

# GRYGLA EAGLE



|                                        |                                   |                                          |                                          |                                          |
|----------------------------------------|-----------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|
|                                        |                                   |                                          |                                          |                                          |
| <b>Today</b><br>Rain/Snow<br>H 38 L 31 | <b>Thurs</b><br>Snow<br>H 38 L 25 | <b>Fri</b><br>Partly Cloudy<br>H 43 L 22 | <b>Sat</b><br>Partly Cloudy<br>H 48 L 34 | <b>Sun</b><br>Partly Cloudy<br>H 53 L 33 |



In this issue ... Grygla Fall Fest Committee announces March Cash Calendar winners (see page 2).



Pictured above are Grygla's volunteer firemen next to the new engine the department recently purchased. L-R: Brad Monson, Greg Monson, Geoff Satre, Dave Dunrud, Bob Thompson, Jeff Lund, Chris Jelen, Lynn Anderson, Andy Oslund, Carson Saurdiff, Rodney Hagen. Kneeling: Dylan Morey, Dacotah Byklum, Dustin Nelson. *Not pictured:* Richard Davenport, Travis Dougherty, Robbie Anderson, Mike Jelle, Paul Nordby. *Photos by Grygla Eagle Newspaper*

## Grygla Firemen serve 350 community members last Sunday evening

After a 2-year hiatus, the Grygla Firemen's Supper was a go this year, and a successful one at that! Last Sunday, the crew served 350 community members their famous menu of roast beef, ham, mashed potatoes, gravy, coleslaw and corn! LYO was also set up serving ice cream sundaes for dessert. Curbside pick-up was offered this year, which was appreciated by many. Many hours went into the "all-you-can-eat" meal prep and it was definitely a hit! During the past year, the fire department responded to 56 calls. This included 7 wild-land/grass fires, 2 structure fires, 7 auto/ATV accidents, and 26 medical calls. There

were also 7 alarm activation/service calls. (By the way, have you checked your smoke detectors recently?) Grygla Fire Department is always looking for qualified individuals who might be interested in joining their crew. If it is something you are considering, please reach out to one of the firemen. The Grygla Fire Department recently purchased a new truck from Great Plains Fire Equipment out of Fergus Falls, MN. The truck was in service on a rotational/lease program in a fire district out of Michigan. Grygla's Department received monetary support from Marshall and Beltrami Counties,

along with an equipment grant from the MN DNR; they'll also be applying for a grant through the Roseau Electric RoundUp Grant Program. Purchasing this truck was a substantial savings over a brand new one by about \$300,000. The new truck will be the main engine with the old truck being kept for a second engine and backup, which the department is required to have and has been out of compliance with for many years, so this is a great, necessary addition. It will also allow more flexibility when responding to mutual aid calls outside of the district. The Grygla Fire Department has been serving the

community since 1941. They serve 6 townships in Marshall County, 8 townships in Beltrami County, and provide mutual aid to the surrounding departments in Goodridge, Middle River, and Roseau. **Door prize winners from last Sunday**  
*Kids fire truck winner:* Braxton Kriel  
*Fire Extinguishers:* Marilyn Stanley, Tyler Morey  
*Flashlights:* Glen Peters, Annette Schulz-Englund  
*Carbon Monoxide Detectors:* Ron Engelstad, David Lian  
*Smoke Detectors:* Erik Sundberg, Destiny Brown, Jon Tinnies, Rodney Knutson

## Smelt Fry & Cornhole

Enjoy an evening out at the Grygla Lion's Smelt Fry and the JCC's Cornhole tournament this Saturday, April 9th. The Grygla Lion's Club is bringing back the infamous Smelt Fry after a couple of years off. The all-you-can-eat smelt fry will be held at the Grygla Community Center from 4-8pm this Saturday. In addition to smelt, baked po-

tatoes, baked beans, coleslaw, dinner rolls, beer, milk and coffee will be served. The JCC's will also be hosting a Cornhole tournament outside in the parking lot at 6pm that night. Prizes awarded to the top teams in each division (under 18 and 18+). Registration fee is \$20 per team with 2 players per team. Registration begins at 5:30pm.

## May Day Deliveries

Have a basket delivered to your child on Sunday, May 1st. The Grygla JCC's will deliver within 15 miles of Grygla. If outside the delivery area, baskets can be picked up. Deadline

to sign up is April 20th. Email Lindsay Oslund at [gryglasheed@gmail.com](mailto:gryglasheed@gmail.com) to set up delivery and payment. \$10 a basket – includes snacks and goodies!

## Spring Fling at GHS

It's Spring Fling week at Grygla High School! The week is filled with dress-up days, a variety of games, hallway decorating, class competitions and ends with Coronation on Friday at 2:45pm – all public invited. **Spring Fling candidates**  
7th: Taylor Dougherty and Connor Boutain; 8th: Shelby Williams and Raymond Moe; 9th: Emily Johnson and Rease Stratton; 10th: Molly Cullen and Blake Rychlock; 11th: Ahna Stanley and Kaylor Torgerson; 12th: Ellie Sabourin and Avery Moe. Emcees for Coronation are Katelyn Larson and Brigitte Watne.

**Dress up days**  
Monday: Adam Sandler Day; Tuesday: First Initial; Wednesday: No Dress-Up Day (students gone on Release Day); Thursday: White Lies; Friday: Class Themes  
Student Council is hosting a game night on Friday evening instead of a dance. Contact the school for more information, including time.

## Where there's a will, there's a way

The Goodridge Drama department will be performing "Where there's a will, there's a way" on April 21 & 22, 2022, at the Goodridge School Gym at 7:00pm. Cost is \$5 per person. The play will begin at 7pm on both nights. Friday, April 22nd, there will be a dinner option where the High School Music Department will be serving a meal during the play as a fundraiser for their trip to the Chanhassen Theater to

see "Footloose." The cost of the meal and play ticket will be \$20 for that Friday night performance. You may still attend Friday for the \$5 ticket to see the play without buying a meal. If you are interested in attending Friday's dinner theater, please contact Mr. Mickelson at the school or a Goodridge Choir or Band member.



## Lion's Potato Klub/Side Pork Supper



The Grygla Lion's Club held their Annual Potato Klub & Side Pork Supper on March 22nd at the Grygla Community Center. They hosted visitors from the Red Lake Falls, Wannaska, Warroad and both Goodridge Clubs. Approximately 45-50 people attended. Sherry Woods, Lon Englund, Mildred Klamar, Neal Clements and Julie Sparby prepared the meal. *Photos courtesy of Leann Wikert*

L-R: Conor Dale, Lincoln Panek, Presley Kramer, Chantel Grindeland, Makayla Erlandson, in chair Sophia Beck. *Photos courtesy of Eric Mickelson*



L-R: Anna Mickolio, Jennah Henrickson and Kennedy Panek.

## ATV Safety Training

There will be an ATV Safety Training on Saturday, April 9th, from 10am-12pm at the Grygla Bus Garage. Must be 11 years of age or older. Sign-up in advance and complete the online class prior to that Saturday – go to [ATVcourse.com](http://ATVcourse.com).

Must bring certificate of completion AND a helmet if you have one. The training is sponsored by the Fourtown/Grygla Sportsman's Club. Please contact Nick Harris at 688-0037 or Kyle Haack at 686-5583 for any questions.



• CHURCH CALENDARS

**GRYGLA LUTHERAN PARISH**  
Grace and Our Savior's, Grygla  
**Vicar Marilyn Grafstrom**  
Recorded services are available on-demand on the church website and will play on Garden Valley channel 36 on Wednesdays 7pm and Sundays 9am & 7pm. *gracelutherangrygla.weebly.com*  
**Wednesday, April 6**  
11am Bible Study, 5:30pm Lent Supper, 6pm Grace Choir, 7pm Lent Worship  
**Thursday, April 7**  
OS Lent Supper 6pm w/ 7pm Lent Worship  
**Sunday, April 10**  
**Palm Sunday**  
Grace: 9am Worship w/ 10:15am SS  
OS: 9:30am SS, 10:30am Worship

**GOODRIDGE AREA LUTHERAN PARISH, ELCA**  
Bethany, Ekelund, Faith  
**Pastor Kristin Dahlen Ostercamp**  
Sunday services are posted online on the Parish YouTube channel. They are rebroadcast on the GVTV Channel 36 on Wednesdays at 9am and 6:30pm.  
**Wednesday, April 6**  
Faith WELCA 9am; Lent Service at Bethany 7pm (6:15 meal)  
**Sunday, April 10**  
**Palm Sunday**  
Ekelund: 8am Worship, 9am SS (Brunch, Bake Sale, Raffle, Silent Auction to follow Worship)  
Faith: 9:30am Worship, 10:30am SS  
Bethany: 10am SS, 11am Worship  
**Monday, April 11**  
Faith Quilting 9am; Rachel Circle/Bible Study 9:30am; Parish Council 7pm Faith

**THE CATHOLIC COMMUNITIES OF**  
St. Clement's – Grygla; St. Ann's – Goodridge  
Fr. Adam Hammess  
**Sundays:**  
St. Clement's: 11:45am Worship.  
St. Ann's: 10am Worship  
**BETHESDA LUTHERAN CHURCH**  
Skime  
**Pastor Steve Bliss**  
**Wednesday, April 6**  
7pm Midweek Service at Riverside  
**Sunday, April 10**  
**Palm Sunday**  
9:30am Worship

**UNITED LUTHERAN PARISH**  
Gatzke  
**Pastor Tim Lundeen**  
**Wednesday, April 6**  
Lent Service at 5pm, Supper at 5:45pm  
**Sunday, April 10**  
8:30am Palm Sunday Worship

**CLEARWATER LUTHERAN PARISH**  
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee  
**Pastor Jeff Merseeth**  
**Wednesday, April 6**  
WS 5-6pm, OP Meal 6pm w/ Lent Service 7pm  
**Thursday, April 7**  
Mt. Olive Lent Service 5pm  
**Saturday, April 9**  
Mt. Olive Worship 9am  
**Sunday, April 10**  
**Palm Sunday**  
8am St. Petri Worship w/ 9:15am SS  
9:45am Nazareth Worship w/ 8:30am SS  
11am OP Worship w/ 9:45am SS

*Email church calendars to [grygla.eagle@gmail.com](mailto:grygla.eagle@gmail.com)*

**JOHNSON**  
Funeral Service, Inc.  
**Funeral Pre-planning Monuments**  
Thief River Falls • 218-681-4331  
Red Lake Falls • 218-253-2128  
Oklee • 218-796-5177  
[www.johnsonfuneralservice.com](http://www.johnsonfuneralservice.com)  
G46TFC

U.S.P.S. No. 002330  
**Grygla Eagle**  
Serving Eastern Marshall & Northern Beltrami Counties  
PUBLISHER - RICHARD D. RICHARDS  
Karl Sundberg, EDITOR  
Phone 294-6220  
—SUBSCRIPTION RATES—  
\$30 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses)  
\$40 per year outside of the area  
PUBLISHER'S LIABILITY FOR ERROR: The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.  
The "Grygla Eagle" is published weekly by Richards Publishing Co., Inc., Box 159, Gonvick, MN 56644. Periodical postage paid at Grygla, MN 56727.  
POSTMASTER: Send address changes to: Grygla Eagle, PO Box 17, Grygla, MN 56727.

[grygla.govoffice2.com](http://grygla.govoffice2.com)  
**City of Grygla**  
218-294-6292  
Minutes/Agendas avail.

**NOTICE**  
Spruce Grove Township  
Local Board of Appeal and Equalization Meeting  
Spruce Grove Town Hall  
Tuesday, April 19th,  
10:30am  
Jessica Byklum, Clerk

**SUMMER HELP NEEDED**  
Marshall County Highway Department is currently accepting applications for part-time summer help. Primary duties will include roadside and road surface maintenance, surveying and construction assistance, and ditch spraying assistance. Starting wage is \$15.34 per hour.  
Applications are available at the Marshall County Highway Department, 447 S. Main St, Warren, MN 56762, or on-line: [www.co.marshall.mn.us](http://www.co.marshall.mn.us). Applications will be accepted until April 29, 2022. Must be 18 years or older to apply. Marshall County is an Equal Opportunity Employer.

**Paraprofessional Needed**  
The Grygla School is looking for a Paraprofessional to work one-on-one with a high school student. Please contact Derek Gieseke, Principal, if interested. 218-294-6155

**Community Calendar**  
**Wed | Apr 6**  
High School Release Day 8:30-3pm; Senior Meals at Grain Bin Café 11am; Grygla Library open 4-6pm; Grygla Archery League 6:30pm  
**Thurs | Apr 7**  
**Fri | Apr 8**  
Senior Meals at Grain Bin Café 11am; GHS Spring Fling Coronation 2:45pm; Spring Fling Game Night at GHS  
**Sat | Apr 9**  
ATV Safety Training at Grygla Bus Garage 10am-12pm; Goodridge Fire & Rescue Open House & Fundraiser 4-7:30pm; Grygla Lion's Smelt Fry 4-8pm; Grygla JCC's Cornhole Tournament outside of CC 6pm  
**Sun | Apr 10**  
Northern Blast VB Tourney in Fargo; LYO Trip to Bemidji (Evergreen Center & Bowling)  
**Mon | Apr 11**  
Senior Meals at Grain Bin Café 11am; Grygla City Council Meeting 7pm

**Grygla/Goodridge prom info**  
Prom is just around the corner at both schools. Grygla Prom will be held on Saturday, April 30th, with the Grand March taking place at 6pm. The banquet for the students will be at 7pm with a dance to follow from 8pm-12am. The Post Prom party will then go from midnight-4am. The theme

**Northern Lights fishing report**  
*Written by Ben Kucera*  
On this week's report, we're patiently waiting for the warmer weather. My ice fishing season ended about mid-March with the gas prices rising and the wet mess that Lake of the Woods turned into.  
From what I understand, the water has drained through the ice and is still safe for the most part. Old roads and the accesses are getting bad, along with anything close to cattails or any other emergent vegetation in the ice.  
I know some people are still going out chasing big pike and are doing OK with about 7 flags a day for average. The Rainy River (for the most part) is open to Birchdale. I know Saturday they were cutting open the access to launch boats. Most people are using small craft, 16' or less, to get in.  
Walleye fishing for the lake and river ends April 15. My next adventure will be the first week in May when we chase the dinosaurs for a few days. Then hopefully get after some panfish if the temps warm up.  
The past few weeks I have been gearing up for the Home Sport and Family Show that is this coming weekend, April

9-10. If you are in the area, come check it out! It should be a fun time with a lot of vendors and lots of different things. I will be down in the Imperial Room. I will have some display rods (both summer and ice), over 50 different cranks, lipless, spoons, spinner rugs (will be able to make some at the show, as well), and lots of jigs. I will also be taking orders. Summer rods do have a waiting list at this time. So stop by check it out and talk some fishing.  
I may also try some shed hunting this spring and now is about the perfect time to start looking. If turkey hunting is your thing, that starts around Easter. Sorry, I haven't had a report since the 12th of March; I will try to keep them coming! Good luck on your outings and be safe.  
*Ben Kucera is the owner and creator of Northern Lights Tackle & Custom Rods. He is also a Marshall County Sheriff's Deputy residing in Grygla with his wife and children. Ben is an avid fisherman who will be writing and submitting a fishing report weekly. You can follow his Facebook page at Northern Lights Tackle and/or contact him at 218-684-0588.*

**Princess Ball coming up**

There will be a Princess Ball (Daddy/Daughter Dance) on Sunday, May 1st, from 1-3pm at the Grygla School. This is for ages 0-6th grade and will cost \$5 per little one. The event will start with a Coronation at 1pm with a dance and activities during the dance for little ones and their dates. Dress to impress or dress for comfort! There will be a dessert table and popcorn bar set up during the event as well. To sign up, contact Alisha Anderson at 218-280-2121 or Tera Nordby at 218-242-7450 by April 30th.

**Garden Club meeting**

There will be a Grygla Garden Club meeting on Wednesday, April 20th, at 6:30pm at the home of Joni Anderson. The group will discuss planting flowers, native gardens, fundraising and their summer watering schedule.

**Fall Fest Cash Calendar winners**

- March 1st \$250 Kasey Nordby
- March 2nd \$50 Gretchen Smeby
- March 3rd \$50 Mike Brobst
- March 4th \$100 Jason Jensen
- March 5th \$150 Chandler Grindland
- March 6th \$100 Tom Weber
- March 7th \$50 Raymond Aune
- March 8th \$50 Lindsay Oslund
- March 9th \$100 Tony Brunelle
- March 10th \$50 Pam McMahon
- March 11th \$50 Janelle McMillin
- March 12th \$100 Robin Johnson
- March 13th \$150 Megan Blasen
- March 14th \$50 Mavis Newton
- March 15th \$200 Leann Smith
- March 16th \$50 Jeanie Pederson
- March 17th \$50 Rhonda Phillips
- March 18th \$200 Marie Konickson
- March 19th \$150 Carson Saurdiff
- March 20th \$200 Andy Oslund
- March 21st \$50 Tatem Brandt
- March 22nd \$50 Shane Torgerson
- March 23rd \$100 Hunter McMillin
- March 24th \$50 Michael Gray
- March 25th \$50 Kenzie Olson
- March 26th \$100 Jared Alby
- March 27th \$150 Amanda Brandt
- March 28th \$50 Joe Philipp
- March 29th \$50 Chance Irlbeck
- March 30th \$50 Jennifer Kehn Plummer
- March 31st \$150 Shawn Brunelle

Wednesday, April 6, 2022

**Elite Athletix Basketball Academy**

Elite Athletix Basketball Academy was great in 2021 and yet was in its infancy! 2022 will be SO much better! The gym will be better, and the plan is better. 2 camps and great coaches to help maximize your son's and/or daughter's potential.  
Here is the information – sign up now as space is limited to 20 campers each session.

**Elite Athletix...**  
Continued on back

**PUBLIC HEARING**  
**5 YEAR HIGHWAY CONSTRUCTION PROGRAM MARSHALL COUNTY**  
The Marshall County Board of Commissioners will hold a Public Hearing, April 12, 2022 at 5:30 P.M. at the Newfolden Community Center, for the purpose of discussing and receiving comments on the proposed 2022-2026 Road and Bridge Construction Program in Marshall County. All interested citizens, public officials and representatives of townships and cities are invited to attend and provide input.

**Full-time Sales Agronomist**  
Farmers Union Oil Co of Grygla Is looking to hire a full-time sales agronomist to promote and maintain a reputable agronomy business.  
A successful candidate would sell and service a full lineup of agronomic products and services including fertilizer, crop protection, seed, field scouting and consulting, and be involved in the day-to-day operations of the business.  
An Ag Degree is preferred, or previous experience in this field. Applicant must have good communication skills as well as excellent public relations and be highly motivated with good work ethic.  
Send resumes to: Farmers Union Oil Co. Attn. Bob Thompson, PO Box 48 Grygla, MN 56727 or phone 218-689-1374 for more Information.



**Stay On Top Of Your Finances**

Get access to your personal and business accounts 24 hours a day, 7 days a week from your electronic devices.

With our Online Banking service you're able to review transactions for your checking and savings accounts, CDs, IRAs, and loans. You can also transfer funds between accounts and make loan payments.

Start enjoying the convenience of Online Banking today. Give us a call or stop in.

**ASB AMERICAN STATE BANK**  
**FDIC**  
In two locations  
PO Box 78  
Grygla, MN 56727-0078  
(218) 294-6111 • TOLL FREE (877) 814-9937  
FAX (218) 294-6239  
[www.asbgrygla.com](http://www.asbgrygla.com)  
201 Vance Ave. S.  
Erskine, MN 56535  
(218) 687-2865 • TOLL FREE (800) 434-7721  
FAX (218) 687-2328



Marshall County Sheriff's Office Press Release



Oistad  
Submitted by Deputy Mark Ellerbusch, Marshall County Sheriff's Office

On February 23, 2022, Scott Oistad was booked into the Marshall County Jail for First Degree Criminal Sexual Conduct. This is a felony charge. Marshall County Deputies received an arrest warrant for Scott and he was arrested in Standquist, MN. Scott is being held on a \$10,000 bond.

On March 16, 2022, Marshall County Deputies executed a probation search on Marti Mager at his residence in Warren, MN. Upon arriving at the residence and making contact with Mari, the deputies located stolen toolboxes in the house. The residence was secured because of this, and the deputies applied for a search warrant for the residence of Marti Mager. The deputies received the search warrant and proceeded to search the residence. While searching the residence, the deputies found two stolen

toolboxes, 6 bottles of Tramadol pills and 2 firearms. Mr. Mager could not be in possession of these firearms because of a previous felony conviction. Marti Mager was charged with Gross Misdemeanor 5th Degree Possession of Drugs, Felony Theft, and Felon in Possession of a firearm which is a felony charge. Mr. Mager is waiting his first appearance on March 29, 2022.

On March 21, 2022, the Marshall County Deputies executed a search warrant on the Elm Crest Motel, room #21, in Warren, MN. Ryan Boman was staying in this room. The deputies arrived at the motel and found Ryan Boman outside his room. Ryan was informed there was a search warrant for his room and Ryan let them into his room. Upon entering the room, the deputies found many items of drug paraphernalia. They also found Clonazepam pills, which Ryan does not have a prescription for. They found used needles, pipes, and baggies with a white residue in them. The residue and pipes tested positive for methamphetamine. Ryan Boman was taken into custody and booked into the Marshall County Jail. Ryan Boman was charged with two counts of felony 5th Degree drug possession. Ryan's first court appearance was on March 23, 2022, and he is being held on \$700.00 bond. Ryan is still currently in custody.

On March 28, 2022, the

Marshall County Sheriff's Office was called to the Landmark Apartments to investigate the smell of Marijuana coming from room #112.

The Marshall County Sheriff's Office responded to the call and made contact with Cody Kostrzewski who lives in room #112. Cody answered the door, and a strong odor of marijuana came from the room. Deputies asked Cody if he had been smoking marijuana and he stated he was just smoking it. Cody seemed under the influence of an intoxicating substance. Deputies asked him if he had been using anything else. Cody stated he had smoked Methamphetamine recently. Deputies asked Cody if he had any Marijuana left and he stated he had some on the table by the couch. There was a small baggie of marijuana, pipe, and a baggie with white residue on the table. The baggie tested positive for methamphetamine.

The deputies then applied for a search warrant for the apartment. The judge granted the warrant and deputies executed the warrant on March 28, 2022. The deputies found some more methamphetamine. Cody was arrested for Felony 5th Degree Drugs.

On March 30, 2022, the Marshall County Sheriff's Office received a 911 call from the owners of the Northern Lights Bar in Stephen, MN stating that someone in breaking into

their bar. The owners of the bar went to the bar and confronted the male individual. The male individual stated that he was just driving by and saw someone enter the bar and he was just trying to help and then took off in a Silver Chevy Pickup. The bar owners got a license plate number and gave it to the Marshall County Sheriff's Office.

The owner of bar stated that there was about \$2,000.00 worth of damage and nothing taken from inside the bar. The male individual was seen inside the bar on security cameras.

Marshall County Deputies ran the vehicle plate of the Chevy pickup and called the owner of the vehicle. The owner of the vehicle stated he had let Shane Dahlstrom use the vehicle. Deputies explained to him that it was involved in a burglary in Stephen, MN. Deputies then showed pictures to the bar owners and they positively identified Shane as the one in the bar that night and the one they spoke to.

Through some investigation, it was found that Shane was at Wal-Mart in Thief River Falls. Shane was taken into custody by a Pine to Prairie Task Force Agent who works for Marshall County. Shane was charged with 3rd Degree Burglary and 1st Degree Criminal Damage to Property. He is being held in the Marshall County Jail with a \$2,000.00 Bond.



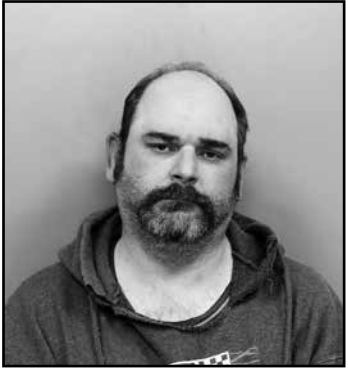
Mager



Boman



Kostrzewski



Dahlstrom

Minnesota Severe Weather Awareness Week

Submitted by Christopher Muller, Emergency Management Director, Beltrami County Sheriff's Office

The week of April 4-8, 2022, is designated as Minnesota Severe Weather Awareness Week. Emergency Management agencies across the state will be promoting severe weather safety throughout the week and participating in two tornado drills on April 7th. Beltrami County has experienced several severe weather events in the last decade including a destructive windstorm in 2012, the City of Bemidji being hit by a tornado on July 4th, 2018, and hail larger than three inches in diameter accompanied by three tornadoes last summer from Red Lake to Pennington. Each day of the week has a hazard topic. Additional information will be posted on the Beltrami County Emergency Management Facebook page throughout the week: <https://www.facebook.com/beltrami-countyemergencymanagement>

www.facebook.com/beltrami-countyemergencymanagement

**Monday – Alerts and Warnings:** There are numerous ways to receive alerts and warnings ranging from phone apps, broadcast media and NOAA Weather Radios. NOAA Weather Radios are inexpensive and are programmable to your location. It is important to know your location when alerts are issued. Severe weather watches indicate that severe weather is possible, and warnings mean it is happening or likely to happen.

**Tuesday – Storms, Hail and Lightning:** Storms can produce several impactful weather hazards including lightning, hail, wind and tornadoes. Hail can be damaging to roofs, vehicles and crops, resulting in approximately a billion dollars in damage annually. Tornadoes can cause significant concentrated damage, but straight-line winds can

cause widespread damage and can produce winds in excess of 125MPH. Lightning kills an average of 43 Americans annually in injuries many more. Remember: "When thunder roars, go indoors!" and for our neighbors who are deaf and hard of hearing, "See a flash, dash inside!"

**Wednesday – Flooding and Flash Floods:** Convective summer storms can produce very heavy rainfall resulting in flooding. The most dangerous flooding is flash flooding. Torrential rainfall can rapidly runoff, washing out roadways, floating vehicles and inundating dwellings. If you encounter a flooded roadway: "Turn around, don't drown!" Most flood related deaths occur in vehicles.

**Thursday – Tornado Drill Day:** Beltrami County will be participating in two tornado drills on Thursday, April 7th at 1:45PM and 6:45PM. Beltrami

County's CodeRED Notification System will not be activated for the drills, but outdoor warning sirens will be sounded. Schools, businesses and families are encouraged to review your severe weather plans and know where you will shelter in the event of severe weather. Beltrami County activates outdoor warning sirens for tornadoes and destructive storms producing winds in excess of 70MPH.

**Friday – Extreme Heat:** Minnesotans are well adapted to dealing with the cold, but extreme heat events are possible in the summer months. Heal ailments can be dangerous when the body loses the ability to cool itself. During extreme heat, avoid rigorous activity and find cool areas. Never leave children or pets in a vehicle. Cars act like greenhouses and even on a warm day, the sun can warm vehicles to lethal temperatures very rapidly.



Grygla Kindergarten has been learning about money in math. They recently took a trip to American State Bank of Grygla and the Grygla Coop Store for a little tour and lesson on money/finances! Photos courtesy of Grygla School



Word of the Week

...enhancing vocabularies

one Grygla Eagle at a time.

Jornada

\Hawr-nah-duh\

Noun

A full day's travel across a desert without a stop for taking on water.

• SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor

That word of the week up there instantly made me thirsty. Let's keep it simple this week and just all stay hydrated, ok? Sidenote: Who would ever do a full day's travel across a desert without stopping for water? Seriously.

Drinking water is obviously a very important part of our life for a healthy body and a glowing complexion, amongst other things. But sometimes we forget to drink lots of water in a day. Or if you're like me, you get bored with plain ol' water. I love to do fruit infusions in my water, especially because I love flavored waters.

Adding some of these ingredients (like cucumber, lemon, ginger, or any kind of fruits) to your water not only gives it a fresh taste, but it also can cleanse and detoxify your system, not to mention give you extra vitamins and minerals.

Easy fruit-infused water recipes to start with that taste SIMPLY DELICIOUS:

Cucumber Lemon Mint, Cucumber Watermelon Mint, Pomegranate Mint, Blueberry Orange, Pineapple Orange, Kiwi Blackberry, Ginger and Lime, Strawberry Basil, Raspberry Vanilla Bean. Obviously there are a million more, but these are some of my favorites.

Give them a try and play around with different flavors!



April is Sexual Assault Awareness Month (SAAM)

(Submitted) Violence Intervention Project, a local non-profit that serves domestic and sexual violence victims, is focusing on ways that individuals, communities, and the private sector can help prevent sexual violence. Nearly one in five women and one in 71 men are victims of sexual assault (Black et al., 2011), but all of us are impacted by sexual violence.

Everyone understands that sexual violence impacts victims and their families, but the effects of this violent crime on communities and society are less obvious. Sexual violence creates a climate of fear, anger, and/or disbelief in the workplaces, campuses, and communities that it occurs in. Additionally, sexual violence generates criminal justice, medical, and crisis and mental health service expenses. Perhaps most damaging are the lost contributions of survivors. Rape alone results in more than \$122,000 in costs per victim and nearly \$3.1 trillion to the economy over the lifetimes of all 25 million victims in the US population.

Preventing such a far-reaching and prevalent social issue as sexual violence may seem overwhelming or even impossible. This mentality implies that there isn't a solution — or if there is, we can't achieve it. But we can and we are. There

are many practical steps that are currently being taken in our homes, neighborhoods, schools, faith communities, and workplaces. However, there are many more things we can do to promote safety, respect, and accountability.

Prevention starts with challenging victim-blaming and believing survivors when they disclose. Individuals can model supportive relationships and behaviors, call out harmful attitudes and behaviors, and challenge the societal acceptance of rape. Communities and businesses can take action to implement policies that promote safety, respect, and equality.

Prevention is Possible! Please join us in helping everyone see their role in preventing sexual violence.

VIP is partnering with local coffee shops to promote awareness with coffee sleeves. We are also partnering with local radio stations to help raise awareness. You can learn more at [violenceintervention.org](http://violenceintervention.org).

You can also support Sexual Assault Awareness Month by following VIP on Facebook, Instagram, and Twitter and share their message to help increase awareness and prevent sexual violence. Thank you for your support. "Restoring Hurt Lives and Supporting Stronger Communities"

BIO Girls: Throw kindness like confetti

That was the theme of BIO Girls Session 5 last week.

The group focused on being kind to themselves, their peers, AND spreading kindness within the community.

An act of kindness can have a profound impact on someone's life, including our own, and the simplest form of kindness is the words we speak.

In this week's session, the

group learned that they must "build" each other up by saying kind things. They brainstormed words to lift others up and challenged themselves to intentionally build others up outside of BIO Girls.

Kindness will always win. Week 5 had every BIO Girl radiating with kindness!

No photos from this week's session.



On March 22nd, a few Grygla students, Mr. Grandstrand and Mr. Gieseke toured North Dakota State College of Science in Wahpeton! Photo courtesy of Grygla School  
Wednesday, April 6, 2022



**Elite Camp**  
Mondays and Thursdays from 6-8pm; cost is \$439 for 8 weeks (16 sessions + 1 makeup session; includes a fun pool party and a t-shirt).  
This camp is for those who played JV or Varsity this season. It will incorporate speed and agility training at Elite Athletix gym and basketball instruction/drills with a heavy emphasis on competitive playing among highly skilled players. Justin Kjos will be the lead coach. He has been instrumental in developing Prowler hoopers over the last 7 years. Justin has a keen eye for fundamentals and understands how to make a highly motivated, good player into a GREAT player.  
Dates: June 6, 9, 13, 16, 20, 23, 27, 30, July 7, 11, 14, 18, 21, 25, 28, August 1 (makeup date is August 4). Pool party is August 3rd.

**Development Camp**  
Tuesdays and Wednesdays from 6-8pm. Cost is \$439 for 8 weeks (16 sessions + 1 makeup session; includes a fun pool party and a t-shirt).  
This camp is for 6-8 graders who are excited to keep growing in their skills and athleticism so they are ready to make the jump to varsity soon. It will incorporate speed and agility training at Elite Athletix gym and basketball instruction/drills, and will teach the athlete way to improve their game.  
Dates: June 7, 8, 14, 15, 21, 22, 28, 29, July 5, 6, 12, 13, 19, 20, 26, 27. Makeup date is August 4th. Pool party is August 3rd.

# National Public Health Week



North Valley Public Health Staff, L-R: Sarah Bring, Pam Hockstedler, Ashley Fredrickson, Jessica Syverson and Fran Tougas. Photo submitted by Payton Gullikson

(Submitted) This week, April 4-10, is National Public Health Week. North Valley Public Health (NVPH) is a hospital-based public health department, a concept unique to northern Minnesota. As a hospital-based public health department, NVPH contracts with Marshall County to provide public health services throughout the entire county. Although the NVPH office is located in Warren, the staff works throughout Marshall County to try and positively impact the health of all county

residents. Therefore, NVPH offers services on a rotational and as-needed basis in almost every city in the county. Many people do not realize all that public health encompasses and the wide variety of services they offer, such as: home and office visits for pregnant women, post-partum women, and families with children; child and teen check-ups for outreach, and exams for eligible children from birth to 20 years old; various health screenings; immunizations for all ages for various diseases;

free condoms, pregnancy tests, and consultations; health presentations at schools; and much more. NVPH can also be an excellent resource for connecting you with various health resources available in our area. Your North Valley Public Health team works hard to provide high-quality services and care. Take some time this week to thank them for what they do and learn more about their services. You can do so by calling them at 218-745-5154 or going to [www.northvalleyhealth.org](http://www.northvalleyhealth.org).



## Dairy Farm trip



The Grygla 2nd & 3rd graders toured Mike and Linda Hanson's Good-View Ayrshires last week and got to see a dairy barn run by robots. Photos courtesy of Grygla School



Katelyn Larson attended the Animal Science Exploration Day at UMC last Friday. Students got a glimpse of the student life on campus through hands-on labs and experiences with animals. Katelyn will be attending The University of Minnesota Crookston this fall to pursue a degree in Animal Sciences and Ag Education! Photos courtesy of Dawn Larson



## Arts Legacy Grants Up to \$10,000

An additional deadline has been added for Arts Legacy Grants. Applications are open for Arts Legacy Grants and due May 1. Grants are awarded to nonprofit arts organizations, communities, schools, individuals and other nonprofit organizations. Applications are being accepted from our seven county Minnesota service area including Kittson, Marshall, Norman, Pennington, Polk, Red Lake and Roseau counties.  
Arts Legacy Grants is a main category for funding artistic activity within the seven-county service region. Funding can be used for Arts Projects, Arts Equipment, General Support, Public Art Projects and Arts Events in northwest Min-

nesota.  
Applications funded through this very important grant opportunity include festivals, community theatre projects, folk music entertainment, sponsorship of visual demonstrations, creative writing workshops and many other activities that improve the quality of life of people in our communities.  
Need assistance? We are offering a grant info training session on Wednesday, April 13 at 11:00 AM. Let us know if you'd like to participate in person or virtually. Or you can set up a time to work one-on-one with our director on the grant writing process. You are welcome to come to our office in War-

ren to work on your grants in our new setting or virtually. Please email Mara at [director@nwartscouncil.org](mailto:director@nwartscouncil.org) or call 218-745-8886.  
Schools in our seven-county region can also apply now for an Artist Residency grant of \$2,600 plus an additional \$400 if the residency needs supplies. Our teaching artist roster is online on our website and is a great resource to view artists available to teach in our area. Go to [www.NorthwestMinnesotaArtsCouncil.org](http://www.NorthwestMinnesotaArtsCouncil.org). Another resource to view artists available to enhance curriculum is COMPAS.  
Also available on a first come-first served basis are Quick Turn Around Grants for

\$500. These grants can be used for missed gigs and income due to the pandemic. Use the Quick Turn-Around application in the Individual Artist grants. See our website for more information and to apply!  
To learn more about grant programs and start an application visit [www.NorthwestMinnesotaArtsCouncil.org](http://www.NorthwestMinnesotaArtsCouncil.org). The grant application process is completely online and NW-MAC's Director Mara Hanel can help walk you through the process of using the grants portal to get accustomed to it. Please contact her at [director@NWArtsCouncil.org](mailto:director@NWArtsCouncil.org) or call 218-745-8886.

