

GRYGLA EAGLE



Today
Mostly Cloudy
H 81 L 59

Thurs
Showers
H 71 L 53

Fri
TStorms
H 74 L 58

Sat
Showers
H 68 L 46

Sun
Showers
H 63 L 49

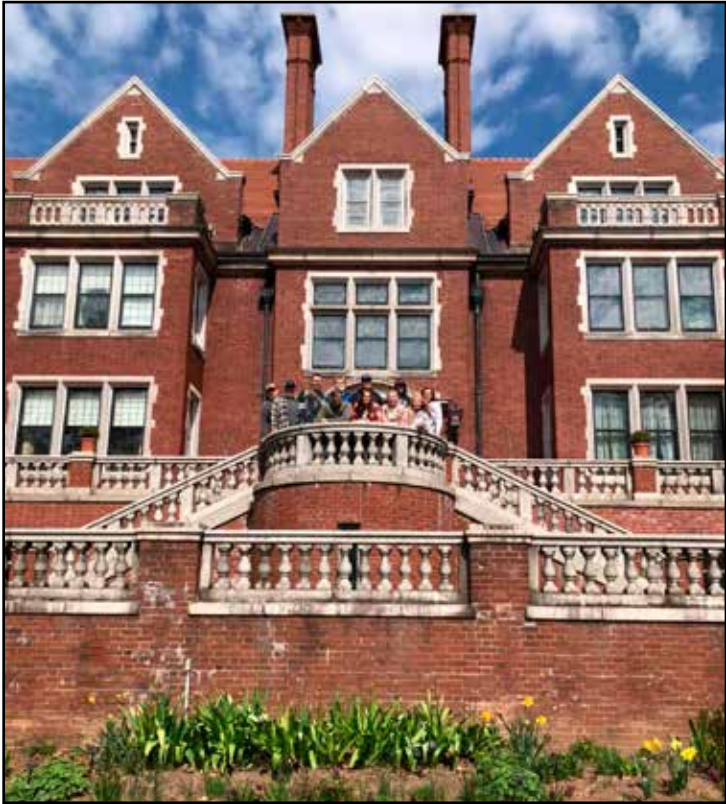


Wednesday, May 19, 2021

WE'RE ONLINE www.tricocanary.com

Vol. 46 Number 47

A look at next week ... Goodridge & Grygla High School's hold their 2021 graduation ceremonies.



The Grygla Senior Class Trip to Duluth - the group is pictured at Gooseberry Falls and the Glensheen Mansion.

Life is meant for good friends and even better adventures



The Grygla 6th & 7th graders also headed to Duluth last week for their class trip! They enjoyed a boat cruise on Lake Superior, among many other outings! *Photos courtesy of Grygla School*



The Grygla 3rd & 5th grade class is pictured at the Mississippi Headwaters.



The High Mileage Club competed in Brainerd last week, taking 5th place. Pictured L-R: Eli Sundberg, Blake Rychlock, Evan Englund and Jake Olson.

It was a fun week filled with trips and adventures for many students in Grygla. The seniors left on their class trip to Duluth last Thursday-Sunday, staying at a beautiful cabin outside of Duluth. The many stops included exploring Gooseberry Falls and checking out the Glensheen Mansion, to name a few.

The Grygla 6th and 7th graders also headed to Duluth last week for their class trip. Stops included Great Lakes Aquarium in Duluth, a boat cruise on Lake Superior, Enger Tower, Tom's Logging Camp and Gooseberry Falls.

The 3rd and 5th grade classes had a great time on their day trip last week to the Mississippi Headwaters where they spent the day exploring everything to see in Itasca State Park.

The High Mileage Club headed to Brainerd for a competition where they finished 5th overall. The Grygla Car was one of two finalists for the Craftsmanship Award, however, the other team ended up receiving it, but it was a great year for the crew. They made a total of 13 competition runs with their highest MPG of 245.1. To qualify, a car must make 6 complete runs, averaging their top 6 runs for their overall MPG average. Grygla's top 6 run average was 226.4 MPG, giving them 5th place in the stock class of 20 cars in Brainerd.



Grygla Merchants meet

A few of the Grygla Merchants met on Wednesday, April 28th. A summary of the Meeting Minutes are included below.

Present: Lynn Anderson, Ron Kiesow, Karla Byklum, Tonia Haack, Kari Sundberg, Jann Lawrence, Tera Nordby, and Jodi Schulz.

The meeting was held at noon at Yo-Hawn's. Minutes from June 24th, 2020, were reviewed.

Treasurers Report: Lynn reported a balance of \$4,049.80. He noted 2021 merchant dues will be adding to the balance. He went thru 2020 disbursements and noted that he still has not paid the 2020 GHS Graduates Merchant Scholarship recipients, he will get this taken care of. Lynn discussed that he is officially retiring and will be passing along his Merchant Treasurer responsibility.

The Merchants will be looking to fill this spot.

No old business to discuss. New business included the following:

Fall Fest: The Merchants will be donating \$500 to the Grygla Celebration Committee to help cover upcoming expenses for the annual Fall Fest, which will be held August 28th & 29th this year.

Merchant Dues: If you have not paid your 2021 dues, please pay \$100 ASAP to Lynn Anderson or Tera Nordby at the American State Bank.

Merchant Scholarships: Two recipients will be chosen by the same committee from last year.

The next meeting will be held on Wednesday, August 18th, at the Grain Bin Café.

River of Dreams

The Grygla 4th grade class has been working on their "River of Dreams" unit for the past month. With the help from the International Water Institute, they have learned about watersheds, confluences, tributaries, headwaters, and so much more. Students learned where all of our water comes from and where it goes. Last week, they finished up their unit by launching the canoes they designed into the Mud River. The 5th graders joined in as they didn't get a chance to launch theirs last spring. The canoes were sent off with cheers and words of luck, with each one being registered online with tracking capabilities.

Photo courtesy of Grygla School



Fall Fest Cash Calendar

June 2021						
GRYGLA FALL FESTIVAL CALENDAR RAFFLE						
\$20.00 EACH / ONLY 500 CALENDARS SOLD / 30 CHANCES TO WIN						
LICENSE APPLIED FOR / GRYGLA CELEBRATION COMMITTEE						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NEED NOT BE PRESENT TO WIN	2 MUST BE 18 YEARS OLD TO PURCHASE A TICKET	3 \$250.00	4 \$50.00	5 \$50.00	6 \$100.00	7 \$100.00
8 \$150.00	9 \$50.00	10 \$50.00	11 \$100.00	12 \$50.00	13 \$50.00	14 \$200.00
15 \$50.00	16 \$50.00	17 \$250.00	18 \$50.00	19 \$50.00	20 \$50.00	21 \$100.00
22 \$200.00	23 \$50.00	24 \$50.00	25 \$100.00	26 \$50.00	27 \$50.00	28 \$200.00
29 \$150.00	30 \$50.00	31 \$50.00	32 \$250.00	33 WINNERS WILL BE CONTACTED VIA PHONE/EMAIL	34 WINNERS WILL BE THROWN BACK IN	35 GOOD LUCK & THANK YOU!
GRYGLA CELEBRATION CASH CALENDARS SOLD HERE						
**YOUR SUPPORT ASSURES THAT WE CAN CONTINUE TO HOST OUR ANNUAL GRYGLA FALL FESTIVAL. THANK YOU!						
**2021 ANNUAL GRYGLA FALL FEST WILL BE HELD SATURDAY, AUGUST 28TH - SUNDAY, AUGUST 29TH, 2021						

The Grygla Fall Festival is holding a Cash Calendar Raffle. Each calendar is being sold for \$20 with only 500 calendars being sold and 30 chances to win as all names go back into the drawing!

To purchase your Calendar Raffle, visit the following businesses: American State Bank, Farmer's Union, Grygla Coop, Diamonds, Grain Bin Café,

Yo-Hawn's, Goodridge Liquor Store, or get in touch with Grygla Celebration Committee members. Lindsay Oslund and Gretchen Smey are accepting Venmo and PayPal. If you need one mailed out, contact Jodi Schulz 218-294-6101 ext. 6961 or 218-689-1454. Please note the last date to purchase is Friday, May 28th.

• CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor TBA
Recorded services are still be available on-demand on the church website and will play on Garden Valley channel 36 on Wednesdays 7pm and Sundays 9am & 7pm. *gracelutherangrygla.weebly.com*
Wednesday, May 19
7/8 grade Confirmation from 4-5pm, led by Tausha Severt. **Sunday, May 23**
Grace: 9am Worship
OS: 10:30am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith Pastor Kristin Dahlen Ostercamp
Sunday services will be posted online on the Parish YouTube channel. They are re-broadcast on the GVTV Channel 36 on Wednesdays at 9am and 6:30pm.
Wednesday, May 19
7pm Baccalaureate
Sunday, May 23
10am Joint Community Worship at Veteran's Park in Goodridge

THE CATHOLIC COMMUNITIES OF St. Clement's - Grygla; St. Ann's - Goodridge

Fr. Adam Hamness Sundays:
St. Ann's: 10am Worship
St. Clement's: 11:45am Worship.
BETHESDA LUTHERAN CHURCH Skime
Pastor Steve Bliss Sundays
8am Worship, 11am Facebook Live Broadcast
LIBERTY CHAPEL Grygla
Congregation-Led Calendar/information not provided.

UNITED LUTHERAN PARISH Gatzke
Pastor Tim Lundeen Sundays
8:30am Worship with 9:45am SS.

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseeth Wednesday, May 19
7pm Ladies Aid
Saturdays
9am Worship at Mt. Olive
Sunday, May 23
St. Petri: 8am Worship
OP: 9:45am SS, 11am Worship
Nazareth: 9:45am Worship



The Grygla JCC's hosted a fun evening of softball last Wednesday night. A few people came out to the field and got in some playing time in the perfect spring weather. Photos by Grygla Eagle Newspaper



Ben Sundberg and Jaclyn Moe, both JCC members, each took a swing at last week's softball game. Photo by Grygla Eagle Newspaper

Freeze baseball drops three games

Written by: Ryan Bergeron, North Star News
The Grygla Eagle will be sharing these columns on the Freeze baseball team, courtesy

Community Calendar

Wed | May 19
Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; Goodridge High School Baccalaureate 7:30pm at the Community Center
Thurs | May 20
Grygla Headstart Graduation
Fri | May 21
No School in Grygla; Goodridge Senior Breakfast 7:30am; Senior Meals at Grain Bin Café 11am
Sat | May 22
Goodridge Graduation 2pm
Sun | May 23
Grygla Graduation 2pm
Mon | May 24
Senior Meals at Grain Bin Café 11am
Tues | May 25
Foot Care Clinic at Grygla Community Center 9am; Varsity Track Meet in WAO

U.S.P.S. No. 002330
Grygla Eagle
Serving Eastern Marshall & Northern Beltrami Counties
PUBLISHER - RICHARD D. RICHARDS
Karl Sundberg - EDITOR
Phone 294-6220
—SUBSCRIPTION RATES—
\$30 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses)
\$40 per year outside of the area
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The "Grygla Eagle" is published weekly by Richards Publishing Co., Inc., Box 159, Gonvick, MN 56644. Periodical postage paid at Grygla, MN 56727.
POSTMASTER: Send address changes to: Grygla Eagle, PO Box 17, Grygla, MN 56727.

Northern Lights fishing report

Written by Ben Kucera
On this week's report: wall-eye opener. This past week my controller for my trolling motor decided to stop working. Travis and I were going to try trolling the Thief River for opener, but with no trolling motor, that was out. I had to salvage something, so I called up my dad to use his boat since he was going to be at a graduation.
So the location was set; Blackduck Lake was the target. We headed out around 0530 from Thief River. We stopped at the truck stop in Brooks for breakfast and struck out. So the next stop was the bait shop in Gonvick. Lo & behold, we struck out there, as well.
We launched the boat, drove off the lift, at 0730 with high spirits, even though we didn't get breakfast, and a lot of boats on the lake. Our spirits were quickly shot down again. The reason we went to Blackduck was to use a trolling motor and my dad's trolling motor would not work for us. After monkeying around with it for a while, we figured the controller was bad. This is usually how my fishing trips go; it's always an adventure.
So we trolled with a 140hp trolling motor. All in all, it wasn't too bad. The weather was nice, and we caught fish; only 3 walleye and a few pike.....I caught the motor 3 times.
Lake of the Woods produced this past weekend, as well. Sounded like they were in shallow 10' or less and a jig and shiner worked well. This was for the whole lake.
Red Lake was the same way with fish being caught in 7' or less. The main set up was a jig and spot tail shiner. Now that fishing will be in full swing again I will try to be out more often and bring some more lake synopsis like last year. Travis and I want to try 15 new lakes this summer. We like to do a lot of casting. So far on the list is the Turtle River chain of lakes, Julia Lake, Spider Lake, Deep Lake, Dellwater Lake, and Lake Winnibigosh area.
Good luck fishing and stay safe.
Ben Kucera is the owner and creator of Northern Lights Tackle & Custom Rods. He is also a Marshall County Sheriff's Deputy residing in Grygla with his wife and children. Ben is an avid fisherman who will be writing and submitting a fishing report weekly. You can follow his Facebook page at Northern Lights Tackle and/or contact him at 218-684-0588.



For all your Aerial Spraying Needs
OSE AIRSPRAY
Evan Ose, Owner/Operator
330 Markley Ave. N. Office (218) 689-8098
Thief River Falls, MN 56701 oseairspray@mncable.net

Please respect the courts



The Grygla City Council would like to be able to keep the Grygla Courts open for everyone to use. If people aren't going to respect the area, the doors will be chained up for a week at a time. It is nice seeing people over there again having fun. Please don't ruin it for everyone. Photos courtesy of City of Grygla



Lessons

There will be the opportunity to have summer band lessons in Goodridge. Lessons will be Wednesday mornings from 8:00 am to 12:30 pm, beginning June 2nd and ending July 7th. The cost will be \$60 for six 30-minute lessons. Students will bring their instrument and meet in the music room. Please contact the Goodridge School.

Pine Cone Apartments
(Handicap Accessible)
1-2 Bedrooms
First month free
****with a 1-year lease**
Section 8 Accepted.
Located in Grygla, MN
Call Dave at 218-294-6266

COVID-19 VACCINE
When & Where was YOURS?
If your COVID-19 vaccine was received in another state or the VA Clinic, it may not be part of our area vaccine data.
PLEASE let us know to ensure accuracy for our local counties! Have your COVID-19 vaccination card ready and contact your local public health office below:
Pennington/Red Lake Counties: 218-681-0876
Kittson County: 218-843-3662
Marshall County: 218-745-5154
Roseau County: 218-463-3211
Still need to be vaccinated?
Call one of the offices listed above and they will assist you to find the earliest appointment.
Sponsored by: Quin County Community Health Service
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Newfolden, MN 56738
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Goodridge High School Senior Interviews

Starting last week, and continuing on this week and next, we'll be running interviews with the Goodridge & Grygla High School 2021 Graduates!



Name: Kyler Horgeshimer
Parents/Siblings: Casey, Matt, Dixie, Carter, Jersey, Jordan, Brecken
What has been the highlight of your high school years? Sports
Last thing you searched on Google: Student Vue
Who is the most influential person in your life, and why? My parents because they taught me everything.
Describe yourself in 3 words: Funny, kind, different
What's one outrageous thing you really want to try? Firehouse subs
You can bring 3 people from the Goodridge School on a cross-country road trip. Who's going and why? Ian, Riley, Viv
"The best lunch served at the Goodridge School is...": Soup
What comes next in this new chapter? Work



Name: Moses Jensen
Parents/Siblings: Don Jensen, Danette Jensen, Neil Jensen, Blake Jensen, Erik Jensen, Katrina Willington, Mary Lundenn, Dani Swanon, Felix Jensen
What has been the highlight of your high school years? N/A
Last thing you searched on Google: US Army
Who is the most influential person in your life, and why? Cynthia Jensen; she believed I could do great things in life.
Describe yourself in 3 words: Athletic and adventurous
What's one outrageous thing you really want to try? Jump out of airplanes
You can bring 3 people from the Goodridge School on a cross-country road trip. Who's going and why? Logan, Ian and Riley
"The best lunch served at the Goodridge School is...": Subs
What comes next in this new chapter? Going to the military for infantry



Name: Trinity Walseth
Parents/Siblings: Doug & Heidi Horachek; Corey, Adam, Tony, Kayla, Jordan, Shantel and Chase
What has been the highlight of your high school years? Anytime our whole class is laughing makes me happy.
Last thing you searched on Google: The menu for The Hive
Who is the most influential person in your life, and why? My sister Kayla. She has been faced with many challenges and each time it seems she's came out stronger. She's also one of the best moms I've ever met.
Describe yourself in 3 words: Outgoing, energetic and independent
What's one outrageous thing you really want to try? I want to go skydiving some day.
You can bring 3 people from the Goodridge School on a cross-country road trip. Who's going and why? Mr. Mick would be the tour guide because he's traveled a lot. Mrs. Olson just because I really enjoy her company. Mr. Loberg because he knows a lot about history and I would learn a lot.
"The best lunch served at the Goodridge School is...": Sub sandwiches and nachos
What comes next in this new chapter? I'm going to continue working and go to college in the fall.



Name: Kansas Jensen
Parents/Siblings: Erik & Kelsey Jensen, Kendra Jensen
What has been the highlight of your high school years? Buckling down on my work and taking more time for my mental health.
Last thing you searched on Google: Amazon
Who is the most influential person in your life, and why? My mom, she's always there for me and is a superhero to me.
Describe yourself in 3 words: Artistic, confident and trustworthy
What's one outrageous thing you really want to try? Bungee jumping
You can bring 3 people from the Goodridge School on a cross-country road trip. Who's going and why? Mr. Loberg because he was a history and geography teacher. Mrs. Hruby (Lacey) because she's everyone's school mom. Lastly, Mr. Mick because he's just always the life of the party.
"The best lunch served at the Goodridge School is...": Sub sandwiches
What comes next in this new chapter? Hopefully moving out of the state and pursuing my dreams, but everything is up to God's plan and what he has in store for me.

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Nudnik \Nood-nik\
Noun
A persistently dull, boring past.

• SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor

If you're looking for a low-carb substitute to crunchy nachos, try these **Loaded Bell Pepper Nachos**. The sweet and crisp bell pepper base is so colorful, nutritious and flavorful that you won't really be missing the nachos. Top them with salsa, guacamole, sour cream or any other toppings and you'll be making these on the regular!

6 bell peppers
1 lb. ground beef
1 packet taco seasoning
¾ cup canned black beans, rinsed/drained
¾ cup sweet yellow corn, thawed
1 jalapeno sliced, optional
½ to 1 cup shredded cheese

Instructions
Preheat the oven to 375°F. Coat a large baking sheet with nonstick oil or line with parchment paper. Use a small sharp knife to core the stem from the pepper. Then slice the pepper in half and then slice each half into 3 equal parts. Each pepper will create 6 "chips." Lay the bell pepper chips on the prepared baking sheet in a single layer with the insides facing

up.
In a large heated skillet, stir the ground beef until its cooked through and crumbled. Add the taco seasoning, along with 2/3 cup water and stir. Add the black beans, corn and jalapeños, if using. Mix until well combined and heated through.

Spoon the mixture over the bell pepper pieces. Sprinkle the cheese on top and bake until the cheese melts, about 10 minutes. Serve warm with your favorite toppings



• ONLY IN MINNESOTA

Minnesota has more bike trails than any other state in the country! From the nation's best urban trails in the Twin Cities to rural rail-trails through lush forest or wild prairie, Minnesota's 4,000+ miles of paved trails are a cyclist's dream. Many bike trails are along former railroad beds, offering secluded, scenic biking. Some of the longest paved trails include the Root River, Paul Bunyan and Central Lakes trails.

Minnesota is also home to an exceptional variety of mountain bike trails, many of which stay open for fat biking all winter long. From lift-served downhill trails in Duluth, to the legendary red dirt at Cuyuna, you'll find outstanding mountain bike trails across Minnesota.

A few suggested trails:
Heartland: There are lots of towns to explore on this 47-mile ride between Park Rapids to Cass Lake, through Walker. Dorset, an odd little oasis that has as many restaurants as houses, is a tourist destination. Nevis has shops, cafes and a city beach on Lake Belle Taine.

Akeley is the home of the state's biggest Paul Bunyan, on whose outstretched hand people pose for pictures. Just east of Akeley, the Paul Bunyan State Trail joins the Heartland, and they share the shady stretch to Walker, passing bogs and lakes.

On the west end of Walker, the trail goes under Minnesota 371, and a short spur deposits bicyclists in front of Chase on the Lake hotel and the municipal docks on Leech Lake. On the other side of downtown, there's a sand beach in City Park.

From Walker, the trail follows the western shore of Leech Lake and continues to Cass Lake, much of it near the highway but usually shielded by vegetation.

For more, see Towns of the Heartland Trail.

Mesabi: This is the most interesting trail in the state. Built only partly on old rail lines, it dips and climbs around

bogs and slag heaps, mine-pit lakes and natural lakes ringed by pines.

On the way, it passes most of the Iron Range's attractions. From the fairgrounds in Grand Rapids, there's a 75-mile stretch east to McKinley; the eight miles between Grand Rapids and Coleraine are very scenic.

The stretch between Virginia to Gilbert also is very scenic, going through rock cuts and on a trestle over slag rock.

There's a four-mile spur between Gilbert and Eveleth, and five miles between Biwabik and Giants Ridge Resort.

Paul Bunyan: This 123-mile trail winds through lake country between the Brainerd area and Bemidji.

The southern trailhead is Crow Wing State Park, six miles south of Baxter. The trail passes the remnants of a ghost town and follows the Mississippi River to Baxter, where the trailhead is off Minnesota 371 at Excelsior Road (parking is near Northland Arboretum).

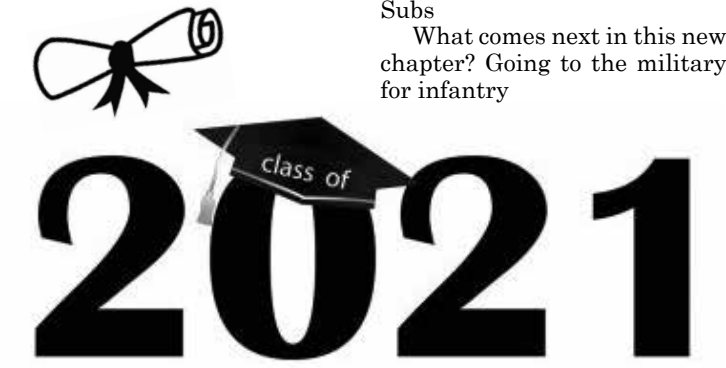
The 15 miles to Nisswa is the trail's quietest stretch. After Nisswa, the trail follows 371, separated by trees, until three miles north of Pequot Lakes, where it loses its tree cover until Backus.

The seven miles from Backus to Hackensack and the nine up-and-down miles through Chippewa National Forest, nicknamed "The Pyrenees" (there are grades of up to 8 percent), are very scenic.

On the north side of Minnesota 34, 2½ miles east of Akeley, the Bunyan joins the Heartland State Trail for the 7¼-mile ride to Walker.

From Walker, the Bunyan heads northwest to Bemidji. The 7½-mile stretch along the east edge of Lake Bemidji to Bemidji State Park is very scenic, crossing the Mississippi River as it leaves the lake and heads east.

It's also possible to continue around Lake Bemidji on quiet roads and city sidewalks. The whole loop is a very nice 17-mile ride.



Grygla High School Senior Interviews



Name: Hailey Knutson
Parents/Siblings: Tera and Gavin Nordby, Matt and Katie Knutson, Landon Nordby, Jordan Knutson, Tyler Knutson, Mauer Nordby
What has been the highlight of your high school years? Playing sports
Last thing you searched on Google: Italian noodle salad
Who is the most influential person in your life, and why? My parents because they have been there for me and they were the ones to teach me what is right and wrong.
Describe yourself in 3 words: Dramatic, talkative, energetic
What's one outrageous thing you really want to try? Skydiving
You can bring 3 people from the Grygla School on a cross-country road trip. Who's going and why? Chloe, Mya and Maddy because they are my closest friends and we always have a blast when we are together.
"The best lunch served at the Grygla School is...": Subs
What comes next in this new chapter? I plan on going to BSU for four years to get my bachelor's degree in exercise science. Then go two years in an athletic training program. I hope to live around that area and have a family.



Name: Mya Anderson
Parents/Siblings: Lindsay & Andy Oslund; Kevin & Christie Engelstad; Kinsley & Jens Oslund; Jeffrey Engelstad
What has been the highlight of your high school years? Playing volleyball
Last thing you searched on Google: Doc Martin Sandals
Who is the most influential person in your life, and why? My mom because she has always been there to lead me in the right direction. She has done so much for me my whole life and hasn't stopped working hard for our family.
Describe yourself in 3 words: Caring, dramatic, and fun
What's one outrageous thing you really want to try? White water rafting
You can bring 3 people from the Grygla School on a cross-country road trip. Who's going and why? Hailey, Chloe, & Maddy because they are my closest friends and it would be a lot of fun.
"The best lunch served at the Grygla School is...": Sub sandwich
What comes next in this new chapter? I am moving to Duluth this summer to attend the University of Minnesota Duluth where I will be studying Criminology.



Name: Jared Haack
Parents/Siblings: Tonia and Jeremy Haack, Matthew Haack
What has been the highlight of your high school years? Playing football
Last thing you searched on Google: How to type a senior thesis
Who is the most influential person in your life, and why? My grandfather because he pushes me to be the best I can be and has always believed in me and will never give up on me.
Describe yourself in 3 words: Funny, dangerous, and adventurous
What's one outrageous thing you really want to try? Bungee jumping
You can bring 3 people from the Grygla School on a cross-country road trip. Who's going and why? Levi, Jake and Eli because we would all have the same mentality. If we die, at least it will be a banger of a death and we would die together.
"The best lunch served at the Grygla School is...": Mac and Cheese
What comes next in this new chapter? Attending NDSU for Business Management and then going to work at a large corporation hopefully working up to a CEO or CFO position.



Name: Gabriel Arveson
Parents/Siblings: Darrin and Jennifer Arveson and Dane Arveson
What has been the highlight of your high school years? Sports
Last thing you searched on Google: Craigslist
Who is the most influential person in your life, and why? My parents, they have always been there for me.
Describe yourself in 3 words: Gorgeous, sexy and beautiful
What's one outrageous thing you really want to try? Skydiving
You can bring 3 people from the Grygla School on a cross-country road trip. Who's going and why? Jared, Levi, and Jake; I have been friends with them for a long time.
"The best lunch served at the Grygla School is...": Italian hoagie
What comes next in this new chapter? Going to college



Freeze baseball... Continued from page 2

highlighted by a 15-run second inning. The Freeze eventually fell via 10-run rule, 20-1, in five innings from Ada on May 6.

"Thursday and Friday we ran into very hot teams," Coach Donarski said. "... I'm guessing, to them, the ball was about the size of a watermelon, and they just hit all over the place on us where our guys weren't. They put up a lot of

runs." Before the 15-run second inning, the Cougars opened the scoring with three in the first. After the 15-run inning, the Freeze scored its lone run in the third before the Cougars scored two runs in the bottom of the inning to win by the final margin.
Parker Nelson took the pitching loss for the Freeze in this game.
Freeze 0, Eagles 23
Returning home, the Freeze would trail 11-0 before stepping to the plate for the first

time versus the Sacred Heart Eagles.
The team could not recover from this start, eventually falling via ten-run rule, 23-0, in five innings from Karlstad on May 7.
For the game, the Freeze surrendered 15 hits, walked eight, and hit four batters.
After that 11-run first inning, the Eagles scored one in the second, five in the third, and three in each the fourth and fifth innings.
Caleb Bray took the loss for the Freeze in two innings

of work, giving up 12 runs, six earned, on nine hits, two walks, and one hit batter, and striking out two.
The Freeze were held hitless by the Eagles in this game.
Asked about some positives he is seeing from this team, Coach Donarski pointed to his team's younger players.
"I'm starting to see some of the younger players starting to develop a little bit more," Coach Donarski said. "They're starting to be a little bit more active with the bat. The game is starting to catch up to them."





At the Varsity Track Meet in Thief River Falls last Saturday, Vivian Coan broke her school record in the shot put with a throw of 31' 2". She also broke the school record in the discus, with a throw of 95' 9.5". *Photos courtesy of Jason Grandstrand*



Ashlyn Nelson broke the school record in the 300 M Hurdles with a time of 52.68. on May 10th in Roseau!



This year has proven to be a team of record breakers for the Chargers Track Team! Congratulations to Caitlyn Jacobson, Hannah Wilebski, Ashlyn Nelson, and Kjerstin Nelson for breaking the school record in the 4x400 M relay, with a time of 4:40.87, at the May 10th Track Meet in Roseau.

Chargers Track Team breaks more school records

Varsity Track Results from May 10th in Roseau

Girls 100 M Dash
Caitlyn Jacobson-3rd Place
Girls 400 M Dash
Molly Cullen-2nd Place
Girls 800 M Run
Kjerstin Nelson-3rd Place
Girls 100 M Hurdles
Ashlyn Nelson-1st Place
Hannah Wilebski-4th Place
Girls 300 M Hurdles
Ashlyn Nelson-1st Place
(New School Record)
Hannah Wilebski-3rd Place
Girls 4x100 M Relay
3rd Place-Chelsie Nelson,
Molly Cullen, Kjerstin Nelson,
Caitlyn Jacobson
Girls 4x400 M Relay
4th Place-Ashlyn Nelson,
Hannah Wilebski, Kjerstin
Nelson, Caitlyn Jacobson (New
School Record)
Girls High Jump
Caitlyn Jacobson-4th Place
Girls Shot Put
Vivian Coan-2nd Place

Girls Discus
Vivian Coan-3rd Place
Boys 100 M Dash
Moses Jensen-4th Place
Kehan Nelson-8th Place
Boys 200 M Dash
Matt Busse-3rd Place
Boys 400 M Dash
Elliot Philipp-7th Place
Boys 800 M Run
Carson Rubischko-8th Place
Boys 110 M Hurdles
Lewis Jones-2nd Place
Boys 4x100 M Relay
3rd Place-Moses Jensen,
Kaylor Torgerson, Lewis Jones,
Kehan Nelson
Boys 4x200 M Relay
4th Place-Jordan Coan,
Matt Busse, Lewis Jones, El-
liot Philipp
Boys 4x400 M Relay
3rd Place-Carson Rubisch-
ko, Kaylor Torgerson, Moses
Jensen, Kehan Nelson
Boys 4x800 M Relay
4th Place-Carson Rubisch-
ko, Jolson Sargent, Jordan

Coan, Elliot Philipp
Boys High Jump
Moses Jensen-1st Place
Boys Long Jump
Matt Busse-7th Place
Boys Triple Jump
Lewis Jones-2nd Place
Kehan Nelson-7th Place
Boys Shot Put
Jolson Sargent-6th Place
Logan Knutson-8th Place
Boys Discus
Logan Knutson-5th Place
Jolson Sargent-7th Place

True North Conference Track Meet – Varsity – May 15th in TRF

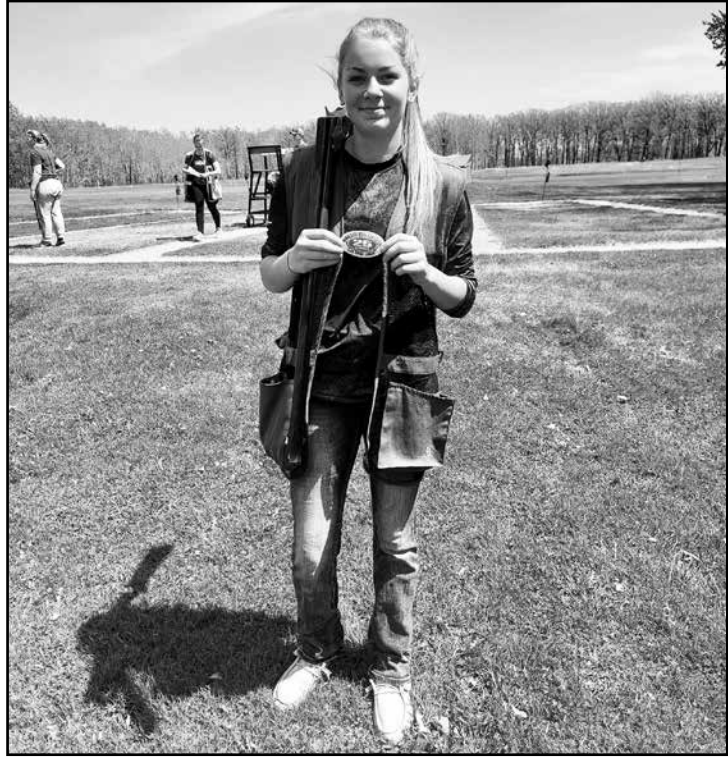
Girls 100 Meter Hurdles
12 Nelson, Ashlyn 8 Go-
odridge/Grygla 20.33 1
Girls 100 Meter Dash
12 Torgerson, Janessa 7 Go-
odridge/Grygla 14.18 1
19 Oslund, Kinsley 8 Go-
odridge/Grygla 15.40 3
Girls 4x100 Meter Relay
5 Goodridge/Grygla-Gatzke

‘A’ 56.77 4
Girls 400 Meter Dash
10 Cullen, Molly 9 Go-
odridge/Grygla 1:08.84
18 Oslund, Kinsley 8 Go-
odridge/Grygla 1:12.12
Girls 300 Meter Hurdles
6 Nelson, Ashlyn 8 Go-
odridge/Grygla 52.34 School
Record
14 Wilebski, Hannah 11 Go-
odridge/Grygla 59.27
Girls 800 Meter Run
6 Nelson, Kjerstin 11 Go-
odridge/Grygla 2:37.70
Girls 200 Meter Dash
11 Torgerson, Janessa 7 Go-
odridge/Grygla 30.77 1
Girls 4x400 Meter Relay
4 Goodridge/Grygla-Gatzke
‘A’ 4:44.17
Girls Discus Throw
2 Coan, Vivian 12 Go-
odridge/Grygla 95-09.50 School
Record
Girls Shot Put
2 Coan, Vivian 12 Go-
odridge/Grygla 31-02.00 School

Record
Girls Triple Jump
12 Nelson, Kjerstin 11 Go-
odridge/Grygla 23-02.50
13 Wilebski, Hannah 11 Go-
odridge/Grygla 23-00.25
Boys 100 Meter Dash
9 Nelson, Kehan 9 Go-
odridge/Grygla 12.58
11 Busse, Matthew 10 Go-
odridge/Grygla 13.08
Boys 4x200 Meter Relay
5 Goodridge/Grygla-Gatzke
‘A’ 1:48.18
Boys 4x100 Meter Relay
4 Goodridge/Grygla-Gatzke
‘A’ 50.80
Boys 400 Meter Dash
11 Coan, Jordan 11 Go-
odridge/Grygla 1:08.34
14 Arveson, Dane 10 Go-
odridge/Grygla 1:10.26
Boys 800 Meter Run
12 Coan, Jordan 11 Go-
odridge/Grygla 2:44.49
Boys 200 Meter Dash
9 Nelson, Kehan 9 Go-
odridge/Grygla 25.85

Boys Discus Throw
8 Coan, Jordan 11 Go-
odridge/Grygla 91-09.50
10 Knutson, Logan 12 Go-
odridge/Grygla 88-03
13 Arveson, Dane 10 Go-
odridge/Grygla 76-08
Boys Long Jump
5 Rychlock, Blake 9 Go-
odridge/Grygla 16-01.00
9 Phillip, Elliot 10 Go-
odridge/Grygla 15-10.00
10 Busse, Matthew 10 Go-
odridge/Grygla 15-03.00
Boys Shot Put
8 Sargent, Jolson 11 Go-
odridge/Grygla 35-01.00
8 Loken, Andrew 11 Go-
odridge/Grygla 35-01.00
12 Knutson, Logan 12 Go-
odridge/Grygla 31-00.00
Boys Triple Jump
5 Busse, Matthew 10 Go-
odridge/Grygla 32-01.50

Nelson shoots 25 straight for Chargers Trap Team



Congratulations to Chelsie Nelson, far left, who shot a 25 straight on Sunday, May 16th, for Chargers Trap. Also pictured, some action shots at the club, including Grygla Senior Gracie Lunsetter, center. *Photos courtesy of Kenny Lunsetter*

Thompson finishes in Top 2



Congratulations to Justin Thompson, a Grygla Junior, who plays on the Roseau Golf team, on his 2nd place finish at the Roseau Golf Invite.

• GRYGLA LIBRARY LINK

Written by Kari Sundberg, Grygla Librarian
Let's discuss a mystery novel this week. One I haven't read yet, but plan to within a couple of weeks. It's a Reese Witherspoon Book Club Selection, so of course it's on my list to read. I have it on order through the Grygla Library already and am counting down the days until it arrives. (HURRY! UGH!)

It's called *The Last Thing He Told Me* by Laura Dave.

"A gripping mystery about a woman who thinks she's found the love of her life—until he disappears."
Summary says: Before Owen Michaels disappears, he smuggles a note to his beloved wife of one year: **Protect her.** Despite her confusion and fear, Hannah Hall knows exactly to whom the note refers—Owen's sixteen-year-old daughter, Bailey. Bailey, who lost her mother tragically as a

child. Bailey, who wants absolutely nothing to do with her new stepmother.
As Hannah's increasingly desperate calls to Owen go unanswered, as the FBI arrests Owen's boss, as a US marshal and federal agents arrive at her Sausalito home unannounced, Hannah quickly realizes her husband isn't who he said he was. And that Bailey just may hold the key to figuring out Owen's true identity—and why he

really disappeared.
Hannah and Bailey set out to discover the truth. But as they start putting together the pieces of Owen's past, they soon realize they're also building a new future—one neither of them could have anticipated.
With its breakneck pacing, dizzying plot twists, and evocative family drama, *The Last Thing He Told Me* is a riveting mystery, certain to shock you with its final, heartbreaking

turn.
I haven't read a good "mystery" for awhile, but I have high hopes for this one. Doesn't it sound good!? Happy reading.



Spring JO Volleyball

This team of Grygla/Goodridge athletes had a Spring JO Volleyball tournament in Monticello over the weekend. L-R: Caitlyn Jacobson, Sadie Anderson, Carter Lee Johnsrud, Jorja Salo, Chesney Salo, Jennah Henrickson, Riley Saurdiff (also pictured setting below), Kylie Delage and Coach Ashlyn Henrickson. *Photos courtesy of Ruth Anderson*

