



|                                                                                                                          |                                                                                                                    |                                                                                                                       |                                                                                                                  |                                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| <br>Today<br>Partly Cloudy<br>H 87 L 67 | <br>Thurs<br>TStorms<br>H 76 L 55 | <br>Fri<br>Mostly Sunny<br>H 74 L 56 | <br>Sat<br>Showers<br>H 68 L 51 | <br>Sun<br>Scatt. Showers<br>H 69 L 52 |
|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|

Wednesday, June 17, 2020

WE'RE ONLINE [www.tricocanary.com](http://www.tricocanary.com)

Vol. 46 Number 51

In this issue ... Charger Summer Sports Programs rev back up - with restrictions - *see page 3.*



# Lunds upgrade Falls Cinema, creating an experience for its future customers

Both sides of Falls Cinema are looking quite different these days. The business, owned by Jeff Lund and his son, Daniel, is getting completely renovated on both sides of the theater, which will soon house luxury loungers...take a minute to appreciate how comfortable that sounds...

In addition to the new seating, bigger, wider, taller screens will be in place, along with new curtains and updates to the sound system.

The new luxury loungers, which recline and will have tables in front of them, will be installed on platforms. Jeff and

his friend, Parker Comstock, were busy drawing out the platform lines on the wall to start construction on that. Because of the size of this new seating, the capacity will go down a bit. One side will seat 67 while the other hits the 100 mark.

Based on COVID-19 guidelines, theaters are able to open this coming weekend with a limited capacity, however, with the renovations still underway, it'll be just a few more weeks until Falls Cinema opens its doors for business. The opening date right now is planned for Friday, July 24th, right in time to show the highly-anticipated

film, Mulan!

Lund says to expect a few new things offered by the theater - dinner and movie being one of those, for example. Occasionally, an area restaurant will cater a meal where guests will be able to reserve their spot and enjoy dinner and a movie. In fact, reserving seats for even the regular show times is now becoming an option for guests to do online.

Concessions remain on-site with about a dozen part-time workers employed.

Falls Cinema has been shut down since March, along with everywhere else. The Lunds

have used that time to their advantage by beginning the renovations. All the walls were re-insulated and sheet-rocked during that time, too.

"You know, we're just trying to give Thief River Falls and the surrounding area a really awesome movie theater. What we had before was good, but we want to make it great. We want to make it an EXPERIENCE," shared Jeff.

In addition to owning the theater, Jeff Lund works full-time with Garden Valley while his son Daniel is works for Sjobergs



Jeff Lund, pictured on the right, has his friend Parker Comstock helping out in the theater. Comstock is a union carpenter from Bemidji Local 1934.



Jeff says about eight people are working on the renovation at Falls Cinema, including these younger employees. L-R: Caleb Richardson, Noah Grove and Trian Petrescue were busy hauling out old seating.



Jeff and Parker were busy drawing out where the platforms would be built. The new luxury loungers are being made down in South Carolina and will be installed on the platforms. Photos by Grygla Eagle Newspaper

# 29th Annual Grygla Open

The 29th Annual Grygla Open is scheduled for Friday, July 12th, at Oakcrest Golf Course in Roseau. Registration begins at 8:15am with tee

off starting at 9am. 4-person scramble. \$40 buy-in. Must pre-register by calling Chris Aune at 218-684-4943. No meal will be served this year.

# CFAP food boxes coming to Grygla

CFAP (Covid Food Assistance Program) boxes are coming to Grygla on Monday, June 22, 2020. The truck will be in town at approximately 11:30am-12pm and will only be on site for one hour. The truck will be parked at the picnic shelter near the football field.

The boxes are FREE and available to ANYONE. There will be three different boxes available - 125 protein boxes (5# meatballs and sausage links), 50 dairy boxes (butter, cheese and milk, although not all items may be available in the June box), and a produce box. Anyone can get all three. These boxes will be distributed on a first-come, first-served basis. They'll be available on a monthly basis at least through December. You'll be informed of the distribution dates. Any changes to this schedule will be announced.

There is nothing to sign or no paperwork to fill out. Just come and pick up your boxes. If you can't come at this time, have a friend or neighbor pick up your boxes for you.

The CFAP Boxes are part of the USDA's Farmers to Families Food Box Program. The USDA is working to support farmers, ranchers and producers to ensure their products are being utilized and helping to keep them afloat. At the same time, these products are going to people, instead of being slaughtered, dumped out or wasted. (There was an article on the CFAP program in the May 27th issue of the Grygla Eagle)

The boxes are being delivered through the North Country Food Bank in East Grand Forks as they have the freezer/refrigeration storage capacity to handle the all the boxes and the trucks for delivery.

Although the boxes are free, there is a delivery charge involved for Grygla to be able to participate. The Grygla-Gatzke Food Shelf received a grant from Roseau Electric through their Operation Round-Up Program that allowed this program to be funded.

# Grygla City Council approves May Minutes

The June meeting of the City Council was held at the Grygla Civic Building on Monday, June 8th. Council members approved the May minutes, which are included below. Official minutes are taken by Grygla City Clerk and recapped by Eagle Editor. For the full version, including receipts & disbursements, visit [www.grygla.govoffice2.com](http://www.grygla.govoffice2.com)

May 20th Minutes of the Regular Meeting of the Grygla City Council

The meeting was called to order, at 7:00 p.m. by Mayor Mosher with the following council members present: Bob Thompson, Gavin Nordby and David Dunrud. Absent: Lindsay Oslund. Also present were Rick Neuschwander and Rose Aune.

Council approved minutes, along with receipts, disbursements, checking, savings & total balances for that month. The payment of all bills was also approved. Other items included:

**LAND LEASE BIDS**  
Written bids were received for the 46.57 acres west of the softball field for 3 years. Rick Neuschwander's bid was \$25/acre. Council refused that offer. After negotiations, he agreed to \$45/acre.

**WATER SALESMAN (BULK WATER FILL STATION)**

Rocky has been working on getting the Water Salesman set up. Flowpoint employees were supposed to help with the installation. Due to the pandemic, they aren't allowed to cross the Canadian border to help with that. He has bypassed the system so farmers are allowed to fill the old way for right now.

**WATER TOWER**  
Rose is working on the RD Apply Grant application with USDA & Moore Engineering.

**CITY PICKUP**  
There is nothing new to report at this time.

**COMMUNITY CENTER**  
Sheila Olson stated that once the CC is able to be opened up again for public use, she won't be doing the cleaning there this summer, due to health concerns for her family.

**PLAYGROUND**

**EQUIPMENT**  
Oslund is to contact MN/WI Playground to see if she can lock in a price on the playground equipment, if we're not able to get it installed this summer.

**MARBEL HOMES**  
There was nothing new to report at this time.

**CLERK'S CONFERENCE**  
Rose was not able to attend the clerk's conference, due to the board cancelling the event due to the pandemic. The MC-FOA board voted to allow the cities to get their full registration fee refunded.

**SAFETY & LOSS MEETING**  
Safety & Loss meeting was cancelled and registration fee was refunded.

**ON SALE LIQUOR LICENSE FEES**  
Thompson made a motion, seconded by Dunrud, to give a discount on the second half of the liquor license prorated out by how many months they were not able to be open due to the pandemic. Motion carried unanimously.

With the establishments being able to open June 1st for outdoor dining, the city will be working on trying to help with set up. Thompson will check with the FF committee about allowing them to share use of the picnic tables.

**EXTRA MEETINGS**  
No extra meetings this month.

May 28th Minutes of the Special Meeting of the Grygla City Council

The special meeting of the City Council was held at the Grygla Civic Building at 3:00 pm. The meeting was called to order, at 3:00 p.m. by Mayor Mosher with the following council members present: Lindsay Oslund (phone) and Gavin Nordby. Absent: Robert Thompson and Dave Dunrud. Also present: Rose Aune.

**TEMPORARY OUTDOOR DINING AREA**

Nordby made a motion, seconded by Oslund to approve the Temporary Outdoor Dining Area Resolution. Motion was carried unanimously.

CHURCH CALENDARS

**GRYGLA LUTHERAN PARISH**  
Grace and Our Savior's, Grygla  
**Pastor Ken Bowman**  
Grace Lutheran is going to start having in-person worship on Wednesday, June 17th, at 7pm. For the time being, Worship will be each Wednesday evening. During that time, Pastor Ken will be recording the video service that will continue to air on GV channel 36 at 9am Sunday and 7pm Sunday, as well as be posted on the Grace Lutheran website.  
People who attend the worship service are asked to wear masks out of care and concern for each other. Physical distancing will be in effect, and safety precautions will be in place. Please do not attend if you are feeling sick, showing symptoms of being sick, or if you have been in contact with someone who is sick.  
For those in attendance on July 1st, there will be a congregational vote on the call committee for a pastor.

**UNITED LUTHERAN PARISH Gatzke**  
8:30am Worship in church

**GOODRIDGE AREA LUTHERAN PARISH, ELCA**  
Bethany, Ekelund, Faith  
**Pastor Kristin Dahlen Ostercamp**  
No services in church at this time, still Facebook Live

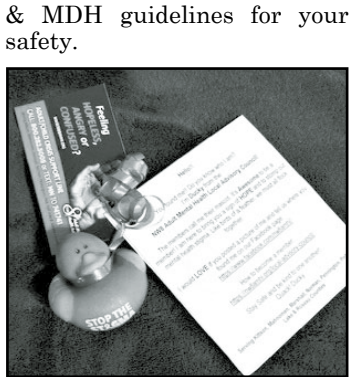
**THE CATHOLIC COMMUNITIES OF**  
St. Clement's - Grygla; St. Ann's - Goodridge  
Fr. Adam Hamness  
**Sundays:**  
St. Clement's: 11:45am Worship in church  
St. Ann's: 10am Worship in church  
**BETHESDA LUTHERAN CHURCH Skime**  
**Pastor Steve Bliss**  
**Sundays:**  
9:30am Worship w/ 11am Facebook Live Broadcast  
**LIBERTY CHAPEL Grygla**  
**Congregation-Led**  
Calendar/information not available at this time.

**CLEARWATER LUTHERAN PARISH**  
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee  
**Pastor Jeff Merseth**  
No services until further notice. Services and past sermons can be found at [www.facebook.com/clearwaterlutheranparish](http://www.facebook.com/clearwaterlutheranparish)

As churches begin to hold in-house worship again, please email/call with your updated church calendars, schedules and plans.

Duckies coming to town

Be on the lookout for duckies coming to your community! The NW8 Adult Mental Health Local Advisory Council will be placing duckies throughout the entire region in the next few weeks. We hope if you find one, you will take a selfie with it, tell us where you found it and post it to our Facebook page NW8AMHI. Please know we are taking all the proper precautions as we assemble the duckies and are following CDC



Feeling Fit and Fine

North Valley Public Health is once again offering the free Feeling Fit and Fine program to kids ages 3-12 in Marshall County during the month of July. There will be different themed activity weeks and all the exchanges will be contactless due to COVID-19. You must preregister your child using one of the following:

Email: [northvalleypublichealth@gmail.com](mailto:northvalleypublichealth@gmail.com) or follow the link: <https://www.surveymonkey.com/r/NMWS399> or call our office at 218-745-5154.  
Stay active, eat healthy, be safe and HAVE FUN earning prizes this summer!

Senior Meals in Grygla

Senior meals have started back up again inside the Grain Bin Café in Grygla. The meals are served every Monday, Wednesday and Friday from 11am-1:30pm. Due to COVID-19 restrictions, the café

is open at 50% capacity. The Grain Bin Café has been doing takeout meals for senior citizens all along, but now they can come in, sit down and eat. Card playing/games will not be held at this time.

GRYGLA LIBRARY LINK

Written by Kari Sundberg, Grygla Librarian  
**Reading program and re-open date**  
Alright, guys! We've got some information to share with you. The library will continue with its curbside pick-up this week, but come next week, we are OPEN for business as usual again! Every Wednesday from 2-6pm. Due to policy, we are required to put up a plexiglass shield on the counter, so just a heads up on that. We'll also be taking all standard, necessary precautions like

wiping down computers, counters, etc. We discussed a lot of things in our meeting last week, but I'll spare you from all those "behind-the-scenes" conversations as I'm sure you're aware of all the COVID-19 precautions businesses are taking right now to keep everyone safe. We are not requiring masks to be worn in Grygla, but definitely wear one if that's what you choose to do. And if you don't feel comfortable coming

**Library Link...**  
Continued on page 3

**Introducing...**

**American State Bank of Grygla** would like to introduce our newest employee, **Brenna Dallager**. Brenna started June 8<sup>th</sup> as a Teller. Brenna lives in rural Goodridge and coaches within the Chargers Volleyball program as well.

She shared, *"I am excited to get to know more people in the community and work in a new environment closer to home!"*

**ASB** AMERICAN STATE BANK

**FDIC**

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Grygla, MN 56727-0078  
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FAX (218) 294-6239

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Erskine, MN 56535  
(218) 687-2865 • TOLL FREE (800) 434-7721  
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LENDER

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**Pine Cone Apartments**  
(Handicap Accessible)

**1-2 Bedrooms**  
**First month free**  
**\*\*with a 1-year lease**  
**Section 8 Accepted.**  
**Located in Grygla, MN**  
**Call Dave at 218-294-6266**

**Help Wanted:** The Marshall County Sheriff's Office is accepting applications for 1 full time **Dispatcher/ Jailer/ 911 Operator Position**. Must have a high school diploma or equivalent. Experience is preferred but not necessary. This position includes working rotating shifts, weekends & holidays. Must have good people skills, self motivated, computer skills, get along well with the public and co-workers and be able to handle high stress situations. Starting pay is \$20.36/hr. (2020). Marshall County also has a benefit package. **Application deadline is June 25, 2020.** Applications may be picked up at the Marshall County Sheriff's Office, 208 E. Colvin Ave. Ste #1, Warren, MN 56762 or print out an application off the Marshall County website at [www.co.marshall.mn.us](http://www.co.marshall.mn.us) "Marshall County is an equal opportunity employer"

**Management Position Available**

Northwest Community Action Head Start has an opening available on our leadership team for an **Early Childhood Development Services Manager**. This position exists to provide overall planning and supervision of Child Development Services in accordance with the Head Start Performance Standards. This person will be responsible for reviewing weekly lesson plans to ensure that they reflect an understanding of the curriculum, cultural awareness, individualization, and coordination with other service areas. Candidates must possess a minimum of a Baccalaureate degree in Early Childhood Education or a related degree with the equivalent coursework in Early Childhood education with early education teaching experience. This position is a 12 month full-time permanent position with benefits based out of our central office in Badger, MN. For more information or to apply, contact Sharon Millner, Interim Director at 218-528-3227 or [smillner@nwcaa.org](mailto:smillner@nwcaa.org). Deadline to apply for this position is June 19, 2020. We are an Equal Opportunity Employer.

Swimming lessons offered in Fosston

FYI parents of students K-6, the Fosston pool is offering 2 swimming lessons sessions for those of you interested. This is not run through the school, parents would have to contact the Fosston Civic Center directly, as well as provide their own transportation. The first session began this week, but there is another session running July 13th-August 6th. All times are Monday through Thursday. Participants are asked to come to the Civic Center wearing their swimsuits, towel and goggles. The pool will not furnish any items this year. The pool is

not open for open swim in the evenings. Lessons will be on a rating of 8:2 per group. Cost is \$60 per child.

Also offered are private lessons individually for students. Dates/times can be scheduled between the parent and Civic Center.

For more information please contact Karen at that Fosston Civic Center. 218-435-6434 or [civiccen@gvvtel.com](mailto:civiccen@gvvtel.com)

U.S.P.S. No. 002330  
**Grygla Eagle**

**Serving Eastern Marshall & Northern Beltrami Counties**

PUBLISHER - RICHARD D. RICHARDS  
Karl Sundberg - EDITOR  
**Phone 294-6220**

—SUBSCRIPTION RATES—  
\$30 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses)  
\$40 per year outside of the area

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**POSTMASTER:** Send address changes to: Grygla Eagle, PO Box 17, Grygla, MN 56727.

**Ditch Meeting**  
Monday, June 29th  
At the Grygla Community Center - note location change  
9:30am for JD11  
10am for JD21

**JOHNSON FUNERAL SERVICE, INC.**  
Thief River Falls • 218-681-4331  
Red Lake Falls • 218-253-2128  
Oklee • 218-796-5177

**Funeral Pre-planning Monuments**  
[www.johnsonfuneralservice.com](http://www.johnsonfuneralservice.com)

**kids' corner**

**FOOD FACT**

THIS ANCIENT PEOPLE MAY HAVE BEEN RESPONSIBLE FOR CREATING THE FIRST CANDIES, WHICH WERE MADE FROM HONEY AND NUTS.

ANSWERS: EGYPTIANS

**How they SAY that in...**

**ENGLISH:** Sugar  
**SPANISH:** Azúcar  
**ITALIAN:** Zucchero  
**FRENCH:** Sucre  
**GERMAN:** Zucker

Northern Lights fishing report

Written by Ben Kucera  
I finally have my boat fully operational. With the bad weather earlier in the week, we decided to fish the Thief River. Usually in times of high water, the walleye fishing can be really good up by the golf course. This time, unfortunately, it was running too fast and we only caught 1 pike. That was last Thursday; we drove by again on Sunday and there were numerous people fishing from the pier on 8th St. The water had gone down considerably. If you want to try catching a few walleyes on the river, troll with a bottom bouncer and a gold or gold/pink spinner.

Saturday I turned my attention to Lake of the Woods. Originally, my wife wanted to catch sturgeon in the Rainy, but legally they are closed until July and cannot be targeted. So we went out of the Warroad access.

Upon launching the boat at 0715 hours, the wind was blowing 15mph out of the east. We set up right away in 11' of water off the blinker and began drifting. The drift was about 1mph and each reset we went shallower to try find the walleye.

We caught numerous sauger, 2 jumbo perch, 3 small pike and 3 walleye. 2 of the walleye were beauties - 1 at 28" the other at 24". All the walleye were caught in 6-7 feet of water. The sauger were in 10'-16' of water. Over all, the best bait was a new jig I just came out with and was testing them for the first time. The best was a 3/8 Finesse glow-in-the-dark white jig that caught numerous sauger.

Christina used my new 3/8 tungsten Stand-Up jig in gold/glow pink with glow eyes. The glow pink and white did good on the walleye, as well. My new Shiner jig in orange crawfish did well with the perch and a few sauger.

I will be having a sale on these jigs the Finesse and Shiner jigs 4/\$1. The tungsten

Stand-Up jigs will be \$1.25 apiece.

The fishing report for around the area has been all over the board because of the weather and wind. Blackduck Lake was slow with a few nice ones being caught. They are still slip bobbering them in about 8' of water in the evenings. Most of the deep lakes that have bass and panfish should be up on the edges now and the trout fishing should start to pick up again. Red Lake is still going good when the wind cooperates.

Now after the winds die down, try to fish the windward side, where the waves were breaking on shore. After all the wind, a lot of baitfish will have been pushed into these areas with the walleye following them.

This next week will be full of fishing with the next report coming live from the Big Lake. Stay tuned.

Ben Kucera is the owner and creator of Northern Lights Tackle & Custom Rods. He is also a Marshall County Sheriff's Deputy residing in Grygla with his wife and children. Ben is an avid fisherman who will be writing and submitting a fishing report weekly. You can follow his Facebook page at Northern Lights Tackle and/or contact him at 218-684-0588.



**Crossword Puzzle**

THIS DAY IN...  
**HISTORY**

• 1215: KING JOHN OF ENGLAND PUTS HIS SEAL TO MAGNA CARTA.  
• 1921: BESSIE COLEMAN BECOMES THE FIRST FEMALE PILOT OF AFRICAN-AMERICAN DESCENT.  
• 2012: NIK WALLENDEN BECOMES THE FIRST PERSON TO TIGHTROPE WALK DIRECTLY OVER NIAGARA FALLS.

**New word**

**PULL**  
to stretch certain types of candies

ANSWERS:  
Across: 1. Sugared 5. Afar 6. Trees 7. Hot 8. Candies  
Down: 1. Sweets 2. Glycerin 3. Reads 4. Treats

**Did you know?**

CAKE POPS ARE A COMBINATION OF MOIST CAKE DIPPED INTO A CANDY OR CHOCOLATE COATING.

**GET THE PICTURE?**

Can you guess what the bigger picture is?

ANSWER: SWEET AND SOUR CANDY

Only in Minnesota: a weekly feature in the Eagle

Take Minnesota's quilt barn trail for an unexpectedly awesome day trip

Here in Minnesota, there's something fun to do for just about everyone. No matter what your interests, you'll find a park or store or museum devoted to it. If you're really lucky, you'll even find off-the-beaten-track attractions related to your interest. That certainly holds true for Minnesota's crafters and quilters. Not only is the state home to many quilt shops and craft stores,

but it's also home to a beautiful countryside quilt barn trail that is well worth the drive.

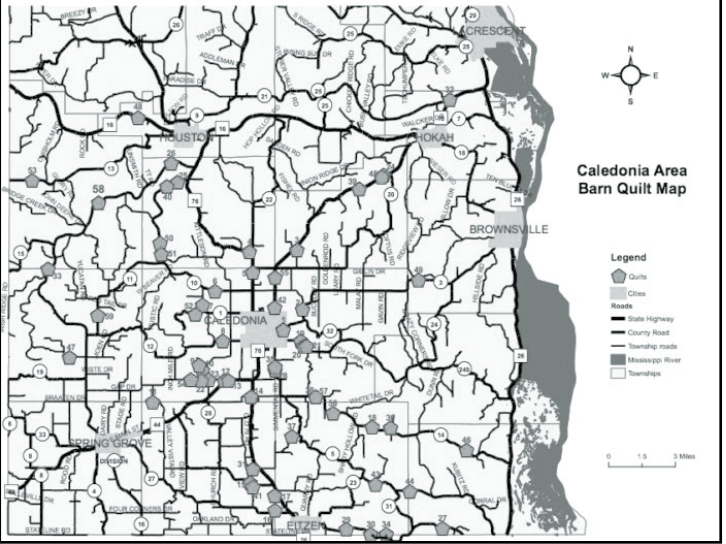
Caledonia is a small town of just under 3,000 people. You'll find it in the southeastern corner of the state. While Caledonia is tiny, it does have a few claims to fame. This rural farm community touts itself as the Wild Turkey Capital of Minnesota. It is also the Heart of Quilt Country. That will quickly become evident with a drive through the Caledonia countryside.

This little town plays host to almost 60 quilt barns! There are 59, to be exact. Because there are so many quilt barns, the quilts has been divided into three different routes.

Loop 1 is the shortest route. Crossing through 10 miles of rural Caledonia, there are 10 quilt barns on display. Loop 2 is the longest route. It consists of 20 quilts over 20 miles. The colorful patterns look just like real quilts, and they're absolutely beautiful. Finally, Loop 3 is a 15-mile drive that will give

you up-close looks at 14 more quilts. But that only covers 44 quilts. If you keep driving through the countryside, you're sure to spot more that aren't on official routes.

This lovely quilt barn trail is a wonderful way to see the lesser known Minnesota countryside. You may walk away with a new appreciation for art and agriculture of small communities across the state.



Word of the Week  
...enhancing vocabularies  
one Grygla Eagle at a time.

Panivorous

Adjective

Subsisting on bread; bread-eating.

\Pa-niv-er-uhs\



Library Link... Continued from page 2

ing inside, let me know and I'm happy to bring your books outside, curbside.

Moving on – we've gotten a couple of "Walking Workshops" set up in Grygla. I have two separate ones scheduled. Jen Anfinson Studio has come to NWRL before to host different workshops. Well, since she can't visit the library and host an in-person program for us, she is assembling Walking Workshops. You walk in and walk out with everything you need to create a project. These workshop kits go along with a live class on Facebook and a video on the project. The two I've requested right now are for leather bracelets and macramé. I will keep you posted when these kits arrive in! It looks like it'll be about 15 kits per project. They'd be available on a first-come, first-served basis.

sis. Lastly, let's discuss the Summer Reading Program. It's going to run in July and August this year. Plans are just about finalized, but as you know, it's going to look a little different this year with no in-house programs to offer like we usually do. BUMMER. BUT....I have some other fun and unique ideas up my sleeve to interest the kids! AND we have lots of fun virtual programs being hosted via Facebook live on our NWRL Legacy page so make sure to go give them a "like" to get in on the fun!

Watch in the next week or two for more information on this year's program for the kids. The prizes are a little different this year, too, and I think you're going to be excited! Four separate \$50 gift certificates to Salo Signs! Four lucky winners will get to pick out some fun Charger wear right in time for school to start! STAY TUNED!



Examples of the Walking Workshop kits coming soon to the Grygla Library!



**SO SIMPLY DELICIOUS**  
*Written and made by Kari Sundberg, Eagle Editor*  
**Bread recipe**  
To go along with the "Word of the Week," I decided to share my favorite recipe for Beer Bread. This is such an easy thing to whip up quick, along with a tasty dip. It's perfect for when you need an app and don't have a lot of time or ingredients to make one.  
Just mix together: ½ cup sugar, 3 tsp. baking powder, 1 tsp. salt, 3 cups flour and 1 can of beer. Put that in a greased bread pan. Melt ¼ to ½ cup butter and pour over the top. Bake at 350 degrees for 55 minutes.  
It seems like a lot of butter on top, but it ends up being perfect, creating a really

yummy, crumbly top.

I love to eat beer bread with a red pepper hummus or spinach dip. The options are endless. Sometimes I just mix bacon bits, cream cheese and a ranch packet together, too. SO EASY and SO TASTY.

VERY PANIVOROUS. (I wonder if I used that word right....)

Charger summer sports programs begin

On June 10th, Governor Walz moved Minnesota into Phase 3 of his COVID-19 Plan. This provides us with more flexibility in offering summer sports and activities to our Charger students and athletes. At this time there are no games or scrimmages allowed for medium or high risk sports (basketball, baseball, volleyball, and football) due to the Governor's order, but we are able to have small group team practices as long as we follow guidelines by the State of Minnesota.

All of our coaches have created COVID-19 safety plans for their sport or activity, along with a tentative summer schedule (please keep in mind that everything is still changing quite rapidly as this is still a fluid situation). COVID-19 plans and tentative schedules will be available at your son/daughter's first practice.

Here is the breakdown of what is being offered this summer:

**Summer Rec Baseball**  
First practice will be in Grygla on Tuesday, June 16th. Practice times are split into groups: 2nd graders going into 3rd grade-4th graders (Small Fries) will practice at 9am-10am. 5th-9th graders (Pee-wees and Midgets) will practice at 10:15-11:15am. There will be no transportation offered by the schools; athletes will need their own transportation to practice. There will be a mandatory parent meeting during your son/daughters first practice with Coach Grandstrand. Fee for summer rec baseball is \$35 including a t-shirt or just \$10 for the fee with no shirt. This should be paid at the first practice.

**Volleyball**  
First practice is on Monday, June 15th, from 4:30-6:15pm in Grygla. Practices are for girls in 7th-12th grade. Girls are di-

vided into 3 groups. Groups 1 and 2 will meet on Mondays in Grygla and Thursdays in Goodridge from 4:30pm-6:15pm. Group 3 (younger athletes) will meet once a week on Mondays outside at the sand courts (pending weather). Group 3 will alternate each week between Goodridge and Grygla.

**Girls Basketball**  
Practices will be for grades 9-12. The girls will be in Grygla on Mondays from 6:30-8:00pm and in Goodridge on Thursdays from 6:30-8:00pm.

**Boys Basketball**  
Practices will be for grades 9-12. The boys will be in Goodridge on Tuesdays from 6:00-7:30pm and in Grygla on Wednesdays from 6:00-7:30pm.

**Football**  
There was a 9-12 grade football meeting on Monday night, June 15th, at the Grygla football field. Coach Wilebski handed out summer workouts and talked about expectations for the players. Coach Wilebski is tentatively planning a mini football camp for 9-12 players later in July, if possible.

**Grygla Accel/Weight Room**  
Monday-Thursday, beginning June 15th through July 30th or August 6th. Time will be 7-9am for grades 7-12. Cost \$50/student. Coordinator: Brady Olson.

**Goodridge Weight Room**  
Monday-Thursday, beginning June 15th through July 30th or August 6th. Time will be 7-9am for grades 7-12. Cost \$50/student. Coordinator: Katelyn Tharaldson.

**Letter from the school**  
First and foremost, we hope that you and your loved ones are safe and healthy. We have received questions from the community about if and how COVID-19 will change this year's athletic season. We know this outbreak has been stressful to many and recog-

nize that exercising and participating in activities like sports can be a healthy way to cope with stress and connect with our community. After careful thought and planning, we are excited to let you know that we plan to resume summer youth sports and high school activities while following CDC, MDH, and MSHSL considerations to protect players, families, and our community.

There will be no games or scrimmages as this time, we are just going to practice with our own team. This is due to the Governor's order. We will inform athletes and parents when and if we are able to have games and scrimmages this summer. In order for us to have games and scrimmages it would take Governor Walz to further open things up in Minnesota.

The health and safety of our athletes, staff, and volunteers remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible while also allowing our athletes to play.

- We are:
- Intensifying cleaning, disinfection, and ventilation within our facilities and premises by cleaning and disinfecting frequently touched surfaces on the field, court, or play surface between use.
  - Reducing physical closeness or contact between players when possible by allowing players to focus on building individual skills, keeping athletes in small groups (no more than 10 inside and 25 outside), and practicing social distancing.
  - Postponing travel outside of our community by just practicing in our communities, until we enter Phase 4 of the Governor's COVID-19 plan.
  - Requesting that parents

do not attend practices.

• Limiting the sharing of equipment to minimize the need to share. We encourage players to bring their own equipment.

Anyone who is sick or has been in contact with someone who has COVID-19— including players, family members, coaches, staff and spectators — should not attend practices or games. Be on the lookout for symptoms of COVID-19, which include fever, cough, or shortness of breath. Call your doctor if you think you or a family member is sick.

If someone does get sick during practice, we have plans in place to isolate and transport that person to their home or healthcare facility. If you have a specific question about this plan or COVID-19, please contact Jamie Lunsetter or Tom Loberg for more information. You can also find more information about COVID-19 at [www.cdc.gov](http://www.cdc.gov).

Thank you and stay healthy,  
Jamie Lunsetter/Tom Loberg, Goodridge-Grygla Chargers Athletic Directors

Deadline approaching to complete enrollment for 2020 ARC/PLC

Agricultural producers who have not yet enrolled in the Agriculture Risk Coverage (ARC) or Price Loss Coverage (PLC) programs for 2020 must do so by June 30. Although program elections for the 2020 crop year remain the same as elections made for 2019, all producers need to contact their local USDA Farm Service Agency (FSA) office to sign a 2020 enrollment contract.

"The Agriculture Risk Coverage and Price Loss Coverage programs are critical safety-net programs for farmers, helping producers weather

market distortions resulting from natural disasters, trade disruptions and, this year, a pandemic," said FSA Administrator Richard Fordyce. "Contact your FSA county office today to complete enrollment before June 30. This can be done in concert with filing your acreage report and applying for other FSA programs."

To date, more than 1.4 million ARC and PLC contracts have been signed for the 2020 crop year. This represents 89 percent of expected enrollment. FSA will send reminder postcards to producers who,

according to agency records, have not yet submitted signed contracts for ARC or PLC for the 2020 crop year.

Producers who do not complete enrollment by close of business local time on Tuesday, June 30, will not be enrolled in ARC or PLC for the 2020 crop year and will be ineligible to receive a payment should one trigger for an eligible crop.

ARC and PLC contracts can

ARC/PLC deadline... Continued on back

# Annals for Pollinators

*Written and submitted by Joni Anderson, Co-Leader of the Grygla Garden Club*

(From the University of Minnesota website.) Bees are important for our natural world. Planting perennials that attract them is wonderful. Planting annuals that are beneficial to bees are equally as wonderful. This article includes varieties of annuals that bees love.

- Quick facts**
  - These nine flowers attracted the most pollinators in a study of more than 30 annual flower varieties.
  - Annual flowers are not hardy in Minnesota and must be replanted each year.
  - Annual flowers provide color and interest in a landscape and are some of the easiest plants to grow.
  - Pollinators are attracted to these flowers because of their bright colors and ease of finding nectar and pollen.

If you want to attract pollinators think about adding these flowers into your garden, containers and raised beds.

**Best varieties of annual flowers to attract pollinators**



**Music Box Mix sunflower (Helianthus annuus 'Music Box Mix')**

A dwarf sunflower that performs well in containers as well as garden beds. Multi-branching and continuous 4-5 inch blooms till frost. Flower color varies from creamy to bright yellow to deep gold and red bicolor. Very popular with all pollinators, especially honey and bumblebees. Size: 4-5 feet high, 2-3 feet wide. Direct seed in full sun.



**Lemon Queen sunflower (Helianthus annuus 'Lemon Queen')**

Large sunflower that will tower overhead. An heirloom variety that is very popular with bees of all kinds. Bright, clear yellow 10-inch flowers. Leave the spent flower heads hanging for fall and winter birdseed. Plants can grow to 7-8 feet tall, 2 feet wide. Full sun. Direct seed. Will re-seed.



**Summer Pink Jewel Salvia (Salvia coccinea 'Summer Jewel Pink')**

Graceful pink and white blooms that are favorites of bumblebees. Irregular sage-like flowers with anthers that protrude, making it easy for bees to access pollen and nectar. Grows to 18-22 inches high, 12-18 inches wide. Full sun. Start seeds in well-drained media. Remove spent blooms for continual flowering. Will re-seed.



**Purple Fairy Tale Salvia (Salvia verticillata 'Purple Fairy Tale')**

Lavender to deep purple flowers encircle each stem. Very popular with honey and bumblebees. Grows 12-15 inches high, 12 inches wide. Full sun. Direct sow or start seeds indoors in well-drained soil. Remove spent blooms to promote continual flowering. Will re-seed.



**Orange Fudge Black-eyed Susan (Rudbeckia hirta 'Orange Fudge')**

Insects love this delightful and colorful plant. Expect many blossoms on a single plant and continuous bloom. Grows to 24 inches high, 18 inches wide in full sun. Direct sow or start seeds indoors. Slow to germinate, but like the purple salvia, worth the wait. Will re-seed.



**Prairie Sun Black-eyed Susan (Rudbeckia hirta 'Prairie Sun')**

Deep gold and yellow flowers with consistent coloring and form. This plant blooms all summer long. Large 3-4 inch flowers and an upright form make this a great plant to mix with other flowers and edibles. Grows to 24 inches high and 12-18 inches wide in full sun. Start indoors or direct sow. Will re-seed.



**Showstar Butter Daisy (Melampodium paludosum 'Showstar')**

A prolific bloomer. The small golden flowers may be small, but the plant grows to 24 inches high and 24 inches wide. The form is rounded, making this plant great for masses, borders, backdrops, and all-around excellent summer-long interest. Full sun. Start seeds indoors.



**Dakota Gold Sneezeweed (Helenium amarum 'Dakota Gold')**

The smallest of our top pollinator annuals, but a favorite of native bees and syphid flies. Small bright yellow flowers and delicate foliage. Grows to 12 inches high and 8-12 inches wide. A perfect border plant thanks to its rounded form. Direct sun. Start seeds indoors in well-drained soil.



**Envy Zinnia (Zinnia elegans 'Envy')**

What is a garden without zinnias? Bees big and small are all over this zinnia whose flowers range from pale yellow-green to lime green. Flower form is wide and open, making it easy for pollinators to do business with the flower. Flowers are 2-3 inches wide. Plants grow to 24 inches high, 18 inches wide. Over the next few weeks, Joni Anderson will be submitting various columns about gardening. She is an avid gardener and is Co-Leader of the Grygla Garden Club. Members recently planted a pollinator garden in a section of the existing Community Garden. She and Lisa Erickson collect from their own plants in the fall and brought a couple of big seed packets. Joni says it was a real mixture – blazing star, bee balm, coneflowers, daisies, milkweed and more!

**ARC/PLC deadline...**  
Continued from page 3

be mailed or emailed to producers for signature depending on producer preference. Signed contracts can be mailed

or emailed back to FSA or, arrangements can be made in advance with FSA to drop off signed contracts at the FSA county office – call ahead for local drop off and other options available for submitting signed

contracts electronically. Producers are eligible to enroll on farms with base acres for the following commodities: barley, canola, large and small chickpeas, corn, crambe, flaxseed, grain sorghum, lentils,

mustard seed, oats, peanuts, dry peas, rapeseed, long grain rice, medium- and short-grain rice, safflower seed, seed cotton, sesame, soybeans, sunflower seed and wheat.



The Grygla High School Class of 2019 donated this new window covering for the school's east gym entrance!  
Photo courtesy of Grygla School

# Sand Volleyball League starts back up



Sand Volleyball League has started back up and is held in Goodridge every Thursday evening. The courts were a bit sloppy last week due to some wet weather, but will hopefully dry out by the time this week's games take place!  
Photos by Coan Photography



The Sand Volleyball League Coordinators would like to remind everyone to be respectful of the courts and grounds, which include picking up your garbage and being watchful of parking/driving on the grass. The league takes pride in being responsible and caring for the area and has zero toleration for anything other than. Photo by Coan Photography

# Grygla's official vegetable of the summer is announced



One Vegetable, One Community unites local communities by encouraging gardeners

nity chooses their own featured vegetable; this year's veggie in Grygla is **CORN!** One Vegetable, One Community is held through University of Minnesota Extension SNAP-Ed, the Northwest Regional Sustainable Development Partnership, and various Grygla community partners. Together these organizations are partnering to encourage healthy food access and community building. The Health & Nutrition Programs, SNAP-Ed Educator for our area is Kristina Kaml. She has been in contact with our local food shelf and garden club, both of which will be involved. Grygla's Community Garden will highlight vegetable corn, as well as the new pollinator garden created by the Grygla Garden Club. Kaml also hopes to supply the café with corn for senior meals and provide excess to the local food shelf, as well. If the Grygla Fall Festi-

val is able to happen this year, she also hopes to put together a "corn feed!" Watch for corn seed packets to be distributed around the Grygla Community. One Vegetable, One Community increases access and enthusiasm for local and inexpensive healthy food. The annual event begins a season-long campaign with the hopes that corn will be grown around every corner: from community, personal and school gardens, to gardens at businesses, faith-based organizations and government buildings. By including the chosen vegetable at community events/potlucks; growing it in a community or personal garden; and incorporating it on menus at local restaurants, we are broadening the conversation and making this a community norm. Will you choose to participate and plant our featured vegetable, too?  
Wednesday, June 17, 2020