekend of February 5-7. Stay tuned for game schedules and more information as the hockey tournament draws nearer.

Local students named to NDSU dean's list

Area students were among the 3,782 North Dakota State University students to be placed on the fall 2015 dean's list. A student must earn a 3.50 grade point average or higher and be enrolled in at least nine class credits to qualify for the spring list. The dean's list also can be found at www.ndsu.edu/registrar.

Gatzke, Daniel E. Polansky, Electrical Engineering
Goodridge, Justin L. Kiesow, Agricultural Systems Management
Goodridge, Sarah I. Kiesow, Nursing
Goodridge, Samantha S. Sjulestad, Exercise Science

Goodridge/ Grygla hosts basketball tournament

Grygla and Goodridge 4-6th graders are combined for the Snowflake League games scheduled for January 9 (was held in Fosston), January 16 (was held in RLCC), January 23 (boys in Grygla, girls in Goodridge), January 30 (in Bagley).

This weekend, the girls will play in Goodridge starting at 9am. The boys will play in Grygla starting at 9am. Teams participating are Grygla/Goodridge, Clearbrook/Gonvick, Fertile/Beltrami and Bagley. Concessions will be available at both sites. The last games of the day will start at 12:45pm that afternoon.

Answer to Brain Teaser

U.S.P.S. No. 002330

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\$30 per year outside of the area

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NNA
NATIONAL NEWS PAPER ASSOCIATION

GRYGLA LIBRARY LINK

By: Karen Olufson

Hello Fabulous Readers! Have you found a nice, warm, cozy spot to read, somewhere away from the chilling weather? Of course, by the time you read this it may be sunny and warm again, but somehow I doubt it! (Smile!) I hope you have had a chance to get some reading done lately ... and it's most comfortable when you can do it with a warm cup of hot chocolate to drink and a thick quilt wrapped around you. Of course having a fire crackling in the fireplace would give it an even better air, but not everyone has that privilege. Just do some reading no matter what your circumstances and enjoy it to the fullest! (Smile!)

Yes, this is the week that I share with you some of the new items we have on our shelves. They arrived safely last week and are all out waiting for you to peruse them. Please stop by. The new items have pink "JAN" stickers on the bindings. There are still July items on the shelves that also have pink stickers on them, so please make sure you have the right sticker.

We have brand new movie on the shelf for you: FANT4STIC! We also have GIRL MOST LIKELY with Kristen Wiig, Annette Bening, Matt Dillon and Darren Criss. For our children's movie we got in THE TALE OF TWO BAD MICE AND JOHNNY TOWN-MOUSE, THE TALE OF MRS. TIGGY-WINKLE AND MR. JEREMY FISHER AND THE TAILOR OF GLOUCESTER all on one DVD. For those of you who are familiar with her, all those tales are by Beatrix Potter.

For our children's book on CD we have COOL ZONE WITH THE PAIN AND THE GREAT ONE by Judy Blume and read by Kathleen McIner-

ney. Two of our adult books on CD are DEFENDING JACOB by William Landay and read by Grover Gardner and JUST ONE EVIL ACT by Elizabeth George and read by Davina Porter. Do you remember me recommending that last book to you in this column a month or two ago?

We have some interesting non-fiction books for our adult readers. I'll list two of them here. The first one is ISIS: THE STATE OF TERROR by Jessica Stern and J.M. Berger. For you crafty ones we have VINTAGE CRAFTS by Clara Lidstrom.

I'll also list two non-fiction books for children. One book is THE PRISONERS OF BREEN-DONK: PERSONAL HISTORIES FROM A WORLD WAR II CONCENTRATION CAMP by James M. Deem and on a lighter note we have DEAR MISTER ROGERS: DOES IT EVER RAIN IN YOUR NEIGHBORHOOD? by Fred Rogers.

Maybe to finish up I'll list one large print book and one Christian fiction book. The large print book is called THE ROSIE PROJECT by Graeme Simson. This book sounds hilarious. It's about a scientist who attempts to date in an evidence based manner and gets caught up with a whirlwind of a woman who is nothing like he planned. The Christian fiction book is by Bodie and Brock Thoene and is called SHILOH AUTUMN.

Well Dear Readers, I hope you've seen something here that will make you want to come into the library. Of course there are all kinds of items I haven't even begun to list that you might like too. Hope you have a safe and happy week and you enjoy some reading time alone or with a child. We'll see what next week brings. Until then ...

School Lunch Menus

Grygla School Lunch Menu
Wednesday, January 20: Chicken Wraps w/ Lettuce & Cheese, Broccoli, Fresh Fruit
Thursday, January 21: Macaroni Hotdish, Green Beans, Applesauce, Bread
Friday, January 22: Enchilada or Corn Dogs, Baked Beans, Broccoli, Pineapple
Monday, January 25: Chicken Nuggets, Mashed Potatoes, Carrots, Pears
Tuesday, January 26: Hot Ham & Cheese on a Bun, Peaches, Broccoli, Baked Beans, Chips

Goodridge School Lunch Menu

Wednesday, January 20: Hamburger Macaroni Casserole, Green Beans, Tossed Salad, Mandarin Oranges
Thursday, January 21: Ham Chowder w/ Cheese and Crackers, Broccoli, Carrots, Celery, Apples, Oranges
Friday, January 22: Chicken Patty on a Bun w/ Lettuce & Mayo, Green Beans, Fruit Salad
Monday, January 25: Corn Dogs, Baked Beans, Pineapple Tidbits
Tuesday, January 26: Burrito w/ Lettuce & Cheese, Green Beans, Applesauce

Position Open

Varsity Volleyball Coach. For information and application, please contact Jamie Lunsetter, athletic director, Grygla Public School, PO Box 18, Grygla, MN 56727. Phone: 218-294-6155, email: jlunsetter@grygla.k12.mn.us. Deadline for applications: 3 PM, 1-19-16.

FOR SALE:

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- 2 post 9,000 lb. Lift Hoist
- Both units are 220 volt
- See or call Jake in shop for information.
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Community Education is Offering:

LINE DANCE

Instructor: Krystle Holthusen
Dates: January 23, February 6, 20, March 5, 19, April 2
Times: 3-5 PM
Location: Grygla School Small Gym
Ages: Grade 4 - Adult
Cost: \$15 cash or check to Grygla Community Education paid to Krystle Holthusen on or by first day of class, January 23.
Maximum Participants: 30
Minimum Participants: 10
Registration: call Krystle Holthusen @ 218-689-9713 or email: kholtusen30@gmail.com, by January 23.



THIEF RIVER FALLS RADIO
KTFR AM 1230
KKAQ AM 1460
KKDQ FM 99.3

LISTEN LIVE ON TRF RADIO!

Charger's BBB vs. Clearbrook/Gonvick in Goodridge

Thursday, January 21st



KKDQ/ KTRF

► EXTENSION NEWS

By: James Stordahl

Transplanting Houseplants

The dead of winter is a good time for evaluating houseplants. One of the most common problems is overgrowth to the point in which the plant becomes potbound. The condition of being potbound is to a houseplant what your tummy feels after Thanksgiving dinner.

There are several factors that indicate if a plant is potbound. First of all, if the plant requires watering once every 24 hours even during periods of cool temperatures, we can assume that it needs repotting. Roots growing through the drainage holes of the pot are a sign that it is filled with roots. If you suspect that a plant may be potbound, tap it out of the pot to examine the soil ball. If it stands alone or has roots circling around the edge of the pot, the plant needs repotting.

If a plant is not growing or blooming well but is not potbound, look for other factors such as light, watering or temperature. In these cases, repotting will probably not correct the problem. There are some plants, amaryllis and Christmas cactus for example, that thrive when potbound.

When transplanting, select a container that is only an inch or two larger than the one you are moving the plant from. The temptation is to transplant the plant into a container that is considerably larger so that you will not have to transplant again soon. But, the plant will appear out of proportion in the pot and the likelihood of overwatering will be greater.

Be sure the pot has provisions for drainage. If you are using a container without drainage holes, consider double potting the plant by first planting it into a plastic or clay pot with drainage holes and then placing it inside a decorative container. To prevent soil from washing out the drainage holes, cover the holes with irregularly shaped pebbles, pieces of broken clay pot, or paper coffee filters. Do not, however, add a layer of clay pot shard or pebbles because they may actually slow the movement of water through the pot.

Avoid using garden soil in pots for houseplants as it does not drain well and may carry with it disease and pest problems. If you have only a few

plants to transplant, purchase a good quality potting mixture. There are many soilless potting mixtures available that work well, although they may require more frequent watering and demand regular application of a houseplant fertilizer. Do not use peat moss alone as a potting medium as it is too light weight to properly anchor the plant and does not drain well, making it easy to overwater the plant.

When transplanting, put enough fresh moist potting mixture in the bottom of the container so that you can position the plant at the same depth it was in the old pot. After removing the plant from the old pot, carefully roll the old surface soil off the root ball using the heel of your hand. Inspect the root ball and remove any broken or rotted roots and those excess roots that may have been encircling the bottom of the pot. Gently loosen compacted roots around the edge of the root ball.

After the root ball is prepared, place the plant in the new container on the layer of potting mixture you have provided. Carefully firm more potting mixture around the edges to fill the space between the root ball and the container wall. Newly potted plants should be watered immediately to settle the potting mixture and to eliminate any air pockets that may occur. Add a little more potting mixture if necessary after settling has occurred. Do not expose the plant to direct sunlight for a period of two or three days.

A general rule to follow is to fertilize every two weeks from March through September with a water soluble fertilizer at one-half the label rate. Houseplants should be fertilized only when they are actively growing, so they should not be fertilized during the winter months when they are semi-dormant. An exception would be houseplants grown under artificial lights which may need fertilization year around. If a soil-based potting mixture was used, the plant should not need fertilizing for 3 to 4 months.

For more information, contact me at 800-450-2465 or stordahl@umn.edu Source: Carl Hoffman, former Extension Educator in Stearns County.



Above: Brooke Limesand, JV Charger's Basketball Player on offense and defense last Thursday in Grygla. GG hosted the BGMR Gators. Below: Chargers JV players keep their eye on the ball.



Varsity players, Hannah Diestch and Karlee Johnson team up for some Charger's defense against the BGMR Gators.

► SIMPLY DELICIOUS

Breakfast Bowls – Cinnamon Roll Oatmeal

Start your morning with a warm bowl of Cinnamon Roll Oatmeal that is topped with cinnamon sugar and a cream cheese glaze. It has all the yummy flavors of a cinnamon roll mixed into creamy oatmeal. To save time in the morning you can assemble this the night before and reheat it in the morning.

Prep time: 15 mins
Cook time: 15 mins
Serves: 2
Ingredients
1 ¾ cup milk
2 tbsp brown sugar
1 tbsp sugar
½ tsp vanilla extract
¼ tsp salt
1 ½ cups oatmeal
Topping
2 tbsp butter, melted
3 tbsp packed light brown sugar
1 ½ tsp cinnamon
Glaze
1 ounce cream cheese, softened
1 tbsp milk
1/8 tsp vanilla extract
5 tbsp confectioner's sugar
Instructions
For oatmeal: In a large saucepan add milk, sugars, vanilla and salt. Bring to a

boil over medium heat. Stir in oatmeal, return to boil and continue to cook. Stir occasionally for 3-5 minutes until it begins to thicken. Cover and remove from heat. Let sit for 3 minutes.

Topping: In a small bowl, mix the butter, brown sugar and cinnamon until combined.

Glaze: Microwave cream cheese until just about melted. Stir in confectioner's sugar until combined. Stir in milk and vanilla until creamy.

Assemble: Place desired amount of oatmeal in serving bowl. Drizzle with some of the topping, then the glaze. Serve warm.



The Senior Citizens Club held their January birthday party at the Grain Bin Café last week. Celebrating were Ardel Roen, Dennis Sundberg, Phyllis Holte and Bonnie Nelson. Happy Birthday!



Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Ludic

Adjective

Playful in an animal way; the ludic behavior of kittens.

\\LOO-dik\\

Beef home study courses available through Extn.

The University of Minnesota Extension Beef Team offers two online home study courses in 2016.

“Introduction to Cow/Calf Nutrition” and “Health Management for the Cow/Calf Herd” focuses on practical applications through all phases of cow/calf production.

Each lesson will include online activities designed to encourage participants to become familiar with electronic resources and an online forum gives participants the opportunity to connect with other producers. The first lessons will be available Feb. 15 and the following lessons will be posted every two weeks.

The fee for course registration is \$75 and can be completed at <http://z.umn.edu/2016intronutrition> for Introduction to Cow/Calf Nutrition and <http://z.umn.edu/2016healthmanagement> for Health Management for the Cow/Calf Herd.

Registration is open through February 15, 2016. Internet access and Microsoft Office software are required.

Contact Nicole Kenney-Rambo at nmkenney@umn.edu or 320.235.0726 ext 2009 with questions or visit www.extension.umn.edu/beef for further details and a list of lessons offered within each course.

General CRP signup continues through February 26

The Marshall County Farm Service Agency reminds producers that FSA is conducting a general CRP signup that began on December 1, 2015. This signup will continue through February 26, 2016.

To be eligible for placement in CRP, land must be cropland (including field margins) that is planted to an agricultural commodity 4 of the previous 6 crop years from 2008 to 2013 and which is physically and legally capable of being planted in a normal manner to an agricultural commodity.

To be eligible for CRP enrollment, a farmer must have owned or operated the land for at least 12 months prior the previous CRP sign-up period. Exceptions to this rule include:

- Land acquired by the new owner due to the previous owner's death;
- Change in ownership due to foreclosure; or
- Land that was purchased by the new owner without the sole intention of placing it in CRP.

Producers that are accepted in the program can receive

cost-share assistance to plant long-term, resource-conserving covers and receive an annual rental payment for the length of the contract, which is 10-15 years.

The general signup process is conducted on a competitive basis, whereby enrollment offers are scored based on an Environmental Benefits Index (EBI). Producers can improve their individual EBI score by enhancing the existing cover (if offering expiring CRP) or select a grass mixture that is more diverse, if planting a new stand of grass. There are several other ways to improve the EBI and landowners should visit their local FSA office to find out how to go about doing this.

The Marshall County FSA Office will be conducting the General CRP Signup by appointment only. Please contact the FSA County Office at (218) 745-4251 ext. 2 to schedule an appointment.

For more information about CRP you may visit your local FSA office or www.fsa.usda.gov/CRP.

► WHAT A JOKE

Sven and Ole saw a funeral procession and Ole asked, “Who do you think died?” Sven replied, “I think it's the guy in the casket.”

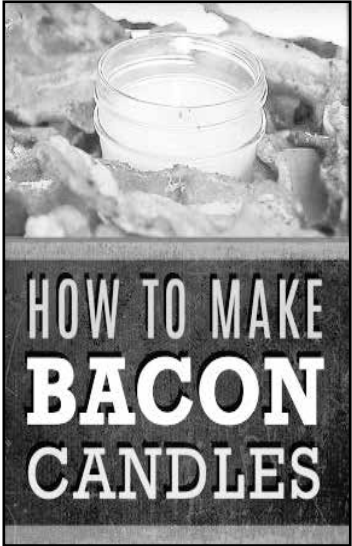
When Ole's house was on fire, he called the fire department. They asked him, “How do we get to your house?” Don't

you have one of those big red trucks?” asked Ole.

Ole said, “I couldn't care less if the price of gas goes up. I just buy \$5.00 worth anyway.”

Last year Ole gave Lena a cemetery plot for Christmas. This year she got nothin'. She still hasn't used last year's gift!

► DO IT YOURSELF



Love bacon and DIY projects? If so, this is the one for you. Learn how to make homemade bacon candles to scent your home with bacon all day long. This nifty trick also makes great use of leftover bacon grease. Excellent crafting tutorial for men, this one is just fun and cool. (Photo from DIYJOY.COM)



Grygla City Council approves minutes

The regular meeting of the Grygla City Council was held on Monday, January 11th, at 7pm. The agenda included the approval of the December 14th meeting minutes, which are included below for your reference. Official minutes are taken by Rose Aune, City Clerk, and recapped by Eagle editor. For a full version, visit www.grygla.govoffice2.com

The December Council meeting was held on the 14th with the following council members present: Mayor Richard Mosher, Gavin Nordby, Lindsay Oslund, Dave Dunrud and Robert Thompson. Absent: None. Also present was Rose Aune.

The following agenda items were approved at the start of the meeting: previous month's minutes, receipts & disbursements and payment of all bills presented on the claims list.

Other items included: WATER TOWER INSPECTION

There was nothing new to report at this time.

LIFT STATION REPAIRS

There is nothing new to report at this time.

VETERANS MEMORIAL AGREEMENT

City Council Mins.. Continued on page 4

Nothern Freeze over GG Chargers

The Boy's Basketball Team took to the road to play an away game against the Northern Freeze last Monday, January 11th. The Girl's Basketball Team played the Freeze in Goodridge on Tuesday, January 12th. In both games, the Freeze claimed the victory.

Monday boy's game: Chargers 51, Freeze 70

Scoring: Blaine Kriel 16, Austin Brateng 13, Tyler Stinar 10, Ben Groven 4, Jesse Wiseth 3, Dylan Walker 3, Hogan Lundeen 2.

Rebounding: Tyler Stinar 7, Blaine Kriel 5, Dylan Walker 5, Ben Groven 3, Ty Jelle 3, Austin Brateng 2, Benji Wilebski 1.

Coaches Comments: We didn't execute on offense. We hurried our shots too much. We didn't give up. We played better in the 2nd half. The Freeze has a very good team.

Tuesday girl's game: Chargers 36, Freeze 45

Stats: Ashley Moe 9 pts, 1 rb; Ashlyn Henrickson 2 pts, 3 rbs; Brooke Anderson 2 pts, 2 rbs; Hannah Dietsch 7 pts, 8 rbs; Madison Bakken 2 pts, 5 rbs; Mariah Coan 3 pts, 1 rb; Shanel Verbout 11 pts, 2 rbs

Coaches Comments: Northern Freeze is a very disciplined team. They rarely beat themselves. We came out missing our easy shots right away at the start of the game. The girls made some adjustments and started making them later in the game. In the second half, Northern Freeze jumped out to a 16 or 17 points lead. The girls showed a lot of heart and fought back. We got it back down to 6, but that is as close as we could get. Ashley Moe had a good shooting night and Karlee Johnson came off the bench and played excellent defense.

Girls get the win on Parent's Night

Parent's Night was held in Grygla last Thursday, January 14th. The Charger's hosted BGMR and defeated them 54-42.

Head Varsity Coach Elroy Johnsrud said, "We played a good game. We played pretty well on defense. The girls did a good job rotating in our defense. BGMR tried a few different things on offense, but our girls adapted well. Offensively, we are starting to shoot better outside of paint. Shantel had a good shooting night and ended up with 31 points, 6 rebounds, 4 assists, and 7 steals. Madison Bakken had 7 points, and did a good job playing defense and making sure everybody was in the right spot on the floor."

Stats: Ashley Moe 3 pts, 2 rbs; Ashlyn Henrickson 2 rbs; Brooke Anderson 2 pts; Hannah Dietsch 8 pts, 7 rbs, 6 steals; Madison Bakken 7 pts, 5 rbs; Mariah Coan 3 pts, 1 rb; Shantel Verbout 31 pts, 6 rbs, 7 steals.

Valentine's Banquet at the Grygla Community Center

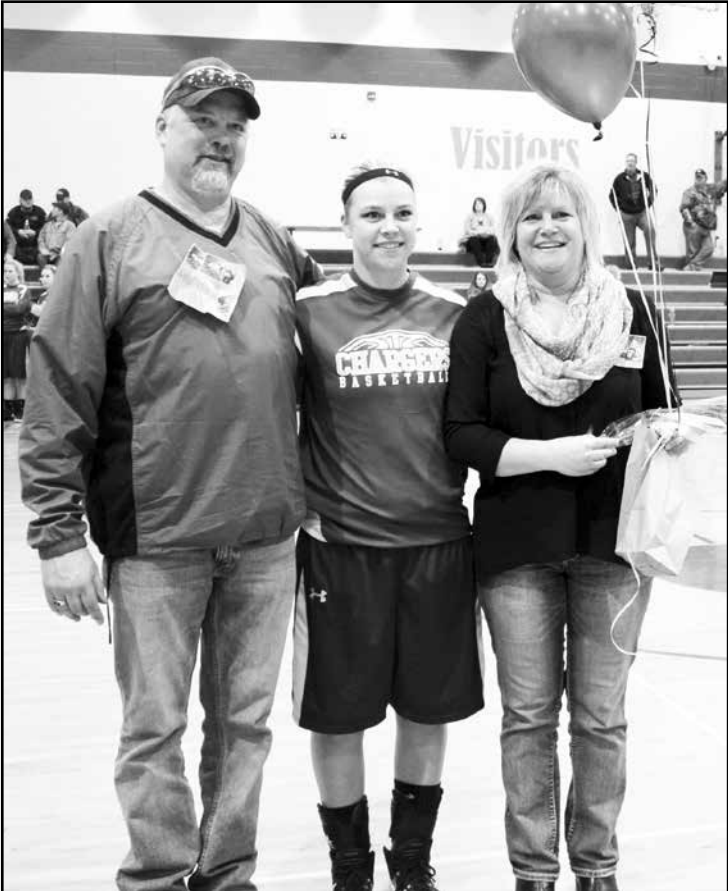
There will be a Valentine's Banquet at the Grygla Community Center on Saturday, February 6th. Supper is at 6pm and a musical program will follow. The Ostrom Family Band will be performing a variety of music from Gospel, Folk and energetic fiddle tunes.

With four fiddles, stand-up bass, guitar, and some clogging, the Ostrom's music is enjoyable for all ages. Joy (14), Karina (12), Julia (10), Sophia (7) and Benjamin (6) along with their parents, Michelle and Joel, bring delight to young and old.

Joel, a timberframer by trade, started accompanying his girls and wife on the fiddle. Everyone had so much fun that it has grown to become a family band. The family has many interesting pursuits. In addition to running a household and schooling the children, Michelle has a home baking bread business selling to family and friends. Joy, Karina and Julia started a business roasting and selling coffee. Benjamin and Sophia love to learn, sing and entertain along with the family.

For more information or to RSVP, please call the Grain Bin Café in Grygla.

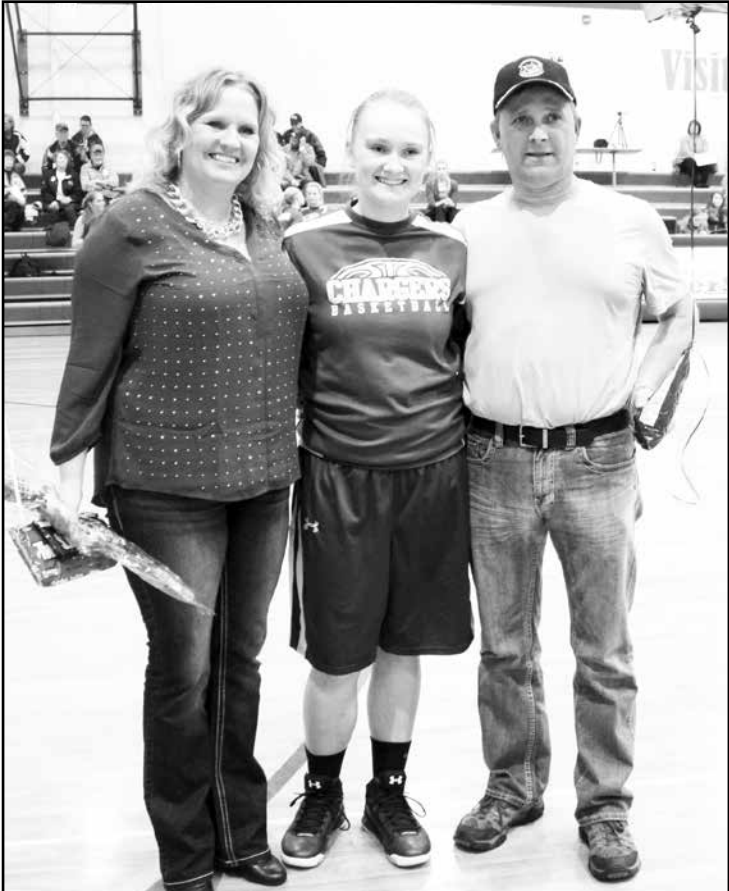
GBB Parent's Night was held last Thursday, January 14th, in Grygla. ~The Chargers hosted BGMR and won 54-42.~



Madison Bakken, Grygla Senior, with her parents Scott Bakken and Cassanda Bakken.



Shantel Verbout, Grygla Senior, with her parents Jimmy and Brandi Verbout.



Mariah Coan, Goodridge Senior, with her parents Robert and Deanna Coan.



Marisa Newton, Goodridge Senior, with her parents Luther Newton and Lisa Newton.



Hannah Dietsch had 8 points, 7 rebounds and 6 steals in the game against the Gators last week.



The Ostrom Family Band will be performing at the Valentine's Banquet held at the Grygla Community Center on February 6th at 6pm. Call the Grain Bin Cafe to RSVP.



Grygla Senior, Shantel Verbout, led her team with an impressive 31 points on Parent's Night in the game against BGMR.

City Council Mins.. Continued from page 3

Mosher had an agreement from the Veterans that they wrote up. He needs to take it back to them to get it so it's written that they need to bring changes to the council's attention before proceeding with them, for insurance and audit reasons.

COMMUNITY CENTER \$1,000 was received from the REA grant, to be used on the stage floor.

GRYGLA SEED/NEW LOTS

Waiting for Rokke to get the paperwork done.

SAFE ROUTES TO SCHOOL GRANT

There was nothing new to report at this time.

PLAYGROUND EQUIPMENT

There was nothing new to report at this time..

CAMPSITE ADDITIONAL HOOKUPS

Nothing new to report at this time.

AIRPORT

Nothing new to report on electrical hookups at the airport.

RADAR SPEED LIMIT SIGNS

Thompson is working on an application that MNDOT sent the city.

FF ELECTRIC POLE The Fall Fest Committee hasn't met yet, so no discussion was done on this.

REVOLVING LOANS

Rose sent letters to the businesses that still owe on Revolving Loans to come to the meeting or contact council members on paying loans back. Nobody showed up at the meeting. Rose is to contact the League of MN Cities to check on options the city has on getting these paid back.

SHIP GRANT

There's nothing new to report at this time.

SATISFACTIONS

There are many Satisfactions of loans paid off with the city that the borrowers have not recorded with the county yet, some going back to 1997. Rose is to send letters to those people giving them copies of the satisfactions so they can send it in themselves or the city will send it in for them and bill them for it.

LIQUOR LICENSE APPROVAL

Yo-Hawn's for 2016. Diamond's for 2016.

EXTRA MEETINGS

No extra meetings last month.

POLICY MEETING

No meeting scheduled for this month.

Boys beat Roseau by 16 points

"We didn't play very well in the 1st half. We got off to a slow start. But we started to play better towards halftime. We carried our hard work and execution into the 2nd half and got a very nice win. We are getting better and hopefully we will continue to improve," said Head Varsity Coach Mike Gast.

The Boy's Basketball team traveled to Roseau last Friday night, January 15th, and came home with a 57-41 win.

Scoring: Tyler Stinar 15, Dylan Walker 13, Blaine Kriel 12, Austin Brateng 12, Benji Wilebski 2, Ben Groven 2, Jesse Wiseth 1.

Rebounding: Tyler Stinar 11, Blaine Kriel 8, Dylan Walker 6, Austin Brateng 5, Benji Wilebski 5, Ben Groven 4, Ty Jelle 3, Jesse Wiseth 1.

GG falls short to KCC

The Chargers Girl's Basketball team lost to KCC last Friday night, January 15th, by just 6 points. The final score was KCC 69, GG 63.

Head Coach Elroy Johnsrud had to say, "This game was a sign that we have improved since the beginning of the season. We went there before Christmas and lost by 23. KCC is very good team. They like to play a fast paced game, but I think we did a good job getting back on defense and allowing them to beat us that way. We shot well from the all over the court. Ashlyn Henrickson had a good game offensively and defensively."

Varsity Stats: Ashley Moe 15 pts, 2 rbs; Ashlyn Henrickson 11 pts, 2 rbs; Hannah Dietsch 9 pts, 3 rbs; Karlee Johnson 3 rbs; Madison Bakken 8 pts, 8 rbs, 4 steals; Mariah Coan 3 pts, 1 rb; Shantel Verbout 17 pts, 3 rbs.